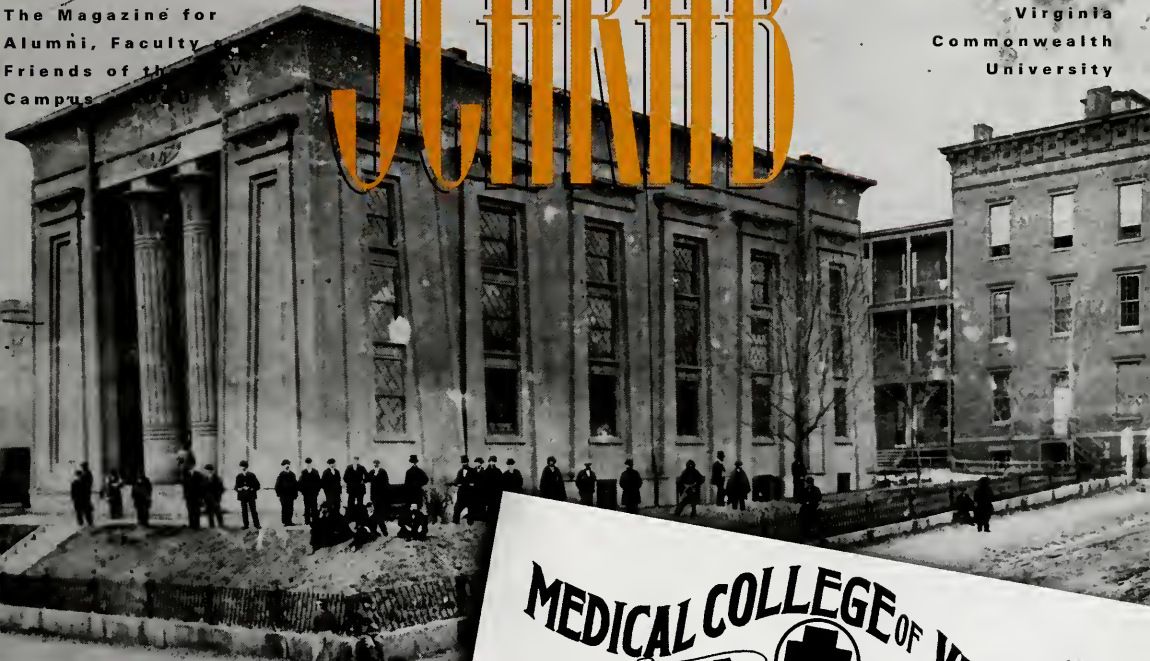


Winter 2003  
Volume 52 Number 2

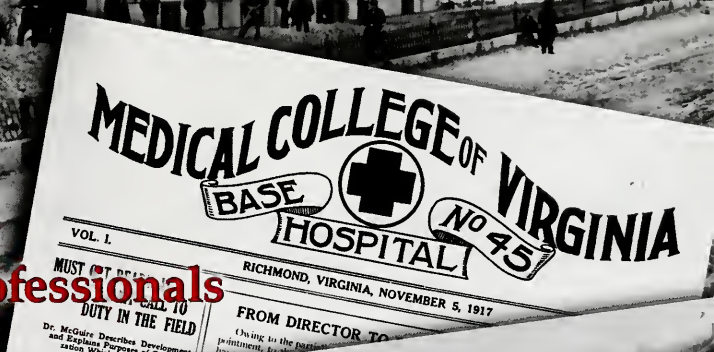
The Magazine for  
Alumni, Faculty  
Friends of the  
Campus

# SCARAB

Medical College  
of Virginia  
Campus of  
Virginia  
Commonwealth  
University



**MCV Campus  
Health Care Professionals  
Save Lives  
at Home and at War**



Do you have an alumni friend or colleague who deserves recognition? It's time to send nominations.

**MCV Alumni Association of VCU**

*MCV Campus Outstanding Alumnus Award* honors a graduate of the MCV Campus who is nationally recognized for distinguished contributions to health care in his or her chosen field.

*Hodges-Kay Service Award* honors an MCV Campus graduate for service to the MCV Alumni Association, his or her School and/or the University.

**Dentistry Division**

*The Dr. Harry-Lyons Outstanding Dental Alumnus Award* honors a graduate for outstanding loyalty and dedicated service to the School of Dentistry, its alumni and students.

**Medical Division**

*Outstanding Medical Alumnus Award* honors a graduate of the School of Medicine who is nationally recognized by leaders in medicine for distinguished contributions to health care.

*Caravati Service Award* honors a graduate for service to the MCV Alumni Association, participation in activities of the School of Medicine and contributions to the locally community. A complete nomination must be received by Dec. 4, 2003.

**Nursing Division**

*Outstanding Nurse Alumnus Award* honors a graduate of the School of Nursing who is a leader and expert who has contributed to health-related and other groups and whose creativity and innovation have made an impact on the profession.

*Nurse Alumnus Award for Outstanding Service* honors a graduate who has shown outstanding leadership and service to the community, the School of Nursing or the University, or to professional or community organizations.

*Nurse Alumnus Award for Outstanding Clinical Practice* honors a graduate who exemplifies an innovative, professional and scholarly approach to his or her clinical practice and contributes to the development of others.

A complete nomination form must be received by **Jan. 16, 2004**.

**Pharmacy Division**

*Distinguished Pharmacy Alumnus Award* honors a graduate of the School of Pharmacy who has made significant contributions to the profession and/or the community.

*Pharmacy Alumnus Service Award* recognizes a graduate for loyalty and service to the School of Pharmacy.

To submit a nomination, include:

1. Name of the award.
2. Name and address of the nominee.
3. A statement from the nominator about why the nominee should win the specific award.
4. The nominee's resume/vitae or a description of past experiences/honors.
5. Name, address and phone number of the nominator.
6. Letters supporting the nomination are welcome but not mandatory.

All nominations must be received by **Jan. 16, 2004**, except where noted.

Send Nominations to:

**Alumni Awards Committee, P. O. Box 980156  
Richmond, VA 23298-0156**

**BIOFEEDBACK** 

**Corrections:**

In *The Spirit of Giving* story on page 19 of the summer edition of *Scarab*, the correct name of the Women's Auxiliary is the MCVH Auxiliary of VCUHS.

The Yetta Lowenstein entry in the Alumni Scope section of the summer has been revised:

**Yetta Brown Lowenstein '23P** was the only pharmacy alumnus to celebrate her eightieth reunion this past April. She is 100 years old and enjoys good health, music, painting and her family.

Although Yetta began her career as a pharmacist after graduation, she practiced for only two years. Yetta joined her husband Harry in a jewelry business that eventually became H. Lowenstein and Son Jewelers on Sixth St. in downtown Richmond. Lowenstein and Son continues to do a thriving business to this day, under the ownership of Yetta's son and daughter-in-law.

Do you have feedback for us? Do you know an alumnus with an inspiring story or have an idea for an article that would be interesting to MCV Campus alumni? Share it with us! We are always looking for great story ideas. Call the MCV Alumni Association at (804) 828-3900, fax us at (804) 828-4594, email us at [magreene@vcu.edu](mailto:magreene@vcu.edu) or write to *Scarab* editor, P.O. Box 843044, Richmond VA 23284-3044.

Save the date for  
**Reunion  
Weekend**  
April 23-25, 2004  
Festivities will feature  
the **Fat Ammon's Band**



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##### Executive Editor

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Scarab is the official magazine of the Medical College of Virginia Alumni Association of Virginia Commonwealth University.

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Cover Photos Courtesy

Special Collections and Archives,  
Tompkins-McCaw Library

Staff assembled at main entrance of hospital at Toul, Base Hospital No.45 nurses transportation

#### Officers of the MCV Alumni Association of VCU

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## **DR. COLEENDA NAMED MEDICINE DEAN AT TEXAS A&M SYSTEM**

Earlier this year, **Dr. Christopher Colenda '77MD**, was named Dean of the College of Medicine at the Texas A&M University System Health Science Center. Dr. Colenda served on faculty after earning his degree from the School of Medicine.

## **DR. CHIAPPINI RECOGNIZED AS "TOP DOCTOR"**

**Dr. Rocco Chiappini '92MD**, physiatrist for the Brain Injury Center at Crotched Mountain Rehabilitation Center in Greenfield, New Hampshire was recognized as "Top Doctor" in the field of rehabilitation physical medicine in the April 2003 issue of *Business New Hampshire Magazine*. Since 2000, Dr. Chiappini has been medical director of rehabilitation services at Catholic Medical Center in Manchester, New Hampshire. He is a 1996 recipient of the Arthur Siebens Award from Johns Hopkins University and author of numerous publications.

## **DR. LONG APPOINTED TO BOARD OF DIRECTORS OF THE VCU HEALTH SYSTEM**

**Dr. Stephen P. Long '86MD'91HS**, Medical Director of the Center for Pain Relief, was appointed to the Board of Directors of the VCU Health System by Governor Mark R. Warner effective July 1, 2003.

## **DAN HERBERT NAMED PRESIDENT-ELECT**



**Dan Herbert '63P**, shown here with his daughters, has been named President-Elect of the American Pharmacists Association (APhA). Herbert now sits on the boards of Epic Pharmacies, the American College of Apothecaries (ACA), the MCV Foundation and the APhA.

## **DR. CUTTER REAPPOINTED TO THE ADVISORY BOARD ON ATHLETIC TRAINING**

**Dr. Douglas Nathan Cutter '88HS**, Medical Director of the Chippenham Sports Medicine Center, was reappointed to the Advisory Board on Athletic Training by Governor Mark R. Warner.

## **DR. COOK ELECTED STATE PATIENT SAFETY COALITION PRESIDENT**

**Dr. Sallie S. Cook '76MD**, chief medical officer of the Virginia Health Quality Center in Innsbrook, has been elected 2003-2004 president of Virginians Improving Patient Care & Safety, a statewide patient safety coalition representing more than 40 health care organizations. Dr. Cook has served as chief medical officer of the VHQC

since 1990, acting as corporate medical officer and senior clinical advisor for quality improvement initiatives, review activities and other related VHQC functions. Dr. Cook is board certified in anatomic and clinical pathology and in the subspecialty of blood banking. She is an associate clinical professor of pathology in the VCU School of Medicine.

## **DR. BEALES RE-APPOINTED TO THE STATE BOARD OF HEALTH**

**Dr. Julie Leftwich Beales '87PhD'96MD'99HS'02MSHA** medical director of long-term care at McGuire Veteran's Affairs Medical Center, was re-appointed to the State Board of Health by Governor Mark R. Warner.

## **JOHN BECKNER APPOINTED TO THE BOARD OF PHARMACY**

**John O. Beckner '78DPHA** has been appointed to the Board of Pharmacy by Governor Mark R. Warner.

## **GILSTRAP RECEIVES N.C. HOSPITAL ASSOCIATION'S HIGHEST HONOR**

**M.E. (Rick) Gilstrap '68MSHA**, president and CEO of Halifax Regional Medical Center in Roanoke Rapids, has been awarded the North Carolina Hospital Association's 2003 Distinguished Service Award.

The award is given each year to a hospital chief executive and honors the individual's unique service to his or her institution, the healthcare field, and NCHA.

Mr. Gilstrap received the award July 17 at the NCHA Summer Meeting in Hilton Head, S.C.

"The Association is proud to honor Mr. Gilstrap for his leadership at Halifax Regional and his tremendous support of NCHA through the years," said William Pully, president of NCHA. "Rick is never one to ignore the tough issues, and is respected for his willingness to discuss the reimbursement challenges facing rural hospitals."

"His strong leadership of Halifax Regional Medical Center, his ongoing support for NCHA and its programs, and his courage as an advocate for small and mid-sized hospitals in North Carolina make Rick Gilstrap an outstanding choice for this award," added Pully.

After graduating from Furman University, Rick Gilstrap completed his Master's degree in Hospital Administration at MCV and took the helm of Woodruff Memorial Hospital in South Carolina before a tour of duty as a Medical Service Corps Officer in the U.S. Army. Following his military service, Mr. Gilstrap served as executive director at Pitt County Memorial Hospital in Greenville for 11 years before being recruited as president and chief executive officer of Halifax Regional Medical Center in 1982.



# Reunion Weekend

## 2003 Alumni Award Recipients



MCV Alumni Association of VCU award recipients Lou O. Brooks '77BFA'82BS(PT), Hodges-Kay Service Award and Mary D. Ellison '85PhD/A'01MS/HA, Outstanding Alumnus Award



Mariann Johnson '78MD presents the Medicine Outstanding Alumnus Award to Harold Kimmerling '53MD



Rebecca P. Snead '85BS recipient of the Pharmacy Alumnus Service Award, and Ronald G. Davis '73BS recipient of the Distinguished Pharmacy Alumnus Award



Dean Ronald J. Hunt (R) presents the School of Dentistry's Harry Lyons Outstanding Alumnus Award to James H. Revere, Jr. '65DDS



Barbara A. Reyna '94MS recipient of the Outstanding Nurse Alumnus Award, and Jerry Gradek '98MS recipient of the Nurse Alumnus Award for Outstanding Practice



Dr. Choi Chang '35M (left) received a special distinguished service award from Dr. Walter Lawrence, Jr., Professor Emeritus of Surgery and Director Emeritus of the Massey Cancer Center (right) at the Annual Grand Alumni and Retired Faculty Dinner



# 50-Year Reunion

2003 Alumni Classes Celebrate



## SCHOOL OF MEDICINE CLASS OF '53

Seated, left to right: Drs. Calvin Garrett, Joseph Gardner, Julius Griffin, Robert McDonald, M. G. Martin, Ross Orr, Paul Tanner, Harold Kimmerling, Thomas Stratford, Arthur Reynolds, Earl Fox and Baxter Byerly

Standing, left to right: Drs. Charles Thedieck, Allen Pirkle, Warren Hagood, George Chappell, Robert Hudgens, Herman Brubaker, Terry Tanner, Claiborne Irby, Julie Moller Sanford, Fred Given, William Gee, Bill Fletcher, Charles Townsend, Richard Smith, John Watson, Earl Brown, Leroy McDaniel, Paul Deaton, Harry Johnson and Robert Howes



Alumni kick up their heels to the beat of the music



**SCHOOL OF PHARMACY CLASS OF '53**

First row, from left to right: Barbara Plunkett, Nancy Gayheart, Barbara Jean Willis, S. Wallace Cundiff, Brantley Jefferson, Beverly Carson, Robert Jones  
 Second row, from left to right: James Williams, Alan Pearson, Marshall Gayheart, Jr., Norman Hilliard, Fred Sarver, Raymond McFarlane, A. P. Myers, Reuben B. Young, E. Brannock Easley, Everett Lyon, Jr.  
 Third row, from left to right: Harry Plunkett, Jr., Fred Weinberg, Jacob Chernitzer, Joe Jones, James Poole, Frederick Rahal, Hunter Gaunt, Jr., Austin Farley



**SCHOOL OF DENTISTRY CLASS OF '53**

First row, from left to right: Philip B. Peters, Richard T. Bruce, Jr., John "Jack" Atkins, Clifton E. Crandell, Ronald N. Levin, Oliver L. Burkett, Jr., Richard C. Fisher, Jr.  
 Second row, from left to right: J. Dan Reasor, Paul Burbank, Jr., Robert T. Edwards, T. Roy Jarrett, Jr., Marbury "Hutch" Hutchinson, Oscar P. Smith, D. W. Fawley, Jr., Edwin F. Irish





# 50-Year Reunion

2003 Alumni Classes Celebrate



## SCHOOL OF NURSING CLASS OF '53

First row, from left to right: Alice L. Smith, Anne W. Hubbard, Patricia W. Foster, June Potat Gwynn

Second row, from left to right: Elsie Solonka Linn, Dorothea H. Patrick, Margaret "Billie" Way, Janet "Kitty" Kelly, Hilda R. Taylor

Third row, from left to right: Rosemary Cook Via, Spencer Harvety Charette, Clara Deyton, Joanne Flanagan Reynolds, Nancy H. Brame, Joann Lawson Garrett, Mary Sue Hudson

Fourth row, from left to right: Joyce Hughes Gillespie, Gay H. Boswell, Ann L. Grant, Elsie Glavich Couchman, Jeanie Sutton, Romona P. Williams, Eleanor Leach Gouldin

## SCHOOL OF NURSING CLASS OF '48

First row, left to right: Emajean Davis, Madeline H. Snead, Frances K. Mc Claren

Second row, left to right: Laura L. White, Ann Steigleder, Mary T. Krimm, Della D. Tolson, Louauna Byrd, Anna R. Fitts, Jeannette Howard





## Reunion Gatherings



### SCHOOL OF PHYSICAL THERAPY CLASS OF '53

First row, from left to right: Robert L. West, Philip N. Pulizzi, and Joseph L. Gehris, III  
 Second row, from left to right: Christine Erickson Friedrich, William J. Zoltowicz, Betty R. Landen, Barbara Winkler Jeffrey, Lucille Hannah Cocke, and Joseph A. Taylor



### DEPARTMENT OF CLINICAL LABORATORY SCIENCES

left to right: Kim Sanford '91BS/AHP'01MD; Department Chair Barbara Lindsey '78MS/AHP; Rhonda Cafazza '77BS/AHP; and Becky Burkey '82BS/AHP celebrate at a Reunion reception and dinner commemorating the 75th anniversary of the Department of Clinical Laboratory Sciences' undergraduate program and the 35th anniversary of its graduate program. Alumni were joined by former and current faculty members at the Downtown Club of Richmond for the festivities.

## REUNION 2004 IS COMING, ARE YOU READY?

The MCV Alumni Association of VCU welcomed home over 1,200 of your fellow friends and classmates in April to celebrate Reunion 2003. Plans are currently underway for Reunion Weekend 2004. We hope you will mark your calendar and plan to join your classmates April 23 – 25, 2004. All of our Grand Alumni (graduates from 1954 and earlier) and classes ending in 4's and 9's will be invited to attend activities at the Omni Richmond Hotel and at other locations in and around Richmond.

You can look forward to a fun filled "thank-you" to all of the MCV Alumni Association's former illustrious leaders during a "Parade of Past Presidents" at Saturday's Annual Meeting and Luncheon. You can plan to dance the night away to live music by the Fat Ammons Band at Saturday night's Campus Party. You can count on an inspiring tribute to our 50-year graduates at their Sunday morning Grand Alumni Induction Brunch. The School of Dentistry will present their Harry Lyons Alumnus of the Year Award at their dinner on Saturday night and the School of Pharmacy will bestow Alumni Recognition awards on deserving alumni at their dinner on Friday night. The School of Nursing will host its 36th Annual Mahoney-Hamner Nursing Alumni Lectureship on Saturday afternoon, and The School of Medicine will have a full Friday night at the Country Club of Virginia. We are always looking for a few interested graduates to help make their individual class events a success. Our weekend evaluations consistently rank individual class events as being the highlight of the weekend for most alumni.

Please contact the MCV Alumni Office at 804-828-3900 or 800-628-7799 if you are interested in assisting with your class activities, hosting your classmates at your residence or at a private club. In September, we mailed out personal data update forms to all invited alumni classes. Please help us keep our records accurate by returning your form to us as soon as possible.





GRADUATES OF MEDICAL COLLEGE OF VA.  
AT FT. OGLETHORPE, GA., JULY 1917

Photo  
FDST Studio  
FT. OGLETHORPE

# Saving Lives on the Battlefront and at Home

## Health Care Professionals Share their Experiences

By Marcy Horwitz

Warriors are trained to take life. Health care professionals are trained to save it. What happens when the two paths meet?

The answers are as diverse as the people who serve in the armed forces in both wartime and peacetime. These are some of the stories MCV's graduates and faculty members tell of their experiences.

All photos from Base Hospital Number 45, Courtesy Special Collections and Archives, Tompkins-McCaw Library



## An honorable past.

First, it's important to know that MCV and its staff have a long and honorable history of serving during wartime. During the Civil War, MCV was one of three southern medical schools to graduate a class each year of the Civil War and the only one now in existence. Some



**Lieutenant Colonel Stuart McGuire, M.C., commanding officer**

patients were housed in MCV's Egyptian Building after the separate MCV Hospital building, opened in April 1861, was closed as a hospital and used as a rooming house. Less than two miles away, Chimborazo Hospital was among the largest hospitals at that time. Dr. McCaw, who was on the faculty of MCV during the war, served as the commandant of the

hospital and took some medical students with him to make rounds at the hospital.

When the United States joined World War I in April 1917, MCV alumni and faculty served once again. In those days, military hospitals were staffed by physicians and nurses drawn from civilian hospitals. Many MCV doctors and nurses from St. Luke's Hospital found themselves in Europe at Base Hospital Number 45,

under the leadership of the legendary Stuart McGuire. Although base hospitals were supposed to be located at least 100 miles from the fighting, Base Hospital Number 45 was a mere eight miles away from the front lines.

Allied troops began the St. Mihiel offensive on September 12, 1918. Base Hospital Number 45 cared for 8,000 casualties in just two weeks, taking transfers from the field and evacuation hospitals which were closer to the front lines. Contrary to expectations, medical admissions greatly outnumbered surgical admissions. Why?

James P. Neifeld '72MD '78HS, F.A.C.S., offers a possible explanation. "Over 1,000 soldiers were gassed by the Germans. And the flu epidemic of 1918 would have hit the soldiers first." October was a heavy time for flu cases at Base Hospital.

Dr. Neifeld is the Stuart McGuire Professor and Chair of the Department of Surgery at MCVH/VCU when he isn't researching the history of MCV at war. It's his passion. In a very real sense, his interest in MCV's wartime activities led him to MCV in the first place. His late father was a member of the 45th General Hospital — the successor to Base Hospital Number 45 — during World War II.

The 45th General Hospital was staffed by many of the names who would later help lead MCV to greatness, including Buck Cherry, W. T. Thompson, Richard Michaux and others. High words of praise for the 45th come from none other than Dr. Michael DeBakey. The world famous transplant surgeon was a consultant to the military during that war.

"The 45th General Hospital was as fine a military hospital as I ever saw. The results were second to none."

## Serving behind the scenes.

Dr. Duncan S. Owen, Jr. '65HS'66Fellowship, is Professor Emeritus, Internal Medicine; he spent 35 years on the MCV faculty. He reminds us that there were many medical people who served in important ways outside of combat zones.

Dr. Owen was just beginning his medical residency when his active reserve papers came through. In July 1962 he headed for the Army's Medical Field Service School at Fort Sam Houston, Texas, to learn to be a doctor "the Army way." Within the year, the newly-qualified internist was sent to Korea.



**Dental clinic in action**



Transportation by rail: Base Hospital No. 45 stretching their legs

## When the Battle Rages On Dealing with Post Traumatic Stress

By Marcy Horwitz

Is there such a thing as a “good” war? The answer is irrelevant, because war — “good,” bad or undecided — is indeed hell. Combatants and medical personnel alike witness unspeakable acts and endure intolerable situations. What is the effect of repeated exposure to war and its atrocities on the human mind?

Joel Silverman, M.D. is Chairman of the Psychiatry Department at VCU School of Medicine. He sketches this scenario.

Expose 100 people to the same horrific experience — rape, sexual assault, fire, a car or plane crash, random acts of urban violence, terrorism or war. Two-thirds of the group will cope well. The other third will experience some degree of Post Traumatic Stress Disorder.

What exactly is PTSD?

“It is an illness,” says Dr. Silverman, “and it can be treated.”

Dr. Silverman was Chief of Psychiatry for the U.S. Army from 1973-75. At the end of the Vietnam War, he saw his share of traumatized soldiers. But it was an incident in Richmond that compelled him to study PTSD in depth. In 1982, an industrial catastrophe involving a gas 3,000 times more toxic than cyanide killed one person and injured many others. A number of those who tried to help the injured later developed PTSD.

PTSD is defined by four criteria. First, a person has to have legitimately experienced a trauma. Second, he or she must experience

intrusive nightmares, flashbacks or memories. Third, the sufferer must be avoiding situations or relationships that trigger memories of the trauma. Finally, the PTSD victim will experience sleep abnormalities, increased irritability, concentration deficits and other difficulties.

“PTSD is egalitarian,” says Dr. Silverman. It can strike old and young, rich and poor, educated and uneducated. People who routinely work with trauma victims — police and fire personnel, doctors and nurses — are definitely at risk. But certain biological and genetic factors can predispose an individual to PTSD. For example, says Dr. Silverman, persons with pre-existing mental illness are more likely to develop the disorder than others.

Unchecked PTSD can ruin lives and families. But PTSD can be treated.

“Psychology and biology cannot be separated,” says Dr. Silverman, and the reality of PTSD means that the biology of the brain has been impacted in a negative and unhelpful way. Treatment — both medications and psychotherapy — aims at restoring the biology of the brain and helping the PTSD patient put the experience in perspective. “People do bad things to each other. But there are all kinds of ways to help. And we’re pretty darn effective at helping people who’ve been hurt.”



At Camp Kaiser, above the 38th Parallel, Dr. Owen was named post surgeon and assistant division surgeon. He found himself in charge of the medical care of five battalions, 125 medics, four physicians, and four dentists. His resources were limited to a 10-bed medical ward. He was in the boonies, just four miles away from the DMZ, and he was, by his own admission, green.

But, as Dr. Owen says, "Being in the Armed Forces as a medical officer is a maturing experience." The young medical officer set to work. The experience of morning sick call was his first target for reform.

"It was, to my mind, a disaster," recalls Dr. Owen. Sick call would start at 0900 hours. The medical officer would arrive at 0930, by which time countless soldiers would be waiting "all over the place. They would even sit in the trees."

On his first day on the job, Dr. Owen reworked the entire sick call process. He had each company medic start sick call at 0600, ready to deal with simple illnesses such as colds. "If a venereal disease was suspected — and we had about 5,000 personnel who acquired one of the venereal diseases the year I was there — the medic would send the person to one of our lab technicians for the appropriate tests." Other medical cases would be referred to a senior noncommissioned officer and the appropriate tests done. Most patients would be sent back to their units, able to perform their usual duties. When Dr. Owen and his fellow medical officers would arrive on the scene at 0700, they would see 15 persons in need of medical care — not 125, as they had been seeing under the old system. These innovations were so effective they were adopted in three other dispensaries.

Dr. Owen's military experience taught him a lot. "You not only learn administration and teamwork, but you also experience things you have not seen before." He has good advice for new doctors who find themselves in uniform.

"When in doubt as to whom you should salute — go ahead and salute anyway."

## A new practice — and a notice.

Rudolph Bruni '51DDS graduated with MCV's dentistry class of 1951 — "the greatest class there ever was," as he recalls — and immediately set up a private practice in Richmond. Despite the pressures of office rent and equipment payments, he managed to make a down payment on a house where he and his wife Sara

planned to raise their new baby boy.

That was on a Sunday in June of 1952. The very next day, Dr. Bruni was recalled to serve in the Korean War.

Three months after reporting for duty, Dr. Bruni was told that he'd been recalled in error. He had already spent three years in the Navy. Still, he chose to serve at the Naval Operations Base (NOB) in Norfolk for the next 10 months.

His new tour of duty had its perks. For one thing, Sara and the baby were able to join him in Norfolk, and the proximity to Richmond made it possible for him to visit his sick mother. For another, it gave him invaluable experience in endodontics and general dentistry.

Fifty years ago, not everyone had access to quality dentistry. And it showed. "Some of these boys coming out of boot camp, they were dental wrecks," Dr. Bruni remembers. It could take as much as a hundred hours to repair their teeth and gums to the point where they could function. That represented a change from the old World War II approach, when the goal was to patch a man up as quickly as possible and return him to his unit. The new approach was better for the men and for the service. As Dr. Bruni notes wryly, "You do not want a man in pain behind a gun."

Lt. (JG) Bruni and his colleagues saw 12 to 20 patients each day — from the Naval Air Station and the War College, off destroyers and tenders, and from NOB. The work was hard, he remembers, but he discounts the hardships when he recalls friends and colleagues who served, literally, in the foxholes. "We were busy doing what we were supposed to do. We didn't think about much else."

His tour of duty over, Dr. Bruni left the Navy "with \$20 to my name." Still, he re-opened his practice, where for the next 47 years





In the dispensary

he treated generations of Richmonders. He retired in 1998. Although he still misses his patients, he stays in touch with his professional friends and colleagues from MCV. The Class of '51, whose every single member served in the U.S. armed forces, has published an annual newsletter ("The Painless Publication") continuously since graduation.

## "The hardest physical thing I have ever done."

Diane Beiring '94MS/N '95FNPC, doesn't do things half-way. So when a friend suggested that she join the Army Reserves, Beiring opted instead for active duty, enlisting in the Army in February 1989. From October 1990 to April 1991, Capt. Beiring served in Iraq during Desert Shield/Desert Storm.

"It's the hardest physical thing I have ever done," says Beiring, who is on the faculty of Bon Secours Memorial School of Nursing. "But it was a positive experience, both personally and professionally."

Attached to the 46th Combat Support Hospital, Beiring carried an M-16, filled sandbags, helped put up tents and more — all in addition to her nursing duties. She has the highest praise for the doctors with whom she worked.

"We treated more Iraqis than Americans, and the doctors were just as professional and caring with them as they were with the American wounded," she remembers. Still, there were difficulties. She remembers one case in particular.

"We had to amputate the leg of an Iraqi. In that culture, an amputated limb must be buried." While the necessary permissions were sought and obtained — a process that took several days — Beiring and her colleagues coped as best they could. "We just carried it around with us."

In 1999, having been promoted to major, Beiring retired from the military. What was the most difficult part of serving?

"The hardest part was not knowing when you were going home," she says. But she thinks that the people back home had an even harder time. "They watched it all on CNN. We didn't know what was going on. We had less worry. We were doing our jobs."

## Experience, intuition overcome obstacles.

Harry J. Tillman '97PhD, Capt., NC, USN earned his Ph.D. in nursing administration from the School of Nursing in 1997. He deeply appreciates the education he got at MCV.



Busy hour in receiving ward

"In the Navy, we train in the finest hospitals in the world, on equipment that is second to none. We have faculty who are the best in their fields. We train in ideal conditions."

But conditions during the first Gulf War were a little less than ideal. Then LCDR Tillman was assigned to Fleet Hospital 5, just 90 miles from the Iraq-Kuwait border, in the fall of 1990. There young doctors, nurses and corpsmen discovered an important truth: "You



can't plug a monitor into the sand."

That's where good training and good instincts came into play. Capt. Tillman recalls one example. He had been trained to run IV lines by manually adjusting the flow. His newer colleagues — doctors, nurses, corpsmen — were only able to run IV's that depended on electrical pumps and battery backup packs. Neither source of power was available in their tent hospital.

"Doing things the manual way, I was like a throwback," recalls Capt. Tillman. For the welfare of their patients (which included both civilians and combatants), he trained hundreds of his fellow health care professionals how to run manual IVs.

That kind of flexibility and creativity is greatly valued even — especially — today. In rural settings, during civic emergencies and similar scenarios, "the most success is done by those who have the best experience and the best intuition for caring for a patient. Those permeate and stay with you regardless of the situation you're in."

As a nurse, Capt. Tillman cared for his patients. Today, he's caring for the rights and dignity of research subjects as Deputy Director Navy Nurse Corps. for the Naval Medical Education & Training Command. And he's an adjunct assistant professor in the Department of Integrative Systems and the Department of Maternal and Child Nursing. To what does he attribute his career path and success?

"Great opportunities in the Navy and a great education from VCU School of Nursing."

## The spoils of war.

War brings pain and loss. Yet war also brings hope and healing: many medical advances have been made in times of war. Dr. Neifeld reels off just a few.

MCV admitted women for the first time during World War I. During World War II, a new method of transporting patient records was devised. (It involved punching holes in the documents and tying them to the patient's toe.) The use of fibrin sealant was pioneered during that war. New techniques for rapid blood acquisition were developed. The 45th General Hospital was the first wartime hospital to surgically repair nerves in the field following traumatic wounds.

Dr. Neifeld welcomes inquiries about his slide show presentation, "MCV at War." Contact him at [jpneifeld@vcu.edu](mailto:jpneifeld@vcu.edu).

*Marcy Horwitz is a freelance writer in Richmond.*



Return to N.Y. Harbor

### '03 Medicine & Dentistry Graduates Headed to the Armed Forces

#### Air Force

**Todd Bruno**, Travis Air Force Base, California; internal medical  
**Kathleen Davey**, Wright-Patterson AFB, Ohio; internal medicine  
**Jessica Powers**, Wilford Hall AFB, Texas; internal medicine  
**Zane Berry**, Langley AFB; AEGD-1  
**Jared Cardon**, Las Vegas AFB; AEGD-1  
**Kip Jones**, Air Force Academy; AEGD-1  
**Brad Pierson**, Elgin AFB; AEGD-1  
**Kelly Viau**, Travis AFB; AEGD-1

#### Navy

**Gaelyn Eaton-Scuderi**, Portsmouth Naval Medical Center, Virginia; transitional  
**Marc Ferrera**, Pensacola NMC, Florida; family practice  
**Wes Hodgson**, Bethesda NMC, Maryland; OB/GYN  
**Katherine McNiff**, Portsmouth NMC, Virginia; pediatrics

#### Army

**Steve Lee**, Wm. Beaumont Army Medical Center, Texas; surgery  
**David Stagliano**, Walter Reed AMC, District of Columbia; pediatrics  
**Robert Mansman II**, Fort Meade; AEGD-1  
**Mark Vagnetti**, Fort Benning; AEGD-1  
**Clay Williams**, Fort Gordon; Endodontics



Denise Pettit processes samples in a Class II Type A2 Biosafety Cabinet in one of the Biosafety Level 3 labs at DCLS

# Testing for Safety

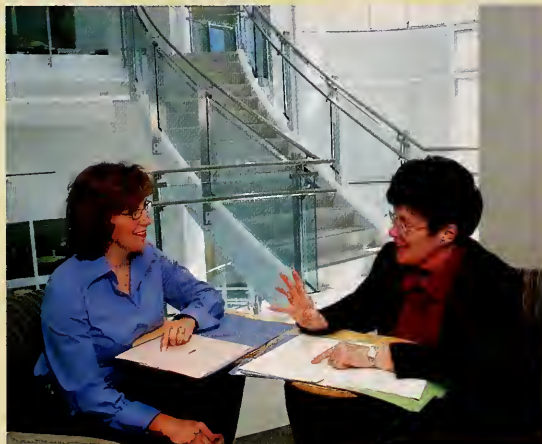
ALLEN JONES

## The Division of Consolidated Laboratory Services Stays Prepared for Emergencies

By Sande Snead Fulk

The nation will not soon forget the devastating threat that anthrax presented to the public. Nor will Denise Pettit '85BS'94PhD, lead scientist for The Division of Consolidated Laboratory Services (DCLS), neighbors to the MCV Campus.

"Routinely we process legal samples that require special handling," Pettit says. "But with anthrax the volume was so much greater. We analyzed approximately 1,000 samples that came into the lab."



ALLEN JONES

DCLS, a state-of-the-art facility, is charged with developing, implementing and validating methods for the rapid detection of biological agents associated with terrorism. Federal dollars are given to the state through the Center for Disease Control and Prevention (CDC) to enhance the Commonwealth's preparedness. Virginia is one of only five states in the nation fully funded for both biological and chemical preparedness, according to Pettit.

Denise Pettit '85BS'94PhD and Becky Perdue '62BS



"It is critical to our national preparedness plan for an intentional release of a biological agent, that we have early rapid detection in order to limit disease transmission and death," Pettit says. "The quicker the response, the better off we will be in the community. Our lab is the only National Laboratory Response Network confirmatory lab in Virginia."

For biosecurity, only an individual who has gone through a federal security clearance can handle these select biological agents associated with terrorism. They are stored under lock and key. Although citizens can request a tour of the facility, they must produce identification and information is recorded about the visit. Citizens can see the scientists at work through windows in the lab, but no one without clearance can access the containment labs.

The lab focuses its testing on the samples that represent the highest risk and each sample brought to the lab is assessed to determine its potential threat to the community. After the release of anthrax, it also had to field

hundreds of calls with questions about collecting samples, etc. "We had to set up an in-take center to manage inquiries and sample submissions," Pettit says. "We had people working around the clock. We were rotating staff to accommodate the need."

There were important lessons learned, especially in the area of communications. "We had an unprecedented number of samples that needed to be analyzed rapidly," Pettit says. "We had to establish a triage system for samples coming in and a reporting center to communicate the results of our testing. We set up internal networks for communication where the laboratorians could use a computer to enter results. Then, the reporting center could view the results and communicate to the submitter..."

"It was crucial for information about the samples tested to be communicated to both emergency responders and public health departments. They would be responsible for starting an investigation to determine who has come in contact with a sample if one were positive for anthrax. We also have to communicate with law enforcement, the people who would want to pursue where the letter came from and who was the perpetrator. We worked to establish a relationship with all the agencies that respond."



ALLEN JONES



**"The breadth of testing here is incredible," . . .**

**"It's all in support of the citizens and their health and well being."**

The lab did testing on clinical samples at the same time it was receiving environmental samples like mail. "The safety issues were different," Pettit says. "We had to work with samples, using the most appropriate safety precautions. Our space was limited. Our high containment labs were small. It was challenging. During our response, we identified the

need for more space to accommodate these types of emergencies and for people trained to work in containment environments."

Some laboratories that did receive purified anthrax spores for analysis had to stop testing samples due to contamination issues. "They couldn't properly contain it," Pettit says.

DCLS's new facility has several isolation rooms so if one room needs to be shut down for disinfection, workers can continue to process samples in another room. "We are a hub for testing information. We get the big picture, not one piece of the puzzle," Pettit says. "We still are doing testing related to that intentional release — we provide services to postal offices that are being remediated, facilities that had contamination and are now cleaning up."

This summer and fall, Pettit also directed the West Nile virus testing of samples in the Commonwealth. She and other scientists at the facility tested dead birds, sentinel chicken flocks, mosquitoes, horses and humans. Surveillance of anything endemic in the state such as West Nile virus is only a part of the picture. Other projects that Dr. Pettit's group works on include microbial source tracking, a method being developed to identify sources of fecal population in recreational watersheds.



Becky Perdue '62BS and William Chase

ALLEN JONES

"In the summer there is a lot of arbovirus activity throughout the U.S.," Pettit says. "We've seen the West Nile virus spread across the state fairly comparably to the way it had spread last arbovirus season. However, a higher percentage of birds have tested positive this summer."

Fortunately this year fewer human infections have been detected in Virginia residents. DCLS has identified 17 WNV probable cases so far this year, compared to the 29 cases identified last year. Environmental conditions play a role in the spread of West Nile, which is transmitted through the bite of an infected mosquito. Large epidemics of West Nile virus have been associated with drought conditions.

"Last year was the largest outbreak of arboviral disease ever recorded in the western hemisphere," Pettit says. "We and other states do surveillance testing to detect the presence of arboviruses in a community so that citizens can be informed as soon as virus is detected in their vicinity. Then people can implement prevention measures to reduce mosquito exposure. These measures include eliminating standing water in containers and on flat surfaces outdoors, wearing long, loose, and light-colored clothing, and using insect repellent products.

DCLS works closely with the CDC in Fort Collins, the Virginia Department of Health, state epidemiologists and physicians in the surveillance of West Nile virus and other arboviruses among the human population.

Another area that DCLS covers that most people don't know about, is testing on newborns, according to Becky Perdue '62BS,

quality assurance training and safety manager.

"We perform blood tests on every baby born in the state of Virginia," says Perdue, who is now president of the Alumni Association. "And more than 95,000 babies are born in the Commonwealth each year. We conduct eight tests when the baby is born including one for PKU which most people are familiar with, as well as for Maple Syrup Urine Disease, a very rare disease."

The environmental chemistry section performs drinking water testing for the state. Recently, DCLS

and the Department of Environmental Quality developed practical sampling and analysis techniques that allow accurate determination of minute quantities of metal in water. DCLS is one of only a few labs in the nation with this capability.

DCLS is also responsible for testing gasoline.

"We test octane levels to make sure you are getting what you pay for," Perdue says. "We test samples collected by the Virginia Department of Agriculture from every gasoline station in the Commonwealth twice a year."

Also, if there is a complaint that someone has administered a pesticide incorrectly DCLS provides analytical testing to verify the complaint. The lab also tests commodities to ensure that products used by state agencies meet specifications for quality. "We even test lottery tickets," Pettit says. "We test tickets to ensure that they meet specifications, such as tensile strength, and we make sure they are tamper proof."

"The breadth of testing here is incredible," she adds. "It's all in support of the citizens and their health and well being."

*Sande Snead Fulk is a Public Affairs Officer for the Virginia Department of Transportation and a Chesterfield County-based freelance writer. She has won numerous state and national writing awards, and is public relations chairman of Virginia Press Women.*

*Joan Tuppence, editor of Scarab, contributed to this article.*





# Nurse Anesthesia Program Receives Accolades

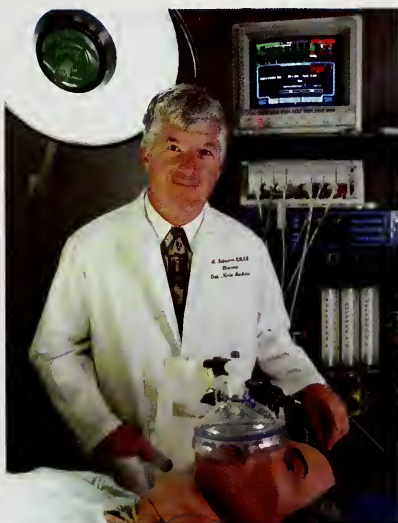
## Simulation Center is State-of-the-Art

By Sande Snead Fulk

It could be a real situation — anesthesia is being administered to a patient and suddenly the patient has an allergic reaction, a heart attack or a massive hemorrhage. Thanks to VCU's Department of Nurse Anesthesia's "Center for Research in Human Simulation," nurse anesthesia graduate students will know what to do even in these unusual situations.

"Anesthesia is very safe, but if things go wrong and are not managed properly, it can be catastrophic," says Dr. Michael D. Fallacaro, certified registered nurse anesthetist, professor and chairman of the Department of Nurse Anesthesia.

Located on the 11th floor of West Hospital on the MCV campus of VCU, the state-of-the-art laboratory features various simulation technologies including two patient simulators.



Dr. Michael D. Fallacaro

ALLEN JONES

First organized in 1969, the Department of Nurse Anesthesia has a long history of educating nurse anesthetists. In fact, the Department was first in the nation to offer a Masters degree in nurse anesthesia more than 23 years ago. Five academic nurse anesthesia faculty (three with doctorates), work with more than 20 adjunct faculty, two staff members and 11 clinical affiliated training sites to offer a 71-credit hour, seven-semester program of study. Through the School of Allied Health Professions, the Department also participates in a distance learning Ph.D. program of study in Health Related Sciences.

The 1,300-square-foot simulation center opened in 1998 is one of a very few such laboratories in the country. Its dedicated patient simulators mimic human patients in every way possible. The simulators breathe, have a pulse,



heart and breath sounds, their eyes open and close, their arms move and they even talk via the faculty who program them to do so.

"The simulator can make rare events commonplace," Fallacaro says. "Not many nurse anesthetists have experience in managing rare and critical events, because you don't see them very often. With the simulator, now they can."

While a nurse anesthesia graduate student is working on a patient simulator in distress, the event is videotaped, and there is a debriefing afterwards, so that the curriculum is more experiential and applied than it once was. The facility also houses an adjoining classroom/conference room with closed-circuit television and projection screen that offers live viewing from the simulation lab. An intercom system allows classroom participants to communicate directly into the simulation center. A study area is located within the facility for participants to work on computer-based educational programs.

"I used to lecture about how to give anesthesia to a patient with a lesion in the brain, but now I can program the simulator to be that patient," Fallacaro says. "It's not enough that on paper a graduate student knows what to do in a critical situation. In the real world, an anesthetist must be able to apply that knowledge through positive actions. If something goes wrong in surgery on a real patient, the learner is often pushed aside for a more experienced provider and the learning opportunity is quite appropriately halted. With the simulator, the trainee can use critical thinking to solve the

problem, apply their knowledge in such situations, and learn from their mistakes."

The simulation lab is part of the Department of Nurse Anesthesia's patient safety initiative. Another part of the initiative includes patient safety trigger video vignettes. These films are recreated scenes of clinical problems that have occurred in the past. The problem is videotaped showing the crisis evolving, and the trainees are asked,

"What would you do now?" Solutions are then visually presented based upon best evidence practice. These videos are made available as learning tools for other schools and professionals as well.

Following time spent in the lab, and three didactic semesters of study, nurse anesthesia graduate students participate in a four-semester experiential practical curriculum where they get a chance to work directly with patients. They are challenged with planning for and administering all types of currently accepted general and regional anesthesia techniques to a variety of patients ranging in medical and surgical acuity. Graduate students are assigned to various anesthetizing locations at the VCU Health System or selected

affiliate partner hospitals.

VCU's nurse anesthesia program has garnered a host of accolades including being ranked as the best graduate nurse anesthesia program in the nation by US News and World Report for 2004.

Dr. Fallacaro has four academic degrees including a masters and a doctorate in nursing, which he earned from the University of Buffalo in 1993 and 1994 respectively.



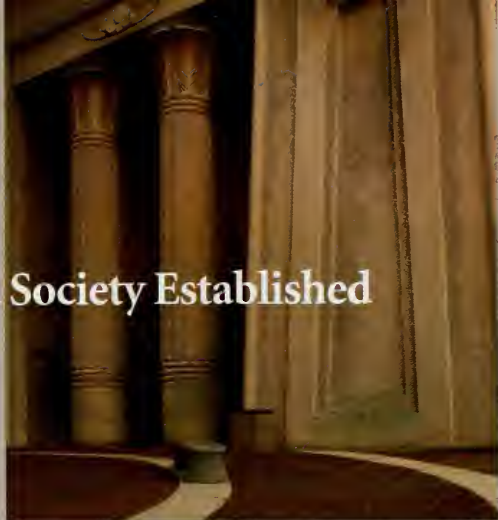
ALLER JONES





# Medical College of Virginia Society

Celebrating a proud heritage...  
building a strong future for the MCV Campus  
of Virginia Commonwealth University



## Medical College of Virginia Society Established

**W**hat's in a name? Close to 150 years of tradition, pride and honor for alumni of the university's medical campus. That's why the MCV Foundation has decided to change the name of its Heritage Society to the Medical College of Virginia Society.

"We believe the Society's new name will have greater meaning for MCV Campus alumni," says Mickey Dowdy, president of the MCV Foundation. "The name celebrates the historical roots of this medical institution while building financial support for the future."

Since its creation in 1994, the Heritage Society has recognized more than 300 alumni and friends who have made provisions in their estate plans to benefit any area of the MCV Campus, including the Schools of Allied Health Professions, Dentistry, Medicine, Nursing and Pharmacy, as well as the VCU Health System and the Massey Cancer Center. The MCV Society will continue with this honored tradition.

Contributions from MCV Society members are a growing area of financial support for the campus, says Dowdy. "Planned gifts represent 15 to 20 percent of the money we receive each year, and we are looking forward to the day we induct our 500th member, when planned gifts are providing 30 percent of our total support."

In the nine years since the Heritage Society was established, planned gifts to the MCV Foundation have grown from just under \$700,000 in fiscal year 1994 to \$3.6 million in fiscal year 2003.

Why are more and more donors choosing to make a planned gift versus traditional methods of giving? Dowdy explains that "planned giving can be an extremely tax-wise way to accomplish philanthropic goals, depending on the type of gift a donor makes. And, like many of us, if a donor is concerned about outliving his or her resources, then a bequest is the most efficient way to make a gift."

at \$950,000. Through their gift, they were able to avoid a substantial capital gains tax, estimated at more than \$180,000.

- Ten individuals created charitable gift annuities last year at the MCV Foundation, together bringing in more than \$350,000 for areas across the MCV Campus. All of these donors will receive annual income from their annuities for the remainder of their lives.

### Join the Medical College of Virginia Society

The Society is open to individuals who provide future support of the MCV Campus through provisions in their estate plans in any of the following ways:

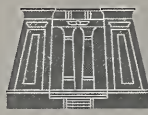
- Charitable Bequest in a Will
- Retirement Plan Designation
- Irrevocable Gift to a Charitable Trust, Gift Annuity or Pooled Income Fund
- Insurance Policy Provision

#### Estate gift highlights, FY 2003:

- A \$950,000 bequest from the estate of Dr. Robert Woolwine D'42 and his wife, Elizabeth, will help the School of Dentistry toward its \$4 million capital campaign goal to modernize the school's clinical simulation laboratory.
- Dr. Harold Kimmerling M'53 and his wife, Martha, have pledged more than \$1 million to create a Chair in Cardiology at the VCU School of Medicine. The Kimmerlings fulfilled a majority of their pledge by donating undeveloped real estate on Sea Island, Ga., valued

#### Current Gift Annuity Rates at MCV Foundation

55	5.5%
60	5.7%
65	6.0%
70	6.5%
75	7.1%
80	8.0%
85	9.5%



MEDICAL  
COLLEGE OF  
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FOUNDATION

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RICHMOND, VIRGINIA 23298-0234  
PHONE 804.828.9734  
FACSIMILE 804.828.8001

*If you would like to learn more about giving opportunities, please feel free to contact Michael Dowdy at 804.828.9734, email: mdowdy@mail2.vcu.edu, or go to our web page at [www.mcvfoundation.org](http://www.mcvfoundation.org).*

# Fighting Prostate Cancer

## Alums and Instructors Populate Virginia Urology

By Sande Snead Fulk

Many people are surprised to learn that one of the most common forms of cancer in American men is prostate cancer, second only to skin cancer. The good news in all of this is that there are many new and varied treatment options for men diagnosed with this disease.

While surgery remains one of the best ways to eradicate prostate cancer, surgical options are less invasive than they once were. For example, laproscopic prostactomies can be performed using a special robotic arm to make a smaller incision than in traditional surgery.

Additionally, medications and even vaccines are being developed to combat the disease. VCU's Massey Cancer Center is one of more than 400 sites in North America to participate in the Selenium and Vitamin E Cancer Prevention Trial, known as SELECT. The trial includes 32,400 men, and will evaluate whether the two dietary supplements can protect against prostate cancer.

Another study shows that oral sodium clodronate, a drug commonly used to prevent bone loss, may slow the spread of cancer to the bone and reduce the risk of death. Estimates show prostate cancer spreads to the bone in about 85 percent of men.

But perhaps some of the most exciting news for men is that a prostate-cancer vaccine, Provenge, is being fast-tracked to accelerate development. Provenge is designed to build up a man's immune system against prostate cancer.

Screening tests that help physicians detect prostate cancer as early as possible are also promising. These tests are currently under investigation and in limited use.

While treatment options are many and varied, the first thing a man with prostate cancer should do is find a good physician.

Virginia Urology is one medical center that specializes in urologic cancer and in particular, the treatment of prostate cancer.

"I've watched a whole generation change in the treatment of prostate cancer," says Dr. Gary Bokinsky '71MD'74HS. "From a surgical standpoint, the most common procedure today is a

radical prostatectomy, which can be done by a laproscopic, retroperic or perineal approach. All of these prostate cancer treatments can be done in our own Surgical Center."

In keeping everything in-house, Virginia Urology has its own tumor registrar who compiles extensive data regarding urologic cancers and their treatment. The research staff, physicians and medical staff constantly evaluate new and established treatment options. The group has a pathologist on staff, so all biopsies are ready by one or two people who are known and trusted.

"We do our own lab processing, so there is consistency," Bokinsky says. "We have our own research department and we actively conduct drug studies and clinical research."

Dr. Joseph Concodora, '73MD who works out of the Hopewell office, says Virginia Urology is one of the largest private urology practices in the nation. "This is a one-stop shopping center," says Concodora, who also did his urology residency at MCV.

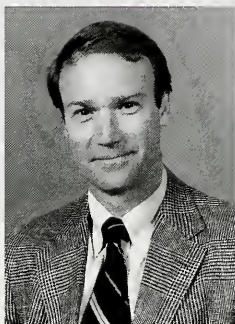
"Several of us do endoscopic and laproscopic surgery. We have specialists in pediatrics, incontinence, erectile dysfunction."

"We have doctors with sub specialties including female incontinence, uro-oncology, kidney stones and pediatric urology," adds Bokinsky, who also did his surgical residency at MCV.

The group of 30 urologists — 11 are alumni and more than half serve as instructors in the School of Medicine — offer expertise in almost every facet of urology. Virginia Urology has more than 185,000 patients in its active database.

"We have state-of-the-art medical records that are electronically filed so anyone in our practice can access patient records from home or even in the car," Bokinsky says. "If I have to see another doctor's patient whom I know nothing about, I can pull up the chart and have all of the information at my fingertips."

In September, Virginia Urology opened a new 55,000-square-foot complex on Richmond's southside that houses their research, laboratory and administration facilities.



Gary Bokinsky '71MD'74HS



Joseph Concodora '73MD



## U.S. NEWS & WORLD REPORT CITES 20 VCU GRADUATE PROGRAMS

In its 2004 rankings of "America's Best Graduate Schools," *U.S. News & World Report* cited 20 VCU graduate programs among the Top 60 of their peers nationally. The programs are split between VCU's two campuses.

Thirteen of the programs rank in the Top 20 of their peers, and six rank in the Top 10. Highlights include:

- Sculpture and Nurse Anesthesia captured the No. 1 spot in their respective categories.
- The other Top 10 schools and programs are the School of the Arts, 6th; Graphic Design, 4th; Health Services Administration, 5th; and Painting and Drawing, 10th.
- Other schools in the top 60 include the School of Education, 39th; the School of Nursing, 48th; and the School of Medicine, 59th in the research medical school category. Schools carrying over earlier rankings are the School of Social Work, 13th; the School of Dentistry, 13th; and the School of Pharmacy, 19th.
- Other VCU graduate programs ranked among the Top 60 are Community Health, 18th; Rehabilitative Counseling, 20th; and Teacher Preparation, Top 50. Graduate programs carrying over previous rankings are Physical Therapy, 15th; Occupational Therapy, 17th; Creative Writing, 50th; Clinical Psychology, 50th; and Public Affairs, 51st.

## VCU HEALTH SYSTEM APPOINTS NEW HOSPITAL CEO

The VCU Health System appointed John F. Duval Chief Executive Officer of MCV Hospitals. He assumed his new position June 1.

"Duval brings impressive credentials to this job with more than 20 years of health care management experience, most of it in an academic medical center setting," says Dr. Eugene P. Trani, VCU president and president and chair of the VCU Health System Board of Directors.



John F. Duval

For the past six years, Duval has been chief operating officer of University Medical Center at the University of Arizona Health Sciences Center in Tucson. Prior to that he was vice president for professional and ancillary services at the health services center.

"I am quite delighted to be part of the VCU Health System and the Richmond community," Duval says. "MCV Hospitals and the VCU Health System have a great tradition of excellence in providing care, education and research, with a reputation that is respected nationally and internationally."

As hospital CEO, Duval will be responsible for the overall management of the hospital, including administration, financial operations, patient care services, support services, clinical services and medical affairs.

## DR. DAVID SARRETT APPOINTED TO ASSOCIATE VICE PRESIDENT FOR HEALTH SCIENCES ACADEMIC AFFAIRS

Dr. David Sarrett was recently appointed to the position of Associate Vice President for Health Sciences for Academic Affairs. His appointment was effective July 1.

In his position, Dr. Sarrett will advise and assist Dr. Sheldon M. Retchin, senior executive vice president and chief operating officer for the VCU Health System in his role as Vice President for Health Sciences in the administration of academic programs and academic support at the VCU Medical

Center. Dr. Sarrett will work closely with the MCV Campus Deans, the Vice Provost for Academic Affairs, the Associate Vice President for Health Sciences for Fiscal Affairs and the Dean of Graduate Studies on academic matters on the MCV Campus. Dr. Sarrett also will continue his responsibilities for academic affairs within the School of Dentistry.



Dr. David Sarrett

Dr. Sarrett joined VCU in 1993 as Chair of the Department of General Practice in the School of Dentistry. He was previously a member of the faculty at the University of Florida College of Dentistry. In 2000, Dr. Sarrett was appointed to the position of Assistant Dean for Academic Affairs and Director of Graduate Programs.

## CANCER CLUSTER \$4.5 MILLION GRANT:

Thanks to a five-year, \$4.5 million grant awarded in August by the National Cancer Institute, VCU's Massey Cancer Center is well on its way to finding more revolutionary ways to kill cancer cells with radiation.

Already, in the past five years, a similar grant from the institute allowed VCU researchers to identify a gene in a cancer cell that prevents radiation from doing its job. By successfully blocking the gene's function, researchers made the cell more susceptible to radiation.

With this latest grant, the team will work to find new cancer therapies.

"During the past five years, we have unraveled molecular details of cancer cell responses to radiation, and this improved understanding of cellular radiation responses at the molecular level has dramatically changed our views of radiation's effects on cells," says Dr. Rupert K. Schmidt-Ullrich, a radiation oncologist who leads the research team. "Improved understanding of the regulation of cellular radiation signals will point to new therapeutic strategies, the ultimate goal of which is the potential of target-specific genetic radiotherapy."

## NURSING NIH GRANT

Ever wondered what effect stress has on the immune system? With the help of a grant of \$1,057,167 from the National Institutes of Health, Dr. Nancy McCain and fellow researchers at VCU's Department of Adult Health Nursing may find out.

In clinical trials, Dr. McCain and colleagues will examine what, if any, benefits accompany alternative stress therapies in HIV treatments.

The news so far is encouraging, showing that HIV patients who manage stress, through Tai Chi, spiritual growth interventions or support groups, have stronger immune systems.



Jay Leno

## STARS SHINE FOR CANCER RESEARCH

Hurricane Isabel was forgotten for a few hours on Sept. 20 while 5,000 people at the Siegel Center mellowed out on ballads from three-time Grammy winner Bruce Hornsby and laughed until they cried at Jay Leno's wit. (Leno is the host of *The Tonight Show*.) Health Care insurance corporation Anthem sponsored the benefit — Anthem LIVE! Presents Jay Leno — for VCU's Massey Cancer Center. Every bit of the ticket price went to the Anthem Cancer Research Endowment Fund for Massey, raising \$505,080.

## VCU HEALTH SYSTEM EXPECTS PROFIT

Looks as if VCU Health System's cost cutting and revenue-generating moves paid off this year. In June, this non-profit organiza-

tion that operates Virginia Premier HMO, MCV Hospitals and its clinics, and MCV Physicians, recorded a \$17.2 million profit through May. That's about \$3.8 million more than projected and \$12.3 million more than the previous year.

"The health system is doing very well financially, but there are still challenges to meet," says Robert E. Rigsby, chairman of the finance and property committee of the health system's board of directors. "While we are extremely pleased...there are tremendous needs of this organization, particularly capital needs, very significant for this year and next."

## VCU STUDY: LOSS MIXED WITH HUMILIATION COULD SPARK DEPRESSION

Besides serious loss, humiliating events in a person's life — particularly involving romantic breakups — appear to be strongly linked to risk for major depression, according to a study by VCU researchers.

The study, published in the *Archives of General Psychiatry*, is the largest to rate how specific groups of stressful life events spark depression, anxiety or both in men and women. "Love can make our life wonderful, but it also can make us miserable," says psychiatric geneticist Kenneth S. Kendler, M.D., director of the Virginia Institute for Psychiatric and Behavioral Genetics.

"When we looked at stressful life events that predisposed men and women to the onset of episodes of depression, the most toxic combination was loss and humiliation that in some way directly devalued the individual in a core role," the study's lead author says. "That combination was twice as potent for predisposing to depression as pure loss alone, such as death of a loved one. Most cases of combined loss and humiliation involved romantic breakups.

"For example, if your marriage breaks up, that's a loss, and it's reasonable to expect that you will experience aspects of grief, including

sadness and loss of appetite. If your marriage breaks up, and your husband moves into a house a few doors away with a woman half his age, and he shows off his new girlfriend to your friends and family — that's grief combined with humiliation. That combination is especially strongly linked to risk for a depressive episode."

Researchers interviewed 7,322 male and female twins registered with VCU's Mid-Atlantic Twin Registry over several years to assess which stressful life events appeared to have been linked to episodes of depression and anxiety.

## SCULPTOR STUDENT EARNS JAVITS FELLOWSHIP

Alessandra Torres, a second-year student in VCU's Master of Fine Arts Sculpture program, has received the Jacob K. Javits Fellowship for demonstrating superior artistic achievements.

"The Javits Fellowship is one of the most prestigious graduate awards in the country, so we're extremely pleased with what Alessandra has accomplished," says Richard Toscan, Ph.D., dean of the School of the Arts. "Her accomplishment is yet another fine example of the success and dedication coming from our Sculpture program."

Torres will receive \$29,000, to cover part of her graduate study and materials costs. The scholarship award also gives Torres an opportunity to create works for larger exhibition areas.

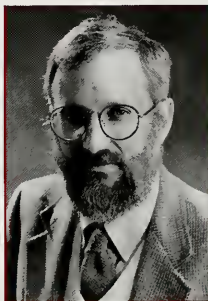
Her works include a broad range of materials, such as steel, glass, porcelain, rubber, plaster and latex. She says many of her sculptures, which resemble movie or stage sets where viewers can enter a different three-dimensional world, are highly influenced by her environment. "The diverse faculty and graduate students at Virginia Commonwealth University come together to form a community which has served to both support and challenge my work," Torres says. "We all share great respect for one

another and are as interested in and devoted to the development and success of each other's work as we are to our own."

Named in honor of the late Jacob K. Javits, a New York senator, the Javits Fellowship is presented to students with demonstrated achievement and exceptional promise, with plans for advanced graduate study in arts, humanities or social sciences.



Bruce Hornsby



Kenneth S. Kendler



## VCU CREATES TWO NEW INTERDISCIPLINARY SCHOOLS

With approval from the State Council of Higher Education for Virginia this summer, VCU has opened two new schools: the School of Government and Public Affairs, directed by Robert Holsworth, Ph.D., and the School of World Studies, directed by R. McKenna Brown, Ph.D.

The new schools will foster greater collaboration between disciplines and stronger faculty resources for students because they do not have traditional departmental structures, found at other liberal arts and science programs. The schools will combine the talents of faculty in VCU's College of Human-

ities and Sciences into academic programs that cross many disciplines.

The School of Government and Public Affairs will be the largest of its kind in the Southeast. It will offer programs in criminal justice, economics, non-profit management, political science, public administration and urban studies. "This new academic entity will help VCU strengthen its academic programs in these areas, help our faculty focus on policy issues related to state and federal government, and give the university an opportunity to develop a nationally ranked public affairs academic unit," says Provost Roderick J. McDavis, Ph.D.

The School of World Studies will offer programs in cultural anthropology, foreign languages, geography, international studies

and religious studies. "This school will challenge our faculty to think outside the box about their academic disciplines," Dr. McDavis says.

Dr. Holsworth joined the VCU Department of Political Science in 1978, earning the VCU Outstanding Teaching Award in 1991 and the SCHEV Virginia Outstanding Faculty Award in 1997. He will continue to direct the Center for Public Policy.

Dr. Brown joined the Department of Foreign Languages in 1995 and became director of the International Studies Program in 1998. He received the College of Humanities and Sciences Distinguished Teaching Award in 2002 and is currently directing a multi-year Title VI grant from the U.S. Department of Education.

## FOUR PROFESSORS HONORED AT CONVOCATION

VCU honored four outstanding faculty members during its 21st Convocation ceremony in September. The 2003 Distinguished Faculty Award recipients are:

■ **Lester Van Winkle, School of the Arts**  
*Distinguished Teaching Award*

A professor in VCU's Department of Sculpture for 34 years, Van Winkle played a major role in the development of the graduate sculpture program ranked first nationally by *U.S. News & World Report*. Van Winkle also has mentored students from freshman foundation courses, through beginning and advanced sculpture, to graduate level seminars and studios.

■ **Nicholas P. Farrell, Ph.D., College of Humanities and Sciences, Distinguished Scholarship Award**

Dr. Farrell, professor of inorganic chemistry, is an internationally recognized leader in the field of platinum chemistry. He arrived in 1993 with a

reputation in bioinorganic chemistry, and he quickly succeeded in assembling a research group. His most notable achievement is the design, synthesis and development of the first novel platinum-based drug to enter clinical trials since the chemotherapy treatment cisplatin 30 years ago.

■ **JoAnne K. Henry, Ed.D., R.N., School of Nursing, Distinguished Service Award**

Dr. Henry, director of the University Office of Health Policy and Research, has been a faculty member for more than 25 years. She has worked to advance health care of the traditionally un-served and underserved. As director of the Community Nursing Organization, the service unit charged with developing new models of nursing practice and community

partnerships, she has received about \$700,000 in foundation grants to support community and outreach activities.

■ **Earl F. Ellis, Ph.D., School of Medicine, University Award of Excellence**

Dr. Ellis, professor of pharmacology and toxicology, directs the M.D./Ph.D. program, where his responsibilities include recruitment, admissions, orientation, counseling, faculty mentor recruitment, scheduling program events, student evaluations and budgetary issues. A major contributor to VCU's multidisciplinary research team studying traumatic brain injury, Dr. Ellis recently invented a novel approach to study the effect of traumatic injury on individual brain cells in tissue culture, where physicians can perform biochemical and functional studies on the processes of brain injury.



Lester Van Winkle



Nicholas Farrell



JoAnne Henry



Earl Ellis

CONVOCATION: PHOTOS BY ALLEEN JENKINS



## PICU CELEBRATES SILVER ANNIVERSARY

The Greater Richmond area's first critical care center for children — the VCU Medical Center Pediatric Intensive Care Unit — marked 25 years of service to critically ill children with a summer celebration that reunited former patients and their families with doctors, nurses and other staff.

Since opening in 1978, the PICU has tallied more than 17,000 admissions. "Our unit was a pioneer in Virginia. We were the first to offer a new specialty, pediatric critical care," says John J. Mickell, M.D., chair of pediatric critical care medicine and PICU director from its start. "Over the years, we have advanced the level of care thanks to emerging technologies and from knowledge gained from critical care research, done here and elsewhere."

Equipped with state-of-the-art instrumentation and ready to employ the latest life support techniques, the PICU is a Level 1, 12-bed area staffed to care for critically ill infants, children and adolescents. Common admission diagnoses include seizures, meningitis, asthma, congenital heart disease, circulatory shock, diabetes, kidney failure, acute blood disorders, poisoning and multiple trauma.

In addition to admissions from the emergency rooms, pediatric floors and operating rooms, the VCU unit receives referrals from other Richmond hospitals and regional

hospitals extending north to Fredericksburg and south to the North Carolina border.

By year-end, the PICU is scheduled to move into a \$2.3 million renovation and relocation. Still with 12 critical care beds, the unit will be configured to provide larger, more private patient spaces that can accommodate 24-hour family visitation and advance family-centered care.

## RESTAURANT GIVES 'TIP' WORTH THOUSANDS

Morton's The Steakhouse, celebrated its spring opening in Richmond with "A Night to Remember," a strolling dinner party and cocktail party that benefited the VCU Medical Center. Morton's management decided to "give back to the community" by hosting the fundraiser to support the mission of the Emergency Department and Level 1 Trauma Center, after the two units were cast in the national spotlight last fall while providing superior care for a shooting victim of the Washington, D.C. area sniper. Sheri Bennington, Morton's general manager, presented a check for \$17,777 to Joseph P. Ornato, M.D., chair of emergency medicine, and Nancy Martin, trauma program manager.

## MASSEY CANCER CENTER CHOSEN AS PALLIATIVE CARE LEADERSHIP CENTER

The Center to Advance Palliative Care, a national program of the Robert Wood Johnson Foundation, has awarded the palliative care program at VCU's Massey Cancer Center a \$750,000 grant to increase the availability of

palliative care in the United States.

The VCU program will teach other cancer centers the optimal way to provide treatment aimed at relieving pain and symptoms as part of state-of-the-art cancer care. Massey is one of six institutions — and the only East Coast location or cancer center — chosen as Palliative Care Leadership Centers.

"Massey's palliative care program is clearly recognized as one of the national leaders in pain and symptom control," says Thomas Smith, M.D., medical director of the Thomas Palliative Care Unit at VCU. "We now have the opportunity to teach our methods to more than 100 teams from other cancer centers over the next three years."

Palliative care is a rapidly growing field, specializing in treating the pain and suffering of seriously ill patients in order to maximize quality of life. Research shows that a majority of patients with cancer and other serious illnesses suffer pain and discomfort even though their symptoms can be treated safely and effectively.



Thomas Smith

## NATIONAL REPORT PRAISES VCU HEALTH SYSTEM FOR SMALLPOX PREPAREDNESS

In a report to the Centers for Disease Control and Prevention, the Institute of Medicine singled out the VCU Health System as "a good example" of an organization that has attained a high level of preparedness without vaccinating its healthcare workers before a smallpox attack.

The August report was the fourth in a series, produced by the IOM's Committee on Smallpox Vaccination Program Implementation, to advise the CDC on the execution of the national smallpox vaccination program. While earlier reports recommended a focus on preparedness versus the actual number of people vaccinated, the August report recommended that the CDC provide guidance to assist state public health agencies, emergency medical services, hospitals and other healthcare partners to establish a minimum standard of preparedness for a smallpox attack.

The VCU Health System received national attention when it decided to delay vaccinating its healthcare workers "pre-event" — before an actual smallpox attack — for hospital patient safety considerations. However, the system developed a smallpox preparedness plan that included the modification of facilities for the treatment of smallpox victims; comprehensive training on smallpox diagnosis, treatment, and infection





control; and measures for the rapid vaccination of hospital staff in a post-event scenario.

The VCU Health System policy development was spearheaded by two nationally recognized leaders in epidemiology and infectious diseases, Richard P. Wenzel, M.D., M.Sc., chair of internal medicine, and chief epidemiologist Michael B. Edmond, M.D., MPH.

### SCHENKEIN HONORED FOR CONTRIBUTIONS IN DENTAL RESEARCH

The International Association of Dental Research presented its 2003 Basic Research in Periodontal Disease Award — its highest honor — to Harvey Schenkein, D.D.S., Ph.D., assistant dean for research in VCU's School of Dentistry. IADR recognized Dr. Schenkein for his contributions and research related to the genetics and pathogenesis of periodontal disease. He was honored this summer during the opening ceremonies of the IADR's 81st general session in Göteborg, Sweden.

Dr. Schenkein has published numerous works in inflammation, immunology and human genetics. He has been assistant dean for research and director for VCU's Clinical Research Center for Diseases since 1986, and is a former director of postgraduate periodontics.



Harvey Schenkein

### VCU HEALTH SYSTEM AMONG NATION'S 'MOST WIRED'

The VCU Health System is one of the nation's "Most Wired" hospitals and health systems, according to the 2003 Most Wired Survey and Benchmarking Study by *Hospitals & Health Networks*. The survey measures U.S. hospitals and health systems on their use of Internet technologies for safety and quality, customer service, disaster readiness, business processes and workforce issues.

"Using state-of-the-art information technology to enhance and improve the quality

of our patient care is a major initiative of the VCU Health System," says Sheldon Retchin, M.D., chief executive officer of the VCU Health System and vice president for health sciences. "We've worked hard in this area, surpassing many of the country's major medical centers, and we are the only health system in Central Virginia to be recognized as a technology leader."

The 100 Most Wired institutions provide Web-based patient education at the bedside, offer disease-specific self-assessments online and link clinical equipment to feed patient readings directly into medical records.

### EATING DISORDER SYMPTOMS GETTING MORE SEVERE, VCU STUDY SHOWS

Many young women seeking outpatient treatment for eating disorders have more severe symptoms than patients had a decade ago — before changes in the U.S. healthcare system made it more difficult to get referrals to eating disorder specialists, according to a VCU-led study published in August in *Eating Behaviors*.

The study found that an increasing number of women with anorexia nervosa are more likely today than in the past to have a dangerously low Body Mass Index (BMI), below 15, suggesting severe underweight and malnourishment. Those with bulimia nervosa are demonstrating more psychological problems, including problems with relationships, than they did in the past.

"Treatment for eating disorders such as anorexia and bulimia has been altered dramatically in the past several years by changes in the mental healthcare delivery system," says Suzanne E. Mazzeo, Ph.D., assistant professor of psychology. "The trend is away from lengthy psychiatric hospitalization of patients with eating disorders toward either short hospital stays or, more likely, outpatient treatment. Our study indicates that some of these changes may have resulted in some young women being sicker before they obtain treatment for their eating disorders. Women may be losing more weight before seeking help, and the treatment programs are more limited now than they were in the past."

The study included researchers from the University of Illinois at Urbana-Champaign and Bloomington Hospital in Bloomington, Ind.

### VCU DISCOVERY COULD HELP PHYSICIANS CONTROL CLOTTING

VCU researchers have developed an innovative laboratory test that could help clinicians target drugs to control a range of blood-clotting problems — from hemorrhaging in accident victims to uncontrolled bleeding in hemophiliacs to excessive clotting that could lead to life-threatening thrombosis. The new tool quickly measures the amount and speed at which the enzyme thrombin is produced in a patient's blood.

Finding a way to accurately and easily mark the moment that thrombin generation begins following surgery or injury to a blood vessel and to measure the rate and amount of thrombin produced in a patient's blood is "the holy grail of coagulation," says VCU blood-clotting expert Marcus E. Carr Jr., M.D., Ph.D., professor of internal medicine and pathology. Current methods to assess the function of the haemostatic system are relatively crude.

"Thrombin generation increasingly is recognized as the critical component of normal hemostatic function," Dr. Carr says. "If thrombin generation is delayed or deficient, as it might be in a hemophiliac, the patient is at risk for excessive bleeding. If thrombin generation is not controlled, the patient is at risk for recurrent thrombosis, which could cause stroke, coronary infarction, circulatory problems in the legs or other serious diseases. Physicians who want to treat any of these cases with some of the new therapies being introduced need much more information about thrombin than they can get today."

In articles published this summer by the *Journal of Thrombosis and Haemostasis*, Dr. Carr and his team describe a blood analysis process that uses technology Dr. Carr developed at VCU to measure how long it takes for thrombin to form in normal blood, in blood from patients with coronary artery disease and in blood from hemophiliacs.

### VCU WELCOMES RECORD FRESHMAN CLASS

In August, VCU welcomed its largest freshman class, marking the fifth consecutive year of increased freshman enrollment. Fall semester statistics include:

- A record 3,250 freshmen, up from 3,048 last year.
- An increase in the number of first-time freshmen who



Suzanne E. Mazzeo

are African-American, Asian, Hispanic and Native American. Overall, 38 percent of the freshman class are minority students.

■ 440 freshmen from Fairfax County, which is now the single largest feeder county/city for VCU freshmen. Significant increases this year were in Spotsylvania and Stafford counties as well as Hampton Roads, including Newport News, Norfolk and Virginia Beach.

■ Forensic Science as an increasingly popular major, up from 85 to 150 this academic year. Also up significantly are enrollments in pre-nursing, pre-pharmacy and psychology. There is about a 30 percent increase overall in Life Sciences enrollments.

## RESEARCHERS COMBINE NOVEL DRUGS TO TREAT LEUKEMIA

In a prototype of a new, possibly more effective and less-toxic approach for treating leukemia patients, researchers at VCU's School of Medicine and Massey Cancer Center have combined two novel drugs to kill blood cancer cells.

The experimental drugs — UCN-01 and 17-AAG — appear to work together in a highly synergistic manner to disrupt the cell cycle and inhibit key enzymes in several types of leukemia cells, dramatically slowing their proliferation and triggering apoptosis, or cell death. Because the drug combination is designed to target signaling pathways

selectively in cancer cells using relatively low doses of each drug, the combination may avoid some of the side effects of traditional chemotherapy, which attacks all dividing cells.

“We have learned that leukemia and other cancer cells are very resilient and activate internal mechanisms to protect themselves against the effects of anti-cancer drugs by stimulating survival pathways,” says Steven Grant, M.D., Shirley Carter and Sture Gordon Olsson Professor of Oncology at VCU and lead author of the study, published in September. “However, if you disrupt the cell cycle and simultaneously interrupt the cell’s compensatory mechanisms, the cancer cell becomes very vulnerable and can’t escape the effects of this combined approach. The cancer cell then commits itself to a suicide program.”

UCN-01 is a novel anti-cancer drug that has shown promising results in laboratory studies in slowing or preventing tumor cell growth in various cancers, particularly in combination with other new drugs or traditional chemotherapy. UCN-01, which is undergoing extensive clinical trials, is known as a checkpoint abrogator because it interferes with the cell cycle regulation of cancer cells, including cell division and the ability of cancer cells to repair themselves after injury.

17-AAG disrupts the function of a critical protein, Hsp-90 (a member of the heat shock protein family), needed by cancer cells for the proper folding and function of a variety of proteins necessary for tumor cell survival.

Both drugs are under development by the National Cancer Institute, in partnership with pharmaceutical companies in the United States and Japan.

## GREAT RECEPTION

Say good-bye to bad reception. VCU Rams broadcasts have moved to WBBT-107.3 FM. “We’re making a significant commitment to enhance our local exposure,” says VCU Athletic Director Dick Sander. “This is a major step.”

## LUNCH WITH COACH CAPEL

Have lunch with Coach Jeff Capel  
 December 3  
 January 16  
 February 18  
 Cost: \$10, VCU  
 Ticket Office:  
 (804) 828-RAMS



Coach Jeff Capel

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- 4 SOFT DRINKS
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- 1 PARKING PASS

**\$44**

Great seats, fun food, great time, and parking for 4 people at a great home game at the ALL-TELL Pavillion at the Siegel Center —of course it adds up! Take the family, or go with friends.

**SATURDAY, DECEMBER 6  
 RAMS VS. WILLIAM & MARY**

**FRIDAY, JANUARY 2  
 RAMS VS. MIDDLE  
 TENNESSEE STATE**

**SATURDAY, JANUARY 31  
 RAMS VS. HOFSTRA**

**SATURDAY, FEBRUARY 21  
 RAMS VS. ODU**

**VCU TICKET OFFICE:  
 (804) 828-RAMS**





# MCV ALUMNI ASSOCIATION OF VCU: LIFE MEMBERS

The Association is grateful for all of its regular and life members. The following alumni became life members between July 21, 2002 through July 31, 2003

Dr. Michael A. Abbott  
 Dr. Randy Adams  
 Dr. Stephen B. Alopf  
 Mrs. Gladys L. Andrews  
 Dr. Mitchell S. Anscher  
 Mrs. Sherry M. Anscher  
 Dr. Elizabeth M. Attreed  
 Dr. Bruce A. Baber  
 Dr. Muna M. Badawi Strasser  
 Ms. Kathleen J. Bailey  
 Dr. Betsy A. Bampton  
 Dr. Jennifer B. Barron  
 Dr. David R. Beam  
 Dr. Richard L. Bennett  
 Mr. Lance W. Bernkowitz  
 Dr. James I. Bernhardt  
 Dr. Amy L. Bivens  
 Dr. Erika M. Blanton  
 Dr. Edward L. Boyce  
 Mrs. Pat Boyce  
 Dr. William T. Brand, Jr.  
 Dr. Bryan Brassington  
 Ms. Stacy A. Brinkley  
 Dr. Thomas D. Brown  
 Mrs. Tammy S. Brumbaugh  
 Ms. Helen M. Buckley  
 Dr. W. Joseph Cannon  
 Mr. Anthony J. Catron  
 Mrs. Sarah A. Catron  
 Mrs. Gaynelle Chewning  
 Dr. Benjamin F. Chikes  
 Dr. Chai C. Choi  
 Mr. James M. Christian  
 Mrs. Loretta T. Clemmer  
 Dr. Waverly M. Cole  
 Mrs. Susan Coleman-Booker  
 Mr. Dennis M. Connell  
 Mr. David N. Cox  
 Mr. David R. Creecy  
 Dr. Jason S. Crist  
 Dr. Lina S. Crowder  
 Dr. Apostolos P. Dallas  
 Mr. Thomas C. Dandridge  
 Dr. Jeffrey P. Davis  
 Dr. Kennon W. Davis  
 Ms. Mylie Dawkins  
 Mrs. Frances S. Denny  
 Dr. D. Clayton Devening, Jr.  
 Mrs. Roberta S. Devery  
 CDR Robin B. Dodd  
 Dr. W. Roger Dombay  
 Mr. William T. Doyle  
 Mrs. Ann M. DuBose  
 Dr. Samuel C. Dudley, Jr.  
 Ms. Katherine D. Edwards  
 Mrs. Anne B. Erganbright  
 Dr. Mary C. Farach-Carson  
 Mr. Austin W. Farley  
 Dr. Robert Y. Fidler, Jr.

Dr. Melanie Fidler  
 Dr. Helen M. Foster  
 Mrs. Patricia W. Foster  
 Dr. Jeff S. Fox  
 Dr. Powell G. Fox, Jr.  
 Mr. Charles H. Friedman  
 Dr. Samuel W. Galstan  
 Dr. Joseph E. Gardner  
 Mrs. Irene R. Garrett  
 Dr. Hunter M. Gaunt, Jr.  
 Dr. Cynthia L. Gauss  
 Dr. Nassir Ghaemi  
 Dr. R. Arthur Gindin  
 Mr. John Giragosian  
 Dr. Kathryn E. Glas  
 Dr. Samuel L. Glass  
 Dr. John T. Glick, Jr.  
 Dr. Robert A. Goldschmidt  
 Mr. John J. Gorsica, III  
 Mr. V. Randall Gravelly  
 Dr. Joanne C. Green  
 Mr. Paul A. Gross  
 Dr. Jane L. Grosser  
 Mr. Gerald A. Grossman  
 Dr. Scott P. Guice  
 Dr. Roberta J. Hall  
 Dr. Andrew W. Haraway, Jr.  
 Dr. Eloise C. Haun  
 Dr. Mark J. Hauser  
 Mr. Steven M. Hays  
 Dr. Harold P. Heafner, Jr.  
 Dr. Harry H. Heard, III  
 Dr. David A. Hedrick  
 Ms. Melissa D. Hegeodus  
 Mr. Bruce A. Henderson  
 Mr. James M. Henry, IV  
 Dr. Carmen Hernandez  
 Mr. Robert O. Hillman  
 Dr. Jeffery E. Hodges  
 Dr. Robert A. Hoffman  
 Dr. James W. Holland, Jr.  
 Dr. Frankie A. Holmes  
 Dr. Kenneth S. Houghton, Jr.  
 Dr. Robert E. Hoyt  
 Mrs. Sally S. Hudson  
 Mrs. Beverly W. Ivey  
 Mr. Franklin Jefferson  
 Mr. Mitchell P. Kambis  
 Dr. Kimberly D. Keith  
 Mr. Jim R. King  
 Mrs. Carla Y. King  
 Dr. Karen L. Kirby  
 Dr. Mary Ann F. Kirkpatrick  
 Dr. Edward N. Kitces  
 Dr. Eileen Kitces  
 Dr. Elizabeth A. Kleiner  
 Dr. Harold Kushner  
 Dr. Laura W. Lanier  
 Dr. Isabella C. Laude

Dr. Sarah K. Laughon  
 Mr. David Gary Lawrence, Sr.  
 Dr. Bao Q. Le  
 Dr. Lan P. Le  
 Dr. Debbie Leavens  
 Dr. John G. Lieb  
 Dr. George E. Long  
 Dr. Beal A. Lowen  
 Dr. Thomas G. Luckam  
 Dr. James L. Lynde  
 Dr. Everett C. Lyon, Jr.  
 Dr. Sandra B. MacArthur  
 Dr. Nick J. Manos  
 Dr. Samuel J. Marsh  
 Dr. Melody J. Marshall  
 Dr. Elizabeth M. Mason  
 Mrs. Melanie F. Mason  
 Ms. Rita C. Mawhinney  
 Dr. J. Gary Maynard, Jr.  
 Mrs. Sally M. Maynard  
 Dr. Robert L. McClanahan, Jr.  
 Dr. William L. McClung  
 Mr. Ronald H. McFarlane  
 Mrs. Nancy L. McFarlane  
 Dr. Charles W. McGahee  
 Dr. William M. Mihalko  
 Dr. Scott K. Miller  
 Dr. Christina P. Mills  
 Dr. David J. Montgomery  
 Dr. French H. Moore, III  
 Mrs. Laura O. Moore  
 Dr. Melvin R. Morrison  
 Dr. Steven F. Mucci  
 Mrs. Patricia E. Mucci  
 Dr. Dawn G. Mueller  
 Ms. Kathleen T. Murphy  
 CAPT Pamela A. Murphy  
 Dr. George P. Nanos, III  
 Ms. Stephanie L. Neatrou  
 Dr. Charles H. Nelson, Jr.  
 Ms. Debbi J. Nierenberg  
 Ms. Patricia L. O'Neil  
 Ms. Carolyn J. Otto  
 Ms. Myra G. Owens  
 Dr. Lesley Padilla  
 Dr. Tonja I. Palaura-Weed  
 Dr. Joseph C. Parker, Jr.  
 Mrs. Elaine J. Payne  
 Mrs. Rebecca T. Perdue  
 Dr. Jonathan Perlin  
 Dr. Donna Jablonski Perlin  
 Dr. Jennifer A. Petcen  
 Mrs. Patricia P. Phillippi  
 Dr. Archer Lamb Redmond  
 Ms. Patricia Bowman Resto  
 Dr. Arthur M. Reynolds, Jr.  
 Dr. Janet Hatcher Rice  
 Dr. Robert D. Richards  
 Dr. Arno A. Roscher

Dr. Meredith B. Rose  
 Dr. William Rosenberg  
 Dr. Jeffrey Rubin  
 Dr. Michael H. Rubin  
 Dr. Lisa Marie Samaha  
 Dr. Frank M. Sasser, Jr.  
 Dr. Robert N. Satterfield  
 Mrs. Catherine P. Saunders  
 Mr. Alvin J. Schalow, Jr.  
 Dr. Joel Schuman  
 Dr. Laurence D. Schwartz  
 Ms. Shirley K. Scott  
 Dr. Jack L. Shelburg  
 Dr. Heidi A. Sherman  
 Dr. Owen C. Shull  
 Dr. Ronald A. Sinicrope  
 Dr. Eustace H. Smith  
 Mrs. Scarlett S. Solomon  
 Dr. Robert N. Sorenson  
 Mrs. Janet Y. Soto  
 Dr. Charles K. Sparrow  
 Dr. Benjamin Stallings  
 Ms. Terese A. Steinbrecher-Crayton  
 Dr. Ned D. Taylor  
 Ms. Shirley M. Thomas  
 Mr. Jay Tommy Thompson, III  
 Dr. David Tignor  
 Dr. Audrey R. Tignor  
 Mrs. Patricia R. Townes  
 Mr. Theodore E. Townsend, Jr.  
 COL Richard B. Trumbo  
 Dr. Sheila M. Vacendak  
 Dr. Sam F. Vance, III  
 Mrs. Betty J. Wagner  
 Mrs. Edith B. Wamsley  
 Dr. Joseph L. Ward  
 Dr. James D. Watkins  
 Mr. Roger A. Weakley  
 Dr. William A. Webb  
 Mr. Elliott Weinberg  
 Mrs. Elisabeth H. Weinberg  
 Mrs. Betty B. West  
 Mr. Hiram H. Whitehead  
 Dr. Thorpe C. Whitehead  
 Dr. Charles E. Wilhelm  
 Mr. James G. Williams  
 Dr. Melissa I. Williams  
 Dr. Mildred Williams  
 Dr. Troy H. Williams  
 Dr. Ohlen R. Wilson  
 Dr. Angela L. Wingate  
 Dr. Christopher Woleben  
 Mrs. Pamela P. Woltz  
 Dr. Beverly A. Wood  
 Ms. Julie Woodford Manico  
 Dr. Edward K. Wright, Jr.  
 Dr. Robert Wu



\*Member of the MCV Alumni Association of VCU  
\*\*Life Member of the MCV Alumni Association of VCU

### 1920's

**Warren Bishop '29MD** recently celebrated his 100th birthday with his family in Oregon. He was a general practice doctor for 68 years. He had delivered over 4,000 babies and could travel up to 40 miles to deliver a baby. He is also the oldest son of a confederate soldier and believes that he is the only graduate from his class to practice west of the Mississippi River. Bishop is enjoying life and loves Oregon. We believe Bishop is the oldest living alumnus from the school of Medicine.

### 1940's

**\*\*Whitney Caulkins Jr. '47MD** received his honorary undergraduate degree from the University of Richmond in May. He was "one of the few rare breeds" who received his postgraduate degree before his undergraduate. Caulkins entered the University of Richmond in September of 1941 in a premedical degree path but halfway through his junior year, he was taken out of school by the Navy V-12 program and enrolled in MCV. The Navy V-12 program was established in 1942 as part of the Naval Reserve Officers Training Corps to provide accelerated officer training at American colleges and universities in support of the war. "The Navy pulled us out of college because they needed doctors," Caulkins said. "I used to have a dream that somehow I had enrolled and finished my degree requirements, but the problem in my dream was that I could never pass the exam."

### 1950's

**\*Warren Betts '57BS(BA&M)/B '59MHA(HA)/AH** retired from BJC Healthcare a few years ago, and splits his time between Epworth Home for

troubled young people, Shriners Hospital and clowning around as "Buttons the Motorized Clown."

**\*\*Jean Cavender '52MD** and **\*\*Jerrill Cavender '52MD** recently celebrated their 53rd wedding anniversary. They received the "Family Doc 2003 Award" from the West Virginia Family Practice Association. Jean is the first woman to receive the award and they are the first couple. "They have both made a great impact on care of patients in West Virginia and the support of the WVAFP." They are both retired and enjoying life and their grandchildren.

### 1960's

**Marjorie Webb Best '68BS/N** was recently named Nurse of the Year by the North Carolina Association of Non-Profit Homes for the Aged. Best is the Director of Nursing at Glenaire Retirement Community.

**Brenda Brace-Carter '69BS/N** recently celebrated her 2nd wedding anniversary. The couple has relocated to Magnolia, MS.

**\*David Couk '63MD** has retired from an orthopedics practice and is loving life! "Never thought I would last this long or I would have taken better care of myself." Couk lives in Warrenton, VA.

**Barbara Fleming '69BS/N '80MS/N** was recently named one of "10 Outstanding Women of 2003" by the YWCA. Fleming works for Children's Health Involving Parents, which helps families learn how to teach their children, use doctors effectively and find better housing or day care.

**Dan Herbert '66BS/P** has been named President-Elect of the American Pharmacists Association. Herbert lives in Richmond.

**Mathilda "Mat" Merker '65BS/N '75MS/N** recently graduated from Candler School of Theology, Emory

University with a Master of Divinity degree. She is a certified candidate in the ordination process. She has been appointed pastor of Benton United Methodist Church in Benton, TN. Her article "A Ritual for the Dead" appeared in the winter 2003 issue of the *Journal of Christian Nursing*.

**\*\*Preston Miller Jr. '63DDS** was named "Dentist of the Year" by the Tennessee Dental Association. Miller recently conducted the Continuing Education Program for MCV's Reunion Weekend in April.

**\*John Sawicki '68DDS** has been honorably retired from the U. S. Army Reserve, after 36 years of service. Sawicki continues to maintain his part-time dental practice in Mattituck, NY.

### 1970's

**\*Lana Albright '74BS/N '76MS/N** is happy to announce the adoption of five-year-old, Anastasia Sofia, from Moscow in February. Albright retired from a career in oncology research nursing at the National Institutes of Health in Bethesda, MD. The family now lives in the mountains of western Maine. **Leon "Skip" Beeler '79MD** is Mayor of the City of Cocoa Beach, FL. **Wilsie Bishop '70BS/N**

**'78MS/N** has been named the Chair of the Southern Association of Allied Health Deans at Academic Health Centers. Bishop is currently the Dean of the College of Public and Allied Health at East Tennessee State University.

**\*James Bowman III '79MD** is currently Medical Officer with Medicare (CMS). He also serves as advisor to the Chronic Care Policy Group in Baltimore, MD and as an advisor for transplants and new technology. He received a master's degree from NC State University College of Management in 2000.



**\*\*Christopher Colenda '77MD** is the Dean of the College of Medicine of Texas A&M University. Colenda was the Chairman of Psychiatry at Michigan State University before assuming his new position as Dean. **Sallie Cook '76MD** has been elected 2003-2004 president of the Virginians Improving Patient Care and Safety (VIPCS), which is a statewide patient safety coalition representing more than 40 health care organizations. Cook is the chief medical officer and senior clinical advisor for quality improvement initiatives and reviews activities for the Virginia Health Quality Center.

**Berkeley Keck '77BS/N** is the Assistant Executive Director for Information Technology. Keck had served as Director of Information Technology and will continue to have responsibility for all areas of information technology, including network and hardware operations, database operations and planning and development of all application systems.

**\*John Lubicky '79HS-M** was recently appointed to an endowed professorship with Rush University. Lubicky is the inaugural holder of the Ronald L. DeWald, MD, Chair in Spinal Deformities. The chair was established in 1996 to honor Dr. DeWald, a pioneer in the field of modern spine surgery. Lubicky is chief of staff at Shriners Children's Hospital in Chicago.

**Gary Manko '78MD** is President and CEO of Clinical Associates, PA which is an 80 physician multi-specialty group in Baltimore, MD.

**Terry Spence '77DDS** and wife, Linda would like to announce the birth of Victoria Grace, on July 2, 2003. Victoria joins brothers Brad, Grant and Cole. The family lives in Exmore, VA.

**Kenneth Youner '71MD** is happy to announce the birth of granddaughter, Rachel Madison. Youner lives in Wayne, NJ.

## 1980's

**\*\*Stuart Cohen '86MD** completed a year of culinary school and is now working with Cerner Corporation,

a health care IT company, as a physician executive. He is working on the development of an electronic anesthesia record as well as a general EMR. Cohen lives in Phoenix, AZ.

**Stephen Dahlstedt '86MD** recently married Shannon Magarahan. Dahlstedt is a partner with the Urology Center in Greensboro, NC.

**\*\*Bruce DeGinder '88DDS** received the Distinguished Service Award from the Academy of General Dentistry (AGD). The Distinguished Service Award honors a council or committee member who has served the Academy in an outstanding manner by dedicating large amounts of time to assure continuity and integrity in the operations of the AGD, as well as developing new programs and services to meet the membership's changing needs.

**Robert Deuell '83MD** of Greenville, TX was recently elected to the Texas State Senate.

**Mary Ellison '85PhD(A)/M '01MS(HAE)/AH** has been promoted to Assistant Executive Director of the Federal Affairs for the United Network for Organ Sharing (UNOS). Ellison will oversee and coordinate all projects related to UNOS' contract to operate the national Organ Procurement and Transplantation Network (OPTN). Ellison is responsible for the departments of Research, Patient Affairs, Policy Compliance, Membership and Policy Development and Professional Service. Ellison had served as Project Director and Director of Research.

**Laura Finch '87BS/N '95MS/N Cert(NP)/N** married Brian Cassel on May 17, 2003. Finch is employed with VCUHS as a gerontological nurse practitioner and Cassel is a clinical data analyst at the Massey Cancer Center.

**Richard Fuller '88MD** is celebrating the birth of fourth child, Madelyn Anita. She joins three brothers to complete a full house. "She's our little post-vasectomy miracle, but apparently it required a no-scalpel vasectomy for us to make a beautiful baby girl!!!" "I'm interested in any news from my M'88 and late 90's

Pediatrics residency classmates." My email is 84deadcoc@ameritech.net. **Brian Gooch '82MHA(HA)/AH** was recently recertified as a Fellow in the American College of Healthcare Executives. He is a Principal in Gooch and Associates, a consulting firm providing services primarily focused on performance improvement and accreditation management both domestically and internationally. Gooch lives in Millersville, MD.

**Denise Goudelock '88BS(DH)/D** of Tacoma, WA is a commissioned officer with the United States Public Health Service in the Indian Health Service. She has been promoted to the rank of 05, Commander. Goudelock also received her MAOM Degree in 2002. She has been with the Indian Health Service for 15 years and is presently assigned to the Puyallup Tribe.

**Venita Morell '80BS(C) /Hum&Sci'83MD** and **Robert Morell '83MD** have moved from Winston-Salem, NC to Niceville, FL. Robert continues as editor of the APSF newsletter and remains on the adjunct clinical faculty at Wake Forest University School of Medicine, but will enter private practice of anesthesiology at Ft. Walton Beach Hospital. The family loves living in the same town as their grandparents.

**Clarence Richardson III '86AS(RT)/AH** married Wanda McLean-Harrington on May 7, 2003. The couple lives in Richmond.

**\*\*Catherine Saunders '76BS(SW)/SW '82MS(G)/AH** recently earned her associate broker license. Saunders works for Long and Foster Realtors in Richmond.

**\*Sandy Harris-Turman '84BS/P '87DPhA** is happy to announce the birth of Rachel Jordan on November 30, she joins brother, Benjamin. The family lives in Fredericksburg, VA.

**Lee Ustinich '82BFA(C)/A '85MS(RC)/AH** resigned from the District 19 Community Services Board, after 10 rewarding years of service. She is currently a Health Care Financing Specialist for the New Hampshire Department of Health and Human Services, Special Medical Services Bureau in Concord, NH.

**Denise Young '89MD** and **Jeffrey Young '88MD** are both faculty member at the University of Virginia. Jeff is an Associate Professor of Surgery and the Director of the Trauma Center and Denise is an Assistant Professor of Obstetrics and Gynecology. They live in Keswick, VA with their five children.

### 1990's

**Carrie Allen '98MS(B)/M '03MD** and **Timothy Coleman '98PhD(B)/M** were married on May 31, 2003. Allen is a resident in Obstetrics and Gynecology at VCUHS and Coleman is the President and COO of BioCache Pharmaceuticals. The couple lives in Richmond.

**Robert Buch '92DDS** joined the Oral and Maxillofacial Surgery Practice of T. Thomas Kangur and Miles Wilhelm in Charlottesville, VA.

**\*Laurie Buchwald '95MS/N** is currently working as a Women's Health Nurse Practitioner with a private OB/Gyn practice in Christiansburg, VA. She was recently elected to the Radford City Council in Radford, VA.

**Ray Chen '97MD** is a medical officer with the National Institutes of Health. He is based in Beijing, China, where he works on HIV related projects.

**Rosemarie Curley '94MS(PT)/AH** and **Kevin Curley '98MBA/B** are pleased to announce the birth of Brian Michael on June 1, 2003. The family lives in Midlothian, VA.

**Kathleen Dailey '93BS/N** married Michael St. John on May 10, 2003.

**\*Lance Grenevicki '93DDS** was featured as Central Floridian of the Week for January 20, 2003. Grenevicki is very generous with his skills as an Oral and Maxillofacial Surgeon. He recently volunteered to remove a benign tumor from the mouth of an 11 year old girl, who had contracted it from lupus. Grenevicki said "it's very gratifying, very rewarding."

**Constance Hanna '94MS(PH)/M** is currently the Corporate Director of Health Services with Honeywell, in this position she deals with terrorism and infectious disease issues.

**Robin Lowe Hayes '93MS(PT)/AH** and husband, Thomas have moved back to Virginia.

**\*Peter Heyman '93MD** and **Allison Werner 00MS(SW)/SW** were united in marriage on May 10, 2003. Werner is a mental health clinician employed with Hanover County Community Services Board and Heyman is a pediatrician with the practice of Drs. Overton, Wiley, Kirchner, Terry and Rowe. The couple lives in Richmond.

**Crystal Holbrook '94BS/N** and **Paulo Gazoni '96Post Cert.(A)/M '00MD** were married on May 31, 2003. Gazoni works as a full-time attending at VCUHS in the E.R. and Holbrook works in the Neonatal Intensive Care Unit. The couple lives in Maidens, VA..

**Jennifer Hughlett '99MS(PT)/AH** married Keith Scholten on July 12, 2003. Hughlett is working as a physical therapist for Henrico County Schools. The couple lives in Mechanicsville, VA.

**Ashley Jones '99Cert(PID)/M '03MD** and **David Moss '01MD** were married on June 14, 2003. Jones is a pediatric resident with New York Presbyterian Hospital/Weill-Cornell and the Medical Center in Manhattan. Moss is currently in his second year of residency in orthopedic surgery at New York University Hospital for Joint Diseases in Manhattan, NY.

**\*Susan Kerrigan '91MD** has joined Ashley River OB/Gyn in the practice of urogynecology, gynecology, and obstetrics. She is also adjunct clinical assistant professor at the Medical University of South Carolina. Kerrigan recently had her fourth child in June. The family lives in Charleston, SC.

**Jill Lewis '97MS(PT)/AH** and **Ralph "Russ" Lewis, Jr. '97MS(PT)/AH** are pleased to announce the birth of Brayden Tyler in May. Both work as physical therapists and the family lives in Tappahannock, VA.

**\*\*Thomas Martin '95MD** and **\*\*Misha Patnaik Martin '96MD** were expecting their third child in September. Thomas is an ob/gyn and Misha is practicing pediatricians both in Montgomery County.

The family lives in Germantown, MD.

**Tori Perkinson '97BS/N '01MS (NA)/AH** married Ashley Long on June 14, 2003. Perkinson is a nurse anesthetist at Henrico Doctor's Hospital. The couple lives in Richmond.

**Theresa "Tia" Bain Recupero '95DDS** and **Stephen Recupero '95DDS** are proud to announce the birth of their third child, Christopher Joseph on November 18, 2002. Both practice dentistry together in Stoughton, MA.

**\*Kris Sardella '96AS(RT)/AH** is a full-time radiology physician's assistant with Ellis Hospital in Schenectady, NY.

**Valerie Stoss '97BS/N** married Michael Whetstone on May 31, 2003. Stoss is an RN in the neonatal intensive care unit at Henrico Doctor's Hospital. The couple lives in Richmond.

**Rebecca Byrd Swan '90MD** and husband, Michael are pleased to announce the adoption of Ella Grace, from China. She joins brother, Noah. The family lives in Nashville, TN.

**Patricia Treadway '95BS/N** of Glen Allen, VA married Ronald Calvert on March 22, 2003. Treadway is a registered emergency room nurse and Calvert is a USPTR certified Tennis Professional and the Director of Tennis at Wyndham. The couple lives in Glen Allen, VA.

**Suzanne Thornton '89BS(B) /Hum&Sci '93MS(B)/Hum&Sci '97PhD(P&T)/M** married William Jones on May 17, 2003. Thornton is employed with the Food and Drug Administration and Jones is working on a degree in special education. The couple lives in Montgomery Village, MD.

### 2000's

**\*Sobia Bhutta '97P-C(HG)/M '00C(G)/M '01DDS** and **Roy Carter II '97BS(B)/Hum&Sci '01DDS** were married June 14, 2002 and are living in Cleveland, OH.

**Dena Campbell '03MS/N** is now Mrs. Wesley Taylor, Jr. after her recent marriage. Campbell is a registered nurse for Fairfax Inova Hospital. The couple lives in Fairfax, VA.



**Sandra Carty '00MD** and **Arnold Kim '00MD** were married on March 15, 2003. Carty is in her third year of residency in psychiatry at Duke University. Kim is completing an internal medicine residency at the University of North Carolina. The couple will live in Durham for the next year before returning to Richmond, where Kim will be doing a fellowship in nephrology at VCUHS.

**Michelle Cary '02BS/N** married Timothy Orr on April 26, 2003.

**Ashley Clark '01MS(PT)/AH** and **Marc Forrest '02MS (PT)/AH** were married on Aug. 23, 2003. Clark is employed with Tidewater Physical Therapy as a senior therapist and Forrest is employed with Hampton Roads Orthopedics and Sports Medicine also as a physical therapist. The couple lives in Newport News, VA.

**Michelle Ellis '99BS(C) /Hum&Sci '03MD** and **Robert Conklin '99Cert(P) /M '03MD** were married on May 25, 2003. The

couple is doing their residency with Roanoke Memorial Hospital.

**Stephanie Kessler '02MD** married Joshua Rubinstein on May 25, 2003. The couple lives in Richmond.

**Kimberly Rainbow '00BS (CLS)/AH** married Walter Parra on April 26, 2003. Rainbow is employed with the Department of Pathology's Hematology laboratory at VCU Health Systems. The couple lives in Richmond.

**James Sluss II '01MD '01PhD(B)/M** married Amy Johnson on June 7, 2003. Sluss is a first-year resident in the Department of Radiology with VCUHS. Johnson is an associate branch manager with Alcoa. The couple lives in Richmond.

**Emily Smith '03DDS** and **Matthew Payne '99Cert.(A)/M** were married on August 9, 2003. Smith is a resident of the Advanced Education in General Dentistry Program at VCU/MCV. Payne is in VCU/MCV's School of Medicine. The couple lives in Richmond.

D E A T H S

1920's

**Juan Nieves-Colon '27MD** of Hato Rey, PR many years ago.

**Percy Grigg '28MD** of New Durham, NH on June 3, 2001 at the age of 100.

1930's

**John Alexander '35MD** of Locust Grove, VA on March 30, 2003. Alexander was a plastic and reconstructive surgeon for over 40 years. He was a founding member and past president of the American Society of Aesthetic Plastic Surgery as well as the D.C. Metropolitan Area Society of Plastic-Reconstructive Surgery. He also helped to find the Northern Virginia Doctors Hospital Corporation. Alexander was a flight Surgeon and qualified in underwater medicine.

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Clinical Laboratory Sciences	828-9469	Graduate Programs	828-3474
Occupational Therapy	828-2219		
Physical Therapy	828-0234	<b>School of Pharmacy</b>	<b>828-3000</b>
Radiation Sciences	828-9104	Admissions	828-3000
Gerontology	828-1565	Graduate Programs	828-3819
Patient Counseling	828-0540	Continuing Education	828-3003
Nurse Anesthesia	828-9808		
Rehabilitation Counseling	828-1132	<b>Office of Admissions (Academic Campus)</b>	<b>828-1222</b>
<b>School of Dentistry</b>	<b>828-9184</b>	<b>Office of Graduate Admissions (Academic Campus)</b>	<b>828-6916</b>
Admissions	828-9196	<b>MCV Campus Records and Registration</b>	<b>828-1349</b>
Continuing Education	828-0869		
Dental Hygiene	828-9096		
<b>School of Medicine</b>	<b>828-9788</b>		
Admissions Office	828-9629		
Graduate Education	828-8366		
Continuing Medical Education	828-3640		

He enjoyed many pastimes including diving, swimming and golf. Alexander was 91.

**\*Pauline Barrett '35Cert/N** of Leesburg, VA on July 20, 2002.

**Mary Buster-Pledger**

**'38St.P/N** of Morristown, NJ.

**Ann Copenhaver '34BS/N** of Littleton, NH.

**James Elliott '36MD** of Bristol, TN on August 15, 2003. Elliott, along with his brother, Dr. W. C. Elliott

#### Key To Abbreviations

Alumni are identified by year degree/school

#### Degrees:

AS	Associate's Degree
CERT	Certificate
BS	Bachelor of Science
DDS	Doctor of Dentistry
DH	Dental Hygiene
Diet	Dietetic Intern
DPhA	Doctor of Pharmacy
HS	House Staff
MD	Doctor of Medicine
MHA	Master of Health Administration
MNA	Master of Nurse Anesthesia
MS	Master of Science
PC	Post-Certificate
PHD	Doctor of Philosophy
SW	Social Work

#### Schools:

AH	Allied Health
CLS	Clinical Laboratory Sciences
G	Gerontology
HA	Health Administration
HAE	Health Administration Executive
HCM	Health Care Management
HSD	Health Services Organization
MT	Medical Technology
NA	Nurse Anesthesia
OT	Occupational Therapy
PC	Patient Counseling
PT	Physical Therapy
RC	Rehabilitation Counseling
RS	Radiation Sciences
B	Business
BH	Basic Health Sciences
D	Dentistry
E	Education
EN	Engineering
H&S	Humanities and Sciences
B	Biology
C	Chemistry
M	Medicine
A	Anatomy
BC	Biochemistry
M&I	Microbiology and Immunology
P	Physiology
P&T	Pharmacology and Toxicology
D	Otolaryngology
MC	Mass Communications
N	Nursing
NP	Nurse Practitioner
RN-BSN	Registered Nursing-Bachelor's Science
NTS	Nontraditional Studies
P	Pharmacy
St.P	St. Philip School of Nursing
SW	Social Work

were the founders of the first hospital in Russell County, VA, Lebanon General Hospital. He also authored a book of stories about the adventures he encountered as a country doctor.

**\*Henry Froneberger '32DDS** of Gastonia, NC on July 12, 2003.

**Novena Marple '38DDS** of Sutton, WV.

**James Martin '36DDS** of Roanoke, VA in May 2002.

**\*Paul Nutter '38MD** of Richmond.

**John Preston '31MD** of Winston Salem, NC on November 1, 2002.

**\*F. E. Rodriguez '39DDS** of McLean, VA.

**Sabra Russell '31BS/N** **40BS(PHN)/N** of Santa Ana, CA on July 6, 2003.

**Irene Winn '35BS/N** of Richmond on February 10, 2003. Winn was the spouse of the late **Washington Winn '35MD**.

#### 1940's

**Edward Alderman '45MD** of Four Oaks, NC on March 30, 2003.

Alderman served the Four Oaks community for 40 years. Not all of his time was spent in a medical capacity, he served as Four Town Commissioner and member of the Four Oak Rotary Club.

**Allen Carr '47MD** of Grand Island, FL.

**\*Joe Damron '48MD** of Winchester, VA.

**Anne Goodman '41BS/N** of Richmond, on April 11, 2003.

**\*William Greever '43MD** of Fort Myers, FL on November 11, 2002. He practiced medicine with his brother, Dr. Don Greever for over 40 years. Greever is survived by his wife of 58 years, **\*Retta Greever '45BS/N**.

**Eugene Hutton Jr. '46MD** of Elkins, WV.

**\*Eleanor Lynch '44St.P/N** of Hampton, VA on August 7, 2003. Lynch had a very long and notable career which included serving as Clinical Instructor for both St. Phillip Hospital and Dillard University. Lynch received national distinction

as an expert in Curriculum Development and Testing as director of the Department of Test Construction at the National League for Nursing in New York. In her obituary it stated, "Eleanor has come to the end of the road and the sun has set for her. The legacy she leaves will guide Nursing Education and students for many generations to come. She was an individual who imparted learning to any one who she came in contact with."

**Ann Williams-McDonald '48MD** of Fort Walton Beach, FL on March 15, 2003.

**Quetita Miro '47AS/AH** of San Juan, PR in August 2002.

**\*Michael "Mickey" Moore '48MD** of Roanoke, VA on October 21, 2002. During his career he served as Director of Medical Education with Community Hospital in Roanoke. He produced many patient care related booklets and videos, and contributed numerous research and educational publications to the medical literature. Moore was 77.

**\*Francis Payne Jr. '47 MD** of Petersburg, VA on July 2, 2003.

**Alice Greene Simms '48BS/N** of Wilson, NC on February 28, 2003.

**Helen Williams '46BS(OT)/AH** of Ann Arbor, MI on December 13, 2002.

**Charlotte Wingfield '43Cert (Intern Diet)** of Richmond, on June 13, 2003. She worked as a dietician at various facilities and taught dietetics at the old Johnston-Willis Hospital.

#### 1950's

**Walter Bailey Sr. '50BS/P** of Front Royal, VA on November 7, 2002. Bailey served in the U. S. Army during World War II and the Korean Conflict, where he was assigned to M.A.S.H. 8055 as a pharmacist. He later owned and operated Bailey's Pharmacy.

**\*Wesley Bernhart '53MD** of Fairfax, VA on April 3, 2003. He was in private practice for 33 years, he also served as an officer of the Fairfax County Medical Society and was



## Journey to Africa Provides Medical Care: Carroll Brown Helped to Open a School of Physical Therapy in Tanzania

By Jean Huets

**A**n egg may not be much to pay for physical therapy, but that is often the most that Carroll Brown '70BS(PT)/AH receives. Brown works with the poor in Africa. For her clients, cash and health insurance are unknown.

Brown's African journey started in 1975, with her husband Wayne Brown '69BS/P. As missionaries with the International Mission Board (formerly Foreign Mission Board), an entity of the Southern Baptist Convention, they were sent to a Baptist hospital, then a government hospital. They resigned from the Board in 1982 for medical reasons, but have kept alive their commitment. In the summer, they work in Africa, often with other volunteers, on short term projects. Back in the United States, they seek groups to help meet the most urgent needs of the poor of Africa.

Africans living in poverty face problems that have been nearly forgotten by Americans. While working with Flying Doctors and Kilimanjaro Christian Medical Centre, Brown went to a remote village where over 60 people had active polio. Their main task in the situation was simply to educate the people in dealing with the disease. For example, the villagers didn't know that during the fever they should not exercise. The medical team also provided movement therapy where they could and distributed booklets.

Other challenges are also remote to American health care workers. "When I first got to Tanzania, I was the only physical therapist in Southern Tanzania. If I needed a prostheses, I made a cast and someone carved it. It was simple but effective."

One of Brown's proudest achievements was in helping to open a School of Physical Therapy in Tanzania in 1980 at the Kilimanjaro Christian Medical Center. The school started with three physical therapists from different countries and two Tanzanian therapists. Now, students from over a dozen African countries go to the school for training. The school is accredited and offers a BS in Physical Therapy.

Professors visiting from the MCV Campus have been impressed with the quality of the school, and the dedication of staff and students. Brown describes that dedication. "When the government first started the school, funds were very tight. Often the students would not get enough food. Even, so, they would stay up all night copying a textbook because there was only one textbook per class. Recently, I offered to bring one of my former students to America to take some advanced courses, and he asked me to spend the money buying books. They're so thankful for any bit of knowledge. I send them tapes, textbooks, and equipment donated by medical personnel and different schools, and they're always so appreciative. They like that better than gold."

Brown's energies are currently focused mostly on the Mercy Care Centre Foundation, which serves the Mercy Care Centre in Nairobi, Kenya. Brown, who is head of the foundation, describes Nairobi as having the second largest slum in the world: 400,000 people living within two square miles. "The Mercy Care Centre was started by Africans as an interdenominational school for educating and feeding the very poor and often homeless children in the Nairobi slums."

The Centre's feeding program ensures that the children get at least one nourishing meal every day. Malnutrition in undeveloped countries, Brown says, takes children as the primary victims. "Kwashiorkor, a protein deficiency, is the main problem. At the Mercy Care Centre, we provide protein in the form of beans, along with corn maize, the staple of their diet."

The Centre also provides some basic health services. "We often take a team [from the United States] to the school to give inoculations, treat minor medical problems, teach health lessons, and to build and share areas of expertise. Several professionals from MCV have participated — physical therapists, occupational therapists, pharmacists, and doctors."

Health care workers of different cultures and nationalities have helped Brown face the challenges of her work. For example, Swedish and Danish physical therapists have taught her much. "Today in the United States there are many new advances in physical therapy — for example, myofascial release and the use of trigger points," she says. "They far surpass some of the old modalities. Many don't require equipment and are perfect modalities when funds are limited, but African students' exposure to them is limited."

Working in situations where equipment and funding are hard to come by, Brown draws on her conviction to public service which, she says, was fostered at MCV. "Wayne and I were blessed to have an institution like MCV to get our training and examples. I've always been thankful." Her education gave her a means of providing service to others of all walks of life. "Wherever you are, when you meet a person in need of therapy, it's going to be invaluable and bless their lives. What we give of ourselves is our best gift to mankind."

As for compensation, Brown feels amply paid, even by a single, fresh egg. "The greatest reward is appreciation and love," she says. "Whatever we give, we'll receive more back."

*Jean Huets '80BA/H&S is a Richmond writer living as close as possible to the James River.*



awarded the status of Physician Emeritus by the staff of Fairfax Hospital. Bernhart was a very special person to the MCVAA staff and will be greatly missed. He was 83. Donations may be made to the Medical College of Virginia Alumni Fund, Post Office Box 980156, Richmond, VA 23298.

**Jane Bishop '52BS/N** of Three Rivers, MI on January 10, 2003.

**Gerald Black '53DDS** of Luray, VA.

**John Blankenbeckler '56MHA(HA)/AH** of Homosassa, FL on January 21, 2003.

**Julia Briggs '53BS(MT)/AH**  
**\*Oscar Bruton Darden Jr. '51MD** of Richmond on September 8, 2002.

**Beverly Dumesnil '52BS(OT)/AH** of Glen Rock, NJ on August 28, 2003.

**Eugene Eskey Jr. '51DDS** of Norfolk, VA on May 17, 2003. He was 81.

**Florence Fletcher '51St.P/N** of West Mifflin, PA on August 3, 2003.

**Nelson Fox '55MD** of Martinsville, VA on April 7, 2002.

**Bernard Franko Sr. '58PhD/M** of Richmond, on March 28, 2003. He was a pharmacological researcher for over 30 years with A.H. Robins Co. Inc.  
**Falcon "Bunk" Guthrie '59DDS** of Virginia Beach on May 20, 2003. Guthrie was a dentist in the Bayside area for 31 years. He was 71.

**Aubrey Houser Jr. '51MD** of Richmond. Houser once served as a NASA staff doctor for the Apollo project, and also worked in emergency medicine at Richmond Memorial Hospital. Houser was 85.

**John Kolmer '59MD** of Hanover, PA on April 10, 2003. During Kolmer's 43 years as a physician, he spent 26 years as an army physician. His wife Mary said, "John was a very compassionate and caring man and doctor. He held himself to the highest standards in all that he did. He will be greatly missed."

**Rose Kreisheimer '51BS(MT)/AH** of Glen Allen, VA on August 20, 2003.

**\*Joseph Lindley '51MD** of Graham, NC on August 19, 2003. Lindley was in private practice for many years before joining Kernodle

Clinic in Burlington, NC in partnership with Drs. H.B. and Charles Kernodle. He was also a co-founder of Lindley Mills, Inc. Lindley was 81.

**Maynard Lundy '53BS/P** of Boones Mill, VA on November 11, 2001. Lundy is survived by his daughter,

**\*Melissa Lundy Milam '81BS/P** of Roanoke, VA.

**Wiley Mayo Jr. '52DDS** of Salem, VA on December 15, 2002. Barry Miller '54DDS of Statesville, NC.

**\*James Patterson '55BS/P** of Williamsburg, VA on June 10, 2003. He was the founder of Cardinal Drug "Knock It Out, Talk It Out" drug abuse program and the Cardinal "Good Neighbor Plan College Scholarships." Patterson was the owner of the Berkeley Pharmacy in Williamsburg. He is survived by numerous friends and family including his son,  
**\*James Patterson '72MD** of Charlottesville, VA.

**Nancy Carner Prehn '51BS(OT)/AH** formerly of Richmond, on March 15, 2003. She is survived by her sister,  
**Anna "Dot" Garber '45BS (MT)/AH.**

**Charles Randolph Jr. '51MD** of Alpharetta, GA on August 28, 2002. He is survived by **Billie Randolph '50BS/N.** Randolph was 76.

**James Rayhorn '52DDS** of Richmond, on December 11, 2002.  
**Allen Spencer '59HS-S** of Salisbury, NC.

**\*Frederick Shaw '53DDS** of Lenoir, NC on February 11, 2003.

**William Stokes '50DDS** of Virginia Beach, VA on January 19, 2003.

**Charles Sydnor Jr. '57DDS** of Lynchburg, VA on February 27, 2003. Sydnor practiced dentistry from 1959 through the end of last week of his life when he became ill. He was very active in the community serving on numerous boards.

**Leroy Webb '50MD** of Easley, SC on October 30, 2002, following a long illness. Webb retired in 1985 due to poor health after 35 years of general practice.

**Robert Wellons '53DDS** of Conway, SC.

**\*Frank West Jr. '54DDS** of Altavista, VA on May 19, 2003.

**William Williams '51DDS** of Roanoke, VA on January 2, 2003.

## 1960's

**\*Floyd Atkins Jr. '69MD** of Westwood, MA on March 29, 2003. Atkins served as Chief of Cardiology at the Lemuel Shattuck Hospital in Jamaica Plain, MA where he was honored by renaming the intensive care unit the "Atkins ICU" in grateful appreciation for his dedicated service and compassionate care. He also served as Associate Professor of Medicine and was Assistant Dean of Students at Tufts University Medical School in Boston. He was very active with many boards and organizations including as a member of the Massachusetts Affiliate of the American Heart Association.

**Alice Crowell '63Cert/N** of Martinsburg, WV on January 2, 2003. Sandra Dale '65BS/N of Augusta, GA on November 22, 2002.

**\*James Hawks III '68BS/P** of Sutherland, VA on May 17, 2003. Hawks owned the Hawks Pharmacy and the Hawks Florist both in Sutherland. Hawks was 58.

**Virgil Howell '63DDS** of Norfolk, VA on April 30, 2003. Howell was a member of numerous organizations including the VDA and the Tidewater Dental Association. He was 69.

**David Kirby '68BS/P '72MD** of Fredericksburg, VA on August 24, 2003. "Kirby devoted his professional career to providing health care for women and assisting countless lives into this world." He was a member of numerous organizations including a fellow of the American College of Obstetrics and Gynecology.

**\*Robert Pruner '66MD** of Roanoke, VA on August 11, 2003. Pruner was an orthopedic surgeon for more than 30 years in private practice. In addition to his practice Pruner was very generous with his time and money. He was a team doctor at Patrick Henry High School and filled in occasionally for Virginia Tech's team physician. In 1982, he was chief of the Orthopedic Surgery Department at Carilion Roanoke Memorial



# IN MEMORY THE MCV FAMILY NOTES WITH SORROW THE PASSING OF THESE ALUMNI AND FRIENDS

When their son died, Jack and Jean Marie Tucker Cullather established the Brain Tumor Research Fund at the MCV Foundation in his honor and memory. On July 27, 2003, Jean lost her own battle with brain cancer. She is survived by her husband, two daughters and six grandchildren.

Memorial contributions can be made to The Community Foundation/The Cullather Cancer Fund, 7325 Beaufort Springs Drive, Suite 210, Richmond, VA 23235.



An MCV faculty member for 50 years, **Dr. Edwin Lawrence Kendig, Jr.** trained generations of physicians. Dr. Kendig died on February 18, 2003 at the age of 91.

Following a brief period of private practice (and a year spent recovering from TB), Dr. Kendig returned to Richmond to practice the then-new specialty of pediatrics. He founded MCV's Child Chest Clinic, known today as the Pediatric Pulmonary Center.

Dr. Kendig won recognition from the American Academy of Pediatrics in 1987 when he was awarded the Abraham Jacobi Award, AAP's highest honor, for his lifetime contributions to children's health. He was also the recipient of the AMA's Distinguished Service award. In 1991, the Edwin Lawrence Kendig Jr. Distinguished Professorship in Pediatric Pulmonary Medicine was established at MCV. He served as president of the Virginia Board of Medicine editor of the Virginia Medical Quarterly.

Dr. Kendig is survived by his wife, Emily Virginia Parker Kendig, two daughters, grandchildren, step-grandchildren and great-grandchildren.

**Alvin P. Long '48MD** died at his home in Portsmouth on July 29, 2003.

Born in Norfolk in 1921, Dr. Long grew up in Richmond. He became Portsmouth's first full-time pathologist when he moved to that city in 1954. One of the first to use minicomputers in managing lab records, he was designated by the New York Times and the Washington Post as a "pioneer in the field of medical technology" in the 1970's. Dr. Long served as adjunct professor with Old Dominion University and associate professor at Eastern Virginia Medical School. He retired from the practice of pathology in 1990.

Dr. Long is survived by his wife, Anne Hyde Long and his children, Alvin P. Long, III, Anne Hyde Long and Langdon Hagen-Long.

**William Gray Reynolds Jr.** succumbed to a brain tumor at the age of 64 on July 2, 2003.

Reynolds was a member of the staff of Kentucky Governor Edward "Ned" Breathitt and served in the United State's Attorney's Office in Washington, DC. In 1968 he joined the Reynolds Metals Company, where he served until the company's merger with Alcoa in May 2002.

Mr. Reynolds was a member of the Board of Trustees at the MCV Foundation.

"Our foundation was most fortunate to benefit from Bill's leadership as a member of the board for 12 years," said Mickey Dowdy, President of the Foundation.

Reflecting on Mr. Reynolds' influence on the Foundation, Mr. Dowdy continued, "In recent years he stayed involved as an Emeritus Trustee. During his years on our board, the Reynolds Family established the Richard R. Reynolds Chair in Neurosurgery currently held by Dr. Ross Bullock. Bill was very pleased that this took place, but took no credit. Selflessness was but one of the many traits we admired in Bill."

Memorial contributions can be made to VCU Department of Neurosurgery, PO Box 980631, MCV Station, Richmond, VA 23298.

**Custis Coleman '43MD** of Richmond died on May 3, 2003.

Coleman was an associate professor at MCV and a former surgeon with over 40 years service to Richmond. He served as past president of the MCV Alumni Association. He received the Distinguished Physician Award from the Richmond Academy of Medicine and was presented an award for distinguished service by Bon Secours-St. Mary's Hospital. A memorial fund was established by the MCV Foundation. Coleman was 84.



**Wyndham Bolling Blanton Jr. '50MD** died Oct. 28, 2003 at the age of 84.

A fourth generation physician, Dr. Blanton was a longtime clinical professor and a former assistant dean in the School of Medicine. A recent gubernatorial proclamation proclaimed Nov. 15 as Dr. Wyndham Bolling Blanton Jr. Day in Virginia, recognizing his numerous community and civic contributions.

In 1969, Dr. Blanton was appointed to the board of visitors of VCU. He was the university's longest-serving rector (1972-80).

"Dr. Blanton's life was one of giving – to the medical profession, to Virginia Commonwealth University and to higher education in Virginia, and to his community," said Dr. Eugene Trani, president of VCU. "We will miss his positive influence and inspiration."

Dr. Blanton served on the boards of the VCU and MCV Foundations. VCU's Blanton House was named in honor of his family.

Dr. Blanton was the widower of Lucy Jane Bowman Blanton. Survivors include his daughter, Jane Blanton Garland of Richmond, and four grandchildren.



**Dr. Boyd W. Haynes Jr. '46HS**, a recognized expert in burn treatment, an emeritus professor of surgery and a director of the burn unit at MCV for almost 40 years, died Oct. 28, 2003. He was 86.

"I think he would like to be remembered as the consummate teacher," said Dr. James Neifield, chairman of surgery at MCV. "He was an incredible clinician who inculcated the quest for knowledge into all of his trainees. He was someone we all looked up to and learned from."

Dr. Haynes completed a surgical residency at MCV under Dr. Everett Evans, who in 1947 founded the nation's first civilian-burn unit at MCV. He relocated to Texas where he helped establish a burn-treatment program at Baylor University before returning to MCV where he was named director of the MCV burn unit in 1954. The unit was later renamed the Evans-Haynes Burn Center in honor of the two physicians.

Dr. Haynes, a former chairman of MCV's division of general surgery, established a skin bank for grafting and researched new methods and surgical instruments for removing healthy skin for grafts. He founded and served as the second president of the American Burn Association.

"Dr. Haynes brought prestige and honor to the institution with his vision," said Dr. Eugene Trani, VCU president. "He inspired innovation in education, research and patient care."

The university began a campaign in 2002 to endow the B. W. Haynes Jr. MD Professorship in General and Trauma Surgery.

Dr. Haynes is survived by his wife, Peggy Jane Harrison Haynes, six daughters, three sons, and 18 grandchildren.

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Hospital. "Probably his strongest quality, I think, was his caring. He cared about this community," said former Patrick Henry physical trainer Tim Bane. Pruner leaves behind many friends and family including his wife, \*Carol Pruner '64BS(PT)/AH. \*Ronald Shelin '60DDS of Williamsburg, VA on June 10, 2003. Sandra Tetlak '64AS/N of Raleigh, NC. \*Harris Jackson Van Brackle '64MHA(HA)/AH of Richmond, on February 4, 2003. He served as hospital administrator with Retreat Hospital for 25 years. Van Brackle is survived by numerous friends and family including his wife, Carolyn Van Brackle '63BS(MT)/AH. Barbara Wheat '62AS/N Cert(NP)/N of Richmond, on July 15, 2003 from congestive heart failure. She worked for more than 20 years as a nurse anesthetist, before she started her own business, Old Dominion Anesthesia Associates. Wheat was 61.

### 1970's

Lewis Armstrong '78DDS of Culpeper, VA on January 9, 2003.

Armstrong joined his father, Thomas Armstrong Jr. '51DDS in a dental practice for 10 years before taking over the business. Armstrong continued to practice dentistry until the time of his death. He was an active member of the Rotary Club of Culpeper and was named a Paul Harris Fellow. Armstrong was 49. John Berry '76MHA(HA)/AH of Richmond, on August 22, 2003. James Green '72MS/P of Mechanicsville, VA. Robert Northern '77DDS of Virginia Beach, VA on April 6, 2003. Deborah Reeves '75BS(PT)/AH of Virginia Beach. Blondell Ross '75BS/N of Lexington, SC on August 10, 2003.

### 1980's

\*Cynthia Winston Gouldin Bryant '87BS(PT)/AH of Norfolk, VA on May 22, 2003. She was employed as a physical therapist in Richmond. After her diagnoses with a brain tumor, and no longer able to work, she volunteered with the local cancer society in Richmond until 1997. "Cindy was a very remarkable and courageous person. She was

## WHAT'S NEW WITH YOU?

The *Scarab* welcomes updates on marriages, family additions, job changes, relocations, promotions—whatever you think is newsworthy. Help us keep track of you by completing and returning this form. Recent newspaper clippings and photographs are also appreciated. Please mail to MCV Alumni Association of VCU, 1016 E. Clay St., P.O. Box 980156, Richmond, VA 23298-0156; fax to (804) 828-4594; email to [migreene@hsc.vcu.edu](mailto:migreene@hsc.vcu.edu)

NAME / DEGREE / CLASS

SPDUSE'S FULL NAME (IF APPLIES) DEGREE / CLASS

CHILDREN (INDICATE IF CURRENTLY ATTENDING MCV/VCU)

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loving, gentle, kind, thoughtful and always considerate of others. She had many friends and was a friend to the friendless. Even when she was seriously disabled, her smile would light up a room." Bryant was 39.

**\*\*Alvin Hines '81BS/N** of Astoria, NY on October 18, 2002.

**\*Evelyn Nice '86MS/N** of Barhamville, VA.

**Sharon Pike '87BS/P** of Powhatan, VA struggle with breast cancer came to an end on April 23, 2003. "She fought this battle with a smile." When diagnosed with cancer Pike kept smiling and started walking, participating in a Relay for Life in Mechanicsville, where she helped to raise over \$50,000. "Sharon really mobilized her community to help

fight cancer." "Powhatan is really a community that is keeping up the fight." Pike was 40.

**Nancy Reid '80BS/P** of Richmond, on July 8, 2003.

**1990's**

**\*\*Sandra Held '91BSW(SW)/SW '95Cert(G)/AH '95MSW(SW)/SW** of Petersburg, VA on March 15, 2003.

Held dedicated her life to helping others deal with their losses. She was the Director of Bereavement for the Bennett Funeral Homes, providing individual family, and group bereavement support and services from 1992 until her death. Held was the pastoral counselor for St. Mary's Woods Retirement Center and the founder of the Mechanicsville Chapter of Com-

passionate Friends. She also devoted much of her time with the Sudden Infant Death Syndrome Association, serving as state president. "Always a lover of people and a champion for the very young, elderly and infirmed, she devoted her life to the needs of others."

**Floyd Vest '91PhD(PC)/P** of Glen Allen, VA on August 26, 2003. Vest was employed with PPD Development in Richmond. He was 38.

**2000's**

**Robin Gilman '01BS/N** of Virginia Beach, on July 16, 2003. She was a registered nurse in the NICU of Children's Hospital of The King's Daughters. Gilman was 46.

**CALENDAR**

For information about any event, call (804) 828-3900 or (800) MCV-7799

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<b>November</b>		
	<p>School of Medicine CME Alumni Course Update-Lewis Ginter Botanical Gardens</p> <p style="text-align: right;"><b>21</b></p>	<p>Germany's Holiday Markets aboard the M/S Europa on the Main River including Miltenberg, Wertheim, Wurzburg, Bamberg, and Nuremberg.</p> <p style="text-align: right;"><b>22-30</b></p>
<b>November</b>		
<p>School of Medicine's Dean's Tea for Grand Alumni and Emeriti and Retired Faculty-The Country Club of Virginia</p> <p style="text-align: right;"><b>23</b></p>		
<b>December</b>		
<p>Winter Commencement-Siegel Center</p> <p style="text-align: right;"><b>13</b></p>		<p>MCVAA Board of Trustees Meeting-MCV Alumni House &amp; Paul A. Gross Conference Center</p> <p style="text-align: right;"><b>12</b></p>
<b>February</b>		
<p>MCVAA Nursing Division Meeting-MCV Alumni House</p> <p style="text-align: right;"><b>17</b></p>		
<b>April</b>		
	<p>Reunion Weekend - Omni Richmond Hotel</p> <p style="text-align: right;"><b>23-25</b></p>	<p>MCVAA Nursing Division Meeting-MCV Alumni House</p> <p style="text-align: right;"><b>25</b></p>
<b>May</b>		
<p>MCVAA Board of Trustees Meeting-MCV Alumni House &amp; Paul A. Gross Conference Center</p> <p style="text-align: right;"><b>10</b></p>		
<b>June</b>		
		

PHOTO COURTESY OF LEWIS GINTER BOTANICAL GARDEN, DAVID HALE. PHOTO OF MCV ALUMNI HOUSE, JACOB WESSLER.

# VCU

## MCV Alumni Association of VCU

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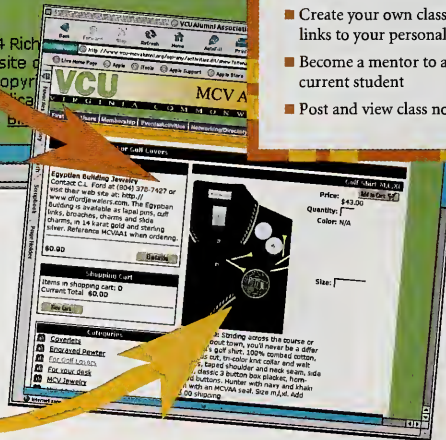
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- **Feel Like a Pro.** Striding across the course or strolling about town, you'll never be a duffer in MCVAA's golf shirt. It's 100% combed cotton, with generous cut, tri-color knit collar and welt sleeves, taped shoulder and neck seam, side vents, classic three-button box placket, horn-toned buttons. Hunter with navy and khaki trim with an MCVAA seal. Sizes: M, L, XL, \$43. XXL, \$47. Add \$5 for shipping. **Tee Time!** MCVAA golf ball and tee set makes a great gift for the golf lover (above with golf shirt). Set includes two Spalding golf balls with MCVAA seal and nine tees. \$10 plus \$2.50 shipping.



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