

 Patons

Yoga Socks

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#25934

FINISHED SIZE
One size to fit average lady
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Tip

These clever socks are actually knit as a tube with an open heel to allow better grip when doing yoga poses.

Supplies

- Patons® Kroy Socks (1.75 oz / 50 g)
#55612 (Summer Moss Jacquard)
2 balls
- Set of four double-pointed knitting needles 3.25 mm (U.S. 3) or size needed to obtain gauge.

Gauge

28 sts and 36 rows = 4" (10 cm) in stocking st.

Instructions

Cast on 64 sts loosely. Divide into (20, 20, 24) sts on 3 needles. Join in rnd. Place marker on first st for beg of rnd.

Work 10 rnds in (K1, P1) ribbing.

1st rnd: Knit.

2nd rnd: *K1, P3. Rep from * around.

3rd and 4th rnds: As 1st and 2nd rnds.

5th rnd: Knit.

6th rnd: *P2, K1, P1. Rep from * around.

7th and 8th rnds: As 5th and 6th rnds.

Rep last 8 rnds for texture pat until work from beg measures approx 4" (10 cm), ending on a 4th or 8th rnd of pat.

Next rnd: Knit, inc 8 sts evenly around.

72 sts. Divide into 24 sts on each of 3 needles.

Work 5 rnds in (K1, P1) ribbing.

Shape heel opening: Next rnd: Cast off 36 sts loosely in ribbing. Rib to end of rnd.

Cast on 36 sts loosely. Rejoin in rnd.

Work 5 rnds in (K1, P1) ribbing.

Next rnd: Knit, dec 8 sts evenly around.
64 sts.

Beg on a 2nd rnd, work approx 2½" (6 cm) in texture pat ending on a 1st or 5th rnd of pat. Work 10 rnds in (K1, P1) ribbing. Cast off in ribbing.

Abbreviations

Approx = Approximately.

Beg = Beginning.

Dec = Decrease.

Inc = Increase.

K = Knit.

P = Purl.

Pat = Pattern.

Rep = Repeat.

Rnd(s) = Round(s).

St(s) = Stitch(es).

Difficulty: Easy

Completion Time: 10 hours

Designed by: Patons®

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