



## ***The Bhagavad Gita***

Translated by Sir Edwin Arnold (1832-1904)

This sacred Hindu text takes the form of a conversation between Krishna and Arjuna on the battlefield before the start of the Kurukshetra war. Responding to Arjuna's confusion and moral dilemma about fighting his own cousins who had taken the side of evil, Krishna explains to Arjuna his duties as a warrior and prince and elaborates on different Yogic and Vedantic philosophies, with examples and analogies. This has led to the *Gita* often being described as a concise guide to Hindu theology and also as a practical, self-contained guide to life. During the discourse, Krishna reveals His identity as the Supreme Being Himself, blessing Arjuna with an awe-inspiring vision of His divine universal form. (*Wikipedia*)

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Total running time: 2:54:53



Cover design by Kathryn Delaney  
18<sup>th</sup>-19<sup>th</sup> century painting of Krishna and Arjuna at  
Kurukshetra