Of Peace Of Mind
Lucius Annaeus Seneca

Book Coordinators: Jonathan Hockey, Ann Boulais
Meta−Coordinators: Leni, Laurie Anne Walden

1 − Chapters 01 to 02 − 00:18:58, Read by: Jonathan Hockey
2 − Chapters 03 to 07 − 00:18:24, Read by: Phil Chenevert
3 − Chapters 08 to 12 − 00:25:06, Read by: Ann Boulais
4 − Chapters 13 to 17 − 00:20:12, Read by: Ann Boulais

Of Peace Of Mind
Lucius Annaeus Seneca

L. ANNAEUS SENECA

MINOR DIALOGUES

TOGETHER WITH THE DIALOGUE

ON CLEMENCY

TRANSLATED BY

AUBREY STEWART, M.A.

LATE FELLOW OF TRINITY COLLEGE, CAMBRIDGE

FOLD

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home page: http://www.aczoom.com/tools/cdinsert/

Instructions:

1. Cut out the cover insert, on page 1, around the outer perimeter. Do not cut along the center.
2. Fold the cover insert in half, with the text on the outside.
3. Insert the cover insert in the CD case cover.

4. Cut out the tray insert, on page 2, around the outer perimeter.
5. The right-most long narrow title “tab”, on the tray insert, is for CD case with a transparent tray. Remove this “tab” if the CD case has an opaque tray.
6. Fold the left and right long narrow title“tabs” to a 90 degree angle, away from the main tray cover portion. If the right-most “tab” is retained for a transparent tray, fold that “tab” 90 degrees again, away from the title “tab” next to it. The text should appear around the exterior of the folded cover, not the interior.
7. Remove the tray from the case.
8. Place the tray insert in the case.
9. Insert the tray, being careful that the title tabs are flat against the case.

10. Please appropriately discard this portion and the scrap bits of paper.

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How to maintain a tranquil mind amongst social upheaval and turmoil, addressed to Serenus. (Introduction by Jonathan Hockey)

Source....: LibriVox, http://www.librivox.org
Author.....: Lucius Annaeus Seneca
Run time.: 01:22:40
Chapters.: 4
Files:
peaceofmind_1_seneca... −
peaceofmind_4_seneca...

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