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THE VIRGIN'S LAMP

# RIVINGTONS

London	..	...	...	...	...	<i>Waterloo Place</i>
Oxford	...	...	...	...	...	<i>High Street</i>
Cambridge		...	...	...	...	<i>Trinity Street</i>

# THE VIRGIN'S LAMP

Prayers and Devout Exercises for  
English Sisters

CHIEFLY COMPOSED AND SELECTED BY

THE REV. J. M. NEALE, D.D.

FOUNDER OF ST. MARGARET'S, EAST GRINSTEAD



RIVINGTONS

London, Oxford, and Cambridge

G. WAKELING, BRIGHTON

1868

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JUN 15 1922

*T O T H E I R F A T H E R*

*HIS LOVING DAUGHTERS*

S. MARGARET'S CONVENT  
EAST GRINSTED



## Errata

Page 8, line 2 from top, *for* "passions" *read* "Passion."

Page 10, line 9 from bottom, *for* "Mended" *read* "Ended."

Page 16, line 13 from top, *for* "stormy" *read* "stony."

Page 18, line 10 from top, *for* "paradise" *read* "pardon."

Page 30, line 2 from top, *for* "leading" *read* "pleading."

Page 55, line 9 from top, *for* "restitution" *read* "restriction."

Page 76, line 10 from bottom, *for* "revived" *read* "received comfort."





## P r e f a c e

TWO years ago, in the stillness of a calm, fragrant summer night, it pleased GOD to call to Himself our father and founder, the Rev. John Mason Neale. When day broke on the morning of the Transfiguration, its beams fell on a weary body, newly laid to rest, and on a very sore bereaven home.

What Dr. Neale was, in his relation to the Sisterhood he founded, it would not be easy to express. How, through all the troubles and difficulties that beset S. Margaret's at various times of its existence, his far-sighted judgments and loving courage upheld, and taught, and guided his Sisters. How, first by his example, and then in sermons, Scripture lessons, prayers, and conferences, he spared no pains to brace them for their daily labours, and for the high line of religious life

which he had marked out for them to follow : the union of action and contemplation.

Now, taken suddenly from amongst us, in, as it seemed, the summer of his life and of his toils, he has left us with our duties still before us ; with his lessons, so we hope, still in our minds.

By the help of GOD we continue unto this day. But we are aware that if the spirit of our founder is to remain with us, his teaching must not be entrusted to the guardianship of mere memory or manuscript. Therefore we not only prepare his sermons for the press, but collect in the present volume the devotional exercises given by him at various times for private use. We hope that they may be profitable to other Sisters besides ourselves ; and we also consider this collection to be a tribute due to our founder's memory.

It has been subjected to no revision external to the Sisterhood. It is simply a Sisters' book, prepared by Sisters, who, alone, are responsible for it. Various devotions have

been added to the original matter, in order to render the book more useful as a manual ; but the additions are carefully in accordance with Dr. Neale's own teaching, and, in almost all cases, from books given by himself for devotional use ; almost the only exception being the *Himmlisches Palmgärtlein* (the German original of the *Cæleste Palmetum*), which has kindly been put into our hands by Mr. J. D. Chambers.

The principal works thus made use of are :—

“The Priest to the Altar,” and “Ancient Collects ;” by kind permission of the Revs. J. G. Medd and W. Bright.

“Opuscles de S. François de Sales.”

“Heures de nostre Dame.” Paris, 1541.

Guéranger's “Année Eucharistique.”

A Portuguese book of devotions for Holy Communion, which has lost its title-page.

The “Paradise of the Christian Soul,” the “Enchiridion,” by Mr. J. D. Chambers, and Bp. Andrewes' “Devotions” (of which the latter half was translated by Dr. Neale himself),

were among the books most generally given by him for his Sisters' use ; but, as these are all easily attainable, it has been thought undesirable to swell the volume by selecting portions of their contents.

The parts not by Dr. Neale are marked with an asterisk. A supplementary volume of Litanies, &c., is in the press.

Fully aware of the imperfection of our work, and of its responsibility, we yet dare to hope that it may not be wholly unacceptable nor unprofitable ; for, truly, "we have been careful that they that will read may have delight, and that they that are desirous to commit to memory might have ease, and that all into whose hands it comes might have profit."

FESTIVAL OF THE TRANSFIGURATION,  
1868.

[The works containing the prayers, pp. 240-256 ("Enchiridion precatuum:" Simon Werp : Dillingen : 1580 ; and "Liber de quatuor novissimus:" Dionysius the Carthusian : Paris : 1551), were only placed in our hands while these sheets were passing through the press ; so that the selections from them could not be inserted at their proper places in the body of the book.]

THE LITTLE HOURS  
OF  
THE HOLY GHOST

BEFORE each of these Hours is said the *Veni Creator Spiritus* : kneeling at the first verse.

Come, HOLY GHOST, our souls inspire,  
And lighten with celestial fire.  
Thou the anointing Spirit art,  
Who dost Thy seven-fold gifts impart.

Thy blessed Unction from above,  
Is comfort, life, and fire of love.  
Enable with perpetual light  
The dulness of our blinded sight.

Anoint and cheer our soiled face  
With the abundance of Thy grace.  
Keep far our foes, give peace at home :  
Where Thou art guide, no ill can come.

Teach us to know the FATHER, SON,  
And Thee, of both, to be but One.  
That, through the ages all along,  
This may be our endless song ;

Praise to Thy eternal merit,  
FATHER, SON, and HOLY SPIRIT.

MATINS.

Our FATHER.

*V.* O GOD, make speed to save us.

*R.* O LORD, make haste to help us.

*V.* Glory be to the FATHER, and to the SON,  
and to the HOLY GHOST.

*R.* As it was in the beginning, is now, and ever  
shall be : world without end. Amen.

Alleluia.

*The Hymn.*

Let the HOLY SPIRIT'S grace,  
On our souls descending,  
Guide us all our journey through,  
Cheer us at its ending :  
He that broodeth o'er the deep,  
He Whose operation  
In the Virgin's holy womb  
Wrought the INCARNATION.

*Antiphon.* Stablish the thing, O GOD, that Thou

hast wrought in us : for Thy Temple's sake at Jerusalem.

*Psalm lxviii.—Exurgat Deus.*

1 Let God arise, and let his enemies be scattered : let them also that hate him flee before him.

2 Like as the smoke vanisheth, so shalt thou drive them away : and like as wax melteth at the fire, so let the ungodly perish at the presence of God.

3 But let the righteous be glad and rejoice before God : let them also be merry and joyful.

4 O sing unto God, and sing praises unto his Name : magnify him that rideth upon the heavens, as it were upon an horse ; praise him in his Name JAH, and rejoice before him.

5 He is a Father of the fatherless, and defendeth the cause of the widows : even God in his holy habitation.

6 He is the God that maketh men to be of one mind in an house, and bringeth the prisoners out of captivity : but letteth the runagates continue in scarceness.

7 O God, when thou wentest forth before the people : when thou wentest through the wilderness.

8 The earth shook, and the heavens dropped at the presence of God : even as Sinai also was moved at the presence of God, who is the God of Israel.

9 Thou, O God, sentest a gracious rain upon thine inheritance : and refreshedst it when it was weary.

10 Thy congregation shall dwell therein : for thou, O God, hast of thy goodness prepared for the poor.

11 The Lord gave the word : great was the company of the preachers.

12 Kings with their armies did flee, and were discomfited : and they of the household divided the spoil.

13 Though ye have lien among the pots, yet shall ye be as the wings of a dove : that is covered with silver wings, and her feathers like gold.

14 When the Almighty scattered kings for their sake : then were they as white as snow in Salmon.

15 As the hill of Basan, so is God's hill : even an high hill, as the hill of Basan.

16 Why hop ye so, ye high hills? this is God's hill, in the which it pleaseth him to dwell : yea, the Lord will abide in it for ever.

17 The chariots of God are twenty thousand, even thousands of angels : and the Lord is among them, as in the holy place of Sinai.

18 Thou art gone up on high, thou hast led captivity captive, and received gifts for men : yea, even for thine enemies, that the Lord God might dwell among them.

19 Praised be the Lord daily : even the God



who helpeth us, and poureth his benefits upon us.

20 He is our God, even the God of whom cometh salvation : God is the Lord, by whom we escape death.

21 God shall wound the head of his enemies : and the hairy scalp of such a one as goeth on still in his wickedness.

22 The Lord hath said, I will bring my people again, as I did from Basan : mine own will I bring again, as I did sometime from the deep of the sea.

23 That thy foot may be dipped in the blood of thine enemies : and that the tongue of thy dogs may be red through the same.

24 It is well seen, O God, how thou goest : how thou, my God and King, goest in the sanctuary.

25 The singers go before, the minstrels follow after : in the midst are the damsels playing with the timbrels.

26 Give thanks, O Israel, unto God the Lord in the congregations : from the ground of the heart.

27 There is little Benjamin their ruler, and the princes of Judah their counsel : the princes of Zabulon, and the princes of Nephthali.

28 Thy God hath sent forth strength for thee : stablish the thing, O God, that thou hast wrought in us.

29 For thy temple's sake at Jerusalem : so shall kings bring presents unto thee.

30 When the company of the spear-men, and multitude of the mighty are scattered abroad among the beasts of the people, so that they humbly bring pieces of silver : and when he hath scattered the people that delight in war ;

31 Then shall the princes come out of Egypt : the Morians' land shall soon stretch out her hands unto God.

32 Sing unto God, O ye kingdoms of the earth : O sing praises unto the Lord ;

33 Who sitteth in the heavens over all from the beginning : lo, he doth send out his voice, yea, and that a mighty voice.

34 Ascribe ye the power to God over Israel : his worship, and strength is in the clouds.

35 O God, wonderful art thou in thy holy places : even the God of Israel ; he will give strength and power unto his people ; blessed be God.

Glory be to the FATHER, &c.

V. The SPIRIT of GOD. Alleluia.

R. Moved upon the face of the waters. Alleluia.

*Collect.*

O GOD the HOLY GHOST, Who knowest me to be weak, and in need of Thy strength, ignorant, and in need of Thy wisdom, dark, and in need of Thy light : Come, Thou that art the raiser of the

fallen ; come, Thou that art the Star of the tempest-  
tost ; come, Thou that art the Teacher of the  
humble ; come, Thou that art the Father of the  
orphans : and dwelling in Thy temple, which is  
my body, and purifying Thy shrine, which is my  
soul, so guard me in the way, that I may finally  
merit to behold the Beatific Vision in my country :  
Who livest and reignest with the FATHER, and the  
SON, One GOD : world without end. Amen.

*V.* GOD kindle the fire of His love in our hearts.  
*R.* Amen.

PRIME.

Our FATHER.

I believe.

*V.* O GOD, make speed to save us.

*R.* O LORD, make haste to help us.

*V.* Glory be to the FATHER, and to the SON, and  
to the HOLY GHOST.

*R.* As it was in the beginning, is now, and ever  
shall be : world without end. Amen.

Alleluia.

*The Hymn.*

Thus GOD's truth can never fail,  
Nor His promise vary :  
And Incarnate was the SON  
Of the Virgin Mary.

Laboured, suffered, on the Cross  
All His passions ended :  
Died, was buried, rose again,  
And to heaven ascended.

*Antiphon.* This GOD is our GOD for ever and  
ever : He shall be our guide even unto death.

*Psalm* xlviii.

1 Great is the Lord, and highly to be praised :  
in the city of our God, even upon his holy hill.

2 The hill of Sion is a fair place, and the joy of  
the whole earth : upon the north-side lieth the city  
of the great King ; God is well known in her palaces  
as a sure refuge.

3 For lo, the kings of the earth : are gathered,  
and gone by together.

4 They marvelled to see such things : they were  
astonished, and suddenly cast down.

5 Fear came there upon them, and sorrow : as  
upon a woman in her travail.

6 Thou shalt break the ships of the sea : through  
the east-wind.

7 Like as we have heard, so have we seen in the  
city of the Lord of hosts, in the city of our God :  
God upholdeth the same for ever.

8 We wait for thy loving-kindness, O God : in  
the midst of thy temple.

9 O God, according to thy Name, so is thy

praise unto the world's end : thy right hand is full of righteousness.

10 Let the mount Sion rejoice, and the daughter of Judah be glad : because of thy judgments.

11 Walk about Sion, and go round about her : and tell the towers thereof.

12 Mark well her bulwarks, set up her houses : that ye may tell them that come after.

13 For this God is our God for ever and ever : he shall be a guide unto death.

Glory be to the FATHER, &c.

V. The SPIRIT the Paraclete. Alleluia.

R. Shall teach you all things. Alleluia.

*The Collect.*

O GOD the HOLY GHOST, Who knowest me to be impure, and in need of Thy purity, listless, and in need of Thy quickening, dead, and in need of Thy life : grant that like as we have heard of Thy dealings with others, when Thou didst endue the Martyrs with courage, and the Confessors with zeal, and the Virgins with chastity, and the eyes of the penitent with rivers of waters : so I may see these Thy loving-kindnesses for myself, and may feel Thee to be a very present help ; that hereafter I may walk about Sion, that Hill of Sion which is the joy of the whole earth : where Thou livest and reignest with the FATHER and the SON, GOD to all ages of ages. Amen.

V. GOD kindle the fire of His love in our hearts.  
R. Amen.

TIERCE.

Our FATHER.

V. O GOD, make speed to save us.

R. O LORD, make haste to help us.

V. Glory be to the FATHER, and to the SON, and  
to the HOLY GHOST.

R. As it was in the beginning, is now, and ever  
shall be : world without end. Amen.

Alleluia.

*The Hymn.*

Yet He would not leave the Twelve  
Orphans in their sadness :  
But He sent the HOLY GHOST  
Bringing joy and gladness :  
At the Hour of Tierce, the LORD  
Mended their affliction,  
On the Day of Pentecost  
With His Benediction.

*Antiphon.* O come hither : and behold the works  
of the LORD.

*Psalm xlv.*

1 God is our hope and strength : a very present  
help in trouble.

2 Therefore will we not fear, though the earth

be moved : and though the hills be carried into the midst of the sea.

3 Though the waters thereof rage and swell : and though the mountains shake at the tempest of the same.

4 The rivers of the flood thereof shall make glad the city of God : the holy place of the tabernacle of the most Highest.

5 God is in the midst of her, therefore shall she not be removed : God shall help her, and that right early.

6 The heathen make much ado, and the kingdoms are moved : but God hath shewed his voice, and the earth shall melt away.

7 The Lord of hosts is with us : the God of Jacob is our refuge.

8 O come hither, and behold the works of the Lord : what destruction he hath brought upon the earth.

9 He maketh wars to cease in all the world : he breaketh the bow, and knappeth the spear in sunder, and burneth the chariots in the fire.

10 Be still, then, and know that I am God : I will be exalted among the heathen, and I will be exalted in the earth.

11 The Lord of hosts is with us : the God of Jacob is our refuge.

Glory be to the FATHER, &c.

*V.* And suddenly there came a sound from Heaven. Alleluia, Alleluia.

*R.* As of a rushing vehement wind. Alleluia, Alleluia.

*The Collect.*

O GOD the HOLY GHOST, Who didst descend upon the Apostles in the likeness of fiery tongues on the Feast of Pentecost: coming not without a mystery on the tenth day after the Ascension, but thereby manifesting Thy will that the tenth piece of silver, lost man, should be found: kindle in me the fire of Thy love: be Thou in the midst of me, that I may not be removed: do Thou help me, and that right early: do Thou of Thy goodness prepare me for the poor: so that being Thy servant, I may be also theirs, and may merit to be exalted hereafter, with Lazarus, into Abraham's bosom: who livest and reignest, with the FATHER and the SON, GOD to all ages of ages. Amen.

*V.* The Virtue of the Paraclete defend us from all evil.

*R.* Amen.

SEXT.

OUR FATHER.

*V.* O GOD, make speed to save us.

*R.* O LORD, make haste to help us.



V. Glory be to the FATHER, and to the SON, and to the HOLY GHOST.

R. As it was in the beginning, is now, and ever shall be : world without end. Amen.

Alleluia.

*The Hymn.*

They received the SPIRIT's love,  
And the Graces Seven,  
Which are wont to guide the soul  
Up from earth to Heaven :  
In His strength they thus went forth  
Sin and demons shaming,  
And the Catholic Belief  
Everywhere proclaiming.

*Antiphon.* Their sound is gone out into all lands :  
and their words unto the ends of the world.

*Psaln xix.*

1 The heavens declare the glory of God : and the firmament sheweth his handywork.

2 One day telleth another : and one night certieth another.

3 There is neither speech nor language : but their voices are heard among them.

4 Their sound is gone out into all lands ; and their words into the ends of the world.

5 In them hath he set a tabernacle for the sun : which cometh forth as a bridegroom out of his

chamber, and rejoiceth as a giant to run his course.

6 It goeth forth from the uttermost part of the heaven, and runneth about unto the end of it again : and there is nothing hid from the heat thereof.

7 The law of the Lord is an undefiled law, converting the soul : the testimony of the Lord is sure, and giveth wisdom unto the simple.

8 The statutes of the Lord are right, and rejoice the heart : the commandment of the Lord is pure, and giveth light unto the eyes.

9 The fear of the Lord is clean, and endureth for ever : the judgments of the Lord are true, and righteous altogether.

10 More to be desired are they than gold, yea, than much fine gold : sweeter also than honey, and the honey-comb.

11 Moreover, by them is thy servant taught : and in keeping of them there is great reward.

12 Who can tell how oft he offendeth : O cleanse thou me from my secret faults.

13 Keep thy servant also from presumptuous sins, lest they get the dominion over me : so shall I be undefiled, and innocent from the great offence.

14 Let the words of my mouth, and the meditation of my heart : be alway acceptable in thy sight.

15 O Lord : my strength, and my Redeemer.

Glory be to the FATHER, &c.

V. There appeared unto them cloven tongues like as of fire. Alleluia.

R. And it sat upon each of them. Alleluia.

*The Collect.*

O GOD the HOLY GHOST, of Whom comes all grace here, and by Whom only we can attain to glory hereafter :—for all that Thou hast done in me from my birth till this present day, and for all that I have done in Thy strength, I render Thee hearty thanks : and herein for my baptism, my confirmation, my many communions, my many confessions [my special vow of chastity], all Thy helps to good, and hindrances from evil, every good action I have done for others—every good work I have done for Thee. And grant me so to persevere in all truth and good, that hereafter I may see Thee, the chief Good and the only Truth : who livest and reignest with the FATHER, and the SON, One GOD, to all ages of ages. Amen.

V. The fortitude of the HOLY GHOST establish our hearts.

R. Amen.

NONES.

OUR FATHER.

V. O GOD, make speed to save us.

R. O LORD, make haste to help us.

V. Glory be to the FATHER, and to the SON,  
and to the HOLY GHOST.

R. As it was in the beginning, is now, and ever  
shall be : world without end. Amen.

Alleluia.

*The Hymn.*

Paraclete of Paracletes  
Was His appellation :  
Comfort, gladness, fire of love  
And illumination :  
Every faithful Christian heart  
With His grace renewing :  
Every cold and stormy soul  
Softening and bedewing.

*Antiphon.* The River of GOD is full of water :  
Thou preparest their corn.

*Psalm lxxv.*

1 Thou, O God, art praised in Sion : and unto  
thee shall the vow be performed in Jerusalem.

2 Thou that hearest the prayer : unto thee shall  
all flesh come.

3 My misdeeds prevail against me : O be thou  
merciful unto our sins.

4 Blessed is the man, whom thou choolest, and  
receivest unto thee : he shall dwell in thy court,  
and shall be satisfied with the pleasures of thy  
house, even of thy holy temple.

5 Thou shalt show us wonderful things in thy righteousness, O God of our salvation : thou that art the hope of all the ends of the earth, and of them that remain in the broad sea.

6 Who in his strength setteth fast the mountains : and is girded about with power.

7 Who stilleth the raging of the sea : and the noise of his waves, and the madness of the people.

8 They also that dwell in the uttermost parts of the earth shall be afraid at thy tokens : thou that makest the outgoings of the morning and evening to praise thee.

9 Thou visitest the earth, and blessest it : thou makest it very plenteous.

10 The river of God is full of water : thou preparest their corn, for so thou providest for the earth.

11 Thou waterest her furrows, thou sendest rain into the little valleys thereof : thou makest it soft with the drops of rain, and blessest the increase of it.

12 Thou crownest the year with thy goodness : and thy clouds drop fatness.

13 They shall drop upon the dwellings of the wilderness : and the little hills shall rejoice on every side.

14 The folds shall be full of sheep : the valleys also shall stand so thick with corn, that they shall laugh and sing.

Glory be to the FATHER, &c.

*V.* The Spirit of Truth. Alleluia.

*R.* Shall lead you into all truth. Alleluia.

*The Collect.*

O GOD the HOLY GHOST, Who seest that my misdeeds prevail against me, grant me to know the blessedness of that man, whom Thou choosest, and receivest unto Thee ; so that, being received by Thee in confession, I may be crowned by Thy goodness in paradise ; and that, though my heart be like a wilderness, barren and dry, where no water is, the dew of Thy forgiveness may drop upon it, till finally Thou shalt take me Home to be satisfied with the pleasures of Thy House, even of thy Holy Temple ; where with the FATHER and the SON, Thou livest and reignest, One GOD : world without end. Amen.

*V.* The purity of the HOLY GHOST cleanse our hearts.

*R.* Amen.

VESPERS.

Our FATHER.

*V.* O GOD, make speed to save us.

*R.* O LORD, make haste to help us.

*V.* Glory be to the FATHER, and to the SON, and to the HOLY GHOST.

R. As it was in the beginning, is now, and ever shall be : world without end. Amen.

Alleluia.

*The Hymn.*

Finger Thou of God's Right Hand,  
Point us to our duty :  
Fountain of all loveliness,  
Lead us to all Beauty :  
That protected by Thy love,  
By Thy Might defended,  
We may be received at last  
When all griefs are ended.

*Antiphon.* When Thou sendest forth Thy SPIRIT\*  
they shall be renewed.

*Psalm civ.—Benedic, anima mea.*

1 Praise the Lord, O my soul : O Lord my God, thou art become exceeding glorious, thou art clothed with majesty and honour.

2 Thou deckest thyself with light as it were with a garment : and spreadest out the heavens like a curtain.

3 Who layeth the beams of his chambers in the waters : and maketh the clouds his chariot, and walketh upon the wings of the wind.

4 He maketh his angels spirits : and his ministers a flaming fire.

5 He laid the foundations of the earth : that it never should move at any time.

6 Thou coveredst it with the deep like as with a garment : the waters stand in the hills.

7 At thy rebuke they flee : at the voice of thy thunder they are afraid.

8 They go up as high as the hills, and down to the valleys beneath : even unto the place which thou hast appointed for them.

9 Thou hast set them there bounds which they shall not pass : neither turn again to cover the earth.

10 He sendeth the springs into the rivers : which run among the hills.

11 All beasts of the field drink thereof : and the wild asses quench their thirst.

12 Beside them shall the fowls of the air have their habitation : and sing among the branches.

13 He watereth the hills from above : the earth is filled with the fruit of thy works.

14 He bringeth forth grass for the cattle : and green herb for the service of men ;

15 That he may bring food out of the earth, and wine that maketh glad the heart of man : and oil to make him a cheerful countenance, and bread to strengthen man's heart.

16 The trees of the Lord also are full of sap : even the cedars of Libanus which he hath planted ;

17 Wherein the birds make their nests : and the fir-trees are a dwelling for the stork.



18 The high hills are a refuge for the wild goats :  
and so are the stony rocks for the conies.

19 He appointed the moon for certain seasons :  
and the sun knoweth his going down.

20 Thou makest darkness that it may be night :  
wherein all the beasts of the forest do move.

21 The lions roaring after their prey : do seek  
their meat from God.

22 The sun ariseth, and they get them away  
together : and lay them down in their dens.

23 Man goeth forth to his work, and to his  
labour : until the evening.

24 O Lord, how manifold are thy works : in wis-  
dom hast thou made them all ; the earth is full of  
thy riches.

25 So is the great and wide sea also : wherein  
are things creeping innumerable, both small and  
great beasts.

26 There go the ships, and there is that Levia-  
than : whom thou hast made to take his pastime  
therein.

27 These wait all upon thee : that thou mayest  
give them meat in due season.

28 When thou givest it them they gather it : and  
when thou openest thy hand they are filled with  
good.

29 When thou hidest thy face they are troubled :  
when thou takest away their breath they die, and  
are turned again to their dust.

30 When thou lettest thy breath go forth they shall be made : and thou shalt renew the face of the earth.

31 The glorious Majesty of the Lord shall endure for ever : the Lord shall rejoice in his works.

32 The earth shall tremble at the look of him : if he do but touch the hills, they shall smoke.

33 I will sing unto the Lord as long as I live : I will praise my God while I have my being.

34 And so shall my words please him : my joy be in the Lord.

35 As for sinners, they shall be consumed out of the earth, and the ungodly shall come to an end : praise thou the Lord, O my soul, praise the Lord.

Glory be to the FATHER, &c.

V. By the WORD of the LORD were the Heavens made. Alleluia.

R. And all the Host of them by the SPIRIT of His Mouth. Alleluia.

*The Collect.*

Thou makest darkness, O LORD, and it is night ; Thou sendest affliction, and there is sorrow ; Grant therefore that if my temptations abound, Thy strength may much more abound ; Grant that when I have a multitude of sorrows, Thy comforts may refresh my soul ; till, after the rivers of Thy consolations in this world, I come to the everlasting

Ocean of Thy comfort in the World to come, the Beatific Vision ; where with the FATHER and the SON Thou livest and reignest, One GOD : world without end. Amen.

*V.* The Wisdom of the HOLY GHOST direct us.

*R.* Amen.

COMPLINE.

Our Father.

*V.* O GOD, make speed to save us.

*R.* O LORD, make haste to help us.

*V.* Glory be to the FATHER, and to the SON, and to the HOLY GHOST.

*R.* As it was in the beginning, is now, and ever shall be : world without end. Amen.

Alleluia.

*The Hymn.*

O Thou Blessed Paraclete,  
Comfort, govern, guide me,  
In my life and through my death,  
Whatsoever betide me ;  
So that I, with Faith and Hope,  
And with Love surrounded,  
In the dreadful Judgment Day  
May not be confounded !

Therefore these Canonical  
Hours my tongue shall ever

HOLY GHOST, to Thee recite  
With my heart's endeavour ;  
That the love which gave me here  
My illumination,  
In my last death-agony  
May be my salvation ! Amen.

*Antiphon.* Like as the dew of Hermon, which  
fell upon the hill of Sion.

*Psalm cxxxiii.—Ecce, quam bonum !*

1 Behold, how good and joyful a thing it is :  
brethren, to dwell together in unity !

2 It is like the precious ointment upon the head,  
that ran down unto the beard : even unto Aaron's  
beard, and went down to the skirts of his clothing.

3 Like as the dew of Hermon : which fell upon  
the hill of Sion.

4 For there the Lord promised his blessing : and  
life for evermore.

Glory be to the FATHER, &c.

V. The multitude of them that believed. Alleluia.

R. Were of one heart and one mind. Alleluia.

*The Collect.*

O GOD the HOLY GHOST, Fire of Love, That  
burnest, yet consumest not : kindle Thy love in  
my heart : that loving others in Thee and for Thee,  
and abiding in Thy Love now and ever, I may at

length enter Thy Banqueting-House, where Thy Banner over me shall be love, and where with the FATHER and the SON Thou livest and reignest for ever and ever. Amen.

*V.* The GOD of Love fill us with all Love.

*R.* Amen.

Our FATHER.

I believe, &c.

### PRAVERS.

#### *At First Rising.*

✠ In the Name, &c.

Our FATHER.

I Believe.

*V.* O GOD, make speed to save us.

*R.* O LORD, make haste to help us.

Glory be to the FATHER, and to the SON, and to the HOLY GHOST.

As it was in the beginning, is now, and ever shall be : world without end. Amen.

O Almighty GOD and merciful FATHER, Who hast safely brought us to the beginning of this day, defend us in the same with Thy mighty power, and grant that this day we fall into no sin, neither run into any kind of danger, but that all our doings may be ordered by Thy governance, to do always

that which is righteous in Thy sight. Through JESUS CHRIST Thy SON our LORD. Amen.

O LORD JESU CHRIST, Whose only I am, Whom only I desire to serve, give me grace this day so to keep in mind my dedication of myself to Thee, that neither in thought, word, or deed, I may act unworthily of my profession; but may to-day, and all the days of my life, so follow Thee here, that hereafter I may have my portion among the hundred and forty and four thousand, who follow the Lamb whithersoever He goeth. For Thine Own Merits' sake. Amen.

*While Dressing.*—Psalms lxiii. and lxvii.

*Before Going into Bed.*

✠ In the Name, &c.

O GOD, make speed to save us.

O LORD, make haste to help us.

Glory be, &c.

Visit, we beseech Thee, O Lord, this habitation, drive far from it all the snares of the enemy, let Thy Holy Angels dwell herein, and keep us in peace, and let Thy blessing be upon it evermore. Through JESUS CHRIST our LORD. Amen.\*

We beseech Thee, O GOD, that as Thou hast made known unto us the Incarnation of Thy SON

JESUS CHRIST by the message of an Angel, so by Thy Cross and Passion we may be brought unto the likeness of His Resurrection. Through the same Thy SON, JESUS CHRIST, our LORD. Amen.

O LORD JESU CHRIST, Whose only I am, Whom only I desire to serve, forgive me, if in thought, word, or deed, I have this day acted unworthily of my profession, especially — ; and grant that I may continue Thine to-night and Thine for ever. For Thine own Merits' sake. Amen.

GOD, who art the giver of pardon and the lover of men ; grant to us, and to all Thy servants, both living and departed, a merciful judgment in the Last Day ; that we, in the face of all creatures may then be acknowledged as Thy true servants. Through JESUS CHRIST our LORD.

OUR FATHER.

I believe, &c.

Another form.

*On First Rising.*

✠ In the Name, &c.

OUR FATHER.

I believe, &c.

O LORD JESU CHRIST, Whose I am, and Whom only I desire to serve, I beseech Thee to look down

with compassion upon me this day ; and grant that I may neither think, nor say, nor do one thing that is unworthy of my high calling in Thee. May I remember through the day that I am Thy poor Bride, and Thou my blessed Bridegroom, and may I seek Thy glory and honour all the day long. Grant Thy blessing to my dear Father, the Sisters, and the children ; and this I beg for Thine Own dear sake, Who livest and reignest, with the FATHER, and the HOLY GHOST, One GOD : world without end. Amen.

Prevent us, &c.

✠ In the Name of our LORD JESUS CHRIST, I desire to go forth, in His faith, peace, and love.

*Before Going into Bed.*

✠ In the Name, &c.

O LORD JESU CHRIST, Whose I am, and Whom only I desire to serve, I beseech Thee, look down with compassion upon me this night, and forgive all that Thou hast seen amiss in me this day, in thought, word, or deed ; and grant that, if I live to another day, I may love Thee more, and serve Thee better than I have ever yet done. Grant Thy blessing to my dear Father, the Sisters, and the children ; and this I beg for Thine Own dear Sake, Who livest and reignest with the FATHER and the HOLY GHOST : world without end. Amen.



Our FATHER, &c.

I believe, &c.

✠ In the Name of our LORD JESUS CHRIST, I  
desire to lie down, in His faith, peace, and love.

Visit, we beseech Thee, &c.

GOD, who art the giver, &c.

Our FATHER.

I believe, &c.

MORNING AND EVENING PRAYER.

Our FATHER, &c.

I believe, &c.

Acts of Adoration.

of Thanksgiving.

of Contrition.

of Resolve.

of Supplication.

of Oblation.

Morning: Litany of the Holy Name.

Evening: Litany of Reparation to the Blessed  
Sacrament.

MORNING PRAYERS.

Our FATHER, &c.

Bishop Andrewes, Daily Order—part ii., pp. 4-13,  
followed by the special order for each day, on the  
ordinary days of the week.

And *additionally*, if possible, on *Wednesday*—The act of leading, pp. 34-45.

And on *Friday*—The act of Thanksgiving, pp. 54-67.

And on any other *Fast Day*—The act of Deprecation, pp. 19-26.

And on the morning of *Confession*—The act of Confession, pp. 95-106.

Before Holy Communion might be used the Daily Order, pp. 4-13, with some of the Collects from the Paradisus; or use the Meditation at p. 14, omitting the other.

If preparing the Altar, say Psalms xxxiv. and xliii. while so engaged.

#### ASPIRATIONS FOR FREQUENT USE.

Blessed be the Name of our LORD JESUS CHRIST.  
O Good JESU, be to me a JESU, and save me.  
O Name of JESU, sweet Name : O Name of JESUS, lovely Name ; O Name of JESU, strengthening Name. What is JESU, but SAVIOUR ? therefore, O JESU, for the Glory of Thy Name, be to me a JESU, and save Thou me.

O Most Gentle JESU, most loving JESU, most longed for JESU ! O JESU, the Salvation of them that trust in Thee ! O JESU, the Consolation of

them that fly to Thee for succour ! O Sweet JESU, Remission of our sins ! O JESUS, Son of the Virgin Mary ! JESU, JESU, JESU, have mercy upon me ; give me grace, wisdom, love, purity, humility, that I may perfectly love, and praise, and serve Thee. Let me glory in Thee here, and come to Thy perfect fruition there. And this I ask for all who call upon Thy Holy Name.

#### OF SELF-EXAMINATION.

1. Place yourself in the presence of God.
2. Ask for light and grace.
3. Offer to His glory any amendment you may find yourself to have made.
4. But if you find that you have done little good, or much evil, be humbled, but in no wise discouraged ; and, by God's grace, start afresh.
5. Thinking over all the circumstances of the day (week, month, &c.), quietly consider how you have acted towards God, your neighbours, and yourself, in thought, word, act, and omission ; and particularly as regards your resolutions, your passions, and your evil inclinations.

## QUESTIONS TO BE USED OCCASIONALLY.

## I. TOWARDS GOD.

LORD, *make me to know Thee, and to know myself.*

1. How are you disposed concerning mortal sin? Are you fully determined never to commit it on any account whatever? Has this determination been kept since you last made it till the present time? [Herein lies the foundation of the spiritual life.]

2. Concerning GOD's commandments? Do you take pleasure in them? [Healthy persons enjoy wholesome food, and reject that which is bad.]

3. Concerning venial sins? Are there any to which you are specially inclined? worse still; are there any that you love?

4. Concerning spiritual exercises? Do you value them? or do they vex you? which of them do you like most or least? [And if you feel distaste for any, search out the cause of your feeling.]

5. Concerning GOD Himself? Do you take pleasure in thinking of Him? Is your heart turned fully to His love? Do you feel singular joy in considering His greatness, goodness, and sweetness? Do you make room for thought of Him amongst all other occupations of mind or body?

6. Concerning CHRIST made Man? Do you give yourself up to ministering to Him? sit at His feet, and hear His word? seek Him and the shadow

of His Cross in all things here, that you may follow Him in Virginal glory there?

7. Concerning your vows? [And here examine yourself by your rule.]

8. With your lips: how do you speak of God? Do you take all possible pains to fill your proper part in the Offices of the Community? by study, by punctuality, by attention? [Omitting responses likens us to the sleeping Apostles in the Garden.] Do you shrink from speaking of Him at any time, from shyness or human respect, or false humility? ["Curse ye Meroz," &c. "Whoso shall not confess me," &c.]

9. In your works: have you a single eye to God's glory? Do you check natural distaste or impetuosity, and work quietly, without hurry? Do you wish to see fruit of your work? or to begin, or finish, or go on with it, your own self?

10. What have you given up for God? How thoroughly?

## II. TOWARDS SELF.

1. How do you love yourself? with the spirit of earth or of heaven? With a desire for all manner of comfort; or for whatever shall most glorify God?

2. Do you think of what people will say of you? Do you think of what the Angels will say of you?

3. Are you patient with yourself?

4. How are you minded, touching a low esteem

of yourself, on your own part and on that of others?

5. With your lips : do you ever boast? or flatter yourself in conversation?

6. In your works : do you injure your health unnecessarily [a stitch in time saves nine], or shrink from anything you ought to do?

7. What are your earthly wishes?

8. And hopes?

9. What is your ruling passion?

10. Do you yield to pride or despondency?

### III. TOWARDS YOUR NEIGHBOUR.

1. On entering the religious life, did you yield up all your natural objects of affection to your LORD?

2. If He has lent them, or any of them, to you again, have you accepted the loan gratefully, and do you use it for His greater glory? or for your own pleasure only?

3. Three degrees of love :—

Love of an object for it's own sake.

Love of an object for GOD's sake.

Love of GOD in that object.

4. How do you fulfil your duty of intercessory prayer?

5. How are you minded towards other people in general? Do you act towards your Sisters, your

patients, your children, your visitors, as towards our LORD in them?

6. Do you neglect any act of kindness or duty that you might show another? from carelessness, ignorance, misapprehension?

7. Do you execute duties which will bring you credit, and leave other duties in the background unperformed? or take credit to yourself for others' work?

8. Do you misrepresent or carry gossiping tales from one to another? Do you needlessly injure the character of another Sister in the eyes of the Superior or the Priest? [This is more hurtful to the community than it would be to lay a train for blowing up the house.]

9. How do you find fault? like S. Stephen? [And all . . . looking stedfastly upon him, saw his face as it had been the face of an Angel.]

10. Do you dare to speak out when your duty requires it? [Am I my brother's keeper?]

*After Examination.*

\*

- I. Thanksgiving for amendment.
- II. Sorrow that it is so slight.
- III. Prayer for pardon of sins.
- IV. Oblation of the whole heart.
- V. Prayer for grace to continue in GOD's service to your life's end.

## QUESTIONS FOR A SISTER WHEN NURSING.

[S. Thomas de Villanova "on a good work."]

1. Did I do it according to S. Paul's rule, giving myself first, and then my work, to our LORD?

2 Cor. viii. 5.

2. Did I do it in faith, that my LORD was with me, ready to give me all the help I needed, and to make my work perfect, had I sufficiently trusted to Him?

3. Did I do it in hope, not only that there are such blessings, and such promises, but that they are mine?

4. Did I do it for love of JESUS only: that I might show my love to Him, and in my poor manner, requite His love to me?

5. If I had to do it over again, what chiefly would I do that I did not do in it?

6. If I had to do it over again, what chiefly would I leave undone that I did in it?

7. How does it seem compared with what I know it would have been, had it been done by a Saint?

8. Do I firmly resolve, if I have the same opportunity again, to use it more wholly to the Glory of GOD?

9. How far has temptation been resisted? as to discouragement, desire for relief, lowering of aim, &c.?



10. Broken and shortened though prayer-time be, how far has it been made the most of?

11. How far has the spiritual benefit of the patient been laboured for?

12. Offer to our LORD whatever is most painful in the present situation, in union with His own suffering of the same kind. If it is the isolation—*He* was forsaken by all: if, the scarcely ever being alone—He was where “many were coming and going, so that there was not time to eat bread”: if it is, that no progress seems to be made—“the number of His disciples was 120.” Nothing *can* be suffered that He did not suffer first.

#### PREPARATION FOR EASTER CONFESSION.

[S. Bernard.]

1. In union with Thy most bitter grief, O Thou, Who Thyself didst carry my sins, and bear my infirmities, LORD JESUS CHRIST, with the whole multitude of true penitents, and of those that seek Thee in truth, I confess to Thee all my sins: evil committed, good omitted: good done from impure motives, or done negligently: as Thou best knowest them in weight, number, and measure: and the lost days of my life, in which I have offended Thee, and lessened Thy praise, and fell away from Thee, the chief good, and drew my neighbour into

my fall. Accept, O LORD, out of my life the residue of my years : but for those which I have wasted and lost, a broken and contrite heart, O GOD, Thou wilt not despise. My days have gone by without fruit. I cannot recall them ; but grant that I may, at least, recollect them in the bitterness of my soul. LORD, the deep abyss of my misery calls upon the deep abyss of Thy mercy. Shut not up Thy loving-kindness in displeasure : let not the inexhaustible fountain of Thy mercy be dried up towards me on account of my sins : Thou that hast mercy on all, and hatest nothing that Thou hast made, and passest by men's iniquity to the end they should repent. It pertaineth to Thee, O LORD, to forgive sins : have pity on me, while it is the time of grace and compassion : while it is the time of amendment, grant that I may merit the happiness of Thy blessing, so that in the Last Day I may not be smitten with the word of Thy curse.

2. Grant, LORD, that I may forsake my besetting sins, and may do such things as shall please Thee : Grant that the time I have hitherto given to myself, I may now give to Thee : that where sin hath abounded, there grace may much more abound. Call to mind, LORD JESUS, that it is not Thy wont to lose any whom the FATHER hath given to Thee : rather it is Thy nature and property ever to have mercy and to forgive : to destroy none, but to save.

For Thy FATHER sent Thee not into the world to condemn the world, but that the world through Thee should be saved : that Thou mightest be an atonement, and an advocate, not against us, but for us. For that which we owe, Thou hast paid : for that which we have sinned, Thou dost atone : that which we have neglected, Thou suppliest.

3. Therefore, Lord, both now and in the hour of my death let Thy plenary and even superfluous satisfaction, Thy most precious Death, and the inestimable price of Thy Blood, atone for me : as well as the Commemoration of Thy satisfaction, the Venerable Sacrament of Thy Body and Blood, which is offered daily to Thee in Thy Church for the salvation of Thy faithful ; in which Thou Thyself art Priest and Sacrifice, He that offers and He that is offered, and He to Whom it is offered : Grant that it may now obtain for me the grace which I merit not : and hereafter the rest and the glory which Thy most bitter death has purchased.

4. Let the consideration, then, O LORD, of human frailty move and incline Thee : for Thou knowest what is the substance of man, and that Thou didst not form Him in vain : and preserve me, the work of Thy loving-kindness, that Thy labour may not have been expended to no purpose, nor the effusion of Precious Blood be useless. Thou Who art the Purification of sinners, grant that being cleansed from the impurity of sin, I may see Thee hereafter

face to face, and happily attain to Thee : Who livest and reignest with the FATHER and the HOLY GHOST : world without end. Amen.

A PRAYER BEFORE CONFESSION FOR ONE WHO  
HAS CONSECRATED HERSELF TO GOD.

[An unknown Spanish writer, about A.D. 1300.]

Almighty GOD, Who searchest the hearts of all, but chiefly of them who presume to undertake Thy service : Who sayest to the ungodly, What hast thou to do with My laws, or to take My covenant in Thy mouth ? Give me Thy grace, that I may now make such a confession, as shall be well pleasing in Thy sight. Behold, LORD, I desire to manifest all :— I would fain have the shame, so Thou mayest have the glory. If Thou despisest me, I shall perish : if Thou turnest and lookest upon me, I shall live. Give me such grace that I may desire neither to spare myself, nor to be spared, now : that I may judge myself more strictly than others, and may desire to be judged more strictly by Thy servant before whom I go : if only hereafter I may have Thee as my Redeemer, whom I shall see as my Judge : and may dwell in the Land of the Living with Thee, Who by Thy Cross and Passion didst vouchsafe to redeem us : Who now livest and reignest with the FATHER and the HOLY GHOST, One GOD : world without end. Amen.

\*

A VERY DEVOUT ORISON OF THE BLESSED PASSION  
OF OUR LORD JESUS CHRIST.

[French—16th c.]

O most sweet and gentle Saviour JESUS, Who didst create me, and hast renewed me with Thy most pure and precious and sacred Blood, pierce and penetrate my mind with the dear remembrance of the inestimable mercies Thou hast showed me. And grant me to taste truly of the bitter griefs which Thou didst bear for me, that by the thoughts of all Thy goodness my cowardly heart may be quickened to love Thee. And, perceiving the fragrance of the passion which for me Thou didst bear and undergo, make me shrink from the infection of my sins. O most pitying JESUS, on me, poor, miserable, shame-faced sinner, turn Thine eyes: wherewith Thou lookedst on S. Peter when he had denied Thee, and on Magdalene when she had grievously sinned against Thee, and on the good thief hanging at Thy right Hand on the Cross; and let me this day weep for my sins with S. Peter, and love and follow Thee perfectly with Magdalene, and finally behold Thee with the penitent thief. Come unto me, O blessed JESUS, as Thou camest to the publican. Deliver me from the hands of mine enemies, as Thou deliveredst the woman taken in adultery; and call me from the sepulchre of sin as Thou calledst Lazarus. Give me grace to walk in

the way of virtue, as Thou strengthenedst the man sick of a palsy : for I desire, like Thy disciples, to live and die with Thee, and I seek to hear Thy sweet voice, like that of a shepherd seeking his lost sheep. Hear my prayer, O most pitying JESUS, grant my request, O most loving Father. And refuse not to forgive me, O most tender Saviour of sinners ; I am Thine, and only Thine : Thou art my GOD and King, and I am Thy humble poor creature ; Thou art my very true FATHER, and I am Thy little maid : therefore I beseech Thee, LORD GOD, be unto me as a mother is to her child. Be merciful and pitiful towards me as Thou wast to Thy people when Thou wouldest have gathered them, as a hen gathereth her chickens under her wings, acknowledge that is Thine in me, and regard not that is mine ; reject not that is Thine by reason of my sins. And if justice bid Thee destroy that is Thine for the sake of my misdeeds, I appeal from justice to mercy, and pray that innocence perish not with wickedness, nor Thy good with my evil ; nor the soul which is Thine with the sin which is mine. Let Thy Passion and Death avail for my poor desolate soul, so that more easily mercy may justify it, more benignly the sins and offences of its youth may be forgiven it : and that after full pardon the daughter may thereby be reconciled to her Father, and the creature to her Creator ; and the Shepherd bring back the sheep to the Royal Fold,

not remembering its wanderings any more : by the merit of Thy blessed Passion, my most sweet and gentle JESUS. Amen.

## OCCASIONAL PRAYERS.

## I.

[John van Neercassel, Bp. of Castoria, *d.* 1686.]

O LORD GOD, Who hast commanded that they who are occupied in Thy holy service should themselves be holy :—give me such holiness that I may not, while I am ministering to others, be increasing my own condemnation : that I may not, while I am teaching others, be myself ignorant of Thee : and that I may not, while I am rebuking others, be passing sentence on myself. Keep me firm in my faith, in the midst of an unbelieving world ; keep me warm in my love, among those that love Thee not : keep me pure amidst the impure : keep me Thine amidst those who are as yet not Thine, but whom Thou didst come to seek and to save. And give me grace, so, among all the changes and chances of this wicked world, to serve Thee here, that hereafter I may be ready, with the wise Virgins, to enter in with Thee to the eternal Supper of the LAMB : for Thine own merits' sake : Who livest and reignest with the FATHER and the HOLY GHOST, One GOD : world without end. Amen.



## II.

[An unknown writer, about A.D. 1000.]

Almighty and everlasting GOD, Who hast given me the will to devote myself wholly to Thy service, and to forsake all things for Thy sake : do Thou, who hast wrought this desire in me, perform it in the Day of JESUS CHRIST. Grant that, having put my hand to the plough, I may never turn back : vouchsafe that, having washed my garments, I may never defile them : but, following Thee with my whole heart, may hereafter have my portion with the hundred and forty and four thousand who follow the LAMB whithersoever He goeth ; for His merits' sake : to whom, with Thee and the HOLY GHOST, be all honour and glory for ever. Amen.

## III.

[Egbert, Abp. of York, *d.* about 900.]

O GOD, Who hast promised that if any lack wisdom, and ask it of Thee, Thou wilt give it to him :—give me that SPIRIT without Whom I cannot will, and having willed, cannot perform, anything acceptable to Thee. Give me the SPIRIT of wisdom and understanding, the SPIRIT of counsel and might, the SPIRIT of knowledge and of love and of Thy fear. When I am strong, do Thou uphold me : when I am weak, do Thou strengthen me : govern my thoughts :



direct my ways : fill me with holy desires : build me up in love : enlighten me with wisdom : fortify me with purity : prepare me by humility : subdue me by obedience : comfort me when I am in pain : arm me when I am in temptation : guard all that I say : sanctify all that I do : accept all that I suffer : make me Thine, and keep me Thine, so that I may be Thine for ever. Who livest and reignest with the FATHER and the HOLY GHOST now and ever. Amen.

## IV.

[S. Ildefonso of Toledo.]

O LORD JESUS CHRIST, the Only-Begotten of the FATHER, Who hast given such grace to women, that they have not only vanquished all kinds of temptations, but have been victorious over bloody and cruel persecutors : grant to me, Thine hand-maid, that, calling to mind the example of those blessed Virgins, who confessed Thee here on earth, and now follow Thee whithersoever Thou goest, I may run with patience the race that is set before me, and may so with them love Thee on earth, that hereafter I may be counted worthy of their companionship in heaven : for Thy merits' sake : Who livest and reignest with the FATHER and the HOLY GHOST, One GOD : world without end. Amen.

## V.

## The LORD'S PRAYER.

As it may be said by a Sister of Mercy.

[French—17th c.]

*Our Father.*

Remember, that, if all Christians are brethren, you are bound together by a closer tie of sisterhood ;—children more entirely devoted to your Heavenly FATHER.

*Which art in Heaven.*

Of which the life of those that are consecrated to GOD ought to be a foretaste : think whether it is, or is becoming so.

*Hallowed be Thy Name.*

This you profess to be the object of your lives ;—see whether it is so first of all in yourselves.

*Thy Kingdom come.*

The end and aim of all your efforts here : both in ministering to the bodies and souls of men.

*Thy Will be done, &c.*

If on earth generally, how much more by you ? If not so by you, how can you dare to proclaim GOD's will to others ?

*Give us this day, &c.*

And not for yourselves only, but for those whom you tend : and to this end you pray that GOD

would give the spirit of charity to those who are able to help you.

*And forgive us, &c.*

At home,—all the petty jealousies and divisions that spoil the most devoted lives ;—

Abroad,—open opposition, or unkindness.

*And lead us not into temptation.*

Because they, who most manfully stand on CHRIST'S side, must expect to be most vigorously attacked: and because, when *you* fall into sin,—your guilt is twofold, and the triumph of GOD'S enemies is greater.

*But deliver us from evil. Amen.*

Because you are thrown into so much evil,—because you need to be especially preserved from it ;—because, how shall you deliver others, if you are not delivered yourself?

VI.

[A Collect, of about A.D. 500.]

Almighty GOD, Who didst triumph in blessed Thecla over the fury of lions, in Agnes over the fire, in Lucy over divers kinds of torments, in Cecilia over the sword : let Thy grace triumph in me over all the malice of the devil, and the corrupt desire of my own evil heart : so that finally I may have a place at the feet of these Thy blessed Virgins, who now follow Thee whithersoever Thou goest, praising Thee, world without end, where Thou reignest

with the FATHER and the HOLY GHOST to all ages of ages. Amen.

\* THREE OFFERINGS TO GOD THE FATHER.

[French—16th c.]

O Most Mighty Creator and Eternal FATHER : for myself and for all other creatures, and for all who are on their death-beds, I offer and present unto Thee, all the sorrows that Thy SON ever suffered in this world ; and especially the Agony that He endured when from His precious Flesh came forth a Sweat of Blood. By this His great anguish and sorrow, I pray Thee, Holy FATHER, to put away from us all the bitterness of our sins, and grant us not to sink through overmuch sorrow. And by His sorrow when He was condemned to death, I pray Thee, Eternal FATHER, give us a gentle judgment at our death. And by His great sorrow when He said, Eloi, Eloi, lama sabachthani, I pray Thee, Heavenly FATHER, never to forsake us, and never to let us forsake Thee. Amen. Our FATHER.

And I offer to Thee, O FATHER Eternal, all the sufferings that Thy Blessed SON ever bore in this world : especially His most bitter Passion, His precious Scourging, His Head crowned with thorns, the Exaltation of His Sacred Body by the fixing of

the nails, His Most Precious Death, and the opening of His Side. I pray Thee, O FATHER, by the merits of that Passion, that it may please Thee to forgive us all we owe Thee in any way by reason of our wasted time. Or else be pleased to set that Passion between us sinners and Thy justice. Amen. Our FATHER, &c.

And by the very exceeding love which constrained Thy Blessed SON to come down from Heaven, to bear such sorrow and such pain; by that love I pray Thee, Eternal FATHER, of Thine infinite goodness to fill us with such love that we may be fit to enter into Thy blessed Heaven so soon as our souls shall depart from our bodies. Amen. Our FATHER, &c.

#### OF RESOLUTION AGAINST TEMPTATION.

O LORD JESUS CHRIST, Who hast taught us that they who despise small things shall fall by little and little, give me grace to remember that I am now altogether Thine and no longer my own, that I may this *day* obtain a remedy over the sin which most easily besets me: for Thine Own merit's sake. Who livest, &c.

Psalm cxxi., or Psalm lxiii.

✠ In the Name, and by the Grace, of our LORD  
D

JESUS CHRIST, I promise not to yield to my besetting temptation this——. † Amen.

I can do all things through CHRIST, which strengtheneth me.

#### OF RULE OVER OTHERS.

O LORD JESUS CHRIST, Who didst for me, miserable sinner, take up Thy Cross and bear it : give me grace so to take up this Cross, that in Thy good Providence is to be laid upon me, that I, bearing it after Thee here, may be partaker of Thy Crown There : for Thine Own merit's sake. Who, &c.

O LORD JESUS, Who hast commanded us to rule with diligence, as well as to obey with cheerfulness: give me wisdom and firmness so to rule those over whom I am set, that I may bring them up in all good discipline, as well as with all true love, to Thine honour and glory : Who livest and reigneth with the FATHER and the HOLY GHOST, ever one GOD : world without end. Amen.

#### OF RISING AT NIGHT FOR PRAYER OR NURSING.

On Rising.

✠ In the Name, &c.

Our FATHER.

LORD JESUS CHRIST, Who didst continue all night in prayer to Thy FATHER for us, and Who

again, rising up a great while before day, didst intercede for Thy servants : I offer this my service to Thee in union with Thine own watchings and vigils. Sanctify it, accept it, and bless it, for Thine Own merit's sake. Who livest, &c.

Before Returning to Bed.

LORD JESUS CHRIST, Who didst Thyself vouchsafe to be weary, and to take rest : pardon the infirmity [and sin] of this my service : take me again, while resting, to Thy care : give me a holy sleep : and keep me thine for ever. Amen.

And may the souls of the faithful through the mercy of God rest in peace.

OBLATION OF PAST SERVICE.

O LORD JESUS CHRIST, I desire, in union with this Sacrament, to offer Thee my endeavours to serve Thee at —— [or in ——.]

Thou knowest how much I fell short of what I desired to do : do Thou pardon me wherever I was ——, especially —— : and wherever I was ——, especially ——.

But Thou, Who art touched with the feeling of our infirmities, knowest how much the endeavour cost me : accept it, O LORD, for Thou knowest that I desired to offer it from love to Thee.

And now, in Thy Presence,

I desire to renew my self-dedication, body, soul, and spirit, to Thee :

And to resolve in Thy Grace  
not to be discouraged in any way or distressed at the past :

When I am again called to Thy service,  
to resist more entirely every feeling of —, and — :

to remember that I can never be alone with Thee :  
and to devote my full powers of mind and body to serve Thee in Thy poor without one thought of myself.

And now I desire to seal this resolution, by receiving, at the hands of Thy Priest, Thine own Body and Blood.

#### RENEWAL OF VOW.

LORD JESUS CHRIST, Whose I am, not only by Baptism, but by my own special vow of serving Thee and living to Thee wholly, I desire to renew that vow, and to offer up to Thee all the suffering, weariness, and sorrow of any kind that Thou hast appointed for me here, in union with the pains and sorrows and labours which Thou didst endure for us on earth. And if, through the weakness of my nature, I cannot as yet make Thee this offering so cheerfully as I would, yet Thou, Who knowest all things, knowest that I make it truly and earnestly.



Accept it, O LORD JESUS, Who didst Thyself condescend to say to Thine apostles, My soul is exceedingly sorrowful, even unto death : and give me, in Thine own time, a desire thus to suffer for Thee : and now strengthen and encourage me in the task to which Thou hast called me. Keep me Thine, body and soul, for ever : for Thine Own merit's sake. Who, &c.

IN DEPRESSION AND DIFFICULTY.

An Act of Faith.

*For the Anniversary of Professions.*

I believe, LORD JESUS CHRIST, that  
Thou art able to make all grace abound in me :  
(2 Cor. ix. 8).

I can do all things through Thee, if Thou wilt strengthen me : (Phil. iv. 13).

That none ever looked to Thee, and were confounded, and called on Thy Name, and were forsaken : (Eccles. ii. 10).

That Thou wilt never put me, the sheep of Thy fold, out anywhere, where Thou Thyself hast not been before : (S. John x. 4).

I believe, LORD JESUS CHRIST, that  
Thou, as a most merciful and faithful High Priest (Heb. ii. 17), knowest whereof I am made, and rememberest that I am but dust : (Ps. ciii. 14).

Like as the Father pitieth His own children, so  
Thou pitiest me : (Ps. ciii. 13).

In all my afflictions Thou art afflicted : (Is. lxi. 9).

I believe, LORD JESUS, that  
Thou, Who hadst not where to lay Thy head,  
Who wast forsaken by Thy Father on the Cross.  
Who didst labour in the villages of Galilee, knowest  
and feelest for my ——— ——— ———

I believe, LORD JESUS, that  
Thou wilt not suffer me to be tempted above that  
I am able to bear :

I believe, LORD JESUS, that

EITHER

Thou, to whom the things impossible with man  
are possible : (S. Luke xviii. 27).

Wilt strengthen me for this especial work, and  
wilt fulfil Thy promise, as Thy day is, Thy strength  
shall be : (Deut. xxxiii. 25).

As Thou didst Gideon,  
Jeremiah,  
Esther.

OR,

That Thou, the Wisdom mightily and sweetly  
ordering all things, wilt give me other work for  
Thee, as Thou canst do in this very place.

I believe, LORD JESUS, that  
Thou wilt either strengthen me for an especial

work, or give me an especial work suited to my strength.

LORD, I am oppressed : undertake for me.

LORD, I believe : help Thou mine unbelief.

LORD, Thou knowest all things : Thou knowest that I love Thee.

And, on the anniversary of my self-dedication to Thee,

I resolve again, absolutely and without any restitution, Thy Grace helping me,

To persevere in my life of Chastity, and of Thy service to the end.

Only, O LORD,

Whether I live, let me live unto Thee :

Whether I die, let me die unto Thee :

Living, therefore, or dying, let me be Thine.

Amen.

SHORT LITANY.

O LORD JESUS CHRIST :

Hear us, O LORD.

From imminent wars :

Deliver us, O LORD.

By Angelical guardianship :

Defend us, O LORD.

From the chain of our sins :

Absolve us, O LORD.

O LORD JESUS CHRIST :

Hear us, O LORD.

\*

## INTERCESSORY PRAYERS.

(Those marked \* to be said at Holy Communion only.)

*When the Church is Assaulted.*

1. Crush, we beseech Thee, O LORD, the pride of our enemies, and lay them low by the might of Thy Right Hand. That iniquity may not prevail over righteousness, but falsehood be ever subdued before the Truth. Through, &c.

\* 2. Let the holy partaking of Thy Mystery cleanse us, we beseech Thee, O Lord : and convey to us alike forgiveness and defence. Through, &c.

\* 3. Almighty, Everlasting GOD, accept, we beseech Thee, our unworthy prayers, and give heed to that which amid our holy offerings we ask : And as Thou wast graciously present with Moses and Aaron in Egypt, so vouchsafe to be with us and with all the Christian host, and deliver us evermore from the yoke of the oppressor.

*For Church Councils, &c.*

4. O LORD, we beseech Thee, let the Comforter, Who proceedeth from Thee, enlighten the minds of Thy servants our Prelates and Pastors, and lead them, as Thy SON hath promised, into all truth. Through the same. Who liveth. In the Unity, &c.

*For Unity.*

\* 5. Sanctify, O LORD, the gifts we offer for the union of all Christian People: and grant to us the blessings of unity and peace in Thy holy Church. Through, &c.

*For Bishops and Priests.*

\* 6. Be favourable to us, O LORD, through the gifts we offer: and guide with Thy continual protection Thy servant N., whom Thou has willed to be the Pastor (Bishop) of Thy people.

\* 7. Pour into us, O LORD, the Spirit of Thy Love: and as thou hast fed us with that one Bread from Heaven, so of Thy mercy make us of one mind. Through, &c.

*For Friends.*

\* 8. Receiving, O LORD, the Sacraments of everlasting salvation, we humbly entreat Thy mercy: that through them Thou wouldst protect Thy servant N. from all adversity. Through, &c.

*For Penitents.*

9. Almighty, Everlasting GOD, of Thy pity forgive Thy servant N. the sins he humbly confesseth unto Thee: that his guilty conscience may not more avail for his punishment, than Thy bounteous mercy to his pardon. Through, &c.

\* 10. Almighty and Merciful God, Who willest rather to amend than to destroy every penitent soul that confesseth its sins : look favourably on Thy servant N., and, through these Sacraments which we have received, turn from *him* Thy wrath and indignation, and forgive *him* all his sins. Through, &c.

*In Trouble of Heart.*

\* 11. O GOD, Who healest those that are broken in heart, and turnest the sadness of the sorrowful to joy : Give favourable heed to this our Offering, through which Thou willedst to remit the sins of the whole world, and graciously accept it as we plead it in our trouble. Forgive our sins, and take away our sorrows ; banish our miseries, and remove our anguish and affliction ; that we being delivered from all the evils which we suffer, may evermore exult in the enjoyment of Thy blessings. Through, &c.

*For Forgiveness.*

\* 12. O LORD, we plead before Thee the Acceptable Victim to appease Thy wrath, humbly praying Thee, that Thou wouldst of Thy mercy forgive our sins, and direct aright our changeful hearts. Through the same.

*For True Contrition.*

13. Almighty and Merciful GOD, Who for Thy thirsting people broughtest forth a fount of living

water from the rock : Bring forth from the hardness of our hearts the tears of true compunction ; that we, sincerely bewailing our sins, may obtain of Thee of Thy great mercy perfect remission and forgiveness. Through, &c.

*In time of Pestilence.*

14. We beseech Thee, Almighty GOD, regard with favour the offering of Thy Church, and let Thy mercy visit us, and not Thy wrath, since if Thou wert extreme to mark our sins, no creature could endure : But, with that wondrous mercy wherewith Thou madest us, suffer not us to perish who are the works of Thine own hands. Through, &c.

*In Seasons of Penitence.*

15. Turn Thy Face, O LORD, from our sins, and blot out all our iniquities ; remove from Thy eyes the evil pleasures of our life ; bow down Thine Ears to our Confession : have mercy upon our supplication ; and do thou, Who givest a penitent heart to them that are in despair, give the help of Thy glory to them that confess. And because the publican standing afar off, and striking his breast, was cleansed by that very Confession, in like manner hear us, sinners ; and as Thou didst give to him the fruit of his petition, so give to us, Thy servants, the pardon of all our sins. Through, &c.

16. O GOD, in Whose Kingdom the earth rejoices, Whose righteousness the heavens testify, Whose dominion legions of Angels adorn, preserve the souls of Thy servants : and, to the end that we may not follow the author of sin and perish, do Thou free us, do Thou protect us, do Thou preserve us : so that when a consuming fire shall go out from before Thy Presence, it may not receive us according to the desert of our sins, but that the mercy of our Creator may preserve us to Eternal life. Through, &c.

17. O GOD, Who didst come to bind up the wound of Thy people, and to heal its stroke : be present to us, and enlighten with the light of Thy Divinity, whatever is sinful or defiled in us ; that neither the moon in the night of this world, may smite, nor the sun of truth, in the day of future judgment, consume us. Through, &c.

18. Almighty GOD, Who art worthily glorified by the Angels in heavenly places, grant that our glory may be in Thee, and that the humble confession of Thy people may come before Thee ; and grant that in those things whereby we have offended Thee by our sins, we may return by Thy mercy, and obtain the fruit of pardon : that Thy mercy may forgive our errors, and Thy power may assist us to the obtaining the fruition of Thee. Through, &c.



19. O LORD JESU CHRIST, Son of the Living God, place Thy Passion, Cross, and Death between Thy judgment and my soul now and in the hour of my death ; and do Thou alway of Thy mercy grant to the living, mercy and grace ; to the departed, rest and glory ; to Thy Church, peace and true concord ; and to us sinners, eternal life and felicity. Who, &c.

A PRAYER of S. FRANCIS XAVIER for the CONVERSION of HEATHENS, HERETICS, and SINNERS. \*

O GOD, Eternal Creator of all things, remember that Thou didst create the souls of infidels, heretics, and sinners, and didst make them after Thine Image. Behold, O LORD, hell is filling with them, and Thy Name is dishonoured. Remember that JESUS, Thy Beloved SON, endured most bitter death for their salvation ; suffer not, LORD, that He be yet thus set at nought, hear the prayers of Thy Church, which is Thy SON's beloved bride ; think upon Thy loving-kindness, and forget their idolatry, their unbelief, their obstinacy and wickedness ; cause them to know and fear and love Him Whom Thou hast sent, our LORD JESUS CHRIST, Who is our Salvation, our Life and Resurrection, by Whom we are saved and set free : to Whom be honour for ever and ever. Amen.

\* IN TIME OF INFECTIOUS SICKNESS.

Be mindful of Thy covenant, O Lord, and speak to the destroying angel : stay now Thine hand, that the earth be not laid waste, and that Thou slay not every living soul.

V. Help us, O GOD, our SAVIOUR.

R. And be merciful to our sins.

V. O LORD, hear our prayer.

R. And let our cry come unto Thee.

*Collects.*

Mercifully hear, O LORD, the prayers of Thy people, that we, who are justly punished for our offences, may, by Thy mercy, be delivered for the glory of Thy Name.

GOD, who desirest not the death, but the repentance of a sinner, be merciful to Thy people, who turn unto Thee ; that, as they kneel devoutly before Thee, the scourge of thine anger may mercifully be withdrawn.

In the midst of life we are in death ; to whom shall we seek for succour, save to Thee, O GOD ! Who for our sins art righteously displeased. Holy GOD, Holy and Mighty, Holy and Immortal, have mercy upon us.

V. Turn us, O GOD, our SAVIOUR.

R. And let Thine anger cease from us.

Let us pray.

Hear us, O GOD, our SAVIOUR, and deliver Thy people from the terror of Thy wrath, and make us to dwell safely under the shadow of Thy mercy. Through, &c.

V. LORD, hear our prayer.

R. And let our cry come unto Thee.

V. Bless the Lord.

R. Thanks be to God.

V. The Divine Help abide with us evermore.

R. Amen.

#### FOR CHILDREN BEFORE CONFIRMATION.

*Antiphon.* Thine are we, David: and on Thy side, Thou Son of Jesse.

V. Stablish the thing, O GOD, that Thou hast wrought in us.

R. For Thy Temple's sake at Jerusalem.

O LORD JESUS CHRIST, whose soldier to my life's end I promised to be when I was baptized, grant, that, when I shall have the new armour Thou wilt give me in my Confirmation, I may all the more bravely fight the good fight against the world, the flesh, and the devil; and so, by the help of Thy Holy Spirit at last receive the Crown

which Thou hast prepared for them that love Thee.  
Who livest, &c.

\* IN TIME OF WAR OR OTHER DISTRESS.

*Antiphon.* Help us, O GOD of our salvation, for the glory of Thy name : O deliver us, and be merciful unto our sins for Thy Name's sake.

Psalm lxxix.

LORD, have mercy, &c.

CHRIST, &c.

LORD, &c.

V. O LORD, save Thy servants.

R. Who put their trust in Thee.

V. Send them help from the sanctuary.

R. And strengthen them out of Sion.

V. Let the enemy have no advantage over us.

R. Neither the son of wickedness approach to hurt us.

V. Deal not with us after our sins.

R. Nor reward us after our iniquity.

V. O Lord, hear our prayer.

R. And let our cry come unto Thee.

Let us pray.

[Here insert one of the foregoing Collects, according to circumstances.]

PRAYERS FOR THE SEASONS.

ADVENT.

Turn not away, O LORD, Thy mercy from our prayers; bow down Thine ear, and hear us of Thy loving-kindness, that we, who are troubled and cast down by the voice of the enemy, may be consoled by the most holy Advent of Thine Only-Begotten: and, taking the wings of faith as of a dove, may rise to heavenly things. Keep us far, O LORD, from the evil world, and preserve us from the snare of the enemy. Through, &c.

O CHRIST, SON of the FATHER, Who didst of old time come to be born in the flesh, and shall again come with the leaders and princes of Thy people, to execute judgment in the glory of Thy Majesty; grant that when Thou shalt come, Thou mayest not repay us the desert of our sins, but mayest raise us to the eternal reward of that faith, whereby we believe in Thee. Who livest, &c.

Be unto us, O LORD, a crown of glory in the day wherein Thou shalt come to judge the world by fire; that, arraying us here with the robe of righteousness, Thou mayest endue us there with the perfect liberty of glory. Who livest, &c.

Almighty FATHER, we beseech Thee to send down Thy Word from Thy Throne, that He may heal and bind up the broken-hearted, may raise up those that are fallen, and may bestow upon us the joy of His Name. Through, &c.

#### CHRISTMAS.

O LORD JESUS CHRIST, the ineffable joy of Christians, of Whose power and peace there is no end, grant that we may receive Thy kingdom, and embrace it, so that its perpetual domination and eternal greatness may remain in us; and everything in us which Thou findest not to be Thine, Thou mayest remove, and that Thou wouldest make us Thine own in all things and through all things; that neither anything in us may oppose Thy power, nor resist Thy peace, but that Thou Thyself wouldest possess us alone, Who art King of kings, and LORD of lords, and livest and reignest for ever and ever.

O LORD JESUS CHRIST, the Rest of Angels and of all Saints, give rest to Thy people this day, in the most holy feast of Thy Nativity: that in Thee they may rest from their sins and labours, and praising Thee with all creation, may receive Thy benediction in all things, and through all things; and that, as Thou didst come to deliver them from

the curse, so thou wouldest never permit them to be deprived of Thy FATHER's benediction: but that they, continually blessing Thee, may themselves be blessed for ever. Who livest, &c.

We have seen Thy Glory, O LORD, the Glory as of the Only-Begotten of the FATHER: the First-Begotten of the Deity, the First-Begotten in grace: there, the only SON of the FATHER, here, the Chief among many brethren: there, One with the FATHER, here, the first among His brethren: there, remaining in the Bosom of the FATHER, here, not leaving His companions. Grant to us, therefore, to be partners in Thy Kingdom, for whom Thou didst offer Thyself as a Sacrifice in this world: and as Thou wast in time past their Redeemer, so be Thou in time to come their Reward. Through Thine Own merit's Sake. Who, &c.

#### EPIPHANY.

O LORD, with Whom is the Fountain of life, and in Whose Light we shall see light, increase in us the clearness of Thy knowledge; that Thou mayest both give to us when we thirst, to drink of Thy living water, and mayest restore understanding to the darkness of our souls, by Thy heavenly illumination. Through, &c.

O GOD, Who didst vouchsafe to endue a short-lived star with the grace of a sudden brilliancy,

manifest, we beseech Thee, Thy face to all Christian people : that, as Thou didst at length show the true path to the wise men when they were in error, só Thou mayest lead us, who lie in sin, to the harbour of eternal salvation. Through, &c.

O GOD, the SON of GOD, the ineffable virtue of the FATHER, Who wast manifested by a new star as King of kings to the Gentiles, and didst gloriously appear in that holy city ; before Whom the islands tremble ; Whom the princes and tribes of the nations obey, while all kingdoms yield to Thee, and the diadems of kings are cast down before Thee ; vouchsafe by Thy grace to show Thyself in Thy mercy to our senses, and to manifest Thyself in our conversation, that we, having the first-fruits of the SPIRIT, may ever dedicate them to Thee by those gifts by which we may enter into that heavenly Jerusalem with hearts well-pleasing to Thee ; so that, offering to Thee the pure gold of our works, we may be made partakers of Thy kingdom. Through, &c.

#### LENT.

Grant, O LORD, that our fast may be acceptable to Thee, and may both, by purifying us, make us worthy of Thy grace, and bring us to Thy heavenly kingdom. Through, &c.



Bow down Thine ear, O LORD, to our supplications, and heal the sickness of our souls, that we may receive both the remission of our sins, and evermore rejoice in Thy benediction. Through, &c.

We beseech Thee, O LORD, favourably to regard Thy people; and, as Thou dost command us to abstain from carnal food, grant that we may cease from everything that may offend Thee. Through, &c.

Let the tears and the prayers of Thy Church, O merciful GOD, move Thee to have pity upon us, that we, rising by Thy power from the death of sin, may not die everlastingly. Through, &c.

Grant, we beseech Thee, Almighty GOD, that since our mortal nature is exposed to sin and to strife, Thy grace, by the present fast, may both quicken us, and nourish mutual love between those that are brethren. Through, &c.

#### PASSION-TIDE.

O GOD, Who by the Passion of Thy Only-Begotten SON, hast destroyed the pride of the ancient enemy, grant to Thy people both worthily to remember the things which He suffered, and courageously to endure all adversities. Through, &c.

Pour forth upon us, we beseech Thee, O LORD, the healthful streams of Thy grace; that, through faith and good works, we may attain the benefits of Thy Passion. Who livest, &c.

O GOD, Who forgivest much to them that love much: pour into our hearts such love to Thee, that we may, by Thy mercy, be set free from all our sins. Through, &c.

Grant to us, O LORD, we beseech Thee, as the Passion of Thy SON approaches, the more abundant help of Thy grace, that through the works of charity we may everywhere shed abroad the sweet savour of the name of CHRIST. Through, &c.

Remember Thy mercy, O LORD, and sanctify Thy servants by Thy eternal protection: for whom Thy SON, JESUS CHRIST, gave Himself of His own will to death, and fulfilled the Paschal Sacrifice by the shedding forth of His blood. Who liveth, &c.

\*

#### EASTER-TIDE.

Grant, we beseech Thee, Almighty GOD, that we who do acknowledge the grace of the Resurrection of the LORD, may ourselves, through the love of the SPIRIT, rise from the death of the soul. Through the same. Who liveth. In the Unity, &c.

Pour into our hearts, O LORD, the SPIRIT of Thy love: and as Thou hast refreshed us with the Sacraments of our Passover, so of Thy mercy make us of one heart. Through, &c.

O GOD, Who makest us glad by the yearly Festival of the Resurrection of the LORD: mercifully grant that we who now celebrate these joyous holy days on earth, may attain hereafter to eternal joys in heaven. Through the same, &c.

ASCENSION-TIDE.

\*

Assist us mercifully, O LORD, in these our supplications: and grant that like as we do believe the Saviour of mankind, to be seated with Thee in Thy Majesty, so we may feel that He abideth with us, according to His promise, even unto the end of the world, even JESUS CHRIST, Thy SON, our LORD. Who liveth, &c.

O GOD, Who art the Life of the faithful, the Glory of the humble, and the Blessedness of the righteous: Favourably regard the prayers of Thy suppliant people, and grant that the souls which thirst after Thy promises may evermore be filled from Thine abundance. Through, &c.

Grant, we beseech Thee, Almighty GOD, that the Splendour of Thy clear Brightness may shine

forth upon us, and the Light of Thy Light may stablish the hearts of them who have been born again. Through. Who liveth. In the Unity, &c.

\*

## WHITSUN-TIDE.

O LORD, let the outpouring of Thy HOLY SPIRIT cleanse our hearts, and make them faithful by the inward sprinkling of the dew of His blessing. Through. In the Unity, &c.

O GOD, Who vouchsafedst to send the HOLY GHOST, the Comforter, upon Thy disciples in the likeness of fervent heat, grant to Thy people that they may be fervent in the unity of the Faith: that they, continually abiding in Thy love, may be found both steadfast in faith and also fruitful in good works. Through. In the Unity, &c.

Console, O JESUS, the hearts of Thy faithful people, which are empty of good desires, by the gift of the HOLY GHOST; and let that blessed Comforter, with His abundant gifts, Whom Thou didst testify that the FATHER would send in Thy Name, deliver us, and teach us all things: that we, being sanctified and taught by Him, may both follow after Thy peace, and never more forsake our love to Thee. For Thy mercy's sake.

## TEXTS FOR EVERY HOUR OF THE WEEK.

## FOR SISTERS WHEN NURSING.

Comfort ye, Comfort ye, My people, saith your  
GOD.

The GOD of all comfort.

*Sunday.*

- 1 A.M. Unto the godly there ariseth up light in  
the darkness.
- 2 „ But the KING *shall* rejoice in GOD.
- 3 „ Be of good cheer.: it is I : be not afraid.
- 4 „ I, the LORD, will hold thine hand, and will  
keep thee.
- 5 „ He wakeneth morning by morning : He  
wakeneth mine ear to hear.
- 6 „ She will do him good, and not evil, all the  
days of her life.
- 7 „ Hope thou in GOD : for I shall yet praise  
Him.
- 8 „ I will not *leave* you comfortless.
- 9 „ And give you a heart to serve Him, and  
to do His will, with good courage, and  
a willing mind.
- 10 „ He shall be comforted in His servants.
- 11 „ In Me is thy help.

12 Noon. Tell me, O Thou Whom my soul loveth,  
where Thou makest Thy flock to rest at  
noon?

1 P.M. In the time of trouble He shall hide thee  
in His tabernacle.

2 „ O thou afflicted, tossed with tempests, and  
not comforted, behold I will lay thy  
stones with fair colours.

3 „ She is like the merchants' ships: she  
bringeth her food from afar.

4 „ The meek also shall increase their joy in  
the LORD.

5 „ I said, I will go up to the Palm Tree: I  
will take hold of the boughs thereof.

6 „ At evening time it shall be light.

7 „ My GOD hath sent His Angel, and hath  
shut the lions' mouths, that they have  
not hurt me.

8 „ GOD, Who is rich in mercy, for His great  
love, wherewith He loved us.

9 „ He shall promote thee that thou shalt  
possess the land.

10 „ Wherefore GOD is not ashamed to be  
called their GOD.

11 „ There is no night there, and they need  
no candle, neither light of the sun:  
for the LORD GOD giveth them light,  
and they shall reign for ever and  
ever.

12 P.M. A bundle of myrrh is my Well-Beloved unto me : He shall lie all night between my breasts.

*Monday.*

- 1 A.M. There is no discharge in that war.
- 2 „ The LORD looked upon him, and said, Go in this thy might.
- 3 „ Blessed is the man that endureth temptation.
- 4 „ The secret of the LORD is among them that fear Him.
- 5 „ Who is there . . . that walketh in darkness, and hath no light? Let him trust in the Name of the LORD.
- 6 „ When the morning was now come, JESUS stood on the shore.
- 7 „ Be of good courage, and let us behave ourselves valiantly for our people, and for the cities of our GOD.
- 8 „ Even them will I bring to My holy mountain.
- 9 „ I have satiated the weary soul : I have replenished every sorrowful soul.
- 10 „ O let Thy merciful kindness be my comfort : according to Thy Word unto Thy servant.
- 11 „ Behold the days come that I will perform that good thing which I have promised.

12 A.M. Redeem Israel, O GOD, out of all his troubles.

1 P.M. Turn, then, unto thy rest, O my soul, for the LORD hath rewarded thee.

2 „ An habitation of GOD through the SPIRIT.

3 „ Having always all sufficiency in all things.

4 „ They abode with Him that day: for it was about the tenth hour.

5 „ Let Him kiss me with the kisses of His mouth: for Thy love is better than wine.

6 „ The Dove came in unto him in the evening.

7 „ He that followeth Me shall not walk in darkness.

8 „ There stood by me this night the Angel of GOD.

9 „ The night cometh, when no man can work.

10 „ I remembered Thine everlasting judgments, O LORD, and revived.

11 „ Behold, this dreamer cometh.

12 „ At midnight I will rise to give thanks unto Thee.

*Tuesday.*

1 A.M. LORD, Thou knowest all my desire.

2 „ The patient waiting for CHRIST.

3 „ Suffer ye thus far.

4 „ In Mine Holy Mountain, there will I require your offerings.



- 5 A.M. The conies are but a feeble folk, yet make  
they their houses in the Rock.
- 6 „ God hath caused me to be fruitful in the  
land of my affliction.
- 7 „ Thy God that pleadeth the cause of His  
people.
- 8 „ The Word of my LORD shall now be com-  
fortable.
- 9 „ Waiting for the consolation of Israel.
- 10 „ This shall be a continual burnt-offering.
- 11 „ He shall drink of the brook in the way :  
therefore shall he lift up his head.
- 12 „ They made ready the present against  
Joseph came at noon.
- 1 P.M. At the seventh hour the fever left him.
- 2 „ This Man shall be the Peace, when the  
Assyrian shall come.
- 3 „ The ploughers ploughed upon my back,  
and made long furrows.
- 4 „ Quietly wait for the salvation of the  
LORD.
- 5 „ About the eleventh hour He went out.
- 6 „ At the time of the offering of the evening  
sacrifice, he prepared the Altar of the  
LORD that was broken down.
- 7 „ The hand of the LORD was on me in the  
evening.
- 8 „ And yet I am not alone.
- 9 „ When evening was come, He was there alone.

- 10 P.M. That ye may milk out and be delighted  
with the abundance of the consolations.
- 11 „ Ye shall have a song as in the night when  
a holy solemnity is kept.
- 12 „ At midnight there was a cry made: Behold,  
the Bridegroom cometh.

*Wednesday.*

- 1 A.M. I shall find trouble and heaviness, and  
I will call upon the Name of the LORD.
- 2 „ O my GOD, I cry in the day time, and  
Thou hearest not: and in the night  
season also I take no rest.
- 3 „ He shall deliver thee in six troubles:  
yea, in seven there shall no evil touch  
thee.
- 4 „ Whatsoever thou spendest more, when I  
come again, I will repay thee.
- 5 „ The LORD is faithful, Who shall stablish  
you, and keep you from evil.
- 6 „ Upon this I awaked, and beheld: and lo!  
my sleep was sweet unto me.
- 7 „ Refrain thy voice from weeping, and thine  
eyes from tears: for thy work shall be  
rewarded.
- 8 „ Remember: break not Thy Covenant with  
me.

- 9 A.M. But think on me when it shall be well with  
Thee : and show kindness, I pray Thee,  
unto me, and make mention of me unto  
Pharaoh.
- 10 „ There was but a little way to come to  
Ephrath.
- 11 „ Ye know the heart of a stranger : seeing  
ye were strangers in the land of Egypt.
- 12 „ When thou art in tribulation, . . . He will  
not forsake thee.
- 1 P.M. And from the sickness that destroyeth in  
the noonday.
- 2 „ That which is gone out of thy lips thou  
shalt keep and perform.
- 3 „ Cast thy bread upon the waters : for thou  
shalt find it after many days.
- 4 „ They abode with Him that day : for it was  
about the tenth hour.
- 5 „ I will feed them in a good pasture.
- 6 „ In the evening withhold not thy hand.
- 7 „ Now the eventide was come, JESUS went  
out.
- 8 „ He steadfastly set His face to go to Jeru-  
salem.
- 9 „ Why shouldest Thou be as a wayfaring  
man that turneth aside to tarry for a  
night?
- 10 „ Love is strong as death : jealousy is cruel  
as the grave.

11 P.M. Mary sat still in the house.

12 „ Out of weakness were made strong, waxed  
valiant in fight.

*Thursday.*

1 A.M. Ye shall be comforted in Jerusalem.

2 „ When every one shall know his own grief,  
and shall spread forth his hands, then  
hear Thou in Heaven thy dwelling-  
place.

3 „ Until the day break, and the shadows flee  
away, turn, My beloved !

4 „ We wait for Thy loving-kindness.

5 „ Know ye not that to whom ye yield your-  
selves servant to obey, his servants ye  
are ?

6 „ The Angel of the LORD tarrieth round  
about them that fear Him.

7 „ Early in the morning do I cry unto Thee,  
for in Thy word is my trust.

8 „ That we may be able to comfort them  
which are in any trouble, by the comfort  
wherewith we ourselves are comforted of  
God.

9 „ Thy rod and Thy staff they comfort me.

10 „ With joy shall ye draw water out of the  
wells of salvation.

11 „ I will lead him also, and restore comfort  
to him.

- 12 A.M. At the sixth hour I prayed in my house.  
 1 P.M. In that day, he that is feeble shall be as David.  
 2 „ Jacob went on his way, and the Angels of God met him.  
 3 „ And thou standest by faith.  
 4 „ The redemption of their soul is precious.  
 5 „ The *eleventh* foundation of the city was a jacinth.  
 6 „ This is the blessing wherewith Moses, the Man of GOD, blessed the children of Israel before his death.  
 7 „ Thy sun shall no more go down.  
 8 „ The king held out to Esther the golden sceptre that was in his hand. So Esther drew near.  
 9 „ The valley of Achor for a gate of hope.  
 10 „ The darkness is no darkness with Thee.  
 11 „ Thy GOD, whom thou servest continually, He will deliver thee.  
 12 „ Gad, a troop, shall overcome him, but he shall overcome at the last.

*Friday.*

- 1 A.M. For even CHRIST pleased not Himself.  
 2 „ Ye see your calling.  
 3 „ Life or death, or things present, or things to come, all are yours, and ye are CHRIST'S.

- 4 A.M. The LORD GOD hath opened mine ear,  
and I was not rebellious, neither turned  
away back.
- 5 „ He knoweth the way that I take: when  
He hath tried me, I shall come forth as  
gold.
- 6 „ Save me, O GOD, for the waters are come  
in, even unto my soul.
- 7 „ Yet it pleased the LORD to bruise Him.
- 8 „ No weapon that is formed against Thee  
shall prosper.
- 9 „ Set thine heart toward the way, even the  
way thou wentest.
- 10 „ He shall feed in the strength of the  
LORD.
- 11 „ When I made haste, I said, I am shut  
out of the sight of Thine eyes.
- 12 „ At noonday will I pray, and that instantly:  
and He shall hear my voice.
- 1 P.M. I am the LORD that healeth thee.
- 2 „ I flee unto Thee to hide me.
- 3 „ LORD, why cannot I follow Thee now?
- 4 „ He shall lead them to living fountains of  
water.
- 5 „ A man shall be an hiding-place from the  
wind.
- 6 „ I have set before thee an open door, and  
no man can shut it.
- 7 „ Wilt thou lay down thy life for My sake?

- 8 P.M. For this purpose was the SON of GOD  
manifested, that He might destroy the  
works of the devil.
- 9 „ Israel went into the midst of the sea on  
dry land.
- 10 „ We glory in tribulations also.
- 11 „ To make the Captain of our salvation  
perfect through sufferings.
- 12 „ As one whom his mother comforteth, so  
I will comfort you.

*Saturday.*

- 1 A.M. The heart of her husband shall safely trust  
in her.
- 2 „ Therefore I will offer in His dwelling an  
oblation with great gladness.
- 3 „ Be strong, and He shall comfort thine  
heart.
- 4 „ Sion said, The LORD hath forsaken me,  
and my GOD hath forgotten me.
- 5 „ If thou wouldest believe, thou shouldest  
see the glory of GOD.
- 6 „ And that we must, through much tri-  
bulation, enter into the kingdom of  
GOD.
- 7 „ Their sacrifices shall be accepted upon  
Thine altar.
- 8 „ I have required that they, even mine  
enemies, should not triumph over me.

- 9 A.M. Great are the troubles of the righteous :  
but the LORD delivereth him out of all.
- 10 „ Whosoever shall gather together against  
thee shall fall for thy sake.
- 11 „ What are these which are arrayed in white  
robes, and whence came they? Sir,  
thou knowest.
- 12 „ My Beloved is gone down to His garden  
to feed among the spices.
- 1 P.M. I, the LORD, will *hasten* it *in* his time.
- 2 „ Who art Thou, O great mountain?
- 3 „ He that overcometh shall inherit all things.
- 4 „ The LORD knoweth how to deliver the  
godly.
- 5 „ Hope maketh not ashamed.
- 6 „ LORD, it is done as Thou hast commanded.
- 7 „ Blessed are ye that weep now, for ye shall  
laugh.
- 8 „ Our soul hath patiently tarried for the  
LORD.
- 9 „ Speak unto the children of Israel, that they  
go forward.
- 10 „ Thou shalt rest, and stand in thy lot at  
the end of the days.
- 11 „ Wait on thy GOD continually.
- 12 Midnight. Her warfare is accomplished, her  
iniquity is pardoned.



FOR DEVOUT RECEPTION OF THE  
BLESSED SACRAMENT.

CONSIDERATION.

[French, 16th c.]

MOSES put off his shoes before he drew near the burning bush, and Esther washed and anointed herself to please King Ahasuerus; Abigail carried gifts to David for the quenching of his wrath; the Queen of Sheba made herself ready with rich things for the sight of Solomon's glory. In like wise, daughter, make oblation of the affections of thy heart; wash thee with the water of contrition; anoint thee with the oil of grace; make good store of holy works; and see thou come betimes, that thou mayest see Solomon in his glory, and appease the wrath of GOD, and be dear and pleasant to JESUS, and feel the warmth of the burning bush within thy soul. The Blessed Sacrament is the bush burning with the fire of love. JESUS dwelleth therein as Ahasuertus in his secret chamber. By reason of our sins, GOD's wrath is kindled against us, even as David was wroth with wicked Nabal. And the glory of a greater than Solomon sitteth here hidden after a manner incomprehensible. Prepare thee, then, like Moses, Esther, and Abigail, and that good Queen; that thou mayest hear JESUS speak in thy heart, and mayest sweetly enjoy

thy Bridegroom JESUS, and mayest obtain the justification of Divine virtue ; that the eye of thy soul may contemplate Him Whom thy heart desires ; and say thou to Him : I cannot speak, I cannot say that which is in my heart, O Divine Goodness, and if Thou help me not, sweet JESU, Thou must forgive my poverty ; I am constrained to draw nigh Thee.

Most Sacred Body of JESUS, Thy Bride, the Church, commands me to receive Thee, Pure Flesh of my GOD. And I know myself unworthy, and I see that I am not sufficient for this thing. Help me, then, O Blessed SON of GOD, purge Thou my heart ; forgive my sins ; lift up my desires ; increase in me the fruits of repentance ; draw me to Thee, as Thou drewest Thy disciples ; look upon me as thou lookedst on S. Peter ; feed me as Thou fedst the multitude ; deliver me from mine enemies as Thou deliveredst the Canaanitish woman ; satisfy my desire as Thou satisfiedst the hunger of the children of Israel ; let Thy holy Manna, Thy precious Body, strengthen me and give me Heavenly might, that I may live righteously, and go on like Elijah to the mountain where I shall see my GOD. Amen.

Cleanse thy heart with all diligence ; and grieve with a great sorrow for thy sins. And confess all

and every the faults thou hast committed against GOD and thy neighbour, and make satisfaction for them as it shall be ordered thee. Before thou comest to receive the holy, and sacred, and precious Body of JESUS CHRIST, thou shalt retire into some secret place, where thou shalt bow thyself down, and close thine eyes to keep thy mind from wandering. So think of what thou art, and what He is Whom thou wouldest receive, and what the effect will be if thou receivest Him worthily. And having for some space thought upon these things, it will be well to say on this wise :

O most sacred fruit of life ! O singular bread of angels ! O most holy manna, sweet, precious, and beyond all things loving, what eye is able to behold Thee ? What heart is worthy to receive Thee ? What man is worthy to draw nigh to Thee, Who art brighter than the sun, and comprehendest the heavens and all elements, and dwellest in majesty unapproachable ? I acknowledge and confess that I am utterly unworthy to lift up my face toward Thee. I cannot receive Thee as I ought, and if I leaned not on Thy sovereign mercy, I durst not open mine eyes before Thee ; because I have committed so many sins, because my innumerable sins are above all things abominable, and the number of them is past mine understanding ; and the frailty of my nature cannot detest their unspeak-

able horror. Therefore, O pitying FATHER, cleanse the heart of Thy daughter; and, since Thou willest that I behold and receive Thee, justify my poor soul; so that seeing Thee I may desire Thee, desiring Thee I may love Thee, loving Thee I may receive Thee worthily; and, receiving Thee, may, with all good Christians, be received by Thee, now in grace, and finally in Thy Kingdom of eternal glory. Amen.

#### DEVOUT CONTEMPLATION.

If thou wilt worthily receive the Body of JESUS CHRIST, thou must beforehand consider that in the Blessed Sacrifice are Bread, Wine, and Flesh, for the food of thy soul; the Bread of Angels, given by GOD to man; the Wine drawn from the grape of the Virginal Vine, and pressed in the wine-press of the Cross, which makes glad the hearts of Saints by the ecstasy of the spirit of Divine love, because they behold the love which JESUS made manifest in the shedding of His precious blood; and the Flesh is the precious Body of the Paschal Lamb, and of the fatted calf, killed for the food and support of the poor prodigal. And when thou hast considered these things, wash thy hands and thy lips and thy feet. Thy hands are thy works, thy lips are thy words, thy feet are thy thoughts and thine affections; let there be in thee none but holy

works, Christian words, and pure affections. And when thou hast thus, by full confession, purged thy heart, and lips, and body, thou mayest say :

O most sovereign food ! O most salutary refec-  
tion ! O Heavenly Table, where FATHER, and SON,  
and HOLY SPIRIT are verily present, and at which  
all spirits are refreshed and fed. Who shall make  
me worthy to approach Thee, and gather up the  
little crumbs beneath Thee ? Who shall grant me  
this day to receive Thee, O my GOD, without  
offending Thee, while I receive ? Who shall  
help me to prepare, if Thy sovereign mercy be  
not my Helper ? Make me grieve duly for my  
sins before I draw nigh Thee. Give me a fer-  
vent desire to receive Thee as I ought. Kindle  
my heart with Thy love ; strengthen my soul with  
Thy grace ; justify me by Thy mercy ; that I may  
always abide in Thee, now by grace, and eternally  
by glory. Amen.

PRAYER TO OUR BLESSED LORD IN THE MOST  
HOLY SACRAMENT OF THE ALTAR.

I salute Thee, most holy and precious Body of  
my Creator JESUS CHRIST, Which art perfectly  
contained in this Sacrament. I confess and ac-  
knowledge Thee with my tongue, and love Thee  
with my heart, and do earnestly pray Thee that

Thou wouldest please to visit my poor soul which is so sick. Thou art the Sacred Victim offered to GOD the FATHER for me. Thou art the Fountain of grace and mercy: come oftentimes to visit my soul, that in Thy presence it may recover its strength, and find grace and comfort in Thee. My sweetest LORD, look not upon my sins, nor upon my great iniquities, for they are too manifold; but call to remembrance Thy great mercy. Thou art He Who giveth virtue to herbs and stones and all created things. Thou art the spotless Lamb, white and innocent, this day and every day sacrificed and presented to GOD the FATHER for the redemption and salvation of Thy people. O sweet Manna from heaven! O fair glory, kindle Thy grace and holy love in my heart. Extinguish all vice in me; give me of Thy virtue plentifully. Increase and multiply upon me Thy mercy; grant me perfect health of body and soul. Bow Thyself and come down: come to me, that I may come to Thee, and be one with Thee for ever. O Sacrament great and reverend, I pray Thee by Thy mighty power, that all mine enemies be driven backwards, and all my sins forgiven me. Give me good purpose to amend my life and my ways. Order my thoughts and works according to Thy holy will. O my most sweet JESUS, I beseech Thee that my understanding be enlightened, and my desire kindled, and my hope strengthened and

surely grounded ; that my poor life be mended, and daily go from strength to strength ; and that, finally, I may die a holy death, pleasing to Thee, and attain life everlasting. Amen.

*Affections before Holy Communion.*

[Portuguese.]

Kindle my soul, O good JESU, with the fire of Thy love ; lighten my heart, O my Love, with Thine eternal light ; curb the distraction of my thoughts ; gather together my outward and inward senses, take away all clouds and darkness, so that I may see, and hear, and know, and love, and receive, and embrace Thee with perfect love. How fair Thou art, O Bridegroom of my soul ! how rich, how full of bounty Thou comest forth from Thy bride-chamber ! how lovingly Thou comest unto me, who am dust and ashes ! Glory be to Thee, my Saviour, Who thus seekest out my misery to cover it with Thy mercy. Come, my health ; come, my glory ; come, Thou Blessed beloved, and desired of my soul. O Hidden God, I adore Thy Soul, and Divinity, and Love, and mercies, and the riches and bounties wherewith Thou art fulfilled. Unsought, Thou seekest us, —uncalled, Thou comest to our poor dwellings : what wilt Thou do to those who seek and call Thee ? I call Thee, good JESU, come to my soul ;



enter this dwelling darkened by sin. With Thee will enter light, and grace, and salvation.

As the hart desireth the water-brooks, so longeth my soul after Thee, O GOD.

I desire Thee, O LORD, I pray for Thee, and I love Thee.

*Another Devout Prayer at the Blessed Sacrament.*

O LORD GOD, Who justifiest the wicked, and willest not the death of sinners, I beseech Thy Majesty that Thou wouldest alway protect and preserve me, Thy poor creature and servant, Who put my trust in Thy mercy; that I may continually serve Thee, and by no temptation be separated from Thee. Through our LORD JESUS CHRIST. Amen.

*Before Holy Communion.*

[A Spanish Prayer of the 15th c.]

Almighty GOD, Who openest Thine Hand, and fillest all things living with goodness: Who art the true and living Bread That comest down from Heaven, in the strength whereof we must go all the days of our life through the wilderness of this world, till we come to the Mount of GOD: Behold, O LORD, how I, who can do no good thing of myself, come to Thee, Who canst do all things:—



beseeking Thee that as Thou hast given me a good will, so Thou wouldest enable me to perform it in deed; delighting always to labour in Thy service, desiring above all things to be dedicated wholly to Thee, turning away mine eyes lest they behold vanities, and quickened in Thy most holy law. And grant me now so to receive this "Bread of the Mighty, and this Wine that blossometh into Virgins," that everything weak in me may be strengthened, everything impure may be cleansed: so that pleasing Thee both in body and soul, I may finally find Thee, after serving Thee here, to be my exceeding and eternal great reward there: Who livest and reignest with the FATHER and the HOLY GHOST, now and ever. Amen.

### THREE OFFERINGS TO GOD THE FATHER.

#### *The First Offering.*

O GOD, the FATHER Eternal, I confess that I am unworthy to receive this precious and worthy Sacrament; and have not such contrition and sorrow for my sins as is needful for a worthy reception thereof. But, O FATHER, I offer Thee Thy SON our LORD: and all the bitterness and sorrow which He bore in this world to make satisfaction for my faults and sins; particularly the Agony He suffered in the Garden, saying, My soul is exceeding sorrow-

ful, even unto death, and sweating blood and water, by reason of the utter grief which filled His Heart. And I offer Thee, Eternal FATHER, the great and bitter woe that He suffered; hanging naked on the Cross, and saying, My GOD, My GOD, why hast Thou forsaken Me? for of all comfort in heaven or in earth His holy and most sacred soul was forsaken, so that it was swallowed up of sorrow. And He suffered and died for me, to redeem me from everlasting damnation. O Heavenly FATHER, I humbly beseech Thee, by virtue of the grief and sorrow of Thine Only-Begotten SON, forgive my little sorrow and contrition for my sins. And vouchsafe to prepare my soul worthily to receive this worthy Sacrament. Amen.

*The Second Offering.*

O GOD, the FATHER Eternal, I confess that I have not done penance for my sins as is fitting for a worthy reception of the worthy Sacrament; but I offer Thee Thine Only-Begotten SON, JESUS CHRIST, and the sorrowful penance that He bare to deliver me from the pains of hell; and all the troubles He endured in this world more than two-and-thirty years; especially the pains he suffered in His bitter Passion; all the wounds He received in His scourging, when, from the Crown of His glorious Head to the Sole of His blessed Feet,

there was no soundness in Him. And the pain He felt when the Crown of Thorns was pressed upon His holy Head; and when, being condemned to death, He bare His Cross to Calvary between two thieves, and His blessed Body was stretched upon the Cross, and His sacred Hands and Feet were pierced with great nails, and He was hung up shamefully between two murderers, fainting and dying in the deepest depth of all agony to make atonement for my sins. O GOD the FATHER, full of mercy, I beseech Thee, by virtue of that dolorous penance which Thy dear SON bare for me in His bitter Passion, satisfy for what is wanting in me, concerning the little penance I have done for my sins; and vouchsafe to prepare my soul worthily to receive the Blessed Sacrament. Amen.

*The Third Offering.*

O GOD, the FATHER Eternal, I confess that I have not the fervour and the loving desire which are fitting for a worthy reception of this Blessed and Holy Sacrament; but I offer Thee Thine Only-Begotten SON, JESUS CHRIST; and the great desire and fervency of love which made Him descend from Heaven to the Virgin's womb, and take human Flesh, and unite His most high Godhead to our poor manhood. And I offer Thee

His earnest longing for my redemption when He hung upon the Tree of the Cross, crying, I thirst ; and saying, FATHER, into Thy Hands I commend My Spirit ; crying with a loud voice, I die of love. And I offer Thee the great and exceeding love wherewith He presents, and alway will present, to Thee in heavenly Glory, the merits which by His Holy Life and Passion, His Resurrection and glorious Ascension, He hath obtained for us ; and by virtue of that perfect charity and divine Love of Thy dear SON, be pleased to warm and kindle my poor soul and the affection of my heart with the same divine Love and fervent desire ; and fit me worthily to receive this Blessed and Holy Sacrament to the glory and praise of the Blessed and Holy TRINITY ; and of the glorious Virgin, and all the Holy Church triumphant and militant ; and for the conversion of all poor sinners ; and for the souls of the faithful departed ; and for . . . .

*[Here add any other matter for which you would pray : and ask what you think good for yourself and for your friends, living and dead. Then go to the Altar of our LORD JESUS CHRIST, and say devoutly that which follows :]*

O GOD, my FATHER, and my Creator, I, thy poor wretched creature all deformed by sin, come unto Thee, a poor daughter to my sweet Father ; a poor faithless bride to my Bridegroom and my Friend ; a poor sick woman to my Sovereign Physician ; a poor starving woman to the Refec-

tion and Life of my soul. O my GOD, my FATHER, I long for Thee with all my heart. Come, LORD, and tarry not. Come, my LORD, and my GOD; O tarry no longer. O my GOD, Who didst create me in Thy fair Image and Divine Likeness; and didst redeem me with Thy precious Blood, and elect me in this holy time of grace and Christianity: come unto me, Thy poor creature, and tarry not. LORD JESUS CHRIST, pour Thy grace upon me, and kindle me with Thy heavenly love. O my GOD, I would I had in me all the beauty of all angels, and all the burning love of the Seraphs, and all the holiness and purity of the blessed Spirits in Heaven; or all the fervent devotion, love, and desire of all Thy blessed friends and elect, who ever were, or are, or will be, in heaven or on earth; that, filled with those most holy perfections, I might receive Thee in this holy and blessed Sacrament. O most Blessed LORD, I confess that I am a miserable sinner, unworthy of so great a blessing: but I beseech Thee for Thine Own merit's sake, make my soul one with Thee for ever. Amen.

*[Then say three times:]*

LORD, I am not worthy that Thou shouldest come under my roof: but speak the word only, and Thy servant shall be healed.

*[Then, trusting in the goodness and mercy of our LORD JESUS CHRIST, go and receive Him with fear and reverence, and*

*in firm faith that it is your LORD and your GOD, Who can save you or condemn, Who came down from Heaven to redeem you, and so was born of the Blessed Virgin Mary, and hung upon the Cross, by reason of His great love for you. And when you have received, lift up your heart, and say silently:]*

Enter my heart, O GOD, and make it holy. Enter my heart, and make it pure. Enter my heart, O GOD, and keep it for Thyself, and never part me from Thy heavenly Love. My LORD and my GOD, I beseech Thee, vouchsafe to open the virtue of This blessed Sacrament to my soul: fill me with all its grace, strength, and merit. And by that virtue wherewith Thou changedst water into wine, I pray Thee, change me into Thine Own Self, according to Thy Word.

*[Then say Nunc dimittis, with blessed Simeon, and rejoice with spiritual joy. Think that this is He Whom he bare in his arms, and had so longed to see. And after that, say:]*

JESU, Most Mighty GOD: JESU, most Good Shepherd: JESU, most Royal LORD: I, Thy poor, and little, and miserable handmaid, with all my heart, and all my might, and all my will, and all my love, do most humbly pray Thee that Thy Precious Body and Blood which I have now received may abide in my heart for ever; and grant that no stain of sin may dwell in me, who by Thy grace am nourished and rejoiced

with the most pure and holy Sacrament of Thy Body.

PREPARATIONS AND THANKSGIVINGS \*  
FOR SPECIAL OCCASIONS.

ON ENTERING THE RELIGIOUS LIFE.

1. *Who cometh?* CHRIST, Who, when He saw thee, loved thee, because He beheld in thy soul that love for Him which He Himself inspired.

2. *To whom?* To a soul which hath kept the commandments of GOD from her youth, and, desiring a yet more faithful service, asketh, Good Master, what good thing shall I do to inherit eternal life?

3. *Wherefore?* To make answer unto thee: Yet lackest thou one thing: sell all that thou hast, and distribute to the poor, and thou shalt have treasure in heaven: and come, follow Me.

*Aspiration.* The LORD hath set His seal upon me, that none else may enter into my heart.

*Thanksgiving.*

1. By faith behold CHRIST in the midst of thine heart, looking upon thee well pleased, and saying: There is none that hath left house, or brethren, or



sisters, or father, or mother, or wife, or children, or lands for My sake, and the gospel's, but shall receive an hundredfold now in this time, with persecutions ; and, in the world to come, eternal life.

2. Look upon yourself from this day forth as irrevocably bound to the service of CHRIST, though your life-vows be not yet pronounced, and ask our LORD to let you rather die than forsake Him.

3. Pray that every day of your future life be marked by advance in the way of perfection, and that nothing may stop or hinder you in your course.

*Aspiration.* Eye hath not seen, nor ear heard, neither hath it entered into the heart of man to conceive the good things that He hath prepared for them that love Him.

#### DAY OF PROFESSION.

##### *Preparation.*

1. *Who cometh ?* CHRIST, the glorious Bridegroom. Who hideth the matchless treasures that He brings His brides beneath the veils of poverty, subjection, and all self-denial : Who hath so long time said unto thine heart, Leave all, and thou shalt find all.

2. *To whom ?* To this unworthy Bride, who gave the world her first thoughts and cares, and long resisted the appeals of His love.

3. *Wherefore ?* That He may say to thee, now,—



Thou hast not chosen Me, but I have chosen thee : and, hereafter, if thou wilt,—Come, My elect one.

*Aspiration.* The world and its vain pomps I have despised for the love of my LORD JESUS CHRIST, Whom I have seen, Whom I have loved, in Whom I believe, in Whom I rejoice.

*Thanksgiving.*

1. By faith behold CHRIST in thine heart, saying unto thee, He that abideth in Me, and I in him, the same bringeth forth much fruit.

2. Seek to comprehend the marvellous honour of being chosen as the bride of CHRIST. So great a King the Bridegroom, so poor a little creature the bride ! But love is strong as death.

3. Remember that to whom much is given, of him shall much be required. Pray that thou mayest so labour and suffer now, that thou mayest then hear from thy dear LORD's lips those sweetest words, Come, bride of CHRIST, receive the crown which the LORD hath prepared for thee for ever.

*Aspiration.* One thing have I desired of the LORD which I will require : even that I may dwell in the house of the LORD all the days of my life, to behold the fair beauty of the LORD, and to visit His temple.

## RENEWAL OF VOWS.

*Preparation.*

1. *Who cometh?* CHRIST, Who drew thee to Himself by the cords of love, parting thee from the world, and binding thee unto Himself by a threefold cord not quickly to be broken.

2. *To whom?* To a sinner in Jerusalem, unworthy of her LORD's dear love; who hath sought not to break but to loosen her bonds, and hath feared to commit herself entirely into GOD's hands.

3. *Wherefore?* That He may say unto thee, If thou wilt return, O Israel, return unto Me. Wilt thou not, from this time, cry unto Me, My FATHER, Thou art the Guide of my youth?

*Aspiration.* I will arise, and go to my FATHER.

*Thanksgiving.*

1. By faith behold CHRIST in thy heart, receiving the renewal of thy vows, and renewing thy strength like the eagle's.

2. Pour out thy heart in contrition before thy LORD, and ask for grace that thou mayest pay that thou hast vowed, and say not before the Angel, It was an error.

3. Seek for grace, that thou mayest comprehend with all saints what is the length, and breadth, and depth, and height, and to know the love of CHRIST,

which passeth knowledge ; that, absorbed in that sea of love, thou mayest die to all else, and live to Him alone.

*Aspiration.* GOD is a faithful judge, strong and patient : shall GOD be provoked every day ?

#### ANNIVERSARY OF PROFESSION.

1. *Who cometh ?* CHRIST, the True and Jealous Bridegroom, Who showeth thee all stains wherewith thou hast defiled thy soul since its baptism to the religious life, saying, Is this the crown wherewith I crowned thee, My bride, in the day of Mine espousals, and of the rejoicing of Mine heart ?

2. *To whom ?* To His faithless bride, who boweth herself down in shame, saying, For these things I weep ; mine heart is turned within me, for I have grievously rebelled.

3. *Wherefore ?* To make loving answer : Awake, awake, put on thy strength, O Zion ; put on thy beautiful garments, O Jerusalem, the holy city ; for henceforth there shall no more come into thee the uncircumcised and the unclean. Shake thyself from the dust ; arise and sit down, O Jerusalem ; loose thyself from the bands of thy neck, O captive daughter of Zion.

*Aspiration.* I laid me down and slept : I awaked ; for the LORD sustained me.

*Thanksgiving.*

1. By faith behold CHRIST in thy heart, saying unto thee, I remember thee, the kindness of thy youth, the love of thine espousals, when thou wentest after Me in the wilderness, in a land that was not sown.

2. Render thanks to GOD, Who hath troubled the waters of thy soul for its healing, and say, Thy Word, O LORD, healeth all things, for Thou hast power of life and death. I have found Him Whom my soul loveth; I held Him, and would not let Him go.

3. Earnestly render the renunciation of every act, and word, and thought of sin, saying, Away from me, all ye that work vanity; for the LORD hath heard the voice of my weeping.

*Aspiration.* My beloved is mine, and I am His : He feedeth among the lilies.

\*SEVEN DEVOUT CONTEMPLATIONS AND  
PRAYERS FOR HOLY COMMUNION.

1. JESUS, AT THE LAST SUPPER, OUR KING.

Set CHRIST before thee in the Blessed Sacrament as the glorious King of heaven and earth, sitting at His great banquet, receiving ready and joyful

service from Angels and all creatures, and hear how He saith, "All power is given unto Me, in heaven and in earth." "Riches and honour are with Me; yea, durable riches and righteousness, that I may cause those that love Me to inherit substance; and I will fill their treasures." Come humbly, like a poor forsaken beggar, to the throne of the Most Meek King, and seek His grace.

*Prayer.*

O CHRIST JESU, King of Glory! I, poor and miserable, draw near Thy royal table. Thou dost invite and lovingly compel me, else I durst not approach it. Look, therefore, with mercy on my misery and need: I ask no riches, nor honour, nor earthly joy; one thing alone I crave, Thy grace, O JESU; and my heart's desire shall be fulfilled.

2. JESUS, IN THE GARDEN OF GETHSEMANE,  
OUR JUDGE.

Consider how CHRIST shall one day judge the quick and the dead in the garden of Gethsemane, which is in the valley of Jehoshaphat. Sin-laden kneel before His judgment-throne, and pray that He may show thee mercy in that day.

*Prayer.*

O JESU, all power is given Thee of Thy FATHER

to judge the quick and the dead. How shall I stand before Thy face, when Thou shalt call me to account for every thought, and word, and work, in that very place where, for my sins' sake, Thou didst wrestle with the bitterness of death? Be merciful, then, to me, a sinner, for the love's sake which Thou showest me in this Holy Sacrament. Look on the Wounds of Thy hands, and of Thy feet; look on the sacred Wound of Thy side, whereby Thou givest us entrance to Thy most tender heart, and spare me. On these marks of Thy love, O JESU, I will now and ever fix mine eyes, unceasingly praying and saying, When Thou comest to judge the world, condemn me not.

### 3. JESUS, IN THE FLAGELLATION, OUR PHYSICIAN.

Consider CHRIST, in the Flagellation, as the Physician "by whose stripes we are healed." Cry to Him for healing, as one who hath fallen among thieves, and is wounded, and left half dead.

#### *Prayer.*

O good Samaritan, Physician of my soul, CHRIST JESU! There is no healing for my wounds, save in Thy virgin Flesh, torn with the cruel scourge, and Thy precious Blood so richly shed for me. O let me feel its power in this Holy Communion,

strengthen me in the hour of my death with this draught of immortality, that my soul may be delivered from destruction, and evermore dwell with Thee, and praise Thy Name.

4. JESUS, CROWNED WITH THORNS, OUR  
BRIDEGROOM.

Behold the Thorn-crowned SAVIOUR as thy bridegroom, betrothing thee to Himself for ever. Love Him, therefore, as His bride, and pray Him to fulfil thy longing after the joys of heaven.

*Prayer.*

O JESU, crowned with thorns for me ! Who am I, that Thou shouldest vouchsafe to say to me, " I have loved thee with an everlasting love : I will betroth thee unto Me in loving-kindness and in mercies ? " How couldest Thou show me greater honour and love ? Be glad and rejoice, O my soul. The Fairest among the children of men hath brought thee into His chambers, and desires to betroth Himself to thee in everlasting love. Why seekest thou yet after the path of Egypt, to drink troubled waters ? Wilt thou yet hew thyself cisterns of vain delights ? Wilt thou not turn with loving haste to thy Bridegroom, Who givest thee to drink of the torrent of His pleasures ?



Lo, I lift my hands to Thee, O JESU : stretch out Thine arms to me, embrace me and bind me to Thyself for ever. In Thine arms I desire to live and to die.

5. JESUS, BEARING THE CROSS, OUR LEADER.

Consider thy Cross-bearing SAVIOUR as the Leader, saying unto all men, "Be of good cheer : I have overcome the world." Draw near to Him as to a mighty warrior, and pray Him to guide and strengthen thee in thy battle with the world, the flesh, and the devil.

*Prayer.*

O mighty Man of war, O glorious Conqueror, CHRIST JESU, Who didst upon the cross triumph over the devil, the world, and the flesh, how shall I, weak creature, withstand so strong enemies, unless Thou uphold me? The flesh excites, the world entices, Satan drives me to all sin. Without Thy help, O JESU, I am lost. Therefore I flee to Thee in this most Holy Sacrament : set me beneath the banner of Thy cross, lead me, defend me, and strengthen me with Thy most blessed Body and Blood, and I shall vanquish mine enemies, and follow Thee whithersoever Thou goest.



## 6. JESUS, THE CRUCIFIED, OUR SIN-OFFERING.

Consider thy crucified SAVIOUR as the Sacrifice for our sins. Offer thyself in sacrifice to Him, and pray Him graciously to accept thee.

*Prayer.*

O JESU, Redeemer of the human race, Who, for my sake, didst offer Thyself to Thy Heavenly FATHER a whole burnt-offering, without any reservation : behold, I desire in this most Holy Sacrament to offer my whole being in sacrifice to Thee, and to Thy Heavenly FATHER, and to the HOLY GHOST. Make me acceptable in Thy sight, O JESU, as a sweet-smelling sacrifice.

## 7. JESUS, LAID IN THE GRAVE, OUR LIFE.

Consider how, with thy dead and buried SAVIOUR, thy life is hid in GOD. Pray earnestly that He awake thee from the dust, and give thee eternal blessedness.

*Prayer.*

I know that my Redeemer liveth, and that I shall stand at the latter day upon the earth : and though after my skin worms destroy my body, yet in my flesh I shall see GOD my SAVIOUR, Whom I now desire to receive under the form of bread and wine.

Thy Death and Burial, O JESU, opened my way to everlasting life. Therefore let me henceforth lay aside all things displeasing unto Thee, and seek the things which are above. Clothe me with loving mercies, with gentleness, humility, meekness, and patience, and then come unto me and bring Thy holy love, which is the very bond of perfectness, and Thy blessed peace shall dwell in my heart. O LORD JESU, when shall I come to appear before Thy holy presence !

\*COMMUNIONS OF REPARATION MAY BE MADE ON

*Sunday*, in the spirit of union with S. Mary Magdalene bathing our LORD's feet with her tears.

*Monday*, in the spirit of union with the beloved Disciple leaning on JESUS' bosom, and asking Him questions.

*Tuesday*, in the spirit of union with the Angel who strengthened our LORD in the garden.

*Wednesday*, in the spirit of union with S. Veronica wiping the holy face of JESUS.

*Thursday*, in the spirit of union with Simon the Cyrenian helping to bear the cross.

*Friday*, in the spirit of union with the daughters of Jerusalem weeping for JESUS.

*Saturday*, in the spirit of union with Mary receiving the body of JESUS in her arms.

## OF OBLATION OF WORK.

*A Prayer to be said at Celebration.*

O LORD JESUS CHRIST, Whom only I desire to serve : my Help, my Guard, my Prince, my Husband :

Thou acceptest every offering of love :

Thou knowest that I love Thee :

Accept, then, the offering I bring thee now of my service to thy poor, last — :

Its fatigue, its self-denial, its inconveniences :

Unite them with Thine own labours and sufferings :

Unite them also with the sacrifice Thy Priest is now offering to Thee :

Accept them, such as they are :

I would they were more in themselves, and more simply done for Thy love :

But pardon them, receive them, and bless them :

For Thou art He that offerest and art offered, that sanctifieth and art sanctified, CHRIST our GOD : and to Thee, with the FATHER and the HOLY GHOST, be all honour and glory for ever. Amen.

\* PRAYERS FOR ASSISTING AT HOLY COMMUNION.

*Preparation.*

Come, HOLY GHOST, and kindle the hearts of Thy faithful people, inflaming them with Thy love : Thou Who, through divers tongues, gatherest together Thine elect in the Unity of the Faith. Alleluia ! Alleluia ! Alleluia !

V. Send forth Thy SPIRIT and they shall be made.

R. And Thou shalt renew the face of the earth.

*Collect for Whitsunday.*

GOD, Who as at this time didst teach the hearts of Thy faithful people, by the sending to them the light of Thy Holy Spirit ; grant us by the same Spirit to have a right in all things, and evermore to rejoice in His Holy Comfort ; through the merits of Christ Jesus, our Saviour, Who liveth and reigneth with Thee, in the Unity of the same Spirit. One GOD : world without end. Amen.

*Intention.*

O GOD, Heavenly FATHER, Who madest me after Thine Image : O GOD, the SON, Who for my salvation didst assume human nature, didst shed Thy Precious Blood and suffer bitter Death : O

GOD, the HOLY GHOST, Who hast sanctified me in Holy Baptism, and guided me into the true faith ·  
O Most Holy Trinity, grant me Thy grace, that I may devoutly assist at this holy Sacrifice, and, with Thy Priest, present it to Thy Heavenly Majesty :

1. To the honour and glory of Thy Holy Name, acknowledging Thee the only GOD and LORD, to Whom alone this Sacrifice pertains :

2. In remembrance of Thy bitter Death and Passion, O JESU :

3. In thanksgiving for all Thy mercies :

4. In satisfaction for all my sins :

5. For my friends and benefactors, especially

---

6. For the faithful departed, especially ——— :  
Graciously accept this offering, O merciful LORD :  
let this intention be pleasing in Thy sight, and grant my prayer. Through, &c.

#### PREPARATION FOR SPIRITUAL COMMUNION.

Sweet and gentle JESU ! Who callest us unto Thee, saying, Come unto Me, all ye that labour and are heavy laden, and I will refresh you, behold I come to Thee with a lowly and trusting heart, praying that I may spiritually receive this Food of Angels, and partake, as far as may be, of Thy Body and Blood in this Holy Sacrament. Come into my heart, O JESU ; refresh and fill it with

Thy SPIRIT and Thy Grace. Sweetness of my heart ! Life of my soul ! forgive my many sins and shortcomings, take from me all that turns me back from Thee. I am wounded ; O JESU, heal me. I am weak and weary ; strengthen and refresh me. I am in darkness ; give me light. I am ignorant ; teach me. I am an hungered ; feed me. I thirst ; give me to drink. I am defiled and unclean ; purify me. I confess my sins and imperfections ; turn Thou me, O good JESU, guide and govern me, make my heart a temple pleasing unto Thee, that Thou mayest abide in me and I in Thee. Who livest, &c.

LORD, I am not worthy that Thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

The Body of our LORD JESUS CHRIST, preserve my body and soul unto everlasting life. Amen.

#### THANKSGIVING AFTER SPIRITUAL COMMUNION.

O JESU, Perfect Beauty, Very Light, Joy and Glory of my soul ! I give Thee thanks for ever and ever. I laud and magnify Thee with all my might, because Thou hast spiritually fed me, Thy unworthy creature, with Thy sacred Body and Blood, and made me a partaker of Thy heavenly banquet. O my Saviour, my GOD, and my all ! By This Thy boundless Love, take from me all

that displeaseth Thee; renew Thy SPIRIT within me, and fill my soul with Thy grace; kindle my will by the fire of Thy Love, and make it one with Thy most holy will; that I may henceforth say: I live; yet not I, but CHRIST within me.

AT THE END OF THE SERVICE.

Accept, O Heavenly FATHER, this my imperfect service, and forgive all sins and negligences which I have therein committed. I commend myself to Thee now and always, and give myself wholly into the hands of Thy Divine Mercy. Let Thy Holy Will always be fulfilled in me; grant me a blessed death and a happy entrance into Thy glorious Kingdom. And this I ask for myself and for all who need my prayers. Through, &c.

*Anima Christi.*

Soul of CHRIST, sanctify me.  
 Body of CHRIST, save me.  
 Blood of CHRIST, inebriate me,  
 Water out of the Side of CHRIST, wash me.  
 Passion of CHRIST, strengthen me.  
 O good JESU, hear me;  
 Within Thy wounds hide me;  
 Suffer me not to be separated from Thee;  
 From the malicious enemy defend me;  
 At the hour of death call me,

And bid me come unto Thee,  
That with Thy Saints I may praise Thee  
For all Eternity. Amen.

Soul of my CHRIST, unstained by sin,  
Keep me holy without, and holy within !  
Body of CHRIST, incorrupt in the grave,  
My body from endless corruption save !  
Blood of JESUS, poured out from above,  
Inebriate me with excess of Love !  
Water, flowing from JESUS' side,  
Purify me in Thy cleansing tide !  
Hear me, dear JESU, this sinner hide,  
In the peaceful cave of Thy wounded side !  
Suffer me not to be taken from Thee  
By force or fraud of the enemy !  
In the hour of death let me hear Thy voice  
Bidding me come to Thee and rejoice !  
That with Thy Saints I may sing to Thee  
Through the circle of all eternity.

\* THANKSGIVING TO JESUS IN THE BLESSED  
SACRAMENT.

O LORD JESU ! Thou hast vouchsafed to enter  
under my roof. Lo, I am no wise worthy of this  
so great mercy ; yet suffer me to pour out my heart  
in thanksgiving for Thine unutterable goodness.

Thou art my Defence, my Strength, my Life :  
Glory to Thee.



Thou art my Refuge in labour, my Comfort in affliction :

Glory to Thee.

Thou art the Physician of my soul, giving it remedies of eternal life :

Glory to Thee.

With the Blood of Thine Own Heart Thou dost sustain me :

Glory to Thee.

And silently Thou teachest me Thy Love :

Glory to Thee.

No heavenly Angel ever won such grace :

Glory to Thee.

Nor any Saint on earth, till Thy dear Side was cleft, and there came forth Thy Sacraments :

Glory to Thee.

O blessedness of seeing Him Whom I now possess !

Glory to Thee.

Yet, not seeing, am I more blessed ; I believe, and adore, and love Him :

Glory to Thee.

Receive, O LORD and FATHER, the love I offer Thee; and as Thou hast vouchsafed to visit my soul, and to rest in my poor dwelling, so give me Thy blessing, that in this life, and in life eternal, I may always give

Glory to Thee.

\*

ACT OF REPARATION.

JESU, Most Delectable, Glorious Victim of the Eternal FATHER, Source of all good things: I worship Thee with all my heart in this most holy Sacrament, earnestly desiring to repair all irreverence, profanation, and sacrilege, which have been committed against Thee in this venerable and tremendous mystery. I worship Thee in the name of all who have never known or worshipped Thee; and I would, O my GOD, that I could do Thee as much honour as all they would, did they but truly know Thee. I would that I could do as much for Thy service as all lost souls have done for Thy dishonour. I offer Thee my worship, O LORD, in union with that of all the Church; I unite my praises to those wherewith Thou didst inspire Thy blessed Mother, and with those Thyself dost offer to the FATHER in this glorious and august Sacrament, wherein Thou dost praise, and bless, and honour, and glorify Him for ever. Amen.

## \* ADORATION OF THE BLESSED SACRAMENT.

Most loving JESUS and my dearest LORD, I humbly bow myself before Thee; with all my powers I adore Thee, and I desire to unite my adoration with all that hath been, is, or shall be, offered Thee through all eternity. I adore Thee and worship Thee, O Divine Saviour, in this most venerable Sacrament, and I pray Thee that Thou wouldest spiritually visit this my poor soul. Glory be to Thee for this Thine infinite mercy.

O most loving JESU, I firmly believe that in this Blessed Sacrament Thou art present; I believe this also of Thine Eternal FATHER and the HOLY SPIRIT. O incomprehensible Divinity of my GOD and LORD! I worship and adore Thee with utter submission and reverence. Angels of Heaven, honour and adore my GOD, Who sitteth on the Throne of the Altar, as in the Temple of His glory, full of love and majesty. O Sweetest Bridegroom of my soul! cause this Visit to strengthen me in Thy faith and love, so that I may answer in my poor measure to Thy singular mercies; cast one ray of Thy Heavenly Love upon me, that I may desire nothing save to love Thee.

THE LIFE OF CHRIST IN THE BLESSED  
SACRAMENT. \*

## 1. LOVE.

*Cant.* v. 2.

Open to Me, My sister, My love, My dove, My undefiled : for My head is filled with dew, and My locks with the drops of the night.

*S. Mark* ix. 8.

And they saw no man any more, save JESUS only with themselves.

## 2. CONCEALMENT.

*Isa.* xlv. 15.

Verily Thou art a GOD that hidest Thyself, O GOD of Israel, the SAVIOUR.

*S. John* xxi. 7.

It is the LORD.

## 3. OBEDIENCE.

*S. John* v. 30.

I can of Mine own self do nothing.

*S. John* viii. 29.

I do always those things that please Him.

4. ZEAL.

*Ps.* lxix. 9.

The zeal of Thine house hath even eaten Me.

*S. John* xix. 28.

I thirst.

5. S O R R O W.

*2 Macc.* vii. 6.

The LORD GOD looketh upon us, and in truth  
hath comfort in us.

*S. Matt.* xxvi. 38.

My soul is exceeding sorrowful, even unto death :  
tarry ye here, and watch with Me.

6. RESIGNATION.

*Ps.* xl. 20, *P. B.*

As for me, I am poor and needy : but the LORD  
careth for me.

*S. Luke* xxiii. 46.

FATHER, into Thy hands I commend My spirit.

## 7. PERSEVERANCE.

*Ruth* iii. 18.

The Man will not be in rest, until He have finished the thing this day.

*S. Matt.* xxviii. 20.

And, lo, I am with you alway.

## 8. VOCATION.

*Heb.* x. 9.

Lo I come, to do Thy Will, O God.

*S. John* xxi. 19.

Follow Me.

## 9. PRAYER.

*Exod.* ix. 29.

As soon as I am gone out of the city, I will spread abroad My hands unto the LORD; and the thunder shall cease.

*Ps.* xxvii. 4, *P. B.*

One thing have I desired of the Lord, which I will require.

## 10. EXPIATION.

*Ps.* xl. 9.

Then said I, Lo, I come.

*S. John* xix. 30.

It is finished.

II. NEGLECT.

*Isa.* lxxv. 2.

I have spread out My hands all the day to a rebellious people.

*S. Luke* x. 39.

But Mary sat at the feet of JESUS.

12. UNION.

*Cant.* iv. 12.

A garden inclosed is My Sister, My Spouse : a spring shut up, a fountain sealed.

*S. John* xvii. 23.

I in them, and Thou in Me, that they may be made perfect in One.

13. MIRACLE.

*S. Luke* v. 26.

We have seen strange things to-day.

*Ps.* cxix. 91, *P. B.*

For all things serve Thee.

## 14. CONFLICT.

*Judg. vi. 14.*

Go in this Thy might, and Thou shalt save Israel.

*2 Tim. iv. 16.*

No man stood with Me, but all men forsook Me.

## 15. COMPASSION.

*Isa. xl. 11.*

He shall feed His flock like a shepherd.

*S. Matt. xi. 28.*

Come unto Me, all ye that labour and are heavy laden, and I will refresh you.

## 16. POWER.

*Exod. xv. 11.*

Who is like Thee, glorious in holiness, fearful in praises, doing wonders?

*S. Matt. xii. 20.*

A bruised reed shall He not break, and smoking flax shall He not quench, till He send forth judgment unto victory.



## 17. LIGHT.

*Esth.* xi. 11.

The Light and the Sun rose up, and the lowly were exalted.

*Rev.* xxi. 23.

And the Lamb is the Light thereof.

## 18. PROVIDENCE.

*Isa.* xlix. 16.

Behold, I have graven thee upon the palms of My hands.

*1 Pet.* v. 7.

Casting all your care upon Him, for He careth for you.

## 19. SOLITUDE.

*Hos.* ii. 14.

I will allure her, and bring her into the wilderness, and speak comfortably with her.

*S. John* xii. 26.

Where I am, there shall also My servant be.

## 20. MORTIFICATION.

*Cant.* i. 13.

A bundle of myrrh is my Beloved unto me.

*Col.* iii. 3.

Ye are dead, and your life is hid with CHRIST in GOD.

21. POVERTY.

*Ps.* lxx. 5.

I am poor and in misery.

*S. Luke* viii. 2, 3.

Certain women were with him, which ministered unto Him.

22. SACRIFICE.

*S. Luke* xii. 49.

I am come to send fire on the earth.

*S. Luke* xxi. 3.

Of a truth I say unto you, that this poor widow hath cast in more than they all.

23. BEATIFICATION.

*Cant.* ii. 14.

Let me see Thy countenance : for Thy countenance is lovely.

*S. Luke* x. 23.

Blessed are the eyes which see the things which ye see.

## 24. R E W A R D.

*S. Mark i. 18.*

They forsook their nets, and followed Him.

*S. Matt. xix. 28.*

In the Regeneration, ye shall sit on twelve thrones.

## 25. A D O R A T I O N.

*S. John iv. 23.*

The hour cometh, and now is, when the true worshippers shall worship the FATHER in spirit and in truth.

*Cant. i. 12.*

While the King sitteth at His table, my spikenard sendeth forth the smell thereof.

## 26. M E R C Y.

*Isa. iv. 6.*

And there shall be a tabernacle for a shadow from the heat, and for a place of refuge.

*2 Esd. i. 30.*

I gathered you together, even as a hen gathereth her chickens under her wing.

## 27. APOSTOLATE.

*S. John xviii. 20.*

I ever taught in the Temple.

*Isa. liv. 13.*

And all thy children shall be taught of the LORD.

## 28. CAPTIVITY.

*Hos. xi. 4.*

I drew them with bands of love.

*Gen. xlix. 11.*

Binding His foal to the vine, and His ass's colt  
unto the choice vine.

## 29. GLORY.

*Rev. i. 18.*

I am He that liveth, and was dead ; and, behold,  
I am alive for evermore.

*Job xix. 26.*

And in my flesh I shall see GOD my SAVIOUR.

## 30. GENEROSITY.

*Isa. v. 4.*

What could have been done to My vineyard that  
I have not done in it ?

*Acts* xx. 35.

It is more blessed to give than to receive.

31. J O Y.

*Prov.* viii. 31.

My delights were with the sons of men.

2 *Cor.* vi. 10.

As sorrowful, yet alway rejoicing.

32. R E S T.

*Zeph.* iii. 17.

He will rest in His love.

*S. John* iv. 6.

JESUS therefore being wearied, sat thus on the well.

33. L O V E.

*Jer.* xxxi. 3.

I have loved thee with an everlasting love.

2 *Cor.* xii. 15.

Though the more abundantly I love you, the less I be loved.

A HOROLOGY OF THE PASSION OF OUR  
BLESSED LORD.

I.

*One o'clock a.m.*

O LORD JESUS CHRIST, Fountain of Salvation, Who, in the Garden of Gethsemane, didst say to Thy Disciples, My soul is exceeding sorrowful, even unto death; tarry ye here and watch with Me: and again, Watch and pray, that ye enter not into temptation; the spirit truly is willing, but the flesh is weak: Give me grace so to watch with Thee one hour in Thy Passion here, that I may rest with Thee for ever in Thy glory hereafter.

O merciful JESU, my Strength, my Refuge, my Guardian, my Guide, in Whom I have hoped, in Whom I have believed, Whom I have loved: receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

As the hart desireth the water-brooks, so longeth my soul after Thee, O GOD, Who, for my sake, didst suffer, to the end that with joy I might draw water out of the Fountains of Salvation.

*The Meditation.*

Tarry ye here, and watch with Me.

Behold, He that keepeth Israel shall neither slumber nor sleep.

## II.

*Two o'clock a.m.*

O LORD JESUS CHRIST, Lover of men, Who, being in an agony, didst pray more earnestly, and Thy sweat was, as it were, great drops of blood falling down to the ground : and Who didst say, FATHER, if it be possible, let this cup pass from Me : when I shall drink of the cup that Thou didst drink of, and shall be baptized with the baptism that Thou wast baptized withal, leave me not, neither forsake me, O GOD of my Salvation.

O LORD and Governor of the world, Who art able to cure all manner of sickness, and all manner of disease, because Thou art Almighty : receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

As the hireling earnestly desireth the day to come to an end, so is my expectation unto Thee, O LORD. O let my prayer enter into Thy presence ! incline Thy ear unto my calling.

*The Meditation.*

In the hand of the LORD is a cup, and the wine  
is red.

I will receive the cup of salvation.

## III.

*Three o'clock a.m.*

O LORD JESUS CHRIST, Joy of the Angels, Who, as at this hour, didst say to Thine Apostles, it is enough ; the time is at hand, and the SON of Man is betrayed into the hands of sinners : grant that whenever my time is at hand to suffer, I may find Thee a very present help : and that, whenever I am tempted or afflicted by sinners, I may remember Thee, the Saint of saints.

O LORD, to Thee I fly as to the Throne of Grace, and the Altar of Mercy, to the Ark of the Covenant, and the City of Refuge : receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

I have gone astray like a sheep that is lost : O seek Thy servant, merciful Shepherd, Who didst search for us in the Garden of Gethsemane, and the Judgment-seat of Pilate, and the Pavement of the Soldiers, and the Hill of Calvary : and didst find us on the wood of the Cross.



*The Meditation.*

My time is not yet come, but your time is always ready.

It is enough : the hour IS at hand.

## IV.

*Four o'clock a.m.*

O LORD JESUS CHRIST, Master of the Apostles, call to mind that hour when the soldiers came out with swords and staves to take Thee, and one of the Twelve betrayed Thee with a kiss. Grant that I may never bow the knee before Thee, and receive Thee with my lips, when Thou comest to me under the form of Bread and Wine, without also clinging to Thee, in my heart, and resolving that I would die a thousand times rather than be separated from Thee, O my Light and my Joy.

O Thou that art the Refuge of the poor, the Strength of the victors, the Comfort of the mourners : grant me so to love Thy Passion, that I may follow it ; and so to grieve for it, that I may hate the sins which caused it : receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

I will acknowledge my sin unto Thee, and mine unrighteousness have I not hid : give me grace at

all times, and especially when my life draweth nigh to the grave, to make a good and holy confession of all my sins.

*The Meditation.*

They laid hands on JESUS, and bound Him.  
To proclaim liberty to the captives.

v.

*Five o'clock a.m.*

O LORD JESUS CHRIST, Lamb without blemish and without spot, Who wast, as at this hour, forsaken by all Thy Disciples, and didst alone for us, yet without us, bear the burden and heat of the day, grant that though Thou hast been so often forsaken by us, we may never be forsaken by Thee : and as Thou didst now stand before the unrighteous judgment-seat of Caiaphas, so vouchsafe that when we shall be judged righteously by Thee, O Thou true High Priest, we may be delivered from all the punishment that we have merited by our sins.

O Thou that art our FATHER, as well as our Brother, receive me, Thine unworthy and prodigal son, now returning to Thee. Array me with the first robe of innocence, Thou that, for my sake, didst wear the purple garment of Martyrdom : receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

Deep calleth unto deep, O LORD : the deep of misery to the deep of mercy : the deep of ingratitude to the deep of love : the deep of despair to the deep of hope. O let not the water flood drown me, neither let the abyss swallow me up.

*The Meditation.*

He loved them unto the end.  
Then all the Disciples forsook Him.

VI.

*Six o'clock a.m.*

O LORD JESUS CHRIST, Light of Light, Who wast at this hour denied by the Chief of Thine Apostles : grant that, as I have denied Thee with Peter, so with Peter I may go out and weep bitterly : cast Thine eyes on me, as Thou didst on him : and give me grace henceforth to confess Thee where I have hitherto denied Thee : and, where I have heretofore forsaken Thee, henceforth to forsake all things for Thee.

LORD, Thou knowest all things ; Thou knowest that I love Thee. Help me to minister to Thy lambs for Thy sake : help me to give if it be but the cup of cold water that shall in no wise lose its reward. Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

O my Light, my Hope, and my Salvation !  
lighten my darkness, chase away my doubt, pre-  
serve me in my danger, that I may come to Thy  
brightness, rejoice in Thy certainty, repose in Thy  
safety.

*The Meditation.*

Thou knowest my downsitting and mine up-  
rising.

I know not the Man.

VII.

*Seven o'clock a.m.*

O LORD JESUS CHRIST, Mirror of Patience, Who  
wast, as at this hour, presented before Pilate, when  
he was determined to let Thee go : and the mul-  
titude cried, saying, Not this Man, but Barabbas !  
grant that I, who am guilty, may go free through  
Thy taking on Thee my guilt : grant that, as Thou  
art unrighteously condemned, so I may justly be  
acquitted.

GOD, Who art offended by sin, and appeased by  
penitence, regard Him that did no sin, and give  
ear to His sorrows : remember all His offering, and  
accept His sacrifice. Receive me according to the  
multitude of Thy loving-kindness, and have mercy  
upon me.

Let Thy Blood, O Very Paschal Lamb, be on us and ours, not to condemnation, but to eternal life : that so the destroying Angel may pass by us, and we may follow Thee in safety across the Red Sea of our death.

*The Meditation.*

I will be surety for him : of my hand shalt thou require him.

Not this Man, but Barabbas.

VIII.

*Eight o'clock a.m.*

O LORD JESUS CHRIST, Lover of Purity, Who wast, at this hour, arrayed in a white robe, and sent by Herod to Pilate ; and by him wast endued with a purple garment, and brought forth to the multitude : grant that I may so wear the robe of innocence in this life, that hereafter I may be counted worthy to be brought unto Thee in a vesture of glory.

O GOD, Who of old time didst preserve eight persons in the Ark from perishing by water,—and Who, as at the eighth hour, wast re-arrayed in a vesture of purity, figuring thereby our regeneration, accomplished on the eighth day : grant that I may so with Thee pass through the Lent of this life,

that I may rest with Thee hereafter in the eternal Octave of Thy Heavenly Easter. Receive me, &c.

O Thou that didst say of old, Thou hast a few names even in Sardis which have not defiled their garments, and they shall walk with Me in white, for they are worthy, Grant me so to keep innocency and take heed unto the thing that is right, that finally I may sit down at Thy Marriage Supper : Who livest, &c.

*The Meditation.*

Herod and his men of war mocked Him, and arrayed Him in a white robe.

The fine linen is the righteousness of Saints.

IX.

*Nine o'clock a.m.*

O LORD JESUS CHRIST, Crown of all Saints, call to mind this hour, when Thou wast led forth to the people, with the Crown of Thorns on Thy Head, and the Reed in Thy Hand : and vouchsafe that as Thou didst go out to war in this Helmet, and didst overthrow the Old Enemy, so I, taking to myself for an Helmet the hope of salvation, may be found Thy true follower by destroying the works of the Devil.

O Bishop of our souls, Whose Mitre was made precious with Thine Own Blood, draw nigh unto my soul and save it! O merciful and faithful High Priest, Who canst be touched with the feeling of our infirmity, let Thy Blood make reconciliation for all mine offences. Receive me, &c.

O Thou Good King, Whose sceptre was a reed, with that reed, as with a merciful pen, erase the handwriting that is against me, and then nail it to Thy Cross. Who livest, &c.

*The Meditation.*

The Crown wherewith His Mother crowned Him  
in the day of His Joy.

I will make Thee a Royal Diadem in the Hand  
of my GOD.

X.

*Ten o'clock a.m.*

O LORD JESUS CHRIST, Mirror of Life, Who wast, as at this hour, acquitted by Pilate, and the Jews said, We have a law, and by our law He ought to die, because He made Himself the SON of GOD: Grant that if it be Thy Will that I should suffer, I may suffer for well-doing and not for evil-doing, following herein Thy steps, who didst no sin, neither was guile found in Thy mouth.

O Thou, concerning Whom it was said, as at this Hour, Behold The Man ! Grant that I may so behold Thee now in Thy Sorrows, that hereafter I may not fear to see Thee when Thou comest in Thy glory. Receive me, &c.

Let Thy Sceptre, O merciful King, be held out to me. Let Thy purple Robe defend me. Let Thy Crown be my safeguard here and my exceeding and eternal great reward hereafter. Who livest, &c.

*The Meditation.*

Behold the Man !

There shall no Man see My Face and live.

XI.

*Eleven o'clock a.m.*

O JESUS CHRIST, Consolation of the afflicted, Who, as at this Hour, didst give Thy face to the smiters, and Thy cheeks to them that plucked off the hair ; and upon Whose back the plowers plowed, and made long furrows : Grant that the rivers that flow therefrom may make glad the hearts of them that labour in the desert of the world, and may finally bring\* them forth to the Ocean of Thine infinite and eternal love.

\* Ezek. xlvi.



Grant, O LORD, that with all joy I may draw water out of these wells of salvation: Grant that I may be cleansed in this fountain opened for sin and for uncleanness: Grant that I may so attain to those rivers of pleasures which are at Thy Right Hand for evermore. Receive me, &c.

LORD JESUS CHRIST, Who wast bound that we might be set free, loose us from the chains of our sins, and knit us to Thee by the everlasting cords of Thy Love.

*The Meditation.*

He took him and healed him and let him go.  
Pilate therefore took JESUS and scourged Him.

XII.

*Twelve o'clock: Noon.*

O LORD JESUS CHRIST, Example of Patience, Who didst vouchsafe to faint three times under the weight of Thy Cross, and yet didst say to them that followed Thee, Daughters of Jerusalem, weep not for Me: Grant that we may weep with those that weep in this world, and forgetting our own afflictions, may so bind up the broken-hearted, and comfort all that mourn, that hereafter we may come to that place where all tears shall be wiped away from all faces.

O GOD, Who, leaving us a marvellous example of humility, didst suffer without the gates: Grant that I also may cheerfully and bravely go forth with Thee beyond the camp of this world, bearing Thy reproach. Receive me, &c.

O Thou True Isaac, Who, bearing the wood of the Cross, and enduring the fire of GOD'S anger, didst offer Thyself as the Lamb for the burnt-offering: Thyself Victim and Priest, Thyself Shepherd and Lamb: lead me forth in the green pastures by the still waters.

*The Meditation.*

The earth is weak: I bear up the pillars of it.  
Him they compelled to bear His Cross.

XIII.

*One o'clock p.m.*

O LORD JESUS CHRIST, fountain of pardon, Who, when they pierced Thy Hands and Thy Feet, didst say, FATHER, forgive them, for they know not what they do, Grant that the blood of Thee, our Elder Brother, may cry from the ground unto Thy FATHER and our FATHER, not for vengeance, but for pardon—not for final condemnation, but for the remission of all our sins.

O Thou, the lifting up of Whose Hands was the true evening sacrifice, and Who didst stretch forth Thy Hands in the midst of us, as he that swim-meth spreadeth forth his hands to swim: Grant that we, in Thy strength, and following Thine example, may so contend against the waves of this troublesome world, that, when the morning shall come, we may merit to stand with Thee on the shore. Receive me, &c.

O Thou, Who from the watch-tower of the Cross didst foresee the salvation of the elect that should be wrought by Thy merits, and the reprobation of the wicked, that should perish through their own sin, set me, in the great and bitter day of judgment, at Thy Right Hand. Who livest, &c.

*The Meditation.*

A place called the place of a Skull.

O Grave, Where is thy victory?

XIV.

*Two o'clock p.m.*

O LORD JESUS CHRIST, King of the Jews, over Whose Head was written a superscription with this title, Thine enemies themselves bearing Thee witness, that Thou art the King of Israel: Grant that

whensoever Thou shalt permit me to be tried and tempted, all the devices of mine enemies may but fulfil the purposes of Thy mercy, and may set forward my Salvation.

O Thou, Who, being a King, hadst nevertheless no place where Thou mightest lay Thy Head; and Whose Kingdom, according to Thine own saying, consisted in this, that Thou shouldest bear witness to the truth: make me so, like Thee, a King and a Priest, that I may always patiently suffer, when need is, for the Truth's sake: and may offer myself up, soul and body, to Thy service. Receive me, &c.

O Thou, Who didst say that Thou wouldest dwell in the thick darkness, call to mind this hour, when there was darkness over all the earth. Scatter Thou the shadows of sin and misery, and rise upon us, O Sun of Righteousness, with healing in Thy wings.

*The Meditation.*

As for me, I am a Worm, and no man.  
Behold your King!

XV.

*Three o'clock p.m.*

O LORD JESUS CHRIST, King of Penitents, Who,

when the sun was darkened and the moon ashamed, didst reign on Mount Zion and in Jerusalem, and before Thine ancients gloriously, and yet didst call a penitent to the foot of Thy Cross, appointing her a place where the mighty men were : receive me in like manner, who desire to repent all my many sins, to be near Thee in Thy conflict, that hereafter I may be near Thee in Thy Kingdom.

O Thou, Who, of old time, didst place Cherubim and a fiery sword that turned every way to keep the way of Paradise from man ; and didst turn aside that sword, and open that way, when Thou saidst to the Penitent Thief, Verily I say unto thee, To-day shalt thou be with Me in Paradise : Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

O Thou That didst as at this hour thirst for our salvation, Grant me to drink of that river which is in the midst of the Paradise of God. Who livest, &c.

*The Meditation.*

I sat down under His Shadow with great delight.  
To him that overcometh will I give to sit with  
Me in My Throne.

## XVI.

*Four o'clock p.m.*

O LORD JESUS CHRIST, Martyr of martyrs, Who as about this hour didst say, "It is finished;" and again, "Father, into Thy Hands I commit My spirit;" and having said this, didst bow Thine Head, and give up the Ghost: Grant that, in the agony of mine own death, all Thy good pleasure may have been accomplished in me: Grant that I may joyfully commit my spirit into Thy Hands, knowing that Thou art able to keep that which I have committed unto Thee against that day.

O Thou that didst conquer by death, and triumph by suffering, vouchsafe to us that victory, after which there can be no more war, and that triumph, after which there can be no more death, neither sorrow, nor crying. Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

O Thou that hast devised means whereby Thy banished ones should be brought back to Thee: Grant that, one day, I, returning from my long exile, may see Thee face to face in my Country. Who livest, &c.

*The Meditation.*

Ye have killed the Prince of Life.

If a man keep My saying he shall never die.

## XVII.

*Five o'clock p.m.*

O LORD JESUS CHRIST, Lord of Life, call to mind this hour in which, after Thou hadst left Thy companion behind Thee, the soldiers came and brake his legs: and grant that when we suffer in this world, we may say with him, "And we indeed justly:" and so may pass from death to life, from sorrow to joy, from a vale of misery to a Paradise of Immortality.

O Thou that didst come to fulfil the law, and even in death wouldst not suffer that aught should be done against it, fulfilling that which was written, A bone of Him shall not be broken, grant that we, fulfilling Thy commandments to the last, may have our portion with Thee, O Thou true Paschal Lamb! Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

O Thou Who didst give up the ghost before sunset, so that Pilate marvelled that Thou wast already dead, suffer us not to be tempted above that we are

able to bear, or to be afflicted longer than Thou seest to be needful for us. Who livest, &c.

*The Meditation.*

The Tree of Life in the midst of the garden.  
In the midst of two animals Thou shalt be made known.

XVIII.

*Six o'clock p.m.*

O LORD JESUS CHRIST, Bridegroom of Thy Church, Who didst vouchsafe that she should be formed from Thy side, as Thou wast sleeping in death, and should be redeemed by the Blood, and sanctified by the Water : Grant that we, whom Thou hast loved with an everlasting love, may hereafter be presented unto Thee, not having spot nor wrinkle, nor any such thing.

O Fountain of David, give us grace to come to Thee for cleansing. O good Physician, give us power to hasten to Thee for healing : O smitten Rock, draw us to Thee for refreshing : O "Brook in the Way," lift up our heads to everlasting joy ! Receive us according to the multitude of Thy loving-kindness, and have mercy upon us.

O Thou, Who hast three that bear witness on the earth, the Spirit, and the Water, and the Blood,



bear witness with my spirit that I am a child of GOD; and, if a child, then an heir: an heir of GOD, and joint heir with Thee. Who livest, &c.

*The Meditation.*

They shall look on Him whom they pierced.  
The LORD turned, and looked upon Peter.

XIX.

*Seven o'clock p.m.*

O LORD JESUS CHRIST, Prince of Peace, Who wouldest not be taken down from the Cross till Thou hadst accomplished the work which Thou camest to do: Grant that I may never desire to give up that Cross which, in Thy good Providence, Thou dost lay upon me here, till I have performed all that which Thou wouldest have me to do and to bear.

O Thou, Who, after the bitter week of Thy Passion, didst prepare for Thyself a Sabbath in the Tomb: Grant that we also, after the week of our worldly life shall have come to an end, may rest in Thine eternal Sabbath, according to Thy promise. Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

O Thou, Whose rest is glorious, and in all Thy glory there shall be a defence to Thy people, grant

me never to desire rest here, but to wait for that blessed Sabbath which remaineth for the people of GOD. Who livest, &c.

*The Meditation.*

They shall rest in their beds.

They rest not day nor night.

XX.

*Eight o'clock p.m.*

O LORD JESUS CHRIST, the Death of death, call to remembrance this hour, in which many of Thy saints that slept arose, the first-fruits of Thine own Resurrection, the blessed earnest of our own immortality. And grant that we, who have Thy precious Passion in remembrance, may rise from the death of sin to the life of righteousness, so that hereafter we, like those Thy saints of old, may enter into the Holy City, and appear unto many, even unto the multitude of Thy redeemed.

O Thou Who, if Thou makest Thy servants the sharers of Thy conflict, makest them also the partakers of Thy victory, endue us with such trust in Thee, that when we go down into the valley of the shadow of death, we may fear no evil, knowing that Thou art with us, and that Thy rod and Thy staff they will comfort us. Receive me according

to the multitude of Thy loving-kindness, and have mercy upon me.

O Thou to Whom the darkness of the grave is no darkness, but that night shineth with the day of Thine own Resurrection, preserve us this night and evermore. Who livest, &c.

*The Meditation.*

Thy dead men shall live.

The little hills shall rejoice on every side.

XXI.

*Nine o'clock p.m.*

O LORD JESUS CHRIST, Captain of our Salvation, Who didst vouchsafe that, as at this hour, Thy servants, Joseph and Nicodemus, should anoint Thy Body to the Burial: Grant that we also may bring Thee the myrrh and aloes of repentance and confession, and, according to Thine own command, when we fast, anoint Thee our HEAD, Who, for us, didst endure the bitterness of death, and dost anoint us with Thy Holy Spirit.

O Thou, Who didst give such grace to Nicodemus that, when Thou wast reckoned with the transgressors, and hadst been crucified between two thieves, he would be Thy disciple in secret no longer: Give us grace boldly to confess Thee

before men, that so Thou mayest confess us before Thee, our FATHER, in Heaven. Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

Grant, O LORD, that, dying with Thee, we may be buried with Thee, and may find our refuge under the shadow of Thy Tomb, until this tyranny be overpast. Who livest, &c.

*The Meditation.*

He was embalmed, and put in a coffin, in Egypt.  
GOD shall surely visit you.

XXII.

*Ten o'clock p.m.*

O LORD JESUS CHRIST, Ruler of Thine enemies, call to remembrance that hour in which Thine enemies took counsel against Thee, saying, GOD hath forsaken Him; and, now that He lieth, let Him rise up no more; and set a watch and a seal, and made Thy Sepulchre as sure as they could; and vouchsafe that, as these their devices were over-ruled to Thy glory, so now all things that seem to be against Thy faithful people may work together for their good.

O Thou, Who didst say to Thy disciples, "My time is not yet come, but your time is always ready,"

and who didst remain in the silence of the tomb until the time, fore-appointed of Thee, was come; teach us also patiently to abide alway, working our work betimes, and, in Thy time, looking for our reward. Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

O Thou, Whose Kingdom cometh not with observation, and Who, while Thy Body was resting in the grave, wast setting free the spirits in prison: Grant that, when we cannot see Thy hand we may believe in Thy power. Who livest, &c.

*The Meditation.*

The wrath of man shall praise Thee.  
There is the hiding of His power.

XXIII.

*Eleven o'clock p.m.*

O LORD JESUS CHRIST, Friend that stickest closer than a brother, call to remembrance the sorrow and tears, as at this hour, of Thy Virgin Mother, and Thy beloved Apostles, and have mercy on us, and on all who walk in darkness, and have no light, and give us grace to trust in the Name of the LORD, and to stay ourselves upon our God.

O Thou, That didst permit all Thine own, save Thy Blessed Mother only, to waver in their faith, and yet didst return and refresh them : forsake us not, O LORD, if ever, through our miserable weakness, we mistrust Thy power. Receive me according to the multitude of Thy loving-kindness, and have mercy upon me.

Let Thy sleep in death, O LORD, hallow and defend our sleep ; let Thy rising from the dead give its blessing to our awaking. Who livest, &c.

*The Meditation.*

A brother is born for adversity.

There is a Friend that sticketh closer than a brother.

XXIV.

*Twelve o'clock, Midnight.*

O LORD JESUS CHRIST, Judge of all men, grant us grace always to bear in mind that Thy terrible return, when, as at this hour, Thou shalt come to judge the quick and the dead ; and Thou that wast unrighteously judged, shalt pronounce just judgment on all men. Let Thy Wounds be our refuge then : let Thy Passion be our safeguard then ; let Thy Righteousness be our shield then, O good God and Lover of souls !

Thou that wast born at midnight, betrayed at midnight, didst rise from the dead at midnight, at midnight shalt come to judge; lighten our darkness, receive us according to the multitude of Thy mercies, and have mercy upon us.

O Lamb of God, call to remembrance Thy Passion! O merciful High Priest, have compassion on our infirmity! O Righteous Judge, be merciful in the last judgment!

*The Meditation.*

Let us hear the conclusion of the whole matter.  
I am Alpha and Omega.

\* PRAYERS FOR THE SICK.

ASPIRATIONS TO JESUS.

O JESU, Who hangest with outstretched Arms upon the Cross, inviting me to flee to Thee, and lovingly embrace Thee; behold, I come, heavy laden with divers sins; I cast myself into the arms of Thy mercy. Bind me unto Thee, that I be never parted from Thee again.

O JESU, what are these nails that fasten Thee to the Cross? Why didst Thou suffer this thing to be done? Wilt Thou hereby show how long and patiently Thou awaitedst our repentance? JESU,

no sinner comes too late to Thee ; Thou wilt not reject me, late though I come ; I fall before Thy Feet and crave for grace.

O JESU, Thou didst suffer Thy Holy Side to be opened by a great wound, to give us free access to Thy loving Heart. Let my poor soul find its last resting-place in Thy dear Side. Let it thus go straight from Thy gracious Heart to Thy Judgment-Seat.

O JESU, in the hour of Thy death Thou bowedst Thy head, to give us Thy farewell kiss. Kiss me with the kisses of Thy mouth, O dearest LORD ; and so take my soul to Thyself.

O JESU, when Thou gavest up the Ghost, Thou criedst with a loud voice, that I, lost sheep, might hear, and seek to Thee : and lo, I come. I come, O JESU ; lead me, Thou art the Way ; teach me, Thou art the Truth ; save me from evil death, Thou art the Life. Amen.

### THREE ASPIRATIONS TO THE HOLY GHOST.

HOLY SPIRIT, Comfort and Strength of all oppressed and sorrowful, strengthen and deliver my weak and troubled heart ; overshadow me with Thy Strength ; make me to bear all pain and



suffering with love and patience, and steadfastly to resist all assaults of the enemy.

HOLY SPIRIT, Bond of Love between the FATHER and the SON: Kindle the fire of Thy Love in my heart; and by that Love knit me to GOD for ever.

Sweet SPIRIT, Eternal Light, drive away the night of sin, and turn from me the darkness of hell; lighten my heart, and grant that in Thy Light I may hereafter behold my LORD and my GOD.

#### PRAYER FOR HEALTH.

O merciful JESU, Who didst take upon Thee Thy sweet Name, that we might thereby know Thy nature! JESU, SAVIOUR, be to me now a very JESUS, a gracious SAVIOUR. If it be not against Thy FATHER's will, save my soul, I beseech Thee, out of this distress; take away my anguish and fear of heart; take away my pains of body, give strength to my weak limbs. I desire to lead a better life, and to serve Thee more earnestly. Think, O JESU, how lovingly Thou dealedst with many sick; let me feel that Thy Love. Speak the word only, and Thy servant shall be healed. Take from me all weakness of body and soul, that I may praise and glorify Thee in Thy Holy Church. Amen.

## SHORT PRAYERS BEFORE A CRUCIFIX.

Nailed to the Cross, I behold Thee, Bridegroom of Blood, Who didst sweetly promise this betrothal of old time, saying, "I will betroth thee unto Me for ever: yea, I will betroth thee unto Me in righteousness, and in judgment, and in loving-kindness, and in mercies."

On this Cross I see Thee, dearest SAVIOUR, Who in Thy Birth hadst no cradle, and in Thy Death no resting-place. The foxes have holes, the birds of the air have nests, but the SON of Man had not where to lay His Head.

O JESU, Thou didst suffer so much for me in Hands and Feet, and Body and Soul; and I am so impatient in my pain. Thy Bed is the hard Cross, Thy drink is gall and vinegar; and I complain of my place of rest and of my refreshment.

Thy Heart, O JESU, is pierced with a spear: shall not my heart be pierced with that Wound of Love? Shall I any longer shrink from receiving my death-wound at Thy Hand, that I may perfectly love Thee in Thy Kingdom?

I long to be dissolved and to be with Thee, O JESU. Like as the hart desireth the water-brooks,

so longeth my soul after Thee, O GOD, Thou GOD of my Life. When shall I come to appear before the Presence of GOD?

INTERCESSIONS FOR THE SICK.

O GOD, man's only Refuge in his weakness, show forth Thy saving power upon our sick *brother*, that, aided by the help of Thy mercy, *he* may be restored in health and safety to Thy holy Church. Through, &c.

And Thou, SAVIOUR, Who, when about to ascend into the Heavens, didst leave Thy peace to Thy disciples, pour, we beseech Thee, Thy peace into *his* heart; that, being fulfilled with the abundant sweetness of Thy Presence, through the grace of Thy HOLY GHOST, *he* may bear with patience those pains of body which are the chastisement of *his* sins, remembering how Thou for us sinners didst endure the torment of the Cross. For Thy tender mercy's sake. Amen.

*For a Sick Person having lost Sight and Hearing.*

PRAYERS TO JESUS.

I. O gentlest JESU, SON of the Living GOD, forsake not the soul of Thy servant in this its utmost need, when it is forsaken of all creatures.

Thou hast redeemed it with Thy Precious Blood. It is Thine own ; let not Thy bitter Passion be in vain, but deal with *him* according to Thy unutterable mercy, and let *him* hear the blessed words : To-day shalt Thou be with Me in Paradise. Our FATHER, &c.

2. To Thee, O JESU, we commend this Thy servant in body and soul—*his* understanding and memory, mind and thoughts, will and desires, powers and works, life and death. Deal with *him*, O JESU, according to Thy good pleasure : show *him* Thy sweet and loving Face for the comfort and refreshing of *his* soul. Thy holy Blood cleanse *him* from all sin. Thy Passion shield *him*, Thy Righteousness fulfil *him*, Thy Death be *his* eternal life. Make *him* partaker of the riches of Thine unspeakable sweetness. Our FATHER, &c.

3. O JESU, our SAVIOUR and Redeemer, help this Thy servant by the healing power of Thy Cross, Thy spotless Life, and Thy bitter Death. Let *him* find grace, mercy, and comfort in *his* necessity. Deliver *his* soul out of all anguish, and stretch over *him* those Hands which for *him* Thou willedst to have nailed to the Cross. Our FATHER, &c.

4. To Thee, O JESU, we commend the soul of

Thy servant, as Thou didst commend Thine Own Soul to Thy FATHER ; and we pray Thee, by all the pains, and troubles, and needs, of that Thy departing soul, graciously to deliver this soul from all trouble and need, and lead it from misery to eternal life. Our FATHER, &c.

(At Holy Communion.)

O GOD, by Whose will the moments of our life run on : Accept our prayers and offering for Thy servant N., that *his* health may be restored to *him*, and *he* may yield Thee thanks in Thy holy Church. Through, &c.

\* *For Grace to Die Well*

(At Holy Communion.)

Accept, we beseech Thee, O LORD, the Offering we present Thee for the close of *Thy servant's* life, and grant that through it all our sins may be cleansed ; so that *we*, who for our evil deeds do worthily deserve to be punished in this life, may attain eternal rest in that which is to come. Through, &c.

I entreat Thy Mercy, Almighty GOD, that by the virtue of this Sacrament Thou wouldest vouchsafe to strengthen me, Thy servant, with Thy heavenly grace, that in the hour of my death the Enemy may not prevail against me, but I may enter with Thy holy Angels into Life. Through, &c.

\* EARNEST PRAYERS ON THE PASSION  
OF CHRIST.

1. OF THE AGONY IN THE GARDEN.

Remember, O CHRIST JESU, the heaviness and sorrow of Thy soul, when Thou didst fall upon Thy Face in the garden, and didst pray Thy FATHER to remove that Cup, if it were possible. Think on Thine Agony and Bloody Sweat, and come and help this sick *man* in this *his* agony. Without Thy help, O JESU, *he* must fail. Of Thy mercy let the bitter cup of suffering pass from *him*; send *him* Thine Angel from heaven to comfort and strengthen *him*. Give *him* the Cup of Salvation, that *he* may sing praises unto Thy Name. Amen. Our FATHER, &c.

2. OF THE LEADING AWAY CAPTIVE.

Remember, O CHRIST JESU, the bonds wherewith the godless rabble bound Thee, when they led Thee away, and all Thy disciples forsook Thee and fled. Have mercy on this sick *man*, bound with deadly weakness, and waiting a happy deliverance. Loose the chains of *his* sins, most merciful JESU; Go not far from *him*, for there is none to help; Let Thine Angels tarry about *his* bed and defend *him* from all hellish spirits, and

---

bear *him* in their hands to the Land of the Living. Amen. Our FATHER, &c.

3. OF THE STANDING BEFORE THE COUNCIL.

Remember, O CHRIST JESU, the dolorous way that Thou didst go, when they bound Thee in the night with cords, and dragged Thee to Annas and Caiaphas, and all the council of the Jews; remember how Thou wast falsely accused, and smitten on the face, and declared worthy of death. Lo, this sick *man* is on *his* way to meet *his* Judge. Pity *him*, JESU, and let *him* not be confounded in Thy presence; preserve *him* by Thy bitter Passion, wherein *he* setteth all *his* hopes. Amen. Our FATHER, &c.

4. OF PETER'S DENIAL AND REPENTANCE.

Remember, O CHRIST JESU, Thy loving-kindness, which moved Thee to look in mercy upon Peter, when he had thrice denied Thee. So turn Thy gracious eyes on this sick *man*: work in *him* true repentance, let *him* earnestly bewail *his* sin, faithfully cleave to Thee till *his* life's end, and praise Thee eternally in heaven. Amen. Our FATHER, &c.

5. OF THE MOCKING.

Remember, O CHRIST JESU, Thy meekness



and patience, when they spat in Thy Holy Face, whereon the Angels love to gaze, when they dragged Thee from place to place, and clad Thee in a white robe to mock Thee. Behold, against this sick *man* the furiousness of ill spirits increaseth more and more, they seek after *his* soul, and think to destroy it among the terrors of death. But do Thou forsake it not, Who hast done so great things for it, comfort and strengthen it against all temptations of the devil, and when the enemy seeks to drag it away to damnation, then clothe it in the wedding-garment of Thy righteousness which Thou hast purchased for it with Thy Precious Blood. Amen. Our FATHER, &c.

#### 6. OF THE SCOURGING AND CORONATION.

Remember, O CHRIST, Thy great shame and suffering, when Thy virgin Body was stripped by wicked men, and beaten with rods and scourges, and Thy blessed Head was crowned with thorns. Behold, how this sick *man* is now chastised in soul and body, and smitten with weakness in *his* head and limbs. Let *his* pains avail to salvation; strengthen *him* inwardly by Thy HOLY SPIRIT to bear *his* sufferings patiently: sprinkle and cleanse *his* soul with Thy Blood, so richly poured forth in Thy Scourging and Thy Crowning, that *he* may attain to the Crown of Thine Elect. Amen. Our FATHER, &c.



## 7. OF THE BEARING THE CROSS.

Remember, O CHRIST JESU, Thy last dolorous journey, when Thou didst go up Mount Calvary bearing Thy Cross, and didst thrice fall down exhausted. Lo, this sick *man* now goeth on *his* last painful journey, and *he* hath a rugged hill to climb. For *his* greater glory, Thou hast laid on him Thy Cross to bear it after Thee. O LORD, the load is heavy, and *he* feareth greatly, till *he* reach the end, and yield *his* spirit to Thy Hands. Look graciously on *him*, O JESU, and lighten the weight of *his* cross, so that *he* may not greatly fall; strengthen *him* to tread manfully in Thy blood-stained footmarks, to conquer pain by patience, and gloriously to attain to Thy blessed Presence. Amen. Our FATHER, &c.

## 8. OF THE HANGING ON THE CROSS.

Remember, O CHRIST JESU, how Thou didst hang with arms outstretched upon the Cross, to show Thyself ready to embrace all men with Thy loving mercy. We pray Thee, O sweetest JESU, for this sick *man*, who findeth no rest in *his* anguish; take *him* in Thine arms, and give *him* rest. Amen. Our FATHER, &c.

## PRAYERS FOR THE DEAD.

## FOR A FATHER OR MOTHER.

O GOD, Who dost command us to honour our father and mother, have mercy upon the soul of my *father*: give *him* an inheritance in the Land of the Living, a place in the bosom of Abraham, and the blessed companionship of Thy Saints and Angels: and grant that I may see *him* in glory. Through JESUS CHRIST our LORD, Who liveth and reigneth with Thee and the HOLY GHOST, ever One GOD: world without end. Amen.

## FOR A PRIEST.

GOD, Which didst bestow on Thy servant N., among other Apostolic Priests, the honour of the priestly office: Grant that he may be counted worthy of their blessed companionship for ever and ever. Through. Who liveth, &c.

## FOR A SISTER IN A RELIGIOUS HOUSE.

GOD, Who art the Giver of pardon, and the Lover of men, grant to Thy servant, our Sister N., whom Thou hast taken from the world, the blessed companionship of Thy Saints. Through. Who liveth, &c.

## FOR ANY DEPARTED CHRISTIAN.

We beseech Thee, O LORD, that Thou wouldst grant unto the soul of Thy servant N., whom Thou hast taken from the world, a place among Thine Elect and Thy Saints ; and wouldst pour upon it the continual dew of Thy comfort. Through. Who liveth. &c.

\* SEVEN PRAYERS FOR THE DEPARTED THROUGH  
THE PASSION AND DEATH OF CHRIST.

1. O JESU, the Resurrection and the Life, Who, departing out of this world, didst leave Thy Body and Thy Blood to be our Meat and Drink ; by this Thy boundless Love, I entreat Thee, have mercy on the souls of all the faithful departed, especially . . . . Lead them to the Fountain of Life, and speedily refresh and satiate them at Thy Heavenly Table. Our FATHER, &c.

2. O JESU, our Healer and Defender, Who, for our sakes, didst suffer so great agony in the Garden, that Thy sweat was like great drops of blood falling down to the ground : by this, Thy most precious Blood, I humbly pray Thee, have mercy on all the faithful departed, especially . . . . Deliver them from all anguish, wipe all tears from their eyes, and bring them into the Garden of Paradise. Our FATHER, &c.

3. O JESU, our SAVIOUR and Redeemer, Who didst take upon Thyself the bonds of our sins : by those Thy hard bonds, I pray Thee, have mercy on the faithful departed, especially . . . . Loose them from the bonds of their sins, wherewith human frailty kept them bound in this life, that they may cry with great joy, Thou hast broken my bonds asunder : I will offer to Thee the sacrifice of thanksgiving, and praise Thy Name for ever. Our FATHER, &c.

4. O JESU, Joy of our hearts, Who didst receive shame, and spitting, and blindfolding on that Face, which Angels delighted to adore ; by this Thy incomprehensible patience, I beseech Thee, have mercy on the souls of the faithful departed, especially . . . . Let them come to the glory of Thy Light, and fill them with eternal joy by the sight of Thy countenance. Our FATHER, &c.

5. O JESU, Crown of our glory, Who wast beaten with scourges, and, for our pride's sake, wast shamefully and cruelly crowned with thorns ; by this Thy supreme humility, I beseech Thee, have mercy on all the faithful departed, especially . . . . Mercifully grant that they speedily come to the crown of everlasting glory, for Thou crownest them with mercy and loving-kindness. Our FATHER, &c.

6. O JESU, our Advocate and Judge, Who, by most unjust judgment, didst will to be sentenced to most bitter death, that we might be delivered from the punishment of eternal damnation ; by the depth of Thy mercy I call upon Thee : have mercy on the faithful departed, especially . . . . Make them to hear that word of comfort : Thy sins are forgiven thee. Our FATHER, &c.

7. O JESU, our highest and our only Good, Who, with the weight of the Cross, didst take on Thee the burden of our iniquities, and didst bear our sins in Thy Body on the Tree : by this, Thine immeasurable mercy, I humbly beseech Thee, have mercy on all the faithful departed, especially . . . . Open quickly to them the gates of everlasting glory, and let them hear the joyful words, Come, ye blessed of My FATHER, inherit the kingdom prepared for you from the beginning of the world. Our FATHER, &c.

AFTER A DEATH.

\*

(At Holy Communion.)

Receive, we beseech Thee, O LORD, merciful FATHER, the offering which we present before Thee for the soul of Thy *servant* N., whom Thou hast delivered from the corruption of the flesh : and grant that in peace and rest *he* may await the Day of Resurrection. Through, &c.

Grant, we beseech Thee, Almighty God, that the soul of Thy *servant* N. may be received by the Angels of light, and conducted to the mansions prepared for the blessed. Through, &c.

\* ON THE ANNIVERSARY OF A DEATH OR  
BURIAL.

O LORD, Thou GOD of mercy and forgiveness, grant that the soul of Thy *servant*, the anniversary of whose *death* we commemorate, may enjoy the place of refreshing, the blessedness of rest, and the clear shining of the light of Paradise. Through, &c.

(At Holy Communion.)

O LORD, we beseech Thee mercifully to receive our supplications for the soul of Thy *servant* N., for which we offer before Thee the sacrifice of praise, that Thou wouldest vouchsafe to unite *him* with the company of Thy blessed Saints. Through, &c.

## THE STATIONS IN EASTER-TIDE.

Before each—

*V.* We praise Thee, O CHRIST, and bless Thee.

*R.* Because, by Thy Holy Resurrection, Thou hast redeemed the world. Alleluia. Alleluia.

Our FATHER, &c.

Then, one *short* Collect of the Station.

Then, as follows :—

- |                                   |  |
|-----------------------------------|--|
| 1. <i>Station.</i>                | To meditate and pray over—   |
| Judgment of Pilate.               | The judged judging. (S. Matt. xxv. 31–33.)   |
| 2. Going forth bearing the Cross. | To meditate and pray over—<br>The going forth to Mount Olivet. (S. Luke xxiv. 50.)                 |
| 3. 1st Fall.                      | To meditate and pray over—<br>First manifestation of Resurrection. (S. Matt. xxviii. 2–4.)         |
| 4. Meeting His Blessed Mother.    | To meditate and pray over—<br>His first appearance (as the Church piously believes) to His Mother. |
| 5. 2nd Fall.                      | To meditate and pray over—<br>His Second Manifestation. (S. John xx. 11, &c.)                      |
| 6. Veronica.                      | To meditate and pray over—<br>Our transformation into His likeness. (2 Cor. iii. 18.)              |

- |                                |   |
|--------------------------------|---|
| 7. The Cyrenian.               | To meditate and pray over—<br>Our still assisting—"Who<br>now rejoice in my sufferings<br>for <i>you</i> , and fill up that which<br>is behind hand," &c. |
| 8. 3rd Fall.                   | To meditate and pray over—<br>His Third manifestation to<br>the 500 in Galilee.   |
| 9. Daughters of<br>Jerusalem.  | To meditate and pray over—<br>S. Luke xxiii. 29, compared<br>with Isa. liv. 1, and Rev. xiv. 4.   |
| 10. Our Lord de-<br>spoiled.   | To meditate and pray over—<br>His despoiling to this end :<br>Rev. xix. 8.  |
| 11. Crucifixion.               | To meditate and pray over—<br>The Crucifixion thus leading<br>on to Rev. v. 6, &c.  |
| 12. Death.                     | To meditate and pray over—<br>The Ascension—not now to<br>the Cross, but to the Right<br>Hand of the FATHER.  |
| 13. Descent from<br>the Cross. | To meditate and pray over—<br>His final victory, when all<br>things shall be put under<br>His feet.   |
| 14. Burial.                    | To meditate and pray over—<br>The everlasting rest of His<br>Saints in this True Rock.  |

[*These may be thus said on Fridays, except in the Octaves of the  
five great festivals.*]



\* BRIEF ABSTRACT OF THE IGNATIAN  
METHOD OF MEDITATION.

- |                       |   |   |
|-----------------------|---|---|
| Remote<br>Preparation | { | <ol style="list-style-type: none"> <li>1. To prepare the subject.</li> <li>2. To think it over before going to sleep.</li> <li>3. And in the morning as soon as awake.</li> </ol> |
|-----------------------|---|---|

- |                          |   |   |
|--------------------------|---|---|
| Immediate<br>Preparation | { | <ol style="list-style-type: none"> <li>1. Presence of God.</li> <li>2. Preparatory Prayer.</li> <li>3. Preludes.</li> </ol> |
|--------------------------|---|---|

- |            |  |  |   |  |   |  |
|------------|--|--|---|--|---|--|
| Meditation | {  | <ol style="list-style-type: none"> <li>1. The <i>Memory</i> proposes the subject.</li> <li>2. The <i>Under-<br/>standing</i> <table style="border: none; display: inline-table; vertical-align: middle;"> <tr> <td style="vertical-align: middle; font-size: 4em; padding-right: 10px;">{</td> <td style="vertical-align: middle;"> <ol style="list-style-type: none"> <li>1. Considers.</li> <li>2. Applies it in general.</li> <li>3. Applies it in particular.</li> </ol> </td> </tr> </table> </li> <li>3. The Will           <table style="border: none; display: inline-table; vertical-align: middle;"> <tr> <td style="vertical-align: middle; font-size: 4em; padding-right: 10px;">{</td> <td style="vertical-align: middle;"> <ol style="list-style-type: none"> <li>1. Exercises itself in pious affection.</li> <li>2. Makes purposes.</li> <li>3. Makes holy colloquies.</li> </ol> </td> </tr> </table> </li> </ol> | { | <ol style="list-style-type: none"> <li>1. Considers.</li> <li>2. Applies it in general.</li> <li>3. Applies it in particular.</li> </ol> | { | <ol style="list-style-type: none"> <li>1. Exercises itself in pious affection.</li> <li>2. Makes purposes.</li> <li>3. Makes holy colloquies.</li> </ol> |
| {          | <ol style="list-style-type: none"> <li>1. Considers.</li> <li>2. Applies it in general.</li> <li>3. Applies it in particular.</li> </ol>                 |  |   |  |   |  |
| {          | <ol style="list-style-type: none"> <li>1. Exercises itself in pious affection.</li> <li>2. Makes purposes.</li> <li>3. Makes holy colloquies.</li> </ol> |  |   |  |   |  |

- |             |   |   |
|-------------|---|---|
| Reflections | { | <ol style="list-style-type: none"> <li>1. Examination of the meditation.</li> <li>2. Thanksgiving.</li> <li>3. Recapitulation.</li> </ol> |
|-------------|---|---|

\* MORE ANCIENT METHOD OF  
MEDITATION.

THREE PREPARATIONS.

I. *More remote.*

Obstacles to be removed.	{	Sin.	Means of Removal.	{	Renun- ciation.
		Passions.			Mortifica- tion.
		Wandering of heart and mind.			Custody of Senses.

II. *Less remote.*

Attention.

Silence.

Review of subject.

Affections of love, joy, &c.

III. *Proximate.*

1. Act of God's presence.

2. Acknowledgment of unworthiness.

3. And of incapacity.

[Here go over the subject of the Meditation. Then work it out in the following threefold manner.]

I. *Adoration*—Contemplate the subject in, or with regard to, CHRIST.

Worship Him on account of it.

Offer Adoration.

Admiration.

Offer Praise.  
Love.  
Joy.  
Gratitude.

II. *Communion*—Seek participation.

1. Consider the importance of the subject.
2. And previous shortcomings ;  
and wasted opportunities.
3. Petition : by Request.  
Obsecration.  
Thanksgiving.  
Insinuation.

All these prayers accompanied by—  
Humility.  
Confidence.  
Perseverance.  
Union with others.

III. *Co-operation*—Resolutions.

Particular.  
Present.  
Efficacious.

*Conclusion*—

1. Thanksgiving.
2. Prayer for pardon.
3. Oblation.

Gather and preserve the flower of the meditation.

## MEDIÆVAL DISTICHS.

## HEADS OF MEDITATION.

*Objective.*

To whom? How long? Whence? Whither?  
Wherefore? Who?  
How oft? Who else? If not? O Christian,  
view!

*Subjective.*

The thing to do,—the thing to leave undone,  
Towards GOD, towards self: and, last, towards  
every one.

## SUBJECTS FOR MEDITATIONS.

## IN ADVENT.

*Isaiah li.*

7 ¶ Hearken unto me, *ye that know righteousness*,  
the people *in whose heart* is my law; fear ye not  
the reproach of men, neither be ye afraid of their  
revilings.

8 For the moth shall eat them up like a garment,  
and the worm shall eat them like wool: but my  
*righteousness* shall be for ever, and my salvation  
from generation to generation.

9 ¶ Awake, awake, put on strength, O arm of

the LORD ; awake, as in the ancient days, in the generations of old. Art thou not it that hath cut Rahab, and wounded the dragon ?

10 Art thou not it which hath dried *the sea*, the waters of the great deep ; that hath made the *depths of the sea* a way for the ransomed to *pass over* ?

11 Therefore the redeemed of the LORD shall return, and come with singing unto *Zion* ; and *everlasting* joy shall be upon their head : they shall obtain gladness and joy ; and sorrow and mourning shall flee away.

12 I, even I, am He That comforteth you.

v. 7. *Ye*—of those in a Religious House.

v. 8. *Righteousness*—in the sense of the vow that binds the One Side as well as the other.

v. 9. “Faithful are the wounds of a Friend,” &c.

v. 10. Notice the increased promise in the increased trouble and danger.

v. 11. *Zion*, still of the earthly Church : but especially of Religious Houses. “The people shall dwell in Sion, at Jerusalem : thou shalt weep *no more*,” as here, “*everlasting joy*.” Cf. S. John xvi. 20.

*Isaiah* ii. 2-5.

2 And it shall come to pass in the last days, that

the mountain of the LORD's house shall be established in the top of the mountains, and shall be exalted above the hills; and all nations shall *flow* unto it.

3 And many people shall go and say, Come *ye*, and *let us go* up to the mountain of the LORD, to the house of the God of Jacob; and he will teach us of his ways, and we will walk in his paths: for out of *Zion* shall go forth the *law*, and the Word of the LORD from Jerusalem.

4 And he shall judge among the nations, and shall rebuke many people: and they shall beat their *swords* into ploughshares, and their spears into pruning-hooks; nation shall not lift up sword against nation, neither *shall they learn war any more*.

5. O house of Jacob, come *ye*, and let *us* walk in the light of the LORD.

2. *Top of the mountains*, and yet *flow unto it*: the possibility of all things to Grace.

3. By inviting others, helping ourselves—the very promise for a Sister.

*Sion*—the *Law*: Heb. x. 1.

4. The sword with its cross shape—the battle against self, the subsequent fertilizer of others.

“Freed from every stain of evil,  
All their carnal wars are done,” &c.

5. *Ye*, and *us*, as in v. 2.

*Isaiah v. 1-4.*

1 *Now* will I sing to *my* well-beloved a song of *my* beloved touching his vineyard. My well-beloved hath a vineyard in a very fruitful hill :

2 And he *fenced* it, and *gathered out the stones thereof*, and *planted* it with the *choicest vine*, and built a *tower* in the midst of it, and also made a *winepress* therein : and he looked that it should bring forth grapes, and it brought forth wild grapes.

3 And now, O inhabitants of *Jerusalem*, and men of *Judah*, judge, I pray you, betwixt me and my vineyard.

4 What could have been done more to my vineyard, that I have not done in it? wherefore, when I looked that it should bring forth grapes, brought it forth wild grapes?

1. Religious Life.

Advent.

A Song of my Beloved ; hers, of course, yet  
His, because hers.

2. Fenced.

Stones gathered out.

Planted.

Vine.

Choicest.

Tower.

Winepress.

rightly read, seven graces ; the last, as being highest, that of suffering.

3. Those who from the vineyard are at rest ; those who are in other vineyards still.

*Isaiah xxix. 17-22.*

17 Is it not yet a very little while, and Lebanon shall be turned into a fruitful field, and the fruitful field shall be esteemed as a forest ?

18 ¶ And in that day shall the deaf hear the words of the book, and the eyes of the blind shall see out of obscurity, and out of darkness.

19 The meek also shall increase their joy in the LORD, and the poor among men shall rejoice in the Holy One of Israel.

20 For the terrible one is brought to nought, and the scorner is consumed, and all that watch for iniquity are cut off :

21 That make a man an offender for a word,<sup>1</sup> and lay a snare for him that reproveth in the gate,<sup>2</sup> and turn aside the just for a thing of nought.<sup>3</sup>

22 Therefore thus saith the LORD, who redeemed Abraham, concerning the house of Jacob, Jacob shall not now be ashamed,<sup>1</sup> neither shall his face now wax pale.<sup>2</sup>

17. = S. Matthew xix. 30.



18. = Rev. v. 5.

Original }  
Actual } Sin.

19. Notice the parallel with the Beatitudes here and in v. 20.

21. <sup>1</sup> S. Matthew xxvi. 61.

<sup>2</sup> Tribute-money.

<sup>3</sup> Barabbas.

22. <sup>1</sup> S. John xix. 1.

<sup>2</sup> S. John xix. 2.

*Isaiah lxii. 6-11.*

6 ¶ I have set watchmen upon thy walls, O Jerusalem, *which shall never hold their peace day nor night*: ye that make mention of the LORD, keep not silence.

7 And give him no rest, till he establish, and till he make Jerusalem a praise in the earth.

8 The LORD hath sworn by his right hand, and by the arm of his strength, Surely I will *no* more give *thy corn* to be meat for *Thine enemies*; and the sons of the stranger shall not *drink thy wine*, for the which Thou hast *laboured*:

9 But they that have gathered it shall eat it, and praise the LORD; and they that have brought it together shall drink it *in the courts of my holiness*.

10 *Go through, go through the gates*; prepare ye the way of the people; cast up, cast up *the high-*

way ; gather out the stones ; lift up a *standard* for the people.

11 Behold, the LORD hath proclaimed unto the end of the world, Say ye to the daughter of Zion, Behold, thy salvation cometh ; *behold, his reward is with him, and his work before him.*

6. Not only Priests, but the Hours.

8. Take it as applied to the Blessed Sacrament :  
*then, no more, unworthy reception.*

9. = S. Matthew xxvi. 29.

10. See how lovely, taken of our LORD : Ascension—that His people may follow :

“ And with many He may enter  
Whence He had come down alone.”

*Isaiah lxiv. 1-5.*

1 Oh that thou wouldest rend the heavens, that thou wouldest come down, that the *mountains* might flow down at thy presence.

2 As when the melting fire burneth, the fire causeth the waters to boil, to make Thy *Name* known to thine adversaries, that the nations may tremble at thy presence ?

3 When thou didst *terrible things* which we *looked not for*, thou camest down, the mountains flowed down at thy presence.

4 For *SINCE* the beginning of the world men have not heard, nor perceived by the ear, neither

hath the eye seen, O God, beside thee, what he hath prepared for him that waiteth for him.

5 Thou meetest him that *rejoiceth* and worketh righteousness, those that remember thee in *Thy* ways : behold, thou art wroth ; for we have sinned : in *those is continuance*, and we shall be saved.

1. A reference to the tradition (Jewish) of the *spark*, at Exod. xxxiii. 18.
2. "And terrible to evil spirits."
3. Exod. xxxii. 27.
4. The First Paradise.
5. "Love, *joy*, peace," &c.  
*Thy*, "nevertheless not My will, but Thine be done."

"I am the LORD, I change not ; therefore ye sons of Jacob are not consumed."

*Isaiah lxv. 23-25.*

23 *They* shall not labour in vain, nor bring forth for trouble ; for they are the *seed of the Blessed* of the LORD, and their offspring with them.

24 And it shall come to pass, that *before* they call, I will answer ; and while they are yet speaking, I will hear.

25 The *wolf* and the *lamb* shall feed together, and the *lion* shall eat straw like the bullock : and *dust* shall be the *serpent's* meat. They shall not

hurt nor destroy in all my holy mountain, saith the LORD.

23. Religious Houses.

Therefore they *shall* labour, and bring forth *with* trouble, not *for*.

Because He, the Blessed of the LORD, instituted them. S. Matthew xi. 29.

24. = Isaiah lxxv. 1.

1 S. John iv. 19.

25. A triplicity of good and evil wonderfully to be worked out.

*Baruch v.*

5 *Arise*, O Jerusalem, and stand on high, and look about toward *the east*, and behold thy children gathered *from the west* unto the east by the word of the Holy One, rejoicing in the remembrance of God.

6 For they departed from thee on foot, and were led away of their enemies : but God bringeth them unto thee exalted with glory, as children of the kingdom.

7 For God hath appointed that every high hill, and *banks of long continuance*, should be cast down, and valleys filled up, to make even the ground, that Israel may go safely in the glory of God.

8 Moreover even *the woods* and every sweet-smelling tree shall *overshadow* Israel by the commandment of God.

9 For God shall lead Israel with joy in the light of his glory with the mercy and righteousness that cometh from him.

v. 5. If commanded to *arise*, then—"I will bring forth My Servant, the East (= Branch).  
Zech. iii. 8.

v. 7. The future unity of the Church : an Advent prayer—Thy kingdom come.

v. 8. "All the trees of the field shall clap," &c.  
The Cross on earth, her happiness and safety in Paradise.

*Sweet-smelling: the wounded myrrh-tree,  
therefore producing incense.*

### *Hebrews x.*

35 Cast not away therefore your confidence, which *hath* great recompence of reward.

36 For ye have need of patience, that, *after* ye *have done* the will of God, ye might receive the promise.

37 For yet a little while, and he that shall come will come, and will not tarry.

38 Now the just shall live by faith : but if any man (*he*) draw back, my soul shall have *no pleasure* in him.

39 But we are not of them who draw back unto perdition ; but of them that believe to the saving of the soul.

- v. 35. *Present*: as in S. James i. 12: "when he *is* tried."
- v. 36. Cf. that with the other Advent promise: Is. xl. 10, "His reward is *with* Him," to work out the two parallel truths.
- v. 38. Not *any man*, but *he*; and so, the danger, after any amount of help, of finally falling.  
No *pleasure*, not even for the *past*; and so, Ezek. xviii. 24.

*Isaiah xvi.*

1 Send *ye the lamb* to the ruler of *the* land from *Sela* to the wilderness, unto the *mount* of the daughter of Zion.

2 For it shall be, that, as a *wandering bird* cast out of the nest, so the *daughters of Moab* shall be at the fords of Arnon.

3 Take counsel, execute judgment; make thy shadow as the night in the midst of the noonday; hide the outcasts; bewray not him that wandereth.

4 Let mine outcasts dwell with thee, *Moab*; *be thou a covert* to them from the face of the spoiler: for the extortioner is at an end, the spoiler ceaseth, the oppressors are consumed out of the land.

5 And in mercy shall the throne be established:

and he shall sit upon it in truth in the tabernacle of David, judging, and seeking judgment, and hasting righteousness.

v. 1 *Ye*, the Religious House.

*The Lamb.* The Daily Sacrifice.

*The land.*

*Sela : the Dove—or loneliness.*

The mount *of* : the mount looked forward to by —

v. 2 As they say, What lovelier description *can* there be of the passage of those, once daughters of Moab; over the Jordan? No; over the *fords*; (*Arnon is rest.*)

Think that well over.

v. 4 GOD's command to the world: "Surely the wrath of man shall praise Him."

1 *Timothy* iv.

13 Till *I* come, give attendance to reading, to exhortation, to doctrine.

14 Neglect not the gift that is in thee, which was given thee by prophecy, with the laying on of the hands of the presbytery.

15 Meditate upon these things; give thyself wholly to them; that thy profiting may appear to all.

16 Take heed unto thyself, and unto the doctrine; continue in them : for in doing this thou shalt both save thyself, and them that hear thee.

v. 13 Take that "*I*" in the highest sense, and  
v. 14, of the vow ; and is it not lovely as applied to a Sister?

· 1 *Thessalonians v.*

18 *In every thing* give thanks : for this is the will of God in *Christ Jesus* concerning you.

19 *Quench not the Spirit.*

20 Despise not *prophecyings*.

21 Prove all things; hold fast that which is good.

22 Abstain from all appearance of evil.

23 And the very God of peace sanctify you *wholly*; and I pray God your *whole* spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

24 *Faithful* is he that calleth you, who also will do *it*.

25 *Brethren, pray for us.*

v. 18. And the Friday\* says, more especially, why. His Cross—and your Cross (whatever it may be).

v. 19. "O pledged one, O vowed one, O dear

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\* Being originally arranged for the second Friday in Advent.



one, *pledged* to the Cross, *vowed* to the Man of Sorrows, *dear* to the Conqueror of Satan, to whom is the command, if not to thee?" *Rupert of Deutz.*

- v. 20. That we must, through much tribulation, enter into the kingdom of God; that they most must suffer here, who would be nearest and dearest there.
- v. 21. That *wholly*, and that *whole*: to whom do they chiefly apply?
- v. 24. *Faithful*: the Vow, and its Response from Him.

*Ecclesiasticus* 1.

11 When he put on the *robe of honour*, and was clothed with the *perfection* of glory, when he went up to the *holy altar*, he made the garment of holiness honourable.

12 When he took the portions out of the priests' hands, he himself stood by the hearth of the altar, compassed with *his brethren round about*, as a young cedar in Libanus: and as palm trees compassed they him round about.

13 So were all the sons of Aaron in their glory, and the *oblations of the Lord* in their hands, before all the congregation of Israel.

14 And finishing the service at the altar, that he might adorn the offering of the most high Almighty.

15 *He stretched out his hand to the cup, and poured of the blood of the grape, he poured out at the foot of the altar a sweet-smelling savour unto the most high King of all.*

16 Then shouted the sons of Aaron, and sounded the silver trumpets, and made a great noise to be heard, *for a remembrance* before the most High.

17 Then *all the people together* hasted, and fell down to the earth upon their faces to worship their Lord God Almighty, the most High.

Take it of *The High Priest*, and see how beautifully it comes out.

*Isaiah lxvi. 20-23.*

20. And they shall bring all your brethren for an offering unto the LORD out of all nations upon *horses*, and in *chariots*, and in *litters*, and upon *mules*, and upon swift *beasts*, to my holy mountain Jerusalem, saith the LORD, as the children of Israel bring an offering *in a clean vessel* into the house of the LORD.

21. And I will also take of them for *priests and for Levites*, saith the LORD.

22. For as the *new heavens and the new earth*, which I will make, shall remain before me, saith the LORD, so shall your seed and your name remain.

23. And it shall come to pass, that from *one new*

*moon* to another, and from *one sabbath* to another, shall all flesh come to worship before me, saith the LORD.

20. All instruments of luxury, pleasure, bodily ease, corporal endowments, to be devoted—how?  
in a *clean* vessel.
21. A text used over and over again by Priests to a Religious House.
22. Rev. xxi. 1, and the *connection*.
23. Realise how the Jewish feasts are used to show how “old things shall pass away—behold all things are become new.”

## SUBJECTS FOR MEDITATION IN LENT.

### *Prayer.*

O LORD, in union with all that Thou didst for us, and for me, Thy unworthy servant, in the Forty Days of Thy Fast, I desire to offer this Meditation and Prayer to Thee : Who livest, &c.

### THE WORDS OF THE ENEMIES OF CHRIST.

*(Two only are worked out.)*

#### I.

*S. Matthew ii.*

“That I may come and worship Him also.”

*Him*—in this Lent.

Remember the sacrifice to be brought.

1. Of resisting temptations before yielded to  
of ——  
of ——

and, whatever it cost, to offer these as a sacrifice.

2. Of denying self in things lawful; in keeping under the body, and bringing it into subjection—(rising *at once*, &c.) : as regards mental self-denial.

3. Of works of love resolved upon, such as ——  
These, the great divisions of Lent worship.

Then, *also* :

To join yourself in spirit to those Blessed ones who have in times past gone hence by the same road.

But *also* implies prayer for those with whom you live ;

That *I* may come and worship,  
and that they may come too.

And then, that all this be deeply and thoroughly in earnest.

Herod's warning to the contrary.

Not now, the Child in the Manger,  
but, the Man of Sorrows in the Desert,  
so to be prepared at Easter to worship the Monarch to whom all power is given in Heaven and in earth.

Yet, both as the Man of Sorrows,  
and as the triumphal Conqueror,  
to come to Him with the love of a faithful Bride.

2.

*S. Luke iv. 22.*

“Is not this Joseph’s son?”

1. The *hard every-day work* which made them think so.

Thus look at

(solemn words as they are, they are the Truth)  
your *Husband*,—whose heart is safely to trust  
in you—

in the poor little shop,  
making the most of every minute of time ;  
and only (as the Apocryphal Gospels tell us)  
when ordinary earthly labour failed, employing  
a miracle.

2. *Their contempt of little things.*

And yet from those little things came—

All Salvation.

All Love.

All that we hope here or hereafter.

3. Their mistake—*Joseph’s Son.*

Thus He was mistaken.

How must His own expect in their turn  
to be mistaken ?

4. Compare S. John vi. 42.

“Whose father and mother we know.”

The contempt of what we have close at hand,  
natural ; and we, never to be discouraged at it.

And so, the Carpenter's Son  
has hallowed all earthly work.

#### OTHER SUBJECTS FOR LENT.

1.

S. John xiii. 1-5.

2.

S. John xiii. 6-15.

3.

S. Matthew xxvi. 30-35.

4.

S. Luke xxii. 25-27.

S. John xiii. 13-17.

S. Luke xxii. 28-30.

Then to say the prayers of the 2nd Station :  
and (without any discouragement if not yet able  
entirely to do so) to endeavour to devote yourself  
anew to the service of our LORD.

## 5.

First, to say these Psalms, with especial reference to our LORD as the GOD of all Consolation, and Strength, and Hope.

3, 11, 23, 27, 30, 40, 43.

Then to meditate and pray over (the continuation of the Passion.)

S. John xiii. 18-25.

S. Matthew xxvi. 23-25.

S. John xiii. 26-30.

## 6.

First, to say the Collect in the Paradisus, of Canisius, "before a representation of CHRIST crucified"—and the first of S. Bridget; before the Crucifix: and then, to meditate and pray over

S. John xiii. 31-38.

S. Luke xxii. 31-34.

Then to say some of the other Collects of S. Bridget.

## 7

To say the Collect before the Crucifix, as last time.

Then to meditate and pray over

S. John xiv. 1-14.

## 8.

S. John xiv. 15-23.

## 9.

S. John xviii. 1.

S. Matthew xxvi. 31-44.

S. Luke xxii. 42-46.

S. Matthew xxvi. 45, 46.

## 10.

S. John xviii. 2, 3.

S. Mark xiv. 43-45.

S. John xviii. 4-9.

S. Luke xxii. 49.

S. Matthew xxvi. 51-54.

S. John xviii. 11.

S. Luke xxii. 51.

## 11.

S. John xviii. 19, 20.

S. Matthew xxvi. 59-61.

S. Mark xiv. 58, 59.

S. Luke xxii. 66.

S. Mark xiv. 60, 61.

S. Luke xxii. 67, 68.

S. Matthew xxvi. 63, 64.

S. Luke xxii. 70.

S. Matthew xxvi. 65, 66.



## 12.

(Holy Week.)

S. Luke xxii. 63-65.

S. Matthew xxvii. 1, 2.

S. John xviii. 28-31.

S. Luke xxiii. 2.

S. John xviii. 32.

S. Matthew xxvii. 12-14.

S. John xviii. 33-38.

## 13.

S. Matthew xxvii. 33, 34.

S. Mark xv. 23, 25, 27, 28.

S. Luke xxiii. 34.

S. John xix. 23, 24.

S. Matthew xxvii. 36, 37.

S. John xix. 19-22.

S. Matthew xxvii. 39-43.

S. Luke xxiii. 36-43.

S. John xix. 25-27.

S. Matthew xxvii. 45-47.

S. John xix. 28, 29.

S. Matthew xxvii. 49.

S. John xix. 30.

S. Luke xxiii. 46.

SKETCHES AND HINTS FOR MEDITA-  
TIONS IN EASTER-TIDE.*Prayer.*

O LORD JESUS CHRIST, in union with all that Thou didst for us, and for me, Thy unworthy servant, in the Great Forty Days, between Thy Resurrection and Ascension, I desire to offer to Thee this meditation and prayer: Who livest.

## I.

*S. John* xx. 11-18.

11 *Stood—without.*

So pride keeps us from entering into the Passion.  
stood without *weeping*.  
and as she *wept*, she stooped down,  
(so humility disposed her to enter)  
and looked into the Sepulchre.

Here examine how far a want of humility may have hindered, or may now hinder, from following our dear LORD thoroughly in His Passion.

12 And seeth *two* Angels.

Her greater love; the others only saw one.

14 And knew not that it was JESUS.  
 Because He came in another form.  
 It may have been so with you.  
 The Gardener.

And think how far He is to be called so with  
 reference to the Resurrection.

Think, also, how He loves to hide Himself from  
 those dearest to Him. "Let me go, for the day  
 breaketh."

2 Kings ii. 2, 4, 6.

17 Touch Me not.

Because He now desires a purely spiritual  
 love : to be loved by faith, not sight.  
 The sight is for the next world.

2.

S. Luke xxiv. 2-5.

S. Matthew xxviii. 5.

S. Luke xxiv. 6-8.

S. Matthew xxviii. 7.

S. Mark xvi. 8.

S. Matthew xxviii. 9, 10.

S. Luke xxiv. 9, 10.

*S. Matthew xxviii. 5.*

Be not affrighted, for I know, &c.

Think how true that is of every *fear*, of every  
 true follower of the LORD.

That ye seek JESUS—not, that is risen, or that shall be glorified, but, that was crucified.

Like S. Martin; looking for the prints of the nails.

*S. Luke xxiv. 6.*

Remember, &c.

Suggesting that this Angel had been present himself, probably as the guardian angel of one of the Maries.

*S. Matthew xxviii. 7.*

S. Mark especially mentions S. Peter as to receive the message.

*Why S. Mark?*

*v. 10. Be not afraid:* notice how that may be said of His appearance in the Holy Eucharist.

*My brethren:* though they had all forsaken Him. May it not also be “My love,” “My fair one,” in spite of very much weakness?

*S. Luke xxiv. 10.*

Notice how *women* chosen to take this message to the Apostles.

3

S. Luke xxiv. 33-35.

S. Mark xvi. 14f.

S. John xx. 19.

S. Luke xxiv. 37-40.

S. Mark xvi. 14.

S. John xx. 20.

S. Luke xxiv. 41-43.

*S. Luke xxiv. 33.*

The *eleven* still, though one absent :  
the Communion of Saints.

35 *How* He was known of them, &c.

Ask yourself that as a question, which  
they then related as a history.

With great privileges in receiving Holy  
Communion, the life should be more  
and more formed and hallowed by them.

*S. John xx. 19.*

The shut doors.

“ I seek for JESUS in repose,  
When round my heart its chambers close.”

The partial unbelief—“ for fear of the Jews.”  
He *saith* unto them, Peace, &c.

*S. Luke xxiv. 38, 39.*

The gentleness of His “ upbraiding.”

Pray that His Priests may be like-minded.

*S. John xx. 20.*

For self-examination concerning devotion in the  
Presence of the Blessed Sacrament.

## 4

*S. John* xx. 21-23.

21 Said *again*, Peace.

The first peace given at Baptism.

The second, in Confession.

*As* My FATHER—

and first, of Priests,

next, of all Christians, more especially  
of those dedicated to GOD.

*As*. Think how He was sent:

and for what yourself must be prepared.

He breathed on them.

Notice how often the external sign.

The leper : touched.

The children : laid hands on.

The blind man : anointed with the clay, &c.

Whose sins, &c.

“Thou shalt remember all the way that the LORD  
thy GOD hath led thee,” &c.

Remember your own first leading to this Sacra-  
ment, and how it has been since continued :

How often resolutions then made have been  
broken :

How GOD has given grace to persevere and  
advance.

Pray for the Priest, that he may receive abun-  
dance of the grace he needs :

And, lastly, for yourself, for grace more and more to give up self-will :

To submit cheerfully to any penance :

In each Absolution to know more and more of that peace which your dear LORD gave on that First Easter Day.

5

*S. John* xx. 24-29.

24 The very name of *twin* implies, one taken, and one left.

Not with them : and therefore he lost the LORD's presence for a whole week.

However much to blame in refusing to believe ; yet he knew where to look for the true marks of our LORD.

All Christians must look for the marks of the nails.

All Sisters much more.

Which are those marks which you should look for most ?

*Perhaps* : Instant and cheerful giving up your own way, especially in things in themselves, and at other times, good and right.

Constant watch over your words, &c.

*v. 27* Our LORD's patience in so receiving Thomas.

*v. 28* Thomas *answered*,

for he could not speak till our Lord had first spoken.

v. 29 Because thou hast seen, thou hast believed :  
How both see, and believe ?

Because he saw one thing, and believed another.

He saw the Wounds : he believed the Glory.  
And the final blessing :

necessary for all ; oh, how much more necessary  
for a Bride of CHRIST !

## 6

*S. John* xx. 1-14.

v. 2. Notice how the richest of the Apostles,  
Nathanael, has now left all.

v. 3. That night they caught nothing

Therefore be not discouraged at toiling  
many days or nights too, apparently to as little  
effect.

4. But when—shore.

And so we too.

But the—JESUS.

And how often that may have been  
the case here.

6. Compare the two miracles. (*S. Luke*  
v.)

net breaking—not breaking

net cast on right side—cast vaguely

fish numbered—not numbered

with their mystical meaning.

v. 7. Love, then, first discovered Who it was.  
Girt his fisher's coat. Compare 2 Cor. v. 2, 3.



## 7

*S. John xxi. 7-19.*

9. As if He would ennoble any menial office done for His sake, by thus undertaking one for His Disciples.

14. The third time : *i.e.*, to all together.

18. The lesson from S. Peter's trial : that, when we have fallen, we must take it as a part of our punishment to be doubted.

*Feed My lambs* : but it is not the same word as *Feed My sheep* ; it is rather, *lead as a shepherd* ; implying more need, and therefore more care.

v. 17. The faith of that appeal : notwithstanding his fall ; try to imitate this.

v. 18. A verse most applicable to all Sisters.

v. 19. By what death. And so still, true of them : crucifixion to the world.

And *when* He had, &c. : when He had forewarned of pain and trial : then, Follow Me !

And notice this :

Our LORD desires Peter to follow Him, as He walked on, as a kind of pledge of his following Him even to death.

John will not be left behind, but, without being ordered, quietly follows too.

Now, kneeling before the Crucifix, in your own words, and with all your power, amplify that answer,

“LORD, I will follow Thee whithersoever Thou goest.”

## 8

*S. John* xxi. 20 the end.

The last saying of Peter to our LORD for which he was blamed.

If I will that he tarry—

a great lesson for Sisters, either when anxious to leave present work, or to have work of a different kind.

Then—Follow thou Me :—

Can this ever be thought and prayed over too much ?

*v. 25.* The *world* could not *contain* them : that is, bear or endure them.

if they should be written *every one*.

But it is your part, is it not ? to endure all :

to go *wherever* He calls,

to obey *whatever* He commands.

Leave partial virtues, and partial obedience to the world.

And how far are you so obeying in *every* thing ?

## 9

*S. Luke* xxiv. 44-47.

*S. Matthew* xxviii. 18.

*S. Luke* xxiv. 48, 49.

S. Matthew xxviii. 19, 20.

S. Mark xvi. 15, 16.

This brings you to the Ascension.

10

ASCENSION EVE.

Acts i. 4, 5.

S. Luke xxiv. 50f.

Acts i. 6-8.

S. Luke xxiv. 50f, 51.

S. Mark xvi. 19.

Acts i. 9-11.

S. Luke xxiv. 52, 53.

S. Mark xvi. 20.

S. John xxi. 25.

S. John xx. 31.

*Acts i. 7.*

Which apply to yourself, to your own struggles with temptations; it is *not* for you to know how long you must struggle before victory; but it *is* for you to know that you will be victorious, if you struggle long enough.

v. 8. Think of the various stages of the influence of the HOLY GHOST in yourself.

Baptism.

Confirmation.

The Blessed Sacrament.

Confession.

Vow of perpetual Chastity.

. . . Poverty.

. . . Obedience.

Do not all these give power ?

And ye shall be witnesses unto Me.

The very motto for a Sister.

v. 10. And while they *steadfastly*, &c.

The condition on which we can see Him, either  
*as* ascending or returning.

v. 11. Why stand ye gazing up into Heaven ?

The uselessness of thinking even of our LORD,  
unless we try to follow Him.

S. John xx. 31.

That ye might believe, and that, believing, ye  
might have life.

And, with the strength of so many Communions  
and Absolutions, what kind of life ought this to  
be ?

## II

S. John xv. 26, 27.

S. John xvi. 1-4*f*.

xv. 26. The *Comforter*. Is it nothing to know,  
that, so universal among GOD's people is the feeling  
of discouragement and dispiritedness, that thence  
the HOLY GHOST takes His dearest Name ?

Even the Spirit of truth. Think how many comforters, that are not spirits of truth !

And again, how often, when the truth is spoken, it is spoken harshly and unkindly. Then here is the blessing of both together.

v. 27. Ye also, &c.

Is not that the exact office of a Sister ?

And, because she has been with her LORD, if not "from the beginning," at all events in a nearer and dearer way than others ?

xvi. 1. And if the Apostles might be offended, how much more danger for us !

v. 2. They shall put you out of the synagogue.

We know a little about this, and probably may know more. Therefore, we must pray very earnestly that by no sin nor indiscretion of ours we may give occasion to others to blaspheme.

v. 4. These things have I told you.

Having been warned, over and over again, of future difficulties, now pray that, being forewarned, you also may be forearmed.

## II.

I *S. Peter* iv. 7-11.

The connection between this and the feast.

The end of all things :

as to our LORD of all miseries, and sufferings, in His Ascension.

The end of all things :

because His Ascension is the pledge of His return.

The two previous rules :

be ye sober :—self-denial :  
and watch.

Then the main rule—above all, charity.

Charity shall cover, &c.

as if showing us the virtue of that love, which is but an offshoot of the love of our LORD, which covered our sins.

As every man, &c.

For every talent, account must one day be rendered.

If any man speak, &c.

For neglect of opportunities of teaching—if they were ever neglected, it would be a grievous account.

As of the ability, &c.

Oh, how much need of prayer, that *all* ability may be exerted to the utmost in His service !

12.

*S. Mark* xvi. 14–20.

See how exactly the promise then made to the Apostles applies, in a certain sense, to Sisters.

In My name shall they cast out devils :

The conversion of sinners.

They shall speak with new tongues :

Is not this to be prayed for—that all reserve, all false shame, all shyness, may be ended—as to speaking to others of the things nearest and dearest to your heart?

They shall take up serpents :

The prayer :—that she may not only meet with, but go forth to encounter, difficulties and dangers.

And if they drink, &c.

Holiness and purity, and a heart fixed on GOD, preserved in the midst of unholiness and impiety and turmoil.

They shall lay hands, &c.

And these—the duties of a Sister to the poor.

*He* was received up—*they* went forth.

They went forth—how?

to what?

and in what spirit?

These are questions for a Sister.

And then—what will *her* receiving up be?

The servant is not above his LORD : but every one that is perfect shall be *as* his LORD.

MISCELLANEOUS MEDITATIONS, CHIEFLY FOR  
SEASONS OF ESPECIAL TOIL.

*S. Luke* xxi. 1-10.

The rich man—"the same LORD over all is *rich*." "Worthy is the Lamb to receive *riches*."

The steward—the conscience.

The debtors—each opportunity of doing good.

Of each opportunity it may well be asked, *How much owest thou unto my Lord?* how much, by means of this, ought I to have done for Him?

Then notice, that we are more tempted to slur over sins of omission in some cases than in others. The debtor that owed a hundred measures of wheat was only let off for eighty; he that owed the oil for fifty. And notice the danger of a hurried examination. *Sit down QUICKLY, and write four-score.* And ask GOD that, taking the steward as the type of a Priest, he who guides you may never be unjust to you, or to any one, by being satisfied with your doing less than you ought to do—especially to those who, like you, are trying after the highest life.

*Genesis xxviii. 10–22.*

*v. 11. All night*

*because the sun was set.*

and, notwithstanding the gloom and coldness, in that night the place became *Bethel*.

*Stones for pillows*—a time of trial turned into a time of rest.

*in that place to sleep*—as our dear LORD on the Cross.

*to sleep.* Canticles v. 2.



v. 12. *And he dreamed*—in the night, to a stranger, GOD sends His special revelations.

And so the world would call a Sister's hopes, dreams.

*A ladder. . . . Heaven.* Take any active employment among others as such a ladder—indeed set on the earth, and, indeed (if you will), reaching to Heaven.

*Ascending*; to assist those who themselves are ascending.

*Descending*; with message of comfort and strength.

v. 13. *The LORD stood above it*—for by that same ladder He Himself ascended.

v. 15. *I will not leave thee . . . of.* And what is that for a Sister?

Isaiah liv. 5.

Isaiah lvi. 5.

Cant. i. 4.

Rev. xiv. 3, 4.

v. 16. True of any house in which your duty lies, if you WILL.

v. 18. The stone becomes a pillar, &c.

Our sufferings offered to GOD with the same desire that our Blessed LORD offered His, and then directly

v. 19. *Luz* becomes *Bethel*.

v. 20. In *this* way that I go—the higher and more perfect:—bread to eat—the Bread of Life;

raiment—"if so be that being clothed," &c. ; my FATHER'S house in peace—in the Vision of Peace.

v. 22. But a Sister's vow is infinitely more ; not the tenth part—but *every single* power and faculty of body and soul ; *herself*, both here and hereafter. Amen.

*Isaiah xli. 10-16.*

10. "Fear thou not." Notice how all GOD'S most loving messages begin so : Isa. xl. i., S. Mark xvi. 6, S. Luke ii. 10. If true to all GOD'S people, much more to one His own in a more especial sense. "I am with thee—I am thy GOD." Then, reference to the Blessed TRINITY. "I will strengthen—help—uphold." "Of My Righteousness ;" namely, which the HOLY GHOST works in His servants.

11. Notice the gradual victory over the Tempter and his temptations ; "ashamed"—"confounded"—"be as nothing"—"perish." Whatever you already know of this gradual victory, GOD grant you may learn tenfold as much !

12. The very thing for which you must pray most earnestly of all : that, in time, you may "seek them" in self-examination, and "not find" them. And see from the end of that verse how temptation in itself is not a sin ; "they that *war*" --not that *have warred*.

14. Notice the new nature given with the new name;—"thou *worm* Jacob"—"ye *men* of Israel:" the weakness, and sin, and earthliness of our own nature—the Prince that has power with GOD and man. And again, the one in the singular, the other in the plural; because now we are knit together with all the servants of our dear LORD. Then again, the Blessed TRINITY—"the LORD," "thy Redeemer," "the HOLY ONE."

15. This new instrument is the Cross: "new," for it was by a new way that our LORD conquered; "sharp," for think of Gethsemane and the Pavement and Calvary; "having teeth," because made, as it were, of so many passions. And if we take this, then the mountains and hills of difficulties are to disappear.

16. "*Thou* shalt fan them;" we must make the effort: "and the *Wind* shall carry them away"—the influence of that Blessed SPIRIT Who helpeth our infirmities. And then the final blessing; in our Country: "Thou shalt rejoice in the LORD."

*Isaiah* x. 24-27.

24. Notice the title—"LORD GOD OF HOSTS." Both because the help promised comes by the ministration of His heavenly hosts, and because of the hosts of His people here, our brethren, in whom "the same afflictions are accomplished."

“That dwellest in Sion.” Remember the meaning of the word: think what your expectation is; and how you, in a higher sense than others, ought to be dwelling in Sion. Has it been so this very day? Then the old message: “Be not afraid.” Would that come so often, unless there were great cause for fear? “He shall smite thee.” “In the world ye *shall* have tribulation.” (1 Thess. iii. 4.) “His staff after the manner of Egypt;” that is, when the rods were turned into serpents, Exod. vii. 12, for the more resolved, as Moses then, we are to serve God, the fiercer temptation we must expect.

25. “Yet a very little while.” It is a Sister’s motto, though she often feel, as S. Bernard did, “O LORD JESUS! what a long little while this is!” “The indignation:” that is, of Satan and his servants. And how?

26. Look at Judges vii. 24, 25. The Midianites hemmed in at Bethabara (compare S. John i. 28), and utterly destroyed at Jordan. So these spiritual enemies begin to be conquered at Baptism, but not finally subdued till death; for he that is dead is freed from sin. Oreb and Zeb destroyed at a *rock* and at a *vineyard*: both wonderful types of the victory we gain by our dear LORD over the world and Satan. And above all, Gideon’s men were (Judges iii. 4) “faint, yet pursuing.” Then, having heard of Satan’s rod, now we hear of our LORD’S: “as His Rod was upon the sea.” So with the sea of this

troublesome world, making us a safe passage through it, and so, finally, of the sea of death.

27. "In that day." All times of especial self-dedication. Baptism, Confirmation, Vows ; but far more gloriously, in that day when "the Egyptians, whom ye have seen to-day, ye shall see them again no more for ever." "Burden," and "yoke." Sin as a misery, and as a slavery. "Because of the anointing." So 1 S. John ii. 20, 27. Or we may take it of the anointing of our LORD, with His very Name CHRIST, as our King, to help us.

#### IN NURSING, &c.

##### I.

#### *Psalm xxvi. 6-12.*

6. *Thine Altar.* Generally taken of *the* Altar. Now, apply it to self-oblation, particularly as to the self-denial of the present work. And from your own little Altar, look to that great Altar, in union with the sacrifice of which all your acts of self-sacrifice must be made.

*And so.* A lesson to be learned now, every hour of the day, that there is only one strength in which to succeed.

7. And that, by self-denial and tenderness, you have the privilege of being able to do.

8. *The habitation*—in this case, our own little

oratory. *The place, &c.*—The Blessed Sacrament. *Thine honour*—because our dear LORD's greatest humility is His greatest honour. And so of the Cross that is said, Isa. xxiv. 23.

9. Temptations more especially now to be expected—to discontent, weariness, listlessness.

10. See the two kinds of temptation. Not so much the temptation to "wickedness"—that is, the left hand—and so the weaker temptation is to known sin. But the *right* hand is full of *gifts*—offers of thoughts of the superior happiness of other states and conditions.

*But as for me.* The emphasis that "*me*" has for one who has dedicated herself for ever to the LORD! *Deliver me:* in Thy time cause the trial to cease, and *be merciful unto me*, while it lasts.

12. *My foot standeth right.* Yes, and if so, then now is the time to proceed more than ever before.

2.

*Deut. viii. 2-9.*

You are now in one of these "ways of the wilderness." So here is the lesson. "To humblé thee," by showing your entire dependence on your dear LORD, and your own weakness. "And to reprove thee," as in 1 S. Pet. i. 7-9; "and to know what was," &c. As with Abraham, Gen. xxii. 16; and with Abraham's blessing: "and suffered thee to

hunger," as now, unable to receive the Bread of Life daily. "But by *every* word." So that even such a time as this, with no external privileges, shortened times for prayer, &c., ought to be a time of advance in the inner life.

4. "Thy raiment ;" that strength and armour put on in time past : "thy foot ;" your resolution of running *this* especial race with patience.

5. And so these times of trial and deprivation are only proofs of your LORD's love.

6. Notice the allusion to the Blessed TRINITY. "To walk in *His* ways : " His ways of sorrow and labour in this world ; His ways, when He shall be followed whithersoever He goeth in the next.

7. The life of a Bride of CHRIST. "*Fountains*" of grace that others have not, that spring out of "valleys," greater humility and self-sacrifice. "Depths" of GOD's love, which others cannot understand.

8. Not only absolute necessities to life, but every kind of help.

9. "Bread without scarceness." Remember your almost daily Communions in time past. "Whose stones are iron," whose very troubles and hardships give strength : "out of whose hills," &c. ; whose difficulties actually give defence and courage, as brass used for armour.

Earnest prayer to be led further and further into this "good land."



## 3.

*Psalm cxxii.*

This "house of the LORD" is also taken of the *Cross*: apply it to this case.

1. *Glad*. This must always be your prayer: to *more* than acquiesce in these seasons of trial and self-denial. It will not come all at once. And why *glad*? Because that house, however painful, is the house of the LORD.

2. And therefore to us the Cross is the Vision of Peace, and our feet shall stand there. Compare "He hath set my feet upon a rock," &c.

3. The Communion of Saints, united in their being fellow-sufferers with their suffering LORD.

4. "Thither:" namely, to the Cross. "The tribes" of Martyrs, Confessors, Virgins, every righteous soul, to testify by the very name *Martyr* or *Confessor*, to Israel, to the future generations of the Church. "To give thanks." "Count it all joy when," &c.

5. "*There*" is the seat of judgment; the great test whether we are our LORD's, the touchstone whether a Bride of CHRIST deserves that name, willingness to suffer for Him. Again: it was the seat of judgment when the two thieves were divided by it; and will be at the end of the world, when the sign of the SON of MAN shall appear in Heaven.



“Of the House of David :” of those that suffer for persecution, conflicts, troubles of all kinds, before they attain to their kingdom, as the True David attained to His.

6. “For the peace” of those that are thus tried : that tribulation may bring forth patience, and patience experience,” &c. “They shall prosper.” They shall, indeed. If we suffer, we shall also reign with Him.

7. “Walls :” because, as S. Anthony of Padua says, tribulation defends. Exod. xiv. 22 *l.* ; 1 Sam. xxvii. 4 ; 1 Kings xvii. 3 ; Job ii. 13 ; Cant. ii. 14. “Palaces,” because it crowns.

8. “For my brethren and companions’ sake”—“knowing that the same afflictions are accomplished in your brethren which are in the world ;” but, above all things, because the Cross was, all through His life, but more especially in its earthly close,

9. The House of the LORD our GOD.

4.

2 Cor. i. 3-II.

3. The reference to the Blessed TRINITY, and with respect to all Three Persons, as the GOD of comfort. The *Father* of our LORD, the FATHER of mercies, the GOD of all comfort. If there be need

indeed of comfort in a Sister's life, is there not a supply here?

4. See how careful He is to mention *all* tribulation, as well as all comfort; and how He dwells on the word over and over again; ten times in five verses: herein, then, more especially a Sister is called to follow her LORD. He suffered, that He might be able to sympathise; He was comforted, that He might be able to comfort. It is hard enough to bear, this life; but if you can but learn something of that text, "Ye shall be comforted in Jerusalem," will you not have borne it well?

8. Therefore, if S. Paul was not ashamed of telling how much the effort cost, much more must not we be. "Out of measure:" beyond God's ordinary dealings, above strength; and yet notice how elsewhere he says, "I can do all things:" and then the last step, "despairing even"—not of success or victory, but "life."

9. "The sentence:" that is, we had resolved to give up all things, even life itself, for CHRIST's sake. So, every Sister must have it; so her own act and deed in giving herself unreservedly to our LORD has written the same sentence in herself. And then the consequence: that we should *not* trust in ourselves: that we should trust in GOD. Try more and more to realise what is that omnipotence of strength, which, by putting all your trust in your LORD, you make your own.

10. And then the happy ending. Notice, again : the work of the Blessed Trinity. The FATHER delivered, by sending the SON ; the HOLY GHOST delivers daily, and we trust that in the day of judgment our dear LORD will deliver us, entirely and for ever.

11. "And by means : " the intercession of others.

## 5.

*Proverbs xxxi. 11-14.*

A Sister can only take this in one sense, and of one Bridegroom.

11. Think of the unspeakable privilege, that He, in Whom is all your trust, should condescend to trust in *you* : and *safely* trust in you. See what steady watchfulness, what constant and cheerful obedience, what complete self-devotion it implies ! It is this which you wish for, and after which you are trying. How near will you allow your LORD to lead you to the fulfilment of this text ? "So that," &c. That is, so that He shall not *need*, not want or lack, that spoil which she is to bring Him in : not one of those good works which He has prepared for her to walk in.

12. "She will do Him," &c. And what a humbling thought that ought to be that we should ever have done Him, that there should be a possibility of our ever doing Him *evil* ; evil to Him Who

endured the Agony, the Crown of Thorns, the Scourging, the Cross, for our good. "All the days"—some at greater cost than at others. The alabaster box which has to be brought will sometimes cost much more than its usual price of three hundred pence—and ought you not to rejoice that it will?

13. "Wool and flax." The types of all the substances, animal and vegetable, out of which garments are made. So from *everything* which comes before her, a sister must be preparing that fine linen in which—or not at all—she must sit down at the marriage-supper of the Lamb. And so in ver. 14; at whatever trouble and cost, she will find the means of serving GOD in everything, how distant soever it seems at first to be from Him. And how do the ships bring it? By water: thus referring again to the water of our Baptism.

## 6.

*Proverbs xxxi. 15-21.*

15. "She riseth;" &c., as her LORD, leaving her an example, did also.

"Riseth" from this world in the night of trouble; and so that others see her good works ("Giveth meat," &c.)

16. "She considereth:" compare S. Matt. xiii. 44. And this great treasure is that perfect love

and self-devotion to which a Sister is pledged to the end of her life. And notice: "she considereth it,"—she reckons up, as S. Paul did, the sufferings of this present time; and then, finding them "not worthy to be compared with the glory," she buyeth it at the price of her whole self. And, as our LORD is the true Vine, she, by her own self-denials, plants a vineyard also; shows forth His example in herself, in what she does and what she bears.

17. And next, you see how much courage this asks. "She girdeth her loins with strength." The strength has been given her; but she must use it for herself. "Comfort" is only another word for strength. GOD gives her that; and she must apply it to herself.

18. "She perceiveth," &c. There are times, notwithstanding all discouragements, when advance is perceived—when the reward is with the sacrifice—the Cross not too heavy for the Crown. And so, "her candle goeth," &c. Why? Because, "The LORD is my light and my salvation." "Thou also shalt light my candle."

19. A dear reference to the Cross as the instrument by which the work of GOD's salvation, "woven from the top throughout," was completed. And you, in your own degree, must yourself take up that Cross, and yourself work by it. For see

20. How our LORD, on that same Cross, "stretched out His hands" to the very ex-

tremity of the transverse beam for "the poor;" reached them forth, saying, Come unto Me, all that labour and are heavy laden," &c., "to the needy." Must you not follow Him in this also?

21. And then, no fear of coldness or want of fervour for all her affections and desires; the "household" of the faithful soul. They are all purified and inflamed by the "scarlet" of the King's own Royal Blood. And then, it may be taken in the sense that the Church can never fear the decline of love, being, as she is, beautiful with the scarlet of the Martyrs.

.7.

*Isaiah* l. 5-11.

5. See *Exod.* xxi. 6.; *Deut.* xv. 16. In the fullest sense of the words, to be taken in a Sister's mouth, vowed as she is "for ever" to her LORD'S service. Then: how He Himself served; not disobedient; not unwilling.

6. Then His reward in this world; where notice how *Isaiah* describes the Passion even more minutely than any of the Evangelists. He did all this; and what must those who seek to be closest to Him expect? The "bundle of myrrh" is very bitter, as well as very healing.

7. The two parts of Christian warfare. GOD helps us; and then, and therefore, we help Him.

“The LORD GOD will help me,” &c., “therefore have I set” (not, has He set) “my face,” &c. And notice the gradual increase of confidence,—“therefore shall I not be confounded;” then, “I *know* that I,” &c.

8. “He is near.” That is what you must try to realise in all your Crosses, that He after Whom you are trying to bear them is really near. And then it must follow: If GOD be for us, who can be against us? “Let us stand together.” You may take it in two senses; either as the expression of faith against enemies, or as a longing prayer to stand quite close to our LORD. And so, that, “Let him come near to me.” Either my enemy may come near, if he chooses, for he can do no harm: or, Let my LORD, Whom I love, let *Him* come near, and I must be safe. Notice that change of number again: “Who is *he* that shall condemn me? Lo, *they* all,” &c.

10. And this text must so often apply to every Sister: “that obeyeth,” &c. Surely, in the chief sense, that *Servant* Who is now highly exalted, and has a name above every name, (Isa. lii. 13.); but it may very well be taken of Confession. And notice how it seems, from this text, to follow, that true servants of their LORD must expect times of depression. It does not say, *but* that walketh; but simply, *that* walketh, as if this were almost a part of Christian life. “Let him trust in the



Name of the LORD." And you know what is that Name, the strong Tower into which the righteous runneth, and is safe.

## 8.

*Isaiah* xlii. 19.

The chief title of our dear LORD in *Isaiah*—"when he saw His glory, and spake of Him:" not "Well-beloved SON, in whom," &c.: not "the Brightness of His glory and the express Image" &c.: but "Servant:" here—lii. 13; liii. 11; xlii. 1.

The lesson of service for a Sister.

1. To Him.

2. Then to others for His sake.

And she must be a servant, as He was, blind and deaf.

How could He be blind when—

"Thou spiest out all my ways."

When—"Thou GOD seest me."

When (*Hab.* ii. 1) from the watch-tower of His Cross, He at once foresaw the whole future of His Church and every member of it.

"*Blind*:" to difficulties; having no eyes or sense for them: and so must a Sister be.

"I will lift up mine eyes unto the hills:" not the hills of difficulty, as *Zech.* iii. 7: *S. Matt.*



xxi. 21; but that hill where (Is. xxv. 10) is the reward of them that overcome.

“Deaf:” to temptation—“If Thou be the SON, command these stones;” “cast Thyself down.” “If Thou do these things, show Thyself.” “Let CHRIST descend now from the Cross.”

This last, a Sister’s temptation from the beginning; to lay down the Cross she has taken up, when she feels its heaviness; to turn back from the plough; to rest in the race.

No exemption from that to be expected; but try to realise that: “Who is *deaf* as thy messenger that I sent?”

9.

1. Exod. iv. 10–17.
2. Judg. vi. 13, 14.
3. Isa. vi. 5–8.
4. Jer. i. 7–9.
5. Esth. iv. 11.

These are the different discouragements or distresses of those to whom GOD had given a true work to do for Him. Let us see how our dear LORD took all upon Himself: and then remember that the servant is not above his Master; and that we could no more be without discouragement if we are really His—and the more, the more we try,—than without sorrow.

1. *Moses' excuse*.—Compare that with Isa. liii. 2, and also xlii. 19, and so again, 2. Cor. x. 10.

2. *Gideon's excuse*.—Compare it with Micah v. 2, and with S. John i. 46. And the remedy. "The LORD looked upon him. And so pray that you may be looked upon—and then it will be, "Go in this thy might."

3. *Isaiah's excuse*.—Where notice that purification cannot be without pain; it was the *burning* coal which purified his lips. And compare that with the *cup* that our dear LORD had to drink : how the sins borne by Him who did no sin were purified by His Passion, and the Captain of our Salvation was made perfect through suffering. A Sister knows that she is to expect suffering also, while the days of her purification are being accomplished.

4. *Jeremiah's excuse*.—"I am a child." This was literally true : for he was then about ten or eleven. With this compare S. John vii. 15 ; and yet remember what our LORD did in that very childhood which His Prophet urged as a discouragement.

5. *Esther's excuse*.—Danger : and we know how our LORD went out to His sufferings, not as His servants might, believing that there was danger, but knowing the certainty of His death. "If I perish, I perish," with Esther ; but with Him, "I *have* a Baptism to be baptized with."

The conclusion : that all God's servants, even

His greatest Saints, have begun with terrible discouragements ; and His Grace overcame them.

So it may be now. Pray never to be really discouraged, but that those words, 2 Cor. vi. 9, 10, be fulfilled in you.

10.

*S. Matt. xxviii. 20 l.*

And to fulfil this promise, we know what our LORD, though exalted to the Right Hand of the FATHER, submits to endure still ; as

open blasphemy and unbelief ;  
fearful carelessness and negligence : and  
want of love and earnestness even in the  
presence of his own glorified Body. Make  
these resolutions, or other such :

1. To endeavour to be more earnest than ever in watching by our LORD ; more especially on the monthly day of Reparation.

2. On occasion of Celebration for the sick, or otherwise, where irreverence and carelessness are to be apprehended, insist on making the arrangements yourself ; thus preventing the sin in some measure. Standing in so dear and close a relation to the LORD there offered for you, it is your duty and privilege to be more especially and openly zealous for His honour.

3. Feeling bitterly any external dishonour offered

to your LORD, try more, every day of your life, after such perfect holiness, and love, and purity, as befits one who day by day receives that Body and that Blood. And pray that all faithful Priests, especially the Priest of your House, may so live, as those who celebrate daily, ought to live.

## II.

*Isaiah* lxxv. 8-10.

8. First, we think of that speech of our LORD's, the most difficult that He ever made: S. Matt. xxvi. 29; which they generally take to mean all the endurance of Martyrs and Confessors and others that have bravely taken up the Cross, which (S. Luke xxii. 16) is there "fulfilled in the Kingdom of GOD." *New*—because, proceeding from the new heart and the new spirit GOD has given us, and from the new law of love. *Is found*. By whom? "My FATHER is the Husbandman:" and compare S. Luke xiii. 7. *In the cluster*. 1, All derived from the True Vine; but, 2, not in the *single grape*: showing forth either the Communion of Saints, or the variety of graces that go to make up the Christian life of any follower of CHRIST. *One saith*. Who, but He that ever liveth to make intercession for us; the same Who also asks, "Who hath despised the day of small things?" *For a blessing is in it*. That is the comfort in every

Cross, in every single act of self-denial, in every day of uncongenial work. *A blessing is in it*, indeed, if done heartily and simply for CHRIST'S sake. *Days* of suffering—but a reward that cannot be measured by days and years. *That I may not destroy them all.* Compare that of the wise man : “The multitude of the wise is the welfare of the world.”

9. See how the LORD and the servants, the Head and the members, are separately spoken of.

A seed out of Jacob. Mine Elect shall in- herit it.	{	There we have the King ; sprung (1) literally from Jacob, and (2) <i>supplanting</i> Satan, “art by art to over- throw;” as Jacob did Esau. <i>Mine Elect</i> —Elect before the world was, to save man : shall <i>inherit it</i> , when His own arm wrought salvation for Him.
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Out of Judah an in- heritor, &c. My servants shall dwell there.	{	There we have the subjects. Judah the true “Praise.” Him Whose Name is praise.
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*My mountains*: the earthly mountains of difficulty ;  
the heavenly mountain of glory. *Shall dwell there.*  
“In My FATHER'S House are many mansions.”

10. *And Sharon*, &c. The place of roses—*i.e.*,  
of resisting to blood—then the safe and everlasting

fold. *The valley of Achor*, once the place of sin and suffering and death (Josh. vii. 24, 26), not only now the door of hope (Hos. ii. 15), but also the green pastures and still waters promised to the faithful servant. "Our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory."

## 12.

*Jeremiah xxxi. 9-14.*

9. *With weeping*: here, as always, only one way—that of suffering and repentance,—to God. *With supplications will I lead them*: for the very power and desire of prayer, as well as its answer, must come from Him. RIVERS of *waters*. Notice the abundance and difference of GOD's graces—yet, for all that, one way: *A straight way, wherein they shall not*—it does not say *fall*, but not even *stumble*. *Ephraim*. And remember how he obtained the right of the first-born—by being signed with the Cross.

10. So never be discouraged if sometimes permitted not to feel GOD's presence—to be scattered, as it were, from Him; and look forward to being *gathered* (and so compare Isa. xl. 11) in this world, and *kept* for ever in *that*.

11. At what price we know; and, that being so, it cannot matter how much stronger than *us* Satan

is, when our ransom *has* been paid : *the* LORD HATH *redeemed*.

12. Even in the Church Militant ; but still in the height of Sion : therefore *the wheat and the wine*—our LORD'S Body and Blood ; *the oil*—the grace of the HOLY GHOST ; *the young of the flock*—those whom, in our turn, *we* have been made the means of leading right ; *a watered garden*—hence, bringing forth the flowers of different graces ; but not without our labours, as well as GOD'S ; but if He sends the rain and the dew, and gives the seed, we, at least, must give the tillage.

13. In those three last clauses, notice, again, the work of the Blessed TRINITY, and also the beginning, and progress, and end of Christian life.

14. Of the great High-Priest it is written : “ He shall see of the travail of His soul, and shall be satisfied.” So also of the priests who derive their priesthood from Him. *With My goodness*—beginning at the Incarnation, continued on the Cross, and at the Right Hand of the FATHER, a sacrifice in the everlasting kingdom.

## 13.

*S. Mark viii. 1-9.*

2. *Have been with Me,*  
and yet—*have nothing to eat ;*  
reminding of Isa. l. 10, and teaching how



near we may really be to our LORD, when we seem to feel least of His care.

*Three days.* Notice these constant references to the Resurrection, as Exod. v. 3 ; Hos. vi. 2, and here.

3. *If I send them away—they will faint.* Try to feel more and more how all strength, both to will and to do, comes from your LORD ; and that if He gave you up, you would faint indeed.

*Divers of them*—but, with us, *all of us came from far*, as in Eph. ii. 13.

4. Notice the—*a man* : and think of that love which does enable a mere sinful man to satisfy GOD's people with the True Bread of Life.

6. *To sit down.* See how that is fulfilled, “in quietness and confidence shall be thy strength.”

And notice how, in this miracle, the two greatest Sacraments were set forth :

The Holy Eucharist by the Bread,  
Baptism by the Fishes ;

and how the greater blessing attended the fewer loaves and the more people ; as if to teach that, though GOD will bless every work done for Him,—the harder work He will more abundantly bless.

14.

*Psalm xx.* (For one Nursing.)

[*There cannot be a more appropriate Psalm.*]

1. *Day of trouble.* Notice, *day*, and not *night*,



because "blessed is the man that endureth temptation," &c.

*Hear thee*: which implies how constant must be your call to be heard.

*The Name of the God of Jacob*: the Name, exalted above every name, of Him Who revealed Himself to Jacob, in the night, in danger, and in great fear.

2. Notice the Church militant and triumphant.

3. *All THY offerings*, Who has not forgotten His own: that as that was accepted, so, by virtue of it, these may be.

*BURNT sacrifice*, as implying the pain it costs. "He was a *burning* AND a shining light."

4. *Thy heart's desire*; temporally, to be granted. *All thy mind*—the one thing desired of the LORD: to be fulfilled.

5. The sorrow turning into joy.

6. *Helpeth His Anointed*, because He helps me, Who am a member of the Head.

*The LORD perform all thy petitions.*

*The wholesome strength of His Right Hand*, which, nailed to the Cross, healed our fallen nature.

7. <i>Chariots</i>	}	things	{	inanimate
and				and
<i>horses.</i>				animate.

*The Name* for the third time; doubtless, in reference to the Blessed TRINITY.

9. *Save*, LORD; the "Hosanna" that accompanied our LORD's entrance into the earthly, now addressed to Him in the Heavenly, Jerusalem.

## 15.

*Eccles.* iii. 6-8.

6. A time to *get*: at home, in many Communion, Confessions, Visits to the Blessed Sacrament, Hours, times of private prayer in the Oratory.

A time to *lose*: when called to GOD's more outward service; must live, so to speak, on what has been laid up; must go in the strength of that meat forty days.

A time to *keep*: namely, the remembrance of past sins, till they are forgiven.

And a time to *cast away*: forgetting those things that are behind, when they are a discouragement, and a temptation to think struggling of no use.

7. The great art, in both its clauses, for one ministering to others: when to comfort; and when comfort would be only false peace: when to blame; and when blame would only irritate or harden.

8. A time to *love*: and the time of all times is in the presence of the Blessed Sacrament.

A time to *hate*: surely, in Confession, the sins which we have to mention.

A time of *war*: every hour of this life.

And a time of *peace*: the happiest *and* in the Bible.

If we may but come to that time some day!

IN CASES OF TEMPTATION TO DISCOURAGEMENT.

[*Say the Litany of the Sacrament.*]

1. *The Blessed Sacrament as a Support.*

Read 1 Kings xix. 5-8.

Meditate and pray over this: especially—

Elijah's danger, *v.* 3.

discontent, *v.* 4.

isolation; *v.* 4.

weariness, *v.* 5.

ministry of the Angel

end of his journey.

2. *The Blessed Sacrament as a Purification.*

Read Isaiah vi. 5-8.

Meditate and pray over this: especially—

Isaiah's vocation.

Former impurity.

Ministry (again) of the Angel.

And *then*—not before—readiness to go.

3. *The Blessed Sacrament as a Preparation for Struggle.*

Read Judges vii. 12-14.

Meditate and pray over this : especially—  
The multitude of the enemies.

The mean appearance of the cake : barley bread.

The time : night.

The voluntary coming—so to speak—of the loaf.

The utter destruction of the tent.

Sum up all these graces, and ask them for yourself before receiving.

ADDITIONAL PRAYERS FOR USE IN  
TIME OF SICKNESS, &c.

I.

TO JESUS CHRIST, THE SAVIOUR OF THE WORLD.

[Claud. Vieuxmontius in Method. Confess.

JESU CHRIST, Father of mercies, have mercy upon me Thy sorrowful creature. Help me in this extremest need.

JESU CHRIST, my Creator and Redeemer, place Thy Passion, Cross, and Death, between Thy judgment and my soul. I yield myself wholly to Thee, disown me not. I come to Thee, cast me not out.

Now, LORD, according to Thy will, deal mercifully with me, and receive my soul in peace.

Into Thy hands, LORD, I commend my spirit, for Thou hast redeemed me, O LORD, Thou GOD of truth. Let me hear the voice of JESUS, my Leader, saying: This day shall thou be with Me in Paradise.

II.

[Louis of Blois.

O LORD GOD, I am that miserable one, Whom Thou in Thy Fatherly goodness didst create, and whom Thou didst redeem by the most shameful death of Thine Only-begotten SON. Thou only hast power and dominion over me; Thou canst save me according to Thine abundant mercy.

III.

[Dionysius the Carthusian.

Sweet JESU, I await neither life, nor death, but only Thy good pleasure. I look for Thee: be it unto me according to Thy will.

If Thou wilt that I die, sweet JESU, receive my spirit. And when the last long evening shall be come, let me rest for ever in and with Thee.

But if Thou wilt that I live, sweet JESU, this I resolve, and for this I seek Thy grace: to amend

the residue of my life, and to offer it wholly for a sacrifice to Thee, for Thy glory, and according to Thy pleasure.

## IV.

[The dying prayer of S. Laurence  
Justiniani.

O LORD JESU, Life and Salvation of my soul, receive me in the spirit of humility. I lay my prayers before Thee, not trusting in my own righteousness, but in the multitude of Thy mercies.

I, that lost sheep, return to Thee, the Shepherd; for I know Thy voice, but not the voice of strangers. I beseech Thee, bring me back into the fold. Canst Thou turn away from him who calls on Thee, and seeks Thee?

Didst not Thou say: He shall call upon Me, and I will hear him?

Behold, I cry with heart rather than with tongue. Trouble is hard at hand, O LORD; and there is none to deliver me, save Thou, good JESU.

But I ask not for the seat of those happy spirits, who behold the Face of the most Holy TRINITY. Only grant Thy servant some crumbs from Thy most sweet table. This shall be abundance. And O how much more than abundance, if below the feet of the lowest of Thine elect, Thou shalt grant me a little place.

## v.

[S. Macrina : recorded by  
S. Gregory Nyssen.

Eternal God, send me the Angel of light, that he may lead me to the place of refreshment, and to the still waters, to the bosom of the holy Fathers. Thou who didst quench the flaming sword, restoring Paradise to him who hung beside Thy cross, and sought refuge in Thy mercy : Remember me also in Thy kingdom.

If through the frailty of my nature I have sinned in word, or deed, or thought, forgive my transgressions, Thou who hast power on earth to forgive sins, that I may find refreshment, and that when my soul shall depart from my body it may be found without spot before Thee, and Thou mayest receive it blameless and stainless into Thy hands, as an offering of incense in Thy sight.

## vi.

[S. Jerome in the agony of death.

Holy JESU, my strength, my refreshment, my helper and deliverer, in Whom I have hoped, Whom I have believed, and Whom I have loved : perfect Sweetness, Tower of strength, and my hope from my

youth up. Call me, O Guide of my life, and I will answer Thee. Set at Thine own right Hand Thy handiwork, which Thou, Creator of all things, formedst out of dust, knitting it with bones and sinews: unto which Thou, dying, vouchsafedst life and mercy.

Call me, LORD, to die, for it is time, that dust may return to dust, and the spirit may return to Thee, Saviour, Who madest it. Open to it the gate of life: For unto me, on the wood of the Cross, while the thief hung beside Thee, Thou promisedst that which Thou gavest him. Come, my Beloved; I will hold Thee fast, and will not let Thee go: bring me unto Thy Home. Thou art my glory and the lifter up of my head, my salvation, and my blessing. Receive me, merciful LORD, according to the multitude of Thy mercies.

VII.

[S. Jerome.

Verily, LORD, if I dare say so, Thou mayest not turn away from me who seek to Thee, because Thou art my GOD. Thy flesh is of my flesh. To this end, leaving not Thy Father's side, Thou didst put on my humanity, being made GOD and man, and continuing as Thou wast before, in one and the same Person. Therefore how greatly and wonder-



fully can I have sinned, that I may not turn to Thee trustfully, as to a Brother, and Thou shalt grant me Thy Divine mercy? Arise, then, O LORD, and cast me not out utterly.

## VIII.

[S. Jerome.]

Let my supplication come before Thy presence, O LORD, and let Thine hand save me. Lo! this is the man who, going down to Jericho, fell among thieves. I am wounded, and left half dead. Good Samaritan, receive me. I have grievously sinned in my life, and done evil in Thy sight. From the sole of my foot to the crown of my head there is no soundness in me.

Surely, except Thy cross had helped me, my soul had merited a dwelling-place in hell. Holy JESU, I am one of those for whom Thou madest intercession. Thou didst pitifully shed Thy precious Blood for me, cast me not out. I am that wandering sheep, call it back, good Shepherd, and take it to Thy fold, that Thou mayest be justified in Thy saying.

I have sinned before Heaven and in Thy sight, and am no more worthy to be called Thy son. Make me to hear of joy and gladness. Turn Thy face from my sins. According to the multitude of Thy mercies do away mine offences. Cast me not

away from Thy presence. Deal not with me according to my sins, neither reward me according to mine iniquities. But help me, O GOD of my salvation, and for the glory of Thy Name deliver me. Be merciful unto me, according to Thy good pleasure, that I may dwell in Thy House all the days of my life, and praise Thee to ages of ages with them that dwell therein.

## IX.

[John Faber.]

O most benign LORD JESU CHRIST, SON of the Living GOD, glorious seed of David, Eternal King of all mercy; for Thy most holy Death and Passion, whereby I look for salvation, and acknowledge Thee to be my only and most clement SAVIOUR: I render thanks to Thee.

Thou hast made reconciliation for me to the FATHER. Thy bitter Death hath merited eternal Life for me. In this Thy Victory, I take consolation; herein I repose all hope and confidence: Thy triumph is my refuge in all my misery.

O most pitiful King, LORD JESU, Lover and Redeemer of the poor and lowly, and of them that are heavy laden with the burden of their sin, look favourably upon me: show me Thy mercy, and blot out all my sins.

Forsake me not in so great anguish, O my Help, my Strength, my Hope. In Thee have I trusted: let me never be confounded; rid me, and deliver me in Thy righteousness. Incline Thine ear to me, make haste to deliver me. Thou art the strong rock of my salvation, and my place of defence. For Thy Name's sake lead me, and keep me, for Thou art my Strength.

Into Thy hands I commend my spirit, for Thou hast redeemed me, O LORD GOD of truth. O Eternal and merciful LORD, for Thy love's sake I pray Thee to grant that I may continue steadfast in true, sincere, Catholic, and Christian faith, and so attain to everlasting joy. Remember me, and have compassion upon me. Who now livest and reignest in Thy kingdom: world without end. Amen.

#### INTERCESSIONS FOR THE SICK.

[Dionysius the Carthusian.]

O most sweet LORD JESU CHRIST, Mediator between GOD and man: Who amidst Thine other bodily sufferings on the Cross, didst will to thirst sorely when Thou criedst, "I thirst:" we beseech Thy Majesty that Thou wouldst now vouchsafe to kindle the soul of Thy servant with that

fire which Thou camest to send upon earth ; that all his sins being thereby dried up, his soul and body inflamed with the fire of Thy Love, may thirst for Thee only, love Thee, seek Thee, find Thee, and enjoy Thee. And vouchsafe, by the merit of Thy most Holy Passion, to bring it in gladness to joy everlasting.

O most sweet LORD JESU CHRIST, Father of mercies, and GOD of all consolation, who in the night of Thy most bitter Passion wast forsaken by Thine Apostles, and didst abide alone amongst Thine enemies : we intreat Thee, O LORD JESU CHRIST, that now, in the passing of this Thy servant, Thou wouldst not leave his soul in the hands of evil spirits, but that by the virtue of Thy death, Thou wouldst bring it to the place of rest, and to the blessed Vision of Thyself.

O most merciful LORD JESU CHRIST, Comfort of the afflicted, Who didst bear our sins in Thine own Body, and didst deliver us from eternal death ; in Thy most Holy Body there was no soundness from the sole of the foot to the crown of the head ; Thou, who wast fairer than the children of men, wast accounted as a leper : we intreat Thy most tender loving-kindness that Thou wouldst heal all the wounds of this Thy servant ; that, cleansed from all his offences,

and strengthened with spiritual consolations, he may come with gladness to Thee, his most merciful FATHER and LORD. And, since he hath been redeemed with Thy most Precious Blood, let him bear also the marks of Thy Passion. Vouchsafe, by the merit of all Thy sufferings, to bring him with attendant angels to the most glorious Vision of Thyself.

O JESU our GOD, enlighten the eyes of this Thy servant, that he sleep not in death: lest his enemy should say, I have prevailed against him. Hear, O LORD JESU CHRIST, our prayers for him; enlighten his soul; show the light of Thy countenance upon him; pour lowly gladness into his heart. O LORD JESU CHRIST, we cry to Thee with our voice for him. O Good JESU, from the throne of Thy glory hearken unto our prayer. Receive him, O LORD, in his passing, and gladden his soul with the presence of the angels.

O JESU CHRIST, our LORD and GOD, judge them who would hurt the soul of this Thy servant, and quickly put to flight them who war against it. Draw Thy sword, O Good JESU, against those who persecute the soul of Thy servant, and say unto his soul, I am thy salvation. O LORD JESU, be Thou the salvation of Thy servant's soul, and its Protector in all its trouble. Behold, O Good

JESU, the affliction of Thy servant; keep not silence, and go not far from him. O Good JESU, Saviour of souls, arise to help Thy servant, lest, by the sight of the evil one, he should be parted from Thee.

PRAYERS FOR THE DYING.

I.

[Albertus Castellanus.

O most merciful LORD JESUS CHRIST, Who didst vouchsafe to die for us upon the cross, we beseech Thee that Thou wouldst offer to GOD the FATHER Almighty, for the soul of this Thy servant, all Thy Passion and bitterness, which Thou didst bear on the hard cross for us, especially at that moment when Thy most Holy Soul departed from Thy most virginal and pure Body; and deliver him in this his departure from all passion and pains which for his sins he hath cause to apprehend. Amen.

II.

[Dionysius the Carthusian.

O LORD JESU CHRIST, Who hast redeemed us with Thy precious Blood, let the soul of Thy servant participate in Thy most holy Incarnation

and Passion, and Thy most glorious Resurrection and Ascension.

Grant him, O LORD, to be partaker in Thy most holy Mysteries and Sacraments, in all the prayers and benefits of Thy Church, and in all the blessings, graces, merits, and joys of all Thine elect, who from the beginning of the world have pleased Thee ; and grant him with all Thy Saints to rejoice before Thee for ever.

COMMENDATION OF THE DEPARTING SOUL.

[Albert. Castel.

I.

Depart, O Christian soul, out of this world.

In the Name of	{	GOD the FATHER, Who created Thee.
		GOD the SON of the Living GOD, Who suffered for Thee.
		GOD the HOLY GHOST, Who hath been poured upon Thee.

Let Thy place be this day in peace, and Thy dwelling in holy Sion, through CHRIST our LORD.

II.

Remember not the sins and offences of *his* youth, O LORD, but according to the multitude of

Thy mercies, be mindful of *him* in the glory of Thy brightness. Let the Heavens open to *him*, let the Angels rejoice with *him*. Into Thy Kingdom, LORD, receive Thy servant.

PRAYERS FOR THE DEAD.

*Immediately after a Death.*

LORD, have mercy.

CHRIST, have mercy.

LORD, have mercy.

Our FATHER.

*V.* And lead us not into temptation.

*R.* But deliver us from evil.

*V.* Eternal rest grant unto *them*, O LORD.

*R.* And light perpetual shine upon *them*.

*V.* From the gates of hell.

*R.* Deliver *their* souls, O LORD.

*V.* I believe verily to see the goodness of the  
LORD.

*R.* In the Land of the Living.

*V.* Deliver not the soul of Thy turtle-dove  
into the hands of Thine enemies.

*R.* And forget not the congregation of Thy  
poor for ever.

*V.* LORD, hear my prayer.

*R.* And let my cry come unto Thee.



## I.

O GOD, to whom all things live, and in Whom our bodies perish not, but are bettered by death; we humbly beseech Thee, that Thou wouldest call to Thee the soul of Thy servant, N. Receive it at the hands of the holy Angels; lay it in the bosom of Abraham; raise it up again in the last day of great judgment, and whatsoever stains it hath contracted through the snares of Satan, do Thou pitifully and graciously wash away. Through CHRIST our LORD. Amen.

## II.

[S. Clement.

O GOD of Abraham, GOD of Isaac, GOD of Jacob, GOD, not of the dead, but of the living, for the spirits of all live unto Thee, and the souls of the righteous are in Thy hand, and there shall no torment touch them: Look also upon this Thy servant, whom Thou hast received into the other life, and forgive him wherein he hath sinned by will or frailty. Let Thine Angels guard him, and amidst Patriarchs, Prophets, and Apostles, and all who in this world pleased Thee, place him there, where are no sorrow, grief, or horror, but fulness of sanctity and joy, and the blessed land of

the righteous, and of them that see the glory of Thy CHRIST. Through Whom be glory, honour, worship, thanksgiving, and adoration unto Thee, in the HOLY SPIRIT, throughout all ages. Amen.

FOR A FATHER.

[S. John Damascene.

O LORD GOD, of infinite and unsearchable goodness, grant my father a place of refreshment and peace, and the brightness of the light of Thy countenance. And remember not his old sins against him, but according to Thy mercy, blot out the handwriting of his transgressions, that he may render glory to Thee throughout all ages. Amen.

FOR A FOUNDER.

We entreat Thy mercy, O LORD, for the soul of our dear FATHER and FOUNDER N. N. : that dead unto the world it may live unto Thee : and as Thou wast pleased to raise him to the Priestly dignity, to minister at Thine Altar upon earth, and to train up souls for Thy service, so Thou mayest exalt him and those whom he brought up for Thee to Thy Right Hand in Glory. Through Thy mercy, O our GOD, Who art blessed, and livest, and reignest for ever and ever. Amen.

## FOR ALL THE FAITHFUL DEPARTED.

[Liturgy of S. James.]

Remember, O LORD our GOD, GOD of the spirits of all flesh, those whose memory we retain, and those whose memory is lost, who have departed in orthodox true faith, from righteous Abel even unto this day. Cause them to rest in the Land of the Living, in Thy Kingdom, in the joys of Paradise, in the bosom of Araham, Isaac, and Jacob, and our holy Fathers; whence sighing, and sorrow, and grief are banished, where the light of Thy countenance reigns, and glows for ever. Direct the end of our lives in peace, that it may be pure, acceptable, and free from sin, placing us beneath the feet of Thine Elect, when Thou wilt, and how Thou wilt, only without shame and sin: Through Thine Only-Begotten SON, and our GOD and SAVIOUR, JESUS CHRIST, to Whom alone it belongeth to forgive sins on earth.

## ANOTHER.

[Ancient Greek.]

Remember, O LORD, our fathers and brethren, who have fallen asleep in the hope of Resurrection and of eternal life, and all who have departed in faith and piety; and forgive them whereinsoever

they have sinned, consciously or ignorantly, in work, word, or thought. And cause them to dwell in a place of brightness, in a place of verdure, in a place of refreshment, whence sorrow and sighing have fled away, and the contemplation of Thy Face rejoices all Thy Saints for evermore.

Grant to them and to us an entrance into Thy Kingdom, participation in Thine unspeakable and eternal blessing, and fruition of Thine endless and blessed life. For Thou art the Life, and Resurrection, and Rest of Thy departed servants, O CHRIST our GOD. And to Thee be glory with Thine Eternal and most Holy Father, and Thy Good and Life-giving SPIRIT, now and ever, and to ages of ages. Amen.

THE END.

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