

Fellowship of Friends

Table of Contents

General Information	2
Canon of Proportions	9
Classic Lunar	10
Classic Venusian	12
Classic Mercurial	14
Classic Saturnine	16
Classic Martial	18
Classic Jovial	20
Classic Solar	22
Enneagram	25
G.I. Gurdjieff	26
P.D. Ouspensky	27
Rodney Collin	28

General Information

As students penetrate the inner circle of a conscious teaching they will arrive at the emotional verification that they are in a machine, and are surrounded by machines of a body type. As one observes body types objectively, he will find humans are as readily categorized into species as any other form of organic life on Earth. The primary function of these machines is to serve as an organic receptacle for the Earth for celestial influences emitted primarily from the moon and planets within our solar system, and to a lesser extent, influences from the sun and our mammoth galaxy. Besides serving as a receptacle for celestial influences, body types also in some manner are part of the transmitting mechanism of organic life on Earth to the other heavenly bodies of the solar system. These types, or machines, have one staggering weak spot, which is esoterically known as the "Achilles Heel." *The hidden meaning of the Achilles Heel myth is that the machine can stop being a machine by creating a soul, and a soul can be created only by the art of self-remembering.*

At one step in a student's development humans will appear to be quite similar. Such a perception is an objective observation as one is seeing humans from the fourth dimension, from which the verification of their almost complete mechanicality can be made. Christ uttered, *Let the dead bury the dead*, and one can frankly observe that essentially all of the activities of world forty-eight are equally mechanical from the realm of presidents and kings to that of beggars and thieves.

One of the reasons that we may be at first hesitant to accept body type information is that many

Any unsigned material throughout this Fellowship of Friends publication is that of our teacher.

people in life with a shallow level of being speak as if they know something about the heavens. As Peter Ouspensky gracefully observed, *In reality we know nothing.* Astrology, as we meet it in life, is a thread of truth mingled with much imagination and identification. Ironically, they fail to be repulsed by the idea that they have no true identity and are merely vehicles for cosmic influences.

*Man and the animals
are merely a passage and channel
for food,*

*A tomb for other animals,
a haven for the dead,
giving life by the death of others,
a coffer full of corruption.*

Leonardo da Vinci

The system differs from life in that it teaches the theory of body types as quite unpleasant information if it is correct, as these types are not significantly different from the machines they create, and are as mechanical as the different varieties of these machines that we are surrounded by . . . and isn't it odd that our struggle to awaken has brought us to this observation.

When the subject of body types is presented, it is not intended to be an abstract, dry theory on a lifeless piece of paper . . . *It is a vivid, human shattering concept.*

The letter 'a' can be found in each of the seven body types; i.e., Lunar, Venusian, Mercurial, Saturnine, Martial, Jovial, and Solar . . . which is a reflection that consciousness can be garnered through any body type, as 'a' is a symbol for *In the beginning, the Alpha and Omega*.

One of the characteristics of body types is that each type often expects other types to see the world as they do, that is, with their own form of subjectivity.

*For now we see
through a glass, darkly*

Corinthians 13:12

Another oddity of the types is that they will mechanically tend to imitate each other in so many ways; for instance, intellectual types sometimes have an imitative, poor instinctive gait, which is a reflection of the moving center's false personality. Yet another weakness of an intellectual type is that he becomes infuriated with the abundance of ideas available to him and *the self is not mind activity*.

Each body type is potentially a complete cosmos and contains all seven types within it. According to the school of Pythagoras a cosmos is a self-evolving or self-transcending whole. Logically, according to this definition a human would be the only being found on this planet that can be rightfully called a cosmos as it is the only instrument capable of transcending itself and creating an astral body, that is, a soul.

When a person is a Venusian, he would be 40% Venusian and 20% of the types on either side of Venusian. Since Lunar is the type before Venus on the enneagram, the person would be 20% Lunar, and 20% Mercurial, which follows Venus in the progression of types. The person under consideration would also have 5% of the other types within him. This description is a loose generalization that enables one to account for the Lunar and Mercurial traits to be found in a Venusian. *A body type has within it, where it has been, where it is, and where it is to go*; that is, the Saturnine type may have Martial freckles and also speak a bit rapidly, as Mercurial types do. A person of a specific body type will not have all the characteristics of their type, *rather a predominance of most of the features of a type*, and it can be said their center of gravity is of a particular body type.

An advanced trait to record when observing types is that each body type has four sub-divisions; that is, intellectual, emotional, moving, and instinctive divisions. As a quite flexible guideline, intellectual types generally will be thin, emotional types soft and fleshy, and instinctive-moving types trim or muscular. Thus there are intellectually centered Venusians, emotionally centered Venusians, moving centered Venusians, and instinctive centered Venusians. At first it is impossible to take such a fine photograph and one should simply attempt to verify the type in question. In time one may be able to photograph their specific center of gravity. As a general rule, the slower and more diligently one goes, the greater will be his accuracy in determining types, both one's own and others. A student's vanity or fear sometimes seizes the idea

of types and attempts to make rapid photographs, which frequently prove erroneous. Try to remember . . .

*The race is not to the swift,
nor the battle to the strong.*

Ecclesiastes 9:11

One of the first observations to make in attempting to determine a person's body type is to try and verify if the person is a passive or active machine. This will help to narrow the choice to three or four types as there are three passive types (Jovial, Lunar, and Venusian) as well as four active types (Mercurial, Saturnine, Martial, and Solar). In addition, types can be divided as to whether they are positive or negative. There are four positive types, i.e. Solar, Jovial, Venusian, and Saturnine, and three negative types, i.e. Lunar, Mercurial, and Martial. All seven body types are quite mechanical. The six steps on the enneagram alternate between positive and negative, i.e.,

Lunar	negative
Venusian	positive
Mercurial	negative
Saturnine	positive
Martial	negative
Jovial	positive

Also all three sets of maximum attractions involve a positive and a negative type, reflecting the common knowledge that opposites attract:

(+) Saturnine	(-) Lunar
(+) Jovial	(-) Mercurial
(+) Venusian	(-) Martial

One fascinating idea in the theory of body types is that of maximum attractions. This theory on the scale of humans is a reflection of the idea of planetary maximum attractions. From one angle all of the body types are nice and competence is a property of any type. By studying the worlds above and below us we can study the conditions we exist under...organic life on earth. One can understand much about body types by studying the planets.

Another advanced perception is that the same idea or 'flavor' appears at all seven body types with different manifestations. If we take the personage of Abraham Lincoln we will find the idea of Lincoln is expressed in a Venusian, Mercurial, Saturnine, Martial, Jovial, Lunar, and Solar way.

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An active type in life cannot help being active as a passive type cannot help being passive. Often we will see commanding, active people in life . . . yet they command nothing unless they command their souls. Sometimes the simple observation can be made that...

They are the famous or commanding dead.

It is valuable to note that the midmost point of masculinity on the enneagram is active or male, and the midmost point of femininity is passive or female. Saturnine males can sometimes be oppressive and heavy as their machines occupy the midmost point of masculinity on the enneagram and this carries with it all of the potentials of the male machine. The human machine is capable of enormous depth and can tolerate much suffering. As there are three passive or feminine steps on the enneagram before Mercury (Jovial, Lunar, Venusian), there is a tendency for Venus-Mercuries to gossip more than other types...yet this human phenomenon affects all mechanical types in all ages and has its roots in fear. People speak negatively about others because they are afraid of being spoken about. In general, female or passive body types are more prone to gossip than male body types, yet few humans are free of this pathetic trait. Cosmically, the female machine represents a passive influence while the male machine represents an active influence.

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Students of a negative or passive body type are apt to initially look at situations from a negative point of view. They gradually will begin building positive 'I's in the teaching. One of the methods they can use to overcome their passivity is to attempt to

be more active in a positive way, such as giving more angles at meetings and trying to make sure they are heard the first time when speaking. Also, when they are driving, they should be more active. Unfortunately, negative body types have quite a bit of trouble with negative emotions *as their machine enjoys negativity...* that is, negativity tends to feel good to them. One eventually will make the observation that negative body types in Life will use most any opportunity as a chance to be negative. This perception tends to verify Peter Ouspensky's penetrating observation that *life would collapse without negative emotions*, including what is called 'art'.

Positive machines cannot help being positive. Saturns will have a mechanical capacity for paternal self-control, Jovials for maternal ease, and Venusians for warmth. Active people are desirable in our culture and passivity is generally frowned upon. Active body types can attempt to control their machines by speaking intentionally, avoiding unnecessary talk, and cultivating *the art of listening*. The art of listening is a selfless space and helps one to overcome willfulness.

Weaknesses of one body type are the strengths for the next type on the enneagram; thus, the next step for each person on the enneagram resolves the weaknesses of their present type, as well as introducing new areas of friction. A person will try not to manifest what he does not like about his type, and keep what is profitable for his evolution. For example, the cold Lunar circulates toward the warmth of the Venusian; the slovenly, non-existent Venusian accelerates toward the power and neatness of a Mercurial. The excessively talkative Mercurial acquires the Saturnine capacity for self-control, while the intellectually quiet Saturnine moves to the vigorousness of a Martial. The destructive Martial ascends to the ease and attraction of the Jovial, while the vain Jovial acquires the polished, timid coolness of the Lunar. These weaknesses

generally are the chief feature of the machine. As students of the inner circle can observe, *chief feature is a weakness that has been designed into each type or machine* to serve as a source of friction from which the Self may be born.

People, without choice, are given a body type as a medium in which to create a soul. One's chief feature can be in essence (body type) or personality. As a general rule, these are the chief features of each body type:

Lunar	Coldness
Venusian	Non-existence
Mercurial	Power
Saturnine	Dominance
Martial	Destructiveness
Jovial	Vanity
Solar	Immaturity

The types will seek specific climates; for example, Lunars will prefer moist environments, and Saturns an arid desert. Nations also have predominant body types: i.e., China is mainly a Lunar country; Polynesians tend to be Venusian; Italy is Venusian Mercurial; Japan is predominately Mercurial; England and the United States are Saturnine countries, while Germany is of the Martial-Jovial type; France can be seen as Venusian-Mercurial, and Russia appears to be a Jovial-Lunar country. The different body types were arranged or *planted* by what Peter Ouspensky called the influence of higher mind upon the planet...C Influence.

Modern medicine does not have the idea of body types and attempts to treat all patients as if they were one type. From a clinical point of view, some machines have the same speaker. We can hear the same vocal mechanism in two different people who are near the same type.

The seven day week is said to have originated in ancient times in West Asia, probably in Mesopo-

tamia. This is thought to have been a planetary week predicated on the astrological concept of the influence of the planets, which were long erroneously believed to be seven celestial bodies revolving around the earth; these were the sun and moon, and five of the bodies recognized today as planets - Mars, Mercury, Jupiter, Venus and Saturn. Each day of the week is named for a particular heavenly body and a human body type. Early astronomers named the planets after gods and goddesses, and believed that each planet 'ruled' or had primary influence on one day of the week. Jupiter, they held, ruled Thursday and so named the day Jove's day or *jeudi* in the French. Our Anglo-Saxon forebears replaced the Roman Jove with their equivalent deity, Thor. Hence we know it as Thor's day or Thursday.

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The words Saturn, Sun, and Moon are English words and are used to represent Saturday, Sunday, and Monday, respectively; i.e.,

Saturn	Saturday
Sun	Sunday
Moon	Monday

We have to turn to the French language to learn where we received Tuesday, Wednesday, Thursday, and Friday. In the French language:

Mars	Tuesday	Mardi
Mercury	Wednesday	Mercredi
Jupiter	Thursday	Jeudi
Venus	Friday	Vendredi

As with many unsuspected pieces of common knowledge found in life, the calendar days of the week are a source of esoteric knowledge.

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There are both male and female halves of each of the seven body types, which are ruled by the endocrine glands. Louis Berman, a New York endocrinologist, made the lucid observation that humans are puppets to their endocrine system. What he failed to realize is that *the planets pull the strings*.

A human's sleeping *Self* is encased in the machine. The *Self* is composed of two higher centers called *Higher Mental and Higher Emotional* or Worlds Six and Twelve. These states are as children and in fairy tales appear as Hansel and Gretel. When these states are awakened they manifest their task and being through their designed body type. Once through with the physical body, they are no longer chained to their type.

*The best of me then when no longer visible,
for toward that I have been
incessantly preparing.*

*Dear friend whoever you are take this kiss,
I give it especially to you,
do not forget me,*

*I feel like one who has done work for
the day to retire awhile,*

*I receive now again of my many
translations,
from my avataras ascending,
while others doubtless await me,*

*An unknown sphere more real than I
dreamed,
more direct, darts awakening rays
about me,

so long!*

*Remember my words, I may again return,
I love you, I depart from materials,
I am as one disembodied, triumphant,
dead.*

Walt Whitman

No task is more difficult for any human type than self-remembering, as it is not mechanical, and when one is self-remembering one is not a victim of his body type.

As strange as it seems, perhaps the best place to hide esoteric knowledge is directly in front of humans, as human nature seldom sees what is most apparent. This is the essential meaning of Christ's words that a prophet is without honor in his own country.

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Each planetary type has its own time or pace. This phenomenon pervades all of their functions including divine, non-functional artistic creation. And as divine as the arts are, they are rivalled and sometimes surpassed by the elegant touch of human kindness.

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Higher centers are not of the machine or body type. Being repulsed by one's physical body or

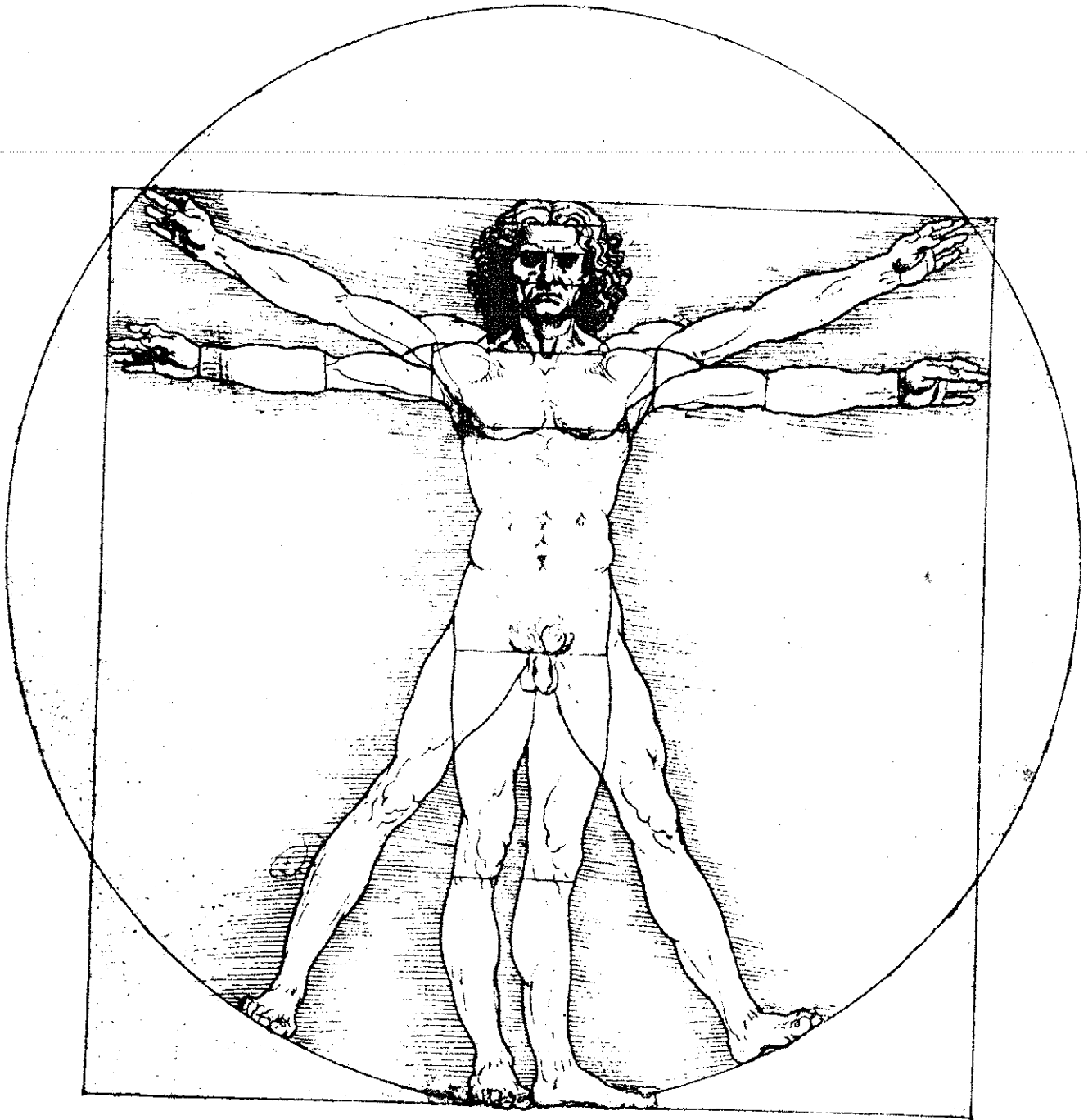
body type is a legitimate reaction as we do have higher states potentially available to us that are not of the gross body, as they are metaphysical or other than physical.

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The theory of body types is an example of objective knowledge and is not something new to this century or past human habitation upon this planet. The idea of seven basic body types can be found through an esoteric interpretation of Snow White and the Seven Dwarfs. This story refers to World Twelve (Snow White) and the seven body types (the seven endocrine glands). The dwarfs are portrayed as dwarfs as they are so small and insignificant when compared to the Sleeping Beauty of thyself.

*TO YOU HAS BEEN GIVEN
THE SECRET OF THE KINGDOM OF GOD,
BUT FOR THOSE OUTSIDE
EVERYTHING IS IN PARABLES.
MARK 4:10*

Leonardo da Vinci



Canon of Proportions

Classic Lunar

Lunars are one of the three passive body types which circulate on the enneagram. The dominant gland of this type is the pancreas. Lunars are receivers for influences emitted by the moon and are the only body type that is a satellite body type rather than a planetary or sun type. *This body type has the surmountable disadvantage of being a receiver for a heavenly body under ninety-six laws rather than a planetary or solar type which are under twenty-four and twelve laws, respectively.* The fact that they are under ninety-six heavenly laws gives one the ability to understand their tendency to have an odd or immature body as well as a stubborn nature.

The Lunar type *may* have a large, voluptuous torso with scant or thin legs. Two more helpful keys for determining if a person is of a Lunar type are their frequent moon faces (round and pale) often accompanied by a weak, slight chin. They are meek and timid and are a passive, moody, and introspective body type. Lunars are prone to fluctuation and instability, and often find it difficult to make simple, unimportant decisions and yet, due to the coolness that pervades their psychological make-up they possess a cool certainty, and in trying situations are apt to remain calm.

Lunar body types are particularly willful as their heavenly body, the moon, is the youngest planetary transmitter, and youth is selfish . . . *As above, so below.*

The Lunar may enjoy a dark, subdued home, with drapes drawn to shut out the sunlight. They also prefer night life as they are a nocturnal body type

under the influence of the moon; due to being night types they may have enlarged pupils. They often prefer dressing in black which demonstrates their preference for the night, and may be found enjoying evening employment, often being seen in such occupations as waitresses on the evening shifts in restaurants, as they are prolonged evening workers, and in some way receive energy from the moon.

Lunars enjoy the various watery elements. As Lunars move toward Venus on the enneagram, they will begin to lose their coldness and stubbornness and acquire the warmth and sympathy of the Venesian. The Lunar's maximum attraction is the positive Saturnine. Both of these types can be introspective.

The elegant period of Art Nouveau appears to have been a Lunar art period . . . dark, cool, fluid motion.

When Lunars speak, they should work on being heard the first time. This exercise will help them to overcome being too meek and passive. To do this they would need to be self-remembering.

As Lunars are the mid-most point of femininity, males of this type are slightly more susceptible to homosexuality as their chemistry has an abundant sprinkling of passive or female elements.

William Blake, an elegant English poet who lived from 1757 to 1827, is an example of a mild lunar poet. Some examples of his tender works are as follows:

*Never seek to tell thy love
Love that never told can be;
For the gentle wind does move
Silently, invisibly.*

*To see a world in a grain of sand
and a heaven in a wild flower,
Hold infinity in the palm of your
hand and eternity in an hour.*

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The ruling gland for the Lunar body type is the pancreas, associated with the lymphatic system. Lymph is a nearly colorless liquid from the tissue of the body, the excess of which may cause roundness. As for the watery element, it is interesting that the craters of the moon are called Marias (seas in Latin). Also, the highest tides occur at the full moon and new moon. The Circadian Rhythm, or the body's "clock", helps set the body's temperature, with the highest readings occurring in the late afternoon and the lowest in the morning. The day-to-night flux of temperatures on the moon ranges from +260° F to -260° F. The moon high in the sky often appears pale or silvery. The Greeks associated the color silver with the moon. Also, the moon, cool and secretive, calmly shows us only one side, and with instinctive certainty, the brightest object in the night sky returns with predictability. Diana is named as the ideal Lunar woman. She was the Roman goddess of the hunt and of the moon, and the protectress of women (mid-most point of femininity).

Nancy Lorenz

The next gland, the *Pancreas*, is associated with the lymphatic system, and in partnership with the liver controls the digestion of food. This represents the 'moist' nature of man, which in an earlier place we found to be particularly subject to the pull of the moon. One part of the pancreas secretes insulin, which promotes the storage of sugar and works against the adrenals which govern its sudden combustion on urgent and highly emotional demands. It thus tends to dampen or 'quench' the 'fire' of the adrenal activity. Although modern endocrinology does not distinguish a pancreatic type as clearly as those produced by other glands, people with this predominance will have all their flesh-forms full and rounded ('moon-faced') from abundance of lymph. They will be passive, moody and introspective - all characteristics opposite to those of the passionate, vigorous and violent adrenal type. In fact, they will approximate to the descriptions of the melancholy or *Lunatic* type, which was associated with the watery element and its attendant characteristics of flux and instability.

Rodney Collin

Lunar

- Introspective, negative type
- Type under ninety-six laws
- Stubborn, passive, moody
- Immature body, weak, timid
- Dominant gland - pancreas
- Circulates to Venusian
- Chief feature - coldness
- Maximum attraction - Saturnine
- Mid-most point of femininity
- Enjoys watery environments
- Scant body hair

Classic Venusian

Our teaching's first three students are Venusians. This was arranged because Venusians are warm and sympathetic and good for growing things. They are said to occupy the passive role of growth in inactivity, as, for example, listening is, in general, a passive experience. When a teaching begins, a teacher needs a passive influence that will listen, yet will later give of their own light, for where he goes, they must follow.

The parathyroid gland governs the sluggish Venusian, producing a languorous, dull air about them. They are a positive type, prone to cellular bulk. Venusian body types may have little interest in sex due to the vegetable and not animal nature of their machine. They have frank eye contact which may reflect their common chief feature of non-existence, as often there is little present in them to share visual energies with. This chief feature may express itself through their desire to live or experience life through others. Because of this feature, Venusian types may have weak valuation for attaining the third state, *which is real and exists . . . yet only in the eye of the beholder.*

Healing is an area of work that is in true personality for Venusians, as they are a warm, kind body type. They are the primary recuperative agent in the solar system, and are attracted to copper which is said to have healing properties.

The planet Venus reflects 57 per cent of the light from the sun and from one angle this may be connected with the feature of non-existence common to the Venusian body type in that it reflects light

in a worshiping manner instead of retaining it for their own growth.

One of the remarkable characteristics of Venusians is their steadiness and loyalty. They will patiently stick to certain concepts they value. Their steadiness may be a factor in the ability to stay on one job for many years.

Venereal types may sensuously enjoy food and gardening. They are earthy people who prefer red meat as it puts a strong, active influence into their passive, vegetative bodies. They frequently have poor teeth and are subject to losing them early in life, and may have plentiful hair on their body, presenting a virile appearance.

Being creative in the arts as well as asking relevant questions at meetings will help a Venusian to overcome his chief feature. If one has difficulty in determining someone's type, it is usually a Venusian, as their passive appearance often fails to give clues to their body type. Because of this feature they may be subject to a childish voice, and stumble and slur words, more so than the other types.

Venusians suffer more than other types from edema, which is an abnormal accumulation of fluid in one's connective tissue, often appearing as large thick legs. Venusians are vegetative and it is interesting to note that diseased plants that are swollen are said to be in an *edematous* state.

The next step for the non-existent Venusian is the energy-laden Mercurial. Developing good householder helps to accelerate the slothful Venusian's ascent towards quick, agile Mercury. Venusians will trace their negative emotions to the Lunar or Mercurial part of their type, as they are a positive type placed between the two negative types of Lunar and Mercury. The gentle, passive Venusian's maximum attraction is the muscular, fiery Martial.

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The sympathy of a Venusian may be described as the sharing of a feeling, agreement or accord. Venus may fill this role in relationship to Earth, being the closest planet and almost the same size and density as Earth. This may also account for Venusians being comfortable on Earth wherever they are, happy to vegetate. According to the system, if a person does not attempt evolution, he will become more mechanical; nothing remains in the same place. Venus is one of the planets which gives the appearance of rotating in a *retrograde* manner; i.e., backwards, perhaps influencing the Venusian tendency to not exist. The sloth or sluggishness attributed to Venusians can be associated with the rotation of their ruling planet. Venus rotates once in 243 days and is the slowest of all known planets. (The earth rotates once in 23 hours and 56 minutes). For Venusians, it is good to complete a job, tying up loose ends. There is a tendency to be slothful and leave things scattered and unfinished. The ideal Venusian woman, Aphrodite, was the Greek goddess of love and beauty. The Romans called her Venus, a most beautiful woman. Veiled in impenetrable cloudbanks, the mysterious surface of Venus is truly symbolic of eternally feminine.

Nancy Lorenz

Concerning the effect of the next set of glands, the minute *parathyroids*, which are situated on the thyroid and act as its pair or complement, endocrinology has not much material. It is only known that they work against the thyroid (which produces movement and volatility), by promoting the metabolism of the stabilizing element lime, and the mediating element phosphorus. With parathyroids under-developed, the individual becomes pathologically nervous, jumpy and oversensitive to the mildest stimulus, even of light. The parathyroids accentuate the passive, vegetative life; they produce steadiness and tone of muscle and nerve - as it were a sensitive calm and warm passivity. Their field is that of 'flesh and blood', of tissue building and increase in bulk. This, in the old astrology, is the *Venusian* type, the feminine role of growth in inactivity.

Rodney Collin

Venusian

- Warm, passive, positive type
- Cellular bulk, poor teeth
- Immature voice
- Dominant gland - parathyroid
- Circulates to Mercurial
- Chief feature - non-existence
- Maximum attraction - Martial
- Sympathetic, languorous
- Dull, sluggish
- Flesh and blood, earthy
- Sensuous, vegetative
- Steady, loyal
- May suffer from edema

Classic Mercurial

Mercurials are apt to have the most pleasing voices of all the types. Mercurials have a powerful, mellow voice. Their machines have been given powerful voices to frighten types of a larger physical stature, to help compensate for their diminutive size. Sometimes they walk heavily, making themselves sound larger. They are spare, clean and generally will have even teeth, bright eyes, and thick hair. Mercurials may suffer a loss of weight under stress; and during sleeping hours, due to their abundant energy, they may become restless.

The youthful Mercurials maximum attraction is the maternal Jovial. Of the seven body types, only Mercurials and Martials naturally repel each other, as both are powerful, active, negative body types. The Mercurial's progression on the enneagram is towards the positive Saturn. Here his primary aim is to acquire the patience, and wisdom of the mild Saturn.

Mercurials are disposed to hypochondria. They have a low pain threshold and take minor pains and illnesses as being more significant than they actually are. Because they speak more than any other type they will have more "Many I's", and will also be subject to more inner considering than other types. Mercurials may have a tendency to feel that they are being caught when they are photographed. In such cases it would be the thief in their body type reacting mechanically, receiving a photograph incorrectly or negatively.

Mercurials exhibit much aimless movement. They will often move from one location to another and from one job to another. While speaking they will

gesture rapidly with their hands and face. They speak faster and more often than any other type and thus fall prey to unnecessary talk. The main reason for this waste is the abundant, active energy they possess. They must use or spend their energy lest they poison themselves.

Curiosity can be a product of boredom. People who are near Mercury have abundant curiosity. Later one can develop the ability to discriminate between idle curiosity and a sincere desire to know. Crime is an intended cosmic process caused by Mercury and the Asteroids, and deceit has intentionally been woven into a Mercurial's essence.

The mercurial often has a feature of vanity, as the three previous steps on the enneagram are passive or female (Jovial, Lunar, Venusian). This is not their general chief feature, however, which is power. They are given to acting more than other types which vainly attracts attention to their machine. Their mechanical ability for pronounced facial expression and aimless movement aids this weakness. As the Mercurial gradually overcomes these features of power and vanity he will acquire gentle humility.

Mercurials possess one of the finest minds of the seven basic body types, and are quite perceptive. At times they can be seen as sunny people, as their planet is the closest to the sun and is the infant member of its family. In spite of being a negative type they can be pleasantly cute when they speak and may give spark to meetings.

In ancient mythology Mercury is represented by Hermes. Hermes is the messenger of the Gods as well as the God of Thieves. Mercurials are quick, agile and sly. Since their type is one of the smallest in physical stature they have been designed to survive by their wits. The dominant gland in a person with a Mercurial body type is the thyroid gland.

○

Mercurials frequently wear a moustache or goatee to compensate for their lack of bodily hair. They also represent the thief in mythology and may enjoy hiding behind these forms, and they also look quite nice with a moustache or goatee.

○

Mercurial body types enjoy quite complicated, intellectual work such as engineering, architecture, computer programming and the like. They also may be directed toward the entertainment world because of their natural exuberance and enjoyment at being center stage. Contrary to Venusians, they may have many jobs in a short period of time. One of the features of the Mercury body type is that it can be naive. Mercury is the smallest planet, called the "baby planet", and is the closest to the sun as if clinging to its mother. The planet of the "sunshine people" receives about ten times as much sunshine as the Earth. Mercury also demonstrates aimless movement to viewers on Earth, seeming to dart backward and forward against the backdrop of stars. It is visible only about 84 hours a year from Earth, elusive as a thief. The quickness and agility of the type may be seen by the orbit of Mercury which circles the sun faster than any other planet.

It is seemingly inexhaustible as it travels around the sun about 315 times during a man's life as compared to 76 times for the Earth in the same period (a man's lifetime).

Nancy Lorenz

○

The thyroid gland controls the combustion of air in breathing, and like the damper of a locomotive furnace, regulates the heat produced and consequently the *speed* of the whole mechanism. The more intensely the thyroid works the quicker and more nervous will the appearance become. The heavy element, iodine, which is often mentioned in connection with this gland, is like the weight hung upon the damper-door, to prevent it springing open and burning out the furnace. In endocrinology the thyroid type is described as lean and clearcut, with thick hair, bright eyes and even teeth; rapid of perception and volition, impulsive, with a tendency to explosive crises; restless, insomniac and inexhaustible. In other words, the old, airy, sanguine or *Mercurial* type.

Rodney Collin

Mercurial

- Negative, active type, restless, clean
- Mythological thief, lean body
- Powerful, mellow voice, speaks rapidly
- Bright eyes, even teeth, thick hair
- Dominant gland - thyroid
- Circulates to Saturnine
- Chief feature - power
- Maximum attraction - Jovial
- Abundant energy, quick movement
- May have moustache or goatee
- Mercurials and Martials repel
- Disposed to hypochondria

Classic Saturnine

The ruling gland for the Saturnine type is the anterior pituitary gland. The pituitary gland is divided into two halves . . . the anterior pituitary and the posterior pituitary, the latter of which is the ruling gland for good-natured Jovials. This angle accounts for some of the Jovial factors one finds in Saturnines. Saturnines are a positive body type and enjoy the luxury of occupying the position of the mid-most point of masculinity on the enneagram. In all humans, the *king-pin*, or *controlling gland* of their endocrine system is the anterior pituitary, or Saturnine gland.

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Saturnines are inclined to dominate their environment and at times may show no concern for it, leaving their environment to worry about them. It is useful for the mechanically ascetic Saturnine to dress colorfully, as this may help them to overcome any drabness they may have.

o

Saturnines are given to sitting and are slow-moving. Due to their lack of movement they produce more phlegm than other types, and are subject to vague speculation. The Saturnine type possesses a high grade brain with remarkable capacity for self-control. Saturnines are often tall and thin and this determines the way they see the world, as they have a strength of overview and can see how situations generally will unfold in the future. In some situations this strength can clutter their minds and their environment. As Saturnines are apt to see many angles, they would make good planners, as well as scientists. As a nation, the United States can be viewed as a Saturnine nation as it is a dominant and scientific country.

The power of a Mercurial, the dominance of a Saturnine, and the destructiveness of a Martial are mechanical, negative features which manifest from a reaction to fear. The next step for a Saturnine on the enneagram is towards the vigorous Martial. As they move towards a Martial type, they will sit less and move more. They also will become less introspective. Abraham Lincoln was a Saturnine with whom we are familiar and about whom it has been said, 'he ruled with an iron hand in a velvet glove.'

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A Saturnine's chief feature of dominance is often manifested in a quiet, controlling manner, and can be seen as a silent chief feature. As a Saturnine overcomes his weakness of dominance, a capacity to be humble and harmless will emerge.

o

Saturnines and Lunars can at first appear to be similar. Look for the short chin and general meekness of a Lunar if you are confused. The positive Saturnine's maximum attraction is the negative Lunar. Each positive body type has a negative maximum attraction, except the Solar which has none.

o

Feminine domination is a mechanical feature. Women entering or leaving Saturn are most apt to have this feature, *though it is a property found in all women of all seven types*. Here it is wise to remember Peter Ouspensky's words that the more one feels he is free of a feature, the more he is in it. As we are all physically born through a woman, we are subject to this feature. In general only a number four or five being can rid themselves of feminine domination as they have an acute awareness of this problem.

As Saturnines are the mid-most point of masculinity, women of this type are more subject to lesbianism. Also Saturnine women may be attracted to wearing slacks more than women of the other body types, and are also more athletic. People at this position on the enneagram usually dress simply in quiet, neutral colors.

o

Saturns are harmlessly called the *bone people* as they generally are tall and often thin. They frequently have large hands and feet, which support a lanky, long-boned, strong frame. Their head is often long, with projecting cheekbones and a prominent nose. They commonly have large, straight teeth, a square jaw, with an overall chiseled or angular impression about them.

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Due to their muscular make-up, Saturnines are subject to a hand, foot and facial enlargement illness called acromegaly. This disease is caused by chronic hyper-pituitary action in their endocrine system. Abraham Lincoln suffered to some extent from acromegaly.

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Saturn has eleven moons to watch over, and if we consider the rings, this planet occupies more space or breadth than any planet. Saturns can be depended upon, and often are responsible for the care of several people. Saturn was known as the Roman god of agriculture, the sower of seeds. Saturn has been called the taskmaster, the teacher, and the father. They are capable of enormous sacrifices for their fellow men. Christ, most probably, was a Saturnine. He also left us with the passage, *the seeds are cast.*

Nancy Lorenz

The *anterior pituitary* promotes masculine traits as clearly as the posterior does the feminine ones. This gland is closely connected on the one hand with the skeletal system, and on the other with the function of abstract thought and reason. Its exaggerated secretion results in an abnormal growth of the long bones, and particularly joints and extremities, such as hands, feet and chin (acromegaly). The anterior pituitary type is long boned, with a strong frame and large firm muscles; long head, rugged face, prominent nose, square jaw, projecting cheek-bones and large teeth; with a comprehending mind, ability to learn and capacity for self-control and rule over his environment. This, in the old nomenclature, is the phlegmatic or *Saturnine* type.

Rodney Collin

Saturnine

- Active, positive, ascetic
- Tall, thin, large-boned
- Long head, rugged face
- Prominent nose, large teeth
- Lanky, long-boned
- Dominant gland - anterior pituitary
- Circulates to Martial
- Chief feature - dominance
- Maximum attraction - Lunar
- Mid-most point of masculinity
- Breadth and wisdom
- Introspective, masterful
- Capacity for self-control
- Tendency to sit
- Scientific
- Dress in subdued manner
- Subject to acromegaly

Classic Martial

Martial body types are an intended destructive element introduced into the circulation of types as portrayed in the incredible enneagram. The adrenal glands govern this electric body type. They are a fierce type, traditionally known as the fiery warrior. Martials are courageous, vigorous and extroverted. They have a weakness of being blunt and proud of it. This may also bring suffering due to a lack of tact. It is interesting to note that Mars has a weak satellite structure, which supports two small, rough moons. This may account for the Martial's general lack of finesse. However, because of their machine's aggressive behavior, Martials often make successful businessmen.



This type tends to be short, fiery, and may have hair of unusual color: black among Scandinavians, blond among Latins, and red among others. However, unusual hair color is not always present among Martials. Ares represents the ideal Martial. They tend to have a low hair line, swarthy or freckled skin, and have abundant hair on the body. If a person has bandy legs it is also an indication of a Martial body type. A Martial's hair often flares out from his head, depicting the idea of a fiery warrior.



Usually a Martial body type needs the opposite sex in his or her life, as Martials are the warrior caste of humanity, and have the least need or desire to abstain from sex. Martials and Mercurials tend to repel each other as they are two powerful negative types that have been created on a small physical scale to curb their power. It is good to note that these two types are separated on the enneagram by the tall, positive, Saturn.

One of the most useful aspects of the Martial type is their perseverance. Changing one's level . . . that is, waking up, is a long and difficult process. The Martial body type has a remarkable capacity to persist in the drive to awaken and are attracted to vigorous activities



The Germanic peoples are an example of an aggressive, Mars-Jovial nation. They initiate wars frequently and also produce artists of great depth. Few nations, if any, can match the cultural contribution of Goethe, Bach, Rilke, Wagner, Nietzsche, Mozart, Schiller, Einstein, and Beethoven. They also are an alchemical nation of gold.



The fiery, muscular Martial's maximum attraction is the soft, passive Venusian. Both of these types prefer red meat more so than other types as they enjoy the principle of violence, which red meat induces in one's machine. One of the reasons there is so much bloodshed upon this planet is that Mars is one of the Earth's closest neighbors.



The next step for the energetic Martial is to the maternal, positive Jovial. An area of their being that Martials may be naive to, is the periodicity of the Jovial element in their machines. Consistent discipline may be helpful in overcoming this periodicity. The Martial body type is the dominant athletic figure. Athletes are known for their red meat consumption which gives them an aggressive energy which is in turn transferred to the senseless sports world.

A common disease associated with the Martial type is Addison's disease, which is a hyper-pigmentation of the skin and usually is fatal. It is said the Martial John F. Kennedy suffered from Addison's disease. Other examples of Martial body types are Ludwig Beethoven, George Gurdjieff and Queen Elizabeth I.

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A strong example of a destructive Martial delivery is this excellent excerpt from G. I. Gurdjieff:

*All the people you see,
all the people you know,
all the people you may come to know
are machines, actual machines.*

*They work solely under the power
of external influences . . .
machines they are born
and machines they die.*

o

Dust storms rage on Mars, a reddish colored planet sometimes called 'the angry planet'. The two satellites of Mars are craggy rocks less than ten miles across, not unlike 'uneven teeth', and are called Phobos and Deimos, which mean fear and panic. (*The moons may come from Lucifer's destruction, R.*) From the book *Teachings of Gurdjieff* by an anonymous pupil, it was suggested that originally Mars was the god of sports and games, not for competition but for balance of the moving center. Later, Life changed the games to rougher sport for life-or-death odds, and Mars became the god of war. Challenge a Martial and he may attack first and discuss it later. This is a strong body type for activity, having courage and aggressiveness. The Martial type is attracted to the occupations of soldier, policeman, and is found in sports and among businessmen (*competitive, R.*) Nancy Lorenz

The adrenal glands are two capsules saddled on the kidneys. They consist of two parts, the cord or medulla which secretes a hormone producing all the phenomena connected with fear and flight; and the shell or cortex which secretes another hormone giving rise to manifestations of rage and pugnacity. Both, probably through their key element potassium, create a general heightening of tone and sensitivity in the organism. They are the glands of 'passion', and in these different ways express the fundamental impulse of self-preservation. The adrenal type has a swarthy or freckled skin, is hairy of face and body, often with hair of an unusual colour - black among Scandinavians, yellow among Latins, red among other peoples. He has sharp teeth and a low hair-line, and is vigorous, energetic and passionate - the traditional warrior, small, fierce and Martial.

Rodney Collin

Martial

- Negative, active type
- Hair of unusual color; i.e., red
- Abundant hair on body
- Low, coarse hairline
- Sharp teeth, freckles, energetic
- Dominant gland - adrenals
- Circulates to Jovial
- Chief feature - destructiveness
- Addison's disease
- Traditional warrior
- Maximum attraction - Venusian
- Courageous, vigorous, persistent
- Martial and Mercurial repel

Classic Jovial

Jovials are a pleasant, positive body type. It is fortunate and intended that the largest and strongest planets in our solar system are positive. Jupiter and Saturn have twenty-three satellites between them. Affectionate Jupiter is the strongest of all the planets as it is the only one that gives off its own source of energy.

The posterior pituitary in a Jovial determines their behavior; this is the passive half of the pituitary gland. The Jovial body type generally will have a Santa Claus nose, tend to baldness, possess a large head, and frequently will have a nice, round stomach, often appearing as short, rounded and stout. Jovials are pleasant to be near as they immerse those about them with an air of ease and attract us. Their middle name should be 'kindness' as they so frequently give others around them the benefit of the doubt.

Jovials are the premier artistic type. They can be exceptionally creative in the arts of poetry and music, and are capable of making an ornate expression in the arts that is completed in a rich and beautiful fashion. J. S. Bach, Meher Baba, Walt Whitman, Peter Ouspensky, and Leonardo da Vinci are some examples of Jovial conscious beings.

Jovials are in true personality if they wish to have a substantial income as their essence is flamboyant. They often take on considerable obligations, reflecting their planet's matriarchal capacity to support twelve satellites.

Jovials have an outstanding language capacity due to the harmonizing influence of their planet.

When a number five being crystallizes, generally a soft body is necessary as the being receives cosmic, celestial influences. Often conscious beings are chubby (Whitman, Baba, Buddha, Bach and Ouspensky). Jovial-Lunars make excellent conscious beings as Jovials tend to depth, and Lunars, timidity.

The maternal Jovial's maximum attraction is the infant Mercurial. As one leaves Jupiter and ascends to Lunar, one begins movement once again on the enneagram *only this time on a higher octave or level*. Jovials may have generally poor hair distribution on their bodies as the next step on the enneagram is Lunar, the mid-most point of femininity. As Jovials circulate toward Lunar, they tend to lose their usual chief feature of vanity and gain the meekness of the Lunar type, for 'Blessed are the meek, they shall inherit the earth'.

The Jovial type tends to have weak eyes, possibly due to the thorough use they make of them through reading. J. S. Bach went blind and Peter Ouspensky found it necessary to carry an assortment of binoculars for different ranges of vision. Ouspensky was forced to do this when he was approximately fifty years old while it is said that Bach lost the use of his vision in his sixties.

Due to Jupiter's sporadic emanations, Jovials incline to periodicity; that is, they will do strong, enthusiastic work on different lines of interest and suddenly become quite cold or uninterested in what was once appealing to them. If they have the idea of discipline, this may help them to overcome their periodicity.

A Jovial-Lunar being may be rendered passive to the morbidity of his mind. This is more true of a Jovial-Lunar than a Lunar type due to the depth a Jovial brings to introspection.

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The twelve tribes of Israel may have been planetary receiving sets for Jupiter's twelve moons. The Jewish people are known for their intelligence, industriousness, and capacity for humor. These factors are strong indicators that they are a Jovial influence upon the planet. It is interesting to note that the words Ju-pi-ter and Jew-ish have the same phonetic beginning. It is said that all of the Jewish people in the world presently are descendants of two of the twelve tribes of Israel and that the other ten vanished.

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Jupiters are said to be intriguing, and the planet itself has many interesting and curious phenomena such as some of its satellites orbit in a retrograde fashion. Jovials are flamboyant, as Jupiter is red, yellow, tan, and brown, and is the most colorful planet. Also, as a result of the speed of its rotation (once in ten hours), Jupiter has a large bulge at its equator (a planetary paunch!). It is the fastest rotating planet, and supports twelve moons (maternal). Jupiter emits intense sporadic radio signals (periodicity), and its radio emissions are louder and more musical than the other planets, indicating a Jovial inclination to poetry and music. Jovials, the maternal body type, are the 'pillars of society'; i.e., Benjamin Franklin. Jupiter was the chief Roman god, ruler of gods and men whom the Greeks called Zeus. Juno, the ideal Jupiter woman, was a Roman goddess, wife of Jupiter and queen of gods and men. Juno also was the goddess of marriage.

Nancy Lorenz

The next two glands, like the thyroids and parathyroids, form a pair controlling complementary qualities and mutually balancing each other. Together they make the two lobes of the pituitary, a small organ the size of a cherrystone housed in a bony box behind the bridge of the nose. The first lobe, from our point of view, is that of the posterior pituitary. This gland, in whose action sodium plays a key role, controls the involuntary muscles of the inner instinctive part of the organism, particularly those of the intestines, bladder, and uterus. It also regulates the production of milk for suckling, and in general is the gland of maternal qualities. The type is short, rounded, stout, with large head, inclining to paunch, and little hair on the body. It tends to periodicity, rhythm appearing even in moods, activities, and in a leaning to poetry and music. Such people are cheerful, gay, and tolerant - the Falstaffs, the classic Jovial type.

Rodney Collin

Jovial

- Positive, ease and attraction
- Short, rounded and stout
- Large head, Santa Claus nose
- Inclined to paunch
- Scant hair distribution
- Tend to baldness, poor eyesight
- Dominant gland - posterior pituitary
- Circulates to Lunar
- Chief feature - vanity
- Maximum attraction - Mercurial
- Maternal, intriguing, affectionate
- Flamboyant, cheerful and tolerant
- Depth in poetry and music
- Tend to periodicity

Classic Solar

It is uncertain whether this type has circulation on the enneagram, and also has no maximum attraction, unlike the other six types. Solars can be seen as a third force in the scheme of body types that point the physical way to something metaphysically higher. It sometimes seems that Solars have been placed upon this hard earth to remind us how rough or unrefined the earth is in comparison to the sun. It is said of Solars that *they are not for this earth*, and of all the types are the closest reflection of higher centers. Circulation for the vibrant Solar type on the enneagram may be where all four types cross.

A Solar will have an intellectual, emotional or instinctive-moving body type. They frequently maintain a youthful physical appearance, while other types more clearly show their age, which is a reflection of the idea that the sun has a longer time span than the other heavenly bodies of the solar system.

Venusians, Jovials and Saturnines are three positive types that are larger physically than the three negative types, Mercurial, Martial and Lunar. The seventh type, Solar, is medium to large in size as a body type. The ancient Greeks formulated that the sun is actively principled or male and gave it the name Helios. Solars are positive or active which tends to confirm the theory that our particular sun is a male sun. Along with this information it is good to record the theory that world twelve, in relation to world six, is female principled.

Solar types have an intense frequency of vibration and tend to feel 'electric' when one embraces them. Their eyes are set wide apart and a vanishing air of disappearance pervades the space between their eyes and their forehead. One might see them as an unfinished, elusive, white sculpture. This trait may account for their immature aspects as there is something incomplete and unfinished about them.

Muscular strain, stress or shock is dangerous to Solars because they have a small heart and remarkably fragile blood vessels, which renders their circulation incapable of responding to an emergency. For this reason they are generally not athletic. Most children who die young or people who are instantly killed by a fragile blow, or die in athletic participation are most probably of a Solar body type.

As Solars are a rare type, they may commit suicide to relieve the loneliness of being such a different species amongst other humans. Their tendency of having poor health is also a factor in ending their life unnaturally. Solars are subject to illness all of their lives and may die younger than other types due to their intense frequency of vibrations which may burn up their lives. It is said they are prone to commit suicide. As Solars are victims of poor health they should eat frequently with an adequate red meat protein intake. Their vegetarian desires should not control them. It is best to give in to the idea of animal protein intake, as they may break unless they bend.

The Sun type often has the ideal fairy tale body with a narrow waist, smooth skin, and an air of fineness about them. They have a strong imitative capacity as do Mercurials, and tend to speak rapidly, often, and with an air of exuberance about them. They possess an exceptional grace of movement and alertness of mind and often have jet black hair, which presents an elegant impression when they dress in the deep reds they prefer.

o

This type often has wide shoulders and there is a commanding air about them that is noticeably finer than a Mercurial's, Martial's, or Saturnine's. As Lunars are night people, one would be likely to think Solars are sun people. However, as their skin is so fair, they do not do well if exposed to the sun for long periods of time. As the Lunar is the only body type that is a satellite type, so the Star type is the only one that is a celestial instrument designed to receive influences emitted by world 12 on a mechanical level. The sun is of the level of world 12 and the theory has been given that higher centers are as children. It is startling to understand they are childish *because the sun is a child of world 12.*

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The thymus forms a large spongy mass astride the windpipe in the neighborhood of the heart. Very little is known about this gland, except that it plays some important part in the growth of the organism in childhood, and that in most cases it tends to atrophy after adolescence - apparently in proportion as the 'passionate' combination of sex and adrenals comes into play. Its cells are identical

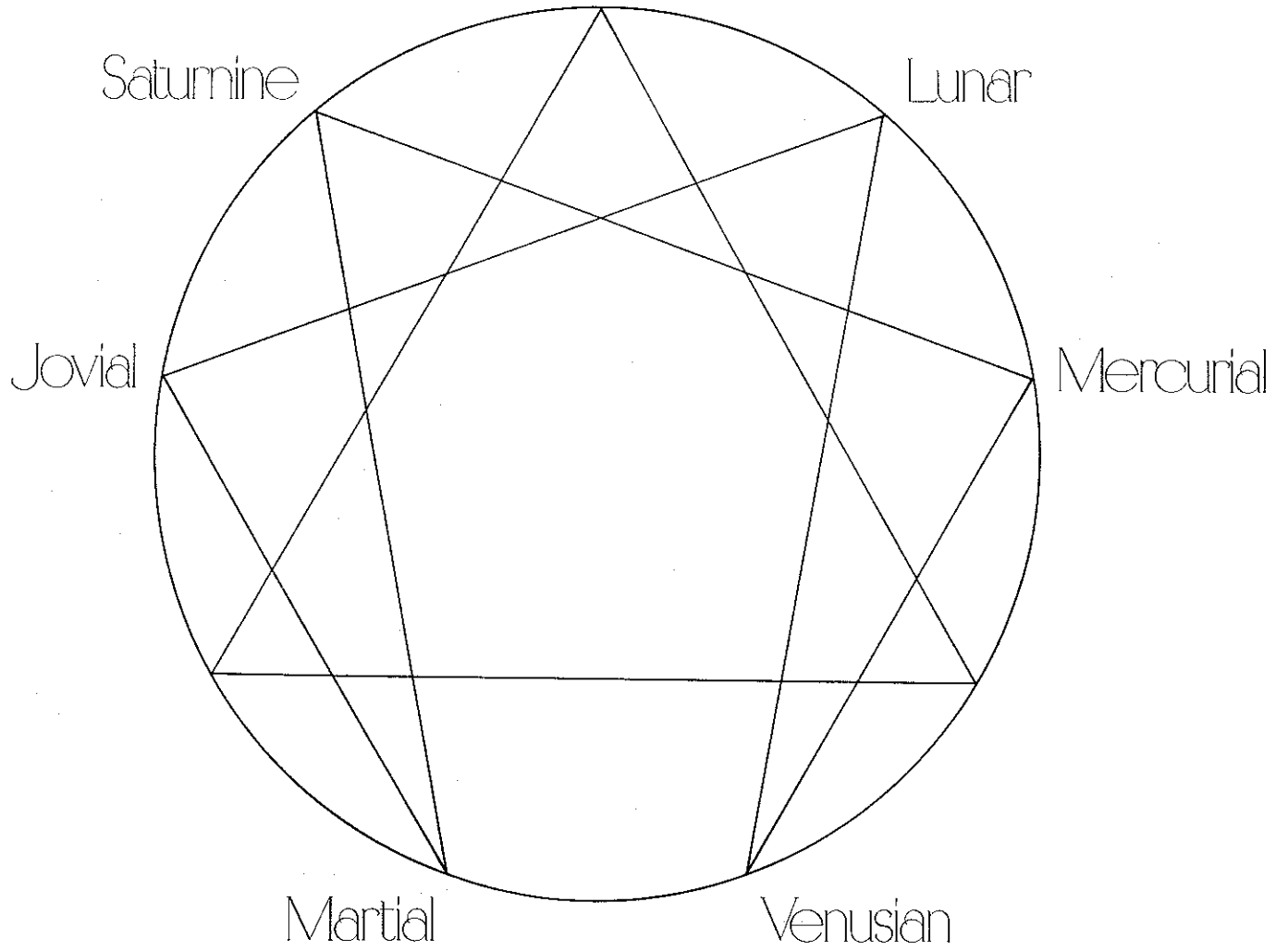
with lymph cells, and it probably helps to promote the huge supply of lymph which is required by the great speed of metabolic processes in infancy. In this aspect it is truly the most 'primitive' of all the glands. The thymus type known to endocrinologists, with its transparent milk-and-roses skin, its delicate teeth and bones, and its particular air of beautiful frailty, is simply a description of Peter Pan, the grown-up child. As far as we can see, the thymus, so closely associated with the heart and lying at the very centre of our spiral, is the gland which sets the spring of growth uncoiling. When growth is complete, its first task is done. This type is not usually described in astrological writings, though occasional attempts to distinguish a Solar type are suggestive, and remind us that the place and function of the thymus indicated it to be the regulator of that original undifferentiated life impulse which can only derive from the Sun.

Rodney Collin

Solar

- Positive, cheerful, youthful
- Active, fine, thin waist
- Fragile, sickly, suicide prone
- World Twelve body type
- Graceful, wide shoulders
- Broad, delicate forehead
- Rosy cheeks, long hands, fair skin
- Dominant gland - thymus
- Circulation as yet unknown
- Chief feature - immaturity?
- No maximum attraction
- Immature, powerful, intense

Enneagram



G.I. Gurdjieff

In order to see types one must know one's own type and be able to 'depart' from it.

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Human beings, besides being machines for transforming substances, are instruments for receiving and transmitting vibrations.

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A body type influences a conscious being's art form or task quite a bit and role is arranged with a specifically designed body type in mind. Rodney Collin's *Theory of Celestial Influence* is a tall Saturnine book while George Gurdjieff's *All and Everything* is a short, squatty Martial book.

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If people were to live in essence, one type would always find the other type and wrong types would never come together. But people live in personality.

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Each of you probably met in life people of one and the same type. Such people often look like one another, and their inner reactions to things are exactly the same. What one likes the other will like. What one does not like the other will not. You must remember such occasions because you can study the "science of types" only by meeting types. There is no other method. Everything else is imagination. You must understand that in the conditions in which you live you cannot meet with more than six or seven types although there are in life a greater number of fundamental types. The rest are all combinations of these fundamental types.

If you woke up in the body of a unicorn you wouldn't know how to act. You are just as much at the mercy of your own body. You are not responsible for your behavior - you are born embedded in an animal. You think you know your body, but you don't even know when you scratch your head. Our body is as much of an object of the outside world as a tree, a plant or a stone.

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Most probably George Gurdjieff had an instinctive-moving body type. This theory would shed light on his use of dance and physical postures in his teaching.

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The enneagram is 'perpetual motion'.

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Astrology deals with only one part of man, *with his type*, his essence - it does not deal with personality, with acquired qualities. If you understand this you understand what is of value in astrology.

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In this Europe still several other inquiring beings noticed from time to time lawful inexactitudes in the works of various branches of art which had reached them from ancient times; but no sooner did they find the key to the understanding of these inexactitudes than their existence came to an end. Still one other, that is, another being from that continent Europe, also noticed them, and continuing to interest himself further and laboring perseveringly, he began fully to decipher the productions of almost all the branches of art. And this wise terrestrial three-brained being was named Leonardo da Vinci.

P. D. Ouspensky

Where is the end and where the beginning in this strange game of attractions, feelings, moods, sensations, vanities and disappointments? The answer is: only in the division of types.

○

For a right understanding of esoteric theories concerning sex it is necessary to have at least a general conception of the role and significance of *types* in the life of sex.

○

The idea of the mutual gravitation of inwardly related types constitutes the inner meaning of the allegory in Plato's *Symposium* about people's severed halves seeking one another.

○

It must be understood why we speak about planetary influences, why they are mentioned and with what. The chief idea is that planetary influences may be quite different. Our state attracts and repels planetary influences. We cannot know what they are, we can only know our state. If we remember ourselves, we can attract good planetary influences; if we are mechanical, we attract wrong influences.

○

In actual life the dreams of poets and philosophers are seldom realized, and in the conditions of our discordant existence the meeting of the most suitable types is, on the contrary, a dangerous event, because of the accumulation of stormy emotions, and almost invariably ends in tragedy, and in Plato's halves again losing one another.

Many people live as part of the mass, nobody can help them; they are so intermingled that you cannot separate one atom from another. On the level of the mass they are all the same. People can only expect to meet with favorable influences when they rise from the mass, not before. Influences affecting the mass are only unfavorable; they are influences that keep it down. There are favorable influences that help individuals to move out, but they can only help men who stand a little above the mass. We can expect help, but only on a certain level; for what would be the value of our efforts if someone could take us by the ears and drag us up? If we become conscious, it is the same as having will on a higher level; and if we can "do", we can isolate ourselves from many of these planetary influences which affect the mass.

○

It will not be individual influence, it will be in accordance with your type. Individual men are different according to their essence. Essence or type of man is the result of planetary influences. Planets make us what we are. Different combinations of planetary influences make different essences.

○

Organic life is a special adaptation filling the interval between the planets and the earth. Body types are one segment of this special adaptation.

○

No moral principles, no feeling of duty, affection, gratitude, friendship, sympathy, pity, no community of interests, can create a *sensation* when it is not there; that is, nothing can change anything in this iron law of types.

Rodney Collin

The tradition of Greek, Arabic and Mediaeval astrology, which was inseparable from the parallel tradition of alchemy, believed all creatures on Earth to respond in differing degrees to certain indefinable emanations of the fixed stars, the Sun, planets and moon. This response was by virtue of affinities, that is to say, different creatures contained in varying proportions substances or matters similar to those characteristic of the different celestial spheres, and whose potency waxed and waned in sympathy with the waxing and waning of their archetypes. These affinities were very complicated. All metals, for example, were supposed to have a general affinity for Saturn, while copper had a subsidiary sensitiveness to Venus, iron to Mars, and so on.

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Man was believed to contain within him all affinities, and these separate affinities were established in different organs and parts, though their exact allocation varied considerably from one period to another. From this it followed that a man who had one organ or part highly developed, whose centre of gravity lay there, so to speak, enjoyed a special affinity or sensitiveness for the corresponding planet. He was of that *type*.

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And at this point the immense implications of the correspondence between these two sets of transformers begin to dawn upon us. Surely the endocrine glands are those very receiving sets for planetary influences whose existence we earlier supposed.

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In any case, the glands, in the order of their distance from the heart, obey the same laws as the

planets in the order of their distance from the Sun. Created from the same design, the one responds to the other. And each gland is revealed as a sensitive instrument, which not only transforms human energy to the tension required for its function, but is tuned to a similar instrument on a cosmic scale and obeys its guidance.

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If, taking the heart as centre, we lay out a schematic diagram of the human body upon which the various glands are marked, we find that they all lie upon a regular spiral similar to that which is found to represent the line of force or growth in many natural phenomena. Just as a galaxy appeared to be an expanding spiral of suns, and the solar system an expanding spiral of planets, so the human body now gives the impression of an expanding spiral of functions. The sun and source of this spiral is the heart. Thence it uncoils through the thymus, the pancreas, the thyroid and the parathyroids, the solar plexus where the adrenals take effect, on to the post-pituitary and anterior pituitary, and with its final convolution through *the sex glands to the pineal body, the ultimate outpost and possibility of the organism.*

Gland	Function
Thymus	Growth
Pancreas	Digestion, assimilation of food
Thyroid	Respiration, combustion of air
Parathyroids	Blood-circulation, tissue building
Adrenals	External motion, fight and flight
Posterior Pituitary	Inner reflexes, physical sensation
Anterior Pituitary	Mind and reason, bone structure
Gonads	Reproduction, creation, higher emotion
Pineal	Creation of the Soul.

The functions controlled by the glands give, in this order, the strong impression of being graded from coarse to fine, from material towards immaterial. All the functions which we are accustomed to regard as physical lie towards the beginning, those which we regard as psychic towards the end.

o

There is another remarkable aspect of this chain of transformers of energy within the human body. Their order echoes in an astonishing way the disposition of planets in the solar system - but with the sequence of tensions in reverse. What is nearer the center is smaller, finer and under greater pressure in the Solar System; but larger, grosser and under less in the human one.

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These words, which came from 13th to 17th century alchemical schools - lunatic, mercurial, venereal, martial, jovial and saturnine - derived from affinities between man and the Solar System, connect each type with its corresponding planet. Originally, of course, 'lunatic' referred to that type dominated by the function having an affinity with the Moon and only later came to refer especially to *abnormal* people of this type. Similarly, the word 'venereal' referred in general to those with an affinity for Venus. All the other words have retained their meaning surprisingly well. Therefore, with two slight modifications, we will attempt to study human types under these, the best names available to us.

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Each endocrine gland or its associated nerve-plexus is sensitive to the magnetism of a particular planet. This particular magnetism will naturally be strong-

est when the planet is in the zenith and shining vertically through the minimum thickness of atmosphere, exactly as the Sun's light and warmth are strongest at midday. The lower in the sky it sinks and the acuter the angle at which its influence must pass through the blanket of air, the feebler its effect, as with the Sun at morning and evening. When below the horizon altogether this effect will be felt only in a diffused form, much modified by the peculiar magnetism of the Earth. The height of a given planet in the sky will thus be an exact measure of the degree of stimulation imparted to the corresponding gland at a given moment.

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In every man ALL the glands must function, and he is unable to live if a single one is destroyed. Moreover, every gland affects and is affected by every other, so that in practice it is impossible to 'isolate' the effect of any.

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The first six glands arrange themselves in three pairs - each pair containing a masculine and feminine element, which both complement and war against each other. The adrenals and the pancreas, or Mars against Moon; the thyroid and parathyroids, or Mercury against Venus; and the anterior and posterior pituitary, or Saturn against Jupiter - between them form a complete and perfectly self-balancing hexad. As in the push-pull arrangement which keeps radio-valves in equilibrium, the unremitting tension between each pair holds the whole organism in vital balance.

When we come to the gonads or sex-glands, which occupy the same position on our spiral as Uranus

does in the Solar System, we can now understand why their role has given rise to so much confusion. For every other gland affects sex, lends sex its colour, and tries to pass itself off as sex. In order to be understood in its purity, sex must be separated from the Venusian sensuality of the parathyroids, from the Martial passion of the adrenals, from the maternal affection of the posterior pituitary, and from the Saturnine masterfulness of the anterior lobe. Sex must be something different from all these and more fundamental. It must be connected with the ultimate principle of two sexes, and their joint power of creation. And it will include all the deepest emotions which arise from this interaction, and which, besides children of the body, give rise to music, poetry, the arts, and the whole aspiration of man to create in emulation of his Maker.

The last gland upon our spiral, as Neptune is the last major planet in the sky, is the mysterious *pineal* body, buried at the focal point of the brain and connected with man's most delicate psychic systems. Alone among the glands it is single rather than double in form, and from this old physiologists. Descartes, for example, deduced that it was the place where unity or equilibrium was achieved, and that it was the ultimate seat of the soul. In Leonardo da Vinci's phrase, it was the organ of 'common sense', that is, of a sense common to all functions and beings, and which would reveal their oneness.

The pineal gland is a cone-shaped tissue, the nerve cells of which contain pigment similar to that of the retina, and which ordinarily fossilizes after adolescence through the depositing of lime-salts. As this process goes on, the muscles waste away and are replaced by fat. Practically nothing is known or even guessed about the functions of the pineal gland, and we can only say at this stage that everything points to these functions being *potential and as yet unrealized*.

For if one planet moves his heart today, another will move his reason tomorrow, and a third his passion the day following. The humanitarian movement he launched under Jupiter becomes scholastic under Saturn and bloody under Mars. The heavens play scales upon his keyboard, and he cannot but sound the notes they touch.

All types are clearly necessary in the world and life would obviously be poorer if not impossible, without any one of them.

The relations between the sexes can indeed only be understood on the basis of planetary types. And planetary types can only be recognized *if one is awake*.

The different physical types are exactly *types of essences*. What is true food for Saturnine essence is useless for Martial, and vice versa. Feats of endurance which will enrich one man's essence may blunt another's, while subtleties by which this other's grows sensitive are merely enervating to the first. Thus each man must begin to feel for himself *what feeds his essence, what makes him more himself*.

A student in a school will see certain mechanical features of his type as something from which he has to cut himself free, that is, as something which has to *die in him*. And he will see all the highest possibilities and responsibilities of the type ahead as something which has to be created in him, as something which has to *be born*. He will thus *cease to accept himself as he is*. For he will have engaged in a ceaseless double task, killing the old and generating the new in himself. The former will be extremely painful, the latter immensely arduous. But he will understand that this pain and this effort is exactly what can generate the force to *make him move*.

I do not mean that some types are objectively better than others, that men of the type ahead of mine are in general more advanced than those of my type. The next type is only ahead *for me, on my personal path*. All types are equal, all are necessary, and all enjoy the same opportunity - of movement or stagnation. What is important is not to be of this type rather than that, but to be sound of one's type, recognizant of others, and uncrystallized in any. Moreover, it is probably more correct to visualize individuals as shifting triads of three successive types with their centre of gravity in the intermediate - Lunar-*VENUSIAN*-Mercurial, or Saturnine-*MARTIAL*-Jovial, for example - rather than exclusively of a single type.

In moving, he loses nothing but his limitation. The progress of such a man towards a comprehension of the whole thus becomes enormously accelerated and he may, with luck and help, even in a single

lifetime pass through the tasks and accumulate the experience of several different types. His movement is a gathering of experience for the expansion of consciousness.

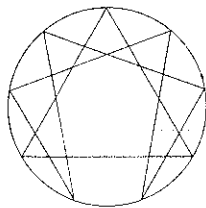
Movement is in fact the path towards consciousness, towards the creation of a soul. In the final state of movement, from Jovial back to Lunar type - but now on a higher level - an especially interesting possibility arises. We may perhaps say that true movement for a Jovial type is not back to Lunar but on to an eighth and as yet potential Neptunian type. If we think of the affinity between Neptune and the pineal gland, and through this with the process of regeneration in general, we shall understand that Neptunian type could only mean a quite new kind of man, in whom strivings towards consciousness had born physical fruit and had actually remolded his body in accordance with new powers and the effects of their use.

*LIGHT RARE INTELLABLE,
LIGHTING THE VERY LIGHT
BEYOND ALL SIGNS,
DESCRIPTIONS, LANGUAGES:*

*FOR THAT, O GOD,
BE IT MY LATEST WORD
HERE ON MY BENDED KNEES,
OLD, POOR AND PARALYZED,*

I THANK THEE .

WALT WHITMAN



Fellowship of Friends