A Time Study

NURSING SERVICES in Small Manufacturing Plants

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FEDERAL SECURITY AGENCY Public Health Service



FOREWORD

In discharging its primary responsibility the promotion and maintenance of the health of the nation's workers—the Division of Occupational Health of the Public Health Service utilizes the knowledge and skills of a variety of specialized personnel. The medical, engineering, chemical, toticological, statistical, and nursing professions are among those contributing greatly to the work

Nursing consultants, upon request, make available to State industrial hygiene agencies, educational institutions, industries, and industrial nurses, their background of training in, and experience with, worker health problems. They assist in the preparation of educational materials and numerous research studies.

An increasingly urgent need, in recent years, has been for the development of information as to the amount of nursing service required in industry. The need for such information has been increased by the demands of the defense program, which have accentuated the shortage of nurses. To augment available data on this subject, the present study was undertaken in cooperation with the Division of Public Health Nursing of the Public Health Service. The data here presented, although quite significant, indicate that further research its produced of the public of t

Seward E. Miller, Medical Director Chief, Division of Occupational Health

ACKNOWLEDGMENTS

Appreciation is expressed to members of the Advisory Committee who assisted in planning the study. The committee was composed of V. P. Ahearn, Executive Secretary, National Sand and Gravel Association; Catherine Chambers, Industrial Advisory Nurse, Industrial Hygiene Division, Wisconsin State Board of Health, representing the American Nurses! Association; Mary E. Delehanty, past president, American Association of Industrial Nurses: Joanna M. Johnson, Director, Industrial Nursing Division, Employers Mutual Insurance Company: Mary M. Maher, Supervisor, Part-time Industrial Nursing Service, Visiting Nurse Service of New York, representing the National Organization for Public Health Nurses; and Harry Read, Executive Assistant to Secretary-Treasurer, Congress of Industrial Organizations.

We wish, also, to thank management, physicians, and nurses in the plants where the study was conducted, and the personnel of the industrial hygiene bureaus, State departments of health, for their splendid cooperation,

DEFINITIONS

- Direct nursing services shall include those services which are provided for an employee, and may be listed as follows:
 - a. Nursing care for industrial injuries and illnesses
 - b. Nursing care for nonindustrial injuries
 - Nursing care for medical complaints such as headache, colds, upset stomachs, and others
 - d. Interview regarding a health problem when no treatment is given, but care is directed toward health guidance
 - e. Immunizations
 - f. Health examinations, which shall include that part of the examination delegated by examining physician to the nurse, and may include such activities as obtaining health and occupational histories, vision testing, collection of laboratory specimens, and follow-up on physical findings
 - g. Home nursing, which shall include visits to the homes of employees for the purpose of giving nursing care, determining whether or not the employee is receiving adequate care, or for other related reasons
 - Interpretative services in behalf of an individual employee which shall include conferences with physicians, management,

- and supervisory personnel for the purpose of interpreting an employee's physical and emotional capacity as it relates to his productivity as a worker, or to interpret real or suspected effects of the work environment on the health status of the employee
- Recording (professional notes) on employee's individual record
- j. Review of records for follow-up purposes
- Indirect services shall include those activities which are performed in behalf of the employee in areas which affect his health; these may be listed as follows:
 - a. Educational activities, which shall include such activities as group teaching, preparation of articles for the plant paper, review and selection of pertinent health education materials, and the training (and supervision) of first aid workers
 - b. Environmental sanitation and safety, which shall include such activities as attendance at safety committee meetings, participation in the investigation of accidents, plant inspection, reporting of suspected environmental hazards, and other related activities
 - c. Reports, which shall include such activities as preparing compensation or accident reports, and collecting and tabulating data for preparation of monthly and special reports

- d. Administration of the health service, which shall include such activities as conferences with the physician or management for the purpose of discussing questions of operational policy and the preparation of manuals
- e. Maintenance of the health unit, which shall include such activities as cleaning and sterilizing instruments, setting up treatment tables and examining rooms, and other related activities
- Housekeeping, which shall include a multiplicity of activities which frequently the nurse must perform, such as putting away supplies, making beds, cleaning cabinets and equipment, dusting, and related activities
- g. Clerical work, which shall include such activities as answering the telephone, filing, typing, and other general clerical work
- Recreational program, which shall include such activities as the nurse may perform in relation to the plant program
- 3. Other activities shall include additional responsibilities which have been assigned to the nurse and which may or may not have a direct relationship to the plant health program. Also included in his broad category are professional activities and non-mursing activities which include non-neath service clerical work, and personal and unoccupied time.

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Early in the national emergency, the National Security Resources Board, realtising the shortage of nurses, asked the American Nurses' Association to estimate the number of nurses needed in the various feliads of nursing. This request was referred by the American Nurses' Association to the joint board of the six national nursing organizations. At a meeting called to discuss this question, the president of the American Association of Industrial Nurses expressed the hope that soons objective subsets could be made for meeded in the industrial health field.

At about the same time, the Division of Nursing Resources, Public Health Service, had been assisting the states in making studies of all nursing nervice needs, In an attempt to gauge industrial nursing needs, the ratio of 9 hours of nursing time per 100 employees per week was applied to the total working population. The resulting estimates, however, were so high in comparison with the number of nurses now believed to be employed in industry, that it was questionable whether that number of nurses was needed, or would find employment, in the field.

To meet in part the obvious need for more information on unring activities in industry, the Division of Occupational Health and Public Health Nursing agreed jointly to initiate a study. Because of Ilmited funds and time, it was decided to confine this study of nursing services to a sample of small manufacturing plants, Small plants were considered to be especially appropriate for such a study, since they employ over 70 percent of American workers. The majority of these plants have limited, on location, medical consultation, and the major part of the responsibility for the administration and the direction of the health program is vested in the plant nursetion of

NATURE AND SCOPE OF STUDY

OBJECTIVES

The objectives of the study were:

- To determine the scope of nursing activities in a sample of plants.
- To apply a time study method for the determination of the amount of nursing time spent on nursing functions and related activities.
- To secure additional information useful in formulating a methodology for determining the number of nurses required to meet employee health service needs.

SCOPE OF STUDY

The study was limited to twelve manufacturing plants in Goorgia and Connecticut, ranging in size from 7c to 1,479 employees. Each of eleven plants employed one fall-time nurses. It is not intended to imply either that the mursing services studied are representative of other health services existing in these states or in other industries throughout the country, or that they represent the optimum in occupational health programs. No attempt was made to evaluate the quality of nursing services. Innofar as possible, information pertaining to the politices and practices currently in use in the health services studied ever poted.

METHOD

The industrial hygiene bureaus of the State health epartments were requested to select in their respective tates good plant health services in moderately hazardous nanufacturing industries. Every effort was made to select plants of comparable size; but because of the difficulty encountered in finding plants having on-location medical consultation, the sample includes industries of fairly diversified size.

In preparation for conducting the study, an advisory committee was appointed to consult with the Division and to assist in defining the scope, content, and techniques for making the study.

Preliminary observations were made in industry for the purpose of clocking a random sampling of nursing activities and to select those which would lend themselves to timing. The publications Duties and Responsibilities of the Nurse in Industry! And Nursing Practices in Industrys/were also used as a basis for selecting items to be included in the questionnaire and for clocking.

Work sheets, including questionnaires, were designed to secure identifying data on the plant and information on the scope of the health program, as well as the professional policies under which the plant health service operates; and to record nursing activities observed and the amount of time spent on each activity.

Before the study was started in the selected states, a trial run was made in a plant to test the usability of the work sheets, questionnaires, and the techniques for making the study.

^{1/} Committee on Professional Standards, AAIN: Duties and Responsibilities of the Nurse in Industry, American Association of Industrial Nurses, Inc., New York, N. Y., 1949.

^{2/}Whitlock, Olive M., et al.: Nursing Practices in Industry. Public Health Bulletin No. 283. U. S. Government Printing Office. Washington, D. C., 1944.

During the study, seven working days were spent at each plant. The first day was spent in meeting and be-Soming acquainted with plant personnel concerned with the health program and in explaining the objectives and the purpose of the study. The nurses were requested to follow their usual routine and disregard, insofar as possible, the observer. The following five days were devoted to keeping a record of the actual time, in minutes, spent by the nurse on each separate activity which she perfor med. Activities which required less than one minute were not included, and the time was charged to the activity just completed or the activity which followed. This did not exclude a single visit made by an employee to the health service facilities. The last day was spent in filling in the previously prepared questionnaire and in preparing a job description which included those activities for which the nurse was responsible.

It is obvious that a week is too short a period to Observe every activity for which the nurse may be responsible. In an effort to obtain additional data, the nurses were asked to keep a record of the time spent on each activity for one month and to estimate the hours spent on Decord areas of function. A was found that nother of these broad areas of function, a was found that nother of the heavy work load in some plants and that the cause of the heavy work load in some plants and that the cause of the heavy work load to catimate, with any degree of accuracy, the number of hours spent on broad areas of function,

The plants studied manufactured such article as food, food containers, textiles, chemicals, clothing, cosmetics, metal novelties, and railroad equipment and testing instruments.

Table I shows by plant the numbers of employees and health service personnel. It will be noted that approximately I,000 dependents of the workers in plant 3 also used the health service facilities. Cliercal service wassaculable to the nurse and physician in two plants. All plant health to the nurse and physician in two plants. All plant health call facilities had maid or porter service for general releaning, and five plants had additional part-time maid or profer housekeeping duties, nuclearly and the plant of the nurse health of the plants had additional part-time maid or profer housekeeping duties, and a similar routine duties.

With one exception, a physician was employed by the industry to visit the plant and to give consultation on medical questions and problems. In one of the plants a physician was on call for emergencies and was available to consult with the nurse on specific medical questions which arose.

The administrative responsibility for nursing activities in the plants studied was vested most frequently in the personnel director, with the president or other executive and the plant manager ranking second. In one plant the nurse was responsible to the vice president through the personnel director, and in the three other plants the personnel director, and in the three other plants the the full-time plant physician, the industrial relations manager, and the production manager.

Table 2 shows the education and work experience of the thirteen nurses employed full-time in the twelve plants included in the study. Seven of the nurses had some college work. Of these seven, one had a degree in nursing education. Two others had three years of college study, one have

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Table 2. - Naplies to questions connerming education and experience of 13 marses; observations from nursing study of 12 plants with fewer than 1,500 exployers, 1951 3 208 1 32 2 90 8 pro |5 pre | 36 pre | 3 pre | 19 pre | 1 pr 욡 9 3 33 3 33 H å R 2 35 728 a k н 2 H 3 375 н lurse number 2 % G ŝ н å ů 35 St ě 9 rt 8 yrs 30 ct -12 å 잁 9 32.8 3 2 엹 9 323 8 yes ž E di 808 ê Dogree Preditts courses Courses (not matriculated) ndustrial number General duty Tivate duty Smerripton Public health mursing ... hysician's office filtery borstory Clinical post graduate Mincetion and experience natitutional:

majored in mursing efocuation and one in public health nursing.

Another one half 5 college credits and a conrect in industrial.

Invaring. One had a l-credit course in industrial mursing, at

the university. Three of the thirteen had clinical post-graduate

university. Three of the thirteen had clinical post-graduate

university courses, one in anesthesia, one in politomyelitis, and

one in pediatrics. Five of the thirteen had no formal education

esperince following the trunger's training course.

The work experience of the nurses is indicated in table 2.

Eleven of the thirteen nurses were members of the American Association of Industrial Nurses, and ten were members of the American Nurses' Association.

FACTORS INFLUENCING FUNCTION OF NUR

PLANT POLICIES

There was minor variation from plant to plant in the scope of the occupational health programs, as shown in table 3.

Preplacement health examinations were given to all employees in the twive plants. Eight plants provided periodic health examinations to all employees, and we opported that these examinations are given only to factory the state of the semily of the semily

Eight plants reported some activity in the area of recreational programs. One of these was sponsored through community resources, and another one was relatively limited.

Table 3. — Replies to questions concerning plant policies affecting health nervice work-load; observations from mursing study of 12 plants with fewer than 1,500 employees 1951. (Replies received from all 12 plants.)

Question	plants replying in affirmative	
Are preplacement hewlth examinations given to all employees?	12	
Are periodic health examinations given		
All employees?	8 2	
Is there a recreation program for employee group?	8	
Are employees required to report to the health service before reporting off duty on account of illness and injury?	10	
Are employees required to report to the health service before returning to work following an illness or injury?	12	
Are home visits made to employees?	8	
	0	
Is there a program for health and selety education?	12	
Does the plant participate in community mass-survey activities?	11	

31

Ten plants requested employees to visit the health service before reporting off duty because of illness or injury, and employees in the other two plants were encouraged to do so.

All tweive plants requested employees to report to the health service following absence because of illness or injury. In this connection, the length of absence varied from one day in some plants to one month in another.

Home visits were made by nurses in eight plants. In five of these plants the visits were infrequent and on a selective basis.

All twelve plants reported some activity in health and safety education.

Eleven of the plants participated in community chest X-ray surveys. The twelfith plant, which did not participate, took chest X-rays on all employees at the time or mployment and when periodic health examinations were represented in the participated in the synthia survey, the plants in one tate participated in the synthia survey.

PROFESSIONAL POLICIES AND PRACTICES

Established professional policies and practices were relatively uniform, as shown in table 4.

None of the health service facilities had a completed nursing procedure manual, but in two plants the nurses were preparing such a manual which will include the functions of the nurse, emergency orders of the care of employees, procedures for selected nursing treatments, and other pertinent materials. Several place had a manual which contained the policies of the company as a manual which contained the policies of the company in the process of the company and they had insorted in this manual the plant physiciant's approved orders for emergency treatment.

Table h. — Replies to questions concerning professional practices; observations from nursing study of 12 plants with fewer than 1,500 employees, 1951. (Replies received from all 12 plants.)

Question	Number of plants replying in affirmative
Is there a nursing procedure manual?	2
Are there physician-approved written ordere for emergency treatment of employees?	8
Are redressings or other follow-up treatment given to employees with compenselle disabili- ties?	12
If yes, are the physician's orders for treatment secured in a. Writing? b. Orally?	11 1
Are treetments requested by private physicians for other than compensation cases given in the health unit?	12
If yes, are the physician's orders for treatment secured in a. Mriting? b. Grally?	11
Is a trained first aid worker responsible for emergency care when the murse is absent from the unit?	. 8
Are individual cumulative health records kept for each employee?	7*
Are health records kept confidential?	12
Does the murse substit reports to management? .	. 12
Is nursing consultation available to the nurses?	12

^{*} The 3 plants which kept only compensation and health examination reports in an individual folder are not included.

Elight of the plants had physician-approved written orders for emergency care of sick or injured employees. Five of the written orders had not been reviewed since early 1950, and one, which was dated prior to 1950, had not been reviewed by the present plant physician.

All twelve plants reported that redressings and follow-up treatments are given in the health unit to employees who have compensable injuries or Illnesses. The amount of care given varies, depending upon the physical facilities and the wishes of the physician who is caring for the patient. Eleven of the nurses reported that caring for the patient, and the proposed of the compensation of the compensation

All twelve plants reported that selected treatments and medications are given to employees when requested by their private physician for conditions other than compensable injuries and illnesses. Eleven of the nurses reported that they obtained written orders from the physician for all medications, and one accepted both written and werbal orders.

In seven plants cumulative health records, which incorporated all available information on the health of an individual worker, were kept for each employee. In three others health examination reports and records of each employee are a compensable nature were filed in individual folders of ceach employee, but all recordings of visits were made in a log book. In one no provision had been made enforted the process of the proce

All nurses reported that they submitted reports to management on a weekly, monthly, or annual basis. These reports included a count of visits according to varied classifications. A few reported that a narrative was included, but those reviewed contained only a sentence or two which served to clarify a segment of the statistical report.

Nursing consultation services from the State health department were available to all nurses, and one nurse had access to nursing consultation from the plant's insurance carrier. All of the nurses knew their consultant, but the majority seemed vague as to what kind of help they might expect from her.

JOB RESPONSIBILITIES OF NURSES

There were minor variations in the broad areas of work in which the nurses functioned, but considerable variation in the degree of responsibility in these broad areas, as shown in table 5.

Nursing Care for Injuries and Illnesses.—In the area of direct services to employees all nurses were responsible for emergency nursing care of industrial illnesses and injuries, nonindustrial injuries, and medical complaints, and for interviews recarding health problems.

Immunizations.--Six nurses carried some responsibility in an immunization program. Two gave influenza vaccine annually to all employees upon request. One gave typhoid

Table 5. -- Replies to questions conserning job responsibilities of marsing personnel; observations from mursing study of 12 plants with fewer than 1,500 employees, 1951. (Replies received from all 12 plants.)

Question	Number of plants replying in affirmative
Direct services	***************************************
Gere industrial illnesses and injuries	12
Dare non-industrial injuries	12
Care medical compleints	12
Interviews regarding health problems	12
Realth examinations	12
Vision teating	1 7
	l à
Temperature, pulse, respiration	Ä
Ricod pressure	1 3
	1 5
Laboratory tests	6
	l à
Blood work	i è
	i i
	î
Electrocardiogram	i î
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	1
	12
decording of professional notes	12
	9
Indirect services priremental sanitation and safety	
invironmental canitation and safety	12
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	18
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erical (non-health service)	
re for dependents of employees	,
	4

vaccines; another gave typhoid, diphtheria, and tetanus vaccines and vaccinations; and two gave immunizations of various types at infrequent intervals.

Health Examinations.—The aurses in all twelve plants participated in the health examination program. The specific functions for which they were responsible varied widely. Ten secured all or a portion of the employee's personal and medical history. In two plants the physician obtained the history, Vision tests were performed by seven nurses, three of whom used an approved vision-testing machine. Hearing tests, when performed, were done exclusively by the physician. Eight nurses took temperature, pulse, and respiration, Ten measured height and weight. Only three took blood pressure readings.

Nine nurses were responsible for collecting some laboratory specimens. Two collected only urine specimens, four collected urine specimens and drew blood for Kahn tests; three collected urine specimens and blood specimens for determining red and white cell counts and hemoslobin.

Nine nurses were responsible for some laboratory tests. Simple routine urinalyses were performed by eight nurses, three of whom did microscopic tests when indicated, Five did some blood work. One did red and white counts on a selective basis and as ordered by the plant physician, and two determined hemoglobin only. Red and white cell counts and hemoglobin were done by two nurses, one of whom had been a laborate was responsible for taking X-rays and performing basal metabolism and electrocardiogram tests.

Eight of the nurses chaperoned women workers during the health examinations. Eleven nurses shared responsibility with the physician for interpreting to employees the physical findings. One acted as secretary to the physician and recorded his findings. Home Visits,...+Home visits were a responsibility of eight nurses, five of whom made home visits infrequently and on a selective basis. Two visited all ill employees, and one of these nurses was responsible for taking application blanks to employees entitled to make a claim for benefits under the sick benefit blan.

Interpretative Services. --All nurses were responsible for some interpretative services on the health status of employees to management, the plant physician, private physicians, and other community health and social facilities.

Recording .-- All nurses were responsible for keeping a record of services rendered.

Review of Records for Follow-up. --Nine nurses considered themselves responsible for reviewing their records for follow-up purposes.

Santiation and Safety, -- in the area of indirect services all nurses were responsible for some phase of the santiation and safety program. One was responsible for the entire sanitation and safety program in the plant. Two participated only to the extent of sharing any observations or information bearing on the plant safety and sanitation program. Plant tours were made by eight nurses. Of those, one was responsible for the supervision of the sanishroom of the cafeteria, washrooms, dressing rooms, and tollets. Four participated in the investigation of accidents. Nine were members of the safety committee, two of these nurses serving as secretaries of the committee.

Reports.--All nurses were responsible for preparing reports for management on the activities of the health service program. Nine were responsible for compensation, and three, for reports on absenteeism.

Administration of Health Service,—Eleven nurses were responsible for the management of the health service facilities, and one carried a portion of the responsibility when the full-time physician was not on duty. All considered it their duty to secure physician-approved written orders for emergency care of sick and injured employees, but four had so that the contract of the contra

Educational Activities, .-Eleven nurses were responsible for some phase of an educational program. Then reviewed and selected health education materials. Seven trained and supervised the first-aid workers. Two prepared articles for the plant paper, and four were responsible for group teaching. One held classes twice a year on personal hygiene; another participated in the in-service training program for supervisors on small and the fourth held classes on personal subjects as the need indicated. Three were constituted to the program of the pr

Housekeeping and Maintenance of the Health Service Facilities.—All nurses were ultimately responsible for the maintenance and housekeeping of the health service facilities, but two had sufficient maid service so that their primary function in this area was the supervision of the maid.

Clerical Work.—All except two nurses were responsible for the major part of the clerical work originating in the health service. Two had half-time clerical workers, with access to their nervices at other times during the day. Three others had some work done in the main office whenever the clerks were available.

Recreation Programs. -- One nurse was a member of

Miscellaneous Activities.--One nurse was responsible for emergency care for dependents of the employee group, for conducting a child health clinic, and for the administration and supervision of a nursery for pre-school children.

Two nurses were responsible for non-health service general clarical work in the plant; one, for two hours of clerical work per day; and the other one, for general clerical work when time was available. A third was occasionally given clerical work to perform when the office clerks in the plant were overburdened.

Two other nurses were responsible for ordering flowers for employees who were off ill.

Outside Activities,—In addition to responsibilities connected with the health program, five nurses he ld offices in their local industrial nurses! association, Two were presidents of the local club, one of them also serving as vice president of the State Industrial Nurses! Association. One was a member of the board of directors of the State Industrial Nurses! Association of the was a temperated by the state Industrial Nurses! Association of the was a temperated by the state of the State Industrial Nurses! Association of the State Industrial Nurses Industrial Nurses! Association of the State Industrial Nurses Industrial Nurses! Association of the Nurses!

ACTIVITIES PERFORMED BY NURSES AND CLOCKED DURING WEEK OF OBSERVATION

With one exception, the regular work week for nurses in the twelve plants studied was 60 hours. One purse worked 36 1/2 hours per week. Because all of the nurses, except two, considered themselves on call for emergencies dring the lunch period, the percentage distribution of time has been calculated on the basis of the number of hours speni from the time that the nurse entered the plant in the morning until Tables 6 and 7 reflect the experience of unress in plants grouped according to the size of the employee population: those under 250, 250 to 499, 500 to 999, and 1,000 to 1,499; hereafter, these four groups will be referred to as groups A, B, C, and D, respectively. Eleven plants were served by one nurse each; the welfth plant had two nurses. This plant falls in group C,

Since the analyses showed no marked sex differences with reference to the utilization of the health services the data for males and females have been combined in the material that follows.

It is quite probable that there would have been a different percentage distribution of time among the specific activities if observations had been made at another period, for example one month earlier or later.

Table 6 shows the percentage distribution of nursing time according to specified activity, while table 7 shows the number of direct services per 100 employees, according to specified activity. In this connection the number of direct services refers to the number of employee visits.

DIRECT SERVICES

It will be noted in table 6 that the percentage distribution of nurses' time spent on direct services varied from 23 percent in group A, to 54 percent in group D. Table 7 shows that the volume of work varied from 17 services per 100 employees in group D to 82 services

		of ple	est (mabe		оуваа)	
Astivition	plants	-		roup		
	prants		В	0	D	
		Perce	est of mur			
All sotivities	200.0			100,0	100.0	
	Direct services for employees					
Total direct parmicus	12.7	22.9		1,5,8	53,6	
Care for industrial injuries and illnesons	6.1	2.3	7.0	5,2	3,8	
Care for nonindustrial injuries	1.9		7.5	1.6	7.7	
Care for medical complaints	23.3	7.7	10.2	19.0	17.6	
Interviews regarding health problems	2.4	1.4	3.1	1.3	2.4	
		-			1	
True wiels	6.5	2.9	2.8	12.5	11,8	
Tome visite Interpretative services in behalf of	1.4	-	2.6	-		
tediators) consider in bearing of			1			
incording	4.0	3.3	5.3	5.4	3.6	
Savies of records for follow-up purposes	6.5	6.5	6.7	4.6	13.3	
Others	1 43		.,,	.1	-	
	4.		.8			
Batal data and	In		ervices i	or employ	103	
Total Indirect ceretees	28.9	30.7	26.0	33.0	22.6	
SCorntional motivities Environmental santistion and safety	.7	5.0	-3		1	
Seports	1.9	4.6	2.3	1 16	8.1	
identiatration of bealth service	1.7	7.3	2.3	1 3	2.2	
	2,6	8.9	3.0	1.0	616	
	4.1	2.7	3,6	5.6	2.2	
	4.5	4.9	6.0	6.2	.6	
screation program, others	33.5	11.5		28.1	10.1	
	.,2					
Total other activities		Othe	0ther settrities			
are of dependents and superstates of nursery	20.4	30.0	32.3	25.2	25.8	
	1.3	~	3.6	-		
	-1 [-	.3		1 -	
	.)	.2	1 .5			
	2		14.6	8.5	1 =	
	13.5	27.1	14.6	8.4	11.4	
	3.6	7.2	8:2	8.0	7.0	
		4.3	4.2	1.5	7.0	
mber of house or date	4.1.23	. 1				
aber of hours on duty	552.4	12.5	302.5	373.7	43.7	
maker of hurse on duty	552.4	1	7 1		43.7	
maker of house on duty maker of plants maker of plants maker of supleyees	562.4 12 6.597	26	2,464.00	2,576	1	
meer of mease	552.4	1	7 1		43.7 1,479 182 1.297	

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Table 7. — Musher of direct services per 100 employees eccording to specified service during a veek of observation; nursing study of 12 plants with fewer tham 1,500 employees, 1951.

	Size of				loyeas	
Services	All		OVID	up		
	plants		В	0	D	
	Mumber					
Total direct services	36.1	81.6	46.1	34.0	27.4	
are for industrial injuries and	1	i			1	
illnesses	6.0	13.2	10.6	3.8	1.8	
are for nomindastriel injuries	2.0 18.0	1.3	3.5	1.4		
are for medical complaints	18.0	36.8	17.6	22.3	10.1	
Interviews regarding health problems	1.8	36.8 5.3	3.3	.8	8.	
Communications		-	.1		-	
foalth exeminations	1,8	2.6	1.5	2.2	2.4	
tome visits	.2		6		-	
(mterpretative services in behalf of						
individuel employees	3.1	7.9	5.7 L.6	2.0	1.5	
bearding	3.0	13.2	4.6	2.0	1.5	
teriew of records for follow-up						
purposes	3	1.3	.2	.1	-	
Minera	.1	-	-11	.1	-	
verage number of employees	6,597	26	2,464	0 PH	7 LT0	

^{*} Loca than .05 of 1 percent.
Note 1. Dach (--) indicates activity was not performed by murae during week observed.

Note 2: The 12 plants elassified by size into 1 groups (under 250 amployees, 250-h99, 500-999, and 1,000-1,109) ere referred to in the text as groups A, B, 0 and D, respectively.

in group A. An average of 36 services per 100 employees was rendered by all nurses, and 43 percent of their time was spent on activities in this category.

Industrial Injuries and Binesses, --Time spent on the care of industrial injuries and illnesses varied from 2 percent in group A to 8 percent in group B. The number of services rendered per 100 employees varied from 2 in group D to 13 in group A. An average of 8 services per 100 employees was rendered by all nurses and accounted for 6 percent of their total time.

Nonindustrial Injuries, 4-Time spent on the care of nonindustrial Injuries varied from less than I percent in groups A and D to 2 percent in group B. The number of services rendered per 100 employees varied from less than I in group D to 4 in group B. An average of 2 services per 100 employees was rendered by all nurses, and 2 percent of all nurses' time was spent on this activity.

Medical Complaints.—Time spent on the care of medical complaints was higher than for any other direct service. The range varied from 8 preceding from 9 to 19 percent in group A. The number of services rendered per 100 employees wated from 10 in group D. Of a services in group A. The average of 18 services per 100 employees wated from 10 in group A. An average of 18 services per 100 employees was rendered by all nurses, and 19 percent of all time was spent in this activity.

Interview Regarding Health Problems.—Time spent on this activity was observed in eleven plants and varied from 1 percent in groups A and C to 3 percent in group B. The number of services rendered per 100 employees varied from less than 1 in groups C and D to 5 in group A. An average of 2 services per 100 employees was rendered by all nurses and accounted for 2 percent of their time. The amount of time spent and the number of services rendered the

do not reflect the total activity in this area because some health information was also given to employees visiting the health service for another reason.

Immunizations.--Immunizations were given in one plant during the week of observation, and the time consumed was relatively negligible.

Health Examinations .-- Time spent on health examinations varied widely, from 3 percent in groups A and B to 12 percent in group C. The number of health examinations performed per 100 employees ranged from 1 in groups B and D, to 3 in group A. An average of 2 examinations per 100 employees was performed, and 7 percent of all nurses' time was spent on this activity. There were many reasons for this wide variation, particularly with reference to time. For one thing, various types of health examinations were given; these ranged from a relatively simple health examination to a rather complete one, in-Cluding X-ray of the chest; the determination of red and white cell counts, and hemoglobin; and urinalysis. In one plant additional X-ray pictures and laboratory tests, such as basal metabolism rate, electrocardiogram tests, and others, were made when indicated. Another reason was the varying degree to which the plant physician delegated responsibility to the nurse.

As was indicated previously, table 5 shows the extent to which the nurses participated in the performance of heatth examinations. However, this table does not indicate the completeness of the activity. For example, the marses took histories in several plants; but the health histories taken in some plants were much more complete and detailed than the ones taken in the other plants. In like manner, vision testing was done by the nurses in 7 plants; but in some plants a Snellen chart was used, while in others an approved vision testing machine was used, and the examinations were thus more time consuming. It will also be noted in table 5 that five nurses were responsible for laboratory blood tests, but again, in some plants these tests were more than in others.

Home Visita.—Home visits were made by three nurses in group B during the week of observation. This activity accounted for 3 percent of their time, and the number of visits made was less than 1 per 100 employees. There was a wide variation in the amount of time apent by these three nurses. The primary reason for this variation was the travel time involved. In one plant all employees visited the travel time involved, in one plant all employees visited the employees level such cases of the plant. In another plant he employees lived accessed the plant, in another plant areas, and slightly over 67 percent of the time spent on home visiting was actually travel time.

Interpretative Services.—Time spent on providing interpretative services regarding the health status of individual employees to management, plant physician, private physicians, and others varied from 1 percent in group A, to 5 percent fin group B, B accounted for 4 percent of all nursing time.

In those plants where the greatest activity was observed in this area, the nurses acemed to have effective working relationships within the plant as well as with private physicians and other agencies within the community. For example, in two of the plants the personnel director, nurse, and plant physician worked closely on job placement and on the follow-up of closely on job placement and on the follow-up of late the property of the property

Recording, -- Recording of professional notes on the employee's cumulative health record is generally considered to be a part of the service given to an employee. However, to save the employee's time when the health service is busy, many nurses use some type of log where they enter his name, together with notes on services provided. Later, as time permits, these notes are amplified and transferred to the employee's record. Therefore, the number of services in connection with recording in table 7 refers to intervals of recording rather than to the number of individual records written during the week of observation. The time spent on recording varied from 5 percent in group C to 13 percent in group D. The number of intervals per 100 employees devoted to recording varied from 2 in groups C and D to 13 in group A. This activity accounted for 7 percent of all nurses' time. In group C one nurse dictated most of her notes to a part-time secretary, while the other nurses did their recording in long hand. There was considerable variation among plants due primarily to a variety of record systems, some of which were more complete than others.

Review of Records for Follow-up Puposes.--Review of records for follow-up purposes was observed in seven plants in groups A, B, and C. The time spent on this activity was less than I percent in all groups.

Other.--Other activities in the area of direct services were observed in three plants in groups B and C and consisted primarily of telephone calls to and from employees who were off duty ill; in one instance, a sick employee was accompanied to his home.

INDIRECT SERVICES

It will be noted in table 6 that there was considerable variation from group to group in the amount of time spent on indirect services. This was probably due primarily to the size of the employee population, differences in the scope of health programs as they affected the function of the nurse, and the amount of clerical and housekeeping assistance which was provided to the health service. The time spent on indirect services varied from 23 percent in group D, to 39 percent in group A. All nurses spent an awerage of 29 percent of their time providing indirect services.

Education.—Educational activities directed toward the employee groups were observed in six plants during the weak of observation. The time spent varied from less than 1 percent in groups B and C to 5 percent in group A. Activities observed consisted of reviewing health education materials, preparing articles for plant papers, and setting up exhibits.

Environmental Sanitation and Safety.—Time spont on programs of environments is annitation and safety ranged from less than I percent in group C, to 5 percent in group A. All nurses spent an average of 2 percent of their time in this activity. Activities observed consisted of plant tours, attendance at safety committee meetings, participation of accidents, and conferences with the safety dispation of accidents, and conferences with the safety dispation of accidents.

Reports.—In nine plants time was spent on reports to management during the week of observation. The amount of time spent varied from less than 1 percent in group C to 7 percent in group A. Reports were prepared on monthly activity, compensation costs, and absenteeism. In addition, special reports were prepared, as requested by management,

Administration of Health Service,—All nurses spent time during the week of observation on the administration of the health service. The amount of time spent ranged from 1 percent in group C, where one plant employed a full-time medical director, to 5 percent in group D. Activities observed consisted of conferences with management and the plant physician regarding policy, planning orderings in the plant physician regarding policy, planning or the plant physician to the plant physician expension of the plant physician expension of the plant physician continues of the plant injured employees, redesigning of record forms, and planning for new equipment.

Maintenance of the Health Unit, "-Time spent on the maintenance of the health unit veries from 2 percent in group D to 6 percent in group C. An average of 4 percent of the total time of all nurses was spent for this work. Activities observed consisted of cleaning and sterilizing instruments and equipment; setting up treatment table and examining rooms; refilling stock bottles; and checking, cleaning, and replenishing first-aid kits.

Housekeeping,—Time spent on housekeeping activities ranged from less than I percent in group D to 6 percent in group. C. This activity accounted, on the average, for 5 percent of the total time spent by all the nurses. Activities observed consisted of storing supplies; making beds; dusting, cleaning, and arranging cabinets; folding gause bandages; and cleaning laboratory glassware and safety equipment.

Activities having to do with the maintenance of the health unit and housekeeping have purposely been grouped separately because it was believed that there might be some difference of opinion as to whether or not some of the activities listed under the maintenance of the health unit require the professional skills of the nurse, I should be stated at this time that hospitals and public health organizations have demonstrated that trained aides can perform most, if not all, of the activities grouped under the maintenance of the health unit.

Health Service Glerical Work.—Time spent on health service clerical work ranged from 10 precent in group D to 18 percent in group D to 18 percent in group C. One of the plants in group C was staffed with two murses, and it had an extremely busy health service and no clerical assistance. Activities observed in this area consisted of answering the telephone, filing, typing, making tabulations for statistical reports, preparing routine reports, and writing routine letter.

Recreational Program and Other Activities. -- One of the seven nurses in group B spent 2 percent of her time on the employee recreational program during the week of observation. Another nurse in group D spent time on miscellaneous welfare services.

OTHER ACTIVITIES

Other activities included a group of misceilmanous activities assigned to the nurse, lunch periods, rest periods, and non-nursing activities, which include non-nealth service clerical work, and personal and unoccupied mr. Time spent on other activities ranged from 20 percent in group C to 39 percent in group A. See table 6, See table 5,

Care of Dependents. --One of the seven nurses in group B spent 18 precent of her time during the week of observation providing emergency care and preventive services for dependents of the employee group. Activities observed consisted of administering and supervising a "nursery for president of administering and supervising a "nursery for preschool children" conducting a child health chinc for preschool children and present the service of time was devoted to this activity. Liaison Activities with Community Agencies.—One of the seven nurses in group B spent 2 percent of her time during the week of observation on liaison activities with community agencies, which included a conference with the local visiting nurse association regarding their respective programs and a similar conference with the department of health.

Professional Organizational Activities,...-The nurse in group A and two nurses in group B spent time carrying out officer responsibilities in connection with their professional nursing organizations. The time spent was less than I percent in both groups. Activities observed consisted of planning an agend for a meeting, revelwing by-laws for the local industrial nurses' club, handling telephone calls to and from club members regarding plans for the meeting, and similar activities. The plant managements seemed to accept the fact that their nurse had a responsibility in this area, and one personnel director told the observer that they were proud that their nurse held an office in her professional organization.

Professional Reading...-During the week of observation two nurses in group B and one nurse in group C spent time on professional reading and in consulting technical references for information on medical and health problems which had been presented to them by employees. The time spent ranged from less than 1 percent in group B to 3 percent in group G.

Non-Nursing Activities, --Time spent on non-nursing activities ranged from 8 percent in group 6.27 percent in group A. An average of 14 percent of all nursing time was spent in this area. Observations in this category included non-health service clerical work, making change for wending machines, ordering flowers for sick employees, personal and unoccupied time.

Non-health service clerical work, typing and proofreading, was observed in three plants, and the time spent ranged from 1 percent in two plants to 2 percent in another. The average for the three plants was 2 percent.

Time spent on personal items ranged from less than I percent in one plant to 10 percent in another. Four spent less than Z percent of their time on personal items, while four others spent less than 5 percent.

Unoccupied time was observed in eleven plants, and the time spent ranged from less than I percent in two plants to 31 percent in another. The larger percentages were observed in two plants. One plant had less than 15 minutes; four had less than one-half hour, and another four had between I and 3 hours of unoccupied time.

The amount of unoccupied time observed may have been due to several reasons. Four nurses reported their units less busy than usual during the week of observation. Some surses may have functioned differently with an observer present. In some instances, they may have lacked the ability and knowledge to utilize time when the flow of work dropped below the usual level.

Scheduled lunch periods varied from 30 minutes to 1 hour, depending upon the policy of the plant, All except two plants had a cafeteria or lunch bar, and the time spect two plants had a cafeteria or lunch bar, and the time spect two plants had a cafeteria line, to be served, and to eat lunch the cafeteria line, to be served, and to eat lunch produced the served of the served of

In eleven plants all employees were allowed rest periods varying from 10 to 15 minutes, depending upon the policy of the plant. The time spent varied from 1 percent in group C to 5 percent in group D. The all-plant average was 3 percent.

SUMMARY OF EXPENDITURE OF NURSES! TIME

Table 8 shows a summary of the expenditure of surses' time during the week of observation. As anticipated, the amount of time spent on direct services to employees increased as the employee population increased, in contrast creased as worrage time devoted to providing services to individual employees decreased as the employee population increased.

Other data secured and tabulated, but not included in the tables, show that there was wide variation in the way in which nurses! time was utilized, even in plants of comparable size. For example, in group B, which includes plants ranging in size from 250 to 499 employees, there was considerable variation in the demand for services from the employee groups. In one plant with an employee population of 300, a total of 48 ervices were rendered in the examinations; while in another plant with 363 employees a total of 190 services were rendered. In examinations; while in another plant with 363 employees a total of 190 services were rendered. The amount of time spent on providing these services ranged from 17 to 32 percent. This same type of variation occurred in group C.

In the area of indirect services there also was considerable variation from piant to piant in the way in which nurses! time was utilized. In six plans nurses apent time on educational activities, but the time varied from less than 1 percent in four piants to 8 percent in another. Time was spent on sanitation and safety in all plants, but the amount varied from less than 1 percent in five plants to 8 percent in another. Without exception, the largest block of time spent in the area of indirect service was on housekeeping, maintenance of the health unit, and general health service clerical work. These activities accounted for 22 percent of all nursing time during the week of observation.

Table 8. — Summary of expenditure of marsing time, and scitivities performed, during a week of observation, by size of plant; mursing study of 12 plants with fewer than 1,500 employese, 1951

Activities	All Size of plent (number of employees						
North Teres	plants	Group					
		A		1 0	D		
	Percent of nursing time						
All sctivittes	300.0	100.0	100.0	100.0	100.0		
Direct services	12.7	22.5	la.7	16.8	53.6		
All other activities	57.3	77.5	58.3	53.2	46.4		
	Avers	go mahar	of minu	tee per s	stivity		
All activities	8,6	14.7	5.9	7.7	7.1		
Direct services	6.1	9.2	6.1	5.6	5.5		
All other activities	12.4	17.7	12.4	11.7	10.0		
	Average number of activities per mores						
All sotivities	302.5	174.0	291.0	337.6	370.0		
Direct services	163.0	62.0	169.1	219.0	257.0		
All other sotivities	119.5	112.0	121.9	118.6	113.0		
	Total number of activities performed						
All sotivities	3,932	174	2,037	1,351	370		
Direct services	2,379	62	1.166	876	0.00		
131 other sotivities	1,553	112	853	175	257		
	Total number of minutes marses on duty						
All sotivities	33,745	2,550	18,110	10,121	2,625		
Arect services	14,120	573	2 860	l. ton			
	19,325	1,977	7,562	4,878 5,543	1,407		
water of mirese	6,597	1	7	7//45	2,220		
		76	2,166				

"All other sorvation' roundes indirect services for exployers, and other other titles, the LP plants classified by size into is groups (under 250 employees, 250-269) (200-99), and 1,000-1,009) are referred to in the text as groups A, S, O and D, respectively.

In the area of other activities there was an even wider variation in the way in which time was utilized. In one plant the nurse spent 18 percent of her time on providing services to dependents. One spent two percent of her time in conferences with personnel from community agencies. Several nurses spent time on professional activities and reading. Nurses in three plants in group B and in one plant in group C were so busy with professional services to employees and the accompanying clerical and housekeeping activities that the time spent on other non-nursing activities was low as compared with that found in other plants. Nonnursing activities, exclusive of health service clerical work and housekeeping, accounted for 14 percent of all nursing time, and the variations among the twelve plants ranged from 2 to 41 percent.

There seemed to be a tendency for the time spent on mon-nursing activities to be greater in the smaller plants, where the demands for service to employees was less pressing. This may be due to the fact that these nurses and plant management need nursing consultative help to plan for better utilization of nursing time, or the smaller plants may not need the services of a full-time nurse.

DISCUSSION AND CONCLUSIONS

The data tabulated and discussed in this report represent the experience of twelve manufacturing plants, ranging in size from 76 to 1,479 employees, during one week of observation. Eleven plants were staffed with one nurse each, and the twelfth plant employed two nurses.

The activities performed by nurses and clocked during week of observation have been grouped to conform with the recommendations set forth in the American Association of Industrial Nurses' publication, Duties and Responsibilities of the Nurse in Industry.

All of the nurses were found to be functioning in the broad areas of activities as outlined in this document, but some of the duties were not performed in all plants during the week of observation. There was considerable variation from plant to plant in the degree of responsibility assigned to the nurse, particularly in the areas of health examinations, and sanitation and safety. In four plants the nurses' responsibilities were limited by the administrative plan of management. In one plant, the nurse had such a heavy program of providing health services to employees that she was prevented from fulfilling her assigned responsibilities in sanitation. Some nurses were observed to be carrying responsibilities not specifically mentioned in the Duties and Responsibilities of the Nurse in Industry. Several were making home visits, and others were participating in an immunization program. Another provided services to dependents of employees which included emergency care, holding a child health clinic for pre-school children, and administering and supervising a nursery for pre-school children. Another spent time with nursing students who were visiting the plant and the plant health service.

The amount of time spent on direct and indirect services, exclusive of housekeeping and general health service clerical work, accounted for 42 to 63 percent of the nurses' time. There are no available valid standards against which to judge how the nurses' time should be allocated to the various program elements. However, in some instances, it would seem that time spent on nonnursing activities, such as clerical and housekeeping, and in unoccupied time could have been utilized to better advantage. For example, in several plants nursing time could have been used effectively on formulating a planned procedure for follow-up of those employees who have received emergency treatment from a first-aid worker: organizing and maintaining a record system which would incorporate into individual employee folders all information on services rendered; drafting copies of written orders for emergency care of employees for the physician's

approvat and signature; or more time could have occur spent preparing narrative reports to management.

The professional practices which had been established in the plants studied were fairly uniform, but some were not in accordance with those recommended by the American Association of Industrial Nurses or with those found in the publication Nursing Peactices in Industry.

It is difficult to evaluate with any degree of accuracy the correlation, if any, between the education and experience of the nurse and the utilization of her time and the prefeastonal standards which were currently in effect in the health service programs. Even in this small sample of plants, there were many variables which could distort apparent correlation, such as the size of the employee population and the volume of the emergency work load, managements! philosophiee as to the nurses' function, and the individual nurses's innate potentials for planning and organizing her work. Data from a larger sample are necessary before valid conclusions can be drawn.

There seemed to be no relationship between the salary paid to nurses and their educational background and length of service with the company. For example, in the two plants paying the lowest salaries, one nurse had been with the company one year, and the other one, fourteen years. The nurse receiving the highest salary had been with the company three years and had no educational experience since nurses it raining.

Time studies serve a useful purpose in that they are an excellent device for uncovering time being devoted to non-nursing activities, such as clerical and housekeeping duties and unoccupied time. This time can be utilized more effectively when the program objectives are directed toward such preventive measures as case-finding, follow-through, health counseling, and rebabilitation.

Because knowledge as to the extent of the actual need for health services is basic to the determination of the amount of nursing time required in industry, it is obvious that valid conclusions cannot be drawn from the use of the time study alone. Such studies reflect what is now being done in existing programs without considering whether or not these programs are meeting current employee health service needs.

RECOMMENDATIONS

To determine how much nursing service can profitably be used by industry, the employee health service needs should first be defined. This would mean establishing criteria for predetermining the health service needs of employee groups. Demonstrations of plant health programs which would provide all types of occupational health services, in a situation where management and the nursing and medical professions are cooperating fully, would also contribute much practical information.

- Wherever possible, studies of health services should be approached on a team basis. This means that medical and nursing service should be studied together because a large portion of the nurser's area of function is dependent upon the experience and philosophy of the plant physician, and the policies and practices which be established.
- 2. The plant physician, mure, and management, together with available consultants, should review periodically their health service programs to determine how effectively health service programs to determine what activities are being met; and to determine what activities are being met; and to determine what activities are being met; and to determine what activities are being met; but were which could be done more economically by other personnel. This type of review less essuitain all health service programs if we are to spread the services of the nurses we have to serve more equitably the community as well as industry we most equitably

3. Before hiring a nurse for their plant, management and the plant physician, logether with available nursing consultants, should critically review the proposed work load and determine whether or not a nurse's professional skills can be fully utilized. When a small plant cannot effectively utilize the services of a full-time nurse, management may consider sharing the services of a nurse with another small plant rather han depleting further its community nursing resources.

4. Studies of nursing consultation services should be made to determine:

- (a) What methods, techniques, and procedures now employed are effective in assisting the nurse to improve her performance, and what methods can be devised for sharing with other consultants those concepts and techniques which are successful.
- (b) To what extent such measures as group conferences, work shops, and institutes can be employed to give the plant nurses opportunity to share experience and ideas for providing optimum health services.
- (c) To what extent orientation programs can be established for the purpose of assisting the new nurse entering industry to function more effectively and with more security.