

Sacred Songs & Chants Lyrics

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Track 1. Introduction

Singing and drumming are extremely powerful tools for restoring the vibrational integrity of body, mind, and spirit. When coupled together, they move us to a level of awareness beyond form, a place where we discover our own divinity. Each song and chant on this recording has a specific purpose for invoking or paying homage to spirit beings and deities. Each one creates a vibratory resonance that allows these forces to be called forth.

Track 2. Eagle Chant

Spirit Eagle will carry the shaman's prayers to the Upper World, or the shaman may transform into Spirit Eagle and soar into the Celestial Realm. The shaman and Eagle are both intercessors between the Celestial and human realms. In mythology, Eagle is often associated with the origins of shamans.

Lyrics:

WO—HA—LI

WO—HA—LI

HEY—YA—HO

HEY—YA—HO

Track 3. Hummingbird Chant

Hummingbird sings a vibration of pure joy and illumination. Hummingbird's song awakens the medicine flowers and opens the heart.

Lyrics:

WAH—LE—LU

HEY—HEY

Track 4. Coyote Chant

Coyote, the great trickster, brings us the medicine of humor. Get ready to laugh and learn a lesson about yourself.

Lyrics:

HEY—HEY

OH—WAH—HEY

Track 5. Bear Chant

The strength of Bear medicine is the power to restore harmony and balance—to heal. The Bear Spirit is known to many cultures as the Great Healer. Images of the Great Healer have been found in the artwork of ancient peoples throughout the world. For thousands of years, shamans around the world have called upon the Bear Spirit for help and healing.

Lyrics:

YO—NAH, YO—NAH

YO—HO, YO—HO

Track 6. Buffalo Chant

Buffalo brings us the medicine of prayer, blessings, and abundance. In the Lakota tradition, Buffalo is related to the sacred prayer pipe or Chanupa. If you call upon Buffalo, your prayers will be heard.

Lyrics:

TA—TANKA—HO

YO—HEY—HEY—HO

Track 7. Horse Chant

In many shamanic traditions, the medicine of Horse is related to the power of the drum. The monotonous rhythm of shamanic drumming is suggestive of a Horse on a journey. Throughout Mongolia, shamans describe it as the exalted, buoyant state that one mounts and rides from plane to plane. Mongolian shamans ride Spirit Horse, called Omisi Murin, into the Lower World on healing journeys or direct Spirit Horse to carry the power and healing to wherever it is needed.

Lyrics:

SHUUNKA—WAKAN—HO

Track 8. Earth Chant

This is a Cherokee Earth Chant. When we sing the Earth Chant, we become centered and united with all our relations.

Lyrics:

E—LO—HI—NO

Track 9. Rainbow Fire Chant

This chant and rhythm were given to me by Spirit. I was told by Spirit to sing this chant wherever I go. The Rainbow Fire symbolizes illuminated mind, clarity of all aspects of consciousness. This chant helps clear the mind of illusions and obstructions, transforming thought patterns of confusion to reveal inherent clear mind. The fire of clear mind is ever present within each of us, and to remove any obstruction of its clarity is the duty of all people, so that each may find the way to unity and harmony. With clarity of mind, we can readily perceive what aims are in accord with the cosmos, not wasting energy on discordant pursuits. Through the insight and understanding of illuminated mind, we can bring enlightenment to the world!

Lyrics:

HEY—HEY—HEY—HEY—HEY—HEY—HEY

Track 10. Raven Song

This is an Inuit song to the Raven. Among the Northwest Native cultures, the Raven is a messenger of the Great Mystery and a carrier of powerful medicine. Raven carries our prayers, carries out intentions, and carries the healing to wherever it is needed.

Lyrics:

HI HI AWAY, HI HI AWAY

HI HI AWAY, HI HI AWAY

HI HI AWAY, HI HI AWAY

HOONTA—HOONTA
HI AWAY
HOONTA—HOONTA
HI AWAY

Track 11. Forest Song

A traditional Iroquois song to the forest spirits.

Lyrics:

E—AHO HO HO HO HO
KAH—DA—WAH—DI HO HO HO
E—AH KAH—DA—WAH—DI HO
E—AHO HO HO HO HO
KAH—DA—WAH—DI HO HO HO
E—AH KAH—DA—WAH—DI HO
E—AH KAH—DA—WAH—DI HO HO HO
E—AH KAH—DA—WAH—DI HO
E—AH KAH—DA—WAH—DI HO HO HO
E—AH KAH—DA—WAH—DI HO

Track 12. Cherokee Morning Song

A song that asks the spirits of the earth and sky, thus weave for us a garment of brightness that we may walk in beauty where the birds sing.

Lyrics:

WI—NA—DE—YA—HO
WI—NA—DE—YA—HO
WI—NA—DE—YA
WI—NA—DE—YA
HO HO HO HO
HE—YA—HO
HE—YA—HO
YA YA YA

Track 13. Wolf Chant

This is a Plains Native American wolf chant. Wolf is a pathfinder and teacher. Wolf medicine awakens the teacher within each of us, empowering us to share our personal ideas and knowledge with others.

Lyrics:

HEY HEY, HEY HEY, HEY MIN—GA—LA
HEY HEY, HEY HEY, HEY MIN—GA—LA
HEY HEY, HEY HEY, HEY MIN—GA—LA
HEY HEY, HEY HEY, HEY MIN—GA—LA
HEY HEY, HEY HEY, HEY MIN—GA—LA
HEY HEY, HEY HEY, HEY MIN—GA—LA
MIN—GA—LA, MIN—GA—LA

Track 14. Song to the West

This is a song invoking the Thunder Beings and the many spirit-helpers of the West. From the West flows the energy of transformation. In the West we assimilate our life experiences. Experience is the only baggage we carry with us from this Earth walk. From the West we exit the realm of physical experience and join into vast levels of experience in the spirit worlds of light, or we choose to return and walk again the sacred wheel of life. West is associated with the autumnal equinox, Bear, Thunder Beings, twilight, introspection, emotions, flow, the moon, death, endings, transformation, and the element of Water.

Lyrics:

EN—AY ICHI CHIO, EN—AY ICHI CHIO
EN—AY ICHI CHIO, EN—AY ICHI CHIO
EN—AY EN—AY EN—AY YAH
EN—AY EN—AY—I YO
EN—AY EN—AY EN—AY YAH
EN—AY EN—AY—I YO
EN—AY YAH, EN—AY YAH
EN—AY ICHI CHIO—OHH

Track 15. Sedna Song

A song to Sedna, the great mother of all the sea creatures. She controls the storms on the sea and governs the migration of her myriads of children. This song is sung for the shaman when he goes into a trance and his soul journeys under the sea to find Sedna in order to pray and make requests on behalf of the people. The song is repeated over and over until the shaman's soul returns to his body. The shaman then sings a magical song recounting what Sedna had told him, and the people act in accordance with her wishes.

Lyrics:

SEDNA QUEET, QUEY LA HO
SEDNA QUEET, QUEY LA HO
SEDNA QUEET, QUEY LA HO
SEDNA QUEET, QUEY LA HO
QUEY LA HO, QUEY LA HO
SEDNA QUEET, QUEY LA HO