



(PROJECT) RED: Learning and Living the Words of Jesus

(FEAR) RED

"LORD... YOU HAVE THE WORDS OF ETERNAL LIFE." — JOHN 6:68

Week 5 of 9

IT'S JANUARY 6, 2003, AND I AM TERRIFIED... KATIE'S BIRTH

When fear attacks, things fall apart.

More easily angered, depressed, impatient, foolish, inactive.

WHERE DOES FEAR COME FROM? EMOTIONAL HIJACKS? SOMETHING ELSE...

A FURIOUS SQUALL — MARK 4:35-41 (P. 697)

The context:

Mark 4 after a long day of teaching, Matthew 8 after last week's miracles
 Luke 8, but no specific context.

Story points:

NO ROWBOAT: boat could hold 16 burly fishermen
 GROWN FISHERMEN AFRAID TO DIE
 JESUS WAS ASLEEP

"WHY ARE YOU AFRAID? HAVE YOU NO FAITH?"Jesus connects **fear** to a **lack** of **faith**.

fear: assuming **future danger** and bringing that into
 the **present**.

ILL: COMMENT ON THE WHEATON BENCH

ANALYZE COMMON FEARS :: SPIDERS / PUBLIC SPEAKING / FLYING

faith: assuming an **unseen truth** and bringing that into
 the present.

FAITH is focused on bringing truth to bear on the present while fear is focused only on
 potential threats

The key to conquering fear is to
 actively **claim** the **truth**.

SO WHAT? FOUR QUESTIONS TO CLAIM TRUTH AND ALLEVIATE FEAR**1. WHAT HAS BEEN said?**

Jesus said, "Let us go across" not "Let us go halfway and then die in a terrible storm."
 In any situation... ask what does God say about this?

"I'm afraid to share my faith."

But when they arrest you, do not worry about what to say or how to say it. At that time
 you will be given what to say, for it will not be you speaking, but the Spirit of your
 Father speaking through you.

Matthew 10:19-20

"I'm afraid of spiders."

God blessed them and said to them, "Be fruitful and increase in number; fill the earth
 and subdue it. Rule over the fish of the sea and the birds of the air and over every living
 creature that moves on the ground."

Genesis 1:28

"I'm afraid of flying."

But now, this is what the LORD says—he who created you, O Jacob, he who formed
 you, O Israel: "Fear not, for I have redeemed you; I have summoned you by name; you
 are mine. When you pass through the waters, I will be with you; and when you pass
 through the rivers, they will not sweep over you. When you walk through the fire, you
 will not be burned; the flames will not set you ablaze.

Isaiah 43:1-2

2. WHO IS IN Charge?**"PEACE BE STILL" THE WIND AND WAVES OBEY JESUS!!****3. WHO IS with me?****THEY DIDN'T ASK THE QUESTION UNTIL AFTERWARD! AND THEN THEY WERE TERRIFIED!**

For you did not receive a spirit that makes you a slave again to fear, but you received the
 Spirit of sonship. And by him we cry, "Abba, Father." The Spirit himself testifies with
 our spirit that we are God's children.

Romans 8:15-16

4. DOES HE care?**The concern that caused the most grief... "Don't you care?"**

Greater love has no one than this, that he lay down his life for his friends.

John 15:13

While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his
 disciples, saying, "Take and eat; this is my body." Then he took the cup, gave thanks
 and offered it to them, saying, "Drink from it, all of you. This is my blood of the
 covenant, which is poured out for many for the forgiveness of sins. I tell you, I will not
 drink of this fruit of the vine from now on until that day when I drink it anew with you
 in my Father's kingdom."

Matthew 26:26-29

FEAR: IF JESUS IS WITH ME, I HAVE NOTHING TO FEAR.