

Daily Works of a Catholic



Pray prostrate immediately upon rising:

HOLY HOLY HOLY

Holy! Holy! Holy! Lord God Almighty!
Early in the morning our song shall rise to Thee;
Holy! Holy! Holy! merciful and mighty!
God in three Persons, Blessed Trinity!
Holy! Holy! Holy! All the Saints adore Thee,
Casting down their golden crowns around the glassy sea;
Cherubim and seraphim falling down before Thee,
Who was and is and evermore shall be.
Holy! Holy! Holy! Though the darkness hide Thee,
Though the eye of sinful man Thy glory may not see;
Only Thou art holy; there is none beside Thee,
Perfect in power, in love and purity.
Holy! Holy! Holy! Lord God Almighty!
All Thy works shall praise Thy Name, in earth and sky and sea;
Holy! Holy! Holy! merciful and mighty!
God in three Persons, Blessed Trinity!



Holy Mary, Mother of God, pray for us!

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**Ten Meditations of St. Francis
de Sales**
From "Introduction to the Devout Life"

MEDITATIONS
Proper to be made every morning

Psalm 62:7
“I will meditate on Thee in the morning.”

Ecclesiasticus 39:6
*“He will give his heart to resort early to the Lord that made him,
and he will pray in the sight of the Most High.”*

MEDITATION, consisting of considerations on the great truths of Christianity, pious affections and manifold elevations of the soul to God and serious resolutions of devoting one's self to Him, is allowed to be one of the most important exercises of a Christian life and such as ought to be performed daily, by as many as would serve God in good earnest. The time most proper for it is the morning. The most proper place one's closet, or any other, where one can be most recollected. The chief subjects to be meditated on, especially for beginners, are, the end for which we came into this world: the benefits of God and the many motives we have to love and serve Him: the vanity of the honors, riches and pleasures of this life; and how very suddenly all these things vanish away; the enormity of sin and the multitude of our sins in particular; the certainty and uncertainty of death; and the necessity of preparing for it: the account we must one day give to an all-seeing Judge: the eternal joys of heaven and the eternal torments of hell: the presence and majesty of God: the life and death of Jesus Christ: the examples of His saints: the state of our own interior, in order to gain knowledge of ourselves, our passions and vices, etc.

The method of meditation prescribed by that great master in spirituality, St. Francis de Sales, in his Introduction, part the 2nd, is as follows:

First, place yourself in the presence of God, by a lively faith that He sees and beholds you and is most intimately present in the center of your soul: prostrate yourself in spirit before Him, to adore this sovereign Lord, whose majesty fills heaven and earth: make an offering of your whole being to Him; and humbly beg His pardon for all your past treasons and sins.

Secondly, Implore with fervor and humility His light and grace, that you may perform this important exercise as you ought.

Thirdly, Consider attentively upon the subject you have chosen for your meditation, (which you ought to have prepared over night,) and let the truths of heaven sink deep into your soul. Dwell most upon such points as you find yourself most affected with.

Fourthly, From these considerations draw pious affections of the love of God, of gratitude for His benefits, repentance for your sins and the like, which are the principal part of mental prayer and what you ought most to insist upon.

Fifthly, From these affections pass on to good resolutions of a serious amendment of your life, particularly with regard to such failings as you are most subject to: and determine with yourself to begin that very day to put these good purposes in execution on such occasions as shall offer.

Sixthly, Conclude by thanksgiving to God for the affections and resolutions He has given you; offer them to Him and beg His blessing on them.

Seventhly, Lay up in your minds such points of your meditation as have touched you most and oftentimes in the day reflect upon them.

Eighthly, Such as find difficulty in meditation may help themselves by using some good book, reading leisurely and pausing upon what they read and drawing proper affections and resolutions from it.

In the next pages are the ten meditations out of the first Part of St. Francis de Sales' Introduction: which may serve as Examples of this exercise; and are very proper to bring a soul to a resolution of serving God.

“With desolation is all the land made desolate; because there is none that considereth in the heart.” - Jeremias 12:11

THE FIRST MEDITATION

On our Creation

Preparations

PLACE yourself in the presence of God.
Beseech Him to inspire you.

Considerations

Consider that so many years ago you were not yet in the world and that your being was a mere nothing. Where were we, O my soul, at that time? the world had lasted so many ages and yet there was no news of us.

God has framed you out of this nothing, to make you what you are, merely of His own goodness; having no need at all of you.



Consider the being that God has given you; for it is the highest in this visible world, capable of eternal life and of being perfectly united with His Divine Majesty.

Affections and Resolutions

Humble yourself exceedingly in the presence of God, saying in your heart with the Psalmist, O Lord, I am in Thy sight a mere nothing and how hadst Thou remembrance of me to create me! alas, my soul, thou wast engulfed in that ancient nothing and hadst yet been there had not God drawn thee thence. And what couldst thou have done remaining there.

Give thanks to God. My great and good Creator, how am I obliged to Thee, since Thou hast vouchsafed to take me out of this nothing and by Thy mercy to make me what I am! What can I do to bless Thy holy name as I ought and to render due thanks to Thy inestimable goodness.

Confound yourself. But alas, my Creator, instead of uniting myself to Thee by love and service, I have been a rebel to Thee by my inordinate affections, wandering and straying away from Thee, to unite myself to sin; valuing Thy goodness no more than if Thou hadst not been my Creator.

Prostrate yourself before God. O my soul, know that the Lord is Thy God: it is He that has made thee and not thou thyself. O God, I am the work of Thy hands.

I will then no more henceforth take pleasure in myself, I am nothing. Why dost thou magnify thyself O dust and ashes? yea, rather, O mere nothing, why dost thou exalt thyself? To humble therefore myself, I resolve to do such and such things; to suffer such and such disgraces; I will change my life and henceforth follow my Creator and esteem myself honored with that condition and being which He has given me, employing it entirely in obedience to His will, by such means as shall be taught me and as I shall learn from my Heavenly Father.

Conclusion

Bless thy God, my soul and let all that is within me praise His holy name; for His goodness has drawn me and His mercy has created me, out of nothing.

O my God, I offer to Thee the being which Thou hast given me: from my heart I dedicate and consecrate it to Thee. Lord, strengthen me in these affections and resolutions. O blessed Virgin, recommend them to the mercy of thy Son, with all for whom I ought to pray.

“In such a multitude I shall not be known: for what is my soul in such an immense creation?” – Ecclesiasticus 16:17

[Morning Prayers](#)

THE SECOND MEDITATION
On the End for which we were created

Preparation

PLACE yourself in the presence of God.
Beseech Him to inspire you.

Considerations

God has not placed you in this world for any need He has of you, who are altogether unprofitable to Him, but only to exercise His goodness in you by giving you His grace and glory. And to this end He hath enriched you with an understanding to know Him, with a memory to be mindful of Him, with a will to love Him, an imagination to represent to yourself His benefits, eyes to behold His wondrous works, a tongue to praise Him and so of the other faculties.



Being created and put into the world for this intent, all actions contrary to it are to be avoided and rejected and whatever conduceth not to this end ought to be contemned as vain and superfluous.

Consider the wretchedness of worldlings, who never think of this, but live as though they believed themselves created for no other end, than to build houses, plant trees, heap up riches and such like fooleries.

Affections and Resolutions

Confound yourself, reproaching your soul with her misery, which has hitherto been so great, as that she hath seldom or never considered this. Alas! shall you say, how did I employ my thoughts, O God, when I placed them not upon Thee? What did I remember when I forgot Thee? What did I love when I loved not Thee? Alas! I ought to have fed upon Truth and I have glutted myself with vanity; I have served the world, which was created but to serve me.

Detest your past life. I renounce you, O vain thoughts and unprofitable fancies; I abjure you, O frivolous and hateful remembrances; O unfaithful and disloyal friendships, lewd and wretched slaveries, ungrateful contentments and irksome pleasures, I abhor you.

Return to God. And Thou, O my God, my Saviour, Thou shalt be from henceforth the sole object of my thoughts; I will no more apply my mind to objects that may be displeasing to Thee. My memory shall entertain itself all the days of my life with the greatness of Thy clemency, so mercifully exercised on me: Thou shalt be the delight of my heart and the sweetness of my affections.

Ah! such and such trash and trifles to which I applied myself; such and such unprofitable employments, in which I have foolishly squandered away my days such and such affections which have captivated my head shall henceforth be a horror to my thoughts and to this end I will use such and such good remedies.

Conclusion

I thank Thee merciful God who made me for so excellent an end. Thou hast created me, O Lord, for Thyself and for the everlasting enjoyment of Thy incomprehensible glory: O when shall I be worthy of it? When shall I praise Thee and bless Thee as I ought? I offer to Thee, O my dear Creator, all these affections and resolutions, with all my heart and soul. I beseech Thee, O God, to accept my desires and purposes and give Thy holy benediction to my soul, to the end that it may accomplish them, through the merits of Thy blessed Son's blood, shed for me upon the cross.

“Thou hast hated them that regard vanities, to no purpose. But I have hoped in the Lord” – Psalm 30:7

[Morning Prayers](#)

THE THIRD MEDITATION

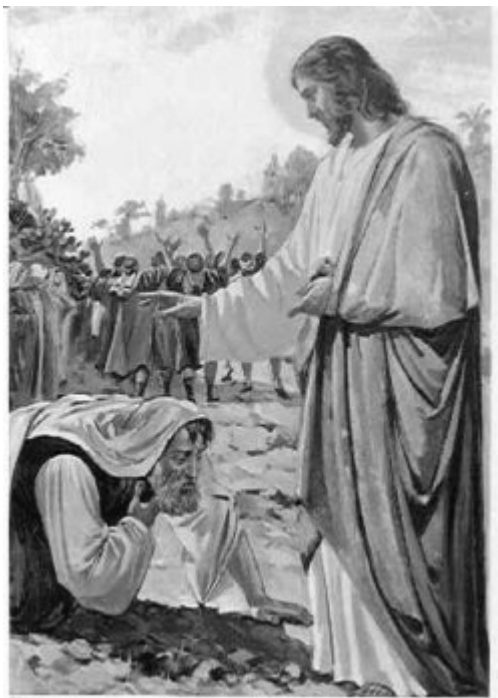
On the benefits of God

Preparations

PLACE yourself in the presence of God.
Beseech Him to inspire you.

Considerations

Consider the corporeal gifts, which God has bestowed upon you: what a body; what conveniences to maintain it; what health and lawful recreations to entertain it; what friends and assistances! But consider all this with respect to many other persons much more worthy than yourself, who are destitute of all those blessings: some spoiled in their bodies, health and limbs; others abandoned to the mercy of reproaches, contempts and dishonors; others oppressed with poverty; and God has not suffered you to become so miserable.



Consider the gifts of mind. How many are in the world stupid, frantic, or mad; and why are you not of this number? God has favored you.

How many are there who have been brought up rudely and in gross ignorance; and by God's providence you have been educated liberally and honorably.

Consider the spiritual graces. You are a child of the Catholic Church; God has taught you to know Him even from your most tender age. How often has He given you many inspirations, internal illuminations and reprehensions for your amendment? How frequently has He pardoned you your faults; how often has He delivered you from the occasions of casting yourself away to which you were exposed? And were not all these years past given you as a time and opportunity to advance the good of your soul? Consider in particular how good and gracious God has always been to you.

Affections and Resolutions

Admire the goodness of God. O how good is God towards me! O how gracious is He! How rich is Thy heart, O Lord, in mercy and liberal in clemency! O my soul, let us recount for ever how many favors He has done us.

Be astonished at your ingratitude. But what am I, O Lord, that Thou art so mindful of me? Ah! How great is my unworthiness! Alas! I have even trodden Thy blessings under foot. I have dishonored Thy graces, perverting them into abuse and contempt of Thy sovereign goodness. I have opposed the depth of my ingratitude to the height of Thy grace and favor.

Stir yourself up to acknowledgment. Well then, my heart, be now no more unfaithful, ungrateful and disloyal to this great Benefactor. And now, shall not my soul henceforth be wholly subject to God, who has done so many wonders and favors to me and for me?

Ah! withdraw then your body, from such and such sensualities; and consecrate it to the service of God, who has done so much for it. Apply your soul to know and acknowledge Him by such exercises as shall be requisite for that purpose. Employ diligently the means which you have in the church to save your soul and love Almighty God. Yes, O my God, I will be diligent in prayer; I will hear Thy holy word and put in practice Thy inspirations and counsels.

Conclusion

I thank Thee my God for the knowledge Thou hast now given me of my duty and for the benefits I have hitherto received. I offer Thee my heart with all my resolutions. Do Thou purify and perfect them. I pray Thee, strengthen me to practice them faithfully through the merits of Thy Son's death. Blessed Virgin Mary and all the Saints, pray for me.

“And now O Lord, thou art God: and thou hast promised to thy servant such great benefits.” – 1 Paralipomenon 17:26

[Morning Prayers](#)

THE FOURTH MEDITATION

On Sin

Preparations

PLACE yourself in the presence of God.
Beseech Him to inspire you.

Considerations

Call to mind how long it is since you began to sin and examine how much, since that beginning sins have been multiplied in your heart. How every day you have increased them against God, against yourself and against your neighbor, by work, by word, or by desire.

Consider your evil inclinations and how far you have followed them; and by these two points you shall find that your sins are greater in number than the hairs of your head, yea, than the sands of the sea.



Consider in particular the sin of ingratitude against God, which is a general sin and extends itself over all the rest, making them infinitely more enormous. Consider then how many benefits God has bestowed upon you and how you have abused them all in prejudice of the giver: and in particular how many inspirations have you despised? How many good motions have you made unprofitable? But, above all, how many times have you communed with God in prayer? And where are the fruits of it? What is become of all those precious jewels with which your dear spouse adorned you? Have all these been buried under your iniquities? With what preparations have you received them? Think on this ingratitude, that God, having run so far after you, you have run from Him to lose yourself.

Affections and Resolutions

Be confounded at your misery. O my God! How dare I appear before Thy eyes? Alas! I am but the corruption of the world and a very sink of sin and ingratitude. Is it possible that I have been so disloyal, as not to have left

any one of my senses, nor any one of the powers, of my soul but which I have corrupted, violated, or defiled? And that not so much as one day of my life has passed, in which I have not brought forth such wicked effects? Is it thus that I have recompensed the benefits of my Creator and the precious blood of my Redeemer?

Crave pardon and cast yourself at the feet of your Lord, like the prodigal child, like a penitent Magdalene, or like a woman that has defiled her marriage-bed with all kind of adultery. Have mercy, O Lord, upon this poor sinner! Alas! O living fountain of compassion, have pity on this wretch.

Resolve to live better. No, O Lord, never more with the help of Thy grace, never more will I abandon myself to sin. Alas, I have loved it too much; now I detest it and embrace Thee. O Father of mercy, I will live and die in Thee.

To expiate my sins past, I will accuse myself of them courageously; and will not leave one unbanished from my heart.

I will use all possible endeavors to extirpate all the roots of sin out of my heart and in particular such and such vices, to which I am most inclined.

To accomplish this, I will constantly embrace the means which I shall be advised to; and think I have never done enough to repair such grievous offences.

Conclusion

I give Thee thanks O God for expecting my amendment till this hour; and bless Thee that Thou hast given me these affections. I offer up to Thee my heart, that Thou mayest strengthen me in these affections and that I may put them into execution.

“For the wages of sin is death. But the grace of God, life everlasting, in Christ Jesus our Lord.” – Romans 6:23

[Morning Prayers](#)

THE FIFTH MEDITATION

On Death

Preparations

PLACE yourself in the presence of God.

Beseech Him to inspire you with His grace.

Imagine yourself to be extremely sick, lying on your death-bed, without any hope of recovery.

Considerations

Consider the uncertainty of the day of your death. O my soul, thou must one day go out of this body; but when shall that day be? Shall it be in winter or in summer? In city or in country? By day or by night? Shall it be suddenly, or on notice given thee? By sickness or by accident? Shalt thou have leisure to make thy confession? Shalt thou have the assistance of thy ghostly father? Alas! of all this we know nothing at all; only certain it is, that we shall die and that perhaps sooner than we imagine.



Consider that then the world shall end in regard to you: for it will last no longer to you; it will turn upside down before your eyes; for then the pleasures and vanities, the worldly joys and fond affections of our life will seem to us shadows and airy clouds. Ah wretch! for what toys and trifles have I offended God! You shall then see that for a mere nothing you have forsaken Him. On the contrary, devotion and good works will then seem to you sweet and delightful. O why did I not follow this lovely and pleasant path? The sins, which before seemed very little, will appear as big as mountains and your devotion very small.

Consider the long and languishing farewells your soul will then give this world; she will then take her leave of riches, vanities and all idle company; of pleasures, pastimes, friends and neighbors; of kindred, children, husband and wife; in short, of every creature; and finally of her own body, which she will leave pale, hideous and loathsome.

Consider with what hurrying they will carry away this body, to cover it under the earth, which done, the world will think no more of you, than you

have thought on others; God's peace be with him, they will say and that's all. O death, how void art thou of regard or pity!

Consider how the soul, being departed from the body, takes her way to the right hand, or to the left. Alas! whither shall yours go? What way shall it take? No other than that which it began here in this world.

Affections and Resolutions

Pray to God and cast yourself into His arms. Alas, O my Lord, receive me into Thy protection at that dreadful day: make that hour happy and favorable to me; and rather let all the other days of my life be sad and sorrowful.

Despise the world. Since then I know not the hour in which I must leave thee, O wretched world, I will no more set my heart upon thee. O my dear friends and relations, pardon me if I love you no more but with a holy friendship, which may last eternally; for why should I unite myself to you, so as to be forced to break and dissolve that knot?

I will then prepare myself against that hour and take all possible care to end this journey happily. I will secure the state of my conscience to the utmost of my ability and take present order for the amendment of such and such defects.

Conclusion

I give thanks to Thee my God for these resolutions which Thou hast given me. I offer them to Thy Divine Majesty. O God, in Thy mercy and for the sake of Jesus Christ Thy Son, give me a happy death, by the merits of the same Christ our Lord. Blessed Virgin and all the glorified Saints pray for me.

“It is appointed unto men once to die and after this the judgment”

– Hebrews 9:27

[Morning Prayers](#)

THE SIXTH MEDITATION

On Judgment

Preparations

PLACE yourself in the presence of God.
Beseech Him to inspire you with His grace.

Consideration

After the time that God hath prescribed for the continuance of the world; after many signs and dreadful presages, which will cause men to pine away through fear and anguish; a fire, raging like a torrent, shall burn and reduce to ashes every thing that is upon the face of the earth; nothing which we see upon it shall be spared.

After these flames and thunder bolts, all men shall arise from their graves (excepting such as are already risen) and at the voice of the Angel they shall appear in the valley of Josophat. But alas! with what difference! for the one sort shall arise in glorified and resplendent bodies; the other in bodies most hideous and horrid.

Consider the majesty with which the Sovereign Judge will appear, environed with all His angels and saints; before Him shall be borne His cross, shining much brighter than the sun; an ensign of mercy to the good and of justice to the wicked.



This sovereign Judge, by His dreadful command, which shall be suddenly obeyed, will separate the good from the bad, placing the one at His right hand and the other at His left. O everlasting separation! after which these two companies shall never meet.

The separation being made and the books of conscience opened, all men shall see clearly the malice of the wicked and their contempt against God; and on the other side the penance of the good and the effects of God's grace which they have received and nothing shall lie hid. O God, what a confusion will this be to the one and what a consolation to the other!

Consider the last sentence pronounced against the wicked: Depart from me ye cursed into everlasting fire, prepared for the devil and his angels. Ponder well those weighty words. Depart, saith He, a world of eternal banishment against those miserable wretches, excluding them eternally from His glorious presence. He calls them cursed. O, my soul, how dreadful a curse! a general curse, including all manner of woes! an irrevocable curse, comprehending all time and eternity. He adds: into everlasting fire. Behold, O my heart, this vast eternity! O eternal eternity of pains, how dreadful art thou!

Consider the contrary sentence of the good: Come, saith the judge; O sweet word of salvation, by which God draws us to Himself and receives us into the bosom of His goodness! Blessed of my Father, O dear blessing, which comprehends all happiness! Possess the kingdom prepared for you from the foundation of the world, O good God, what excess of bounty! for this kingdom shall never have an end.

Affections and Resolutions

Tremble, O my soul at the remembrance of those things. O my God, who shall secure me in that day, when the pillars of heaven shall tremble for fear!

Detest your sins, which only can condemn you on that dreadful day.

Ah! wretched heart of mine, resolve to amend, O Lord, I will judge myself now, that I may not be judged then. I will examine my conscience and condemn myself. I will accuse and chastise myself, that the eternal Judge may not condemn me in that dreadful day, I will therefore confess my sins and accept all necessary advice.

Conclusion

I thank Thee O my God, who hast given me means to provide for that day and time to do penance. I offer Thee my heart to perform it well and profitably for myself and for others. I pray Thee to give me grace duly to accomplish it.

“And I saw the dead, great and small, standing in the presence of the throne, and the books were opened; and another book was opened, which is the book of life; and the dead were judged by those things which were written in the books, according to their works... And whosoever was not found written in the book of life, was cast into the pool of fire..” – Apocalypse 20:12, 15

[Morning Prayers](#)

THE SEVENTH MEDITATION

On Hell

Preparations

PLACE yourself in the presence of God.

Humble yourself and implore His assistance.

Represent to yourself a dark city, all burning, all stinking with pitch and brimstone and full of inhabitants, who cannot get out.

Considerations

The damned are in the depth of hell, as within this woeful city, where they suffer unspeakable torments, in all their senses and members; because, as they have employed all their senses and members in sinning, so shall they suffer in them all the punishments due to sin. The eyes, for lascivious looks shall be afflicted with the horrid vision of hell and devils. The ears, for delighting in vicious discourses, shall hear nothing but wailings, lamentations, desperate howlings; and so of the rest.



Besides all these torments, there is another greater, which is the loss and privation of God's glory, from the sight of which they are excluded

forever. Now, if Absalom found it more grievous to him to be denied the seeing the face of his father David, than to be banished, O God, what a grief it will be, to be forever excluded from beholding Thy most sweet and gracious countenance!

Consider, above all, the eternity of these pains, which above all things makes hell intolerable. Alas! if a flea in your ear, or if the heat of a little fever, make one short night so long and tedious, how terrible will the night of eternity be, accompanied with so many torments! From this eternity proceed eternal despair, infinite rage and blasphemy.

Affections and Resolutions

Terrify yourself with the words of the prophet Isaias; O, my soul, art thou able to live forever in everlasting flames and amidst this devouring fire? Wilt thou forfeit the sight of Thy God forever?

O Lord I have deserved hell, yea, oftentimes. From henceforth will I take a new course; for why should I go down into this bottomless pit? I will therefore use the means Thou shalt teach me to avoid sin, which only can bring me to this eternal death.

“And as they liked not to have God in their knowledge, God delivered them up to a reprobate sense, to do those things which are not convenient; Being filled with all iniquity, malice, fornication, avarice, wickedness, full of envy, murder, contention, deceit, malignity, whisperers, detractors, hateful to God, contumelious, proud, haughty, inventors of evil things, disobedient to parents, foolish, dissolute, without affection, without fidelity, without mercy. Who, having known the justice of God, did not understand that they who do such things, are worthy of death; and not only they that do them, but they also that consent to them that do them.” – Romans 1:28-31

“But as for those my enemies, who would not have me reign over them, bring them hither and kill them before me.” – St. Luke 19:27

“And the smoke of their torments shall ascend up for ever and ever: neither have they rest day nor night” – Apocalypse 14:11

[Morning Prayers](#)

THE EIGHTH MEDITATION

On Heaven

Preparations

PLACE yourself in the presence of God.
Beseech Him to inspire you with His grace.

Considerations

Consider a fair and clear night and think how pleasant it is to behold the sky all spangled with a multitude and variety of stars; join this now with the beauty of as clear a day, so as the brightness of the sun may no way hinder the luster of the stars or moon; and then say boldly, that all this put together is nothing in comparison with the excellent beauty of the heavenly paradise. Oh! how this lovely place is to be desired! Oh! how precious is this city.



Consider the glory, beauty and multitude of the inhabitants in this blessed country: those million of millions of angels, cherubim and seraphim; those troops of apostles, prophets, martyrs, confessors, virgins and holy matrons. The number is innumerable. Oh how blessed is this company! the meanest of them is more beautiful to behold than all this world; what a sight then will it be to see them all? But, O my God, how happy are they! they sing continually harmonious songs of eternal love; they enjoy a constant mirth; they interchange one with another unspeakable contentments and live in the comfort of a happy and indissoluble society.

In fine, consider how blessed they are to enjoy God, who rewards them for ever with His lovely aspect and by the same infuses into their hearts a treasure of delights: how great a happiness it is to be united everlastingly to

this Sovereign Good! They are there like happy birds flying and singing perpetually in the air of His Divinity, which encompasses them on all sides with incredible pleasure. There every one does his best and without envy, sings the Creator's praise. Blessed be Thou for ever, O sweet and sovereign Creator and Redeemer, Who art so bountiful to us and dost communicate to us so liberally the everlasting treasures of Thy glory: Blessed be you for ever, says He, My beloved creatures, who have so faithfully served Me and who now shall praise Me everlastingly, with so great love and courage.

Affections and Resolutions

I admire and praise this heavenly country. Oh how beautiful art thou, my dear Jerusalem! and how happy are thy inhabitants! O my heart, what little courage hast thou had hitherto, in wandering so far from the way of this glorious habitation. Oh, why have I strayed so far from my Sovereign Good? Ah! wretch that I am, for these foolish and trivial pleasures have I a thousand and a thousand times forsaken eternal and infinite delights? Was I not mad, to despise such precious blessings for so vain and contemptible affections.

I aspire now with renewed fervor to this delightful habitation. O my gracious God, since it has pleased Thee at length to direct my wandering steps in the right way, never hereafter will I turn back. Let us go, my dear soul, let us go to this eternal repose: let us walk towards this blessed land that is promised us. What have we to do in this Egypt? I will therefore unburden myself of all such things as may divert or retard me in so happy journey; I will perform such things as may conduct me to it.

“Again the kingdom of heaven is like to a merchant seeking good pearls. Who when he had found one pearl of great price, went his way and sold all that he had and bought it.” – St. Matthew 13:45-46

“But, as it is written: That eye hath not seen, nor ear heard, neither hath it entered into the heart of man, what things God hath prepared for them that love him.” – 1 Corinthians 2:9

“For I reckon that the sufferings of this time are not worthy to be compared with the glory to come that shall be revealed in us.” – Romans 8:18

[Morning Prayers](#)

THE NINTH MEDITATION

By way of election and choice of Heaven

Preparations

PLACE yourself in the presence of God.

Humble yourself before His Majesty and beseech Him to inspire you with His grace.

Imagine yourself to be in a plain field, all alone with your good angel, as young Tobias going to Rages and that he shows you heaven open, with all the pleasures represented in the former meditation; then beneath that he shows you hell wide open, with all the torments described in the meditation of hell; you being thus placed in your imagination and kneeling by your good angel.

Considerations

Consider that it is most true, you are between heaven and hell; and that the one and the other is open to receive you, according to the choice you shall make.

Consider that the choice you shall make in this world shall last for eternity in the other.

And though both the one and the other be open to receive you, according to your choice; yet God, who is ready to give you either the one, by His justice, or the other by His mercy, desires, notwithstanding, with an incomparable desire, that you would make choice of heaven; and your good angel also importunes you with all his power, offering you on God's behalf a thousand assistances and a thousand graces, to help you thither.



Consider, that Jesus Christ beholds you from above in His clemency and graciously invites you, saying, "Come, My dear soul, to everlasting rest, within the arms of My goodness, where I have prepared immortal delights for thee in the abundance of My Love." Behold likewise, with your inward eyes, the blessed Virgin, who with a motherly love exhorts you, saying, "Take courage my child, despise not the desire of my Son, nor so many sighs which I have given for thee, thirsting with Him after Thy eternal salvation." Behold the saints also exhorting you and millions of blessed souls sweetly inviting you and wishing nothing more than to see your heart united with theirs in praising and loving God for ever; assuring you, that the way to heaven is not so hard as the world makes it. "Be of good courage, dear brother," say they, "he that shall diligently consider the way of devotion, by which we ascended hither, shall see that we came to these immortal delights by pleasures incomparably sweeter than those of the world."

Election

O hell, I detest thee now and for evermore; I detest thy torments and pains; I detest thy miserable and accursed eternity: and above all, I detest those eternal blasphemies and maledictions, which thou vomitest out eternally against my God. -- And, turning my heart and soul to thee, O beautiful paradise, everlasting glory and endless felicity. I choose my habitation forever and irrevocably, within thy fair and blessed mansions, within thy holy and most lovely tabernacles. I bless Thy mercy, O my God and accept the offer, which it pleaseth Thee to make me of it. O my sweet Saviour Jesus, I accept Thy everlasting love; and the purchase which Thou hast made for me of a place in this heavenly Jerusalem, not so much for any other thing, as to love and bless Thee for ever and ever.

I accept the favors which thou blessed Virgin and saints offer me; I promise to advance towards you; and give my hand to my good angel, that he may guide me thither. O my soul let us obey our good angel and irrevocably choose this heavenly dwelling.

"I desire therefore, first of all, that supplications, prayers, intercessions and thanksgivings be made for all men:" – 1 Timothy 2:1

"And I fell down before the Lord as before, forty days and nights neither eating bread, nor drinking water, for all your sins, which you had committed against the Lord and had provoked Him to wrath: For I feared His indignation and anger, wherewith being moved against you, He would have destroyed you. And the Lord heard me this time also."

– Deuteronomy 9:18-19

[Morning Prayers](#)

THE TENTH MEDITATION

By way of election and choice, which the soul makes of a devout life

Preparations

PLACE yourself in the presence of God. Prostrate yourself before Him and implore the assistance of His grace.

Considerations

Imagine yourself again to be in a plain field, all alone with your good angel; and that you see on your left hand the devil, seated on a great high throne, with many infernal spirits about him, environed with a great troop of worldlings, who, all bare headed, acknowledge him for their lord and do him homage, some by one sin and some by another. Observe the countenances of all the wretched courtiers of this abominable king. Behold some of them transported with hatred, envy and passion; others killing one another; others consumed with cares, pensive and anxious to heap up riches; others bent upon vanity, without any manner of pleasure, but which is empty and unprofitable; others wallowing in the mire, buried and putrefied in their brutish affections. Behold how they are without rest, order and decency: behold how they despise one another and love but in show. In a word, you shall see a lamentable commonwealth miserably tyrannized over by this cursed king, which will move you to compassion.

On the right side, behold Jesus Christ crucified, who with a cordial love prays for these poor enthralled people, that they may be freed from this tyranny and calls them to Himself; behold round Him a troop of devout persons with their angels. Contemplate the beauty of this kingdom of devotion. O, what a sight is it to see this troop of virgins, men and women, whiter than the lilies: that assembly of widows full of holy mortification and humility! See the rank of divers married people living peaceably together with mutual respect which cannot be without great charity. Consider how these devout souls join the exterior care of the house with the care of the interior, the love of the husband with that of the celestial bridegroom. Consider them all universally and you shall see in them a sweet, holy and lovely order, observing our Saviour, whom every one would willingly plant in the midst of his heart. They are full of joy, but that joy is comely, charitable and well ordered; they love one another, but their love is most pure and holy: such as suffer afflictions amongst this devout company, torment not themselves much, nor lose courage. Lastly, behold those eyes of our Saviour, who comforts them and how they altogether aspire to Him.

You have already shaken off satan, with all his cursed execrable troop, by the good affections and resolutions you have conceived, but you are not yet arrived at Jesus, nor united with this blessed and holy company of devout people, but have hitherto kept yourself between the one and the other.

The blessed Virgin, with St. Joseph and a hundred thousand others, who are of the squadron of those who have lived in the world, invite and encourage you. And the crucified King Himself calls you by your name, "Come, my well beloved, come, that I may crown thee."



Election

O world! O abominable troop! never more shall you see me under your banner. I have forever left off your fooleries and vanities. O king of pride! O cursed king, infernal spirit, I renounce thee, with all thy vain pomps, I detest thee, with all thy works!

And turning myself to Thee, my dear Jesus, king of felicity and immortal glory, I embrace Thee with all the powers of my soul; I adore Thee with all my heart, I choose Thee now and for ever for my King and with inviolable fidelity, I pay Thee irrevocable homage; and submit myself to the obedience of Thy holy laws and ordinances.

O sacred Virgin, my dear mother: I choose thee for my guide; I put myself under thy colors; I offer thee a particular respect and special reverence.

O my good angel, present me to this sacred assembly and forsake me not till I arrive at this blessed company, with whom I say and will say for ever, in testimony of my choice, Live Jesus, live Mary, live Jesus, live Mary.

“When Jesus therefore had seen his mother and the disciple standing whom he loved, he saith to his mother: Woman, behold thy son. After that, he saith to the disciple: Behold thy mother.” – St. John 19:26-27

[Morning Prayers](#)

RECOMMENDED MORNING PRAYERS

PRAYER FOR WISDOM AND TRUTH

Lord, God who created the heavens and the earth, if I do not know and love Thee and Thy Truth as I ought, at least I know that wherever the Truth is, there Thou art and I, all loathsome and unworthy, being lower than the dirt, beg Thy Divine Majesty, in Thy sublime clemency, to enlighten my mind and my will by Thy grace, that I may know and love Thee as I ought and to call me to Thyself that I may nevermore offend Thee.

MORNING OFFERING

O my God, I offer Thee all my prayers, works and sufferings in union with the Sacred Heart of Jesus, for the intentions for which He pleads and offers Himself in the Holy Sacrifice of the Mass, in thanksgiving for Thy favors, in reparation for my offenses and in humble supplication for my temporal and eternal welfare, for the wants of our holy Mother the Church, for the conversion of sinners and for the relief of the poor souls in purgatory. I wish to gain, for the souls in Purgatory, all the indulgences attached to the prayers I shall say and to the good works I shall perform this day.

HEROIC ACT OF CHARITY

(Alternative to the Morning Offering)

O Heavenly Father, in union with the merits of Jesus and Mary, I offer Thee, for the poor souls in Purgatory, all the works of satisfaction of my entire life, as well as all the satisfactory works that will be offered for me after my death. These works I surrender into the most pure hands of the immaculate Virgin Mary, that she may apply them to those souls which, according to her wisdom and motherly love, should be first delivered from Purgatory. Graciously accept, O my God, this offering and may it win for me Thy constant favor.

PRAYER FOR PERSEVERANCE

Lord God Almighty, Thou who guidest all souls toward the good, I am a sinner who has strayed far away from Thee through my own wrongdoing. I thank Thee for leading me back to the right path and I ask Thee, gracious Jesus, who hung on the cross in blood and sorrow, to have mercy on me. I entreat Thee by Thy five wounds and by the pain that passed from Thy shattered veins to Thy heart. Deign to keep me safe today, lest I fall into sin. Give me the power to withstand the spears of the enemy and to get up again manfully, should I chance to fall into sin.

O, Lord God, for whom nothing is impossible and who can do all things, give me the strength to carry out good works and to be able to persevere in the good.

PRAYER TO ST. JOSEPH, PATRON OF DEPARTING SOULS

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. Oh, St. Joseph, do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most Loving of Fathers. Oh, St. Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls, pray for us.

ACT OF FAITH

O my God! I firmly believe that Thou art one God in three Divine Persons, Father, Son and Holy Ghost; I believe that Thy Divine Son became man and died for our sins and that He will come to judge the living and the dead. I believe these and all the truths, which the Holy Catholic Church teaches, because Thou hast revealed them, who canst neither deceive nor be deceived.

ACT OF LOVE

O my God! I love Thee above all things, with my whole heart and soul, because Thou art all good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me and ask pardon of all whom I have injured.

ACT OF CONTRITION

O my God! I am heartily sorry for having offended Thee and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life.

ACT OF HOPE

O my God! Relying on Thy infinite goodness and promises, I hope to obtain pardon of my sins, the help of Thy grace and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

SPIRITUAL COMMUNION

O Lord Jesus Christ, I love Thee above all things. I believe that Thou art present, Body, Blood, Soul and Divinity, in the most blessed Sacrament of the Altar. Since I cannot receive Thee sacramentally, at least come into my heart spiritually and give me the graces to live a life that is pleasing to Thee, such that with the angels and Saints I may praise Thee for all eternity in Heaven.

Lord, I am not worthy that Thou shouldst enter under my roof, but only say the word and my soul shall be healed.

TO MY GUARDIAN ANGEL

Angel of God, my guardian dear, to whom God's love entrusts me here, ever this day be at my side to light and guard, to rule and guide. Amen.

THE ANGELUS

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Ghost. *Hail Mary, etc*

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Thy word. *Hail Mary, etc*

V. And the Word was made Flesh.

R. And dwelt among us. *Hail Mary, etc*

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His passionate cross, be brought to the glory of His resurrection, through the same Christ our Lord. Amen.

REGINA COELI

(Said during Eastertide, instead of the Angelus)

Queen of heaven, rejoice. Alleluia

For He whom thou didst deserve to bear, Alleluia.

Hath risen as He said, Alleluia.

Pray for us to God, Alleluia.

V. Rejoice and be glad O Virgin Mary! Alleluia.

R. Because our Lord is truly risen. Alleluia.

Let us pray.

O God, who by the resurrection of Thy Son, our Lord Jesus Christ, hast vouchsafed to make glad the whole world, grant, we beseech Thee, that, through the intercession of the Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ our Lord. Amen.

Three Hail Marys

THE MEMORARE

Remember, O most gracious Virgin Mary! that never was it known that anyone who fled to thy protection, implored thy help and sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother! To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate! despise not my petitions, but, in thy mercy, hear and answer me. Amen.

THE GOLDEN ARROW

May the most holy, most sacred, most adorable, most mysterious and unutterable name of God be always praised, blessed, loved, adored and glorified, in heaven, on earth and under the earth, by all the creatures of God and by the Sacred Heart of our Lord Jesus Christ, in the most holy sacrament of the altar. Amen.

REPARATION

Eternal Father, turn away Thy angry gaze from our guilty people whose face has become unsightly in Thine eyes. Look instead upon the Face of Thy Beloved Son, for this is the Face of Him in Whom Thou art well pleased. We now offer Thee this Holy Face, covered with shame and disfigured by bloody bruises in reparation for the crimes of our age in order to appease Thine anger, justly provoked against us. Because Thy Divine Son, our Redeemer, has taken upon His Head all the sins of His members, that they might be spared, we now beg of Thee, Eternal Father, to grant us mercy. Amen.

GIVING THANKS

God the Father, I thank Thee for creating me. God the Son, I thank Thee for redeeming me. God the Holy Ghost, I thank Thee for sanctifying me; infuse into my thoughts, words and actions Thy grace, so that they may be supernaturally pleasing to Thee and supernaturally rewarding to me, forever. O Blessed Trinity, abundantly assist me in becoming that which Thou intended me to become when Thou created me, for in that perfection I will give Thee the glory Thou desirest of me and in that perfection I will find my greatest joy in heaven. Amen.

PRAYER TO JESUS CRUCIFIED

Look down upon me, good and gentle Jesus, while before Thy face I humbly kneel and with burning soul pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment; and while I contemplate with great love and tender pity Thy five wounds, pondering over them within me and calling to mind the words which David Thy prophet said of Thee, my Jesus: "They have pierced my hands and feet; they have numbered all my bones."

Our Father, Hail Mary, Glory be, for the intentions of the (office of the) pope.

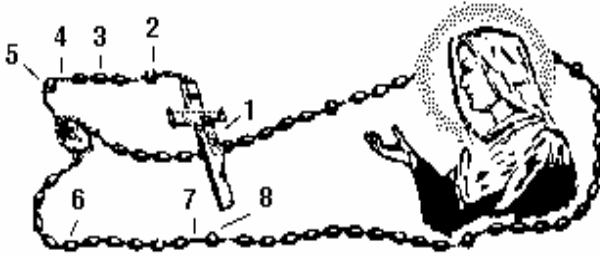
Most Sacred Heart of Jesus, *have mercy on us!*

Immaculate heart of Mary, *pray for us!*

Jesus, Mary and Joseph, I love you; save souls!

THE HOLY ROSARY

How to Pray the Full Rosary



1. Make the **Sign of the Cross** and say the **Apostles Creed**.
2. Offer the **Lord's Prayer**.
3. Offer three **Hail Marys** for Faith, Hope and Charity.
4. Offer the **Glory Be**.
5. Announce the First Mystery; then offer the **Lord's Prayer**.
6. Offer ten **Hail Marys** while meditating on the Mystery.
7. Offer the **Glory Be**.
8. Announce the Second Mystery; then offer the **Lord's Prayer**.
9. Repeat 6 and 7 and continue with subsequent Mysteries in like manner.
10. After all Mysteries, offer the **Hail Holy Queen**.
11. End with the **Sign of the Cross**.

If necessary, the Rosary can be divided into three different parts per day, the Joyful, the Sorrowful and the Glorious Mysteries. The Apostles Creed, through Step 4 need only be done at the Joyful Mysteries and Step 10 need only be done at the Glorious Mysteries.

Prayers of the Rosary:

THE SIGN OF THE CROSS

+ In the name of the Father and of the Son and of the Holy Ghost. Amen.

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died and was buried. He descended into hell; the third day He arose again; He ascended into heaven and is seated at the right hand of God, the Father Almighty; He will come to judge the living and the dead. I believe in the Holy Spirit the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name: Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us: and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace! the Lord is with thee: blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE GLORY BE

Glory be to the Father and to the son and to the Holy Ghost. As it was in the beginning, is now and ever shall be, unto ages of ages. Amen.

HAIL, HOLY QUEEN

Hail, holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us O holy Mother of God,
R. that we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May the divine assistance remain always with us; and may the souls of the faithful departed, by the mercy of God, rest in peace.

Amen.

THE SCRIPTURAL ROSARY

Excerpts from Scripture and Tradition may be meditated upon silently at each Hail Mary

THE JOYFUL MYSTERIES

1st Joyful Mystery: The Annunciation



Blessed Mother, please obtain for us the virtue of humility like unto thine own

Our Father

The angel Gabriel was sent from God, to a virgin espoused to a man whose name was Joseph, of the house of David; and the virgin's name was Mary

Hail Mary

And the angel being come in, said unto her: Hail, full of grace, the Lord is with thee: blessed art thou among women

Hail Mary

Who having heard, was troubled at his saying and thought with herself what manner of salutation this should be

Hail Mary

And the angel said to her: Fear not, Mary, for thou hast found grace with God.

Hail Mary

Behold thou shalt conceive in thy womb and shalt bring forth a son; and thou shalt call His name Jesus.

Hail Mary

He shall be called the Son of the most High; and the Lord God shall give unto Him the throne of David His father. And of His kingdom there shall be no end.

Hail Mary

And Mary said to the angel: How shall this be done, because I know not man?

Hail Mary

And the angel answering, said to her: The Holy Ghost shall come upon thee and the power of the most High shall overshadow thee.

Hail Mary

And therefore also the Holy which shall be born of thee shall be called the Son of God.

Hail Mary

And Mary said: Behold the handmaid of the Lord; be it done to me according to thy word.

Hail Mary

Glory Be

2nd Joyful Mystery: The
Visitation to Elizabeth



*Blessed Mother, please obtain for us
the virtue of charity like unto thine
own*

Our Father

And Mary rising up in those days,
went into the hill country with
haste into a city of Juda. And she
entered into the house of Zachary
and saluted Elizabeth.

Hail Mary

And it came to pass, that when
Elizabeth heard the salutation of
Mary, the infant leaped in her
womb. And Elizabeth was filled
with the Holy Ghost:

Hail Mary

And she cried out with a loud
voice and said: Blessed art thou
among women and blessed is the
fruit of thy womb.

Hail Mary

And blessed art thou that hast
believed, because those things
shall be accomplished that were
spoken to thee by the Lord.

Hail Mary

And Mary said: My soul doth
magnify the Lord. And my spirit
hath rejoiced in God my Saviour.
Because He hath regarded the
humility of His handmaid;

Hail Mary

For behold from henceforth all
generations shall call me blessed.
Because He that is mighty, hath
done great things to me;

Hail Mary

Holy is His name. And His mercy
is from generation unto
generations, to them that fear
Him.

Hail Mary

He hath showed might in His
arm: He hath scattered the proud
in the conceit of their heart

Hail Mary

He hath put down the mighty
from their seat and hath exalted
the humble

Hail Mary

He hath filled the hungry with
good things; and the rich He hath
sent empty away.

Hail Mary

Glory Be

3rd Joyful Mystery: The Nativity
of Our Lord



*Blessed Mother, please obtain for us
the love of God and a spirit of
detachment from the world like unto
thine own*

Our Father

And it came to pass, that when
they were there, her days were
accomplished, that she should be
delivered.

Hail Mary

And she brought forth her
firstborn son and wrapped Him
up in swaddling clothes

Hail Mary

And she laid Him in a manger;
because there was no room for
them in the inn.

Hail Mary

And there were in the same
country shepherds watching and
keeping the night watches over
their flock. And behold an angel
of the Lord stood by them

Hail Mary

And the angel said to them: Fear
not; for, behold, I bring you good
tidings of great joy, that shall be
to all the people:

Hail Mary

For, this day, is born to you a
Saviour, who is Christ the Lord, in
the city of David

Hail Mary

Glory to God in the highest; and
on earth peace to men of good
will.

Hail Mary

Behold, there came wise men
from the east to Jerusalem. And
entering into the house, they
found the Child with Mary His
mother,

Hail Mary

And falling down they adored
Him; and opening their treasures,
they offered Him gifts; gold,
frankincense and myrrh.

Hail Mary

But Mary kept all these words,
pondering them in her heart.

Hail Mary

Glory Be

4th Joyful Mystery: The
Presentation in the Temple



*Blessed Mother, please obtain for us a
spirit of sacrifice like unto thine own*

Our Father

And after the days of her
purification were accomplished,
they carried Him to Jerusalem, to
present Him to the Lord:

Hail Mary

And behold there was a man in
Jerusalem named Simeon and
this man was just and devout,

Hail Mary

And he had received an answer
from the Holy Ghost, that he
should not see death, before he
had seen the Christ of the Lord.

Hail Mary

And when His parents brought in
the child Jesus, he also took Him
into his arms and blessed God

Hail Mary

And said: Now Thou dost dismiss
Thy servant, O Lord, according to
Thy word in peace;

Hail Mary

Because my eyes have seen Thy
salvation, which Thou hast
prepared before the face of all
peoples:

Hail Mary

A light to the revelation of the
Gentiles and the glory of Thy
people Israel

Hail Mary

And Simeon blessed them and
said to Mary His mother: Behold
this child is set for the fall and for
the resurrection of many in Israel
and for a sign which shall be
contradicted

Hail Mary

And thy own soul a sword shall
pierce, that, out of many hearts,
thoughts may be revealed.

Hail Mary

And the child grew and waxed
strong, full of wisdom; and the
grace of God was in Him.

Hail Mary

Glory Be

5th Joyful Mystery: The finding
of the Child Jesus in the Temple



*Blessed Mother, please obtain for us
true wisdom and true obedience to
the Lord Jesus Christ our God, like
unto thine own*

Our Father

And when Jesus was twelve years
old, they went up into Jerusalem,
according to the custom of the
feast

Hail Mary

And having fulfilled the days,
when they returned, the child
Jesus remained in Jerusalem; and
His parents knew it not

Hail Mary

And not finding Him, they
returned into Jerusalem, seeking
Him.

Hail Mary

And it came to pass, that, after
three days, they found Him in the
temple

Hail Mary

Sitting in the midst of the doctors,
hearing them and asking them
questions.

Hail Mary

And all that heard Him were
astonished at His wisdom and His
answers.

Hail Mary

And His mother said to Him: Son,
why hast Thou done so to us?
Behold Thy father and I have
sought Thee sorrowing

Hail Mary

And He said to them: How is it
that you sought me? Did you not
know, that I must be about My
Father's business?

Hail Mary

And He went down with them and
came to Nazareth and was subject
to them. And His mother kept all
these words in her heart

Hail Mary

And Jesus advanced in wisdom
and age and grace with God and
men.

Hail Mary

Glory Be

**THE SORROWFUL
MYSTERIES**

1st Sorrowful Mystery: The
Agony in the Garden



*Blessed Mother, please obtain for us
the grace of perfect contrition for all
our sins*

Our Father

Then Jesus came with them into a country place which is called Gethsemani; and He began to grow sorrowful and to be sad.

Hail Mary

Then He saith to them: My soul is sorrowful even unto death: stay you here and watch with Me.

Hail Mary

And He was withdrawn away from them a stone's cast; and kneeling down, He prayed,

Hail Mary

Father, if Thou wilt, remove this chalice from Me: but yet not My will, but Thine be done.

Hail Mary

And there appeared to Him an angel from heaven, strengthening Him

Hail Mary

And being in an agony, He prayed the longer.

Hail Mary

And His sweat became as drops of blood, trickling down upon the ground.

Hail Mary

And He cometh to His disciples and findeth them asleep and He saith: Could you not watch one hour with Me?

Hail Mary

Watch ye and pray that ye enter not into temptation.

Hail Mary

The spirit indeed is willing, but the flesh weak.

Hail Mary

Glory Be

2nd Sorrowful Mystery: The
Scourging at the Pillar



*Blessed Mother, please obtain for us a
spirit of mortification like unto thine
own*

Our Father

And the scribes and the whole
council, binding Jesus, led Him
away and delivered Him to Pilate.
And Pilate asked Him: Art Thou
the king of the Jews?

Hail Mary

Jesus answered: Thou sayest that
I am a king. For this was I born,

Hail Mary

And for this came I into the
world; that I should give
testimony to the truth. Every one
that is of the truth, heareth My
voice.

Hail Mary

Pilate saith to Him: What is
truth? And when he said this, he
went out again to the Jews and
saith to them: I find no cause in
Him.

Hail Mary

I will chastise Him therefore and
release Him. Then therefore,
Pilate took Jesus and scourged
Him.

Hail Mary

Despised and the most abject of
men, a man of sorrows,

Hail Mary

He was offered because it was His
own will and He opened not His
mouth: He shall be led as a sheep
to the slaughter

Hail Mary

But He was wounded for our
iniquities, He was bruised for our
sins:

Hail Mary

Surely He hath borne our
infirmities and carried our
sorrows:

Hail Mary

The chastisement of our peace
was upon Him and by His bruises
we are healed.

Hail Mary

Glory Be

3rd Sorrowful Mystery: The
Crowning with Thorns



*Blessed Mother, please obtain for us
the virtue of moral courage like unto
thine own*

Our Father

And the soldiers led Him away
into the court of the palace and
stripping Him, they put a scarlet
cloak about Him.

Hail Mary

And plating a crown of thorns,
they put it upon His head and a
reed in His right hand.

Hail Mary

And bowing the knee before Him,
they mocked Him, saying: Hail,
King of the Jews.

Hail Mary

And spitting upon Him, they took
the reed and struck His head.

Hail Mary

Jesus therefore came forth,
bearing the crown of thorns and
the purple garment. And Pilate
saith to them: Behold the Man.

Hail Mary

Behold your King. But they cried
out: Away with Him; away with
Him; crucify Him

Hail Mary

And Pilate saith to them: Why,
what evil hath He done? But they
cried out the more: Crucify Him.

Hail Mary

Pilate saith to them: Shall I
crucify your King? The chief
priests answered: We have no
king but Caesar.

Hail Mary

And Pilate; taking water washed
his hands before the people,
saying: I am innocent of the blood
of this just man; look you to it.
And the whole people answering,
said: His blood be upon us and
our children.

Hail Mary

And so Pilate being willing to
satisfy the people, delivered up
Jesus to be crucified.

Hail Mary

Glory Be

4th Sorrowful Mystery: The
Carrying of the Cross



*Blessed Mother, please obtain for us
the virtue of patience like unto thine
own and a fervent love of our own
cross, that we may cheerfully endure
all things*

Our Father

And He said to all: If any man will
come after Me, let him deny
himself,

Hail Mary

And take up his cross daily and
follow Me.

Hail Mary

And bearing His own cross, they
led Him out to crucify Him.

Hail Mary

They laid hold of one Simon of
Cyrene and they laid the cross on
him to carry after Jesus.

Hail Mary

Take up My yoke upon you and
learn of Me

Hail Mary

Because I am meek and humble of
heart:

Hail Mary

And you shall find rest to your
souls. For My yoke is sweet and
My burden light.

Hail Mary

And there followed Him a great
multitude of people and of
women, who bewailed and
lamented Him.

Hail Mary

But Jesus turning to them, said:
Daughters of Jerusalem, weep not
over Me; but weep for yourselves
and for your children.

Hail Mary

For if in the green wood they do
these things, what shall be done
in the dry?

Hail Mary

Glory Be

5th Sorrowful Mystery: The
Crucifixion of Our Lord



*Blessed Mother, please obtain for us
the grace of final perseverance in the
true Faith and in the state of
sanctifying grace*

Our Father

And when they were come to the
place which is called Calvary, they
crucified Him there

Hail Mary

Jesus said: Father, forgive them,
for they know not what they do.

Hail Mary

And with Him they crucify two
thieves; and one of those said to
Jesus: Lord, remember me when
Thou shalt come into Thy
kingdom

Hail Mary

And Jesus said to him: Amen I
say to thee, this day thou shalt be
with Me in paradise.

Hail Mary

Now there stood by the cross of
Jesus, His mother and the
disciple whom He loved

Hail Mary

Jesus saith to His mother:
Woman, behold thy son. After
that, He saith to the disciple:
Behold thy mother.

Hail Mary

And from that hour, the disciple
took her to his own.

Hail Mary

And at the ninth hour, Jesus cried
out with a loud voice, saying: My
God, my God, why hast Thou
forsaken Me?

Hail Mary

And Jesus crying out with a loud
voice, said: Father, into Thy
hands I commend My spirit. And
saying this, He gave up the ghost.

Hail Mary

And there was darkness over all
the earth and behold the veil of
the temple was rent in two and
the earth quaked and the rocks
were rent.

Hail Mary

Glory Be

THE GLORIOUS MYSTERIES

1st Glorious Mystery: The Resurrection of Our Lord



*Blessed Mother, please obtain for us
the virtue of a strong faith
like unto thine own*

Our Father

Amen, amen I say to you, that you shall lament and weep, but your sorrow shall be turned into joy.

Hail Mary

But I will see you again and your heart shall rejoice; and your joy no man shall take from you.

Hail Mary

Very early in the morning, they came to the sepulcher, bringing the spices which they had prepared.

Hail Mary

An angel of the Lord descended from heaven and coming, rolled back the stone and sat upon it.

Hail Mary

Fear not you; for I know that you seek Jesus who was crucified. He is not here,

Hail Mary

For He is risen, as He said. Come and see the place where the Lord was laid

Hail Mary

Behold He will go before you into Galilee; there you shall see Him.

Hail Mary

And they went out quickly from the sepulcher with fear and great joy, running to tell His disciples

Hail Mary

I am the resurrection and the life: he that believeth in Me, although he be dead, shall live

Hail Mary

And every one that liveth and believeth in Me, shall not die for ever.

Hail Mary

Glory Be

2nd Glorious Mystery: The
Ascension into Heaven



*Blessed Mother, please obtain for us
the virtue of hope
like unto thine own*

Our Father

And He led them out as far as
Bethania: and lifting up His
hands, He blessed them.

Hail Mary

And Jesus coming, spoke to them,
saying: All power is given to Me in
heaven and in earth.

Hail Mary

He that believeth and is baptized,
shall be saved:

Hail Mary

But he that believeth not shall be
condemned.

Hail Mary

Going therefore, teach ye all
nations;

Hail Mary

Baptizing them in the name of the
Father and of the Son and of the
Holy Ghost.

Hail Mary

Teaching them to observe all
things whatsoever I have
commanded you:

Hail Mary

And behold I am with you all
days, even to the consummation
of the world.

Hail Mary

And when He had said these
things, while they looked on, He
was raised up: and a cloud
received Him out of their sight.

Hail Mary

And the Lord Jesus, was taken up
into heaven and sitteth on the
right hand of God.

Hail Mary

Glory Be

3rd Glorious Mystery: The
Descent of the Holy Ghost



*Blessed Mother, please obtain for us a
zeal for the glory of God like unto
thine own*

Our Father

And when the days of the
Pentecost were accomplished,
they were all together in one
place:

Hail Mary

And suddenly there came a sound
from heaven, as of a mighty wind
coming and it filled the whole
house

Hail Mary

And there appeared to them
parted tongues as it were of fire
and it sat upon every one of them:

Hail Mary

And they were all filled with the
Holy Ghost and they began to
speak the wonderful works of
God.

Hail Mary

Now there were dwelling at
Jerusalem Jews, devout men, out
of every nation under heaven.

Hail Mary

Peter standing up with the eleven,
lifted up his voice and spoke to
them:

Hail Mary

Do penance and be baptized every
one of you in the name of Jesus
Christ and you shall receive the
gift of the Holy Ghost.

Hail Mary

They therefore that received his
word, were baptized; and there
were added in that day about
three thousand souls.

Hail Mary

Come Holy Ghost and fill the
hearts of Thy faithful and
enkindle in us the fire of Thy love

Hail Mary

Send forth Thy Spirit and we shall
be created and Thou shalt renew
the face of the earth

Hail Mary

Glory Be

4th Glorious Mystery: The Assumption of the Blessed Virgin Mary



Blessed Mother, please obtain for us the grace of a holy death

Our Father

All the glory of the King's daughter is within in golden borders and the King shall greatly desire thy beauty; for He is the Lord thy God,

Hail Mary

Blessed art thou, O daughter, by the Lord the Most High God, above all women upon the earth.

Hail Mary

Because He hath so magnified thy name this day, that thy praise shall not depart out of the mouth of men who shall be mindful of the power of the Lord for ever

Hail Mary

Thou art the glory of Jerusalem, thou art the joy of Israel, thou art the honour of our people:

Hail Mary

Arise, make haste, my love, my dove, my beautiful one and come.

Hail Mary

For winter is now past, the rain is over and gone.

Hail Mary

Show me thy face, let thy voice sound in my ears: for thy voice is sweet and thy face comely.

Hail Mary

And the temple of God was opened in heaven: and the ark of His Testament was seen in His temple,

Hail Mary

And a great sign appeared in heaven: A woman clothed with the sun,

Hail Mary

And the moon under her feet and on her head a crown of twelve stars:

Hail Mary

Glory Be

5th Glorious Mystery: The
Coronation of the Blessed Virgin
Mary as Queen of Heaven and
Earth



*Blessed Mother, please obtain for us a
greater love for thee, that we may
more perfectly love thy Son our Lord
Jesus Christ and please obtain for us
the grace of eternal salvation*

Our Father

Who is she that cometh forth as
the morning rising, fair as the
moon, bright as the sun, terrible
as an army set in array?

Hail Mary

And as the rainbow giving light in
the bright clouds and as the
flower of roses in the days of the
spring,

Hail Mary

And in the multitude of the elect
she shall have praise and among
the blessed she shall be blessed.

Hail Mary

I am the flower of the field and
the lily of the valleys.

Hail Mary

I am the mother of fair love and of
fear and of knowledge and of holy
hope.

Hail Mary

In me is all grace of the way and
of the truth, in me is all hope of
life and of virtue.

Hail Mary

Now therefore, ye children, hear
me: Blessed are they that keep my
ways. Hear instruction and be
wise and refuse it not

Hail Mary

Blessed is the man that heareth
me and that watcheth daily at my
gates

Hail Mary

He that shall find me, shall find
life and shall have salvation from
the Lord:

Hail Mary

Hail Queen of Mercy, protect us
from the enemy and receive us at
the hour of death.

Hail Mary

Glory Be

PERFECT CONTRITION
(remission of sins if a priest is unavailable)

“The Lord is nigh unto them that are of a contrite heart: and he will save the humble of spirit.” - Psalm 33:19

“A Sacrifice to God is an afflicted spirit: a contrite and humbled heart, O God, thou wilt not despise.” - Psalm 50:19

“The Synod teaches moreover, that, although it sometimes happens that this contrition is perfect through charity and reconciles man with God before this sacrament (of Penance) be actually received, the said reconciliation, nevertheless, is not to be ascribed to that contrition, independently of the desire of the sacrament which is included therein.” – Council of Trent, Session 14, Chapter 4

ACT OF CONTRITION

O my God! I am heartily sorry for having offended Thee and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life.

An Act of the Will

When we make the act of perfect contrition, we should pay very close attention to every word in the form and we are to make the acts that are required by the form. Never say, I pray the act of contrition. Do say, I make the act of contrition. When persons get married, they do not merely say a formula, but they make an act of the will to join themselves in matrimony. When a person makes vows in religion, he does not merely recite a formula, but he makes an act of the will (expressed in words) to embrace the religious life. In like manner, the act of contrition is an act by which one is sorry for past sins for the sake of God and that sorrow extends into the future so that it also requires the purpose of amendment never again to commit those or any sins.

There are five qualities that characterize the perfect Act of Contrition. The perfect Act of Contrition is 1) Supernatural, 2) Interior, 3) Universal, 4) Supreme and 5) Intense.

Supernatural

First, the act of contrition must be supernatural as to the power with which it is performed. It must be made under the influence of actual grace. Actual

grace is the supernatural assistance that enlightens the mind to know the will of God and strengthens the will to do the will of God. Before starting the act of contrition, it is good to ask God for this special grace, since without it the Act of Contrition is useless.

Secondly, the act must be supernatural as to “motive.” There are two kinds of motives. The inferior motive (imperfect contrition) has to do with the dread of the loss of heaven and the pains of hell. The superior motive (perfect contrition) has to do with the fact that we have offended God who is all good. Together with the sacraments of Baptism and Penance, the inferior motive (fearing the loss of heaven and the pains of hell) is sufficient for forgiveness of sins. However, without the sacrament of Penance, only the superior motive (being sorry for having offended God who is all good) will suffice for the forgiveness of sins.

Ask yourself why you are sorry for your sins. Are you sorry because your sins have made you look bad before others, made you sick or caused you some other temporal distress? Those are natural motives and they have no relation to forgiveness. While the natural motives are good in themselves, since the help to prevent relapses, they will never work for forgiveness, unless they are joined to the perfect contrition that comes from the grace and love of God.

Interior

The perfect Act of Contrition is an interior act of the mind and will. When a priest says his Divine Office correctly but with distractions (hopefully not intended) he fulfills his obligation that the law imposes on him. If, while you confer the sacrament of baptism, you say the words carefully with the intention to baptize as the Church baptizes, you confer the sacrament even though you had distractions during the rite. The act of contrition does not work as the above cases. It is something even independent of spoken words. The mind and heart must determine everything that is said in the above form of contrition.

Universal

The act of contrition must include all of your mortal sins. One may never hold back confessing even one mortal sin. If a person holds on to even one mortal sin, he does not love God and his contrition is imperfect, if he even has contrition at all. One either leaves all of his sins behind, or he keeps all of them for God's just judgment at the moment of death.

Supreme

The supreme purpose of our lives is to please God and encourage others to please him. You must determine that we would rather die than commit a mortal sin, which is ultimately displeasing to Him. We must hate mortal sin (venial sin too, if possible) even more than death itself, or any torture. Just think of how careful we are about our lives. We avoid death at great sacrifices. A man will throw his possessions over-board to save his life. He will avoid the company of those who have a contagious sickness in order to save his life. In like manner, we must hate sin as the greatest evil on earth.

Intense

In the above form of contrition, we express this determination with the word “detest.” One might say that he does not like to cold soup. However, he says that he “detests” rotten food. In like manner, we do not say that we just do not like sin, but we detest it as we detest eating rotten food.

Purpose of Amendment

There is a final element that is not mentioned in the qualities of the act of contrition and that is the purpose of amendment. We make a division in regard to contrition and the purpose of amendment. There is no real distinction between the two except the element of past and future. If one is sorry for his sins, he determines automatically not to sin again. Any time that a person living in adultery is really sorry for his sins, he automatically leaves his sinful way of life. A person who is in bad company must be sorry, not only for his sinful lifestyle, but he must be determined to give up his evil companions.

Intention to Confess

Once one knows the divine law of confession, he must also determine to confess all the mortal sins he has committed after baptism. To say that one is sorry without that intention to confess the sins, when one has a chance to do so, is a false act of contrition. One must determine to obey all God's commandments and one of those commandments is that one must confess all mortal sins committed after baptism to a duly authorized priest. If there is no priest to be had, then God accepts the will for the deed. He will not accept the will for the deed if there is a duly authorized priest available. Remember the act of perfect contrition always takes away all sins immediately.

Fulfill the Obligations

For the act of contrition to be complete, one must fulfill all the obligations that follow from ones sins. A thief must return that which he has stolen.

Likewise, a person who has taken away the good name of another must do what he can to give that good name back again.

The Merciful Hands of God

When one has sincerely and earnestly done all that he can in regard to the Act of Contrition, he still does not have an infallible assurance that he has sanctifying grace. However, he can and should have moral certitude that he is in the state of sanctifying grace. He should rest his case in the merciful hands of God.

EXAMINATION OF CONSCIENCE FOR FUTURE SAINTS

“I come to thee and will move thy candlestick out of its place, except thou do penance” - Apocalypse 2:5

The Revelations of St. Birgitta of Sweden, Book 4, Chapter 89:

The Son speaks: “Whoever desires to be a fighter has to be noble in spirit and get up again if he falls, trusting not in his own power but in my mercy. A person who does not trust in my goodness has the following thoughts: 'If I make any attempts at restraining the flesh by fasting or struggling in vigil, I will not be able either to persevere or to keep myself from vices, for God does not help me' - that person deserves to fall.

“Hence, a person who wants to be a spiritual fighter trusts in me and is confident that he will be able to achieve it with the aid of my grace. So he should have the intention of doing good and avoiding evil and of getting up again whenever he falls. He should say this prayer:

“Lord God Almighty, Thou who guidest all souls toward the good, I am a sinner who has strayed far away from Thee through my own wrongdoing. I thank Thee for leading me back to the right path and I ask Thee, gracious Jesus, who hung on the cross in blood and sorrow, to have mercy on me. I entreat Thee by Thy five wounds and by the pain that passed from Thy shattered veins to Thy heart. Deign to keep me safe today, lest I fall into sin. Give me the power to withstand the spears of the enemy and to get up again manfully, should I chance to fall into sin.”

“In addition, in order that the fighter may be able to persevere in the good, let him pray in this way:

“O, Lord God, for whom nothing is impossible and who can do all things, give me the strength to carry out good works and to be able to persevere in the good.”

“After this, he should take his sword in hand, that is, he should make a good confession, which must be polished and gleaming. It must be polished by a careful examination of conscience regarding how and how much and where he has failed and why. It should also be gleaming in the sense that he must not be ashamed of anything nor hide anything nor describe a sin in a way other than he has committed it. This sword should have two sharp edges, namely, the intention of no longer sinning and the intention of making up for the sins he has committed. The point of the sword should be contrition. This slays the devil whenever a man who earlier delighted in sin feels contrition and sorrow for having provoked me, his God, to anger. The sword should have the hilt of the consideration of God's great mercy. His mercy is so great that no one is such a sinner that he cannot obtain forgiveness, provided he asks for it with a will to improve.

“The sword of confession, then, must be held with this idea that God has mercy on all. However, in order that his hand may not be cut by the edges, a piece of iron is placed in between the edge and the hilt. A pommel prevents the sword from falling from his hand. Similarly, a person who holds

the sword of confession and hopes in God's mercy for the remittance and cleansing of sin must beware not to let it fall by presuming on God's forgiveness. To prevent this there is the bolt of godly fear that makes him afraid that God will take away His grace and display anger because of his presumption. In order that his operative hand may not be cut or impaired, a piece of iron is placed between the hand and the edge. This is the consideration of God's fairness, for, though my justice is so great that I leave nothing unexamined or unpunished, yet I am also so merciful and fair that I demand nothing beyond what nature can bear. Moreover, I forgive great punishment for the sake of a good intention and great sin in return for a little reparation.

“The knight's coat of mail represents abstinence. Just as a coat of mail consists of many small rings of chain, so too abstinence consists of many virtues, for example, abstinence from immoral sights or things affecting the other senses, from gluttony and lust and superfluity and from many other things that St. Benedict laid down as forbidden. One cannot put this coat of mail on alone without another's help.

“Therefore, my Mother, the Virgin Mary, should be invoked and venerated, for every good example and type of virtue is to be found in her. If she is steadfastly invoked, she will indicate to your spirit all the perfect types of abstinence.

“The helmet stands for perfect hope. It has two openings, as it were, through which the knight can see. The first opening is the consideration of what things must be done and the second that of what things must be avoided. Everyone who hopes in God should always consider what must be done or avoided in accordance with God's will. The shield stands for patience with the help of which one can cheerfully endure anything that happens.”

PRAYERS BEFORE EXAMINATION

Our Father, Hail Mary, Glory Be

Come, Holy Ghost, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created and Thou shalt renew the face of the earth. Oh God Who didst instruct the hearts of the faithful by the light of the Holy Ghost, grant us in the same Spirit to be truly wise and to ever rejoice in His consolations, through Jesus Christ Our Lord. Amen.

My God, I firmly believe that Thou art here present; that Thou knowest and seest all my sins and that Thou alone canst give me light and grace to see and know in what way I have offended Thee. O dear Jesus, grant that I may examine my conscience well; that I may think of nothing which may distract me from the great duty which I am about to perform.

Mary, my dear Mother, pray for me. Amen.

EXAMINATION: THE TEN COMMANDMENTS

I am the Lord thy God. Thou shalt not have strange gods before me.

Sins and faults against the First and Greatest Commandment

Failure in seeking to love God above all things with my whole heart, mind, soul and strength.

Failing to give God my firstfruits, that is quality time in prayer every day upon rising and before retiring.

Not trying to give proper reverence and recollection during prayer.

Presuming on God's goodness without caring to amend, or willfully delaying repentance for sins committed.

Murmuring against the providence of God and grumbling in adversity.

Neglecting to prevent evil or sin when it is in my duty and power to do so.

Being willfully negligent during Divine worship.

Swearing to a lie, swearing to do what is wrong, or breaking a lawful oath.

Receiving Sacraments while in mortal sin, or from a priest was in public mortal sin (including heresy or schism).

Lying in confession or withholding a mortal sin in confession.

Superstitious practices and the occult.

Attributing my successes or good fortunes to myself instead of God.

Failing to trust in and pray to God during times of temptation.

Indulging anything that leads away from God (idle or worldly talk, vanity, superfluity, or luxury).

Indulging in or loving any lawful created thing beyond what is reasonable, including money, food, drink, sleep and other comforts, or inducing others to do so.

Sharing in the sin of another by counsel, by command, by consent, by flattery or by silence.

Neglecting to admonish those whom it is my duty to admonish.

Remaining voluntarily in near occasions of sin.

Remaining long, through my own fault, in a state of mortal sin, exposing myself to eternal damnation.

Forgetting God.

Thou shalt not take the name of the Lord thy God in vain.

Sins and faults against the Second Commandment

Using God's name in vain, lightly or carelessly.

Failing to charitably admonish others who do so.

Tolerating blasphemous TV, movies, games or music.

Anger or grumbling against God.

Insulting a sacred person or abusing a sacred object.

Remember to keep holy the Lord's Day.

Sins and faults against the Third Commandment

Neglecting Sunday obligation, Holy Days of obligation or fast days.

Passing Sunday or a Holy Day of obligation in idleness or sin, or giving occasion for others to do so.

Failing to observe Sunday as a family day and a day of rest and worship.
Shopping or doing needless or servile work on Sunday.

Honour thy Father and thy Mother.

Sins and faults against the Fourth Commandment

Failing to love, rever and obey my parents as an image of God's Divine authority.

Failing to obey my parents' lawful commands, or obeying them if they command me to sin.

Despising or insulting them or provoking them to great anger to curse or to swear.

Neglecting my duties to my spouse and children.

Failing to give my family a good religious example.

Failing to admonish sinful, non-Catholic or heretic family members.

Thou shalt not kill.

Sins and faults against the Fifth Commandment

Giving way to impatience, or great angry passion.

Willfully harming anyone or desiring to do so for the sake of harming them (as opposed to self defense, where the desire is to protect self or others, which is a lawful desire).

Quarreling with my companions, or insulting them, hurting them willfully or trying to revenge myself upon them.

Encouraging anyone to have an abortion.

Abusing alcohol or drugs.

Causing scandal to anyone and risking leading them into sin, heresy, schism or apostasy.

Being unjustly angry or resentful, treating anybody cruelly or abusively.

Taking any part in a serious quarrel or duel, or provoking others to quarrel or fight.

Harboring hatred or great dislike in my heart, or wishing evil upon anyone.

Refusing to forgive an injury, refusing to be reconciled or refusing to give signs of reconciliation or forgiveness.

Having too great an esteem of myself, or unduly and haughtily despising others.

Taking pleasure in hearing others disparaged or found fault with.

Mutilating myself through sterilization, vain tattoos or piercings.

Cruelty to any animal.

Too severely correcting those under my charge, or not severely enough.

Thou shalt not commit adultery. Thou shalt not covet thy neighbor's wife.

Sins and faults against the Sixth and Ninth commandments

Consenting to immodesty, failing to dress modestly.

Committing or desiring to commit any immodest or unchaste action alone or with others.

Permitting any immodest liberty to be taken with myself.

Unfaithfulness to marriage vows in thought, word or deed.

Engaging in any intimate or sexual activity outside of marriage.

Using any method of contraception or birth control.

Consenting to impure, foul and lustful thoughts, or tempting such thoughts by impure reading, movies, music, conversations or curiosity.

Masturbation.

Disrespecting members of the opposite sex, or thinking of other people as objects.

Practicing or condoning any homosexual activity.

Thou shalt not steal. Thou shalt not covet thy neighbor's goods.

Sins and faults against the Seventh and Tenth Commandments

Neglecting my duties as a Christian, as a parent, husband, wife, son, daughter, master, servant, worker, employer. In short, any duty belonging to my state of life or calling.

Neglecting prayer or other religious duties, or performing them carelessly.

Stealing or failing to make restitution for what I have stolen.

Wasting time at work, school or at home or giving in to laziness, sloth and idleness.

Gambling excessively.

Refusing or neglecting to pay my just debts.

Cheating anyone in buying or selling.

Injuring anyone by stealing, helping to steal or by usury, extortion or by any unlawful contract.

Knowingly buying or receiving stolen goods.

Refusing charity and compassion towards the poor.

Envy of the spiritual or material goods of other people, of their families, merits, status or possessions.

Feeling sorry at the prosperity of others, or have rejoicing at their misfortunes.

Greedy, materialism and selfishness.

Failing to trust that God will care for all of my material and spiritual needs, provided I put forth due effort.

Thou shalt not bear false witness against thy neighbor.

Sins and faults against commandment VIII

Lying, gossip, calumny and detraction.

Being overly critical, negative, hypocritical or uncharitable in thought, word or deed towards others.

Failing to keep confidential, without just cause, what was true but secret.

Giving bad advice or being a bad example by instilling bad principles or by using bad language in the presence of anyone.

PRAYERS BEFORE CONFESSION

CONFITEOR

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul and to all the saints that I have sinned exceedingly in thought, word and deed, through my fault, through my fault, through my most grievous fault. Therefore, I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul and all the saints, to pray for me to the Lord our God. Amen.

O Mary, Mother of Jesus, help me to be truly sorry for having displeased thy Divine Son so that I, a despicable and wicked, sinner, may be washed from every stain and cleansed from every sin.

O Lord God, Heavenly King, deign that in Thy great condescension, I may be heard in the presence of the Holy Confessors in Thy heavenly host, to whom I now direct my confession, that I may hold back nothing that impedes Thee from entering into my soul and working in me with Thy grace. Grant, O merciful God, that by this way I may be granted absolution, perfect contrition, true horror of even the smallest sin and I beseech Thee, O loving Jesus, to bestow upon me those great gifts of sanctifying grace and final perseverance. Amen.

(Bless me father for I have sinned...)

PRAYERS AFTER CONFESSION

ACT OF CONTRITION

O my God! I am heartily sorry for having offended Thee and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life.

ACT OF HOPE

O my God! Relying on Thy infinite goodness and promises, I hope to obtain pardon of my sins, the help of Thy grace and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

PRAYERS OF THANKSGIVING TO GOD

I thank and bless Thee, dear Saviour, for having pardoned me my sins. I will never more offend Thee; but for the future try to love and please Thee more and more.

Bless the Lord, O my soul and let all that is within me bless His holy name. Bless the Lord, O my soul and forget not all that He hath done for thee. As a father hath compassion on his children, so hath the Lord compassion on them that fear Him.

O holy Virgin Mary and all ye angels and saints, bless and praise my dear Jesus for His great goodness to me, His little sinful child.

O God, be merciful to me a sinner! Jesus, Son of David, have mercy on me! Sprinkle me with Thy blood, O Jesus and I shall be made whiter than snow!

PRAYER BEFORE DOING PENANCE

O just and merciful Jesus, I beg Thee to inspire me with Thy grace, to enlighten my mind and my will that I may be moved to a continual life of fitting penance for my sins against Thy Majesty, who livest and reignest with the Father and the Holy Ghost, God, unto ages of ages. Amen.

O my God, through the hands of Thy immaculate mother Mary, I offer this penance to Thee, in union with all the prayers said by Jesus during His holy life and bitter Passion, to satisfy Thy infinite justice, which I have offended by my many sins and offer it for the souls in Purgatory, retaining only so much merit as may avail me of the grace to live Thy holy Faith in truth and righteousness, unto salvation. Amen.

RECOMMENDED EVENING PRAYERS

PRAYER TO BLESSED RITA

Powerful prayer for obtaining a conversion

O Holy Patroness of those in need, Blessed Rita, whose pleadings before thy divine Lord are almost irresistible, who for thy lavishness in granting favors hast been called the Advocate of the Hopeless and even of the Impossible; Blessed Rita, so humble, so pure, so mortified, so patient and of such compassionate love for thy Crucified Jesus that thou couldst obtain from Him whatsoever thou askest, on account of which all confidently have recourse to thee, expecting, if not always relief, at least comfort; be propitious to our petition, showing thy power with God on behalf of thy supplicant; be lavish to us, as thou hast been in so many wonderful cases, for the greater glory of God, for the spreading of thine own devotion and for the consolation of those who trust in thee. I promise, if my petition is granted, to glorify thee by making known thy favor, to bless and sing thy praises forever. Relying then upon thy merits and power before the Sacred Heart of Jesus, I pray: (*here mention your request*)

Obtain for me my request,
By the singular merits of thy childhood,
By thy perfect union with the Divine Will,
By thy heroic sufferings during thy married life,
By the consolation thou didst experience at the conversion of thy husband,
By the sacrifice of thy children rather than see them grievously offend God,
By thy miraculous entrance into the convent,
By thy severe penances and thrice daily bloody scourgings,
By the suffering caused by the wound thou didst receive from the thorn of thy Crucified Savior,
By the Divine love which consumed thy heart,
By that remarkable devotion to the Blessed Sacrament, on which alone thou didst exist for four years,
By the happiness with which thou didst part from thy trials to join thy Divine Spouse,
By the perfect example thou gavest to people of every state of life.

Pray for us, O holy Blessed Rita,
that we may be made worthy of the promises of Christ.

Let us pray

O God, who in Thine infinite tenderness hast vouchsafed to regard the prayer of Thy servant, Blessed Rita and dost grant to her supplication that which is impossible to human foresight, skill and efforts, in reward of her compassionate love and firm reliance on Thy promise, have pity on our adversity and succor us in our calamities, that the unbeliever may know Thou art the recompense of the humble, the defense of the helpless and the strength of those who trust in Thee, through Jesus Christ, Our Lord. Amen.

NOVENA PRAYER TO ST. PHILOMENA

O faithful virgin and glorious martyr, St. Philomena, who works so many miracles on behalf of the poor and sorrowing, have pity on me. Thou knowest the multitude and diversity of my needs. Behold me at thy feet, full of misery, but full of hope. I entreat thy charity O great Saint! Graciously hear me and obtain from God a favourable answer to the request which I now humbly lay before thee: (*here mention your request*)

I am firmly convinced that through thy merits, through the scorn, the sufferings and the death thou didst endure, united to the merits of the Passion and death of Jesus, thy Spouse, I shall obtain what I ask of thee and in the joy of my heart I will bless God, who is wonderful in His Saints. Amen.

A PRAYER FOR DAILY NEGLECTS

Eternal Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits.

First -- To expiate all the sins I have committed this day and during all my life.

Glory be to the Father and to the Son and the Holy Ghost as it was in the beginning, is now and ever shall be, unto ages of ages. Amen.

Eternal Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits.

Second -- To purify the good I have done badly this day and during all my life.

Glory be to the Father and to the Son and the Holy Ghost as it was in the beginning, is now and ever shall be, unto ages of ages. Amen.

Eternal Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits.

Third -- To supply for the good I ought to have done and that I have neglected this day and during all my life.

Glory be to the Father and to the Son and the Holy Ghost as it was in the beginning, is now and ever shall be, unto ages of ages. Amen.

PRAYER OF RENUNCIATION OF SATAN

In the name of the Lord Jesus Christ I renounce all the workings of satan in my life in all their forms, whether brought into my life by my actions or others.

I break all attachments, ground, curses, spells, malefice, evil eye and rights satan may have in my life, whether such ground was gained by my actions or by others.

Strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, Blessed Michael the Archangel, the Blessed Apostles Peter and Paul and all the Saints and Angels of Heaven and by the power of the holy authority of the name of the Lord Jesus Christ, I ask Thee Lord to command satan and all his minions to get out of my life and stay out.

With that authority I now take back the ground in my life gained by satan through my sins. I reclaim this ground and my life for Christ. I now dedicate myself to the Lord Jesus Christ. I belong to Him alone.

THE LITANY OF HUMILITY

O Jesus! meek and humble of heart, hear me.

From the desire of being esteemed,

From the desire of being loved,

From the desire of being extolled,

From the desire of being honored,

From the desire of being praised,

From the desire of being preferred,

From the desire of being consulted,

From the desire of being approved,

(From the desire of being entertained,)

(From the desire of being comfortable,)

(From the desire of being filled,)

(From the desire of being satisfied,)

(From the desire of doing my own will,)

Deliver me, Jesus.

From the fear of being humiliated,

From the fear of being despised,

From the fear of suffering rebukes,

From the fear of being calumniated,

From the fear of being forgotten,

From the fear of being ridiculed,

From the fear of being wronged,

From the fear of being suspected,

(From the fear of being tortured,)

(From the fear of being martyred,)

Deliver me, Jesus.

That others may be loved more than I,
That others may be esteemed more than I,
That in the opinion of the world,
others may increase and I may decrease,
That others may be chosen and I set aside,
That others may be praised and I unnoticed,
That others may be preferred to me in everything,
That others become holier than I,
provided that I may become as holy as I should,
Jesus, grant me the grace to desire it.

GOOD NIGHT TO OUR BLESSED MOTHER

Night is falling dear mother, the long day is o'er!
And before thy loved image I am kneeling once more
To thank thee for keeping me safe through the day,
To ask thee this night to keep evil away

Many times have I fallen today, mother dear,
Many graces neglected, since last I knelt here;
Wilt thou not in pity, my own mother mild,
Ask Jesus to pardon the sins of thy child.

I am going to rest, for the day's work is done,
Its hours and its moments have passed one by one;
And the God who will judge me has noted them all,
He has numbered each grace, He has counted each fall.

In His book they are written against the last day,
O mother, ask Jesus to wash them away;
For one drop of His blood which for sinners was spilt,
Is sufficient to cleanse the whole world of its guilt.

And if 'ere the dawn I should draw my last breath,
And the sleep that I take be the long sleep of death,
Be near me, dear mother, for dear Jesus' sake
When my soul on Eternity's shore shall awake

Most Sacred Heart of Jesus, *have mercy on us!*

Immaculate heart of Mary, *pray for us!*

Jesus, Mary and Joseph, I love you; save souls!

Additional Prayers

THE WAY OF THE CROSS

In the Roman Catholic tradition, the meditation on the Way (or the Stations) of the Cross is often performed in a spirit of reparation for the sufferings and insults that Jesus endured during His Passion (and those continually offered to Him by the sins of men).

The object of the stations is to help the faithful to make in spirit, as it were, a pilgrimage to the chief scenes of Christ's sufferings and death and this has become one of the most popular of Catholic devotions. It is carried out by passing from station to station, with certain prayers at each and devout meditation on the various incidents in turn. It is common, when the devotion is performed publicly, to sing a stanza of the "Stabat Mater" while passing from one station to the next.

Begin at the high altar by making a [Perfect Act of Contrition](#) (p. 62)

All pray: My Lord Jesus Christ, Thou hast made this journey to die for me with love unutterable and I have so many times unworthily abandoned Thee; but now I love Thee with my whole heart and because I love Thee, I repent sincerely for ever having offended Thee. Pardon me, my God and permit me to accompany Thee on this journey. Thou goest to die for love of me; I wish also, my beloved Redeemer, to die for love of Thee. My Jesus, I will live and die always united to Thee.

1st Station: Jesus is condemned to death

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider how Jesus, after having been scourged and crowned with thorns was unjustly condemned by Pilate to die on the Cross.

All pray: My adorable Jesus, it was not Pilate, no, it was my sins that condemned Thee to die. I beseech Thee, by the merits of this sorrowful journey, to assist my soul in its journey towards eternity. I love Thee, my beloved Jesus; I love Thee more than myself; I repent with my whole heart of having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

At the cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last.

2nd Station: Jesus carries His Cross

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider how Jesus, in making this journey with the Cross on His shoulders, thought of us and offered to His Father the death He was about to undergo.

All pray: My most beloved Jesus, I embrace all the tribulations Thou hast destined for me until death. I beseech Thee, by the merits of the pain Thou didst suffer in carrying Thy cross, to give me the necessary help to carry mine with perfect patience and resignation. I love Thee, Jesus, my love; I repent of having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Through her heart, His sorrow sharing,
All His bitter anguish bearing,
Now at length the sword has passed.

3rd Station: Jesus falls the first time

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider this first fall of Jesus under His Cross. His flesh was torn by the scourges, His head crowned with thorns and He had lost a great quantity of blood. He was so weakened that He could scarcely walk and yet He had to carry this great load upon His shoulders.

All pray: My beloved Jesus, it is not the weight of the cross, but of my sins, which have made Thee suffer so much pain. Ah, by the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love Thee, O my Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Oh, how sad and sore distressed
Was that Mother highly blessed
Of the sole-begotten One!

4th Station: meets His sorrowful mother

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider the meeting of the Son and the mother, which took place on this journey. Jesus and Mary looked at each other and their looks became as so many arrows to wound those hearts, which loved each other so tenderly.

All pray: My most loving Jesus, by the sorrow Thou didst experience in this meeting, grant me the grace of a truly devoted love for Thy most holy Mother. And thou, my Queen, who wast overwhelmed with sorrow, obtain for me by thy intercession a continual and tender remembrance of the Passion of thy Son. I love Thee, Jesus, my love; I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Christ above in torment hangs,
She beneath beholds the pangs
Of her dying, glorious Son.

5th Station: Simon helps Jesus to carry the Cross

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider how the Jews, seeing that at each step Jesus from weakness was on the point of expiring and fearing that He would die on the way, when they wished Him to die the ignominious death on the Cross, constrained Simon the Cyrenian to carry the Cross behind our Lord.

All pray: My most sweet Jesus, I will not refuse the cross as the Cyrenian did; I accept it, I embrace it. I accept in particular the death that Thou hast destined for me, with all the pains that may accompany it. I unite it to Thy death; I offer it to Thee. Thou hast died for love of me! I will die for love of Thee and to please Thee. Help me by Thy grace. I love Thee, Jesus, my love; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Is there one who would not weep
Whelmed in miseries so deep
Christ's dear Mother to behold?

6th Station: Veronica wipes the face of Jesus

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider how the holy woman named Veronica, seeing Jesus so afflicted and His face bathed in sweat and blood, presented Him with a towel, with which He wiped His adorable face, leaving on it the impression of His holy countenance.

All pray: My most beloved Jesus, Thy face was beautiful before, but in this journey it has lost all its beauty and wounds and blood have disfigured it. Alas! my soul also was once beautiful when it received Thy grace in Baptism, but I have disfigured it since by my sins. Thou alone, my Redeemer, canst restore it to its former beauty. Do this by Thy Passion, O Jesus. I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Can the human heart refrain
From partaking in her pain,
In that Mother's pain untold?

7th Station: Jesus falls the second time

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider the second fall of Jesus under the Cross, a fall which renews the pain of all the wounds of the head and members of our afflicted Lord.

All pray: My most gentle Jesus, how many times Thou hast pardoned me and how many times have I fallen again and begun again to offend Thee! Oh, by the merits of this new fall, give me the necessary helps to persevere in Thy grace until death. Grant that in all temptations which assail me I may always commend myself to Thee. I love Thee, Jesus, my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Bruised, derided, cursed, defiled,
She beheld her tender Child,
All with bloody scourges rent.

8th Station: The women weep over Jesus

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider how those women wept with compassion at seeing Jesus in such a pitiable state, streaming with blood as He walked along. But Jesus said to them: “Weep not for me but for your children.”

All pray: My Jesus, laden with sorrows, I weep for the offences that I have committed against Thee because of the pains which they have deserved and still more because of the displeasure which they have caused Thee, who hast loved me so much. It is Thy love, more than the fear of hell, which causes me to weep for my sins. My Jesus, I love Thee more than myself; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be

V. Lord Jesus, crucified.

R. Have mercy on us!

For the sins of His own nation
Saw Him hang in desolation
Till His spirit forth He sent.

9th Station: Jesus falls the third time

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Consider the third fall of Jesus Christ. His weakness was extreme and the cruelty of His executioners was excessive, who tried to hasten His step when He had scarcely strength to move.

All pray: Ah, my outraged Jesus, by the merits of the weakness that Thou didst suffer in going to Calvary, give me strength sufficient to conquer all human respect and all my wicked passions, which have led me to despise Thy friendship. I love Thee, Jesus, my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

O thou Mother! fount of love,
Touch my spirit from above.
Make my heart with thine accord.

10th Station: Jesus is stripped of His garments

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Consider the violence with which the executioners stripped Jesus. His inner garments adhered to His torn flesh and they dragged them off so roughly that the skin came with them.

All pray: My innocent Jesus, by the merits of the torment which Thou hast felt, help me to strip myself of all affection to things of earth in order that I may place all my love in Thee, who art so worthy of my love. I love Thee, O Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Make me feel as thou hast felt;
Make my soul to glow and melt
With the love of Christ, my Lord.

11th Station: Jesus is nailed to the Cross

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Consider how Jesus, after being thrown on the Cross, extended His hands and offered to His eternal Father the sacrifice of His death for our salvation. These barbarians fastened Him with nails, then raising the Cross, allowed Him to die in anguish.

All pray: My Jesus, loaded with contempt, nail my heart to Thy feet that it may ever remain there to love Thee and never quit Thee again. I love Thee more than myself; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

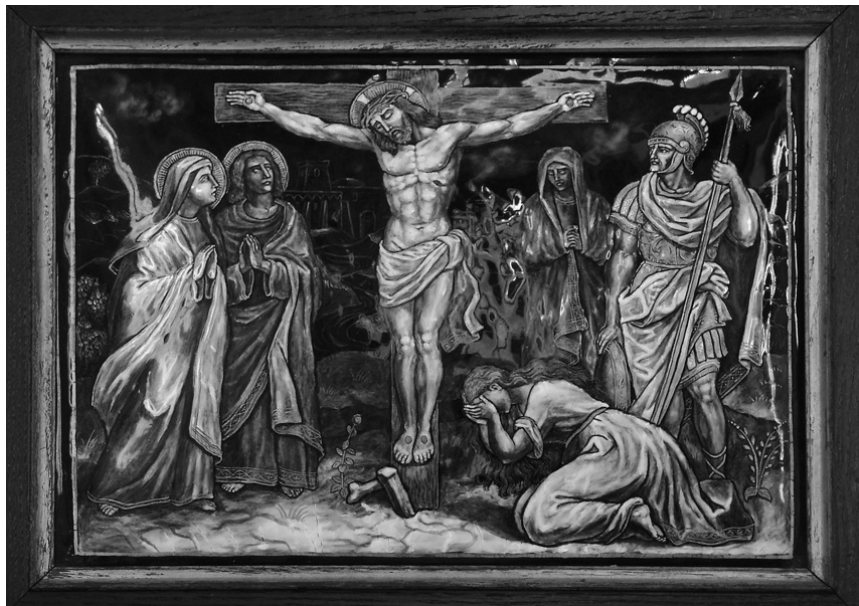
R. Have mercy on us!

Holy Mother, pierce me through!
In my heart each wound renew
Of my Savior crucified.

12th Station: Jesus dies on the Cross

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Consider how Jesus, after three hours of agony on the Cross, consumed at length with anguish, abandons Himself to the weight of His body, bows His head and dies.

All pray: O my dying Jesus, I kiss devoutly the cross on which Thou didst die for love of me. I have merited by my sins to die a miserable death, but Thy death is my hope. Ah, by the merits of Thy death, give me grace to die embracing Thy feet and burning with love for Thee. I commit my soul into Thy hands. I love Thee with my whole heart; I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Let me share with thee His pain,
Who for all our sins was slain,
Who for me in torments died.

13th Station: Jesus is taken down from the Cross

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider how, after the death of our Lord, two of His disciples, Joseph and Nicodemus, took Him down from the Cross and placed Him in the arms of His afflicted mother, who received Him with unutterable tenderness.

All pray: O Mother of Sorrow, for the love of this Son, accept me for thy servant and pray to Him for me. And Thou, my Redeemer, since Thou hast died for me, permit me to love Thee; for I wish but Thee, my Jesus and I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

Let me mingle tears with thee,
Mourning Him who mourned for me,
All the days that I may live.

14th Station: Jesus is laid in the sepulcher

V. We adore thee O Christ and we praise thee (genuflect)

R. Because by thy holy cross thou hast redeemed the world (rise)



Leader: Consider how the disciples carried the body of Jesus to bury it, accompanied by His holy mother, who arranged it in the sepulcher with her own hands. They then closed the tomb and all withdrew.

All pray: Ah, my buried Jesus, I kiss the stone that encloses Thee. But Thou didst rise again the third day. I beseech Thee, by Thy resurrection, make my soul rise to Thee in heaven at my death and make my body rise glorious at the Last Day, that I may praise Thee and love Thee forever. I love Thee and I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

V. Lord Jesus, crucified.

R. Have mercy on us!

By the cross with thee to stay,
There with thee to weep and pray,
Is all I ask of thee to give.

Return now to the high altar and say the Our Father, Hail Mary and Glory Be, five times, in honor of the Passion of Jesus Christ.

PRAYER TO JESUS CRUCIFIED

Look down upon me, good and gentle Jesus, while before Thy face I humbly kneel and with burning soul pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment; and while I contemplate with great love and tender pity Thy five wounds, pondering over them within me and calling to mind the words which David Thy prophet said of Thee, my Jesus: "They have pierced my hands and feet; they have numbered all my bones."

At the end, recite the Our Father, Hail Mary and Glory Be for the intentions of the Sovereign Pontiff (or if the See is vacant: for the intention of a future Roman Pontiff and the papacy); this will fulfill the requirements for a plenary indulgence connected to this devotion if the other requirements are also fulfilled.

STABAT MATER

At the cross her station keeping, stood the mournful Mother weeping,
Close to Jesus to the last.
Through her heart, His sorrow sharing, all His bitter anguish bearing,
Now at length the sword has passed.
Oh, how sad and sore distressed, Was that Mother highly blessed
Of the sole-begotten One!
Christ above in torment hangs, she beneath beholds the pangs
Of her dying, glorious Son.
Is there one who would not weep,whelmed in miseries so deep
Christ's dear Mother to behold?
Can the human heart refrain, from partaking in her pain,
In that Mother's pain untold?
Bruised, derided, cursed, defiled, She beheld her tender Child,
All with bloody scourges rent.
For the sins of His own nation, saw Him hang in desolation
Till His spirit forth He sent.
O thou Mother! fount of love, touch my spirit from above.
Make my heart with thine accord.
Make me feel as thou hast felt; make my soul to glow and melt
With the love of Christ, my Lord.
Holy Mother, pierce me through! In my heart each wound renew
Of my Savior crucified.
Let me share with thee His pain, who for all our sins was slain,
Who for me in torments died.
Let me mingle tears with thee, mourning Him who mourned for me,
All the days that I may live.
By the cross with thee to stay, there with thee to weep and pray,
Is all I ask of thee to give.

MEDITATIONS ON THE PASSION OF OUR SAVIOUR, JESUS CHRIST

O GOOD and gracious Jesus! who, being most high in the glory of Thy Father and equal to His Divine essence, didst vouchsafe of Thy infinite charity to be made man, to be born in a stable, to be laid in a manger, to be circumcised and to fly into Egypt; afterwards, to be baptized, to be tempted, to fast, to watch, to teach the ignorant and heal the Diseased; in Thy whole life to suffer continual afflictions and persecutions; and at length voluntarily to suffer death on the cross; and all this for me and wretches like me.

O GOOD and gracious Jesus! who, having eaten the Paschal Lamb with Thy dearly beloved disciples, didst arise from supper and gird Thyself with a towel and pour water into a basin and kneel on Thy knees and humbly wash the feet of Thy disciples and wipe them with Thine own hands.

O GOOD and gracious Jesus! who, when the time of Thy death approached, didst bequeath a most excellent legacy to Thy children, leaving us Thy most sacred body to be our meat and Thy most precious blood to be our drink. No wit can reach, nor understanding penetrate the bottomless depth of this Thy charity.

O GOOD and gracious Jesus! who, entering into the garden of Olives, didst begin to fear and to be heavy, whereupon Thou saidst to Thy disciples, "my soul is sorrowful unto death;" and then leaving them, kneeledst upon the ground and falling flat on Thy face, didst pray to Thy Father, "If it be possible, let this cup pass from me;" and yet, with perfect submission, didst wholly resign Thyself to Him, saying: "Father, not my will, but Thine be done!" and at length, through most painful agony, Thy afflicted and fainting body sweat drops of blood.

O GOOD and gracious Jesus! who, inflamed with ineffable desire to redeem me, didst go to meet Thine enemies and sufferedst Judas the traitor to kiss Thee and Thyself to be taken and bound with cords and, as a malefactor, disgracefully led by the basest of the people to Annas; where, with admirable meekness Thou receivedst a cruel stroke on Thy face, most unjustly given Thee by a vile wretch and slave.

O GOOD and gracious Jesus! who, being fast bound, was led like a notorious malefactor from Annas to the house of Caiaphas the High Priest; where the Jews most unjustly accused Thee and with barbarous insolence spit upon Thy meek and amiable face; buffeting Thy cheeks and blindfolding Thine eyes, scornfully mocking and maliciously affronting Thee with injuries all that night.

O GOOD and gracious Jesus! who, in the morning, wast brought into the presence of Pilate and with a most sweet and humble countenance, casting Thine eyes down, stoodst before him in the judgment hall; and when Thou wast most falsely calumniated by the Jews and many insults and provocations were given Thee, Thou meekly heldest Thy peace and patiently sufferedst their unjust proceedings.

O GOOD and gracious Jesus! who was sent from Pilate to Herod, who, out of vain curiosity, coveting to see some miracle at Thy hand, demanded many things of Thee and the Jews continued still their perverseness against Thee: but to all those Thy meekness replied not a word! wherefore, Herod and all his court despised Thee and putting on Thee a white garment in scorn and derision, sent Thee thus back again to Pilate. O unspeakable humility and obedience! At the will of Thy enemies, Thou wentest forth and returnedst again and wast led up and down from place to place, without gain saying, but suffering them to do whatever they would.

O GOOD and gracious Jesus! who, in the judgment hall, was stripped naked and, without any companion, most cruelly scourged. There, was Thy blessed, virginal and tender flesh cut with whips, torn with stripes, altogether mangled, deformed and made black and blue with wounds; so that the streams of Thy most precious blood ran down on every side upon the earth.

O GOOD and gracious Jesus! whom, after Thy sharp and bloody scourging, to put Thee to more shame and confusion, is also to increase Thy torments, they clothed with an old purple garment and plaiting a crown of thorns, pressed it on Thy holy head, until the sharp points pierced Thy temples and Thy most precious blood ran down and covered Thy face and neck; they gave Thee in derision a reed for Thy scepter and kneeling down before Thee in scorn, saluted Thee, saying: "All hail, King of the Jews:" then took they the reed out of Thy hand and with it struck Thy sacred head and again spat upon Thy sacred face.

O GOOD and gracious Jesus! who wast brought forth from Pilate to the Jews to be gazed on, wearing the crown of thorns and purple garment; Pilate, showing Thee to the people and saying, "Behold the Man!" but they cried out with a loud rage and insatiable malice, "Crucify Him, crucify Him."

O GOOD and gracious Jesus! who wast delivered up to the will and pleasure of the Jews, who immediately led Thee to be crucified, laying a heavy Cross upon Thy sore and bloody shoulders; thus didst Thou most humbly bear Thy own cross, whose weight pained Thee excessively; and coming to the place, all weary and breathless, Thou refusedst not to taste wine mingled with gall and myrrh which was the only relief there given Thee.

O GOOD and gracious Jesus! when Thou wast again stripped naked, then were Thy wounds, by violently pulling off Thy clothes, renewed. What bitter pains didst Thou suffer when Thou wast, with cruel nails, fastened to the cross and the joints of Thy limbs stretched as on a rack! O with what love and sweetness of charity didst Thou offer Thy hands and feet, to be bored through, whence, as from a fountain, Thy precious blood gushed out.

O GOOD and gracious Jesus! who, hanging on the cross between two thieves, wast assailed with blasphemies and after so long a continuance of Thy tortures, Thou prayedst to Thy Father to forgive them; and even when their fury was at the highest, didst Thou exercise the greatest bounty, promising paradise to the repenting thief and bequeathing Thy dearly beloved mother (who, pierced with sorrow, stood by the cross) to Thy beloved disciple John and in him to us all, to be our mother; and after Thou hadst suffered three long hours, intolerable pains and extreme thirst, they gave Thee vinegar to drink, which, when Thou hadst tasted, bowing down Thy venerable head, Thou yieldedst up Thy spirit.

O GOOD and gracious Jesus! O good Shepherd! thus Thou bestowedst Thy life for Thy sheep and even after death, still Thou wouldst suffer for us; the sacred side of Thy dead body being opened with a spear, out of which flowed water and blood: Thus, at last, ended all Thy sufferings; and Thy enemies, having satisfied their thirst after Thy bleed and being gone away, Thy disciples came and took Thy immaculate body down from the cross and reposed it upon the knees of Thy blessed mother and after all imaginable expressions of piety, reverence and love, they wrapped it up in fine linen and laid it in a new sepulcher.

THE PRAYER

O MILD and innocent Lamb of God! thus heartily Thou didst love me: these things Thou didst for me: these pains most patiently and lovingly Thou sufferedst for me! What shall I render Thee? I adore and glorify Thee I praise Thee and give Thee thanks, with all the powers of my soul, Jesus, Son of the living God, King of kings and Lord of lords! Hail, most glorious Redeemer of our souls, whose death quickens and gives life to the world.

O BLESSED Saviour, have mercy on me, for Thy goodness sake; forgive me all my sins; destroy and mortify in me whatever displeases Thee; make me one according to Thy heart and grant that, to the utmost of my power, I may most diligently imitate Thy holy life. O blessed Father of heaven! behold I offer Thee the most holy incarnation, life and passion of Thy dearly beloved Son, Jesus Christ, in full satisfaction for all my sins and the perfect amendment of my life. Grant, most merciful Father, through the merits of Thy only begotten Son, mercy and grace to the living and to the souls departed, rest and life everlasting. Amen.

NOVENA TO THE HOLY GHOST

The novena to the Holy Ghost is the oldest novena, first made at the direction of Our Lord when He sent His apostles back to Jerusalem to await the coming of the Holy Ghost on the first Pentecost. It is the only novena officially prescribed by the Church. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light, strength and love so sorely needed by every Christian and which comes only from God.

ACT OF CONSECRATION TO THE HOLY GHOST

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to Thee, Eternal Spirit of God. I adore the brightness of Thy purity, the unerring keenness of Thy justice and the might of Thy love. Thou art the Strength and Light of my soul. In Thee I live and move and am. I desire never to grieve Thee by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against Thee. Mercifully guard my every thought and grant that I may always watch for Thy light and listen to Thy voice and follow Thy gracious inspirations. I cling to Thee and give myself to Thee and ask Thee by Thy compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore Thee Adorable Spirit, helper of my infirmity, so to keep me in Thy grace that I may never sin against Thee. Give me grace O Holy Ghost, Spirit of the Father and the Son, to say to Thee always and everywhere, "speak Lord, for Thy servant heareth." Amen.

PRAYER FOR THE SEVEN GIFTS OF THE HOLY GHOST

O Lord Jesus Christ, Who, before ascending into heaven, didst promise to send the Holy Ghost to finish Thy work in the souls of Thy Apostles and disciples, deign to grant the same Holy Spirit to me, that He may perfect in my soul the work of Thy grace and Thy love. Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Thy divine truth, the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining Heaven, the Spirit of Fortitude that I may bear my cross with Thee and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, the Spirit of Fear that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord, with the sign of Thy true disciples and animate me in all things with Thy Spirit. Amen.

First Day: The Holy Ghost

Holy Spirit! Lord of light!
From Thy clear celestial height,
Thy pure beaming radiance give!

Reflection: Only one thing is important -- eternal salvation. Only one thing, therefore, is to be feared -- sin. Sin is the result of ignorance, weakness and indifference. The Holy Ghost is the Spirit of Light, of Strength and of Love. With His sevenfold gifts, He enlightens the mind, strengthens the will and inflames the heart with love of God. To ensure our salvation, we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us.

Almighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Ghost and hast given us forgiveness of all our sins, vouchsafe to send forth from heaven upon us Thy sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety and fill us with the Spirit of Holy Fear. Amen.

Our Father
Hail Mary
Seven Glorias
Act of Consecration to the Holy Ghost
Prayer for the Seven Gifts of the Holy Ghost

Second Day: The Gift of Fear

Come, Thou Father of the poor!
Come, with treasures which endure!
Come, Thou Light of all that live!

Reflection: The gift of Fear fills us with a sovereign respect for God and makes us dread nothing so much as to offend Him by Sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. "They that fear the Lord will prepare their hearts and in His sight will sanctify their souls."

Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set Thee, my Lord and God, before my face forever; help me to shun all things that can offend Thee and make me worthy to appear before the pure eyes of Thy Divine Majesty in heaven, where Thou livest and reignest in the unity of the ever Blessed Trinity, God unto ages of ages. Amen.

Our Father
Hail Mary
Seven Glorias
Act of Consecration to the Holy Ghost
Prayer for the Seven Gifts of the Holy Ghost

Third Day: The Gift of Piety

Thou, of all consolers best,
Visiting the troubled breast
Dost refreshing peace bestow

Reflection: The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service and for His sake lovingly submit to all legitimate authority. Amen.

Our Father
Hail Mary
Seven Glorias
Act of Consecration to the Holy Ghost
Prayer for the Seven Gifts of the Holy Ghost

Fourth Day: The Gift of Fortitude

Thou in toil art comfort sweet
Pleasant coolness in the heat;
Solace in the midst of woe.

Reflection: By the gift of Fortitude, the soul is strengthened against natural fear and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undertake without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

Come, O Blessed Spirit of Fortitude, uphold my soul in times of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

Our Father

Hail Mary

Seven Glorias

Act of Consecration to the Holy Ghost

Prayer for the Seven Gifts of the Holy Ghost

Fifth Day: The Gift of Knowledge

Light Immortal! Light Divine!
Visit Thou these hearts of Thine,
And our inmost being fill.

Reflection: The gift of Knowledge enables the soul to evaluate created things at their true worth -- in relation to God. Knowledge unmasks the pretense of creatures, reveals their emptiness and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

Come, O Blessed Spirit of Knowledge and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee and Thy eternal rewards. Amen.

Our Father
Hail Mary
Seven Glorias
Act of Consecration to the Holy Ghost
Prayer for the Seven Gifts of the Holy Ghost

Sixth Day: The Gift of Understanding

If Thou take Thy grace away,
Nothing pure in man will stay,
All his good is turn'd to ill.

Reflection: Understanding, as a gift of the Holy Ghost, helps us to grasp the meaning of the truths of our holy religion. By faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing and increasing in the knowledge of God."

Come, O Spirit of Understanding and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

Our Father

Hail Mary

Seven Glorias

Act of Consecration to the Holy Ghost

Prayer for the Seven Gifts of the Holy Ghost

Seventh Day: The Gift of Counsel

Heal our wounds - our strength renew;
On our dryness pour Thy dew;
Wash the stains of guilt away!

Reflection: The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all these things, pray to the Most High, that He may direct thy way in truth."

Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil and direct me by the straight path of Thy commandments to that goal of eternal life for which I long. Amen.

Our Father

Hail Mary

Seven Glorias

Act of Consecration to the Holy Ghost

Prayer for the Seven Gifts of the Holy Ghost

Eighth Day: The Gift of Wisdom

Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray!

Reflection: Embodying all the other gifts, as charity embraces all other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written "all good things came to me with her and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a divine sweetness according to the words of the Savior: "Take up thy cross and follow Me, for My yoke is sweet and My burden light."

Come, O Spirit of Wisdom and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all passing joys and satisfactions of the earth. Help me to attain them and possess them for ever. Amen.

Our Father
Hail Mary
Seven Glorias
Act of Consecration to the Holy Ghost
Prayer for the Seven Gifts of the Holy Ghost

Ninth Day: The Fruits of the Holy Ghost

Thou, on those who evermore
Thee confess and Thee adore,
In Thy sevenfold gifts, descend:
Give them comfort when they die;
Give them life with Thee on high;
Give them joy which never ends. Amen.

Reflection: The gifts of the Holy Ghost perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Ghost, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Ghost. These fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration, may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

Our Father
Hail Mary
Seven Glorias
Act of Consecration to the Holy Ghost
Prayer for the Seven Gifts of the Holy Ghost

PRAYER TO THE HOLY GHOST

Come, Holy Ghost, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created and Thou shalt renew the face of the earth. Oh God Who didst instruct the hearts of the faithful by the light of the Holy Ghost, grant us in the same Spirit to be truly wise and to ever rejoice in His consolations, through Jesus Christ Our Lord. Amen.

LITANY OF THE HOLY GHOST

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.

Father all powerful, *have mercy on us*
Jesus, Eternal Son of the Father, Redeemer of the world, *save us.*
Spirit of the Father and the Son, boundless life of both, *sanctify us.*
Holy Trinity, *hear us*

Holy Ghost, Who proceedest from the Father and the Son, *enter our hearts.*
Holy Ghost, Who art equal to the Father and the Son, *enter our hearts.*

Promise of God the Father, *have mercy on us.*
Ray of heavenly light, *have mercy on us*
Author of all good, *have mercy on us*
Source of heavenly water, *have mercy on us*
Consuming fire, *have mercy on us*
Ardent charity, *have mercy on us*
Spiritual unction, *have mercy on us*
Spirit of love and truth, *have mercy on us*
Spirit of wisdom and understanding, *have mercy on us*
Spirit of counsel and fortitude, *have mercy on us*
Spirit of knowledge and piety, *have mercy on us*
Spirit of the fear of the Lord, *have mercy on us*
Spirit of grace and prayer, *have mercy on us*
Spirit of peace and meekness, *have mercy on us*
Spirit of modesty and innocence, *have mercy on us*
Holy Ghost, the Comforter, *have mercy on us*
Holy Ghost, the Sanctifier, *have mercy on us*
Holy Ghost, Who governest the Church, *have mercy on us*
Gift of God, the Most High, *have mercy on us*
Spirit Who fillest the universe, *have mercy on us*
Spirit of the adoption of the children of God, *have mercy on us*

Holy Ghost, *inspire us with horror of sin.*
Holy Ghost, *come and renew the face of the earth.*
Holy Ghost, *shed Thy light in our souls.*
Holy Ghost, *engrave Thy law in our hearts*
Holy Ghost, *inflame us with the flame of Thy love.*
Holy Ghost, *open to us the treasures of Thy graces*
Holy Ghost, *teach us to pray well.*
Holy Ghost, *enlighten us with Thy heavenly inspirations.*
Holy Ghost, *lead us in the way of salvation*
Holy Ghost, *grant us the only necessary knowledge.*
Holy Ghost, *inspire in us the practice of good.*

Holy Ghost, *grant us the merits of all virtues.*
Holy Ghost, *make us persevere in justice.*
Holy Ghost, *be Thou our everlasting reward.*

Lamb of God, Who takest away the sins of the world, *Send us Thy Holy Ghost.*

Lamb of God, Who takest away the sins of the world, *pour down into our souls the gifts of the Holy Ghost.*

Lamb of God, Who takest away the sins of the world, *grant us the Spirit of wisdom and piety.*

V. Come, Holy Ghost! Fill the hearts of Thy faithful,
R. And enkindle in them the fire of Thy love.

Let Us Pray. Grant, O merciful Father, that Thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through Our Lord Jesus Christ, Thy Son, Who with Thee, in the unity of the same Spirit, liveth and reigneth forever and ever.

R. Amen.

**LITANY OF THE BLESSED VIRGIN MARY
(LITANY OF LORETO)**

Lord, have mercy on us
Christ have mercy on us.

Lord, have mercy on us, Christ hear us.
Christ, graciously hear us.

God the Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us*
God the Holy Ghost, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us*
Holy Mother of God, *pray for us.*
Holy Virgin of virgins, *pray for us.*
Mother of Christ, *pray for us.*
Mother of Divine grace, *pray for us.*
Mother most pure, *pray for us.*
Mother most chaste, *pray for us.*
Mother inviolate, *pray for us.*
Mother undefiled, *pray for us.*
Mother most amiable, *pray for us.*
Mother most admirable, *pray for us.*
Mother of good counsel, *pray for us.*
Mother of our Creator, *pray for us.*
Mother of our Saviour, *pray for us.*
Mother of the Church, *pray for us.*
Virgin most prudent, *pray for us.*
Virgin most venerable, *pray for us.*
Virgin most renowned, *pray for us.*
Virgin most powerful, *pray for us.*
Virgin most merciful, *pray for us.*
Virgin most faithful, *pray for us.*
Preparation for Consecration, *pray for us.*
Mirror of justice, *pray for us.*
Seat of wisdom, *pray for us.*
Cause of our joy, *pray for us.*
Vessel of honor, *pray for us.*
Singular vessel of devotion, *pray for us.*
Mystical rose, *pray for us.*
Tower of David, *pray for us.*
Tower of ivory, *pray for us.*
House of gold, *pray for us.*
Ark of the covenant, *pray for us.*
Gate of Heaven, *pray for us.*
Morning star, *pray for us.*

Health of the sick, *pray for us.*
Refuge of sinners, *pray for us.*
Comforter of the afflicted, *pray for us.*
Help of Christians, *pray for us.*
Queen of angels, *pray for us.*
Queen of patriarchs, *pray for us.*
Queen of prophets, *pray for us.*
Queen of Apostles, *pray for us.*
Queen of martyrs, *pray for us.*
Queen of confessors, *pray for us.*
Queen of virgins, *pray for us.*
Queen of all saints, *pray for us.*
Queen conceived without Original Sin, *pray for us.*
Queen assumed into Heaven, *pray for us.*
Queen of the most holy Rosary, *pray for us.*

Lamb of God, Who takest away the sins of the world, *Spare us, O Lord.*
Lamb of God, Who takest away the sins of the world, *Graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of the world, *Have mercy on us.*

V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the promises of Christ.

Let Us Pray. Grant, we beseech Thee, O Lord God, unto us Thy servants, that we may rejoice in continual health of mind and body and by the glorious intercession of Blessed Mary, ever virgin, may be delivered from present sadness and enter into the joy of Thine eternal gladness. Through Christ Our Lord.

R. Amen

LITANY OF THE MOST HOLY NAME OF JESUS

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Jesus, hear us.

Jesus, graciously hear us.

God the Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Ghost, *have mercy on us.*

Holy Trinity, One God, have mercy on us.

Jesus, Son of the living God, *have mercy on us.*

Jesus, splendor of the Father, have mercy on us.

Jesus, brightness of eternal light, *have mercy on us.*

Jesus, King of glory, *have mercy on us.*

Jesus, sun of justice, *have mercy on us.*

Jesus, Son of the Virgin Mary, *have mercy on us.*

Jesus, most amiable, *have mercy on us.*

Jesus, most admirable, *have mercy on us.*

Jesus, mighty God, *have mercy on us.*

Jesus, Father of the world to come, *have mercy on us.*

Jesus, angel of great counsel, *have mercy on us.*

Jesus, most powerful, *have mercy on us.*

Jesus, most patient, *have mercy on us.*

Jesus, most obedient, *have mercy on us.*

Jesus, meek and humble, *have mercy on us.*

Jesus, lover of chastity, *have mercy on us.*

Jesus, lover of us, *have mercy on us.*

Jesus, God of peace, *have mercy on us.*

Jesus, author of life, *have mercy on us.*

Jesus, model of virtues, *have mercy on us.*

Jesus, lover of souls, *have mercy on us.*

Jesus, our God, *have mercy on us.*

Jesus, our refuge, *have mercy on us.*

Jesus, Father of the poor, *have mercy on us.*

Jesus, treasure of the faithful, *have mercy on us.*

Jesus, Good Shepherd, *have mercy on us.*

Jesus, true light, *have mercy on us.*

Jesus, eternal wisdom, *have mercy on us.*

Jesus, infinite goodness, *have mercy on us.*

Jesus, our way and our life, *have mercy on us.*

Jesus, joy of angels, *have mercy on us.*

Jesus, King of patriarchs, *have mercy on us.*

Jesus, master of Apostles, *have mercy on us.*

Jesus, teacher of Evangelists, *have mercy on us.*

Jesus, strength of martyrs, *have mercy on us.*

Jesus, light of confessors, *have mercy on us.*
Jesus, purity of virgins, *have mercy on us.*
Jesus, crown of all saints, *have mercy on us.*

Be merciful, *spare us, O Jesus.*
Be merciful, *graciously hear us, O Jesus.*

From all evil, *Jesus, deliver us.*
From all sin, *Jesus, deliver us.*
From Thy wrath, *Jesus, deliver us.*
From the snares of the devil, *Jesus, deliver us.*
From the spirit of fornication, *Jesus, deliver us.*
From everlasting death, *Jesus, deliver us.*
From the neglect of Thine inspirations, *Jesus, deliver us.*

Through the mystery of Thy holy Incarnation, *Jesus, deliver us.*
Through Thy nativity, *Jesus, deliver us.*
Through Thine infancy, *Jesus, deliver us.*
Through Thy most Divine life, *Jesus, deliver us.*
Through Thy labors, *Jesus, deliver us.*
Through Thine agony and Passion, *Jesus, deliver us.*
Through Thy cross and dereliction, *Jesus, deliver us.*
Through Thy sufferings, *Jesus, deliver us.*
Through Thy death and burial, *Jesus, deliver us.*
Through Thy Resurrection, *Jesus, deliver us.*
Through Thine Ascension, *Jesus, deliver us.*
Through Thine institution of the most Holy Eucharist, *Jesus, deliver us.*
Through Thy joys, *Jesus, deliver us.*
Through Thy glory, *Jesus, deliver us.*

Lamb of God, Who takest away the sins of the world, *Spare us, O Jesus.*
Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Jesus.
Lamb of God, Who takest away the sins of the world, *Have mercy on us.*
Jesus, hear us, *Jesus, graciously hear us.*

Let Us Pray. O Lord Jesus Christ, Who hast said: Ask and ye shall receive, seek and ye shall find, knock and it shall be opened unto you; grant, we beseech Thee, to us who ask the gift of Thy Divine love, that we may ever love Thee with all our hearts and in all our words and actions and never cease from praising Thee.

Give us, O Lord, a perpetual fear and love of Thy holy Name; for Thou never failest to govern those whom Thou dost solidly establish in Thy love, Who livest and reignest unto ages of ages.

R. Amen.

LOUIS DE MONTFORT'S PRAYER TO MARY

Hail Mary, beloved Daughter of the Eternal Father! Hail Mary, admirable Mother of the Son! Hail Mary, faithful spouse of the Holy Ghost! Hail Mary, my dear Mother, my loving Mistress, my powerful sovereign! Hail my joy, my glory, my heart and my soul! Thou art all mine by mercy and I am all thine by justice. But I am not yet sufficiently thine. I now give myself wholly to thee without keeping anything back for myself or others. If thou still seest in me anything which does not belong to thee, I beseech thee to take it and to make thyself the absolute Mistress of all that is mine. Destroy in me all that may be displeasing to God, root it up and bring it to naught; place and cultivate in me everything that is pleasing to thee.

May the light of thy faith dispel the darkness of my mind; may thy profound humility take the place of my pride; may thy sublime contemplation check the distractions of my wandering imagination; may thy continuous sight of God fill my memory with His presence; may the burning love of thy heart inflame the lukewarmness of mine; may thy virtues take the place of my sins; may thy merits be my only adornment in the sight of God and make up for all that is wanting in me.

Finally, dearly beloved Mother, grant, if it be possible, that I may have no other spirit but thine to know Jesus and His Divine will; that I may have no other soul but thine to praise and glorify the Lord; that I may have no other heart but thine to love God with a love as pure and ardent as thine I do not ask thee for visions, revelations, sensible devotion or spiritual pleasures. It is thy privilege to see God clearly; it is thy privilege to enjoy heavenly bliss; it is thy privilege to triumph gloriously in Heaven at the right hand of thy Son and to hold absolute sway over angels, men and demons; it is thy privilege to dispose of all the gifts of God, just as thou wilt.

Such is, O heavenly Mary, the "best part," which the Lord has given thee and which shall never be taken away from thee-and this thought fills my heart with joy. As for my part here below, I wish for no other than that which was thine: to believe sincerely without spiritual pleasures; to suffer joyfully without human consolation; to die continually to myself without respite; and to work zealously and unselfishly for thee until death as the humblest of thy servants. The only grace I beg thee to obtain for me is that every day and every moment of my life I may say: Amen, so be it's all that thou didst do while on earth; Amen, so be it's all that thou art now doing in Heaven; Amen, so be it-to all that thou art doing in my soul, so that thou alone mayest fully glorify Jesus in me for time and eternity. Amen.

LOUIS DE MONTFORT'S PRAYER TO JESUS

O most loving Jesus, deign to let me pour forth my gratitude before Thee, for the grace Thou hast bestowed upon me in giving me to Thy holy Mother through the devotion of Holy Bondage, that she may be my advocate in the presence of Thy majesty and my support in my extreme misery. Alas, O Lord! I am so wretched that without this dear Mother I should be certainly lost. Yes, Mary is necessary for me at Thy side and everywhere: that she may appease Thy just wrath, because I have so often offended Thee; that she may save me from the eternal punishment of Thy justice, which I deserve; that she may contemplate Thee, speak to Thee, pray to Thee, approach Thee and please Thee; that she may help me to save my soul and the souls of others; in short, Mary is necessary for me that I may always do Thy holy will and seek Thy greater glory in all things.

Ah, would that I could proclaim throughout the whole world the mercy that Thou hast shown to me! Would that everyone might know I should be already damned, were it not for Mary! Would that I might offer worthy thanksgiving for so great a blessing! Mary is in me. Oh, what a treasure! Oh, what a consolation! And shall I not be entirely hers? Oh, what ingratitude! My dear Saviour, send me death rather than such a calamity, for I would rather die than live without belonging entirely to Mary.

With St. John the Evangelist at the foot of the Cross, I have taken her a thousand times for my own and as many times have given myself to her; but if I have not yet done it as Thou, dear Jesus, dost wish, I now renew this offering as Thou dost desire me to renew it. And if Thou seest in my soul or my body anything that does not belong to this august princess, I pray Thee to take it and cast it far from me, for whatever in me does not belong to Mary is unworthy of Thee.

O Holy Spirit, grant me all these graces. Plant in my soul the Tree of true Life, which is Mary; cultivate it and tend it so that it may grow and blossom and bring forth the fruit of life in abundance. O Holy Spirit, give me great devotion to Mary, Thy faithful spouse; give me great confidence in her maternal heart and an abiding refuge in her mercy, so that by her Thou mayest truly form in me Jesus Christ, great and mighty, unto the fullness of His perfect age. Amen.

PROVERBS

Chapter 1

The parables of Solomon, the son of David, king of Israel. To know wisdom and instruction: To understand the words of prudence: and to receive the instruction of doctrine, justice and judgment and equity: To give subtilty to little ones, to the young man knowledge and understanding. A wise man shall hear and shall be wiser: and he that understandeth, shall possess governments.

He shall understand a parable and the interpretation, the words of the wise and their mysterious sayings. The fear of the Lord is the beginning of wisdom. Fools despise wisdom and instruction. My son, hear the instruction of thy father and forsake not the law of thy mother: That grace may be added to thy head and a chain of gold to thy neck. My son, if sinners shall entice thee, consent not to them.

If they shall say: Come with us, let us lie in wait for blood, let us hide snares for the innocent without cause: Let us swallow him up alive like hell and whole as one that goeth down into the pit. We shall find all precious substance, we shall fill our houses with spoils. Cast in thy lot with us, let us all have one purse. My son, walk not thou with them, restrain thy foot from their paths.

For their feet run to evil and make haste to shed blood. But a net is spread in vain before the eyes of them that have wings. And they themselves lie in wait for their own blood and practise deceits against their own souls. So the wage of every covetous man destroy the souls of the possessors. Wisdom preacheth abroad, she uttereth her voice in the streets:

At the head of multitudes she crieth out, in the entrance of the gates of the city she uttereth her words, saying: O children, how long will you love childishness and fools covet those things which are hurtful to themselves and the unwise hate knowledge? Turn ye at my reproof: behold I will utter my spirit to you and will show you my words. Because I called and you refused: I stretched out my hand and there was none that regarded. You have despised all my counsel and have neglected my reprehensions.

I also will laugh in your destruction and will mock when that shall come to you which you feared. When sudden calamity shall fall on you and destruction, as a tempest, shall be at hand: when tribulation and distress shall come upon you: Then shall they call upon me and I will not hear: they shall rise in the morning and shall not find me: Because they have hated instruction and received not the fear of the Lord, Nor consented to my counsel, but despised all my reproof.

Therefore they shall eat the fruit of their own way and shall be filled with their own devices. The turning away of little ones shall kill them and the

prosperity of fools shall destroy them. But he that shall hear me, shall rest without terror and shall enjoy abundance, without fear of evils.

Chapter 2

My son, if thou wilt receive my words and wilt hide my commandments with thee, That thy ear may hearken to wisdom: Incline thy heart to know prudence: For if thou shalt call for wisdom and incline thy heart to prudence: If thou shalt seek her as money and shalt dig for her as for a treasure: Then shalt thou understand the fear of the Lord and shalt find the knowledge of God.

Because the Lord giveth wisdom: and out of his mouth cometh prudence and knowledge. He will keep the salvation of the righteous and protect them that walk in simplicity. Keeping the paths of justice and guarding the ways of saints. Then shalt thou understand justice and judgment and equity and every good path. If wisdom shall enter into thy heart and knowledge please thy soul:

Counsel shall keep thee and prudence shall preserve thee, That thou mayst be delivered from the evil way and from the man that speaketh perverse things: Who leave the right way and walk by dark ways: Who are glad when they have done evil and rejoice in most wicked things: Whose ways are perverse and their steps infamous.

That thou mayst be delivered from the strange women and from the stranger, who softeneth her words: And forsaketh the guide of her youth, And hath forgotten the covenant of her God: for her house inclineth unto death and her paths to hell. None that go in unto her shall return again, neither shall they take hold of the paths of life, That thou mayst walk in a good way: and mayst keep the paths of the just.

For they that are upright shall dwell in the earth and the simple shall continue in it. But the wicked shall be destroyed from the earth: and they that do unjustly shall be taken away from it.

Chapter 3

My son, forget not my law and let thy heart keep my commandments. For they shall add to thee length of days and years of life and peace. Let not mercy and truth leave thee, put them about thy neck and write them in the tables of thy heart: And thou shalt find grace and good understanding before God and men. Have confidence in the Lord with all thy heart and lean not upon thy own prudence.

In all thy ways think on him and he will direct thy steps. Be not wise in thy own conceit: fear God and depart from evil: For it shall be health to thy navel and moistening to thy bones. Honour the Lord with thy substance and

give him of the first of all thy fruits: And thy barns shall be filled with abundance and thy presses shall run over with wine.

My son, reject not the correction of the Lord: and do not faint when thou art chastised by him: For whom the Lord loveth, he chastiseth: and as a father in the son he pleaseth himself. Blessed is the man that findeth wisdom and is rich in prudence: The purchasing thereof is better than the merchandise of silver and her fruit than the chiefest and purest gold: She is more precious than all riches: and all the things that are desired, are not to be compared with her.

Length of days is in her right hand and in her left hand riches and glory. Her ways are beautiful ways and all her paths are peaceable. She is a tree of life to them that lay hold on her: and he that shall retain her is blessed. The Lord by wisdom hath founded the earth, hath established the heavens by prudence. By his wisdom the depths have broken out and the clouds grow thick with dew.

My son, let not these things depart from thy eyes: keep the law and counsel: And there shall be life to thy soul and grace to thy mouth. Then shalt thou walk confidently in thy way and thy foot shall not stumble: If thou sleep, thou shalt not fear: thou shalt rest and thy sleep shall be sweet. Be not afraid of sudden fear, nor of the power of the wicked falling upon thee.

For the Lord will be at thy side and will keep thy foot that thou be not taken. Do not withhold him from doing good, who is able: if thou art able, do good thyself also. Say not to thy friend: Go and come again: and tomorrow I will give to thee: when thou canst give at present. Practise not evil against thy friend, when he hath confidence in thee. Strive not against a man without cause, when he hath done thee no evil.

Envy not the unjust man and do not follow his ways: For every mocker is an abomination to the Lord and his communication is with the simple. Want is from the Lord in the house of the wicked: but the habitations of the just shall be blessed. He shall scorn the scorners and to the meek he will give grace. The wise shall possess glory: the promotion of fools is disgrace.

Chapter 4

Hear, ye children, the instruction of a father and attend that you may know prudence. I will give you a good gift, forsake not my law. For I also was my father's son, tender and as an only son in the sight of my mother: And he taught me and said: Let thy heart receive my words, keep my commandments and thou shalt live. Get wisdom, get prudence: forget not, neither decline from the words of my mouth.

Forsake her not and she shall keep thee: love her and she shall preserve thee. The beginning of wisdom, get wisdom and with all thy possession purchase prudence. Take hold on her and she shall exalt thee: thou shalt be

glorified by her, when thou shalt embrace her. She shall give to thy head increase of graces and protect thee with a noble crown. Hear, O my son and receive my words, that years of life may be multiplied to thee.

I will show thee the way of wisdom, I will lead thee by the paths of equity: Which when thou shalt have entered, thy steps shall not be straitened and when thou runnest thou shalt not meet a stumblingblock. Take hold on instruction, leave it not: keep it, because it is thy life. Be not delighted in the paths of the wicked, neither let the way of evil men please thee. Flee from it, pass not by it: go aside and forsake it.

For they sleep not except they have done evil: and their sleep is taken away unless they have made some to fall. They eat the bread of wickedness and drink the wine of iniquity. But the path of the just, as a shining light, goeth forwards and increaseth even to perfect day. The way of the wicked is darksome: they know not where they fall. My son, hearken to my words and incline thy ear to my sayings.

Let them not depart from thy eyes, keep them in the midst of thy heart: For they are life to those that find them and health to all flesh. With all watchfulness keep thy heart, because life issueth out from it. Remove from thee a froward mouth and let detracting lips be far from thee. Let thy eyes look straight on and let thy eyelids go before thy steps.

Make straight the path for thy feet and all thy ways shall be established. Decline not to the right hand, nor to the left: turn away thy foot from evil. For the Lord knoweth the ways that are on the right hand: but those are perverse which are on the left hand. But he will make thy courses straight, he will bring forward thy ways in peace.

Chapter 5

My son, attend to my wisdom and incline thy ear to my prudence. That thou mayst keep thoughts and thy lips may preserve instruction. Mind not the deceit of a woman. For the lips of a harlot are like a honeycomb dropping and her throat is smoother than oil. But her end is bitter as wormwood and sharp as a two-edged sword. Her feet go down into death and her steps go in as far as hell.

They walk not by the path of life, her steps are wandering and unaccountable. Now therefore, my son, hear me and depart not from the words of my mouth. Remove thy way far from her and come not nigh the doors of her house. Give not thy honour to strangers and thy years to the cruel. Lest strangers be filled with thy strength and thy labours be in another man's house,

And thou mourn it the last, when thou shalt have spent thy flesh and thy body and say: Why have I hated instruction and my heart consented not to reproof, And have not heard the voice of them that taught me and have not

inclined my ear to masters? I have almost been in all evil, in the midst of the church and of the congregation. Drink water out of thy own cistern and the streams of thy own well:

Let thy fountains be conveyed abroad and in the streets divide thy waters. Keep them to thyself alone, neither let strangers be partakers with thee. Let thy vein be blessed and rejoice with the wife of thy youth: Let her be thy dearest hind and most agreeable fawn: let her breasts inebriate thee at all times; he thou delighted continually with her love. Why art thou seduced, my son, by a strange woman and art cherished in the bosom of another?

The Lord beholdeth the ways of man and considereth all his steps. His own iniquities catch the wicked and he is fast bound with the ropes of his own sins. He shall die, because he hath not received instruction and in the multitude of his folly he shall be deceived.

Chapter 6

My son, if thou be surety for thy friend, thou hast engaged fast thy hand to a stranger. Thou art ensnared with the words of thy mouth and caught with thy own words. Do therefore, my son, what I say and deliver thyself: because thou art fallen into the hand of thy neighbour. Run about, make haste, stir up thy friend: Give not sleep to thy eyes, neither let thy eyelids slumber. Deliver thyself as a doe from the hand and as a bird from the hand of the fowler.

Go to the ant, O sluggard and consider her ways and learn wisdom: Which, although she hath no guide, nor master, nor captain, Provideth her meat for herself in the summer and gathereth her food in the harvest. How long wilt thou sleep, O sluggard? when wilt thou rise out of thy sleep? Thou wilt sleep a little, thou wilt slumber a little, thou wilt fold thy hands a little to sleep:

And want shall come upon thee, as a traveller and poverty as a man armed. But if thou be diligent, thy harvest shall come as a fountain and want shall flee far from thee. A man that is an apostate, an unprofitable man, walketh with a perverse mouth, He winketh with the eyes, presseth with the foot, speaketh with the finger. With a wicked heart he deviseth evil and at all times he soweth discord. To such a one his destruction shall presently come and he shall suddenly be destroyed and shall no longer have any remedy.

Six things there are, which the Lord hateth and the seventh his soul detesteth: Haughty eyes, a lying tongue, hands that shed innocent blood, A heart that deviseth wicked plots, feet that are swift to run into mischief, A deceitful witness that uttereth lies and him that soweth discord among brethren. My son, keep the commandments of thy father and forsake not the law of thy mother.

Bind them in thy heart continually and put them about thy neck. When thou walkest, let them go with thee: when thou sleepest, let them keep thee; and when thou awakest, talk with them. Because the commandment is a lamp and the law a light and reproofs of instruction are the way of life: That they may keep thee from the evil woman and from the flattering tongue of the stranger. Let not thy heart covet her beauty, be not caught with her winks:

For the price of a harlot is scarce one loaf: but the woman catcheth the precious soul of a man. Can a man hide fire in his bosom and his garments not burn? Or can he walk upon hot coals and his feet not be burnt? So he that goeth in to his neighbour's wife, shall not be clean when he shall touch her. The fault is not so great when a man hath stolen: for he stealeth to fill his hungry soul:

And if he be taken he shall restore sevenfold and shall give up all the substance of his house. But he that is an adulterer, for the folly of his heart shall destroy his own soul: He gathereth to himself shame and dishonour and his reproach shall not be blotted out: Because the jealousy and rage of the husband will not spare in the day of revenge, Nor will he yield to any man's prayers, nor will he accept for satisfaction ever so many gifts.

Chapter 7

My son, keep my words and lay up my precepts with thee. Son, Keep my commandments and thou shalt live: and my law as the apple of thy eye: Bind it upon thy fingers, write it upon the tables of thy heart. Say to wisdom: Thou art my sister: and call prudence thy friend, That she may keep thee from the woman that is not thine and from the stranger who sweeteneth her words.

For I look out of the window of my house through the lattice, And I see little ones, I behold a foolish young man, Who passeth through the street by the corner and goeth nigh the way of her house. In the dark, when it grows late, in the darkness and obscurity of the night, And behold a woman meeteth him in harlot's attire prepared to deceive souls; talkative and wandering,

Not bearing to be quiet, not able to abide still at home, Now abroad, now in the streets, now lying in wait near the corners. And catching the young man, she kisseth him and with an impudent face, flattereth, saying: I vowed victims for prosperity, this day I have paid my vows. Therefore I am come out to meet thee, desirous to see thee and I have found thee.

I have woven my bed with cords, I have covered it with painted tapestry, brought from Egypt. I have perfumed my bed with myrrh, aloes and cinnamon. Come, let us be inebriated with the breasts and let us enjoy the desired embraces, till the day appear. For my husband is not at home, he is

gone a very long journey. He took with him a bag of money: he will return home the day of the full moon.

She entangled him with many words and drew him away with the flattery of her lips. Immediately he followeth her as an ox led to be a victim and as a lamb playing the wanton and not knowing that he is drawn like a fool to bonds, Till the arrow pierce his liver: as if a bird should make haste to the snare and knoweth not that his life is in danger. Now therefore, my son, hear me and attend to the words of my mouth. Let not thy mind be drawn away in her ways: neither be thou deceived with her paths.

For she hath cast down many wounded and the strongest have been slain by her. Her house is the way to hell, reaching even to the inner chambers of death.

Chapter 8

Doth not wisdom cry aloud and prudence put forth her voice? Standing in the top of the highest places by the way, in the midst of the paths. Beside the gates of the city, in the very doors she speaketh, saying: O ye men, to you I call and my voice is to the sons of men. O little ones, understand subtilty and ye unwise, take notice.

Hear, for I will speak of great things: and my lips shall be opened to preach right things. My mouth shall meditate truth and my lips shall hate wickedness. All my words are just, there is nothing wicked nor perverse in them. They are right to them that understand and just to them that find knowledge. Receive my instruction and not money: choose knowledge rather than gold.

For wisdom is better than all the most precious things: and whatsoever may be desired cannot be compared to it. I wisdom dwell in counsel and am present in learned thoughts. The fear of the Lord hateth evil: I hate arrogance and pride and every wicked way and a mouth with a double tongue. Counsel and equity is mine, prudence is mine, strength is mine. By me kings reign and lawgivers decree just things,

By me princes rule and the mighty decree justice. I love them that love me: and they that in the morning early watch for me, shall find me. With me are riches and glory, glorious riches and justice. For my fruit is better than gold and the precious stone and my blossoms than choice silver. I walk in the way of justice, in the midst of the paths of judgment,

That I may enrich them that love me and may fill their treasures. The Lord possessed me in the beginning of his ways, before he made any thing from the beginning. I was set up from eternity and of old before the earth was made. The depths were not as yet and I was already conceived. neither had the fountains of waters as yet sprung out: The mountains with their huge bulk had not as yet been established: before the hills I was brought forth:

He had not yet made the earth, nor the rivers, nor the poles of the world. When he prepared the heavens, I was present: when with a certain law and compass he enclosed the depths: When he established the sky above and poised the fountains of waters: When he compassed the sea with its bounds and set a law to the waters that they should not pass their limits: when he balanced the foundations of the earth; I was with him forming all things: and was delighted every day, playing before him at all times;

Playing in the world: and my delights were to be with the children of men. Now therefore, ye children, hear me: Blessed are they that keep my ways. Hear instruction and be wise and refuse it not. Blessed is the man that heareth me and that watcheth daily at my gates and waiteth at the posts of my doors. He that shall find me, shall find life and shall have salvation from the Lord:

But he that shall sin against me, shall hurt his own soul. All that hate me love death.

Chapter 9

Wisdom hath built herself a house, she hath hewn her out seven pillars. She hath slain her victims, mingled her wine and set forth her table. She hath sent her maids to invite to the tower and to the walls of the city: Whosoever is a little one, let him come to me. And to the unwise she said: Come, eat my bread and drink the wine which I have mingled for you.

Forsake childishness and live and walk by the ways of prudence. He that teacheth a scorner, doth an injury to himself: and he that rebuketh a wicked man, getteth himself a blot. Rebuke not a scorner lest he hate thee. Rebuke a wise man and he will love thee. Give an occasion to a wise man and wisdom shall be added to him. Teach a just man and he shall make haste to receive it. The fear of the Lord is the beginning of wisdom: and the knowledge of the holy is prudence.

For by me shall thy days be multiplied and years of life shall be added to thee. If thou be wise, thou shalt be so to thyself: and if a scorner, thou alone shalt bear the evil. A foolish woman and clamorous and full of allurements and knowing nothing at all, Sat at the door of her house, upon a seat, in a high place of the city, To call them that pass by the way and go on their journey:

He that is a little one, let him turn to me. And to the fool she said: Stolen waters are sweeter and hid den bread is more pleasant. And he did not know that giants are there and that her guests are in the depths of hell.

Chapter 10

A wise son maketh the father glad: but a foolish son is the sorrow of his mother. Treasures of wickedness shall profit nothing: but justice shall

deliver from death. The Lord will not afflict the soul of the just with famine and he will disappoint the deceitful practices of the wicked. The slothful hand hath wrought poverty: but the hand of the industrious getteth riches. He that trusteth to lies feedeth the winds: and the same runneth after birds that fly away. He that gathered in the harvest is a wise son: but he that snorteth in the summer, is the son of confusion.

The blessing of the Lord is upon the head of the just: but iniquity covereth the mouth of the wicked. The memory of the just is with praises: and the name of the wicked shall rot. The wise of heart receiveth precepts: a fool is beaten with lips. He that walketh sincerely, walketh confidently: but he that perverteth his ways, shall be manifest. He that winketh with the eye shall cause sorrow: and the foolish in lips shall be beaten.

The mouth of the just is a vein of life: and the mouth of the wicked covereth iniquity. Hatred stirreth up strifes: and charity covereth all sins. In the lips of the wise is wisdom found: and a rod on the back of him that wanteth sense. Wise men lay up knowledge: but the mouth of the fool is next to confusion. The substance of a rich man is the city of his strength: the fear of the poor is their poverty.

The work of the just is unto life: but the fruit of the wicked, unto sin. The way of life, to him that observeth correction: but he that forsaketh reproofs goeth astray. Lying lips hide hatred: he that uttereth reproach is foolish. In the multitude of words there shall not want sin: but he that refraineth his lips is most wise. The tongue of the just is as choice silver: but the heart of the wicked is nothing worth.

The lips of the just teach many: but they that are ignorant, shall die in the want of understanding. The blessing of the Lord maketh men rich: neither shall affliction be joined to them. A fool worketh mischief as it were for sport: but wisdom is prudence to a man. That which the wicked feareth, shall come upon him: to the just their desire shall be given. As a tempest that passeth, so the wicked shall be no more: but the just is as an everlasting foundation.

As vinegar to the teeth and smoke to the eyes, so is the sluggard to them that sent him. The fear of the Lord shall prolong days: and the years of the wicked shall be shortened. The expectation of the just is joy; but the hope of the wicked shall perish. The strength of the upright is the way of the Lord: and fear to them that work evil. The just shall never be moved: but the wicked shall not dwell on the earth.

The mouth of the just shall bring forth wisdom: the tongue of the perverse shall perish. The lips of the just consider what is acceptable: and the mouth of the wicked uttereth perverse things.

Chapter 11

A deceitful balance is an abomination before the Lord: and a just weight is his will. Where pride is, there also shall be reproach: but where humility is, there also is wisdom. The simplicity of the just shall guide them: and the deceitfulness of the wicked shall destroy them. Riches shall not profit in the day of revenge: but justice shall deliver from death. The justice of the upright shall make his way prosperous: and the wicked man shall fall by his own wickedness.

The justice of the righteous shall deliver them: and the unjust shall be caught in their own snares. When the wicked man is dead, there shall be no hope any more: and the expectation of the solicitous shall perish. The just is delivered out of distress: and the wicked shall be given up for him. The dissembler with his mouth deceiveth his friend: but the just shall be delivered by knowledge. When it goeth well with the just the city shall rejoice: and when the wicked perish there shall be praise.

By the blessing of the just the city shall be exalted: and by the mouth of the wicked it shall be overthrown. He that despiseth his friend, is mean of heart: but the wise man will hold his peace. He that walketh deceitfully, revealeth secrets: but he that is faithful, concealeth the thing committed to him by his friend. Where there is no governor, the people shall fall: but there is safety where there is much counsel. He shall be afflicted with evil, that is surety for a stranger: but he that is aware of the snares, shall be secure.

A gracious woman shall find glory: and the strong shall have riches. A merciful man doth good to his own soul: but he that is cruel casteth off even his own kindred. The wicked maketh an unsteady work: but to him that soweth justice, there is a faithful reward. Clemency prepareth life: and the pursuing of evil things, death. A perverse heart is abominable to the Lord: and his will is in them that walk sincerely.

Hand in hand the evil man shall not be innocent: but the seed of the just shall be saved. A golden ring in a swine's snout, a woman fair and foolish. The desire of the just is all good: the expectation of the wicked is indignation. Some distribute their own goods and grow richer: others take away what is not their own and are always in want. The soul which blesseth, shall be made fat: and he that inebriateth, shall be inebriated also himself.

He that hideth up corn, shall be cursed among the people: but a blessing upon the head of them that sell. Well doth he rise early who seeketh good things; but he that seeketh after evil things shall be oppressed by them. He that trusteth in his riches shall fall: but the just shall spring up as a green leaf. He that troubleth his own house, shall inherit the winds: and the fool shall serve the wise. The fruit of the just man is a tree of life: and he that gaineth souls, is wise.

If the just man receive in the earth, how much more the wicked and the sinner.

Chapter 12

He that loveth correction, loveth knowledge: but he that hateth reproof is foolish. He that is good, shall draw grace from the Lord: but he that trusteth in his own devices doth wickedly. Men shall not be strengthened by wickedness: and the root of the just shall not be moved. A diligent woman is a crown to her husband: and she that doth things worthy of confusion, is a rottenness in his bones. The thoughts of the just are judgments: and the counsels of the wicked are deceitful.

The words of the wicked lie in wait for blood: the mouth of the just shall deliver them. Turn the wicked and they shall not be: but the house of the just shall stand firm. A man shall be known by his learning: but he that is vain and foolish, shall be exposed to contempt. Better is the poor man that provideth for himself, than he that is glorious and wanteth bread. The just regardeth the lives of his beasts: but the bowels of the wicked are cruel.

He that tilleth his land shall be satisfied with bread: but he that pursueth idleness is very foolish. He that is delighted in passing his time over wine, leaveth a reproach in his strong holds. The desire of the wicked is the fortification of evil men: but the root of the just shall prosper. For the sins of the lips ruin draweth nigh to the evil man: but the just shall escape out of distress. By the fruit of his own mouth shall a man be filled with good things and according to the works of his hands it shall be repaid him. The way of a fool is right in his own eyes: but he that is wise hearkeneth unto counsels.

A fool immediately showeth his anger: but he that dissembleth injuries is wise. He that speaketh that which he knoweth, showeth forth justice: but he that lieth, is a deceitful witness. There is that promiseth and is pricked as it were with a sword of conscience: but the tongue of the wise is health. The lip of truth shall be steadfast for ever: but he that is a hasty witness, frameth a lying tongue. Deceit is in the heart of them that think evil things: but joy followeth them that take counsels of peace.

Whatsoever shall befall the just man, it shall not make him sad: but the wicked shall be filled with mischief. Lying lips are an abomination to the Lord: but they that deal faithfully please him. A cautious man concealeth knowledge: and the heart of fools publisheth folly. The hand of the valiant shall bear rule: but that which is slothful, shall be under tribute. Grief in the heart of a man shall bring him low, but with a good word he shall be made glad.

He that neglecteth a loss for the sake of a friend, is just: but the way of the wicked shall deceive them. The deceitful man shall not find gain: but the

substance of a just man shall be precious gold. In the path of justice is life: but the by-way leadeth to death.

Chapter 13

A wise son heareth the doctrine of his father: but he that is a scorner, beareth not when he is reproved. Of the fruit of his own mouth shall a man be filled with good things: but the soul of transgressors is wicked. He that keepeth his mouth, keepeth his soul: but he that hath no guard on his speech shall meet with evils. The sluggard willeth and willeth not: but the soul of them that work, shall be made fat. The just shall hate a lying word: but the wicked confoundeth and shall be confounded.

Justice keepeth the way of the innocent: but wickedness overthroweth the sinner. One is as it were rich, when he hath nothing: and another is as it were poor, when he hath great riches. The ransom of a man's life are his riches: but he that is poor beareth not reprehension. The light of the just giveth joy: but the lamp of the wicked shall be put out. Among the proud there are always contentions: but they that do all things with counsel, are ruled by wisdom.

Substance got in haste shall be diminished: but that which by little and little is gathered with the hand shall increase. Hope that is deferred afflicteth the soul: desire when it cometh is a tree of life. Whosoever speaketh ill of any thing, bindeth himself for the time to come: but he that feareth the commandment, shall dwell in peace. Deceitful souls go astray in sins: the just are merciful and show mercy. The law of the wise is a fountain of life, that he may decline from the ruin of death. Good instruction shall give grace: in the way of scorners is a deep pit.

The prudent man doth all things with counsel: but he that is a fool, layeth open his folly. The messenger of the wicked shall fall into mischief: but a faithful ambassador is health. Poverty and shame to him that refuseth instruction: but he that yieldeth to reproof, shall be glorified. The desire that is accomplished, delighteth the soul: fools hate them that flee from evil things. He that walketh with the wise, shall be wise: a friend of fools shall become like to them.

Evil pursueth sinners: and to the just good shall be repaid. The good man leaveth heirs, sons and grandsons: and the substance of the sinner is kept for the just. Much food is in the tillage of fathers: but for others it is gathered with out judgment. He that spareth the rod hateth his son: but he that loveth him correcteth him betimes. The just eateth and filleth his soul: but the belly of the wicked is never to be filled.

Chapter 14

A wise woman buildeth her house: but the foolish will pull down with her hands that also which is built. He that walketh in the right way and feareth God, is despised by him that goeth by an infamous way. In the mouth of a fool is the rod of pride: but the lips of the wise preserve them. Where there are no oxen, the crib is empty: but where there is much corn, there the strength of the ox is manifest. A faithful witness will not lie: but a deceitful witness uttereth a lie.

A scorner seeketh wisdom and findeth it not: the learning of the wise is easy. Go against a foolish man and he knoweth not the lips of prudence. The wisdom of a discreet man is to understand his way: and the imprudence of fools erreth. A fool will laugh at sin, but among the just grace shall abide. The heart that knoweth the bitterness of his own soul, in his joy the stranger shall not intermeddle.

The house of the wicked shall be destroyed: but the tabernacles of the just shall flourish. There is a way which seemeth just to a man: but the ends thereof lead to death. Laughter shall be mingled with sorrow and mourning taketh hold of the end of joy. A fool shall be filled with his own ways and the good man shall be above him. The innocent believeth every word: the discreet man considereth his steps. No good shall come to the deceitful son: but the wise servant shall prosper in his dealings and his way shall be made straight.

A wise man feareth and declineth from evil: the fool leapeth over and is confident. The impatient man shall work folly: and the crafty man is hateful. The childish shall possess folly and the prudent, shall look for knowledge. The evil shall fall down before the good: and the wicked before the gates of the just. The poor man shall be hateful even to his own neighbour: but the friends of the rich are many.

He that despiseth his neighbour, sinneth: but he that showeth mercy to the poor, shall be blessed. He that believeth in the Lord, loveth mercy. They err that work evil: but mercy and truth prepare good things. In much work there shall be abundance: but where there are many words, there is oftentimes want. The crown of the wise is their riches: the folly of fools, imprudence. A faithful witness delivereth souls: and the double dealer uttereth lies.

In the fear of the Lord is confidence of strength and there shall be hope for his children. The fear of the Lord is a fountain of life, to decline from the ruin of death. In the multitude of people is the dignity of the king: and in the small number of people the dishonour of the prince. He that is patient, is governed with much wisdom: but he that is impatient, exalteth his folly. Soundness of heart is the life of the flesh: but envy is the rottenness of the bones.

He that oppresseth the poor, upbraideth his Maker: but he that hath pity on the poor, honoureth him. The wicked man shall be driven out in his wickedness: but the just hath hope in his death. In the heart of the prudent resteth wisdom and it shall instruct all the ignorant. Justice exalteth a nation: but sin maketh nations miserable. A wise servant is acceptable to the king: he that is good for nothing shall feel his anger.

Chapter 15

A mild answer breaketh wrath: but a harsh word stirreth up fury. The tongue of the wise adorneth knowledge: but the mouth of fools bubbleth out folly. The eyes of the Lord in every place behold the good and the evil. A peaceable tongue is a tree of life: but that which is immoderate, shall crush the spirit. A fool laugheth at the instruction of his father: but he that regardeth reproofs shall become prudent. In abundant justice there is the greatest strength: but the devices of the wicked shall be rooted out.

The house of the just is very much strength: and in the fruits of the wicked is trouble. The lips of the wise shall disperse knowledge: the heart of fools shall be unlike. The victims of the wicked are abominable to the Lord: the vows of the just are acceptable. The way of the wicked is an abomination to the Lord: he that followeth justice is beloved by him. Instruction is grievous to him that forsaketh the way of life: he that hateth reproof shall die.

Hell and destruction are before the Lord: how much more the hearts of the children of men? A corrupt man loveth not one that reproveth him: nor will he go to the wise. A glad heart maketh a cheerful countenance: but by grief of mind the spirit is cast down. The heart of the wise seeketh instruction: and the mouth of fools feedeth on foolishness. All the days of the poor are evil: a secure mind is like a continual feast.

Better is a little with the fear of the Lord, than great treasures without content, It is better to be invited to herbs with love, than to a fatted calf with hatred. A passionate man stirreth up strifes: he that is patient appeaseth those that are stirred up. The way of the slothful is as a hedge of thorns; the way of the just is without offence. A wise son maketh a father joyful: but the foolish man despiseth his mother.

Folly is joy to the fool: and the wise man maketh straight his steps. Designs are brought to nothing where there is no counsel: but where there are many counsellors, they are established. A man rejoiceth in the sentence of his mouth: and a word in due time is best. The path of life is above for the wise, that he may decline from the lowest hell. The Lord will destroy the house of the proud: and will strengthen the borders of the widow.

Evil thoughts are an abomination to the Lord: and pure words most beautiful shall be confirmed by him. He that is greedy of gain troubleth his own house: but he that hateth bribes shall live. By mercy and faith sins are

purged away: and by the fear of the Lord every one declineth from evil. The mind of the just studieth obedience: the mouth of the wicked over floweth with evils. The Lord is far from the wicked: and he will hear the prayers of the just. The light of the eyes rejoiceth the soul: a good name maketh the bones fat.

The ear that heareth the reproofs of life, shall abide in the midst of the wise. He that rejecteth instruction, despiseth his own soul: but he that yieldeth to reproof possesseth understanding. The fear of the Lord is the lesson of wisdom: and humility goeth before glory.

Chapter 16

It is the part of man to prepare the soul: and of the Lord to govern the tongue. All the ways of a man are open to his eyes: the Lord is the weigher of spirits. Lay open thy works to the Lord: and thy thoughts shall be directed. The Lord hath made all things for himself: the wicked also for the evil day. Every proud man is an abomination to the Lord: though hand should be joined to hand, he is not innocent. The beginning of a good way is to do justice; and this is more acceptable with God, than to offer sacrifices.

By mercy and truth iniquity is redeemed: and by the fear of the Lord men depart from evil. When the ways of man shall please the Lord, he will convert even his enemies to peace. Better is a little with justice, than great revenues with iniquity. The heart of man disposeth his way: but the Lord must direct his steps. Divination is in the lips of the king, his mouth shall not err in judgment.

Weight and balance are judgments of the Lord: and his work all the weights of the bag. They that act wickedly are abominable to the king: for the throne is established by justice. Just lips are the delight of kings: he that speaketh right things shall be loved. The wrath of a king is as messengers of death: and the wise man will pacify it. In the cheerfulness of the king's countenance is life: and his clemency is like the latter rain.

Get wisdom, because it is better than gold: and purchase prudence, for it is more precious than silver. The path of the just departeth from evils: he that keepeth his soul keepeth his way. Pride goeth before destruction: and the spirit is lifted up before a fall. It is better to be humbled with the meek, than to divide spoils with the proud. The learned in word shall find good things: and he that trusteth in the Lord is blessed.

The wise in heart shall be called prudent: and he that is sweet in words shall attain to greater things. Knowledge is a fountain of life to him that possesseth it: the instruction of fools is foolishness. The heart of the wise shall instruct his mouth: and shall add grace to his lips. Well ordered words are as a honeycomb: sweet to the soul and health to the bones. There is a way that seemeth to a man right: and the ends thereof lead to death.

The soul of him that laboureth, laboureth for himself, because his mouth hath obliged him to it. The wicked man diggeth evil and in his lips is a burning fire. A perverse man stirreth up quarrels: and one full of words separateth princes. An unjust man allureth his friend: and leadeth him into a way that is not good. He that with fixed eyes deviseth wicked things, biting his lips, bringeth: evil to pass.

Old age is a crown of dignity, when it is found in the ways of justice. The patient man is better than the valiant: and he that ruleth his spirit than he that taketh cities. Lots are cast into the lap, but they are disposed of by the Lord.

Chapter 17

Better is a dry morsel with joy, than a house full of victims with strife. A wise servant shall rule over foolish sons and shall divide the inheritance among the brethren. As silver is tried by fire and gold in the furnace: so the Lord trieth the hearts. The evil man obeyeth an unjust tongue: and the deceitful hearkeneth to lying lips. He that despiseth the poor, reproacheth his Maker; and he that rejoiceth at another man's ruin, shall not be unpunished.

Children's children are the crown of old men: and the glory of children are their fathers. Eloquent words do not become a fool, nor lying lips a prince. The expectation of him that expecteth, is a most acceptable jewel: whithersoever he turneth himself, he understandeth wisely. He that concealeth a transgression. seeketh friendships: he that repeateth it again, separateth friends. A reproof availeth more with a wise man, than a hundred stripes with a fool.

An evil man always seeketh quarrels: but a cruel angel shall be sent against him. It is better to meet a bear robbed of her whelps, than a fool trusting in his own folly. He that rendereth evil for good, evil shall not depart from his house. The beginning of quarrels is as when one letteth out water: before he suffereth reproach he forsaketh judgment. He that justifieth the wicked and he that condemneth the just, both are abominable before God.

What doth it avail a fool to have riches, seeing he cannot buy wisdom? He that maketh his house high, seeketh a downfall: and he that refuseth to learn, shall fall into evils. He that is a friend loveth at all times: and a brother is proved in distress. A foolish man will clap hands, when he is surety for his friend. He that studieth discords, loveth quarrels: and he that exalteth his door, seeketh ruin. He that is of a perverse heart, shall not find good: and he that perverteth his tongue, shall fall into evil.

A fool is born to his own disgrace: and even his father shall not rejoice in a fool. A joyful mind maketh age flourishing: a sorrowful spirit drieth up the bones. The wicked man taketh gifts out of the bosom, that he may pervert the paths of judgment. Wisdom shineth in the face of the wise: the eyes of

fools are in the ends of the earth. A foolish son is the anger of the father: and the sorrow of the mother that bore him.

It is no good thing to do hurt to the just: nor to strike the prince, who judgeth right. He that setteth bounds to his words is knowing and wise: and the man of understanding is of a precious spirit. Even a fool, if he will hold his peace shall be counted wise: and if he close his lips, a man of understanding.

Chapter 18

He that hath a mind to depart from a friend seeketh occasions: he shall ever be subject to reproach. A fool receiveth not the words of prudence: unless thou say those things which are in his heart. The wicked man when he is come into the depth of sins, contemneth: but ignominy and reproach follow him. Words from the mouth of a man are as deep water: and the fountain of wisdom as an overflowing stream. It is not good to accept the person of the wicked, to decline from the truth of judgment.

The lips of a fool intermeddle with strife: and his mouth provoketh quarrels. The mouth of a fool is his destruction: and his lips are the ruin of his soul. The words of the double tongued are as if they were harmless: and they reach even to the inner parts of the bowels. Fear casteth down the slothful: and the souls of the effeminate shall be hungry. He that is loose and slack in his work, is the brother of him that wasteth his own works. The name of the Lord is a strong tower: the just runneth to it and shall be exalted.

The substance of the rich man is the city of his strength and as a strong wall compassing him about. Before destruction, the heart of a man is exalted: and before he be glorified, it is humbled. He that answereth before he heareth showeth himself to be a fool and worthy of confusion. The spirit of a man upholdeth his infirmity: but a spirit that is easily angered, who can bear? A wise heart shall acquire knowledge: and the ear of the wise seeketh instruction.

A man's gift enlargeth his may and maketh him room before princes. The just is first accuser of himself: his friend cometh and shall search him. The lot suppresseth contentions and determineth even between the mighty. A brother that is helped by his brother, is like a strong city: and judgments are like the bars of cities. Of the fruit of a man's mouth shall his belly be satisfied: and the offspring of his lips shall fill him.

Death and life are in the power of the tongue: they that love it, shall eat the fruits thereof. He that hath found a good wife, hath found a good thing and shall receive a pleasure from the Lord. He that driveth away a good wife, driveth away a good thing: but he that keepeth an adulteress, is foolish and wicked. The poor will speak with supplications and the rich will speak roughly. A man amiable in society, shall be more friendly than a brother.

Chapter 19

Better is the poor man, that walketh in his simplicity, than a rich man that is perverse in his lips and unwise. Where there is no knowledge of the soul, there is no good: and he that is hasty with his feet shall stumble. The folly of a man supplanteth his seeps: and he fretteth in his mind against God. Riches make many friends: but from the poor man, even they whom he had, depart. A false witness shall not be unpunished: and he that speaketh lies shall not escape.

Many honour the person of him that is mighty and are friends of him that giveth gifts. The brethren of the poor man hate him: moreover also his friends have departed far from him. He that followeth after words only, shall have nothing. But he that possesseth a mind, loveth his own soul and he that keepeth prudence shall find good things. A false witness shall not be unpunished: and he that speaketh lies, shall perish. Delicacies are not seemly for a fool: nor for a servant to have rule over princes.

The learning of a man is known by patience and his glory is to pass over wrongs. As the roaring of a lion, so also is the anger of a king: and his cheerfulness as the dew upon the grass. A foolish son is the grief of his father: and a wrangling wife is like a roof continually dropping through. House and riches are given by parents: but a prudent wife is properly from the Lord. Slothfulness casteth into a deep sleep and an idle soul shall suffer hunger.

He that keepeth the commandment, keepeth his own soul: but he that neglecteth his own way, shall die. He that hath mercy on the poor, lendeth to the Lord: and he will repay him. Chastise thy son, despair not: but to the killing of him set not thy soul. He that is impatient, shall suffer damage: and when he shall take away he shall add another thing. Hear counsel and receive instruction, that thou mayst be wise in thy latter end.

There are many thoughts in the heart of a man: but the will of the Lord shall stand firm. A needy man is merciful: and better is the poor than the lying man. The fear of the Lord is unto life: and he shall abide in fullness without being visited with evil. The slothful hideth his hand under his armpit and will not so much as bring it to his mouth. The wicked man being; scourged, the fool shall be wiser: but if thou rebuke a wise man he will understand discipline.

He that afflicteth his father and chaseth away his mother, is infamous and unhappy. Cease not, O my son, to hear instruction and be not ignorant of the words of knowledge. An unjust witness scorneth judgment: and the mouth of the wicked devoureth iniquity. Judgments are prepared for scorners: and striking hammers for the bodies of fools.

Chapter 20

Wine is a luxurious thing and drunkenness riotous: whosoever is delighted therewith shall not be wise. As the roaring of a lion, so also is the dread of a king: he that provoketh him, sinneth against his own soul. It is an honour for a man to separate himself from quarrels: but all fools are meddling with reproaches. Because of the cold the sluggard would not plough: he shall beg therefore in the summer and it shall not be given him. Counsel in the heart of a man is like deep water: but a wise man will draw it out.

Many men are called merciful: but who shall find a faithful man? The just that walketh in his simplicity, shall leave behind him blessed children. The king, that sitteth on the throne of judgment, scattereth away all evil with his look. Who can say: My heart is clean, I am pure from sin? Diverse weights and diverse measures, both are abominable before God.

By his inclinations a child is known, if his works be clean and right. The hearing ear and the seeing eye, the Lord hath made them both. Love not sleep, lest poverty oppress thee: open thy eyes and be filled with bread. It is nought, it is nought, saith every buyer: and when he is gone away, then he will boast. There is gold and a multitude of jewels: but the lips of knowledge are a precious vessel.

Take away the garment of him that is surety for a stranger and take a pledge from him for strangers. The bread of lying is sweet to a man: but afterwards his mouth shall be filled with gravel. Designs are strengthened by counsels: and wars are to be managed by governments. Meddle not with him that revealeth secrets and walketh deceitfully and openeth wide his lips. He that curseth his father and mother, his lamp shall be put out in the midst of darkness.

The inheritance gotten hastily in the beginning, in the end shall be without a blessing. Say not: I will return evil: wait for the Lord and he will deliver thee. Diverse weights are an abomination before the Lord: a deceitful balance is not good. The steps of man are guided by the Lord: but who is the man that can understand his own way? It is ruin to a man to devour holy ones and after vows to retract.

A wise king scattereth the wicked and bringeth over them the wheel. The spirit of a man is the lamp of the Lord, which searcheth all the hidden things of the bowels. Mercy and truth preserve the king and his throne is strengthened by clemency. The joy of young men is their strength: and the dignity of old men, their grey hairs. The blueness of a wound shall wipe away evils: and stripes in the more inward parts of the belly.

Chapter 21

As the divisions of waters, so the heart of the king is in the hand of the Lord: whithersoever he will he shall turn it. Every way of a man seemeth

right to himself: but the Lord weigheth the hearts. To do mercy and judgment, pleaseth the Lord more than victims. Haughtiness of the eyes is the enlarging of the heart: the lamp of the wicked is sin. The thoughts of the industrious always bring forth abundance: but every sluggard is always in want.

He that gathereth treasures by a lying tongue, is vain and foolish and shall stumble upon the snares of death. The robberies of the wicked shall be their downfall, because they would not do judgment. The perverse way of a man is strange: but as for him that is pure, his work is right. It is better to sit in a corner of the housetop, than with a brawling woman and in a common house. The soul of the wicked desireth evil, he will not have pity on his neighbour.

When a pestilent man is punished, the little one will be wiser: and if he follow the wise, he will receive knowledge. The just considereth seriously the house of the wicked, that he may withdraw the wicked from evil. He that stoppeth his ear against the cry of the poor, shall also cry himself and shall not be heard. A secret present quencheth anger: and a gift in the bosom the greatest wrath. It is joy to the just to do judgment: and dread to them that work iniquity.

A man that shall wander out of the way of doctrine, shall abide in the company of the giants. He that loveth good cheer, shall be in want: he that loveth wine and fat things, shall not be rich. The wicked is delivered up for the just: and the unjust for the righteous. It is better to dwell in a wilderness, than with a quarrelsome and passionate woman. There is a treasure to be desired and oil in the dwelling of the just: and the foolish man shall spend it.

He that followeth justice and mercy, shall find life, justice and glory. The wise man hath scaled the city of the strong and hath cast down the strength of the confidence thereof. He that keepeth his mouth and his tongue, keepeth his soul from distress. The proud and the arrogant is called ignorant, who in anger worketh pride. Desires kill the slothful: for his hands have refused to work at all.

He longeth and desireth all the day: but he that is just, will give and will not cease. The sacrifices of the wicked are abominable, because they are offered of wickedness. A lying witness shall perish: an obedient man shall speak of victory. The wicked man impudently hardeneth his face: but he that is righteous, correcteth his way. There is no wisdom, there is no prudence, there is no counsel against the Lord.

The horse is prepared for the day of battle: but the Lord giveth safety.

Chapter 22

A good name is better than great riches: and good favour is above silver and gold. The rich and poor have met one another: the Lord is the maker of

them both. The prudent man saw the evil and hid himself: the simple passed on and suffered loss. The fruit of humility is the fear of the Lord, riches and glory and life. Arms and swords are in the way of the perverse: but he that keepeth his own soul departeth far from them.

It is a proverb: A young man according to his way, even when he is old he will not depart from it. The rich ruleth over the poor: and the borrower is servant to him that lendeth. He that soweth iniquity shall reap evils and with the rod of his anger he shall be consumed. He that is inclined to mercy shall be blessed: for of his bread he hath given to the poor. He that maketh presents shall purchase victory and honour: but he carrieth away the souls of the receivers. Cast out the scoffer and contention shall go out with him and quarrels and reproaches shall cease.

He that loveth cleanness of heart, for the grace of his lips shall have the king for his friend. The eyes of the Lord preserve knowledge: and the words of the unjust are overthrown. The slothful man saith: There is a lion without, I shall be slain in the midst of the streets. The mouth of a strange woman is a deep pit: he whom the Lord is angry with, shall fall into it. Folly is bound up in the heart of a child and the rod of correction shall drive it away.

He that oppresseth the poor, to increase his own riches, shall himself give to one that is richer and shall be in need. Incline thy ear and hear the words of the wise: and apply thy heart to my doctrine: Which shall be beautiful for thee, if thou keep it in thy bowels and it shall flow in thy lips: That thy trust may be in the Lord, wherefore I have also shown it to thee this day. Behold I have described it to thee three manner of ways, in thoughts and knowledge:

That I might show thee the certainty and the words of truth, to answer out of these to them that sent thee. Do no violence to the poor, because he is poor: and do not oppress the needy in the gate: Because the Lord will judge his cause and will afflict them that have afflicted his soul. Be not a friend to an angry man and do not walk with a furious man: Lest perhaps thou learn his ways and take scandal to thy soul.

Be not with them that fasten down their hands and that offer themselves sureties for debts: For if thou have not wherewith to restore, what cause is there, that he should take the covering from thy bed? Pass not beyond the ancient bounds which thy fathers have set. Hast thou seen a man swift in his work? he shall stand before kings and shall not be before those that are obscure.

Chapter 23

When thou shalt sit to eat with a prince, consider diligently what is set before thy face. And put a knife to thy throat, if it be so that thou have thy soul in thy own power. Be not desirous of his meats, in which is the bread of deceit. Labour not to be rich: but set bounds to thy prudence. Lift not up

thy eyes to riches which thou canst not have: because they shall make themselves wings like those of an eagle and shall fly towards heaven.

Eat not with an envious man and desire not his meats: Because like a soothsayer and diviner, he thinketh that which he knoweth not. Eat and drink, will he say to thee: and his mind is not with thee. The meats which thou hadst eaten, thou shalt vomit up: and shalt loose thy beautiful words. Speak not in the ears of fools: because they will despise the instruction of thy speech. Touch not the bounds of little ones: and enter not into the field of the fatherless:

For their near kinsman is strong: and he will judge their cause against thee. Let thy heart apply itself to instruction: and thy ears to words of knowledge. Withhold not correction from a child: for if thou strike him with the rod, he shall not die. Thou shalt beat him with the rod and deliver his soul from hell. My son, if thy mind be wise, my heart shall rejoice with thee:

And my reins shall rejoice, when thy lips shall speak what is right. Let not thy heart envy sinners: but be thou in the fear of the Lord all the day long: Because thou shalt have hope in the latter end and thy expectation shall not be taken away. Hear thou, my son and be wise: and guide thy mind in the way. Be not in the feasts of great drinkers, nor in their revellings, who contribute flesh to eat:

Because they that give themselves to drinking and that club together shall be consumed; and drowsiness shall be clothed with rags. Harken to thy father, that beget thee: and despise not thy mother when she is old. Buy truth and do not sell wisdom and instruction and understanding. The father of the just rejoiceth greatly: he that hath begotten a wise son, shall have joy in him. Let thy father and thy mother be joyful and let her rejoice that bore thee.

My son, give me thy heart: and let thy eyes keep my ways. For a harlot is a deep ditch: and a strange woman is a narrow pit. She lieth in wait in the way as a robber and him whom she shall see unwary, she will kill. Who hath woe? whose father hath woe? who hath contentions? who falls into pits? who hath wounds without cause? who hath redness of eyes? Surely they that pass their time in wine and study to drink of their cups.

Look not upon the wine when it is yellow, when the colour thereof shineth in the glass: it goeth in pleasantly, But in the end, it will bite like a snake and will spread abroad poison like a basilisk. Thy eyes shall behold strange women and thy heart shall utter perverse things. And thou shalt be as one sleeping in the midst of the sea and as a pilot fast asleep, when the stern is lost. And thou shalt say: They have beaten me, but I was not sensible of pain: they drew me and I felt not: when shall I awake and find wine again?

Chapter 24

Seek not to be like evil men, neither desire to be with them: Because their mind studieth robberies and their lips speak deceits. By wisdom the house shall be built and by prudence it shall be strengthened. By instruction the storerooms shall be filled with all precious and most beautiful wealth. A wise man is strong: and a knowing man, stout and valiant.

Because war is managed by due ordering: and there shall be safety where there are many counsels. Wisdom is too high for a fool, in the gate he shall not open his mouth. He that deviseth to do evils, shall be called a fool. The thought of a fool is sin: and the detractor is the abomination of men. If thou lose hope being weary in the day of distress, thy strength shall be diminished.

Deliver them that are led to death: and those that are drawn to death forbear not to deliver. If thou say: I have not strength enough: he that seeth into the heart, he understandeth and nothing deceiveth the keeper of thy soul and he shall render to a man according to his works. Fat honey, my son, because it is good and the honeycomb most sweet to thy throat: So also is the doctrine of wisdom to thy soul: which when thou hast found, thou shalt have hope in the end and thy hope shall not perish. Lie not in wait, nor seek after wickedness in the house of the just, nor spoil his rest.

For a just man shall fall seven times and shall rise again: but the wicked shall fall down into evil. When thy enemy shall fall, be not glad and in his ruin let not thy heart rejoice: Lest the Lord see and it displease him and he turn away his wrath from him. Contend not with the wicked, nor seek to be like the ungodly: For evil men have no hope of things to come and the lamp of the wicked shall be put out.

My son, fear the Lord and the king: and have nothing to do with detractors. For their destruction shall rise suddenly: and who knoweth the ruin of both? These things also to the wise: It is not good to have respect to persons in judgment. They that say to the wicked man: Thou art just: shall be cursed by the people and the tribes shall abhor them. They that rebuke him, shall be praised: and a blessing shall come upon them.

He shall kiss the lips, who answereth right words. Prepare thy work without and diligently till thy ground: that afterward thou mayst build thy house. Be not witness without cause against thy neighbour: and deceive not any man with thy lips. Say not: I will do to him as he hath done to me: I will render to every one according to his work. I passed by the field of the slothful man and by the vineyard of the foolish man:

And behold it was all filled with nettles and thorns had covered the face thereof and the stone wall was broken down. Which when I had seen, I laid it up in my heart and by the example I received instruction. Thou wilt sleep a little, said I, thou wilt slumber a little, thou wilt fold thy hands a little to

rest: And poverty shall come to thee as a runner and beggary as an armed man.

Chapter 25

These are also parables of Solomon, which the men of Ezechias king of Juda copied out. It is the glory of God to conceal the word and the glory of kings to search out the speech. The heaven above and the earth beneath and the heart of kings is unsearchable. Take away the rust from silver and there shall come forth a most pure vessel: Take away wickedness from the face of the king and his throne shall be established with justice.

Appear not glorious before the king and stand not in the place of great men. For it is better that it should be said to thee: Come up hither; than that thou shouldst be humbled before the prince. The things which thy eyes have seen, utter not hastily in a quarrel: lest afterward thou mayst not be able to make amends, when thou hast dishonoured thy friend. Treat thy cause with thy friend and discover not the secret to a stranger: Lest he insult over thee, when he hath heard it and cease not to upbraid thee. Grace and friendship deliver a man: keep these for thyself, lest thou fall under reproach.

To speak a word in due time, is like apples of gold on beds of silver. As an earring of gold and a bright pearl, so is he that reproveth the wise and the obedient ear. As the cold of snow in the time of harvest, so is a faithful messenger to him that sent him, for he refresheth his soul. As clouds and wind, when no rain followeth, so is the man that boasteth and doth not fulfill his promises. By patience a prince shall be appeased and a soft tongue shall break hardness.

Thou hast found honey, eat what is sufficient for thee, lest being glutted therewith thou vomit it up. Withdraw thy foot from the house of thy neighbour, lest having his fill he hate thee. A man that beareth false witness against his neighbour, is like a dart and a sword and a sharp arrow. To trust to an unfaithful man in the time of trouble, is like a rotten tooth and weary foot, And one that looseth his garment in cold weather. As vinegar upon nitre, so is he that singeth songs to a very evil heart. As a moth doth by a garment and a worm by the wood: so the sadness of a man consumeth the heart.

If thy enemy be hungry, give him to eat: if he thirst, give him water to drink: For thou shalt heap hot coals upon his head and the Lord will reward thee. The north wind driveth away rain, as doth a sad countenance a backbiting tongue. It is better to sit in a corner of the housetop, than with a brawling woman and in a common house. As cold water to a thirsty soul, so is good tidings from a far country.

A just man falling down before the wicked, is as a fountain troubled with the foot and a corrupted spring. As it is not good for a man to eat much

honey, so he that is a searcher of majesty, shall be overwhelmed by glory. As a city that lieth open and is not compassed with walls, so is a man that cannot refrain his own spirit in speaking.

Chapter 26

As snow in summer and rain in harvest, so glory is not seemly for a fool. As a bird flying to other places and a sparrow going here or there: so a curse uttered without cause shall come upon a man. A whip for a horse and a snaffle for an ass and a rod for the back of fools. Answer not a fool according to his folly, lest thou be made like him. Answer a fool according to his folly, lest he imagine himself to be wise.

He that sendeth words by a foolish messenger, is lame of feet and drinketh iniquity. As a lame man hath fair legs in vain: so a parable is unseemly in the mouth of fools. As he that casteth a stone into the heap of Mercury: so is he that giveth honour to a fool. As if a thorn should grow in the hand of a drunkard: so is a parable in the mouth of fools. Judgment determineth causes: and he that putteth a fool to silence, appeaseth anger.

As a dog that returneth to his vomit, so is the fool that repeateth his folly. Hast thou seen a man wise in his own conceit? there shall be more hope of a fool than of him. The slothful man saith: There is a lion in the way and a lioness in the roads. As the door turneth upon its hinges, so doth the slothful upon his bed. The slothful hideth his hand under his armpit and it grieveth him to turn it to his mouth.

The sluggard is wiser in his own conceit, than seven men that speak sentences. As he that taketh a dog by the ears, so is he that passeth by in anger and meddleth with another man's quarrel. As he is guilty that shooteth arrows and lances unto death: So is the man that hurteth his friend deceitfully: and when he is taken, saith: I did it in jest. When the wood faileth, the fire shall go out: and when the talebearer is taken away, contentions shall cease.

As coals are to burning coals and wood to fire, so an angry man stirreth up strife. The words of a talebearer are as it were simple, but they reach to the innermost parts of the belly. Swelling lips joined with a corrupt heart, are like an earthen vessel adorned with silver dross. An enemy is known by his lips, when in his heart he entertaineth deceit. When he shall speak low, trust him not: because there are seven mischiefs in his heart.

He that covereth hatred deceitfully, his malice shall be laid open in the public assembly. He that diggeth a pit, shall fall into it: and he that rolleth a stone, it shall return to him. A deceitful tongue loveth not truth: and a slippery mouth worketh ruin.

Chapter 27

Boast not for tomorrow, for thou knowest not what the day to come may bring forth. Let another praise thee and not thy own mouth: a stranger and not thy own lips. A stone is heavy and sand weighty: but the anger of a fool is heavier than them both. Anger hath no mercy, nor fury when it breaketh forth: and who can bear the violence of one provoked? Open rebuke is better than hidden love.

Better are the wounds of a friend, than the deceitful kisses of an enemy. A soul that is full shall tread upon the honeycomb: and a soul that is hungry shall take even bitter for sweet. As a bird that wandereth from her nest, so is a man that leaveth his place. Ointment and perfumes rejoice the heart: and the good counsels of a friend are sweet to the soul. Thy own friend and thy father's friend forsake not: and go not into thy brother's house in the day of thy affliction. Better is a neighbour that is near, than a brother afar off.

Study wisdom, my son and make my heart joyful, that thou mayst give an answer to him that reproacheth. The prudent man seeing evil hideth himself: little ones passing on have suffered losses. Take away his garment that hath been surety for a stranger: and take from him a pledge for strangers. He that blesseth his neighbour with a loud voice, rising in the night, shall be like to him that curseth. Roofs dropping through in a cold day and a contentious woman are alike.

He that retaineth her, is as he that would hold the wind and shall call in the oil of his right hand. Iron sharpeneth iron, so a man sharpeneth the countenance of his friend. He that keepeth the fig tree, shall eat the fruit thereof: and he that is the keeper of his master, shall be glorified. As the faces of them that look therein, shine in the water, so the hearts of men are laid open to the wise. Hell and destruction are never filled: so the eyes of men are never satisfied.

As silver is tried in the fining-pot and gold in the furnace: so a man is tried by the mouth of him that praiseth. The heart of the wicked seeketh after evils, but the righteous heart seeketh after knowledge. Though thou shouldst bray a fool in the mortar, as when a pestle striketh upon sodden barley, his folly would not be taken from him. Be diligent to know the countenance of thy cattle and consider thy own flocks: For thou shalt not always have power: but a crown shall be given to generation and generation. The meadows are open and the green herbs have appeared and the hay is gathered out of the mountains.

Lambs are for thy clothing: and kids for the price of the field. Let the milk of the goats be enough for thy food and for the necessities of thy house and for maintenance for thy handmaids.

Chapter 28

The wicked man fleeth, when no man pursueth: but the just, bold as a lion, shall be without dread. For the sins of the land many are the princes thereof: and for the wisdom of a man and the knowledge of those things that are said, the life of the prince shall be prolonged. A poor man that oppresseth the poor, is like a violent shower, which bringeth a famine. They that forsake the law, praise the wicked man: they that keep it, are incensed against him. Evil men think not on judgment: but they that seek after the Lord, take notice of all things.

Better is the poor man walking in his simplicity, than the rich in crooked ways. He that keepeth the law is a wise son: but he that feedeth gluttons, shameth his father. He that heapeth together riches by usury and loan, gathereth them for him that will be bountiful to the poor. He that turneth away his ears from hearing the law, his prayer shall be as abomination. He that deceiveth the just in a wicked way, shall fall in his own destruction: and the upright shall possess his goods.

The rich man seemeth to himself wise: but the poor man that is prudent shall search him out. In the joy of the just there is great glory: when the wicked reign, men are ruined. He that hideth his sins, shall not prosper: but he that shall confess and forsake them, shall obtain mercy. Blessed is the man that is always fearful: but he that is hardened in mind, shall fall into evil. As a roaring lion and a hungry bear, so is a wicked prince over the poor people.

A prince void of prudence shall oppress many by calumny: but he that hateth covetousness, shall prolong his days. A man that doth violence to the blood of a person, if he flee even to the pit, no man will stay him. He that walketh uprightly, shall be saved: he that is perverse in his ways shall fall at once. He that tilleth his ground, shall be filled with bread: but he that followeth idleness shall be filled with poverty. A faithful man shall be much praised: but he that maketh haste to be rich, shall not be innocent.

He that hath respect to a person in judgment, doth not well: such a man even for a morsel of bread forsaketh the truth. A man, that maketh haste to be rich and envieth others, is ignorant that poverty shall come upon him. He that rebuketh a man, shall afterward find favour with him, more than he that by a flattering tongue deceiveth him. He that stealeth any thing from his father, or from his mother: and saith, This is no sin, is the partner of a murderer. He that boasteth and puffeth up himself, stirreth up quarrels: but he that trusteth in the Lord, shall be healed.

He that trusteth in his own heart, is a fool: but he that walketh wisely, he shall be saved. He that giveth to the poor, shall not want: he that despiseth his entreaty, shall suffer indigence. When the wicked rise up, men shall hide themselves: when they perish, the lust shall be multiplied.

Chapter 29

The man that with a stiff neck despiseth him that reproveth him, shall suddenly be destroyed: and health shall not follow him. When just men increase, the people shall rejoice: when the wicked shall bear rule, the people shall mourn. A man that loveth wisdom, rejoiceth his father: but he that maintaineth bar lots, shall squander away his substance. A just king setteth up the land: a covetous man shall destroy it. A man that speaketh to his friend with flattering and dissembling words, spreadeth a net for his feet.

A snare shall entangle the wicked man when he sinneth: and the just shall praise and rejoice. The just taketh notice of the cause of the poor: the wicked is void of knowledge. Corrupt men bring a city to ruin: but wise men turn away wrath. If a wise man contend with a fool, whether he be angry or laugh, he shall find no rest. Bloodthirsty men hate the upright: but just men seek his soul.

A fool uttereth all his mind: a wise man deferreth and keepeth it till afterwards. A prince that gladly heareth lying words, hath all his servants wicked. The poor man and the creditor have met one another: the Lord is the enlightener of them both. The king that judgeth the poor in truth, his throne shall be established for ever. The rod and reproof give wisdom: but the child that is left to his own will bringeth his mother to shame.

When the wicked are multiplied, crimes shall be multiplied: but the just shall see their downfall. Instruct thy son and he shall refresh thee and shall give delight to thy soul. When prophecy shall fail, the people shall be scattered abroad: but he that keepeth the law is blessed. A slave will not be corrected by words: because he understandeth what thou sayest and will not answer. Hast thou seen a man hasty to speak? folly is rather to be looked for, than his amendment.

He that nourisheth his servant delicately from his childhood, afterwards shall find him stubborn. A passionate man provoketh quarrels: and he that is easily stirred up to wrath, shall be more prone to sin. Humiliation followeth the proud: and glory shall uphold the humble of spirit. He that is partaker with a thief, hateth his own soul: he heareth one putting him to his oath and discovereth not. He that feareth man, shall quickly fall: he that trusteth in the Lord, shall be set on high.

Many seek the face of the prince: but the judgment of every one cometh forth from the Lord. The just abhor the wicked man: and the wicked loathe them that are in the right way. The son that keepeth the word, shall be free from destruction.

Chapter 30

The words of Gatherer the son of Vomiter. The vision which the man spoke with whom God is and who being strengthened by God, abiding with him, said: I am the most foolish of men and the wisdom of men is not with me. I have not learned wisdom and have not known the science of saints. Who hath ascended up into heaven and descended? who hath held the wind in his hands? who hath bound up the waters together as in a garment? who hath raised up all the borders of the earth? what is his name and what is the name of his son, if thou knowest? Every word of God is fire tried: he is a buckler to them that hope in him.

Add not any thing to his words, lest thou be reprov'd and found a liar: Two things I have asked of thee, deny them not to me before I die. Remove far from me vanity and lying words. Give me neither beggary, nor riches: give me only the necessaries of life: Lest perhaps being filled, I should be tempted to deny and say: Who is the Lord? or being compelled by poverty, I should steal and forswear the name of my God. Accuse not a servant to his master, lest he curse thee and thou fall.

There is a generation that curseth their father and doth not bless their mother. A generation that are pure in their own eyes and yet are not washed from their filthiness. A generation, whose eyes are lofty and their eyelids lifted up on high. A generation, that for teeth hath swords and grindeth with their jaw teeth, to devour the needy from off the earth and the poor from among men. The horseleech hath two daughters that say: Bring, bring. There are three things that never are satisfied and the fourth never saith: It is enough.

Hell and the mouth of the womb and the earth which is not satisfied with water: and the fire never saith: It is enough. The eye that mocketh at his father and that despiseth the labour of his mother in bearing him, let the ravens of the brooks pick it out and the young eagles eat it. Three things are hard to me and the fourth I am utterly ignorant of. The way of an eagle in the air, the way of a serpent upon a rock, the way of a ship in the midst of the sea and the way of a man in youth. Such is also the way of an adulterous woman, who eateth and wipeth her mouth and saith: I have done no evil.

By three things the earth is disturbed and the fourth it cannot bear: By a slave when he reigneth: by a fool when he is filled with meat: By an odious woman when she is married: and by a bondwoman when she is heir to her mistress. There are four very little things of the earth and they are wiser than the wise: The ants, a feeble people, which provide themselves food in the harvest:

The rabbit, a weak people, which maketh its bed in the rock: The locust hath no king, yet they all go out by their bands. The stelling supporteth itself on hands and dwelleth in kings' houses. There are three things, which go

well and the fourth that walketh happily: A lion, the strongest of beasts, who hath no fear of any thing he meeteth:

A cock girded about the loins: and a ram: and a king, whom none can resist. There is that hath appeared a fool after he was lifted up on high: for if he had understood, he would have laid his hand upon his mouth. And he that strongly squeezeth the paps to bring out milk, straineth out butter: and he that violently bloweth his nose, bringeth out blood: and he that provoketh wrath bringeth forth strife.

PSALMS

Psalm 1

[1] Blessed is the man who hath not walked in the counsel of the ungodly, nor stood in the way of sinners, nor sat in the chair of pestilence.

[2] But his will is in the law of the Lord and on His law he shall meditate day and night.

[3] And he shall be like a tree which is planted near the running waters, which shall bring forth its fruit, in due season. And his leaf shall not fall off: and all whatsoever he shall do shall prosper.

[4] Not so the wicked, not so: but like the dust, which the wind driveth from the face of the Earth.

[5] Therefore the wicked shall not rise again in judgment: nor sinners in the council of the just.

[6] For the Lord knoweth the way of the just: and the way of the wicked shall perish.

Gloria Patri, etc.

Psalm 2

[1] Why have the Gentiles raged and the people devised vain things?

[2] The kings of the Earth stood up and the princes met together, against the Lord and against His Christ.

[3] Let us break their bonds asunder: and let us cast away their yoke from us.

[4] He that dwelleth in Heaven shall laugh at them: and the Lord shall deride them.

[5] Then shall He speak to them in His anger and trouble them in His rage.

[6] But I am appointed king by Him over Sion His holy mountain, preaching His commandment.

[7] The Lord hath said to me: thou art My son, this day have I begotten thee.

[8] Ask of Me and I will give thee the Gentiles for thy inheritance and the utmost parts of the Earth for thy possession.

[9] Thou shalt rule them with a rod of iron and shalt break them in pieces like a potter's vessel.

[10] And now, O ye kings, understand: receive instruction, you that judge the Earth.

[11] Serve ye the Lord with fear: and rejoice unto Him with trembling.

[12] Embrace discipline, lest at any time the Lord be angry and you perish from the just way.

[13] When His wrath shall be kindled in a short time, blessed are all they that trust in Him.

Gloria Patri, etc.

Psalm 3

[1] The psalm of David when he fled from the face of his son Absalom.

[2] Why, O Lord, are they multiplied that afflict me? Many are they who rise up against me.

[3] Many say to my soul: There is no salvation for him in his God.

[4] But Thou, O Lord, art my protector, my glory and the lifter up of my head.

[5] I have cried to the Lord with my voice: and He hath heard me from His holy hill.

[6] I have slept and taken my rest: and I have risen up, because the Lord hath protected me.

[7] I will not fear thousands of the people, surrounding me: arise, O Lord; save me, O my God.

[8] For Thou hast struck all them who are my adversaries without cause: Thou hast broken the teeth of sinners.

[9] Salvation is of the Lord: and Thy blessing is upon Thy people.

Gloria Patri, etc.

Psalm 4

[1] Unto the end, in verses. A psalm for David.

[2] When I called upon Him, the God of my justice heard me: when I was in distress, Thou hast enlarged me. Have mercy on me: and hear my prayer.

[3] O ye sons of men, how long will you be dull of heart? why do you love vanity and seek after lying?

[4] Know ye also that the Lord hath made His holy one wonderful: the Lord will hear me when I shall cry unto Him.

[5] Be angry and sin not: the things you say in your hearts, be sorry for them upon your beds.

[6] Offer up the sacrifice of justice and trust in the Lord: many say, Who showeth us good things?

[7] The light of Thy countenance O Lord, is signed upon us: Thou hast given gladness in my heart.

[8] By the fruit of their corn, their wine and oil, they are multiplied.

[9] In peace in the selfsame I will sleep and I will rest:

[10] For Thou, O Lord, singularly hast settled me in hope.

Gloria Patri, etc.

Psalm 5

[1] Unto the end, for her that obtaineth the inheritance. A psalm for David.

[2] Give ear, O Lord, to my words, understand my cry.

[3] Harken to the voice of my prayer, O my King and my God.

[4] For to Thee will I pray: O Lord, in the morning Thou shalt hear my voice.

[5] In the morning I will stand before Thee and I will see: because Thou art not a God that willest iniquity.

[6] Neither shall the wicked dwell near Thee: nor shall the unjust abide before Thy eyes.

[7] Thou hatest all the workers of iniquity: Thou wilt destroy all that speak a lie. The bloody and the deceitful man the Lord will abhor.

[8] But as for me in the multitude of Thy mercy, I will come into Thy house; I will worship towards Thy holy temple, in Thy fear.

[9] Conduct me, O Lord, in Thy justice: because of my enemies, direct my way in Thy sight.

[10] For there is no truth in their mouth; their heart is vain.

[11] Their throat is an open sepulchre: they dealt deceitfully with their tongues: judge them, O God. Let them fall from their devices: according to the multitude of their wickedness cast them out: for they have provoked Thee, O Lord.

[12] But let all them be glad that hope in Thee: they shall rejoice forever and Thou shalt dwell in them. And all they that love Thy name shall glory in Thee:

[13] For Thou wilt bless the just. O Lord, Thou hast crowned us, as with a shield of Thy good will.

Gloria Patri, etc.

Psalm 6

[1] Unto the end, in verses, a psalm for David, for the octave.

[2] O Lord, rebuke me not in Thy indignation, nor chastise me in Thy wrath.

[3] Have mercy on me, O Lord, for I am weak: Heal me, O Lord, for my bones are troubled.

[4] And my soul is troubled exceedingly: but Thou, O Lord, how long?

[5] Turn to me, O Lord and deliver my soul: O save me for Thy mercy's sake.

[6] For there is no one in death, that is mindful of Thee: and who shall confess to Thee in hell?

[7] I have laboured in my groanings, every night I will wash my bed: I will water my couch with my tears.

[8] My eye is troubled through indignation: I have grown old amongst all my enemies.

[9] Depart from me, all ye workers of iniquity: for the Lord hath heard the voice of my weeping.

[10] The Lord hath heard my supplication: the Lord hath received my prayer.

[11] Let all my enemies be ashamed and be very much troubled: let them be turned back and be ashamed very speedily.

Gloria Patri, etc.

Psalm 7

[1] The psalm of David which he sung to the Lord for the words of Chusi the son of Jemini. [2 Kings 16]

[2] O Lord my God, in Thee have I put my trust: save me from all them that persecute me and deliver me.

[3] Lest at any time he seize upon my soul like a lion, while there is no one to redeem me, nor to save.

[4] O Lord my God, if I have done this thing, if there be iniquity in my hands:

[5] If I have rendered to them that repaid me evils, let me deservedly fall empty before my enemies.

[6] Let the enemy pursue my soul and take it and tread down my life on the Earth and bring down my glory to the dust.

[7] Rise up, O Lord, in Thy anger: and be Thou exalted in the borders of my enemies. And arise, O Lord my God, in the precept which Thou hast commanded:

[8] And a congregation of people shall surround Thee. And for their sakes return Thou on high.

[9] The Lord judgeth the people. Judge me, O Lord, according to my justice and according to my innocence in me.

[10] The wickedness of sinners shall be brought to nought: and Thou shalt direct the just: the searcher of hearts and reins is God.

[11] Just is my help from the Lord: Who saveth the upright of heart.

[12] God is a just judge, strong and patient: is He angry every day?

[13] Except you will be converted, He will brandish His sword: He hath bent His bow and made it ready.

[14] And in it He hath prepared the instruments of death, He hath made ready His arrows for them that burn.

[15] Behold he hath been in labour with injustice; he hath conceived sorrow and brought forth iniquity.

[16] He hath opened a pit and dug it; and he is fallen into the hole he made.

[17] His sorrow shall be turned on his own head: and his iniquity shall come down upon his crown.

[18] I will give glory to the Lord according to His justice: and will sing to the name of the Lord the Most High.

Gloria Patri, etc.

Psalm 8

[1] Unto the end, for the presses: a psalm for David.

[2] O Lord our Lord, how admirable is Thy name in the whole Earth! For Thy magnificence is elevated above the heavens.

[3] Out of the mouth of infants and of sucklings Thou hast perfected praise, because of Thy enemies, that Thou mayst destroy the enemy and the avenger.

[4] For I will behold Thy heavens, the works of Thy fingers: the Moon and the stars which Thou hast founded.

[5] What is man that Thou art mindful of him? or the son of man that Thou visitest him?

[6] Thou hast made him a little less than the angels, Thou hast crowned him with glory and honour:

[7] And hast set him over the works of Thy hands.

[8] Thou hast subjected all things under his feet, all sheep and oxen: moreover the beasts also of the fields.

[9] The birds of the air and the fishes of the sea, that pass through the paths of the sea.

[10] O Lord our Lord, how admirable is Thy name in all the Earth!

Gloria Patri, etc.

Psalm 9

[1] Unto the end, for the hidden things of the Son. A psalm for David.

[2] I will give praise to Thee, O Lord, with my whole heart: I will relate all Thy wonders.

[3] I will be glad and rejoice in Thee: I will sing to Thy name, O Thou most high.

[4] When my enemy shall be turned back: they shall be weakened and perish before Thy face.

[5] For Thou hast maintained my judgment and my cause: Thou hast sat on the throne, Who judgest justice.

[6] Thou hast rebuked the Gentiles and the wicked one hath perished: Thou hast blotted out their name forever and ever.

[7] The swords of the enemy have failed unto the end: and their cities Thou hast destroyed. Their memory hath perished with a noise.

[8] But the Lord remaineth forever. He hath prepared His throne in judgment:

[9] And He shall judge the world in equity, He shall judge the people in justice.

[10] And the Lord is become a refuge for the poor: a helper in due time in tribulation.

[11] And let them trust in Thee who know Thy name: for Thou hast not forsaken them that seek Thee, O Lord.

[12] Sing ye to the Lord, Who dwelleth in Sion: declare His ways among the Gentiles:

[13] For requiring their blood He hath remembered them: He hath not forgotten the cry of the poor.

[14] Have mercy on me, O Lord: see my humiliation which I suffer from my enemies.

[15] Thou that liftest me up from the gates of death, that I may declare all Thy praises in the gates of the daughter of Sion.

[16] I will rejoice in Thy salvation: the Gentiles have stuck fast in the destruction which they have prepared. Their foot hath been taken in the very snare which they hid.

[17] The Lord shall be known when He executeth judgments: the sinner hath been caught in the works of his own hands.

[18] The wicked shall be turned into hell, all the nations that forget God.

[19] For the poor man shall not be forgotten to the end: the patience of the poor shall not perish forever.

[20] Arise, O Lord, let not man be strengthened: let the Gentiles be judged in Thy sight.

[21] Appoint, O Lord, a lawgiver over them: that the Gentiles may know themselves to be but men.

[22] Why, O Lord, hast Thou retired afar off? why dost Thou slight us in our wants, in the time of trouble?

[23] Whilst the wicked man is proud, the poor is set on fire: they are caught in the counsels which they devise.

[24] For the sinner is praised in the desires of his soul: and the unjust man is blessed.

[25] The sinner hath provoked the Lord, according to the multitude of his wrath he will not seek Him:

[26] God is not before his eyes: his ways are filthy at all times. Thy judgments are removed from his sight: he shall rule over all his enemies.

[27] For he hath said in his heart: I shall not be moved from generation to generation and shall be without evil.

[28] His mouth is full of cursing and of bitterness and of deceit: under his tongue are labour and sorrow.

[29] He sitteth in ambush with the rich in private places, that he may kill the innocent.

[30] His eyes are upon the poor man: he lieth in wait in secret like a lion in his den. He lieth in ambush that he may catch the poor man: to catch the poor, whilst he draweth him to him.

[31] In his net he will bring him down, he will crouch and fall, when he shall have power over the poor.

[32] For he hath said in his heart: God hath forgotten, He hath turned away His face not to see to the end.

[33] Arise, O Lord God, let Thy hand be exalted: forget not the poor.

[34] Wherefore hath the wicked provoked God? for he hath said in his heart: He will not require it.

[35] Thou seest it, for Thou considerest labour and sorrow: that Thou mayst deliver them into Thy hands. To Thee is the poor man left: Thou wilt be a helper to the orphan.

[36] Break Thou the arm of the sinner and of the malignant: his sin shall be sought and shall not be found.

[37] The Lord shall reign to eternity, yea, forever and ever: ye Gentiles shall perish from His land.

[38] The Lord hath heard the desire of the poor: Thy ear hath heard the preparation of their heart.

[39] To judge for the fatherless and for the humble, that man may no more presume to magnify himself upon Earth.

Gloria Patri, etc.

Psalm 10

[1] Unto the end. A psalm for David.

[2] In the Lord I put my trust: how then do you say to my soul: Get thee away from hence to the mountain like a sparrow?

[3] For, lo, the wicked have bent their bow; they have prepared their arrows in the quiver; to shoot in the dark the upright of heart.

[4] For they have destroyed the things which Thou hast made: but what has the just man done?

[5] The Lord is in His holy temple, the Lord's throne is in Heaven. His eyes look on the poor man: His eyelids examine the sons of men.

[6] The Lord trieth the just and the wicked: but he that loveth iniquity hateth his own soul.

[7] He shall rain snares upon sinners: fire and brimstone and storms of winds shall be the portion of their cup.

[8] For the Lord is just and hath loved justice: His countenance hath beheld righteousness.

Gloria Patri, etc.

Te Deum

We praise Thee, O God; we acclaim Thee Lord and Master.

Everlasting Father, all the world bows down before Thee.

All the angels sing Thy praise, the hosts of Heaven and all the angelic powers;

All the Cherubim and Seraphim call out to Thee in unending chorus:

Holy, Holy, Holy is the Lord God of angel hosts!
The heavens and the Earth are filled, Lord, with Thy majesty and glory.
Thy praises are sung by the renowned Apostles;
By all the prophets, who themselves deserve our praise;
By that mighty white-robed army who shed their blood for Christ.
And to the ends of the Earth the Holy Church proclaims Her faith in Thee:
Father, Whose majesty is boundless;
Thy only Son, Who is true God and Who is to be adored;
The Holy Ghost, sent to be our Advocate.
O Christ, the King of Glory! Thou alone are the Father's eternal Son.
When Thou wast to become man so as to save mankind, Thou didst not
shrink back from the chaste Virgin's womb.
When Thou triumphantly destroyed death's sting, Thou opened up to
believers the Kingdom of Heaven.
Thou art now enthroned at God's right hand, in the Father's glory.
We believe that Thou wilt come for judgment.
(The following verse is said bowing on your knees.)
We therefore implore Thee to grant Thy servants grace and aid, for Thou
shed Thy precious blood for their redemption.
Admit them all to the ranks of Thy saints in everlasting glory.
Be the Savior of Thy faithful people, Lord; grant them Thy blessing, for they
belong to Thee. Be their Shepherd, Lord, uphold and exalt them forever and
ever.
Day by day we praise Thee, daily we acclaim Thee. We will confess and
glorify Thy Holy Name, now and for all eternity.
In Thy great mercy, Lord, throughout this day keep us free from sin by Thy
protection.
Have mercy on us, we humbly pray; Lord, have mercy on us.
May Thy mercy, Lord, Thy loving kindness, always remain with us; for we
have placed our confidence in Thee. In Thee alone, Lord, I have hoped; may
I not be disappointed.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 11

[1] Unto the end; for the octave, a psalm for David.

[2] Save me, O Lord, for there is now no saint: truths are decayed from among the children of men.

[3] They have spoken vain things, every one to his neighbour: with deceitful lips and with a double heart have they spoken.

[4] May the Lord destroy all deceitful lips and the tongue that speaketh proud things.

[5] Who have said: We will magnify our tongue; our lips are our own; Who is Lord over us?

[6] By reason of the misery of the needy and the groans of the poor, now will I arise, saith the Lord. I will set him in safety; I will deal confidently in his regard.

[7] The words of the Lord are pure words: as silver tried by the fire, purged from the Earth, refined seven times.

[8] Thou, O Lord, wilt preserve us: and keep us from this generation forever.

[9] The wicked walk round about: according to Thy highness, Thou hast multiplied the children of men.

Gloria Patri, etc.

Psalm 12

[1] Unto the end, a psalm for David. How long, O Lord, wilt Thou forget me unto the end? How long dost Thou turn away Thy face from me?

[2] How long shall I take counsels in my soul, sorrow in my heart all the day?

[3] How long shall my enemy be exalted over me?

[4] Consider and hear me, O Lord my God. Enlighten my eyes that I never sleep in death:

[5] Lest at any time my enemy say: I have prevailed against him. They that trouble me will rejoice when I am moved:

[6] But I have trusted in Thy mercy. My heart shall rejoice in Thy salvation: I will sing to the Lord, Who giveth me good things: yea I will sing to the name of the Lord the most high.

Gloria Patri, etc.

Psalm 13

[1] Unto the end, a psalm for David. The fool hath said in his heart: There is no God. They are corrupt and are become abominable in their ways: there is none that doth good, no not one.

[2] The Lord hath looked down from Heaven upon the children of men, to see if there be any that understand and seek God.

[3] They are all gone aside, they are become unprofitable together: there is none that doth good, no not one. Their throat is an open sepulchre: with their tongues they acted deceitfully; the poison of asps is under their lips. Their mouth is full of cursing and bitterness; their feet are swift to shed blood. Destruction and unhappiness in their ways: and the way of peace they have not known: there is no fear of God before their eyes.

[4] Shall not all they know that work iniquity, who devour My people as they eat bread?

[5] They have not called upon the Lord: there have they trembled for fear, where there was no fear.

[6] For the Lord is in the just generation: you have confounded the counsel of the poor man, but the Lord is his hope.

[7] Who shall give out of Sion the salvation of Israel? when the Lord shall have turned away the captivity of His people, Jacob shall rejoice and Israel shall be glad.

Gloria Patri, etc.

Psalm 14

[1] A psalm of David. Lord, who shall dwell in Thy tabernacle? or who shall rest in Thy holy hill?

[2] He that walketh without blemish and worketh justice:

[3] He that speaketh truth in his heart, who hath not used deceit in his tongue: Nor hath done evil to his neighbour: nor taken up a reproach against his neighbours.

[4] In His sight the malignant is brought to nothing: but He glorifieth them that fear the Lord. He that sweareth to his neighbour and deceiveth not;

[5] He that hath not put out his money to usury, nor taken bribes against the innocent: he that doth these things shall not be moved forever.

Gloria Patri, etc.

Psalm 15

[1] The inscription of a title to David himself. Preserve me, O Lord, for I have put trust in Thee.

[2] I have said to the Lord, Thou art my God, for Thou hast no need of my goods.

[3] To the saints, who are in His land, He hath made wonderful all my desires in them.

[4] Their infirmities were multiplied: afterwards they made haste. I will not gather together their meetings for blood offerings: nor will I be mindful of their names by my lips.

[5] The Lord is the portion of my inheritance and of my cup: it is Thou that wilt restore my inheritance to me.

[6] The lines are fallen unto me in goodly places: for my inheritance is goodly to me.

[7] I will bless the Lord, Who hath given me understanding: moreover my reins also have corrected me even till night.

[8] I set the Lord always in my sight: for He is at my right hand, that I be not moved.

[9] Therefore my heart hath been glad and my tongue hath rejoiced: moreover my flesh also shall rest in hope.

[10] Because Thou wilt not leave my soul in hell; nor wilt Thou give Thy holy one to see corruption.

[11] Thou hast made known to me the ways of life, Thou shalt fill me with joy with Thy countenance: at Thy right hand are delights even to the end.

Gloria Patri, etc.

Psalm 16

[1] The prayer of David. Hear, O Lord, my justice: attend to my supplication. Give ear unto my prayer, which proceedeth not from deceitful lips.

[2] Let my judgment come forth from Thy countenance: let Thy eyes behold the things that are equitable.

[3] Thou hast proved my heart and visited it by night, Thou hast tried me by fire: and iniquity hath not been found in me.

[4] That my mouth may not speak the works of men: for the sake of the words of Thy lips, I have kept hard ways.

[5] Perfect Thou my goings in Thy paths: that my footsteps be not moved.

[6] I have cried to Thee, for Thou, O God, hast heard me: O incline Thy ear unto me and hear my words.

[7] Show forth Thy wonderful mercies; Thou Who savest them that trust in Thee.

[8] From them that resist Thy right hand keep me, as the apple of Thy eye. Protect me under the shadow of Thy wings.

[9] From the face of the wicked who have afflicted me. My enemies have surrounded my soul:

[10] They have shut up their fat: their mouth hath spoken proudly.

[11] They have cast me forth and now they have surrounded me: they have set their eyes bowing down to the Earth.

[12] They have taken me, as a lion prepared for the prey; and as a young lion dwelling in secret places.

[13] Arise, O Lord, disappoint him and supplant him; deliver my soul from the wicked one: Thy sword

[14] From the enemies of Thy hand. O Lord, divide them from the few of the Earth in their life: their belly is filled from Thy hidden stores. They are

full of children: and they have left to their little ones the rest of their substance.

[15] But as for me, I will appear before Thy sight in justice: I shall be satisfied when Thy glory shall appear.

Gloria Patri, etc.

Psalm 17

[1] Unto the end, for David the servant of the Lord, who spoke to the Lord the words of this canticle, in the day that the Lord delivered him from the hands of all his enemies and from the hand of Saul. [2 Kings 22]

[2] I will love Thee, O Lord, my strength:

[3] The Lord is my firmament, my refuge and my deliverer. My God is my helper and in Him will I put my trust. My protector and the horn of my salvation and my support.

[4] Praising I will call upon the Lord: and I shall be saved from my enemies.

[5] The sorrows of death surrounded me: and the torrents of iniquity troubled me.

[6] The sorrows of hell encompassed me: and the snares of death prevented me.

[7] In my affliction I called upon the Lord and I cried to my God: And He heard my voice from His holy temple: and my cry before Him came into His ears.

[8] The Earth shook and trembled: the foundations of the mountains were troubled and were moved, because He was angry with them.

[9] There went up a smoke in His wrath: and a fire flamed from His face: coals were kindled by it.

[10] He bowed the heavens and came down: and darkness was under His feet.

[11] And He ascended upon the cherubim and He flew; He flew upon the wings of the winds.

[12] And He made darkness his covert, His pavilion round about Him: dark waters in the clouds of the air.

[13] At the brightness that was before Him the clouds passed, hail and coals of fire.

[14] And the Lord thundered from heaven and the highest gave His voice: hail and coals of fire.

[15] And He sent forth His arrows and He scattered them: He multiplied lightnings and troubled them.

[16] Then the fountains of waters appeared and the foundations of the world were discovered: At Thy rebuke, O Lord, at the blast of the spirit of Thy wrath.

[17] He sent from on high and took me: and received me out of many waters.

[18] He delivered me from my strongest enemies and from them that hated me: for they were too strong for me.

[19] They prevented me in the day of my affliction: and the Lord became my protector.

[20] And He brought me forth into a large place: He saved me, because He was well pleased with me.

[21] And the Lord will reward me according to my justice; and will repay me according to the cleanness of my hands:

[22] Because I have kept the ways of the Lord; and have not done wickedly against my God.

[23] For all His judgments are in my sight: and His justices I have not put away from me.

[24] And I shall be spotless with Him: and shall keep myself from my iniquity.

[25] And the Lord will reward me according to my justice; and according to the cleanness of my hands before His eyes.

[26] With the holy, thou wilt be holy; and with the innocent man thou wilt be innocent.

[27] And with the elect thou wilt be elect: and with the perverse thou wilt be perverted.

[28] For Thou wilt save the humble people; but wilt bring down the eyes of the proud.

[29] For Thou lightest my lamp, O Lord: O my God enlighten my darkness.

[30] For by Thee I shall be delivered from temptation; and through my God I shall go over a wall.

[31] As for my God, His way is undefiled: the words of the Lord are fire tried: He is the protector of all that trust in Him.

[32] For Who is God but the Lord? or Who is God but our God?

[33] God Who hath girt me with strength; and made my way blameless.

[34] Who hath made my feet like the feet of harts: and Who setteth me upon high places.

[35] Who teacheth my hands to war: and Thou hast made my arms like a brazen bow.

[36] And Thou hast given me the protection of Thy salvation: and Thy right hand hath held me up: And Thy discipline hath corrected me unto the end: and Thy discipline, the same shall teach me.

[37] Thou hast enlarged my steps under me; and my feet are not weakened.

[38] I will pursue after my enemies and overtake them: and I will not turn again till they are consumed.

[39] I will break them and they shall not be able to stand: they shall fall under my feet.

[40] And Thou hast girded me with strength unto battle; and hast subdued under me them that rose up against me.

[41] And Thou hast made my enemies turn their back upon me and hast destroyed them that hated me.

[42] They cried, but there was none to save them, to the Lord: but He heard them not.

[43] And I shall beat them as small as the dust before the wind; I shall bring them to nought, like the dirt in the streets.

[44] Thou wilt deliver me from the contradictions of the people: Thou wilt make me head of the Gentiles.

[45] A people, which I knew not, hath served Me: at the hearing of the ear they have obeyed me.

[46] The children that are strangers have lied to Me, strange children have faded away and have halted from their paths.

[47] The Lord liveth and blessed be my God and let the God of my salvation be exalted:

[48] O God, Who avengest me and subduest the people under me, my deliverer from my enemies.

[49] And Thou wilt lift me up above them that rise up against me: from the unjust man Thou wilt deliver me.

[50] Therefore will I give glory to Thee, O Lord, among the nations and I will sing a psalm to Thy name.

[51] Giving great deliverance to His king and showing mercy to David His anointed: and to his seed forever.

Gloria Patri, etc.

Psalm 18

[1] Unto the end. A psalm for David.

[2] The heavens show forth the glory of God and the firmament declareth the work of His hands.

[3] Day to day uttereth speech and night to night showeth knowledge.

[4] There are no speeches nor languages, where their voices are not heard.

[5] Their sound hath gone forth into all the Earth: and their words unto the ends of the world.

[6] He hath set His tabernacle in the Sun: and He, as a bridegroom coming out of His bride chamber, hath rejoiced as a giant to run the way:

[7] His going out is from the end of Heaven and His circuit even to the end thereof: and there is no one that can hide himself from His heat.

[8] The law of the Lord is unspotted, converting souls: the testimony of the Lord is faithful, giving wisdom to little ones.

[9] The justices of the Lord are right, rejoicing hearts: the commandment of the Lord is lightsome, enlightening the eyes.

[10] The fear of the Lord is holy, enduring forever and ever: the judgments of the Lord are true, justified in themselves.

[11] More to be desired than gold and many precious stones: and sweeter than honey and the honeycomb.

[12] For Thy servant keepeth them and in keeping them there is a great reward.

[13] Who can understand sins? from my secret ones cleanse me, O Lord:

[14] And from those of others spare Thy servant. If they shall have no dominion over me, then shall I be without spot: and I shall be cleansed from the greatest sin.

[15] And the words of my mouth shall be such as may please: and the meditation of my heart always in Thy sight. O Lord, my helper and my redeemer.

Gloria Patri, etc.

Psalm 19

[1] Unto the end. A psalm for David.

[2] May the Lord hear thee in the day of tribulation: may the name of the God of Jacob protect thee.

[3] May He send thee help from the sanctuary: and defend thee out of Sion.

[4] May He be mindful of all thy sacrifices: and may thy whole burnt offering be made fat.

[5] May He give thee according to thy own heart; and confirm all thy counsels.

[6] We will rejoice in Thy salvation; and in the name of our God we shall be exalted.

[7] The Lord fulfill all thy petitions: now have I known that the Lord hath saved His anointed. He will hear him from His holy Heaven: the salvation of His right hand is in powers.

[8] Some trust in chariots and some in horses: but we will call upon the name of the Lord our God.

[9] They are bound and have fallen; but we are risen and are set upright. O Lord, save the king: and hear us in the day that we shall call upon Thee.

Gloria Patri, etc.

Psalm 20

[1] Unto the end. A psalm for David.

[2] In Thy strength, O Lord, the king shall joy; and in Thy salvation he shall rejoice exceedingly.

[3] Thou hast given him his heart's desire: and hast not withholden from him the will of his lips.

[4] For Thou hast prevented him with blessings of sweetness: Thou hast set on his head a crown of precious stones.

[5] He asked life of Thee: and Thou hast given him length of days forever and ever.

[6] His glory is great in Thy salvation: glory and great beauty shalt Thou lay upon him.

[7] For Thou shalt give him to be a blessing forever and ever: Thou shalt make him joyful in gladness with Thy countenance.

[8] For the king hopeth in the Lord: and through the mercy of the most High he shall not be moved.

[9] Let Thy hand be found by all Thy enemies: let Thy right hand find out all them that hate Thee.

[10] Thou shalt make them as an oven of fire, in the time of Thy anger: the Lord shall trouble them in His wrath and fire shall devour them.

[11] Their fruit shalt Thou destroy from the Earth: and their seed from among the children of men.

[12] For they have intended evils against Thee: they have devised counsels which they have not been able to establish.

[13] For Thou shalt make them turn their back: in Thy remnants Thou shalt prepare their face.

[14] Be Thou exalted, O Lord, in Thy own strength: we will sing and praise Thy power.

Gloria Patri, etc.

Canticle of Zachary [St. Luke 1:68-79]

[68] Blessed be the Lord God of Israel, because He hath visited and wrought the redemption of His people:

[69] And hath raised up an horn of salvation to us, in the house of David His servant:

[70] As He spoke by the mouth of His holy prophets, who are from the beginning:

[71] Salvation from our enemies and from the hand of all that hate us:

[72] To perform mercy to our fathers and to remember His holy testament,

[73] The oath, which He swore to Abraham our father, that He would grant to us,

[74] That being delivered from the hand of our enemies, we may serve Him without fear,

[75] In holiness and justice before Him, all our days.

[76] And thou, child, shalt be called the prophet of the Highest: for thou shalt go before the face of the Lord to prepare His ways:

[77] To give knowledge of salvation to His people, unto the remission of their sins:

[78] Through the bowels of the mercy of our God, in which the Orient from on high hath visited us:

[79] To enlighten them that sit in darkness and in the shadow of death: to direct our feet into the way of peace.

Gloria Patri, etc.

The Beatitudes [St. Matthew 5:3-16]

[3] Blessed are the poor in spirit: for theirs is the Kingdom of Heaven.

[4] Blessed are the meek: for they shall possess the land.

[5] Blessed are they that mourn: for they shall be comforted.

[6] Blessed are they that hunger and thirst after justice: for they shall have their fill.

[7] Blessed are the merciful: for they shall obtain mercy.

[8] Blessed are the clean of heart: for they shall see God.

[9] Blessed are the peacemakers: for they shall be called children of God.

[10] Blessed are they that suffer persecution for justice' sake: for theirs is the Kingdom of Heaven.

[11] Blessed are ye when they shall revile you and persecute you and speak all that is evil against you, untruly, for My sake:

[12] Be glad and rejoice, for your reward is very great in Heaven. For so they persecuted the prophets that were before you.

[13] You are the salt of the Earth. But if the salt lose its savour, wherewith shall it be salted? It is good for nothing any more but to be cast out and to be trodden on by men.

[14] You are the light of the world. A city seated on a mountain cannot be hid.

[15] Neither do men light a candle and put it under a bushel, but upon a candlestick, that it may shine to all that are in the house.

[16] So let your light shine before men, that they may see your good works and glorify your Father Who is in Heaven.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 21

[1] Unto the end, for the morning protection, a psalm for David.

[2] O God my God, look upon me: why hast Thou forsaken me? Far from my salvation are the words of my sins.

[3] O my God, I shall cry by day and Thou wilt not hear: and by night and it shall not be reputed as folly in me.

[4] But Thou dwellest in the holy place, the praise of Israel.

[5] In Thee have our fathers hoped: they have hoped and Thou hast delivered them.

[6] They cried to Thee and they were saved: they trusted in Thee and were not confounded.

[7] But I am a worm and no man: the reproach of men and the outcast of the people.

[8] All they that saw me have laughed me to scorn: they have spoken with the lips and wagged the head.

[9] He hoped in the Lord, let Him deliver him: let Him save him, seeing He delighteth in him.

[10] For Thou art He that hast drawn me out of the womb: my hope from the breasts of my mother.

[11] I was cast upon Thee from the womb. From my mother's womb Thou art my God,

[12] Depart not from me. For tribulation is very near: for there is none to help me.

[13] Many calves have surrounded me: fat bulls have besieged me.

[14] They have opened their mouths against me, as a lion ravening and roaring.

[15] I am poured out like water; and all my bones are scattered. My heart is become like wax melting in the midst of my bowels.

[16] My strength is dried up like a potsherd and my tongue hath cleaved to my jaws: and Thou hast brought me down into the dust of death.

[17] For many dogs have encompassed me: the council of the malignant hath besieged me. They have dug my hands and feet.

[18] They have numbered all my bones. And they have looked and stared upon me.

[19] They parted my garments amongst them; and upon my vesture they cast lots.

[20] But Thou, O Lord, remove not Thy help to a distance from me; look towards my defense.

[21] Deliver, O God, my soul from the sword: my only one from the hand of the dog.

[22] Save me from the lion's mouth; and my lowness from the horns of the unicorns.

[23] I will declare Thy name to my brethren: in the midst of the church will I praise Thee.

[24] Ye that fear the Lord, praise Him: all ye the seed of Jacob, glorify Him.

[25] Let all the seed of Israel fear Him: because He hath not slighted nor despised the supplication of the poor man. Neither hath He turned away His face from me: and when I cried to Him, He heard me.

[26] With Thee is my praise in a great church: I will pay my vows in the sight of them that fear Him.

[27] The poor shall eat and shall be filled: and they shall praise the Lord that seek Him: their hearts shall live forever and ever.

[28] All the ends of the Earth shall remember and shall be converted to the Lord: And all the kindreds of the Gentiles shall adore in His sight.

[29] For the kingdom is the Lord's; and He shall have dominion over the nations.

[30] All the fat ones of the Earth have eaten and have adored: all they that go down to the Earth shall fall before Him.

[31] And to Him my soul shall live: and my seed shall serve Him.

[32] There shall be declared to the Lord a generation to come: and the heavens shall show forth His justice to a people that shall be born, which the Lord hath made.

Gloria Patri, etc.

Psalm 22

[1] A psalm for David. The Lord ruleth me: and I shall want nothing.

[2] He hath set me in a place of pasture. He hath brought me up, on the water of refreshment:

[3] He hath converted my soul. He hath led me on the paths of justice, for His own name's sake.

[4] For though I should walk in the midst of the shadow of death, I will fear no evils, for Thou art with me. Thy rod and Thy staff, they have comforted me.

[5] Thou hast prepared a table before me against them that afflict me. Thou hast anointed my head with oil; and my chalice which inebrieth me, how goodly is it!

[6] And Thy mercy will follow me all the days of my life. And that I may dwell in the house of the Lord unto length of days.

Gloria Patri, etc.

Psalm 23

[1] On the first day of the week, a psalm for David. The Earth is the Lord's and the fullness thereof: the world and all they that dwell therein.

[2] For He hath founded it upon the seas; and hath prepared it upon the rivers.

[3] Who shall ascend into the mountain of the Lord: or who shall stand in His holy place?

[4] The innocent in hands and clean of heart, who hath not taken his soul in vain, nor sworn deceitfully to his neighbour.

[5] He shall receive a blessing from the Lord and mercy from God his Savior.

[6] This is the generation of them that seek Him, of them that seek the face of the God of Jacob.

[7] Lift up your gates, O ye princes and be ye lifted up, O eternal gates: and the King of Glory shall enter in.

[8] Who is this King of Glory? the Lord Who is strong and mighty: the Lord mighty in battle.

[9] Lift up your gates, O ye princes and be ye lifted up, O eternal gates: and the King of Glory shall enter in.

[10] Who is this King of Glory? the Lord of hosts, He is the King of Glory.

Gloria Patri, etc.

Psalm 24

[1] Unto the end, a psalm for David. To Thee, O Lord, have I lifted up my soul.

[2] In Thee, O my God, I put my trust; let me not be ashamed.

[3] Neither let my enemies laugh at me: for none of them that wait on Thee shall be confounded.

[4] Let all them be confounded that act unjust things without cause. Show, O Lord, Thy ways to me and teach me Thy paths.

[5] Direct me in Thy truth and teach me; for Thou art God my Savior; and on Thee have I waited all the day long.

[6] Remember, O Lord, Thy bowels of compassion; and Thy mercies that are from the beginning of the world.

[7] The sins of my youth and my ignorances do not remember. According to Thy mercy remember Thou me: for Thy goodness' sake, O Lord.

[8] The Lord is sweet and righteous: therefore He will give a law to sinners in the way.

[9] He will guide the mild in judgment: He will teach the meek His ways.

[10] All the ways of the Lord are mercy and truth, to them that seek after His covenant and His testimonies.

[11] For Thy name's sake, O Lord, Thou wilt pardon my sin: for it is great.

[12] Who is the man that feareth the Lord? He hath appointed him a law in the way he hath chosen.

[13] His soul shall dwell in good things: and his seed shall inherit the land.

[14] The Lord is a firmament to them that fear Him: and His covenant shall be made manifest to them.

[15] My eyes are ever towards the Lord: for He shall pluck my feet out of the snare.

[16] Look Thou upon me and have mercy on me; for I am alone and poor.

[17] The troubles of my heart are multiplied: deliver me from my necessities.

[18] See my abjection and my labour; and forgive me all my sins.

[19] Consider my enemies for they are multiplied and have hated me with an unjust hatred.

[20] Keep Thou my soul and deliver me: I shall not be ashamed, for I have hoped in Thee.

[21] The innocent and the upright have adhered to me: because I have waited on Thee.

[22] Deliver Israel, O God, from all his tribulations.

Gloria Patri, etc.

Psalm 25

[1] Unto the end, a psalm for David. Judge me, O Lord, for I have walked in my innocence: and I have put my trust in the Lord and shall not be weakened.

[2] Prove me, O Lord and try me; burn my reins and my heart.

[3] For Thy mercy is before my eyes; and I am well pleased with Thy truth.

[4] I have not sat with the council of vanity: neither will I go in with the doers of unjust things.

[5] I have hated the assembly of the malignant; and with the wicked I will not sit.

[6] I will wash my hands among the innocent; and will compass Thy altar, O Lord:

[7] That I may hear the voice of Thy praise: and tell of all Thy wondrous works.

[8] I have loved, O Lord, the beauty of Thy house; and the place where Thy glory dwelleth.

[9] Take not away my soul, O God, with the wicked: nor my life with bloody men:

[10] In whose hands are iniquities: their right hand is filled with gifts.

[11] But as for me, I have walked in my innocence: redeem me and have mercy on me.

[12] My foot hath stood in the direct way: in the churches I will bless Thee, O Lord.

Gloria Patri, etc.

Psalm 26

[1] The psalm of David before he was anointed. The Lord is my light and my salvation, whom shall I fear? The Lord is the protector of my life: of whom shall I be afraid?

[2] Whilst the wicked draw near against me, to eat my flesh. My enemies that trouble me, have themselves been weakened and have fallen.

[3] If armies in camp should stand together against me, my heart shall not fear. If a battle should rise up against me, in this will I be confident.

[4] One thing I have asked of the Lord, this will I seek after; that I may dwell in the house of the Lord all the days of my life. That I may see the delight of the Lord and may visit His temple.

[5] For He hath hidden me in His tabernacle; in the day of evils, He hath protected me in the secret place of His tabernacle.

[6] He hath exalted me upon a rock: and now He hath lifted up my head above my enemies. I have gone round and have offered up in His tabernacle a sacrifice of jubilation: I will sing and recite a psalm to the Lord.

[7] Hear, O Lord, my voice, with which I have cried to Thee: have mercy on me and hear me.

[8] My heart hath said to Thee: My face hath sought Thee: Thy face, O Lord, will I still seek.

[9] Turn not away Thy face from me; decline not in Thy wrath from Thy servant. Be Thou my helper, forsake me not; do not Thou despise me, O God my Savior.

[10] For my father and my mother have left me: but the Lord hath taken me up.

[11] Set me, O Lord, a law in Thy way and guide me in the right path, because of my enemies.

[12] Deliver me not over to the will of them that trouble me; for unjust witnesses have risen up against me; and iniquity hath lied to itself.

[13] I believe to see the good things of the Lord in the land of the living.

[14] Expect the Lord, do manfully and let thy heart take courage and wait thou for the Lord.

Gloria Patri, etc.

Psalm 27

[1] A psalm for David himself. Unto Thee will I cry, O Lord: O my God, be not Thou silent to me: lest Thou be silent to me, I become like them that go down into the pit.

[2] Hear, O Lord, the voice of my supplication, when I pray to Thee; when I lift up my hands to Thy holy temple.

[3] Draw me not away together with the wicked; and with the workers of iniquity destroy me not: Who speak peace with their neighbour, but evils are in their hearts.

[4] Give them according to their works and according to the wickedness of their inventions. According to the works of their hands give Thou to them: render to them their reward.

[5] Because they have not understood the works of the Lord and the operations of His hands: Thou shalt destroy them and shalt not build them up.

[6] Blessed be the Lord, for He hath heard the voice of my supplication.

[7] The Lord is my helper and my protector: in Him hath my heart confided and I have been helped. And my flesh hath flourished again and with my will I will give praise to Him.

[8] The Lord is the strength of His people and the protector of the salvation of His anointed.

[9] Save, O Lord, Thy people and bless Thy inheritance: and rule them and exalt them forever.

Gloria Patri, etc.

Psalm 28

[1] A psalm for David, at the finishing of the tabernacle. Bring to the Lord, O ye children of God: bring to the Lord the offspring of rams.

[2] Bring to the Lord glory and honour: bring to the Lord glory to His name: adore ye the Lord in His holy court.

[3] The voice of the Lord is upon the waters; the God of majesty hath thundered, the Lord is upon many waters.

[4] The voice of the Lord is in power; the voice of the Lord in magnificence.

[5] The voice of the Lord breaketh the cedars: yea, the Lord shall break the cedars of Libanus.

[6] And shall reduce them to pieces, as a calf of Libanus and as the beloved son of unicorns.

[7] The voice of the Lord divideth the flame of fire:

[8] The voice of the Lord shaketh the desert: and the Lord shall shake the desert of Cades.

[9] The voice of the Lord prepareth the stags: and He will discover the thick woods: and in His temple all shall speak His glory.

[10] The Lord maketh the flood to dwell: and the Lord shall sit king forever. The Lord will give strength to His people: the Lord will bless His people with peace.

Gloria Patri, etc.

Psalm 29

[1] A psalm of a canticle, at the dedication of David's house.

[2] I will extol Thee, O Lord, for Thou hast upheld me: and hast not made my enemies to rejoice over me.

[3] O Lord my God, I have cried to Thee and Thou hast healed me.

[4] Thou hast brought forth, O Lord, my soul from hell: Thou hast saved me from them that go down into the pit.

[5] Sing to the Lord, O ye His saints: and give praise to the memory of His holiness.

[6] For wrath is in His indignation; and life in His good will. In the evening weeping shall have place and in the morning gladness.

[7] And in my abundance I said: I shall never be moved.

[8] O Lord, in Thy favour, Thou gavest strength to my beauty. Thou turnedst away Thy face from me and I became troubled.

[9] To Thee, O Lord, will I cry: and I will make supplication to my God.

[10] What profit is there in my blood, whilst I go down to corruption? Shall dust confess to Thee, or declare Thy truth?

[11] The Lord hath heard and hath had mercy on me: the Lord became my helper.

[12] Thou hast turned for me my mourning into joy: Thou hast cut my sackcloth and hast compassed me with gladness:

[13] To the end that my glory may sing to Thee and I may not regret: O Lord my God, I will give praise to Thee forever.

Gloria Patri, etc.

Psalm 30

[1] Unto the end, a psalm for David, in an ecstasy.

[2] In Thee, O Lord, have I hoped, let me never be confounded: deliver me in Thy justice.

[3] Bow down Thy ear to me: make haste to deliver me. Be Thou unto me a God, a protector and a house of refuge, to save me.

[4] For Thou art my strength and my refuge; and for Thy name's sake Thou wilt lead me and nourish me.

[5] Thou wilt bring me out of this snare, which they have hidden for me: for Thou art my protector.

[6] Into Thy hands I commend my spirit: Thou hast redeemed me, O Lord, the God of truth.

[7] Thou hast hated them that regard vanities, to no purpose. But I have hoped in the Lord:

[8] I will be glad and rejoice in Thy mercy. For Thou hast regarded my humility, Thou hast saved my soul out of distresses.

[9] And Thou hast not shut me up in the hands of the enemy: Thou hast set my feet in a spacious place.

[10] Have mercy on me, O Lord, for I am afflicted: my eye is troubled with wrath, my soul and my belly:

[11] For my life is wasted with grief: and my years in sighs. My strength is weakened through poverty and my bones are disturbed.

[12] I am become a reproach among all my enemies and very much to my neighbours; and a fear to my acquaintance. They that saw me without fled from me.

[13] I am forgotten as one dead from the heart. I am become as a vessel that is destroyed.

[14] For I have heard the blame of many that dwell round about. While they assembled together against me, they consulted to take away my life.

[15] But I have put my trust in Thee, O Lord: I said: Thou art my God.

[16] My lots are in Thy hands. Deliver me out of the hands of my enemies; and from them that persecute me.

[17] Make Thy face to shine upon Thy servant; save me in Thy mercy.

[18] Let me not be confounded, O Lord, for I have called upon Thee. Let the wicked be ashamed and be brought down to hell.

[19] Let deceitful lips be made dumb. Which speak iniquity against the just, with pride and abuse.

[20] O how great is the multitude of Thy sweetness, O Lord, which Thou hast hidden for them that fear Thee! Which Thou hast wrought for them that hope in Thee, in the sight of the sons of men.

[21] Thou shalt hide them in the secret of Thy face, from the disturbance of men. Thou shalt protect them in Thy tabernacle from the contradiction of tongues.

[22] Blessed be the Lord, for He hath shown His wonderful mercy to me in a fortified city.

[23] But I said in the excess of my mind: I am cast away from before Thy eyes. Therefore Thou hast heard the voice of my prayer, when I cried to Thee.

[24] O love the Lord, all ye His saints: for the Lord will require truth and will repay them abundantly that act proudly.

[25] Do ye manfully and let your heart be strengthened, all ye that hope in the Lord.

Gloria Patri, etc.

Canticle of the Blessed Virgin Mary [St. Luke 1:46-55]

[46] My soul doth magnify the Lord; And my spirit hath rejoiced in God my Savior,

[47] Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed,

[48] Because He that is mighty hath done great things to me and holy is His name,

[49] And His mercy is from generation unto generation to them that fear Him.

[50] He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

[51] He hath put down the mighty from their seat and hath exalted the humble.

[52] He hath filled the hungry with good things and the rich He hath sent empty away.

[53] He hath received Israel, His servant, being mindful of His mercy,

[54] As He spoke to our fathers, to Abraham and to his seed forever.

Gloria Patri, etc.

Genesis 3:15

(The following prayer is said standing. When praying the words "she shall crush thy head," lift your foot and press your heel into the ground, as if to crush satan with your heel. Good Catholics are Mary's heel.)

I will put enmities between thee and the woman and thy seed and her seed: she shall crush thy head and thou shalt lie in wait for her heel.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 31

[1] To David himself, understanding. Blessed are they whose iniquities are forgiven and whose sins are covered.

[2] Blessed is the man to whom the Lord hath not imputed sin and in whose spirit there is no guile.

[3] Because I was silent, my bones grew old; whilst I cried out all the day long.

[4] For day and night Thy hand was heavy upon me: I am turned in my anguish, whilst the thorn is fastened.

[5] I have acknowledged my sin to Thee and my injustice I have not concealed. I said I will confess against myself my injustice to the Lord: and Thou hast forgiven the wickedness of my sin.

[6] For this shall every one that is holy pray to Thee in a seasonable time. And yet in a flood of many waters, they shall not come nigh unto him.

[7] Thou art my refuge from the trouble which hath encompassed me: my joy, deliver me from them that surround me.

[8] I will give thee understanding and I will instruct thee in this way, in which thou shalt go: I will fix My eyes upon thee.

[9] Do not become like the horse and the mule, who have no understanding. With bit and bridle bind fast their jaws, who come not near unto thee.

[10] Many are the scourges of the sinner, but mercy shall encompass him that hopeth in the Lord.

[11] Be glad in the Lord and rejoice, ye just and glory, all ye right of heart.

Gloria Patri, etc.

Psalm 32

[1] A psalm for David. Rejoice in the Lord, O ye just: praise becometh the upright.

[2] Give praise to the Lord on the harp; sing to Him with the psaltery, the instrument of ten strings.

[3] Sing to Him a new canticle, sing well unto Him with a loud noise.

[4] For the word of the Lord is right and all His works are done with faithfulness.

[5] He loveth mercy and judgment; the Earth is full of the mercy of the Lord.

[6] By the word of the Lord the heavens were established; and all the power of them by the spirit of His mouth:

[7] Gathering together the waters of the sea, as in a vessel; laying up the depths in storehouses.

[8] Let all the Earth fear the Lord and let all the inhabitants of the world be in awe of Him.

[9] For He spoke and they were made: He commanded and they were created.

[10] The Lord bringeth to naught the counsels of nations; and He rejecteth the devices of people and casteth away the counsels of princes.

[11] But the counsel of the Lord standeth forever: the thoughts of His heart to all generations.

[12] Blessed is the nation whose God is the Lord: the people whom He hath chosen for His inheritance.

[13] The Lord hath looked from Heaven: He hath beheld all the sons of men.

[14] From His habitation which He hath prepared, He hath looked upon all that dwell on the Earth.

[15] He who hath made the hearts of every one of them: Who understandeth all their works.

[16] The king is not saved by a great army: nor shall the giant be saved by his own great strength.

[17] Vain is the horse for safety: neither shall he be saved by the abundance of his strength.

[18] Behold the eyes of the Lord are on them that fear Him: and on them that hope in His mercy.

[19] To deliver their souls from death; and feed them in famine.

[20] Our soul waiteth for the Lord: for He is our helper and protector.

[21] For in Him our heart shall rejoice: and in His holy name we have trusted.

[22] Let Thy mercy, O Lord, be upon us, as we have hoped in Thee.

Gloria Patri, etc.

Psalm 33

[1] For David, when he changed his countenance before Achimelech, who dismissed him and he went his way.

[2] I will bless the Lord at all times, His praise shall be always in my mouth.

[3] In the Lord shall my soul be praised: let the meek hear and rejoice.

[4] O magnify the Lord with me; and let us extol His name together.

[5] I sought the Lord and He heard me; and He delivered me from all my troubles.

[6] Come ye to Him and be enlightened: and your faces shall not be confounded.

[7] This poor man cried and the Lord heard him: and saved him out of all his troubles.

[8] The angel of the Lord shall encamp round about them that fear Him: and shall deliver them.

[9] O taste and see that the Lord is sweet: blessed is the man that hopeth in Him.

- [10] Fear the Lord, all ye His saints: for there is no want to them that fear Him.
- [11] The rich have wanted and have suffered hunger: but they that seek the Lord shall not be deprived of any good.
- [12] Come, children, hearken to me: I will teach you the fear of the Lord.
- [13] Who is the man that desireth life: who loveth to see good days?
- [14] Keep Thy tongue from evil and Thy lips from speaking guile.
- [15] Turn away from evil and do good: seek after peace and pursue it.
- [16] The eyes of the Lord are upon the just: and His ears unto their prayers.
- [17] But the countenance of the Lord is against them that do evil things: to cut off the remembrance of them from the Earth.
- [18] The just cried and the Lord heard them: and delivered them out of all their troubles.
- [19] The Lord is nigh unto them that are of a contrite heart: and He will save the humble of spirit.
- [20] Many are the afflictions of the just; but out of them all will the Lord deliver them.
- [21] The Lord keepeth all their bones, not one of them shall be broken.
- [22] The death of the wicked is very evil: and they that hate the just shall be guilty.
- [23] The Lord will redeem the souls of His servants: and none of them that trust in Him shall offend.

Gloria Patri, etc.

Psalm 34

- [1] For David himself. Judge Thou, O Lord, them that wrong me: overthrow them that fight against me.
- [2] Take hold of arms and shield: and rise up to help me.
- [3] Bring out the sword and shut up the way against them that persecute me: say to my soul: I am Thy salvation.
- [4] Let them be confounded and ashamed that seek after my soul. Let them be turned back and be confounded that devise against me.
- [5] Let them become as dust before the wind: and let the angel of the Lord straiten them.
- [6] Let their way become dark and slippery; and let the angel of the Lord pursue them.
- [7] For without cause they have hidden their net for me unto destruction: without cause they have upbraided my soul.
- [8] Let the snare which he knoweth not come upon him: and let the net which he hath hidden catch him: and into that very snare let them fall.
- [9] But my soul shall rejoice in the Lord; and shall be delighted in His salvation.

[10] All my bones shall say: Lord, who is like to Thee? Who deliverest the poor from the hand of them that are stronger than he; the needy and the poor from them that strip him.

[11] Unjust witnesses rising up have asked me things I knew not.

[12] They repaid me evil for good: to the depriving me of my soul.

[13] But as for me, when they were troublesome to me, I was clothed with haircloth. I humbled my soul with fasting; and my prayer shall be turned into my bosom.

[14] As a neighbour and as an own brother, so did I please: as one mourning and sorrowful so was I humbled.

[15] But they rejoiced against me and came together: scourges were gathered together upon me and I knew not.

[16] They were separated and repented not: they tempted me, they scoffed at me with scorn: they gnashed upon me with their teeth.

[17] Lord, when wilt Thou look upon me? Rescue Thou soul from their malice: my only one from the lions.

[18] I will give thanks to Thee in a great church; I will praise Thee in a strong people.

[19] Let not them that are my enemies wrongfully rejoice over me: who have hated me without cause and wink with the eyes.

[20] For they spoke indeed peaceably to me; and speaking in the anger of the Earth they devised guile.

[21] And they opened their mouth wide against me; they said: Well done, well done, our eyes have seen it.

[22] Thou hast seen, O Lord, be not Thou silent: O Lord, depart not from me.

[23] Arise and be attentive to my judgment: to my cause, my God and my Lord.

[24] Judge me, O Lord my God according to Thy justice and let them not rejoice over me.

[25] Let them not say in their hearts: It is well, it is well, to our mind: neither let them say: We have swallowed him up.

[26] Let them blush: and be ashamed together, who rejoice at my evils. Let them be clothed with confusion and shame, who speak great things against me.

[27] Let them rejoice and be glad, who are well pleased with my justice and let them say always: The Lord be magnified, Who delights in the peace of His servant.

[28] And my tongue shall meditate Thy justice, Thy praise all the day long.

Gloria Patri, etc.

Psalm 35

- [1] Unto the end, for the servant of God, David himself.
- [2] The unjust hath said within himself, that he would sin: there is no fear of God before his eyes.
- [3] For in His sight he hath done deceitfully, that his iniquity may be found unto hatred.
- [4] The words of his mouth are iniquity and guile: He would not understand that he might do well.
- [5] He hath devised iniquity on his bed, he hath set himself on every way that is not good: but evil he hath not hated.
- [6] O Lord, Thy mercy is in heaven and Thy truth reacheth, even to the clouds.
- [7] Thy justice is as the mountains of God, Thy judgments are a great deep. Men and beasts Thou wilt preserve, O Lord:
- [8] O how hast Thou multiplied Thy mercy, O God! But the children of men shall put their trust under the covert of Thy wings.
- [9] They shall be inebriated with the plenty of Thy house; and Thou shalt make them drink of the torrent of Thy pleasure.
- [10] For with Thee is the fountain of life; and in Thy light we shall see light.
- [11] Extend Thy mercy to them that know Thee and Thy justice to them that are right in heart.
- [12] Let not the foot of pride come to me and let not the hand of the sinner move me.
- [13] There the workers of iniquity are fallen, they are cast out and could not stand.

Gloria Patri, etc.

Psalm 36

- [1] A psalm for David himself. Be not emulous of evildoers; nor envy them that work iniquity.
- [2] For they shall shortly wither away as grass and as the green herbs shall quickly fall.
- [3] Trust in the Lord and do good and dwell in the land and Thou shalt be fed with its riches.
- [4] Delight in the Lord and He will give thee the requests of thy heart.
- [5] Commit thy way to the Lord and trust in Him and He will do it.
- [6] And He will bring forth thy justice as the light and thy judgment as the noonday.
- [7] Be subject to the Lord and pray to Him. Envy not the man who prospereth in his way; the man who doth unjust things.
- [8] Cease from anger and leave rage; have no emulation to do evil.
- [9] For the evildoers shall be cut off: but they that wait upon the Lord shall inherit the land.

[10] For yet a little while and the wicked shall not be: and thou shalt seek his place and shalt not find it.

[11] But the meek shall inherit the land and shall delight in abundance of peace.

[12] The sinner shall watch the just man: and shall gnash upon him with his teeth.

[13] But the Lord shall laugh at him: for He foreseeth that his day shall come.

[14] The wicked have drawn out the sword: they have bent their bow. To cast down the poor and needy, to kill the upright of heart.

[15] Let their sword enter into their own hearts and let their bow be broken.

[16] Better is a little to the just, than the great riches of the wicked.

[17] For the arms of the wicked shall be broken in pieces; but the Lord strengtheneth the just.

[18] The Lord knoweth the days of the undefiled; and their inheritance shall be forever.

[19] They shall not be confounded in the evil time; and in the days of famine they shall be filled:

[20] Because the wicked shall perish. And the enemies of the Lord, presently after they shall be honoured and exalted, shall come to nothing and vanish like smoke.

[21] The sinner shall borrow and not pay again; but the just showeth mercy and shall give.

[22] For such as bless Him shall inherit the land: but such as curse Him shall perish.

[23] With the Lord shall the steps of a man be directed and he shall like well his way.

[24] When he shall fall he shall not be bruised, for the Lord putteth His hand under him.

[25] I have been young and now am old; and I have not seen the just forsaken, nor his seed seeking bread.

[26] He showeth mercy and lendeth all the day long; and his seed shall be in blessing.

[27] Decline from evil and do good and dwell forever and ever.

[28] For the Lord loveth judgment and will not forsake His saints: they shall be preserved forever. The unjust shall be punished and the seed of the wicked shall perish.

[29] But the just shall inherit the land and shall dwell therein forevermore.

[30] The mouth of the just shall meditate wisdom: and his tongue shall speak judgment.

[31] The law of his God is in his heart and his steps shall not be supplanted.

[32] The wicked watcheth the just man and seeketh to put him to death,

[33] But the Lord will not leave him in his hands; nor condemn him when he shall be judged.

[34] Expect the Lord and keep His way: and He will exalt thee to inherit the land: when the sinners shall perish thou shalt see.

[35] I have seen the wicked highly exalted and lifted up like the cedars of Libanus.

[36] And I passed by and lo, he was not: and I sought him and his place was not found.

[37] Keep innocence and behold justice: for there are remnants for the peaceable man.

[38] But the unjust shall be destroyed together: the remnants of the wicked shall perish.

[39] But the salvation of the just is from the Lord and He is their protector in the time of trouble.

[40] And the Lord will help them and deliver them: and He will rescue them from the wicked and save them, because they have hoped in Him.

Gloria Patri, etc.

Psalm 37

[1] A psalm for David, for a remembrance of the sabbath.

[2] Rebuke me not, O Lord, in Thy indignation; nor chastise me in Thy wrath.

[3] For Thy arrows are fastened in me: and Thy hand hath been strong upon me.

[4] There is no health in my flesh, because of Thy wrath: there is no peace for my bones, because of my sins.

[5] For my iniquities are gone over my head: and as a heavy burden are become heavy upon me.

[6] My sores are putrified and corrupted, because of my foolishness.

[7] I am become miserable and am bowed down even to the end: I walked sorrowful all the day long.

[8] For my loins are filled with illusions; and there is no health in my flesh.

[9] I am afflicted and humbled exceedingly: I roared with the groaning of my heart.

[10] Lord, all my desire is before Thee and my groaning is not hidden from Thee.

[11] My heart is troubled, my strength hath left me and the light of my eyes itself is not with me.

[12] My friends and my neighbours have drawn near and stood against me. And they that were near me stood afar off:

[13] And they that sought my soul used violence. And they that sought evils to me spoke vain things and studied deceits all the day long.

[14] But I, as a deaf man, heard not: and as a dumb man not opening his mouth.

[15] And I became as a man that heareth not: and that hath no reproofs in his mouth.

[16] For in Thee, O Lord, have I hoped: Thou wilt hear me, O Lord my God.

[17] For I said: Lest at any time my enemies rejoice over me: and whilst my feet are moved, they speak great things against me.

[18] For I am ready for scourges: and my sorrow is continually before me.

[19] For I will declare my iniquity: and I will think for my sin.

[20] But my enemies live and are stronger than I: and they hate me wrongfully are multiplied.

[21] They that render evil for good, have detracted me, because I followed goodness.

[22] Forsake me not, O Lord my God: do not Thou depart from me.

[23] Attend unto my help, O Lord, the God of my salvation.

Gloria Patri, etc.

Psalm 38

[1] Unto the end, for Idithun himself, a canticle of David.

[2] I said: I will take heed to my ways: that I sin not with my tongue. I have set guard to my mouth, when the sinner stood against me.

[3] I was dumb and was humbled and kept silence from good things: and my sorrow was renewed.

[4] My heart grew hot within me: and in my meditation a fire shall flame out.

[5] I spoke with my tongue: O Lord, make me know my end. And what is the number of my days: that I may know what is wanting to me.

[6] Behold Thou hast made my days measurable: and my substance is as nothing before Thee. And indeed all things are vanity: every man living.

[7] Surely man passeth as an image: yea and he is disquieted in vain. He storeth up: and he knoweth not for whom he shall gather these things.

[8] And now what is my hope? Is it not the Lord? And my substance is with Thee.

[9] Deliver Thou me from all my iniquities: Thou hast made me a reproach to the fool.

[10] I was dumb and I opened not my mouth, because Thou hast done it.

[11] Remove Thy scourges from me. The strength of Thy hand hath made me faint in rebukes:

[12] Thou hast corrected man for iniquity. And Thou hast made his soul to waste away like a spider: surely in vain is any man disquieted.

[13] Hear my prayer, O Lord and my supplication: give ear to my tears. Be not silent: for I am a stranger with Thee and a sojourner as all my fathers were.

[14] O forgive me, that I may be refreshed, before I go hence and be no more.

Gloria Patri, etc.

Psalm 39

[1] Unto the end, a psalm for David himself.

[2] With expectation I have waited for the Lord and He was attentive to me.

[3] And He heard my prayers and brought me out of the pit of misery and the mire of dregs. And He set my feet upon a rock and directed my steps.

[4] And He put a new canticle into my mouth, a song to our God. Many shall see and shall fear: and they shall hope in the Lord.

[5] Blessed is the man whose trust is in the name of the Lord; and who hath not had regard to vanities and lying follies.

[6] Thou hast multiplied Thy wonderful works, O Lord my God: and in Thy thoughts there is no one like to Thee. I have declared and I have spoken; they are multiplied above number.

[7] Sacrifice and oblation Thou didst not desire; but Thou hast pierced ears for me. Burnt offering and sin offering Thou didst not require:

[8] Then said I, Behold I come. In the head of the book it is written of me,

[9] That I should do Thy will: O my God, I have desired it and Thy law in the midst of my heart.

[10] I have declared Thy justice in a great church, lo, I will not restrain my lips: O Lord, Thou knowest it.

[11] I have not hid Thy justice within my heart: I have declared Thy truth and Thy salvation. I have not concealed Thy mercy and Thy truth from a great council.

[12] Withhold not Thou, O Lord, Thy tender mercies from me: Thy mercy and Thy truth have always upheld me.

[13] For evils without number have surrounded me; my iniquities have overtaken me and I was not able to see. They are multiplied above the hairs of my head: and my heart hath forsaken me.

[14] Be pleased, O Lord, to deliver me, look down, O Lord, to help me.

[15] Let them be confounded and ashamed together, that seek after my soul to take it away. Let them be turned backward and be ashamed that desire evils to me.

[16] Let them immediately bear their confusion, that say to me: Tis well, tis well.

[17] Let all that seek Thee rejoice and be glad in Thee: and let such as love Thy salvation say always: The Lord be magnified.

[18] But I am a beggar and poor: the Lord is careful for me. Thou art my helper and my protector: O my God, be not slack.

Gloria Patri, etc.

Psalm 40

[1] Unto the end, a psalm for David himself.

[2] Blessed is he that understandeth concerning the needy and the poor: the Lord will deliver him in the evil day.

[3] The Lord preserve him and give him life and make him blessed upon the Earth: and deliver him not up to the will of his enemies.

[4] The Lord help him on his bed of sorrow: Thou hast turned all his couch in his sickness.

[5] I said: O Lord, be Thou merciful to me: heal my soul, for I have sinned against Thee.

[6] My enemies have spoken evils against me: when shall he die and his name perish?

[7] And if he came in to see me, he spoke vain things: his heart gathered together iniquity to itself. He went out and spoke to the same purpose.

[8] All my enemies whispered together against me: they devised evils to me.

[9] They determined against me an unjust word: shall he that sleepeth rise again no more?

[10] For even the man of peace, in whom I trusted, who ate my bread, hath greatly supplanted me.

[11] But Thou, O Lord, have mercy on me and raise me up again: and I will requite them.

[12] By this I know, that Thou hast had a good will for me: because my enemy shall not rejoice over me.

[13] But Thou hast upheld me by reason of my innocence: and hast established me in Thy sight forever.

[14] Blessed be the Lord the God of Israel from eternity to eternity. So be it. So be it.

Gloria Patri, etc.

Te Deum

We praise Thee, O God; we acclaim Thee Lord and Master.

Everlasting Father, all the world bows down before Thee.

All the angels sing Thy praise, the hosts of Heaven and all the angelic powers;

All the Cherubim and Seraphim call out to Thee in unending chorus:

Holy, Holy, Holy is the Lord God of angel hosts!

The heavens and the Earth are filled, Lord, with Thy majesty and glory.

Thy praises are sung by the renowned Apostles;
By all the prophets, who themselves deserve our praise;
By that mighty white-robed army who shed their blood for Christ.
And to the ends of the Earth the Holy Church proclaims Her faith in Thee:
Father, Whose majesty is boundless;
Thy only Son, Who is true God and Who is to be adored;
The Holy Ghost, sent to be our Advocate.

O Christ, the King of Glory! Thou alone are the Father's eternal Son.
When Thou wast to become man so as to save mankind, Thou didst not
shrink back from the chaste Virgin's womb.

When Thou triumphantly destroyed death's sting, Thou opened up to
believers the Kingdom of Heaven.

Thou art now enthroned at God's right hand, in the Father's glory.

We believe that Thou wilt come for judgment.

(The following verse is said bowing on your knees.)

We therefore implore Thee to grant Thy servants grace and aid, for Thou
shed Thy precious blood for their redemption.

Admit them all to the ranks of Thy saints in everlasting glory.

Be the Savior of Thy faithful people, Lord; grant them Thy blessing, for they
belong to Thee. Be their Shepherd, Lord, uphold and exalt them forever and
ever.

Day by day we praise Thee, daily we acclaim Thee. We will confess and
glorify Thy Holy Name, now and for all eternity.

In Thy great mercy, Lord, throughout this day keep us free from sin by Thy
protection.

Have mercy on us, we humbly pray; Lord, have mercy on us.

May Thy mercy, Lord, Thy loving kindness, always remain with us; for we
have placed our confidence in Thee. In Thee alone, Lord, I have hoped; may
I not be disappointed.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Canticle of Zachary [St. Luke 1:68-79]

[68] Blessed be the Lord God of Israel, because He hath visited and wrought
the redemption of His people:

[69] And hath raised up an horn of salvation to us, in the house of David His
servant:

[70] As He spoke by the mouth of His holy prophets, who are from the
beginning:

[71] Salvation from our enemies and from the hand of all that hate us:

[72] To perform mercy to our fathers and to remember His holy testament,

[73] The oath, which He swore to Abraham our father, that He would grant to us,

[74] That being delivered from the hand of our enemies, we may serve Him without fear,

[75] In holiness and justice before Him, all our days.

[76] And thou, child, shalt be called the prophet of the Highest: for thou shalt go before the face of the Lord to prepare His ways:

[77] To give knowledge of salvation to His people, unto the remission of their sins:

[78] Through the bowels of the mercy of our God, in which the Orient from on high hath visited us:

[79] To enlighten them that sit in darkness and in the shadow of death: to direct our feet into the way of peace.

Gloria Patri, etc.

The Beatitudes [St. Matthew 5:3-16]

[3] Blessed are the poor in spirit: for theirs is the Kingdom of Heaven.

[4] Blessed are the meek: for they shall possess the land.

[5] Blessed are they that mourn: for they shall be comforted.

[6] Blessed are they that hunger and thirst after justice: for they shall have their fill.

[7] Blessed are the merciful: for they shall obtain mercy.

[8] Blessed are the clean of heart: for they shall see God.

[9] Blessed are the peacemakers: for they shall be called children of God.

[10] Blessed are they that suffer persecution for justice' sake: for theirs is the Kingdom of Heaven.

[11] Blessed are ye when they shall revile you and persecute you and speak all that is evil against you, untruly, for My sake:

[12] Be glad and rejoice, for your reward is very great in Heaven. For so they persecuted the prophets that were before you.

[13] You are the salt of the Earth. But if the salt lose its savour, wherewith shall it be salted? It is good for nothing any more but to be cast out and to be trodden on by men.

[14] You are the light of the world. A city seated on a mountain cannot be hid.

[15] Neither do men light a candle and put it under a bushel, but upon a candlestick, that it may shine to all that are in the house.

[16] So let your light shine before men, that they may see your good works and glorify your Father Who is in Heaven.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 41

[1] Unto the end, understanding for the sons of Core.

[2] As the hart panteth after the fountains of water; so my soul panteth after Thee, O God.

[3] My soul hath thirsted after the strong living God; when shall I come and appear before the face of God?

[4] My tears have been my bread day and night, whilst it is said to me daily: Where is thy God?

[5] These things I remembered and poured out my soul in me: for I shall go over into the place of the wonderful tabernacle, even to the house of God: With the voice of joy and praise; the noise of one feasting.

[6] Why art thou sad, O my soul? and why dost thou trouble me? Hope in God, for I will still give praise to him: the salvation of my countenance,

[7] And my God. My soul is troubled within myself: therefore will I remember Thee from the land of Jordan and Hermoniim, from the little hill.

[8] Deep calleth on deep, at the noise of thy flood-gates. All Thy heights and Thy billows have passed over me.

[9] In the daytime the Lord hath commanded His mercy; and a canticle to Him in the night. With me is prayer to the God of my life.

[10] I will say to God: Thou art my support. Why hast Thou forgotten me? and why go I mourning, whilst my enemy afflicteth me?

[11] Whilst my bones are broken, my enemies who trouble me have reproached me; Whilst they say to me day by day: Where is thy God?

[12] Why art thou cast down, O my soul? and why dost thou disquiet me? Hope thou in God, for I will still give praise to Him: the salvation of my countenance and my God.

Gloria Patri, etc.

Psalm 42

[1] A psalm for David. Judge me, O God and distinguish my cause from the nation that is not holy: deliver me from the unjust and deceitful man.

[2] For Thou art God my strength: why hast Thou cast me off? and why do I go sorrowful whilst the enemy afflicteth me?

[3] Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy hill and into Thy tabernacles.

[4] And I will go in to the altar of God: to God who giveth joy to my youth.

[5] To Thee, O God my God, I will give praise upon the harp: why art thou sad, O my soul? and why dost thou disquiet me?

[6] Hope in God, for I will still give praise to Him: the salvation of my countenance and my God.

Gloria Patri, etc.

Psalm 43

[1] Unto the end, for the sons of Core, to give understanding.

[2] We have heard, O God, with our ears: our fathers have declared to us, the work, Thou hast wrought in their days and in the days of old.

[3] Thy hand destroyed the Gentiles and Thou plantedst them: Thou didst afflict the people and cast them out.

[4] For they got not the possession of the land by their own sword: neither did their own arm save them. But Thy right hand and Thy arm and the light of Thy countenance: because Thou wast pleased with them.

[5] Thou art Thyself my king and my God, who commandest the saving of Jacob.

[6] Through Thee we will push down our enemies with the horn: and through Thy name we will despise them that rise up against us.

[7] For I will not trust in my bow: neither shall my sword save me.

[8] But Thou hast saved us from them that afflict us: and hast put them to shame that hate us.

[9] In God shall we glory all the day long: and in Thy name we will give praise forever.

[10] But now Thou hast cast us off and put us to shame: and Thou, O God, wilt not go out with our armies.

[11] Thou hast made us turn our back to our enemies: and they that hated us plundered for themselves.

[12] Thou hast given us up like sheep to be eaten: Thou hast scattered us among the nations.

[13] Thou hast sold thy people for no price: and there was no reckoning in the exchange of them.

[14] Thou hast made us a reproach to our neighbors, a scoff and derision to them that are round about us.

[15] Thou hast made us a byword among the Gentiles: a shaking of the head among the people.

[16] All the day long my shame is before me: and the confusion of my face hath covered me,

[17] At the voice of him that reproacheth and detracteth me: at the face of the enemy and persecutor.

[18] All these things have come upon us, yet we have not forgotten Thee: and we have not done wickedly in Thy covenant.

[19] And our heart hath not turned back: neither hast Thou turned aside our steps from Thy way.

[20] For Thou hast humbled us in the place of affliction: and the shadow of death hath covered us.

[21] If we have forgotten the name of our God and if we have spread forth our hands to a strange god:

[22] Shall not God search out these things: for He knoweth the secrets of the heart. Because for Thy sake we are killed all the day long: we are counted as sheep for the slaughter.

[23] Arise, why sleepest Thou, O Lord? arise and cast us not off to the end.

[24] Why turnest Thou Thy face away? and forgettest our want and our trouble?

[25] For our soul is humbled down to the dust: our belly cleaveth to the Earth.

[26] Arise, O Lord, help us and redeem us for Thy name's sake.

Gloria Patri, etc.

Psalm 44

[1] Unto the end, for them that shall be changed, for the sons of Core, for understanding. A canticle for the Beloved.

[2] My heart hath uttered a good word, I speak my works to the king; My tongue is the pen of a scrivener that writeth swiftly.

[3] Thou art beautiful above the sons of men: grace is poured abroad in thy lips; therefore hath God blessed thee forever.

[4] Gird thy sword upon thy thigh, O thou most mighty.

[5] With thy comeliness and thy beauty set out, proceed prosperously and reign. Because of truth and meekness and justice: and thy right hand shall conduct thee wonderfully.

[6] Thy arrows are sharp: under thee shall people fall, into the hearts of the king's enemies.

[7] Thy throne, O God, is forever and ever: the sceptre of Thy kingdom is a sceptre of uprightness.

[8] Thou hast loved justice and hated iniquity: therefore God, thy God, hath anointed thee with the oil of gladness above thy fellows.

[9] Myrrh and stacte and cassia perfume thy garments, from the ivory houses: out of which

[10] The daughters of kings have delighted Thee in thy glory. The queen stood on Thy right hand, in gilded clothing; surrounded with variety.

[11] Hearken, O daughter and see and incline thy ear: and forget thy people and thy father's house.

[12] And the king shall greatly desire thy beauty; for He is the Lord thy God and Him they shall adore.

[13] And the daughters of Tyre with gifts, yea, all the rich among the people, shall entreat thy countenance.

[14] All the glory of the king's daughter is within in golden borders,

[15] Clothed round about with varieties. After her shall virgins be brought to the king: her neighbors shall be brought to Thee.

[16] They shall be brought with gladness and rejoicing: they shall be brought into the temple of the king.

[17] Instead of thy fathers, sons are born to thee: thou shalt make them princes over all the Earth.

[18] They shall remember Thy name throughout all generations. Therefore shall people praise Thee forever; yea, forever and ever.

Gloria Patri, etc.

Psalm 45

[1] Unto the end, for the sons of Core, for the hidden.

[2] Our God is our refuge and strength: a helper in troubles, which have found us exceedingly.

[3] Therefore we will not fear, when the Earth shall be troubled; and the mountains shall be removed into the heart of the sea.

[4] Their waters roared and were troubled: the mountains were troubled with His strength.

[5] The stream of the river maketh the city of God joyful: the most High hath sanctified His own tabernacle.

[6] God is in the midst thereof, it shall not be moved: God will help it in the morning early.

[7] Nations were troubled and kingdoms were bowed down: He uttered his voice, the Earth trembled.

[8] The Lord of armies is with us: the God of Jacob is our protector.

[9] Come and behold ye the works of the Lord: what wonders He hath done upon Earth,

[10] Making wars to cease even to the end of the Earth. He shall destroy the bow and break the weapons: and the shield He shall burn in the fire.

[11] Be still and see that I am God; I will be exalted among the nations and I will be exalted in the Earth.

[12] The Lord of armies is with us: the God of Jacob is our protector.

Gloria Patri, etc.

Psalm 46

[1] Unto the end, for the sons of Core.

[2] O clap your hands, all ye nations: shout unto God with the voice of Joy,

[3] For the Lord is high, terrible: a great king over all the Earth.

[4] He hath subdued the people under us; and the nations under our feet.

[5] He hath chosen for us His inheritance the beauty of Jacob which He hath loved.

[6] God is ascended with jubilee and the Lord with the sound of trumpet.

[7] Sing praises to our God, sing ye: sing praises to our king, sing ye.

[8] For God is the king of all the Earth: sing ye wisely.

[9] God shall reign over the nations: God sitteth on His holy throne.
[10] The princes of the people are gathered together, with the God of Abraham: for the strong gods of the Earth are exceedingly exalted.
Gloria Patri, etc.

Psalm 47

[1] A psalm of a canticle, for the sons of Core, on the second day of the week.
[2] Great is the Lord and exceedingly to be praised in the city of our God, in His holy mountain.
[3] With the joy of the whole Earth is mount Sion founded, on the sides of the north, the city of the great king.
[4] In her houses shall God be known, when He shall protect her.
[5] For behold the kings of the Earth assembled themselves: they gathered together.
[6] So they saw and they wondered, they were troubled, they were moved:
[7] Trembling took hold of them. There were pains as of a woman in labour.
[8] With a vehement wind Thou shalt break in pieces the ships of Tharsis.
[9] As we have heard, so have we seen, in the city of the Lord of hosts, in the city of our God: God hath founded it forever.
[10] We have received Thy mercy, O God, in the midst of Thy temple.
[11] According to Thy name, O God, so also is Thy praise unto the ends of the Earth: Thy right hand is full of justice.
[12] Let mount Sion rejoice and the daughters of Juda be glad; because of Thy judgments, O Lord.
[13] Surround Sion and encompass her: tell ye in her towers.
[14] Set your hearts on her strength; and distribute her houses, that ye may relate it in another generation.
[15] For this is God, our God unto eternity and forever and ever: He shall rule us forevermore.

Gloria Patri, etc.

Psalm 48

[1] Unto the end, a psalm for the sons of Core.
[2] Hear these things, all ye nations: give ear, all ye inhabitants of the world.
[3] All you that are Earthborn and you sons of men: both rich and poor together.
[4] My mouth shall speak wisdom: and the meditation of my heart understanding.
[5] I will incline my ear to a parable; I will open my proposition on the psaltery.

[6] Why shall I fear in the evil day? the iniquity of my heel shall encompass me.

[7] They that trust in their own strength and glory in the multitude of their riches,

[8] No brother can redeem, nor shall man redeem: he shall not give to God his ransom,

[9] Nor the price of the redemption of his soul: and shall labour forever,

[10] And shall still live unto the end.

[11] He shall not see destruction, when he shall see the wise dying: the senseless and the fool shall perish together: And they shall leave their riches to strangers:

[12] And their sepulchres shall be their houses forever. Their dwelling places to all generations: they have called their lands by their names.

[13] And man when he was in honour did not understand; he is compared to senseless beasts and is become like to them.

[14] This way of theirs is a stumbling-block to them: and afterwards they shall delight in their mouth.

[15] They are laid in hell like sheep: death shall feed upon them. And the just shall have dominion over them in the morning; and their help shall decay in hell from their glory.

[16] But God will redeem my soul from the hand of hell, when He shall receive me.

[17] Be not thou afraid, when a man shall be made rich and when the glory of his house shall be increased.

[18] For when he shall die he shall take nothing away; nor shall his glory descend with him.

[19] For in his lifetime his soul will be blessed: and he will praise thee when thou shalt do well to him.

[20] He shall go in to the generations of his fathers: and he shall never see light.

[21] Man when he was in honour did not understand: he hath been compared to senseless beasts and made like to them.

Gloria Patri, etc.

Psalm 49

[1] A psalm for Asaph. The God of gods, the Lord hath spoken: and He hath called the Earth. From the rising of the Sun, to the going down thereof:

[2] Out of Sion the loveliness of His beauty.

[3] God shall come manifestly: our God shall come and shall not keep silence. A fire shall burn before Him: and a mighty tempest shall be round about Him.

[4] He shall call Heaven from above and the Earth, to judge His people.

- [5] Gather ye together His saints to Him: who set His covenant before sacrifices.
- [6] And the heavens shall declare His justice: for God is judge.
- [7] Hear, O my people and I will speak: O Israel and I will testify to thee: I am God, thy God.
- [8] I will not reprove thee for thy sacrifices: and thy burnt offerings are always in My sight.
- [9] I will not take calves out of thy house: nor he goats out of thy flocks.
- [10] For all the beasts of the woods are Mine: the cattle on the hills and the oxen.
- [11] I know all the fowls of the air: and with Me is the beauty of the field.
- [12] If I should be hungry, I would not tell thee: for the world is Mine and the fullness thereof.
- [13] Shall I eat the flesh of bullocks? or shall I drink the blood of goats?
- [14] Offer to God the sacrifice of praise: and pay thy vows to the most High.
- [15] And call upon Me in the day of trouble: I will deliver thee and thou shalt glorify Me.
- [16] But to the sinner God hath said: Why dost thou declare My justices and take My covenant in thy mouth?
- [17] Seeing thou hast hated discipline: and hast cast My words behind thee.
- [18] If thou didst see a thief thou didst run with him: and with adulterers thou hast been a partaker.
- [19] Thy mouth hath abounded with evil and thy tongue framed deceits.
- [20] Sitting thou didst speak against thy brother and didst lay a scandal against thy mother's son:
- [21] These things hast thou done and I was silent. Thou thoughtest unjustly that I should be like to thee: but I will reprove thee and set before thy face.
- [22] Understand these things, you that forget God; lest He snatch you away and there be none to deliver you.
- [23] The sacrifice of praise shall glorify Me: and there is the way by which I will show him the salvation of God.

Gloria Patri, etc.

Psalm 50

- [1] Unto the end, a psalm of David,
- [2] When Nathan the prophet came to him after he had sinned with Bethsabee.
- [3] Have mercy on me, O God, according to Thy great mercy. And according to the multitude of Thy tender mercies blot out my iniquity.
- [4] Wash me yet more from my iniquity and cleanse me from my sin.
- [5] For I know my iniquity and my sin is always before me.

[6] To Thee only have I sinned and have done evil before Thee: that Thou mayst be justified in Thy words and mayst overcome when thou art judged.

[7] For behold I was conceived in iniquities; and in sins did my mother conceive me.

[8] For behold Thou hast loved truth: the uncertain and hidden things of Thy wisdom Thou hast made manifest to me.

[9] Thou shalt sprinkle me with hyssop and I shall be cleansed: Thou shalt wash me and I shall be made whiter than snow.

[10] To my hearing Thou shalt give joy and gladness: and the bones that have been humbled shall rejoice.

[11] Turn away Thy face from my sins and blot out all my iniquities.

[12] Create a clean heart in me, O God: and renew a right spirit within my bowels.

[13] Cast me not away from Thy face; and take not Thy holy spirit from me.

[14] Restore unto me the joy of Thy salvation and strengthen me with a perfect spirit.

[15] I will teach the unjust Thy ways: and the wicked shall be converted to Thee.

[16] Deliver me from blood, O God, Thou God of my salvation: and my tongue shall extol Thy justice.

[17] O Lord, Thou wilt open my lips: and my mouth shall declare Thy praise.

[18] For if Thou hadst desired sacrifice, I would indeed have given it: with burnt offerings Thou wilt not be delighted.

[19] A sacrifice to God is an afflicted spirit: a contrite and humbled heart, O God, Thou wilt not despise.

[20] Deal favourably, O Lord, in Thy good will with Sion; that the walls of Jerusalem may be built up.

[21] Then shalt Thou accept the sacrifice of justice, oblations and whole burnt offerings: then shall they lay calves upon Thy altar.

Gloria Patri, etc.

Canticle of the Blessed Virgin Mary [St. Luke 1:46-55]

[46] My soul doth magnify the Lord; And my spirit hath rejoiced in God my Savior,

[47] Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed,

[48] Because He that is mighty hath done great things to me and holy is His name,

[49] And His mercy is from generation unto generation to them that fear Him.

[50] He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

[51] He hath put down the mighty from their seat and hath exalted the humble.

[52] He hath filled the hungry with good things and the rich He hath sent empty away.

[53] He hath received Israel, His servant, being mindful of His mercy,

[54] As He spoke to our fathers, to Abraham and to his seed forever.

Gloria Patri, etc.

Genesis 3:15

(The following prayer is said standing. When praying the words "she shall crush thy head," lift your foot and press your heel into the ground, as if to crush satan with your heel. Good Catholics are Mary's heel.)

I will put enmities between thee and the woman and thy seed and her seed: she shall crush thy head and thou shalt lie in wait for her heel.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 51

[1] Unto the end, understanding for David,

[2] When Doeg, the Edomite, came and told Saul: David went to the house of Achimelech. [1 Kings 22:9]

[3] Why dost thou glory in malice, thou that art mighty in iniquity?

[4] All the day long thy tongue hath devised injustice: as a sharp razor, thou hast wrought deceit.

[5] Thou hast loved malice more than goodness: and iniquity rather than to speak righteousness.

[6] Thou hast loved all the words of ruin, O deceitful tongue.

[7] Therefore will God destroy thee forever: He will pluck thee out and remove thee from thy dwelling place: and thy root out of the land of the living.

[8] The just shall see and fear and shall laugh at him and say:

[9] Behold the man that made not God his helper: But trusted in the abundance of his riches: and prevailed in his vanity.

[10] But I, as a fruitful olive tree in the house of God, have hoped in the mercy of God forever, yea forever and ever.

[11] I will praise Thee forever, because Thou hast done it: and I will wait on Thy name, for it is good in the sight of Thy saints.

Gloria Patri, etc.

Psalm 52

[1] Unto the end, for Maeleth, understandings to David. The fool said in his heart: There is no God.

[2] They are corrupted and become abominable in iniquities: there is none that doth good.

[3] God looked down from Heaven on the children of men: to see if there were any that did understand, or did seek God.

[4] All have gone aside, they are become unprofitable together, there is none that doth good, no not one.

[5] Shall not all the workers of iniquity know, who eat up My people as they eat bread?

[6] They have not called upon God: there have they trembled for fear, where there was no fear. For God hath scattered the bones of them that please men: they have been confounded, because God hath despised them.

[7] Who will give out of Sion the salvation of Israel? When God shall bring back the captivity of His people, Jacob shall rejoice and Israel shall be glad.

Gloria Patri, etc.

Psalm 53

[1] Unto the end, in verses, understanding for David.

- [2] When the men of Ziph had come and said to Saul: Is not David hidden with us?
- [3] Save me, O God, by Thy name and judge me in Thy strength.
- [4] O God, hear my prayer: give ear to the words of my mouth.
- [5] For strangers have risen up against me; and the mighty have sought after my soul: and they have not set God before their eyes.
- [6] For behold God is my helper: and the Lord is the protector of my soul.
- [7] Turn back the evils upon my enemies; and cut them off in Thy truth.
- [8] I will freely sacrifice to Thee and will give praise, O God, to Thy name: because it is good:
- [9] For Thou hast delivered me out of all trouble: and my eye hath looked down upon my enemies.

Gloria Patri, etc.

Psalm 54

- [1] Unto the end, in verses, understanding for David.
- [2] Hear, O God, my prayer and despise not my supplication:
- [3] Be attentive to me and hear me. I am grieved in my exercise; and am troubled,
- [4] At the voice of the enemy and at the tribulation of the sinner. For they have cast iniquities upon me: and in wrath they were troublesome to me.
- [5] My heart is troubled within me: and the fear of death is fallen upon me.
- [6] Fear and trembling are come upon me: and darkness hath covered me.
- [7] And I said: Who will give me wings like a dove and I will fly and be at rest?
- [8] Lo, I have gone far off flying away; and I abode in the wilderness.
- [9] I waited for Him that hath saved me from pusillanimity of spirit and a storm.
- [10] Cast down, O Lord and divide their tongues; for I have seen iniquity and contradiction in the city.
- [11] Day and night shall iniquity surround it upon its walls: and in the midst thereof are labour,
- [12] And injustice. And usury and deceit have not departed from its streets.
- [13] For if my enemy had reviled me, I would verily have borne with it. And if he that hated me had spoken great things against me, I would perhaps have hidden myself from him.
- [14] But thou a man of one mind, my guide and my familiar,
- [15] Who didst take sweet meats together with me: in the house of God we walked with consent.
- [16] Let death come upon them and let them go down alive into hell. For there is wickedness in their dwellings: in the midst of them.
- [17] But I have cried to God: and the Lord will save me.

[18] Evening and morning and at noon, I will speak and declare: and He shall hear my voice.

[19] He shall redeem my soul in peace from them that draw near to me: for among many they were with me.

[20] God shall hear and the Eternal shall humble them. For there is no change with them and they have not feared God:

[21] He hath stretched forth His hand to repay. They have defiled His covenant,

[22] They are divided by the wrath of His countenance and His heart hath drawn near. His words are smoother than oil and the same are darts.

[23] Cast thy care upon the Lord and He shall sustain thee: He shall not suffer the just to waver forever.

[24] But thou, O God, shalt bring them down into the pit of destruction. Bloody and deceitful men shall not live out half their days; but I will trust in Thee, O Lord.

Gloria Patri, etc.

Psalm 55

[1] Unto the end, for a people that is removed at a distance from the sanctuary for David, for an inscription of a title (or pillar) when the Philistines held him in Geth.

[2] Have mercy on me, O God, for man hath trodden me under foot; all the day long he hath afflicted me, fighting against me.

[3] My enemies have trodden on me all the day long; for they are many that make war against me.

[4] From the height of the day I shall fear: but I will trust in Thee.

[5] In God I will praise my words, in God I have put my trust: I will not fear what flesh can do against me.

[6] All the day long they detested my words: all their thoughts were against me unto evil.

[7] They will dwell and hide themselves: they will watch my heel. As they have waited for my soul,

[8] For nothing shalt Thou save them: in Thy anger Thou shalt break the people in pieces, O God,

[9] I have declared to Thee my life: Thou hast set my tears in Thy sight, as also in Thy promise.

[10] Then shall my enemies be turned back. In what day soever I shall call upon Thee, behold I know Thou art my God.

[11] In God will I praise the word, in the Lord will I praise His speech. In God have I hoped, I will not fear what man can do to me.

[12] In me, O God, are vows to Thee, which I will pay, praises to Thee:

[13] Because Thou hast delivered my soul from death, my feet from falling: that I may please in the sight of God, in the light of the living.

Gloria Patri, etc.

Psalm 56

[1] Unto the end, destroy not, for David, for an inscription of a title, when he fled from Saul into the cave. [1 Kings 24]

[2] Have mercy on me, O God, have mercy on me: for my soul trusteth in Thee. And in the shadow of Thy wings will I hope, until iniquity pass away.

[3] I will cry to God the most High; to God Who hath done good to me.

[4] He hath sent from Heaven and delivered me: He hath made them a reproach that trod upon me. God hath sent His mercy and His truth,

[5] And He hath delivered my soul from the midst of the young lions. I slept troubled. The sons of men, whose teeth are weapons and arrows and their tongue a sharp sword.

[6] Be Thou exalted, O God, above the heavens and Thy glory above all the Earth.

[7] They prepared a snare for my feet; and they bowed down my soul. They dug a pit before my face and they are fallen into it.

[8] My heart is ready, O God, my heart is ready: I will sing and rehearse a psalm.

[9] Arise, O my glory, arise psaltery and harp: I will arise early.

[10] I will give praise to Thee, O Lord, among the people: I will sing a psalm to Thee among the nations.

[11] For Thy mercy is magnified even to the heavens: and Thy truth unto the clouds.

[12] Be Thou exalted, O God, above the heavens: and Thy glory above all the Earth.

Gloria Patri, etc.

Psalm 57

[1] Unto the end, destroy not, for David, for an inscription of a title.

[2] If in very deed you speak justice: judge right things, ye sons of men.

[3] For in your heart you work iniquity: your hands forge injustice in the Earth.

[4] The wicked are alienated from the womb; they have gone astray from the womb: they have spoken false things.

[5] Their madness is according to the likeness of a serpent: like the deaf asp that stoppeth her ears:

[6] Which will not hear the voice of the charmers; nor of the wizard that charmeth wisely.

[7] God shall break in pieces their teeth in their mouth: the Lord shall break the grinders of the lions.

[8] They shall come to nothing, like water running down; He hath bent His bow till they be weakened.

[9] Like wax that melteth they shall be taken away: fire hath fallen on them and they shall not see the Sun.

[10] Before your thorns could know the brier; He swalloweth them up, as alive, in His wrath.

[11] The just shall rejoice when he shall see the revenge: he shall wash his hands in the blood of the sinner.

[12] And man shall say: If indeed there be fruit to the just: there is indeed a God that judgeth them on the Earth.

Gloria Patri, etc.

Psalm 58

[1] Unto the end, destroy not, for David for an inscription of a title, when Saul sent and watched his house to kill him. [1Kings 19]

[2] Deliver me from my enemies, O my God; and defend me from them that rise up against me.

[3] Deliver me from them that work iniquity and save me from bloody men.

[4] For behold they have caught my soul: the mighty have rushed in upon me:

[5] Neither is it my iniquity, nor my sin, O Lord: without iniquity have I ran and directed my steps.

[6] Rise up Thou to meet me and behold: even Thou, O Lord, the God of hosts, the God of Israel. Attend to visit all the nations: have no mercy on all them that work iniquity.

[7] They shall return at evening and shall suffer hunger like dogs: and shall go round about the city.

[8] Behold they shall speak with their mouth and a sword is in their lips: for who, say they, hath heard us?

[9] But Thou, O Lord, shalt laugh at them: Thou shalt bring all the nations to nothing.

[10] I will keep my strength to Thee: for Thou art my protector:

[11] My God, His mercy shall prevent me.

[12] God shall let me see over my enemies: slay them not, lest at any time my people forget. Scatter them by Thy power; and bring them down, O Lord, my protector:

[13] For the sin of their mouth and the word of their lips: and let them be taken in their pride. And for their cursing and lying they shall be talked of,

[14] When they are consumed: when they are consumed by Thy wrath and they shall be no more. And they shall know that God will rule Jacob and all the ends of the Earth.

[15] They shall return at evening and shall suffer hunger like dogs: and shall go round about the city.

[16] They shall be scattered abroad to eat and shall murmur if they be not filled.

[17] But I will sing Thy strength: and will extol Thy mercy in the morning. For Thou art become my support and my refuge, in the day of my trouble.

[18] Unto Thee, O my Helper, will I sing, for Thou art God my defense: my God, my mercy.

Gloria Patri, etc.

Psalm 59

[1] Unto the end, for them that shall be changed, for the inscription of a title, to David himself, for Doctrine,

[2] When He set fire to Mesopotamia, of Syria and Sobal; and Joab returned and slew of Edom, in the vale of the salt-pits, twelve thousand men.

[3] O God, Thou hast cast us off and hast destroyed us; Thou hast been angry and hast had mercy on us.

[4] Thou hast moved the Earth and hast troubled it: heal Thou the breaches thereof, for it has been moved.

[5] Thou hast shown Thy people hard things; Thou hast made us drink wine of sorrow.

[6] Thou hast given a warning to them that fear Thee: that they may flee from before the bow: that Thy beloved may be delivered.

[7] Save me with Thy right hand and hear me.

[8] God hath spoken in His holy place: I will rejoice and I will divide Sichem; and will mete out the vale of tabernacles.

[9] Galaad is mine and Manasses is mine: and Ephraim is the strength of my head. Juda is my king:

[10] Moab is the pot of my hope. Into Edom will I stretch out my shoe: to me the foreigners are made subject.

[11] Who will bring me into the strong city? Who will lead me into Edom?

[12] Wilt not Thou, O God, Who hast cast us off? And wilt not Thou, O God, go out with our armies?

[13] Give us help from trouble: for vain is the salvation of man.

[14] Through God we shall do mightily: and He shall bring to nothing them that afflict us.

Gloria Patri, etc.

Psalm 60

- [1] Unto the end, in hymns, for David.
[2] Hear, O God, my supplication: be attentive to my prayer,
[3] To Thee have I cried from the ends of the Earth: when my heart was in anguish, Thou hast exalted me on a rock. Thou hast conducted me;
[4] For Thou hast been my hope; a tower of strength against the face of the enemy.
[5] In Thy tabernacle I shall dwell forever: I shall be protected under the covert of Thy wings.
[6] For Thou, my God, hast heard my prayer: Thou hast given an inheritance to them that fear Thy name.
[7] Thou wilt add days to the days of the king: his years even to generation and generation.
[8] He abideth forever in the sight of God: His mercy and truth who shall search?
[9] So will I sing a psalm to Thy name forever and ever: that I may pay my vows from day to day.

Gloria Patri, etc.

Te Deum

We praise Thee, O God; we acclaim Thee Lord and Master.
Everlasting Father, all the world bows down before Thee.
All the angels sing Thy praise, the hosts of Heaven and all the angelic powers;
All the Cherubim and Seraphim call out to Thee in unending chorus:
Holy, Holy, Holy is the Lord God of angel hosts!
The heavens and the Earth are filled, Lord, with Thy majesty and glory.
Thy praises are sung by the renowned Apostles;
By all the prophets, who themselves deserve our praise;
By that mighty white-robed army who shed their blood for Christ.
And to the ends of the Earth the Holy Church proclaims Her faith in Thee:
Father, Whose majesty is boundless;
Thy only Son, Who is true God and Who is to be adored;
The Holy Ghost, sent to be our Advocate.
O Christ, the King of Glory! Thou alone are the Father's eternal Son.
When Thou wast to become man so as to save mankind, Thou didst not shrink back from the chaste Virgin's womb.
When Thou triumphantly destroyed death's sting, Thou opened up to believers the Kingdom of Heaven.
Thou art now enthroned at God's right hand, in the Father's glory.
We believe that Thou wilt come for judgment.
(The following verse is said bowing on your knees.)

We therefore implore Thee to grant Thy servants grace and aid, for Thou shed Thy precious blood for their redemption.

Admit them all to the ranks of Thy saints in everlasting glory.

Be the Savior of Thy faithful people, Lord; grant them Thy blessing, for they belong to Thee. Be their Shepherd, Lord, uphold and exalt them forever and ever.

Day by day we praise Thee, daily we acclaim Thee. We will confess and glorify Thy Holy Name, now and for all eternity.

In Thy great mercy, Lord, throughout this day keep us free from sin by Thy protection.

Have mercy on us, we humbly pray; Lord, have mercy on us.

May Thy mercy, Lord, Thy loving kindness, always remain with us; for we have placed our confidence in Thee. In Thee alone, Lord, I have hoped; may I not be disappointed.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Canticle of Zachary [St. Luke 1:68-79]

[68] Blessed be the Lord God of Israel, because He hath visited and wrought the redemption of His people:

[69] And hath raised up an horn of salvation to us, in the house of David His servant:

[70] As He spoke by the mouth of His holy prophets, who are from the beginning:

[71] Salvation from our enemies and from the hand of all that hate us:

[72] To perform mercy to our fathers and to remember His holy testament,

[73] The oath, which He swore to Abraham our father, that He would grant to us,

[74] That being delivered from the hand of our enemies, we may serve Him without fear,

[75] In holiness and justice before Him, all our days.

[76] And thou, child, shalt be called the prophet of the Highest: for thou shalt go before the face of the Lord to prepare His ways:

[77] To give knowledge of salvation to His people, unto the remission of their sins:

[78] Through the bowels of the mercy of our God, in which the Orient from on high hath visited us:

[79] To enlighten them that sit in darkness and in the shadow of death: to direct our feet into the way of peace.

Gloria Patri, etc.

The Beatitudes [St. Matthew 5:3-16]

[3] Blessed are the poor in spirit: for theirs is the Kingdom of Heaven.

[4] Blessed are the meek: for they shall possess the land.

[5] Blessed are they that mourn: for they shall be comforted.

[6] Blessed are they that hunger and thirst after justice: for they shall have their fill.

[7] Blessed are the merciful: for they shall obtain mercy.

[8] Blessed are the clean of heart: for they shall see God.

[9] Blessed are the peacemakers: for they shall be called children of God.

[10] Blessed are they that suffer persecution for justice' sake: for theirs is the Kingdom of Heaven.

[11] Blessed are ye when they shall revile you and persecute you and speak all that is evil against you, untruly, for My sake:

[12] Be glad and rejoice, for your reward is very great in Heaven. For so they persecuted the prophets that were before you.

[13] You are the salt of the Earth. But if the salt lose its savour, wherewith shall it be salted? It is good for nothing any more but to be cast out and to be trodden on by men.

[14] You are the light of the world. A city seated on a mountain cannot be hid.

[15] Neither do men light a candle and put it under a bushel, but upon a candlestick, that it may shine to all that are in the house.

[16] So let your light shine before men, that they may see your good works and glorify your Father Who is in Heaven.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 61

[1] Unto the end, for Idithun, a psalm of David.

[2] Shall not my soul be subject to God? For from Him is my salvation.

[3] For He is my God and my savior: He is my protector, I shall be moved no more.

[4] How long do you rush in upon a man? You all kill, as if you were thrusting down a leaning wall and a tottering fence.

[5] But they have thought to cast away my price; I ran in thirst: they blessed with their mouth, but cursed with their heart.

[6] But be thou, O my soul, subject to God: for from Him is my patience.

[7] For He is my God and my savior: He is my helper, I shall not be moved.

[8] In God is my salvation and my glory: He is the God of my help and my hope is in God.

[9] Trust in Him, all ye congregation of people: pour out your hearts before Him. God is our helper forever.

[10] But vain are the sons of men, the sons of men are liars in the balances: that by vanity they may together deceive.

[11] Trust not in iniquity and covet not robberies: if riches abound, set not your heart upon them.

[12] God hath spoken once, these two things have I heard, that power belongeth to God,

[13] And mercy to Thee, O Lord; for Thou wilt render to every man according to his works.

Gloria Patri, etc.

Psalm 62

[1] A psalm of David when he was in the desert of Edom.

[2] O God, my God, to Thee do I watch at break of day. For Thee my soul hath thirsted; for Thee my flesh, O how many ways!

[3] In a desert land and where there is no way and no water: so in the sanctuary have I come before Thee, to see Thy power and Thy glory.

[4] For Thy mercy is better than lives: Thee my lips shall praise.

[5] Thus will I bless Thee all my life long: and in Thy name I will lift up my hands.

[6] Let my soul be filled as with marrow and fatness: and my mouth shall praise Thee with joyful lips.

[7] If I have remembered Thee upon my bed, I will meditate on Thee in the morning:

[8] Because Thou hast been my helper. And I will rejoice under the covert of Thy wings:

[9] My soul hath stuck close to Thee: Thy right hand hath received me.

[10] But they have sought my soul in vain, they shall go into the lower parts of the Earth:

[11] They shall be delivered into the hands of the sword, they shall be the portions of foxes.

[12] But the king shall rejoice in God, all they shall be praised that swear by Him: because the mouth is stopped of them that speak wicked things.

Gloria Patri, etc.

Psalm 63

[1] Unto the end, a psalm for David.

[2] Hear, O God, my prayer, when I make supplication to Thee: deliver my soul from the fear of the enemy.

[3] Thou hast protected me from the assembly of the malignant; from the multitude of the workers of iniquity.

[4] For they have whetted their tongues like a sword; they have bent their bow a bitter thing,

[5] To shoot in secret the undefiled.

[6] They will shoot at him on a sudden and will not fear: they are resolute in wickedness. They have talked of hiding snares; they have said: Who shall see them?

[7] They have searched after iniquities: they have failed in their search. Man shall come to a deep heart:

[8] And God shall be exalted. The arrows of children are their wounds:

[9] And their tongues against them are made weak. All that saw them were troubled;

[10] And every man was afraid. And they declared the works of God: and understood His doings.

[11] The just shall rejoice in the Lord and shall hope in Him: and all the upright in heart shall be praised.

Gloria Patri, etc.

Psalm 64

[1] To the end, a psalm of David. The canticle of Jeremias and Ezechiel to the people of the captivity, when they began to go out.

[2] A Hymn, O God, becometh Thee in Sion: and a vow shall be paid to Thee in Jerusalem.

[3] O hear my prayer: all flesh shall come to Thee.

[4] The words of the wicked have prevailed over us: and Thou wilt pardon our transgressions.

[5] Blessed is he whom Thou hast chosen and taken to Thee: he shall dwell in Thy courts. We shall be filled with the good things of Thy house; holy is Thy temple,

[6] Wonderful in justice. Hear us, O God our savior, Who art the hope of all the ends of the Earth and in the sea afar off.

[7] Thou who preparest the mountains by Thy strength, being girded with power:

[8] Who troublest the depth of the sea, the noise of its waves. The Gentiles shall be troubled,

[9] And they that dwell in the uttermost borders shall be afraid at Thy signs: Thou shalt make the outgoings of the morning and of the evening to be joyful.

[10] Thou hast visited the Earth and hast plentifully watered it; Thou hast many ways enriched it. The river of God is filled with water, Thou hast prepared their food: for so is its preparation.

[11] Fill up plentifully the streams thereof, multiply its fruits; it shall spring up and rejoice in its showers.

[12] Thou shalt bless the crown of the year of Thy goodness: and Thy fields shall be filled with plenty.

[13] The beautiful places of the wilderness shall grow fat: and the hills shall be girded about with joy,

[14] The rams of the flock are clothed and the vales shall abound with corn: they shall shout, yea they shall sing a hymn.

Gloria Patri, etc.

Psalm 65

[1] Unto the end, a canticle of a psalm of the resurrection. Shout with joy to God, all the Earth,

[2] Sing ye a psalm to His name; give glory to His praise.

[3] Say unto God, How terrible are Thy works, O Lord! in the multitude of Thy strength Thy enemies shall lie to Thee.

[4] Let all the Earth adore Thee and sing to Thee: let it sing a psalm to Thy name.

[5] Come and see the works of God; Who is terrible in His counsels over the sons of men.

[6] Who turneth the sea into dry land, in the river they shall pass on foot: there shall we rejoice in Him.

[7] Who by His power ruleth forever: His eyes behold the nations; let not them that provoke Him be exalted in themselves.

[8] O bless our God, ye Gentiles: and make the voice of His praise to be heard.

[9] Who hath set my soul to live: and hath not suffered my feet to be moved:

[10] For thou, O God, hast proved us: Thou hast tried us by fire, as silver is tried.

[11] Thou hast brought us into a net, Thou hast laid afflictions on our back:

[12] Thou hast set men over our heads. We have passed through fire and water and Thou hast brought us out into a refreshment.

[13] I will go into Thy house with burnt offerings: I will pay Thee my vows,

[14] Which my lips have uttered and my mouth hath spoken, when I was in trouble.

[15] I will offer up to Thee holocausts full of marrow, with burnt offerings of rams: I will offer to Thee bullocks with goats.

[16] Come and hear, all ye that fear God and I will tell you what great things He hath done for my soul.

[17] I cried to Him with my mouth: and I extolled Him with my tongue.

[18] If I have looked at iniquity in my heart, the Lord will not hear me.

[19] Therefore hath God heard me and hath attended to the voice of my supplication.

[20] Blessed be God, Who hath not turned away my prayer, nor His mercy from me.

Gloria Patri, etc.

Psalm 66

[1] Unto the end, in, hymns, a psalm of a canticle for David.

[2] May God have mercy on us and bless us: may He cause the light of his countenance to shine upon us and may He have mercy on us.

[3] That we may know Thy way upon Earth: Thy salvation in all nations.

[4] Let people confess to Thee, O God: let all people give praise to Thee.

[5] Let the nations be glad and rejoice: for Thou judgest the people with justice and directest the nations upon Earth.

[6] Let the people, O God, confess to Thee: let all the people give praise to Thee:

[7] The Earth hath yielded her fruit. May God, our God bless us,

[8] May God bless us: and all the ends of the Earth fear Him.

Gloria Patri, etc.

Psalm 67

[1] Unto the end, a psalm of a canticle for David himself.

[2] Let God arise and let His enemies be scattered: and let them that hate Him flee from before His face.

[3] As smoke vanisheth, so let them vanish away: as wax melteth before the fire, so let the wicked perish at the presence of God.

[4] And let the just feast and rejoice before God: and be delighted with gladness.

[5] Sing ye to God, sing a psalm to His name, make a way for Him who ascendeth upon the west: the Lord is His name. Rejoice ye before Him: but the wicked shall be troubled at His presence,

[6] Who is the father of orphans and the judge of widows. God in his holy place:

[7] God Who maketh men of one manner to dwell in a house: Who bringeth out them that were bound in strength; in like manner them that provoke, that dwell in sepulchres.

[8] O God, when Thou didst go forth in the sight of Thy people, when Thou didst pass through the desert:

[9] The Earth was moved and the heavens dropped at the presence of the God of Sinai, at the presence of the God of Israel.

[10] Thou shalt set aside for Thy inheritance a free rain, O God: and it was weakened, but Thou hast made it perfect.

[11] In it shall Thy animals dwell; in Thy sweetness, O God, Thou hast provided for the poor.

[12] The Lord shall give the word to them that preach good tidings with great power.

[13] The king of powers is of the beloved, of the beloved; and the beauty of the house shall divide spoils.

[14] If you sleep among the midst of lots, you shall be as the wings of a dove covered with silver and the hinder parts of her back with the paleness of gold.

[15] When He that is in Heaven appointeth kings over her, they shall be whited with snow in Selmon.

[16] The mountain of God is a fat mountain. A curdled mountain, a fat mountain.

[17] Why suspect, ye curdled mountains? A mountain in which God is well pleased to dwell: for there the Lord shall dwell unto the end.

[18] The chariot of God is attended by ten thousands; thousands of them that rejoice: the Lord is among them in Sinai, in the holy place.

[19] Thou hast ascended on high, Thou hast led captivity captive; Thou hast received gifts in men. Yea for those also that do not believe, the dwelling of the Lord God.

[20] Blessed be the Lord day by day: the God of our salvation will make our journey prosperous to us.

[21] Our God is the God of salvation: and of the Lord, of the Lord are the issues from death.

[22] But God shall break the heads of his enemies: the hairy crown of them that walk on in their sins.

[23] The Lord said: I will turn them from Basan, I will turn them into the depth of the sea:

[24] That thy foot may be dipped in the blood of thy enemies; the tongue of thy dogs be red with the same.

[25] They have seen Thy goings, O God, the goings of my God: of my king Who is in His sanctuary.

[26] Princes went before joined with singers, in the midst of young damsels playing on timbrels.

[27] In the churches bless ye God the Lord, from the fountains of Israel.

[28] There is Benjamin a youth, in ecstasy of mind. The princes of Juda are their leaders: the princes of Zabulon, the princes of Nephthali.

[29] Command Thy strength, O God: confirm, O God, what Thou hast wrought in us.

[30] From Thy temple in Jerusalem, kings shall offer presents to Thee.

[31] Rebuke the wild beasts of the reeds, the congregation of bulls with the kine of the people; who seek to exclude them who are tried with silver. Scatter Thou the nations that delight in wars:

[32] Ambassadors shall come out of Egypt: Ethiopia shall soon stretch out her hands to God.

[33] Sing to God, ye kingdoms of the Earth: sing ye to the Lord: Sing ye to God,

[34] Who mounteth above the Heaven of heavens, to the east. Behold He will give to His voice the voice of power:

[35] Give ye glory to God for Israel, His magnificence and His power is in the clouds.

[36] God is wonderful in His saints: the God of Israel is He Who will give power and strength to His people. Blessed be God.

Gloria Patri, etc.

Psalm 68

[1] Unto the end, for them that shall be changed; for David.

[2] SAVE me, O God: for the waters are come in even unto my soul.

[3] I stick fast in the mire of the deep: and there is no sure standing. I am come into the depth of the sea: and a tempest hath overwhelmed me.

[4] I have laboured with crying; my jaws are become hoarse: my eyes have failed, whilst I hope in my God.

[5] They are multiplied above the hairs of my head, who hate me without cause. My enemies are grown strong who have wrongfully persecuted me: then did I pay that which I took not away.

[6] O God, Thou knowest my foolishness; and my offences are not hidden from Thee:

[7] Let not them be ashamed for me, who look for Thee, O Lord, the Lord of hosts. Let them not be confounded on my account, who seek Thee, O God of Israel.

[8] Because for Thy sake I have borne reproach; shame hath covered my face.

[9] I am become a stranger to my brethren and an alien to the sons of my mother.

[10] For the zeal of Thy house hath eaten me up: and the reproaches of them that reproached Thee are fallen upon me.

[11] And I covered my soul in fasting: and it was made a reproach to me.

[12] And I made haircloth my garment: and I became a byword to them.

[13] They that sat in the gate spoke against me: and they that drank wine made me their song.

[14] But as for me, my prayer is to Thee, O Lord; for the time of Thy good pleasure, O God. In the multitude of Thy mercy hear me, in the truth of Thy salvation.

[15] Draw me out of the mire, that I may not stick fast: deliver me from them that hate me and out of the deep waters.

[16] Let not the tempest of water drown me, nor the deep swallow me up: and let not the pit shut her mouth upon me.

[17] Hear me, O Lord, for Thy mercy is kind; look upon me according to the multitude of Thy tender mercies.

[18] And turn not away Thy face from Thy servant: for I am in trouble, hear me speedily.

[19] Attend to my soul and deliver it: save me because of my enemies.

[20] Thou knowest my reproach and my confusion and my shame.

[21] In Thy sight are all they that afflict me; my heart hath expected reproach and misery. And I looked for one that would grieve together with me, but there was none: and for one that would comfort me and I found none.

[22] And they gave me gall for my food and in my thirst they gave me vinegar to drink.

[23] Let their table become as a snare before them and a recompense and a stumbling-block.

[24] Let their eyes be darkened that they see not; and their back bend thou down always.

[25] Pour out Thy indignation upon them: and let Thy wrathful anger take hold of them.

[26] Let their habitation be made desolate: and let there be none to dwell in their tabernacles.

[27] Because they have persecuted him whom Thou hast smitten; and they have added to the grief of my wounds.

[28] Add Thou iniquity upon their iniquity: and let them not come into Thy justice.

[29] Let them be blotted out of the book of the living; and with the just let them not be written.

[30] But I am poor and sorrowful: Thy salvation, O God, hath set me up.

[31] I will praise the name of God with a canticle: and I will magnify Him with praise.

[32] And it shall please God better than a young calf, that bringeth forth horns and hoofs.

[33] Let the poor see and rejoice: seek ye God and your soul shall live.

[34] For the Lord hath heard the poor: and hath not despised His prisoners.

[35] Let the heavens and the Earth praise Him; the sea and every thing that creepeth therein.

[36] For God will save *Sion* and the cities of Juda shall be built up. And they shall dwell there and acquire it by inheritance.

[37] And the seed of His servants shall possess it; and they that love His name shall dwell therein.

Gloria Patri, etc.

Psalm 69

[1] Unto the end, a psalm for David, to bring to remembrance that the Lord saved him.

[2] O God, come to my assistance; O Lord, make haste to help me.

[3] Let them be confounded and ashamed that seek my soul:

[4] Let them be turned backward and blush for shame that desire evils to me:

Let them be presently turned away blushing for shame that say to me: 'Tis well, 'tis well.

[5] Let all that seek Thee rejoice and be glad in Thee; and let such as love Thy salvation say always: The Lord be magnified.

[6] But I am needy and poor; O God, help me. Thou art my helper and my deliverer: O Lord, make no delay.

Gloria Patri, etc.

Psalm 70

[1] A psalm for David. Of the sons of Jonadab and the former captives. In Thee, O Lord, I have hoped, let me never be put to confusion:

[2] Deliver me in Thy justice and rescue me. Incline Thy ear unto me and save me.

[3] Be Thou unto me a God, a protector and a place of strength: that Thou mayst make me safe. For Thou art my firmament and my refuge.

[4] Deliver me, O my God, out of the hand of the sinner and out of the hand of the transgressor of the law and of the unjust.

[5] For Thou art my patience, O Lord: my hope, O Lord, from my youth;

[6] By Thee have I been confirmed from the womb: from my mother's womb Thou art my protector. Of Thee shall I continually sing:

[7] I am become unto many as a wonder, but Thou art a strong helper.

[8] Let my mouth be filled with praise, that I may sing Thy glory; Thy greatness all the day long.

[9] Cast me not off in the time of old age: when my strength shall fail, do not Thou forsake me.

[10] For my enemies have spoken against me; and they that watched my soul have consulted together,

[11] Saying: God hath forsaken him: pursue and take him, for there is none to deliver him.

[12] O God, be not Thou far from me: O my God, make haste to help me.

[13] Let them be confounded and come to nothing that detract my soul; let them be covered with confusion and shame that seek my hurt.

[14] But I will always hope; and will add to all Thy praise.

[15] My mouth shall show forth Thy justice; Thy salvation all the day long. Because I have not known learning,

[16] I will enter into the powers of the Lord: O Lord, I will be mindful of Thy justice alone.

[17] Thou hast taught me, O God, from my youth: and till now I will declare Thy wonderful works.

[18] And unto old age and grey hairs: O God, forsake me not, Until I show forth Thy arm to all the generation that is to come: Thy power,

[19] And Thy justice, O God, even to the highest great things Thou hast done: O God, who is like to Thee?

[20] How great troubles hast Thou shown me, many and grievous: and turning Thou hast brought me to life and hast brought me back again from the depths of the Earth:

[21] Thou hast multiplied Thy magnificence; and turning to me Thou hast comforted me.

[22] For I will also confess to Thee Thy truth with the instruments of psaltery: O God, I will sing to Thee with the harp, Thou holy one of Israel.

[23] My lips shall greatly rejoice, when I shall sing to Thee; and my soul which Thou hast redeemed.

[24] Yea and my tongue shall meditate on Thy justice all the day; when they shall be confounded and put to shame that seek evils to me.

Gloria Patri, etc.

Canticle of the Blessed Virgin Mary [St. Luke 1:46-55]

[46] My soul doth magnify the Lord; And my spirit hath rejoiced in God my Savior,

[47] Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed,

[48] Because He that is mighty hath done great things to me and holy is His name,

[49] And His mercy is from generation unto generation to them that fear Him.

[50] He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

[51] He hath put down the mighty from their seat and hath exalted the humble.

[52] He hath filled the hungry with good things and the rich He hath sent empty away.

[53] He hath received Israel, His servant, being mindful of His mercy,

[54] As He spoke to our fathers, to Abraham and to his seed forever.

Gloria Patri, etc.

Genesis 3:15

(The following prayer is said standing. When praying the words "she shall crush thy head," lift your foot and press your heel into the ground, as if to crush satan with your heel. Good Catholics are Mary's heel.)

I will put enmities between thee and the woman and thy seed and her seed: she shall crush thy head and thou shalt lie in wait for her heel.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 71

[1] A psalm on Solomon.

[2] Give to the king Thy judgment, O God: and to the king's son Thy justice: To judge Thy people with justice and Thy poor with judgment.

[3] Let the mountains receive peace for the people: and the hills justice.

[4] He shall judge the poor of the people and He shall save the children of the poor: and He shall humble the oppressor.

[5] And He shall continue with the Sun and before the Moon, throughout all generations.

[6] He shall come down like rain upon the fleece; and as showers falling gently upon the Earth.

[7] In His days shall justice spring up and abundance of peace, till the Moon be taken away.

[8] And He shall rule from sea to sea and from the river unto the ends of the Earth.

[9] Before Him the Ethiopians shall fall down: and His enemies shall lick the ground.

[10] The kings of Tharsis and the islands shall offer presents: the kings of the Arabians and of Saba shall bring gifts:

[11] And all kings of the Earth shall adore Him: all nations shall serve Him.

[12] For He shall deliver the poor from the mighty: and the needy that had no helper.

[13] He shall spare the poor and needy: and He shall save the souls of the poor.

[14] He shall redeem their souls from usuries and iniquity: and their names shall be honourable in His sight.

[15] And He shall live and to Him shall be given of the gold of Arabia, for Him they shall always adore: they shall bless Him all the day.

[16] And there shall be a firmament on the Earth on the tops of mountains, above Libanus shall the fruit thereof be exalted: and they of the city shall flourish like the grass of the Earth.

[17] Let His name be blessed forevermore: His name continueth before the Sun. And in Him shall all the tribes of the Earth be blessed: all nations shall magnify Him.

[18] Blessed be the Lord, the God of Israel, who alone doth wonderful things.

[19] And blessed be the name of His majesty forever: and the whole Earth shall be filled with His majesty. So be it. So be it.

[20] The praises of David, the son of Jesse, are ended.

Gloria Patri, etc.

Psalm 72

[1] A psalm for Asaph. How good is God to Israel, to them that are of a right heart!

[2] But my feet were almost moved; my steps had well nigh slipped.

[3] Because I had a zeal on occasion of the wicked, seeing the prosperity of sinners.

[4] For there is no regard to their death, nor is there strength in their stripes.

[5] They are not in the labour of men: neither shall they be scourged like other men.

[6] Therefore pride hath held them fast: they are covered with their iniquity and their wickedness.

[7] Their iniquity hath come forth, as it were from fatness: they have passed into the affection of the heart.

[8] They have thought and spoken wickedness: they have spoken iniquity on high.

[9] They have set their mouth against Heaven: and their tongue hath passed through the Earth.

[10] Therefore will My people return here and full days shall be found in them.

[11] And they said: How doth God know? and is there knowledge in the most High?

[12] Behold these are sinners; and yet abounding in the world they have obtained riches.

[13] And I said: Then have I in vain justified my heart and washed my hands among the innocent.

[14] And I have been scourged all the day; and my chastisement hath been in the mornings.

[15] If I said: I will speak thus; behold I should condemn the generation of thy children.

[16] I studied that I might know this thing, it is a labour in my sight:

[17] Until I go into the sanctuary of God and understand concerning their last ends.

[18] But indeed for deceits Thou hast put it to them: when they were lifted up, Thou hast cast them down.

[19] How are they brought to desolation? They have suddenly ceased to be: they have perished by reason of their iniquity.

[20] As the dream of them that awake, O Lord; so in Thy city thou shalt bring their image to nothing.

[21] For my heart hath been inflamed and my reins have been changed:

[22] And I am brought to nothing and I knew not.

[23] I am become as a beast before Thee: and I am always with Thee.

[24] Thou hast held me by my right hand; and by Thy will Thou hast conducted me and with Thy glory thou hast received me.

[25] For what have I in heaven? and besides Thee, what do I desire upon Earth?

[26] For Thee my flesh and my heart hath fainted away: Thou art the God of my heart and the God that is my portion forever.

[27] For behold they that go far from Thee shall perish: Thou hast destroyed all them that are disloyal to Thee.

[28] But it is good for me to adhere to my God, to put my hope in the Lord God: That I may declare all Thy praises, in the gates of the daughter of Sion.

Gloria Patri, etc.

Psalm 73

[1] Understanding for Asaph. O God, why hast Thou cast us off unto the end: why is Thy wrath enkindled against the sheep of Thy pasture?

[2] Remember Thy congregation, which Thou hast possessed from the beginning. The sceptre of Thy inheritance which Thou hast redeemed: Mount Sion in which Thou hast dwelt.

[3] Lift up Thy hands against their pride unto the end; see what things the enemy hath done wickedly in the sanctuary.

[4] And they that hate Thee have made their boasts, in the midst of Thy solemnity. They have set up their ensigns for signs,

[5] And they knew not both in the going out and on the highest top. As with axes in a wood of trees,

[6] They have cut down at once the gates thereof, with axe and hatchet they have brought it down.

[7] They have set fire to Thy sanctuary: they have defiled the dwelling place of Thy name on the Earth.

[8] They said in their heart, the whole kindred of them together: Let us abolish all the festival days of God from the land.

[9] Our signs we have not seen, there is now no prophet: and he will know us no more.

[10] How long, O God, shall the enemy reproach: is the adversary to provoke Thy name forever?

[11] Why dost Thou turn away Thy hand: and Thy right hand out of the midst of Thy bosom forever?

[12] But God is our king before ages: He hath wrought salvation in the midst of the Earth.

[13] Thou by Thy strength didst make the sea firm: Thou didst crush the heads of the dragons in the waters.

[14] Thou hast broken the heads of the dragon: Thou hast given him to be meat for the people of the Ethiopians.

[15] Thou hast broken up the fountains and the torrents: Thou hast dried up the Ethan rivers.

[16] Thine is the day and Thine is the night: Thou hast made the morning light and the Sun.

[17] Thou hast made all the borders of the Earth: the summer and the spring were formed by Thee.

[18] Remember this, the enemy hath reproached the Lord: and a foolish people hath provoked Thy name.

[19] Deliver not up to beasts the souls that confess to Thee: and forget not to the end the souls of Thy poor.

[20] Have regard to Thy covenant: for they that are the obscure of the Earth have been filled with dwellings of iniquity.

[21] Let not the humble be turned away with confusion: the poor and needy shall praise Thy name.

[22] Arise, O God, judge Thy own cause: remember Thy reproaches with which the foolish man hath reproached Thee all the day.

[23] Forget not the voices of Thy enemies: the pride of them that hate Thee ascendeth continually.

Gloria Patri, etc.

Psalm 74

[1] Unto the end, corrupt not, a psalm of a canticle for Asaph.

[2] We will praise Thee, O God: we will praise and we will call upon Thy name. We will relate Thy wondrous works:

[3] When I shall take a time, I will judge justices.

[4] The Earth is melted and all that dwell therein: I have established the pillars thereof.

[5] I said to the wicked: Do not act wickedly: and to the sinners: Lift not up the horn.

[6] Lift not up your horn on high: speak not iniquity against God.

[7] For neither from the east, nor from the west, nor from the desert hills:

[8] For God is the judge. One He putteth down and another He lifteth up:

[9] For in the hand of the Lord there is a cup of strong wine full of mixture. And He hath poured it out from this to that: but the dregs thereof are not emptied: all the sinners of the Earth shall drink.

[10] But I will declare forever: I will sing to the God of Jacob.

[11] And I will break all the horns of sinners: but the horns of the just shall be exalted.

Gloria Patri, etc.

Psalm 75

[1] Unto the end, in praises, a psalm for Asaph: a canticle to the Assyrians.

- [2] In Judea God is known: His name is great in Israel.
[3] And His place is in peace: and His abode in Zion:
[4] There hath He broken the powers of bows, the shield, the sword and the battle.
[5] Thou enlightenest wonderfully from the everlasting hills.
[6] All the foolish of heart were troubled. They have slept their sleep; and all the men of riches have found nothing in their hands.
[7] At Thy rebuke, O God of Jacob, they have all slumbered that mounted on horseback.
[8] Thou art terrible and who shall resist Thee? From that time Thy wrath.
[9] Thou hast caused judgment to be heard from Heaven: the Earth trembled and was still,
[10] When God arose in judgment, to save all the meek of the Earth.
[11] For the thought of man shall give praise to Thee: and the remainders of the thought shall keep holiday to Thee.
[12] Vow ye and pay to the Lord your God: all you that are round about Him bring presents. To Him that is terrible,
[13] Even to Him who taketh away the spirit of princes: to the terrible with the kings of the Earth.

Gloria Patri, etc.

Psalm 76

- [1] Unto the end, for Idithun, a psalm of Asaph.
[2] I cried to the Lord with my voice; to God with my voice and He gave ear to me.
[3] In the day of my trouble I sought God, with my hands lifted up to Him in the night and I was not deceived. My soul refused to be comforted:
[4] I remembered God and was delighted and was exercised and my spirit swooned away.
[5] My eyes prevented the watches: I was troubled and I spoke not.
[6] I thought upon the days of old: and I had in my mind the eternal years.
[7] And I meditated in the night with my own heart: and I was exercised and I swept my spirit.
[8] Will God then cast off forever? or will He never be more favourable again?
[9] Or will He cut off his mercy forever, from generation to generation?
[10] Or will God forget to show mercy? or will He in His anger shut up His mercies?
[11] And I said, Now have I begun: this is the change of the right hand of the most High.
[12] I remembered the works of the Lord: for I will be mindful of Thy wonders from the beginning.

[13] And I will meditate on all Thy works: and will be employed in Thy inventions.

[14] Thy way, O God, is in the holy place: who is the great god like our God?

[15] Thou art the God that dost wonders. Thou hast made Thy power known among the nations:

[16] With Thy arm Thou hast redeemed Thy people, the children of Jacob and of Joseph.

[17] The waters saw Thee, O God, the waters saw Thee: and they were afraid and the depths were troubled.

[18] Great was the noise of the waters: the clouds sent out a sound. For Thy arrows pass:

[19] The voice of Thy thunder in a wheel. Thy lightnings enlightened the world: the Earth shook and trembled.

[20] Thy way is in the sea and Thy paths in many waters: and Thy footsteps shall not be known.

[21] Thou hast conducted Thy people like sheep, by the hand of Moses and Aaron.

Gloria Patri, etc.

Psalm 77

[1] Understanding for Asaph. Attend, O my people, to my law: incline your ears to the words of my mouth.

[2] I will open my mouth in parables: I will utter propositions from the beginning.

[3] How great things have we heard and known and our fathers have told us.

[4] They have not been hidden from their children, in another generation. Declaring the praises of the Lord and His powers and His wonders which He hath done.

[5] And He set up a testimony in Jacob: and made a law in Israel. How great things He commanded our fathers, that they should make the same known to their children:

[6] That another generation might know them. The children that should be born and should rise up and declare them to their children.

[7] That they may put their hope in God and may not forget the works of God: and may seek His commandments.

[8] That they may not become like their fathers, a perverse and exasperating generation. A generation that set not their heart aright: and whose spirit was not faithful to God.

[9] The sons of Ephraim who bend and shoot with the bow: they have turned back in the day of battle.

[10] They kept not the covenant of God: and in His law they would not walk.

[11] And they forgot His benefits and His wonders that He had shown them.

[12] Wonderful things did He do in the sight of their fathers, in the land of Egypt, in the field of Tanis.

[13] He divided the sea and brought them through: and He made the waters to stand as in a vessel.

[14] And He conducted them with a cloud by day: and all the night with a light of fire.

[15] He struck the rock in the wilderness: and gave them to drink, as out of the great deep.

[16] He brought forth water out of the rock: and made streams run down as rivers.

[17] And they added yet more sin against Him: they provoked the Most High to wrath in the place without water.

[18] And they tempted God in their hearts, by asking meat for their desires.

[19] And they spoke ill of God: they said: Can God furnish a table in the wilderness?

[20] Because He struck the rock and the waters gushed out and the streams overflowed. Can He also give bread, or provide a table for His people?

[21] Therefore the Lord heard and was angry: and a fire was kindled against Jacob and wrath came up against Israel.

[22] Because they believed not in God: and trusted not in His salvation.

[23] And He had commanded the clouds from above and had opened the doors of Heaven.

[24] And had rained down manna upon them to eat and had given them the bread of Heaven.

[25] Man ate the bread of angels: He sent them provisions in abundance.

[26] He removed the south wind from Heaven: and by His power brought in the southwest wind.

[27] And He rained upon them flesh as dust: and feathered fowls like as the sand of the sea.

[28] And they fell in the midst of their camp, round about their pavilions.

[29] So they did eat and were filled exceedingly and He gave them their desire:

[30] They were not defrauded of that which they craved. As yet their meat was in their mouth:

[31] And the wrath of God came upon them. And He slew the fat ones amongst them and brought down the chosen men of Israel.

[32] In all these things they sinned still: and they believed not for His wondrous works.

[33] And their days were consumed in vanity and their years in haste.

[34] When He slew them, then they sought Him: and they returned and came to Him early in the morning.

[35] And they remembered that God was their helper: and the most high God their redeemer.

[36] And they loved Him with their mouth: and with their tongue they lied unto Him:

[37] But their heart was not right with Him: nor were they counted faithful in His covenant.

[38] But He is merciful and will forgive their sins: and will not destroy them. And many a time did He turn away His anger: and did not kindle all His wrath.

[39] And He remembered that they are flesh: a wind that goeth and returneth not.

[40] How often did they provoke Him in the desert: and move Him to wrath in the place without water?

[41] And they turned back and tempted God: and grieved the holy one of Israel.

[42] They remembered not His hand, in the day that He redeemed them from the hand of him that afflicted them:

[43] How he wrought His signs in Egypt and His wonders in the field of Tanis.

[44] And He turned their rivers into blood and their showers that they might, not drink.

[45] He sent amongst them diverse sorts of flies, which devoured them: and frogs which destroyed them.

[46] And He gave up their fruits to the blast and their labours to the locust.

[47] And He destroyed their vineyards with hail and their mulberry trees with hoarfrost.

[48] And He gave up their cattle to the hail and their stock to the fire.

[49] And He sent upon them the wrath of His indignation: indignation and wrath and trouble, which He sent by evil angels.

[50] He made a way for a path to His anger: he spared not their souls from death and their cattle He shut up in death.

[51] And He killed all the firstborn in the land of Egypt: the first-fruits of all their labour in the tabernacles of Cham.

[52] And He took away His own people as sheep: and guided them in the wilderness like a flock.

[53] And He brought them out in hope and they feared not: and the sea overwhelmed their enemies.

[54] And He brought them into the mountain of His sanctuary: the mountain which His right hand had purchased. And He cast out the Gentiles before them: and by lot divided to them their land by a line of distribution.

[55] And He made the tribes of Israel to dwell in their tabernacles.
[56] Yet they tempted and provoked the most high God: and they kept not His testimonies.
[57] And they turned away and kept not the covenant: even like their fathers they were turned aside as a crooked bow.
[58] They provoked Him to anger on their hills: and moved Him to jealousy with their graven things.
[59] God heard and despised them and He reduced Israel exceedingly as it were to nothing.
[60] And He put away the tabernacle of Silo, His tabernacle where He dwelt among men.
[61] And He delivered their strength into captivity: and their beauty into the hands of the enemy.
[62] And He shut up His people under the sword: and He despised His inheritance.
[63] Fire consumed their young men: and their maidens were not lamented.
[64] Their priests fell by the sword: and their widows did not mourn.
[65] And the Lord was awaked as one out of sleep and like a mighty man that hath been surfeited with wine.
[66] And He smote His enemies on the hinder parts: He put them to an everlasting reproach.
[67] And He rejected the tabernacle of Joseph: and chose not the tribe of Ephraim:
[68] But He chose the tribe of Juda, Mount Sion which He loved.
[69] And He built His sanctuary as of unicorns, in the land which He founded forever.
[70] And He chose His servant David and took him from the flocks of sheep: He brought him from following the ewes great with young,
[71] To feed Jacob His servant and Israel His inheritance.
[72] And he fed them in the innocence of his heart: and conducted them by the skillfulness of his hands.

Gloria Patri, etc.

Psalm 78

[1] A psalm for Asaph. O God, the heathens are come into Thy inheritance, they have defiled Thy holy temple: they have made Jerusalem as a place to keep fruit.
[2] They have given the dead bodies of Thy servants to be meat for the fowls of the air: the flesh of Thy saints for the beasts of the Earth.
[3] They have poured out their blood as water, round about Jerusalem and there was none to bury them.

[4] We are become a reproach to our neighbors: a scorn and derision to them that are round about us.

[5] How long, O Lord, wilt Thou be angry forever: shall Thy zeal be kindled like a fire?

[6] Pour out Thy wrath upon the nations that have not known Thee: and upon the kingdoms that have not called upon Thy name.

[7] Because they have devoured Jacob; and have laid waste his place.

[8] Remember not our former iniquities: let Thy mercies speedily prevent us, for we are become exceedingly poor.

[9] Help us, O God, our Savior: and for the glory of Thy name, O Lord, deliver us: and forgive us our sins for Thy name's sake:

[10] Lest they should say among the Gentiles: Where is their God? And let Him be made known among the nations before our eyes, By the revenging the blood of Thy servants, which hath been shed:

[11] Let the sighing of the prisoners come in before Thee. According to the greatness of Thy arm, take possession of the children of them that have been put to death.

[12] And render to our neighbors sevenfold in their bosom: the reproach wherewith they have reproached Thee, O Lord.

[13] But we Thy people and the sheep of Thy pasture, will give thanks to Thee forever. We will show forth Thy praise, unto generation and generation.

Gloria Patri, etc.

Psalm 79

[1] Unto the end, for them that shall be changed, a testimony for Asaph, a psalm.

[2] Give ear, O Thou that rulest Israel: Thou that leadest Joseph like a sheep. Thou that sittest upon the cherubims, shine forth

[3] Before Ephraim, Benjamin and Manasses. Stir up Thy might and come to save us.

[4] Convert us, O God: and show us Thy face and we shall be saved.

[5] O Lord God of hosts, how long wilt Thou be angry against the prayer of Thy servant?

[6] How long wilt Thou feed us with the bread of tears: and give us for our drink tears in measure?

[7] Thou hast made us to be a contradiction to our neighbors: and our enemies have scoffed at us.

[8] O God of hosts, convert us: and show Thy face and we shall be saved.

[9] Thou hast brought a vineyard out of Egypt: Thou hast cast out the Gentiles and planted it.

[10] Thou wast the guide of its journey in its sight: Thou plantedst the roots thereof and it filled the land.

[11] The shadow of it covered the hills: and the branches thereof the cedars of God.

[12] It stretched forth its branches unto the sea and its boughs unto the river.

[13] Why hast Thou broken down the hedge thereof, so that all they who pass by the way do pluck it?

[14] The boar out of the wood hath laid it waste: and a singular wild beast hath devoured it.

[15] Turn again, O God of hosts, look down from heaven and see and visit this vineyard:

[16] And perfect the same which Thy right hand hath planted: and upon the son of man whom Thou hast confirmed for Thyself.

[17] Things set on fire and dug down shall perish at the rebuke of Thy countenance.

[18] Let Thy hand be upon the man of Thy right hand: and upon the son of man whom Thou hast confirmed for Thyself.

[19] And we depart not from Thee, Thou shalt quicken us: and we will call upon Thy name.

[20] O Lord God of hosts, convert us: and show Thy face and we shall be saved.

Gloria Patri, etc.

Psalm 80

[1] Unto the end, for the winepresses, a psalm for Asaph himself.

[2] Rejoice to God our helper: sing aloud to the God of Jacob.

[3] Take a psalm and bring hither the timbrel: the pleasant psaltery with the harp.

[4] Blow up the trumpet on the new Moon, on the noted day of your solemnity.

[5] For it is a commandment in Israel and a judgment to the God of Jacob.

[6] He ordained it for a testimony in Joseph, when he came out of the land of Egypt: he heard a tongue which he knew not.

[7] He removed his back from the burdens: his hands had served in baskets.

[8] Thou calledst upon me in affliction and I delivered thee: I heard thee in the secret place of tempest: I proved thee at the waters of contradiction.

[9] Hear, O My people and I will testify to thee: O Israel, if thou wilt hearken to Me,

[10] There shall be no new god in thee: neither shalt thou adore a strange god.

[11] For I am the Lord thy God, Who brought thee out of the land of Egypt: open thy mouth wide and I will fill it.

[12] But My people heard not My voice: and Israel hearkened not to Me.

[13] So I let them go according to the desires of their heart: they shall walk in their own inventions.

[14] If My people had heard Me: if Israel had walked in My ways:

[15] I should soon have humbled their enemies and laid My hand on them that troubled them.

[16] The enemies of the Lord have lied to Him: and their time shall be forever.

[17] And He fed them with the fat of wheat and filled them with honey out of the rock.

Gloria Patri, etc.

Te Deum

We praise Thee, O God; we acclaim Thee Lord and Master.

Everlasting Father, all the world bows down before Thee.

All the angels sing Thy praise, the hosts of Heaven and all the angelic powers;

All the Cherubim and Seraphim call out to Thee in unending chorus:

Holy, Holy, Holy is the Lord God of angel hosts!

The heavens and the Earth are filled, Lord, with Thy majesty and glory.

Thy praises are sung by the renowned Apostles;

By all the prophets, who themselves deserve our praise;

By that mighty white-robed army who shed their blood for Christ.

And to the ends of the Earth the Holy Church proclaims Her faith in Thee:

Father, Whose majesty is boundless;

Thy only Son, Who is true God and Who is to be adored;

The Holy Ghost, sent to be our Advocate.

O Christ, the King of Glory! Thou alone are the Father's eternal Son.

When Thou wast to become man so as to save mankind, Thou didst not shrink back from the chaste Virgin's womb.

When Thou triumphantly destroyed death's sting, Thou opened up to believers the Kingdom of Heaven.

Thou art now enthroned at God's right hand, in the Father's glory.

We believe that Thou wilt come for judgment.

(The following verse is said bowing on your knees.)

We therefore implore Thee to grant Thy servants grace and aid, for Thou shed Thy precious blood for their redemption.

Admit them all to the ranks of Thy saints in everlasting glory.

Be the Savior of Thy faithful people, Lord; grant them Thy blessing, for they belong to Thee. Be their Shepherd, Lord, uphold and exalt them forever and ever.

Day by day we praise Thee, daily we acclaim Thee. We will confess and glorify Thy Holy Name, now and for all eternity.

In Thy great mercy, Lord, throughout this day keep us free from sin by Thy protection.

Have mercy on us, we humbly pray; Lord, have mercy on us.

May Thy mercy, Lord, Thy loving kindness, always remain with us; for we have placed our confidence in Thee. In Thee alone, Lord, I have hoped; may I not be disappointed.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Canticle of Zachary [St. Luke 1:68-79]

[68] Blessed be the Lord God of Israel, because He hath visited and wrought the redemption of His people:

[69] And hath raised up an horn of salvation to us, in the house of David His servant:

[70] As He spoke by the mouth of His holy prophets, who are from the beginning:

[71] Salvation from our enemies and from the hand of all that hate us:

[72] To perform mercy to our fathers and to remember His holy testament,

[73] The oath, which He swore to Abraham our father, that He would grant to us,

[74] That being delivered from the hand of our enemies, we may serve Him without fear,

[75] In holiness and justice before Him, all our days.

[76] And thou, child, shalt be called the prophet of the Highest: for thou shalt go before the face of the Lord to prepare His ways:

[77] To give knowledge of salvation to His people, unto the remission of their sins:

[78] Through the bowels of the mercy of our God, in which the Orient from on high hath visited us:

[79] To enlighten them that sit in darkness and in the shadow of death: to direct our feet into the way of peace.

Gloria Patri, etc.

The Beatitudes [St. Matthew 5:3-16]

[3] Blessed are the poor in spirit: for theirs is the Kingdom of Heaven.

[4] Blessed are the meek: for they shall possess the land.

[5] Blessed are they that mourn: for they shall be comforted.

[6] Blessed are they that hunger and thirst after justice: for they shall have their fill.

[7] Blessed are the merciful: for they shall obtain mercy.

[8] Blessed are the clean of heart: for they shall see God.

[9] Blessed are the peacemakers: for they shall be called children of God.

[10] Blessed are they that suffer persecution for justice' sake: for theirs is the Kingdom of Heaven.

[11] Blessed are ye when they shall revile you and persecute you and speak all that is evil against you, untruly, for My sake:

[12] Be glad and rejoice, for your reward is very great in Heaven. For so they persecuted the prophets that were before you.

[13] You are the salt of the Earth. But if the salt lose its savour, wherewith shall it be salted? It is good for nothing any more but to be cast out and to be trodden on by men.

[14] You are the light of the world. A city seated on a mountain cannot be hid.

[15] Neither do men light a candle and put it under a bushel, but upon a candlestick, that it may shine to all that are in the house.

[16] So let your light shine before men, that they may see your good works and glorify your Father Who is in Heaven.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 81

[1] A psalm for Asaph. God hath stood in the congregation of gods: and being in the midst of them He judgeth gods.

[2] How long will you judge unjustly: and accept the persons of the wicked?

[3] Judge for the needy and fatherless: do justice to the humble and the poor.

[4] Rescue the poor; and deliver the needy out of the hand of the sinner.

[5] They have not known nor understood: they walk on in darkness: all the foundations of the Earth shall be moved.

[6] I have said: You are gods and all of you the sons of the most High.

[7] But you like men shall die: and shall fall like one of the princes.

[8] Arise, O God, judge Thou the Earth: for Thou shalt inherit among all the nations.

Gloria Patri, etc.

Psalm 82

[1] A canticle of a psalm for Asaph.

[2] O God, who shall be like to Thee? Hold not Thy peace, neither be Thou still, O God.

[3] For lo, Thy enemies have made a noise: and they that hate Thee have lifted up the head.

[4] They have taken a malicious counsel against Thy people and have consulted against Thy saints.

[5] They have said: Come and let us destroy them, so that they be not a nation: and let the name of Israel be remembered no more.

[6] For they have contrived with one consent: they have made a covenant together against Thee,

[7] The tabernacles of the Edomites and the Ismahelites: Moab and the Agarens,

[8] Gebal and Ammon and Amalec: the Philistines, with the inhabitants of Tyre.

[9] Yea and the Assyrian also is joined with them: they are come to the aid of the sons of Lot.

[10] Do to them as Thou didst to Madian and to Sisara: as to Jabin at the brook of Cisson.

[11] Who perished at Endor: and became as dung for the Earth.

[12] Make their princes like Oreb and Zeb and Zebee and Salmana. All their princes,

[13] Who have said: Let us possess the sanctuary of God for an inheritance.

[14] O my God, make them like a wheel; and as stubble before the wind.

[15] As fire which burneth the wood: and as a flame burning mountains:

[16] So shalt Thou pursue them with Thy tempest: and shalt trouble them in Thy wrath.

[17] Fill their faces with shame; and they shall seek Thy name, O Lord.

[18] Let them be ashamed and troubled forever and ever: and let them be confounded and perish.

[19] And let them know that the Lord is Thy name: Thou alone art the most High over all the Earth.

Gloria Patri, etc.

Psalm 83

[1] Unto the end, for the winepresses, a psalm for the sons of Core.

[2] How lovely are Thy tabernacles, O Lord of Hosts!

[3] My soul longeth and fainteth for the courts of the Lord. My heart and my flesh have rejoiced in the living God.

[4] For the sparrow hath found herself a house and the turtle a nest for herself where she may lay her young ones: Thy altars, O Lord of hosts, my King and my God.

[5] Blessed are they that dwell in Thy house, O Lord: they shall praise Thee forever and ever.

[6] Blessed is the man whose help is from Thee: in his heart he hath disposed to ascend by steps,

[7] In the vale of tears, in the place which he hath set.

[8] For the lawgiver shall give a blessing, they shall go from virtue to virtue: the God of gods shall be seen in Sion.

[9] O Lord God of hosts, hear my prayer: give ear, O God of Jacob.

[10] Behold, O God our Protector: and look on the face of Thy Christ.

[11] For better is one day in Thy courts above thousands. I have chosen to be an abject in the house of my God, rather than to dwell in the tabernacles of sinners.

[12] For God loveth mercy and truth: the Lord will give grace and glory.

[13] He will not deprive of good things them that walk in innocence: O Lord of hosts, blessed is the man that trusteth in Thee.

Gloria Patri, etc.

Psalm 84

[1] Unto the end, for the sons of Core, a psalm.

[2] Lord, Thou hast blessed Thy land: Thou hast turned away the captivity of Jacob.

[3] Thou hast forgiven the iniquity of Thy people: Thou hast covered all their sins.

[4] Thou hast mitigated all Thy anger: Thou hast turned away from the wrath of Thy indignation.

- [5] Convert us, O God our Savior: and turn off Thy anger from us.
[6] Wilt Thou be angry with us forever: or wilt Thou extend Thy wrath from generation to generation?
[7] Thou wilt turn, O God and bring us to life: and Thy people shall rejoice in Thee.
[8] Show us, O Lord, Thy mercy; and grant us Thy salvation.
[9] I will hear what the Lord God will speak in me: for He will speak peace unto His people: And unto His saints: and unto them that are converted to the heart.
[10] Surely His salvation is near to them that fear Him: that glory may dwell in our land.
[11] Mercy and truth have met each other: justice and peace have kissed.
[12] Truth is sprung out of the Earth: and justice hath looked down from Heaven.
[13] For the Lord will give goodness: and our Earth shall yield her fruit.
[14] Justice shall walk before him: and shall set his steps in the way.

Gloria Patri, etc.

Psalm 85

- [1] A prayer for David himself. Incline Thy ear, O Lord and hear me: for I am needy and poor.
[2] Preserve my soul, for I am holy: save Thy servant, O my God, that trusteth in Thee.
[3] Have mercy on me, O Lord, for I have cried to Thee all the day.
[4] Give joy to the soul of Thy servant, for to Thee, O Lord, I have lifted up my soul.
[5] For Thou, O Lord, art sweet and mild: and plenteous in mercy to all that call upon Thee.
[6] Give ear, O Lord, to my prayer: and attend to the voice of my petition.
[7] I have called upon Thee in the day of my trouble: because Thou hast heard me.
[8] There is none among the gods like unto Thee, O Lord: and there is none according to Thy works.
[9] All the nations Thou hast made shall come and adore before Thee, O Lord: and they shall glorify Thy name.
[10] For Thou art great and dost wonderful things: Thou art God alone.
[11] Conduct me, O Lord, in Thy way and I will walk in Thy truth: let my heart rejoice that it may fear Thy name.
[12] I will praise Thee, O Lord my God: with my whole heart and I will glorify Thy name forever:
[13] For Thy mercy is great towards me: and Thou hast delivered my soul out of the lower hell.

[14] O God, the wicked are risen up against me and the assembly of the mighty have sought my soul: and they have not set Thee before their eyes.

[15] And Thou, O Lord, art a God of compassion and merciful, patient and of much mercy and true.

[16] O look upon me and have mercy on me: give Thy command to Thy servant and save the son of Thy handmaid.

[17] Show me a token for good: that they who hate me may see and be confounded, because Thou, O Lord, hast helped me and hast comforted me.

Gloria Patri, etc.

Psalm 86

[1] For the sons of Core, a psalm of a canticle. The foundations thereof are in the holy mountains:

[2] The Lord loveth the gates of Sion above all the tabernacles of Jacob.

[3] Glorious things are said of Thee, O city of God.

[4] I will be mindful of Rahab and of Babylon knowing me. Behold the foreigners and Tyre and the people of the Ethiopians, these were there.

[5] Shall not Sion say: This man and that man is born in her? And the Highest Himself hath founded her.

[6] The Lord shall tell in His writings of peoples and of princes, of them that have been in her.

[7] The dwelling in Thee is as it were of all rejoicing.

Gloria Patri, etc.

Psalm 87

[1] A canticle of a psalm for the sons of Core: unto the end, for Maheleth, to answer understanding of Eman the Ezrahite.

[2] O Lord, the God of my salvation: I have cried in the day and in the night before Thee.

[3] Let my prayer come in before Thee: incline Thy ear to my petition.

[4] For my soul is filled with evils: and my life hath drawn nigh to hell.

[5] I am counted among them that go down to the pit: I am become as a man without help,

[6] Free among the dead. Like the slain sleeping in the sepulchres, whom Thou rememberest no more: and they are cast off from Thy hand.

[7] They have laid me in the lower pit: in the dark places and in the shadow of death.

[8] Thy wrath is strong over me: and all Thy waves Thou hast brought in upon me.

[9] Thou hast put away my acquaintance far from me: they have set me an abomination to themselves. I was delivered up and came not forth:

[10] My eyes languished through poverty. All the day I cried to Thee, O Lord: I stretched out my hands to Thee.

[11] Wilt Thou show wonders to the dead? Or shall physicians raise to life and give praise to Thee?

[12] Shall anyone in the sepulchre declare Thy mercy: and Thy truth in destruction?

[13] Shall Thy wonders be known in the dark; and Thy justice in the land of forgetfulness?

[14] But I, O Lord, have cried to Thee: and in the morning my prayer shall prevent Thee.

[15] Lord, why castest Thou off my prayer: why turnest Thou away Thy face from me?

[16] I am poor and in labours from my youth: and being exalted have been humbled and troubled.

[17] Thy wrath hath come upon me: and Thy terrors have troubled me.

[18] They have come round about me like water all the day: they have compassed me about together.

[19] Friend and neighbor Thou hast put far from me: and my acquaintance, because of misery.

Gloria Patri, etc.

Psalm 88

[1] Of understanding, for Ethan the Ezrahite.

[2] The mercies of the Lord I will sing forever. I will show forth Thy truth with my mouth to generation and generation.

[3] For Thou hast said: Mercy shall be built up forever in the heavens: Thy truth shall be prepared in them.

[4] I have made a covenant with My elect: I have sworn to David My servant:

[5] Thy seed will I settle forever. And I will build up thy throne unto generation and generation.

[6] The heavens shall confess Thy wonders, O Lord: and Thy truth in the church of the saints.

[7] For who in the clouds can be compared to the Lord: or who among the sons of God shall be like to God?

[8] God, who is glorified in the assembly of the saints: great and terrible above all them that are about Him.

[9] O Lord God of hosts, who is like to Thee? Thou art mighty, O Lord and Thy truth is round about Thee.

[10] Thou rulest the power of the sea: and appeasest the motion of the waves thereof.

[11] Thou hast humbled the proud one, as one that is slain: with the arm of Thy strength Thou hast scattered Thy enemies.

[12] Thine are the heavens and Thine is the Earth: the world and the fullness thereof Thou hast founded:

[13] The north and the sea Thou hast created. Thabor and Hermon shall rejoice in Thy name:

[14] Thy arm is with might. Let Thy hand be strengthened and Thy right hand exalted:

[15] Justice and judgment are the preparation of Thy throne. Mercy and truth shall go before Thy face:

[16] Blessed is the people that knoweth jubilation. They shall walk, O Lord, in the light of Thy countenance:

[17] And in Thy name they shall rejoice all the day and in Thy justice they shall be exalted.

[18] For Thou art the glory of their strength: and in Thy good pleasure shall our horn be exalted.

[19] For our protection is of the Lord and of our King the holy One of Israel.

[20] Then Thou spokest in a vision to Thy saints and saidst: I have laid help upon one that is mighty and have exalted one chosen out of My people.

[21] I have found David My servant: with My holy oil I have anointed him.

[22] For My hand shall help him: and My arm shall strengthen him.

[23] The enemy shall have no advantage over him: nor the son of iniquity have power to hurt him.

[24] And I will cut down his enemies before his face; and them that hate him I will put to flight.

[25] And My truth and My mercy shall be with him: and in My name shall his horn be exalted.

[26] And I will set his hand in the sea; and his right hand in the rivers.

[27] He shall cry out to Me: Thou art my father: my God and the support of my salvation.

[28] And I will make him My firstborn, high above the kings of the Earth.

[29] I will keep My mercy for him forever: and My covenant faithful to him.

[30] And I will make his seed to endure forevermore: and his throne as the days of Heaven.

[31] And if his children forsake My law and walk not in My judgments:

[32] If they profane My justices: and keep not My commandments:

[33] I will visit their iniquities with a rod: and their sins with stripes.

[34] But My mercy I will not take away from him: nor will I suffer My truth to fail.

[35] Neither will I profane My covenant: and the words that proceed from My mouth I will not make void.

- [36] Once have I sworn by My holiness: I will not lie unto David:
[37] His seed shall endure forever.
[38] And his throne as the Sun before Me: and as the Moon perfect forever
and a faithful witness in Heaven.
[39] But Thou hast rejected and despised: Thou hast been angry with Thy
anointed.
[40] Thou hast overthrown the covenant of Thy servant: Thou hast profaned
his sanctuary on the Earth.
[41] Thou hast broken down all his hedges: Thou hast made his strength
fear.
[42] All that pass by the way have robbed him: he is become a reproach to
his neighbors.
[43] Thou hast set up the right hand of them that oppress him: Thou hast
made all his enemies to rejoice.
[44] Thou hast turned away the help of his sword; and hast not assisted him
in battle.
[45] Thou hast made his purification to cease: and Thou hast cast his throne
down to the ground.
[46] Thou hast shortened the days of his time: Thou hast covered him with
confusion.
[47] How long, O Lord, turnest Thou away unto the end? shall Thy anger
burn like fire?
[48] Remember what my substance is for hast Thou made all the children of
men in vain?
[49] Who is the man that shall live and not see death: that shall deliver his
soul from the hand of hell?
[50] Lord, where are Thy ancient mercies, according to what Thou didst
swear to David in Thy truth?
[51] Be mindful, O Lord, of the reproach of Thy servants (which I have held
in my bosom) of many nations:
[52] Wherewith Thy enemies have reproached, O Lord; wherewith they have
reproached the change of Thy anointed.
[53] Blessed be the Lord forevermore. So be it. So be it.

Gloria Patri, etc.

Psalm 89

- [1] A prayer of Moses the man of God. Lord, Thou hast been our refuge
from generation to generation.
[2] Before the mountains were made, or the Earth and the world was formed;
from eternity and to eternity Thou art God.
[3] Turn not man away to be brought low: and Thou hast said: Be
converted, O ye sons of men.

[4] For a thousand years in Thy sight are as yesterday, which is past. And as a watch in the night,

[5] Things that are counted nothing, shall their years be.

[6] In the morning man shall grow up like grass; in the morning he shall flourish and pass away: in the evening he shall fall, grow dry and wither.

[7] For in Thy wrath we have fainted away: and are troubled in Thy indignation.

[8] Thou hast set our iniquities before Thy eyes: our life in the light of Thy countenance.

[9] For all our days are spent; and in Thy wrath we have fainted away. Our years shall be considered as a spider:

[10] The days of our years in them are threescore and ten years. But if in the strong they be fourscore years: and what is more of them is labour and sorrow. For mildness is come upon us: and we shall be corrected.

[11] Who knoweth the power of Thy anger and for Thy fear

[12] Can number Thy wrath? So make Thy right hand known: and men learned in heart, in wisdom.

[13] Return, O Lord, how long? and be entreated in favour of Thy servants.

[14] We are filled in the morning with Thy mercy: and we have rejoiced and are delighted all our days.

[15] We have rejoiced for the days in which Thou hast humbled us: for the years in which we have seen evils.

[16] Look upon Thy servants and upon their works: and direct their children.

[17] And let the brightness of the Lord our God be upon us: and direct Thou the works of our hands over us; yea, the work of our hands do Thou direct.

Gloria Patri, etc.

Psalm 90

[1] The praise of a canticle for David. He that dwelleth in the aid of the most High, shall abide under the protection of the God of Heaven.

[2] He shall say to the Lord: Thou art my protector and my refuge: my God, in Him will I trust.

[3] For He hath delivered me from the snare of the hunters: and from the sharp word.

[4] He will overshadow thee with His shoulders: and under His wings thou shalt trust.

[5] His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night.

[6] Of the arrow that flieth in the day, of the business that walketh about in the dark: of invasion, or of the noonday devil.

[7] A thousand shall fall at thy side and ten thousand at thy right hand: but it shall not come nigh thee.

[8] But thou shalt consider with thy eyes: and shalt see the reward of the wicked.

[9] Because Thou, O Lord, art my hope: thou hast made the Most High thy refuge.

[10] There shall no evil come to thee: nor shall the scourge come near thy dwelling.

[11] For He hath given His angels charge over thee; to keep thee in all thy ways.

[12] In their hands they shall bear thee up: lest thou dash thy foot against a stone.

[13] Thou shalt walk upon the asp and the basilisk: and thou shalt trample underfoot the lion and the dragon.

[14] Because he hoped in Me I will deliver him: I will protect him because he hath known My name.

[15] He shall cry to Me and I will hear him: I am with him in tribulation, I will deliver him and I will glorify him.

[16] I will fill him with length of days; and I will show him My salvation.

Gloria Patri, etc.

Canticle of the Blessed Virgin Mary [St. Luke 1:46-55]

[46] My soul doth magnify the Lord; And my spirit hath rejoiced in God my Savior,

[47] Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed,

[48] Because He that is mighty hath done great things to me and holy is His name,

[49] And His mercy is from generation unto generation to them that fear Him.

[50] He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

[51] He hath put down the mighty from their seat and hath exalted the humble.

[52] He hath filled the hungry with good things and the rich He hath sent empty away.

[53] He hath received Israel, His servant, being mindful of His mercy,

[54] As He spoke to our fathers, to Abraham and to his seed forever.

Gloria Patri, etc.

Genesis 3:15

(The following prayer is said standing. When praying the words "she shall crush thy head," lift your foot and press your heel into the ground, as if to crush satan with your heel. Good Catholics are Mary's heel.)

I will put enmities between thee and the woman and thy seed and her seed: she shall crush thy head and thou shalt lie in wait for her heel.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 91

[1] A psalm of a canticle on the sabbath day.

[2] It is good to give praise to the Lord: and to sing to Thy name, O Most High.

[3] To show forth Thy mercy in the morning and Thy truth in the night:

[4] Upon an instrument of ten strings, upon the psaltery: with a canticle upon the harp.

[5] For Thou hast given me, O Lord, a delight in Thy doings: and in the works of Thy hands I shall rejoice.

[6] O Lord, how great are Thy works! Thy thoughts are exceedingly deep.

[7] The senseless man shall not know: nor will the fool understand these things.

[8] When the wicked shall spring up as grass: and all the workers of iniquity shall appear: that they may perish forever and ever:

[9] But Thou, O Lord, art Most High forevermore.

[10] For behold Thy enemies, O Lord, for behold Thy enemies shall perish: and all the workers of iniquity shall be scattered.

[11] But my horn shall be exalted like that of the unicorn: and my old age in plentiful mercy.

[12] My eye also hath looked down upon my enemies: and my ear shall hear of the downfall of the malignant that rise up against me.

[13] The just shall flourish like the palm tree: he shall grow up like the cedar of Libanus.

[14] They that are planted in the house of the Lord shall flourish in the courts of the house of our God.

[15] They shall still increase in a fruitful old age: and shall be well treated,

[16] That they may show, that the Lord our God is righteous and there is no iniquity in Him.

Gloria Patri, etc.

Psalm 92

[1] The Lord hath reigned, He is clothed with beauty: the Lord is clothed with strength and hath girded Himself. For He hath established the world which shall not be moved.

[2] Thy throne is prepared from of old: Thou art from everlasting.

[3] The floods have lifted up, O Lord: the floods have lifted up their voice. The floods have lifted up their waves,

[4] With the noise of many waters. Wonderful are the surges of the sea: wonderful is the Lord on high.

[5] Thy testimonies are become exceedingly credible: holiness becometh Thy house, O Lord, unto length of days.

Gloria Patri, etc.

Psalm 93

[1] The Lord is the God to Whom revenge belongeth: the God of revenge hath acted freely.

[2] Lift up Thyself, Thou that judgest the Earth: render a reward to the proud.

[3] How long shall sinners, O Lord: how long shall sinners glory?

[4] Shall they utter and speak iniquity: shall all speak who work injustice?

[5] Thy people, O Lord, they have brought low: and they have afflicted Thy inheritance.

[6] They have slain the widow and the stranger: and they have murdered the fatherless.

[7] And they have said: The Lord shall not see: neither shall the God of Jacob understand.

[8] Understand, ye senseless among the people: and, you fools, be wise at last.

[9] He that planted the ear, shall He not hear? Or He that formed the eye, doth He not consider?

[10] He that chastiseth nations, shall He not rebuke: He that teacheth man knowledge?

[11] The Lord knoweth the thoughts of men, that they are vain.

[12] Blessed is the man whom Thou shalt instruct, O Lord: and shalt teach him out of Thy law.

[13] That Thou mayst give him rest from the evil days: till a pit be dug for the wicked.

[14] For the Lord will not cast off His people: neither will He forsake His own inheritance.

[15] Until justice be turned into judgment: and they that are near it are all the upright in heart.

[16] Who shall rise up for me against the evildoers? Or who shall stand with me against the workers of iniquity?

[17] Unless the Lord had been my helper, my soul had almost dwelt in hell.

[18] If I said: my foot is moved: Thy mercy, O Lord, assisted me.

[19] According to the multitude of my sorrows in my heart, Thy comforts have given joy to my soul.

[20] Doth the seat of iniquity stick to Thee, who framest labour in commandment?

[21] They will hunt after the soul of the just and will condemn innocent blood.

[22] But the Lord is my refuge: and my God the help of my hope.

[23] And He will render them their iniquity: and in their malice He will destroy them: the Lord our God will destroy them.

Gloria Patri, etc.

Psalm 94

[1] Come let us praise the Lord with joy: let us joyfully sing to God our Savior.

[2] Let us come before His presence with thanksgiving; and make a joyful noise to Him with psalms.

[3] For the Lord is a great God and a great King above all gods.

[4] For in His hand are all the ends of the Earth: and the heights of the mountains are His.

[5] For the sea is His and He made it: and His hands formed the dry land.

[6] Come let us adore and fall down: and weep before the Lord that made us.

[7] For He is the Lord our God: and we are the people of His pasture and the sheep of His hand.

[8] Today if you shall hear His voice, harden not your hearts:

[9] As in the provocation, according to the day of temptation in the wilderness: where your fathers tempted Me, they proved Me and saw My works.

[10] Forty years long was I offended with that generation and I said: These always err in heart.

[11] And these men have not known My ways: so I swore in My wrath that they shall not enter into My rest.

Gloria Patri, etc.

Psalm 95

[1] A canticle for David himself, when the house was built after the captivity. Sing ye to the Lord a new canticle: sing to the Lord, all the Earth.

[2] Sing ye to the Lord and bless His name: show forth His salvation from day to day.

[3] Declare His glory among the Gentiles: His wonders among all people.

[4] For the Lord is great and exceedingly to be praised: He is to be feared above all gods.

[5] For all the gods of the Gentiles are devils: but the Lord made the heavens.

[6] Praise and beauty are before Him: holiness and majesty in His sanctuary.

[7] Bring ye to the Lord, O ye kindreds of the Gentiles, bring ye to the Lord glory and honour:

[8] Bring to the Lord glory unto His name. Bring up sacrifices and come into His courts:

[9] Adore ye the Lord in His holy court. Let all the Earth be moved at His presence.

[10] Say ye among the Gentiles, the Lord hath reigned. For He hath corrected the world, which shall not be moved: He will judge the people with justice.

[11] Let the heavens rejoice and let the Earth be glad, let the sea be moved and the fullness thereof:

[12] The fields and all things that are in them shall be joyful. Then shall all the trees of the woods rejoice

[13] Before the face of the Lord, because He cometh: because He cometh to judge the Earth. He shall judge the world with justice and the people with His truth.

Gloria Patri, etc.

Psalm 96

[1] For the same David, when his land was restored again to him. The Lord hath reigned, let the Earth rejoice: let many islands be glad.

[2] Clouds and darkness are round about Him: justice and judgment are the establishment of His throne.

[3] A fire shall go before Him and shall burn His enemies round about.

[4] His lightnings have shone forth to the world: the Earth saw and trembled.

[5] The mountains melted like wax, at the presence of the Lord: at the presence of the Lord of all the Earth.

[6] The heavens declared His justice: and all people saw His glory.

[7] Let them be all confounded that adore graven things and that glory in their idols. Adore Him, all you His angels:

[8] Sion heard and was glad. And the daughters of Juda rejoiced, because of Thy judgments, O Lord.

[9] For Thou art the Most High Lord over all the Earth: Thou art exalted exceedingly above all gods.

[10] You that love the Lord, hate evil: the Lord preserveth the souls of His saints, He will deliver them out of the hand of the sinner.

[11] Light is risen to the just and joy to the right of heart.

[12] Rejoice, ye just, in the Lord: and give praise to the remembrance of His holiness.

Gloria Patri, etc.

Psalm 97

[1] A psalm for David himself. Sing ye to the Lord a new canticle: because He hath done wonderful things. His right hand hath wrought for Him salvation and His arm is holy.

[2] The Lord hath made known His salvation: He hath revealed His justice in the sight of the Gentiles.

[3] He hath remembered His mercy and His truth toward the house of Israel. All the ends of the Earth have seen the salvation of our God.

[4] Sing joyfully to God, all the Earth; make melody, rejoice and sing.

[5] Sing praise to the Lord on the harp, on the harp and with the voice of a psalm:

[6] With long trumpets and sound of cornet. Make a joyful noise before the Lord our King:

[7] Let the sea be moved and the fullness thereof: the world and they that dwell therein.

[8] The rivers shall clap their hands, the mountains shall rejoice together

[9] At the presence of the Lord: because He cometh to judge the Earth. He shall judge the world with justice and the people with equity.

Gloria Patri, etc.

Psalm 98

[1] A psalm for David himself. The Lord hath reigned, let the people be angry: He that sitteth on the cherubims: let the Earth be moved.

[2] The Lord is great in Sion and high above all people.

[3] Let them give praise to Thy great name: for it is terrible and holy:

[4] And the king's honour loveth judgment. Thou hast prepared directions: Thou hast done judgment and justice in Jacob.

[5] Exalt ye the Lord our God and adore His footstool, for it is holy.

[6] Moses and Aaron among His priests: and Samuel among them that call upon His name. They called upon the Lord and He heard them:

[7] He spoke to them in the pillar of the cloud. They kept His testimonies and the commandment which He gave them.

[8] Thou didst hear them, O Lord our God: Thou wast a merciful God to them and taking vengeance on all their inventions.

[9] Exalt ye the Lord our God and adore at His holy mountain: for the Lord our God is holy.

Gloria Patri, etc.

Psalm 99

[1] A psalm of praise.

[2] Sing joyfully to God, all the Earth: serve ye the Lord with gladness. Come in before His presence with exceedingly great joy.

[3] Know ye that the Lord He is God: He made us and not we ourselves. We are His people and the sheep of His pasture.

[4] Go ye into His gates with praise, into His courts with hymns: and give glory to Him. Praise ye His name:

[5] For the Lord is sweet, His mercy endureth forever and His truth to generation and generation.

Gloria Patri, etc.

Psalm 100

[1] A psalm for David himself. Mercy and judgment I will sing to Thee, O Lord: I will sing,

[2] And I will understand in the unspotted way, when Thou shalt come to me. I walked in the innocence of my heart, in the midst of my house.

[3] I did not set before my eyes any unjust thing: I hated the workers of iniquities.

[4] The perverse heart did not cleave to me: and the malignant, that turned aside from me, I would not know.

[5] The man that in private detracted his neighbour, him did I persecute. With him that had a proud eye and an insatiable heart, I would not eat.

[6] My eyes were upon the faithful of the Earth, to sit with me: the man that walked in the perfect way, he served me.

[7] He that worketh pride shall not dwell in the midst of my house: he that speaketh unjust things did not prosper before my eyes.

[8] In the morning I put to death all the wicked of the land: that I might cut off all the workers of iniquity from the city of the Lord.

Gloria Patri, etc.

Te Deum

We praise Thee, O God; we acclaim Thee Lord and Master.

Everlasting Father, all the world bows down before Thee.

All the angels sing Thy praise, the hosts of Heaven and all the angelic powers;

All the Cherubim and Seraphim call out to Thee in unending chorus:

Holy, Holy, Holy is the Lord God of angel hosts!

The heavens and the Earth are filled, Lord, with Thy majesty and glory.

Thy praises are sung by the renowned Apostles;

By all the prophets, who themselves deserve our praise;

By that mighty white-robed army who shed their blood for Christ.

And to the ends of the Earth the Holy Church proclaims Her faith in Thee:

Father, Whose majesty is boundless;

Thy only Son, Who is true God and Who is to be adored;

The Holy Ghost, sent to be our Advocate.

O Christ, the King of Glory! Thou alone are the Father's eternal Son.

When Thou wast to become man so as to save mankind, Thou didst not shrink back from the chaste Virgin's womb.

When Thou triumphantly destroyed death's sting, Thou opened up to believers the Kingdom of Heaven.

Thou art now enthroned at God's right hand, in the Father's glory.

We believe that Thou wilt come for judgment.

(The following verse is said bowing on your knees.)

We therefore implore Thee to grant Thy servants grace and aid, for Thou shed Thy precious blood for their redemption.

Admit them all to the ranks of Thy saints in everlasting glory.

Be the Savior of Thy faithful people, Lord; grant them Thy blessing, for they belong to Thee. Be their Shepherd, Lord, uphold and exalt them forever and ever.

Day by day we praise Thee, daily we acclaim Thee. We will confess and glorify Thy Holy Name, now and for all eternity.

In Thy great mercy, Lord, throughout this day keep us free from sin by Thy protection.

Have mercy on us, we humbly pray; Lord, have mercy on us.

May Thy mercy, Lord, Thy loving kindness, always remain with us; for we have placed our confidence in Thee. In Thee alone, Lord, I have hoped; may I not be disappointed.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 101

- [1] The prayer of the poor man, when he was anxious and poured out his supplication before the Lord.
- [2] Hear, O Lord, my prayer: and let my cry come to Thee.
- [3] Turn not away Thy face from me: in the day when I am in trouble, incline Thy ear to me. In what day soever I shall call upon Thee, hear me speedily.
- [4] For my days are vanished like smoke: and my bones are grown dry like fuel for the fire.
- [5] I am smitten as grass and my heart is withered: because I forgot to eat my bread.
- [6] Through the voice of my groaning, my bone hath cleaved to my flesh.
- [7] I am become like to a pelican of the wilderness: I am like a night raven in the house.
- [8] I have watched and am become as a sparrow all alone on the housetop.
- [9] All the day long my enemies reproached me: and they that praised me did swear against me.
- [10] For I did eat ashes like bread and mingled my drink with weeping.
- [11] Because of Thy anger and indignation: for having lifted me up Thou hast thrown me down.
- [12] My days have declined like a shadow and I am withered like grass.
- [13] But Thou, O Lord, endurest forever: and Thy memorial to all generations.
- [14] Thou shalt arise and have mercy on Sion: for it is time to have mercy on it, for the time is come.
- [15] For the stones thereof have pleased Thy servants: and they shall have pity on the Earth thereof.
- [16] And the Gentiles shall fear Thy name, O Lord and all the kings of the Earth Thy glory.
- [17] For the Lord hath built up Sion: and He shall be seen in His glory.
- [18] He hath had regard to the prayer of the humble: and He hath not despised their petition.
- [19] Let these things be written unto another generation: and the people that shall be created shall praise the Lord:
- [20] Because He hath looked forth from His high sanctuary: from Heaven the Lord hath looked upon the Earth.
- [21] That He might hear the groans of them that are in fetters: that He might release the children of the slain:
- [22] That they may declare the Name of the Lord in Sion: and His praise in Jerusalem;
- [23] When the people assemble together and kings, to serve the Lord.

[24] He answered Him in the way of his strength: Declare unto me the fewness of my days.

[25] Call me not away in the midst of my days: Thy years are unto generation and generation.

[26] In the beginning, O Lord, Thou foundedst the Earth: and the heavens are the works of Thy hands.

[27] They shall perish but Thou remainest: and all of them shall grow old like a garment: and as a vesture Thou shalt change them and they shall be changed.

[28] But Thou art always the selfsame and Thy years shall not fail.

[29] The children of Thy servants shall continue: and their seed shall be directed forever.

Gloria Patri, etc.

Psalm 102

[1] For David himself. Bless the Lord, O my soul: and let all that is within me bless His Holy Name.

[2] Bless the Lord, O my soul and never forget all He hath done for thee.

[3] Who forgiveth all thy iniquities: Who healeth all thy diseases.

[4] Who redeemeth thy life from destruction: Who crowneth thee with mercy and compassion.

[5] Who satisfieth thy desire with good things: thy youth shall be renewed like the eagle's.

[6] The Lord doth mercies and judgment for all that suffer wrong.

[7] He hath made His ways known to Moses: His wills to the children of Israel.

[8] The Lord is compassionate and merciful: longsuffering and plenteous in mercy.

[9] He will not always be angry: nor will He threaten forever.

[10] He hath not dealt with us according to our sins: nor rewarded us according to our iniquities.

[11] For according to the height of the Heaven above the Earth: He hath strengthened His mercy towards them that fear Him.

[12] As far as the east is from the west, so far hath He removed our iniquities from us.

[13] As a father hath compassion on his children, so hath the Lord compassion on them that fear Him:

[14] For He knoweth our frame. He remembereth that we are dust:

[15] Man's days are as grass, as the flower of the field so shall he flourish.

[16] For the spirit shall pass in him and he shall not be: and he shall know his place no more.

[17] But the mercy of the Lord is from eternity and unto eternity upon them that fear Him: And His justice unto children's children,

[18] To such as keep His covenant and are mindful of His commandments to do them.

[19] The Lord hath prepared His throne in Heaven: and His Kingdom shall rule over all.

[20] Bless the Lord, all ye His angels: you that are mighty in strength and execute His word, hearkening to the voice of His orders.

[21] Bless the Lord, all ye His hosts: you ministers of His that do His will.

[22] Bless the Lord, all His works: in every place of His dominion, O my soul, bless Thou the Lord.

Gloria Patri, etc.

Psalm 103

[1] For David himself. Bless the Lord, O my soul: O Lord my God, Thou art exceedingly great. Thou hast put on praise and beauty:

[2] And art clothed with light as with a garment. Who stretchest out the Heaven like a pavilion:

[3] Who coverest the higher rooms thereof with water. Who makest the clouds Thy chariot: Who walkest upon the wings of the winds.

[4] Who makest Thy angels spirits: and Thy ministers a burning fire.

[5] Who hast founded the Earth upon its own bases: it shall not be moved forever and ever.

[6] The deep like a garment is its clothing: above the mountains shall the waters stand.

[7] At Thy rebuke they shall flee: at the voice of Thy thunder they shall fear.

[8] The mountains ascend and the plains descend into the place which Thou hast founded for them.

[9] Thou hast set a bound which they shall not pass over; neither shall they return to cover the Earth.

[10] Thou sendest forth springs in the vales: between the midst of the hills the waters shall pass.

[11] All the beasts of the field shall drink: the wild asses shall expect in their thirst.

[12] Over them the birds of the air shall dwell: from the midst of the rocks they shall give forth their voices.

[13] Thou waterest the hills from Thy upper rooms: the Earth shall be filled with the fruit of Thy works:

[14] Bringing forth grass for cattle and herb for the service of men. That Thou mayst bring bread out of the Earth:

[15] And that wine may cheer the heart of man. That He may make the face cheerful with oil: and that bread may strengthen man's heart.

[16] The trees of the field shall be filled and the cedars of Libanus which He hath planted:

[17] There the sparrows shall make their nests. The highest of them is the house of the heron.

[18] The high hills are a refuge for the harts, the rock for the irchins.

[19] He hath made the Moon for seasons: the Sun knoweth his going down.

[20] Thou hast appointed darkness and it is night: in it shall all the beasts of the woods go about:

[21] The young lions roaring after their prey and seeking their meat from God.

[22] The Sun ariseth and they are gathered together: and they shall lie down in their dens.

[23] Man shall go forth to his work and to his labour until the evening.

[24] How great are Thy works, O Lord? Thou hast made all things in wisdom: the Earth is filled with Thy riches.

[25] So is this great sea, which stretcheth wide its arms: there are creeping things without number: creatures little and great.

[26] There the ships shall go. This sea dragon which Thou hast formed to play therein.

[27] All expect of Thee that Thou give them food in season.

[28] What Thou givest to them they shall gather up: when Thou openest Thy hand, they shall all be filled with good.

[29] But if Thou turnest away Thy face, they shall be troubled: Thou shalt take away their breath and they shall fail and shall return to their dust.

[30] Thou shalt send forth Thy spirit and they shall be created: and Thou shalt renew the face of the Earth.

[31] May the glory of the Lord endure forever: the Lord shall rejoice in His works.

[32] He looketh upon the Earth and maketh it tremble: He toucheth the mountains and they smoke.

[33] I will sing to the Lord as long as I live: I will sing praise to my God while I have my being.

[34] Let my speech be acceptable to Him: but I will take delight in the Lord.

[35] Let sinners be consumed out of the Earth and the unjust, so that they be no more: O my soul, bless Thou the Lord.

Gloria Patri, etc.

Psalm 104

[1] Alleluia. Give glory to the Lord and call upon His name: declare His deeds among the Gentiles.

- [2] Sing to Him, yea sing praises to Him: relate all His wondrous works.
- [3] Glory ye in His Holy Name: let the heart of them rejoice that seek the Lord.
- [4] Seek ye the Lord and be strengthened: seek His face evermore.
- [5] Remember His marvelous works which He hath done; His wonders and the judgments of His mouth.
- [6] O ye seed of Abraham His servant; ye sons of Jacob His chosen.
- [7] He is the Lord our God: His judgments are in all the Earth.
- [8] He hath remembered His covenant forever: the word which He commanded to a thousand generations.
- [9] Which He made to Abraham; and His oath to Isaac:
- [10] And He appointed the same to Jacob for a law and to Israel for an everlasting testament:
- [11] Saying: To thee will I give the land of Chanaan, the lot of your inheritance.
- [12] When they were but a small number: yea very few and sojourners therein:
- [13] And they passed from nation to nation and from one kingdom to another people.
- [14] He suffered no man to hurt them: and He reprov'd kings for their sakes.
- [15] Touch ye not My anointed: and do no evil to My prophets.
- [16] And He called a famine upon the land: and He broke in pieces all the support of bread.
- [17] He sent a man before them: Joseph, who was sold for a slave.
- [18] They humbled his feet in fetters: the iron pierced his soul,
- [19] Until His word came. The word of the Lord inflamed him.
- [20] The king sent and he released him: the ruler of the people and he set him at liberty.
- [21] He made him master of his house and ruler of all his possession.
- [22] That he might instruct his princes as himself and teach his ancients wisdom.
- [23] And Israel went into Egypt: and Jacob was a sojourner in the land of Cham.
- [24] And He increased His people exceedingly: and strengthened them over their enemies,
- [25] He turned their heart to hate His people: and to deal deceitfully with His servants.
- [26] He sent Moses His servant: Aaron the man whom He had chosen.
- [27] He gave them power to show His signs and His wonders in the land of Cham.
- [28] He sent darkness and made it obscure: and grieved not His words.

- [29] He turned their waters into blood and destroyed their fish.
[30] Their land brought forth frogs, in the inner chambers of their kings.
[31] He spoke and there came diverse sorts of flies and sciniphs in all their coasts.
[32] He gave them hail for rain, a burning fire in the land.
[33] And He destroyed their vineyards and their fig trees: and He broke in pieces the trees of their coasts.
[34] He spoke and the locust came and the bruchus, of which there was no number.
[35] And they devoured all the grass in their land and consumed all the fruit of their ground.
[36] And He slew all the firstborn in their land: the firstfruits of all their labour.
[37] And He brought them out with silver and gold: and there was not among their tribes one that was feeble.
[38] Egypt was glad when they departed: for the fear of them lay upon them.
[39] He spread a cloud for their protection and fire to give them light in the night.
[40] They asked and the quail came: and He filled them with the Bread of Heaven.
[41] He opened the rock and waters flowed: rivers ran down in the dry land.
[42] Because He remembered his holy word, which He had spoken to His servant Abraham.
[43] And He brought forth His people with joy and His chosen with gladness.
[44] And He gave them the lands of the Gentiles: and they possessed the labours of the people:
[45] That they might observe His justifications and seek after His law.

Gloria Patri, etc.

Psalm 105

- [1] Alleluia. Give glory to the Lord, for He is good: for His mercy endureth forever.
[2] Who shall declare the powers of the Lord? Who shall set forth all His praises?
[3] Blessed are they that keep judgment and do justice at all times.
[4] Remember us, O Lord, in the favour of Thy people: visit us with Thy salvation.
[5] That we may see the good of Thy chosen, that we may rejoice in the joy of Thy nation: that Thou mayst be praised with Thy inheritance.

[6] We have sinned with our fathers: we have acted unjustly, we have wrought iniquity.

[7] Our fathers understood not Thy wonders in Egypt: they remembered not the multitude of Thy mercies: And they provoked to wrath going up to the sea, even the Red Sea.

[8] And He saved them for His own name's sake: that He might make His power known.

[9] And He rebuked the Red Sea and it was dried up: and He led them through the depths, as in a wilderness.

[10] And He saved them from the hand of them that hated them: and He redeemed them from the hand of the enemy.

[11] And the water covered them that afflicted them: there was not one of them left.

[12] And they believed His words: and they sang His praises.

[13] They had quickly done, they forgot His works: and they waited not for His counsels.

[14] And they coveted their desire in the desert: and they tempted God in the place without water.

[15] And He gave them their request: and sent fullness into their souls.

[16] And they provoked Moses in the camp, Aaron the holy one of the Lord.

[17] The Earth opened and swallowed up Dathan: and covered the congregation of Abiron.

[18] And a fire was kindled in their congregation: the flame burned the wicked.

[19] They made also a calf in Horeb: and they adored the graven thing.

[20] And they changed their Glory into the likeness of a calf that eateth grass.

[21] They forgot God, Who saved them, Who had done great things in Egypt,

[22] Wondrous works in the land of Cham: terrible things in the Red Sea.

[23] And He said that He would destroy them: had not Moses His chosen stood before Him in the breach: to turn away His wrath, lest He should destroy them.

[24] And they set at nought the desirable land. They believed not His word,

[25] And they murmured in their tents: they hearkened not to the voice of the Lord.

[26] And He lifted up His hand over them: to overthrow them in the desert;

[27] And to cast down their seed among the nations and to scatter them in the countries.

[28] They also were initiated to Beelphegor: and ate the sacrifices of the dead.

[29] And they provoked Him with their inventions: and destruction was multiplied among them.

[30] Then Phinees stood up and pacified Him: and the slaughter ceased.

[31] And it was reputed to Him unto justice, to generation and generation forevermore.

[32] They provoked Him also at the waters of contradiction: and Moses was afflicted for their sakes:

[33] Because they exasperated his spirit. And he distinguished with his lips.

[34] They did not destroy the nations of which the Lord spoke unto them.

[35] And they were mingled among the heathens and learned their works:

[36] And served their idols and it became a stumbling-block to them.

[37] And they sacrificed their sons and their daughters to devils.

[38] And they shed innocent blood: the blood of their sons and of their daughters which they sacrificed to the idols of Chanaan. And the land was polluted with blood,

[39] And was defiled with their works: and they went aside after their own inventions.

[40] And the Lord was exceedingly angry with His people: and He abhorred His inheritance.

[41] And He delivered them into the hands of the nations: and they that hated them had dominion over them.

[42] And their enemies afflicted them: and they were humbled under their hands:

[43] Many times did He deliver them. But they provoked Him with their counsel: and they were brought low by their iniquities.

[44] And He saw when they were in tribulation: and He heard their prayer.

[45] And He was mindful of His covenant: and repented according to the multitude of His mercies.

[46] And He gave them unto mercies, in the sight of all those that had made them captives.

[47] Save us, O Lord, our God: and gather us from among nations: That we may give thanks to Thy holy name and may glory in Thy praise.

[48] Blessed be the Lord the God of Israel, from everlasting to everlasting: and let all the people say: so be it, so be it.

Gloria Patri, etc.

Psalm 106

[1] Give glory to the Lord, for He is good: for His mercy endureth forever.

[2] Let them say so that have been redeemed by the Lord, whom He hath redeemed from the hand of the enemy: and gathered out of the countries.

[3] From the rising and the setting of the sun, from the north and from the sea.

[4] They wandered in a wilderness, in a place without water: they found not the way of a city for their habitation.

[5] They were hungry and thirsty: their soul fainted in them.

[6] And they cried to the Lord in their tribulation: and He delivered them out of their distresses.

[7] And He led them into the right way: that they might go to a city of habitation.

[8] Let the mercies of the Lord give glory to Him: and His wonderful works to the children of men.

[9] For He hath satisfied the empty soul and hath filled the hungry soul with good things.

[10] Such as sat in darkness and in the shadow of death: bound in want and in iron.

[11] Because they had exasperated the words of God: and provoked the counsel of the Most High:

[12] And their heart was humbled with labours: they were weakened and there was none to help them.

[13] Then they cried to the Lord in their affliction: and He delivered them out of their distresses.

[14] And He brought them out of darkness and the shadow of death; and broke their bonds in sunder.

[15] Let the mercies of the Lord give glory to Him and His wonderful works to the children of men.

[16] Because He hath broken gates of brass and burst the iron bars.

[17] He took them out of the way of their iniquity: for they were brought low for their injustices.

[18] Their soul abhorred all manner of meat: and they drew nigh even to the gates of death.

[19] And they cried to the Lord in their affliction: and He delivered them out of their distresses.

[20] He sent His word and healed them: and delivered them from their destructions.

[21] Let the mercies of the Lord give glory to Him: and His wonderful works to the children of men.

[22] And let them sacrifice the sacrifice of praise: and declare His works with joy.

[23] They that go down to the sea in ships, doing business in the great waters:

[24] These have seen the works of the Lord and His wonders in the deep.

[25] He said the word and there arose a storm of wind: and the waves thereof were lifted up.

- [26] They mount up to the heavens and they go down to the depths: their soul pined away with evils.
- [27] They were troubled and reeled like a drunken man; and all their wisdom was swallowed up.
- [28] And they cried to the Lord in their affliction: and He brought them out of their distresses.
- [29] And He turned the storm into a breeze: and its waves were still.
- [30] And they rejoiced because they were still: and He brought them to the haven which they wished for.
- [31] Let the mercies of the Lord give glory to Him and His wonderful works to the children of men.
- [32] And let them exalt Him in the church of the people: and praise Him in the chair of the ancients.
- [33] He hath turned rivers into a wilderness: and the sources of water into dry ground:
- [34] A fruitful land into barrenness, for the wickedness of them that dwell therein.
- [35] He hath turned a wilderness into pools of water and a dry land into water springs.
- [36] And hath placed there the hungry; and they made a city for their habitation.
- [37] And they sowed fields and planted vineyards: and they yielded fruit of birth.
- [38] And He blessed them and they were multiplied exceedingly: and their cattle He suffered not to decrease.
- [39] Then they were brought to be few: and they were afflicted through the trouble of evils and sorrow.
- [40] Contempt was poured forth upon their princes: and He caused them to wander where there was no passing and out of the way.
- [41] And He helped the poor out of poverty: and made him families like a flock of sheep.
- [42] The just shall see and shall rejoice and all iniquity shall stop their mouth.
- [43] Who is wise and will keep these things: and will understand the mercies of the Lord?
- Gloria Patri, etc.**

Psalm 107

- [1] A canticle of a psalm for David himself.
- [2] My heart is ready, O God, my heart is ready: I will sing and will give praise, with my glory.

- [3] Arise, my glory; arise, psaltery and harp: I will arise in the morning early.
- [4] I will praise Thee, O Lord, among the people: and I will sing unto Thee among the nations.
- [5] For Thy mercy is great above the heavens: and Thy truth even unto the clouds.
- [6] Be Thou exalted, O God, above the heavens and Thy glory over all the Earth:
- [7] That Thy beloved may be delivered. Save with Thy right hand and hear me.
- [8] God hath spoken in His holiness. I will rejoice and I will divide Sichem and I will mete out the vale of tabernacles.
- [9] Galaad is mine and Manasses is mine and Ephraim the protection of my head. Juda is my king:
- [10] Moab the pot of my hope. Over Edom I will stretch out my shoe: the aliens are become my friends.
- [11] Who will bring me into the strong city? Who will lead me into Edom?
- [12] Wilt not Thou, O God, Who hast cast us off? And wilt not Thou, O God, go forth with our armies?
- [13] O grant us help from trouble: for vain is the help of man.
- [14] Through God we shall do mightily: and He will bring our enemies to nothing.

Gloria Patri, etc.

Psalm 108

- [1] Unto the end, a psalm for David.
- [2] O God, be not Thou silent in my praise: for the mouth of the wicked and the mouth of the deceitful man is opened against me.
- [3] They have spoken against me with deceitful tongues; and they have compassed me about with words of hatred; and have fought against me without cause.
- [4] Instead of making me a return of love, they detracted me: but I gave myself to prayer.
- [5] And they repaid me evil for good: and hatred for my love.
- [6] Set Thou the sinner over him: and may the devil stand at his right hand.
- [7] When he is judged, may he go out condemned; and may his prayer be turned to sin.
- [8] May his days be few: and his bishopric let another take.
- [9] May his children be fatherless and his wife a widow.
- [10] Let his children be carried about vagabonds and beg; and let them be cast out of their dwellings.

[11] May the usurer search all his substance: and let strangers plunder his labours.

[12] May there be none to help him: nor none to pity his fatherless offspring.

[13] May his posterity be cut off; in one generation may his name be blotted out.

[14] May the iniquity of his fathers be remembered in the sight of the Lord: and let not the sin of his mother be blotted out.

[15] May they be before the Lord continually and let the memory of them perish from the Earth:

[16] Because he remembered not to show mercy,

[17] But persecuted the poor man and the beggar; and the broken in heart, to put him to death.

[18] And he loved cursing and it shall come unto him: and he would not have blessing and it shall be far from him. And he put on cursing, like a garment: and it went in like water into his entrails and like oil in his bones.

[19] May it be unto him like a garment which covereth him; and like a girdle with which he is girded continually.

[20] This is the work of them who detract me before the Lord; and who speak evils against my soul.

[21] But Thou, O Lord, do with me for Thy name's sake: because Thy mercy is sweet. Do Thou deliver me,

[22] For I am poor and needy and my heart is troubled within me.

[23] I am taken away like the shadow when it declineth: and I am shaken off as locusts.

[24] My knees are weakened through fasting: and my flesh is changed for oil.

[25] And I am become a reproach to them: they saw me and they shook their heads,

[26] Help me, O Lord my God; save me according to Thy mercy.

[27] And let them know that this is Thy hand: and that Thou, O Lord, hast done it.

[28] They will curse and Thou will bless: let them that rise up against me be confounded: but Thy servant shall rejoice.

[29] Let them that detract me be clothed with shame: and let them be covered with their confusion as with a double cloak.

[30] I will give great thanks to the Lord with my mouth: and in the midst of many I will praise him.

[31] Because He hath stood at the right hand of the poor, to save my soul from persecutors.

Gloria Patri, etc.

Psalm 109

[1] The Lord said to my Lord: Sit thou at My right hand: Until I make thy enemies thy footstool.

[2] The Lord will send forth the sceptre of thy power out of Sion: rule thou in the midst of thy enemies.

[3] With thee is the principality in the day of thy strength: in the brightness of the saints: from the womb before the day star I begot thee.

[4] The Lord hath sworn and He will not repent: thou art a priest forever according to the order of Melchisedech.

[5] The Lord at thy right hand hath broken kings in the day of His wrath.

[6] He shall judge among nations, He shall fill ruins: He shall crush the heads in the land of many.

[7] He shall drink of the torrent in the way: therefore shall He lift up the head.

Gloria Patri, etc.

Psalm 110

[1] I will praise Thee, O Lord, with my whole heart; in the council of the just: and in the congregation.

[2] Great are the works of the Lord: sought out according to all His wills.

[3] His work is praise and magnificence: and His justice continueth forever and ever.

[4] He hath made a remembrance of His wonderful works, being a merciful and gracious Lord:

[5] He hath given food to them that fear Him. He will be mindful forever of His covenant:

[6] He will show forth to His people the power of His works.

[7] That He may give them the inheritance of the Gentiles: the works of His hands are truth and judgment.

[8] All His commandments are faithful: confirmed forever and ever, made in truth and equity.

[9] He hath sent redemption to His people: He hath commanded His covenant forever. Holy and terrible is His name:

[10] The fear of the Lord is the beginning of wisdom. A good understanding to all that do it: His praise continueth forever and ever.

Gloria Patri, etc.

Canticle of the Blessed Virgin Mary [St. Luke 1:46-55]

[46] My soul doth magnify the Lord; and my spirit hath rejoiced in God my Savior,

[47] Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed,

[48] Because He that is mighty hath done great things to me and holy is His name,

[49] And His mercy is from generation unto generation to them that fear Him.

[50] He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

[51] He hath put down the mighty from their seat and hath exalted the humble.

[52] He hath filled the hungry with good things and the rich He hath sent empty away.

[53] He hath received Israel, His servant, being mindful of His mercy,

[54] As He spoke to our fathers, to Abraham and to his seed forever.

Gloria Patri, etc.

Genesis 3:15

(The following prayer is said standing. When praying the words "she shall crush Thy head," lift your foot and press your heel into the ground, as if to crush satan with your heel. Good Catholics are Mary's heel.)

I will put enmities between Thee and the woman and Thy seed and her seed: she shall crush Thy head and Thou shalt lie in wait for her heel.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 111

[1] Blessed is the man that feareth the Lord: he shall delight exceedingly in His commandments.

[2] His seed shall be mighty upon Earth: the generation of the righteous shall be blessed.

[3] Glory and wealth shall be in his house: and his justice remaineth forever and ever.

[4] To the righteous a light is risen up in darkness: he is merciful and compassionate and just.

[5] Acceptable is the man that showeth mercy and lendeth: he shall order his words with judgment:

[6] Because he shall not be moved forever.

[7] The just shall be in everlasting remembrance: he shall not fear the evil hearing. His heart is ready to hope in the Lord:

[8] His heart is strengthened, he shall not be moved until he look over his enemies.

[9] He hath distributed, he hath given to the poor: his justice remaineth forever and ever: his horn shall be exalted in glory.

[10] The wicked shall see and shall be angry, he shall gnash with his teeth and pine away: the desire of the wicked shall perish.

Gloria Patri, etc.

Psalm 112

[1] Praise the Lord, ye children: praise ye the name of the Lord.

[2] Blessed be the name of the Lord, from henceforth now and forever.

[3] From the rising of the Sun unto the going down of the same, the name of the Lord is worthy of praise.

[4] The Lord is high above all nations; and His glory above the heavens.

[5] Who is as the Lord our God, Who dwelleth on high:

[6] And looketh down on the low things in Heaven and in Earth?

[7] Raising up the needy from the Earth and lifting up the poor out of the dunghill:

[8] That He may place him with princes, with the princes of His people.

[9] Who maketh a barren woman to dwell in a house, the joyful mother of children.

Gloria Patri, etc.

Psalm 113

[1] When Israel went out of Egypt, the house of Jacob from a barbarous people:

[2] Judea was made His sanctuary, Israel His dominion.

[3] The sea saw and fled: Jordan was turned back.

- [4] The mountains skipped like rams and the hills like the lambs of the flock.
- [5] What ailed thee, O thou sea, that thou didst flee: and thou, O Jordan, that thou wast turned back?
- [6] Ye mountains, that ye skipped like rams and ye hills, like lambs of the flock?
- [7] At the presence of the Lord the Earth was moved, at the presence of the God of Jacob:
- [8] Who turned the rock into pools of water and the stony hill into fountains of waters.
- [1] Not to us, O Lord, not to us; but to Thy name give glory.
- [2] For Thy mercy and for Thy truth's sake: lest the gentiles should say: Where is their God?
- [3] But our God is in Heaven: He hath done all things whatsoever He would.
- [4] The idols of the gentiles are silver and gold, the works of the hands of men.
- [5] They have mouths and speak not: they have eyes and see not.
- [6] They have ears and hear not: they have noses and smell not.
- [7] They have hands and feel not: they have feet and walk not: neither shall they cry out through their throat.
- [8] Let them that make them become like unto them: and all such as trust in them.
- [9] The house of Israel hath hoped in the Lord: He is their helper and their protector.
- [10] The house of Aaron hath hoped in the Lord: He is their helper and their protector.
- [11] They that fear the Lord hath hoped in the Lord: He is their helper and their protector.
- [12] The Lord hath been mindful of us and hath blessed us. He hath blessed the house of Israel: He hath blessed the house of Aaron.
- [13] He hath blessed all that fear the Lord, both little and great.
- [14] May the Lord add blessings upon you: upon you and upon your children.
- [15] Blessed be you of the Lord, Who made Heaven and Earth.
- [16] The Heaven of heaven is the Lord's: but the Earth he has given to the children of men.
- [17] The dead shall not praise Thee, O Lord: nor any of them that go down to hell.
- [18] But we that live bless the Lord: from this time now and forever.

Gloria Patri, etc.

Psalm 114

- [1] I have loved, because the Lord will hear the voice of my prayer.
[2] Because He hath inclined His ear unto me: and in my days I will call upon Him.
[3] The sorrows of death have encompassed me: and the perils of hell have found me. I met with trouble and sorrow:
[4] And I called upon the name of the Lord. O Lord, deliver my soul.
[5] The Lord is merciful and just and our God showeth mercy.
[6] The Lord is the keeper of little ones: I was little and He delivered me.
[7] Turn, O my soul, into thy rest: for the Lord hath been bountiful to thee.
[8] For He hath delivered my soul from death: my eyes from tears, my feet from falling.
[9] I will please the Lord in the land of the living.

Gloria Patri, etc.

Psalm 115

- [10] I have believed, therefore have I spoken; but I have been humbled exceedingly.
[11] I said in my excess: Every man is a liar.
[12] What shall I render to the Lord, for all the things He hath rendered unto me?
[13] I will take the chalice of salvation; and I will call upon the name of the Lord.
[14] I will pay my vows to the Lord before all His people:
[15] Precious in the sight of the Lord is the death of His saints.
[16] O Lord, for I am Thy servant: I am Thy servant and the son of Thy handmaid. Thou hast broken my bonds:
[17] I will sacrifice to Thee the sacrifice of praise and I will call upon the name of the Lord.
[18] I will pay my vows to the Lord in the sight of all His people:
[19] In the courts of the house of the Lord, in the midst of thee, O Jerusalem.

Gloria Patri, etc.

Psalm 116

- [1] O praise the Lord, all ye nations: praise Him, all ye people.
[2] For His mercy is confirmed upon us: and the truth of the Lord remaineth forever.

Gloria Patri, etc.

Psalm 117

- [1] Give praise to Lord, for He is good: for His mercy endureth forever.
[2] Let Israel now say that He is good: that His mercy endureth forever.
[3] Let the house of Aaron now say, that His mercy endureth forever.

- [4] Let them that fear the Lord now say, that His mercy endureth forever.
- [5] In my trouble I called upon the Lord: and the Lord heard me and enlarged me.
- [6] The Lord is my helper, I will not fear what man can do unto me.
- [7] The Lord is my helper: and I will look over my enemies.
- [8] It is good to confide in the Lord, rather than to have confidence in man.
- [9] It is good to trust in the Lord, rather than to trust in princes.
- [10] All nations compassed me about; and in the name of the Lord I have been revenged on them.
- [11] Surrounding me they compassed me about: and in the name of the Lord I have been revenged on them.
- [12] They surrounded me like bees and they burned like fire among thorns: and in the name of the Lord I was revenged on them.
- [13] Being pushed I was overturned that I might fall: but the Lord supported me.
- [14] The Lord is my strength and my praise: and He is become my salvation.
- [15] The voice of rejoicing and of salvation is in the tabernacles of the just.
- [16] The right hand of the Lord hath wrought strength: the right hand of the Lord hath exulted me: the right hand of the Lord hath wrought strength.
- [17] I shall not die, but live: and shall declare the works of the Lord.
- [18] The Lord chastising hath chastised me: but He hath not delivered me over to death.
- [19] Open ye to me the gates of justice: I will go into them and give praise to the Lord.
- [20] This is the gate of the Lord, the just shall enter into it.
- [21] I will give glory to Thee because Thou hast heard me: and art become my salvation.
- [22] The stone which the builders rejected; the same is become the head of the corner.
- [23] This is the Lord's doing: and it is wonderful in our eyes.
- [24] This is the day which the Lord hath made: let us be glad and rejoice therein.
- [25] O Lord, save me: O Lord, give good success.
- [26] Blessed be he that cometh in the name Lord. We have blessed you out of the house of the Lord.
- [27] The Lord is God and He hath shone upon us. Appoint a solemn day, with shady boughs, even to the horn of the altar.
- [28] Thou art my God and I will praise Thee: Thou art my God and I will exalt Thee. I will praise Thee, because Thou hast heard me and art become my salvation.
- [29] O praise ye the Lord, for He is good: for His mercy endureth forever.

Gloria Patri, etc.

Psalm 118

ALEPH.

[1] Blessed are the undefiled in the way, who walk in the law of the Lord.

[2] Blessed are they who search His testimonies: that seek Him with their whole heart.

[3] For they that work iniquity, have not walked in His ways.

[4] Thou hast commanded Thy commandments to be kept most diligently.

[5] O! That my ways may be directed to keep Thy justifications.

[6] Then shall I not be confounded, when I shall look into all Thy commandments.

[7] I will praise Thee with uprightness of heart, when I shall have learned the judgments of Thy justice.

[8] I will keep Thy justifications: O! Do not Thou utterly forsake me.

BETH.

[9] By what doth a young man correct his way? By observing Thy words.

[10] With my whole heart have I sought after Thee: let me not stray from Thy commandments.

[11] Thy words have I hidden in my heart, that I may not sin against Thee.

[12] Blessed art Thou, O Lord: teach me Thy justifications.

[13] With my lips I have pronounced all the judgments of Thy mouth.

[14] I have been delighted in the way of Thy testimonies, as in all riches.

[15] I will meditate on Thy commandments: and I will consider Thy ways.

[16] I will think of Thy justifications: I will not forget Thy words.

GIMEL.

[17] Give bountifully to Thy servant, enliven me: and I shall keep Thy words.

[18] Open Thou my eyes: and I will consider the wondrous things of Thy law.

[19] I am a sojourner on the Earth: hide not Thy commandments from me.

[20] My soul hath coveted to long for Thy justifications, at all times.

[21] Thou hast rebuked the proud: they are cursed who decline from Thy commandments.

[22] Remove from me reproach and contempt: because I have sought after Thy testimonies.

[23] For princes sat and spoke against me: but Thy servant was employed in Thy justifications.

[24] For Thy testimonies are my meditation: and Thy justifications my counsel.

DALETH.

[25] My soul hath cleaved to the pavement: quicken Thou me according to Thy word.

[26] I have declared my ways and Thou hast heard me: teach me Thy justifications.

[27] Make me to understand the way of Thy justifications: and I shall be exercised in Thy wondrous works.

[28] My soul hath slumbered through heaviness: strengthen Thou me in Thy words.

[29] Remove from me the way of iniquity: and out of Thy law have mercy on me.

[30] I have chosen the way of truth: Thy judgments I have not forgotten.

[31] I have stuck to Thy testimonies, O Lord: put me not to shame.

[32] I have run the way of Thy commandments, when Thou didst enlarge my heart.

HE.

[33] Set before me for a law the way of Thy justifications, O Lord: and I will always seek after it.

[34] Give me understanding and I will search Thy law; and I will keep it with my whole heart.

[35] Lead me into the path of Thy commandments; for this same I have desired.

[36] Incline my heart into Thy testimonies and not to covetousness.

[37] Turn away my eyes that they may not behold vanity: quicken me in Thy way.

[38] Establish Thy word to Thy servant, in Thy fear.

[39] Turn away my reproach, which I have apprehended: for Thy judgments are delightful.

[40] Behold I have longed after Thy precepts: quicken me in Thy justice.

VAU.

[41] Let Thy mercy also come upon me, O Lord: Thy salvation according to Thy word.

[42] So shall I answer them that reproach me in any thing; that I have trusted in Thy words.

[43] And take not Thou the word of truth utterly out of my mouth: for in Thy words have I hoped exceedingly.

[44] So shall I always keep Thy law, forever and ever.

[45] And I walked at large: because I have sought after Thy commandments.

[46] And I spoke of Thy testimonies before kings: and I was not ashamed.

[47] I meditated also on Thy commandments, which I loved.

[48] And I lifted up my hands to Thy commandments, which I loved: and I was exercised in Thy justifications.

ZAIN.

[49] Be Thou mindful of Thy word to Thy servant, in which Thou hast given me hope.

[50] This hath comforted me in my humiliation: because Thy word hath enlivened me.

[51] The proud did iniquitously altogether: but I declined not from Thy law.

[52] I remembered, O Lord, Thy judgments of old: and I was comforted.

[53] A fainting hath taken hold of me, because of the wicked that forsake Thy law.

[54] Thy justifications were the subject of my song, in the place of my pilgrimage.

[55] In the night I have remembered Thy name, O Lord: and have kept Thy law.

[56] This happened to me: because I sought after Thy justifications.

HETH

[57] O Lord, my portion, I have said, I would keep Thy law.

[58] I entreated Thy face with all my heart: have mercy on me according to Thy word.

[59] I have thought on my ways: and turned my feet unto Thy testimonies.

[60] I am ready and am not troubled: that I may keep Thy commandments.

[61] The cords of the wicked have encompassed me: but I have not forgotten Thy law.

[62] I rose at midnight to give praise to Thee; for the judgments of Thy justification.

[63] I am a partaker with all them that fear Thee and that keep Thy commandments.

[64] The Earth, O Lord, is full of Thy mercy: teach me Thy justifications.

TETH

[65] Thou hast done well with Thy servant, O Lord, according to Thy word.

[66] Teach me goodness and discipline and knowledge; for I have believed Thy commandments.

[67] Before I was humbled I offended; therefore have I kept Thy word.

[68] Thou art good; and in Thy goodness teach me Thy justifications.

[69] The iniquity of the proud hath been multiplied over me: but I will seek Thy commandments with my whole heart.

[70] Their heart is curdled like milk: but I have meditated on Thy law.

[71] It is good for me that Thou hast humbled me, that I may learn Thy justifications.

[72] The law of Thy mouth is good to me, above thousands of gold and silver.

JOD

[73] Thy hands have made me and formed me: give me understanding and I will learn Thy commandments.

[74] They that fear Thee shall see me and shall be glad: because I have greatly hoped in Thy words.

[75] I know, O Lord, that Thy judgments are equity: and in Thy truth Thou hast humbled me.

[76] O! Let Thy mercy be for my comfort, according to Thy word unto Thy servant.

[77] Let Thy tender mercies come unto me and I shall live: for Thy law is my meditation.

[78] Let the proud be ashamed, because they have done unjustly towards me: but I will be employed in Thy commandments.

[79] Let them that fear Thee turn to me and they that know Thy testimonies.

[80] Let my heart be undefiled in Thy justifications, that I may not be confounded.

CAPH

[81] My soul hath fainted after Thy salvation: and in Thy word I have very much hoped.

[82] My eyes have failed for Thy word, saying: When wilt Thou comfort me?

[83] For I am become like a bottle in the frost: I have not forgotten Thy justifications.

[84] How many are the days of Thy servant: when wilt Thou execute judgment on them that persecute me?

[85] The wicked have told me fables: but not as Thy law.

[86] All Thy statutes are truth: they have persecuted me unjustly, do Thou help me.

[87] They had almost made an end of me upon Earth: but I have not forsaken Thy commandments.

[88] Quicken Thou me according to Thy mercy: and I shall keep the testimonies of Thy mouth.

LAMED

[89] Forever, O Lord, Thy word standeth firm in Heaven.

[90] Thy truth unto all generations: Thou hast founded the Earth and it continueth.

[91] By Thy ordinance the day goeth on: for all things serve Thee.

[92] Unless Thy law had been my meditation, I had then perhaps perished in my abjection.

[93] Thy justifications I will never forget: for by them Thou hast given me life.

[94] I am thine, save Thou me: for I have sought Thy justifications.

[95] The wicked have waited for me to destroy me: but I have understood Thy testimonies.

[96] I have seen an end to all perfection: Thy commandment is exceedingly broad.

MEM

[97] O how have I loved Thy law, O Lord! It is my meditation all the day.

[98] Through Thy commandment, Thou hast made me wiser than my enemies: for it is ever with me.

[99] I have understood more than all my teachers: because Thy testimonies are my meditation.

[100] I have had understanding above ancients: because I have sought Thy commandments.

[101] I have restrained my feet from every evil way: that I may keep Thy words.

[102] I have not declined from Thy judgments, because Thou hast set me a law.

[103] How sweet are Thy words to my palate! more than honey to my mouth.

[104] By Thy commandments I have had understanding: therefore have I hated every way of iniquity.

NUN

[105] Thy word is a lamp to my feet and a light to my paths.

[106] I have sworn and am determined to keep the judgments of Thy justice.

[107] I have been humbled, O Lord, exceedingly: quicken Thou me according to Thy word.

[108] The free offerings of my mouth make acceptable, O Lord: and teach me Thy judgments.

[109] My soul is continually in my hands: and I have not forgotten Thy law.

[110] Sinners have laid a snare for me: but I have not erred from Thy precepts.

[111] I have purchased Thy testimonies for an inheritance forever: because they are a joy to my heart.

[112] I have inclined my heart to do Thy justifications forever, for the reward.

SAMECH

[113] I have hated the unjust: and have loved Thy law.

[114] Thou art my helper and my protector: and in Thy word I have greatly hoped.

[115] Depart from me, ye malignant: and I will search the commandments of my God.

[116] Uphold me according to Thy word and I shall live: and let me not be confounded in my expectation.

[117] Help me and I shall be saved: and I will meditate always on Thy justifications.

[118] Thou hast despised all them that fall off from Thy judgments; for their thought is unjust.

[119] I have accounted all the sinners of the Earth prevaricators: therefore have I loved Thy testimonies.

[120] Pierce Thou my flesh with Thy fear: for I am afraid of Thy judgments.

AIN

[121] I have done judgment and justice: give me not up to them that slander me.

[122] Uphold Thy servant unto good: let not the proud calumniate me.

[123] My eyes have fainted after Thy salvation: and for the word of Thy justice.

[124] Deal with Thy servant according to Thy mercy: and teach me Thy justifications.

[125] I am Thy servant: give me understanding that I may know Thy testimonies.

[126] It is time, O Lord, to do: they have dissipated Thy law.

[127] Therefore have I loved Thy commandments above gold and the topaz.

[128] Therefore was I directed to all Thy commandments: I have hated all wicked ways.

PHE

[129] Thy testimonies are wonderful: therefore my soul hath sought them.

[130] The declaration of Thy words giveth light: and giveth understanding to little ones.

[131] I opened my mouth and panted: because I longed for Thy commandments.

[132] Look Thou upon me and have mercy on me, according to the judgment of them that love Thy name.

[133] Direct my steps according to Thy word: and let no iniquity have dominion over me.

[134] Redeem me from the calumnies of men: that I may keep Thy commandments.

[135] Make Thy face to shine upon Thy servant: and teach me Thy justifications.

[136] My eyes have sent forth springs of water: because they have not kept Thy law.

SADE

[137] Thou art just, O Lord: and Thy judgment is right.

[138] Thou hast commanded justice Thy testimonies: and Thy truth exceedingly.

[139] My zeal hath made me pine away: because my enemies forgot Thy words.

[140] Thy word is exceedingly refined: and Thy servant hath loved it.

[141] I am very young and despised; but I forgot not Thy justifications.

[142] Thy justice is justice forever: and Thy law is the truth.

[143] Trouble and anguish have found me: Thy commandments are my meditation.

[144] Thy testimonies are justice forever: give me understanding and I shall live.

COPH

[145] I cried with my whole heart, hear me, O Lord: I will seek Thy justifications.

[146] I cried unto Thee, save me: that I may keep Thy commandments.

[147] I prevented the dawning of the day and cried: because in Thy words I very much hoped.

[148] My eyes to Thee have prevented the morning: that I might meditate on Thy words.

[149] Hear Thou my voice, O Lord, according to Thy mercy: and quicken me according to Thy mercy.

[150] They that persecute me have drawn nigh to iniquity; but they are gone far off from the law.

[151] Thou art near, O Lord: and all Thy ways are truth.

[152] I have known from the beginning concerning Thy testimonies: that Thou hast founded them forever.

RES

[153] See my humiliation and deliver me: for I have not forgotten the law.

[154] Judge my judgment and redeem me: quicken Thou me for Thy word's sake.

[155] Salvation is far from sinners; because they have not sought Thy justifications.

[156] Many, O Lord, are Thy mercies: quicken me according to Thy judgment.

[157] Many are they that persecute me and afflict me; but I have not declined from Thy testimonies.

[158] I beheld the transgressors and I pined away; because they kept not Thy word.

[159] Behold I have loved Thy commandments, O Lord; quicken me Thou in Thy mercy.

[160] The beginning of Thy words is truth: all the judgments of Thy justice are forever.

SIN

[161] Princes have persecuted me without cause: and my heart hath been in awe of Thy words.

[162] I will rejoice at Thy words, as one that hath found great spoil.

[163] I have hated and abhorred iniquity; but I have loved Thy law.

[164] Seven times a day I have given praise to Thee, for the judgments of Thy justice.

[165] Much peace have they that love Thy law and to them there is no stumbling block.

[166] I looked to Thy salvation, O Lord: and I loved Thy commandments.

[167] My soul hath kept Thy testimonies: and hath loved them exceedingly.

[168] I have kept Thy commandments and Thy testimonies: because all my ways are in Thy sight.

TAU

[169] Let my supplication, O Lord, come near in Thy sight: give me understanding according to Thy word.

[170] Let my request come in before Thee; deliver Thou me according to Thy word.

[171] My lips shall utter a hymn, when Thou shalt teach me Thy justifications.

[172] My tongue shall pronounce Thy word: because all Thy commandments are justice.

[173] Let Thy hand be with me to save me; for I have chosen Thy precepts.

[174] I have longed for Thy salvation, O Lord; and Thy law is my meditation.

[175] My soul shall live and shall praise Thee: and Thy judgments shall help me.

[176] I have gone astray like a sheep that is lost: seek Thy servant, because I have not forgotten Thy commandments.

Gloria Patri, etc.

Psalm 119

[1] In my trouble I cried to the Lord: and He heard me.

[2] O Lord, deliver my soul from wicked lips and a deceitful tongue.

[3] What shall be given to thee, or what shall be added to thee, to a deceitful tongue.

[4] The sharp arrows of the mighty, with coals that lay waste.

[5] Woe is me, that my sojourning is prolonged! I have dwelt with the inhabitants of cedar:

[6] My soul hath been long a sojourner.

[7] With them that hated peace I was peaceable: when I spoke to them, they fought against me without cause.

Gloria Patri, etc.

Psalm 120

[1] I have lifted up my eyes to the mountains, from whence help shall come to me.

[2] My help is from the Lord, Who made Heaven and Earth.

[3] May He not suffer thy foot to be moved: neither let Him slumber that keepeth thee.

[4] Behold He shall neither slumber nor sleep, that keepeth Israel.

[5] The Lord is thy keeper, the Lord is thy protection upon thy right hand.

[6] The Sun shall not burn thee by day: nor the Moon by night.

[7] The Lord keepeth thee from all evil: may the Lord keep thy soul.

[8] May the Lord keep thy coming in and thy going out; from henceforth now and forever.

Gloria Patri, etc.

Te Deum

We praise Thee, O God; we acclaim Thee Lord and Master.

Everlasting Father, all the world bows down before Thee.

All the angels sing Thy praise, the hosts of Heaven and all the angelic powers;

All the Cherubim and Seraphim call out to Thee in unending chorus:

Holy, Holy, Holy is the Lord God of angel hosts!

The heavens and the Earth are filled, Lord, with Thy majesty and glory.

Thy praises are sung by the renowned Apostles;

By all the prophets, who themselves deserve our praise;

By that mighty white-robed army who shed their blood for Christ.

And to the ends of the Earth the Holy Church proclaims Her faith in Thee:

Father, Whose majesty is boundless;

Thy only Son, Who is true God and Who is to be adored;

The Holy Ghost, sent to be our Advocate.

O Christ, the King of Glory! Thou alone are the Father's eternal Son.

When Thou wast to become man so as to save mankind, Thou didst not shrink back from the chaste Virgin's womb.

When Thou triumphantly destroyed death's sting, Thou opened up to believers the Kingdom of Heaven.

Thou art now enthroned at God's right hand, in the Father's glory.

We believe that Thou wilt come for judgment.

(The following verse is said bowing on your knees.)

We therefore implore Thee to grant Thy servants grace and aid, for Thou shed Thy precious blood for their redemption.

Admit them all to the ranks of Thy saints in everlasting glory.

Be the Savior of Thy faithful people, Lord; grant them Thy blessing, for they belong to Thee. Be their Shepherd, Lord, uphold and exalt them forever and ever.

Day by day we praise Thee, daily we acclaim Thee. We will confess and glorify Thy Holy Name, now and for all eternity.

In Thy great mercy, Lord, throughout this day keep us free from sin by Thy protection.

Have mercy on us, we humbly pray; Lord, have mercy on us.

May Thy mercy, Lord, Thy loving kindness, always remain with us; for we have placed our confidence in Thee. In Thee alone, Lord, I have hoped; may I not be disappointed.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 121

[1] I rejoiced at the things that were said to me: We shall go into the house of the Lord.

[2] Our feet were standing in thy courts, O Jerusalem.

[3] Jerusalem, which is built as a city, which is compact together.

[4] For thither did the tribes go up, the tribes of the Lord: the testimony of Israel, to praise the name of the Lord.

[5] Because their seats have sat in judgment, seats upon the house of David.

[6] Pray ye for the things that are for the peace of Jerusalem: and abundance for them that love thee.

[7] Let peace be in thy strength: and abundance in thy towers.

[8] For the sake of my brethren and of my neighbours, I spoke peace of thee.

[9] Because of the house of the Lord our God, I have sought good things for thee.

Gloria Patri, etc.

Psalm 122

[1] To Thee have I lifted up my eyes, Who dwellest in Heaven.

[2] Behold as the eyes of the servants are on the hands of their masters, as the eyes of the handmaid are on the hands of her mistress: so are our eyes unto the Lord our God, until He have mercy on us.

[3] Have mercy on us, O Lord, have mercy on us: for we are greatly filled with contempt.

[4] For our soul is greatly filled: we are a reproach to the rich and contempt to the proud.

Gloria Patri, etc.

Psalm 123

[1] If it had not been that the Lord was with us, let Israel now say:

[2] If it had not been that the Lord was with us, when men rose up against us,

[3] Perhaps they had swallowed us up alive. When their fury was enkindled against us,

[4] Perhaps the waters had swallowed us up.

[5] Our soul hath passed through a torrent: perhaps our soul had passed through a water insupportable.

[6] Blessed be the Lord, Who hath not given us to be a prey to their teeth.

[7] Our soul hath been delivered as a sparrow out of the snare of the fowlers. The snare is broken and we are delivered.

[8] Our help is in the name of the Lord, Who made Heaven and Earth.

Gloria Patri, etc.

Psalm 124

[1] They that trust in the Lord shall be as Mount Sion: he shall not be moved forever that dwelleth

[2] In Jerusalem. Mountains are round about it: so the Lord is round about His people from henceforth now and forever.

[3] For the Lord will not leave the rod of sinners upon the lot of the just: that the just may not stretch forth their hands to iniquity.

[4] Do good, O Lord, to those that are good and to the upright of heart.

[5] But such as turn aside into bonds, the Lord shall lead out with the workers of iniquity: peace upon Israel.

Gloria Patri, etc.

Psalm 125

[1] When the Lord brought back the captivity of Sion, we became like men comforted.

[2] Then was our mouth filled with gladness; and our tongue with joy. Then shall they say among the Gentiles: The Lord hath done great things for them.

[3] The Lord hath done great things for us: we are become joyful.

[4] Turn again our captivity, O Lord, as a stream in the south.

[5] They that sow in tears shall reap in joy.

[6] Going they went and wept, casting their seeds.

[7] But coming they shall come with joyfulness, carrying their sheaves.

Gloria Patri, etc.

Psalm 126

[1] Unless the Lord build the house, they labour in vain that build it. Unless the Lord keep the city, he watcheth in vain that keepeth it.

[2] It is vain for you to rise before light, rise ye after you have sitten, you that eat the bread of sorrow. When He shall give sleep to His beloved,

[3] Behold the inheritance of the Lord are children: the reward, the fruit of the womb.

[4] As arrows in the hand of the mighty, so the children of them that have been shaken.

[5] Blessed is the man that hath filled the desire with them; he shall not be confounded when he shall speak to his enemies in the gate.

Gloria Patri, etc.

Psalm 127

[1] Blessed are all they that fear the Lord: that walk in His ways.

[2] For thou shalt eat the labours of thy hands: blessed art thou and it shall be well with thee.

[3] Thy wife as a fruitful vine, on the sides of thy house.

[4] Behold, thus shall the man be blessed that feareth the Lord.

[5] May the Lord bless thee out of Sion: and mayest thou see the good things of Jerusalem all the days of thy life.

[6] And mayest thou see thy children's children, peace upon Israel.

Gloria Patri, etc.

Psalm 128

[1] Often have they fought against me from my youth, let Israel now say.

[2] Often have they fought against me from my youth: but they could not prevail over me.

[3] The wicked have wrought upon my back: they have lengthened their iniquity.

[4] The Lord who is just will cut the necks of sinners:

[5] Let them all be confounded and turned back that hate Sion.

[6] Let them be as grass on the tops of houses: which withereth before it be plucked up:

[7] Wherewith the mower filleth not his hand: nor he that gathereth sheaves his bosom.

[8] And they that have passed by have not said: The blessing of the Lord be upon you: we have blessed you in the name of the Lord.

Gloria Patri, etc.

Psalm 129

[1] Out of the depths I have cried to Thee, O Lord:

[2] Lord, hear my voice. Let Thy ears be attentive to the voice of my supplication.

[3] If Thou, O Lord, wilt mark iniquities: Lord, who shall stand it.

[4] For with Thee there is merciful forgiveness: and by reason of Thy law, I have waited for Thee, O Lord. My soul hath relied on His word:

[5] My soul hath hoped in the Lord.

[6] From the morning watch even until night, let Israel hope in the Lord.

[7] Because with the Lord there is mercy: and with Him plentiful redemption.

[8] And He shall redeem Israel from all his iniquities.

Gloria Patri, etc.

Psalm 130

[1] Lord, my heart is not exalted: nor are my eyes lofty. Neither have I walked in great matters, nor in wonderful things above me.

[2] If I was not humbly minded, but exalted my soul: As a child that is weaned is towards his mother, so reward in my soul.

[3] Let Israel hope in the Lord, from henceforth now and forever.

Gloria Patri, etc.

Canticle of the Blessed Virgin Mary [St. Luke 1:46-55]

[46] My soul doth magnify the Lord; And my spirit hath rejoiced in God my Savior,

[47] Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed,

[48] Because He that is mighty hath done great things to me and holy is His name,

[49] And His mercy is from generation unto generation to them that fear Him.

[50] He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

[51] He hath put down the mighty from their seat and hath exalted the humble.

[52] He hath filled the hungry with good things and the rich He hath sent empty away.

[53] He hath received Israel, His servant, being mindful of His mercy,

[54] As He spoke to our fathers, to Abraham and to his seed forever.

Gloria Patri, etc.

Genesis 3:15

(The following prayer is said standing. When praying the words "she shall crush thy head," lift your foot and press your heel into the ground, as if to crush satan with your heel. Good Catholics are Mary's heel.)

I will put enmities between thee and the woman and thy seed and her seed: she shall crush thy head and thou shalt lie in wait for her heel.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 131

[1] O Lord, remember David and all his meekness.

[2] How he swore to the Lord, he vowed a vow to the God of Jacob:

[3] If I shall enter into the tabernacle of my house: if I shall go up into the bed wherein I lie:

[4] If I shall give sleep to my eyes, or slumber to my eyelids,

[5] Or rest to my temples: until I find out a place for the Lord, a tabernacle for the God of Jacob.

[6] Behold we have heard of it in Ephrata: we have found it in the fields of the wood.

[7] We will go into His tabernacle: We will adore in the place where his feet stood.

[8] Arise, O Lord, into Thy resting place: Thou and the ark, which Thou hast sanctified.

[9] Let Thy priests be clothed with justice: and let Thy saints rejoice.

[10] For Thy servant David's sake, turn not away the face of Thy anointed.

[11] The Lord hath sworn truth to David and He will not make it void: of the fruit of thy womb I will set upon thy throne.

[12] If thy children will keep My covenant and these My testimonies which I shall teach them: Their children also forevermore shall sit upon thy throne.

[13] For the Lord hath chosen Sion: He hath chosen it for His dwelling.

[14] This is My rest forever and ever: here will I dwell, for I have chosen it.

[15] Blessing, I will bless her widow: I will satisfy her poor with bread.

[16] I will clothe her priests with salvation: and her saints shall rejoice with exceeding great joy.

[17] There will I bring forth a horn to David: I have prepared a lamp for My anointed.

[18] His enemies I will clothe with confusion: but upon him will My sanctification flourish.

Gloria Patri, etc.

Psalm 132

[1] Behold how good and how pleasant it is for brethren to dwell together in unity.

[2] Like the precious ointment on the head, that ran down upon the beard, the beard of Aaron, which ran down to the skirt of his garment:

[3] As the dew of Hermon, which descendeth upon Mount Sion. For there the Lord hath commanded blessing and life forevermore.

Gloria Patri, etc.

Psalm 133

[1] Behold now bless ye the Lord, all ye servants of the Lord: who stand in the house of the Lord, in the courts of the house of our God.

[2] In the nights lift up your hands to the holy places and bless ye the Lord.

[3] May the Lord out of Sion bless thee, He that made Heaven and Earth.

Gloria Patri, etc.

Psalm 134

[1] Praise ye the name of the Lord: O you His servants, praise the Lord:

[2] You that stand in the house of the Lord, in the courts of the house of our God.

[3] Praise ye the Lord, for the Lord is good: sing ye to His name, for it is sweet.

[4] For the Lord hath chosen Jacob unto Himself: Israel for His own possession.

[5] For I have known that the Lord is great and our God is above all gods.

[6] Whatsoever the Lord pleased, He hath done, in Heaven, in Earth, in the sea and in all the deeps.

[7] He bringeth up clouds from the end of the Earth: He hath made lightnings for the rain. He bringeth forth winds out of His stores:

[8] He slew the firstborn of Egypt from man even unto beast.

[9] He sent forth signs and wonders in the midst of thee, O Egypt: upon Pharaoh and upon all his servants.

[10] He smote many nations and slew mighty kings:

[11] Sehon king of the Amorrhites and Og king of Basan and all the kingdoms of Chanaan.

[12] And gave their land for an inheritance, for an inheritance to His people Israel.

[13] Thy name, O Lord, is forever: Thy memorial, O Lord, unto all generations.

[14] For the Lord will judge His people and will be entreated in favour of His servants.

[15] The idols of the Gentiles are silver and gold, the works of men's hands.

[16] They have a mouth, but they speak not: they have eyes, but they see not.

[17] They have ears, but they hear not: neither is there any breath in their mouths.

[18] Let them that make them be like to them: and every one that trusteth in them.

[19] Bless the Lord, O house of Israel: bless the Lord, O house of Aaron.

[20] Bless the Lord, O house of Levi: you that fear the Lord, bless the Lord.

[21] Blessed be the Lord out of Sion, Who dwelleth in Jerusalem.

Gloria Patri, etc.

Psalm 135

- [1] Praise the Lord, for He is good: for His mercy endureth forever.
[2] Praise ye the God of gods: for His mercy endureth forever.
[3] Praise ye the Lord of lords: for His mercy endureth forever.
[4] Who alone doth great wonders: for His mercy endureth forever.
[5] Who made the heavens in understanding: for His mercy endureth forever.
[6] Who established the Earth above the waters: for His mercy endureth forever.
[7] Who made the great lights: for His mercy endureth forever.
[8] The Sun to rule over the day: for His mercy endureth forever.
[9] The Moon and the stars to rule the night: for His mercy endureth forever.
[10] Who smote Egypt with their firstborn: for His mercy endureth forever.
[11] Who brought out Israel from among them: for His mercy endureth forever.
[12] With a mighty hand and with a stretched out arm: for His mercy endureth forever.
[13] Who divided the Red Sea into parts: for His mercy endureth forever.
[14] And brought out Israel through the midst thereof: for His mercy endureth forever.
[15] And overthrew Pharaoh and his host in the Red Sea: for His mercy endureth forever.
[16] Who led His people through the desert: for His mercy endureth forever.
[17] Who smote great kings: for His mercy endureth forever.
[18] And slew strong kings: for His mercy endureth forever.
[19] Sehon king of the Amorrites: for His mercy endureth forever.
[20] And Og king of Basan: for His mercy endureth forever.
[21] And He gave their land for an inheritance: for His mercy endureth forever.
[22] For an inheritance to His servant Israel: for His mercy endureth forever.
[23] For He was mindful of us in our affliction: for His mercy endureth forever.
[24] And He redeemed us from our enemies: for His mercy endureth forever.
[25] Who giveth food to all flesh: for His mercy endureth forever.
[26] Give glory to the God of Heaven: for His mercy endureth forever.
[27] Give glory to the Lord of lords: for His mercy endureth forever.

Gloria Patri, etc.

Psalm 136

[1] Upon the rivers of Babylon, there we sat and wept: when we remembered Sion:

[2] On the willows in the midst thereof we hung up our instruments.

[3] For there they that led us into captivity required of us the words of songs. And they that carried us away, said: Sing ye to us a hymn of the songs of Sion.

[4] How shall we sing the song of the Lord in a strange land?

[5] If I forget thee, O Jerusalem, let my right hand be forgotten.

[6] Let my tongue cleave to my jaws, if I do not remember thee: If I make not Jerusalem the beginning of my joy.

[7] Remember, O Lord, the children of Edom, in the day of Jerusalem: who say: Rase it, rase it, even to the foundation thereof.

[8] O daughter of Babylon, miserable: blessed shall he be who shall repay thee thy payment which thou hast paid us.

[9] Blessed be he that shall take and dash thy little ones against the rock.

Gloria Patri, etc.

Psalm 137

[1] I will praise Thee, O Lord, with my whole heart: for Thou hast heard the words of my mouth. I will sing praise to Thee in the sight of the angels:

[2] I will worship towards Thy holy temple and I will give glory to Thy name. For Thy mercy and for Thy truth: for Thou hast magnified Thy Holy Name above all.

[3] In what day soever I shall call upon Thee, hear me: Thou shall multiply strength in my soul.

[4] May all the kings of the Earth give glory to Thee: for they have heard all the words of Thy mouth.

[5] And let them sing in the ways of the Lord: for great is the glory of the Lord.

[6] For the Lord is high and looketh on the low: and the high he knoweth afar off.

[7] If I shall walk in the midst of tribulation, Thou wilt quicken me: and Thou hast stretched forth Thy hand against the wrath of my enemies: and Thy right hand hath saved me.

[8] The Lord will repay for me: Thy mercy, O Lord, endureth forever: O despise not the works of Thy hands.

Gloria Patri, etc.

Psalm 138

[1] Lord, Thou hast proved me and known me:

[2] Thou hast know my sitting down and my rising up.

- [3] Thou hast understood my thoughts afar off: my path and my line Thou hast searched out.
- [4] And Thou hast foreseen all my ways: for there is no speech in my tongue.
- [5] Behold, O Lord, Thou hast known all things, the last and those of old: Thou hast formed me and hast laid Thy hand upon me.
- [6] Thy knowledge is become wonderful to me: it is high and I cannot reach to it.
- [7] Whither shall I go from Thy spirit? or whither shall I flee from Thy face?
- [8] If I ascend into Heaven, Thou art there: if I descend into hell, Thou art present.
- [9] If I take my wings early in the morning and dwell in the uttermost parts of the sea:
- [10] Even there also shall Thy hand lead me: and Thy right hand shall hold me.
- [11] And I said: Perhaps darkness shall cover me: and night shall be my light in my pleasures.
- [12] But darkness shall not be dark to Thee and night shall be light as the day: the darkness thereof and the light thereof are alike to Thee.
- [13] For Thou hast possessed my reins: Thou hast protected me from my mother's womb.
- [14] I will praise Thee, for Thou art fearfully magnified: wonderful are Thy works and my soul knoweth right well.
- [15] My bone is not hidden from Thee, which Thou hast made in secret: and my substance in the lower parts of the Earth.
- [16] Thy eyes did see my imperfect being and in Thy book all shall be written: days shall be formed and no one in them.
- [17] But to me Thy friends, O God, are made exceedingly honourable: their principality is exceedingly strengthened.
- [18] I will number them and they shall be multiplied above the sand: I rose up and am still with Thee.
- [19] If Thou wilt kill the wicked, O God: ye men of blood, depart from me:
- [20] Because you say in thought: they shall receive Thy cities in vain.
- [21] Have I not hated them, O Lord, that hated Thee: and pined away because of Thy enemies?
- [22] I have hated them with a perfect hatred: and they are become enemies to me.
- [23] Prove me, O God and know my heart: examine me and know my paths.
- [24] And see if there be in me the way of iniquity: and lead me in the eternal way.

Gloria Patri, etc.

Psalm 139

[1] Unto the end, a psalm of David.

[2] Deliver me, O Lord, from the evil man: rescue me from the unjust man.

[3] Who have devised iniquities in their hearts: all the day long they designed battles.

[4] They have sharpened their tongues like a serpent: the venom of asps is under their lips.

[5] Keep me, O Lord, from the hand of the wicked: and from unjust men deliver me. Who have proposed to supplant my steps:

[6] The proud have hidden a net for me. And they have stretched out cords for a snare: they have laid for me a stumbling-block by the wayside.

[7] I said to the Lord: Thou art my God: hear, O Lord, the voice of my supplication.

[8] O Lord, Lord, the strength of my salvation: Thou hast overshadowed my head in the day of battle.

[9] Give me not up, O Lord, from my desire to the wicked: they have plotted against me. Do not Thou forsake me, lest they should triumph.

[10] The head of them compassing me about: the labour of their lips shall overwhelm them.

[11] Burning coals shall fall upon them. Thou wilt cast them down into the fire: in miseries they shall not be able to stand.

[12] A man full of tongue shall not be established in the Earth: evil shall catch the unjust man unto destruction.

[13] I know that the Lord will do justice to the needy and will revenge the poor.

[14] But as for the just, they shall give glory to Thy name: and the upright shall dwell with Thy countenance.

Gloria Patri, etc.

Psalm 140

[1] I have cried to Thee, O Lord, hear me: hearken to my voice, when I cry to Thee.

[2] Let my prayer be directed as incense in Thy sight; the lifting up of my hands, as evening sacrifice.

[3] Set a watch, O Lord, before my mouth: and a door round about my lips.

[4] Incline not my heart to evil words; to make excuses in sins. With men that work iniquity: and I will not communicate with the choicest of them.

[5] The just man shall correct me in mercy and shall reprove me: but let not the oil of the sinner fatten my head. For my prayer also shall still be against the things with which they are well pleased:

[6] Their judges falling upon the rock have been swallowed up. They shall hear my words, for they have prevailed:

[7] As when the thickness of the Earth is broken up upon the ground: Our bones are scattered by the side of hell.

[8] But to Thee, O Lord, Lord, are my eyes: in Thee have I put my trust, take not away my soul.

[9] Keep me from the snare, which they have laid for me and from the stumbling-blocks of them that work iniquity.

[10] The wicked shall fall in his net: I am alone until I pass.

Gloria Patri, etc.

Te Deum

We praise Thee, O God; we acclaim Thee Lord and Master.

Everlasting Father, all the world bows down before Thee.

All the angels sing Thy praise, the hosts of Heaven and all the angelic powers;

All the Cherubim and Seraphim call out to Thee in unending chorus:

Holy, Holy, Holy is the Lord God of angel hosts!

The heavens and the Earth are filled, Lord, with Thy majesty and glory.

Thy praises are sung by the renowned Apostles;

By all the prophets, who themselves deserve our praise;

By that mighty white-robed army who shed their blood for Christ.

And to the ends of the Earth the Holy Church proclaims Her faith in Thee:

Father, Whose majesty is boundless;

Thy only Son, Who is true God and Who is to be adored;

The Holy Ghost, sent to be our Advocate.

O Christ, the King of Glory! Thou alone are the Father's eternal Son.

When Thou wast to become man so as to save mankind, Thou didst not shrink back from the chaste Virgin's womb.

When Thou triumphantly destroyed death's sting, Thou opened up to believers the Kingdom of Heaven.

Thou art now enthroned at God's right hand, in the Father's glory.

We believe that Thou wilt come for judgment.

(The following verse is said bowing on your knees.)

We therefore implore Thee to grant Thy servants grace and aid, for Thou shed Thy precious blood for their redemption.

Admit them all to the ranks of Thy saints in everlasting glory.

Be the Savior of Thy faithful people, Lord; grant them Thy blessing, for they belong to Thee. Be their Shepherd, Lord, uphold and exalt them forever and ever.

Day by day we praise Thee, daily we acclaim Thee. We will confess and glorify Thy Holy Name, now and for all eternity.

In Thy great mercy, Lord, throughout this day keep us free from sin by Thy protection.

Have mercy on us, we humbly pray; Lord, have mercy on us.

May Thy mercy, Lord, Thy loving kindness, always remain with us; for we have placed our confidence in Thee. In Thee alone, Lord, I have hoped; may I not be disappointed.

Gloria Patri, etc.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

Psalm 141

[1] Of understanding. For David. A prayer when he was in the cave. [1 Kings, 24]

[2] I cried to the Lord with my voice: with my voice I made supplication to the Lord.

[3] In His sight I pour out my prayer and before Him I declare my trouble:

[4] When my spirit failed me, then Thou newest my paths. In this way wherein I walked, they have hidden a snare for me.

[5] I looked on my right hand and beheld and there was no one that would know me. Flight hath failed me: and there is no one that hath regard to my soul.

[6] I cried to Thee, O Lord: I said: Thou art my hope, my portion in the land of the living.

[7] Attend to my supplication: for I am brought very low. Deliver me from my persecutors; for they are stronger than I.

[8] Bring my soul out of prison, that I may praise Thy name: the just wait for me, until Thou reward me.

Gloria Patri, etc.

Psalm 142

[1] Hear, O Lord, my prayer: give ear to my supplication in Thy truth: hear me in Thy justice.

[2] And enter not into judgment with Thy servant: for in Thy sight no man living shall be justified.

[3] For the enemy hath persecuted my soul: he hath brought down my life to the Earth. He hath made me to dwell in darkness as those that have been dead of old:

[4] And my spirit is in anguish within me: my heart within me is troubled.

[5] I remembered the days of old, I meditated on all Thy works: I meditated upon the works of Thy hands.

[6] I stretched forth my hands to Thee: my soul is as Earth without water unto Thee.

[7] Hear me speedily, O Lord: my spirit hath fainted away. Turn not away Thy face from me, lest I be like unto them that go down into the pit.

[8] Cause me to hear Thy mercy in the morning; for in Thee have I hoped. Make the way known to me, wherein I should walk: for I have lifted up my soul to Thee.

[9] Deliver me from my enemies, O Lord, to Thee have I fled:

[10] Teach me to do Thy will, for Thou art my God. Thy good spirit shall lead me into the right land:

[11] For Thy name's sake, O Lord, Thou wilt quicken me in Thy justice. Thou wilt bring my soul out of trouble:

[12] And in Thy mercy Thou wilt destroy my enemies. And Thou wilt cut off all them that afflict my soul: for I am Thy servant.

Gloria Patri, etc.

Psalm 143

[1] Blessed be the Lord my God, Who teacheth my hands to fight and my fingers to war.

[2] My mercy and my refuge: my support and my deliverer: My protector and I have hoped in Him: Who subdueth my people under me.

[3] Lord, what is man, that Thou art made known to him? or the son of man, that Thou makest account of him?

[4] Man is like to vanity: his days pass away like a shadow.

[5] Lord, bow down Thy heavens and descend: touch the mountains and they shall smoke.

[6] Send forth lightning and Thou shalt scatter them: shoot out Thy arrows and Thou shalt trouble them.

[7] Put forth Thy hand from on high, take me out and deliver me from many waters: from the hand of strange children:

[8] Whose mouth hath spoken vanity: and their right hand is the right hand of iniquity.

[9] To Thee, O God, I will sing a new canticle: on the psaltery and an instrument of ten strings I will sing praises to Thee.

[10] Who givest salvation to kings: Who hast redeemed Thy servant David from the malicious sword:

[11] Deliver me and rescue me out of the hand of strange children; whose mouth hath spoken vanity: and their right hand is the right hand of iniquity:

[12] Whose sons are as new plants in their youth: their daughters decked out, adorned round about after the similitude of a temple:

[13] Their storehouses full, flowing out of this into that. Their sheep fruitful in young, abounding in their goings forth:

[14] Their oxen fat. There is no breach of wall, nor passage, nor crying out in their streets.

[15] They have called the people happy, that hath these things: but happy is that people whose God is the Lord.

Gloria Patri, etc.

Psalm 144

[1] I will extol Thee, O God my King: and I will bless Thy name forever; yea, forever and ever.

[2] Every day I will bless Thee: and I will praise Thy name forever; yea, forever and ever.

- [3] Great is the Lord and greatly to be praised: and of His greatness there is no end.
- [4] Generation and generation shall praise Thy works: and they shall declare Thy power.
- [5] They shall speak of the magnificence of the glory of Thy holiness: and shall tell Thy wondrous works.
- [6] And they shall speak of the might of Thy terrible acts: and shall declare Thy greatness.
- [7] They shall publish the memory of the abundance of Thy sweetness: and shall rejoice in Thy justice.
- [8] The Lord is gracious and merciful: patient and plenteous in mercy.
- [9] The Lord is sweet to all: and His tender mercies are over all His works.
- [10] Let all Thy works, O Lord, praise Thee: and let Thy saints bless Thee.
- [11] They shall speak of the glory of Thy kingdom: and shall tell of Thy power:
- [12] To make Thy might known to the sons of men: and the glory of the magnificence of Thy kingdom.
- [13] Thy kingdom is a kingdom of all ages: and Thy dominion endureth throughout all generations. The Lord is faithful in all His words: and holy in all His works.
- [14] The Lord lifeth up all that fall: and setteth up all that are cast down.
- [15] The eyes of all hope in Thee, O Lord: and Thou givest them meat in due season.
- [16] Thou openest Thy hand and fillest with blessing every living creature.
- [17] The Lord is just in all His ways: and holy in all His works.
- [18] The Lord is nigh unto all them that call upon Him: to all that call upon Him in truth.
- [19] He will do the will of them that fear Him: and He will hear their prayer and save them.
- [20] The Lord keepeth all them that love Him; but all the wicked He will destroy.
- [21] My mouth shall speak the praise of the Lord: and let all flesh bless His holy name forever; yea, forever and ever.

Gloria Patri, etc.

Psalm 145

- [1] Alleluia. Of Aggeus and Zacharias.
- [2] Praise the Lord, O my soul: in my life I will praise the Lord: I will sing to my God as long as I shall be. Put not your trust in princes:
- [3] In the children of men, in whom there is no salvation.
- [4] His spirit shall go forth and He shall return into His Earth: in that day all their thoughts shall perish.

[5] Blessed is he who hath the God of Jacob for his helper, whose hope is in the Lord his God:

[6] Who made Heaven and Earth, the sea and all things that are in them.

[7] Who keepeth truth forever: Who executeth judgment for them that suffer wrong: Who giveth food to the hungry. The Lord looseth them that are fettered:

[8] The Lord enlighteneth the blind. The Lord lifteth up them that are cast down: the Lord loveth the just.

[9] The Lord keepeth the strangers, He will support the fatherless and the widow: and the ways of sinners He will destroy.

[10] The Lord shall reign forever: thy God, O Sion, unto generation and generation.

Gloria Patri, etc.

Psalm 146

[1] Praise ye the Lord, because psalm is good: to our God be joyful and comely praise.

[2] The Lord buildeth up Jerusalem: He will gather together the dispersed of Israel.

[3] Who healeth the broken of heart and bindeth up their bruises.

[4] Who telleth the number of the stars: and calleth them all by their names.

[5] Great is our Lord and great is His power: and of His wisdom there is no number.

[6] The Lord lifteth up the meek and bringeth the wicked down even to the ground.

[7] Sing ye to the Lord with praise: sing to our God upon the harp.

[8] Who covereth the Heaven with clouds and prepareth rain for the Earth. Who maketh grass to grow on the mountains and herbs for the service of men.

[9] Who giveth to beasts their food: and to the young ravens that call upon Him.

[10] He shall not delight in the strength of the horse: nor take pleasure in the legs of a man.

[11] The Lord taketh pleasure in them that fear Him: and in them that hope in His mercy.

Gloria Patri, etc.

Psalm 147

[12] Praise the Lord, O Jerusalem: praise thy God, O Sion.

[13] Because He hath strengthened the bolts of thy gates, He hath blessed thy children within thee.

[14] Who hath placed peace in thy borders: and filleth thee with the fat of corn.

[15] Who sendeth forth His speech to the Earth: His word runneth swiftly.

[16] Who giveth snow like wool: scattereth mists like ashes.

[17] He sendeth His crystal like morsels: who shall stand before the face of His cold?

[18] He shall send out His word and shall melt them: His wind shall blow and the waters shall run.

[19] Who declareth His word to Jacob: His justices and His judgments to Israel.

[20] He hath not done in like manner to every nation: and His judgments He hath not made manifest to them. Alleluia.

Gloria Patri, etc.

Psalm 148

[1] Praise ye the Lord from the heavens: praise ye Him in the high places.

[2] Praise ye Him, all His angels: praise ye Him, all His hosts.

[3] Praise ye Him, O Sun and Moon: praise Him, all ye stars and light.

[4] Praise Him, ye heavens of heavens: and let all the waters that are above the heavens

[5] Praise the name of the Lord. For He spoke and they were made: He commanded and they were created.

[6] He hath established them forever and for ages of ages: He hath made a decree and it shall not pass away.

[7] Praise the Lord from the Earth, ye dragons and all ye deeps:

[8] Fire, hail, snow, ice, stormy winds which fulfill His word:

[9] Mountains and all hills, fruitful trees and all cedars:

[10] Beasts and all cattle: serpents and feathered fowls:

[11] Kings of the Earth and all people: princes and all judges of the Earth:

[12] Young men and maidens: let the old with the younger, praise the name of the Lord:

[13] For His name alone is exalted.

[14] The praise of Him is above Heaven and Earth: and He hath exalted the horn of His people. A hymn to all His saints: to the children of Israel, a people approaching to Him. Alleluia.

Gloria Patri, etc.

Psalm 149

[1] Sing ye to the Lord a new canticle: let His praise be in the church of the saints.

[2] Let Israel rejoice in Him that made him: and let the children of Sion be joyful in their King.

[3] Let them praise His name in choir: let them sing to Him with the timbrel and the psaltery.

[4] For the Lord is well pleased with His people: and He will exalt the meek unto salvation.

[5] The saints shall rejoice in glory: they shall be joyful in their beds.

[6] The high praise of God shall be in their mouth: and two-edged swords in their hands:

[7] To execute vengeance upon the nations, chastisements among the people:

[8] To bind their kings with fetters and their nobles with manacles of iron.

[9] To execute upon them the judgment that is written. This glory is to all His saints. Alleluia.

Gloria Patri, etc.

Psalm 150

[1] Praise ye the Lord in His holy places: praise ye Him in the firmament of His power.

[2] Praise ye Him for His mighty acts: praise ye Him according to the multitude of His greatness.

[3] Praise Him with sound of trumpet: praise Him with psaltery and harp.

[4] Praise Him with timbrel and choir: praise Him with strings and organs.

[5] Praise Him on high sounding cymbals: praise Him on cymbals of joy: let every spirit praise the Lord. Alleluia.

Gloria Patri, etc.

Canticle of the Blessed Virgin Mary [St. Luke 1:46-55]

[46] My soul doth magnify the Lord; And my spirit hath rejoiced in God my Savior,

[47] Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed,

[48] Because He that is mighty hath done great things to me and holy is His name,

[49] And His mercy is from generation unto generation to them that fear Him.

[50] He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

[51] He hath put down the mighty from their seat and hath exalted the humble.

[52] He hath filled the hungry with good things and the rich He hath sent empty away.

[53] He hath received Israel, His servant, being mindful of His mercy,

[54] As He spoke to our fathers, to Abraham and to his seed forever.

Gloria Patri, etc.

Genesis 3:15

(The following prayer is said standing. When praying the words "she shall crush thy head," lift your foot and press your heel into the ground, as if to crush satan with your heel. Good Catholics are Mary's heel.)

I will put enmities between thee and the woman and thy seed and her seed: she shall crush thy head and thou shalt lie in wait for her heel.

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

ECCLESIASTICUS

1:1 The knowledge of many and great things hath been shewn us by the law, and the prophets, and others that have followed them: for which things Israel is to be commended for doctrine and wisdom, because not only they that speak must needs be skilful, but strangers also, both speaking and writing, may by their means become most learned. My grandfather Jesus, after he had much given himself to a diligent reading of the law, and the prophets, and other books, that were delivered to us from our fathers, had a mind also to write something himself, pertaining to doctrine and wisdom: that such as are desirous to learn, and are made knowing in these things, may be more and more attentive in mind, and be strengthened to live according to the law. I entreat you therefore to come with benevolence, and to read with attention, and to pardon us for those things wherein we may seem, while we follow the image of wisdom, to come short in the composition of words; for the Hebrew words have not the same force in them when translated into another tongue. And not only these, but the law also itself, and the prophets, and the rest of the books, have no small difference, when they are spoken in their own language. For in the eight and thirtieth year coming into Egypt, when Ptolemy Evergetes was king, and continuing there a long time, I found there books left, of no small nor contemptible learning. Therefore I thought it good, and necessary for me to bestow some diligence and labour to interpret this book; and with much watching and study in some space of time, I brought the book to an end, and set it forth for the service of them that are willing to apply their mind, and to learn how they ought to conduct themselves, who purpose to lead their life according to the law of the Lord. All wisdom is from the Lord God, and hath been always with him, and is before all time.

1:2 Who hath numbered the sand of the sea, and the drops of rain, and the days of the world? Who hath measured the height of heaven, and the breadth of the earth, and the depth of the abyss?

1:3 Who hath searched out the wisdom of God that goeth before all things?

1:4 Wisdom hath been created before all things, and the understanding of prudence from everlasting.

1:5 The word of God on high is the fountain of wisdom, and her ways are everlasting commandments.

1:6 To whom hath the root of wisdom been revealed, and who hath known her wise counsels?

1:7 To whom hath the discipline of wisdom been revealed and made manifest? and who hath understood the multiplicity of her steps?

1:8 There is one most high Creator Almighty, and a powerful king, and greatly to be feared, who sitteth upon his throne, and is the God of dominion.

1:9 He created her in the Holy Ghost, and saw her, and numbered her, and measured her.

1:10 And he poured her out upon all his works, and upon all flesh according to his gift, and hath given her to them that love him.

1:11 The fear of the Lord is honour, and glory, and gladness, and a crown of joy.

1:12 The fear of the Lord shall delight the heart, and shall give joy, and gladness, and length of days.

1:13 With him that feareth the Lord, it shall go well in the latter end, and in the day of his death he shall be blessed.

1:14 The love of God is honourable wisdom.

1:15 And they to whom she shall shew herself love her by the sight, and by the knowledge of her great works.

1:16 The fear of the Lord is the beginning of wisdom, and was created with the faithful in the womb, it walketh with chosen women, and is known with the just and faithful.

1:17 The fear of the Lord is the religiousness of knowledge.

1:18 Religiousness shall keep and justify the heart, it shall give joy and gladness.

1:19 It shall go well with him that feareth the Lord, and in the days of his end he shall be blessed.

1:20 To fear God is the fullness of wisdom, and fullness is from the fruits thereof.

1:21 She shall fill all her house with her increase, and the storehouses with her treasures.

1:22 The fear of the Lord is a crown of wisdom, filling up peace and the fruit of salvation:

1:23 And it hath seen, and numbered her: but both are the gifts of God.

1:24 Wisdom shall distribute knowledge, and understanding of prudence: and exalteth the glory of them that hold her.

1:25 The root of wisdom is to fear the Lord: and the branches thereof are longlived.

1:26 In the treasures of wisdom is understanding, and religiousness of knowledge: but to sinners wisdom is an abomination.

1:27 The fear of the Lord driveth out sin:

1:28 For he that is without fear, cannot be justified: for the wrath of his high spirits is his ruin.

1:29 A patient man shall bear for a time, and afterwards joy shall be restored to him.

1:30 A good understanding will hide his words for a time, and the lips of many shall declare his wisdom.

1:31 In the treasures of wisdom is the signification of discipline:

1:32 But the worship of God is an abomination to a sinner.
1:33 Son, if thou desire wisdom, keep justice, and God will give her to thee.
1:34 For the fear of the Lord is wisdom and discipline: and that which is agreeable to him,
1:35 Is faith, and meekness: and he will fill up his treasures.
1:36 Be not incredulous to the fear of the Lord: and come not to him with a double heart.
1:37 Be not a hypocrite in the sight of men, and let not thy lips be a stumblingblock to thee.
1:38 Watch over them, lest thou fall, and bring dishonour upon thy soul,
1:39 And God discover thy secrets, and cast thee down in the midst of the congregation.
1:40 Because thou camest to the Lord wickedly, and thy heart is full of guile and deceit.

2:1 Son, when thou comest to the service of God, stand in justice and in fear, and prepare thy soul for temptation.
2:2 Humble thy heart, and endure: incline thy ear, and receive the words of understanding: and make not haste in the time of clouds.
2:3 Wait on God with patience: join thyself to God, and endure, that thy life may be increased in the latter end.
2:4 Take all that shall be brought upon thee: and in thy sorrow endure, and in thy humiliation keep patience.
2:5 For gold and silver are tried in the fire, but acceptable men in the furnace of humiliation.
2:6 Believe God, and he will recover thee: and direct thy way, and trust in him. Keep his fear, and grow old therein.
2:7 Ye that fear the Lord, wait for his mercy: and go not aside from him, lest ye fall.
2:8 Ye that fear the Lord, believe him: and your reward shall not be made void.
2:9 Ye that fear the Lord, hope in him: and mercy shall come to you for your delight.
2:10 Ye that fear the Lord, love him, and your hearts shall be enlightened.
2:11 My children behold the generations of men: and know ye that no one hath hoped in the Lord, and hath been confounded.
2:12 For who hath continued in his commandment, and hath been forsaken? or who hath called upon him, and he despised him?
2:13 For God is compassionate and merciful, and will forgive sins in the day of tribulation: and he is a protector to all that seek him in truth.
2:14 Woe to them that are of a double heart and to wicked lips, and to the hands that do evil, and to the sinner that goeth on the earth two ways.

2:15 Woe to them that are fainthearted, who believe not God: and therefore they shall not be protected by him.
2:16 Woe to them that have lost patience, and that have forsaken the right ways, and have gone aside into crooked ways.
2:17 And what will they do, when the Lord shall begin to examine?
2:18 They that fear the Lord, will not be incredulous to his word: and they that love him, will keep his way.
2:19 They that fear the Lord, will seek after the things that are well pleasing to him: and they that love him, shall be filled with his law.
2:20 They that fear the Lord, will prepare their hearts, and in his sight will sanctify their souls.
2:21 They that fear the Lord, keep his Commandments, and will have patience even until his visitation,
2:22 Saying: If we do not penance, we shall fall into the hands of the Lord, and not into the hands of men.
2:23 For according to his greatness, so also is his mercy with him.

3:1 The sons of wisdom are the church of the just: and their generation, obedience and love.
3:2 Children, hear the judgment of your father, and so do that you may be saved.
3:3 For God hath made the father honourable to the children: and seeking the judgment of the mothers, hath confirmed it upon the children.
3:4 He that loveth God, shall obtain pardon for his sins by prayer, and shall refrain himself from them, and shall be heard in the prayer of days.
3:5 And he that honoureth his mother is as one that layeth up a treasure.
3:6 He that honoureth his father shall have joy in his own children, and in the day of his prayer he shall be heard.
3:7 He that honoureth his father shall enjoy a long life: and he that obeyeth the father, shall be a comfort to his mother.
3:8 He that feareth the Lord, honoureth his parents, and will serve them as his masters that brought him into the world.
3:9 Honour thy father, in work and word, and all patience,
3:10 That a blessing may come upon thee from him, and his blessing may remain in the latter end.
3:11 The father's blessing establisheth the houses of the children: but the mother's curse rooteth up the foundation.
3:12 Glory not in the dishonour of thy father: for his shame is no glory to thee.
3:13 For the glory of a man is from the honour of his father, and a father without honour is the disgrace of the son.
3:14 Son, support the old age of thy father, and grieve him not in his life;

3:15 And if his understanding fail, have patience with him, and despise him not when thou art in thy strength: for the relieving of the father shall not be forgotten.

3:16 For good shall be repaid to thee for the sin of thy mother.

3:17 And in justice thou shalt be built up, and in the day of affliction thou shalt be remembered: and thy sins shall melt away as the ice in the fair warm weather.

3:18 Of what an evil fame is he that forsaketh his father: and he is cursed of God that angereth his mother.

3:19 My son, do thy works in meekness, and thou shalt be beloved above the glory of men.

3:20 The greater thou art, the more humble thyself in all things, and thou shalt find grace before God:

3:21 For great is the power of God alone, and he is honoured by the humble.

3:22 Seek not the things that are too high for thee, and search not into things above thy ability: but the things that God hath commanded thee, think on them always, and in many of his works be not curious.

3:23 For it is not necessary for thee to see with thy eyes those things that are hid.

3:24 In unnecessary matters be not over curious, and in many of his works thou shalt not be inquisitive.

3:25 For many things are shewn to thee above the understanding of men.

3:26 And the suspicion of them hath deceived many, and hath detained their minds in vanity.

3:27 A hard heart shall fear evil at the last: and he that loveth danger shall perish in it.

3:28 A heart that goeth two ways shall not have success, and the perverse of heart shall be scandalized therein.

3:29 A wicked heart shall be laden with sorrows, and the sinner will add sin to sin.

3:30 The congregation of the proud shall not be healed: for the plant of wickedness shall take root in them, and it shall not be perceived.

3:31 The heart of the wise is understood in wisdom, and a good ear will hear wisdom with all desire.

3:32 A wise heart, and which hath understanding, will abstain from sins, and in the works of justice shall have success.

3:33 Water quenqueth a flaming fire, and alms resisteth sins:

3:34 And God provideth for him that sheweth favour: he remembereth him afterwards, and in the time of his fall he shall find a sure stay.

4:1 Son, defraud not the poor of alms, and turn not away thy eyes from the poor.

4:2 Despise not the hungry soul: and provoke not the poor in his want.
4:3 Afflict not the heart of the needy, and defer not to give to him that is in distress.
4:4 Reject not the petition of the afflicted: and turn not away thy face from the needy.
4:5 Turn not away thy eyes from the poor for fear of anger: and leave not to them that ask of thee to curse thee behind thy back.
4:6 For the prayer of him that curseth thee in the bitterness of his soul, shall be heard, for he that made him will hear him.
4:7 Make thyself affable to the congregation of the poor, and humble thy soul to the ancient, and bow thy head to a great man.
4:8 Bow down thy ear cheerfully to the poor, and pay what thou owest, and answer him peaceable words with mildness.
4:9 Deliver him that suffereth wrong out of the hand of the proud: and be not fainthearted in thy soul.
4:10 In judging be merciful to the fatherless as a father, and as a husband to their mother.
4:11 And thou shalt be as the obedient son of the most High, and he will have mercy on thee more than a mother.
4:12 Wisdom inspireth life into her children, and protecteth them that seek after her, and will go before them in the way of justice.
4:13 And he that loveth her, loveth life: and they that watch for her, shall embrace her sweetness.
4:14 They that hold her fast, shall inherit life: and whithersoever she entereth, God will give a blessing.
4:15 They that serve her, shall be servants to the holy one: and God loveth them that love her.
4:16 He that hearkeneth to her, shall judge nations: and he that looketh upon her, shall remain secure.
4:17 If he trust to her, he shall inherit her, and his generation shall be in assurance.
4:18 For she walketh with him in temptation, and at the first she chooseth him.
4:19 She will bring upon him fear and dread and trial: and she will scourge him with the affliction of her discipline, till she try him by her laws, and trust his soul.
4:20 Then she will strengthen him, and make a straight way to him, and give him joy,
4:21 And will disclose her secrets to him, and will heap upon him treasures of knowledge and understanding of justice.
4:22 But if he go astray, she will forsake him, and deliver him into the hands of his enemy.

4:23 Son, observe the time, and fly from evil.
4:24 For thy soul be not ashamed to say the truth.
4:25 For there is a shame that bringeth sin, and there is a shame that bringeth glory and grace.
4:26 Accept no person against thy own person, nor against thy soul a lie.
4:27 Reverence not thy neighbour in his fall:
4:28 And refrain not to speak in the time of salvation. Hide not thy wisdom in her beauty.
4:29 For by the tongue wisdom is discerned: and understanding, and knowledge, and learning by the word of the wise, and steadfastness in the works of justice.
4:30 In nowise speak against the truth, but be ashamed of the lie of thy ignorance.
4:31 Be not ashamed to confess thy sins, but submit not thyself to every man for sin.
4:32 Resist not against the face of the mighty, and do not strive against the stream of the river.
4:33 Strive for justice for thy soul, and even unto death fight for justice, and God will overthrow thy enemies for thee.
4:34 Be not hasty in thy tongue: and slack and remiss in thy works.
4:35 Be not as a lion in thy house, terrifying them of thy household, and oppressing them that are under thee.
4:36 Let not thy hand be stretched out to receive, and shut when thou shouldst give.

5:1 Set not thy heart upon unjust possessions, and say not: I have enough to live on: for it shall be of no service in the time of vengeance and darkness.
5:2 Follow not in thy strength the desires of thy heart:
5:3 And say not: How mighty am I? and who shall bring me under for my deeds? for God will surely take revenge.
5:4 Say not: I have sinned, and what harm hath befallen me? for the most High is a patient rewarder.
5:5 Be not without fear about sin forgiven, and add not sin upon sin:
5:6 And say not: The mercy of the Lord is great, he will have mercy on the multitude of my sins.
5:7 For mercy and wrath quickly come from him, and his wrath looketh upon sinners.
5:8 Delay not to be converted to the Lord, and defer it not from day to day.
5:9 For his wrath shall come on a sudden, and in the time of vengeance he will destroy thee.
5:10 Be not anxious for goods unjustly gotten: for they shall not profit thee in the day of calamity and revenge.

5:11 Winnow not with every wind, and go not into every way: for so is every sinner proved by a double tongue.
5:12 Be steadfast in the way of the Lord, and in the truth of thy judgment, and in knowledge, and let the word of peace and justice keep with thee.
5:13 Be meek to hear the word, that thou mayst understand: and return a true answer with wisdom.
5:14 If thou have understanding, answer thy neighbour: but if not, let thy hand be upon thy mouth, lest thou be surprised in an unskilful word, and be confounded.
5:15 Honour and glory is in the word of the wise, but the tongue of the fool is his ruin.
5:16 Be not called a whisperer, and be not taken in thy tongue, and confounded.
5:17 For confusion and repentance is upon a thief, and an evil mark of disgrace upon the double tongued, but to the whisperer hatred, and enmity, and reproach.
5:18 Justify alike the small and the great.

6:1 Instead of a friend become not an enemy to thy neighbour: for an evil man shall inherit reproach and shame, so shall every sinner that is envious and double tongued.
6:2 Extol not thyself in the thoughts of thy soul like a bull: lest thy strength be quashed by folly,
6:3 And it eat up thy leaves, and destroy thy fruit: and thou be left as a dry tree in the wilderness.
6:4 For a wicked soul shall destroy him that hath it, and maketh him to be a joy to his enemies, and shall lead him into the lot of the wicked.
6:5 A sweet word multiplieth friends, and appeaseth enemies, and a gracious tongue in a good man aboundeth.
6:6 Be in peace with many, but let one of a thousand be thy counsellor.
6:7 If thou wouldst get a friend, try him before thou takest him, and do not credit him easily.
6:8 For there is a friend for his own occasion, and he will not abide in the day of thy trouble.
6:9 And there is a friend that turneth to enmity; and there is a friend that will disclose hatred and strife and reproaches.
6:10 And there is a friend a companion at the table, and he will not abide in the day of distress.
6:11 A friend if he continue steadfast, shall be to thee as thyself, and shall act with confidence among them of thy household.
6:12 If he humble himself before thee, and hide himself from thy face, thou shalt have unanimous friendship for good.

6:13 Separate thyself from thy enemies, and take heed of thy friends.
6:14 A faithful friend is a strong defence: and he that hath found him, hath found a treasure.
6:15 Nothing can be compared to a faithful friend, and no weight of gold and silver is able to countervail the goodness of his fidelity.
6:16 A faithful friend is the medicine of life and immortality: and they that fear the Lord, shall find him.
6:17 He that feareth God, shall likewise have good friendship: because according to him shall his friend be.
6:18 My son, from thy youth up receive instruction, and even to thy grey hairs thou shalt find wisdom.
6:19 Come to her as one that plougheth, and soweth, and wait for her good fruits:
6:20 For in working about her thou shalt labour a little, and shalt quickly eat of her fruits.
6:21 How very unpleasant is wisdom to the unlearned, and the unwise will not continue with her.
6:22 She shall be to them as a mighty stone of trial, and they will cast her from them before it be long.
6:23 For the wisdom of doctrine is according to her name, and she is not manifest unto many, but with them to whom she is known, she continueth even to the sight of God.
6:24 Give ear, my son, and take wise counsel, and cast not away my advice.
6:25 Put thy feet into her fetters, and thy neck into her chains:
6:26 Bow down thy shoulder, and bear her, and be not grieved with her bands.
6:27 Come to her with all thy mind, and keep her ways with all thy power.
6:28 Search for her, and she shall be made known to thee, and when thou hast gotten her, let her not go:
6:29 For in the latter end thou shalt find rest in her, and she shall be turned to thy joy.
6:30 Then shall her fetters be a strong defence for thee, and a firm foundation, and her chain a robe of glory:
6:31 For in her is the beauty of life, and her bands are a healthful binding.
6:32 Thou shalt put her on as a robe of glory, and thee shalt set her upon thee as a crown of joy.
6:33 My son, if thou wilt attend to me, thou shalt learn: and if thou wilt apply thy mind, thou shalt be wise.
6:34 If thou wilt incline thy ear, thou shalt receive instruction: and if thou love to hear, thou shalt be wise.

6:35 Stand in the multitude of ancients that are wise, and join thyself from thy heart to their wisdom, that thou mayst hear every discourse of God, and the sayings of praise may not escape thee.

6:36 And if thou see a man of understanding, go to him early in the morning, and let thy foot wear the steps of his doors.

6:37 Let thy thoughts be upon the precepts of God, and meditate continually on his commandments: and he will give thee a heart, and the desire of wisdom shall be given thee.

7:1 Do no evils, and no evils shall lay hold of thee.

7:2 Depart from the unjust, and evils shall depart from thee.

7:3 My son, sow not evils in the furrows of injustice, and thou shalt not reap them sevenfold.

7:4 Seek not of the Lord a pre-eminence, nor of the king the seat of honour.

7:5 Justify not thyself before God, for he knoweth the heart: and desire not to appear wise before the king.

7:6 Seek not to be made a judge, unless thou have strength enough to extirpate iniquities: lest thou fear the person of the powerful, and lay a stumblingblock for thy integrity.

7:7 Offend not against the multitude of a city, neither cast thyself in upon the people,

7:8 Nor bind sin to sin: for even in one thou shalt not be unpunished.

7:9 Be not fainthearted in thy mind:

7:10 Neglect not to pray, and to give alms.

7:11 Say not: God will have respect to the multitude of my gifts, and when I offer to the most high God, he will accept my offerings.

7:12 Laugh no man to scorn in the bitterness of his soul: for there is one that humbleth and exalteth, God who seeth all.

7:13 Devise not a lie against thy brother: neither do the like against thy friend.

7:14 Be not willing to make any manner of lie: for the custom thereof is not good.

7:15 Be not full of words in a multitude of ancients, and repeat not the word in thy prayer.

7:16 Hate not laborious works, nor husbandry ordained by the most High.

7:17 Number not thyself among the multitude of the disorderly.

7:18 Remember wrath, for it will not tarry long.

7:19 Humble thy spirit very much: for the vengeance on the flesh of the ungodly is fire and worms.

7:20 Do not transgress against thy friend deferring money, nor despise thy dear brother for the sake of gold.

7:21 Depart not from a wise and good wife, whom thou hast gotten in the fear of the Lord: for the grace of her modesty is above gold.

7:22 Hurt not the servant that worketh faithfully, nor the hired man that giveth thee his life.

7:23 Let a wise servant be dear to thee as thy own soul, defraud him not of liberty, nor leave him needy.

7:24 Hast thou cattle? have an eye to them: and if they be for thy profit, keep them with thee.

7:25 Hast thou children? instruct them, and bow down their neck from their childhood.

7:26 Hast thou daughters? have a care of their body, and shew not thy countenance gay towards them.

7:27 Marry thy daughter well, and then shalt do a great work, and give her to a wise man.

7:28 If thou hast a wife according to thy soul, cast her not off: and to her that is hateful, trust not thyself. With thy whole heart,

7:29 Honour thy father, and forget not the groanings of thy mother:

7:30 Remember that thou hadst not been born but through them: and make a return to them as they have done for thee.

7:31 With all thy soul fear the Lord, and reverence his priests.

7:32 With all thy strength love him that made thee: and forsake not his ministers.

7:33 Honour God with all thy soul, and give honour to the priests, and purify thyself with thy arms.

7:34 Give them their portion, as it is commanded thee, of the firstfruits and of purifications: and for thy negligences purify thyself with a few.

7:35 Offer to the Lord the gift of thy shoulders, and the sacrifice of sanctification, and the firstfruits of the holy things:

7:36 And stretch out thy hand to the poor, that thy expiation and thy blessing may be perfected.

7:37 A gift hath grace in the sight of all the living, and restrain not grace from the dead.

7:38 Be not wanting in comforting them that weep, and walk with them that mourn.

7:39 Be not slow to visit the sick: for by these things thou shalt be confirmed in love.

7:40 In all thy works remember thy last end, and thou shalt never sin.

8:1 Strive not with a powerful man, lest thou fall into his hands.

8:2 Contend not with a rich man, lest he bring an action against thee.

8:3 For gold and silver hath destroyed many, and hath reached even to the heart of kings, and perverted them.

8:4 Strive not with a man that is full of tongue, and heap not wood upon his fire.

8:5 Communicate not with an ignorant man, lest he speak ill of thy family.

8:6 Despise not a man that turneth away from sin, nor reproach him therewith: remember that we are all worthy of reproof.

8:7 Despise not a man in his old age; for we also shall become old.

8:8 Rejoice not at the death of thy enemy; knowing that we all die, and are not willing that others should rejoice at our death.

8:9 Despise not the discourse of them that are ancient and wise, but acquaint thyself with their proverbs.

8:10 For of them thou shalt learn wisdom, and instruction of understanding, and to serve great men without blame.

8:11 Let not the discourse of the ancients escape thee, for they have learned of their fathers:

8:12 For of them thou shalt learn understanding, and to give an answer in time of need.

8:13 Kindle not the coals of sinners by rebuking them, lest thou be burnt with the flame of the fire of their sins.

8:14 Stand not against the face of an injurious person, lest he sit as a spy to entrap thee in thy words.

8:15 Lend not to a man that is mightier than thyself: and if thou lendest, count it as lost.

8:16 Be not surety above thy power: and if thou be surety, think as if thou wert to pay it.

8:17 Judge not against a judge: for he judgeth according to that which is just.

8:18 Go not on the way with a bold man, lest he burden thee with his evils: for he goeth according to his own will, and thou shalt perish together with his folly.

8:19 Quarrel not with a passionate man, and go not into the desert with a bold man: for blood is as nothing in his sight, and where there is no help he will overthrow thee.

8:20 Advise not with fools, for they cannot love but such things as please them.

8:21 Before a stranger do no matter of counsel: for thou knowest not what he will bring forth.

8:22 Open not thy heart to every man: lest he repay thee with an evil turn, and speak reproachfully to thee.

9:1 Be not jealous over the wife of thy bosom, lest she shew in thy regard the malice of a wicked lesson.

9:2 Give not the power of thy soul to a woman, lest she enter upon thy strength, and thou be confounded.

9:3 Look not upon a woman that hath a mind for many: lest thou fall into her snares.

9:4 Use not much the company of her that is a dancer, and hearken not to her, lest thou perish by the force of her charms.

9:5 Gaze not upon a maiden, lest her beauty be a stumblingblock to thee.

9:6 Give not thy soul to harlots in any point: lest thou destroy thyself and thy inheritance.

9:7 Look not round about thee in the ways of the city, nor wander up and down in the streets thereof.

9:8 Turn away thy face from a woman dressed up, and gaze not about upon another's beauty.

9:9 For many have perished by the beauty of a woman, and hereby lust is enkindled as a fire.

9:10 Every woman that is a harlot, shall be trodden upon as dung in the way.

9:11 Many by admiring the beauty of another man's wife, have become reprobate, for her conversation burneth as fire.

9:12 Sit not at all with another man's wife, nor repose upon the bed with her:

9:13 And strive not with her over wine, lest thy heart decline towards her, and by thy blood thou fall into destruction.

9:14 Forsake not an old friend, for the new will not be like to him.

9:15 A new friend is as new wine: it shall grow old, and thou shalt drink it with pleasure.

9:16 Envy not the glory and riches of a sinner: for thou knowest not what his ruin shall be.

9:17 Be not pleased with the wrong done by the unjust, knowing that even to hell the wicked shall not please.

9:18 Keep thee far from the man that hath power to kill, so thou shalt not suspect the fear of death.

9:19 And if thou come to him, commit no fault, lest he take away thy life.

9:20 Know it to be a communication with death: for thou art going in the midst of snares, and walking upon the arms of them that are grieved:

9:21 According to thy power beware of thy neighbor, and treat with the wise and prudent.

9:22 Let just men be thy guests, and let thy glory be in the fear of God.

9:23 And let the thought of God be in thy mind, and all thy discourse on the commandments of the Highest.

9:24 Works shall be praised for the hand of the artificers, and the prince of the people for the wisdom of his speech, but word of the ancients for the sense.

9:25 A man full of tongue is terrible in his city, and he that is rash in his word shall be hateful.

10:1 A wise judge shall judge his people, and the government of a prudent man shall be steady.

10:2 As the judge of the people is himself, so also are his ministers: and what manner of man the ruler of a city is, such also are they that dwell therein.

10:3 An unwise king shall be the ruin of his people: and cities shall be inhabited through the prudence of the rulers.

10:4 The power of the earth is in the hand of God, and in his time he will raise up a profitable ruler over it.

10:5 The prosperity of man is in the hand of God, and upon the person of the scribe he shall lay his honour.

10:6 Remember not any injury done thee by thy neighbour, and do thou nothing by deeds of injury.

10:7 Pride is hateful before God and men: and all iniquity of nations is execrable.

10:8 A kingdom is translated from one people to another, because of injustices, and wrongs, and injuries, and divers deceits.

10:9 But nothing is more wicked than the covetous man. Why is earth and ashes proud?

10:10 There is not a more wicked thing than to love money: for such a one setteth even his own soul to sale: because while he liveth he hath cast away his bowels.

10:11 All power is of short life. A long sickness is troublesome to the physician.

10:12 The physician cutteth off a short sickness: so also a king is to day, and to morrow he shall die.

10:13 For when a man shall die, he shall inherit serpents, and beasts, and worms.

10:14 The beginning of the pride of man, is to fall off from God:

10:15 Because his heart is departed from him that made him: for pride is the beginning of all sin: he that holdeth it, shall be filled with maledictions, and it shall ruin him in the end.

10:16 Therefore hath the Lord disgraced the assemblies of the wicked, and hath utterly destroyed them.

10:17 God hath overturned the thrones of proud princes, and hath set up the meek in their stead.

10:18 God hath made the roots of proud nations to wither, and hath planted the humble of these nations.

10:19 The Lord hath overthrown the lands of the Gentiles, and hath destroyed them even to the foundation.

10:20 He hath made some of them to wither away, and hath destroyed them, and hath made the memory of them to cease from the earth.

10:21 God hath abolished the memory of the proud, and hath preserved the memory of them that are humble in mind.

10:22 Pride was not made for men: nor wrath for the race of women.

10:23 That seed of men shall be honoured, which feareth God: but that seed shall be dishonoured, which transgresseth the commandments of the Lord.

10:24 In the midst of brethren their chief is honourable: so shall they that fear the Lord, be in his eyes.

10:25 The fear of God is the glory of the rich, and of the honourable, and of the poor:

10:26 Despise not a just man that is poor, and do not magnify a sinful man that is rich.

10:27 The great man, and the judge, and the mighty is in honour: and there is none greater than he that feareth God.

10:28 They that are free shall serve a servant that is wise: and a man that is prudent and well instructed will not murmur when he is reproved; and he that is ignorant, shall not be honoured.

10:29 Extol not thyself in doing thy work, and linger not in the time of distress:

10:30 Better is he that laboureth, and aboundeth in all things, than he that boasteth himself and wanteth bread.

10:31 My son, keep thy soul in meekness, and give it honour according to its desert.

10:32 Who will justify him that sinneth against his own soul? and who will honour him that dishonoureth his own soul?

10:33 The poor man is glorified by his discipline and fear: and there is a man that is honoured for his wealth.

10:34 But he that is glorified in poverty, how much more in wealth? and he that is glorified in wealth, let him fear poverty.

11:1 The wisdom of the humble shall exalt his head, and shall make him sit in the midst of great men.

11:2 Praise not a man for his beauty, neither despise a man for his look.

11:3 The bee is small among flying things, but her fruit hath the chiefest sweetness.

11:4 Glory not in apparel at any time, and be not exalted in the day of thy honour: for the works of the Highest only are wonderful, and his works are glorious, and secret, and hidden.

11:5 Many tyrants have sat on the throne, and he whom no man would think on, hath worn the crown.

11:6 Many mighty men have been greatly brought down, and the glorious have been delivered into the hand of others.

11:7 Before thou inquire, blame no man: and when thou hast inquired, reprove justly.

11:8 Before thou hear, answer not a word: and interrupt not others in the midst of their discourse.

11:9 Strive not in a matter which doth not concern thee, and sit not in judgment with sinners.

11:10 My son, meddle not with many matters: and if thou be rich, thou shalt not be free from sin: for if thou pursue after thou shalt not overtake: and if thou run before thou shalt not escape.

11:11 There is an ungodly man that laboureth, and maketh haste, and is in sorrow, and is so much the more in want.

11:12 Again, there is an inactive man that wanteth help, is very weak in ability, and full of poverty:

11:13 Yet the eye of God hath looked upon him for good, and hath lifted him up from his low estate, and hath exalted his head: and many have wondered at him, and have glorified God.

11:14 Good things and evil, life and death, poverty and riches, are from God.

11:15 Wisdom and discipline, and the knowledge of the law are with God.

Love and the ways of good things are with him

11:16 Error and darkness are created with sinners: and they that glory in evil things, grow old in evil.

11:17 The gift of God abideth with the just, and his advancement shall have success for ever.

11:18 There is one that is enriched by living sparingly, and this is the portion of his reward.

11:19 In that he saith: I have found me rest, and now I will eat of my goods alone:

11:20 And he knoweth not what time shall pass, and that death approacheth, and that he must leave all to others, and shall die.

11:21 Be steadfast in thy covenant, and be conversant therein, and grow old in the work of thy commandments.

11:22 Abide not in the works of sinners. But trust in God, and stay in thy place.

11:23 For it is easy in the eyes of God on a sudden to make the poor man rich.

11:24 The blessing of God maketh haste to reward the just, and in a swift hour his blessing beareth fruit.

11:25 Say not: What need I, and what good shall I have by this?

11:26 Say not: I am sufficient for myself: and what shall I be made worse by this?

11:27 In the day of good things be not unmindful of evils: and in the day of evils be not unmindful of good things:

11:28 For it is easy before God in the day of death to reward every one according to his ways.

11:29 The affliction of an hour maketh one forget great delights, and in the end of a man is the disclosing of his works.

11:30 Praise not any man before death, for a man is known by his children.

11:31 Bring not every man into thy house: for many are the snares of the deceitful.

11:32 For as corrupted bowels send forth stinking breath, and as the partridge is brought into the cage, and as the roe into the snare: so also is the heart of the proud, and as a spy that looketh on the fall of his neighbour.

11:33 For he lieth in wait and turneth good into evil, and on the elect he will lay a blot.

11:34 Of one spark cometh a great fire, and of one deceitful man much blood: and a sinful man lieth in wait for blood.

11:35 Take heed to thyself of a mischievous man, for he worketh evils: lest he bring upon thee reproach for ever.

11:36 Receive a stranger in, and he shall overthrow thee with a whirlwind, and shall turn thee out of thy own.

12:1 If thou do good, know to whom thou dost it, and there shall be much thanks for thy good deeds.

12:2 Do good to the just, and thou shalt find great recompense: and if not of him, assuredly of the Lord.

12:3 For there is no good for him that is always occupied in evil, and that giveth no alms: for the Highest hateth sinners, and hath mercy on the penitent.

12:4 Give to the merciful and uphold not the sinner: God will repay vengeance to the ungodly and to sinners, and keep them against the day of vengeance.

12:5 Give to the good, and receive not a sinner.

12:6 Do good to the humble, and give not to the ungodly: hold back thy bread, and give it not to him, lest thereby he overmaster thee.

12:7 For thou shalt receive twice as much evil for all the good thou shalt have done to him: for the Highest also hateth sinners, and will repay vengeance to the ungodly.

12:8 A friend shall not be known in prosperity, and an enemy shall not be hidden in adversity.

12:9 In the prosperity of a man, his enemies are grieved: and a friend is known in his adversity.

12:10 Never trust thy enemy: for as a brass pot his wickedness rusteth:

12:11 Though he humble himself and go crouching, yet take good heed and beware of him.

12:12 Set him not by thee, neither let him sit on thy right hand, lest he turn into thy place, and seek to take thy seat: and at the last thou acknowledge my words, and be pricked with my sayings.

12:13 Who will pity an enchanter struck by a serpent, or any that come near wild beasts? so is it with him that keepeth company with a wicked man, and is involved in his sins.

12:14 For an hour he will abide with thee: but if thou begin to decline, he will not endure it.

12:15 An enemy speaketh sweetly with his lips, but in his heart he lieth in wait, to throw thee into a pit.

12:16 An enemy weepeth with his eyes: but if he find an opportunity he will not be satisfied with blood:

12:17 And if evils come upon thee, thou shalt find him there first.

12:18 An enemy hath tears in his eyes, and while he pretendeth to help thee, will undermine thy feet.

12:19 He will shake his head, and clap his hands, and whisper much, and change his countenance.

13:1 He that toucheth pitch, shall be defiled with it: and he that hath fellowship with the proud, shall put on pride.

13:2 He shall take a burden upon him that hath fellowship with one more honourable than himself. And have no fellowship with one that is richer than thyself.

13:3 What agreement shall the earthen pot have with the kettle? for if they knock one against the other, it shall be broken.

13:4 The rich man hath done wrong, and yet he will fume: but the poor is wronged and must hold his peace.

13:5 If thou give, he will make use of thee: and if thou have nothing, he will forsake thee.

13:6 If thou have any thing, he will live with thee, and will make thee bare, and he will not be sorry for thee.

13:7 If he have need of thee he will deceive thee, and smiling upon thee will put thee in hope; he will speak thee fair, and will say: What wantest thou?

13:8 And he will shame thee by his meats, till he have drawn thee dry twice or thrice, and at last he will laugh at thee: and afterward when he seeth thee, he will forsake thee, and shake his head at thee.

13:9 Humble thyself to God, and wait for his hands.

13:10 Beware that thou be not deceived into folly, and be humbled.

13:11 Be not lowly in thy wisdom, lest being humbled thou be deceived into folly.

13:12 If thou be invited by one that is mightier, withdraw thyself: for so he will invite thee the more.

13:13 Be not troublesome to him, lest thou be put back: and keep not far from him, lest thou be forgotten.

13:14 Affect not to speak with him as an equal: and believe not his many words: for by much talk he will sift thee, and smiling will examine thee concerning thy secrets.

13:15 His cruel mind will lay up thy words: and he will not spare to do thee hurt, and to cast thee into prison.

13:16 Take heed to thyself, and attend diligently to what thou hearest: for thou walkest in danger of thy ruin.

13:17 When thou hearest those things, see as it were in sleep, and thou shalt awake.

13:18 Love God all thy life, and call upon him for thy salvation.

13:19 Every beast loveth its like: so also every man him that is nearest to himself.

13:20 All flesh shall consort with the like to itself, and every man shall associate himself to his like.

13:21 If the wolf shall at any time have fellowship with the lamb, so the sinner with the just.

13:22 What fellowship hath a holy man with a dog, or what part hath the rich with the poor?

13:23 The wild ass is the lion's prey in the desert: so also the poor are devoured by the rich.

13:24 And as humility is an abomination to the proud: so also the rich man abhorreth the poor.

13:25 When a rich man is shaken, he is kept up by his friends: but when a poor man is fallen down, he is thrust away even by his acquaintance.

13:26 When a rich man hath been deceived, he hath many helpers: he hath spoken proud things, and they have justified him.

13:27 The poor man was deceived, and he is rebuked also: he hath spoken wisely, and could have no place.

13:28 The rich man spoke, and all held their peace, and what he said they extol even to the clouds.

13:29 The poor man spoke, and they say: Who is this? and if he stumble, they will overthrow him.

13:30 Riches are good to him that hath no sin in his conscience: and poverty is very wicked in the mouth of the ungodly.

13:31 The heart of a man changeth his countenance, either for good, or for evil.

13:32 The token of a good heart, and a good countenance thou shalt hardly find, and with labour.

14:1 Blessed is the man that hath not slipped by a word out of his mouth, and is not pricked with the remorse of sin.

14:2 Happy is he that hath had no sadness of his mind, and who is not fallen from his hope.

14:3 Riches are not comely for a covetous man and a niggard, and what should an envious man do with gold?

14:4 He that gathereth together by wronging his own soul, gathereth for others, and another will squander away his goods in rioting.

14:5 He that is evil to himself, to whom will he be good? and he shall not take pleasure in his goods.

14:6 There is none worse than he that envieth himself, and this is the reward of his wickedness:

14:7 And if he do good, he doth it ignorantly, and unwillingly: and at the last he discovereth his wickedness.

14:8 The eye of the envious is wicked: and he turneth away his face, and despiseth his own soul.

14:9 The eye of the covetous man is insatiable in his portion of iniquity: he will not be satisfied till he consume his own soul, drying it up.

14:10 An evil eye is towards evil things: and he shall not have his fill of bread, but shall be needy and pensive at his own table.

14:11 My son, if thou have any thing, do good to thyself, and offer to God worthy offerings.

14:12 Remember that death is not slow, and that the covenant of hell hath been shewn to thee: for the covenant of this world shall surely die.

14:13 Do good to thy friend before thou die, and according to thy ability, stretching out thy hand give to the poor.

14:14 Defraud not thyself of the good day, and let not the part of a good gift overpass thee.

14:15 Shalt thou not leave to others to divide by lot thy sorrows and labours?

14:16 Give and take, and justify thy soul.

14:17 Before thy death work justice: for in hell there is no finding food.

14:18 All flesh shall fade as grass, and as the leaf that springeth out on a green tree.

14:19 Some grow, and some fall off: so is the generation of flesh and blood, one cometh to an end, and another is born.

14:20 Every work that is corruptible shall fail in the end: and the worker thereof shall go with it.

14:21 And every excellent work shall be justified: and the worker thereof shall be honoured therein.

14:22 Blessed is the man that shall continue in wisdom, and that shall meditate in his justice, and in his mind shall think of the all seeing eye of God.

14:23 He that considereth her ways in his heart, and hath understanding in her secrets, who goeth after her as one that traceth, and stayeth in her ways:

14:24 He who looketh in at her windows, and hearkeneth at her door:

14:25 He that lodgeth near her house, and fastening a pin in her walls shall set up his tent nigh unto her, where good things shall rest in his lodging for ever.

14:26 He shall set his children under her shelter, and shall lodge under her branches:

14:27 He shall be protected under her covering from the heat, and shall rest in her glory.

15:1 He that feareth God, will do good: and he that possesseth justice, shall lay hold on her,

15:2 And she will meet him as an honourable mother, and will receive him as a wife married of a virgin.

15:3 With the bread of life and understanding, she shall feed him, and give him the water of wholesome wisdom to drink: and she shall be made strong in him, and he shall not be moved:

15:4 And she shall hold him fast, and he shall not be confounded: and she shall exalt him among his neighbours.

15:5 And in the midst of the church she shall open his mouth, and shall fill him with the spirit of wisdom and understanding, and shall clothe him with a robe of glory.

15:6 She shall heap upon him a treasure of joy and gladness, and shall cause him to inherit an everlasting name.

15:7 But foolish men shall not obtain her, and wise men shall meet her, foolish men shall not see her: for she is far from pride and deceit.

15:8 Lying men shall not be mindful of her: but men that speak truth shall be found with her, and shall advance, even till they come to the sight of God.

15:9 Praise is not seemly in the mouth of a sinner:

15:10 For wisdom came forth from God: for praise shall be with the wisdom of God, and shall abound in a faithful mouth, and the sovereign Lord will give praise unto it.

15:11 Say not: It is through God, that she is not with me: for do not thou the things that he hateth.

15:12 Say not: He hath caused me to err: for he hath no need of wicked men.

15:13 The Lord hateth all abomination of error, and they that fear him shall not love it.

15:14 God made man from the beginning, and left him in the hand of his own counsel.

15:15 He added his commandments and precepts.

15:16 If thou wilt keep the commandments and perform acceptable fidelity for ever, they shall preserve thee.

15:17 He hath set water and fire before thee: stretch forth thy hand to which thou wilt.

15:18 Before man is life and death, good and evil, that which he shall choose shall be given him:

15:19 For the wisdom of God is great, and he is strong in power, seeing all men without ceasing.

15:20 The eyes of the Lord are towards them that fear him, and he knoweth all the work of man.

15:21 He hath commanded no man to do wickedly, and he hath given no man license to sin:

15:22 For he desireth not a multitude of faithless and unprofitable children.

16:1 Rejoice not in ungodly children, if they be multiplied: neither be delighted in them, if the fear of God be not with them.

16:2 Trust not to their life, and respect not their labours.

16:3 For better is one that feareth God, than a thousand ungodly children.

16:4 And it is better to die without children, than to leave ungodly children.

16:5 By one that is wise a country shall be inhabited, the tribe of the ungodly shall become desolate.

16:6 Many such things hath my eyes seen, and greater things than these my ear hath heard.

16:7 In the congregation of sinners a fire shall be kindled, and in an unbelieving nation wrath shall flame out.

16:8 The ancient giants did not obtain pardon for their sins, who were destroyed trusting to their own strength:

16:9 And he spared not the place where Lot sojourned, but abhorred them for the pride of their word.

16:10 He had not pity on them, destroying the whole nation that extolled themselves in their sins.

16:11 So did he with the six hundred thousand footmen, who were gathered together in the hardness of their heart: and if one had been stiffnecked, it is a wonder if he had escaped unpunished:

16:12 For mercy and wrath are with him. He is mighty to forgive, and to pour out indignation:

16:13 According as his mercy is, so his correction judgeth a man according to his works.

16:14 The sinner shall not escape in his rapines, and the patience of him that sheweth mercy shall not be put off.

16:15 All mercy shall make a place for every man according to the merit of his works, and according to the wisdom of his sojournment.

16:16 Say not: I shall be hidden from God, and who shall remember me from on high?

16:17 In such a multitude I shall not be known: for what is my soul in such an immense creation?

16:18 Behold the heaven, and the heavens of heavens, the deep, and all the earth, and the things that are in them, shall be moved in his sight,

16:19 The mountains also, and the hills, and the foundations of the earth: when God shall look upon them, they shall be shaken with trembling.

16:20 And in all these things the heart is senseless: and every heart is understood by him:

16:21 And his ways who shall understand, and the storm, which no eye of man see?

16:22 For many of his works are hidden: but the works of his justice who shall declare? or who shall endure? for the testament is far from some, and the examination of all is in the end.

16:23 He that wanteth understanding thinketh vain things: and the foolish, and erring man, thinketh foolish things.

16:24 Hearken to me, my son, and learn the discipline of understanding, and attend to my words in thy heart.

16:25 And I will shew forth good doctrine in equity, and will seek to declare wisdom: and attend to my words in thy heart, whilst with equity of spirit I tell thee the virtues that God hath put upon his works from the beginning, and I shew forth in truth his knowledge.

16:26 The works of God are done in judgment from the beginning, and from the making of them he distinguished their parts, and their beginnings in their generations.

16:27 He beautified their works for ever, they have neither hungered, nor laboured, and they have not ceased from their works.

16:28 Nor shall any of them straiten his neighbour at any time.

16:29 Be not thou incredulous to his word.

16:30 After this God looked upon the earth, and filled it with his goods.

16:31 The soul of every living thing hath shewn forth before the face thereof, and into it they return again.

17:1 God created man of the earth, and made him after his own image.

17:2 And he turned him into it again, and clothed him with strength according to himself.

17:3 He gave him the number of his days and time, and gave him power over all things that are upon the earth.

17:4 He put the fear of him upon all flesh, and he had dominion over beasts and fowls.

17:5 He created of him a helpmate like to himself: he gave them counsel, and a tongue, and eyes, and ears, and a heart to devise: and he filled them with the knowledge of understanding.

17:6 He created in them the science of the spirit, he filled their heart with wisdom, and shewed them both good and evil.

17:7 He set his eye upon their hearts to shew them the greatness of his works:

17:8 That they might praise the name which he hath sanctified: and glory in his wondrous acts, that they might declare the glorious things of his works.

17:9 Moreover he gave them instructions, and the law of life for an inheritance.

17:10 He made an everlasting covenant with them, and he shewed them his justice and judgments.

17:11 And their eye saw the majesty of his glory. and their ears heard his glorious voice, and he said to them: Beware of all iniquity.

17:12 And he gave to every one of them commandment concerning his neighbour.

17:13 Their ways are always before him, they are not hidden from his eyes.

17:14 Over every nation he set a ruler.

17:15 And Israel was made the manifest portion of God.

17:16 And all their works are as the sun in the sight of God: and his eyes are continually upon their ways.

17:17 Their covenants were not hid by their iniquity, and all their iniquities are in the sight of God.

17:18 The alms of a man is as a signet with him, and shall preserve the grace of a man as the apple of the eye:

17:19 And afterward he shall rise up, and shall render them their reward, to every one upon their own head, and shall turn them down into the bowels of the earth.

17:20 But to the penitent he hath given the way of justice, and he hath strengthened them that were fainting in patience, and hath appointed to them the lot of truth.

17:21 Turn to the Lord, and forsake thy sins:

17:22 Make thy prayer before the face of the Lord, and offend less.

17:23 Return to the Lord, and turn away from thy injustice, and greatly hate abomination.

17:24 And know the justices and judgments of God, and stand firm in the lot set before thee, and in prayer to the most high God.

17:25 Go to the side of the holy age, with them that live and give praise to God.

17:26 Tarry not in the error of the ungodly, give glory before death. Praise perisheth from the dead as nothing.

17:27 Give thanks whilst thou art living, whilst thou art alive and in health thou shalt give thanks, and shalt praise God, and shalt glory in his mercies.

17:28 How great is the mercy of the Lord, and his forgiveness to them that turn to him!

17:29 For all things cannot be in men, because the son of man is not immortal, and they are delighted with the vanity of evil.

17:30 What is brighter than the sun; yet it shall be eclipsed. Or what is more wicked than that which flesh and blood hath invented? and this shall be reprov'd.

17:31 He beholdeth the power of the height of heaven: and all men are earth and ashes.

18:1 He that liveth for ever created all things together. God only shall be justified, and he remaineth an invincible king for ever.

18:2 Who is able to declare his works?

18:3 For who shall search out his glorious acts?

18:4 And who shall shew forth the power of his majesty? or who shall be able to declare his mercy?

18:5 Nothing may be taken away, nor added, neither is it possible to find out the glorious works of God:

18:6 When a man hath done, then shall he begin: and when he leaveth off, he shall be at a loss.

18:7 What is man, and what is his grace? and what is his good, or what is his evil?

18:8 The number of the days of men at the most a hundred years: as a drop of water of the sea are they esteemed: and as a pebble of the sand, so are a few years compared to eternity.

18:9 Therefore God is patient in them, and poureth forth his mercy upon them.

18:10 He hath seen the presumption of their heart that it is wicked, and hath known their end that it is evil.

18:11 Therefore hath he filled up his mercy in their favour, and hath shewn them the way of justice.

18:12 The compassion of man is toward his neighbour: but the mercy of God is upon all flesh.

18:13 He hath mercy, and teacheth, and correcteth, as a shepherd doth his flock.

18:14 He hath mercy on him that receiveth the discipline of mercy, and that maketh haste in his judgments.

18:15 My son, in thy good deeds, make no complaint, and when thou givest any thing, add not grief by an evil word.

18:16 Shall not the dew assuage the heat? so also the good word is better than the gift.

18:17 Lo, is not a word better than a gift? but both are with a justified man.

18:18 A fool will upbraid bitterly: and a gift of one ill taught consumeth the eyes.

18:19 Before judgment prepare thee justice, and learn before thou speak.

18:20 Before sickness take a medicine, and before judgment examine thyself, and thou shalt find mercy in the sight of God.

18:21 Humble thyself before thou art sick, and in the time of sickness shew thy conversation.

18:22 Let nothing hinder thee from praying always, and be not afraid to be justified even to death: for the reward of God continueth for ever.

18:23 Before prayer prepare thy soul: and be not as a man that tempteth God.

18:24 Remember the wrath that shall be at the last day, and the time of repaying when he shall turn away his face.

18:25 Remember poverty is the time of abundance, and the necessities of poverty in the day of riches.

18:26 From the morning until the evening the time shall be changed, and all these are swift in the eyes of God.

18:27 A wise man will fear in every thing, and in the days of sins will beware of sloth.

18:28 Every man of understanding knoweth wisdom, and will give praise to him that findeth her.

18:29 They that were of good understanding in words, have also done wisely themselves: and have understood truth and justice, and have poured forth proverbs and judgments.

18:30 Go not after thy lusts, but turn away from thy own will.

18:31 If thou give to thy soul her desires, she will make thee a joy to thy enemies.

18:32 Take no pleasure in riotous assemblies, be they ever so small: for their concertation is continual.

18:33 Make not thyself poor by borrowing to contribute to feasts when thou hast nothing in thy purse: for thou shalt be an enemy to thy own life.

19:1 A workman that is a drunkard shall not be rich: and he that contemneth small things, shall fall by little and little.

19:2 Wine and women make wise men fall off, and shall rebuke the prudent:

19:3 And he that joineth himself to harlots, will be wicked. Rottenness and worms shall inherit him, and he shall be lifted up for a greater example, and his soul shall be taken away out of the number.

19:4 He that is hasty to give credit, is light of heart, and shall be lessened: and he that sinneth against his own soul, shall be despised.

19:5 He that rejoiceth in iniquity, shall be censured, and he that hateth chastisement, shall have less life: and he that hateth babbling, extinguisheth evil.

19:6 He that sinneth against his own soul, shall repent: and he that is delighted with wickedness, shall be condemned.

19:7 Rehearse not again a wicked and harsh word, and thou shalt not fare the worse.

19:8 Tell not thy mind to friend or foe: and if there be a sin with thee, disclose it not.

19:9 For he will hearken to thee, and will watch thee, and as it were defending thy sin he will hate thee, and so will he be with thee always.

19:10 Hast thou heard a word against thy neighbour? let it die within thee, trusting that it will not burst thee.

19:11 At the hearing of a word the fool is in travail, as a woman groaning. in the bringing forth a child.

19:12 As an arrow that sticketh in a man's thigh: so is a word in the heart of a fool.

19:13 Reprove a friend, lest he may not have understood, and say: I did it not: or if he did it, that he may do it no more.

19:14 Reprove thy neighbour, for it may be he hath not said it: and if he hath said it, that he may not say it again.

19:15 Admonish thy friend: for there is often a fault committed.

19:16 And believe not every word. There is one, that slippeth with the tongue, but not from his heart.

19:17 For who is there that hath not offended with his tongue? Admonish thy neighbour before thou threaten him.

19:18 And give place to the fear of the most High: for the fear of God is all wisdom, and therein is to fear God, and the disposition of the law is in all wisdom.

19:19 But the learning of wickedness is not wisdom: and the device of sinners is not prudence.

19:20 There is a subtle wickedness, and the same is detestable: and there is a man that is foolish, wanting in wisdom.

19:21 Better is a man that hath less wisdom, and wanteth understanding, with the fear of God, than he that aboundeth in understanding, and transgresseth the law of the most High.

19:22 There is an exquisite subtilty, and the same is unjust.

19:23 And there is one that uttereth an exact word telling the truth. There is one that humbleth himself wickedly, and his interior is full of deceit:

19:24 And there is one that submitteth himself exceedingly with a great lowliness: and there is one that casteth down his countenance, and maketh as if he did not see that which is unknown:

19:25 And if he be hindered from sinning for want of power, if he shall find opportunity to do evil, he will do it.

19:26 A man is known by his look, and a wise man, when thou meetest him, is known by his countenance.

19:27 The attire of the body, and the laughter of the teeth, and the gait of the man, shew what he is.

19:28 There is a lying rebuke in the anger of an injurious man: and there is a judgment that is not allowed to be good: and there is one that holdeth his peace, he is wise.

20:1 How much better is it to reprove, than to be angry, and not to hinder him that confesseth in prayer.

20:2 The lust of an eunuch shall devour a young maiden:

20:3 So is he that by violence executeth unjust judgment.

20:4 How good is it, when thou art reprov'd, to shew repentance! for so thou shalt escape wilful sin.

20:5 There is one that holdeth his peace, that is found wise: and there is another that is hateful, that is bold in speech.

20:6 There is one that holdeth his peace, because he knoweth not what to say: and there is another that holdeth his peace, knowing the proper time.

20:7 A wise man will hold his peace till he see opportunity: but a babbler, and a fool, will regard no time.

20:8 He that useth many words shall hurt his own soul: and he that taketh authority to himself unjustly shall be hated.

20:9 There is success in evil things to a man without discipline, and there is a finding that turneth to loss.

20:10 There is a gift that is not profitable: and there is a gift, the recompense of which is double.

20:11 There is an abasement because of glory: and there is one that shall lift up his head from a low estate.

20:12 There is that buyeth much for a small price, and restoreth the same sevenfold.

20:13 A man wise in words shall make himself beloved: but the graces of fools shall be poured out.

20:14 The gift of the fool shall do thee no good: for his eyes are sevenfold.

20:15 He will give a few things, and upbraid much: and the opening of his mouth is the kindling of a fire.

20:16 To day a man lendeth, and to morrow he asketh it again: such a man as this is hateful.

20:17 A fool shall have no friend, and there shall be no thanks for his good deeds.

20:18 For they that eat his bread, are of a false tongue. How often, and how many will laugh him to scorn!

20:19 For he doth not distribute with right understanding that which was to be had: in like manner also that which was not to be had.

20:20 The slipping of a false tongue is as one that falleth on the pavement: so the fall of the wicked shall come speedily.

20:21 A man without grace is as a vain fable, it shall be continually in the mouth of the unwise.

20:22 A parable coming out, of a fool's mouth shall be rejected: for he doth not speak it in due season.

20:23 There is that is hindered from sinning through want, and in his rest he shall be pricked.

20:24 There is that will destroy his own soul through shamefacedness, and by occasion of an unwise person he will destroy it: and by respect of person he will destroy himself.

20:25 There is that for bashfulness promiseth to his friend, and maketh him his enemy for nothing.

20:26 A lie is a foul blot in a man, and yet it will be continually in the mouth of men without discipline.

20:27 A thief is better than a man that is always lying: but both of them shall inherit destruction.

20:28 The manners of lying men are without honour: and their confusion is with them without ceasing.

20:29 A wise man shall advance himself with his words, and a prudent man shall please the great ones.

20:30 He that tilleth his land shall make a high heap of corn: and he that worketh justice shall be exalted: and he that pleaseth great men shall escape iniquity.

20:31 Presents and gifts blind the eyes of judges, and make them dumb in the mouth, so that they cannot correct.

20:32 Wisdom that is hid, and treasure that is not seen: what profit is there in them both?

20:33 Better is he that hideth his folly, than the man that hideth his wisdom.

21:1 My son, hast thou sinned? do so no more: but for thy former sins also pray that they may be forgiven thee.

21:2 Flee from sins as from the face of a serpent: for if thou comest near them, they will take hold of thee.

21:3 The teeth thereof are the teeth of a lion, killing the souls of men.

21:4 All iniquity is like a two-edged sword, there is no remedy for the wound thereof.

21:5 Injuries and wrongs will waste riches: and the house that is very rich shall be brought to nothing by pride: so the substance of the proud shall be rooted out.

21:6 The prayer out of the mouth of the poor shall reach the ears of God, and judgment shall come for him speedily.

21:7 He that hateth to be reproved walketh in the trace of a sinner: and he that feareth God will turn to his own heart.

21:8 He that is mighty by a bold tongue is known afar off, but a wise man knoweth to slip by him.

21:9 He that buildeth his house at other men's charges, is as he that gathereth himself stones to build in the winter.

21:10 The congregation of sinners is like tow heaped together, and the end of them is a flame of fire.

21:11 The way of sinners is made plain with stones, and in their end is hell, and darkness, and pains.

21:12 He that keepeth justice shall get the understanding thereof.

21:13 The perfection of the fear of God is wisdom and understanding.

21:14 He that is not wise in good, will not be taught.

21:15 But there is a wisdom that aboundeth in evil: and there is no understanding where there is bitterness.

21:16 The knowledge of a wise man shall abound like a flood, and his counsel continueth like a fountain of life.

21:17 The heart of a fool is like a broken vessel, and no wisdom at all shall it hold.

21:18 A man of sense will praise every wise word he shall hear, and will apply it to himself: the luxurious man hath heard it, and it shall displease him, and he will cast it behind his back.

21:19 The talking of a fool is like a burden in the way: but in the lips of the wise, grace shall be found.

21:20 The mouth of the prudent is sought after in the church, and they will think upon his words in their hearts.

21:21 As a house that is destroyed, so is wisdom to a fool: and the knowledge of the unwise is as words without sense.

21:22 Doctrine to a fool is as fetters on the feet, and like manacles on the right hand.

21:23 A fool lifteth up his voice in laughter: but a wise man will scarce laugh low to himself.

21:24 Learning to the prudent is as an ornament of gold, and like a bracelet upon his right arm.

21:25 The foot of a fool is soon in his neighbour's house: but a man of experience will be abashed at the person of the mighty.

21:26 A fool will peep through the window into the house: but he that is well taught will stand without.

21:27 It is the folly of a man to hearken at the door: and a wise man will be grieved with the disgrace.

21:28 The lips of the unwise will be telling foolish things but the words of the wise shall be weighed in a balance.

21:29 The heart of fools is in their mouth: and the mouth of wise men is in their heart.

21:30 While the ungodly curseth the devil, he curseth his own soul.

21:31 The talebearer shall defile his own soul, and shall be hated by all: and he that shall abide with him shall be hateful: the silent and wise man shall be honoured.

22:1 The sluggard is pelted with a dirty stone, and all men will speak of his disgrace.

22:2 The sluggard is pelted with the dung of oxen: and every one that toucheth him will shake his hands.

22:3 A son ill taught is the confusion of the father: and a foolish daughter shall be to his loss.

22:4 A wise daughter shall bring an inheritance to her husband: but she that confoundeth, becometh a disgrace to her father.

22:5 She that is bold shameth both her father and husband, and will not be inferior to the ungodly: and shall be disgraced by them both.

22:6 A tale out of time is like music in mourning: but the stripes and instruction of wisdom are never out of time.

22:7 He that teacheth a fool, is like one that glueth a potsherd together.

22:8 He that telleth a word to him that heareth not, is like one that waketh a man out of a deep sleep.

22:9 He speaketh with one that is asleep, who uttereth wisdom to a fool: and in the end of the discourse he saith: Who is this?

22:10 Weep for the dead, for his light hath failed: and weep for the fool, for his understanding faileth.

22:11 Weep but a little for the dead, for he is at rest.

22:12 For the wicked life of a wicked fool is worse than death.

22:13 The mourning for the dead is seven days: but for a fool and an ungodly man all the days of their life.

22:14 Talk not much with a fool, and go not with him that hath no sense.

22:15 Keep thyself from him, that thou mayst not have trouble, and thou shalt not be defiled with his sin.

22:16 Turn away from him, and thou shalt find rest, and shalt not be wearied out with his folly.

22:17 What is heavier than lead? and what other name hath he but fool?

22:18 Sand and salt, and a mass of iron is easier to bear, than a man without sense, that is both foolish and wicked.

22:19 A frame of wood bound together in the foundation of a building, shall not be loosed: so neither shall the heart that is established by advised counsel.

22:20 The thought of him that is wise at all times, shall not be depraved by fear.

22:21 As pales set in high places, and plasterings made without cost, will not stand against the face of the wind:

22:22 So also a fearful heart in the imagination of a fool shall not resist against the violence of fear.

22:23 As a fearful heart in the thought of a fool at all times will not fear, so neither shall he that continueth always in the commandments of God.

22:24 He that pricketh the eye, bringeth out tears: and he that pricketh the heart, bringeth forth resentment.

22:25 He that flingeth a stone at birds, shall drive them away: so he that upbraideth his friend, breaketh friendship.

22:26 Although thou hast drawn a sword at a friend, despair not: for there may be a returning. To a friend,

22:27 If thou hast opened a sad mouth, fear not, for there may be a reconciliation: except upbraiding, and reproach, and pride, and disclosing of secrets, or a treacherous wound: for in all these cases a friend will flee away.

22:28 Keep fidelity with a friend in his poverty, that in his prosperity also thou mayst rejoice.

22:29 In the time of his trouble continue faithful to him, that thou mayst also be heir with him in his inheritance.

22:30 As the vapour of a chimney, and the smoke of the fire goeth up before the fire: so also injurious words, and reproaches, and threats, before blood.

22:31 I will not be ashamed to salute a friend, neither will I hide myself from his face: and if any evil happen to me by him, I will bear it.

22:32 But every one that shall hear it, will beware of him.

22:33 Who will set a guard before my mouth, and a sure seal upon my lips, that I fall not by them, and that my tongue destroy me not?

23:1 O Lord, father, and sovereign ruler of my life, leave me not to their counsel: nor suffer me to fall by them.

23:2 Who will set scourges over my thoughts, and the discipline of wisdom over my heart, that they spare me not in their ignorances, and that their sins may not appear:

23:3 Lest my ignorances increase, and my offences be multiplied, and my sins abound, and I fall before my adversaries, and my enemy rejoice over me?

23:4 O Lord, father, and God of my life, leave me not to their devices.

23:5 Give me not haughtiness of my eyes, and turn away from me all coveting.

23:6 Take from me the greediness of the belly, and let not the lusts of the flesh take hold of me, and give me not over to a shameless and foolish mind.

23:7 Hear, O ye children, the discipline of the mouth: and he that will keep it shall not perish by his lips, nor be brought to fall into most wicked works.

23:8 A sinner is caught in his own vanity, and the proud and the evil speakers shall fall thereby.

23:9 Let not thy mouth be accustomed to swearing: for in it there are many falls.

23:10 And let not the naming of God be usual in thy mouth, and meddle not with the names of saints, for thou shalt not escape free from them.

23:11 For as a slave daily put to the question, is never without a blue mark: so every one that sweareth, and nameth, shall not be wholly pure from sin.

23:12 A man that sweareth much, shall be filled with iniquity, and a scourge shall not depart from his house.

23:13 And if he make it void, his sin shall be upon him: and if he dissemble it, he offendeth double:

23:14 And if he swear in vain, he shall not be justified: for his house shall be filled with his punishment.

23:15 There is also another speech opposite to death, let it not be found in the inheritance of Jacob.

23:16 For from the merciful all these things shall be taken away, and they shall not wallow in sins.

23:17 Let not thy mouth be accustomed to indiscreet speech: for therein is the word of sin.

23:18 Remember thy father and thy mother, for thou sittest in the midst of great men:

23:19 Lest God forget thee in their sight, and thou, by thy daily custom, be infatuated and suffer reproach: and wish that thou hadst not been born, and curse the day of thy nativity.

23:20 The man that is accustomed to opprobrious words, will never be corrected all the days of his life.

23:21 Two sorts of men multiply sins, and the third bringeth wrath and destruction.

23:22 A hot soul is a burning fire, it will never be quenched, till it devour some thing.

23:23 And a man that is wicked in the mouth of his flesh, will not leave off till he hath kindled a fire.

23:24 To a man that is a fornicator all bread is sweet, he will not be weary of sinning unto the end.

23:25 Every man that passeth beyond his own bed, despising his own soul, and saying: Who seeth me?

23:26 Darkness compasseth me about, and the walls cover me, and no man seeth me: whom do I fear? the most High will not remember my sins.

23:27 And he understandeth not that his eye seeth all things, for such a man's fear driveth from him the fear of God, and the eyes of men fearing him:

23:28 And he knoweth not that the eyes of the Lord are far brighter than the sun, beholding round about all the ways of men, and the bottom of the deep, and looking into the hearts of men, into the most hidden parts.

23:29 For all things were known to the Lord God, before they were created: so also after they were perfected he beholdeth all things.

23:30 This man shall be punished in the streets of the city, and he shall be chased as a colt: and where he suspected not, he shall be taken.

23:31 And he shall be in disgrace with all men, because he understood not the fear of the Lord.

23:32 So every woman also that leaveth her husband, and bringeth in an heir by another:

23:33 For first she hath been unfaithful to the law of the most High: and secondly, she hath offended against her husband: thirdly, she hath fornicated in adultery, and hath gotten her children of another man.

23:34 This woman shall be brought into the assembly, and inquisition shall be made of her children.

23:35 Her children shall not take root, and her branches shall bring forth no fruit.

23:36 She shall leave her memory to be cursed, and her infamy shall not be blotted out.

23:37 And they that remain shall know, that there is nothing better than the fear of God: and that there is nothing sweeter than to have regard to the commandments of the Lord.

23:38 It is great glory to follow the Lord for length of days shall be received from him.

24:1 Wisdom shall praise her own self, and shall be honoured in God, and shall glory in the midst of her people,

24:2 And shall open her mouth in the churches of the most High, and shall glorify herself in the sight of his power,

24:3 And in the midst of her own people she shall be exalted, and shall be admired in the holy assembly.

24:4 And in the multitude of the elect she shall have praise, and among the blessed she shall be blessed, saying:
24:5 I came out of the mouth of the most High, the firstborn before all creatures:
24:6 I made that in the heavens there should rise light that never faileth, and as a cloud I covered all the earth:
24:7 I dwelt in the highest places, and my throne is in a pillar of a cloud.
24:8 I alone have compassed the circuit of heaven, and have penetrated into the bottom of the deep, and have walked in the waves of the sea,
24:9 And have stood in all the earth: and in every people,
24:10 And in every nation I have had the chief rule:
24:11 And by my power I have trodden under my feet the hearts of all the high and low: and in all these I sought rest, and I shall abide in the inheritance of the Lord.
24:12 Then the creator of all things commanded, and said to me: and he that made me, rested in my tabernacle,
24:13 And he said to me: Let thy dwelling be in Jacob, and thy inheritance in Israel, and take root in my elect.
24:14 From the beginning, and before the world, was I created, and unto the world to come I shall not cease to be, and in the holy dwelling place I have ministered before him.
24:15 And so was I established in Sion, and in the holy city likewise I rested, and my power was in Jerusalem.
24:16 And I took root in an honourable people, and in the portion of my God his inheritance, and my abode is in the full assembly of saints.
24:17 I was exalted like a cedar in Libanus, and as a cypress tree on mount Sion.
24:18 I was exalted like a palm tree in Cades, and as a rose plant in Jericho:
24:19 As a fair olive tree in the plains, and as a plane tree by the water in the streets, was I exalted.
24:20 I gave a sweet smell like cinnamon. and aromatical balm: I yielded a sweet odour like the best myrrh:
24:21 And I perfumed my dwelling as storax, and galbanum, and onyx, and aloes, and as the frankincense not cut, and my odour is as the purest balm.
24:22 I have stretched out my branches as the turpentine tree, and my branches are of honour and grace.
24:23 As the vine I have brought forth a pleasant odour: and my flowers are the fruit of honour and riches.
24:24 I am the mother of fair love, and of fear, and of knowledge, and of holy hope.
24:25 In me is all grace of the way and of the truth, in me is all hope of life and of virtue.

24:26 Come over to me, all ye that desire me, and be filled with my fruits.
24:27 For my spirit is sweet above honey, and my inheritance above honey and the honeycomb.
24:28 My memory is unto everlasting generations.
24:29 They that eat me, shall yet hunger: and they that drink me, shall yet thirst.
24:30 He that hearkeneth to me, shall not be confounded: and they that work by me, shall not sin.
24:31 They that explain me shall have life everlasting.
24:32 All these things are the book of life, and the covenant of the most High, and the knowledge of truth.
24:33 Moses commanded a law in the precepts of justices, and an inheritance to the house of Jacob, and the promises to Israel.
24:34 He appointed to David his servant to raise up of him a most mighty king, and sitting on the throne of glory for ever.
24:35 Who filleth up wisdom as the Phison, and as the Tigris in the days of the new fruits.
24:36 Who maketh understanding to abound as the Euphrates, who multiplieth it as the Jordan in the time of harvest.
24:37 Who sendeth knowledge as the light, and riseth up as Gehon in the time of the vintage.
24:38 Who first hath perfect knowledge of her, and a weaker shall not search her out.
24:39 For her thoughts are more vast than the sea, and her counsels more deep than the great ocean.
24:40 I, wisdom, have poured out rivers.
24:41 I, like a brook out of a river of a mighty water; I, like a channel of a river. and like an aqueduct, came out of paradise.
24:42 I said: I will water my garden of plants, and I will water abundantly the fruits of my meadow.
24:43 And behold my brook became a great river, and my river came near to a sea:
24:44 For I make doctrine to shine forth to all as the morning light, and I will declare it afar off.
24:45 I will penetrate to all the lower parts of the earth, and will behold all that sleep, and will enlighten all that hope in the Lord.
24:46 I will yet pour out doctrine as prophecy, and will leave it to them that seek wisdom, and will not cease to instruct their offspring even to the holy age.
24:47 See ye that I have not laboured for myself only, but for all that seek out the truth.

25:1 With three things my spirit is pleased, which are approved before God and men:
25:2 The concord of brethren, and the love of neighbours, and man and wife that agree well together.
25:3 Three sorts my soul hateth, and I am greatly grieved at their life:
25:4 A poor man that is proud: a rich man that is a liar: an old man that is a fool, and doting.
25:5 The things that thou hast not gathered in thy youth, how shalt thou find them in thy old age?
25:6 O how comely is judgment for a grey head, and for ancients to know counsel!
25:7 O how comely is wisdom for the aged, and understanding and counsel to men of honour!
25:8 Much experience is the crown of old men, and the fear of God is their glory.
25:9 Nine things that are not to be imagined by the heart have I magnified, and the tenth I will utter to men with my tongue.
25:10 A man that hath joy of his children: and he that liveth and seeth the fall of his enemies.
25:11 Blessed is he that dwelleth with a wise woman, and that hath not slipped with his tongue, and that hath not served such as are unworthy of him.
25:12 Blessed is he that findeth a true friend, and that declareth justice to an ear that heareth.
25:13 How great is he that findeth wisdom and knowledge! but there is none above him that feareth the Lord.
25:14 The fear of God hath set itself above all things:
25:15 Blessed is the man, to whom it is given to have the fear of God: he that holdeth it, to whom shall he be likened?
25:16 The fear of God is the beginning of his love: and the beginning of faith is to be fast joined unto it.
25:17 The sadness of the heart is every plague: and the wickedness of a woman is all evil.
25:18 And a man will choose any plague, but the plague of the heart:
25:19 And any wickedness, but the wickedness of a woman:
25:20 And any affliction, but the affliction from them that hate him:
25:21 And any revenge, but the revenge of enemies.
25:22 There is no head worse than the head of a serpent:
25:23 And there is no anger above the anger of a woman. It will be more agreeable to abide with a lion and a dragon, than to dwell with a wicked woman.

25:24 The wickedness of a woman changeth her face: and she darkeneth her countenance as a bear: and sheweth it like sackcloth. In the midst of her neighbours,

25:25 Her husband groaned, and hearing he sighed a little.

25:26 All malice is short to the malice of a woman, let the lot of sinners fall upon her.

25:27 As the climbing of a sandy way is to the feet of the aged, so is a wife full of tongue to a quiet man.

25:28 Look not upon a woman's beauty, and desire not a woman for beauty.

25:29 A woman's anger, and impudence, and confusion is great.

25:30 A woman, if she have superiority, is contrary to her husband.

25:31 A wicked woman abateth the courage, and maketh a heavy countenance, and a wounded heart.

25:32 Feeble hands, and disjointed knees, a woman that doth not make her husband happy.

25:33 From the woman came the beginning of sin, and by her we all die.

25:34 Give no issue to thy water, no, not a little: nor to a wicked woman liberty to gad abroad.

25:35 If she walk not at thy hand, she will confound thee in the sight of thy enemies.

25:36 Cut her off from thy flesh, lest she always abuse thee.

26:1 Happy is the husband of a good wife: for the number of his years is double.

26:2 A virtuous woman rejoiceth her husband: and shall fulfil the years of his life in peace.

26:3 A good wife is a good portion, she shall be given in the portion of them that fear God, to a man for his good deeds.

26:4 Rich or poor, if his heart is good, his countenance shall be cheerful at all times.

26:5 Of three things my heart hath been afraid, and at the fourth my face hath trembled:

26:6 The accusation of a city, and the gathering together of the people:

26:7 And a false calumny, all are more grievous than death.

26:8 A jealous woman is the grief and mourning of the heart.

26:9 With a jealous woman is a scourge of the tongue which communicateth with all.

26:10 As a yoke of oxen that is moved to and fro, so also is a wicked woman: he that hath hold of her, is as he that taketh hold of a scorpion.

26:11 A drunken woman is a great wrath: and her reproach and shame shall not be hid.

26:12 The fornication of a woman shall be known by the haughtiness of her eyes, and by her eyelids.

26:13 On a daughter that turneth not away herself, set a strict watch: lest finding an opportunity she abuse herself.

26:14 Take heed of the impudence of her eyes, and wonder not if she slight thee.

26:15 She will open her mouth as a thirsty traveller to the fountain, and will drink of every water near her, and will sit down by every hedge, and open her quiver against every arrow, until she fail.

26:16 The grace of a diligent woman shall delight her husband, and shall fat his bones.

26:17 Her discipline is the gift of God.

26:18 Such is a wise and silent woman, and there is nothing so much worth as a well instructed soul.

26:19 A holy and shamefaced woman is grace upon grace.

26:20 And no price is worthy of a continent soul.

26:21 As the sun when it riseth to the world in the high places of God, so is the beauty of a good wife for the ornament of her house.

26:22 As the lamp shining upon the holy candlestick, so is the beauty of the face in a ripe age.

26:23 As golden pillars upon bases of silver, so are the firm feet upon the soles of a steady woman.

26:24 As everlasting foundations upon a solid rock, so the commandments of God in the heart of a holy woman.

26:25 At two things my heart is grieved, and the third bringeth anger upon me:

26:26 A man of war fainting through poverty: and a man of sense despised:

26:27 And he that passeth over from justice to sin, God hath prepared such an one for the sword.

26:28 Two sorts of callings have appeared to me hard and dangerous: a merchant is hardly free from negligence: and a huckster shall not be justified from the sins of the lips.

27:1 Through poverty many have sinned: and he that seeketh to be enriched, turneth away his eye.

27:2 As a stake sticketh fast in the midst of the joining of stones, so also in the midst of selling and buying, sin shall stick fast.

27:3 Sin shall be destroyed with the sinner.

27:4 Unless thou hold thyself diligently in the fear of the Lord, thy house shall quickly be overthrown.

27:5 As when one sifteth with a sieve, the dust will remain: so will the perplexity of a man in his thoughts.

27:6 The furnace trieth the potter's vessels, and the trial of affliction just men.

27:7 Be the dressing of a tree sheweth the fruit thereof, so a word out of the thought of the heart of man.

27:8 Praise not a man before he speaketh, for this is the trial of men.

27:9 If thou followest justice, thou shalt obtain her: and shalt put her on as a long robe of honour, and thou shalt dwell with her: and she shall protect thee for ever, and in the day of acknowledgment thou shalt find a strong foundation.

27:10 Birds resort unto their like: so truth will return to them that practise her.

27:11 The lion always lieth in wait for prey: so do sins for them that work iniquities.

27:12 A holy man continueth in wisdom as the sun: but a fool is changed as the moon.

27:13 In the midst of the unwise keep in the word till its time: but be continually among men that think.

27:14 The discourse of sinners is hateful, and their laughter is at the pleasures of sin.

27:15 The speech that sweareth much shall make the hair of the head stand upright: and its irreverence shall make one stop his ears.

27:16 In the quarrels of the proud is the shedding of blood: and their cursing is a grievous hearing.

27:17 He that discloseth the secret of a friend loseth his credit, and shall never find a friend to his mind.

27:18 Love thy neighbour, and be joined to him with fidelity.

27:19 But if thou discover his secrets, follow no more after him.

27:20 For as a man that destroyeth his friend, so also is he that destroyeth the friendship of his neighbour.

27:21 And as one that letteth a bird go out of his hand, so hast thou let thy neighbour go, and thou shalt not get him again.

27:22 Follow after him no more, for he is gone afar off, he is fled, as a roe escaped out of the snare: because his soul is wounded.

27:23 Thou canst no more bind him up. And of a curse there is reconciliation:

27:24 But to disclose the secrets of a friend, leaveth no hope to an unhappy soul.

27:25 He that winketh with the eye forgeth wicked things, and no man will cast him off:

27:26 In the sight of thy eyes he will sweeten his mouth, and will admire thy words: but at the last he will writhe his mouth, and on thy words he will lay a stumblingblock.

27:27 I have hated many things, but not like him, and the Lord will hate him.
27:28 If one cast a stone on high, it will fall upon his own head: and the deceitful stroke will wound the deceitful.

27:29 He that diggeth a pit, shall fall into it: and he that setteth a stone for his neighbour, shall stumble upon it: and he that layeth a snare for another, shall perish in it.

27:30 A mischievous counsel shall be rolled back upon the author, and he shall not know from whence it cometh to him.

27:31 Mockery and reproach are of the proud, and vengeance as a lion shall lie in wait for him.

27:32 They shall perish in a snare that are delighted with the fall of the just: and sorrow shall consume them before they die.

27:33 Anger and fury are both of them abominable, and the sinful man shall be subject to them.

28:1 He that seeketh to revenge himself, shall find vengeance from the Lord, and he will surely keep his sins in remembrance.

28:2 Forgive thy neighbour if he hath hurt thee: and then shall thy sins be forgiven to thee when thou prayest.

28:3 Man to man reserveth anger, and doth he seek remedy of God?

28:4 He hath no mercy on a man like himself, and doth he entreat for his own sins?

28:5 He that is but flesh, nourisheth anger, and doth he ask forgiveness of God? who shall obtain pardon for his sins?

28:6 Remember thy last things, and let enmity cease:

28:7 For corruption and death hang over in his commandments.

28:8 Remember the fear of God, and be not angry with thy neighbour.

28:9 Remember the covenant of the most High, and overlook the ignorance of thy neighbour.

28:10 Refrain from strife, and thou shalt diminish thy sins:

28:11 For a passionate man kindleth strife, and a sinful man will trouble his friends, and bring in debate in the midst of them that are at peace.

28:12 For as the wood of the forest is, so the fire burneth: and as a man's strength is, so shall his anger be, and according to his riches he shall increase his anger.

28:13 A hasty contention kindleth a fire: and a hasty quarrel sheddeth blood: and a tongue that beareth witness bringeth death.

28:14 If thou blow the spark, it shall burn as a fire: and if thou spit upon it, it shall be quenched: both come out of the mouth.

28:15 The whisperer and the double tongued is accursed: for he hath troubled many that were at peace.

28:16 The tongue of a third person hath disquieted many, and scattered them from nation to nation.

28:17 It hath destroyed the strong cities of the rich, and hath overthrown the houses of great men.

28:18 It hath cut in pieces the forces of people, and undone strong nations.

28:19 The tongue of a third person hath cast out valiant women, and deprived them of their labours.

28:20 He that hearkeneth to it, shall never have rest, neither shall he have a friend in whom he may repose.

28:21 The stroke of a whip maketh a blue mark: but the stroke of the tongue will break the bones.

28:22 Many have fallen by the edge of the sword, but not so many as have perished by their own tongue.

28:23 Blessed is he that is defended from a wicked tongue, that hath not passed into the wrath thereof, and that hath not drawn the yoke thereof, and hath not been bound in its bands.

28:24 For its yoke is a yoke of iron: and its bands are bands of brass.

28:25 The death thereof is a most evil death: and hell is preferable to it.

28:26 Its continuance shall not be for a long time, but it shall possess the ways of the unjust: and the just shall not be burnt with its flame.

28:27 They that forsake God shall fall into it, and it shall burn in them, and shall not be quenched, and it shall be sent upon them as a lion, and as a leopard it shall tear them.

28:28 Hedge in thy ears with thorns, hear not a wicked tongue, and make doors and bars to thy mouth.

28:29 Melt down thy gold and silver, and make a balance for thy words, and a just bridle for thy mouth:

28:30 And take heed lest thou slip with thy tongue, and fall in the sight of thy enemies who lie in wait for thee, and thy fall be incurable unto death.

29:1 He that sheweth mercy, lendeth to his neighbour: and he that is stronger in hand, keepeth the commandments.

29:2 Lend to thy neighbour in the time of his need, and pay thou thy neighbour again in due time.

29:3 Reap thy word, and deal faithfully with him: and thou shalt always find that which is necessary for thee.

29:4 Many have looked upon a thing lent as a thing found, and have given trouble to them that helped them.

29:5 Till they receive, they kiss the hands of the lender, and in promises they humble their voice:

29:6 But when they should repay, they will ask time, and will return tedious and murmuring words, and will complain of the time:

29:7 And if he be able to pay, he will stand off, he will scarce pay one half, and will count it as if he had found it:
29:8 But if not, he will defraud him of his money, and he shall get him for an enemy without cause:
29:9 And he will pay him with reproaches and curses, and instead of honour and good turn will repay him injuries.
29:10 Many have refused to lend, not out of wickedness, but they were afraid to be defrauded without cause.
29:11 But yet towards the poor be thou more hearty, and delay not to shew him mercy.
29:12 Help the poor because of the commandment: and send him not away empty handed because of his poverty.
29:13 Lose thy money for thy brother and thy friend: and hide it not under a stone to be lost.
29:14 Place thy treasure in the commandments of the most High, and it shall bring thee more profit than gold.
29:15 Shut up alms in the heart of the poor, and it shall obtain help for thee against all evil.
29:16 Better than the shield of the mighty,
29:17 and better than the spear:
29:18 It shall fight for thee against thy enemy.
29:19 A good man is surety for his neighbour: and he that hath lost shame, will leave him to himself.
29:20 Forget not the kindness of thy surety: for he hath given his life for thee.
29:21 The sinner and the unclean fleeth from his surety.
29:22 A sinner attributeth to himself the goods of his surety: and he that is of an unthankful mind will leave him that delivered him.
29:23 A man is surety for his neighbour: and when he hath lost all shame, he shall forsake him.
29:24 Evil suretyship hath undone many of good estate, and hath tossed them as a wave of the sea.
29:25 It hath made powerful men to go from place to place round about, and they have wandered in strange countries.
29:26 A sinner that transgresseth the commandment of the Lord, shall fall into an evil suretyship: and he that undertaketh many things, shall fall into judgment.
29:27 Recover thy neighbour according to thy power, and take heed to thyself that thou fall not.
29:28 The chief thing for man's life is water and bread, and clothing, and a house to cover shame.

29:29 Better is the poor man's fare under a roof of boards, than sumptuous cheer abroad in another man's house.
29:30 Be contented with little instead of much, and thou shalt not hear the reproach of going abroad.
29:31 It is a miserable life to go as a guest from house to house: for where a man is a stranger, he shall not deal confidently, nor open his mouth.
29:32 He shall entertain and feed, and give drink to the unthankful, and moreover he shall hear bitter words.
29:33 Go, stranger, and furnish the table, and give others to eat what thou hast in thy hand.
29:34 Give place to the honourable presence of my friends: for I want my house, my brother being to be lodged with me.
29:35 These things are grievous to a man of understanding: the upbraiding of houseroom, and the reproaching of the lender.

30:1 He that loveth his son, frequently chastiseth him, that he may rejoice in his latter end, and not grope after the doors of his neighbours.
30:2 He that instructeth his son shall be praised in him, and shall glory in him in the midst of them of his household.
30:3 He that teacheth his son, maketh his enemy jealous, and in the midst of his friends he shall glory in him.
30:4 His father is dead, and he is as if he were not dead: for he hath left one behind him that is like himself.
30:5 While he lived he saw and rejoiced in him: and when he died he was not sorrowful, neither was he confounded before his enemies.
30:6 For he left behind him a defender of his house against his enemies, and one that will requite kindness to his friends.
30:7 For the souls of his sons he shall bind up his wounds, and at every cry his bowels shall be troubled.
30:8 A horse not broken becometh stubborn, and a child left to himself will become headstrong.
30:9 Give thy son his way, and he shall make thee afraid: play with him, and he shall make thee sorrowful.
30:10 Laugh not with him, lest thou have sorrow, and at the last thy teeth be set on edge.
30:11 Give him not liberty in his youth, and wink not at his devices.
30:12 Bow down his neck while he is young, and beat his sides while he is a child, lest he grow stubborn, and regard thee not, and so be a sorrow of heart to thee.
30:13 Instruct thy son, and labour about him, lest his lewd behaviour be an offence to thee.

30:14 Better is a poor man who is sound, and strong of constitution, than a rich man who is weak and afflicted with evils.

30:15 Health of the soul in holiness of justice, is better then all gold and silver: and a sound body, than immense revenues.

30:16 There is no riches above the riches of the health of the body: and there is no pleasure above the joy of the heart.

30:17 Better is death than a bitter life: and everlasting rest, than continual sickness.

30:18 Good things that are hidden in a mouth that is shut, are as masses of meat set about a grave.

30:19 What good shall an offering do to an idol? for it can neither eat, nor smell:

30:20 So is he that is persecuted by the Lord, bearing the reward of his iniquity:

30:21 He seeth with his eyes, and groaneth, as an eunuch embracing a virgin, and sighing.

30:22 Give not up thy soul to sadness, and afflict not thyself in thy own counsel.

30:23 The joyfulness of the heart, is the life of a man, and a never failing treasure of holiness: and the joy of a man is length of life.

30:24 Have pity on thy own soul, pleasing God, and contain thyself: gather up thy heart in his holiness: and drive away sadness far from thee.

30:25 For sadness hath killed many, and there is no profit in it.

30:26 Envy and anger shorten a man's days, and pensiveness will bring old age before the time.

30:27 A cheerful and good heart is always feasting: for his banquets are prepared with diligence.

31:1 Watching for riches consumeth the flesh, and the thought thereof driveth away sleep.

31:2 The thinking beforehand turneth away the understanding, and a grievous sickness maketh the soul sober.

31:3 The rich man hath laboured in gathering riches together, and when he resteth he shall be filled with his goods.

31:4 The poor man hath laboured in his low way of life, and in the end he is still poor.

31:5 He that loveth gold, shall not be justified: and he that followeth after corruption, shall be filled with it.

31:6 Many have been brought to fall for gold, and the beauty thereof hath been their ruin.

31:7 Gold is a stumblingblock to them that sacrifice to it: woe to them that eagerly follow after it, and every fool shall perish by it.

31:8 Blessed is the rich man that is found without blemish: and that hath not gone after gold, nor put his trust in money nor in treasures.

31:9 Who is he, and we will praise him? for he hath done wonderful things in his life.

31:10 Who hath been tried thereby, and made perfect, he shall have glory everlasting. He that could have transgressed, and hath not transgressed: and could do evil things, and hath not done them:

31:11 Therefore are his goods established in the Lord, and all the church of the saints shall declare his alms.

31:12 Art thou set at a great table? be not the first to open thy mouth upon it.

31:13 Say not: There are many things which are upon it.

31:14 Remember that a wicked eye is evil.

31:15 What is created more wicked than an eye? therefore shall it weep over all the face when it shall see.

31:16 Stretch not out thy hand first, lest being disgraced with envy thou be put to confusion.

31:17 Be not hasty in a feast.

31:18 Judge of the disposition of thy neighbour by thyself.

31:19 Use as a frugal man the things that are set before thee: lest if thou eatest much, thou be hated.

31:20 Leave off first, for manners' sake: and exceed not, lest thou offend.

31:21 And if thou sittest among many, reach not thy hand out first of all: and be not the first to ask for drink.

31:22 How sufficient is a little wine for a man well taught, and in sleeping thou shalt not be uneasy with it, and thou shalt feel no pain.

31:23 Watching, and choler, and gripes, are with an intemperate man:

31:24 Sound and wholesome sleep with a moderate man: he shall sleep till morning, and his soul shall be delighted with him.

31:25 And if thou hast been forced to eat much, arise, go out, and vomit: and it shall refresh thee, and thou shalt not bring sickness upon thy body.

31:26 Hear me, my son, and despise me not: and in the end thou shalt find my words.

31:27 In all thy works be quick, and no infirmity shall come to thee.

31:28 The lips of many shall bless him that is liberal of his bread, and the testimony of his truth is faithful.

31:29 Against him that is niggardly of his bread, the city will murmur, and the testimony of his niggardliness is true.

31:30 Challenge not them that love wine: for wine hath destroyed very many.

31:31 Fire trieth hard iron: so wine drunk to excess shall rebuke the hearts of the proud.

31:32 Wine taken with sobriety is equal lire to men: if thou drink it moderately, thou shalt be sober.
31:33 What is his life, who is diminished with wine?
31:34 What taketh away life? death.
31:35 Wine was created from the beginning to make men joyful, and not to make them drunk.
31:36 Wine drunken with moderation is the joy of the soul and the heart.
31:37 Sober drinking is health to soul and body.
31:38 Wine drunken with excess raiseth quarrels; and wrath, and many ruins.
31:39 Wine drunken with excess is bitterness of the soul.
31:40 The heat of drunkenness is the stumblingblock of the fool, lessening strength and causing wounds.
31:41 Rebuke not thy neighbour in a banquet of wine: and despise him not in his mirth.
31:42 Speak not to him words of reproach: and press him not in demanding again.

32:1 Have they made thee ruler? be not lifted up: be among them as one of them.
32:2 Have care of them, and so sit down, and when thou hast acquitted thyself of all thy charge, take thy place:
32:3 That thou mayst rejoice for them, and receive a crown as an ornament of grace, and get the honour of the contribution.
32:4 Speak, thou that art elder: for it becometh thee,
32:5 To speak the first word with care knowledge, and hinder not music.
32:6 Where there is no hearing, pour out words, and be not lifted up out season with thy wisdom.
32:7 A concert of music in a banquet wine is as a carbuncle set in gold.
32:8 As a signet of an emerald in a work of gold: so is the melody of music with pleasant and moderate wine.
32:9 Hear in silence, and for thy reverence good grace shall come to thee.
32:10 Young man, scarcely speak in thy own cause.
32:11 If thou be asked twice, let thy answer be short.
32:12 In many things be as if thou wert ignorant, and hear in silence and withal seeking.
32:13 In the company of great men take not upon thee: and when the ancients are present, speak not much.
32:14 Before a storm goeth lightning: and before shamefacedness goeth favour: and for thy reverence good grace shall come to thee.
32:15 And at the time of rising be not slack: but be first to run home to thy house, and there withdraw thyself, and there take thy pastime.

32:16 And do what thou hast a mind, but not in sin or proud speech.
32:17 And for all these things bless the Lord, that made thee, and that replenisheth thee with all his good things.
32:18 He that feareth the Lord, will receive his discipline: and they that will seek him early, shall find a blessing.
32:19 He that seeketh the law, shall be filled with it: and he that dealeth deceitfully, shall meet with a stumblingblock therein.
32:20 They that fear the Lord, shall find just judgment, and shall kindle justice as a light.
32:21 A sinful man will flee reproof, and will find an excuse according to his will.
32:22 A man of counsel will not neglect understanding, a strange and proud man will not dread fear:
32:23 Even after he hath done with fear without counsel, he shall be controlled by the things of his own seeking.
32:24 My son, do thou nothing without counsel, and thou shalt not repent when thou hast done.
32:25 Go not in the way of ruin, and thou shalt not stumble against the stones; trust not thyself to a rugged way, lest thou set a stumblingblock to thy soul.
32:26 And beware of thy own children, and take heed of them of thy household.
32:27 In every work of thine regard thy soul in faith: for this is the keeping of the commandments.
32:28 He that believeth God, taketh heed to the commandments: and he that trusteth in him, shall fare never the worse.

33:1 No evils shall happen to him that feareth the Lord, but in temptation God will keep him, and deliver him from evils.
33:2 A wise man hateth not the commandments and justices, and he shall not be dashed in pieces as a ship in a storm.
33:3 A man of understanding is faithful to the law of God, and the law is faithful to him.
33:4 He that cleareth up a question, shall prepare what to say, and so having prayed he shall be heard, and shall keep discipline, and then he shall answer.
33:5 The heart of a fool is as a wheel of a cart: and his thoughts are like a rolling axletree.
33:6 A friend that is a mocker, is like a stallion horse: he neigheth under every one that sitteth upon him.
33:7 Why doth one day excel another, and one light another, and one year another year, when all come of the sun?

33:8 By the knowledge of the Lord they were distinguished, the sun being made, and keeping his commandment.

33:9 And he ordered the seasons, and holidays of them, and in them they celebrated festivals at an hour.

33:10 Some of them God made high and great days, and some of them he put in the number of ordinary days. And all men are from the ground, and out of the earth, from whence Adam was created.

33:11 With much knowledge the Lord hath divided them and diversified their ways.

33:12 Some of them hath he blessed, and exalted: and some of them hath he sanctified, and set near himself: and some of them hath he cursed and brought low, and turned them from their station.

33:13 As the potter's clay is in his hand, to fashion and order it:

33:14 All his ways are according to his ordering: so man is in the hand of him that made him, and he will render to him according to his judgment.

33:15 Good is set against evil, and life against death: so also is the sinner against a just man. And so look upon all the works of the most High. Two and two, and one against another.

33:16 And I awaked last of all, and as one that gathereth after the grapegatherers.

33:17 In the blessing of God I also have hoped: and as one that gathereth grapes, have I filled the winepress.

33:18 See that I have not laboured for myself only, but for all that seek discipline.

33:19 Hear me, ye great men, and all ye people, and hearken with your ears, ye rulers of the church.

33:20 Give not to son or wife, brother or friend, power over thee while thou livest; and give not thy estate to another, lest then repent, and thou entreat for the same.

33:21 As long as thou livest, and hast breath in thee, let no man change thee.

33:22 For it is better that thy children should ask of thee, than that thou look toward the hands of thy children.

33:23 In all thy works keep the pre-eminence.

33:24 Let no stain sully thy glory. In the time when thou shalt end the days of thy life, and in the time of thy decease, distribute thy inheritance.

33:25 Fodder, and a wand, and a burden are for an ass: bread, and correction, and work for a slave.

33:26 He worketh under correction, and seeketh to rest: let his hands be idle, and he seeketh liberty.

33:27 The yoke and the thong bend a stiff neck, and continual labours bow a slave.

33:28 Torture and fetters are for a malicious slave: send him to work, that he be not idle:

33:29 For idleness hath taught much evil.

33:30 Set him to work: for so it is fit for him. And if he be not obedient, bring him down with fetters, but be not excessive towards any one: and do no grievous thing without judgment.

33:31 If thou have a faithful servant, let him be to thee as thy own soul: treat him as a brother: because in the blood of thy soul thou hast gotten him.

33:32 If thou hurt him unjustly, he will run away:

33:33 And if he rise up and depart, thou knowest not whom to ask, and in what way to seek him.

34:1 The hopes of a man that is void of understanding are vain and deceitful: and dreams lift up fools.

34:2 The man that giveth heed to lying visions, is like to him that catcheth at a shadow, and followeth after the wind.

34:3 The vision of dreams is the resemblance of one thing to another: as when a man's likeness is before the face of a man.

34:4 What can be made clean by the unclean? and what truth can come from that which is false?

34:5 Deceitful divinations and lying omens and the dreams of evildoers, are vanity:

34:6 And the heart fancieth as that of a woman in travail: except it be a vision sent forth from the most High, set not thy heart upon them.

34:7 For dreams have deceived many, and they have failed that put their trust in them.

34:8 The word of the law shall be fulfilled without a lie, and wisdom shall be made plain in the mouth of the faithful.

34:9 What doth he know, that hath not been tried? A man that hath much experience, shall think of many things: and he that hath learned many things, shall shew forth understanding.

34:10 He that hath no experience, knoweth little: and he that hath been experienced in many things, multiplieth prudence.

34:11 He that hath not been tried, what manner of things doth he know? he that hath been surprised, shall abound with subtlety.

34:12 I have seen many things by travelling, and many customs of things.

34:13 Sometimes I have been in danger of death for these things, and I have been delivered by the grace of God.

34:14 The spirit of those that fear God; is sought after, and by his regard shall be blessed.

34:15 For their hope is on him that saveth them, and the eyes of God are upon them that love him.

34:16 He that feareth the Lord shall tremble at nothing, and shall not be afraid for he is his hope.

34:17 The soul of him that feareth the Lord is blessed.

34:18 To whom doth he look, and who in his strength?

34:19 The eyes of the Lord are upon them that fear him, he is their powerful protector, and strong stay, a defence from the heat, and a cover from the sun at noon,

34:20 A preservation from stumbling, and a help from falling; he raiseth up the soul, and enlighteneth the eyes, and giveth health, and life, and blessing.

34:21 The offering of him that sacrificeth of a thing wrongfully gotten, is stained, and the mockeries of the unjust are not acceptable.

34:22 The Lord is only for them that wait upon him in the way of truth and justice.

34:23 The most High approveth not the gifts of the wicked: neither hath he respect to the oblations of the unjust, nor will he be pacified for sins by the multitude of their sacrifices.

34:24 He that offereth sacrifice of the goods of the poor, is as one that sacrificeth the son in the presence of his father.

34:25 The bread of the needy, is the life of the poor: he that defraudeth them thereof, is a man of blood.

34:26 He that taketh away the bread gotten by sweat, is like him that killeth his neighbour.

34:27 He that sheddeth blood, and he that defraudeth the labourer of his hire, are brothers.

34:28 When one buildeth up, and another pulleth down: what profit have they but the labour?

34:29 When one prayeth, and another curseth: whose voice will God hear?

34:30 He that washeth himself after touching the dead, if he toucheth him again, what doth his washing avail?

34:31 So a man that fasteth for his sins, and doth the same again, what doth his humbling himself profit him? who will hear his prayer?

35:1 He that keepeth the law, multiplieth offerings.

35:2 It is a wholesome sacrifice to take heed to the commandments, and to depart from all iniquity.

35:3 And to depart from injustice, is to offer a propitiatory sacrifice for injustices, and a begging of pardon for sins.

35:4 He shall return thanks, that offereth fine flour: and he that doth mercy, offereth sacrifice.

35:5 To depart from iniquity is that which pleaseth the Lord, and to depart from injustice, is an entreaty for sins.

35:6 Thou shalt not appear empty in the sight of the Lord.

35:7 For all these things are to be done because of the commandment of God.

35:8 The oblation of the just maketh the altar fat, and is an odour of sweetness in the sight of the most High.

35:9 The sacrifice of the just is acceptable, and the Lord will not forget the memorial thereof.

35:10 Give glory to God with a good heart: and diminish not the firstfruits of thy hands.

35:11 In every gift shew a cheerful countenance, and sanctify thy tithes with joy.

35:12 Give to the most High according to what he hath given to thee, and with a good eye do according to the ability of thy hands:

35:13 For the Lord maketh recompense, and will give thee seven times as much.

35:14 Do not offer wicked gifts, for such he will not receive.

35:15 And look not upon an unjust sacrifice, for the Lord is judge, and there is not with him respect of person.

35:16 The Lord will not accept any person against a poor man, and he will hear the prayer of him that is wronged.

35:17 He will not despise the prayers of the fatherless; nor the widow, when she poureth out her complaint.

35:18 Do not the widow's tears run down the cheek, and her cry against him that causeth them to fall?

35:19 For from the cheek they go up even to heaven, and the Lord that heareth will not be delighted with them.

35:20 He that adoreth God with joy, shall be accepted, and his prayer shall approach even to the clouds.

35:21 The prayer of him that humbleth himself, shall pierce the clouds: and till it come nigh he will not be comforted: and he will not depart till the most High behold.

35:22 And the Lord will not be slack, but will judge for the just, and will do judgment: and the Almighty will not have patience with them, that he may crush their back:

35:23 And he will repay vengeance to the Gentiles, till he have taken away the multitude of the proud, and broken the sceptres of the unjust,

35:24 Till he have rendered to men according to their deeds: and according to the works of Adam, and according to his presumption,

35:25 Till he have judged the cause of his people, and he shall delight the just with his mercy.

35:26 The mercy of God is beautiful in the time of affliction, as a cloud of rain in the time of drought.

36:1 Have mercy upon us, O God of all, and behold us, and shew us the light of thy mercies:
36:2 And send thy fear upon the nations, that have not sought after thee: that they may know that there is no God beside thee, and that they may shew forth thy wonders.
36:3 Lift up thy hand over the strange nations, that they may see thy power.
36:4 For as thou hast been sanctified in us in their sight, so thou shalt be magnified among them in our presence,
36:5 That they may know thee, as we also have known thee, that there is no God beside thee, O Lord.
36:6 Renew thy signs, and work new miracles.
36:7 Glorify thy hand, and thy right arm.
36:8 Raise up indignation, and pour out wrath.
36:9 Take away the adversary, and crush the enemy.
36:10 Hasten the time, and remember the end, that they may declare thy wonderful works.
36:11 Let him that escapeth be consumed by the rage of the fire: and let them perish that oppress thy people.
36:12 Crush the head of the princes of the enemies that say: There is no other beside us.
36:13 Gather together all the tribes of Jacob: that they may know that there is no God besides thee, and may declare thy great works: and thou shalt inherit them as from the beginning.
36:14 Have mercy on thy people, upon whom thy name is invoked: and upon Israel, whom thou hast raised up to be thy firstborn.
36:15 Have mercy on Jerusalem, the city which thou hast sanctified, the city of thy rest.
36:16 Fill Sion with thy unspeakable words, and thy people with thy glory.
36:17 Give testimony to them that are thy creatures from the beginning, and raise up the prophecies which the former prophets spoke in thy name.
36:18 Reward them that patiently wait for thee, that thy prophets may be found faithful: and hear the prayers of thy servants,
36:19 According to the blessing of Aaron over thy people, and direct us into the way of justice, and let all know that dwell upon the earth, that thou art God the beholder of all ages.
36:20 The belly will devour all meat, yet one is better than another.
36:21 The palate tasteth venison and the wise heart false speeches.
36:22 A perverse heart will cause grief, and a man of experience will resist it.
36:23 A woman will receive every man: yet one daughter is better than another.

36:24 The beauty of a woman cheereth the countenance of her husband, and a man desireth nothing more.

36:25 If she have a tongue that can cure, and likewise mitigate and shew mercy: her husband is not like other men.

36:26 He that possesseth a good wife, beginneth a possession: she is a help like to himself, and a pillar of rest.

36:27 Where there is no hedge, the possession shall be spoiled: and where there is no wife, he mourneth that is in want.

36:28 Who will trust him that hath no rest, and that lodgeth wheresoever the night taketh him, as a robber well appointed, that skippeth from city to city.

37:1 Every friend will say: I also am his friend: but there is a friend, that is only a friend in name. Is not this a grief even to death?

37:2 But a companion and a friend shall be turned to an enemy.

37:3 O wicked presumption, whence camest thou to cover the earth with thy malice, and deceitfulness?

37:4 There is a companion who rejoiceth with his friend in his joys, but in the time of trouble, he will be against him.

37:5 There is a companion who condoleth with his friend for his belly's sake, and he will take up a shield against enemy.

37:6 Forget not thy friend in thy mind, and be not unmindful of him in thy riches.

37:7 Consult not with him that layeth a snare for thee, and hide thy counsel from them that envy thee.

37:8 Every counsellor giveth out counsel, but there is one that is a counsellor for himself.

37:9 Beware of a counsellor. And know before what need he hath: for he will devise to his own mind:

37:10 Lest he thrust a stake into the ground, and say to thee:

37:11 Thy way is good; and then stand on the other side to see what shall befall thee.

37:12 Treat not with a man without religion concerning holiness, nor with an unjust man concerning justice, nor with a woman touching her of whom she is jealous, nor with a coward concerning war, nor with a merchant about traffic, nor with a buyer of selling, nor with an envious man of giving thanks,

37:13 Nor with the ungodly of piety, nor with the dishonest of honesty, nor with the held labourer of every work

37:14 Nor with him that worketh by the year of the finishing of the year, nor with an idle servant of much business: give no heed to these in any matter of counsel.

37:15 But be continually with a holy man, whomsoever thou shalt know to observe the fear of God,
37:16 Whose soul is according to thy own soul: and who, when thou shalt stumble in the dark, will be sorry for thee.
37:17 And establish within thyself a heart of good counsel: for there is no other thing of more worth to thee than it.
37:18 The soul of a holy man discovereth sometimes true things, more than seven watchmen that sit in a high piece to watch.
37:19 But above all these things pray to the most High, that he may direct thy way in truth.
37:20 In all thy works let the true word go before thee, and steady counsel before every action.
37:21 A wicked word shall change the beast: out of which four manner of things arise, good and evil, life and death: and the tongue is continually the ruler of them. There is a man that is subtle and a teacher of many, and yet is unprofitable to his own soul.
37:22 A skilful man hath taught many, and is sweet to his own soul.
37:23 He that speaketh sophistically, is hateful: he shall be destitute of every thing.
37:24 Grace is not given him from the Lord: for he is deprived of all wisdom.
37:25 There is a wise man that is wise to his own soul: and the fruit of his understanding is commendable.
37:26 A wise man instructeth his own people, and the fruits of his understanding are faithful.
37:27 A wise man shall be filled with blessings, and they that see shall praise him.
37:28 The life of a man is in the number of his days: but the days of Israel are innumerable.
37:29 A wise man shall inherit honour among his people, and his name shall live for ever.
37:30 My son, prove thy soul in thy life: and if it be wicked, give it no power:
37:31 For all things are not expedient for all, and every kind pleaseth not every soul.
37:32 Be not greedy in any feasting, and pour not out thyself upon any meat:
37:33 For in many meats there will be sickness, and greediness will turn to choler.
37:34 By surfeiting many have perished: but he that is temperate, shall prolong life.

38:1 Honour the physician for the need thou hast of him: for the most High hath created him.

38:2 For all healing is from God, and he shall receive gifts of the king.

38:3 The skill of the physician shall lift up his head, and in the sight of great men he shall be praised.

38:4 The most High hath created medicines out of the earth, and a wise man will not abhor them.

38:5 Was not bitter water made sweet with wood?

38:6 The virtue of these things is come to the knowledge of men, and the most High hath given knowledge to men, that he may be honoured in his wonders.

38:7 By these he shall cure and shall allay their pains, and of these the apothecary shall make sweet confections, and shall make up ointments of health, and of his works there shall be no end.

38:8 For the peace of God is over all the face of the earth.

38:9 My son, in thy sickness neglect not thyself, but pray to the Lord, and he shall heal thee.

38:10 Turn away from sin and order thy hands aright, and cleanse thy heart from all offence.

38:11 Give a sweet savour, and a memorial of fine flour, and make a fat offering, and then give place to the physician.

38:12 For the Lord created him: and let him not depart from thee, for his works are necessary.

38:13 For there is a time when thou must fall into their hands:

38:14 And they shall beseech the Lord, that he would prosper what they give for ease and remedy, for their conversation.

38:15 He that sinneth in the sight of his Maker, shall fall into the hands of the physician.

38:16 My son, shed tears over the dead, and begin to lament as if thou hadst suffered some great harm, and according to judgment cover his body, and neglect not his burial.

38:17 And for fear of being ill spoken of weep bitterly for a day, and then comfort thyself in thy sadness.

38:18 And make mourning for him according to his merit for a day, or two, for fear of detraction.

38:19 For of sadness cometh death, and it overwhelmeth the strength, and the sorrow of the heart boweth down the neck.

38:20 In withdrawing aside sorrow remaineth: and the substance of the poor is according to his heart.

38:21 Give not up thy heart to sadness, but drive it from thee: and remember the latter end.

38:22 Forget it not: for there is no returning, and thou shalt do him no good, and shalt hurt thyself.

38:23 Remember my judgment: for also shall be so: yesterday for me, and to day for thee.

38:24 When the dead is at rest, let his remembrance rest, and comfort him in the departing of his spirit.

38:25 The wisdom of a scribe cometh by his time of leisure: and he that is less in action, shall receive wisdom.

38:26 With what wisdom shall he be furnished that holdeth the plough, and that glorieth in the goad, that driveth the oxen therewith, and is occupied in their labours, and his whole talk is about the offspring of bulls?

38:27 He shall give his mind to turn up furrows, and his care is to give the kine fodder.

38:28 So every craftsman and workmaster that laboureth night and day, he who maketh graven seals, and by his continual diligence varieth the figure: he shall give his mind to the resemblance of the picture, and by his watching shall finish the work.

38:29 So doth the smith sitting by the anvil and considering the iron work. The vapour of the fire wasteth his flesh, and he fighteth with the heat of the furnace.

38:30 The noise of the hammer is always in his ears, and his eye is upon the pattern of the vessel he maketh.

38:31 He setteth his mind to finish his work, and his watching to polish them, to perfection.

38:32 So doth the potter sitting at his work, turning the wheel about with his feet, who is always carefully set to his work, and maketh all his work by number:

38:33 He fashioneth the clay with his arm, and boweth down his strength before his feet:

38:34 He shall give his mind to finish the glazing, and his watching to make clean the furnace.

38:35 All these trust to their hands, and every one is wise in his own art.

38:36 Without these a city is not built.

38:37 And they shall not dwell, nor walk about therein, and they shall not go up into the assembly.

38:38 Upon the judges' seat they shall not sit, and the ordinance of judgment they shall not understand, neither shall they declare discipline and judgment, and they shall not be found where parables are spoken:

38:39 But they shall strengthen the state of the world, and their prayer shall be in the work of their craft, applying their soul, and searching in the law of the most High.

39:1 The wise men will seek out the wisdom of all the ancients, and will be occupied in the prophets.

39:2 He will keep the sayings of renowned men, and will enter withal into the subtilties of parables.

39:3 He will search out the hidden meanings of proverbs, and will be conversant in the secrets of parables.

39:4 He shall serve among great men, and: appear before the governor.

39:5 He shall pass into strange countries: for he shall try good and evil among men.

39:6 He will give his heart to resort early to the Lord that made him, and he will pray in the sight of the most High.

39:7 He will open his mouth in prayer, and will make supplication for his sins.

39:8 For if it shall please the great Lord, he will fill him with the spirit of understanding:

39:9 And he will pour forth the words of his wisdom as showers, and in his prayer he will confess to the Lord.

39:10 And he shall direct his counsel, and his knowledge, and in his secrets shall he meditate.

39:11 He shall shew forth the discipline he hath learned, and shall glory in the law of the covenant of the Lord.

39:12 Many shall praise his wisdom, and it shall never be forgotten.

39:13 The memory of him shall not depart away, and his name shall be in request from generation to generation.

39:14 Nations shall declare his wisdom, and the church shall shew forth his praise.

39:15 If he continue, he shall leave a name above a thousand: and if he rest, it shall be to his advantage.

39:16 I will yet meditate that I may declare: for I am filled as with a holy transport.

39:17 By a voice he saith: Hear me, ye divine offspring, and bud forth as the rose planted by the brooks of waters.

39:18 Give ye a sweet odour as frankincense.

39:19 Send forth flowers, as the lily, and yield a smell, and bring forth leaves in grace, and praise with canticles, and bless the Lord in his works.

39:20 Magnify his name, and give glory to him with the voice of your lips, and with the canticles of your mouths, and with harps, and in praising him, you shall say in this manner:

39:21 All the works of the Lord are exceeding good.

39:22 At his word the waters stood as a heap: and at the words of his mouth the receptacles of waters:

39:23 For at his commandment favour is shewn, and there is no diminishing of his salvation.

39:24 The works of all flesh are before him, and there is nothing hid from his eyes.

39:25 He seeth from eternity to eternity, and there is nothing wonderful before him.

39:26 There is no saying: What is this, or what is that? for all things shall be sought in their time.

39:27 His blessing hath overflowed like a river.

39:28 And as a flood hath watered the earth; so shall his wrath inherit the nations, that have not sought after him:

39:29 Even as he turned the waters into a dry land, and the earth was made dry: and his ways were made plain for their journey: so to sinners they are stumblingblocks in his wrath.

39:30 Good things were created for the good from the beginning, so for the wicked, good and evil things.

39:31 The principal things necessary for the life of men, are water, fire, and iron, salt, milk, and bread of flour, and honey, and the cluster of the grape, and oil, and clothing.

39:32 All these things shall be for good to the holy, so to the sinners and the ungodly they shall be turned into evil.

39:33 There are spirits that are created for vengeance, and in their fury they lay on grievous torments.

39:34 In the time of destruction they shall pour out their force: and they shall appease the wrath of him that made them.

39:35 Fire, hail, famine, and death, all these were created for vengeance.

39:36 The teeth of beasts, and scorpions, and serpents, and the sword taking vengeance upon the ungodly unto destruction.

39:37 In his commandments they shall feast, and they shall be ready upon earth when need is, and when their time is come they shall not transgress his word.

39:38 Therefore from the beginning I was resolved, and I have meditated, and thought on these things and left them in writing.

39:39 All the works of the Lord are good, and he will furnish every work in due time.

39:40 It is not to be said: This is worse than that: for all shall be well approved in their time.

39:41 Now therefore with the whole heart and mouth praise ye him, and bless the name of the Lord.

40:1 The labour is created for all men, and a heavy yoke is upon the children of Adam, from the day of their coming out of their mother's womb, until the day of their burial into the mother of all.

40:2 Their thoughts, and fears of the heart, their imagination of things to come, and the day of their end:

40:3 From him that sitteth on a glorious throne, unto him that is humbled in earth and ashes:

40:4 From him that weareth purple, and beareth the crown, even to him that is covered with rough linen: wrath, envy, trouble, unquietness, and the fear of death, continual anger, and strife,

40:5 And in the time of rest upon his bed, the sleep of the night changeth his knowledge.

40:6 A little and as nothing is his rest, and afterward in sleep, as in the day of keeping watch.

40:7 He is troubled in the vision of his heart, as if he had escaped in the day of battle. In the time of his safety he rose up, and wondereth that there is no fear:

40:8 Such things happen to all flesh, from man even to beast, and upon sinners are sevenfold more.

40:9 Moreover, death, and bloodshed, strife, and sword, oppressions, famine, and affliction, and scourges:

40:10 All these things are created for the wicked, and for their sakes came the flood.

40:11 All things that are of the earth, shall return to the earth again, and all waters shall return to the sea.

40:12 All bribery, and injustice shall blotted out, and fidelity shall stand for ever.

40:13 The riches of the unjust shall be dried up like a river, and shall pass away with a noise like a great thunder in rain.

40:14 While he openeth his hands he shall rejoice: but transgressors shall pine away in the end.

40:15 The offspring of the ungodly shall not bring forth many branches, and make a noise as unclean roots upon the top of a rock.

40:16 The weed growing over every water, and at the bank of the river, shall be pulled up before all grass.

40:17 Grace is like a paradise in blessings, and mercy remaineth for ever.

40:18 The life of a labourer that is content with what he hath, shall be sweet, and in it thou shalt find a treasure.

40:19 Children, and the building of a city shall establish a name, but a blameless wife shall be counted above them both.

40:20 Wine and music rejoice the heart, but the love of wisdom is above them both.

40:21 The flute and the psaltery make a sweet melody, but a pleasant tongue is above them both.

40:22 Thy eye desireth favour and beauty, but more than these green sown fields.

40:23 A friend and companion meeting together in season, but above them both is a wife with her husband.

40:24 Brethren are a help in the time of trouble, but mercy shall deliver more than they.

40:25 Gold and silver make the feet stand sure: but wise counsel is above them both.

40:26 Riches and strength lift up the heart: but above these is the fear of the Lord.

40:27 There is no want in the fear of the Lord, and it needeth not to seek for help.

40:28 The fear of the Lord is like a paradise of blessing, and they have covered it above all glory.

40:29 My son, in thy lifetime be not indigent: for it is better to die than to want.

40:30 The life of him that looketh toward another man's table is not to be counted a life: for he feedeth his soul with another man's meat.

40:31 But a man, well instructed and taught, will look to himself.

40:32 Begging will be sweet in the mouth of the unwise, but in his belly there shall burn a fire.

41:1 O death, how bitter is the remembrance of thee to a man that hath peace in his possessions!

41:2 To a man that is at rest, and whose ways are prosperous in all things, and that is yet able to take meat!

41:3 O death, thy sentence is welcome to the man that is in need, and to him whose strength faileth:

41:4 Who is in a decrepit age, and that is in care about all things, and to the distrustful that loseth patience!

41:5 Fear not the sentence of death. Remember what things have been before thee, and what shall come after thee: this sentence is from the Lord upon all flesh.

41:6 And what shall come upon thee by the good pleasure of the most High? whether ten, or a hundred, or a thousand years.

41:7 For among the dead there is no accusing of life.

41:8 The children of sinners become children of abominations, and they that converse near the houses of the ungodly.

41:9 The inheritance of the children of sinners shall perish, and with their posterity shall be a perpetual reproach.

41:10 The children will complain of an ungodly father, because for his sake they are in reproach.

41:11 Woe to you, ungodly men, who have forsaken the law of the most high Lord.

41:12 And if you be born, you shall be born in malediction: and if you die, in malediction shall be your portion.

41:13 All things that are of the earth, shall return into the earth: so the ungodly shall from malediction to destruction.

41:14 The mourning of men is about their body, but the name of the ungodly shall be blotted out.

41:15 Take care of a good name: for this shall continue with thee, more than a thousand treasures precious and great.

41:16 A good life hath its number of days: but a good name shall continue for ever.

41:17 My children, keep discipline in peace: for wisdom that is hid, and a treasure that is not seen, what profit is there in them both?

41:18 Better is the man that hideth his folly, than the man that hideth his wisdom.

41:19 Wherefore have a shame of these things I am now going to speak of.

41:20 For it is not good to keep all shamefacedness: and all things do not please all men in opinion.

41:21 Be ashamed of fornication before father and mother: and of a lie before a governor and a man in power:

41:22 Of an offence before a prince, and a judge: of iniquity before a congregation and a people:

41:23 Of injustice before a companion and friend: and in regard to the place where thou dwellest,

41:24 Of theft, and of the truth of God, and the covenant: of leaning with thy elbow over meat, and of deceit in giving and taking:

41:25 Of silence before them that salute thee: of looking upon a harlot: and of turning away thy face from thy kinsman.

41:26 Turn not sway thy face from thy neighbour, and of taking away a portion and not restoring.

41:27 Gaze not upon another man's wife, and be not inquisitive after his handmaid, and approach not her bed.

41:28 Be ashamed of upbraiding speeches before friends: and after thou hast given, upbraid not.

42:1 Repeat not the word which thou hast heard, and disclose not the thing that is secret; so shalt thou be truly without confusion, and shalt find favour before all men: be not ashamed of any of these things, and accept no person to sin thereby:

42:2 Of the law of the most High, and of his covenant, and of judgment to justify the ungodly:

42:3 Of the affair of companions and travellers, and of the gift of the inheritance of friends:

42:4 Of exactness of balance and weights, of getting much or little:

42:5 Of the corruption of buying, and of merchants, and of much correction of children, and to make the side of a wicked slave to bleed.

42:6 Sure keeping is good over a wicked wife.

42:7 Where there are many hands, shut up, and deliver all things in number, and weight: and put all in writing that thou givest out or receivest in.

42:8 Be not ashamed to inform the unwise and foolish, and the aged, that are judged by young men: and thou shalt be well instructed in all things, and well approved in the sight of all men living.

42:9 The father waketh for the daughter when no man knoweth, and the care for her taketh away his sleep, when she is young, lest she pass away the flower of her age, and when she is married, lest she should be hateful:

42:10 In her virginity, lest she should be corrupted, and be found with child in her father's house: and having a husband, lest she should misbehave herself, or at the least become barren.

42:11 Keep a sure watch over a shameless daughter: lest at any time she make thee become a laughingstock to thy enemies, and a byword in the city, and a reproach among the people, and she make thee ashamed before all the multitude.

42:12 Behold not everybody's beauty: and tarry not among women.

42:13 For from garments cometh a moth, end from a woman the iniquity of a man.

42:14 For better is the iniquity of a man, than a woman doing a good turn, and a woman bringing shame and reproach.

42:15 I will now remember the works of the Lord, and I will declare the things I have seen. By the words of the Lord are his works.

42:16 The sun giving light hath looked upon all things, and full of the glory of the Lord is his work.

42:17 Hath not the Lord made the saints to declare all his wonderful works, which the Lord Almighty hath firmly settled to be established for his glory?

42:18 He hath searched out the deep, and the heart of men: and considered their crafty devices.

42:19 For the Lord knoweth all knowledge, and hath beheld the signs of the world, he declareth the things that are past, and the things that are to come, and revealeth the traces of hidden things.

42:20 No thought escapeth him, and no word can hide itself from him.

42:21 He hath beautified the glorious works of his wisdom: and he is from eternity to eternity, and to him nothing may be added,

42:22 Nor can he be diminished, and he hath no need of any counsellor.

42:23 O how desirable are all his works, and what we can know is but as a spark!

42:24 All these things live, and remain for ever, and for every use all things obey him.

42:25 All things are double, one against another, and he hath made nothing defective.

42:26 He hath established the good things of every one. And who shall be filled with beholding his glory?

43:1 The firmament on high is his beauty, the beauty of heaven with its glorious shew.

43:2 The sun when he appeareth shewing forth at his rising, an admirable instrument, the work of the most High.

43:3 At noon he burneth the earth, and who can abide his burning heat? As one keeping a furnace in the works of heat:

43:4 The sun three times as much, burneth the mountains, breathing out fiery vapours, and shining with his beams, he blindeth the eyes.

43:5 Great is the Lord that made him, and at his words he hath hastened his course.

43:6 And the moon in all in her season, is for a declaration of times and a sign of the world.

43:7 From the moon is the sign of the festival day, a light that decreaseth in her perfection.

43:8 The month is called after her name, increasing wonderfully in her perfection

43:9 Being an instrument of the armies on high, shining gloriously in the Armament of heaven.

43:10 The glory of the stars is the beauty of heaven; the Lord enlighteneth the world on high.

43:11 By the words of the holy one they shall stand in judgment, and shall never fail in their watches.

43:12 Look upon the rainbow, and bless him that made it: it is very beautiful in its brightness.

43:13 It encompasseth the heaven about with the circle of its glory, the hands of the most High have displayed it.

43:14 By his commandment he maketh the snow to fall apace, and sendeth forth swiftly the lightnings of his judgment.

43:15 Through this are the treasures opened, and the clouds fly out like birds.

43:16 By his greatness he hath fixed the clouds, and the hailstones are broken.

43:17 At his sight shall the mountains be shaken, and at his will the south wind shall blow.

43:18 The noise of his thunder shall strike the earth, so doth the northern storm, and the whirlwind:

43:19 And as the birds lighting upon the earth, he scattereth snow, and the falling thereof, is as the coming down of locusts.

43:20 The eye admireth at the beauty of the whiteness thereof, and the heart is astonished at the shower thereof.

43:21 He shall pour frost as salt upon the earth: and when it freezeth, it shall become like the tops of thistles.

43:22 The cold north wind bloweth, and the water is congealed into crystal; upon every gathering together of waters it shall rest, and shall clothe the waters as a breastplate.

43:23 And it shall devour the mountains, and burn the wilderness, and consume all that is green as with fire.

43:24 A present remedy of all is the speedy coming of a cloud, and a dew that meeteth it, by the heat that cometh, shall overpower it.

43:25 At his word the wind is still, and with his thought he appeaseth the deep, and the Lord hath planted islands therein.

43:26 Let them that sail on the sea, tell the dangers thereof: and when we hear with our ears, we shall admire.

43:27 There are great and wonderful works: a variety of beasts, and of all living things, and the monstrous creatures of whales.

43:28 Through him is established the end of their journey, and by his word all things are regulated.

43:29 We shall say much, and yet shall want words: but the sum of our words is, He is all.

43:30 What shall we be able to do to glorify him? for the Almighty himself is above all his works.

43:31 The Lord is terrible, and exceeding great, and his power is admirable.

43:32 Glorify the Lord as much as ever you can, for he will yet far exceed, and his magnificence is wonderful.

43:33 Blessing the Lord, exalt him as much as you can: for he is above all praise.

43:34 When you exalt him put forth all your strength, and be not weary: for you can never go far enough.

43:35 Who shall see him, and declare him? and who shall magnify him as he is from the beginning?

43:36 There are many things hidden from us that are greater than these: for we have seen but a few of his works.

43:37 But the Lord hath made all things, and to the godly he hath given wisdom.

44:1 Let us now praise men of renown, and our fathers in their generation.
44:2 The Lord hath wrought great glory through his magnificence from the beginning.
44:3 Such as have borne rule in their dominions, men of great power, and endued with their wisdom, shewing forth in the prophets the dignity of prophets,
44:4 And ruling over the present people, and by the strength of wisdom instructing the people in most holy words.
44:5 Such as by their skill sought out musical tunes, and published canticles of the scriptures.
44:6 Rich men in virtue, studying beautifulness: living at peace in their houses.
44:7 All these have gained glory in their generations, and were praised in their days.
44:8 They that were born of them have left a name behind them, that their praises might be related:
44:9 And there are some, of whom there is no memorial: who are perished, as if they had never been: and are become as if they had never been born, and their children with them.
44:10 But these were men of mercy, whose godly deeds have not failed:
44:11 Good things continue with their seed,
44:12 Their posterity are a holy inheritance, and their seed hath stood in the covenants.
44:13 And their children for their sakes remain for ever: their seed and their glory shall not be forsaken.
44:14 Their bodies are buried in peace, and their name liveth unto generation and generation.
44:15 Let the people shew forth their wisdom, and the church declare their praise.
44:16 Enoch pleased God, and was translated into paradise, that he may give repentance to the nations.
44:17 Noe was found perfect, just, and in the time of wrath he was made a reconciliation.
44:18 Therefore was there a remnant left to the earth, when the flood came.
44:19 The covenants of the world were made with him, that all flesh should no more be destroyed with the flood.
44:20 Abraham was the great father of a multitude of nations, and there was not found the like to him in glory, who kept the law of the most High, and was in covenant with him.
44:21 In his flesh he established the covenant, and in temptation he was found faithful.

44:22 Therefore by an oath he gave him glory in his posterity, that he should increase as the dust of the earth,

44:23 And that he would exalt his seed as the stars, and they should inherit from sea to sea, and from the river to the ends of the earth.

44:24 And he did in like manner with Isaac for the sake of Abraham his father.

44:25 The Lord gave him the blessing of all nations, and confirmed his covenant upon the head of Jacob.

44:26 He acknowledged him in his blessings, and gave him an inheritance, and divided him his portion in twelve tribes.

44:27 And he preserved for him men of mercy, that found grace in the eyes of all flesh.

45:1 Moses was beloved of God, and men: whose memory is in benediction.

45:2 He made him like the saints in glory, and magnified him in the fear of his enemies, and with his words he made prodigies to cease.

45:3 He glorified him in the sight of kings, and gave him commandments in the sight of his people, and shewed him his glory.

45:4 He sanctified him in his faith, and meekness, and chose him out of all flesh.

45:5 For he heard him, and his voice, and brought him into a cloud.

45:6 And he gave him commandments before his face, and a law of life and instruction, that he might teach Jacob his covenant, and Israel his judgments.

45:7 He exalted Aaron his brother, and like to himself of the tribe of Levi:

45:8 He made an everlasting covenant with him, and gave him the priesthood of the nation, and made him blessed in glory,

45:9 And he girded him about with a glorious girdle, and clothed him with a robe of glory, and crowned him with majestic attire.

45:10 He put upon him a garment to the feet, and breeches, and as ephod, and he compassed him with many little bells of gold all round about,

45:11 That as he went there might be a sound, and a noise made that might be heard in the temple, for a memorial to the children of his people.

45:12 He gave him a holy robe of gold, and blue, and purple, a woven work of a wise man, endued with judgment and truth:

45:13 Of twisted scarlet the work of an artist, with precious stones cut and set in gold, and graven by the work of a lapidary for a memorial, according to the number of the tribes of Israel.

45:14 And a crown of gold upon his mitre wherein was engraved Holiness, an ornament of honour: a work of power, and delightful to the eyes for its beauty.

45:15 Before him there were none so beautiful, even from the beginning.

45:16 No stranger was ever clothed with them, but only his children alone, and his grandchildren for ever.

45:17 His sacrifices were consumed with fire every day.

45:18 Moses filled his hands and anointed him with holy oil.

45:19 This was made to him for an everlasting testament, and to his seed as the days of heaven, to execute the office of the priesthood, and to have praise, and to glorify his people in his name.

45:20 He chose him out of all men living, to offer sacrifice to God, incense, and a good savour, for a memorial to make reconciliation for his people:

45:21 And he gave him power in his commandments, in the covenants of his judgments, that he should teach Jacob his testimonies, and give light to Israel in his law.

45:22 And strangers stood up against him, and through envy the men that were with Dathan and Abiron, compassed him about in the wilderness, and the congregation of Core in their wrath.

45:23 The Lord God saw and it pleased him not, and they were consumed in his wrathful indignation.

45:24 He wrought wonders upon them, and consumed them with a flame of fire.

45:25 And he added glory to Aaron, and gave him an inheritance, and divided unto him the firstfruits of the increase of the earth.

45:26 He prepared them bread in the first place unto fullness: for the sacrifices also of the Lord they shall eat, which he gave to him, and to his seed.

45:27 But he shall not inherit among the people in the land, and he hath no portion among the people: for he himself is his portion and inheritance.

45:28 Phinees the son of Eleazar is the third in glory, by imitating him in the fear of the Lord:

45:29 And he stood up in the shameful fall of the people: in the goodness and readiness of his soul he appeased God for Israel.

45:30 Therefore he made to him a covenant of peace, to be the prince of the sanctuary, and of his people, that the dignity of priesthood should be to him and to his seed for ever.

45:31 And a covenant to David the king, the son of Jesse of the tribe of Juda, an inheritance to him and to his seed, that he might give wisdom into our heart to judge his people in justice, that their good things might not be abolished, and he made their glory in their nation everlasting.

46:1 Valiant in war was Jesus the son of Nave, who was successor of Moses among the prophets, who was great according to his name,

46:2 Very great for the saving the elect of God, to overthrow the enemies that rose up against them, that he might get the inheritance for Israel.

46:3 How great glory did he gain when he lifted up his hands, and stretched out swords against the cities?

46:4 Who before him hath so resisted? for the Lord himself brought the enemies.

46:5 Was not the sun stopped in his anger, and one day made as two?

46:6 He called upon the most high Sovereign when the enemies assaulted him on every side, and the great and holy God heard him by hailstones of exceeding great force.

46:7 He made a violent assault against the nation of his enemies, and in the descent he destroyed the adversaries.

46:8 That the nations might know his power, that it is not easy to fight against God. And he followed the mighty one:

46:9 And in the days of Moses he did a work of mercy, he and Caleb the son of Jephone, in standing against the enemy, and withholding the people from sins, and appeasing the wicked murmuring.

46:10 And they two being appointed, were delivered out of the danger from among the number of six hundred thousand men on foot, to bring them into their inheritance, into the land that floweth with milk and honey.

46:11 And the Lord gave strength also to Caleb, and his strength continued even to his old age, so that he went up to the high places of the land, and his seed obtained it for an inheritance:

46:12 That all the children of Israel might see, that it is good to obey the holy God.

46:13 Then all the judges, every one by name, whose heart was not corrupted: who turned not away from the Lord,

46:14 That their memory might be blessed, and their bones spring up out of their place,

46:15 And their name continue for ever, the glory of the holy men remaining unto their children.

46:16 Samuel the prophet of the Lord, the beloved of the Lord his God, established a new government, and anointed princes over his people.

46:17 By the law of the Lord he judged the congregation, and the God of Jacob beheld, and by his fidelity he was proved a prophet.

46:18 And he was known to be faithful in his words, because he saw the God of light:

46:19 And called upon the name of the Lord Almighty, in fighting against the enemies who beset him on every side, when he offered a lamb without blemish.

46:20 And the Lord thundered from heaven, and with a great noise made his voice to be heard.

46:21 And he crushed the princes of the Tyrians, and all the lords of the Philistines:

46:22 And before the time of the end of his life in the world, he protested before the Lord, and his anointed: money, or any thing else, even to a shoe, he had not taken of any man, and no man did accuse him.

46:23 And after this he slept, and he made known to the king, and shewed him the end of his life, and he lifted up his voice from the earth in prophecy to blot out the wickedness of the nation.

47:1 Then Nathan the prophet arose in the days of David.

47:2 And as the fat taken away from the flesh, so was David chosen from among the children of Israel.

47:3 He played with lions as with lambs: and with bears he did in like manner as with the lambs of the flock, in his youth.

47:4 Did not he kill the giant, and take away reproach from his people?

47:5 In lifting up his hand, with the stone in the sling he beat down the boasting of Goliath:

47:6 For he called upon the Lord the Almighty, and he gave strength in his right hand, to take away the mighty warrior, and to set up the horn of his nation.

47:7 So in ten thousand did he glorify him, and praised him in the blessings of the Lord, in offering to him a crown of glory:

47:8 For he destroyed the enemies on every side, and extirpated the Philistines the adversaries unto this day: he broke their horn for ever.

47:9 In all his works he gave thanks to the holy one, and to the most High, with words of glory.

47:10 With his whole heart he praised the Lord, and loved God that made him: and he gave him power against his enemies:

47:11 And he set singers before the altar, and by their voices he made sweet melody.

47:12 And to the festivals he added beauty, and set in order the solemn times even to the end of his life, that they should praise the holy name of the Lord, and magnify the holiness of God in the morning.

47:13 The Lord took away his sins, and exalted his horn for ever: and he gave him a covenant of the kingdom, and a throne of glory in Israel.

47:14 After him arose up a wise son, and for his sake he cast down all the power of the enemies.

47:15 Solomon reigned in days of peace, and God brought all his enemies under him, that he might build a house in his name, and prepare a sanctuary for ever: O how wise wast thou in thy youth!

47:16 And thou wast filled as a river with wisdom, and thy soul covered the earth.

47:17 And thou didst multiply riddles in parables: thy name went abroad to the islands far off, and thou wast beloved in thy peace.

47:18 The countries wondered at thee for thy canticles, and proverbs, and parables, and interpretations,
47:19 And at the name of the Lord God, whose surname is, God of Israel.
47:20 Thou didst gather gold as copper, and didst multiply silver as lead,
47:21 And thou didst bow thyself to women: and by thy body thou wast brought under subjection.
47:22 Thou hast stained thy glory, and defiled thy seed so as to bring wrath upon thy children, and to have thy folly kindled,
47:23 That thou shouldst make the kingdom to be divided, and out of Ephraim a rebellious kingdom to rule.
47:24 But God will not leave off his mercy, and he will not destroy, nor abolish his own works, neither will he cut up by the roots the offspring of his elect: and he will not utterly take away the seed of him that loveth the Lord.
47:25 Wherefore he gave a remnant to Jacob, and to David of the same stock.
47:26 And Solomon had an end with his fathers.
47:27 And he left behind him of his seed, the folly of the nation,
47:28 Even Roboam that had little wisdom, who turned away the people through his counsel:
47:29 And Jeroboam the son of Nabat, who caused Israel to sin, and shewed Ephraim the way of sin, and their sins were multiplied exceedingly.
47:30 They removed them far away from their land.
47:31 And they sought out all iniquities, till vengeance came upon them, and put an end to all their sins.

48:1 And Elias the prophet stood up, as a fire, and his word burnt like a torch.
48:2 He brought a famine upon them, and they that provoked him in their envy, were reduced to a small number, for they could not endure the commandments of the Lord.
48:3 By the word of the Lord he shut up the heaven, and he brought down fire from heaven thrice.
48:4 Thus was Elias magnified in his wondrous works. And who can glory like to thee?
48:5 Who raisedst up a dead man from below, from the lot of death, by the word of the Lord God.
48:6 Who broughtest down kings to destruction, and brokest easily their power in pieces, and the glorious from their bed.
48:7 Who heardest judgment in Sina, and in Horeb the judgments of vengeance.
48:8 Who anointedst kings to penance, and madest prophets successors after thee.

48:9 Who wast taken up in a whirlwind of fire, in a chariot of fiery horses.
48:10 Who art registered in the judgments of times to appease the wrath of the Lord, to reconcile the heart of the father to the son, and to restore the tribes of Jacob.
48:11 Blessed are they that saw thee, and were honoured with thy friendship.
48:12 For we live only in our life, but after death our name shall not be such.
48:13 Elias was indeed covered with the whirlwind, and his spirit was filled up in Eliseus: in his days he feared not the prince, and no man was more powerful than he.
48:14 No word could overcome him, and after death his body prophesied.
48:15 In his life he did great wonders, and in death he wrought miracles.
48:16 For all this the people repented not, neither did they depart from their sins till they were cast out of their land, and were scattered through all the earth.
48:17 And there was left but a small people, and a prince in the house of David.
48:18 Some of these did that which pleased God: but others committed many sins.
48:19 Ezechias fortified his city, and brought in water into the midst thereof, and he digged a rock with iron, and made a well for water.
48:20 In his days Sennacherib came up, and sent Rabshaces, and lifted up his hand against them, and he stretched out his hand against Sion, and became proud through his power.
48:21 Then their hearts and hands trembled, and they were in pain as women in travail.
48:22 And they called upon the Lord who is merciful, and spreading their hands, they lifted them up to heaven: and the holy Lord God quickly heard their voice.
48:23 He was not mindful of their sins, neither did he deliver them up to their enemies, but he purified them by the hand of Isaias, the holy prophet.
48:24 He overthrew the army of the Assyrians, and the angel of the Lord destroyed them.
48:25 For Ezechias did that which pleased God, and walked valiantly in the way of David his father, which Isaias, the great prophet, and faithful in the sight of God, had commanded him.
48:26 In his days the sun went backward, and he lengthened the king's life.
48:27 With a great spirit he saw the things that are to come to pass at last, and comforted the mourners in Sion.
48:28 He shewed what should come to pass for ever, and secret things before they came.

49:1 The memory of Josias is like the composition of a sweet smell made by the art of a perfumer:

49:2 His remembrance shall be sweet as honey in every mouth, and as music at a banquet of wine.

49:3 He was directed by God unto the repentance of the nation, and he took away the abominations of wickedness.

49:4 And he directed his heart towards the Lord, and in the days of sinners he strengthened godliness.

49:5 Except David, and Ezechias, and Josias, all committed sin.

49:6 For the kings of Juda forsook the law of the most High, and despised the fear of God.

49:7 So they gave their kingdom to others, and their glory to a strange nation.

49:8 They burnt the chosen city of holiness, and made the streets thereof desolate according to the prediction of Jeremias.

49:9 For they treated him evil, who was consecrated a prophet from his mother's womb, to overthrow, and pluck up, and destroy, and to build again, and renew.

49:10 It was Ezechiel that saw the glorious vision, which was shewn him upon the chariot of cherubims.

49:11 For he made mention of the enemies under the figure of rain, and of doing good to them that shewed right ways.

49:12 And may the bones of the twelve prophets spring up out of their place: for they strengthened Jacob, and redeemed themselves by strong faith.

49:13 How shall we magnify Zorobabel? for he was as a signet on the right hand;

49:14 In like manner Jesus the son of Josedec? who in their days built the house, and set up a holy temple to the Lord, prepared for everlasting glory.

49:15 And let Nehemias be a long time remembered, who raised up for us our walls that were cast down, and set up the gates and the bars, who rebuilt our houses.

49:16 No man was born upon earth like Henoah: for he also was taken up from the earth.

49:17 Nor as Joseph, who was a man born prince of his brethren, the support of his family, the ruler of his brethren, the stay of the people:

49:18 And his bones were visited, and after death they prophesied.

49:19 Seth and Sem obtained glory among men: and above every soul Adam in the beginning.

50:1 Simon the high priest, the son of Onias, who in his life propped up the house, and in his days fortified the temple.

50:2 By him also the height of the temple was founded, the double building and the high walls of the temple.

50:3 In his days the wells of water flowed out, and they were filled as the sea above measure.

50:4 He took care of his nation, and delivered it from destruction.

50:5 He prevailed to enlarge the city, and obtained glory in his conversation with the people: and enlarged the entrance of the house and the court.

50:6 He shone in his days as the morning star in the midst of a cloud, and as the moon at the full.

50:7 And as the sun when it shineth, so did he shine in the temple of God.

50:8 And as the rainbow giving light in the bright clouds, and as the flower of roses in the days of the spring, and as the lilies that are on the brink of the water, and as the sweet smelling frankincense in the time of summer.

50:9 As a bright fire, and frankincense burning in the fire.

50:10 As a massy vessel of gold, adorned with every precious stone.

50:11 As an olive tree budding forth, and a cypress tree rearing itself on high, when he put on the robe of glory, and was clothed with the perfection of power.

50:12 When he went up to the holy altar, he honoured the vesture of holiness.

50:13 And when he took the portions out of the hands of the priests, he himself stood by the altar. And about him was the ring of his brethren: and as the cedar planted in mount Libanus,

50:14 And as branches of palm trees, they stood round about him, and all the sons of Aaron in their glory.

50:15 And the oblation of the Lord was in their hands, before all the congregation of Israel: and finishing his service, on the altar, to honour the offering of the most high King,

50:16 He stretched forth his hand to make a libation, and offered of the blood of the grape.

50:17 He poured out at the foot of the altar a divine odour to the most high Prince.

50:18 Then the sons of Aaron shouted, they sounded with beaten trumpets, and made a great noise to be heard for a remembrance before God.

50:19 Then all the people together made haste, and fell down to the earth upon their faces, to adore the Lord their God, and to pray to the Almighty God the most High.

50:20 And the singers lifted up their voices, and in the great house the sound of sweet melody was increased.

50:21 And the people in prayer besought the Lord the most High, until the worship of the Lord was perfected, and they had finished their office.

50:22 Then coming down, he lifted up his hands over all the congregation of the children of Israel, to give glory to God with his lips, and to glory in his name:

50:23 And he repeated his prayer, willing to shew the power of God.

50:24 And now pray ye to the God of all, who hath done great things in all the earth, who hath increased our days from our mother's womb, and hath done with us according to his mercy.

50:25 May he grant us joyfulness of heart, and that there be peace in our days in Israel for ever:

50:26 That Israel may believe that the mercy of God is with us, to deliver us in his days.

50:27 There are two nations which my soul abhorreth: and the third is no nation, which I hate:

50:28 They that sit on mount Seir, and the Philistines, and the foolish people that dwell in Sichem.

50:29 Jesus the son of Sirach, of Jerusalem, hath written in this book the doctrine of wisdom and instruction, who renewed wisdom from his heart.

50:30 Blessed is he that is conversant in these good things: and he that layeth them up in his heart, shall be wise always.

50:31 For if he do them, he shall be strong to do all things: because the light of God guideth his steps.

51:1 A prayer of Jesus the son of Sirach. I will give glory to thee, O Lord, O King, and I will praise thee, O God my Saviour.

51:2 I will give glory to thy name: for thou hast been a helper and protector to me.

51:3 And hast preserved my body from destruction, from the snare of an unjust tongue, and from the lips of them that forge lies, and in the sight of them that stood by, thou hast been my helper.

51:4 And thou hast delivered me, according to the multitude of the mercy of thy name, from them that did roar, prepared to devour.

51:5 Out of the hands of them that sought my life, and from the gates of afflictions, which compassed me about:

51:6 From the oppression of the flame which surrounded me, and in the midst of the fire I was not burnt.

51:7 From the depth of the belly of hell, and from an unclean tongue, and from lying words, from an unjust king, and from a slanderous tongue:

51:8 My soul shall praise the Lord even to death.

51:9 And my life was drawing near to hell beneath.

51:10 They compassed me on every side, and there was no one that would help me. I looked for the succour of men, and there was none.

51:11 I remembered thy mercy, O Lord, and thy works, which are from the beginning of the world.

51:12 How thou deliverest them that wait for thee, O Lord, and savest them out of the hands of the nations.

51:13 Thou hast exalted my dwelling place upon the earth and I have prayed for death to pass away.

51:14 I called upon the Lord, the father of my Lord, that he would not leave me in the day of my trouble, and in the time of the proud without help.

51:15 I will praise thy name continually, and will praise it with thanksgiving, and my prayer was heard.

51:16 And thou hast saved me from destruction, and hast delivered me from the evil time.

51:17 Therefore I will give thanks, and praise thee, and bless the name of the Lord.

51:18 When I was yet young, before I wandered about, I sought for wisdom openly in my prayer.

51:19 I prayed for her before the temple, and unto the very end I will seek after her, and she flourished as a grape soon ripe.

51:20 My heart delighted in her, my foot walked in the right way, from my youth up I sought after her.

51:21 I bowed down my ear a little, and received her.

51:22 I found much wisdom in myself, and I profited much therein.

51:23 To him that giveth me wisdom, will I give glory.

51:24 For I have determined to follow her: I have had a zeal for good, and shall not be confounded.

51:25 My soul hath wrestled for her, and in doing it I have been confirmed.

51:26 I stretched forth my hands on high, and I bewailed my ignorance of her.

51:27 I directed my soul to her, and in knowledge I found her.

51:28 I possessed my heart with her from the beginning: therefore I shall not be forsaken.

51:29 My entrails were troubled in seeking her: therefore shall I possess a good possession.

51:30 The Lord hath given me a tongue for my reward: and with it I will praise him.

51:31 Draw near to me, ye unlearned, and gather yourselves together into the house of discipline.

51:32 Why are ye slow? and what do you say of these things? your souls are exceeding thirsty.

51:33 I have opened my mouth, and have spoken: buy her for yourselves without silver,

51:34 And submit your neck to the yoke, and let your soul receive discipline: for she is near at hand to be found.

51:35 Behold with your eyes how I have laboured a little, and have found much rest to myself.

51:36 Receive ye discipline as a great sum of money, and possess abundance of gold by her.

51:37 Let your soul rejoice in his mercy, and you shall not be confounded in his praise.

51:38 Work your work before the time, and he will give you your reward in his time.

CATHOLIC PRAYERS IN ENGLISH AND LATIN

SIGN OF THE CROSS

It is customary to make the Sign of the Cross with one's right hand. Begin the prayer by touching your forehead with your right middle and forefinger finger and say, "In the name of the Father ..." Then to the center of your belt line and say, "... and of the Son ..." Continue to your left shoulder and say, "... and of the Holy ..." Lastly to your right shoulder and say, "... Ghost. Amen."

Holding the hand with the middle and forefinger extended signifies the two natures in the person of God the Son and the three remaining fingers represent the three Persons of the Most Holy Trinity.

SIGNUM CRUCIS

+ *In nomine Patris, et Filii, et Spiritus Sancti. Amen*

APOSTLES CREED

I believe in God, the Father Almighty, Creator of heaven and earth. And in Jesus Christ, His only Son, Our Lord, who was conceived by the power of the Holy Ghost and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell, on the third day He rose again, He ascended into heaven and is seated at the right hand of God the Father Almighty. From thence he shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

SYMBOLUM APOSTOLORUM

Credo in Deum Patrem omnipotentem, Creatorem caeli et terrae; et in Iesum Christum, Filium eius unicum, Dominum nostrum; qui conceptus est de Spiritu Sancto, natus ex Maria Virgine; passus sub Pontio Pilato, crucifixus, mortuus, et sepultus; descendit ad infernos; tertia die resurrexit a mortuis; ascendit ad caelos, sedet ad dexteram Dei Patris omnipotentis; inde venturus est iudicare vivos et mortuos. Credo in Spiritum Sanctum; Sanctam Ecclesiam Catholicam; Sanctorum communionem; remissionem peccatorum; carnis resurrectionem; vitam aeternam. Amen.

THE LORD'S PRAYER (OUR FATHER)

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation but deliver us from evil. Amen.

ORATIO DOMINICAE (PATER NOSTER)

Pater noster, qui es in caelis, sanctificetur Nomen Tuum. Adveniat regnum Tuum, fiat voluntas Tua, sicut in caelo et in terra. Panem nostrum

quotidianum da nobis hodie, et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris, et ne nos inducas in tentationem, sed libera nos a malo. Amen.

THE ANGELIC SALUTATION (HAIL MARY)

Hail Mary, full of grace, the Lord is with Thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of death. Amen.

SALUTATIO ANGELICA (AVE MARIA)

Ave Maria, gratia plena, Dominus tecum; Benedicta tu in mulieribus et benedictus fructus ventris tui, Iesus. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.

MINOR DOXOLOGY (GLORY BE)

Glory be to the Father and to the Son and to the Holy Ghost, as it was in the beginning, is now and ever shall be, unto ages of ages. Amen.

DOXOLOGIA MINOR (GLORIA PATRI)

Gloria Patri, et Filio, et Spiritui Sancto, sicut erat in principio, et nunc et semper, et in saecula saeculorum. Amen.

PRAYER TO THE HOLY GHOST

Come Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and we shall be created, and Thou shalt renew the face of the earth.

Let us pray

O God, who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be truly wise and forever rejoice in His consolation. Through Christ our Lord. Amen.

VENI CREATOR SPIRITUS

Veni Sancte Spiritus, reple tuorum corda fidelium et tui amoris in eis ignem accende.

V/ Emitte Spiritum tuum et creabuntur;

R/ Et renovabis faciem terrae.

Oremus

Deus, qui corda fidelium Sancti Spiritus illustratione docuisti: da nobis in eodem Spiritu recta sapere; et de ejus semper consolatione gaudere. Per Christum Dominum nostrum. Amen.

CONFITEOR

I CONFESS to almighty God, to blessed Mary ever Virgin, to blessed Michael

the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, and to all the saints that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore, I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, and all the saints, to pray for me to the Lord our God. Amen.

CONFITEOR

Deo omnipotenti, beatae Mariae semper Virgini, beato Michaeli Archangelo, beato Ioanni Baptistae, sanctis Apostolis Petro et Paulo, et omnibus Sanctis, quia peccavi nimis cogitatione, verbo et opere: mea culpa, mea culpa, mea maxima culpa. Ideo precor beatam Mariam semper Virginem, beatum Michaelem Archangelum, beatum Ioannem Baptistam, sanctos Apostolos Petrum et Paulum, et omnes Sanctos, orare pro me ad Dominum Deum nostrum. Amen.

HAIL, HOLY QUEEN (as said in the Rosary)

Hail! Holy Queen, Mother of Mercy, Hail! our life our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this exile, show unto us the blessed fruit of thy womb, Jesus. O! clement! O! loving! O! sweet

Virgin Mary! V. Pray for us O holy Mother of God,

R. that we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May the divine assistance remain always with us; and may the souls of the faithful departed, by the mercy of God, rest in peace.

Amen.

SALVE REGINA (as said in the Rosary)

Salve Regina, Mater misericordiae; vita, dulcedo et spes nostra, salve. Ad te clamamus, exsules, filii Evae. Ad te suspiramus, gementes et flentes, in hac larimarum valle. Eia ergo advocata nostra, illos tuos misericordes oculos, ad nos converte. Et Iesum, benedictum fructum ventris tui, nobis post hoc exsiliium ostende. O clemens, O pia, O dulcis Virgo Maria!

V- Ora pro nobis, Sancta Dei Genitrix.

R- Ut digni efficiamur promissionibus Christi.

Oremus

Deus, cuius Unigenitus per vita, mortem et resurrectionem suam nobis salutis aeternae praemia comparavit: concede, quaesumus; ut, haec mysteria sacratissimo beatae Mariae Virginis Rosario recolentes. et imitemur quod continent, et quod promittunt, assequamur. Per eundem Christum Dominum nostrum. Amen.

PRONOUNCING ECCLESIASTICAL LATIN

Ecclesiastical Latin refers to the pronunciation and usages of Latin by the Catholic Church. In some respects, such as pronunciation, it differs from the Latin spoken by Caesar, Seneca and Cicero, called Classical Latin. Classical Latin is what classics departments in major universities teach, and is also the Latin taught on language tapes, unless Ecclesiastical Latin is specified. A characteristic difference would be the pronunciation of *regina coeli*. In Classical Latin the "g" is hard and the "c" sounds like "k". In Ecclesiastical Latin, which is defined as Latin spoken as Italian would be pronounced in Rome, the "g" is soft and the c has a "ch" sound.

The following pronunciation table is adapted from the *Liber Usualis*, one of the former chant books for Mass and Office. Its introduction to Gregorian Chant is also invaluable.

Vowels

A is pronounced as in the word Father, never as in the word can. We must be careful to get this open, warm sound, especially when A is followed by M or N as in Sanctus, Nam, etc.

E is pronounced as in Red, men, met; never with the suspicion of a second sound as in Ray.

I is pronounced as ee in Feet, never as i in milk or tin.

O is pronounced as in For, never as in go.

U is pronounced as oo in Moon, never as in custom.

Y is pronounced and treated as the Latin I. (see above)

The pronunciation given for i, o, u, gives the approximate quality of the sounds, which may be long or short; care must be taken to bring out the accent of the word. e.g. mártyr = mártēer.

Double Vowels

As a general rule when two vowels come together each keeps its own sound and constitutes a separate syllable. e.g. diéi is di-é-i; filii is fil-i-i; eórum is e-ó-rum.

OUAI The rule of each keeping its own sound applies to OU and AI, .e.g. prout is pro-oot; coutúntur = co-oo-toón-toor; áit is ah-eet.

AEOE However, AE and OE are pronounced as one sound, like E above, e.g. caelum.

AUEUAY The two vowels form one syllable but both vowels must be distinctly heard. The principle emphasis and interest belongs to the first which must be sounded purely. If on such a syllable several notes are sung, the vocalization is entirely on the first vowel, the second being heard only on the last note at the moment of passing to the following syllable.

EI is similarly treated only when it occurs in the interjection: Hei = Hei, otherwise, Mei = mé-i, etc.

QUNGU U preceded by Q or NG and followed by another vowel as in words like qui and sanguis, keeps its normal sound and is uttered as one syllable with the vowel which follows : qui, quae, quod, quam, sanguis. But notice that cui forms two syllables, and is pronounced as koo-ee. In certain hymns, on account of the metre, this word can be treated as one syllable.

Consonants

C coming before e, ae, oe, i, y is pronounced like ch in Church. e.g. caelum = che-loom; Cecília = che-cheé-lee-a

CC before the same vowels is pronounced T-ch.e.g. ecce = et-che; síccitas = seét-chee-tas.

SC before the same vowels is pronounced like Sh in shede.g. descendit = de-shén-deet

Except for these cases C is always pronounced like the English Ke.g. cáritas = káh-ree-tas

CH is always like K (even before E or I)e.g. Cham = Kam, máchina = má-kee-na

G before e, ae, i, y, is soft as in generous, e.g. mági, géñitor, Regína

GN has the softened sound given to those letters in French and Italian.e.g. (French) agneau, signor, monsignor. The nearest English equivalent would be N followed by y.e.g. Regnum = Reh-nyoom; Magnificat = Mah-nyéé-fee-caht

H is pronounced K in the two words nihil (nee-keel) and mihi (mee-kee) and their compounds. In ancient books these words are often written nichil and michi. In all other cases H is mute.

J, often written as I (e.g. juris or iurus), is treated as Y, forming one sound with the vowel which follows it, e.g. jam, iam = yam; alleluia = allelóoya; major = ma-yor

R When with another consonant, care must be taken not to omit this sound. It must be slightly rolled on the tongue (carnis). Care must be taken not to modify the quality of the vowel in the syllable preceding the R, e.g. Kyrie: Say Kée-ree-e not Kear-ee-e. Sapere: Say sáh-pe-re not sah-per-e. Diligere: Say dee-lée-ge-re not dee-lee-ger-e.

S is hard as in the English word sea, but is slightly softened when coming between two vowels. e.g. misericórdia

T is like the English T, except as below.

TI standing before a vowel and following any letter (except S, X, T) is pronounced tsee.e.g. patientia = pa-tsee-én-tsee-a. Gratia = grá-tsee-a. Constitutio = con-stee-tú-tsee-o. Laetitia = lae-tée-tsee-a

TH is always simply T, e.g. Thomas, Catholicam.

X is pronounced ks, slightly softened when coming between vowels.e.g. exercitus

XC before a, ae, oe, i, y = KSH.e.g. excélsis = ek-shél-sees
Before other vowels XC has the ordinary hard sound of the letters composing it, e.g. excussorum = eks-koos-só-room

Y is a Latin vowel, pronounced like I.

Z is pronounced dz, e.g. zizánia = dzi-dza-nya.

B, D, F, K, L, M, N, P, Q and **V**: Pronounced as in English
Double consonants must be clearly sounded. bello = bel-lo; terra = ter-ra

CATHOLIC LISTS

The 3 Persons in One God

Father
Son
Holy Ghost

Not three gods, but Three Persons sharing the same Divine substance and nature.

The 2 Natures of Christ

Divine
Human

God the Son existed co-eternally with the Father and the Holy Ghost and came down from heaven and was made man for our salvation. He did not become any less true God by assuming true human nature into a perfect unity of person called the hypostatic union of God and man in one Person, Jesus Christ, the Son of God.

The 3 Levels of Reverence

Dulia: the reverence we give to Saints
Hyperdulia: the reverence we give to Mary as the greatest of Saints and Mother of God
Latria: the reverence and worship we give to God alone

The Order of Creation

- 1st Day: A dividing of light from darkness brings forth Heaven and a formless, water-covered Earth, then Light
- 2nd Day: A dividing of the waters above from the waters below to create the Firmament of Heaven
- 3rd Day: A dividing of the waters under the heavens to form dry land; then grass, herbs, and fruit trees
- 4th Day: Sun, Moon and Stars
- 5th Day: Creatures of the waters and of the air
- 6th Day: Creatures of the land, then Man

God, Who is of the supernatural order, created the natural and preternatural (e.g., the angelic) orders out of nothing (*ex nihilo*), in time ("in the beginning"), and for His own pleasure.

You can remember the Order of Creation by thinking of the first three days as days which God spent creating forms and frameworks by dividing the elements, and the last three days as the days He spent creating things to fill those forms created by dividing the elements.

- | | | |
|----------------------------|---|--|
| Day 1 Light | ➔ | Day 4 specific forms of light in the Sun, Moon, and Stars |
| Day 2 the Firmament/waters | ➔ | Day 5 birds to fill the firmament, and fish to fill the waters |
| Day 3 dry land | ➔ | Day 6 land animals and man |
-
-

The 9 Choirs of Angels

In ascending order:

Angels
Archangels
Principalities
Powers
Virtues
Dominations
Thrones
Cherubim
Seraphim

The Choir of Angels is divided into three triads with specific concerns:

- The 1st triad: Angels, Archangels, and Principalities: concern themselves with the minute ordering of the universe and specific causes, including the welfare of people. Each human being, each church, and each country has a Guardian Angel. The Feast of the Guardian Angels is October 2.
- The 2nd triad: Powers, Virtues and Dominations: known as the "angels of creation" because they concern themselves with the ordering of the universe and a plurality of causes.
- The 3rd triad: Thrones, Cherubim, and Seraphim: concern themselves with contemplating the glory of God. It is the 6-winged Seraphim who sing the Sanctus, "Holy, Holy, Holy Lord God of Hosts" (Isaias 6:3).

Angels (the word means "Messengers") are spirits (there was and is debate as to whether they are pure spirit like God or whether they are possess "subtle matter" and are corporeal in a different way from us), created before man, who were given one choice at the beginning of Creation: the Kingdom of God -- or the Absence of God, which is the Kingdom of Satan, the first Angel who rebelled.

There are seven Archangels (Tobias 12:15). We know the names of three of them from Scripture:

- Michael (Daniel, Epistle of St. Jude, Apocalypse of St. John), whose name means "Who is like God" and whose Feast is September 29;

- Gabriel (Daniel and Luke), whose name means "Strength of God" and whose Feast is March 24; and
- Raphael (Tobias), whose name means "Medicine of God" and whose Feast is October 24.

The apocryphal Book of Enoch lists the other four as:

- Uriel;
- Raguel;
- Sariel; and
- Jeramiel.

The 3 Powers of the Soul

Memory
Intellect
Will

The 4 Pillars of the Catholic Faith

The Apostles Creed
The Seven Sacraments
The Ten Commandments
The Lord's Prayer

The 4 Marks of the Church

One
Holy
Catholic
Apostolic

See Nicene Creed.

The 3 Parts of the Church

The Church Militant (Christians on Earth)
The Church Suffering (Christians in Purgatory)
The Church Triumphant (Christians in Heaven)

The 3 Pillars of the Church's Authority

Sacred Scripture
Sacred Tradition
Living Magisterium

The 3 Munera (Duties of the Ordained)

Munus docendi (duty to teach, based on Christ's role as Prophet)
Munus sanctificandi (duty to sanctify, based on Christ's role as Priest)
Munus regendi (duty to shepherd, based on Christ's role as King)

The 12 Apostles

- Peter formerly "Simon," renamed "Kepha" or "Cephas" by Our Lord; preached in Antioch, Pontus, Galatia, Cappadocia, and Asia Minor, Rome; headed Roman Church (was first Pope); crucified upside-down in Rome, Italy; relics at St. Peter's Basilica in Vatican City. Symbols: the Keys; upside-down Latin Cross; book. Feast: June 29 (along with St. Paul); August 1.
- Andrew Peter's brother; preached in Scythia; Epirus; Achaia; Hellas; Cappadocia, Galatia, and Bithynia, Scythian deserts, Byzantium; Thrace, Macedonia, Thessaly, and Achaia; crucified in Patrae in Achaia; relics at Cathedral of Amalfi, Italy, and in St. Andrew's Church in Patras, Greece. Symbols: X-shaped Cross; anchor; fish; fishing net. Feast: November 30.
- James the Greater he and his brother (John) nicknamed by Jesus "Sons of Thunder" (Boanerges); a son of Zebedee; preached in Spain; beheaded by Herod Agrippa I to please the Jews; relics at Compostela, Spain. Symbols: seashells; pilgrim's staff; scroll; book; floppy hat; trampling a Moor; mounted on horseback. Feast: July 25.
- John he and his brother (James the Greater) nicknamed by Jesus "Sons of Thunder" (Boanerges); a son of Zebedee; the disciple whom Jesus loved; Evangelist; preached in Asia Minor (Ephesus). Symbols: chalice; eagle; serpent; sword; cauldron. Feast December 27.
- Philip preached in Hieropolis in Asia (?); relics at church of the Dodici Apostoli in Rome, Italy. Symbols: basket of loaves; T-shaped Cross. Feast: May 11 (with St. James the Less)
- Bartholomew preached in India, Mesopotamia, Persia, Egypt, Armenia, Lycaonia, Phrygia, shores of the Black Sea (?); beheaded or flayed alive and crucified, head downward in Albanopolis in Armenia; relics at St. Bartholomew-in-the-Island in Rome, Italy (?). Symbols: tanner's knife; flayed skin. Feast: August 24.

Matthew	"Levi"; Evangelist; preached in Ethiopia to the south of the Caspian Sea (not Ethiopia in Africa), Persia and the kingdom of the Parthians, Macedonia, and Syria, and to the Hebrews generally (?). Symbols: angel/man/winged man holding a pen or inkwell; bag of coins, money bag, money box, or purse; spear; sword; halberd; lance. Feast: September 21.
Thomas	"Didymus," meaning "Twin"; familiarly (not Scripturally) known as "Doubting Thomas"; preached in India; pierced through with spears by four soldiers at Syriac Mazdai; relics in Santhome Cathedral, Chennai, India. Symbols: T-square; spear. Feast: December 21.
James the Less	"James the Just" or "James the Younger"; son of Alphaeus (Clophas) and "brother of the Lord"; Bishop of Jerusalem Church; epistle writer; killed by Jews by being thrown off the Temple and clubbed to death. Symbols: fuller's club; book; windmill. Feast: May 11 (with St. Philip)
Jude	"Thaddaeus"; "brother of James (the Less)"; epistle writer. Symbols: shown with medallion with profile of Jesus around his neck; shown with flame above his head; oar; boat; axe; book; pen. Feast: October 28 (with St. Simon).
Simon	"Simon the Zealot" or "Simon the Canaanite." Symbols: fish(es); man being sawn in two longitudinally; saw; lance. Feast: October 28 (with St. Jude).
Judas Iscariot	replaced after his suicide by Matthias (St. Matthias's Feast: February 24).

A little poem to help you remember:

Peter, Andrew, James and John,
Phillip, Bartholomew, Matthew and Tom(as),
James the Less and Jude and Simon,
And lastly Judas who betrayed the God-man.

The 12 Tribes of Israel (In order of their birth)

Reuben
Simeon
Levi
Judah
Zabulon
Issachar
Dan
Gad
Asher
Naphtali
Joseph (Menasseh and Ephraim)
Benjamin

The 10 Commandments

Thou shalt not have other gods besides Me
Thou shalt not take the Name of the Lord thy God in vain
Remember to keep holy the Lord's day
Honor thy father and thy mother
Thou shalt not murder
Thou shalt not commit adultery
Thou shalt not steal
Thou shalt not bear false witness against thy neighbor
Thou shalt not covet thy neighbor's wife
Thou shalt not covet thy neighbor's goods

See Exodus 20 and Exodus 34 and Deuteronomy 5:6-21.

The 6 Precepts of the Church (The Duties of a Catholic)

To keep Sundays and holy days
To Confession at least once a year (traditionally done during Lent)
To receive the Eucharist at least once a year, during the Easter
Season (known as the "Easter duty")
To observe the days of fasting and abstinence
To help to provide for the needs of the Church according to one's
abilities and station in life
To obey the marriage laws of the Church

The 2 Greatest Commandments

To love the Lord thy God with all thy heart, soul, mind and strength.
To love thy neighbor as thyself.

See St. Mark 12:30-31.

The 3 Evangelical Counsels

Voluntary poverty
Perpetual chastity
Entire obedience

The Evangelical Counsels, also called the Counsels of Perfection, are those precepts given by Christ that are not binding on all, but are binding on those who have a vocation to them. The 10 Commandments, the Precepts of the Church, the two Great Commandments bind one and all the baptized, but the evangelical counsels do not. See St. Matthew 19:16-22 for the story of Christ's telling the young man what he needs to do in order to be saved, and then what he needs to do in order to be perfect - two different things.

The 8 Beatitudes

Blessed are the poor in spirit: for theirs is the Kingdom of Heaven.

Blessed are the meek: for they shall possess the land.

Blessed are they who mourn: for they shall be comforted

Blessed are they that hunger and thirst after justice: for they shall
have their fill

Blessed are the merciful: for they shall obtain mercy

Blessed are the clean of heart: for they shall see God

Blessed are the peacemakers: for they shall be called children of
God

Blessed are they that suffer persecution for justice' sake, for theirs is
the Kingdom of Heaven

See Matthew 5:3-10.

The 7 Sacraments (The Holy Mysteries)

Baptism

Confirmation (Chrismation)

Eucharist

Penance (Confession, Reconciliation)

Matrimony

Holy Orders

Extreme Unction (Anointing of the Sick)

A Sacrament is defined as "an outward sign of inward grace" which was instituted by Christ Himself and receives its power from God, through the merits of Christ.

Baptism and Penance are known as the "Sacraments of the Dead" because before receiving them when needed, we are dead in sin.

Confirmation, Holy Eucharist, Extreme Unction, Holy Orders, and Matrimony are known as the "Sacraments of the Living" because one must be in a state of grace to receive them licitly and receive their fruits; they give additional grace to souls already spiritually alive.

Matrimony and Holy Orders are known as the "Social Sacraments" because they are designed primarily for the benefit of society and confer a social status.

Baptism, Confirmation, and Holy Orders are the three Sacraments which leave an indelible mark on the recipient's soul and can never be repeated.

The 7 Corporal Works of Mercy

To feed the hungry
To give drink to the thirsty
To clothe the naked
To shelter the homeless
To visit the sick
To visit the imprisoned
To bury the dead

See St. Matthew 25 and Tobias 12. "To visit the imprisoned" was originally listed as "to ransom the captives," referring to the ransoming of Christians taken prisoner by infidels.

The 7 Spiritual Works of Mercy

To counsel the doubtful
To instruct the ignorant
To admonish the sinner
To comfort the sorrowful
To forgive all injuries
To bear wrongs patiently
To pray for the living and the dead

The 3 Eminent Good Works

Prayer
Fasting
Almsgiving

The 7 Gifts of the Holy Ghost

Wisdom
Understanding
Counsel
Fortitude
Knowledge
Piety
Fear of the Lord

See Isaias 11:1-3

The 12 Fruits of the Holy Ghost

Charity
Joy
Peace
Patience
Benignity
Goodness
Longanimity
Mildness
Faith
Modesty
Contineny
Chastity

See Galatians 5:22-25 (three of these are not mentioned in some Greek and Latin manuscripts). The 12 Fruits of the Holy Ghost are the effects of the Seven Gifts of the Holy Ghost.

The 3 Theological Virtues

Faith
Hope
Charity

See 1st Corinthians 13:13. The Theological Virtues are called such because they are supernatural in origin, relate immediately to God, and can *only* be gained through His grace

The 4 Cardinal Virtues

Prudence
Justice
Fortitude
Temperance

See Wisdom 8:7. The Cardinal Virtues, unlike the Theological Virtues, can be achieved by human effort.

The 7 Capital Sins and their Contrary Virtues

Capital Sin	Definition	Contrary Virtue
Pride	Unrestrained appreciation or overestimation of our own worth	Humility
Greed	Immoderate desire for earthly goods	Liberality
Lust	Desire for impure pleasures	Chastity
Anger	Inordinate desire for revenge	Meekness
Gluttony	Unrestrained use of food and drink	Temperance
Envy	Sorrow over another's good fortune	Brotherly Love
Sloth	Laxity in keeping the Faith and in the practice of virtue	Diligence

The 7 Capital Sins, also known as "The 7 Deadly Sins," are those dispositions that give rise to all sins. They were first enumerated by Pope St. Gregory the Great in "Moralia in Job."

The 6 Sins against the Holy Ghost

Presumption
Despair
Resisting the known truth
Envy of another's spiritual good
Obstinacy in sin
Final impenitence

The 4 Sins that Cry Out to Heaven

Willful murder
The sin of Sodom
Oppression of the poor
Defrauding laborers of their wages

See Genesis 4, Genesis 18, Exodus 2 and St. James 5, respectively.

The 9 Ways We Participate in Others' Sins

By counsel
By command
By consent
By provocation
By praise or flattery
By concealment
By partaking
By silence
By defense of the ill done

The 14 Stations of the Cross

Jesus is Condemned to Die
Jesus is Made to Bear His Cross
Jesus Falls the First Time
Jesus Meets His Mother
Simon Helps Jesus Carry His Cross
Veronica Wipes Jesus' Face
Jesus Falls the Second Time
Jesus Meets the Women of Jerusalem
Jesus Falls the Third Time
Jesus is Stripped
Jesus is Nailed to the Cross
Jesus Dies on the Cross
Jesus is Taken Down from the Cross
Jesus is Laid in the Tomb

The 7 Sorrows (Dolours) and 7 Joys of Our Lady

Sorrows (Dolours)	Joys
The Prophecy of Simeon (Luke 2:33-35)	The Annunciation (Luke 1:27-38)
The Flight into Egypt (Matthew 3:13-15)	The Visitation (Luke 1:39-58)
The Loss of Jesus in the Temple (Luke 2:41-52)	The Birth of Jesus (Luke 2:7)
The Meeting of Jesus and Mary on the Way of the Cross (John 19:17)	The Adoration of the Magi (Matthew 2:7-11)
The Crucifixion (John 19:25-30)	The Finding of Jesus in the Temple (Luke 2:46)
The Taking Down of the Body of Jesus from the Cross (John 19:31-37)	The Resurrection of Our Lord (John 20:1-9)
Jesus laid in the Tomb (John 19:38-42)	The Assumption and Coronation of the Blessed Virgin (Apocalypse 12)

The 7 Sorrows and 7 Joys of St. Joseph

Sorrows:	Joys:
The doubt of Saint Joseph (Matthew 1:19)	The Message of the Angel (Matthew 1:20)
The poverty of Jesus' birth (Luke 2:7)	Jesus' Birth itself (Luke 2:7)
The Circumcision (Luke 2:21)	The Holy Name of Jesus (Matthew 1:25)
Simeon's prophecy that many would be lost (Luke 2:34)	Simeon's prophecy that many would rise (Luke 2:34)
The flight into Egypt (Matthew 2:13- 14)	The Overthrow of Idols (Isaias 19:1)
The return from Egypt (Matthew 2:22)	Life with Mary and Jesus (Luke 2:39)
The loss of the Child Jesus (Luke 2:45)	The Finding of Jesus in the Temple (Luke 2:46)

The 15 Mysteries of the Holy Rosary & When They are Prayed

Joyful:		
Annunciation		
Visitation	Mondays:	Joyful
Nativity		
Presentation	Tuesdays:	Sorrowful
Finding Jesus in the Temple	Wednesdays:	Glorious
	Thursdays:	Joyful
Sorrowful:	Fridays:	Sorrowful
Agony in the Garden		
The Scourging	Saturdays:	Glorious
Crowning with thorns		
Carrying of the Cross	Sundays in Advent, Christmastide & Epiphany:	Joyful
Crucifixion		
	Sundays in Eastertide & Time After Pentecost:	Glorious
Glorious:		
Resurrection	All of Septuagesima & Lent:	Sorrowful
Ascension		
Pentecost		
Assumption		
Crowning of Mary		

The 7 Last Words of Christ

Father, forgive them, for they know not what they do.	(Luke 23:34)
Amen I say to thee: This day thou shalt be with me in paradise.	(Luke 23:43)
Woman, behold thy son. . . .Behold thy mother.	(John 19:26-27)
Eli, Eli, lamma sabacthani? (My God, My God, why hast Thou forsaken me?)	(Matthew 27:46, ref. Psalm 21)
I thirst.	(John 19:28)
It is consummated.	(John 19:30)
Father, into Thy hands I commend my spirit.	(Luke 23:46, ref. Psalm 30:6)

The 4 Last Things (The Novissima)

Death
Judgement
Heaven
Hell
