

- 01. "I've Been..."
- 02. "This is the Last Night"
- 03. The Burning Sun
- 04. Bad Karma
- 05. Get What You Deserve
- 06. "Just a Little Bit"

- 07. Cigarette
- 08. Cold Blood
- 09. "Uncle Dan's Song"
- 10. Breathe Big Black
- 11. Little Man
- 12. Medicine Wheel

Zulu Groove was recorded live at Lars Hockstad Elementary Auditorium in Traverse City, Michigan, on March 23rd, 1990. Songs containing "..." may not be actual song titles.