

## A TRIBUTE



St. Albans Banner would like to pay tribute to LCDR Ann Ross this month for her much appreciated contributions to our Navy and various nursing fields.

Currently the Clinical Coordinator of the Coronary Care Unit, LCDR Ross is also involved in administration, guidance, evaluation, scheduling direct and indirect patient care and teaching, formally and informally.

Clinical Specialist in Cardiovascular Nursing, appears to be her goal for the future.

(Continued on Page 2)

## FIRST PRIZE FOR NEX DISPLAY



Maxine Drivas has received a NRSO Plaque and a \$75.00 U.S. Savings Bond as a First Place Award in the Group II Category of the Annual Christmas Stall Decorating Contest.

(See Page 2, Column 3)

## CDR. HARRY P. MILLER MEDICAL SERVICE CORPS UNITED STATES NAVY



The Secretary of the Navy takes pleasure in presenting the NAVY COMMENDATION MEDAL for service as set forth in the following CITATION:

For meritorious service as Chief of the Patient Affairs Division and subsequently as Administrative Officer, at Naval Hospital, St. Albans, Long Island, New York, from July 1967 to December 1972. During this assignment, Commander Miller demonstrated an exceptional knowledge and skill in applying the most advanced principles of good management. His vigorous administrative controls during this period contributed significantly to the resolution of many critical patient-processing problems through standardization of procedures which he devised and implemented. In this regard, Commander Miller's performance was particularly notable during the height of the hospital's operation in caring for Vietnam casualties. The outstanding leadership, professional knowledge, and management ability Commander Miller displayed in carrying out his duties were recognized and respected throughout the Navy Medical Department, and were in keeping with the highest traditions of the United States Naval Service.

E. R. Zumwalt, Jr.  
Admiral, United States Navy  
Chief of Naval Operations

## P. A. PROGRAM



Frank Kolosky HM2, USN has recently been selected for the Warrant Officer Physician Assistant Program. Petty Officer Kolosky was selected third of the thirty seven candidates (27 primary and 10 alternates) approved for this program. There were 281 candidates who actually applied for the program. Petty Officer Kolosky has been assigned to the Electrocardiography section of the Medical Service since September 1971. He will be attending George Washington University in September 1973.

We have the pleasure of announcing  
THE WEDDING

of  
HN Beth C. Klinedinst, USN and  
HN Wesley Thomason

on  
30 June, 1973 at the Calvary Lutheran Church in Dover, Pennsylvania. Beth' smiling face is usually found in the Personnel Office, and so is HN Thomason who works in the Patient Affairs Section. Beth, who hails from Dover, Pennsylvania, and Wesley, who comes from Lewisburg, Tennessee, hope, all your blessings will be with them.

HMC S. D. Greenlee, USN

## NAVAL HOSPITAL

ST. ALBANS, N. Y.

CAPT G. H. TARR, JR., MC, USN .....	Commanding Officer
CDR J. S. BAILEY, MSC, USN .....	Administrative Officer
Henry J. THEMAL .....	Editor
HM3 R. L. Dorsey .....	Assistant Editor
Mr. P. F. Stables, HM3 J. Camacho .....	Photography

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(Continued from Page 1)

Among her many contributions, she has written "Infusion Phlebitis: Selected Factors," an article which has been published in the July-August issue of Nursing Research." She has attended various workshops and symposia in the past few years and along with LCDR Schultz has been invited to attend a conference on "Nursing Diagnosis," at St. Louis in October of 1973.

Here at St. Albans, she has been responsible for setting up and teaching in part a 40 hour course designed to train our nurses and corpsman to work in the Coronary Care Unit.

Miss Ross has an impressive background which qualifies her to practice in any field of nursing starting with a B.S. in Nursing from the University of Utah, M.N. from the University of Washington, Seattle. Also a graduate of the Navy's Instructor Training Course and Staten Islands Coronary Care Course, Miss Ross deserves recognition for her enthusiasm for continuing her education.

Previous duty stations have been many, starting with Naval Hospitals Great Lakes, Camp Pendleton and Bremerton. She also has been an instructor at the Naval Hospital Corps School, San Diego and has spent time in Japan and the Philippines. Including a year spent aboard the USS REPOSE (AH-16), Miss Ross has tried every field of hospital nursing.

A member of the Association of Critical Care Nurses, Miss Ross is now preparing for the Critical Care Nurse II Exam. The Banner wishes to extend sincere congratulations on her achievements and wishes her luck with her exam. We believe it is nurses like Miss Ross who are responsible for continuing education for nurses in all fields.

P. L. Sillman

## Farewell Editorial

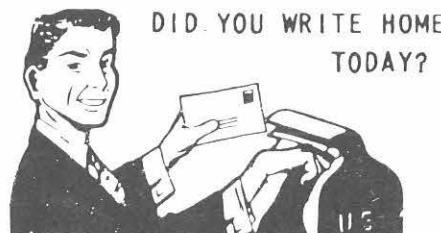
The precipitation of events leading to the closure of this Naval Hospital is about to reach many of our civilian employees, including your Editor. This issue will be our last editorial effort.

Therefore we would like to take this opportunity to express our appreciation for the many complimentary notes and remarks we have received over the past three years from our readers. Judging by those remarks it seems that you, the readers, have had as much fun reading the BANNER as we had in putting it all together.

This expression of thanks also goes to assistant editor, HM3 R. L. Dorsey; to our photographers, Mr. P. F. Staples and HM3 J. Camacho, and particularly to Mr. William Schoenblum of the Navy Publications and Printing Service, Northeast Division, Brooklyn, N. Y. Without Mr. Schoenblum's constant and cheerful assistance, and without his professional know-how, THE BANNER would often not have been published on time.

We wish all our readers Farewell. May your banners always fly high.

H. Themal



## SIMPLE

Simple writing is the best;  
Say just what you would express;  
And if I may, I would suggest,  
Never write just to impress.  
In choosing words by very wary;  
Take a minute, briefly stop,  
Open up your dictionary  
Lest you use a malaprop!  
Use one word instead of two,  
Choosing as the word of preference  
One which none will misconstrue,  
Not words like plenipotence.  
A single sentence might suffice  
Were it factual and concise!

Harry Miller

NAVY EXCHANGE  
DISPLAY CONTEST  
WINNERS NAMED

BROOKLYN, N. Y.—Winners have been selected in the annual Visual Merchandising and Display Contest sponsored by the Navy Resale System Office (NRSO). The Navy Exchanges at Naval Air Station, Moffett Field, California, Naval Hospital, St. Albans, New York and the Naval Communication Station, San Miguel, Republic of the Philippines were the big winners in their respective categories.



Judging took place at NRSO by a panel of visual merchandising professionals. Awards were originally scheduled to be made in February. However, the judging was postponed to late March pending the receipt of several entries delayed in transit.

Every Navy Exchange was eligible to participate by sending in as many entries as they liked. Photographs showing various Christmas displays and visual merchandising presentations were judged on the basis of neatness, originality, proper signing, merchandise correlation and application of techniques suggested in NRSO Display Guides and Display Bulletins.

# CHAPLAIN'S CORNER



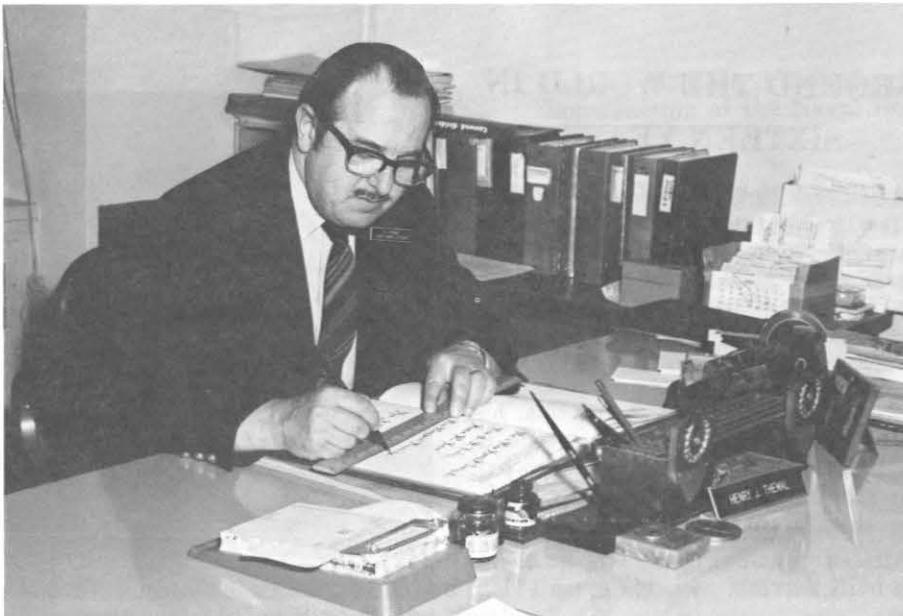
## "THIS TOO SHALL PASS AWAY"

In times of trial, an old Hebrew legend has given me much comfort. A king, who suffered many hours of discouragement, urged his courtiers to devise a motto, short enough to be engraved on a ring, which should be suitable alike in prosperity and in adversity. After many suggestions had been rejected, his son offered a token bearing the inscription in Hebrew, "This, too, shall pass".

Said the poet;—

Whate'er thou art, wher'er thy footsteps stray,  
 Heed these wise words; This, too, shall pass away.  
 Oh, no jeweled sentence from the mine of truth  
 So comforts, or so counsels for all time.  
 No stately epic, measured and sublime—  
 What riches it contains for age or youth  
 As these few words. Go write them on your heart  
 And make them of your daily life a part.  
 Art thou in misery, brother? Then I pray  
 Be comforted! Thy grief shall pass away.  
 Art thou elated? Ah, be not too gay;  
 Temper thy joy; this too shall pass away.  
 Fame, glory, place and power,  
 They are but little baubles of the hour.  
 Thus, be not o'er proud,  
 Nor yet cast down; judge thou aright;  
 When skies are clear, expect the cloud;  
 In darkness, wait the coming light;  
 Whatever be thy fate today,  
 Remember, Even this, shall pass away!

Submitted by Helen Gruber



THANK YOU



AND

THE FIVE TOWNS CHAPTER



FOUNDED 1945

## CALLIGRAPHIST

With precision as well as beauty, Mr. Henry J. Themal, Housekeeping Officer, puts the final touches on the "Remembrance Book", in which are found the names of the many organizations, groups and individuals who contributed so generously to the installation of the new stained glass windows in the Chapel of the Naval Hospital, St. Albans, New York.

Many people contributed funds and time to this Memorial Window Project which was initiated, implemented and completed by Chaplain William Howard, under the direction of the Command.

Mr. Themal, a very talented and time-generous man, volunteered to print, by hand, in beautiful Old English Script, the many names of various contributors in the "Remembrance Book," which may be viewed in the front of the Main Chapel. Why not stop into the chapel to view the book as well as the fine artistic work of one of the hospital's staff members? Thank you, Mr. Themal.

Father McKay

### PROMOTIONS

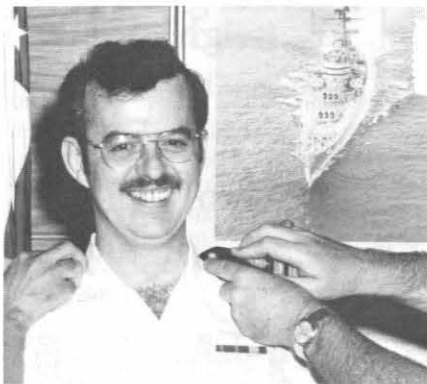
### REENLISTMENT



LCDR Michael Dulligan



HM3 J. Camacho, Banner Photographer



LCDR John R. Hanagan

### THIRTY YEARS OF SERVICE AWARD



James Lee, Operating Services Division



HM3 Kerry Blakely



LCDR Gary Lawrence

### AROUND THE WORLD IN SIXTEEN YEARS

HM1 Jack Heil has had an interesting career in his first sixteen years in the navy. Between 2 Med Cruises, fifteen Caribbean Cruises, 3 West Pac Cruises, and a tour in Guantanamo Bay, Cuba, he feels that his "around the world" tour has been completed. For his last tour of sea duty, he just wants "a ship that doesn't get underway." After this, his last enlistment, Heil plans to settle in California and "watch the world go by" for about a year before seriously thinking about a second career.

By HM2 Sheha



LCDR Donald Booker



HM1 Jack Heil

## HISTORICAL BACKGROUND

# Naval Hospital

## Town of St. Albans, Long Island

The town of St. Albans, Long Island, was named for the city of St. Albans, Hertsfordshire, England, from which came the early settlers of this community.

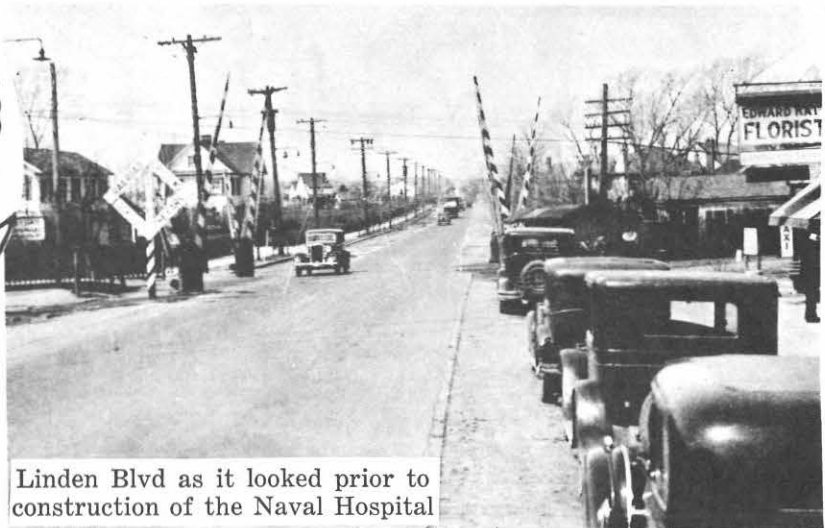
The name "St. Albans" is of historical interest because it marks the place of martyrdom of Alban, the first man in the British Isles to die for the Christian faith. Alban, a Roman Legionary, was beheaded about 305 A. D. The occasion of Alban's martyrdom was his giving shelter to a fugitive priest and being baptized by him.

A church, Benedictine Abbey, was built on the site of Alban's execution. When the body of Alban was discovered in 793 A.D., the relics were entrusted to the abbot of this church. From these beginnings, England's Benedictine Abbey in St. Albans became one of the largest and most important churches in England. The Cathedral of St. Albans continues to be a mecca for pilgrims today.

When the residents of the city of St. Albans in England learned that a new U. S. Naval Hospital was adopting their name, they sent one of their councilmen with a banner bearing the coat of arms of the Abbey of St. Albans, England (Illustrated on front cover).

The St. Albans Arms, from which this banner was derived, is recorded by a medieval document which originated in the ancient kingdom of Mercia. This coat of arms was adopted by the Monastery of St. Albans in the early sixteenth century.

## St. Albans



Linden Blvd as it looked prior to construction of the Naval Hospital

## Naval Hospital, St. Albans, New York

Twenty-five years ago the area now occupied by the Naval Hospital, St. Albans, was known as the St. Albans Golf Club and Community Center. The Navy decided in the early part of 1942 to construct a large naval hospital in the Third Naval District to replace the old naval hospital at the Navy Yard in Brooklyn. Commissioned in 1831, the facilities of the Brooklyn activity were considered inadequate to take care of casualties coming into New York from World War II combat areas. The tentative plans called for a three and a half million dollar project which would consist of permanent administration, subsistence and power house buildings with 500 ward beds as a minimum. Representatives of the Navy visited several probable sites for this hospital on 30 March 1942. A few days later the Navy Department decided on the St. Albans Golf Club property for the hospital. This site was chosen because of the availability for immediate construction, adequate size, nearness to transportation and geographically satisfactory location. The property consisted of 117 acres between Merrick Blvd on the South and Linden Blvd on the North.

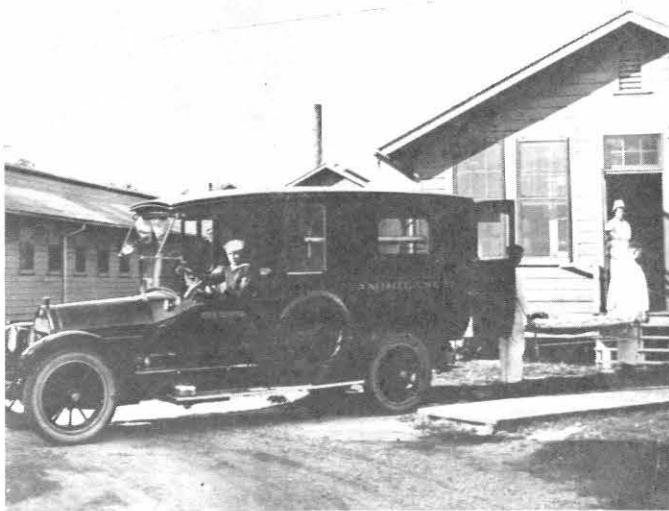
# SOME HISTORICAL EVENTS IN THE LIFE OF NAVAL HOSPITAL ST. ALBANS



4-22-49: USNH St. Albans, N. Y. Topping of Steel Ceremony.



11-18-50: USNH St. Albans, New Construction Looking Southeast.



“We use only the latest equipment. . . .”



Rear Admiral H. J. Van Peenan unveiling roster of Naval Hospital St. Albans Commanding Officers.

# SOME VISITING DIGNITARIES



Rocky Graziano, boxing champion



Pearl Bailey, popular vocalist



Senator Robert F. Kennedy



Brook Benton, popular vocalist



Connie Stevens, actress



Smiles of the Fifty-Two Association



An Antique Cars Show, October 31, 1970

# The St. Albans Commmand



CAPT L. L. PRATT MC USN  
1943-1945



CAPT E. D. McMORRIES MC USN  
1945-1946



CAPT E. D. BROWN MC USN  
1946-1947



CAPT A. T. WALKER MC USN  
1951-1954



CAPT H. G. YOUNG MC USN  
1954-1956



CAPT H. A. GROSS MC USN  
1956-1958



CAPT J. L. YON MC USN  
1962-1964



CAPT E. J. JARUSZEWSKI MC USN  
1964-1965



CAPT J. W. ALBRITTAİN MC USN  
1965-1966



# ding Officers 1943-1973



CAPT W. D. SMALL MC USN  
1947-1948



CAPT W. H. H. TURVILLE MC USN  
1948-1949



CAPT W. T. BROWN MC USN  
1949-1951



CAPT C. L. ANDREWS MC USN  
1958-1959



CAPT H. J. COKELY MC USN  
1959-1961



CAPT P. J. McNAMARA MC USN  
1961-1962



CAPT S. J. ARJE MC USN  
1966-1967



CAPT R. E. FAUCETT MC USN  
1967-1969



CAPT G. H. TARR MC USN  
1969-1973

The Classic 1971 St. Albans Golf Tournament

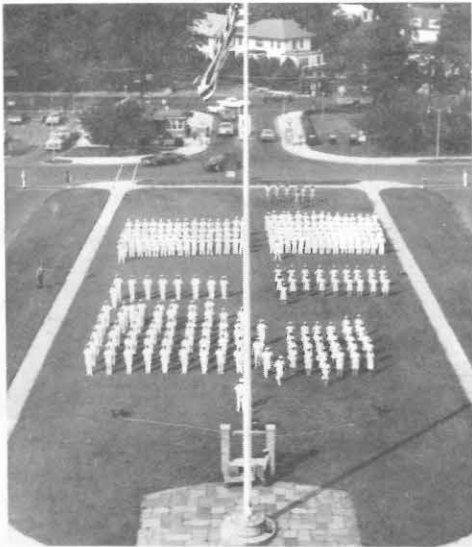


Personnel Inspection

J.F.K. Memorial



Plaque presented to Russel P. Marks



For Design of Chapel Windows

One Last Look . . . Naval Hospital St. Albans—1943 to 1973



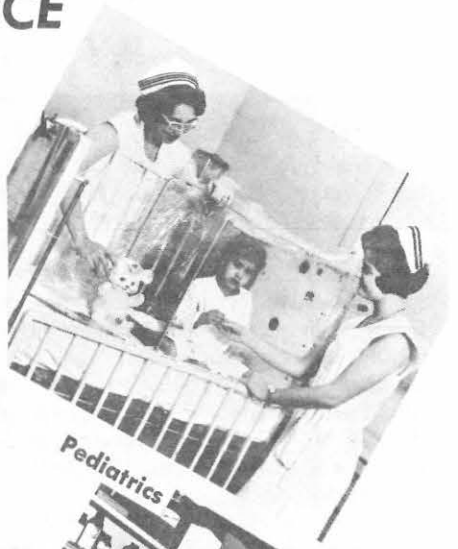
# A PICTORIAL GLANCE



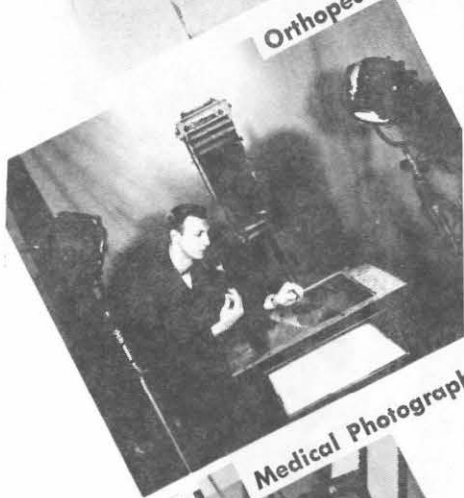
Orthopedics



Heliport



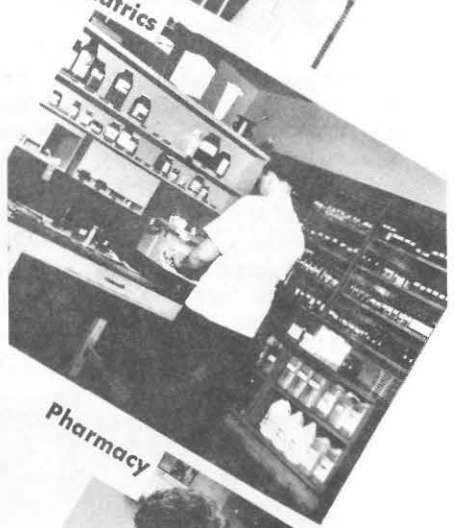
Pediatrics



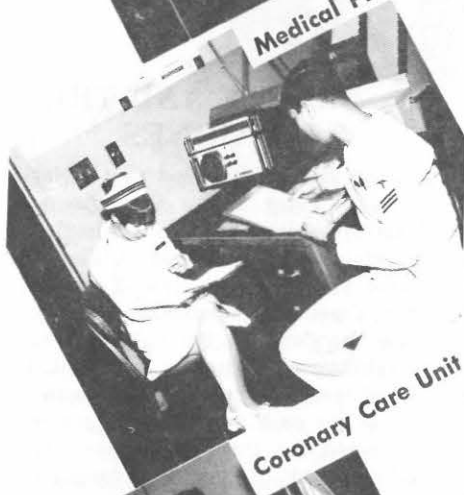
Medical Photograph



Crews Library



Pharmacy



Coronary Care Unit



Auditorium



Pathology



Surgical Research



Historical Museum



Dining Room

## SPECIAL FABRIC

As the auditorium of the St. Albans Naval Hospital, Long Island, New York, gets some wheel-chair and crutch traffic, it was essential that the carpet be absolutely tight to the floor. Rippling or "riding" of the fabric might cause accidents. Therefore, for this particular installation, C. H. Masland and Sons, manufacturers of rugs and carpets, Carlisle, Pa. developed a special technique whereby  $\frac{3}{4}$ " rubber was adhered to the back of a 4-frame Wilton. The development made possible one piece of rubber backed figured Wilton fabric which, in one operation, could then be cemented firmly to the floor. 1500 yards of Masland's Decatur quality was used to cover the entire theatre area including staircases, balcony and space under all seats. Department of the Navy, Bureau of Medicine and Surgery insignia themed the design which is done in two shades of gold and black against a ground of bright Navy blue.

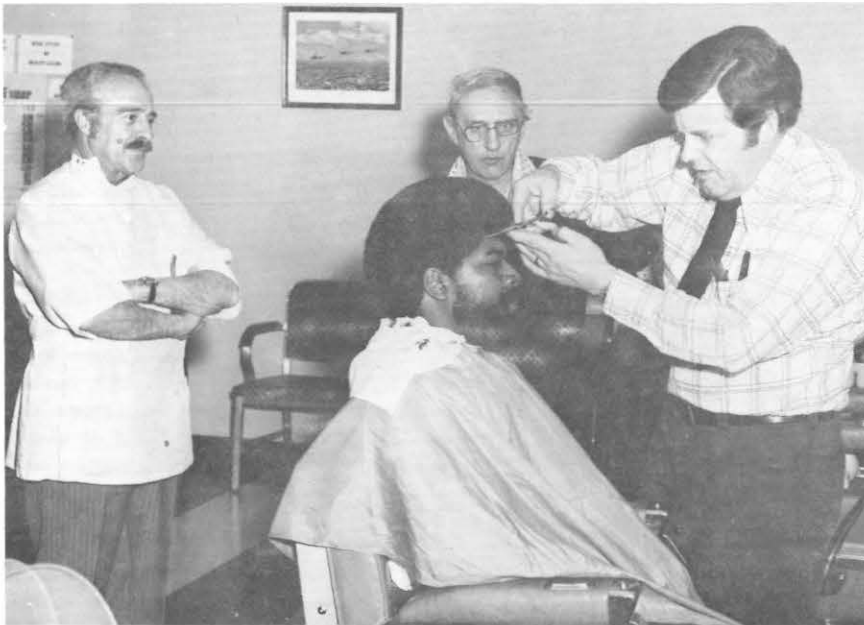


## BEAUTY AND THE MARINES

Traci Beth Miller, last year's National Cerebral Palsy Poster Girl, discusses a Marine mission with her two leatherneck escorts during an outing at Eisenhower Park, Long Island, New York. Along with Traci, 230 handicapped youngsters from the Cerebral Palsy Treatment and Rehabilitation Center in Roosevelt, Long Island were treated to their annual field trip to the park on June 7. The trip was sponsored by the "Recreation for the Handicapped" Unit of the Nassau County Department of Recreation and Parks. The Marine "mission" was voluntary, with the Leathernecks coming along to help the Center's adult supervisors keep the kids entertained and happy. Shown talking to Traci are two of the seven Marines that attended the event, Sergeant Major R. A. Berger, of Inspector-Instructor Staff 2/25 (left) and Sergeant J. W. Shannon, of 1st Marine Corps District Headquarters, Garden City, Long Island, N. Y. (Official U. S. Marine photo by Sgt. T. G. Bone)



## HAIRSTYLING CLINIC AT NEX



Roland Bellefleur, Hairstyling Specialist for NRSO (right) showing NEX Barbers Nick Motera (left) and Joe Sutera (center) the latest hair styling techniques. The able volunteer 'test-pilot' for this project is CHM Gus Rivers.

### FORTY-SECOND STREET

Excerpt from a prize-winning poem appearing in a recent Writing Contest sponsored by the RED CROSS at Naval Hospital St. Albans.

In a circle sits a deaf man,  
They've got him in a trance,  
While all the young girls,  
Get up and pretend to dance,  
You would not guess where they go  
When the night time falls,  
They go to the place in the East  
Where the prison whistle calls,  
And no one disturbs them from their trip,  
When they know they can't sleep,  
As the train parts slowly for  
42nd Street.

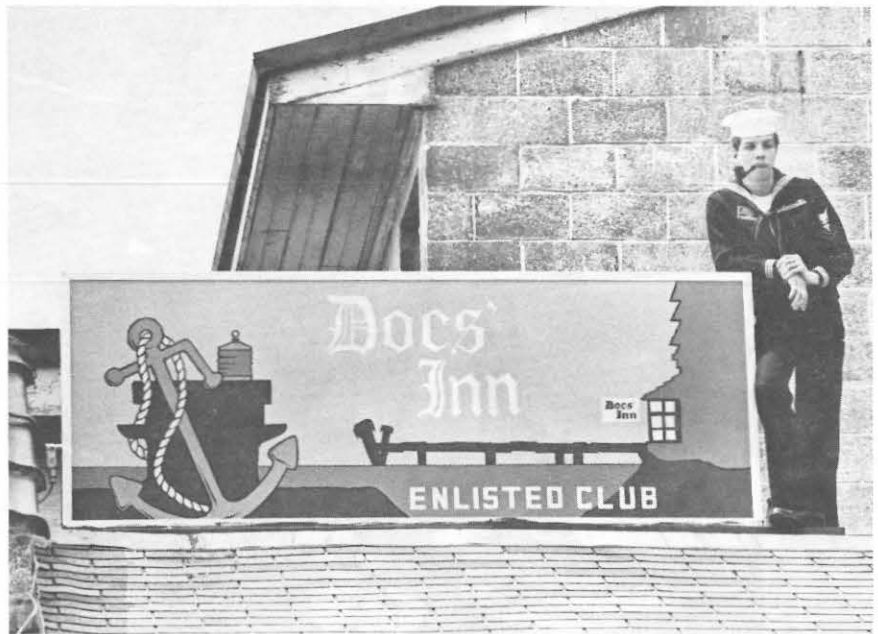
Praise be to blinded people,  
Pearl Harbor was bombed at dawn,  
When everybody was calling out,  
"Whose side are you on."  
And all the literature handed down  
By lawyers and doctors who know,  
That nobody can be saved  
From those who are called to go.  
And the street lights around,  
Where proud generals creep,  
As the soldiers end up on a place called  
42nd Street.



## SIGN OF THE TIMES

So you're probably asking yourselves, "who's the guy on the roof," right? No he's not Superman and will not attempt to jump, I promise. The sailor you see on the roof of Docs' Inn (Em Club) is our one and only mad artist, HM2 Michael Husarek. Mike designs all of our posters for social functions. This is one of his original designs which was made into a neon sign. If anyone can't find Docs' Inn, it's not Mike's fault. You can see the right lights for quite a distance.

Now if you are saying to yourself that you've never noticed the sign, why not take a stroll over to Docs' Inn one night and patronize your club. If you ever want a sign made up, why not look up Mike in the Blood Drawing Room? As long as you keep your shirt sleeves down, you'll be safe.



Rich men and poor men seem to end up there,  
 You can see them begging on the street,  
 Asking for a dime for coffee,  
 And a place to sleep.  
 And nobody tries to tell them what  
 they did to end up there.  
 The proud mistaken poor man,  
 And the sicken millionaire,  
 Both united now in a place,  
 Where hungry con-merchants creep,  
 They will learn of each other eventually, on  
 42nd Street.

I talked to you only yesterday,  
 You seemed so surprized,  
 You said you were just thinking of me,  
 When me I know you despise.  
 I can't help to think about you  
 Living on the hill with the rich people too,  
 You'de never try to help anybody  
 Who knows more than you do.  
 Well, I'm tired now  
 I must go to sleep,  
 So don't call me anymore until we meet, on  
 42nd Street.



—John E. Hill  
 Duty — F-1

# LITTLE THEATER GROUP PERFORMING "THE NIGHT OF JANUARY 16"—1971

