# A Low-Cost Planting Technique for Eelgrass (Zoster marina L.) 

by

Mark S. Fonseca, W. Judson Kenworthy, and Gordon W. Thayer

## COASTAL ENGINEERING TECHNICAL AID NO. 82-6

DECEMBER 1982


Approved for public release; distribution unlimited.

Prepared for

Reprint or republication of any of this material shall give appropriate credit to the U.S. Army Coastal Engineering Research Center.

Limited free distribution within the United States of single copies of this publication has been made by this Center. Additional copies are available from:

> National Technical Information Service
> ATTN: Operations Division
> 5285 Port Royal Road
> Springfield, Virginia 22161

Contents of this report are not to be used for advertising, publication, or promotional purposes. Citation of trade names does not constitute an official endorsement or approval of the use of such commercial products.

The findings in this report are not to be construed as an official Department of the Army position unless so designated by other authorized documents.


| REPORT DOCUMENTATION PAGE | READ INSTRUCTIONS <br> BEFORE COMPLETING FORM |
| :--- | :--- | :--- |
| 1. REPORT NUMBER <br> CETA 82-6 | 2. GOVT ACCESSION NO. |

16. DISTRIBUTION STATEMENT (of thio Report)

Approved for public release; distribution unlimited.
17. DISTRIBUTION STATEMENT (of the abstract entered in Block 20, if different from Report)
18. SUPPLEMENTARY NOTES
19. KEY WORDS (Continue on reverse slde If necessary and identlfy by block number)

$$
\begin{array}{ll}
\text { Cost evaluation } & \text { Sediment stabilization } \\
\text { Current regime } & \text { Transplanting techniques }
\end{array}
$$ Seagrass

20. ABSTAACT (Continue an revertwe stolis ff mecesteary and flentify by block number)

Transplanting of eelgrass (Zostera marina) has undergone considerable experimental study in the last decade, but with limited practical application. A new technique has been developed using bundles of mature, vegetative shoots of eelgrass washed free of sediment and anchored in the bottom. Using this technique, planting units have been successfully established in high ( $>1.6$ feet per second) and low ( $<1.6$ feet per second) current regimes on grids of 2.0 and 2.6 feet, respectively. The productionline efficiency of the technique greatly reduces planting costs. Methods developed for selecting wild planting stock and anchoring planting units greatly increases planting success across the range of current velocities in which eelgrass is found.

## PREFACE

This report is published to provide coastal engineers with a low-cost eelgrass transplanting technique which is suitable for establishment in both high current and quiescent marine habitats. It is intended to update information on planting techniques presented in "Planting Guidelines for Seagrasses," (Phillips, 1980).

The work was carried out under the U.S. Army Coastal Engineering Research Center's (CERC) Coastal Engineering Uses of Submerged Plants work unit, Environmental Impact Program, Environmental Quality Area of Civil Works Research and Development.

The report was prepared by Mark S. Fonseca, Department of Environmental Sciences, University of Virginia, in affiliation with the National Marine Fisheries Service, Southeast Fisheries Center, Beaufort Laboratory, Beaufort, North Carolina, and W. Judson Kenworthy and Gordon W. Thayer of the Beaufort Laboratory.

The authors express appreciation to M. LaCroix and T. Currin for assistance in field exercises, and to H. Gordy for graphics.

Paul L. Knutson was technical monitor for this report, under the general supervision of E.J. Pullen, Chief, Coastal Ecology Branch and Mr. R.P. Savage, Chief, Research Division, CERC.

Technical Director of CERC was Dr. Robert W. Whalin, P.E., upon publication of this report.

Comments on this publication are invited.

Approved for publication in accordance with Public Law 166, 79th Congress, approved 31 July 1945, as supplemented by Public Law 172, 88th Congress, approved 7 November 1963.

Page
CONVERSION FACTORS, U.S. CUSTOMARY TO METRIC (SI) ..... 5
I INTRODUCTION. ..... 7
II HARVESTING AND STORING PLANTS ..... 7

1. Identifying Preferred Harvest Sites ..... 7
2. Harvest Technique ..... 7
3. Storage Guidelines ..... 7
III PREPARING PLANTING UNITS ..... 9
IV PLANTING METHOD ..... 9
V PLANT MATERIAL REQUIREMENTS ..... 9
4. Number of Units Required for a Planting ..... 9
5. Number of Shoots Required for a Planting ..... 12
VI LABOR REQUIREMENTS ..... 12
6. Harvesting. ..... 12
7. Preparation of Planting Units ..... 12
8. Planting ..... 12
VII SUMMARY ..... 13
LITERATURE CITED. ..... 15
TABLE
Labor estimates (by source) ..... 14
FIGURES
1 A photo of a high current area eelgrass meadow at low tide ..... 8
2 Plant collection ..... 10
3 Isolating the proper number of shoots per planting unit ..... 10
4 Attachment of anchor and fasteners. ..... 11
5 Placing the planting units into containers for transport to the planting site. ..... 11

CONVERSION FACTORS, U.S. CUSTOMARY TO METRIC (SI) UNITS OF MEASUREMENT
U.S. customary units of measurement used in this report can be converted to metric (SI) units as follows:

| Multiply | by | To obtain |
| :---: | :---: | :---: |
| inches | 25.4 | millimeters |
|  | 2.54 | centimeters |
| square inches | 6.452 | square centimeters |
| cubic inches | 16.39 | cubic centimeters |
| feet | 30.48 | centimeters |
|  | 0.3048 | meters |
| square feet | 0.0929 | square meters |
| cubic feet | 0.0283 | cubic meters |
| yards square yards cubic yards | 0.9144 | meters |
|  | 0.836 | square meters |
|  | 0.7646 | cubic meters |
| miles square miles | 1.6093 | kilometers |
|  | 259.0 | hectares |
| knots | 1.852 | kilometers per hour |
| acres | 0.4047 | hectares |
| foot-pounds | 1.3558 | newton meters |
| millibars | $1.0197 \times 10^{-3}$ | kilograms per square centimeter |
| ounces | 28.35 | grams |
| pounds | 453.6 | grams |
|  | 0.4536 | kilograms |
| ton, long | 1.0160 | metric tons |
| ton, short | 0.9072 | metric tons |
| degrees (angle) | 0.01745 | radians |
| Fahrenheit degrees | 5/9 | Celsius degrees or Kelvins ${ }^{1}$ |

[^0]Mark S. Fonseca, W. Judson Kenworthy, and Gordon W. Thayer

## I. INTRODUCTION

Cooperative research by the Beaufort Laboratory of the Southeast Fisheries Center, National Marine Fisheries Service, and the U.S. Army Coastal Engineering Research Center (CERC) has developed a low-cost transplanting technique for eelgrass (Zostera marina L.). This technique can be used for planting and rehabilitating areas damaged by coastal engineering activities, for creating eelgrass beds to stabilize substrates, and provide habitats for numerous commercially and recreationally important marine species. The planting technique may also prove to be effective for other seagrass species.

## II. HARVESTING AND STORING PLANTS

## 1. Identifying Preferred Harvest Sites.

Research has demonstrated that eelgrass transplants obtained from high current areas have superior growth rates (Fonseca, et al., 1979) and higher rhizome mat integrity which improves collection efficiency (Fonseca, Kenworthy, and Thayer, 1981). High current areas are defined as those areas where the surface current velocity often exceeds 1.6 feet ( 50 centimeters) per second. These areas are characterized by discrete, raised patches of grass on a sandy substrate of low organic matter (Fig. 1) (Kenworthy, 1981).

## 2. Harvest Technique.

Harvesting entails digging up sods of eelgrass with a shovel that is inserted at least 8 inches ( 20 centimeters) into the substrate so as to include the whole root-rhizome complex. These sods should be shaken free of any attached sediment at the harvest site. Care should be taken to maintain the carpetlike integrity of the rhizomes to facilitate later planting.

## 3. Storage Guidelines.

Sediment-free mats of seagrass should be stored in ambient seawater and processed into planting units within 36 hours. Aeration of the storage containers (plastic trash cans work well) is often required to prevent anaerobic conditions. Setting the mats into shallow, flowing seawater tables works best and provides an ideal working area for preparing the planting units.

Figure 1. A photo of a high current area eelgrass meadow at low tide. Note the isolated and mounded nature of the meadow. The scale of the vegetated area is 1 meter.

Past plantings have used either whole plugs of sediment from natural seagrass beds or, in a few cases, shoots that have been washed free of sediment. Plugs create excessive logistical problems due to their weight and size. Shoots without sediment circumvent this problem, but anchoring techniques have previously proven successful only in low energy environments.

Figures 2 to 5 illustrate the four-step procedure for preparing planting units:
(1) The eelgrass is dug up and washed free of sediment at the harvest site, taking care to keep the root-rhizome system intact (Fig. 2).
(2) Shoots are pulled in clumps from the dug-up mats and held upright to make the planting units (approximately 15 shoots per planting unit) (Fig. $3)$.
(3) One-third (about 8 inches) of a metal coathanger (pre-cut and bent to form an L-shape for anchoring purposes) is added to the shoots, which are then wrapped with a piece of bonded construction paper (filecards cut in strips also work well) and secured with a twist-tie fastener, forming the finished planting unit (Fig. 4).
(4) The plants are transported to a planting site in small containers that are filled with water (Fig. 5). The quantity of plants in the containers shown in Figure 5 will plant more than 250 square yards ( 200 square meters).

## IV. PLANTING METHOD

The proper planting of the eelgrass unit is critical for its survival. Inserting the plants into the sediment so that the top of the L-shaped anchor is covered with sediment is a stringent requirement. Plantings should be made on 2.6 -foot ( 0.79 meter) centers for the low current areas (surface current velocity not exceeding 1.6 feet per second) and 2 -foot ( 0.61 meter) centers for the high current areas. Since the eelgrass tends to propagate in the direction of the least resistance, the down-current spacing in the high current areas should be shortened to 1.8 -foot ( 0.55 meter) centers, while the cross-current spacing should be lengthened to 2.2 foot ( 0.66 meter) centers.

The planting units are easily inserted, even into compacted sand, by the creation of a lead hole (a heavy dive knife works wel1). Planting time is actually faster when using scuba divers rather than wading workers if leadlines with interval markings are used as planting guides. Planting should always be done while facing into the current flow.

## V. PLANT MATERIAL REQUIREMENTS

1. Number of Units Required for a Planting.

Number of planting units $=$
planting area (square feet) $x$


Figure 2. Plant collection.


Figure 3. Isolating the proper number of shoots per planting unit.


Figure 4. Attachment of anchor and fasteners; one planting unit.


Figure 5. Placing the planting units into containers for transport to the planting site.

$$
\begin{aligned}
\text { plant spacing }= & 2.6 \text {-foot grid in low current areas, } \\
& 2.2 \text {-foot by } 1.8 \text {-foot (average spacing of } 2.0 \text {-feet) } \\
& \text { grid in high current areas. }
\end{aligned}
$$

Therefore, planting in low current areas will require about 6,440 planting units per acre ( 15,910 planting units per hectare) while plantings in high current areas will require about 10,890 units per acre ( 26,910 units per hectare), to obtain completed cover in one growing season.
2. Number of Shoots Required for a Planting.
$\begin{aligned} & \text { Number of } \\ & \text { planting units }\end{aligned} \mathrm{x} \frac{\text { number of shoots }}{\text { planting unit }}=\begin{aligned} & \text { number of } \\ & \text { shoots harvested, }\end{aligned}$
:number of shoots per planting unit = 15 mature, vegetative shoots.
Therefore, shoots required for 1 acre of planting in a low current area are about 96,600 and about 163,350 for a high current area.

## VI. LABOR REQUIREMENTS

## 1. Harvesting.

a. The harvest rate is about 18,000 shoots per man-hour.
b. Approximately 5 man-hours are required to harvest the 96,600 shoots necessary for a l-acre planting in a low current area.
c. Approximately 9 man-hours are needed to harvest the 163,350 shoots required for a 1 -acre planting in a high current area.
2. Preparation of Planting Units.
a. The fabrication rate of the planting units is approximately 100 per man-hour.
b. Approximately 64 man-hours are required to fabricate the 6,440 planting units necessary for 1 acre of low current planting.
c. Approximately 109 man-hours are required for the fabrication of the 10,890 planting units for 1 acre of high current planting.
3. Planting.
a. The planting rate is about 150 planting units per man-hour for most habitats. Planting can be conducted by wading in water depths up to about 2 feet ( 0.6 meter). Planting in deeper areas may require scuba gear.
b. Scuba-assisted workers can plant at least 15 percent faster than the wading, nonscuba assisted workers, but the wage difference has always resulted in nonscuba workers being the most economical when conditions permit.
c. Approximately 43 man-hours are required to plant the 6,440 planting units for a l-acre, low current planting.
d. Approximately 73 man-hours are required for planting the 10,890 planting units for a l-acre, high current area.
4. Total Operation.
a. Labor per acre of low current area:

Harvest 5 man-hours
Preparation 64 man-hours
Planting $\quad 43$ man-hours
Total
112 man-hours
b. Labor per acre of high current area:

Harvest 9 man-hours

| Preparation | 109 man-hours |
| :--- | ---: |
| Planting | 73 man-hours |

Total
191 man-hours
With the improved seagrass planting technique presented in this report, seagrass meadows can be established with a labor effort of 100 to 200 man-hours per acre ( 250 to 500 man-hours per hectare).

> VII. SUMMARY

Labor estimates for transplanting eelgrass have been reported as high as 4,081 man-hours per acre ( 10,084 man-hours per hectare) for plugs and as low as 189 man-hours per acre ( 467 man-hours per hectare) for unanchored shoots (see Table). The improved planting units described in this report are as stable as plugs and are as labor-saving as unanchored shoots. They have proven to be effective in a wide range of current and wave regimes.

The labor estimates included in this report and in most literature on this subject reflect only the effort required to perform specific planting operations. The additional costs that are associated with actual projects such as mobilization, planning and administration, transportation of materials, travel, equipment, downtime, overhead, and profit are not considered in these estimates. Because of this, contract costs are generally much higher than reported labor estimates imply. Contract costs for the improved planting technique presented here will range from $\$ 10,000$ to $\$ 15,000$ per acre

Table. Labor estimates (by source).

| Source | Technique | Man-hours <br> per acre |
| :--- | :--- | :---: |
| Fonseca, et al., 1979 | Fifteen shoots in <br> bio-degradable mesh. | 262 |
| Churchill, Cok, and Riner, <br> 1978 | Unanchored shoots. <br> Robilliard and Porter, 1976 <br> (estimated from manuscript) | Plugs of whole shoots <br> with attached sediment. |

( $\$ 30,000$ to $\$ 45,000$ per hectare) in 1982 dollars for most projects. This low-cost technique provides substantial savings in labor, transportation of materials, and purchase of equipment.

CHURCHILL, C.A., COK, A.E., and RINER, M.I., "Stabilization of Subtidal Sediments by the Transplantation of the Seagrass Zostera marina, "Report No. NYSSGP-RS-78-15, New York Sea Grant, Garden City, N.Y., 1978.

FONSECA, M.S., KENWORTHY, W.J., and THAYER, G.W., "Transplanting of the Seagrasses Zostera marina and Halodule wrightii for the Stabilization of Subtidal Dredged Material," Annual Report, Beaufort Laboratory, Beaufort, N.C., Oct. 1981.

FONSECA, M.S., et al., "Transplanting of Eelgrass and Shoalgrass as a Potential Means of Mitigating a Recent Loss of Habitat, Proceedings of the Sixth Annual Conference on Wetlands Restoration and Creation, D.P. Cole, ed., 1979.

KENWORTHY, W.J., "The Interrelationship Between Seagrasses, Zostera marina and Halodule wrightii and the Physical and Chemical Properties of Sediments in a Coastal Plain Estuary Near Beaufort, North Carolina," M.S. Thesis, University of Virginia, Charlottesville, Va., 1981.

PHILLIPS, R.C., "Planting Guidelines for Seagrasses," CETA 80-2, U.S. Army, Corps of Engineers, Coastal Engineering Research Center, Fort Belvoir, Va., Feb. 1980.

ROBILLIARD, G.A., and PORTER, P.W., "Transplantation of Eelgrass Zostera marina in San Diego Bay," Naval Undersea Center, San Diego, Calif., $19 \overline{76}$.



[^0]:    ${ }^{1}$ To obtain Celsius (C) temperature readings from Fahrenheit (F) readings, use formula: $C=(5 / 9)(F-32)$.

    To obtain Kelvin (K) readings, use formula: $K=(5 / 9)(F-32)+273.15$.

