## **Respirator Fitting Instructions:**



- 1. Unwrap respirator and bend nosepiece into a curve to open mask.
- 2. Separate the pre-scored elastic headband into two individual bands.
- 3. Hold the headbands with your index fingers and thumbs.
- 4. Cup the open mask **securely** under your chin.
- 5. Pull both headbands over your head.
- 6. Rest the top headband on the crown of your head and bring the bottom one down under your ears.
- 7. Press the nosepiece around the contour of your nose and cheekbones. Adjust the edges of the mask to make sure there are no gaps.
- 8. Perform a Fit Check by gently cupping both hands around the mask, then exhale sharply to see if you sense or detect any leaks.