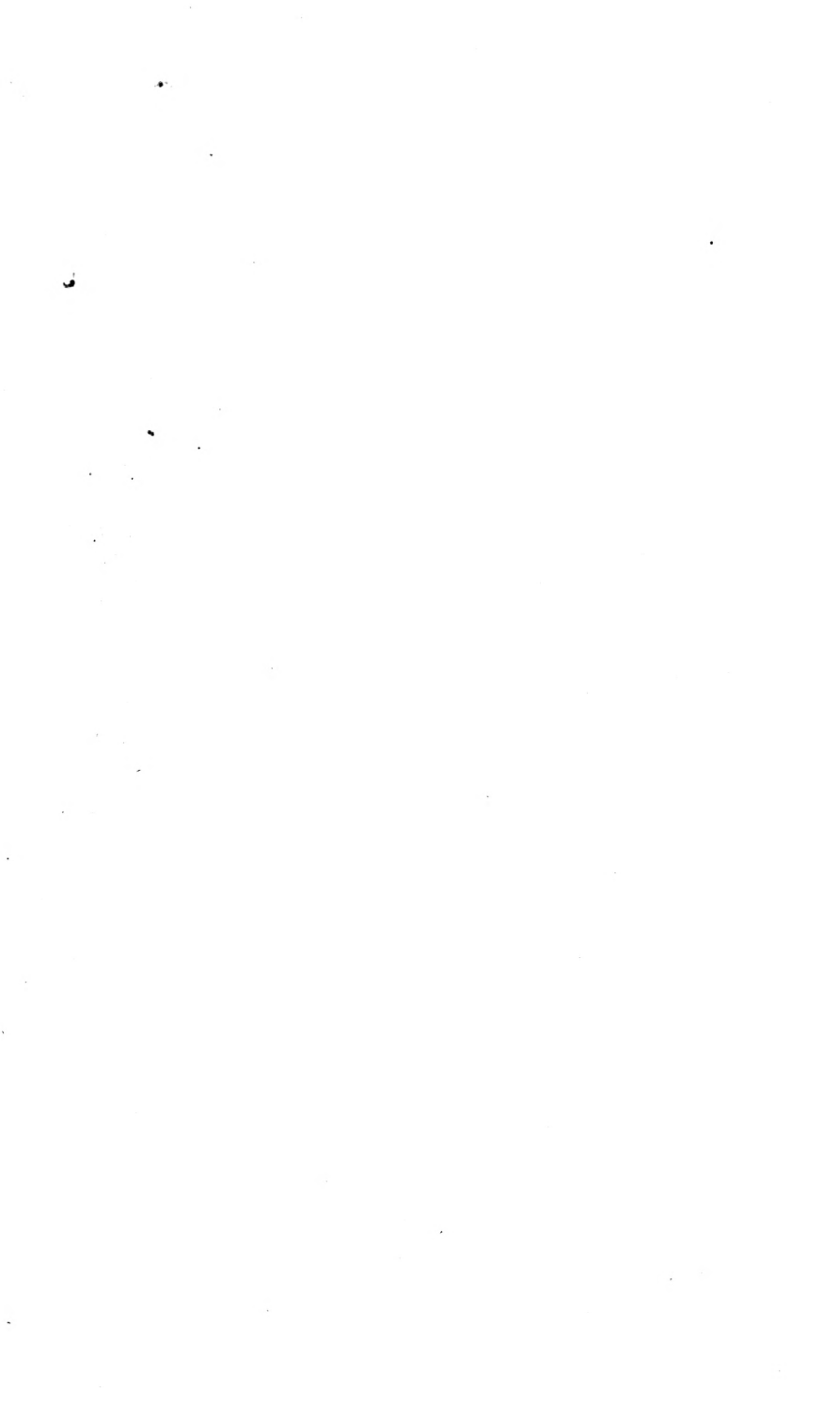


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PITTSBURGH ACADEMY OF MEDICINE,
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LECTURES

ON THE

DIAGNOSIS AND TREATMENT

OF

FUNCTIONAL NERVOUS AFFECTIONS.

BY

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P R E F A C E.

THE recent immense advances of our knowledge as regards the physiology of the nervous system and the action of remedies, have thrown a great deal of light on the symptoms and treatment of functional nervous affections. Medical practitioners, becoming daily more and more learned in physiology, are now constantly applying the new physiological notions to the practice of their art, and considerable progress in the science and practice of medicine, especially as regards organic and functional nervous affections, has resulted therefrom.¹

The vast field, opened sixteen years ago by the two fundamental experiments on the sympathetic nerve, which show the effects of its paralysis and those of its irritation on blood vessels, and, consequently, on circulation, animal heat, and nutrition, has already been considerably fertilized. Since the time when I first described, in a course of Lectures at the Royal College of Surgeons, of England, the morbid phenomena resulting from a paralysis or an irritation of the vaso-motor nerves, the study of these important phenomena has been pushed forward with great energy and success, by a large number of

¹ A good illustration of the importance of the application of physiology to the practice of medicine has been given by Dr. HOWARD F. DAMON, in his recent very interesting and ingenious work on "The Neuroses of the Skin: their Pathology and Treatment."

physiologists and medical practitioners ; and if there is a fault now as regards the influence of vaso-motor nerves, it is certainly not that too little attention is paid to it, but rather that too many morbid phenomena are ranged under the badly defined title of *vaso-motor neuroses*. Indeed, frequent mistakes are made by many physicians, who attribute to effects of paralysis or irritation of the vaso-motor nerves symptoms which are due to similar alterations of a totally different set of nerves, constituting what should be called *nutritive or secretory neuroses*.

I intend, in these lectures, to give a practical history of the diagnosis and treatment of neuroses, founded upon clinical observation, enlightened by physiology and experimental pathology and therapeutics. The lectures will be grouped into three parts, each of which will form a complete work by itself; the first part relating to general remarks on the causes, diagnosis, and treatment of neuroses ; the second, to the history of each of the pure functional nervous affections ; the third, to vaso-motor and nutritive neuroses, and to functional nervous affections due to syphilis or to rheumatism, to diseases of the kidneys, the liver, &c., or to alterations of the blood, &c.

The first part, which now appears, will be soon followed by the two others.

C. E. BROWN-SÉQUARD.

CAMBRIDGE, MASS., May, 1868.

PART I.

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DIAGNOSIS AND TREATMENT

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FUNCTIONAL NERVOUS AFFECTIONS.

LECTURE I.

ON THE CAUSES AND DIAGNOSIS OF FUNCTIONAL NERVOUS AFFECTIONS.

Existence of special conductors for the various kinds of sensations, and for voluntary and involuntary movements of muscles and blood-vessels, &c. — Dilatation of blood-vessels due to nerves of nutrition and secretion. — Variety of effects produced by an irritation of the same centripetal nerve, illustrated by the morbid effects caused by a neuralgia, and by those of an excitation of the skin of the neck by cold air, and of the tickling of the soles of the feet. — Causes of increase of excitability in the various parts of the nervous system. — Extent of the normal and morbid influences of the nervous system on nutrition and secretion. — Three fundamental causes of disease in the various organs. — Diagnosis of functional and organic nervous affections.

GENTLEMEN, — In this and in the next three lectures I intend to call your attention to the most important advances in our knowledge of the causes, the diagnosis, and particularly the treatment, of functional nervous affections, leaving for the succeeding lectures the special study of each of these affections.

I. REMARKS ON THE KINDS OF NERVE-FIBRES, THE IRRITATION OF WHICH MAY PRODUCE NERVOUS AFFECTIONS.

One of the most interesting of the recent advances in Physiology and Pathology consists in the demonstration, that the nervous conductors serving to the following functions — the transmission of the various kinds of sensitive impressions, the reflex phenomena, the conveyance of nervous force to muscles or to blood-vessels, &c. — are absolutely distinct, one from the others, as regards their special function. There is no contradiction between this assertion and the important facts discovered by Messrs. Vulpian and Philipeaux,¹ proving that nerve-fibres are mere conductors, able to transmit nervous force either towards or from the nervous centres; and that the same nerve-fibre may serve to motion or to sensation, when transplanted from one nerve into another. These facts are completely reconciled with the above assertion by the so well-established theory, that the function of nerve-fibres depends, not on peculiar or specific properties of their own, but on the properties and functions of the organs into which they are distributed, and the parts of the nervous centres from which they spring.

Not counting the nerve-fibres of the brain, many of which have functions altogether different from those of other parts of the nervous system, I have ascertained, that, besides the four distinct kinds of nerve-fibres of the higher senses, there are at least eleven distinct kinds of

¹ See the admirable paper of Vulpian and Philipeaux in "Journal de la Physiologie de l'Homme," &c., vol. vi. 1863-65, pp. 421-65 and 474-516.

nerve-fibres in the spinal cord, and in the cranial, spinal, and sympathetic nerves.

The following table shows what are the distinct functions of these eleven kinds of nerve-fibres.¹ They are the —

1. Conductors of impressions of touch.
2. Conductors of impressions of tickling.
3. Conductors of impressions of pain.
4. Conductors of impressions of temperature.
5. Conductors of impressions of muscular contraction (muscular sense).
6. Incito-motor conductors.
7. Incito-nutritive and secretory conductors.
8. Voluntary motor conductors.
9. Involuntary motor conductors.
10. Vaso-motor conductors.
11. Nutritive and secretory conductors.

I hardly need to say, that the number of functionally distinct nerve-fibres is probably much greater than is shown by this table ; but the demonstration of the existence of other special kinds of nerve-fibres (such as those serving to the sensations of hunger, of thirst, of pressure, or to voluptuous sensations, &c.) is not yet sufficiently decisive.

¹ I have shown that the nerve-fibres serving to sensations of touch, of tickling, of pain, and of temperature, are not only completely distinct one from the others, but that, after having entered the spinal cord as parts of the posterior roots of the spinal nerves, and after a complete decussation between the fibres of the two sides of the body in that nervous centre, they form in it distinct groups or columns of conductors ; so that an alteration, limited to a small part of the spinal cord, may strike either the column for touch, or that for tickling, or one of the other two kinds of conductors of sensitive impressions. I have shown, also, that conductors for the muscular sense differ from the conductors just spoken of in this respect, that they do not decussate in the spinal cord, but that they form also a distinct column in each lateral half of that organ. (See "Journal de la Physiologie de l'Homme," &c., No. 24, 1865, vol. vi. pp. 610-13 and 645.)

Almost all the symptoms of functional (and I might say, also, of organic) nervous affections take place through one or other of three modes of alteration of the properties and functions of the fifteen kinds of conductors above named. These three modes consist in —

1. A diminution or loss of power.
2. An increase of power.
3. A perverted or morbid state, producing a great variety of phenomena.

In the nine kinds of conductors serving to the transmission of sensitive impressions, the first of these three modes of alteration constitutes *anæsthesia*; the second, *hyperæsthesia*; and the third is the cause of *morbid sensations* (including the so-called *referred sensations*).

Without entering into details about the kinds of nerve-fibres which I call incito-motor, incito-nutritive, or secretory, or about those which I simply name nutritive or secretory, I will say a few words concerning their physiological and pathological history.

1. *Incito-motor nerves*.—These are the well-known excito-motor nerves of Marshall Hall. A great many facts prove that they are absolutely distinct from the sensitive nerves. All the reflex movements of the muscles of organic or animal life (including the excretory ducts of glands, the blood-vessels, &c.) originate through an irritation transmitted by these incito-motor nerves to the nervous centres.

2. *Nutritive and secretory nerves*, and *incito-nutritive and secretory nerves*.—Shorter names should perhaps be given to these nerves: but, so long as their real mode

of action remains somewhat doubtful, I think it is better to call them by names which only state what we positively know of them; *i.e.*, that they are agents of modification of secretion and nutrition. The *secretory and nutritive nerves* are in many respects the antagonists of the *vaso-motor nerves*. While these last nerves, when put in action, produce a contraction of blood-vessels, and all the phenomena which I have shown to ensue from that contraction (*i.e.* chiefly a diminution of the quantity of blood, in consequence of which the various vital properties, the secretions and animal heat, diminish also),¹ the nutritive and secretory nerves, on the contrary, when put in action, occasion a dilatation of blood-vessels, and all the phenomena that ensue from it, as shown first by experiments of Czermak and of Cl. Bernard.

I proposed long ago (in my lectures at the College of Surgeons, of London, in 1858)² an explanation of the action of these nerves, which the discovery of several new facts year after year has rendered more and more probable.³ This explanation is, — first, that the secretory and nutritive nerve-fibres act upon the tissues, so as to increase the chemical interchange between them and the blood, and that, in consequence of this increase

¹ See my "Course of Lectures on the Physiology and Pathology of the Central Nervous System," p. 142.

² See Course of Lectures, above quoted, p. 149.

³ The admirable researches made by Ludwig on the salivary secretion (in Henle- and Pfeuffer's "Zeitschrift für Rat. Med.," 1851, vol. i. p. 260), have shown, that, even when the circulation of blood is interrupted, nervous force can be transformed into chemical force in the salivary glands, as an irritation of the nerves of these glands will, for a time after the stoppage of circulation, produce a secretion of saliva.

of chemical activity, much more arterial blood is attracted by the tissues; and, secondly, that this greater afflux of arterial blood causes the dilatation of blood-vessels observed by the various experimenters who have studied this subject. In health, as well as in many morbid states, it is chiefly by a reflex action that this kind of nerve-fibres produce their peculiar effects on nutrition or secretion. The redness, the congestion, of parts attacked with neuralgia, or the neighboring parts; the secretion of tears when the eye is irritated, or the skin of the face pinched; the secretion of mucus from the nasal, laryngeal, tracheal, or bronchial mucous membranes; or the diarrhœa produced by cold; and also an immense number of other instances in which there is a congestion or a secretion as a result of an irritation of cutaneous or other nerve-fibres, — are all effects of the peculiar influence exerted by secretory and nutritive nerve-fibres on glands and other tissues.

These nutritive and secretory nerve-fibres are, as I have tried to prove elsewhere, the agents of production of inflammation, suppuration, and ulceration, by a reflex action. They are the channels of production of meningitis, of encephalitis, or myelitis, when those inflammations are due to cold, to a burn, or to a visceral affection. They also have a great share in the production of many functional nervous affections, and particularly tetanus. Besides, through the agency of these nerves, much may be done for the treatment of nervous affections, as I will show hereafter.

The incito-secretory and nutritive nerve-fibres are the

incident or centripetal nerve-fibres which, by a reflex influence, act upon the centrifugal secretory and nutritive nerve-fibres. Their distinct existence is not fully demonstrated, but many facts render it extremely probable.¹

II. CAUSES OF FUNCTIONAL NERVOUS AFFECTIONS.

The causes of functional nervous affections can be classified as follows:—

1. An irritation (by worms, by teething or decayed teeth, by cold, by a burn), a wound, an inflammation, a neuralgia, &c., of centripetal nerve-fibres (the incito-motor, the incito-nutritive, and some others).
2. An alteration in the quantity or the quality of blood.
3. The co-existence of both the preceding kinds of causes, as in cases of typhus fever, of variola, of diphtheria, of uræmia from disease of the kidneys, of cholesteræmia, &c.

I will not insist here on the mode of action of these causes; but there are a few general remarks which will be in their proper place in this introductory lecture. There are two general rules which particularly deserve attention:—

1. *The same peripheric cause of irritation, acting on the same centripetal nerve, may produce the greatest variety of effects, including every functional nervous affection or disorder.* This is well illustrated by the various

¹ The independent existence of an excito-secretory system of nerves has been assumed, but not proved, by Dr. Henry F. Campbell, of Georgia, and by Marshall Hall. (See Campbell's prize essay in "Transactions of the American Medical Association," vol. x. 1857, p. 465, and his claim to priority in "The Lancet," London, 1857, vol. i. p. 462; and Marshall Hall's paper on the Excito-secretory Sub-system of Nerves, in "The Lancet," London, 1857, vol. i. pp. 2 and 464.)

following effects on the eye of a neuralgia of the infra- or supra-orbitalis nerves. There are such cases showing —

1. Spasm of the sphincter of the pupil.
2. Mydriasis.
3. Spasm of the orbicularis palpebræ.
4. Paralysis of the orbicularis.
5. Paralysis or spasm of one or several of the muscles of the ocular globe.
6. Photophobia.
7. Amblyopia or amaurosis.
8. Congestion or inflammation of the conjunctiva, or of other parts of the eye.
9. Diminution or increase of the secretions of the lachrymal and other glands.
10. Cataract.
11. Glaucoma.¹

Many other examples, less striking, however, might be adduced. I will only mention what we know as regards the effects of cold air on persons coming out of a theatre. One may be attacked with a sore throat, a second with ophthalmia, a third with enteritis, a fourth with nephritis, and many others with any other visceral inflammation. Again, one may be attacked with facial paralysis, and others with almost every other partial paralysis, or with chorea, with contracture, with an inflammation of some parts of the nervous centres or of their meninges. It is true that it is not always the

¹ See the excellent paper of Notta on Neuralgia, in "Archives de Médecine, Juillet, Septembre, et Novembre, 1854;" my work on the "Central Nervous System," p. 157; and the very original dissertation of Rondeau, "Des Affections Oculaires Réflexes," Paris, 1866.

same part of the skin which is submitted to a sudden lowering of its temperature, and that the differences in the nature and in the seat of the reflected morbid effects may sometimes be due to differences in parts of the skin exposed to a draft of air; but in most cases, however, notwithstanding the great variety of morbid effects, it is the same part, *i.e.* the front part of the neck and chest, which is irritated by the cold air.

It is extremely probable, that the considerable variety of morbid phenomena, which follow an irritation of centripetal nerve-fibres, depends almost entirely on differences of excitability of the various parts of the nervous centres in different individuals. I have examined carefully, on a large number of men, the effects of tickling the sole of the foot, and found that these effects differed considerably in different individuals. In some, laughter predominated; in others, involuntary screaming, or shedding of tears, or jerks either only in the irritated limb, or in both lower limbs, or, in a few instances, in the two limbs of one side, or in the four limbs, or a general trembling, or a spasm of the diaphragm, or an almost tetanic rigidity of the irritated limb. I hardly need to add, that, in some individuals, there was no marked effect produced by the tickling, especially when, being prepared for the irritation, they made an effort to prevent its action; a fact which, with many others of similar purport, shows that our will has sometimes the power of preventing the production of reflex phenomena.

2. *The degree of excitability of the various parts of the nervous system not only differs extremely in different persons, but it may increase or decrease considerably in the same person under the influence of many causes.* This proposition is of so great an importance in the diagnosis and treatment of nervous affections, that it is only by the light it throws on many otherwise very obscure cases that we are enabled to recognize their nature, and to apply to them the proper treatment. Many parts of the nervous system that are completely, or almost completely, inexcitable in a healthy condition, become excitable, and sometimes in a wonderfully high degree, under the influence of several morbid causes. Among these parts, I will point out the grey matter of the spinal cord, and the nerves of the tendons, aponeuroses, dura-mater, periosteum, bowels, bladder, kidneys, and some other viscera. Many causes, very different one from the others, may increase the excitability of the various parts of the nervous system. I will only mention here the principal of these causes:—

1. I have found that muscles, nerves, and the spinal cord, become more excitable after having been laid bare, and especially when the air in contact with them has been rendered richer in oxygen than the ordinary atmospheric air.¹

2. A congestion, and, still more, an inflammation, will produce a great excitability of nervous tissues everywhere, but nowhere so markedly as in the grey matter,

¹ See "Proceedings of the Royal Society," vol. viii. 1857, p. 598; and "Journal de la Physiol. de l'Homme," &c., vol. i. 1858, p. 617.

and some parts of the white columns, of the spinal cord, which, in consequence of this change, will become able to produce referred sensations of pain, of cold or heat, of tickling, &c., and also the phenomena that result from an irritation of motor, vaso-motor, and nutritive nerves.

3. An afflux of blood, such as occurs merely by gravitation, or after a section or a paralysis of the sympathetic nerve, or a lesion of the spinal cord, the medulla oblongata, or the base of the brain, will also increase the excitability of peripheric nerves in the parts where this afflux takes place.

4. Certain remedies or poisons (strychnine particularly) will increase the reflex excitability of the spinal cord to a wonderful degree; while others, such as atropine, will diminish it considerably.

5. Certain diseases, such as tetanus and hydrophobia, will increase extremely the reflex excitability of some parts of the cerebro-spinal axis.

6. A great loss of blood, anæmia, chlorosis, will also increase considerably the reflex excitability of the nervous centres.

The increase of reflex excitability in cases of extreme debility, as in old age, or after a loss of blood, or other causes of insufficient nutrition, would be very difficult to understand, if we did not know that the reflex excitability of the spinal cord can be increased under the influence of certain substances (strychnine principally), when no blood at all remains in the blood-vessels of that nervous centre, as proved beyond the possibility of

doubt by Messrs. Martin-Magron and Buisson.¹ The excitability of sensitive nerves may also be increased when the quantity of blood is much diminished, as we often observe in fingers that have been exposed to cold air or cold water. It seems, from a review of all the facts I know bearing on this point, that certain substances contained in blood altered in quantity or quality will act on the excitability of nerve-fibres in the nervous centres, or in the nervous trunks and branches, so as either to increase it, as is done by strychnine (on the grey matter) and oxygen (everywhere), or to decrease it, as is done by carbonic acid, atropine, &c.

To conclude what I wish now to say on the excitability of nerves, I will only mention, — 1st, That I have ascertained that the excitability of the same nerve varies in different parts of its length, and to such a degree, that, in some parts, the excitability seems nil or is very slight, while in other parts it is considerable; 2d, That I have shown by positive experiments, that the excitability of muscles, of nerves, and of the spinal cord, may be very much increased, while the *force* developed by the action of those parts is very small. For instance, atrophied muscles, unable to contract with half the force shown by healthy muscles, will, however, contract under the influence of an excitation that will produce no effect on healthy muscles.

I will say only a few more words on the causes of functional nervous affections. The important discus-

¹ See "Journal de la Physiologie," &c., vol. ii. 1859, p. 484, and vol. iii. 1860, p. 130.

sions between Virchow, Spiess, and others, on the share of the nervous system in the causation of the various morbid alterations of tissues and organs, have been very useful in bringing forward many interesting facts; but the exclusiveness of the two opposite schools, at the head of which are the eminent men I have just named, has thrown a great deal of obscurity on questions which, considered with less partiality, might have been solved easily. It is certainly true, as maintained by Virchow,¹ that nutrition and secretion, normal and abnormal, can be carried on without the intervention of the nervous system; but this does not at all prove, that that system cannot interfere, for good or for evil, in nutrition and secretion in the various tissues and organs. For instance, there is no doubt whatever, that an inflammation, followed or not by suppuration and ulceration, can take place without any intervention of the nervous system; but there is no doubt also, that the same morbid processes, not only can be, but very frequently are, produced by a nervous agency. Indeed, facts are extremely numerous which establish clearly,—on the one hand, that normal nutrition and secretion do not depend essentially on any kind of interference by the nervous system, and that all morbid changes in these fundamental organic functions can take place without any nervous influence; and, on the other hand, that the nervous system may, and even almost constantly does, influence nutrition and secretion, and that it very

¹ See Dr. Chance's excellent translation of Virchow's "Cellular Pathology," Lect. XIV. London, 1860.

frequently produces, or helps to produce, a great variety of morbid alterations of these two functions.

Not only can an excitation of the same nerve produce effects in the different parts of the nervous centres, in one or another of the viscera, or in distant nerves or muscles or bones, &c.; but it can also produce, in the same part of the nervous centres, in the same viscus, in the same muscle, &c., different kinds of alteration. Why is there such a variety of alterations produced in one and the same part by an excitation which varies only in intensity? To answer this question, I must go beyond the limits of the subject-matter of these lectures, and cast a glance on the mode of production of morbid affections of the various tissues and organs. Physiology, morbid anatomy, and clinical observation, clearly point out, that all nervous affections (organic and functional), as well as affections of any other part of the body, owe their production to three different fundamental causes:—

1. A special inherent tendency (inherited or not) of the elementary parts of the tissues to become altered in one or in another way.
2. The production or introduction in the blood of those materials which are necessary for the formation of morbid growths, or able, like poisons, to cause alterations of nutrition or secretion.
3. An influence of an excitation from outside, acting with or without the intervention of the nervous system, or a purely nervous influence starting from a peripheric or a central part of the nervous system.

If we keep in mind the truth that these three causes

may exist together and in various degrees, we can easily understand how the same excitation of the same nerve may produce in the same distant part different kinds of alteration of nutrition. It is so that an irritation from a wounded nerve, as I have proved elsewhere,¹ will produce either tetanus or chorea or catalepsy or epilepsy or delirium, &c., and, by a reflex action on a peripheric part, muscular wasting or trembling, a contracture, a neuralgia, &c.

III. GENERAL REMARKS ON THE DIAGNOSIS OF FUNCTIONAL NERVOUS AFFECTIONS COMPARED WITH THAT OF ORGANIC NERVOUS DISEASES.

I now pass to the diagnosis of functional nervous affections, on which subject I will only point out in parallel columns the principal distinctive features of these affections, compared with those of organic nervous diseases.

Characters of Functional Nervous Affections.

1. The principal causes are an alteration of the blood, and an irritation of a part of an incident or centripetal nerve, by a neuralgia, by worms, by teething or decayed teeth, by a wound, a burn, &c.

2. Great variability in the intensity of the symptoms, and regular or irregular recurrence of attacks, with intervals of almost perfect health between these attacks.

Characters of Organic Nervous Diseases.

1. One of the principal causes is a special tendency (inherited or not) to inflammation, to alterations of blood-vessels, or to the formation of morbid growths, etc.

2. Persistence of the principal symptoms, with slow variations in their intensity.

¹ I have given a complete demonstration of the correctness of the above assertion in the article on Diseases of Nerves, in Holmes's "System of Surgery." 1862, vol. iii. p. 876, *et seq.*

3. A sudden or rapid cure or improvement is not rare.

4. Certain symptoms—such as a sensation of pricking, of formication, of burning heat, of icy cold, and other symptoms of irritation of conductors of sensitive impressions, and also alterations of nutrition and secretion of the skin and of mucous membranes and glands (bladder, kidneys, &c.)—are extremely rare, except in a few of these affections (neuralgia, affections due to alterations of blood, &c.)

5. The temperature of the affected parts is generally low.

6. The sphincters of the bladder and rectum are usually normal.

7. An aura, felt or unfelt, very frequently exists in some forms or periods of epilepsy, hysteria, catalepsy, hydrophobia, tetanus, &c.

8. To remove the cause is a fundamental part of the treatment.

3. A sudden or almost sudden cure is impossible, and a rapid improvement is exceedingly rare.

4. Most of the symptoms due to the irritation of conductors of sensitive impressions and of nutritive and secretory nerve-fibres, are constant or extremely frequent in inflammation and even only congestion of the nervous centres or their meninges; and these symptoms are not rare in many other organic nervous diseases.

5. The temperature of the affected parts is generally high.

6. The sphincters of the bladder and rectum are often attacked with spasm or paralysis.

7. An aura, felt or unfelt, never exists except when the organic disease has caused a functional nervous affection.

8. To remove the cause is often impossible, and, when possible, of much less importance than the direct treatment of the structural alterations.

Other means of diagnosis between organic and functional nervous affections have been found within the last few years. As I shall have to speak of them at some length when treating particularly of certain functional nervous disorders, I will merely say here, that the most interesting amongst them are,—

1. The effects of pressure on nerves, as employed by Dr. A. C. Pinel, Dr. Aug. Waller, and Messrs. Bastien and Vulpian.
2. The effects of tickling, and the degree and extent of reflex movements.
3. The influence of galvanic applications.

4. The effects of strychnine as a test for congestion in the spinal cord and its meninges.
5. The existence of anæsthesia limited to a small spot.
6. The alteration in the speed of transmission of sensitive impressions.
7. The existence of an unfelt aura.

LECTURE II.

ON MEANS OF SUPPRESSION OR DIMINUTION OF THE
CAUSES OF FUNCTIONAL NERVOUS AFFECTIONS.

Local applications of narcotics, of ice, and of the actual cautery. — Section of nerves. — Ablation of the clitoris. — Trephining of the cranium. — Ligature of the carotid artery. — Tracheotomy. — Cauterization of the urethra. — Various means of diminishing the reflex excitability of the nervous centres. — Means of producing sleep. — Mode of action of iron in improving nutrition. — Powerful influence of exercise. — Elimination of poisons.

GENTLEMEN, — Great advances have been made within the last ten or fifteen years in the treatment of functional nervous affections. Our progress in that most important branch of medicine has, however, been much greater as regards a more rational or better-appropriated employment of medicines and other modes of treatment, than by the discovery of new remedies. During the same period, there has been also another kind of progress in our therapeutics: it is the rejection of certain modes of treatment, or the limitation of their use to fewer but more proper kinds of cases than previously.

Of the many kinds of advance of our knowledge in the treatment of functional nervous affections, I will group into three classes those which relate to the principal means of suppression or diminution of the causes of nervous disorders. In the first of these classes I

will place various local applications, and different operations on nerves, on arteries, &c. ; in the second will be ranged the means of diminishing the reflex excitability of the nervous centres ; and in the third, I will place means of improvement of blood, and of elimination of morbid and other poisons.

I. ON LOCAL APPLICATIONS AND CERTAIN OPERATIONS EMPLOYED TO SUPPRESS OR DIMINISH THE INTENSITY OF SOME CAUSES OF NEUROSES.

When functional nervous affections are due to an evident irritation of a branch, or of the terminal ramifications of a nerve of a limb, or a superficial nerve of the abdomen or chest, several means of treatment may be successfully employed to check or to cut off the irritation. I will say a few words on the most important of these means.

1. *Local applications of narcotics.* — In cases of epilepsy, of tetanus, of hysteria, and most other functional affections of the nervous system, a wound of the skin or of a branch of a nerve may be the cause of the nervous disorder. Narcotics, and particularly salts of morphia and atropia, employed together, should be applied on the wound itself, in doses varied according to the absence or the abundance of suppuration. An important rule of this mode of treatment is, that the application of narcotics must be frequently renewed, particularly if there is an abundant discharge of pus. If the cause of a functional nervous affection is the division of a large branch or of a trunk of nerve, an

injection of a solution of morphia and atropia should be made at some distance from the wound in the subcutaneous cellular tissue, along the central part of the divided nerve (half a grain of a salt of morphia with one-thirtieth of a grain of a salt of atropia).

2. *Local applications of ice.* — I have long ago pointed out the usefulness of this mode of treatment in cases of wounds producing a functional nervous affection. I will only say here, that when such a means is employed, particularly in a case of tetanus, there should be no interruption in the presence of ice on the wound during the whole of the time that the nervous affection lasts. Billroth has recorded two cases in which traumatic tetanus has appeared, notwithstanding the application of ice on the wound. It is probable, that, in these cases, there has been some interruption in the application of ice.

3. *Application of the actual cautery.* — This means, which may be useful when it is necessary to alter the nature of the secretions in a wound, or to destroy parts of tissues containing a venom, has not generally so much value as either the preceding or the following modes of treatment.

4. *Various applications on the trunk of nerves at some distance from a wound.* — It may be useful to lay bare the nerve that gives filaments to the wounded part, and to apply sulphuric ether or narcotic alkaloids or ice upon it. In cases in which there is reason to expect that the original wound will soon heal, this mode of treatment might prove useful.

5. *Section of a nerve.*—The number of cases of epilepsy, of tetanus, and of other nervous complaints, due to a wound, a burn, &c., in which this mode of treatment has proved quite successful, is now so large, that there is no doubt as regards its immense value. It is most important to know that the operation must be performed early, as its chances of success decrease rapidly with the prolongation of functional nervous affections produced by a wound, a burn, or some other peripheric causes of irritation. It is necessary, not only to divide the nerve completely, but to take away a small part of its peripheric end, which is to be examined carefully with the microscope to ascertain whether it is altered or not. If it is found inflamed, or otherwise altered, the operation must be repeated, whenever possible, on the same nerve, much nearer the spine or the cranium. The microscopical examination of a small part of the nerve extirpated in this second operation, will prove very important for the prognosis of the case. The fact, that a paralysis is a necessary result of the section of a nerve, can hardly be an objection against its performance in affections like epilepsy, tetanus, hydrophobia, &c. Indeed, no sane man can have the least hesitation between these two things: on the one hand, an almost certain death, or the persistence of a fearful affection, which may produce imbecility; and, on the other hand, a paralysis of motion and sensation in a part, or even the whole, of a limb. And the hesitation, if any can exist, would certainly give way to the knowledge, that the ends of a divided nerve, even when a small part has been ex-

cised, will often unite soon, or within a year, and the paralysis be cured more or less completely. The rapidity of re-union of the ends of a divided nerve may be so great, that in a few weeks, and even sooner, there may be a partial return of function, as shown by cases reported by Mr. J. Paget¹ and by Mr. Syme.² As regards the completeness of the return of the vital properties in a divided nerve, I have seen that it may be as perfect as possible, particularly in the case of a nobleman, on whom Sir William Fergusson had divided the infra-orbitalis for a neuralgia.

6. *Operations on the genital organs.*—An able English surgeon has lately treated several kinds of functional nervous affections by the extirpation of the clitoris. That this operation may sometimes be useful, there is no doubt at all.³ But I cannot look upon this mode of treatment as one that should be employed in other cases than those in which a distinct aura starts from the clitoris, or in those cases in which that organ is morbidly sensitive and much hypertrophied. There are on record cases of nervous complaints, due to masturbation, in which the clitoris has been extirpated without any durable benefit as regards the nervous affection, or even as regards the habit of masturbation. In women, as well as in men, the only usually decisive means against masturbation is the production of a

¹ See "Lectures on Surgical Pathology," by James Paget, Lect. xii.

² See "Treatise on the Excision of Diseased Joints," by Prof. Syme, p. 88.

³ I will, on this point, refer to a good paper recently published by Dr. H. R. Storer, in which he advances views very similar to my own as regards the frequency of onanism in women, and its treatment. See "The Western Journal of Medicine," of Indianapolis, for 1867, vol. ii. p. 440.

small ulcer (by caustics or the red iron) on parts of the genital organs that are unavoidably touched or moved in the act of self-abuse, so that every attempt to accomplish the act, either with or without the help of the hand, is so painful that the patient must give it up. Even this means, however, does not always prevent onanism. Indeed, I have seen a case in which the mere touch of the glans (which was inflamed and covered with pus) made the patient scream from the intensity of the pain, and in which, however, masturbation was practised several times a day.

As regards the removal of the testicles, it seems to me a barbarous operation, if performed only because there is an excessive tendency to sexual intercourse.

7. *Trephining of the cranium.* — As a mode of treatment against epilepsy, this operation has been much more frequently performed than is generally known. It has also been made, and with success, by Professor E. Geddings, of Charleston, in a case of tetanus, due to an irritation of the dura mater by a broken piece of bone.¹ Trephining of the cranium has also been successfully performed by Mr. Henry Lee, of London, in a case of reflex ulceration of the skin of the arm and spasmodic movements of the same limb.² It would be out of place here to discuss fully the question of the usefulness of that dangerous operation as a means of treatment of epilepsy. I will merely say, that it is only in cases of an irritation of the dura mater, by a broken

¹ See "The American Journal of the Medical Sciences," Jan., 1853, p. 272.

² See Dr. Beale's "Archives of Medicine," 1860, p. 90.

piece of bone, by diseased bone, or any other evident organic cause, that trephining can rationally be performed; and that, even in such cases, a cure might be obtained (and has really been sometimes obtained) by the use of counter-irritation applied on the diseased spot.

8. *Ligature of the carotid artery.*—This most irrational mode of treatment is, or I hope will soon be, completely abandoned. It has been employed in epilepsy and in mania, with the view that those affections depend on a congestion of the brain, and that a ligature round the carotid artery would diminish that congestion. I will show, in a new edition of my work on “Epilepsy,” that the good effects of this operation, in the cases of Preston and his imitators, have been obtained chiefly through some injury to the cervical sympathetic nerve.

9. *Other operations for the removal of causes of functional nervous affections.*—I will only point out the importance of the removal or expulsion of a decayed tooth, of a tumor, of a carious or necrosed bone, or of worms in the bowels or vagina, in those cases in which there is a probability that these sources of irritation are the principal causes of a nervous complaint. Of other operations, such as tracheotomy and the cauterization of the urethra, I will only say a few words. It is now perfectly established, that the theory of epilepsy given by Marshall Hall was wrong; and that, if tracheotomy may be useful in some cases of epileptic coma, or spasm of the glottis, in tetanus, in hydrophobia, or in whooping-cough, &c., this operation in those cases is of service

against an effect, and not against a cause, of the existing nervous affection. As regards the cauterization of the urethra, according to Lallemand's plan, in cases of nervous complaints due to seminal losses, I must say, that I have been consulted by a great many patients who had vainly submitted themselves to that operation; while I have often observed a considerable amelioration, and sometimes a cure, by a medicinal and hygienic treatment, consisting in the use of atropine, the ergot of rye, large doses of the bromide of potassium, and nervine tonics,—such as quinine, iron, manganese, silver,—with cold, shower, and sitz baths, gymnastic exercise, and the most nourishing alimentation.

10. *Treatment against visceral diseases.* — I only wish to point out under this head, that every organ, or part of an organ, in so far as it has nerves, and also if it has any marked influence on the composition of the blood, can be the cause of a functional nervous affection. Therefore an alteration of such an organ must be energetically fought against in these nervous affections, particularly when no other cause of it can be found but that alteration.

II. MEANS OF DIMINISHING THE REFLEX EXCITABILITY OF THE NERVOUS CENTRES.

An increase of the reflex excitability of some part of the nervous centres is one of the most important elements of many neuroses, and particularly epilepsy, hysteria, tetanus, hydrophobia, delirium tremens, chorea, paralysis agitans, and some forms of reflex insanity.

To diminish that increase of reflex excitability is an essential part of the treatment in those affections.* The following remedial agents are to be employed against this morbid state: —

1. Codeine, narceine, morphine, atropine, valerian, aconite, the chloride of barium, the bromide of potassium, the bromide of ammonium, and turpentine, are undoubtedly the most reliable remedies against an increased reflex excitability. According to the kind of nervous affection, and also to the seat of the increase of that vital property, we are to select either one or another of these remedies. Atropine, valerian, and the bromides of potassium and of ammonium, are the most valuable in epilepsy; the chloride of barium is of real value against tetanus and paralysis agitans, but of no use in the common forms of epilepsy; codeine, narceine, morphine, and valerian are useful against hysteria, &c. None of these remedies, however, equals chloroform; but, unfortunately, its influence is merely transitory. Counter-irritants and the warm bath have also a great power against the increased reflex excitability, as I will show in another lecture.

2. As a morbidly increased excitability is very often due to anæmia or to an impoverished nutrition, all the hygienic and medical means (good food, exercise, and tonics) that can improve nutrition should be ordered in such cases against that morbid state.

3. It is of the utmost importance to improve sleep, which is generally very bad in patients attacked with a morbid increase of the reflex excitability. For this pur-

pose, an invaluable remedy has recently been discovered : it is the bromide of potassium. Excepting when pain is one of the causes preventing sleep (in which case the alkaloids of opium, aconite, or hyoscyamus should be employed), I have found that this remedy has a most wonderful power to produce a quiet and refreshing sleep, without any drawback that I am aware of.¹ I usually give to adults a dose of thirty grains of that salt a quarter of an hour before the last meal, and a second dose of from thirty to fifty grains at bed-time. In cases in which, without any nervous complaint, there is sleeplessness, owing to some cause of cerebral excitement, as well as in all neuroses, excepting hydrophobia, tetanus, very severe cases of delirium tremens, and some forms of insanity, I have ascertained that a sound and refreshing sleep is almost always induced by that remedy. In some cases, I have found it necessary to increase the dose of the bromide, and to give also a small dose of narceine or codeine an hour before bed-time. In those affections in which the bromide of potassium is not powerful enough as a sleep-inducing agent, a warm bath of four, five, or six hours' duration, is often successful.

III. IMPROVEMENT OF THE BLOOD, AND ELIMINATION OF CERTAIN POISONS.

It is now well known that all the morbid states of the blood can produce functional nervous affections. I,

¹ See Dr. H. Behrend's paper on this subject in "The Lancet" for 1864, vol. i. p. 607. — Dr. B. himself was attacked with sleeplessness, and was quickly cured, under my advice, by the use of the bromide of potassium.

therefore, need not stop long to prove, that anæmia, or the presence of morbid or other poisons in that liquid, often engender the worst as well as the slighter forms of nervous disorders. Since the publication of Marshall Hall's views on the effects of loss of blood,¹ we have learned much as regards the influence of anæmia in the production of nervous affections. In an admirable and too little-known work of the late lamented Dr. O. Landry,² cases are recorded, showing how various are the forms of nervous disorders caused by an insufficiency of the amount of blood in the system, or by an alteration in the qualities of that nutritive fluid. The various forms of insanity, paralysis of sensibility or motion, neuralgia, and almost all the convulsive affections, from chorea to epilepsy and catalepsy, are among the often-observed effects of anæmia, whether due to a loss of blood, or to other causes. I must, however, warn the student of the physiology and pathology of the nervous system against admitting, that the convulsions observed at the time of impending death from hæmorrhage are to be considered as a genuine epileptic fit. Kussmaul and Tenner³ have committed a great mistake, in admitting that the fits they observed in their interesting experiments on animals were epileptic fits. The convulsions in those animals, as in our own species in similar circumstances, *i.e.*

¹ See his "Essay on the Hydrocephaloid Disease in Children," and his "Observations on the Due Administration of Bloodletting, and on the Curative Effects of the Loss of Blood."

² "Recherches sur les Causes et les Indications Curatives des Maladies Nerveuses," Paris, 1855.

³ See the translation of their work "On Epileptiform Convulsions from Hæmorrhage," published by the New Sydenham Society, 1859, vol. v. pp. 1 to 109.

occurring immediately after a considerable loss of blood, are due, as I will prove in another lecture, to the irritation of the nervous centres by the carbonic acid which then accumulates in the blood that remains in the system. In other words, convulsions are then due to asphyxia, and not to an alteration of nutrition, which cannot take place in a few minutes.

There is no general rule of treatment against the various morbid states of the blood, producing nervous affections, beyond this self-evident one, that the best means to improve the condition of that fluid should be employed, together with the special means of treatment of the particular nervous affection caused by the morbid condition of the blood. Anæmia, rheumatism, gout, diphtheria, scarlatina, syphilis, &c., are to be treated in the same way, whether they are or not the causes of a functional or organic nervous affection.

I will only make a few more remarks on this subject. Modes of treatment consisting in attempts to furnish to the blood substances which are deficient in quantity, either in that fluid itself or in the tissues (such as iron in cases of chlorosis and anæmia, or phosphorus in certain nervous affections, and in cases of seminal losses), or to prevent certain secretions (as that of sugar in diabetes), are gradually being replaced by sounder therapeutic principles, grounded on a better knowledge of the causes of the alterations of the blood, or of nutrition and secretion, and also on a better appreciation of the immense value of hygienic means to improve the condition of the blood, and of the great organic functions. For instance,

it has been shown by Sandras, Dalpiaz, Becquerel, Eismann, and others, that chlorosis is a nervous affection; and that the deficiency of iron in the blood of chlorotic patients is an effect instead of a cause, as this deficiency occurs only after this affection has existed some time. It has been further shown, that iron serves to cure that affection, chiefly on account of a peculiar influence which causes the food to be transformed more easily into blood, and probably, also, of a direct improvement in the nutrition of the nervous centres. Other metals, which are not normal constituents of blood-globules, especially manganese and silver (particularly the oxides of these metals), sometimes act better than iron in cases of chlorosis and anæmia. He who will read attentively the remarkable papers of Professor Bouchardat on the pugilist's training, and on the rapidly curative effect of exercise and good food in diabetes,¹ will soon be convinced of the immense value of purely hygienic means in improving nutrition and secretion. It is quite natural, therefore, that gradually the idea is being abandoned, that, whenever a principle is diminished in quantity in the blood or in the tissues, the best treatment consists in trying to increase its amount by giving as a remedy the deficient substance. Consequently the selection of a remedy as a tonic or a stimulant ought to be quite independent of any such chemical view; and we ought to let a good diet, and all the principal rules of hygiene,

¹ See "Supplément à l'Annuaire de Thérapeutique pour 1861," and the paper on the "Treatment of Diabetes," pp. 291-336, in "L'Annuaire de Thérapeutique pour 1865."

take care of the composition of the blood, when its morbid condition consists only in the deficiency of globules or albumen,—remembering, however, that it may be useful to the patient to employ the kinds of food which we know to contain, in easily absorbable forms, iron, phosphorus, or some other substance which seems to be in insufficient quantity in the blood or in the tissues.

As regards the elimination of mineral poisons which have produced functional nervous affections, I will only say at present, that the discovery of Melsens, which shows the value of large doses of the iodide of potassium for the expulsion of lead and mercury from the system, has been universally recognized. It is important to remember, that the dose of that salt must be very large for its successful influence. The statements of Melsens and N. Guillot on this point have received positive confirmation from researches by Dr. W. Budd, of Bristol, and Professor Easton, of Glasgow.¹ My own observations agree with the conclusions of these able physicians. The elimination of lead and mercury takes place chiefly by the urinary, salivary, and cutaneous secretions. Consequently, saliva must be spit, and the skin very frequently washed, in order to avoid a partial absorption of these poisons after they have been secreted.

¹ In a second paper, Melsens says, that, at first, the dose should be small, to avoid the solution of too great a quantity of lead or mercury, which might prove injurious. I do not agree with him on this point; but I think, that the doses, however, should not be as large at first as after a few days. I think also, that, instead of two or three doses a day, five or six should be given, in those special cases of nervous affections due to lead or mercury. See Melsens's second paper in "*Journal de Chimie Médicale*," 1849, p. 136; W. Budd's paper in "*British and Foreign Medico-Chirurgical Review*," 1853, vol. xi. p. 202; and J. A. Easton's paper on Elimination, in "*Glasgow Medical Journal*," July, 1858, p. 152.

I will not speak of the elimination of morbid poisons (such as those of diphtheria, rheumatism, gout, syphilis, leprosy, &c.) having produced nervous affections, because nothing of great importance has been found recently that applies to all, or almost all, those poisons. The only fact worth mentioning is, that the iodide of potassium may serve for the elimination of all but one of them.

LECTURE III.

ON MORAL, PHYSICAL, AND VARIOUS OTHER MODES OF TREATMENT OF FUNCTIONAL NERVOUS AFFECTIONS.

Importance of a serious mental occupation. — Means of increasing and of decreasing the quantity of blood in the limbs, the trunk, or the head. — Irritation of nerves of the skin and other peripheric parts, as a means of curing a morbid state of the nervous centres. — Therapeutic use of cold and heat. — Cauterization of fauces and larynx. — Baths. — Pressure on the carotid artery. — Special treatment of periodical affections. — Special use of anæsthetics.

GENTLEMEN, — I will divide the subject of this lecture into six parts: the first, on moral treatment; the second, on physical and mechanical means of treatment; the third, on therapeutic means, acting through an irritation of sensitive and other incident nerves; the fourth, on complex modes of treatment, combining the two processes of irritation of nerves and a modification of blood; the fifth, on special modes of treatment in periodical nervous affections; and the sixth, on a special use of anæsthetics.

I. MORAL MEANS OF TREATMENT.

Under this head I will say only a few words here concerning two general principles of therapeutics, which, notwithstanding their importance, are very much neglected. The first of these principles, so well established

by the researches of Dr. Cerise,¹ is, that a *serious aim* in the daily occupations is of the greatest value, and, for many persons, quite essential to prevent or to check nervous disturbances. The applications of this principle are, of course, very difficult, and often impossible, in certain neuroses; but in those cases in which any kind of serious work, either mental or physical, but not too fatiguing or exciting, is liked by the patient, he should be induced to do it. In cases of hypochondria, of hysteria, of chorea, and even of epilepsy, a great benefit can be derived from a serious employment of the mental and physical activity of the sufferer. How often have I not seen young epileptics kept in idleness (alas! by medical advice), and, having gained more or less of the vices it leads to, improve rapidly from having their minds occupied at regular hours, in nearly the same way as healthy people of their age!

The second principle of moral treatment is, that we must, in the interest of our nervous patients, as much as, if not more than, in our own, give them confidence and hope in the treatment we recommend. In hysterical and all nervous complaints allied with it, and also in hypochondria, and in several other neuroses, a great hope of cure will do much to work out the cure. No doubt you will say, How to give hope? I answer, that the best means for that purpose is to have hope ourselves, and to express our hope with the accent of conviction. And as you would ask, How can we command

¹ See his excellent work, "Des Fonctions et des Maladies Nerveuses," Paris, 1842.

hope in ourselves? I answer, that the very knowledge of the truth of the principle I am now speaking of is enough to render one hopeful. I need not repeat, that I am now speaking only of those neuroses in which the power of the mind upon the body is so great, that under the influence of an emotion, or another moral cause, a sudden or almost sudden cure is not very rare.

II. PHYSICAL AND MECHANICAL MEANS OF TREATMENT.

Although the therapeutic means of this class are not very new, most of them are so generally neglected, notwithstanding their great value, that I must say a few words about them, especially to show in what way and in what cases they should be employed.

1. *Means of increasing the quantity of blood in peripheric parts of the body.*—In all cases of diminution of size and density in muscles attacked with reflex paralysis, lead palsy, paralysis agitans, rheumatic paralysis, or idiopathic and reflex wasting palsy, as well as in cases of anæsthesia with diminished temperature of the skin, it is very useful to increase the quantity of blood in the paralyzed, the trembling, or the anæsthetic parts. For this purpose, the best mechanical and physical means are the following:—

1. When the affected part is not extensive, dry-cupping, with the ordinary apparatuses, may be resorted to with advantage, particularly in cases of local hysterical anæsthesia, with great coldness of the skin.

2. Junod's boots to be applied every other day, either to a whole arm or to a whole lower limb, when there is

no œdema. It is chiefly in cases of paralysis, with wasting of muscles (not, however, the idiopathic wasting palsy), when the loss of motion is not due to an organic disease of the nervous system, that I have witnessed a great amelioration from the use of this powerful means of increasing the amount of blood in a limb. As regards the *modus agendi* of that therapeutic means, I have ascertained, by experiments on animals, that muscular irritability increases whenever the quantity of blood is augmented in muscles; and I have found, that, in a limb of an animal dry-cupped for eight or ten minutes by Junod's boot, muscular irritability acquires a much greater degree than before the application of the boot.

3. Covering the affected part with heated flannel or woollen stocking or sleeve.

4. Shampooing, without uncovering the part, if the temperature of the room is low.

5. Frictions with a hot piece of flannel only in the direction of the venous current.

6. The affected part should be kept as much as possible in a lower position than that of the rest of the body.

7. Applications of ice should also be made, according to rules to be given hereafter.

2. *Means of diminishing the quantity of blood in the trunk and head without bleeding.*— It may be necessary to employ means of this kind in the comatose state existing sometimes in certain functional nervous affections, such as epilepsy, eclampsia, delirium tremens,

or in nervous disorders due to uræmia, cholesteræmia, or some other kind of toxæmia. Junod's boots may answer the purpose; but there is a simpler means, which has the great advantage of being everywhere at hand, and is superior to these cupping boots in this respect also, that it may be applied with hardly any interruption for hours and days, if necessary. This means consists in the application, on the upper part of the four limbs, of ligatures tight enough to diminish considerably the return of blood to the heart, without preventing much the arrival of blood. By so doing, a pretty large amount of blood may be imprisoned in the limbs, and all the immediate benefits of bleeding can be obtained; while the bad effects it may have exist only during the time the ligatures are kept on the limbs. In making use of this means, it is important to loosen the ligatures every fifteen or twenty minutes, and to apply them in a new place after each loosening. To avoid the danger of a sudden return of a great deal of blood, they must be removed successively, and an interval of at least a few minutes must be left between two succeeding removals.

3. *Means of increasing the amount of blood in the trunk and head.* — It may prove necessary, or at least useful, in some cases of syncope (in hysteria, in epilepsy, and in a few other neuroses due to anæmia, chlorosis, &c.), to increase the amount of blood in the trunk. In addition to the so-well-known means of laying the patient flat on his back, his head left on the level of his body, and his four limbs lifted up, so as to have the help

of gravitation for the accumulation of blood in the trunk and head, it seems of real importance to press with the hand or with a tourniquet on the main arteries of the four limbs, near their place of issue from the trunk. Besides these means, it is of great importance to excite the heart to beat by frequently repeated pressure on the sternum and ribs directly over that weakened organ; as I have ascertained, on various species of animals, that when the movements of the heart have just ceased, in consequence either of a reflex action from an irritation of the abdominal sympathetic nerve, or of a direct excitation of the medulla oblongata or par vagum, a pressure upon that organ (*i.e.* a direct mechanical stimulation) will make it beat again.¹

4. *Other mechanical and physical means.* — I will not speak now of the pressure on the carotid arteries, or on nerves, as these means are not simply mechanical. The same reason makes me postpone what I have to say of the application of ligatures round a limb or some other part, in cases of an *aura epileptica* or *hysterica*, &c. I will now say only, that when an attack of epilepsy, of eclampsia, &c., is followed by a comatose state, or even a sleep with heavy breathing, it is of the greatest importance to place the head of the patient in such a position, that the tongue, which is then nearly paralyzed, will not fall on the larynx, and cover its aperture.

¹ There is a most powerful means of exciting the heart to beat in cases of partial syncope, which I do not mention in the text, because it is not mechanical. It consists in stopping completely the breathing of the patient for one-half or two-thirds of a minute. The blood then becomes more charged with carbonic acid, and more exciting to the heart.

III. ON THERAPEUTIC MEANS, ACTING THROUGH AN IRRITATION OF THE SENSITIVE AND OTHER INCIDENT NERVES.

These means are of the utmost value; and the recent progress of our knowledge as regards their mode of action constitutes a large part of the advance of the therapeutics of neuroses in our time. These means act chiefly by a reflex action; most of them on the vasomotor nerves, and some of them on the nutritive and secretory nerves. Many of them give a sensation of pain, while they are applied or afterwards; but most likely their principal mode of action is through the irritation of the non-sensitive incident nerves (excitomotor of blood-vessels, and excito-nutritive and secretory nerves). I will state briefly what are the most interesting points concerning the therapeutic influence of these means.

1. *Ligatures, pinching, rubbing, and circular blisters.* — When I first began to make use of ligatures in epilepsy, I had hardly any other than theoretical objections against the view, that, in that convulsive affection, ligatures serve only to prevent the passage upwards of an irritation travelling from the periphery towards the nervous centres. I soon saw several cases similar to a few already known, in which the cause of the aura was clearly in the nervous centres, and in which, however, ligatures acted as marvellously in preventing attacks as in cases in which an aura had undoubtedly its cause in a peripheric part.

When the extremely various sensations which accom-

pany an aura,¹ in the same manner as the aura itself, have their only cause in the nervous centres, as it was in the cases I have just mentioned, it is quite evident that there is nothing going from the periphery to the nervous centres; and it is quite as evident, that ligatures in such cases must act by some other means than by preventing the passage of something. This first point being clearly established, I found that ligatures, in cases of an aura having a centric origin, acted with greater efficacy when they suddenly produced powerful irritation of the nerves of the skin, than when they were applied gradually and slowly, either tightly or not. After having made this step, I ascertained that it was so even in cases of an aura starting distinctly from the periphery. I found afterwards, that, in both kinds of cases, pinching, pricking, striking, or rubbing the part which is objectively or only subjectively the place of origin of an aura may prevent a fit of epilepsy or of hysteria, or simply of local or general convulsions. I was led, therefore, to look upon ligatures in those cases as acting chiefly as a means of irritation of the nerves of the parts on which they are applied, — an irritation producing a favorable change in the nervous centres.² The following results I have subsequently obtained: —

¹ I say, “accompany an aura,” because I have found that the sensations which are miscalled *aura* are not at all essential, as they vary extremely, and may exist or be absent altogether; the aura, notwithstanding their absence, being as powerful as any *apparently felt aura* can be. These sensations, therefore, which are erroneously considered as constituting the aura, are merely accidental phenomena which accompany the essential and special irritation which should alone be called *aura*.

² The influence of an external irritation in producing a favorable change in the nervous centres is beautifully illustrated in cases of myelitis existing in a

1. That it is not necessary to apply an irritation (by a ligature, pinching, &c.) on the very limb from which an aura seems to start, as the same means applied elsewhere may succeed; but the chance of success is much greater by the former than by the latter way.

2. That a constant or a frequent irritation (by a blister, an issue, a seton, the actual cautery, &c.) on the place from which an aura seems to start, may not only prevent fits, but, by some change of nutrition locally (if the aura is really of peripheric origin) and in the nervous centres, may reduce or even destroy altogether the tendency to fits, and lead to a complete cure.

3. That, as a circular ligature may procure a temporary good effect, so a narrow *circular blister* applied all round a limb, a toe, or a finger, or a circular cauterization with a white-hot iron, may cure epilepsy, hysteria, neuralgia, &c., in cases with a distinct aura.

4. That, even in cases in which there is no known aura, felt or unfelt, ligatures, pinching, and other means of irritation, may prevent the occurring of expected fits. I ought to say, in addition, that, for a long while already, it has been known, — not generally, however, — that lig-

small zone, in the upper or middle part of the dorsal region, leaving below it all or nearly all the dorso-lumbar enlargement of the spinal cord in a very congested but probably otherwise healthy state. In seven well-characterized cases of that kind that I have seen (alone or with Professors Trousseau and Nélaton, and Drs. Charcot and Verneuil, of Paris, J. S. Ramskill and Hughlings Jackson, of London, and Dr. L. R. Stone, of Newton, Mass.), there were, as usual in such cases, extremely violent and frequent reflex tetanic spasms in the lower limbs. In these seven patients, the spasms at once abated and quickly ceased, when the big toe of either of the feet was seized, and forcibly and suddenly drawn down, flexed as much as the ligaments of the joints would allow. I think the same means should be tried in tetanus, and particularly traumatic tetanus.

atures, applied to one or two limbs, may prevent the appearance of an expected attack of fever and ague. As malarial poison produces fever by a peculiar influence upon the spinal cord, the success of ligatures against fever and ague is probably due to a favorable change in that nervous centre, induced by a peripheric irritation of incident nerves.

2. *Cold*. — Ice is the most powerful means we possess to produce a reflex contraction of blood-vessels. Before a positive demonstration was obtained, this mode of action had already been rendered extremely probable, by the following well-known facts: that ice applied on the abdomen or on the back, or in the vagina and rectum, often stops a hæmorrhage from the womb; that, applied to the head, it will do some good in cases of congestion or inflammation of the brain or its meninges, or in cases of symptomatic or idiopathic headache; that it may stop a hæmoptysis when applied to the chest, and a hæmorrhage from the bowels, the stomach, or the kidneys, when applied to the abdomen or the loins; that it may be employed with marked benefit against an inflammation of the viscera or serous membranes of the chest and abdomen, and especially against puerperal fever and metropéritonitis, as shown particularly by Michaëlis of Kiel, T. Helm, F. Kiwisch;¹ that, applied all along the spine, it may cure tetanus, and be useful against spinal meningitis.²

¹ See "The British and Foreign Medical Review" for 1837, vol. iv. p. 518; and for 1842, vol. xiii. pp. 108 and 120.

² The above facts have led me to propose ("Lectures on the Various Forms of Paralysis of the Lower Extremities," 1861, pp. 91, 92) the use of pounded ice,

These facts gave a great probability to the view that ice acts as an irritant of incident nerves, and, through the influence of this irritation transmitted to the spinal cord or to the base of the brain, produces a reflex contraction of blood-vessels; but, so far as I know, there was no positive fact demonstrating this peculiar mode of action of cold on blood-vessels, until the experiments which I made more than sixteen years ago,¹ with my friend Dr. Tholozan, clearly showed that ice can act in that way. We found that dipping one hand into water at freezing-point produces in the other hand considerable contraction of blood-vessels and a corresponding diminution of temperature. This fact, of which I shall have to speak again in another lecture, leaves hardly a doubt as regards the mode of action of ice in the cases in which it is daily employed with the view of producing a remote effect. Recently, Dr. Chapman² has had the idea of applying ice to the spine, with the purpose of paralyzing the vaso-motor nerves of the limbs or of the head. He states that the application of ice to the lumbar region of the spine produces a dilatation of the blood-vessels of the lower extremities, and all the consequences of a greater afflux of blood; and that a similar application between the shoulders produces the effects of the section of the two cervical sympathetic nerves. Whether he be right or

to be applied in bladders all along the spine in cases of hæmorrhage in the spinal canal. I have since then made a useful application of this mode of treatment in a case of that kind.

¹ See "Journal de la Physiologie de l'Homme et des Animaux" for 1858, vol. i. p. 497.

² Medical Times and Gazette, July 18, 1863.

wrong in his explanations, he at any rate relates facts which deserve to attract the attention of the profession. We are not frequently enough successful in our treatment of neuroses to neglect means which, according to his statements, have cured so many cases of epilepsy or of other nervous affections. It is to be hoped, therefore, that physicians having charge of large hospitals will give a fair trial to the means he proposes, and ascertain the real value of cold applications to the spine in the treatment of neuroses.

I will try to prove elsewhere, that the application of ice to the upper part of the spine chiefly acts like any other irritation of the skin, but with more power; modifying remedially the nutrition of the nervous centres, and particularly that of the base of the brain. A reflex influence on the circulation of blood and on the nutrition of the retina may also take place from the application of ice to the spine. A patient of Mr. Ernest Hart¹ has been cured of epilepsy and progressive atrophy of the optic nerve by applications of Chapman's ice-bags to her spine. The same patient had previously been under my care, and had derived only a slight benefit from the use of the valerianate of atropia.

I wish it to be understood, however, that I do not recommend the use of Chapman's India-rubber ice-bags. I believe, that, in most cases in which ice is to be applied, its influence is very much diminished by the interposition, between it and the skin, of a pretty thick layer of India-rubber. In cases of congestion of the base of

¹ See "The Lancet," London, January, 1865, vol. i. p. 6.

the brain or of the cerebral meninges, pounded ice must be applied almost on the bare skin, a thin linen only being placed between ice and the cutaneous surface. The same mode of application is also the proper one in cases of great coldness of feet in epilepsy, in hysteria, and also in cases of infantile paralysis and in lead palsy, and several other kinds of paralysis in adults. I have ascertained, that, in all these cases, rubbing with ice the skin of the legs, feet, arms, and hands, each part for ten minutes every day, very quickly improves circulation and nutrition, and increases notably and persistently the temperature of the parts that are so treated. The benefit of such applications is sometimes considerable, even in cases of paralysis from an organic disease, when there is a great coldness of the paralyzed parts.

This would be the place to speak of hydrotherapy, if I had time to treat of all the therapeutical means. I will only say, that an important addition to the proofs of the reflex influence of cold water on blood-vessels has been obtained by Dr. L. Fleury, who, by careful measures, has ascertained, that, after the application of a cold douche on the skin, a congested spleen or a congested liver will sometimes diminish in volume much more than had been stated by other practitioners. Several interesting facts lately observed by a talented young physician, Dr. Béni-Barde, give a confirmation to the view that the therapeutic influence of hydrotherapy is due to a reflex action on the internal organs from the excitation of the skin by cold water.

3. *Actual cautery and other applications of heat.*—

Jobert de Lamballe,¹ Valleix,² and others have exaggerated the advantages of the so-called transcurent cauterization against neuralgia; but there is no doubt, that this means is one of the most valuable in that affection, and is very useful against other neuroses. I may say, that it is not at all necessary to produce a burn that will give a great discharge. If the iron employed has a smooth surface; if, besides, it is applied only at white heat, and passed quickly over the skin with a gentle pressure,—it hardly gives pain. The epidermis and a very thin layer of the skin dry up and fall off within two or three days, leaving a reddish mark, which disappears before very long. This means I have employed with great advantage in a case of angina pectoris, and in many cases of epilepsy and neuralgia, and with some benefit in cases of contracture, of torticollis, of paralysis agitans, &c. The application of heat in many other ways (by Mayor's hammer, for instance) is very useful in a great many cases of nervous affections. In a case of coma with convulsions, due to a complete arrest of the urinary secretion after an attack of renal hæmaturia, in 1851, Dr. Tholozan and myself, after twenty-four hours of unsuccessful treatment, decided to apply heat on the skin of the loins and sides of the abdomen. A large silver spoon was dipped into boiling water, and was applied on eight or ten places. To our surprise and delight, we soon found the respiration improving; and, in less than a quarter of an hour, the convulsions

¹ Etudes sur le Systeme Nerveux, Paris, 1838, vol. ii. p. 648.

² Guide du Médecin Praticien, 4^{me} ed., Paris, 1860, vol. i. p. 656.

ceased, and the patient came to his senses, and passed a little water. The return of the urinary secretion had saved him.¹ No doubt the irritation of the skin had acted by a reflex action on the secretory nerves of the kidneys, and produced the secretion of urine.

4. *Alternative applications of cold and heat.* — Led by the well-known powerful influence of alternative immersions of newly born children into cold and warm water to restore respiration, I have often applied, with more or less good effect, cold and hot water to the spine, with a view of producing a contraction of blood-vessels of the spinal cord. Whether these vessels are already somewhat contracted, as is most likely the case in reflex paralysis or reflex anæsthesia, or dilated, as is often the case in hysterical paraplegia, some good may be obtained in these two opposite conditions from the use of cold and hot applications, owing to causes which I will explain in another lecture. I have found alternative applications of ice and hot poultices very useful against neuralgia.² A very able physician of London, Dr. J. S. Ramskill has obtained some benefit from alternative immersions of a paralyzed limb into very cold and hot baths.

¹ A few years afterwards, the patient, who was a physician, succeeded with me, by the same means, in saving the life of a patient who was attacked with cholera, aggravated by uræmic coma and convulsions.

² These alternative applications of ice (for ten minutes) and hot poultices (for an hour), which I long ago recommended as a means of preventing the formation of bedsores and sloughs on the nates and elsewhere in cases of myelitis, spinal meningitis, or fracture or dislocation of the spine, typhus, &c., have now been so often employed successfully by myself and many other medical men, that I think I may safely say that these morbid alterations of nutrition might be always prevented by those simple means. (See the valuable work of Drs. S. W. Mitchell, G. R. Morehouse, and W. W. Keen, on "Gunshot Wounds, and other Injuries of Nerves," Philadelphia, 1864, p. 25.)

5. *Cauterization of fauces and larynx.* — A man of some talent, who unfortunately allied eccentricity, if not charlatanism, to a genuine love of his profession, Dr. Ducros,¹ used to treat many nervous and other complaints by the application of ammonia to the fauces. More rational researches have shown, that a cauterization of the fauces, and, still better, of the mucous membranes of the larynx or pharynx, is of the utmost value in the treatment of whooping cough, and other spasmodic affections of the larynx or bronchial tubes, of diphtheritic or hysterical paralysis of the larynx and pharynx, and in that form of epilepsy which is due to laryngismus.²

6. *Acupuncture, electro-puncture, and faradisation.* — As there is nothing new to be said about these means, I will only state, that they are among the most powerful against paralysis, and very useful against neuralgia, wasting palsy, contracture, chorea, trembling palsy, and some other neuroses. Acupuncture and electro-puncture are certainly too much neglected in our time.

7. *Other kinds of irritation of sensitive or incident nerves.* — Many applications on the skin have a great power in changing the state of nutrition of the nervous centres or of the peripheric parts attacked with pain, spasm, &c. Of the means of treatment of this kind that have recently been proposed, I will only point out the use of nitrate of silver and of sulphuric acid on the

¹ Comptes rendus de l'Academie des Sciences, vol. xiii. p. 1150, vol. xv. p. 647, and vol. xvi. p. 1203.

² See Dr. Eben Watson's work on the "Topical Medication of the Larynx," London, 1854, pp. 103-164.

skin in cases of neuralgia; the use of the continuous galvanic current, as proposed by Remak, against many nervous affections; and the singular but certainly sometimes successful application of sulphuric ether into the auditory meatus against functional deafness.

IV. COMPLEX MODES OF TREATMENT, COMBINING THE TWO PROCESSES OF IRRITATION OF NERVES AND A MODIFICATION OF THE BLOOD.

Amongst the relatively new modes of treatment belonging to this class, I will briefly mention a few, and speak at some length of only one. Tonic and exciting medicated baths — such, for instance, as a bath with sulphuret of potassium, or a bath with arseniate of soda — have been found very useful in chorea, and in most of the nervous affections due to anæmia, chlorosis, and rheumatism.¹ Turkish and Russian baths have proved useful in reflex paralysis, and in neuroses due to gout and rheumatism. Another mode of treatment, which deserves more than a cursory mention, may become, before long, of very great importance. Although its influence on the blood (at least in a direct way) is probably *nil*, I will speak of it now as it was at first considered as acting only through some change in the circulation of blood in the head. This mode of treatment, which has given, as yet, only a small part of the

¹ Four ounces of sulphuret of potassium are used for a bath. As regards the arseniate of soda, Dr. Noël Guéneau de Mussy, who has often employed it lately, recommends its being used with subcarbonate of soda; 100 grammes (3¼ ounces) of this last remedy, with one gramme (one scruple) of the arseniate, for a bath.

good effects it can give, consists in a pressure on the par vagum and the cervical sympathetic nerve. It has been employed with the idea of diminishing the quantity of blood in the head by pressure on the carotid arteries; and it has proved useful in cases of mania, of headache, of vertigo, and particularly as a means of shortening a fit of epilepsy. Dr. Alexander Fleming¹ has also made a successful use of that means to induce sleep. We owe to Dr. A. C. Pinel, and to that most ingenious and accurate physiologist, Dr. Augustus Waller,² the demonstration, that the principal effect of an attempted pressure on the carotid artery is to irritate and put in play the par vagum, and diminish, consequently, the movements of the heart. My own researches show that the cervical sympathetic nerve also is often excited, as proved chiefly by the dilatation of the pupils. If the pressure is considerable, the effects of a section of the two nerves, but chiefly of the par vagum, are observed.³ I will return to this subject in subsequent lectures; adding only now, that we have, in the compression of the cervical sympathetic, a most valuable means against the form of epilepsy called *petit mal*.

¹ See the "British and Foreign Medico-Chirurgical Review," April, 1855, p. 404, American edition.

² See "Proceedings of the Royal Society," London, 1861, vol. xi. p. 302.

³ In performing this operation, it is important to avoid pressure on the veins of the neck or on the trachea, which parts have most likely been compressed in the cases described in the following extract from a work of Jacobi. There is "a feeling of burning heat, which spreads suddenly over the head and neck down to the chest; or, when the compression was merely upon one side, over the corresponding side of the head and neck, with a feeling of heat within the head in many cases. The face becomes darker, with frequently the production of a vivid color; an extremely painful sensation of compression of the chest; a feeling of tension, weight, and pain in the head; giddiness, staggering, sleepiness; ac-

V. SPECIAL MODES OF TREATMENT IN PERIODICAL NERVOUS AFFECTIONS.

It is not my intention to speak now of the well-known useful influence of sulphate of quinine against perfectly periodical attacks of neuralgia, of epilepsy, &c.: I only wish to speak of a method of perturbation of the nervous system which I have employed with great advantage in some of those cases of local convulsions, of attacks of epilepsy, of hysteria, &c., which either recur nearly at fixed periods, or are preceded by a warning that gives time to make use of the means I will now mention. In a case of spasmodic attacks of muscles of the jaw and face, preceded by a sensation of pricking in the cheek, and occurring several times a day, in a boy seven years old, I found that violent exercise on a swing always prevented the fit, when the patient had time to run to, and make use of, the swing before the muscular contraction had begun. By that means, which never failed, the boy was many hundred times saved from attacks, during more than two years that his nervous affection lasted. The cure occurred on the coming-out of a molar tooth, which, however, had not given the least pain. The cure has persisted, and the boy has become a full-grown man without any nervous disturbance analogous to that of his childhood. The beneficial influ-

tual, sudden sleep, with stertorous breathing; in many, incipient syncope, with uncertainty in the use of the lower extremities, stumbling; and, in some cases, they suddenly fall down with entire insensibility, but speedily recover." (Jacobi, "On the Nature and Treatment of Insanity," quoted in "British and Foreign Medical Review," 1846, vol. xxii. p. 14.)

ence of this or of almost similar modes of therapeutic perturbation of the nervous system I have observed since in a number of cases of hysteria and epilepsy.

A great many other means of changing the state of the nervous system have been employed with some benefit by other physicians, or by myself. Among these means, I will merely mention here the following: A ligature round one or several limbs (even when there is no evident aura), tied strongly and suddenly; a pretty sharp pinching of the skin; a rather large dose of an emetic, taken with a great quantity of water; a cold shower-bath on the back; the application of an interrupted and powerful electro-magnetic current; a dose of twelve, fifteen, or eighteen grains of sulphate of quinine, about an hour before the expected attack; an enema of a drastic medicine; the inhalation of chloroform, &c. I will give more details on these important perturbing means in some of the subsequent lectures.

VI. SPECIAL USE OF ANÆSTHETICS.

I have already said, that chloroform, taken by inhalation, may be useful, as a means of preventing an expected attack of hysteria, of epilepsy, &c. I will now point out the importance of inhalations of chloroform in three particular kinds of cases.

1. When the comatose state due to uræmia, or following a violent attack of epilepsy, is frequently interrupted by tonic or clonic spasms of the respiratory muscles, increasing the profoundness and duration of

the coma, I have employed inhalations of chloroform without any appearance of greater harm than is usual in surgical cases, and with the beneficial result of shortening the duration of the stupor by preventing the spasmodic contractions or diminishing their violence. This mode of treatment is known to be particularly useful in almost analogous circumstances; *i.e.*, in cases of puerperal convulsions. In many cases of epilepsy, in which a large number of attacks usually occurred in a day or a few days (such a series of seizures being followed by complete freedom from fits for three, four, or six weeks), and in which also a comatose state usually appeared soon after a few attacks had taken place, I have found the benefit due to chloroform to be very great; the fits being much lessened in frequency and violence, the comatose state rendered shorter and less profound, and the period of great mental aberration after the cessation of the coma considerably diminished.

2. In the maniacal or delirious state due to hysteria, epilepsy, or uræmia, and also in cases of aggravated chorea preventing sleep, chloroform is of immense service, particularly if morphia, or some other somniferous remedy, is given to the patient, either by the hypodermic method or by injection into the rectum, as soon as chloroform has produced sleep. Dr. Briquet states, that, nine times out of ten, he has stopped attacks of hysteria by inhalations of chloroform.¹ I have not been quite so successful as Dr. Briquet in cases of hysterical convul-

¹ See "Traité Clinique et Thérapeutique de l'Hystérie," Paris, 1859, p. 700.

sions ; but I have ascertained that attacks of delirium and mania due to hysteria (and also to epilepsy) are almost always quickly brought to an end by chloroform.

3. In the case of a gentleman who had pretty regular weekly attacks of epilepsy, I once employed chloroform by inhalation, almost without interruption for two or three days successively, with the object of preventing the expected fit or fits. It was of the greatest importance in that case to prevent a fit, as the patient in a preceding attack had fractured and dislocated one of his arms. The inhalations of chloroform saved him from the expected attack, and the callus had time to be formed before he had another fit. This patient was seen with me by a very able physiologist and medical practitioner, Mr. Robert Dunn, of London.¹

¹ The details of this case have been published by Mr. Dunn in "The British Medical Journal," London, 1862, p. 140. The case is a remarkable one in more than one point of view. It shows the singular co-existence of dislocation of the shoulder-joint with a fracture of the neck of the humerus, both accidents resulting probably from a muscular contraction.

LECTURE IV.

GENERAL VIEWS ON THE MODES OF ACTION AND ADMINISTRATION, THE ANTAGONISM, ETC., OF REMEDIES USED AGAINST FUNCTIONAL NERVOUS AFFECTIONS.

Difficulties in finding out the ultimate mode of action of remedies. — Therapeutic analogies and differences of remedies. — Subcutaneous injections in cases of neuralgia and other neuroses. — Influence of chloroform in increasing the rapidity of cutaneous absorption. — Usefulness of several neglected methods of administration of remedies. — Advantages of alkaloids over extracts and other compounds. — Antagonism between belladonna, stramonium, hyoscyamus, quinine, on the one hand, and opium on the other. — Necessity of large doses of remedies against neuroses. — Usefulness of association of certain remedies. — Rules of administration of the bromides of potassium and of ammonium in epilepsy. — Mutual influence of certain narcotics upon each other.

GENTLEMEN, — So great have been the recent advances of our knowledge as regards the different points which are to be spoken of in this lecture, that a volume of considerable extent and importance might be written about them. I intend, however, to confine myself here to a short account of the principal and most useful facts relating to this branch of therapeutics. I will treat successively of the mode of action of remedies, and their analogies and differences, their administration, selection, antagonism, doses, and association.

I. MODE OF ACTION OF REMEDIES.

I have already mentioned the peculiar influence of remedies acting by an irritation of the skin. I will now briefly speak of their mode of action after they have

entered the blood, and been carried to the principal parts of the system, leaving details for other lectures.

If we had only to learn what are the effects caused by remedies on the brain, on the spinal cord, on the heart, &c., we might think that the extent of our actual knowledge of the mode of action of remedies is truly considerable; but if we are not contented with this partial knowledge, and wish to understand by what mechanism or what peculiar direct or indirect influence these effects are obtained, we find that very little is known yet on these most important points. This is much to be lamented, as therapeutics will only cease to be empirical when this last kind of knowledge shall be fully acquired.

We, however, have now good reasons to hope, that the time is not far distant when the ultimate mode of action of the most powerful remedies will be pretty well known. We shall then be enabled to employ them in those cases which can really be benefited by them, instead of ordering them blindly, as we now so often have to do, producing sometimes much more harm than good.

Notwithstanding the great difficulties attending researches on the mode of action of remedies, I have, I repeat, a great hope that much will soon be done with regard to that important subject. This hope is grounded: first, on the results already obtained by several experimenters on the mode of action of strychnine, of woorara, of veratrine, and a few other poisons and remedies; secondly, on the fact that the difficulties to be surmounted are becoming more and more known, and that means of

overcoming them have lately been found by physiologists and by physicians.

Among the difficulties, there are some depending on the number and variety of parts on which the remedies may act to produce their effects, and others due to the fact, that physiologists and toxicologists, in making researches on remedies, have almost always employed toxic doses. This last cause of error is especially unfortunate, as a number of remedies may have quite opposite actions in remedial and in toxic doses.

As regards the number of parts on which remedies may act to produce their effects, I will show by a few examples what the difficulties are. Let us, for instance, try to find out on what part a remedy acts to produce the constriction of the pupil. It may do so either by paralyzing or by exciting certain parts of the nervous system or of the iris. If it paralyzes, it may be either a part of the spinal cord or medulla oblongata, from which originate the cervical sympathetic nerve, or that nerve itself in some part of its length from the eye to the spinal cord, or also the radiated or dilator muscular fibres of the iris. If its action takes place through an excitation, the part acted on may be the base of the brain near the origin of the third pair of nerves, or that of the fifth pair of nerves; or it may be the iridian fibres of the third pair, or some fibres of the ophthalmic branch of the fifth pair of nerves; and it may be also the annular muscular fibres or sphincter of the iris.¹

¹ See the valuable researches of Professor Donders and Dr. De Ruiter, on this subject, in Donders's work, "On the Accommodation and Refraction of the Eye," London, 1864, p. 588.

The other kind of difficulty I have mentioned arises from the fact, that a remedy, in different doses, can produce two opposite effects. Belladonna, for instance, by its influence on the blood-vessels of the spinal cord, will diminish sensibility, the reflex faculty, the tendency to convulsions, &c. ; but, when its dose is toxic, sensibility and the reflex faculty become morbidly increased, and convulsions occur. In both cases, probably, there is, at first, the same effect, — *i.e.*, a contraction of the blood-vessels of the spinal cord ; but, in the second case, the contraction is so great, that the muscular fibres of the blood-vessels are soon exhausted, and become paralyzed, allowing a considerable congestion to take place in the spinal cord.¹

In other lectures I will return to the subject of the action of remedies ; and I will now only refer those persons who desire to enter into original researches in this vast and fertile field of inquiry to an admirable paper that may serve as a model for such researches : I mean the paper published by MM. Martin-Magron and Buisson, on the “ Action of Strychnine compared to that of Woorara.”²

¹ When blood-vessels in the ear and face of a dog are made to contract considerably by a very powerful galvanic excitation of the cervical sympathetic nerve, we find, that, after a short time, they are exhausted and paralyzed, which is evidenced by their becoming as much, if not more, dilated, as when their motor nerve is divided and paralyzed.

² See “ Journal de la Physiologie de l’Homme,” &c., 1859, vol. ii. pp. 473, 584 ; and 1860, vol. iii. pp. 117, 323, and 522.

II. ANALOGIES AND DIFFERENCES OF REMEDIES.

The more we progress in our knowledge of the mode of action of remedies, the more we find that *a priori* notions, grounded on the chemical properties of the substances which we try as remedies, are very rarely verified. On the one hand, if we study the effects of salts of the same base or those of the same acid, we find that they vary extremely, even when the salts we compare are isomorphous, and possess almost identical chemical properties. On the other hand, there are sets of remedies which have no chemical resemblance whatever, and which will, however, produce a great many similar effects. The recent advances of our knowledge as regards the action of belladonna, the ergot of rye, and the bromide of potassium, afford an interesting illustration of this statement. These remedies are useful against incontinence of urine, seminal losses, satyriasis, hyperæsthesia (general or localized in the larynx or pharynx, the neck of the uterus, the sphincters of the bladder and the anus, the urethra, &c), epilepsy, whooping-cough, photophobia, constriction of the pupil, congestion of the spinal cord or its meninges, albuminuria, &c. There are, however, marked differences in the degree of remedial power of these three substances against those morbid states. For instance, the ergot of rye is more powerful than the others against albuminuria and congestion of the spinal cord and its membranes; the bromide of potassium is more

powerful than the others against epilepsy, satyriasis, &c.; and belladonna against whooping-cough, hyperæsthesia, incontinence of urine, constriction of the pupil, photophobia, &c. Most of these remedial effects are evidently due to a contraction of blood-vessels, as are also other therapeutic effects, — such as the stoppage of hæmorrhages and of the mammary and salivary secretions produced by belladonna and the ergot of rye.¹

I will not say much as regards the differences of action of remedies which chemistry might lead us to suppose more or less similar, one to the other, in their remedial influence. The proofs of the dissimilarity of action of these substances are very abundant. I will only mention a few at random. If we compare the effects produced by the chloride of a base with those of an iodide or a bromide of the same base, we find that they differ widely. If, on the other hand, we compare the chloride of barium with another chloride, we find that there is also between them a very great difference

¹ I cannot say if the bromide of potassium would also be useful against a hæmorrhage; but this is exceedingly probable. For the sake of brevity, I have not given the names of the observers who have ascertained the usefulness of the three above-named remedies in so many nervous and other morbid states or affections. I think, however, I should say, — 1st, That the influence of the bromide of potassium against photophobia has been particularly demonstrated by Messrs. Cambron and Rossignol, who use it as a collyrium (two parts for thirty of water); 2d, That Professor Von Willebrand has shown that the ergot of rye is, like belladonna, an excitant of the unstriped muscular fibres of the blood-vessels of the eye, and able, consequently, to diminish vascular congestion in that organ as in the spinal cord; 3d, That Dr. Poyet and Dr. Commarmond have found, that rye-bread containing the ergot, like belladonna, stops the mammary secretion; 4th, That the researches of Dr. Addinell Hewson, made on seventy-eight boys attacked with nocturnal involuntary emissions of urine, have given a decisive confirmation of the already known therapeutic value of both the bromide of potassium and belladonna in that affection.

of action on the animal or on the human economy. So it is, although to a less degree, with the bromide of potassium, compared with the bromide of iron,¹ or even with the bromides of ammonium and sodium.

I have mentioned these facts to show, that we are to look to experiments on animals, and to careful trials on man, to learn the physiological and therapeutical effects of remedies, and that chemical analogies cannot lead to any conclusion as regards the action of remedial substances.

III. MODES OF ADMINISTRATION OF REMEDIES.

One of the most important advances in therapeutics in our days consists in the method of subcutaneous injections of remedies. Led by the idea of applying narcotics directly on nerves attacked with neuralgia, Dr. Alexander Wood, of Edinburgh, opened this new field in therapeutics in 1855.² Since that time, many practitioners have found that hypodermic injections are often the best mode of administration of remedies, not only against local affections, but also against every form of functional nervous complaints, and also against gout, rheumatism, fever and ague, &c. Much credit is due

¹ Dr. Charles Bland Radcliffe has ascertained that the bromide of iron has no efficacy against epilepsy. My own trials lead to the same conclusion.

² The first paper of Dr. Wood was published in April, 1855, in "The Edinburgh Medical and Surgical Quarterly Journal," p. 265; but his discovery had been made in 1843, *i.e.*, long before this publication, and the method soon became generally known in Edinburgh. His second paper appeared in "The British Medical Journal" for August, 1858, p. 721.

to Mr. Charles Hunter, of London,¹ for his researches on this new therapeutical method. To him, more than to any other investigator, we owe the solid grounding, if not the complete demonstration, of the three following propositions: 1. That equal effects follow distant and local injections in neuralgic cases. 2. That by distant injections (in various places) the ill-effects of repeated local injections are avoided. 3. That various affections, which are neither local nor neuralgic, can be treated with benefit by this plan.

This method of administering remedies, which is now very extensively used, has very great advantages over most of the other methods. I will only point out a few of these advantages: 1. Rapidity of effect. 2. Certainty that the remedy will not run the risk of being decomposed by food, secretions, or fæces, as may be the case in the digestive tube. 3. Possibility of introducing safely into the circulatory system a much larger dose than by other methods. This last advantage is the principal one in the use of the hypodermic method against neuralgia. This explains how neuralgic patients who had taken apparently large doses of narcotics by the mouth, with no permanent and even no temporary marked benefit, are sometimes completely cured by one or by a few hypodermic injections of narcotics,—a fact which has been observed by Dr. Alexander Wood, Dr. Ruppner, Dr. Béhier, Mr. Charles Hunter, myself, and many others.

¹ See "The Medical Times and Gazette" for 1858 and 1859, and his pamphlet, "On the Speedy Relief of Pain and other Nervous Affections, by Hypodermic Injections," London, 1865.

I have ascertained that a subcutaneous injection of purely narcotic substances is generally as useful when made at a great distance from the seat of pain (whether neuralgic or inflammatory) as when made on that very seat. Even in cases of traumatic neuralgia, I have seen, as Dr. Mason Warren¹ had before me, that distant injections can be as good as local injections. I must say, however, that I have seen sometimes, in common cases of neuralgia, and especially when I made somewhat irritating injections, that a better effect was obtained when the injection was made near the seat of pain than at a great distance from it. The difference is probably due to the favorable influence of a counter-irritation acting, like a blister, a burn, &c., on some ramifications of the affected nerve, when the injection was made in the locality of the pain or in its neighborhood. A new method of counter-irritation, which promises to be of great efficacy and which consists in sub-cutaneous injections of irritating substances, has lately been recommended by Dr. Luton.² The mere mechanical irritation by the pressure of a fluid may also have some beneficial effect. Indeed, I am told by a very intelligent and learned young physician, Dr. E. C. Seguin, of New York, that he has seen an evident good effect from an injection of pure water in some cases of neuralgia.

Injections ought to be made in the cellular tissue surrounding the affected nerves, in cases of tetanus, hydro-

¹ American Journal of the Medical Sciences, for April, 1864, p. 323.

² Archives Générales de Médecine, Oct. et Déc., 1863, pp. 385 et 667.

phobia, epilepsy, or any other neurose due to a wound, as, in such cases, it is most important to obtain the benefit of the local action of the remedy on the wounded or irritated nerve-fibres (however little that may be), in addition to the effect of the remedy after its passage into the blood.

More than seven years ago, I was led, by the knowledge of the antagonistic effects of morphia and atropine on the brain, to inject these two agents together, so as to reap the benefit of the therapeutic effects of the one added to those of the other against pain. The doses I at first employed were half a grain of the sulphate of morphia to one-sixtieth of a grain of the sulphate of atropine. For reasons to be mentioned hereafter, I now employ from one-half to two-thirds of a grain of the sulphate of morphia with one twenty-fifth of a grain of the sulphate of atropine. Great advantages are obtained by this combination: 1. An addition of the good effects against pain of the two remedies; 2. The possibility of employing safely, or at least without great or lasting cerebral or cardiac disturbances, large doses of these narcotics.

The hypodermic method of administration of remedies has already proved useful in cases of headache, vertigo, delirium, mania, hysteria, epilepsy, eclampsia, chorea, tetanus, neuralgia, and all kinds of pain, &c. As regards the substances employed heretofore in injections, besides the two principal, morphine and atropine, I will only name strychnine, veratrine, narceine, quinine, and cyanhydric acid. This last remedy has especially been

used, and with great benefit, by Dr. D. Macleod, in cases of acute and chronic mania, puerperal or menstrual mania, melancholia, and epilepsy. He employed from two to six drops of Scheele's diluted acid with thirty drops of water.

The first interesting experiments of Dr. B. W. Richardson,¹ by which he thought he had found a valuable mode of producing local anæsthesia, have led Dr. Aug. Waller² to a very important discovery. He found, that certain substances, such as atropine, strychnine, morphine, and the tincture of aconite, when mixed with chloroform and applied on the skin, are absorbed very rapidly; while if alcohol, instead of chloroform, is mixed with the above substances, absorption is much delayed, or even altogether prevented. The possibility of introducing rapidly into the blood the most active narcotics and other remedies, without having to perform the operation of hypodermic injection, will prove of great value in those cases in which an operation, however slight, is much dreaded, and in cases in which it may be found necessary to keep the patient for a long time under the influence of the treatment (for instance, in tetanus, in hydrophobia, in persistent neuralgic pains, &c.)

Within the last ten or fifteen years, several facts of importance as regards the selection of the proper surface of absorption of certain remedies have been clearly made out. I will only mention the following:—

¹ See "Medical Times and Gazette," for Feb. and June, 1859, pp. 156, 647.

² See "Journal de la Physiologie de l'Homme," &c., 1860, vol. iii. p. 443.

1. Professor Bernard¹ and other observers have ascertained that woorara is hardly absorbed by the mucous membranes of the mouth and stomach, while it is very quickly absorbed when put in contact with some other membranes, or with the subcutaneous cellular tissue.

2. Mr. W. S. Savory² has ascertained that strychnine is absorbed so much quicker by the mucous membrane of the rectum than by the stomach, that a dose only one-fourth of another will act with greater energy in the rectum than the much larger dose in the stomach.

3. I have found that ointments of belladonna and opium employed against neuralgic and other uterine pains act with greater rapidity, and much more benefit, when pushed up on a small lint ball in the rectum than in the vagina; showing that absorption is more rapid by the mucous membrane of the rectum than by that of the vagina.³

Not long ago, the method consisting in applications of narcotics on the skin, deprived of its epidermis by a blister, was rather thrown into the shade, owing to the superiority of the hypodermic method. I protest, however, against the abandonment of a method which has the double advantage of counter-irritation and rapid

¹ Leçons sur les Effets des Substances Toxiques et Médicamenteuses, Paris, 1857, p. 283.

² See "The Lancet" for 1863, vol. i. pp. 515, 548.

³ According to Charpentier, jun., hyoseyamine, daturine, and atropine produce their effects quicker after having been injected in the rectum than by the hypodermic method. I have made comparative experiments, which do not confirm this statement. It seems true, however, that, in certain persons, absorption of atropine is almost as rapid by the mucous membrane of the rectum as by the cellular tissue, under the skin. (See the researches of Charpentier in "Annuaire de Théraputique de Bouchardat pour 1864," p. 21, *et seq.*)

absorption of a narcotic, and which may sometimes prove more useful than subcutaneous injections. In a case of crural neuralgia which had not been markedly benefited by hypodermic injections of morphia and atropine, I have obtained a quick amelioration, and ultimately a cure, from a series of blisters (by the hartshorn ointment) and applications of sulphate of morphia on the denuded dermis.¹

There are two other methods of administration of remedies which have lately been much employed, especially, however, against affections quite different from neuroses. One of them, consisting in inhalation of pulverized fluids, may be very useful against asthma, spasm of the glottis, whooping-cough, paralysis of the pharynx or larynx, &c. The other method, which consists in smoking medicated cigars and cigarettes, may be employed with advantage, not only against the laryngeal and other neuroses just named, but also against epileptic laryngismus, hysteria, and even tetanus. Hyoscyamus, stramonium, belladonna, and many other remedies, can be used by one or the other of these two methods of administration.

IV. SELECTION OF REMEDIES.

The time is fast coming when many complex remedies will be but seldom employed, and their active

¹ I do not speak of a mode of administration of narcotics proposed by M. Lafargue ("Bulletin de Thérapeutique," Jan. 15, 1861, p. 22), as I do not see any advantage in it over the hypodermic method. It consists in the introduction, under the skin, of small, hard cylinders composed of mucilage, with a little powdered sugar and the usual dose of atropine, morphia, strychnine, veratrine, &c.

principles almost exclusively used. Belladonna, the preparations of which are so extremely variable in strength, and on which, therefore, we can place but little reliance, will be one of the first of the complex remedies almost altogether abandoned, to be replaced by its active principle which possesses its essential physiological and therapeutic properties.

But some complex remedies, such as opium, and particularly its tincture, will escape the fate of belladonna and other substances, owing to the fact that its effects cannot be fully obtained by the use of any of the large number of very different active principles it contains. Besides, in some remedies which seem to contain but one active remedial principle, there are physiological and therapeutical properties which appear not to exist in the only yet known active principles extracted from them. This is said to be the case with cantharidine, which does not seem to have the power of the tincture of cantharides on the genital organs.

Amongst the active principles which have recently been used instead of the complex substances from which they are extracted, the principal are atropine, veratrine, the valerianic acid, digitaline, and even aconitine, notwithstanding the real worth of Fleming's tincture of aconite, and notwithstanding also the assertion (which my experience contradicts) of Schroff, that aconitine acts differently from aconite.

V. ANTAGONISM BETWEEN SEVERAL IMPORTANT REMEDIES.

It would be out of place, in such a course of lectures as this, to enter into full details on this important subject. I cannot, however, avoid saying a few words, at least, on the antagonistic effects of remedies which are very frequently employed together in cases of functional nervous affections. I will first speak of the antagonism between the properties of opium and those of belladonna, stramonium, alcohol, and quinine. The antagonism of belladonna and opium has been known for centuries. Recently, however, more accurate notions have been obtained on this subject, owing particularly to the researches of Professor Béhier,¹ Dr. C. C. Lee,² Dr. W. F. Norris,³ and Drs. S. W. Mitchell, Morehouse, and Keen.⁴ From the researches of these practitioners and experimenters, as well as from my own, it results, that, besides the well-known antagonistic effects of these two remedies on the eye, there is a decided antagonism between them as regards their effects on the heart, on the brain, and on the spinal cord. In consequence of this antagonism, the dose of opium to produce sleep ought to be greater than usual, if belladonna is employed with it; and also the dose of belladonna against reflex paraplegia ought to be greater than usual, if the patient

¹ See "Bulletin de Thérapeutique pour 1859," vol. lvii. p. 41.

² See "The American Journal of the Medical Sciences" for January, 1862, p. 54.

³ See the above-quoted Journal for October, 1862, p. 395.

⁴ See "The American Journal of the Medical Sciences," for July, 1865, p. 67.

is also taking opium. I might say the same thing as regards the antagonism between opium and stramonium or hyoscyamus.¹ We owe to Dr. Gubler² the discovery, that in many respects, and particularly as regards its action on the brain, quinine is antagonistic to opium; and that, consequently, it may be wrong or right, according to circumstances, to employ these two remedies together. Many facts tend to show also, that alcohol is able to neutralize some of the properties of opium, and particularly its influence on the heart and the skin. Of other remedies often employed in neuroses, one of the most important—strychnine—is somewhat neutralized in its effects by aconite, camphor, woorara, and the calabar bean. There is also an evident antagonism between strychnine and belladonna and the ergot of rye, as I have shown elsewhere.³

The kind of antagonism I have spoken of cannot be considered as due to a chemical neutralization. As regards this last kind of antagonism, it is important to know, that the most powerful remedies we can employ against neuroses may be rendered inert by the chemical

¹ Notwithstanding the number of cases of apparent cures of poisoning by opium, under treatment by belladonna, I persist, as does also Bouchardat ("Ann. de Thérap. pour 1860," p. 24) in recommending, that poisoning by opium be fought against by coffee, by keeping the patient awake by active and passive movements, and by making him walk, if this is possible. The experiments of Onsum ("Schmidt's Jahrbücher der Gesammten Medicin," 1865, vol. 128, p. 288), of Camus ("Gaz. Hebd. de Méd.," 1865, p. 498), and my own, show, that death by opium takes place from the same dose, whether we employ belladonna or not. These experiments clearly establish, that the toxic effects of these poisons, in certain animals at least, do not neutralize each other.

² Gazette des Hôpitaux, 1858, p. 62.

³ See "Lectures on the Various Forms of Paralysis of the Lower Limbs," Philadelphia, 1861.

influence of certain substances which might be employed with these remedies. We are indebted to Dr. A. Garrod for the demonstration, that alkalies, and particularly the liquor potassæ, destroy the active principles of belladonna, stramonium, and henbane.¹ Bouchardat has shown, that almost all, and perhaps all, the known alkaloids, are precipitated by the iodide of potassium combined with iodine.

VI. ON DOSES OF REMEDIES.

A few remarks deserve to be made under this head. The first one is, that small doses of most remedies are useless, and therefore allow nervous affections to take deeper root in the system; so that we ought (particularly in epilepsy, in tetanus, in neuralgia, in reflex paralysis, in angina pectoris, in whooping cough, &c.) to give as large doses as can safely be borne. The second remark is, that before employing large doses, especially of opium, we must carefully ascertain, that the principal glands, and particularly the kidneys, are all right; as, if not so, a large but ordinarily safe dose might be found toxic. And another remark is, that in affections like tetanus, in which there is an antagonism between the complaint and the remedy, at the same time that we must be giving every hour, or every half-hour, a fresh dose of the remedy, we must be carefully watching for the disappearance of the symptoms of the nervous affec-

¹ See "The Lancet," London, 1857, vol. ii. p. 577.

tion, and their replacement by the symptoms of poisoning by the remedy. In an unpublished case, of which I happen to know the details, an able physician, Dr. P. G—— succeeded in obtaining the cessation of tetanic symptoms; but, unfortunately, new doses of opium were given after that cessation, and the patient died of poisoning by opium.

VII. ASSOCIATION OF REMEDIES.

In the treatment of functional nervous affections, most physicians often give simultaneously to the same patient two or more powerful remedies. This plan, which I almost always follow in treating certain neuroses, has very great advantages; but it is not free from the danger of doing harm to the patient or, at least, of preventing the good effect of one remedy by some influence of another. Clinical observation proves the danger and the advantages of that plan, in demonstrating that the three following changes may take place when two powerful remedial agents are employed together: first, the curative properties of one or both of these substances may be diminished or destroyed by the influence of one upon the other; secondly, the properties may be increased; thirdly, new properties (useful or injurious) may result from the influence of one remedy upon another. Our ignorance as regards the action of remedial substances, one upon the other, in presence of the tissues and fluids of the human organism, is too great for our trying blindly to employ large doses of powerful remedies

simply on the ground of our knowledge of the action of these remedies when given alone, and still less on the ground of our knowledge of their chemical influences, one upon the other, before they enter the human organism. Experiments, therefore, on the therapeutic effects of two, or more, powerful remedies employed together, should be made first with small doses, to be gradually increased if the effects show that this can be safely done.

The importance of the association of certain remedies against neuroses has attracted my attention for a great many years, but especially since March, 1860, after my appointment to the post of physician to the National Hospital for the Paralyzed and Epileptics, in London. By the end of that year, my colleague, Dr. Ramskill, and myself began treating epilepsy with large doses of the bromide of potassium. I was soon led to associate the iodide of potassium with the bromide; and it became almost at once evident, that, in most cases of epilepsy (whether idiopathic, symptomatic, or sympathetic, but especially in that form, which is much more common than it is admitted to be, in which that convulsive affection is allied with, or due to, a congestion of the base of the brain or its meninges), these two remedies did more good than either of them alone. By the end of 1861, after I had ascertained that the bromide of ammonium has a special therapeutic influence in cases of congestion of the medulla oblongata and of the upper parts of the spinal cord, I began to associate that salt with the bromide and the iodide of potassium in the treatment of epilepsy.

In 1862 and 1863, some of my American patients having been either considerably relieved or apparently cured by the combined use of these salts, my prescriptions were spread broadcast over the United States, by the patients themselves, by their friends, and by greedy or quackish chemists. That mode of treatment of epilepsy has, in this way, been submitted to an extensive trial, which leaves no doubt as regards its superiority. Although it certainly does not often cure permanently, it usually diminishes considerably the violence and the frequency of attacks, and is much more successful than the various modes of treatment by the best remedies against epilepsy, such as atropine or belladonna, the sulphate of copper, the nitrate of silver, strychnine, valerian, zinc, digitalis, or the means of counter-irritation by applications of ice, moxas, croton oil, &c., on the spine or the head.

In cases in which patients had derived no benefit, or had ceased to have any, from the use of one of the above remedies, or of the bromide or iodide of potassium, alone or combined, or of the bromide of ammonium alone, I have very often ascertained the superiority of curative influence of the association of the bromide of ammonium with the iodide and bromide of potassium. A decided and lasting amelioration was obtained in most of those cases from the use of the three salts together.

My usual prescription for an adult, in cases of idiopathic epilepsy, and also in cases of that convulsive affection apparently caused by a congestion of the base of the brain or of its meninges, is the following: —

℞. Potassii Iodidi, ℥ j.
 Potassii Bromidi, ℥ j.
 Ammonii Bromidi, ℥ ij. ss.
 Potassæ Bicarbonatis, ℥ ij.¹
 Infus. Calumbæ, fl., ℥ vj.
 M.

A teaspoonful before each of the three meals, and three teaspoonfuls at bedtime, with a little water.

In cases of syphilitic epilepsy, I hardly need to say that the prescription must be modified so as to contain a good deal more of the iodide of potassium (five or six drachms instead of one). In cases of epilepsy in which the attacks are ushered in by a violent laryngismus or trachelismus, I change the relative quantity of the two bromides, diminishing by two drachms the bromide of potassium, and increasing by one drachm, or one and a half, the bromide of ammonium.

There are rules relative to the treatment of epilepsy by the bromides of potassium and ammonium, employed together or separately, which are of so great importance, that I will take this opportunity to mention them briefly, postponing the details till I treat especially of epilepsy. These rules are, —

1. That the occurrence during the day of the sleepiness caused by these remedies can be avoided by giving relatively small doses in the daytime, and a much larger dose late in the evening.

2. That the quantity of these medicines to be taken

¹ When the patient's pulse is weak, I substitute for the bicarbonate of potash the sesquicarbonate of ammonia, and for the six ounces of infusion of colombo, an ounce and a half of the tincture of that medicine with four ounces and a half of distilled water.

each day must be large enough to produce an evident though not complete anæsthesia of the fauces and upper parts of the pharynx and larynx; that daily quantity being (according to the idiosyncrasy of the patient) from forty-five to eighty grains of the bromide of potassium, and from twenty-eight to forty-five grains of the bromide of ammonium, when only one of these salts is employed, and a smaller quantity of each, but especially of the second, when they are given together.

3. That, considering that the bromide of potassium (and, in a small degree, also the bromide of ammonium) very rarely produces any good effect against epilepsy, without producing also an acne-like eruption on the face, neck, shoulders, &c., and that there seems even to be a positive relation between the intensity of the eruption and the efficacy of the remedy against epilepsy, — it is most important to increase the dose when there is no eruption, and also when the eruption is disappearing, unless the dose given in the twenty-four hours is already so large, that any increase of it produces great sleepiness in the daytime, a decided lack of will and of mental activity, dulness of the senses, drooping of the head, considerable weakness of body, and a somewhat tottering gait.

4. That it is never safe for a patient taking either of the bromides or both, and receiving benefit therefrom, to be even only one day without his medicine, so long as he has not been at least fifteen or sixteen months quite free from attacks. Indeed, it is very frequent that patients neglecting this rule are seized again with fits after

an immunity of several or of many months, one, two, or only a few more days after the interruption of the treatment. In several cases, even after an apparent cure of ten, eleven, or twelve months, and, in one instance, of thirteen months and a few days, there has been a reappearance of the disease after the treatment had been abandoned for only a few days, or a week. One of the ablest physicians of the United States, my friend Dr. Edward H. Clarke, has made a similar observation in one case after an interruption of the fits for a whole year.¹

5. That the debilitating effect of the bromides in patients already weak, as are most epileptics, ought to be prevented or lessened by the use of strychnine, arsenic, the oxide of silver, ammonia, or cod-liver, cold douches or shower-baths, and, of course, wine and a most nourishing diet.²

6. That iron and quinine — which are generally injurious to epileptics, except in cases in which their ner-

¹ It has recently been stated by Dr. Namias, of Venice, and by Dr. Rabuteau ("Gazette Hebdomadaire de Médecine, etc., 24 Avril, 1868," p. 263), that the bromide of potassium is still found in the urine a very long time after it has been taken. Namias says he found it after fourteen days, and Rabuteau after a month; but they do not say how much they found, and their experiments were made on small animals. My friend, Dr. Hameau, grounding his opinion on the researches of Namias, thought that the bromide of potassium accumulates in the system, and explained in that way the death of a patient poisoned by that salt ("Journal de Médecine de Bordeaux, Mars, 1868"). I will only remark here that the patient took at times sixteen *grammes* (more than half an ounce) a day of that powerful remedy.

² In making use of strychnine or arsenic, it must be kept in mind that not only the bad influence of the bromides, but also their favorable influence against epilepsy can be diminished by these powerful agents (especially strychnine), and that it is, therefore, necessary when these agents are used to increase the dose of the bromides. The antagonism between strychnine, which acts in increasing the reflex faculty of the nervous centres, and the bromides, which diminish that faculty, may be so great as to produce almost a complete annihilation of the influ-

vous affection is caused, or at least aggravated, by chlorosis, anæmia or malarial cachexia — are more particularly injurious in cases in which the bromides are taken.¹

7. That a gentle purge every five or six weeks usually gives a new impulse to the usefulness of the bromides against epilepsy.

The association of the bromides of potassium and of ammonium with the iodide of potassium has also given me better results than the use of one only or two of these remedies in the treatment of chorea, of hysteria,² of reflected and other kinds of spasms or contracture, of reflected neuralgia, of several forms of mental disorder due to a peripheric irritation or to an intra-cranial congestion, &c.

I have observed a very curious fact in employing together the bromide of potassium and the bromide of ammonium. I have ascertained, that, without producing the phenomena which constitute what has been called *bromism* (anæsthesia of the throat, nostrils, &c., weakness especially of the neck and spine, lack of will, sleepiness, stupidity, &c.), I could give in a day sixty

ence of the bromides, and partly that of strychnine. In one case, 132 grains a day of the bromides were taken without the least appearance of bromism and without any controlling effect over epilepsy, when the patient was taking about one-third of a grain of strychnine a day; while he was strongly *bromidized* under the influence of 80 grains a day of the bromides, when he was not taking strychnine.

¹ There is, however, a salt of iron, which, when given in moderate doses, seems frequently to act favorably, and without any hindrance, in epileptics: it is a double salt, the citrate of iron and strychnine.

² The above compound remedy, however useful, is not one of the best means of treatment against hysteria. Opium and sulphuric ether (internally), in large doses, are certainly much superior to that compound against the various forms of hysteria. So also that compound has not as much power as arsenic or strychnine against chorea.

grains of the bromide of potassium and thirty grains of the bromide of ammonium, while, if I replaced the thirty grains of this last salt by only twenty grains of the other salt so as to give eighty of the bromide of potassium alone, *bromism* was usually produced. And also, if, in place of the sixty grains of bromide of potassium, I added to the thirty grains of bromide of ammonium from twenty to twenty-five grains of this same last salt, *bromism* was again produced. So that ninety grains, *i.e.* a larger dose, of the two remedies taken together did not produce *bromism*, while a smaller dose of either employed alone did produce it. If we call *bromism* a bad effect, and if we call a good effect the favorable influence of these remedies in epilepsy and other neuroses, it can be said that their association in certain doses diminishes their bad effect, while it increases their good effect.

The association of several other remedies leads to nearly similar conclusions as regards their action. For instance, I have found that the association of belladonna to stramonium, to hyoscyamus, to conium, or to aconite (substances which seem, when taken alone, to produce many similar phenomena), increases their good effect, and certainly does not increase, and even seems to diminish, some of their bad effects.

I have obtained much greater benefit against neuralgia or other pains from a combination of the following extracts, than from either of them alone, or from the association of only two or three : —

℞. Extracti Belladonnæ, gr. $\frac{1}{6}$.
 „ Stramonii, gr. $\frac{1}{5}$.
 „ Cannab. Indicæ, gr. $\frac{1}{4}$.
 „ Aconiti, gr. $\frac{1}{3}$.
 „ Opii, gr. $\frac{1}{2}$.
 „ Hyoseyami, gr. $\frac{2}{3}$.
 „ Conii, gr. j.
 Glycyrrhizæ pulvis, ʒ, s.
 For one pill.

According to circumstances, I have given, without producing any great disturbance, three, four, and even five of such pills in a day, and, sometimes, in about eight or ten hours. It is evident, that it would not have been so, had the toxic effects of each of these extracts been added to those of the others. There must be, therefore, some influence exerted by some of these substances upon the others diminishing their bad, and not their good, effects.

The association of remedies which are known to be more or less antagonistic to each other, as regards their bad effects in large doses when employed alone, has been very little studied. Great advantages may be obtained by such associations, if the favorable effects of the associated remedies remain entire or nearly so, and still more if, as seems to be the case for the bromides of potassium and of ammonium, these effects are then increased. Only a few physicians seem to have paid attention to the question of association of remedies. Mialhe, in his ingenious work on the action of remedies,¹ has studied the question in its chemical aspect, which is but a very small part of it. I know but very few original

¹ Chimie appliquée à la Physiol. et à la Thérapeut. 1856, p. 554.

papers on this subject, in which its importance is duly appreciated. Two of them are well worthy of mention: one is by Dr. Eisenmann, of Würzburg,¹ and treats of the influence of association of opium with many other remedies; and the other, by Dr. Nivison, of Hector, N.Y.,² on the association of opium, also, with quinine. In the treatment of neuroses, researches on this subject would well repay those who would undertake them.

¹ Bulletin général de Thérapeutique, vol. LVII. Juillet, 1859, pp. 26 et 81.

² American Journal of the Medical Sciences, July, 1861, p. 51.

ERRATUM.

Page 88, third line in the last paragraph, instead of "bad effects in large doses when employed alone," read "bad effects when employed in large doses."

R. Extracti Belladonnæ, gr. $\frac{1}{6}$.
 „ Stramonii, gr. $\frac{1}{5}$.
 „ Cannab. Indicæ, gr. $\frac{1}{4}$.
 „ Aconiti, gr. $\frac{1}{3}$.
 „ Opii, gr. $\frac{1}{2}$.
 „ Hyoscyami, gr. $\frac{2}{3}$.
 „ Conii, gr. j.
 Glycyrrhizæ pulvis, ʒ, s.
 For one pill.

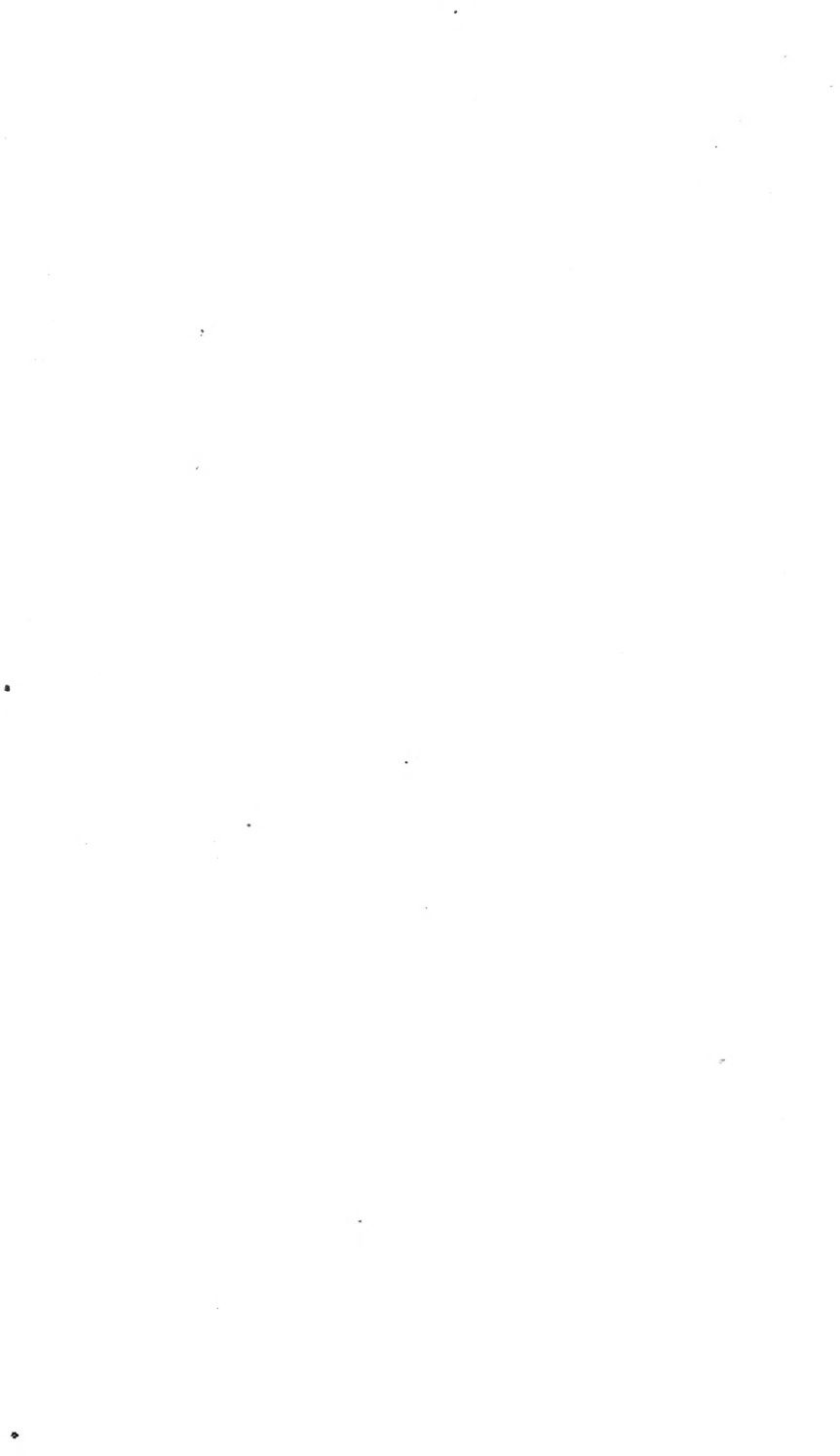
According to circumstances, I have given, without producing any great disturbance, three, four, and even five of such pills in a day, and, sometimes, in about eight or ten hours. It is evident, that it would not have been so, had the toxic effects of each of these extracts been added to those of the others. There must be, therefore, some influence exerted by some of these substances upon the others diminishing their bad, and not their good, effects.

The association of remedies which are known to be more or less antagonistic to each other, as regards their bad effects in large doses when employed alone, has been very little studied. Great advantages may be obtained

papers on this subject, in which its importance is duly appreciated. Two of them are well worthy of mention: one is by Dr. Eisenmann, of Würzburg,¹ and treats of the influence of association of opium with many other remedies; and the other, by Dr. Nivison, of Hector, N.Y.,² on the association of opium, also, with quinine. In the treatment of neuroses, researches on this subject would well repay those who would undertake them.

¹ Bulletin général de Thérapeutique, vol. LVII. Juillet, 1859, pp. 26 et 81.

² American Journal of the Medical Sciences, July, 1861, p. 51.



RESEARCHES ON EPILEPSY:

ITS ARTIFICIAL PRODUCTION IN ANIMALS, AND ITS ETIOLOGY,
NATURE AND TREATMENT IN MAN.

FIRST PART OF A NEW SERIES

OF

EXPERIMENTAL AND CLINICAL RESEARCHES

APPLIED TO

PHYSIOLOGY AND PATHOLOGY.

BY E. BROWN SEQUARD, M. D.,

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EXPERIMENTAL AND CLINICAL RESEARCHES

APPLIED TO

PHYSIOLOGY AND PATHOLOGY.

FROM August, 1852, to August, 1853, I published in the *Medical Examiner*, of Philadelphia, a series of thirty-three short papers, which were afterwards connected in one volume, under the title: "*Experimental Researches applied to Physiology and Pathology.*" The following article is the first of a second series of papers, which, with the preceding series which has appeared in Philadelphia, will form a complete summary of all my original researches in various branches of the medical sciences.

I. ARTIFICIAL PRODUCTION OF AN EPILEPTIFORM AFFECTION IN ANIMALS, AND ETIOLOGY AND TREATMENT OF CERTAIN FORMS OF EPILEPSY IN MAN.

Six years ago, I discovered that certain alterations of the spinal cord, upon mammals, produce, after a few weeks, a convulsive affection, resembling epilepsy. (See *Comptes Rendus de la Soc. de Biol.*, t. ii., pp. 105 and 169—1850.) Since that time, I have found many new facts concerning this affection; and lately, in comparing the results of my experiments with what has been observed in man, in many cases of epilepsy, I have been led to some conclusions, which are, I think, very important, as regards the etiology, the nature and the treatment of epilepsy. Although some of the results of my experiments have already been published (see my *Exper. Researches applied to Physiology and Pathology*, pp. 36 and 80, the *Archives de Médec.*, etc., Février, 1856; and the *Moniteur des Hopitaux*, Oct., 1856, p. 954), I will relate them here, as I shall have to make use of them when I expose my views upon the

pathology and treatment of epilepsy. I will also give a detailed account of some of the facts I have observed in animals, because these facts throw a great deal of light upon the phenomena of epilepsy in man.

§ I. I have found that the following kinds of injury to the spinal cord are able to produce epilepsy, or at least a disease resembling epilepsy, in animals belonging to different species, but mostly upon guinea-pigs.

1st. A complete transversal section of a lateral half of this organ.

2d. A transversal section of its two posterior columns, of its posterior cornua of gray matter, and of a part of the lateral columns.

3d. A transversal section of either the posterior columns or the lateral, or the anterior alone.

4th. A complete transversal section of the whole organ.

5th. A simple puncture.

Of all these injuries, the first, the second and the fourth seem to have more power to produce epilepsy than the others. The first particularly, *i. e.*, the section of a lateral half of the spinal cord, seems to produce constantly this disease in animals that live longer than three or four weeks after the operation. After a section of either the lateral, the anterior or the posterior columns alone, epilepsy rarely appears, and it seems that in the cases where it has been produced, there has been a deeper incision than usual, and that part of the gray matter has been attained. In other experiments, few in number, the section of the central gray matter (the white being hardly injured) has been followed by this convulsive disease. I have seen it but very rarely after a simple puncture of the cord.

It is particularly after injuries to the part of the spinal cord which extends from the seventh or eighth dorsal vertebra to the third lumbar, that epilepsy appears.

§ II. Usually this affection begins during the third or fourth week after the injury. In some cases I have seen it beginning during the second week, and even one or two days before. At first the fit consists only in a spasm of the muscles of the face and neck, either on one or the two sides, according to the transversal extent of the injury. One eye or both are forcibly shut, the head is drawn

towards one of the shoulders, and the mouth opened by the spasm of some of the muscles of the neck. This spasmodic attack quickly disappears.

After a few days the fit is more complete, and all parts of the body, which are not paralyzed, have convulsions. According to the seat of the injury, the parts that have convulsions greatly vary. When the lesion is near the last dorsal vertebræ or the first lumbar, and consisting of a section of a lateral half of the spinal cord, convulsions take place everywhere, except only the posterior limb on the side of the injury. If the lesion consists of the section of the two posterior columns and a part of the lateral columns, and of the gray matter, convulsions take place everywhere without exception, but with much more violence in the anterior parts of the body. When the lesion exists at the level of the last dorsal vertebræ and consists in a transversal section of the two anterior or of the two lateral columns, convulsions are ordinarily limited to the anterior parts of the body; but it is a very interesting fact that they are not always confined to these parts, the two posterior limbs having sometimes very strong tetanic spasms, at the same time that there are clonic convulsions in the anterior limbs. After a transversal section of the central gray matter, or of the whole spinal cord, in the dorsal region, convulsions are limited to either the anterior or the posterior parts of the body.

§ III. Convulsions may come either spontaneously, or after certain excitations. The most interesting fact concerning these fits is that it is possible, and even very easy, to produce them by two modes of irritation. If we take two guinea pigs, one not having been submitted to any injury of the spinal cord, and the other having had this organ injured, we find, in preventing them from breathing for two minutes, that convulsions come in both; but if we allow them to breathe again, the first one recovers almost at once, while the second continues to have violent convulsions for two or three minutes and sometimes more. There is another mode of giving fits to the animals which have had an injury to the spinal cord. Pinching of the skin in certain parts of the face and neck is always followed by a fit. If the injury to the spinal cord consists only in a transversal section of a lateral half, the side of the face and neck which, when irritated, may produce the fit, is on the side of the injury; *i. e.*, if the lesion is on the right side of the cord, it is the right side of the face and neck which are able to cause convulsions, and

vice versa. If the two sides of the cord have been injured, the two sides of the face and neck have the faculty of producing fits, when they are irritated. No other part of the body but a portion of the face and neck has this faculty. In the face, the parts of the skin animated by the ophthalmic nerve cannot cause the fits; and of the two other branches of the trigeminal nerve, only a few filaments have the property of producing convulsions. Among these filaments, the most powerful, in this respect, seem to be some of those of the suborbitary and of the auriculo-temporalis. A few filaments of the second, and perhaps of the third cervical nerves, have also this property of producing fits. In the face, the following parts may be irritated without inducing a fit: the nostrils, the lips, the ears, and the skin of the forehead and that of the head. In the neck, there is the same negative result when an irritation is brought upon the parts in the neighborhood of the median line, either in front or behind. On the contrary, a fit always follows an irritation of some violence when it is made in any part of a zone limited by the four following lines: one uniting the ear to the eye; a second from the eye to the middle of the length of the inferior maxillary bone; a third which unites the inferior extremity of the second line to the angle of the inferior jaw; and a fourth which forms half a circle, and goes from this angle to the ear, and the convexity of which approaches the shoulder.

§ IV. Can we attribute to the great degree of sensibility of the face and of the neck the property exclusively possessed by these parts to produce fits in animals which have had their spinal cord injured? In other words, is it in consequence of the pain felt, that there are fits in these circumstances? This explanation is quite in opposition with the following facts. 1st. When the injury exists only in one of the lateral halves of the cord, the face and neck on the other side have not the power of producing fits, whatever is the degree of the irritation upon them. 2d. In the same case, the posterior limb on the side where the cord is injured, is in a state of hyperæsthesia, and, nevertheless, the most violent irritations upon this limb do not produce fits. 3d. It is sometimes sufficient to touch the face or the neck, or even to blow upon them, to produce the fits. Therefore, unless we admit that there is an extraordinary degree of hyperæsthesia in the parts which possess the faculty of producing the convulsions when they are irritated, we must admit that it is not the pain which causes these convulsions. There does not seem

to be more sensibility in these parts than in other parts of the body. When a fit, or rather a series of fits, have taken place, and when, consequently, the power of having them is much diminished, it is easy to ascertain that these parts seem not to be more sensitive than others. The animal does not cry more when they are pinched or galvanized, than when other parts are irritated in the same way.

The production of fits by the irritation of certain parts of the neck and face, seems to belong to reflex actions. It is well known that an irritation of the skin and of the mucous membranes may easily produce certain reflex movements, which very rarely take place after an irritation of the trunks of these sensitive nerves. For instance, coughing is almost a constant result of an irritation of the mucous membrane of the larynx and of the bronchial tubes, while it is very rarely produced by an irritation of the trunk of the par vagum. Something similar exists for the production of convulsive fits when the face is irritated in animals upon which the spinal cord has been injured. If we lay bare the nerves of the face and neck of these animals, we find that even the greatest irritations upon them do not produce a fit. Besides, if we dissect a large piece of the skin of the face, so as to let it be in connection with the nervous centres only by the suborbital nerve, we find that the irritation of this piece of skin is still able to produce convulsions, while the irritation of the very nerve which connects it with the brain does not produce any. It seems, therefore, that it is in the cutaneous ramifications of certain nerves of the face and neck that resides the faculty of producing convulsions in the animals upon which I have injured the spinal cord. There is, in that case, as I will show hereafter, something resembling what takes place in man in cases where a ligature around a limb is sufficient to prevent a fit of epilepsy.

§ V. What is the nature of the fits that we find in animals upon which the spinal cord has been injured? I think these fits ought to be considered as epileptic. The following description of these convulsions will show that, if they are not positively epileptic, they are at least epileptiform. When the attack begins, the head is drawn first, and sometimes violently, towards the shoulder, by the contraction of the muscles of the neck, on the side of the irritation; the mouth is drawn open by the contraction of the muscles of the neck, which are inserted upon the lower jaw, and the muscles of the face and eye (particularly the orbicularis) contract violently. All these contractions usually occur simultaneously. Frequently at the same

time, or very nearly so, the animal suddenly cries with a peculiar hoarse voice, as if the passage of air were not free through the vocal chords, spasmodically contracted. Then the animal falls, sometimes on the irritated side, sometimes on the other, and then, all the muscles of the trunk and limbs that are not paralyzed become the seat of convulsions, alternately clonic and tonic. The head is alternately drawn upon one or the other side. All the muscles of the neck, eyes and tongue contract alternately. In the limbs, when the convulsions are clonic, there are alternative contractions in the flexor and the extensor muscles. Respiration takes place irregularly, on account of the convulsions of the respiratory muscles. Almost always there is an expulsion of faecal matters, and often of urine. Sometimes there is erection of the penis, and even ejaculation of semen.

These are the features which render these fits very much like epilepsy. But they seem to differ from this disease, by the three following characters: 1st. The animals sometimes cry during the fits, when they are irritated, and it seems, therefore, that they have not lost their sensibility. Now as the loss of sensibility is considered a symptom essential to epilepsy, it appears that we ought not to consider as epileptic the convulsions existing in these animals. But, we cannot admit this as a decisive objection, when we remark that frequently they seem to be deprived of sensibility, and that, in man, during true fits of epilepsy, there are sometimes periods where sensibility is not lost. 2d. These animals usually have no foam at the mouth, and this symptom has been considered by many writers as essential to epilepsy; but there can be no doubt that there are cases of epilepsy without any foam. Besides, we may easily understand why there is no foam ordinarily in animals: usually their fits do not last long enough. 3d. The fits in these animals are most frequently a series of fits lasting two or three minutes, and separated one from the other by a period of one or two minutes, during which the animals are able to rise and to stand on their feet. In this respect these animals differ from the majority of epileptic men, who have not a recurrence of fits after so short a period of calm; but there are cases of rapidly-recurring fits in man, and therefore we cannot deny that the fits of these animals are true epileptic fits, on the ground that they have that peculiar character of rapid recurrence.

The apparent differences between the fits in animals which have had the spinal cord injured, and true epilepsy in man, ought not, therefore, to prevent our considering them as epileptic fits. Not

only the convulsions resemble those of true epilepsy, but the fits are not mere accidents, and they come by series of two or three, once a week, once a day, or even ten or twenty times a day, and the disease lasts for years. Besides, we find, after long and violent fits, that these animals are, for a time, in a state of drowsiness, like men after epileptic convulsions. It seems rational to conclude, from this discussion, that if the convulsions of these animals are not truly epileptic, they are at least epileptiform.

§ VI. The facts expressed in the preceding parts of this paper lead to many interesting conclusions. *First*, they give a positive proof that an injury to the spinal cord may be the cause of an epileptiform affection. *Secondly*, they show a wonderful relation between certain parts of the spinal cord and certain branches of some of the nerves of the face and neck. *Thirdly*, they show that epileptiform convulsions may be the constant consequence of slight irritations upon certain nerves. *Fourthly*, they show that even when an epileptiform affection has its primitive cause in the nervous centres, some cutaneous ramifications of nerves, not directly connected with the injured parts of these centres, have a power of producing convulsions, which other nerves, even directly connected with them, have not. *Fifthly*, they show that the cutaneous ramifications of certain nerves may have the power of producing convulsions, while the trunks of these nerves have not this power.

§ VII. The constant appearance of a disease very much resembling epilepsy, after certain injuries to the spinal cord, in animals, will perhaps settle the undecided question whether epilepsy, in man, may originate from an alteration of the spinal cord or not. It seems very strange that physicians have been so unwilling to admit that the spinal cord could be the seat of the primitive cause of epilepsy, when they admit that any nerve or any part of the encephalon, being altered, may produce epilepsy. The seat of this disease seems to be together in the part of the brain where resides the faculties of Perception and of Volition, and in the part of the cerebro-spinal axis endowed with the reflex faculty; but, whatever may be thought on this subject, it seems quite certain, from facts observed in man and in animals, that epilepsy may be produced by various kinds of alterations of the encephalon, of the spinal cord and of a great many nerves. In other words, the peculiar disturbance of the cerebro-spinal axis which constitutes epilepsy, may be gene-

rated by alterations of various parts of this nervous axis and by many nerves. This view does not agree with that of the most distinguished among the recent writers upon epilepsy. They have hardly spoken of the influence of the alterations of the spinal cord upon the production of epilepsy. For instance, M. Delasiauve (*Traité de l'Épilepsie*, 1854, pp. 174–181) does not speak at all of this influence, and we find that he places a case of epilepsy with an hypertrophy of the spinal cord among many other cases forming a series of doubtful or equivocal alterations. Hasse does not pay more attention than Delasiauve to the share of the spinal cord in the causation of epilepsy. He seems to take notice only of the influence of the alterations of the encephalon. (*Krankheiten des Nervenapparates*, 1855, pp. 266–67.) Romberg (*Lehrbuch der Nervenkrankheiten des Menschen*, 3d edition, 1855, vol. i. part 2, p. 686) has written only a few lines on the relations between alterations of the spinal cord and epilepsy. He thinks that some of the facts related by Ollivier d'Angers prove the existence of these relations.

M. Bouchet, who had, in a paper with M. Cazauvielh (*Archives de Médec., etc.*, 1825, t. ix.), mentioned some cases of diseases of the spinal cord with epilepsy, has tried to show in a recent paper (*Annales Médico-Psychol.*, 1853) that epilepsy is usually connected with alterations of the hippocampus major (*cornu ammonis*).

If we take notice of this fact that the spinal cord is very rarely examined, we understand that although the number of cases on record, as far as I know, of alterations of this organ in epilepsy, amounts only to about fifty, there is an immense number of cases in which after death from the so-called idiopathic epilepsy, the brain was examined, but not the spinal cord. In these cases, particularly where nothing was found in the brain, able to account for the disease, it should have been of the greatest importance to examine the spinal cord. Such a neglect is a great fault, particularly since the publication made by Esquirol on the result of his autopsies. In the corpses of ten epileptics, Esquirol (*Traité des Maladies Mentales*, 1838, vol. i., p. 311) found, nine times, various alterations of the spinal cord or of its membranes. In four cases, the spinal cord was softened, particularly in the lumbar region; nine times there were lenticular concretions in the arachnoid, some of which were cartilaginous, some osseous; once there were a great many hydatids in the cavity of the arachnoid.

Mitivie, quoted by Esquirol (*loc. cit.*, p. 311), found concretions in the arachnoid in two children who died from epilepsy.

Two cases of chronic meningitis with epilepsy, have been recorded by M. Clot. (*Rech. and Observ. sur le Spinitis*, 1820.) One case of this kind is related by Ollivier d'Angers (*Traité des Maladies de la Moelle épinière*, 2ème edit., 1837, vol. ii., p. 319).

Calmeil (*De l'épil. sous le rapport de son siège*, 1824) speaks of four epileptics, in two of whom the spinal arachnoid contained many cartilaginous plates, while in the two others the density of the spinal cord was considerably increased.

Bouchet and Cazauvielh have found, in many cases, circumscribed softenings of the spinal cord, and other alterations of this organ and its sheath.

Forget, quoted by Ollivier d'Angers (*loc. cit.*, vol. ii., p. 571), has seen two very important cases, which have a great analogy with what I have found in animals.

Gendrin, quoted by Ollivier (vol. ii., pp. 502 and 520), has found in two epileptics a tubercle in the cervical region of the spinal cord.

Barthez and Rilliet (*Traité des Maladies des Enfants*, 2d edit., 1854, vol. iii., p. 589) relate a very curious case in which epilepsy existed in a girl, who had an angular curvature of the spine in the dorsal region. The symptoms were very much the same as those existing in my animals, and, as it is in them, there was no foam at the mouth. There was no alteration in the nervous centres, except in the dorsal region of the spinal cord, which was almost liquefied. This softening occupied the whole of the cord transversely, and was about one centimetre long.

I might add many other cases of alteration of the spinal cord in epileptics, recorded by writers of the previous centuries, such as Bouet, Lieutaud, Morgagni, Musel, &c. In the work of Portal (*Observ. sur la Nat. et le Traitement de l'Épil.*, 1827, p. 28) there is a curious case of epilepsy with a dilatation of the central canal of the spinal cord, which was filled with water.

If epilepsy has truly been the result of an alteration of the spinal cord in all or in some of the above cases, it might be asked why there are so many cases of diseases or injuries of the spinal cord without epilepsy. This objection loses its value when we remark that every day there are cases of tumors and various alterations of the brain without epilepsy, and that, nevertheless, no one doubts that this disease is sometimes produced by such lesions. Besides, I have found that certain kinds of injury to the spinal cord, in animals, produce much more frequently than others an epileptiform

affection, and there is only one kind of injury which seems to produce it constantly. This injury consists in a section of the whole of a lateral half of the spinal cord. I do not know of a single case, in man, where life has been saved after such an injury had been done to the spinal cord. In some cases, where, probably, a great part of the lateral half of this organ had been divided transversely, there has been no epilepsy. Such a case is recorded by Morgagni (*De sed. & causis morborum*, ep. 53, § 23); another by Boyer (*Traité des Maladies Chirurg.*, 1ère edit., vol. vii., p. 9), and a third by my friend, M. Viguès (*Moniteur des Hôpitaux*, 1855, p. 833). In animals, after an incomplete transversal section of a lateral half of the spinal cord, epilepsy is not very frequently produced. Therefore the negative facts concerning the influence of this injury in man, cannot be considered as a proof that man does not resemble animals in this respect.

I think the following conclusions may be drawn from all that I have said concerning the influence of alterations of the spinal cord upon the production of epilepsy: 1st. There cannot be any doubt that in animals certain injuries to the spinal cord frequently produce an epileptiform affection, if not true epilepsy. 2d. That in man there are a great many cases which seem to prove that alterations of the spinal cord may cause epilepsy.

Now, as we well know that the spinal cord has the same organization and the same vital properties, in animals and in man, it seems, from the first of these conclusions, that it may be stated more positively than I have done in the second, that epilepsy may result from alterations of this nervous centre.

§ VIII. Physicians admit now, two kinds of epilepsy, one of centric and the other of peripheric origin. I will try to show that although it seems to be of peripheric origin, it may, in some cases, be in reality of centric origin.

In animals, after an injury to the spinal cord, if we did not know that this injury exists and is the first cause of the disease, we should be led to admit that it is of peripheric origin, in finding that an irritation upon a very limited part of the spine produces fits. In a very important case of epilepsy recorded by Odier, the same thing has existed as in my animals. For many years the disease seemed to be of peripheric origin, and the autopsy has revealed that this was a mistake. This case is so interesting, in many respects, that I will give here a summary of its principal points.

CASE I.—A man had frequent *cramps* in the little finger of the right hand. The contractions went on increasing in extent and frequency; they by degrees extended to the fore-arm, the arm and the shoulder, always beginning in the little finger. At last they arrived at the head, and then true fits of epilepsy, with loss of consciousness, took place. By means of two peculiar ligatures round the arm and the forearm, and which the man could tie easily, when he felt the first contractions of the little finger, the attacks were prevented at every threatening for two or three years. Unfortunately, one day he eat and drank too much, and, being intoxicated, he forgot the ligature when the initial cramp appeared, and then he had a violent fit. From this time the ligature had no more influence over the fits; they became very frequent and always began in the little finger. Paralysis came on, and the patient died in coma. *Autopsy*.—An enormous tumor was found in the left side of the brain, below a place where the cranium had been wounded long before (*Odier, Manuel de Médecine Pratique*, 2de edit. 1811, p. 180).

This case and the facts observed in my animals, positively show that the apparent outside origin of epileptic fits does not prove that there is not an organic cause in the nervous centres.

§ IX. There is a great analogy between the aura epileptica, in man, and the pain originating in the skin and face of my animals. In them, as well as in man (when there is a real aura), the trunks of the nerves seem not to possess the faculty of producing fits, whereas their ramifications in the skin, or in the muscles, have this power. In my animals, as well as in man, if there is an interruption of nervous transmission between the skin and the nervous centres, fits are no more seen, or at least their number is very much diminished. I have collected many cases of epilepsy with an evident aura epileptica, in which there has been either a diminution of the fits, or more frequently, a complete cure, after the interruption of nervous transmission between the starting-point of the aura and the nervous centres. In these cases, the following various means have been employed with complete or partial success, either against the aura epileptica or against its production: 1st, ligature of a limb or of a finger; 2d, sections of one or many nerves, and amputation of a limb, or of other parts of the body; 3d, elongation of muscles which are the seat of the aura; 4th, cauterization, by various means, of the part of the skin from which the aura originates.

1st. *Cases of application of a ligature, as a means of preventing epileptic fits.* The cases of cure of epilepsy by the application of a ligature are very numerous. Pelops, a teacher of Galen, seems to have been the first physician who employed a ligature to prevent epileptic fits. Here is a summary of the relation given by Galen of the case of Pelops :

CASE II.—An intelligent young man, who did not lose his consciousness during his fits, had a sensation originating in one of the extremities, and ascending from thence to the head. His physician, according to the advice of Pelops, applied a ligature in the middle of the limb, above the part first affected. By this means, the fits did no more take place, although previously they used to come every day. (Galen. *De Locis affectis*, lib. iii., c. 7.)

Faventinus (quoted by Herpin, *Du pronostic et du traitement de l'épilepsie*, p. 393) speaks of an old man who had the aura beginning in a finger. After the application of a ligature round the finger, he was cured. Daniel Puerari, and Salmuth (quoted by Herpin, *loc. cit.*, p. 393), relate cases in which a ligature round the leg prevented the fits from taking place.

Bonet (*Sepulchretum*, 1700, sect. 12, *De Epilepsia*, appendix, p. 292) relates a very interesting case, of which the following is a summary.

CASE III.—A man, 50 years old, at times had a swelling in the groin. From this place, a sensation of prickling slowly descended to the sole of the foot. When arrived there, the sensation rose quickly to the brain, of which it attacked only one side, so that convulsions took place only in the left side of the face and body. The patient did not lose his consciousness, but his speech was altered, because the tongue had convulsions. The patient used to say (but with difficulty), “look, how this atrocious disease torments me.” A ligature was applied above or below the knee, as soon as the swelling and the sensation appeared in the groin. He always succeeded, by this means, in preventing the fits, until one evening, when not having been able to place the ligature in good season, he had such a violent fit that he died.

Camerarius (quoted by Herpin, *loco cit.*, p. 403) relates a very important case, which shows that in man, as in my animals, when epilepsy begins, the aura epileptica may at first produce only convul-

sions of some of the muscles in the neighborhood of the starting point of the pain. The irritation of the skin of the face or of that of the neck, in my animals, as I have said, in §II., excites convulsions only in the muscles of the face and neck on the irritated side. It is a local spasm, by a reflex action, such as takes place often in the muscles of the stump of an amputated limb. The case of Camerarius is very important in this respect.

CASE IV.—A young man, in February and March, 1694, had a spasmodic movement of the left middle finger, and, quickly after, the other fingers and the hand had the same movement. This spasm came on every four, five or six days, without any other trouble in the patient's health. On the 5th of April, while he was showing this spasm to his sisters, and laughing at it, suddenly a convulsion of the whole arm took place, and he fell down in a violent fit of epilepsy. From this time, fits came every three or four days, or after a greater interval. They were always preceded by a spasmodic movement, at first of two fingers, then of the other fingers, and afterwards of the hand and fore-arm. From thence the convulsion slowly extended to the arm, and to the muscles of the neck. Then a rotation was produced in the head by this convulsion; the patient lost his sight, and afterwards his hearing, and at last the attack took place. During the intervals of the fits, the young man was in good health, except that he had a pain in the hand, as if it had been frozen. Ligatures applied near the elbow, with a large band, sometimes prevented the fit.

I will relate, in a moment, a case recorded by Herpin, in which, as in the preceding case, the convulsions were at first limited to the neighborhood of the origin of the aura epileptica. Boerhaave (quoted by Herpin, *loco cit.*, p. 405) gives the history of a young man who at first had spasms and pain in his feet. During two years, these spasms went upwards into the legs and thighs. At last they attacked the right side of the body and the head, and a complete attack of epilepsy came on. The paroxysm was always retarded when a ligature was placed round the right leg.

In cases recorded by Olaüs Borrichius, by Baster, by Burnet, by Ramazzini (quoted by Morgagni, *De sedibus et causis morborum*, epist. 9, §8), by Van Swieten, by Lafler, by Tissot, by Liboschitz, &c., we find that ligatures on the limbs have been more or less completely successful, when there was a true aura epileptica. More

recent observers have also been successful in employing ligatures ; among them I will cite Esquirol (*Traité des maladies mentales*, vol. i., p. 404) and Gibert, Sandras and Piégu (quoted by Delasiauve, *Traité de l'Epilepsie*, 1854, p. 427-8).

A case reported by Herpin is worth being reproduced here :

CASE V.—A young girl had something like cramps in the two fingers of the left hand. There was a pain in the back of the hand, and a spasmodic flexion of the fingers. This convulsion took place three or four times a day, for two or three days. They ceased for a few weeks, and then came again ; and for three days in succession there were two or three a day. In the evening of the last of these three days, the girl was showing to her brother the contraction of her fingers, when her hand closed, the fore-arm and arm were drawn upwards, so that the hand touched her shoulder. A very painful sensation accompanied the spasm of the arm, and from thence it extended to the remainder of the body, and at last the girl lost her consciousness. Either by means of a ligature, or of compression made by her parents' hands, except once or twice, all the threatenings of fits aborted. A treatment of oxide of zinc cured the patient. (*Pronostic et traitement de l'Epilepsie*, p. 71.)

Instead of a ligature, some physicians have employed with success a tourniquet. Cullen (*Elements of Medicine*, §1318) and Tissot have related cases of this kind.

In some of the patients in whom a ligature has been applied with success, this means has at other times failed to prevent the fit. What are we to conclude from this failure ? Is it that the ligature was not well applied ? or that it was applied too late ? or, at last, that even applied very early and very tightly, there are cases where a ligature cannot prevent the transmission to the encephalon of the nervous irritation constituting the aura ? Of these three things, the first two certainly may have existed ; and as to the third, it seems possible that a ligature, however well applied, will not always interrupt completely the nervous transmission. A fact which I will relate as the first case concerning the section of nerves in epileptics, might perhaps be considered as proving this inefficiency of ligatures.

2nd. *Cases of section of a nerve as a means of preventing epileptic fits.*

These cases are extremely interesting, because they establish

positively the curative influence of the interruption of nervous transmission between the part where the aura begins and the nervous centres. The results of the section of certain nerves in my animals, seem, as I will show hereafter, to agree perfectly well with what has been observed in man after this operation.

CASE VI.—A servant girl had epileptic fits, preceded by a pain at the extremity of the index of the right hand. A ligature around the fore-arm, and other means, failed to produce any amelioration. The branches of the radial nerve going to this finger were divided during a fit, and the patient was completely cured. (Portal. *Observ. sur le nat. et le traitement de l'Epilepsie*, 1827, p. 159-60.)

In this case, the ligature had failed, but perhaps it was not strongly applied. Portal says it was *un peu forte*, whereas it ought to have been very tight.

Cullen (*Elements of Medicine*, §1318) relates a case of cure by the section of a nerve.

Short (*Edinb. Med. Essays and Obs.*, vol. iv., p. 523) gives the history of a case of epilepsy cured by the section of a nerve of the leg, and the extirpation of a small tumor.

In the following curious case, the nerves, although not cut by the knife, were divided.

CASE VII.—A young soldier, who had had epilepsy for many years, became much worse after having been bled in the feet. He had three fits every day at regular hours, at 6 and 9, A. M., and 2, P. M. A feeling of cold used to precede the fit, before the bleeding of the right foot. The physician, M. Pontier, thought that some nerve had been half divided, and that the increase in the frequency of the fits depended upon the irritated state of this nerve. Various experiments were made concerning the influence of ligatures. At first, one was applied over the knee-joint, just before the 2 o'clock fit, which came, nevertheless, but lasted five minutes, instead of twenty-five as usual. The next morning, the same result was obtained. Thinking the ligature was not sufficient, M. Pontier made use of the tourniquet, the pad of which was applied upon the saphena nerve. The fit lasted only one minute and a half. The tourniquet having been loosened too soon, a universal spasmodic trembling took place, which disappeared at once when the instrument was re-tightened. To make sure that the trembling came from the absence of compression, the instrument was loosened again, and the

trembling re-appeared, and ceased again when the pressure was again increased. Analogous experiments were tried at the time of another fit, and the result was the same. When the place where the bleeding had been made was irritated, the trembling took place if the pressure was not considerable; but it ceased when the pressure was increased. Before and during two other fits, the same facts were again observed. M. Pontier then tried the application of a ligature, not only on the right leg, but also on the left; the fit then did not take place. From time to time there were slight tremblings, but the patient did not lose his consciousness. For three days the same thing was done, and with the same success. Then M. Pontier decided to divide the two saphena nerves, but thinking that the bistoury might frighten the patient, and also being desirous of destroying the cicatrices of the lancet wounds, he applied caustic potash on each of them. Since this time, the patient has had no fits. (*Recueil périod. de la Soc. de Méd. de Paris*, No. 79, p. 201, and *Journal Gén. de Méd.*, vol. xvi., p. 261.)

This case is very interesting in many respects. In the first place, it illustrates admirably the power of the ligatures upon fits. In the second place, it shows the influence of ligatures, and of the section of nerves, in cases where there is no positive aura epileptica. I will speak of this point afterwards.

The cases of amputation for epilepsy which have been followed by the cure of the patients, are to be compared to those of section of nerves. It is, very likely, by the section of the organs of nervous transmission, that an amputation succeeds in curing epilepsy. Therefore we have thought proper to collect some of the cases of this kind which are on record.

The amputation of the great toe has cured a patient whose history is given by Tissot, quoted by Delasiauve. (*Loco cit.*, p. 430.) This case is probably the same which Esquirol (*loco cit.*, vol. i., p. 304) relates, without any mention of the physician who treated the patient. He says, "A lady having vainly tried many remedies, was cured by the amputation of the first phalanx of the great toe, which was the source of an aura epileptica."

Dr. W. H. Edwards, of Virginia, has recently published a very interesting case of a cure of epilepsy by an amputation. Here is a summary of the case.

CASE VIII.—For seven years a girl had epileptic fits, at irregular intervals, sometimes five or six per week, then none, perhaps, for

two or three weeks. In one of her fits she fell on the hearth, and burnt one of her feet. The injury produced by the burn was not cured after five years, during which the fits were very violent. The leg was then amputated a few inches below the knee-joint. This was done in March, 1852, and since then (up to February, 1855) she has never had a return of the fits. (*The Virginia Medical and Surgical Journal*, March, 1855, p. 204.)

There is an interesting case of cure by amputation in the *Medical Examiner*, of Philadelphia (1841, vol. iv., p. 477).

Perhaps we ought to add here the cases of convulsions which have been cured either by the section of a nerve in amputated patients, or by a second amputation; but almost all the cases of this kind are not true cases of epilepsy; they are either more or less local convulsions, or hysteriform convulsions. Besides, epilepsy produced by alterations of the nerves of the stump in amputated patients, is not frequently curable by the section of a nerve, on account of the inflammation of the whole or a great part of the length of the nerve. A case recorded by Mr. Hancock, and another by Mr. Langstaff, are very interesting specimens of this kind. (See the *Phila. Med. Examiner*, July, 1852, p. 468.)

There is a very remarkable case of convulsions treated with success by the section of a nerve, published by Dr. Harris, of Philadelphia. (*Med. Examiner*, 1833, vol. i., p. 2.)

I could relate many cases of tetanus in which the section of a nerve has proved successful, but although these cases bear out the fact I wish to establish, *i. e.*, the influence of the interruption of nervous transmission in preventing convulsions, I will not give them, because I must here confine myself to the subject of true epileptic convulsions.

Besides amputations of limbs, that of the testicles seems to have been successful in curing epilepsy. Joseph Frank relates a curious case of this kind, in which the aura epileptica began in one of the testicles, which was the seat of an ulcer. It was taken off, and eleven years after the operation no more fits had come. (*Præceps medicæ universæ præcepta*, vol. i., sect. iii., p. 476.)

3dly. *Elongation of muscles which are the seat of the aura.*

The aura epileptica begins in the ramifications of nerves, either in the skin or in the muscles. We have shown that after an interruption of nervous transmission by compression of a section of nerves, the fits are prevented, or are less violent; we will now relate cases showing that when the aura has its seat in muscles, a good

means of interrupting the nervous transmission from them, or rather of producing a change in the state of the sensitive nerves of the muscles, is to elongate them.

Gilibert, quoted by Herpin (*loco cit.*, p. 404), relates a case of epilepsy in which the fit began by a pain in the foot; on the people about the patient taking hold of her foot, and *drawing upon it*, the fit did not come.

Maisonneuve (*Rech. sur l'Epilepsie*, p. 19) gives the history of a girl who had cramps, either in the leg or in the arm. If somebody seized the cramped limb, and extended it with force, the general convulsions did not come.

The same author relates (p. 189) the case of a young man whose fits were prevented by the elongation of the muscles of the arm, which had cramps.

Another remarkable case is recorded by the same writer (p. 195). A man had cramps in one of his legs, and one of his arms, before the fit. If people came quickly enough to draw strongly his arm and leg, the fit did not occur.

Bending the body, or the head, backwards or forwards, to elongate the muscles which have a cramp, has been employed with success by some epileptics; so it was by a patient spoken of by one of the annotators of Galen (see Herpin, *loco cit.*, p. 396), who used to bend his body forwards. So it was, again, by a patient who, according to Esquirol (*loco cit.*, vol. i., p. 303), used to bend his head backwards, and by this means avoided the fit.

I could give many other facts to prove the influence of elongation of the cramped muscles to prevent fits of epilepsy; but the preceding are certainly sufficient.

All the means hitherto spoken of, and by which fits are avoided (ligature, section of a nerve, amputation, elongation of cramped muscles), are alike in one thing; they cut off the communication between the aura epileptica and the encephalon. The means I will now speak of attain the same end, but in another way, which is, the destruction of the aura. Both in my animals, and in man, these last means are able to succeed.

4th. *Cases of cure of Epilepsy by Cauterization and other local means of modification of the parts from which originates the aura epileptica.*

There are a great many cases of this kind. They bear out the same conclusion as the cases of section of a nerve, in showing that the fits were caused by a peculiar influence originating from some

part of the skin. Cauterization of the skin of the face and neck by the red hot iron, in my animals, seems to cure them, as I will show hereafter. It appears, therefore, that there is something of the same kind in the condition of the skin of the neck and face in these animals, and in the parts of the skin which are the seat of a true aura epileptica in man.

The most varied modes of cauterization have been employed with success against the aura epileptica. Blisters, moxas, potential cauteries, issues, Dippel's oil, a decoction of ruta graveolus, and various other rubefacients, have been successful in cases reported by Locher, Baster, Dovinetus, Brunner, Stuerlin, Henricus ab Heer, Benzi, Portal, Récamier, &c.

It is useless to mention any of these cases particularly, because there are so many on record that every one knows some of them.

The application of a moxa or of the red-hot iron is, I believe, the best means of cauterization. At least it is so for animals, and the many cases in which epileptics have been cured by a burn (see Portal, *loco cit.*, pp. 160 and 172) agree in showing the power that burning of the skin possesses. In a case by Tulpius (see Herpin, *loco cit.*, p. 399), the aura came from the big toe, and the patient was cured by deep burnings of this toe with the red-hot iron.

Any kind of change in the skin may be the cause of the appearance of epilepsy or of its disappearance. A man, says Esquirol (*loco cit.*, p. 304), had an ulcer on one of his legs; epilepsy came on after the cicatrization of the ulcer, and each fit was preceded by the sensation of a cold wind in the cicatrix; a ligature above the knee-joint stopped the fit. A young man, whose case is recorded by Pouteau (quoted by Portal, *loco cit.*, p. 375), had received a blow on the head, and the wound was cicatrized only a year after; he was then attacked with epilepsy, and the fits gradually became more and more frequent. After having been a year in this condition, he consulted Pouteau, who opened the cicatrix by the application of the cautery. From this day the fits disappeared; but the patient allowed the wound to be healed again, and epilepsy returned. It disappeared again, after another application of the caustic.

Perhaps various operations which have been followed by the cure of epilepsy are to be explained in the same way as the many cases related in this paragraph. This is true, perhaps, for a case mentioned by Delasiauve (*Traité de l'Epilepsie*, p. 430), and in which, after the extirpation of an encephaloid tumor in the angle of the

jaw, an epileptic patient was cured. This explanation is probably good, also, for some of the cases in which trepanning of the cranium has been successful in epileptic patients. Among the cases of this kind that I know, I take four, almost at random, to show the fitness of this explanation. In one of them, a circumscribed and permanent pain in the head led Dr. James Guild to apply the trephine. The patient was cured. (Delasiauve, *loco cit.*, p. 422.) In another case, Dr. Campbell (*Annales Méd.-Psychol.*, vol. xiii., p. 613) applied the trephine on the cranium of a man who had received a blow, and who suffered a great deal from the wound it had produced. No more fits took place, and four years after the operation the man was still well. In a third case, recorded by Benjamin Travers (*A further Inquiry concerning Constitutional Irritation and the Pathology of the Nervous System*, p. 285), the trephine was applied in a place where the cranium was depressed and painful to the touch. The patient was cured. The fourth case I will give in full, as it has not yet been published, and also on account of its importance. I owe the history of this case to Professor Van Buren, of New York, and I give it just as it has been furnished to me by this distinguished surgeon.

CASE IX.—“A healthy married woman, 26 years of age, received a blow upon the side of her head from the clenched fist of her husband, who was intoxicated. The seat of the injury remained permanently tender to the touch, and about five months afterwards she had an epileptic fit, for the first time. The fits recurred from this time in gradually diminishing intervals, and when she was admitted into the New York Hospital, in March, 1856, about three years after the injury, they occurred almost every day.

“Over the centre of the parietal bone of the right side, a portion of the scalp, about the size of a half dollar, was very sensitive on pressure, but no appreciable lesion could be discovered, except, perhaps, a slight puffiness of the integuments at this point. She suffered much from headache, the pain always commencing here, and seeming to radiate from this tender surface to the rest of the head. Before a seizure of epilepsy this local pain, which was always present, invariably became more intense.

“After watching the patient for some weeks, during which time the fits were evidently becoming more frequent, it was observed that she was worse at her catamenial period. In fact, upon the 5th and 6th of April she had no less than twenty-seven distinct sei-

zures. Her memory and other intellectual faculties were observed to be decidedly impaired. In other respects her health was good. Valerianate of zinc was tried in doses of two and three grains three times a day during a fortnight, but without benefit.

“It was then decided, in consultation, to explore the condition of the scalp and cranial bone at the seat of pain, and to remove a portion of the bone, if it showed any evidences of disease. This was done on the 10th of May. The patient was etherized, and a free crucial incision made through the scalp. The periosteum was found more than naturally adherent to the bone, the surface of which was somewhat elevated and roughened over a space an inch and a half in diameter. This altered portion of bone was removed by two applications of the trephine; its inner surface was found to be perfectly normal, but its diploe was obliterated.

“The wound was closed accurately, except at the point where the incisions crossed, and cold water dressings applied. No fit occurred until the 18th of May, when she had three during the day and evening, followed by active febrile symptoms, with nausea, and on the following day an erysipelatous blush appeared upon the forehead. On the 19th and 20th she had three fits, but they were not very severe. The attack of erysipelas lasted the usual time, and proved to be rather a severe one. The wound of the scalp healed kindly and uninterruptedly, and, at the end of the erysipelas, was entirely cicatrized (May 27th). After the seizure which occurred on the 20th, there was no return of the epilepsy. The patient was retained in the Hospital until after a menstrual period, and as this did not take place at the usual time, appropriate remedies were employed, but it was not until the sixth week that the catamenia returned, so that the patient was not discharged from the Hospital finally until July 10th, having had no fit meanwhile.

“The epileptic fits which occurred on the 18th, 19th and 20th of May, coincidentally with the invasion of the erysipelas, seem to have taken the place of the usual chill, as her attack commenced without one; and they were the only fits which occurred after the operation of May 10th.

“I have seen the patient twice since her discharge from the Hospital, once within the past month (November), and she is in perfect health, having had no threatening whatever of an epileptic fit since those which ushered in the attack of erysipelas.”

The extirpation of two pieces of altered bone in this case has certainly not been the cause of the cure of the patient, as there have

been fits after their removal. We are led, therefore, to admit that the cure was the consequence either of the influence of the erysipelas or of a change that took place in the skin while the wound was healing. There are cases on record where either erysipelas, or some other febrile disease, seems to have cured epilepsy; but this is so very rare, that it is much more probable that in the patient of Dr. Van Buren the cure has been effected by the change that the operation has produced in the skin, just where the blow which had caused the epilepsy had been received. The frequency of cures of this convulsive disease by anything that may produce a change in a part of the skin, which, being injured or the seat of a pain, has caused epilepsy, renders it very probable that in this case the cure has been obtained by the change produced by the operation.

While I think that Dr. Van Buren deserves great eulogy for this bold and successful operation, I nevertheless ought to say that with the knowledge that I have now, that epilepsy originates very frequently in the skin, it would be necessary in the future, in cases like those I have just recorded, to employ various means of cauterization, and particularly the application of a red-hot iron, upon the injured skin, before making use of the trephine. Very likely cauterization, in a number of cases, will prove sufficient to cure.

Perhaps we are authorized to place the cases we will speak of now, among those in which the skin was the source of an aura epileptica.

J. Carron (*Journal Général de Médecine*, vol. xiii., p. 242) relates the following case.

CASE X.—A child, 11 years old, had fits of epilepsy two or three times a week, since he was 2 years old. A feeling of cold, coming from one of the upper extremities, preceded the fits. A ligature having been applied around the arm and tightened at each threatening, the fits were avoided. A small tumor was then found on the first phalanx of the thumb, and to ascertain if this tumor was the cause of the fits, although it did not produce pain, the ligature was placed successively on the hand and on the thumb, and the fits were prevented. An incision was then made upon the tumor, and four very small bodies of hard sebaceous matter were taken out. The wound was excited to give much pus, and healed after thirty days. The child was completely cured, and has never had a fit since.

Portal (*Anatomie Médicale*, vol. iv., p. 217) gives the case of a

woman whose fits began by a pain in the thumb. Leduc, a pupil of Portal, extirpated a hard portion of the skin (a bunion, very likely—*un durillon*), and the patient was cured.

A foreign body in the ear had caused epilepsy. Fabricius Hildanus extirpated it, and the patient was cured. (Esquirol, *loco cit.*, vol. i., p. 303.)

Esquirol says (*loco cit.*, vol. i., p. 303): “Donat attended a nun who felt, in the beginning of the fits, a pain in the right mamma, from which the aura ascended to the brain; if an ulceration took place in the mamma, the fit was prevented.”

Although the skin is more apt to produce epilepsy than the trunks of nerves, there are many cases where an injury to the trunk of a nerve has caused this disease. Such cases have been recorded by De Haën, Henning, Larrey, Romberg (*Nervenkrankheiten*, 3d ed., vol. i., part 2, p. 639) and others. I will relate some cases of this kind to show that for them, as for those in which the aura epileptica originates in the skin, the same principle is true, that an interruption between the injured part and the brain is able to cure epilepsy.

Portal (*Observ. sur l'Épilepsie*, p. 210) gives the case of a man who had had a nerve injured in the arm. Convulsions, with loss of consciousness, came on many times. A greater incision was made where the wound existed, and the patient was cured.

The same writer (*loco cit.*, p. 156) speaks of a man who had received a pistol shot in the neck, and who had become epileptic. After some time an abscess was formed in the neck; one of the shot came out, and the patient was cured.

Dieffenbach (*Die Operative Chirurgie*, vol. i., p. 852) relates the case of a young girl, whose hand had been wounded by a piece of bottle glass. Neuralgic pains, epileptic fits and contraction of the limb had been the results of the wound. The cicatrix was opened, and a small bit of glass was found near a nerve which had been divided by it, and which was swollen and hardened. After the operation the neuralgia, the epilepsy and the contraction vanished, and the girl was completely cured.

Fizes, according to Portal (*loco cit.*, p. 157), has seen a man who had become epileptic after having been wounded by a sword near the great angle of the eye, and who was cured after the extirpation of a small part of the point of the sword which had staid in the wound.

Cases more or less resembling the preceding have been reported by Lamotte, Van Swieten, Sauvages, De Haën, Burserius, Lamo-rier, &c.

Darwin reports that he once saw a child who frequently fell down in convulsions. A wart was found on the ankle, which was cut off, and the fits never recurred.

Epilepsy caused by the irritation of the dental nerves, and cured by the extirpation of some teeth, or by the lancing of the gums, is not uncommon. Some interesting cases of this kind have been reported by Portal (*loco cit.*, p. 205 and elsewhere).

I shall not speak here of the cases of epilepsy produced by an irritation of a mucous membrane, or of a viscus, and which have been cured by the removal of the irritation. These cases are very numerous, and they also prove that epilepsy may be cured by the suppression of the irritation of nerves, either in their peripheric ramifications or in their trunks.

§ X. In the preceding parts of this paper I have given a summary of two series of facts: experiments upon animals, and pathological cases observed in man. I have now to compare these two series of facts one to the other, and to draw conclusions from the results of this comparison.

There is one thing which seems to be quite proved by this comparison: it is that the convulsive affection produced by certain injuries to the spinal cord is true epilepsy, or at least an epileptoid affection. I have shown already that the symptoms (see §§ II. and V.) lead to this interpretation. But this is not all; the greatest analogy exists between what we know of the *aura epileptica* in man (see § IX.) and what I have found concerning the property that the skin of the face possesses of producing fits in my animals (see § IV.). In them it seems that the face is the starting point of a true *aura epileptica*, and that, as well as in man, an interruption of nervous transmission between the starting point of the *aura* and the cerebro-spinal axis, seems to cure epilepsy. The same result seems also to be frequently obtained by either burning or other means of cauterization of the skin in the part from which originates the *aura*. In these animals, as in man, in the cases we have related, the convulsions seem to take place by a reflex action. In these animals also, as well as in man (for instance, in the case of Odier, § VIII.), although the primitive cause

of the affection is in the nervous centres, there is an aura epileptica coming from the skin, and the interruption of nervous transmission from the skin to the cerebro-spinal centres seems to have been sufficient, for a time, to prevent epilepsy. Besides, the development of epilepsy in many cases in man is similar to what takes place in my animals: the convulsions at first are limited to a few muscles around the starting point of the aura epileptica; they then extend gradually to many others, and, at last, attack almost the whole body.

If these analogies prove that the convulsive disease which is produced in animals by an injury to the spinal cord is epilepsy, we are led to conclude that in man, also, epilepsy may be caused by a disease of this nervous centre. This gives a new weight to the great probability that epilepsy has been the result of alterations of the spinal marrow in at least some of the cases (see §VII.) where this organ has been found altered in epileptics.

It will perhaps seem strange that we speak only of a great probability, while some physicians consider the question of the production of epilepsy by a disease of the spinal cord as quite decided, and describe a spinal epilepsy as a distinct form of this affection. I deny the existence of this species of epilepsy, as it has been characterized by many German writers and by Dr. J. Copland; and I consider as a fanciful description the pathological and symptomatic history of this form of epilepsy given by Joseph Frank, Harless, Schoenlein, Dr. Copland, Canstatt, Colson and Wunderlich.

Dr. Copland says (*Dict. of Pract. Medicine*, 1844, vol. i., art. *Epilepsy*, p. 793) that the spinal epilepsy generally arises from injuries and concussions of the spine, from caries of the bodies of the vertebræ or inflammation of the intervertebral substance, and from inflammation of the membranes of the cord, or effusion of fluid within the sheath; from the metastasis of rheumatism, or the disappearance of eruptions, &c. According to Schoenlein and others, it arises frequently from excess of sexual excitement, and particularly from onanism. Sometimes it is preceded by great sensibility, formication or irritation of the skin. The fits are generally characterized by severe convulsions, seminal emissions, and expulsion of urine and fæcal matters. The head is seldom so much affected as in cerebral epilepsy, and the seizures often approach nearly or altogether to simple convulsions. One or other of the

limbs is frequently weak, and sensation in them occasionally diminished or otherwise altered during the interval (Copland). According to the German physicians the convulsions resemble those of tetanus, and attack mostly the extensor muscles; clonic convulsions are rare. Besides, there are symptoms of diseased spine, and particularly pain under pressure in some points.

Dr. Copland believes that disease of the spine, associated with disease of the uterine function and epilepsy or convulsions, is not rare. He says, also, that in epilepsy depending upon injury of nerves, the paroxysm, as in the spinal variety, is rather one of convulsions than of complete epilepsy (*loco cit.*, p. 793).

The same writers describe as another distinct kind of epilepsy what they call the cephalic or cerebral epilepsy, in which convulsions are mostly clonic, and not so violent as in the spinal variety, and the loss of consciousness is the prominent symptom.

In their description the German writers and Dr. Copland have confounded three distinct things: *first*, cases of disease of the spine, or its contents, with convulsions (and not epilepsy); *second*, cases of disease of the spine, or its contents, with epileptic fits, without loss of consciousness; *third*, cases of disease of the spine, or its contents, with epileptic fits and loss of consciousness. An inflammatory disease of the intervertebral substance, or of the membranes of the cord, &c., is not epilepsy. At first this convulsive affection is not a febrile one, while these inflammations cause more or less fever; then the fits of epilepsy are separated by long or short intervals, during which there are no convulsions, while it is not so in these inflammations, or, at least, the intervals are very short in them; and besides, the disease progresses quickly towards death or cure. It is wrong, therefore, to call spinal epilepsy cases of meningitis, &c., in which there are more or less continuous convulsions and fever.

As to the other kinds of cases, called spinal epilepsy by Copland and others, they do not deserve this qualification, unless we call them so because epilepsy *seems* in them to be caused by a disease of the spine or its contents. But there is nothing special in the symptoms which can lead us to find out that the epileptic fits depend upon a spinal affection, and not upon a disease either of the brain or nerves. Of the two kinds of cases: spinal complaint with epileptic fits and conservation of consciousness, and spinal complaint with epileptic fits and loss of consciousness; this

last kind has certainly nothing to distinguish it from the cerebral epilepsy of Copland and others, and as to the other kind it is impossible, also, to distinguish it from the cerebral form, because consciousness may also not be lost in cases of epilepsy due to a cerebral disease.

The symptoms in my animals, in which the primitive cause of epilepsy is certainly an injury of the spinal cord, and the symptoms in many cases of epilepsy in man, where a disease of the spinal cord or its membranes existed, are entirely like those observed in many cases in which the brain was the only organ altered. Still more, in the same patient there may be the symptoms of the so-called spinal epilepsy in one attack, while in the next we find those of the so-called cerebral epilepsy, and *vice versá*.

In epilepsy due to a cerebral disease, there are, sometimes, all the symptoms attributed by Dr. Copland and others to their spinal epilepsy: violent tetanic spasms, seminal emission, expulsion of urine and fæcal matters, paralysis of one limb and loss of consciousness. For the existence of paralysis of one limb in epilepsy depending upon cerebral disease, I will refer to a paper of M. Bravais (*Thèse sur l'Epilepsie Hémiplégique*, Paris, 1827), and to the work of Dr. R. B. Todd (*Clinical Lectures on Paralysis, Diseases of the Brain, &c.*, 1854. Lect. xiv. *On Epileptic Hemiplegia*).

On another side I could relate a number of cases in which the convulsions were clonic and consciousness lost, and in which epilepsy co-existed with a disease of the spine or its contents. Some interesting cases of this kind are to be found in the works of Herpin (p. 133–38) and Portal (p. 26 and p. 286). A relation of two cases of disease of the membranes of the spinal cord and softening of a part of this organ, with violent epileptic convulsions and loss of consciousness, is given by M. Pageant (*Rech. sur les causes, le siège et le traitement de l'Épil.* Thèse. Paris, 1825. *Obs.* v., p. 22, and *Obs.* xii., p. 33). In one of the cases of tubercles in the spinal cord, recorded by Gendrin (see *Traité des Mal. de la Moelle épin.* par Ollivier d'Angers, 3e edit., 1837, vol. ii., p. 502), there were convulsions and loss of consciousness.

It is to be regretted that in a case of alteration of the spinal cord, very much resembling that which most surely produces epilepsy in animals, the symptoms have not been fully described. Prof. E. Geddings, of Charleston, who relates this case, merely

says: "Rather a stout man was affected, at frequent intervals, with violent convulsions and much suffering for upwards of eighteen months. In the progress of the case, the convulsions became more violent and recurred at shorter intervals, until he was finally released by death." There was an exostosis of the second cervical vertebra, encroaching so much upon the spinal cord as to produce a complete section of a lateral half of this organ. (*North American Archives of Medical and Surgical Science*. Baltimore. 1835. Vol. I., p. 110.)

In reviewing all the symptoms which exist in epilepsy, not one is found to belong exclusively to epilepsy due to a disease of the brain, of the spinal cord, or of a nerve. Even the existence of the aura epileptica is not a proof that the primitive cause of the disease is in some cutaneous nerves, and not elsewhere. The case related by Odier (see § VIII.) shows that a tumor in the brain, producing epilepsy, may be the cause of an aura beginning in the skin. Another case, recorded by Herpin (*loco cit.*, p. 125), resembles the preceding, as there was an aura epileptica in a girl whose epilepsy was probably due to tubercles in the nervous centres. In my animals there is no doubt in this respect, as the irritation of certain parts of the skin produces fits, although the primitive cause of the epileptoid affection is in the spinal cord. The aura may therefore exist in epilepsy depending upon a disease either of the brain or of the spinal cord, as well as it is known to exist in epilepsy due to alterations of cutaneous or other nerves.

I have had a direct proof that the symptoms of epilepsy depending upon an alteration of a nerve could be exactly the same as those existing in epilepsy due to an alteration of the spinal cord. In a guinea pig in which one of the toes had been bitten, there were fits entirely similar to those which are found in animals of the same species after an injury to the spinal cord, and the fits ceased after a section of the sciatic nerve.

The comparison of what I have seen in animals with what has been observed by others and myself in man, shows that the symptoms of epilepsy cannot indicate whether it originates from a disease of the brain, of the spinal cord, or of a nerve. But it is true, nevertheless, that if together with epilepsy, there are positive symptoms depending upon a disease of either of these organs, it will be very probable that epilepsy itself depends upon this disease. The careful examination of the symptoms which co-exist with

epilepsy is, therefore, extremely important, because by them we may find whether this convulsive affection is due to a disease of a nerve, of the spinal cord, or of the brain, and this knowledge is of the greatest value for the prognosis and the treatment.

§ XI. I have been led to believe, by what occurs in animals after an injury to the spinal cord, and by some cases observed in man, that the existence of a particular spot capable of producing fits, when irritated, is not rare in epileptic patients. This spot may or may not be the starting-point of an aura epileptica.

In the interesting thesis of M. Bravais (*Rech. sur les sympt. et le traitement de l'Epilep.*, Paris, 1827, p. 18), there is a case of a man who had fits when he touched himself, or was touched by other persons, on the region of the temporal bone of the right side.

Fernel, according to Esquirol (*Loco cit.*, p. 302), saw epilepsy produced each time pressure was made on the upper part of the head.

Rondelet (*Méthode curative des Maladies*, p. 137) relates the case of a man who had a fit every time his ears were exposed to cold.

In a young man in whom there was an aura epileptica starting from the left hypochondrium, a simple pressure on this region was sufficient to cause the fit (Tulpius, quoted by Portal, *loc. cit.*, p. 180).

While I was lecturing on this subject in Boston, in November last (1856), Prof. E. H. Clarke told me that he had seen a fit of epilepsy produced by pressure upon one of the mammæ.

I have found that irritation of certain parts of the skin by galvanism caused fits in two epileptics. In one of them it was the skin of the bend of the elbow, and in the other the skin of a portion of the neck and face. There was no sensation of an aura epileptica in these two cases.

Probably in many cases, without the feeling of an aura epileptica, and even without a feeling of pain arising from any part of the skin, the fits are caused by a peculiar and unfelt kind of irritation, originating from some part of the skin, or from the sensitive nerve of a muscle. Perhaps it will be possible to detect the existence of such parts of the external tegument, or of such nerves, by va-

rious means, of which we will speak hereafter. It is certainly impossible to admit that the sensations which exist when there is an aura epileptica are always the causes of the fits, as we know that sometimes they consist only in a feeling of cold, or a kind of tickling or formication, or a slight pain. Such sensations are certainly unable to produce fits, and therefore there must be some other kind of irritation, not felt, existing together with these sensations, starting from the same point, and producing the fit. Consequently, what is essential in the aura epileptica is not what is felt, but an unknown kind of irritation. This special irritation, we repeat, may exist alone, *i. e.*, without any kind of sensation. It is the essence of an aura, without any feeling. A good illustration of this view may be found in some cases recorded by M. Pontier (see above, § IX., CASE VII.), J. Frank, and Henricus ab Heer. In the curious case we owe to M. Pontier, there was no pain arising from the feet, and nevertheless it is certain that an irritation sprang from them, as we find that the fits were prevented by the application of a ligature round the legs, and afterwards by the section of the saphena nerves. In the case mentioned by J. Frank (*Præceps medicæ universæ præcepta*, vol. i., sec. 3, p. 476), epilepsy had come after a disease of the testicle; the scrotum was much contracted during the fit, and although there was no feeling of an aura, castration was performed, and the patient cured. It is evident that in this case the fits were due to an unfelt aura arising from the testicle. In the case by Henricus ab Heer (cited by Sennert, *Opera Omnia*, vol. ii., p. 489), a young girl had no feeling of an aura epileptica, but as she rubbed her big toes one against the other during the fit, applications of butter of antimony were made upon them, and the patient was cured. It seems that in this case, also, there was, as cause of the fits, an unfelt irritation arising from the toes. It is well known that worms in the bowels may cause epileptic fits, although they sometimes do not give pain or any other sensation. The irritation producing the fits is then unfelt, as in the preceding cases.

On one side, therefore, we find that an irritation coming from the skin or a mucous membrane may produce fits, without being felt; whereas on another side, when there is the feeling of an aura epileptica, the variety of the sensations, and their feebleness, often show that it is not they which cause the fit, so that we must admit that even then it is a peculiar, unfelt irritation which produces the

attack. In my animals, as I have tried to prove in § IV., it is not the pain caused by pinching the skin of a part of the face and neck which produces the fit, but a peculiar kind of irritation. Perhaps the special irritation which generates a fit gives sometimes a sensation quite special also, and which cannot be described. Many epileptics speak of a strange and inexplicable sensation. M. Delasiauve thinks he has been enabled to judge upon himself how a sympathetic fit is produced. He had a sore throat, with an engorgement of the cervical ganglions. The least pressure upon these inflamed glands caused a sudden bewilderment (*éblouissement*). The experiment, repeated twenty times, always gave the same result. M. D. says that if the pressure had been continued he would have fainted, and that there was quite a special sensation, progressing as quickly as a flash of lightning from the diseased spot to the head (*loco cit.*, p. 33–34).

In the cases of epilepsy in which there is an unfelt irritation arising from the skin, and producing the fits, is it because the irritation causes immediately a complete loss of consciousness, or because it has not the power of giving sensation, that it is not felt? I cannot answer this question positively. I can only say that it is probable that the two things exist.

If we take notice of these three sets of facts—1st, that there are cases of epilepsy in which an irritation arising from the skin, or from the neighboring parts, may cause fits without being felt; 2dly, that by pressure or galvanization we may produce in a part the kind of unfelt irritation which causes fits; 3dly, that such a part being found, epilepsy may be cured by either the application of ligatures, the section of a nerve, or cauterizations, &c.; it becomes evident that it is of the greatest importance to try to find out, in epileptics who have no *aura epileptica*, if there is not a part of the skin or of a muscle from which arises an unfelt irritation causing the fits. To ascertain the state of things in this respect, various means may be employed. If the fits are frequent, and if they come at regular times, it will be found, by placing tight ligatures around the limbs, whether the attacks are due to an irritation coming from these parts, or not. Among other means of detecting the existence or absence of a peripheric irritating cause of the fits, I will point out particularly the following: pressure upon the various parts of the body; the application of localized and powerful galvanic currents; the application of ice and of a wet and

warm sponge, &c. If any part is the seat of a pain, even if this pain seems to have no relation with the fits, it will be necessary to ascertain whether pressure, galvanism, &c., applied upon this part, produce an attack. If it is in a limb that a pain exists, a ligature will decide the relation of the painful spot with the fits. In cases where there is a cramp in some of the muscles, or in one only, at the beginning of the fit, the inducement of a cramp by galvanism might decide if the attack is due to the irritation of the sensitive nerve of the contracted muscle, or if the cramp is nothing but a manifestation of the attack. If the initial cramp exists in a limb, an elongation of the contracted muscle, or a ligature, might lead to the solution of the question.*

The danger of producing a fit by the employment of some of the means that I have indicated as good to decide if there is an unfelt irritation arising from the skin, or from some muscle, and causing the fits, is not a reason to prevent our making use of these means, because the existence of a fit, particularly when we are prepared for it, is a small evil in comparison with the great benefit that may be derived from such a trial.

In my animals, nothing in the skin of the face and neck (except a slight congestion, which perhaps is the result of the pinching, and other modes of excitation that I employ) indicates that this part has such a power as that which it alone possesses, to cause fits when irritated. It results from this fact, that it would be quite wrong to decide, *a priori*, that an epileptic man, in whom the skin seems to be perfectly healthy, cannot have fits produced by an irritation of some parts of his skin. Even in such a case, therefore, it would be necessary to employ the various means I have indicated, to decide the influence of the skin on the production of the fits.

§ XII. In many of the preceding parts of this paper I have strongly insisted on the influence of the aura epileptica, or of a peculiar kind of irritation of the peripheric nerves, as causes of epileptic fits. I must now show that I was right in this respect.

Herpin, in his important work which I have so often quoted (*loco cit.*, p. 421), tries to prove that the phenomena of the aura epileptica are nothing but the result of a cramp in one or in more

* No one will imitate a surgeon, cited by Portal (*loco cit.*, p. 135), who performed an amputation of one of the toes, because the movements of this toe were very violent during the fit!

muscles, and that this cramp is the first convulsion of the attack. The same view had already been proposed by Prichard, who says that the aura generally is "a convulsive tremor commencing in a limb" (*A Treatise on Diseases of the Nervous System*, Part first, 1822, *Note*, p. 88-89). Herpin has gone farther, and tried to prove that this is always the case. He thinks that the aura epileptica, or, in other words, the first cramp, depends upon a change in the nervous centres, and that the seat of the aura varies according to the place where the change begins in these centres. The cause of the attack, according to this theory, is in the cerebro-spinal axis, and the aura is only a manifestation, an effect, of this cause, and, in consequence, cannot be considered as a cause of the fit.

This theory implies that the so-called sympathetic epilepsy does not exist; so that it is a denial of the peripheric origin of epilepsy.

I cannot understand such a denial, because I think there cannot be any doubt as regards the existence of the sympathetic epilepsy, when we take notice of the immense number of cases of this disease in which it has been produced by wounds or blows in various parts of the body, by neuromas, or other tumors, by dentition or decayed teeth, by foreign bodies, by worms, by calculi and other concretions, by diseases of the skin or of the trunks of nerves, &c. I will merely refer to the works of Portal (*loco cit.*, p. 155-185, p. 204-214), Esquirol (*loco cit.*, vol. i., p. 297-305), Delasiauve (*loco cit.*, pp. 217 and 253), and Romberg (*Nervenkrankheiten*, 3d ed., 1855, vol. i., part 2, pp. 689 and 700), where a great many such cases are reported.

When I treat hereafter of the nature and seat of epilepsy, I will try to show that almost always, if not always, there is in this disease an increased degree of the reflex excitability of the cerebro-spinal axis, and that epilepsy seems to consist mostly in this increased excitability. When a wound, or any of the known causes of the sympathetic epilepsy, produces this affection, it does so principally, if not only, by increasing this reflex excitability. I will show also, hereafter, that there are two distinct influences belonging to the various causes of the sympathetic epilepsy: by one, they produce the disease, or rather, the principal element of the disease, *i. e.*, an increase of the reflex excitability; by the other, they produce the fits. I refer, I repeat, to the writers I have just quoted, for facts proving that they may produce the disease, and I

will now only try to show, in opposition to the theory of Dr. Herpin, that they often cause the fits. I will also try to show that many kinds of felt or unfelt irritation of the sensitive nerves of the skin, or of the muscles, have the same power.

A great many facts are opposed to the view that the aura results always from a cramp. In the first place, if this view were true, the sensation of the aura should always be felt where there are muscles, and not in those parts, such as the fingers, toes, skin, mammæ, testicles, ears, &c., where there are no muscles, and where, therefore, there cannot be any cramp. In taking notice only of cases reported by Herpin himself, in his learned historical account of the aura epileptica, we find that in a number of them the aura originated in the following parts: the little finger (two cases, one by Brassavola, the other by Hollier); the thumb (one case by Bouchet and Cazanvielh); a finger (one case by Faventinus); the big toe (four cases—two by Tulpius, one by Sylvius, and one by Portal); a cicatrix on the foot (one case by Puérari); all quoted by Herpin (*loc. cit.*, pp. 393, 394, 395, 398, 416 and 417). I might have given a much longer list by taking facts from other writers, ancient and modern. There are many other facts in opposition to the view of Herpin, in his own work, some of which have been observed by himself. There are cases in which there was a cramp, but, at the same time, a pain in parts where there was no cramp, and it is remarkable that the patients complained of this last pain only. So it was particularly in two cases observed by Herpin himself (Case xi., p. 70; and Case xix., p. 134).

If the view of Herpin were true, the sensations of the aura epileptica should be always the same, and always those of a cramp. Instead of such a thing, it is well known that these sensations vary extremely, and that they are described as a feeling of tickling, formication, burning, cold, &c. It would be easy to give a long list of cases in which these sensations have existed. Romberg, who admits two kinds of aura, a sensitive and a muscular one, says that the sensitive aura, in some of his patients, consisted of a feeling of formication in the extremities of the fingers and toes, and in others a tickling sensation around the mouth (*loco cit.*, p. 674).

Herpin says (p. 421–422), that he partially believes that epilepsy has been cured permanently or temporarily, and that the fits have been prevented, by stretching the limbs, frictions, ligatures, section of nerves, cauterizations, extirpation of parts, amputations,

&c. These facts are certainly in direct opposition to his theory, and he feels much embarrassed about them. He tries, nevertheless, to show that there is no contradiction between his doctrine and these facts. His reasoning in this respect can prove only one thing, which is, that almost all the successful modes of treatment above enumerated are very powerful to diminish or prevent a cramp. But Herpin does not show how or why the prevention of a cramp cures epilepsy. Certainly it ought neither to cure the disease, or even to prevent the fit, as, according to the theory, the cause of the fit is in the nervous centres, and the aura, or first cramp or convulsion, is nothing but one of the effects of this cause. Of course, a cause is not destroyed, or rendered unable to act, because one out of many of its effects is annihilated. Herpin, very likely, has been aware of this inefficiency of his theory, as he tries to show—1st, that besides cauterization, in some cases, powerful remedies have been employed; 2d, that he considers as doubtful some of the cases of cure by the extirpation of a tumor; 3d, that some operations have cured, for the same reason that fever and ague, typhoid fever, variola, &c., have.

I am surprised to find this last argument employed by Herpin, as there is nothing similar in the various operations performed for the cure of epilepsy, and these diseases. The alterations in the blood, and the changes in the nutrition of the nervous system which exist in these fevers may cure epilepsy, but in operations consisting in the application of a ligature round a limb, or in the section of a nerve, or in the extirpation of a tumor, there is nothing capable of altering materially the blood, and the nutrition of the nervous system. As to the other arguments of Herpin, they are valuable, but they apply only to a small number of cases.

To show the incorrectness of the view of the Swiss Physician, it might be sufficient, I believe, to remind the reader of the cases of cure of epilepsy that I have given in a preceding section of this paper (see § IX.). They prove peremptorily that the source of fits of epilepsy may be in the peripheric part of sensitive nerves. The fits were certainly due to an external cause of irritation in cases of epilepsy where they have been prevented by the following means:

- 1st. Application of a ligature around a limb or finger.
- 2d. Section of a nerve.
- 3d. Amputation of a limb, a finger, a toe, or the testicle.
- 4th. Extirpation of a tumor, a foreign body, or a tooth.

5th. Expulsion of worms, of calculi or other concretions.

Some other facts which I have mentioned in the beginning of § XI. show, in the most direct way, the possibility of the production of a fit by an irritation of the periphery of the sensitive nerves. Together with these facts, I might have spoken of a young man, observed by Zimmerman, and who had a fit of epilepsy every time he practised masturbation (Esquirol, *loco cit.*, p. 301). That an external irritation may cause fits is also proved, without any doubt, by the facts I have almost daily observed in animals for many years; facts described in the first part of these papers. It even seems, from what is observed in these animals, and from various circumstances observed in man, that when there is a cramp preceding a fit, the cramp is nothing but the first effect produced by the irritation of a sensitive nerve. Cramps in some of the muscles of the neck and face are sometimes the only effects of the excitation of the skin of the neck and face in my animals, and when a complete fit takes place, it is almost always preceded by the spasmodic contraction of these muscles. So that if we did not know that there had been an irritation of the skin, we might think that the first phenomenon was the cramp of these facial and cervical muscles. In cases of wounds of a nerve, two diseases may follow, epilepsy or tetanus, but in these two cases the first convulsive phenomenon is a cramp in the muscles in the neighborhood of the wound. Many facts of this kind have been collected by Swan (*A Treatise on the Diseases and Injuries of the Nerves*, new edition) and Pflüger (*Die sensorischen Functionen des Rückenmarkes*, 1853). If the wound was not known to exist in a case of epilepsy of this kind, the local cramp would be considered as the first phenomenon of the attack, while it is only a secondary one. Now, if, as I have tried to show in § XI., there may be an unfelt irritation in the periphery of sensitive nerves, causing fits of epilepsy, it is possible that in cases where a cramp in one or a few muscles is the only thing felt by the patient, the cramp is not the first phenomenon, but results from the irritation of sensitive nerves in its neighborhood. In cases where there is both pain in a part without muscles, and cramps in the neighboring muscles, it may be that the cramps are the result of the irritation of sensitive nerves, causing this pain.

We do not deny that the first cramp in epilepsy may be due to some direct or primitive irritation of the nervous centres, but we

do not know any cases of this kind; while, on the contrary, we know many cases where there was, in the beginning of the fits, a local cramp, resulting from a secondary irritation of the nervous centres, *i. e.*, produced by a reflex action, due to the excitation of sensitive nerves near the muscles attacked with cramp.

Romberg says that there are two kinds of aura epileptica; a sensitive and a muscular one. The sensitive consists of various sensations, the muscular consists in a cramp (*loco cit.*, p. 674). This distinction is more apparent than real. If there are cases where cramps are not reflex movements, depending upon the irritation of a sensitive nerve, and in which they result from the direct excitation of some parts of the nervous centres, such cases ought to be distinguished from those where a cramp is connected with an aura epileptica. Besides, when this connection exists, *i. e.*, when either a felt or an unfelt irritation of a sensitive nerve causes a local cramp by a reflex action, before it produces the other phenomena of a fit, the cramp is only apparently an aura.

In reality, there is only one kind of aura epileptica, if we leave to this word the meaning which it has had for centuries, *i. e.*, a local sensation preceding a fit. This sensation in some cases exists without any cramp; in other cases it seems to co-exist with a cramp in the neighborhood of its starting-point.

In cases where the irritation of a sensitive nerve causes a fit without being felt, there may exist a local cramp, but the name of aura cannot be given to this cramp, as it is only the first reflex manifestation of the preliminary irritation, the existence of which may be found out by the means mentioned in § XI.

§ XIII. My experiments upon animals, compared with cases of epilepsy observed in man, throw a great deal of light on what we might call the physiology of epilepsy, that is, upon what concerns the etiology, the seat, and what is vaguely called the nature of this disease. It is easy to show that one or the other of the two series of facts we have to compare, if not both, are in opposition with the various doctrines concerning the production and the seat of epilepsy. A short critical examination of these doctrines will prove the correctness of this assertion.

The time has passed away when men of talent were tempted to place the seat of epilepsy in the pituitary body (Joseph Wenzel), in the pineal gland (Greding), or in the spinal cord (Esquirol,

Reid). The injuries or organic alterations of these parts, as well as of other parts of the nervous system, may be either the cause or an effect of epilepsy, but none of these parts can be considered as the *essential seat* of this affection. The numerous cases of co-existence of epilepsy and of a disease of the pituitary body, related by Joseph Wenzel (*Beobachtungen ueber den Hirnanhang fallsüchtiger Personen*. Edited by Carl Wenzel, Mainz, 1810), have lost their apparent importance since it has been shown by Romberg (*loco cit.*, p. 685) and others (Rokitansky, Engel and Sieveking, in Handfield Jones's and Sieveking's *Manual of Pathological Anatomy*, 1854, p. 267, *Amer. Ed.*) that the pituitary body may be altered although epilepsy does not exist, and that this neurosis may exist without any apparent alteration in this small organ. There is no part of the nervous centres about which the same argument could not be used.

Many writers have asserted that epilepsy must depend upon a disease of the brain (organic or not), on account of the existence of the cerebral symptoms. It is useless to speak of the authors who have been or who still are unacquainted with the phenomena of reflex actions; I will merely refer for their views to the works of Portal (*loco cit.*, p. 143–155) and Delasiauve (*loco cit.*, p. 27–35). But many physicians of talent, knowing very well what relates to the reflex actions, have considered the brain as the essential seat of epilepsy. Thus, this affection is placed among the so-called cerebral convulsions by very able pathologists, such as Romberg (*loco cit.*), Spiess (*Krankhafte Stör. des Nervensystems*, in Wagner's *Handwörterbuch der Physiol.*, vol. iii., 2d part, 1846, p. 188), Russell Reynolds (*The Diagnosis of Diseases of the Brain, Spinal Cord, &c.*, 1855, pp. 143 and 174), and others. According to Dr. John Simon, "the intellectual changes which precede, accompany or follow the progress of the disease, its concurrence with insanity, and its tendency to dementia, further mark the convoluted surface of the hemispheres as the primary seat of the morbid process" (*General Pathology, &c.*, 1852, p. 152, *Amer. Ed.*).

The modern physiologists agree in admitting that the brain proper (the cerebral lobes) cannot give rise to convulsions when it is irritated, in animals. Surgeons have sometimes had an opportunity of ascertaining that, in man also, the brain may be cut without producing convulsions. But these facts merely prove that

usually the brain proper cannot be excited by our means of excitation. They do not prove that it cannot be irritated by other kinds of irritation. The cerebral lobes, as being the seat of the will, are certainly connected with muscles and can produce contractions in them, as our voluntary movements constantly prove. We think convulsions may result from kinds of irritation (as that of a poison in the blood, for instance) different from those which we usually employ in our experiments. On another side it may be that alterations in the nutrition of the brain, and other causes, produce a change in the vital properties of this organ, or rather give it something that normally it does not possess, viz., the property of causing convulsions when it is irritated. That such a change in the vital powers of the cerebral lobes is possible, we are led to admit, as we know that other parts of the nervous system may acquire vital properties that they have not in their normal state. For instance, some parts of the sympathetic nerve seem to be deprived of sensibility, but inflammation renders them very sensitive; the nerves of tendons seem to be without sensibility, but inflammation renders them evidently sensitive, as has been definitely proved by the well-devised experiments of Prof. Flourens (*Comptes Rendus des Séances de l'Académie des Sciences*, 1856, vol. xliii., p. 639). I might give also as a striking instance of a change in the vital properties of a part of the nervous system, what occurs to the cutaneous ramifications of certain branches of nerves in the face and neck, after an injury to the spinal cord in animals.

I must now say that, although I admit the possibility of the production of convulsions by an irritation of the cerebral lobes, I do not think it is proved that these parts of the nervous system have actually caused convulsions. The facts mentioned by Romberg (*loco cit.*, p. 625-27) do not furnish such a proof. They may be explained by admitting that the convulsions depended upon either an excitation of the sensitive nerves of the meninges, or upon pressure on the parts of the encephalon which are known to be excitable, or upon the disturbance of circulation and nutrition in the excitable parts of the encephalon. The case of a child (*Pathol. and Pract. Researches on Diseases of the Brain*, by Abercrombie, 4th Edit., 1845, p. 57), upon whose anterior fontanelle pressure determined convulsions, and the experiments of Portal (*loco cit.*, p. 149), which gave similar results, cannot prove anything, because

pressure upon any part of the brain through a small opening in the cranium, acts upon the whole of the encephalon.

Until it is proved that the cerebral lobes have directly caused convulsions, we are not entitled to say that the seat of epilepsy is in them. If it is argued that the brain proper must be the seat of this affection because an idea or a remembrance, or a smell or the sight of certain things, may induce a fit, we answer that these causes of convulsions act in producing an emotion, and that emotions have their seat in the pons varolii and the medulla oblongata, and not in the brain. If it is said that the loss of consciousness implies that the cerebral lobes have something to do with epilepsy, we certainly do not deny it; but what is the relation between these lobes and epileptic fits? How can convulsions, *i. e.*, actions the existence of which imply that a great amount of nervous power is employed—how can they be produced by an organ which has lost its principal function? How can this organ be so active in the production of convulsions just at the time it loses its activity as the organ of volition and perception? How can we admit that an organ assumes actions which it is not known to possess, at the same time that it loses its well-known actions?

Those physicians who maintain that the brain is the primary or essential seat of epilepsy, have too much neglected these difficulties and contradictions. Their only argument consists in saying that it *must* be so because the brain is affected; but we might employ a similar argument to say that many other parts of the nervous centres are the seats of epilepsy because they are evidently affected, and as much as the brain. It is interesting to remark that it is just the same argument that Dr. Marshall Hall employs to show that the seat of this affection is in what he calls the *true* spinal cord. Such arguments in the end amount to simply an assertion like the following: it is so, not because it is proved to be so, or because the facts agree in allowing us to admit that it is so, but because we cannot explain it otherwise. An argument of this kind is never a decisive one; but it has no value, and ought not to be employed, when the facts are not explained by the hypothesis considered as the only possible explanation, and still more (as is the case with the supposition that the seat of epilepsy is in the brain proper) when there are facts in opposition to the proposed explanation.

We will try to show hereafter that the loss of consciousness in

epilepsy may be explained otherwise than by admitting that the brain is the seat of this affection, and that the loss of consciousness, whether it exists alone or with convulsions, may be due to an action beginning elsewhere than in the brain.

As regards the state of the mind and of the senses after an attack of epilepsy, it is not and cannot be a proof that the seat of this disease is in the brain, as those disturbed states may result from various circumstances existing during a fit.

We must now say a few words of a theory which pretends to solve the difficulty above exposed, concerning the coincidence of the loss of action of the brain and of an increased muscular action. The estimable author of a singular but interesting work (*Epilepsy, and other affections of the nervous system which are marked by tremor, convulsion or spasm, &c.*, 1854), Dr. C. B. Radcliffe, in this book and in his lectures on Epilepsy (*Medical Times and Gazette*, March and April, 1856), grounds an explanation of this difficulty upon the supposed fact that muscular contraction does not depend upon a stimulus by the nervous system, but upon the cessation of all stimulus. Dr. Radcliffe, after Dugès and others, thinks that muscular contraction is a purely physical phenomenon, dependent on ordinary molecular attraction when the muscle is *not* stimulated. If the muscles are at rest, it is because an excitation comes upon them, preventing the molecular attraction from producing contraction. If a voluntary movement takes place, it is because the will has suppressed the nervous action which prevented contraction. In a fit of epilepsy, convulsions take place, together with the loss of consciousness, because the brain and other parts of the nervous centres lose their powers at the same time, and stimuli being withdrawn from the muscles, they are left to the action of molecular attraction, and therefore convulsions are produced. It is useless to discuss a theory like this, which is in opposition to almost all the known and the most positive facts of physiology and pathology. I will merely say that if the theory were true, we should always see convulsions in paralyzed muscles, and also after death at the time when nerves lose their power upon muscles.

According to another theory, which certainly deserves much more attention than the preceding, epilepsy depends upon changes taking place in the circulation of blood in the brain proper, and in the other parts of the encephalon. The germ of this theory

may be found in the works of many writers, and particularly in the remarkable book of Prichard (*A Treatise on Diseases of the Nervous System*, part 1st, 1822), but Henle has done so much for it that he may be considered as its originator. In his admirable work (*Handbuch der Rationelle Pathologie*, vol. ii., 1st part, 1855, 2d ed., p. 181-3 and p. 403; and 2d part, 1854, p. 46) he tries to show that there are two kinds of epilepsy, one attended with plethora, the other with anæmia. In both there is as a cause of convulsions, a pressure by accumulated blood in the vessels of the base of the encephalon. We may understand easily the congestion of the brain in plethora, but it is not so as regards anæmia. Henle explains it in this last case, in admitting that when anæmia goes on increasing, the bloodvessels of the upper parts of the encephalon becoming empty, the others necessarily become more filled, on account of the impossibility of the cranio-spinal cavity containing less fluid (an impossibility well established by Kellie, Abercrombie, J. Reid and others). As regards the loss of consciousness, it is attributed to an excess of blood pressing upon the brain proper, in plethoric epilepsy, and to the diminution of blood in this organ, in anæmic epilepsy.

Although we think that many thanks are due to Henle for the efforts he has made to show the relations between the phenomena of epilepsy and the state of the blood-vessels of the various parts of the encephalon, we cannot adopt his theory.

In the first place, if a congestion in the two distinct parts of the encephalon (the brain proper and the basis of the encephalon) was sufficient to produce epilepsy, this disease would be much more frequent than it is, and we should not see so often hyperæmia of the encephalon without convulsive fits, and nevertheless powerful enough to cause paralysis, delirium or coma. The great work of Prof. Andral (*Clinique Médicale*, 4th ed., vol. v., 1840, p. 217-292) and almost all the treatises on intermittent fever, and particularly those of Bailly and Maillot, afford decisive proofs of the frequency of cases of encephalic congestion without epilepsy. Henle himself has been obliged to say that *individual disposition* is necessary for the production of this convulsive affection.

In the second place, we object to the theory of the learned German physician, because he gives no proof that the mere mechanical action (pressure) due to accumulated blood in the vessels of the basis of the encephalon, is sufficient to produce convulsions.

In the third place, Henle does not give any clear reason why, in the anæmic epilepsy, the bloodvessels of the brain proper contract, while those of the basis do not; and besides, except concerning lead disease, he does not say what excites contraction in them.

Theories of epilepsy, entirely at variance with the preceding, have been proposed. In the last century, Saillant (*Expér. sur des Animaux pour découvrir le siège et la cause prochaine de l'épilepsie*, in *Hist. de la Soc. Royale de Médecine*, in 1782 and 1783, p. 88-96), without giving a theory of epilepsy, concluded, from some experiments, that it is easier to cause epileptic seizures in producing alterations in the blood than by irritating the nerves or the brain. Had galvanism been known at the time of the researches of Saillant, and had he employed it to irritate the nervous centres, he would have seen much more violent and lasting convulsions than those he observed after having altered the blood by injections of air, &c. His experiments only show that convulsions may be due to altered blood, a fact well known already before his researches.

One of the most eminent medical writers of our times, Dr. R. B. Todd, has recently proposed a theory of epilepsy, which I must discuss at length, on account of the importance it should have if it were true, and of the value that belongs, necessarily, to any opinion held by such an ingenious and experienced physician.

Dr. Todd says, "I hold that the peculiar features of an epileptic seizure are due to the gradual accumulation of a morbid material in the blood, until it reaches such an amount that it operates upon the brain in, as it were, an explosive manner; in other words, the influence of this morbid matter, when in sufficient quantity, excites a highly polarized state of the brain, or of certain parts of it, and these discharge their nervous power upon certain other parts of the cerebro-spinal centre, in such a way as to give rise to the phenomena of the fit."

Dr. Todd then proceeds to say that a very analogous effect is observed when strychnine is given to a cold-blooded animal. This drug may be administered in very minute quantities for some time without producing any sensible effect; but when the quantity has accumulated in the system up to a certain point, then the smallest increase of the dose will immediately give rise to the so-well-known peculiar convulsive phenomena, observed in this kind of poisoning. Dr. Todd adds: "This, then, is the humoral theory of

epilepsy. It assumes that the essential derangement of health consists in the generation of a morbid matter, which affects the blood, and it supposes that this morbid matter has a special affinity for the brain or for certain parts of it, as the strychnine, in the case just cited, exercises a special affinity for the spinal cord. The source of this morbid matter is probably in the nervous system, it may be in the brain itself. It may owe its origin to a disturbed nutrition—an imperfect secondary assimilation of that organ—and in its turn it will create additional disturbances in the functions and the nutrition of the brain.”

“According to the humoral theory, the variety in the nature and severity of the fits depends on the quantity of the poisonous or morbid material, and on the part of the brain which it chiefly or primarily affects. If it affect primarily the hemispheres, and spend itself, as it were, on them alone, you have only the epileptic vertigo. If it affect primarily the region of the quadrigeminal bodies, or if the affection of the hemispheres extend to that region, then you have the epileptic fit fully developed.”—(*Medical Times and Gazette*, Aug. 5, 1854, p. 129.)

This theory is nothing but an ingenious hypothesis which Dr. Todd proposes, without trying to prove it. The only reason he adduces to support his theory is, that in the renal epilepsy there is very likely a poison in the blood, but as regards the other kinds of this convulsive affection, he does not say any thing which may lead to the admittance of his hypothesis. Feeling that he had no proof of the correctness of his views, he says: “To give a more definite character to the humoral theory, we need to discover a morbid matter in the blood, in variable proportions, in every case of epilepsy. This desideratum has, as yet, been only partially obtained.” Dr. Todd alludes here to the influence of the accumulation of urea in blood, in the cases of renal epilepsy. Leaving aside, for a moment, this kind of epilepsy, we may say against the humoral theory of the eminent British physician: 1st, That we do not know any fact in favor of it; 2d, That there are a great many facts in opposition to it.

Not only we do not know any fact favorable to this theory, but its author seems to be like ourself, in this respect, as he does not relate a single one. We have never read or heard that a poison produced in the brain, has been found in the blood of epileptics, and we cannot imagine on what ground a fact of this kind is

considered as probable by the author of the humoral theory or rather hypothesis.

To establish the humoral hypothesis on a solid basis, it would be necessary to show: 1st, That there is always a poison in the blood of all epileptics; 2d, That this poison gradually accumulates in the blood until its quantity has become considerable enough to produce the phenomena of the fit; 3d, That during or after a fit, this quantity diminishes (because if it were not so, the fit would continue or come again and again, after a very short time); 4th, That the nature of the poison varies, so that it acts either on the brain proper alone (producing a mere vertigo), or on the other parts of the cerebro-spinal centre alone, or on the whole of this centre at once; 5th, That this poison has quite a different influence on the brain proper and on the other parts of the cerebro-spinal centre, destroying the actions of the former and increasing excessively the actions of the latter.

Not only none of these points have been made out, but it seems that no attempt has been made in the way of a demonstration in this respect.

That there is a poison in the blood of epileptics is a fact which, nevertheless, is possible, as there are substances in the blood of every man, healthy or epileptic, which by a transformation or by accumulation, may act as poisons, and be the cause of many of the phenomena of an epileptic seizure; but it is not known whether the quantity or quality of these substances is changed in epileptics, just before the fits.

There are many facts which are in direct opposition with the humoral theory of epilepsy. Certainly it is so for all the cases in which a ligature around a limb or one of its parts, has prevented a fit, and also for the cases in which epilepsy has been cured by the section of a nerve, by an amputation, by the extirpation of a tumor, a tooth or a foreign body, or by the expulsion of calculi, of worms,* &c. If, in all these cases, there was, as the cause of the phenomena of the seizure, a peculiar influence of some poisonous matter on the encephalon, instead of an irritation springing from

* A curious case of hystero-epilepsy, due to larvæ in the frontal sinuses, has been recently published by Messrs. Duménil and Legrand Dussaule. These larvæ, which belonged to five different species, were expelled by the nose, and after their expulsion the patient, who had had violent convulsions for many months, was cured. (See the very useful report on the progress of medicine and surgery, entitled *Annuaire des Sciences Médicales*, par le Dr. Lorain, revu par le Dr. Ch. Robin. Paris. 1856. p. 151.)

certain peripheric nerves, the means mentioned would not prevent the fits, and, still less, effect a complete cure of the disease. If we were to admit that it is a poison which causes the phenomena of the seizure in these cases, we should have to admit also that this poison acts on the peripheric parts of some nerves, and not on the encephalon. But there is no more ground for this last hypothesis than for the preceding, because the presence of a poison in the blood is a mere supposition. Besides, if this would be a reality instead of a gratuitous supposition, it would remain to be explained why this poison does not act in some way or other after the section of a nerve, or the extirpation of a tooth, &c.

The humoral theory is in opposition with many other facts, among which are those proving that an emotion or various other moral causes may produce a fit of epilepsy. For cases showing, without any doubt, the influence of these causes and their relative frequency, I will refer to the works of Delasiauve (*Loc. cit.*, p. 219--22) and Moreau, de Tours (*De l'étiol. de l'épil. et des indications*, &c., in *Mém. de l'Acad. Impér. de Médecine*. 1854. Vol. XVIII. p. 1 *et seq.*).

The facts we have related in § XI., to prove that seizures of epilepsy are sometimes produced by a mere pressure upon or by galvanization of a small part of the skin, are also in direct opposition to the humoral theory. How could a pressure upon the skin produce a fit, every time it is made, if the fits were due only to a peculiar influence of a poison on the encephalon?

The following facts resemble, in many respects, those I have mentioned in § XI., and they also are in complete opposition to the humoral theory: they have been collected by Delasiauve (*loc. cit.*, p. 137--38), to show the influence of certain circumstances on some epileptics: 1. A patient could not smell hemp, without having a fit.—(*Tissot.*) 2. In another, the same effect was produced by the slightest odor, even that of broth or of a medicine.—(*Schubart.*) 3. A child had a fit every time he saw something red.—(*Buchner, Tissot.*) 4. A child had an epileptic seizure as often as he heard a dog bark.—(*Van Swieten.*) 5. The idea of phantoms, which had frightened a boy, when quite young, was sufficient to cause the fits.—(*Maisonneuve.*) 6. In a case, the remembrance of a fright was enough to produce the seizure.—(*Van Swieten.*) 7. Any word of blame, addressed to two patients, gave them a fit.—(*Delasiauve.*)

The cases in which a physical impression has been the cause of the first attack of epilepsy, may be regarded as less valuable against the humoral hypothesis, than the preceding facts in which, at each return of the cause (either moral or physical), a seizure took place. It might be said to diminish their value that the physical impression occurred just at the time when the poison of the blood was beginning to act upon the brain. But in admitting that such a coincidence has sometimes taken place, we certainly cannot imagine that *in all the very numerous cases of epilepsy*, in which the first fit has occurred immediately after a physical impression, such a coincidence has existed. The works of the principal writers on epilepsy, Van Swiéten, Tissot, Maisonneuve, Cooke, Esquirol, Portal, Copland, Herpin, Delasiauve, Moreau (de Tours), &c., contain too many of such facts for our dreaming of the possibility of explaining the production of epileptic fits, immediately after a physical impression, without attributing at least a share in the causation of these fits, to this impression. The *post hoc, ergo propter hoc*, is a sound reasoning when the number of facts is so extremely considerable as it is here.

In my animals, as I have already said many times, the fits are produced at every time the skin of certain parts of the neck and face is pinched.* As the seizure in these animals takes place when we desire it, we have there a decided proof that, at least in them, fits may be produced otherwise than by the irritation of a poison on the encephalon.

It results from this exposition of facts that, in animals and in man, fits of epilepsy cannot be considered as always due to the influence of a poisonous matter upon the encephalon. We would not say, however, that they are never caused by a poison in the blood. It seems, on the contrary, not only when there is a deficiency in the urinary secretion, but also when the elements of bile are in great quantity in the blood, or when the functions of the supra-renal capsules are suppressed, that epileptiform seizures take place, owing to the irritation that certain substances, contained in the blood, exert upon some parts of the nervous system. When there is not a free menstruation, and perhaps, also, when the secretion of the skin is stopped, it seems probable that a poisonous

* In October, 1855, I had the satisfaction of showing this experiment to Dr. R. B. Todd himself, in presence of many distinguished physicians, among whom were M. W. Bowman, Prof. L. Beale, Dr. R. H. Semple and Dr. R. Druitt.

matter remains in the blood, where it accumulates, and that it participates in the causation of epileptic fits.* Besides, it is certain that some poisons, and particularly lead, are able to cause epilepsy. But many questions are still to be solved, concerning the *modus operandi* of poisons which cause convulsions. I have shown elsewhere (*Experimental Researches applied to Physiol. and Pathol.* New York, 1853, p. 57-63 and p. 113) that these poisons have two modes of action, entirely different one from the other. One of these modes, which is by far the most frequent, seems to consist only in an increase of the reflex faculty of the cerebro-spinal centre. The poisons which belong to this category, according to my researches, are the following: strychnine, brucine, cyanhydric acid, cyanide of mercury, morphine, nicotine, picrotoxine, digitaline, sulphide of carbon, oxalic acid, &c. The other mode of action of poisons producing convulsions, consists mostly in a direct irritation of various parts of the nervous system. I do not know of any other poison, acting exclusively in this way, except a substance existing normally in the blood, which accumulates during asphyxia, and which very likely is carbonic acid. The differences between these two modes of action of poisons are striking. In one of these modes there is no irritation, or at least very little, produced upon the nervous system or the contractile tissues, and therefore there is no convulsion directly caused by the poisons belonging to this category.

It will probably surprise many persons to hear that strychnine, cyanhydric acid, brucine, &c., do not directly give convulsions—but this is a fact; these substances do not seem to have any power of excitation either on muscles, on sensitive and motor nerves, or even on the spinal cord. Perhaps some of the poisons, of which a list is to be found above, have a slight power of excitation on the spinal cord, but they certainly do not cause directly the powerful convulsions which are attributed to them. They act almost only in increasing the reflex power of the cerebro-spinal centre, in such a manner that the least excitation, as, for instance, a voluntary or a respiratory movement, or any other kind of irritation of nerves of the skin or of the mucous membranes, causes convulsive

* Very judicious remarks on the subject of the influence of poisonous matter contained in blood, in eruptive diseases, in jaundice, in deranged menstruation, in albuminuria, &c., have been made by Prof. Gunning S. Bedford, in his important work, *Clinical Lectures on the Diseases of Women and Children*. Third Ed. 1856. pp. 437, 475, 502 and 525-34.

reflex movements. We might say that they act in giving to the nervous centres the faculty of causing convulsions *when the centres are irritated, but they do not irritate*. (For the proofs of these views, see my work above quoted, p. 57–63.) On the contrary, black blood, or very likely carbonic acid, seems to destroy the reflex power of the cerebro-spinal centre, but while so acting, it *irritates* violently this centre, and, therefore, causes directly powerful convulsions. This last poison differs also from the preceding in being able to irritate directly muscles and motor or sensitive nerves. (See for this and other influences of black blood, or rather of carbonic acid, my work, already quoted, p. 110–13, and p. 117–24. See, also, the thesis of my friend and pupil, Dr. Brandt, entitled *Des phénomènes de contraction observés chez des individus morts du choléra ou de la fièvre jaune*, Paris, 1855, and my paper on red and black blood in the *London Medical Times and Gazette*, Nov. 17, 1855, p. 492–94.)

There are, therefore, some poisons that cause convulsions indirectly, by increasing the reflex power of the cerebro-spinal centre, and not in irritating them, while there are others which cause convulsions directly by an irritation of the cerebro-spinal centre. In which of these two categories are we to place the poisons, contained in blood in cases of epilepsy, where some secretion (the urinary, the biliary, &c.) is suppressed or much diminished? This is quite an undecided question. Many other things are still to be known concerning these poisons; but we do not intend to examine this subject here. We wished merely to say, that even in cases where there is some ground for the humoral theory of epilepsy, proposed by Dr. Todd, we have no proof that the poison acts as this eminent physician supposes. We will add that even in cases of organic disease of the kidney, coincident with epilepsy, we are not entitled to declare positively that it is in consequence of the accumulation of some of the principles of urine in the blood, that the fits are produced, as it might be that they result from an irritation of the renal nerves, as it is the case when there are calculi in the tubuli of the kidneys without a notable diminution of the secretion of these glands. On another side it is very well known, as Prévost and Dumas, Ségalas, Tiedemann and Gmelin, Mitscherlich, Bernard and Barreswil, Stannius, Frerichs and myself have ascertained many times, that after the extirpation of the kidneys, *i. e.*, when the urinary secretion is as much diminished as possible,

convulsions are very rarely produced, and never violent. So that in a case of epilepsy with renal disease, either the convulsions have no relation whatever with the renal affection, or if they have a relation, it is either through the agency of the renal nerves, or in consequence of a transformation of some element of the urine in the blood, as these elements seem to be unable to cause convulsions. It is mostly this last argument which has led Frerichs, in his very interesting work on Bright's disease (*Die Bright'sche Nierenkrankheiten*, Leipzig, 1852), to his so-much-debated theory of uræmia.

As a general conclusion of our discussion of the humoral theory of epilepsy, we will say: 1st, that even in the cases where there is probably a poison in the blood, its relations with the production of fits are not known. 2d, that we are not entitled to consider as due to the elements of certain secretions, remaining in the blood, the epileptic fits which may exist when the glands producing these secretions are diseased. 3d, that there are a great many cases of epilepsy in which the cause of the fit is not in the blood.

Normal blood contains substances which may act like poisons, either after a change in their chemical composition or when their quantity is increased. But very few of these deleterious substances cause convulsions, directly or indirectly; most of them kill without producing phenomena resembling those of a real fit of epilepsy. When the cutaneous perspiration is stopped, after the skin has been covered with a layer of varnish, as in the experiments of Fourcault, Magendie, Beequerel and Breschet, the animal dies, without having epileptiform convulsions.* There is also normally in blood a deleterious principle, the accumulation of which, during a fit of epilepsy, must certainly be the cause of greater violence in the convulsions than there would be if the

* Concerning this subject, I have made many experiments, the details of which will be found in another paper. I will merely give here some of the principal results: 1. The glands of the skin in the higher animals, and probably in man also, eliminate a poison; 2. These glands are in many respects analogous to the venom-glands of the toad, the salamander, and also the viper and rattlesnake; 3. When these glands (in the higher animals as in the reptiles) are taken away, or rendered unable to act, the poison that they normally eliminate accumulates in the blood, and usually death occurs quickly; 4. It is wrong, therefore, to say that the venom is not a poison for the animal that produces it; 5. If it seems that the rattlesnake, for instance (and the same thing might be said of the toad, the viper, &c.), is not poisoned by its own venom, this depends upon the fact that when introduced into the blood by absorption, the poison is quickly eliminated by the venom-glands; 6. When these glands have been extirpated, the animals are poisoned by their own venom; 7. The sweat of the dog seems to be much more poisonous for a rabbit than for a dog, and *vice versa*.

quantity of this poison did not increase; we mean carbonic acid, or else some other substance which accumulates in the blood at the same time with this acid. In this respect the theory of epilepsy of which we have now to speak—that of Dr. Marshall Hall—has some relation with the humoral theory of Dr. Todd.

According to Dr. Marshall Hall, epilepsy, when it begins to exist, depends upon an increase of the excito-motor power in what he calls the true spinal cord. He thinks that after a great number of fits, the reverse exists; the patient is in a state of exhaustion, due to the loss of the excito-motor power which accompanies each seizure, while the re-production of this power is not adequate to the loss. He acknowledges, however, that although exhausted, the patient is then in a state of extreme susceptibility to new fits. (See one of his latest publications; *Aperçu du Système Spinal*, Paris, 1855, p. 139–140.) Elsewhere, Dr. M. H. says that an epileptic fit is an excessive excitement of the medulla oblongata, the centre of the reflex actions (*loco cit.*, p. 115). He thinks that the causes of inorganic epilepsy act either directly or indirectly upon the nervous centres, so that the convulsions may be direct or reflex (*loco cit.*, p. 108). The true spinal cord having no spontaneous action, and epilepsy depending upon this nervous centre, the result is that this affection consists only in *excited* actions, either direct or reflex. (*Loco cit.*, p. 206.) Dr. M. H. says, “A spasmodic affection of the larynx has obviously much to do in this disease, as well as in the crowing inspiration, or croup-like convulsions of infants; so much, indeed, that I doubt whether convulsion could occur without closure of that organ.” (*On the Diseases and Derangements of the Nervous System*, 1841, p. 327.) The eminent physiologist, however, seems to think now that the closure of the larynx, *i. e.*, *laryngismus*, though essential, is not the only cause of the convulsions of epilepsy. To complete the exposition of his views, we must say that he feels much embarrassed concerning the loss of consciousness. He seems inclined to attribute it to the obstacle to the return of venous blood from the brain.

To sum up the views of this distinguished physician, we will say, 1st, That he places the seat of epilepsy in the excitable part of the cerebro-spinal axis, and more in the medulla oblongata than elsewhere; 2d, That he thinks there is an increased reflex power in the beginning of the disease; 3d, That he admits that the con-

vulsions are the results of the asphyxia caused by the closure of the larynx.

We do not think it worth while to discuss the views of Dr. Marshall Hall; a few remarks are sufficient to show that they do not contain an acceptable theory of epilepsy. In the first place, how can this affection at one period of its existence depend upon an increase of the reflex power, and afterward persist, when, according to Dr. Hall, the reflex power is diminished? How can the intense excitement of the medulla oblongata, in which he supposes that epilepsy consists, explain the loss of consciousness which is so frequent in this disease? As there are cases of epileptic loss of consciousness without contraction of the muscles of the neck, the obstacle to the return of blood from the brain cannot be considered as the cause of the cessation of action of the brain. Besides, how can a cause of increased action of the medulla oblongata be a cause of loss of action in the brain?

But although Dr. Hall has not published an acceptable theory of epilepsy, we think he has done much for it in calling attention to the phenomena of laryngismus and trachelismus. We will show hereafter that the state of asphyxia which depends mostly on laryngismus in epilepsy is, in some respects, a more important fact than Dr. Hall himself admitted.

§ XIV. We have tried, in the preceding part of this paper (see § XIII.), to show the deficiencies of the principal theories of epilepsy. We will now state our own views, but before doing so, we wish to declare that we do not pretend to give here a complete theory of epilepsy; we will merely try to elucidate some of the principal questions on this difficult subject.

I have ascertained upon my epileptic animals that the brain is not essential to the production of epileptiform convulsions. After I have taken away the brain proper, in one of these animals, I find that I can produce a fit almost as easily as before the operation, by pinching the skin of the face and neck. The only difference is, that the fit is not so violent, in consequence of the loss of blood. We find that still weaker convulsions may be caused by pinching the face and neck, if, besides the cerebral lobes, we take away the cerebellum, and even the whole of the basis of the encephalon, except the medulla oblongata and the pons Varolii.

From these experiments it results that, in my animals, epilepsy

has its seat in either the pons Varolii, the medulla oblongata, or the spinal cord, or in these three parts together. It is very probable that its seat is in the upper part of the spinal cord, in the medulla oblongata, and the pons Varolii, where the roots of the trigeminal and of the first spinal nerves have their origin. According to some experiments made by Eduard Weber and Dr. R. B. Todd, the faculty of producing epileptiform convulsions does not belong to the spinal cord. E. Weber (*Art. Muskelbewegung*, p. 16, in Wagner's *Handwörterbuch der Physiol.*) says, that the application of an electro-magnetic current to the spinal cord of frogs produces tetanic convulsions, while its application to the medulla oblongata causes alternate contractions and relaxations, as in epileptic fits. Dr. R. B. Todd (*London Med. Gazette*, May 11, 1849) states, that while the convulsions excited by the electro-magnetic current passing through the spinal cord and medulla oblongata are tetanic, the muscles being thrown into a state of *fixed* contraction, those which ensue when the current is transmitted through the region of the meso-cephalon and corpora quadrigemina are *epileptic*, being combined movements of *alternate* contraction and relaxation, flexion and extension, affecting the muscles of all the limbs, of the trunk, and of the eyes, which roll about just as in epilepsy. We have performed similar experiments upon rabbits and frogs, which have given almost the same results. In rabbits, when the current was passed through the pons Varolii and the tubercula quadrigemina, there were alternate movements of flexion and extension, resembling those of epilepsy, but much more extensive. When the current passed through the medulla oblongata, there were tetanic movements of the anterior limbs, with epileptiform convulsions of the posterior limbs; sometimes the anterior limbs also had epileptiform convulsions. When the current passed through the spinal cord, a tetanic spasm was produced. We have found that a state strongly resembling a fit of epilepsy exists after a transversal section of the upper part of the medulla oblongata, which state continues to exist as long as the animal lives. We must not, however, conclude from these experiments that the seat of epilepsy is only and always in one or in all of these parts—the tubercula quadrigemina, the pons Varolii and the medulla oblongata. Pressure upon these parts has often taken place in man without causing epileptiform convulsions, or convulsions of any kind. More than ten of the cases of organic diseases of the en-

encephalon, collected by Abercrombie (*Path. and Pract. Researches on the Diseases of the Brain and Spinal Cord*, 4th ed., 1845, p. 433-457), afford sufficient proof of this assertion. The results of the experiments of Weber, of Dr. Todd, and of our own, are certainly interesting, but they cannot lead to the conclusion that the convulsions of epilepsy in man result *constantly* from some affection of the quadrigeminal bodies (as Dr. Todd believes), or of the pons Varolii and medulla oblongata. It must be remembered that the experiments upon animals are made on healthy nervous centres, and that disease changes the vital properties of these centres. Tetanus, or at least, tetanic convulsions, are sometimes due to diseases of the encephalon, and we have shown already (see § X.) that the nature of the convulsions has not any constant relation with the parts of the cerebro-spinal axis (spinal cord or encephalon), primarily diseased in epilepsy. We know that the muscles animated by nerves arising from the encephalon, or by nerves from the spinal cord, very often exhibit the same kind of convulsions in epilepsy, in tetanus, in hydrophobia, in poisoning, &c. Besides, in a great many epileptics, the first convulsions in an attack are tonic (tetanic), and they are succeeded by clonic convulsions. In other epileptics the fits are sometimes entirely tetanic, and more rarely, entirely clonic in the limbs. In certain animals, Dr. Martin-Magron and myself have discovered (see my *Experimental Researches applied to Physiology and Pathology*, New York, 1853, p. 20) that an irritation of the medulla oblongata caused by tearing out the facial nerve causes convulsions which are partly tonic and partly clonic. Other irritations of the medulla oblongata, of the upper part of the spinal cord, of the pons Varolii and its peduncles, of the tubercula quadrigemina, of the auditory nerve, &c., cause also tonic and clonic convulsions (see my work just quoted, p. 18-23, and p. 99). These facts, and many others, compared to the effects of galvanization, show positively that different kinds of irritation produce different effects, and, therefore, we cannot conclude from the fact that epileptiform convulsions are produced by galvanic irritation of the pons Varolii or other parts of the encephalon, that it is an irritation of these nervous centres which causes epilepsy in man.

If we neglect the nature of the convulsions and take notice only of the parts of the body where they first occur, we arrive at the conclusion that the seat of epilepsy is very variable. Usually, however,

the first spasmodic contractions occur in the muscles of the larynx, of the neck, of the eyes, of the chest, of the face, and in the blood-vessels of the brain proper, as we will show hereafter; and as these parts are animated by nerves coming from the encephalon and from the upper parts of the spinal cord, it seems that the seat of epilepsy is usually in some of these parts, if not in all. But the seat of this disease may be in other parts of the spinal cord, as seems to be proved by the production of the first spasmodic contractions in one of the limbs, either the inferior or superior. After the first spasms, all the muscles of the body may be attacked with convulsions; so that if we take notice of the loss of the actions of the brain proper, there is ground for thinking that the seat of the disease is both in those parts of the cerebro-spinal axis where reside the faculties of Perception and Volition, and in those endowed with the reflex faculty; but this view is right only in appearance. We have shown already (see § XIII.) that the loss of perception and volition does not prove that epilepsy has its seat in the brain proper; we will try, in a moment, to show the great probability that a contraction of the bloodvessels of the brain proper, due to an irritation of their nerves in the spinal cord and medulla oblongata, causes the loss of the cerebral faculties; and as regards the increase of the reflex faculty, we will show that a partial and a local increase is sufficient for the production of fits.

Are epileptic fits always the result of an excitation of the cerebro-spinal axis? We think that it is so, but we consider it possible, however, that the excitation may arise from chemical and physical changes taking place in the elements of the nervous centres, in consequence of bad nutrition and other causes. In this case it is just the same thing as if an excitation was produced by a tumor, by a poison in the blood, or by a nervous influence arising from some irritated nerve, &c.

As physiology teaches that an irritation of the simple direct motor side of the cerebro-spinal axis cannot cause general convulsions, we are entitled to consider as reflex the convulsive movements which result from direct excitations of the nervous centres, as well as those which result from irritations coming from peripheral nerve-fibres. The so-called *centric* and *eccentric* causes of excitation of epileptic fits, both act on, or through the sensitive or excito-motory side of the cerebro-spinal centres, and consequently

both act on the reflex faculty of these centres, so that they both ought to be called reflex excitations.

We think epilepsy depends in a great measure on an increased reflex excitability of certain parts of the cerebro-spinal axis. We shall no longer speak of reflex *faculty* or reflex *property*, because these words do not express what we mean. In all muscular and nervous tissues we find two distinct properties; a property of producing actions, the force of which may vary extremely, and a property of receiving excitations, which we call excitability. One of these two properties may be very strong, while the other is very weak. Take, for instance, the muscles of cold-blooded animals; when the temperature is very low, their excitability is not very considerable, while their force of contraction is very great. When the temperature is high, on the contrary, the least excitation induces them to contract, but their contraction is without force. Again, if we take an atrophied muscle, we find, sometimes, that it may be excited to contract by a galvanic current too weak to excite contractions in a healthy muscle, while if we apply a strong stimulus to both, we find that the healthy muscle contracts with much more force than the atrophied one. Many experiments, which we will publish in another paper, have shown us that the reflex faculty of the cerebro-spinal axis is composed, as the muscular contractility is, of two elementary vital properties, one of which we call the *reflex excitability*, and the other the *reflex force*. The cerebro-spinal axis may have a great reflex force, and very little excitability. It may, on the contrary, have an excessive reflex excitability with very little reflex force. In almost all epileptics, if not in all, the reflex excitability is increased, while the reflex force is rarely above, and often below its normal degree. The reflex excitability may not be much increased, and nevertheless be sufficient for the production of the fit, when certain excitations exist. I have found in my animals that there is not a great increase of the reflex excitability of the cerebro-spinal axis, except in a part of the spinal cord which is separated from the rest, and has no share in the fits. In several persons attacked with epilepsy, I have ascertained that the excitations most capable of producing reflex movements did not act more powerfully than in healthy persons, although the experiments were made a short time before a seizure, that is, at a time when the reflex excitability ought to have been at its highest degree. In a young girl, particularly, we have as-

certained that tickling the sole of the foot, the axilla, the lips, &c., produced less reflex movements than usual, although she was then expecting a fit, which came on, in fact, about ten minutes afterward. The researches made by Romberg and by Professor Hasse (see his admirable work: *Krankheiten des Nervenapparates*, in Virchow's *Handbuch der Pathologie*, Vol. IV., Part 1st 1855, p. 254) on the production of reflex movements during fits of epilepsy, cannot prove much against or in favor of the existence of a great reflex excitability, or reflex force in epileptics, because if the experiment be made in the beginning of the fit, it is almost impossible to know whether the convulsions result from the experimental excitations, or are normal parts of the fit; and if the experiment is made at the end of the fit, the absence then of reflex movements proves only that the fit has exhausted the vital properties of the muscular and nervous tissues. Hasse concludes, from his own and from Romberg's experiments, that the greatest variety in the energy of reflex phenomena exists during the fits of epilepsy.

Whilst we admit that in epilepsy there is almost always, and perhaps always, an increased reflex excitability, alone or together with an increased reflex force, we admit also that there is, in a great many cases of fits of epilepsy, a special kind of excitation, acting on the nervous centres. There are, therefore, three distinct elements for the production of a fit.

- 1st. Increase of the *force* of the reflex property;
- 2d. Increase of the *excitability* of this property;
- 3d. An excitation of a special nature, or a very violent one.

Of these three elements, the last two are the most frequent, and perhaps, as we have said, the first of these two is essential. As regards the share of a special excitation in the causation of epilepsy, the cases we have related of the cure of this disease by the section of a nerve, by ligatures, &c., show how considerable it may be. But in my animals, we have, in this respect, a better illustration. When the nerves going to the parts of the face and neck, by the irritation of which we are able to cause fits, are laid bare, we find that their irritation does not produce convulsions. If, in these animals, the fits depended only upon an increased reflex excitability of the parts of the nervous centres whence the nerves originate, we should see convulsions follow when we irritate the trunks of these nerves. As there are none, we must admit that when an irritation (and a slight one is often sufficient) to

the cutaneous ramifications of these nerves in the skin causes a fit, there is something special in the nature of the excitation springing from these cutaneous nerves. However, there is in my epileptic animals, an increased degree of reflex excitability in the cerebro-spinal axis, as we find, even after the section of the nerves of the face and neck, that they have convulsions sooner, and lasting longer, than in a healthy animal, when we prevent them from breathing for two or three minutes.

A slight increase of the reflex excitability is not usually sufficient alone to cause fits, and such an increase, without epilepsy, often co-exists with great weakness, as is the case in old people, in convalescents, and in persons who have lost a great deal of blood. In all these cases, reflex movements take place easily under the influence of emotions, fright, or even a sudden noise. Many excitable, though healthy men and women have reflex spasms in the act of coition—hence the name given to this act by Sennert, *epilepsia brevis*.

It is very probable that the reflex excitability, or the reflex force, of the nervous centres, or both, are extremely considerable in those persons who have fits of epilepsy for the first time, caused by a slight blow, or some ordinary moral excitement.

We shall not examine what are the parts of the cerebro-spinal axis in which there is an increase of reflex excitability, because what we have said above of the seat of epilepsy shows what are these parts, their seat being nothing but that of the increased reflex excitability, or, in other words, epilepsy consisting chiefly in that increased excitability. If it were proved that epilepsy sometimes exists only because the force of the reflex property is increased, its excitability being normal, we should have to admit that the seat of epilepsy is in almost the whole length of the cerebro-spinal axis, because, as we intend showing elsewhere, the force of the reflex property increases or decreases everywhere at the same time.

We must say, that although we admit that fits of epilepsy depend ordinarily on an increased reflex excitability, frequently combined with the existence of some special kind of irritation originating in the skin, in the mucous membranes, &c., we admit as *possible*, that without any increase of excitability, certain irritations on some parts of the encephalon may produce fits of epilepsy. We well know that the least puncture with a needle or pin of the *processus cerebelli ad pontem*, and, as I have found, of the auditory nerve,

and of certain parts of the medulla oblongata, in mammals, is sufficient to produce fits of a peculiar kind of epilepsy, in which the animal rotates around the longitudinal axis of its body, in consequence of the convulsions. In man this kind of epilepsy has been frequently observed, and as the phenomena are the same as in animals (except as regards the duration of the fit, which in man is short, while in animals it lasts *usually* as long as life), it may be that the rotary convulsions have been produced, although there was no increased reflex excitability, in man as it is in animals.

Many discussions have taken place among physicians concerning the first phenomenon of a fit of epilepsy. We are, however, yet to know which of the epileptic phenomena is most frequently the first. Is it the paleness of the face, as Prof. Trousseau and others believe? Is it a spasm of the larynx, as was admitted by Dr. Marshall Hall? Or is it the loss of consciousness? We think there is no doubt that either of these phenomena may be the first, but we do not know which is most commonly the first. They usually take place at the same time, and in some cases they may be entirely missing, or exist only after other phenomena.

Among the most interesting of these ordinarily first phenomena, is the paleness of the face. Delasiauve (*Loco cit.*, pp. 56, 60, 66 and 77), considers it as extremely frequent in all kinds of attacks, from the simple slight absence of mind to the most complete epileptic seizure. Trousseau and Bland Radcliffe (*London Medical Times and Gazette*, March, 1856, p. 303-304), are inclined to consider it as a constant symptom, and also as the first one. This paleness has not been explained. We consider it as a most interesting symptom, as it leads to a very probable explanation of the loss of consciousness in epilepsy. After Prof. Claude Bernard had discovered that the section of the cervical sympathetic nerve is followed by a dilatation of the bloodvessels of the face, I found that when this nerve is irritated by galvanism there is a contraction of these bloodvessels, and I explained the facts discovered by the eminent French physiologist and by myself, by considering the sympathetic as the motor nerve of the bloodvessels of the face. I found, also, that the branches of the sympathetic nerve which animate the bloodvessels of the face, originate from the spinal cord with the branches of the same nerve going to the iris. (See my *Exper. Researches in Physiol. and Pathol.*, 1853, p. 9-10, and p. 75; and the *Medical Examiner*, Aug., 1852,

p. 489.) The theory I then proposed has been almost universally admitted. We have in this theory an easy means of explanation of the paleness of the face in epilepsy. When the excitation takes place in the spinal cord and the basis of the encephalon, which gives rise to the fit, the nerve-fibres which go to the head are irritated, and produce a contraction of its bloodvessels. Of course this contraction expels the blood, and, in consequence, the face becomes pale. Very often another effect, depending on the nerve-fibres of the cervical sympathetic, is produced—the dilatation of the pupil. But the reverse sometimes takes place—a contraction of the pupil occurring, instead of a dilatation. This last phenomenon is easily explained by admitting that the excitation in the nervous centres takes place near the origin of the third and fifth pairs of nerves, and not of that of the cervical sympathetic, as is the case when the pupil dilates. The paleness of the face, and the dilatation of the pupil (when it exists), soon disappear, chiefly in consequence of the obstacle to the venous circulation in the head, and of the state of asphyxia. The cause of the obstacle to the return of blood from the head is not only the contraction of the muscles of the neck, as Dr. Marshall Hall seems to think, but also in the state of the chest. Dr. Russell Reynolds (*Diagnosis of Diseases of the Brain, &c.*, 1855, p. 176) says that he has observed many cases in which the muscles of the neck were quite flaccid, notwithstanding the darkness of the face, and the leaden hue of the body generally.

Among one of the first symptoms of the fit, and as a cause of the cry, there is a spasm of the laryngeal muscles, and a contraction of the expiratory muscles. This contracted state of the chest acts on the heart so as to diminish the force of its beatings, as is the case in the experiment of compressing the chest, made by E. Weber and others, and it acts on the veins, in preventing the circulation in them. Although compressed, and unable to beat freely, the heart quickly recovers an apparently great strength; the blood, losing its oxygen and becoming black, acts as a powerful irritant upon the central organ of circulation, so that palpitations, sometimes very violent, occur. Nevertheless, the pulse often remains weak, because the quantity of blood sent to the arteries by the heart is smaller than usual, partly on account of the obstacle to the venous circulation.

We think that at nearly the same time, when the origin of the

branches of the sympathetic nerve going to the bloodvessels of the face receive an irritation in the beginning of a fit of epilepsy, the origin of the branches of the same and of other nerves, going to the bloodvessels of the brain proper, also receive an irritation. A contraction then occurs in these bloodvessels, and particularly in the small arteries. This contraction expelling the blood, the brain proper loses at once its functions, just as it does in a complete syncope. Now, as it has been well proved by the researches of Kellie, of Abercrombie, of John Reid, of Henle and of Foltz, that the quantity of liquid in the cranio-spinal cavity cannot change suddenly, it results, that if there is less blood in the brain proper there must be more in the basis of the encephalon and in the spinal cord. In consequence of the impediment to respiration, the blood sent to the encephalon, as well as to other parts of the body, contains but little oxygen, and is charged with carbonic acid, so that the large quantity of blood accumulated in the basis of the encephalon (the medulla oblongata, the pons Varolii, the tubercula quadrigemina, &c.), and in the spinal cord, is endowed in a high degree with the power which I have shown that such blood possesses, *i. e.*, to excite convulsions. It may be, as Henle has supposed, that the basis of the encephalon is also excited to cause convulsions in consequence of the pressure exerted upon it by the accumulation of blood. The spinal cord, also, in all its length, is then excited to produce convulsions by the blood which circulates in it. The grounds on which I base these views are the following.

1st. There is, in the beginning of a complete fit of epilepsy, an irritation of the parts of the nervous centres from which originate the nerve-fibres of the bloodvessels of the brain, and therefore there ought to be a contraction of these vessels. The cervical sympathetic nerve contains not only the nerve-fibres which cause a dilatation of the pupil, and those which produce the contraction of the bloodvessels of the face in the beginning of a fit, but also the nerve-fibres of the bloodvessels of the brain. Prof. Claude Bernard (*Mémoires de la Soc. de Biologie*, for 1853, p. 94) has found that when the cervical sympathetic nerve is divided on one side, the temperature of the brain is increased in the corresponding side. We have shown that this elevation of temperature depends upon the circulation of a larger amount of blood, which is the consequence of the paralysis of the bloodvessels, due to the section of their nerve-fibres. Some experiments of Donders, and of his

pupil, Van der Beke Callenfells, have also shown the influence of the sympathetic on the arteries of the pia mater (see Donders' *Physiologie des Menschen*, Leipzig, 1856, p. 138 and 140); they have seen these arteries contract when the sympathetic was irritated.

2d. We have said that we consider as reflex the convulsions of epilepsy, whether they depend on centric or eccentric excitations. The contractions of the bloodvessels of the brain and face in a fit of epilepsy are also reflex. We have proved elsewhere (see my *Exper. Researches in Physiol. and Pathol.*, 1853, p. 34) that bloodvessels may contract by a reflex action, as well as muscles. In experiments with our distinguished friend Dr. Tholozan, Professor at the Military Medical School of Paris, we have found that the bloodvessels of one hand contract, by a reflex action, when the sensitive nerves of the other hand were irritated by being exposed to the influence of water at the freezing point. Schiff (*Comptes Rendus de l'Acad. des Sciences*, vol. xxxix., 1854, p. 509), Donders (*loc cit.*, p. 139), myself, and more recently M. Vulpian (*Gaz. Méd. de Paris*, 1857, p. 18), have found that the bloodvessels of the ear in rabbits contract by reflex action, when the central part of the divided auricular nerve is irritated. I have found, besides, that the splanchnic nerves and other branches of the sympathetic have a reflex action on the bloodvessels of the heart. (See my paper, *Recherches Expérim. sur la Physiol. et la Pathol. des Capsules surrénales*, 1856, p. 30.) All these facts establish beyond doubt that the bloodvessels, as well as the muscles of animal life, may contract by a reflex action. In a seizure of epilepsy, therefore, the bloodvessels of the brain proper, those of the face, the muscles of the neck, of the larynx, &c., may contract by a reflex action, either separately or at the same time.

3d. To say that an explanation is a good one because we do not know or because we cannot imagine any other one, is an argument which rarely has any value; but when the explanation is not only possible, but is even rendered very probable, as is the case with our theory of the loss of consciousness in epilepsy, it is an argument of a positive value that no other theory (except one or two having many facts against them), has been proposed heretofore.

4th. It might be objected to the explanation we propose, that the loss of consciousness is too rapid to be due to a contraction of bloodvessels. There is a fact which answers peremptorily this objection; it is, that when the cervical sympathetic is irritated by a

powerful electro-magnetic current, the contraction of the bloodvessels of the face, and particularly of those of the ear, is almost immediate, and so considerable that many of the small arteries seem to expel completely their contents. Now, as everybody knows that even a diminution in the supply of blood to the head, as in ordinary syncope, is sufficient to produce an immediate loss of consciousness, *a fortiori* is it so if the nerve-fibres, irritated in the nervous centres, produce a contraction in the bloodvessels of the brain proper.

5th. As we see that the bloodvessels of the face, after a contraction of very short duration, dilate and become turgid, it might be asked if it be not so with the bloodvessels of the brain proper, and why, in that case, there is no return of consciousness when the blood returns in the dilating bloodvessels. We answer that it is probable that the cerebral bloodvessels dilate, like those of the face; but that when this dilatation takes place, the blood which then reaches the brain does not contain oxygen enough, and is charged with too much carbonic acid, to be able to regenerate the lost function of this organ. It is only when the respiration has become almost completely free, that the functions of the brain re-appear.

6th. It might be objected, also, that the theory does not explain why the nerve-fibres going to the bloodvessels of the brain proper are excited, while those of the bloodvessels of the base of the encephalon are not. The theory has not to explain this difference; *it is a fact* that the action of the brain proper is lost, while the action of the basis of the encephalon is very much increased, during a fit of epilepsy; and all that the theory has to do is to explain the loss of action in one part, and the cause of increased action in another. However, we may add that if the bloodvessels of the base of the encephalon are not excited to contract, it is, according to all probability, because their nerves originate in another place from those of the cerebral bloodvessels; and as we know that the nerves going to certain muscles are excited in the beginning of a fit, while others are not, we may understand easily that the same thing exists for the nerves of the various encephalic bloodvessels.

7th. As regards the influence of blood charged with carbonic acid on the nervous centres, we will refer to our often-quoted work (p. 80, and p. 101-124); and we will merely say here that we have found that the injection of blood charged with carbonic

acid into the carotid or into the vertebral arteries, at once causes epileptiform convulsions.

8th. It might be objected that the bloodvessels of the base of the encephalon and of the spinal cord ought to be excited to contract by two causes after the fit has lasted some time; the first cause being the excitation of all the parts of the cerebro-spinal axis in which there is blood charged with carbonic acid, and, consequently, the excitation of the nerves of the bloodvessels of the basis of the encephalon, because these nerves take their origin somewhere in those excited parts of the cerebro-spinal axis; the second cause being the direct excitation of the smooth muscular fibres of the bloodvessels of the encephalon by the blood charged with carbonic acid. Now if the bloodvessels contract, whether it is on account of the first or of the second cause, or of both, it seems that the fit ought to be diminished at once. But in the first place, it is probable that the bloodvessels contract irregularly, some at one time, some at another. In the second place, blood charged with carbonic acid, after its first action (which is an excitation) has a secondary action, which causes the loss of the contractility of the muscular layer of the bloodvessels. In the third place, the obstacle to the return of venous blood may cause the bloodvessels to dilate to such an extent that they cannot contract, as is the case with the heart when its cavities are too full.

9th. If there are contractions in the bloodvessels of the brain proper, as there are in the muscles of animal life, in the beginning of an epileptic seizure, it is very easy to explain the variety of sensorial and other cerebral symptoms of epilepsy. In the same way as there are *certain* muscles that contract in the neck, in the larynx, or elsewhere, we may admit that there are *certain* bloodvessels that contract either in some parts of the brain proper, or in the nervous portions of the organs of sense, and in consequence, there is a trouble or loss of either one or several senses, or of the intellectual faculties, consciousness remaining more or less entire; or there is a successive loss of sight, of hearing, of the intellectual faculties, and, at last, of consciousness.

10th. It is well known that sometimes the compression of the carotid arteries stops a fit of epilepsy. Cases of this kind have been mentioned by Liston, Earle, Albers, &c. The same operation in certain animals, and particularly in rabbits in good health, is

sometimes sufficient to cause convulsions, so that we are led to the question, How can the same circumstance in one case cause convulsions, and in another diminish or destroy them? My theory may give an explanation of this apparent opposition. Changes in the quantity of fluid in the cranio-spinal cavity cannot take place suddenly, and if there is a considerable diminution in the quantity of blood which enters this cavity, as is the case when the carotid arteries are compressed, there is necessarily a corresponding diminution in the quantity that goes out. The blood which reaches the encephalon by the vertebral arteries having to fill a much larger space, circulates more slowly and becomes much more charged with carbonic acid, and, besides, furnishes much less oxygen to the encephalon, so that if the compression of the carotid arteries be made in healthy animals, it causes convulsions, just as I have found that blood much charged with this acid injected into the carotid arteries, causes convulsions; whereas, if the compression of these arteries be made in man, during an epileptic seizure, there is at first usually a momentary increase in the intensity of the fit, and sometimes after one or two minutes, rarely sooner, a diminution in the violence of the convulsions, and in some cases, a complete cessation of these contractions. Those who have observed what takes place in animals when they are asphyxiated, have remarked that after violent convulsive struggles, while the blood is becoming more and more charged with carbonic acid, there is a diminution of the convulsions, and at last nothing but rare respiratory efforts. Carbonic acid, after having excited the vital properties of the nervous system, seems to destroy them gradually, allowing for a time, however, the production of respiratory movements. The compression of the carotid arteries in epileptics, during a fit, induces a state of asphyxia greater than that already existing, and in so doing, diminishes the vital properties so much that there are no more convulsions. Respiration taking place* then, and the bloodvessels of the brain proper relaxing, the whole encephalon receives more oxygenated blood, and the patient recovers in the same way, and by the same means, that he does when the compression of the carotid is not employed in a fit.

* Of all the reflex phenomena, the regular inspiratory and expiratory movements are those which last the longest; it is so during agony resulting from any disease, it is so after chloroform or ether have been inhaled in large doses, it is so in asphyxia by hanging, drowning, &c., and it is so also in epilepsy.

The theory of epilepsy that we have arrived at from the examination of the phenomena of this disease, is not in opposition with any that we know; and, still more, we might easily show that it is in harmony with the most important facts concerning the causes, the variations of the symptoms, the consequences and the treatment of this convulsive affection. We will merely point out, in addition to what we have related above, that the production of epilepsy by lead (which is an excitant of contraction in bloodvessels), by loss of blood, &c., and the important relations of epilepsy with intermittent fever, are facts in perfect harmony with our theory.

We must now say a few words, 1st, on the production of the change in the cerebro-spinal axis, which chiefly constitutes epilepsy (*i. e.*, the augmentation of the reflex excitability); 2d, on the production of the change of certain parts of the skin, mucous membrane, &c., which renders these parts capable of exciting epileptic seizures; 3d, on the mode of production of a fit of epilepsy from excitations springing either from a peripheric part or a central part of the nervous system; 4th, on the consequences of an epileptic seizure, and on the inter-paroxysmal state.

1st. The production of a change in the reflex excitability of the cerebro-spinal axis we think may take place in two different ways, one of which is a *direct* abnormal nutrition, as in syphilitic, scrofulous or rheumatic epilepsy, while the other is an *indirect* abnormal nutrition, due to some excitation from a peripheric or a central part of the nervous system. The *modus operandi* of such excitations we do not know positively, but very likely, in a number of cases, at least, it is through the bloodvessels of the cerebro-spinal axis that these excitations operate to change the nutrition of this nervous axis. We have ascertained that many substances which act upon the spinal cord, either in increasing its reflex faculty (such are strychnia, morphia, &c.), or in diminishing it (such are belladonna, ergot of rye, &c.), produce their effect chiefly by their influence on the bloodvessels of this nervous centre. When they excite the bloodvessels to contract, they diminish nutrition, and cause paralysis; when they diminish the contractility of the bloodvessels, and therefore allow them to dilate, there is more blood in the spinal cord, and its nutrition is increased. Then the reflex faculty becomes greater, and irritations may cause convulsions. In animals and men, not having taken any of these substances, the reflex excitability of the cerebro-spinal axis may be increased in

the following ways. An excitation on some part of the nervous system causes a contraction of the small bloodvessels of a part of the cerebro-spinal axis, and as the same quantity of blood still arrives by the various arteries in the cerebro-spinal cavity, it results that if the small ramifications of some arterial branches are contracted, the others receive more blood, so that nutrition, and, in consequence, the reflex excitability, augment in the parts to which they are distributed. But this is not likely to be the most frequent mode of increase of nutrition. We have found that when a vascular nerve is excited for a long while, the contraction of the bloodvessels after a certain time ceases, and a dilatation takes place, which lasts longer than the contraction, although the nerve is still excited: this is a paralysis by excess of action. In the nervous centres, very likely this paralysis of the bloodvessels supervenes also after considerable contractions, and in consequence of this paralysis, nutrition is increased in the parts of these centres where it exists, as we have found that nutrition is increased in the nerves and muscles of the face, when their bloodvessels are paralyzed. With the increase of nutrition in the nervous centres comes the augmentation of the reflex excitability, which seems to be the principal element of epilepsy.

Besides these causes, there is another of greater importance, which may exist when they do not: the nerve-fibres animating the bloodvessels of the parts of the cerebro-spinal axis where epilepsy has its seat, may be paralyzed, as the nerve-fibres of the muscles of animal life are, by a disease of some part of the nervous centres, and the consequence of this paralysis is necessarily an increase of nutrition and of reflex excitability. This is a fact which we have positively ascertained; the section of a lateral half of either the medulla oblongata or the spinal cord is the cause of paralysis of the bloodvessels of the cord on the same side, the consequence of which paralysis is that nutrition and the reflex excitability of the cord become much increased. When the spinal cord is cut across entirely, in mammals as well as in cold-blooded animals, the part separated from the encephalon has its bloodvessels paralyzed, and therefore dilated. Nutrition and the reflex excitability are soon much increased in this part, and it is sufficient to touch the skin or the mucous membrane of the genital organs, or of the anus, to de-

termine violent spasms.* This cause of production of epilepsy, or at least of an increased reflex excitability, must exist in a very great degree in cases of tumors of the pons Varolii, or of the medulla oblongata, and if they do not cause this convulsive affection more often it is very probably because the moral and the emotional excitation of fits cannot act in many of these cases.

When an excitation coming from some peripheric nerve produces in the cerebro-spinal axis the change of nutrition which causes epilepsy, it is very likely that this excitation sometimes, if not always, acts otherwise than by producing a contraction of some bloodvessels.^o Whether this action is like those due to electricity or not, we cannot tell, but we think that an opinion which we had held for many years with Donders, and some other physiologists,† must be modified. This opinion is that all the nervous influences on nutrition, secretion, &c., either direct or by reflex action, act only in causing contractions or paralytic dilatations of bloodvessels. This view, which has been criticised with much ability by Prof. James Paget, in his admirable lectures on nutrition and on inflammation, seems to have been proved to be too absolute by the important researches of Prof. Ludwig and his pupils (see *Physiol. des Menschen*, von Donders, vol. i., p. 187–9, 1856), which appear to establish positively that there is another mode of influence of the nervous system, at least on certain glands; an influence resembling that possessed by electricity in causing chemical combinations or decompositions.‡

2d. The changes produced in peripheric parts, rendering them able to excite fits of epilepsy, consist more in alterations in the

* The same thing sometimes occurs in man. In a case of fracture of the spine, recorded by Dr. Knapp (N. Y. Journal of Medicine, Sept., 1851, p. 193), there was paralysis of the abdominal limbs. A month after the accident, there were slight spasms in those limbs; in four months, the spasms became violent; on exposure to the cold air, or to a sudden touch, the muscles were thrown into the most violent agitation.

† Prof. Claude Bernard, in announcing recently his important discovery of the substance which in the liver gives origin to sugar, expresses himself very strongly in favor of this opinion. (*Gaz. Méd. de Paris*, 1857, p. 202.)

‡ We still maintain, however, as we have done for many years, that the influence of the nervous system on nutrition and secretion, either direct or reflex, is in a great measure due to the influence of nerves on the muscular layer of the bloodvessels. Even galvanism, in improving nutrition, we have proved to act partly in this way; it contracts the bloodvessels, and in so doing diminishes circulation and warmth. But after a certain time of violent contraction, the bloodvessels become paralyzed and dilated, so that more blood passes through them, and the temperature and nutrition are increased.

nature of the excitations that may spring from peripheric nerves than from an increase in the felt excitations coming from these nerves. We have shown already that in our animals the skin is not more sensitive in the parts of the face which are capable of exciting fits than in the other parts of the face which have not that power (see § IV.). In man, as we have also shown elsewhere (see § XI.), it is to the nature of the excitation, and not to the degree of the pain, springing from some peripheric nerve, that we must attribute the production of the fits. The fact that excitations, starting from the periphery and causing fits, may not be felt, and the fact that when there are sensations accompanying these unfelt excitations, they may vary as to their kind, and sometimes be very feeble, certainly are important arguments to show that the real exciting cause of the fit is something which is not felt. If the term *aura epileptica* had not been employed already to express the sensations which accompany the excitation of the fits, it would be well to employ it to name the unfelt excitation which is the real exciting cause.

In inquiring into the nature of the unfelt aura, we find that very probably it is nothing but a violent excitation originating in the excito-motory nerve-fibres. Dr. Marshall Hall and Mr. Grainger have long ago imagined that there are nerve-fibres which are employed in reflex actions, and not in sensations and in voluntary movements; but they did not adduce direct facts to prove the correctness of their views. I have found many facts which seem to give the proofs hitherto needed that there are nerve-fibres which are employed in exciting reflex actions, and which are neither sensitive nor capable of transmitting sensitive impressions to the encephalon. I have found also, that the excito-motory power, like the sensibility of nerves, varies in different parts of their length (see my *Experimental Researches applied to Physiology and Pathology*, New York, 1853, p. 98), and also in the same part, according to various circumstances.

Besides, I have ascertained that in certain parts where the excito-motory power seems not to exist, it may be generated, and become considerable. Now, as the fibres which have this power seem not to be sensitive, we understand why an excitation may originate from them, reach the nervous centres, produce the loss of consciousness and convulsions by a reflex action, without giving pain, or even any sensation. We may understand also that this reflex

excitation may produce cramps by a reflex action in the muscles which are in the neighborhood of the starting point of the excitation, which cramps give rise to a pain wrongly considered as a primitive aura, although it is only a secondary and almost inefficient one.

With the view that in the very beginning of epileptic fits, caused by excitations coming from peripheric nerves, it is not the sensitive nerve-fibres, but only the excito-motory fibres which are in action, we can easily explain many facts. For instance, in my animals, the power of giving rise to fits, belonging to the cutaneous ramifications of nerves and not to their branches or trunks; in man, the absence of sensations, although there is an excitation from some peripheric nerves, as in the case of M. Pontier (see § IX., Case VII., and many others mentioned in § XI.).

What the causes of the increase of the excito-motory power are, we cannot tell positively. We know, however, that some causes increase all the vital properties of nerves everywhere, and among these causes we will point out a paralysis of the blood-vessels, or the development of inflammation. But there are other causes of which we are ignorant; in my animals, for instance, there is but a slight increase in the vascularization of the part of the skin which has the power of giving rise to fits, and this might be due to the pinching employed to irritate the skin.*

The changes taking place in the peripheric nerves, either in the skin, in the mucous membranes or in their trunks, when they become able to excite epileptic fits, may be produced by the influence of distant parts. For instance, in my animals, alterations of the spinal cord as low down as the *cauda equina* have sometimes been productive of the peculiar change in the face and neck which renders these parts able to excite fits. In man, tumors of the brain seem to have produced a similar change in one arm.

In my animals I cannot decide whether it is through some direct nervous influence upon the nutrition of the skin of the face and neck, or if it is through an indirect influence, and by means of the bloodvessels, that the spinal cord acts on this part. I have found

* I had said, in a paper read last year at the *Académie des Sciences* of Paris (*Arch. Gén. de Méd.*, Fév., 1856), that in making the autopsy of my epileptic animals, a congestion of the base of the encephalon and of the Gasserian ganglion is found; but I have ascertained since that in a great measure this congestion is a result of the fits and of the irritation of the skin of the face by pinching or otherwise, and not a circumstance preceding the first fit, and connected with the production of the increase of the excito-motory power of the skin.

that changes in nutrition occur in other parts of the head—such as the cornea—in animals upon which the section of a lateral half of the spinal cord has been made, but is this a direct or an indirect influence? I cannot decide. It is very well known that the sympathetic nerve in the abdomen may influence the nutrition of the eye through the spinal cord, but does the influence result from a change in the calibre of the bloodvessels of the eye, or is it a direct influence, like that of certain nerves on the salivary glands, according to the great discovery of Ludwig?

As regards tumors of the brain, the important case of Odier (see § VIII., Case I.) seems to show that they may produce in the arm that peculiar change in peripheric nerves which renders them able to excite fits of epilepsy. But it is by far much more probable that it was not by an action of the brain, but through the irritation of the sensitive or excito-motory nerves of the scalp, or in consequence of the compression of the base of the encephalon, that the change of nutrition took place in the arm.

3d. In the two preceding sections I have examined how are produced the two organic causes of epilepsy; *i. e.*, the increase of the reflex excitability of certain parts of the cerebro-spinal axis, and the increase in the excito-motory power of the peripheric nerves. I have now to say a few words on the mode of production of the most interesting phenomena of a complete fit of epilepsy.

The first phenomenon of such a fit is not always the same, and this explains why the best observers do not agree in this respect. Dr. Marshall Hall for a long while considered as the first symptom a distortion of the eye-balls and of the features, and he admitted as the second phenomenon a forcible closure of the larynx, and an expiratory effort (*Diseases and Derangements of the Nervous System*, 1841, p. 323). In many subsequent publications (see *Lancet*, June 12, 1847, p. 611, and *Aperçu du Système Spinal*, 1855, p. 101) he seems to consider as the first phenomena the contractions of the muscles of the neck and of the larynx. Dr. C. J. B. Williams (*General Pathology*, 2d Am. Ed., p. 166) says that the first phenomenon is a palpitation of the heart. Herpin (*Loco cit.*, p. 421–5) after having tried to show that when there is an aura the first phenomenon consists in a local cramp, says that the second phenomenon (the first when there is no aura) is the epileptic cry. According to Bean (*Arch. Gén. de Méd.*, 1836, p. 339), Delasiauve (*Loco cit.*, p. 65) and Hasse (*Krankheiten des*

Nervenapparates, 1855, p. 251), the epileptic cry, in the most complete cases of epilepsy, may not exist. I have witnessed two fits of epilepsy in which the most violent convulsions and a complete loss of consciousness, followed by coma, took place without cries. Is the loss of consciousness the first symptom? Most of the principal writers, who ignore the power of the reflex actions, consider the cry as a proof of feeling: surprise, according to Bean; surprise and pain, according to Herpin (*Loco cit.*, p. 477); surprise, convulsion and pain, according to Delasiauve (*Loco cit.*, p. 77), and they admit, therefore, that the loss of consciousness is not the first symptom, at least in most cases. Billod attributes the cry to the convulsive spasm of the laryngeal muscles, and to a convulsive expiration (*Annales Méd. Psychol.*, Nov. 1843). According to him, the loss of consciousness precedes the cry, which is not a symptom of surprise or of pain. Hasse considers the cry as being probably the result of a reflex action (*Loco cit.*, p. 251-2). I have tried to show elsewhere (*Exper. Researches applied to Physiol. and Pathol.*, New York, 1853, p. 54-5) that cries in animals or in children deprived of their brain, may be due to a mere reflex action; the vocal cords being contracted, and the expiratory muscles expelling quickly the air contained in the chest, the sound which we call a cry is produced. In epilepsy, the loss of consciousness, which is equivalent to the loss of the brain, allows a cry to take place by reflex action. In the most complete and violent fits of epilepsy, we think that the first phenomena are almost always, 1st, the contraction of the bloodvessels of the face, which causes the paleness, noted particularly by Prof. Trousseau, by Delasiauve and by Dr. Bland Radcliffe; 2d, the contraction of the bloodvessels of the brain proper, which causes the loss of consciousness. The cry, either at the same time, or immediately after, is produced by the spasmodic contraction of the expiratory muscles, driving the air forcibly through a contracted glottis. At the same time, also, almost always some muscles of the face, of the eye and of the neck contract. Sometimes, also, the spasm extends at once to the muscles of the upper limbs, and afterward to the whole body. All these phenomena are sometimes produced at once, and all are the results of an excitation springing from some part of the excito-motory side of the nervous system. In other cases there is an evident succession in these phenomena; the paleness of the face and the loss of consciousness (both resulting from contractions of

the bloodvessels) take place at first, with some spasmodic actions of the muscles of the eye and face, and then come the cry and the tonic contraction of the muscles of the limbs and trunk.

The following table will show how the principal phenomena are generated, *one by the other*, in the most common form of the violent and complete epileptic seizures.

CAUSES.

1. Excitation of certain parts of the excito-motory side of the nervous system.

2. Contraction of the bloodvessels of the face.

3. Contraction of the bloodvessels of the brain proper.

4. Extension of the excitation of the excito-motory side of the nervous system.

5. Tonic contraction of the laryngeal and of the expiratory muscles.

6. Farther extension of the excitation of the excito-motory side of the nervous system.

7. Loss of consciousness, and tonic contraction of the trunk and limbs.

8. Laryngismus, trachelismus, and the fixed state of expiration of the chest.

9. Insufficient oxygenation of the blood, and many causes of rapid consumption of the little oxygen absorbed, and detention of venous blood in the nervous centres.

10. Asphyxia, and perhaps a mechanical excitation of the base of the encephalon.

11. Exhaustion of nervous power generally, and of reflex excitability particularly, except for respiration. Return of regular inspirations and expirations

EFFECTS.

1. Contraction of bloodvessels of the brain proper and of the face, and tonic spasm of some muscles of the eye and face.

2. Paleness of the face.

3. Loss of consciousness, and accumulation of blood in the base of the encephalon and in the spinal cord.

4. Tonic contraction of the laryngeal, the cervical and the expiratory muscles (laryngismus and trachelismus).

5. Cry.

6. Tonic contractions, extending to most of the muscles of the trunk and limbs.

7. Fall.

8. Insufficient oxygenation of the blood, and general obstacle to the entrance of venous blood in the chest, and special obstacle to its return from the head and spinal canal.

9. Asphyxia.

10 *Clonic convulsions everywhere*, contractions of the bowels; of the bladder; of the uterus; erection; ejaculation; increase of many secretions; efforts at inspiration.

11. Cessation of the fit; coma or fatigue; headache; sleep.

We have but little to say in explanation of the above table, which only gives, as we hardly need to remark, a type of a complete seizure.

Writers on epilepsy are unanimous in considering the *fall* as due only to convulsions, while it is certainly, in a measure, the consequence of the loss of consciousness, which alone causes it in some cases of epileptic vertigo without convulsions.

We do not think that laryngismus in epilepsy has the immense

importance given to it by Dr. Marshall Hall. In the first place, in persons in whom the reflex excitability is not increased, laryngismus exists frequently, in whooping cough, in asthma, &c., without producing epileptic convulsions. In the second place, epileptic convulsions may exist before laryngismus (Hasse, *loco cit.*, p. 252). If, instead of saying that laryngismus is the essential cause of convulsions in a fit of epilepsy, we say that asphyxia, whether produced by laryngismus or by other causes, is the source of a certain part of the convulsions in the violent and complete fits of epilepsy, we shall be much nearer the truth. If we say also that laryngismus is nothing but a spasm of certain muscles—spasm produced by a reflex action at the same time that there are other spasms in the bloodvessels of the brain proper, of the face, and also sometimes of the whole surface of the body, and in the muscles of the head, of the trunk and limbs, and that all these spasms are reflex contractions, due to the same excitation, we shall be much nearer the truth than by admitting Dr. Hall's views.

Not only is it wrong to say that convulsions in epilepsy are due only to laryngismus, but it would be wrong also to say that they are due only to asphyxia, whatever be its cause. The tonic convulsions, which, according to Dr. Copeland (*Dict. of Med.*, vol. i., p. 786), and to Herpin (*Loco cit.*, p. 451,) always exist in the beginning of fits of epilepsy, are not to be attributed to asphyxia, neither are the convulsive rotary movements which sometimes exist, and which result principally from the irritation of some parts of the isthmus of the encephalon. The tonic convulsions may occur in almost all the muscles of the body at once, simulating tetanus, or they come first in the larynx, the neck, the eyes, or the face, and thence extend to the upper limbs, and at last to the trunk and inferior limbs. These convulsions are mere reflex spasms, as are the contractions of the bloodvessels. Their duration is only of some seconds, according to Copeland (*Loco cit.*, p. 786), or a quarter of a minute, according to Herpin; but they may appear again during the seizure, as Hasse (p. 252) and Herpin (p. 430) justly observe, and as I have twice seen. This kind of convulsion, and also the rotary convulsions, cannot be the result of laryngismus, because asphyxia does not seem able to produce them. Asphyxia causes only clonic convulsions, and it seems that we must attribute to it the universal clonic convulsions of a complete fit of epilepsy. We have perused the history of many hundred cases of epilepsy,

and we have witnessed eight violent fits in as many epileptics; and in all these cases, universal clonic convulsions have begun only after the appearance of symptoms of asphyxia. In healthy animals prevented from breathing, clonic convulsions begin in less than half a minute, and they are universal and very violent in about three quarters of a minute. General clonic convulsions are produced sooner, *i. e.*, in twenty to thirty seconds, rarely later in my epileptic animals, when they are absolutely deprived of respiration.

If universal clonic convulsions in epilepsy seem to be due only to asphyxia, the same thing cannot be said of local clonic convulsions, which frequently occur before there is a sufficient degree of asphyxia to produce them. For more than six years I have, almost every day, seen in my animals local clonic convulsions following a tonic spasm of the muscles of the face and neck, long before the time when a complete deprivation of breathing, had it existed, could have produced convulsions.

We may conclude—1st, that neither the general nor local tonic spasms, nor the local clonic convulsions of epilepsy depend upon asphyxia, and that therefore they are independent of laryngismus; 2d, that asphyxia in epilepsy does not usually depend upon laryngismus alone, but that it may result from many other causes, such as the spasmodic contraction of the muscles of expiration, or from alternate contractions and relaxations of all the muscles of the chest and diaphragm. Asphyxia is also partly due to the accumulation of black blood in the nervous centres, by the obstacle to the return of venous blood; and partly also because the energetic actions of the nervous centres and of the muscles cause a rapid consumption of oxygen, and charge the blood with carbonic acid. The experiments of Roupell (British Assoc., 1841; see *Am. Jour. of Med. Sciences*, January, 1842, p. 243) show conclusively the influence of carbonic acid in causing clonic convulsions, with foam at the mouth, &c., as in epilepsy.

Asphyxia is not only the cause of the most violent general clonic convulsions in a fit of epilepsy, but it is also the usual cause of the contractions of the bladder, of the bowels, of the uterus, and of the muscles which produce the erection of the penis and the ejaculation. We admit, however, that all these muscular contractions may be produced by the same cause to which are due the first tonic spasms, and that they exist sometimes when there is no considerable asphyxia, or before the beginning of asphyxia.

We do not pretend to give here an account of all the phenomena of epilepsy; we abstain from speaking of those which have been already well explained, such as relate to the tongue, and also to the coma so frequent after a very violent fit. We do not need to say that an immense variety of these phenomena may be observed in epileptics, and that this variety depends upon the part first excited in the nervous centres, and upon the degree of the reflex excitability and of the reflex force of these centres.

In the beginning of a fit of epilepsy, it sometimes happens that the heart's action is stopped more or less completely. This stoppage may be due to two essentially different causes: 1st, the heart being compressed by the spasmodic contraction of the chest, is mechanically rendered more or less completely unable to move, as may be the case even in a healthy man, according to the interesting experiments made by Ed. Weber (see *Müller's Archiv.*, 1851, p. 88) upon himself and upon other persons; 2d, a reflex action upon the bloodvessels of the heart may determine their contraction, and therefore stop at once the movements of this organ, in the same way that they are stopped sometimes by an emotion, by chloroform, by an irritation of the abdominal sympathetic or other nerves, &c. It is well known that the quantity of many secretions, or their quality, may be altered during a fit of epilepsy. These changes may be due to at least two distinct causes: 1st, there may be a reflex influence upon the various glands, or upon their bloodvessels,* as there is a reflex action upon the bloodvessels of the face, and very probably of the brain; 2d, asphyxia is certainly one of the causes of the changes in secretions during an epileptic seizure. (See my *Experimental Researches applied to Physiol. and Pathol.*, 1853, p. 113–114.) As regards *saliva*, Lehmann mentions that there is a great flow of it in horses which

* A discussion of priority took place, some time ago, between Dr. H. F. Campbell, of Augusta, Ga., and Dr. Marshall Hall, concerning the discovery of the existence of *reflex* secretions. There is no doubt that Dr. Campbell, who published his first paper in May, 1850, has the priority over Dr. Hall, but these two able physicians seem not to know that many of the German writers had long ago gone very far in that field of the reflex secretions. As regards the normal reflex secretions, I will point out a short note which I published in 1849 (*Comptes Rendus de la Soc. de Biologie*, p. 104, July, 1849, and *Gazette Méd. de Paris*, 1849, p. 644), in which, besides the citation of many facts, I mentioned particularly the production of sweat by a reflex influence. As regards the pathological reflex secretions, I will direct the reader particularly to the various works of Heule, published in 1840, in 1841, and later. I will add, that the question is not now whether there are such things as reflex secretions, but whether, in the reflex secretions and in the reflex changes of nutrition, there is only an influence upon the muscular elements of the bloodvessels, or if there is some special electric or nervous influence. (See the treatises by Prof. Ludwig, by Prof. Donders, and by O. Funke; and the great work of Spiess, *Pathologische Physiologie*, 1857.)

breathe for a few minutes atmospheric air containing ten per cent. of carbonic acid (*Physiol. Chemistry*, English translation, 1853, vol. ii., p. 177). In the experiments of Roupell, already quoted, there was much foam at the mouth in dogs, after injections of carbonic acid into their veins.

We must say a few words more to explain the relations of epilepsy with sleep, and with the loss of blood. It is well known that sleep is a very favorable condition for epileptic seizures; indeed, we may say that in many persons who are not, however, epileptic, sleep is a slight attack of epilepsy. The loss of consciousness, of course, exists, and convulsions in many muscles are very frequent. Whatever be the nature of sleep, it is quite certain that it is a state of sub-asphyxia, and in this respect also it resembles epilepsy. It is certain, also, that the circulation in the encephalon is modified in both epilepsy and sleep. But the kind of trouble in the encephalic circulation, in the beginning of an epileptic seizure, is not the same as that which takes place during sleep. In epilepsy, according to the theory we have proposed, there is at first a contraction of the bloodvessels of the brain proper, and it is only after a fit has existed a few seconds, or a little longer, that the spasm of these vessels ceasing, circulation of rather black blood takes place in them, as during sleep. We have said above that if the carotid arteries are compressed during a seizure of epilepsy, and if the fit is stopped by it, the reason of this influence is to be found in an increase of the pre-existing asphyxia. We find an interesting fact in harmony with this view, in a short paper by Prof. A. Fleming, of Cork, who states that sleep is easily produced in persons who are not epileptic, by the compression of the carotid arteries. (*British and Foreign Med.-Chir. Review*, April, 1855, p. 404, Am. ed.) The diminution in the supply of arterial blood produces the same effect as the obstacle to the return of venous blood, which obstacle is known to cause sleep. When the carotid arteries do not send blood to the brain proper, circulation is almost stopped in that part of the encephalon, and the absence of oxygen produces a sudden paralysis of the brain, and after a few seconds there is a state of slight asphyxia, marked by stertorous breathing. (Fleming.) If attacks of epilepsy take place more easily during sleep than during wakefulness, it seems that it is on account of the slight state of asphyxia existing during sleep.

In cases of epilepsy, or, at least, of convulsions, due to a loss of

blood, or to insufficiency in the quantity of this liquid, there is also, as a cause of the fits, a state of asphyxia, due to the fact that as there is less blood reaching the Cranio-spinal cavity, the circulation is slower in the nervous centres, and the blood has time to become charged with carbonic acid and to become an excitant. Besides, it is certain that when there is not blood enough circulating in the nervous centres, their reflex excitability becomes increased at the same time that their *reflex force* diminishes. The asphyxia due to a diminution of blood seems to cause both the state of the nervous system favorable to the production of epileptic fits, and the excitation which determines them. In the same way, the asphyxia due to various causes during a fit of epilepsy prepares new fits for the future, and actually causes clonic convulsions.

4th. As regards the last question we have to examine, which relates to the *effects* of attacks of epilepsy, we will only say that they depend upon three circumstances: 1st, the absence or great diminution of circulation in the brain proper in the beginning of a fit of epilepsy; 2d, the circulation of black blood through the nervous centres; 3d, the pressure upon many parts of the base of the encephalon and of the spinal cord, by the accumulation of blood in their vessels.

In consequence of these causes, various disorders of the mind, of the senses, and of the vital properties of the nervous centres, are produced. We will not speak of these disorders here, and will merely refer the reader to the analysis given of most of them by Dr. Russell Reynolds, in his important researches on the interparoxysmal state of epilepsy. (See *Diagnosis of Diseases of the Brain*, §c., 1855, p. 175, and the *London Lancet*, 1856.)

§ XV. *Treatment of Epilepsy*.—Proposing to develop fully this subject elsewhere, we will merely lay down here a few propositions.

1. The first thing to be done in a case of epilepsy is to find out if its origin is peripheric. The state of all the organs must be inquired into as completely as possible. For some of the means to be employed to detect the peripheric origin of fits of epilepsy, we will refer to § XI.

2. If it be ascertained that epilepsy is of peripheric origin, employ proper means to separate the nervous centres from this ori-

gin, or to remove the cause of the excitation' entirely. Leaving aside what relates to the viscera, the application of ligatures, as we have shown in § IX., ought to be tried first. Sometimes it happens, as in a very curious case recorded by Récamier, that the aura will disappear from a place, and re-appear in another; it will be well to pursue it thither, and apply ligatures in the new place.

3. If ligatures fail, this is no reason for despairing of other means having the same object. The nerve animating either the part of the skin from which originates the aura, or the muscle or muscles which are the first convulsed, must be laid bare, and sulphuric ether thrown upon it. This might, perhaps, be sufficient to cure the affection; if it is not, then the nerve must be divided.*

4. The amputation of a limb for epilepsy is a barbarous act, the section of the nerves being all that is necessary.

5. Sometimes blisters, setons, caustics, &c., in the neighborhood of a part which is the origin of an aura, may be sufficient to cure, but these means have not the same efficacy as the application of a red-hot iron.

6. The best means of treating epilepsy seem to consist in the application of a series of moxas along the spine, and particularly the nape of the neck.

7. The nutrition of the nervous centres may be modified, and thereby epilepsy be cured, principally by the medicines which act on the bloodvessels, such as strychnia, but particularly by those which determine contractions in these vessels, such as atropia, ergot of rye, &c.

8. Trepanning, in cases where a blow on the head or some other circumstance seems to indicate it, ought not to be resorted to until cauterization and other means of producing a modification of the conditions of the skin of the head have failed. (See § IX.)

9. Cauterization of the mucous membrane of the larynx, which has been successful in some cases in which there was considerable laryngismus, is an excellent means, not only of diminishing or preventing the spasm of the larynx, but as a mode of producing a modification in the nutrition of the medulla oblongata.

10. As a means of treatment too much neglected, we will point out the possibility of the transformation of epilepsy into intermit-

* We proposed, many years ago, to employ ether instead of the section of the nerves, in traumatic tetanus; this simple treatment will prove more useful for tetanus than for epilepsy.

tent fever, which has been proved by the important facts observed by Dr. Selade, by Dumas, &c. The frequent passage of an intermittent fever into epilepsy, and the facts which show that the nerves of the bloodvessels are excited in the nervous centres in fever and ague (the galvanization of the cervical sympathetic nerve produces the effects of this fever, viz., *cold*, soon followed by *warmth* and *perspiration*), show also that there are great analogies between epilepsy and intermittent fever. So it is as regards the efficacy of ligatures in both diseases. That intermittent fever is an affection of the nervous system is proved by a curious case of fracture of the spine, in which the parts paralyzed remained in their normal state, while the rest of the body had all the phenomena of a paroxysm of fever and ague. (Dr. Knapp, in *N. Y. Jour. of Med.*, Sept., 1851, p. 199.) From these facts and many others, we think it would be of the utmost importance to try to have fever and ague generated in epileptics (See Dumas, in *Bibliothèque Médicale*, vol. xxxi., and Delasiauve, *loco cit.*, p. 378, and p. 419), as a means of cure of epilepsy.

11. We will merely add, that hygienic means are as important as the treatment, and that sleeplessness ought to be as much combated as the disease itself.

As regards the treatment of the fits, we cannot insist too much upon the prevention or diminution of asphyxia, as it seems certain that the circulation of black blood in the nervous centres prepares for the production of future fits. For this object the best means are, 1st, dashing very cold water on the face; 2d, the inhalation of chloroform.

ERRATA.

Page 9, line	8 from the bottom,	for "resides" read <i>reside</i> .
" 11, " 13	" " "	for "Bouet" read <i>Bonet</i> .
" 15, " 3	" " "	for "Lafler" read <i>Loeffer</i> .
" 19, " 7	" " "	for " <i>Praxeas</i> " read <i>Praxeos</i> .
" 21, " 11	from the top,	for " <i>Dovinetus</i> " read <i>Dovinctus</i> .
" 24, " 17	" " "	after "in the skin," add <i>I believe</i> .
" 29, " 10	from the bottom,	for "Pageant" read <i>Pageant</i> .
" 36, " 15	from the top,	for " <i>Cazanvielh</i> " read <i>Cazawielh</i> .
" 38, " 6	" " "	for " <i>Zimmerman</i> " read <i>Zimmermann</i> .

