

Chocolate: or, An Indian Drink



LibriVox Antonio Colmenero de Ledesma

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By Antonio Colmenero de Ledesma (d. 17th century)

Translated by James Wadsworth (1604-1656)

The Author sings the praises of Chocolate. “By the wise and Moderate use whereof, Health is preserved, Sicknesse Diverted, and Cured, especially the Plague of the Guts; vulgarly called *_The New Disease_*; Fluxes, Consumptions, & Coughs of the Lungs, with sundry other desperate Diseases. By it also, Conception is Caused, the Birth Hastened and facilitated, Beauty Gain’d and continued.” Total running time: 00:57:22.

01 – Introduction and Dedications – 00:14:04 - Read by Esther

02 – The First and Second Points – 00:27:13 - Read by Esther and Hefyd

03 – The Third and Fourth Points – 00:16:05 - Read by Laurie Anne Walden

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