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Month



MANNA FOR THE MONTHS

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Manna for the Months

BY

HELEN ELIZABETH JEFFERS

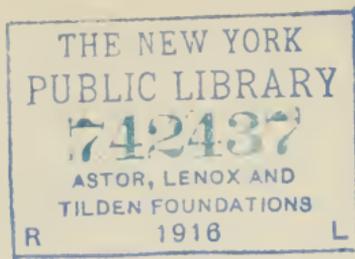
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TO MY HUSBAND

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ROY W. W. W.
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FOREWORD

THE DEEPEST truth comes not by striving, but is born when a noble nature gladly gives itself to suffer, to think, to be moved by a Power above its own.

To drain the soul that lesser lives may live is the reward of greatness. Once to attain ripeness is to find every process of growth sweet and to be desired.

This little book is sent forth with the hope that it may kindle courage and renew the life which is immortal.

JANUARY—REBIRTH

OUR YEARS

Pure with the passing of penitence meek.
Strong with the sweetness of silence,
Ah years, have ye struggled in vain!
Have ye washed from the dross and the strain!
Ah years, are ye washed by your tears?

THE NEW YEAR

THE NEW YEAR! O may this New Year be your Happiest New Year. And may you be to many others whose happiness depends on you—a friend. Earth bestows no higher honor. The Master said: “I have called you friends.”

If you have a friend, let him know you love him.

AT BREAK OF DAY

ONE OF THE SAGES of old instructed his servant to call him thus, each day: “Get up, for you have great things to do.”

TO MEDDLERS

LET US not find fault with another man’s method of gaining Truth! He is an individual—let him alone. To meddle with an immortal soul is to stand in the way of God’s plans.

GOD’S WAYS ARE NOT OUR WAYS

“I PLANNED my work very carefully,” said the conscientious speaker, “but someone came in and the day was simply broken up, I accomplished nothing.”

What did God plan for the day? did he send a child whom you carelessly turned away, did a stupid person take your brightest morning hour? “In as much as ye have done it unto the least of one of these, ye have done it unto me.”

FEAR NOT

FEAR CLOSES the mental vision. Elisha prayed God to open his servant's eyes that he might see the mountain was full of horses and chariots of fire.

The material mind sees only discord and decay while the spiritual sense beholds the vision beautiful.

"IN SPIRIT AND IN TRUTH"

WE HAVE searched for peace, we have agonized for calmness, we have thought and intellectually striven to find joy. But God is a spirit and cannot be approached in human ways. One night we said: "Here, God, I am, take me," and blessed love like a warm protecting garment was laid over us and fear was driven out.

SPIRITUAL INSIGHT

THE DEEPEST insight is needed in dealing with men; have we known their sorrow, have we felt their burden? then we would better lay our finger on our lips and know that God understands and He alone heals.

HIS LIKENESS

HOW CAN we become like Him whom to know aright is life eternal? By thinking pure, uplifting thoughts, by ceasing to be whirled about by every passing emotion. Attend to the voice within and

leave to others the prying into things that are in the Heaven above, the earth beneath and the waters under the earth. Live in the presence of the Living One and be made alive!

TO FORGIVE IS DIVINE

How OFTEN we hear the words: "I never apologize."

To forgive is divine—to be tender, merciful and humble is Christlike and we must forgive, even as Christ hath forgiven us. To take the first step is proof of the greater character.

OUR BROTHER'S KEEPER

IN OUR blindness we talk of a mechanical age, and arraign the wonderful devices and instruments which science has put into our hands as if they were the enemies of our spirits, and do not see the finer uses, the services to the spirit, of these wonderful contrivances in which the genius of the discoverers and inventors finds its inspiring play. We speak of the railway, the steamship, the telegraph, the telephone, the printing-press, as if these marvelous extensions of our senses were conceived in materialism and born in iniquitous greed; and we do not see, until time has interpreted the meaning of these wonders, that they have made the whole world a neighborhood, and brought together men who live at the ends of the earth, and made us aware of the condi-

tions under which women and children live everywhere, and brought home to us through picture and book and spoken word the misery and the injustice in the earth, and, for the first time in history, laid the sorrows of the world on our shoulders, and driven home to our consciences the awful truth that we are literally our brothers' keepers.

FEBRUARY—STORM

THE GOAL

The wants of man are my soul's great need.
Probe me, protect me, what care I,
While earth is my foot-stool and above care I fly?
Ah! who shall for me set a limit to zest,
For years are immortal—the oldest, the best.
Alone at the shrine of Nature's hush,
God's man escapes the rush and push
Of earth-life, learning to possess
Love's power and Truth's completeness.

DIVINE PROTECTION

THIS MORNING in a blinding blizzard I opened my door and held out my hand to the trembling, little wild bird. It flew straight to me for protection.

Thus may we fly to our Father-Mother God without explanation, trusting in His loving understanding to cover all our need.

MASTERS OF OUR SOULS

“PROVE ALL THINGS—hold fast that which is good.”

When we have proven that we can live without the things we thought most necessary to life; when we seek always to give, never to receive; when we yield—never demand; then shall we find ourselves sufficient for every day's need. Then shall we be clothed in garments of gladness. Then shall Mankind stand ready to welcome and exalt us; then shall we be greater than circumstances—masters of our souls.

THE LITTLE CHILDREN

“AND HE SAID: Suffer the little children (in thought) to come unto me.”

Sentimental rhapsody is not a proof of the understanding which quickeneth man.

The silent, humble toiler, unknown and unappreciated by men, may be nearer the goal of Life divine.

ORIGINALITY

DARE TO BE original. Don't wait for someone to make the first move. Start something!

There are too many imitators, too many human chameleons taking their color from every passing fad and fancy.

Be yourself and you will be unique and grand!

ABIDING JOY

I DO NOT wish you success, for success in the material life may mean failure in the ideal; and so I wish you the *abiding* joy of conscious oneness with divine Love.

"ALL IS OURS"

WHAT IS mine each day will come to me, and what is not mine I do not want.

By noble and pure aspirations and by resting in the divine, will we rise to the summit of hope and faith.

WE HAVE LOVE TO MEET

SUFFERING FROM mental and physical trouble a man once exclaimed: "Oh, I have so much to meet!" A gentle meek-faced woman replied, "Yes, my friend, you have a great deal to meet, you have God to meet," and the man went away free.

CONDEMNATION

THE SIN of thinking others to blame must be completely wiped out and every human tie left behind before we can speak the healing word—before we know how to love as Christ loved.

MISUNDERSTANDING

TO SEE and feel deeply is often to be misunderstood. The surface is plainly visible to the superficial eye—the riches of the deep places are discovered only by the silent searcher for light and truth.

THE IDEAL

THE ULTIMATE universal language will be the harmony of soul best expressed today by poetry and music. We often ask why so many fail to come up to the ideal they seem to understand intellectually. Simply because the flying ideal is so far in advance of the human steps which must necessarily be taken in working out one's own salvation from sense to soul. To evangelize life is slowly and often painfully to cast off the shells of selfishness and ease as does the nautilus far famed by Holmes' memorable poem. We leave "our low vaulted past" for new worlds of beauty and truth.

MARCH—THE AWAKENING

“ABUNDANT LIFE”

Dare not to say you know all Life
 Unless a flood-tide shock of energy,
Of Joy that sings amid the strife,
 Upbears your soul and flings to all
A purpose high and pure and true.
 Thrilling and waking you through and
 through—
Drawing all men to Love through you.

THE CRY OF HUMANITY

FROM PULPIT AND PRESS, in magazine and newspaper, the world-wide thought of good, of brotherly love, is growing.

It hurls us along on its wing, it is the glory of the sunrise, the song at eve, the prayer at night—the cry from the weak, the longing of the heart-hungry, the appeal of the hearing ear and seeing eye: “Save us, we are immortal.”

THE HIGHEST GIFT IS OURSELVES

WHEN WE think of the millions of women wrenched from their homes to toil in mills, cotton and knitting mills, in glass factories, of the slavery on earth, shall we who are sheltered complain of petty wants? shall we not give our lives and fight for the brothers and sisters toiling for a bare existence!

LOVE'S GIFTS

LOVE DISCOVERS the rose in the wilderness, the rivers in the desert and is quick to see a brother's need.

GOD'S COMMANDMENTS

SOMEONE HAS written, “Jesus gave one rule by which men should prove their love for Him. He did not say, grow emotional over my name or take on a state of excitement concerning me or my teachings. He said: ‘If ye love me keep my Commandments.’”

The business of life is to find out what these commandments are.

STRENGTH AND HUMILITY MEET

THE EXTREMES MEET in every well rounded character. It was Saul who said: "I can do all things through Christ," and also, "I am less than the least of all saints," and "I know how to be abased."

THE GOLD OF LIFE

YOU THINK of your sorrows, of the temptations you have passed through, but you forget that for every ordeal you pass through some hidden wealth of character is burnt out from the dross, until the pure gold of life remains.

THE AMENITIES OF LIFE

WE WAKE to do royal deeds, we go forth to sow the field, to sweep the room, to transact business, to pluck flowers—what does it matter whether the deeds be great or small? It is life and God is in all life and we in Him.

A LIFE THOUGHT

AS LIFE is eternal and knows not decay, anything that knows discord or destruction cannot be of life, neither can it enter the realm of divine harmony.

All that seems to live except in perfect peace must wear away and eventually fade into its native nothingness.

LIMITATION

A MAN has no limitation other than the limitation he sets for himself. In direct proportion as a man recognizes himself a child of God he is able to be Godlike.

TO BE AN ARTIST IS TO LIVE NEAR GOD

“THE GREAT work of Art has something incommunicable about it.” And thus it is with the greatest minds, the finest aspirations, the highest attainments. The universal language will be harmony of soul best expressed by poetry and music.

In every deep experience there is something which eludes and baffles us. Spiritual meanings cannot be perfectly voiced in human language.

APRIL—SEED-TIME

IMMORTAL YOUTH

If you can hear the grass growing in April time,
If you can hear the blue bells ringing a fairy chime,
If in your heart quick pulse is beating, the pulse of
 Youth,
If with the birds you're daily singing, the songs of
 truth,
With Life divine you're overflowing, Immortal
 Youth!

PATIENCE

IF WE are willing just to wait, we often show ourselves greatest. It is wicked to crowd and push a slowly unfolding spiritual idea; yet we attempt to supply from our own petty experience the nourishment which God freely gives in living streams direct from His boundless wealth of wisdom.

LOVE IS VIGOR

A SUPREME LOVE is a motive that gives a sublime rhythm to life. To know the highest initiative of spiritual Love is to feel that the "Love of the Lord is our strength."

Or, as Ovid had it 2,000 years ago: "Our vigor is our immortal soul."

EXPRESSION

ON HIS seventieth birthday Victor Hugo said that he had not written the thousandth part of what was in him. He had a quenchless desire for a fuller expression.

Such a man defies material measurements of time, he grows rich in experience; his spirit mellows with the sweetness of life.

THE SYMPHONY OF SPIRIT

NONE CAN HEAR the sweet symphony of Spirit while listening to suggestions of self. The voice of God is heard only in moments of self-renunciation.

KIND THOUGHTS ARE FLOWERS

THE PERFECT flowering of a life, of a character, is more sacred than the growth of the little rose tree in the garden. Yet we do not probe, cut or worry the rose tree as personal sense tells us to wound the human life that we may assist its growth.

THE TRUE AND BEAUTIFUL

TO BE intimate with God is to think the most aspiring thoughts, to love the true and beautiful, whether out of doors, in books or in men.

THE SPIRIT QUICKENETH

WE HAIL with joy the world-wide spiritual unity, the quickening soul-life. As the visible flower is not life but is the outward expression of the mysterious force called life, so the finest, purest and divinest essence of true living is back of all creeds and organizations and not confined by them.

The flower of life, the sweet perfume of character, permeates the universe.

TRUTH IS CONSTRUCTIVE

THE DISCERNMENT of Truth blots evil out of thought and deed. Constructive judgment is busy purifying thought, in giving and receiving mercy.

THE PERFECT MODEL

WITH WHAT infinite pains the artist mixes, blends and shades his colors; a shadow there, a high light here, keeping the expectancy of that final touch which shall bring forth the highest concept of pure art.

Faithfully let us work upon the human canvas, painting the perfect character from the model divine Life.

THE MISSION OF GLADNESS

WE TAKE ourselves too seriously. Let us get out of a self-centered orbit and watch the vast spheres swinging through God's universe.

Nothing matters but to bud and blossom as naturally as the violets and lilies, and through our irresistible mission of gladness help mankind to sing—and work.

MAY—LIFE

MY POEM

Into my poem what shall go—
The joy of life and sunset glow,
A bit of blue sky, a robin's song,
Shall sorrow in my song belong?

My poem shall shine like a gleam of the sun,
Into sad hearts when the day is done,
Giving men hope for the day to come—
A lot of warmth and a bit of fun.

GOLDEN THOUGHTS

WE CAN accept thoughts as golden as daffodils, as bright as the May morning, or we can allow the blackness of earth's filth and grime to enter that sacred room called our consciousness of God. The bright, the beautiful thoughts are ours when we *accept* them.

ESSENTIALS OR NON-ESSENTIALS?

SHALL WE eat, dress, walk, talk, think as others do or shall we recognize the essentials of life and let go of the wearing, petty nonessentials? This is the question of the day and hour.

"NEITHER DO I CONDEMN THEM"

IT MATTERS not whether we are appreciated by those around us. Man is not the judge; his concept is weak, variable and faulty.

Stand square with God and win the approval of the voice within. "the all that is within thee."

"NEITHER SHADOW OF TURNING"

WHILE WE blame or censure some act we do not understand that the doer is perhaps shedding bitter tears or grieving because he does not see the way to walk.

THE FOUNTAIN OF LIFE

THERE IS a never failing fountain of water of life, rising up into bubbling freshness and purity of purpose in every soul.

“COME UNTO ME”

IT IS NOT preaching or advice men want. When one is cold, hungry and tired he does not need a lecture.

Sometimes a man is like a child wandering in a big lonesome forest, he is starving for affection. It is a warm sweet-scented dream he longs for, the feeling he had when his mother bent over his cradle and murmured low, “You’re *all better* now, precious one”—then she gave him a cuddle and tucked him in—why you know, you are a child again.

“REJOICE ALWAYS”

THE GLAD HEART never grows old but is renewed by the invigorating spirit of joy.

Perennial freshness and fairness flows from Truth’s spring of praise. Gladness enriches and purifies the water of life and overflows in a fountain of perpetual delight refreshing the weary and worldly.

FAITH AND INNOCENCE

DON’T PUSH men and women when they are striving for their childhood faith and innocence.

God knows we all want it.

“LET YOUR MODERATION BE KNOWN TO ALL MEN”

ESPECIALLY BE ON your guard against a desire to silence one who has expressed a religious experience or opinion out of harmony with yours. Such a desire cherished is a sign of advancing imbecility whether your years are a score or fourscore. (No senility is so *hopeless* as that of one who is *satisfied* with his knowledge and *sure of his opinions*. Foster every genuine religious experience. It continues *youth of life* into farthest maturity of years. To those who have the *vision of God*, the universe is always revealing the *new* and *marvelous*, and their eyes have the directness of *sincerity* and the *clearness of childhood*. Cultivate this vision. Keep near to God, and resist whatever *draws you apart from Him*, under whatever guise it comes.)

THE SECRET

TO BE ABLE to breast the world and still preserve the purity of childhood, this is the secret of the “holy of holies.”

JUNE—BEAUTY

BLOW, WINDS OF HEAVEN

Blow, fresh winds of heaven, today,
Blow my earth-thoughts far way
Over hill and dale and stream;
Blow me into childhood's dream
With woodsy folk and woodsy flowers,
With fairy fancies speed swift hours.

Blow, O winds, and sweeten life,
Keen and cold blow out the strife;
Blow the scent of new mown hay
Till in mind I romp and play,
With all life climb I above,
Understanding all is Love,
With all nature nothing loath,
Understanding all is growth.

CONTENTMENT

CONTENTMENT IS OURS and is the result of affirming that we have every bit of all-good within.

Dear one, have you not the slanting sunbeams, the song of birds, the laughter of children, and can't you imagine how the little brooks in the meadow at home go laughing, bubbling and rippling over the pebbles? Close your eyes and see the long cool shadows on the dancing lake! Every lovely and beautiful and tender word ever spoken by you, or to you, remains in your soul—a possession more truly than houses or lands.

THE FRAGRANCE OF LIFE

THE PERFUME of a beautiful life is like the fragrance from an old fashioned garden. It is immortal.

ALL IS OURS

ALL IS OURS, whether beauty of cloud, flower or bird—all that we know enough to appreciate and do not snatch for self.

Beauty fades when appropriated, a beautiful thought is forever immortal.

LET GO OF YESTERDAY AND SEIZE TODAY!

HERE IS a new day, what shall we do with it, make our own plans? No, those plans have been failures. Shall we come so fully into the divine

presence, yielding human will, that we may make the day sweeter for someone, satisfy some deep hunger, recognizing in another some fine trait.

INVISIBLE THINGS

IF WE constantly act as when we first catch a heavenly vision, the invisible will become the visible, our loftiest ideal will be realized, our ideal will be crystallized into fact.

THE SOUL OF BEAUTY

THE INVISIBLE beauty of spirit is the soul and substance of the outward perishable beauty.

The inmost heart rejoices eternally at that beauty of holiness which is immortal.

BE GLAD OF THE SIMPLE THINGS

LET US be glad of the simple, common things. Stoop and pick this flower, pause and watch that bird; then cheerfully take up the next duty.

CLIMB, SPIRIT, CLIMB!

GET UP on the hill-tops of life, look out on the wide places; stretch your soul-wings and breathe the invigorating air of the Delectable Mountains; thus will you escape the miasma of the lower plains of thought.

THE ATOMS MAKE THE UNIVERSE

OUR MASTER taught by parable—nothing was too small for His notice, the piece of silver, the lily, the sparrow, the grass of the field.

Are not the small things of life great when we look through the eyes of Truth?

DIG UP THE ROOTS

WELCOME EVERY new experience, every new burden, every change. Let them tear up long cherished plans, theories, cut and dried precepts! Is it not to enrich our tree of life by driving the roots deeper into the things everlasting? Deep in God we find the elements needful for soul growth.

“I WILL LAY ME AHOLD OF THE GREAT-
NESS OF GOD”

IDEALISM is the deepest realism. The craving of every weakened life to create—to express its spirit significance is the sign and seal of eternal life. To be aware of beauty is to be beautiful within.

JULY—GROWTH

THE GIFTS

God has given the noon to you,
The fresh glad noon to you;
Bright with sunlight gleaming
Down through blossoms streaming,
Down through rustling trees,
Quivering silvery leaves,
God has given the morn to you.

God has given the hills to you,
The high happy hills to you;
Climb you up with awe thrilling,
Look you out with soul willing,
O glad and golden world,
See thy plains unfurled!
God has given all to you.

CHRISTIAN

We are not with proud paraphrase a thought from
Ruskin.

A Christian is a person who has submitted to a law which it is often painful to obey that he may bestow a delight which is gracious to bestow.

"He only is educated in the artistry of life, to whom all his work is only a feeble sign of glories which cannot convey."

THE PANGS OF GROWTH

All growth is, in one sense, painful, that is, in the material sense. Growth is travail of spirit and life; even growing in power, perception and vision means that the pangs of spiritual birth are never absent until we "awake in His likeness."

BE AN INDIVIDUAL!

DEPEND NOT upon man or upon rules or theories laid down in books but let God speak to your soul and fearlessly follow the highest.

Within you sleeps the ideal which developed shall fill all life with power and beauty.

Pull out the stopper of limitation and the poetry of life shall pour forth with the vehemence of lava.

Open the heart as joyfully as the rose spreads her petals to the sun, then shalt thou blissfully give out the warmth of divine Love.

GRATITUDE

THINK THOUGHTS of gratitude for a few moments, and then will follow an exultant, joyous uplifting of the whole soul. "Be ye thankful."

"NOW IS THE DAY OF SALVATION"

WHEN THE MISTS of selfishness depart we will have our temples of thought filled with love, joy, peace, long-suffering, meekness, temperance, and then we shall let our conversation abound in Love. And *now* is the new day, the beginning of life.

KNOW GOD

It is simply impossible to know anything aright, if we do not know God aright.

"EXCEPT YE BECOME AS LITTLE CHILDREN"

PRIDE OF INTELLECT and scholarly achievements obscure the spiritual light which is the true knowledge, for "the word was with God, and the word was God."

The word, or quick-winged intuition, bringing the understanding of good, renews the mind by the power of the spirit. This power or light is beyond the intellect.

WEED OUT THE GARDENS OF THOUGHT

ANY ROOT of bitterness cherished towards another, any unkind judgments will paralyze our spiritual life.

The fruit of love and joy will be choked with the weeds of pleasure and malice.

“LIFT UP YOUR HEAD, O YE GATES”

WHEN WE lift up the heart unto the Lord we lift the spirit into the realm of divine law—the one law of the universe.

MORTAL CHIMERAS

IF WE are looking toward the Mount of divine Love, the fears and ghostly pictures of personal difficulties will vanish away; they are but mortal chimeras.

A CAUSE FOR GRATITUDE

HE WHO is growing must needs feel the pain of growth: satisfaction with self is stagnation.

The sign of inner warfare is growing discontent with human plans, human aims and human ideals.

AUGUST—JOY

ACROSS LIFE'S RAINBOW SPAN

Across life's rainbow span I strung in air
My seven sacred days—my days of faith and hope
and prayer;
Faithfully I told my passion week in beads,
Until Love changed my rosary to golden deeds.

“THE JOY OF THE LORD IS MY STRENGTH”

THE HAPPY frame of mind which sings with the birds is the highest attainment of Godliness.

Happiness consists in being content with what we possess.

Courage and joy are life. For one moment allow great courage to possess you and life will flow through your veins.

“LOVE ENDURETH ALL”

LET US have the mind which is in Christ. In other words let us be glad not only for the lofty plain of aspiration but for the lowly valleys of regret and human longing—knowing that the mist of unreality cannot long hide the glorious Sun of righteousness.

For every plane of human experience, for every new unfoldment, let us rejoice, knowing that we are ever enfolded in Love's harmony—the divine plan for man.

THE INNER POWER

YOU MAY be one of those men who walk about unconscious of their hidden power until some great test—some royal friendship—some supreme moment brings forth the hidden force, and behold there stands revealed a character of abounding vitality and spiritual wealth!

OUR DIVINE PRIVILEGE

IT IS OURS to assert the divine selfhood that is forever new and forever ours, because it is "God manifest." It is ours to clasp the Father's hand and feel His mighty heart of love throbbing for mankind.

LOVE NEVER FAILETH

LOVE DOES NOT ask for gifts but is content in giving.

Love is universal and delights in the good of all. It is not merely interested in its own family or a select circle of friends but embraces humanity in a big warm clasp of brotherhood.

POETRY IS INSPIRATION

THERE WAS NO conscious planning of metres in the poems of Job and David—the heart overflowed and defied the cold analysis of criticism, gushing forth in warm living streams. Thus the impassioned life is beyond the frozen intellectual process.

David's poems were wrung from him by the agony of sorrow or burst from him in the exuberance of pure joy.

ACCEPT LOVE'S WAY

IT MAY come through a gleam of sunshine, through a child's smile—it may gleam from a face in passing.

It is Love's way of speaking to thy soul.

“THE VISION OF THE ETERNAL”

WHEN WE have once faced eternity and caught a glimpse of the real life—never again can we be satisfied with the sense-life.

No more can a man who has come into vast possessions be content to return to babyhood and baubles.

“THERE IS NO UNBELIEF”

THERE IS a poem entitled—“There is No Unbelief” and he who walks with open eyes will be continually praising that marvellous artist who has formed and shaded the lilies of the field, given speed and cleverness to the swallow and the bee, lighted the flaming heavens, and clothed with beauty and grace the face of babyhood.

The divine immanence is manifested in the smallest as well as the greatest experiences of life.

SEPTEMBER—LABOR

A WISH

May we find smiles to scatter over life's way!
Sunshine for every rainy day,
A kindly word and a kindly deed
For a brother's human need.
May we welcome rebuke and kiss the rod,
And leave all the rest to the loving God.

THE WORLD IS AWAKE

THE WORLD is awake—freedom, sunshine, joy, these are the words which leap from book, picture, magazine, and even the daily paper.

Gloom is not the fashion—pessimism belongs to the dark ages.

GOD'S CHILD

GOD'S CHILD has no time for strife, envy, tale-bearing; he neither limits, hinders or curtails, his one aim and desire is the understanding of God.

NO SENSITIVENESS

IN THE LIGHT of Truth there is no sensitiveness. Who can hurt the reflection of God? Could a tramp take aught from the dignity of a king by reviling him?

THE FLIGHT OF SPIRIT

AS BIRDS beat against their prison bars, so the soul beats against material limitations, longing to try her flight in higher worlds—in the pure atmosphere of spirit.

DOING OUR BEST

OUR BEST is not to be compared with the best of some other one; doing our best is living to the highest we know at present.

A ROCK OF REFUGE

A well-loved text becomes a rock of refuge and affords mental steadiness, a stepping-stone to that higher altitude where we can prove the supremacy of Good.

THE WISDOM FROM ABOVE

ALL EARTHLY wisdom is but to teach man's ignorance of the real and eternal knowledge which is founded on principle.

TO THE DISCOURAGED

ARE YOU DISCOURAGED, look out, you will find others needing pity. Are you weak, look up, there is One who is strong. Are you longing for understanding, try to understand God.

THE CHRIST-PASSION

THERE IS A glowing passion for service, an unselfed love for mankind which the pure in heart recognize as the sign of service; the outward manifestation of the words, "The kingdom of heaven is within you."

DARE TO BE ORIGINAL

ORIGINAL? Is there a man in the world who does not borrow from all he hears, sees and feels? There is nothing new under the sun, only a rediscovery of

ideas as old as Time; an appropriation of thoughts which have forever lived and shall live on through Eternity. "Before Abraham was I am."

PATIENCE

IF WE WERE as patient with the faults of each other, as God is with our faults, the world would indeed become the Kingdom of Love.

COMPASSION

IF WE WERE as compassionate with others as we are to self, this world would indeed be a heaven.

Men are always self-compassionate but every follower of Christ must be enlarging the affections which impels the genuine healing compassion.

"NOT WHAT I AM BUT WHAT I HOPE TO
BE COMFORTS ME"

THE THING we have been for one exalted moment—the highest thing we have ever dreamed man capable of being or of doing—that is our real true self, the spiritual—and no one can take it from us—no false power is able to take it from us. We never can express what ignoble men wish us to express; we are noble and pure and true to the witness within.

●OCTOBER—FRUITION

GIVE!

Give hope and purify from self,
Give prayers and thou shalt find true wealth,
Give time and talents—thou shalt live
If thou of thyself truly give.

“RESTORE UNTO ME”

AMID ALL our wild, ignorant, confused thoughts, God's plan, like a sentinel bold, has stood over our life; bringing blessed order, restoring the joy of our soul.

THE APPROVAL OF WISDOM

IS OUR heart pure, our motive right; do we desire the good of all and not the glorification of self? then are we sure of the approval of wisdom.

THE ESSENCE OF LOVE

THE ESSENCE of spiritual love is not its tenderness alone, but its strength, its power of renunciation, its steadfast endurance, broad tolerance and its child-like purity of thought. “The pure in heart shall see God.”

WOO LIFE WITH SMILES

WOO LIFE with smiles, and she will smile back at you. Give her hope, joy and cheer; get out of your own light and light will stream in, for joy is man's God-given right.

DOUBT

CRITICISM AND DISTRUST are the twin angels of doubt and darkness which would shut man out of the kingdom of God. Death will not bring us to heaven; the understanding of life is within us for God is there.

A PRAYER

MAKE US AS little children, receptive, humble, gentle, loving, loyal, glad and forgiving.

Translate into sweet service all vagrant impulses. Make practical visions too lofty for language to reach, ideas born of God too pure for earthly speech.

OUR POINTS OF AGREEMENT

LET US think and talk of our points of agreement—not of our differences, then shall we find that in love of nobility and honor all men are alike.

PERSONALITY

WE CANNOT deify either our own or another's personality without becoming deeply steeped in material bondage. None shall be greatest in the Kingdom of Heaven.

THE MOUNT OF EXPECTATION BRINGS REALIZATION

LET US keep ever in the attitude of expectation of good, knowing that every new experience shall work out for us a far more exceeding and eternal weight of glory.

FRIENDSHIPS

FRIENDSHIPS ARE the frankincense and myrrh of life.

There comes a moment in every man's life where his friends stand for immeasurable experiences in

his thought-life. One may suggest power, another art, another gentleness; but gathering the sweetness of blended harmony life becomes a noble symphony, each chord deepening the melody of every other.

As in the old Persian fable of the clay which lay next to the rose, each life is touched by the fragrance of other lives. The deep significance of a perfumed life is in its friendships.

NOVEMBER—THANKSGIVING

A THANKSGIVING GREETING

Here's: praise for love overflowing;
For thought inspired, and good outgoing;
For brotherly love beyond our sowing;
Give praise to God!

A JOYOUS GREETING

WE ARE thankful this Thanksgiving day that our gifts will always flower into usefulness if we trust ourselves to divine Wisdom, and water our thought-garden from the living stream of humility and courage.

A THOUGHT OF LIFE

AS LIGHT dispels darkness so Truth by the purity of her presence searches every nook and corner of the Universe, renovating and bringing to the judgment-seat of mind every unhallowed thought.

FACE THE LIGHT

FACE THE LIGHT; look up and not down. If one cannot feel joy one can pretend joyousness and that is the first step to attainment.

LOVE AND LAUGHTER

FILL YOUR thoughts with love and laughter, with the picture of the highest experiences in life, then shall the quick-winged moments be filled with blooming, fragrant memories.

SELF-RIGHTEOUSNESS

BEWARE OF stubborn, self-satisfied will power. In the green pastures of God-given thoughts shall man find quiet and refreshment.

TURNING THE HEART UPSIDE DOWN

I HAVE BEEN thinking this morning of a great and noble character, and before his greatness my desires

were purified and exalted. He once said, "I am obliged to empty my heart of all bitterness and worry, even turn it upside down before peace and joy and love flow in and fill it full to overflowing."

GRASSHOPPERS AND HUMAN OPINION

GRASSHOPPERS: We may seldom think of grasshoppers, yet it is said the "inhabitants shall be as grasshoppers." When we fear public opinion, when we are afraid of what mortals have said or will think of our conduct, let us comfort ourselves with the thought, they are only grasshoppers; which means human opinion has no value whatever. It is nothingness. A grasshopper is never in one place more than a moment; mortal opinion hops about in the same insane manner.

IF WE KNEW

IF WE knew when we lie down on our bed at night that somewhere a brother man was struggling with a bitter loss, a deep sorrow, a mighty temptation, if we knew that at that moment his very faith in God and mankind was shaken, how gladly we would rise and go to him, giving of love. Since we cannot know and cannot go, we can silently realize that divine Love (God) is meeting every need and man is abiding in the "secret place of the Most High."

THE CHANNEL

EVERY NOBLE and self-sacrificing life is a channel through which God's goodness comes to mankind.

VICTORY IN OVERCOMING

LIFE, LIKE WAR, is a series of mistakes, when viewed humanely. The best general is not the one who makes the fewest false steps, but the one who wins the most splendid victories by the *retrieval* of mistakes.

FRUITAGE

NOVEMBER is the year's fruitage.

Like the last days of a man of genius it is the deep, rich, vital culmination of the splendor of the years.

November gives royally from her opulent Nature and back of the wealth of grain and fruit stand the unseen treasures of noble faith, enlarged resources, and purified affections—the invisible record of the process of growth.

DECEMBER—PEACE AND GOOD WILL

A CHRISTMAS GREETING

In the purity of this blessed Christmas-tide
May the spirit's sweet revealing
Bring thee peace and joy and healing.
May Life and Love be ever near your side
While you in truth with Christ abide.

GLADNESS

TO BE glad is good; gladness is service and he who serves is never lonely or unhappy. To serve is to love, and to love is to live.

THE COMFORT

IF THERE is a person whom we dislike, that is the person in whom we must see high and beautiful actions, or if we cannot at present see those qualities, we should with all tolerance expect the best; this will heal the root of bitterness back of all discord.

THE TRUE CHRISTIAN

NO ONE can casually meet the true Christian without feeling better or take his hand without realizing the sincerity of its clasp, or look into his eyes without remembering the pure in heart.

THE EVERYDAY MARTYRS

TO BE a martyr is not to march in battle or cheerfully step upon the scaffold, but it is to bear serenely the small, harassing vexations of each day, or to silently endure a deep sorrow none can know; to resolve anew each day—"this is my cross, therefore my greatest opportunity for growth."

GOD'S IMMEASURABLE LOVE

THE LOVE of God surpasses immeasurably the love of the tenderest mother; and this Father-Mother God does indeed love "His own."

Self-seeking, self-justification and the tumult of

the world by quest for name and fame are not "His own."

"LIVE EACH DAY AS THOUGH IT WAS THY LAST"

EVERY NEW day and every new moment is filled with experiences that represent new unfoldments of God's infinite goodness.

To live is to gain moment by moment a higher understanding of the most High.

THERE IS NO SEPARATION FROM GOD

NO HUMAN thought claiming intelligence, has power to separate God's child from the one and only source of good. Believe in the mountain-top experiences. Rest, dear one, rest in the allness, the completeness of God.

"LAUGH AND THE WORLD LAUGHS WITH YOU"

LET US listen to the laughter of the world—fight, toil, if we must, but keep hold of love and laughter, a medicine which starts the circulation, lightens burdens, rejuvenates and rejoices the heart. A wise man has said, "A merry heart doeth good like medicine."

WHAT FRIENDSHIP MEANS

FRIENDSHIP MEANS self-sacrifice, suffering, the greatest honesty, the highest usefulness, the most perfect test of a man's nobility. True friendship never monopolizes, but is willing to share the beloved one with all.

POEMS IN STARS

LIFT UP your eyes to the stars, for "He calleth them all by their names." Calmly, quietly they go on their shining way, without fear of man, without need of praise, a part of the great harmony of the Universe—silent poems of the marvelous ways of divine Wisdom.

