

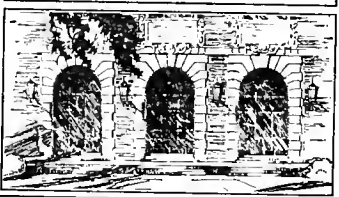
ILLINOIS

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REALITY





Illinois Cross Country

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UNIVERSITY OF ILLINOIS

Location	Urbana-Champaign, Ill.
Founded	1867
Enrollment	36,000
Nickname	Fighting Illini
Colors	Orange and Blue
President	James J. Stukel
Chancellor	Nancy Cantor
Director of Athletics	Ron Guenther
Senior Assoc. Dir. of Athletics	Terry Cole
Compliance Director	Vince Ille
Faculty Representatives	Fred Delcomyn
	Rose Mary Cordova Wentling
Conference	Big Ten
Facility	Illinois Blue Course

ILLINOIS COACHING STAFF

Head Coach	Gary Wieneke (35th Season)
Alma Mater (Year)	Augustana (Ill.) College ('62)
Office Phone	(217) 333-7967
Office FAX	(217) 244-9758
Assistant Coach	Tom Doyle
Assistant Coach	Erin Tucker
2000 Big Ten Finish	10th of 10 Teams
2000 Midwest Regional Finish	10th of 23 Teams
Letterwinners Returning/Lost	9/4

ILLINOIS SPORTS INFORMATION

Sports Information Director	Kent Brown
Office Phone	(217) 333-1391
Cross Country Contact	David Reiter
Reiter's Office Phone	(217) 244-5045
Reiter's Home Phone	(217) 378-5243
Associate Sports Info. Director	Cassie Arner
Assistant Sports Info. Director	Derrick Burson
Assistant Sports Info. Director	Mike Koon
Assistant Sports Info. Director	Michelle Warner
Publication Coordinator	Terry Hayden
Sports Information Fax	(217) 333-5540
Website	www.fightingillini.com
Mailing Address	Athletic Public Relations
	1700 S. Fourth Street
	Champaign, IL, 61820

FAX ON DEMAND

Fax on Demand Number	1 (800) 300-2050
Big Ten Passcode	282
Weekly Release/Results	1270
Roster/Schedule	1271
Most Recent Meet Results	1272

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Illinois Cross Country

It's a team that head coach Gary Wieneke was hoping to have one year ago. Wieneke, who is in his 35th year as cross country coach for Illinois, returns three key performers from his 1999 squad, who had to sit out in 2000 while redshirting for a variety of reasons.

Gone are the team's top-two runners in 2000, Mike Lucchesi and Ryan Eason, but back are Justin Mitchell, Jason Van Swol and John Kronforst.

"It is important for us to get these guys back in the lineup and not just competing, but running with confidence," Wieneke said. "We need the guys returning and the those who ran last season to step up and break out of the mold we got into last year. We ran well in practice last season, now we have to carry that over to the meets and go in with the attitude of trying to win."

After a successful 1999 campaign, Mitchell was ready for a breakthrough season in 2000. Mitchell scored in three events for the Illini as a sophomore, earning a career-best eighth-place finish for the Orange and Blue at the Pre-Regional Meet (10/2/99), while running personal-best times the final two meets of the season. After running a personal-best 8K time of 25:26 at the Pre-Regional event, the Geneva, Ill., native followed it up with a career-best 31:58 10K time at the NCAA Midwest Regional. Despite the success in 1999, Mitchell didn't have a chance to carry it over to 2000, as a broken arm ended his junior season before it really ever got going.

"Justin had the best Big Ten and Regional times of anyone returning," Wieneke said. "He was important to what we were trying to do last season and then he had the injury. We need Justin to come back and run with the same confidence that he had before he broke his arm."

Jason Van Swol also returns for the Illinois harriers after redshirting the 2000 season because of an extended track season. Van Swol spent the summer training for the Olympic Trials in his specialty, the 800 meters. Van Swol ran four meets in 1999, earning an 11th-place finish at the Pre Regional Meet with a personal-best time of 25:38. In addition to talent, Van Swol brings with him the success of a champion, as he is the reigning indoor and outdoor Big Ten Champion in the 800 meters.

"His past cross country performances have proven that he can compete for us," Wieneke said. "If he can catch fire, he is someone who can play a major part in what we are trying to accomplish."

John Kronforst, a former walk-on, was the surprise of the 2001 Big Ten Outdoor meet when he earned a fourth-place finish in the 5,000 meters in a time of 14:37.63. It was the fastest time of the season for the Prospect Heights, Ill., native and it couldn't have come at a better time, as he earned five points for the Illini in the conference meet standings.

"John had a breakthrough meet for us at the Big Ten Championships," Wieneke said. "He stepped up and ran with the lead group the entire race. That is the aggressive mental approach to racing that we are looking for from our runners."

Couple their return to the Illinois lineup with the 2000 success of juniors Nick Gow, Brent Pfeiffer and Aaron Wahls and sophomores Adam Palumbo and Tim Seiwert, Coach Wieneke has reason to be optimistic in 2001.

Gow brings in an impressive resume that includes competing for the Midwest team at the Foot Locker National Championship as a senior in high school. The Highland, Mich., native sat out the 1999 season with a stress fracture in his leg and hopes to be fully recovered in 2001.

Pfeiffer ran in four races as a sophomore, which included a third-place team finish at the NCAA Midwest Regional. The Naperville, Ill., native ran a personal-best 10K time of 32:16 to finish 59th.

Wahls finished the 2000 season running as well as anyone on the team, finishing second out of all Illini runners at both the Big Ten



Justin Mitchell is one of three runners returning to Head Coach Gary Wieneke's squad in 2001.

Championship, with an 8K time of 25:32, and at the Midwest Regional, with a personal best 10K time of 31:48.

After a year of getting acclimated to running at the collegiate level, sophomores Adam Palumbo and Tim Seiwert are being counted on to step it up to the next level in their second seasons. Both Palumbo and Seiwert scored in multiple events for Illinois as freshmen with Palumbo earning a career-best 11th-place finish at the Illinois Invitational. Seiwert, a native of Morton Grove, Ill., was the fourth scorer for the Illini on three occasions, earning a career-best 20th-place finish in his first collegiate meet, the Murray Keating Meet of Champions in West Lafayette, Ind.

In addition to an established group of veterans, Coach Wieneke has brought in an impressive group of freshmen to compete for the Illini. Peter Stasiulis and Tim Hobbs led York High School in Elmhurst, Ill., to the state cross country title in 2000 and come to Illinois with impressive prep resumes. Stasiulis and Hobbs were both state qualifiers in cross country with Stasiulis earning a 10th-place finish and all-state honors with a time of 14:39. Hobbs finished the race in 15:22, just behind another pair of incoming freshman, Kyle Emkes of Seymour High School in Mahomet, Ill. and Kris Cunningham of Notre Dame High in Peoria, Ill. Emkes and Cunningham ran the course in a time of 15:20.

"We have a sufficient amount experience and talent on this team to make the significant individual and team improvements that we need to be successful," Wieneke said. "We have to find the tenacity and mental toughness to get it done. We have to develop the winning attitude."



Illinois Cross Country

Name	Height	Weight	Class	Elg.	Hometown / High School
Kristopher Cunningham	5-11	155	Fr.	Fr.	Pekin, Ill./Peoria-Notre Dame
Kyle Emkes	6-0	155	Fr.	Fr.	Mahomet, Ill./Mahomet-Seymour
Nick Gow*	5-9	140	Sr.	Jr.	Highland, Mich./Lakeland
Tim Hobbs	6-3	175	Fr.	Fr.	Elmhurst, Ill./York
Andy Janssen	5-9	140	Jr.	So.	Naperville, Ill./Central
Todd Jones	6-5	155	Fr.	Fr.	Elmhurst, Ill./York
John Kronforst*	5-9	140	Sr.	Jr.	Prospect Heights, Ill./Wheeling
Rich Lin*	5-8	130	Gr.	Sr.	Schaumburg, Ill./Schaumburg
Justin Mitchell*	5-10	140	Sr.	Sr.	Geneva, Ill./Geneva
Tim Moran*	5-8	130	Jr.	Jr.	Tinley Park, Ill./Andrew
Adam Palumbo	5-11	145	So.	So.	Bensenville, Ill./Elmhurst York
Brent Pfeiffer*	5-7	130	Jr.	Jr.	Naperville, Ill./North
Robert Pligge	5-9	145	So.	So.	Oak Park, Ill./River Forest
Erik Schroll	5-8	140	So.	Fr.	Arlington Heights, Ill./Wheeling
Peter Schroll	5-9	150	So.	So.	Arlington Heights, Ill./Wheeling
Tim Seiwert*	5-8	130	So.	So.	Park Ridge, Ill./Maine South
Peter Stasiulis	5-8	140	Fr.	Fr.	Elmhurst, Ill./York
Jason Van Swol**	6-5	170	Sr.	Jr.	Frankfort, Ill./Lincoln-Way
Aaron Wahls**	6-0	155	Jr.	Jr.	Pontiac, Ill./Pontiac

Head Coach: Gary Wieneke, 35th Season
 * Denotes the number of varsity letters won

Pronunciation Guide

- EmkesM-kess
- KronforstKRAHN-forst
- Palumbopa-LUM-bo
- PfeifferFI-fer
- PliggePLIG-ghee
- SeiwertSEE-wert
- Stasiulisstah-SEE-le-us
- WahlsWalls

Seniors

- Rich Lin
- Justin Mitchell

Juniors

- Nick Gow
- John Kronforst
- Tim Moran
- Brent Pfeiffer
- Jason Van Swol
- Aaron Wahls

Sophomores

- Andy Janssen
- Adam Palumbo
- Robert Pligge
- Peter Schroll
- Tim Seiwert

Freshmen

- Kristopher Cunningham
- Kyle Emkes
- Tim Hobbs
- Todd Jones
- Erik Schroll
- Peter Stasiulis

Illinois Cross Country Support Staff



Melissa Tallant
Academic Counselor



Ruth Cook
Athletic Trainer



Susan Campbell
Admin. Assistant



David Reiter
Public Relations

MEET THE ILLINI





Illinois Cross Country

HEAD COACH GARY WIENEKE



The dean of Fighting Illini head coaches, Gary Wieneke celebrates his 35th year as Illinois' head cross country coach and 28th year at the helm of the men's track and field program this season.

Included on

Wieneke's list of achievements are five indoor and six outdoor Big Ten Conference track and field titles, a cross country title, a runner-up finish at the 1988 NCAA National Indoor Track and Field Championships and a fourth-place finish at the 1995 NCAA indoor meet. The Illinois cross country team has finished in the Big Ten's upper division 26 times in Wieneke's 33 years.

Wieneke's inaugural squad finished in the Big Ten cellar, but only two years later the Fighting Illini captured second place. The Big Ten crown won by the 1984 team was Illinois' first since 1947 and UI's third-ever in cross country.

Recognized as one of the country's top middle distance coaches, Wieneke has guided 13 cross country runners to All-America status, including former world-record holder and two-time world and NCAA champion Craig Virgin.

"I am very proud to have been a member of the Illinois cross country team and am very proud of its success," Virgin said. "I will always be loyal to Coach Wieneke for giving me tremendous support while I was at the University of Illinois. He is a very sincere, hard-working person. Technically, he's an excellent coach. He knows a lot about training and has meshed that with excellent adminis-

trative skills. He has built a very competent track and field staff to complement his abilities as a distance coach."

Wieneke was coach of the United States Junior National Team in 1989 and has served as head coach for the Midwest region team at the United States Olympic Committee National Sports Festival and for the United States team at the 1979 World Cup of Track and Field. He has also been chairman of the USOC middle distance events.

He is a nine-time NCAA District IV Coach of the Year and was named NCAA National Indoor Track and Field Coach of the Year in 1987. He is a three-time Big Ten Outdoor Track Coach of the Year, last winning the honor in 1994.

In 1992, Wieneke was inducted into the Illinois Track and Cross Country Coaches Hall of Fame. He was also a 1992 Drake Relays Hall of Fame inductee, joining former UI coaches Harry Gill and Leo Johnson.

Wieneke came to Illinois from Guilford High School in Rockford, where he was head track and field coach for three seasons. Prior to that, he coached at Locust Junior High (Wilmette) and at New Trier High School (Winnetka).

He began his coaching career at Bowling Green State University where he served as a graduate assistant while working toward his master's degree. Following his stint at BGSU, Wieneke returned to his home state to pursue teaching and coaching on a full-time basis.

Wieneke was a four-year letterwinner in both track and cross country at Augustana (Ill.) College, where he set the school record in the 880-yard run in addition to sharing two relay records. He received a bachelor's degree in physical education in 1962.

Prior to enrolling at Augustana, Wieneke served three years in the U.S. Army. He and his wife, Peggy, reside in Champaign.

Wieneke at a Glance

COACHING HONORS

NCAA National Coach of the Year
1987

District IV Coach of the Year
1975, 1977, 1981, 1986, 1987, 1988, 1989 and 1997

Big Ten Outdoor Coach of the Year
1988, 1989 and 1994

USOC Middle Distance Chairman
1980

USA Midwest Regional Head Coach
1979

USA World Cup Head Coach
1979

USA Junior National Team Coach
1989

TEAM CHAMPIONSHIPS

Big Ten Cross Country
1984

Big Ten Outdoor Track and Field
1975, 1977, 1987, 1988, 1989 and 1994

Big 10 Indoor Track and Field
1977, 1981, 1987, 1988 and 1989

HALL OF FAME INDUCTIONS
Illinois Track and Cross Country Hall of Fame
1992

Drake Relays Hall of Fame
1991

East Moline High School Hall of Fame
1993



Coach Gary Wieneke and six of his 13 cross country All-Americans. From left to right, Craig Virgin, Kerry Dickson, Jeff Jacobs, Coach Wieneke, Mike Durkin, Jim Eicken and Joe Leuchtmann





Illinois Cross Country



Nick Gow

Jr. -1L • 5-9 • 140

Highland, Mich.
Lakeland High

2000: Ran a personal-best 8K time of 25:47 at the Illinois Invitational (9/15/00) to finish 13th ... Opened the season with a 37th-place finish at the Murray Keating Meet of Champions (9/9/00). **1999:** Redshirted the '99 season while recovering from a leg stress fracture. **1998:** Top finish was 25th at the Illinois Invitational ... Ran seventh for the team in finishing 34th at the Illinois State Open in a season-best 8K time of 26:24. **High School:** Lettered eight times at Lakeland: four each in cross country and track ... Earned all-state honors in cross country in 1994 and '97 ... Competed for the national champion Midwest team in the Foot Locker Cross Country National Championships in 1997 • Earned school's Athlete of the Year honors in 1997-98. **Personal:** Born Nov. 27, 1979 ... Parents are Craig and Christy Gow • Major is undecided ... Uncle, Michael Gow, played football at Illinois from 1973-75, earning All-Big Ten honors in 1973 and '74.

Career-Best Times

8K: 25:47, Illinois Invitational, 9/15/00

10K: 33:51, Illinois Invitational, 9/25/98



John Kronforst

Sr.-1L • 5-9 • 140

Prospect Heights, Ill.
Wheeling High

2000: Did not compete during the cross country season, but finished fourth at the 2001 Big Ten Championship in the 5,000 meters with a personal-best time of 14:37.63. **1999:** Competed in four meets for the Illini ... Ran a personal best 8K time of 25:42.46 at the Pre-Regional meet ... Was Illinois' top finisher at the Pre-NCAA "B Race," placing 31st ... Top-individual finish was 13th at the Pre-Regional Meet. **1998:** Ran in three meets for Illinois as a freshman ... Best race came at the Illinois Invitational, registering a 33rd place finish over 10K. **High School:** Earned four letters in cross country and three in track ... Placed 31st at the Class AA cross country meet as a senior, helping lead Wheeling to a third place finish ... Earned All-State honors in cross country as a junior, placing 21st at state. **Personal:** Born July 13, 1980 ... Parents are Don and Carol Kronforst ... Majoring in biology ... Uncle John Kronforst was a running back for Wake Forest University ... Illinois State Scholar and National Honor Society member.

Career-Best Times

8K: 25:42, Pre-Regional Meet, 10/2/99

10K: 34:32, Illinois Invitational, 9/25/98



Rich Lin

Sr.-1L • 5-8 • 130

Schaumburg, Ill.
Schaumburg High

2000: Ran in four meets for the Illini, finishing 21st at the Illinois Invitational (9/15/00) with a time of 26:25 ... Ran for the Illini at the Big Ten Championship, finishing seventh on the team with a time of 26:34 ... Also ran at the NCAA Midwest Regional, finishing with a time of 33:50. **1999:** Ran in two meets, garnering a season-best 25th-place finish at the 8K Illinois Invitational with a time of 26:27. **1998:** Joined the Illinois team as a redshirt ... Ran in two meets for the Illini, finishing ninth on the team at the 8K Saluki Invitational (10/3/98) with a time of 27:23 ... Also ran in the 10K Illinois Invite (9/25/98), finished with a time of 35:47. **High School:** Earned three letters in both track and cross country at Schaumburg High ... Named academic all conference four times as a prep. **Personal:** Born April 27, 1980 ... Parents are Greg and Sida Lin • Graduated with a degree in Civil and Environmental Engineering ... Is currently working on his M.S. and hopes to pursue a doctorate degree in environmental engineering.

Career-Best Times

8K: 26:25.62, Illinois Invitational, 9/15/00

10K: 33:50, NCAA Midwest Regional, 11/11/00



Rich Lin finished a career-best 21st at last season's Illinois Invitational

MEET THE ILLINI



Illinois Cross Country

MEET THE ILLINI



Justin Mitchell

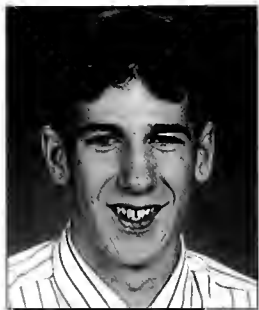
Sr.-1L • 5-10 • 140

Geneva, Ill.
Geneva High

2000: Broke his arm midway through the year, which forced him to miss the second half of the season ... Finished 26th at the Murray Keating Meet of Champions (9/9/00), sixth among Illini runners with a time of 27:21.50 ... Helped Illinois to a second-place finish at the Illinois Invitational, running a 25:50.80 to finish 14th. **1999:** Competed in every meet of the season for the Illini ... Ran a personal-best 8K time of 24:50.26 at the Illinois Invitational, placing 13th overall ... Highest individual finish was 8th at the Pre-Regional Meet, finishing fourth for the Illini ... Was Illinois' third scoring runner at both the Big Ten Championships and the NCAA Region V Championships. **1998:** Participated in three meets during the season ... Top finish came at the Illinois Invitational, placing 18th overall. **High School:** Earned 12 letters in high school; four each in cross country, swimming, and track ... Earned all-state honors as a senior in cross country, placing 23rd at the IHSA Class AA meet ... All-conference selection as a junior and senior. **Personal:** Born April 4, 1980 ... Parents are Jerry and Sheila Mitchell ... Majoring in engineering ... Illinois State Scholar.

Career-Best Times

8K: 25:26, Pre-Regional Meet 1, 10/2/99
10K: 31:58, NCAA Midwest Regional, 11/13/99



Adam Palumbo

So.-SQ • 5-11 • 145

Bensenville, Ill.
Elmhurst York High

2000: Participated in the first-three events of the season for Illinois, finishing a career-best 11th at the Illinois Invitational (9/15/00) ... Ran a personal-best 25:31.88 at the Invite ... Finished fifth among Illini runners at the Murray Keating Meet of Champions (9/9/00) with a time of 27:07.50. **High School:** Lettered in track and cross country for Elmhurst York High ... Helped to lead York to the state crown his senior year ... All-state selection as a senior, finishing fifth at the Illinois Class AA State Championship with a time of 14:34 ... Finished 42nd in the state meet as a junior ... Two-time all conference selection for Elmhurst York High. **Personal:** Born Feb. 23, 1982 ... Son of Bonita Palumbo ... Major is Liberal Arts ... High school coach was Joe Newton.

Career-Best Times

8K: 25:31, Illinois Invitational, 9/15/00
10K: N/A



Brent Pfeiffer

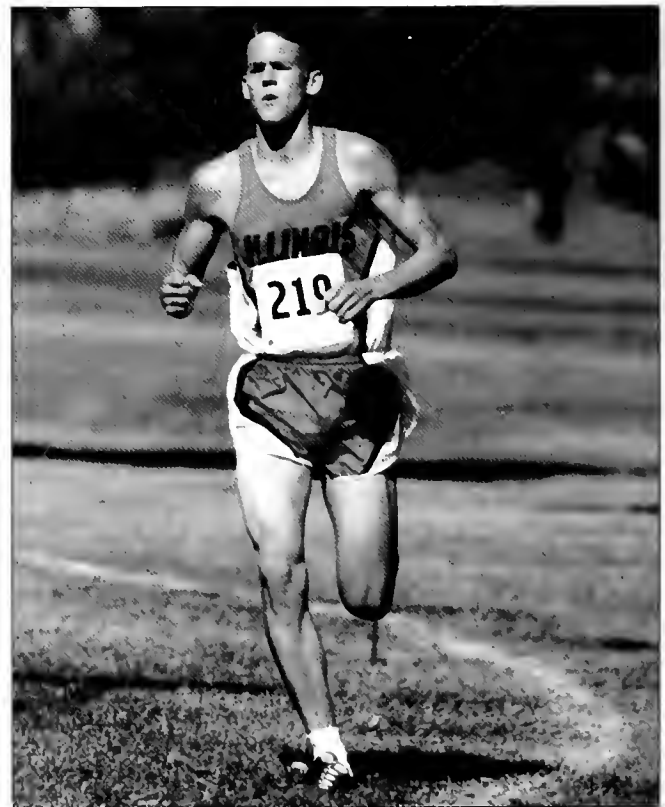
Jr.-1L • 5-7 • 130

Naperville, Ill.
North High

2000: Made four starts for the Illini, running a season-best 26:01 at the Big Ten Championship (10/29/00) ... Set a personal-best time in the 10K at the NCAA Midwest Regional (11/20/00) with a time of 32:16, placing third amongst Illini runners. **1999:** Raced in three meets for the Illini ... Personal-best 8K time of 25:51.50 came at the Pre-Regional meet ... Top overall finish was 16th place at the Pre-Regional. **High School:** Finished 13th at the 1998 State Cross Country Championships in Class AA ... Earned six letters: three each in track and cross country ... Two-time all-conference honors in the DuPage Valley Conference ... Recorded 5th best mile time in the state of Illinois (4:20.5) in 1999. **Personal:** Born Feb. 8, 1981 ... Parents are Lary and Kay Pfeiffer ... Majoring in engineering.

Career-Best Times

8K: 25:51, Pre-Regional Meet, 10/2/99
10K: 32:16, NCAA Midwest Regional, 10/29/00



Brent Pfeiffer was the third scorer for Illinois at the 2000 NCAA Midwest Regional.



Illinois Cross Country



Tim Seiwert

So.-1L • 5-8 • 130

**Park Ridge, Ill.
Maine South High**

2000: Participated in the first-four events of the season for Illinois, finishing in the top four among Illini runners in three of those meets ... Finished 19th at the Illinois Invitational (9/15/00) with a personal-best time of 26:13.11 ... Finished 20th at the Murray Keating Meet of Champions (9/9/00) with a time of 26:59.00. **High School:** Named an AAU Cross Country All-American as a senior ... All-state selection as a senior ... Two-time all-region selection ... Lettered in both track and cross country for Maine South High School ... Was a six time all-conference selection in both track and cross country ... Finished 20th at the 1999 Class AA Illinois State meet in a time of 14:57 ... Three-time team MVP. **Personal:** Born May 15, 1982 ... Parents are Tim and Cathy Seiwert ... Major is General Engineering.

Career-Best Times

8K: 26:13, Illinois Invitational, 9/15/00
10K: 33:37.20, Memorial Classic Pre-NCAA Meet, 10/14/00



Jason Van Swol returns to the cross country lineup after training for the Olympic Trials during the 2000 season.



Jason Van Swol

Sr.-2L • 6-5 • 170

**Frankfort, Ill.
Lincoln-Way High**

2000: Earned All-America honors after finishing eighth at the NCAA Indoor Championships in the 800 meters (3/10/01) ... Indoor and outdoor conference champion in the 800 meter run, winning the event for the fifth time in six tries ... Is the first athlete in conference history to win three consecutive 800 meter indoor titles. **1999:** Competed in four of six meets for Illini ... Set a personal-best 8K time at the Pre-Regional meet, running 25:38.80, good for an 11th place finish overall. **1998:** Ran in every meet with the exception of the Saluki Invitational ... Finished 43rd (fourth on the team) at the Big Ten Championships in season-best 8K time of 25:54 ... Ran a season-best 10K time of 33:00 at the NCAA District V Meet and placed 66th overall. **High School:** Earned five letters at Lincoln-Way: three in track and two in cross country ... Named all-state in cross country in 1996 and '97 and all-state track in 1997 and '98 ... Broke the Prep Top Times Meet record in the 800m. **Personal:** Born Jan. 10, 1980 ... Parents are Cornelius and Cynthia Van Swol ... Majoring in biology ... Plans to teach and coach in the future.

Career-Best Times

8K: 25:38, Pre-Regional Meet, 10/2/99
10K: 33:00, NCAA Midwest Regional, 11/14/98



Aaron Wahls

Jr.-2L • 6-0 • 155

**Pontiac, Ill.
Pontiac High**

2000: Had a strong second half to the 2000 season, finishing second among Illini runners at the Big Ten Championship (10/29/00) with a time of 25:32 ... Finished second on the team at the 10K NCAA Midwest Regional (11/20/00) with a time of 31:48. **1999:** Competed in two meets for the Illini, the Illinois Invitational and Big Ten Championships ... Finished 26th at the Illini Invitational, running 26:36.26. **High School:** Earned seven varsity letters: 4 in cross country and 3 in track ... Placed 27th at IHSA State Cross Country Meet in 1998 ... Three-time IHSA Class AA State Qualifier in both track and cross country ... Member of 4x800m relay team which finished 2nd at the 1999 state track finals ... 1998-99 Male Athlete of the Year at Pontiac High School. **Personal:** Born Sept. 10, 1980 ... Parents are John and Vera Wahls ... Hosted a weekly sports radio program during his senior year of high school ... Enrolled in the College of Liberal Arts and Sciences.

Career-Best Times

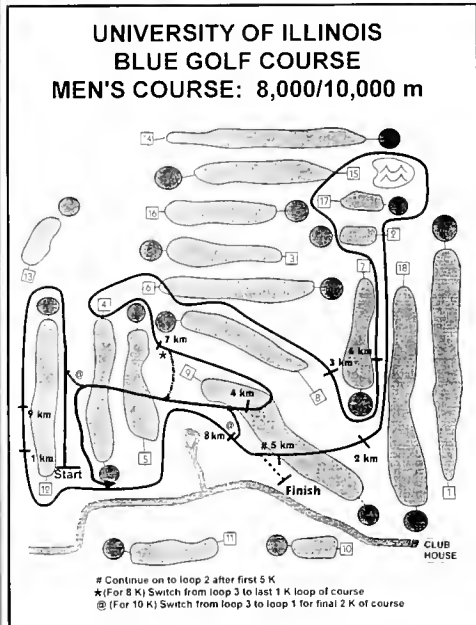
8K: 25:32, Big Ten Championship, 10/29/00
10K: 31:48, NCAA Midwest Regional, 11/20/00

MEET THE ILLINI



Illinois Cross Country

ILLINOIS FACILITIES



Illinois' cross country course is located on the Blue Golf Course in Savoy.

The University of Illinois Cross Country Course is located on the Blue Golf Course in Savoy. The 5,000-meter course is made up of a series of four loops, one 2,000-meter and three 1,000-meter loops, which interchange at the starting point, making it an excellent spectator course.

For the 8K, the men run one 2,000-meter and three 1,000-meter loops, repeating the three 1,000-meter loops. For the 10K, the four loops are each run twice. The course is relatively flat, providing excellent footing.

The Blue Golf Course, which was opened in 1965, was preceded by the University's connecting Orange Course, which was completed in 1949. In the past, the Illinois cross country team has competed on both the Blue and Orange courses.

Illinois also uses the Dowell Property, a forest preserve near Lake of the Woods State Park in Mahomet, Ill. The course is a 5,000-meter loop of mowed trails. The terrain is rolling to hilly with very few flat areas.

COURSE RECORDS

Savoy Golf Course

8,000m 23:31, Bob Kennedy (Indiana), 10/31/92
 10,000m 29:04.4, Craig Virgin (Illinois), 11/22/76

Mahomet Course

8,000m 23:09.3, John Easker (Wisconsin), 9/24/83
 10,000m 30:03.4, Mike Patton (Illinois), 10/1/83

ILLINI COURSE RECORDS

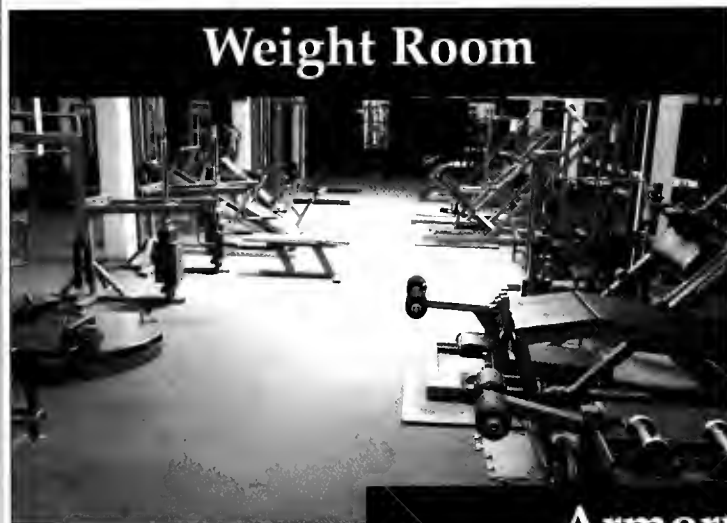
Savoy Golf Course

8,000m 24:03, Len Sitko, 9/29/90
 10,000m 29:04.4, Craig Virgin, 11/22/76

Mahomet Course

8,000m 23:43*, Ty Wolf, 11/10/84
 10,000m 30:03.4, Mike Patton, 10/1/83

*on way to a longer distance



Weight Room

Above: Outstanding facilities such as the strength complex, allows Illinois athletes to compete in peak condition.



University Golf Course

Above: The University of Illinois Golf Course is home to the Illinois Invitational and the 2001 Big Ten Championship.



Armory Track

The Armory track is home to Fighting Illini indoor track and field meets and serves as a training facility for the cross country program.



Illinois Cross Country

A Look Back at 2000

Last season, head coach Gary Wieneke got steady improvement from his younger runners and solid leadership from his veterans. Seniors Mike Lucchesi and Ryan Eason gave the Illini a solid foundation on which to rely upon, as the two finished among the top-five of Illinois' runners in all but one event. Lucchesi, a native of Elmhurst, Ill., led the Illini in two events last fall, including a season-best sixth-place finish at the Illinois Invitational with a time of 25:08.79. Lucchesi also paced the team at the 10K NCAA Midwest Regional, garnering a 31st-place showing in a time of 31:21. Eason was also a solid performer in his final season, leading the Orange and Blue in three meets, including a season-best seventh-place finish at the Illinois Invitational with a time of 25:14.32. After Lucchesi and Eason, the Illini had to rely upon young, inexperience talent to round out his line-up. One runner who made a late season push was Aaron Wahls. Wahls, a sophomore from Pontiac, Ill., was Illinois' second-scoring runner in each of the final-two meets, running a career-best 8K time of 25:32 at the Big Ten Championship, while following that up with a personal-best 31:48 at the 10K NCAA Midwest Regional. As a team, the Illini picked up their best finish of the season at the Illinois Invitational in Savoy, Ill. Led by the sixth and seventh place finishes of Lucchesi and Eason, Illinois finished second in the five-team field, just behind intra-state rival Illinois State. After a tough 10th place finish at the conference championship, Illinois rebounded by finishing in the upper half of the NCAA Midwest Regional. The Illini finished 10th in the 23-team field, and were led by Lucchesi, who finished 31st in his final event as an Illini harrier.

2001 Track and Field Bests

INDOORS

800 Meter Run

Jason Van Swol1:48.56
 Nick Gow1:49.52
 Dan Horyn1:54.34

Mile Run

Dan Horyn4:07.95
 Nick Gow4:12.20
 Aaron Wahls4:14.13

3,000 Meter Run

Scott McClennan8:14.64
 John Kronforst8:21.40
 Dan Horyn8:25.54

5,000 Meter Run

Scott McClennan14:29.54
 Mike Lucchesi14:58.83

Distance Medley Relay

Gow, Kronforst, and Wahls
9:57.57

OUTDOORS

800 Meter Run

Jason Van Swol1:47.88
 Nick Gow1:50.34
 Robert Pligge1:54.36

1,500 Meter Run

Dan Horyn3:51.01
 Aaron Wahls3:53.67

3,000 Meter Run

Scott McClennan8:20.56
 John Kronforst8:33.49
 Adam Palumbo8:38.58

5,000 Meter Run

John Kronforst14:37.63

10,000 Meter Run

Scott McClennan29:49.42

Murray Keating Meet of Champions (8,000 meters)

Purdue University • West Lafayette, Ind. • Sept. 9, 2000

Men's Team Scores (Fourth of Five Teams)

1. Arizona, 19; 2. Purdue, 69; 3. Iowa, 72; 4. ILLINOIS, 93; 5. DePaul, 109.

Illinois Individuals

14. Caleb Grinter, 26:34.20; 17. Mike Lucchesi, 26:46.50; 19. Dan Horyn, 26:52.70; 20. Tim Seiwert, 26:59.00 24. Adam Palumbo, 27:07.50; 26. Justin Mitchell, 27:21.50; 32. Peter Schroll, 27:36.70; 35. Brent Pfeiffer, 27:52.80; 37. Nick Gow, 28:00.50; 38. Ryan Eason, 28:02.20; 39. Aaron Wahls, 28:03.40; 42. Richard Lin, 28:06.10.

University of Illinois Invitational (8,000 meters)

University of Illinois • Savoy, Ill. • Sept. 15, 2000

Men's Team Scores (Second of Five Teams)

1. Illinois State, 18; 2. ILLINOIS, 45; 3. Bradley, 103; 4. Eastern Illinois, 108; 5. SIU-Edwardsville, 111.

Illinois Individuals

6. Mike Lucchesi, 25:08.79; 7. Ryan Eason, 25:14.32; 9. Dan Horyn, 25:25.22; 11. Adam Palumbo, 25:31.88; 12. Caleb Grinter, 25:39.62; 13. Nick Gow, 25:47.94; 14. Justin Mitchell, 25:50.80; 16. Andrew Kurtz, 25:56.57; 17. Peter Schroll, 26:05.06; 18. Brent Pfeiffer, 26:11.32; 19. Tim Seiwert, 26:13.11; 21. Rich Lin, 26:25.62; 23. Ed Umansky 26:35.11; 27. Aaron Wahls, 26:49.50; 31. Robert Pligge, 27:10.60.

Brother John "Paddy" Doyle Meet of Champions (8,000 meters)

Iona University • Van Courtland Park, NY • Sept. 30, 2000

Men's Team Scores (14th of 23 Teams)

1. Iona, 71; 2. William & Mary, 73; 3. Princeton, 90; 4. Dartmouth, 146; 5. Boston, 156; 6. James Madison, 187; 7. Boston College, 200; 8. Navy, 225; 9. Brown, 230; 10. Keene St., 243; 11. Alabama, 252; 12. Texas A&M, 267; 13. Kentucky, 369; 14. ILLINOIS, 400; 15. Harvard, 419; 16. Marist, 436; 17. Massachusetts, 470; 18. Youngstown State, 502; 19. Fordham, 531; 20. Rhode Island, 570; 21. Rider, 613; 22. Northeastern, 618; 23. New Haven, 624.

Illinois Individuals

54. Ryan Eason, 25:52.3; 70. Dan Horyn, 26:03.8; 107. Mike Lucchesi, 26:30.7; 113. Tim Seiwert, 26:34.5; 126. Adam Palumbo, 26:43.5; 128. Caleb Grinter, 26:44.6; 158. Peter Schroll, 27:09.7.

Memorial Classic Pre-NCAA Meet (10,000 meters)

Iowa State University • Ames, Iowa • Oct. 14, 2000

Men's Team Scores (44th of 53 Teams)

1. Colorado, 64; 2. Northern Arizona, 215; 3. Stanford, 255; 4. BYU, 310; 5. Georgetown, 313; 6. Arizona, 315; 7. Duke, 339; 8. Oregon, 382; 9. Weber State, 388; 10. Notre Dame, 404; 11. Penn State, 407; 12. Eastern Michigan, 411; 13. William & Mary, 469; 14. Villanova, 475; 15. Colorado State, 526; 16. Nebraska, 533; 17. Indiana, 537; 18. Ohio State, 554; 19. Air Force, 576; 20. UC-Santa Barbara, 634; 20. Portland, 634; 22. Illinois State, 648; 23. South Florida, 670; 24. Utah, 679; 25. Minnesota, 699; 26. Columbia, 703; 27. Dartmouth, 717; 28. Arizona State, 729; 29. Texas Tech, 760; 30. Butler, 765; 31. West Virginia, 769; 32. Wake Forest, 777; 33. Alabama, 796; 34. Northern Iowa, 799; 34. Cornell, 799; 36. Missouri, 802; 37. Central Michigan, 866; 38. Washington State, 947; 39. Eastern Illinois, 959; 40. Iowa State, 974; 41. Kansas State, 998; 42. Georgia Tech, 1018; 43. Miami (Ohio), 1042; 44. ILLINOIS, 1102; 45. Belmont, 1104; 45. McNeese State, 1104; 47. Montana, 1120; 48. Montana State, 1137; 49. Western Kentucky, 1141; 50. Ball State, 1233; 51. Arkansas-Little Rock, 1398; 52. Bucknell, 1440; 53. UC-Irvine, 1449.

Illinois Individuals

160. Ryan Eason, 32:49.0; 227. Mike Lucchesi, 33:23.6; 229. Dan Horyn, 33:24.6; 249. Tim Seiwert, 33:37.2; 256. Caleb Grinter, 33:50.9.

2000 IN REVIEW





The Big Ten Conference

Established 106 years ago, the Big Ten Conference is one of organized sports most successful associations. On Jan. 11, 1895, seven presidents from Midwest universities met at the Palmer House in Chicago and established principles for which the Intercollegiate Conference of Faculty Representatives, more popularly known as the Big Ten Conference, would be founded. In 1995-96, the conference recognized its Centennial with a year-long celebration.

The charter members of the "Intercollegiate Conference of Faculty Representatives," or "Western Conference," or "Big Ten Conference" were: the University of Chicago, the University of Illinois, the University of Michigan, the University of Minnesota, Northwestern University, Purdue University and the University of Wisconsin. Indiana University and the State University of Iowa were admitted in 1899. Ohio State joined in 1912. Chicago withdrew in 1946 and Michigan State was added in 1949. After a 40-year period of constancy in membership, Penn State joined the conference in 1992-93.

The first "official" sponsored championship was in outdoor track; it was held by the University of Chicago in 1906. Since then, there have been many different athletic events popularized on Big Ten campuses. Some, like football and basketball became extremely popular, while others, like boxing, fell by the wayside.

The Big Ten named its first individual cross country champion in 1908 and recognized its first team champion in 1910. Exclusive conference championship meets began in 1926 and have been held annually since 1938. Fourteen Big Ten teams have won NCAA team titles, and Big Ten athletes have won eight NCAA individual titles, including Illinois' Craig Virgin in 1975.

The Big Ten Championship (8,000 meters)

University of Wisconsin • Madison, Wis. • Oct. 29, 2000

Men's Team Scores (10th of 10 Teams)

1. Wisconsin, 45; 2. Indiana, 81; 3. Penn State, 82; 4. Michigan State, 103; 5. Minnesota, 133; 6. Ohio State, 145; 7. Michigan, 170; 8. Iowa, 203; 9. Purdue, 219; 10. **ILLINOIS, 239.**

Top-20 Individuals

1. Jason Vanderhoof, Wisconsin, 24:01; 2. Jared Cordes, Wisconsin, 24:08; 3. Aaron Gillen, Indiana, 24:11; 4. Mark Pilja, Michigan, 24:13; 5. Chris McGinness, Penn State, 24:23; 6. Steve Padgett, Michigan State, 24:26; 7. Ian Connor, Ohio State, 24:33; 8. Will McComb, Minnesota, 24:34; 9. Adam Wallace, Wisconsin, 24:37; 10. Donovan Fellows, Purdue, 24:37; 11. Chad Andrews, Indiana, 24:39; 12. James Carney, Penn State, 24:43; 13. J.J. O'Rilley, Ohio State, 24:45; 14. Tim Keller, Wisconsin, 24:47; 15. Ben Evans, Michigan State, 24:50; 16. Andy Marsh, Michigan State, 24:50; 17. Chris Powers, Indiana, 24:51; 18. Josh Brashears, Penn State, 24:52; 19. Joe Eckerly, Wisconsin, 24:52; 20. Bart Phariss, Indiana, 24:55.

Illinois Individuals

36. Ryan Eason, 25:20; 43. Aaron Wahls, 25:32; 49. Mike Lucchesi, 25:40; 52. Dan Horyn, 25:50; 59. Brent Pfeiffer, 26:01; 70. Tim Seiwert, 26:15; 76. Rich Lin, 26:34; 78. Nick Gow, 26:41.

Men's All-Big Ten First Team:

- Jason Vanderhoof (Wisconsin, Sr., 24:01)
- Jared Cordes (Wisconsin, Sr., 24:08)
- Aaron Gillen (Indiana, Sr., 24:11)
- Mark Pilja (Michigan, Jr., 24:13)
- Chris McGinness (Penn State, Sr., 24:23)
- Steve Padgett (Michigan State, Fr., 24:26)
- Ian Conner (Ohio State, Sr., 24:33)

NCAA Midwest Regional (10,000 meters)

Iowa State University • Ames, Iowa • Nov. 20, 2000

Men's Team Scores (10th of 23 Teams)

1. Oklahoma State, 68; 2. Missouri, 98; 3. Minnesota, 109; 4. Illinois State 149; 5. Nebraska, 156; 6. Iowa, 158; 7. Iowa State 175; 8. Kansas, 190; 9. Northern Iowa, 256; 10. **ILLINOIS, 284;** 11. Eastern Illinois 304, 12. Kansas State, 345; 13. DePaul, 391; 14. Wichita State, 397; 15. UMKC, 406; 16. Loyola-Chicago, 416; 17. Tulsa 502; 18. Illinois-Chicago 531; 19. Drake, 532; 20. Oklahoma, 547; 21. Bradley, 559; 22. Creighton, 637; 23. Saint Louis, 679;

Top-20 Individuals

1. Daniel Kinyua, Iowa State, 30:28; 2. David Vasquez, Oklahoma State, 30:29; 3. Nick Smith, Missouri, 30:31; 4. Charlie Gruber, Kansas, 30:38; 5. Jason Bialka, Eastern Illinois, 30:40; 6. Aaron Carrizales, Nebraska, 30:40; 7. Marcus Witter, Nebraska, 30:42; 8. Mark Reed, Illinois State, 30:46; 9. Terrance McComb, Minnesota, 30:47; 10. Oliver Bodor, Northern Iowa, 30:50; 11. Jean-Paul Niyongabo, Kansas State, 30:51; 12. Joe Corr, Minnesota, 30:51; 13. Johan Bergstrom, Oklahoma State, 30:54; 14. Adam MacDowell, Missouri, 30:55; 15. Shadrack Kimeli, Kansas State, 30:56; 16. Ben Lake, Oklahoma State, 31:04; 17. Bruce Wright, Oklahoma State, 31:05; 18. Mike Pitts, Missouri, 31:05; 19. Trent Corey, Iowa, 31:07; 20. Jerry Rainey, Oklahoma State, 31:08.

Illinois Individuals

31. Mike Lucchesi, 31:21; 46. Aaron Wahls, 31:48; 61. Brent Pfeiffer, 32:16; 69. Dan Horyn, 32:29; 74. Ryan Eason, 32:37; 79. Tim Seiwert, 32:42; 112. Rich Lin, 33:50.



Craig Virgin became the first Big Ten athlete to win four consecutive Big Ten Championships in cross country.

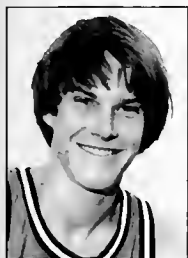
Illinois Cross Country

Big Ten Championship Results (Since 1930)

Year	Big 10 (Pts.) Champion	Illinois (Pts.) Finish	Top Illini (Finish, Time)
1930	Indiana (51)	Third (67)	W.C. Gould (8th, 27:21)
1931	Indiana (38)	Fourth (91)	R. Woolsey (11th, N/A)
1932	Indiana (42)	Second (68)	R. Woolsey (1st, 21:03)
1933	Illinois (N/A)	First (N/A)	N/A
1940	Indiana (31)	Fifth	Park Brown (11th, 23:07.0)
1941	Purdue (33)	Fourth (78)	C. Dunn (4th, 20:52)
1942	Indiana (34)	Second (69)	C. Dunn (3rd, 21:54)
1944	Wisconsin (38)	Fifth (99)	P. Steinberg (10th, 22:26)
1945	Wisconsin (43)	Fourth (83)	V. Twomey (1st, 21:28.9)
1946	Wisc./Ind. (48)	Third (65)	J. Twomey (3rd, 21:12)
1947	Illinois (47)	First (47)	J. Twomey (2nd, 20:49)
1948	Wisconsin (44)	Second (66)	V. Twomey (2nd, 20:40)
1949	Wisconsin (49)	Second (55)	V. Twomey (7th, 21:26)
1950	Wisconsin (56)	Sixth (137)	George Lynch (6th, 20:33)
1954	Michigan (55)	Fourth (81)	V. Sheuring (5th, 20:40)
1955	Michigan St. (36)	Second (57)	Karl Jonsson (3rd, 19:50)
1956	Michigan St. (21)	Second (88)	Karl Jonsson (3rd, 20:53)
1957	Michigan St. (43)	Third (83)	Karl Jonsson (6th, 21:50)
1958	Michigan St. (43)	Fourth (77)	Jim Bowers (4th, 20:46)
1959	Michigan St. (56)	N/A	Jim Bowers (6th, 20:40)
1960	Michigan St. (30)	Seventh (137)	Ken Brown (4th, 19:47)
1961	Michigan St. (51)	N/A	Jim McElwee (14th, 20:48)
1962	Michigan St. (39)	Fourth (104)	Allen Carius (1st, 19:45.2)
1963	Michigan St. (39)	Fifth (106)	Allen Carius (1st, 19:39.4)
1965	Northwestern (40)	Seventh (154)	Dennis Krause (24th, 21:29)
1966	Iowa (41)	Eighth (200)	John Lamoreux (17th, 19:58)
1967	Indiana (56)	Tenth (251)	John Lamoreux (38th, 26:11)
1968	Michigan St. (70)	Sixth (120)	Ken Howse (9th, 25:33)
1969	Minnesota (40)	Second (73)	Ken Howse (4th, 26:11)
1970	Michigan St. (42)	Fourth (82)	Rick Gross (3rd, 24:49)
1971	Michigan St. (74)	Fifth (109)	Rick Gross (2nd, 30:01)
1972	Indiana (39)	Eighth (204)	Mike Durkin (28th, 32:15)
1973	Indiana (49)	Fourth (100)	Craig Virgin (1st, 28:30.8)
1974	Michigan (42)	Third (75)	Craig Virgin (1st, 30:11.0)
1975	Michigan (41)	Fourth (78)	Craig Virgin (1st, 23:04.5)
1976	Michigan (67)	Second (78)	Craig Virgin (1st, 23:16.7)
1977	Wisconsin (52)	T-Second (75)	Harold Winship (9th, 25:00)
1978	Wisconsin (24)	Fifth (109)	Jim Eicken (7th, 24:44)
1979	Wisconsin (56)	Fourth (98)	Walter Duffy (11th, 24:09)
1980	Indiana (44)	Third (70)	Kerry Dickson (3rd, 24:23)
1981	Wisconsin (27)	Second (60)	Kerry Dickson (2nd, 24:07.4)
1982	Wisconsin (29)	Fourth (114)	Greg Domanty (11th, 25:06)
1983	Wisconsin (19)	Fourth (88)	Jeff Jacobs (6th, 23:57)
1984	Illinois (58)	First (58)	Ty Wolf (3rd, 30:25)
1985	Wisconsin (26)	Fifth (139)	Paul Kivela (10th, 25:31)
1986	Wisconsin (48)	Second (70)	Dave Halle (6th, 24:26)
1987	Wisconsin (41)	Second (73)	Dave Halle (3rd, 24:46)
1988	Wisconsin (30)	Fourth (129)	Andy Homoly (18th, 25:04)
1989	Wisconsin (40)	Second (82)	Len Sitko (4th, 24:33)
1990	Wisconsin (53)	Fourth (91)	Len Sitko (2nd, 24:41.7)
1991	Wisconsin (25)	Fifth (143)	Andy Homoly (16th, 25:38.4)
1992	Wisconsin (31)	Fourth (140)	Bill West (17th, 25:02)
1993	Michigan (50)	Eighth (201)	Dan Nolan (35th, 25:46.02)
1994	Wisconsin (42)	Fourth (101)	Eric Henson (9th, 25:05.1)
1995	Wisconsin (37)	Fourth (127)	Marko Koers (9th, 25:14.2)
1996	Wisconsin (55)	Fourth (106)	Barry Pearman (6th, 25:10.6)
1997	Michigan (29)	Ninth (217)	Rob Winfield (32nd, 25:32)
1998	Michigan (50)	Eighth (192)	Scott McClellan (22nd, 25:30)
1999	Wisconsin (38)	Eighth (187)	Mike Lucchesi (27th, 26:26.3)
2000	Wisconsin (45)	Tenth (239)	Ryan Eason, (36th, 25:20)



R. Woolsey



Paul Kivela



Dave Halle



Eric Henson



P. Steinberg

Illinois at the Big Ten Conference Meet

Top-10 Individual Finishes

Runner	Place	Time	Year
*Craig Virgin	1st	23:16.7	1976
*Craig Virgin	1st	23:04.5	1975
*Craig Virgin	1st	30:11.0	1974
*Craig Virgin	1st	28:30.8	1973
Allen Carius	1st	19:39.4	1963
Allen Carius	1st	19:45.2	1962
Vic Twomey	1st	21:28.9	1945
R. Woolsey	1st	21:03	1932
Len Sitko	2nd	24:41.7	1990
Kerry Dickson	2nd	24:07.4	1981
Rick Gross	2nd	30:01	1971
V. Twomey	2nd	20:40	1948
J. Twomey	2nd	20:49	1947
David Halle	3rd	24:26	1987
Ty Wolf	3rd	30:25	1984
Kerry Dickson	3rd	24:23	1980
Mike Durkin	3rd	28:53	1973
Rick Gross	3rd	24:49	1970
Karl Jonsson	3rd	20:53	1956
Karl Jonsson	3rd	19:50	1955
J. Twomey	3rd	21:12	1946
C. Dunn	3rd	21:54	1942
Len Sitko	4th	24:33	1989
Ken Howse	4th	26:11	1969
Ken Brown	4th	19:47	1960
Jim Bowers	4th	20:46	1958
C. Dunn	4th	20:52	1941
Jason Zieren	5th	25:11.2	1996
V. Sheuring	5th	20:40	1954
Barry Pearman	6th	25:10.6	1996
Dave Halle	6th	24:26	1986
Jeff Jacobs	6th	23:57	1983
Jim Bowers	6th	20:40	1959
Karl Jonsson	6th	21:50	1957
George Lynch	6th	20:33	1950
Jim Eicken	7th	24:44	1978
V. Twomey	7th	21:26	1949
W.C. Gould	8th	27:21	1930
Marko Koers	9th	25:14.2	1995
Eric Henson	9th	25:05.1	1994
Harold Winship	9th	25:00	1977
Ken Howse	9th	25:33	1968
P. Steinberg	10th	22:26	1944

*First four-time champion in Big Ten history

All-Big Ten Performers (Since 1984)

Runner	Place	Time	Year
Barry Pearman	6th	25:10.6	1996
Jason Zieren	5th	25:11.2	1996
Len Sitko	2nd	24:41.7	1990
Len Sitko	4th	24:33	1989
David Halle	3rd	24:46	1987
David Halle	6th	24:26	1986
Ty Wolf	3rd	30:25	1984

ALL-TIME CONFERENCE FINISHES





History of Illinois Cross Country

The University of Illinois has had a strong and successful program ever since the early 1900s. The impressive performers and teams, however, have seemed to overflow during Gary Wieneke's tenure.

Twenty-six of Wieneke's teams have finished in the upper division of the Big Ten. Several great runners have made significant contributions throughout these successful years. Most recently, Len Sitko owned the spotlight. Sitko finished second in the 1990 Big Ten meet and went on to earn All-America honors with a 22nd-place finish at the NCAA meet.

In the 1980s, UI won one Big Ten crown and finished second on four other occasions. The premier runners of the decade were All-Americans Kerry Dickson, Jeff Jacobs, Greg Domantay, Ty Wolf and Joe Leuchtmann.

The '70s were dominated by great individual performances. In 1971, Rick Gross finished second in the Big Ten and ninth in the nation. Jim Eicken earned All-America honors in 1978, and Mike Durkin finished third in the conference and 18th in the nation in 1973.

Craig Virgin was synonymous with success in the early 1970s. He was the first runner in Big Ten history to become a four-time cross country champion, winning the crown from 1973-76. Virgin also won the 1975 NCAA championship and went on to win the cross country world championship in 1980 and '81.

Each year, most of these former athletes, along with dozens of other Illinois cross country alumni (and their families) from all decades, return to Champaign-Urbana one weekend during the fall to keep the Fighting Illini tradition alive. The returnees annually challenge the current team to an exhibition meet.

NCAA Regional Results

Year	Regional (Pts) Champion	Illinois (Pts) Finish	Top Illini (Finish, Time)
1973	E. Michigan (81)	Ninth (223)	Craig Virgin (3rd, 29:22)
1974	E. Michigan (33)	Sixth (176)	Craig Virgin (1st, 28:42.8)
1975	Wisconsin (58)	Fourth (94)	Craig Virgin (1st, 23:05.5)
1976	Illinois (47)	First (47)	Craig Virgin (1st, 29:04.4)
1977	Wisconsin (85)	Third (97)	Jim Eicken (6th, 31:40)
1978	Wisconsin (46)	Sixth (187)	Jim Eicken (5th, 30:32.8)
1979	Indiana (84)	Eighth (190)	Walter Duffy (16th, 32:51)
1980	Indiana (57)	Third (80)	Pete Ffitch (11th, 30:31)
1981	Wisconsin (60)	Third (129)	Walter Duffy (8th, 30:34)
1982	Wisconsin (32)	Eighth (236)	Greg Domantay (5th, 30:03.9)
1983	Wisconsin (36)	Fourth (147)	Kerry Dickson (13th, 30:48)
1984	Wisconsin (57)	Second (100)	Ty Wolf (6th, 29:55.0)
1985	Wisconsin (35)	Eighth (218)	David Halle (6th, 31:58.1)
1986	Wisconsin (59)	Second (91)	J. Leuchtmann (10th, 30:09.6)
1987	Wisconsin (66)	Fifth (134)	David Halle (12th, 30:44)
1988	Wisconsin (64)	Eighth (129)	Len Sitko (35th, 32:34.2)
1989	C. Michigan (80)	Eighth (242)	Neal Gassmann (30th, 32:12.7)
1990	Notre Dame (70)	Fourth (131)	Len Sitko (4th, 31:01.9)
1991	Wisconsin (61)	Sixth (185)	Andy Homoly (18th, 31:46)
1992	Wisconsin (52)	Sixth (222)	Jason West (17th, 32:42.1)
1993	Notre Dame (55)	12th (339)	Dan Mazur (48th, 33:55.9)
1994	Wisconsin (33)	Fourth (114)	Eric Henson (17th, 25:05.1)
1995	Wisconsin (52)	Fifth (228)	Marko Koers (7th, 31:27)
1996	Notre Dame (60)	Sixth (188)	Barry Pearman (3rd, 30:39)
1997	Oklahoma St. (86)	10th (269)	Scott McClennan (14th, 33:15)
1998	Oklahoma St. (42)	Fifth (221)	Scott McClennan (22nd, 31:47)
1999	Minnesota (56)	Fourth (155)	Scott McClennan (14th, 31:17)
2000	Oklahoma St. (68)	10th (284)	Mike Lucchesi, (31st, 31:21)

Dual Meet Record vs. Opponents

Opponent	Meets	W	L	T	Percent
Arizona	1	0	1	0	.000
Bradley	5	5	0	0	1.000
Butler	2	1	0	1	.750
Carthage	1	1	0	0	1.000
C. Michigan	1	1	0	0	1.000
Chicago	5	4	1	0	.800
Chicago T.C.	8	3	5	0	.375
Creighton	1	1	0	0	1.000
DePaul	4	3	1	0	.750
Drake	5	5	0	0	1.000
Eastern Illinois	8	8	0	0	1.000
Evansville	2	2	0	0	1.000
Illinois-Chicago	1	1	0	0	1.000
Illinois State	5	5	0	0	1.000
Illinois Wes.	2	2	0	0	1.000
Indiana	27	10	17	1	.375
Iowa	25	13	11	1	.525
MacMurray	2	1	1	0	.500
Marquette	2	2	0	0	1.000
Miami (Ohio)	15	6	8	1	.405
Michigan	9	5	4	0	.556
Minnesota	5	2	3	0	.400
Missouri	12	8	4	0	.667
N.E. Illinois	2	2	0	0	1.000
N.E. Missouri St.	1	1	0	0	1.000
N. Illinois	1	0	1	0	.000
Northwestern	5	4	1	0	.800
Notre Dame*	5	3	2	0	.600
Ohio State*	10	4	6	0	.400
Ohio Wes.	1	1	0	0	1.000
Olivet Naz.	1	1	0	0	1.000
Purdue	15	8	6	1	.533
St. Louis	1	1	0	0	1.000
Southern Cal.	1	1	0	0	1.000
Southern Illinois	27	19	8	0	.704
Western Illinois	1	1	0	0	1.000
Wisconsin	18	5	13	0	.277
Wisconsin-GB	1	1	0	0	1.000
Milwaukee-Wisc.	2	2	0	0	1.000
Wisconsin-Park.	1	1	0	0	1.000
Totals	243	146	92	5	.611

• Illinois versus Big Ten schools: 58-59-3 (.496)

• Illinois versus in-state schools: 52-19-0 (.732)

*In 1945, Illinois competed against these schools but no final results are available; no records from 1951-1953 exist.



Marko Koers



Dan Mazur



Neal Gassmann



Andy Homoly



Wally Duffy



Illinois Cross Country

ILLINOIS ALL-AMERICANS

Illinois at the NCAA Regional Championship

Top 10 NCAA Regional Finishes

Runner	Place	Time	Year
Craig Virgin	1st	29:04.4	1976
Craig Virgin	1st	23:05.5	1975
Craig Virgin	1st	28:42.8	1974
Barry Pearman	3rd	30:39	1996
Craig Virgin	3rd	29:22	1974
Len Sitko	4th	31:01.9	1990
Mike Durkin	4th	29:27	1973
Greg Domantay	5th	30:03.9	1982
Jim Eicken	5th	30:23.8	1978
David Halle	6th	31:58.1	1985
Ty Wolf	6th	29:55.0	1984
Jim Eicken	6th	31:40	1977
Dave Walters	6th	31:52	1976
Jason Zieren	7th	30:52	1996
Marko Koers	7th	31:27	1995
Mike Patton	8th	30:18.1	1984
Wally Duffy	8th	30:34	1981

*Contested since 1972; Prior to 1997, Illinois competed in NCAA District IV, in 1997, Illinois moved to NCAA District V, which has since been renamed Region V.

NCAA Championship

ILLINOIS ALL-AMERICANS

Name	Finish	Time	Year
James Bowers	6th*	21:26	1959
Ken Brown	4th*	19:47	1960
Allen Carius	1st*	19:45.2	1962
Allen Carius	1st*	19:39.4	1963
Ken Howse	37th	26:11	1969
Rick Gross	9th	30:01	1971
Mike Durkin	18th	29:06.2	1973
Craig Virgin	10th	28:47.8	1973
Craig Virgin	12th	30:15.8	1974
Craig Virgin	1st	30:15.8	1975
Craig Virgin	3rd	28:23.4	1976
Dave Walters	43rd	28:26.5	1977
Jim Eicken	27th	30:04.4	1978
Pete Ffitch	52nd	30:21.5	1981
Kerry Dickson	30th	30:40.5	1981
Greg Domantay	41st	31:12.3	1982
Kerry Dickson	37th	30:46.4	1983
Mike Patton	44th	30:55.5	1983
Jeff Jacobs	46th	30:21.6	1983
Ty Wolf	25th	30:21.6	1984
Joe Leuchtman	20th	31:26.8	1986
Jeff Jacobs	40th	31:50	1986
Len Sitko	22nd	29:58	1990

*Prior to 1964, All-America status was determined by finish at conference championship meets. Since then, to earn All-America status, a runner must be among the top 25 American finishers at the NCAA Championships.



James Bowers



Allen Carius



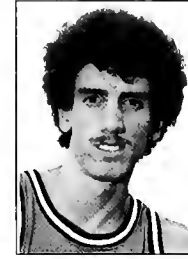
Rick Gross



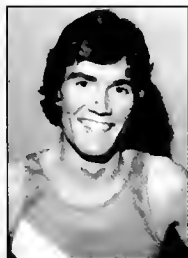
Ken Brown



Mike Durkin



Greg Domantay



Craig Virgin



David Walters



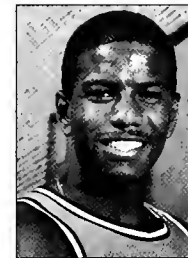
Jim Eicken



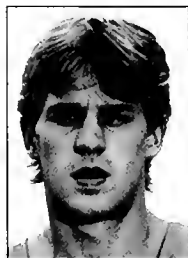
Pete Ffitch



Kerry Dickson



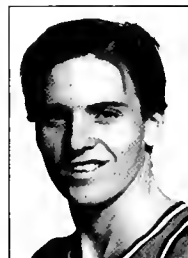
Mike Patton



Jeff Jacobs



Ty Wolf



J. Leuchtman



Len Sitko

ILLINOIS ALL-AMERICANS





Academic All-Big Ten

- 2000: Ryan Eason, Caleb Grinter, Dan Horyn, Andrew Kurtz, Justin Mitchell, Aaron Wahls
- 1999: Ryan Eason, Caleb Grinter, Dan Horyn, John Kronforst, Scott McClennan, Justin Mitchell
- 1998: Chas Berckman, Ryan Eason, Dan Horyn, Scott McClennan
- 1997: Matt Hanley, Scott McClennan, Rob Winfield, Matt Yesko, Jason Zieren
- 1996: Brett Siglin, Rob Winfield, Jason Zieren
- 1995: Eric Henson, Marko Koers, Jason Zieren
- 1994: Joe Alexander, Eric Henson, Mike Smaidris
- 1993: Eric Henson, Paul Talbot, Mike Uchanski
- 1992: David Eckburg, Dan Mazur, Paul Talbot, Prosper Wang
- 1991: Marc Dickison, David Eckburg, Andy Homoly, Mark Scheirer
- 1990: Jim DeBeers, Andy Homoly, Mark Scheirer
- 1989: Andy Homoly, Mark Scheirer
- 1987: David Halle, John Jacobson
- 1986: Paul Kivela

Top 10 Illinois Times by Distance

8,000 Meters

	<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet</u>
1.	Ty Wolf	23:43.0	*11/10/84	NCAA District IV Meet
2.	Jeff Jacobs	23:44.0	9/24/83	SIU/Wisconsin
3.	Kerry Dickson	23:59.0	*10/01/83	Illinois Invitational
	Mike Patton	23:59.0	*10/01/83	Illinois Invitational
5.	Wally Duffy	24:09.0	11/03/79	Big Ten Championships
6.	Pete Ffitch	24:17.8	11/07/81	Big Ten Championships
7.	Jon Schmidt	24:24.0	11/03/79	Big Ten Championships
8.	Len Sitko	24:26.9	10/06/89	Notre Dame Invitational
9.	Dave Painter	24:27.0	11/03/79	Big Ten Championships
10.	Tom Stevens	24:31.3	11/07/81	Big Ten Championships

*on way to a longer distance

10,000 Meters

	<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet</u>
1.	Craig Virgin	28:26.6	11/22/76	NCAA Championships
2.	Dave Walters	29:44.0	11/13/76	NCAA District IV Meet
3.	Jim Eicken	29:48.0	11/22/76	NCAA Championships
4.	Mark Avery	29:51.0	11/22/76	NCAA Championships
5.	Ty Wolf	29:55.0	11/10/84	NCAA District IV Meet
6.	Len Sitko	29:58.0	11/19/90	NCAA Championships
7.	Greg Domantay	30:03.9	11/13/82	NCAA District IV Meet
	Mike Patton	30:03.9	10/01/83	Illinois Invitational
9.	Kerry Dickson	30:04.5	11/23/81	NCAA Championships
10.	Jeff Jacobs	30:06.0	10/01/83	Illinois Invitational

Year-by Year Records

<u>Year</u>	<u>Big Ten</u>	<u>Region</u>	<u>NCAA</u>	<u>Record</u>										
1912	7th	---	---	0-0	1941	4th	---	10th	2-2	1974	3rd	6th	---	6-3
1913	2nd	---	---	1-1	1942	2nd	---	5th	0-3	1975	4th	4th	10th	5-1
1915	5th	---	---	0-0	1944	5th	---	---	0-1	1976	2nd	1st	5th	3-1
1919	7th	---	---	0-1	1945	4th	---	---	0-1	1977	2nd-T	3rd	22nd	5-0
1920	2nd	---	---	1-0	1946	3rd	---	---	0-0	1978	5th	6th	---	4-1
1921	1st	---	---	1-1	1947	1st	---	---	2-0	1979	4th	8th	---	2-3
1922	3rd	---	---	1-0	1948	2nd	---	---	2-0-1	1980	3rd	3rd	21st	1-0
1923	2nd	---	---	1-0	1949	2nd	---	8th	1-2	1981	2nd	3rd	10th	1-0
1924	5th	---	---	0-0-1	1950	6th	---	---	0-2	1982	4th	8th	---	1-1
1925	3rd	---	---	0-1	1954	4th	---	---	1-1	1983	4th	4th	9th	0-2
1926	4th	---	---	0-1	1955	2nd	---	---	1-1	1984	1st	2nd	14th	1-0
1927	2nd	---	---	2-0	1956	2nd	---	4th	3-1	1985	5th	8th	---	1-0
1928	7th	---	---	0-2	1957	3rd	---	---	3-1	1986	2nd	2nd	7th	1-0
1929	9th	---	---	0-1	1958	4th	---	---	0-2	1987	2nd	5th	---	0-0
1930	3rd	---	---	1-0	1959	6th	---	---	1-0	1988	4th	8th	---	0-0
1931	4th	---	---	0-0	1960	7th	---	---	0-2	1989	2nd	8th	---	0-0
1932	2nd	---	---	0-0	1961	8th	---	---	0-2	1990	4th	4th	---	0-0
1933	1st	---	---	4-0	1962	4th	---	---	2-2	1991	5th	6th	---	1-0
1934	---	---	---	1-2-1	1963	5th	---	---	4-1	1992	4th	6th	---	13-0
1935	---	---	---	4-0	1965	7th	---	---	0-4	1993	8th	12th	---	0-2
1936	---	---	---	0-5	1966	8th	---	---	3-4	1994	4th	4th	---	1-1
1937	---	---	---	1-2	1967	10th	---	---	4-7	1995	4th	5th	---	18-0
1938	5th	---	---	1-2	1968	6th	---	---	4-5	1996	4th	6th	---	1-0
1940	---	---	---	1-1	1969	2nd	---	5th	9-1	1997	9th	10th	---	3-0
					1970	4th	---	25th	6-1-1	1998	8th	5th	---	0-0
					1971	5th	---	---	3-3	1999	8th	4th	---	0-0
					1972	8th	---	---	5-5	2000	10th	10th	---	0-0
					1973	4th	9th	---	4-1-1					



Illinois Cross Country

ALL-TIME LETTERWINNERS AND COACHES



A

Adams, Paul1975
 Alexander, Joe1993-96
 Allen, Bill1972-73
 Allman, John1920
 Avery, Mark,1974-77

B

Babb, Dick1970
 Bauer, Craig1981-84
 Baughman, Lynn1934
 Berckman, Chan1998
 Bilsbury, Norman1988-89
 Bissell, Lonnie1979
 Bolander, Harold1913
 Bowe, Christopher1985
 Bowers, James1957-59
 Brennehan, Bruce1946
 Bridges, Jan1963
 Bridges, Mike1972-74
 Brooks, Dave1971-73
 Brooks, Rich1973-75
 Brown, John1958
 Brown, Ken1960
 Brown, Park1938-40
 Burgoon, David1915

C

Campbell, Robert1942
 Capelle, Mark1981
 Carius, Allen1962-63
 Cepulis, Wade1983-85
 Cherot, Tony1968
 Cleveland, Clarence1937
 Cline, Dick1954
 Close, Tim1977-78
 Cobb, Larry1969-71
 Cope, Walter1912
 Cox, Jeff1975
 Cullen, Joe1980

D

deBeers, Jim1990-91
 Dickenson, Roger1925
 Dickson, Marc1991-93
 Dickson, Kerry1979-83
 Diettrich, Henry1941
 Dintleman, Bob1955-56
 Domantay, Greg1982
 Downs, Robert1947-49
 Duffy, Walter1979-81
 Dufresne, Jacques1932-34
 Dunn, Clarence1941-42, 46
 Durkin, Mike1971-74
 Dusenberry, Paul1921
 Dykstra, Greg1967-69

E

Eason, Ryan1997-2000
 Eckburg, David1990, 1992-94
 Eicken, Jim1975-78
 Engelhorn, Rich1966
 Evans, Paul1929-30

F

Fairfield, David1925-27
 Fash, Dan1997

Ffitch, Pete1980-81
 Finney, Bruce1971
 Fisher, Ralph1933
 Flannery, Jim1979
 Francissen, Vern1980
 Frazier, Scott1982
 Fritz, Bill1974-75, 1977

G

Gaines, Harry1935
 Galland, Michael1933-35
 Gardner, Rob1969
 Gassmann, Neal1985-86, 1988-89
 Gilbert, Dwight1986-88
 Gladding, Donald1942
 Gould, William1930
 Gow, Nick2000
 Gray, Dan1985
 Grinter, Caleb1999-00
 Gross, Rick1969-71

H

Hall, Dick1967-68
 Hall, Melvin1923
 Halle, Dave1984-87
 Hamer, Paul1944
 Harris, Harold1957-58
 Hartman, Bill1963
 Hedgcock, Frank1956-57
 Henson, Eric1992-95
 Herning, Lance1962
 Hill, Greg1984
 Hiserote, Kim1971
 Homoly, Andy1988-89, 1991
 Horyn, Dan1997-98, 2000
 Howse, Ken1968-70
 Hughes, Eric1945
 Huston, Paul1947-48

I

Inch, Chris1987-88

J

Jacobs, Jeff1982-84, 1986
 Jacobson, John1986-87
 Jewsbury, Walter1948-49
 Jirell, Jeff1975-76
 Johnston, Charles1925
 Jonsson, Karl1955-57

K

Karkow, Waldemar1947
 Kelly, John1968-70
 Kivela, Paul1982, 1984-86
 Koers, Marko1991-92, 1995
 Krause, Dennis1965
 Kronforst, John1999
 Kurtz, Andrew1998

L

LaBadie, Lee1969-71
 Lally, Rick1962
 Lamb, Cortney1995-98
 Lamb, Lawton1949
 Lamoreux, John1966-68
 Landmeier, Verne1933
 Leuchtman, Joe1986-87
 Line, H.E.1930-32

Lin, Richard2000
 Lucchesi, Mike1997-00
 Luker, Tom1954-56
 Lynch, George1950

M

Maddux, Scott1989-92
 Maddux, Troy1990
 Makeever, Sam1923-29
 Marzulo, Sam1923
 Mason, Arthur1913
 Mazur, Dan1991-93
 McClennan, Scott1996-99
 McClowry, Sean1996
 McElwee, Ermel1925-27
 McElwee, Jim1960-61
 McGinnis, Gordon1921
 Meier, Mike1972
 Mieher, Edward1922-24
 Miller, Harold1924
 Mitchell, Justin1999
 Moran, Tim1999
 Mumaw, Gary1975-76
 Munnis, James1931
 Myers, Les1976

N

Nauta, Mike1963
 Nolan, Dan1990-93
 Novack, Joseph1926-27

O

O'Connell, John1935
 Olszewski, John1978-80

P

Painter, David1979-80
 Patterson, Bruce1921
 Patton, Mike1981-84
 Pearman, Barry1993-96
 Petefish, William1930
 Peterson, Jim1961
 Pfeiffer, Brent2000
 Ponsonby, Charles1966
 Ponzer, Howard1927
 Powers, John1985, 1987-88-89

R

Reasoner, Melton1930
 Rehberg, Robert1941
 Reynolds, Greg1981-86
 Rideout, Blaine1935
 Rideout, Wayne1935
 Ripskis, Stan1962
 Russell, Jon1997-99

S

Saarima, Matt1997
 Saunders, Chris1994
 Scheiner, Mark1988-91
 Schmidt, Jon1979-81
 Scott, Russell1921-22
 Seib, Robert1941-42
 Seiwert, Tim2000
 Seldon, John1928
 Sheuring, Verland1954-56
 Siegel, Bill1969
 Siglin, Brett1993-96

Sitko, Len1987-90
 Smaidris, Mike1993-95
 Sneberger, James1937
 Steinberg, Philip1944
 Stellner, Frank1925
 Stevens, Tom1980-82
 Stine, Francis1927-28
 Swanson, Reuben1921

T

Talbot, Paul1993
 Thanos, Jon1984-87
 Topper, Martin1922
 Twomey, John1946-47
 Twomey, Victor1945, 1947-49

U/V

Ummel, Kregg1989-91
 VanSwol, Jason1998-99
 Virgin, Craig1973-76

W

Wahls, Aaron1999-00
 Walker, George1966-67
 Walters, Dave1974, 1976-78
 Wells, Edwin1922
 Welsh, Roger1912
 Welyki, Joseph1946
 West, Jason1991-92
 West, William1931-33
 Wharton, Russell1921
 White, Charlie1975-78
 White, Harold1925
 Whitlow, Jamey1993
 Wieneke, Mark1985
 Wilson, Richard1978
 Winfield, Robert1995-97
 Winship, Harold1977
 Wolf, Ty1983-84
 Wood, Arthur1940-42
 Woolsey, Robert1930-32

Y/Z

Yarcho, Wayne1938
 Zieren, Jason1994-97
 Zimmer, David1988

ILLINOIS COACHING HISTORY

Coach (Seasons)	Years
Harry L. Gill (19)	1905, 1912-13, 1915-16, 1919-31,1937
C.D. Werner (1)	1932
Don Seaton (4)	1933-36
Leo T. Johnson and Harry L. Gill (1)	1938
Harold Osborn (4)	1940-42, 44
Leo Johnson (9)	1945-50,1958-60
Ed Berneauer (4)	1954-57, 1961
Phil Coleman (3)	1962-64
Robert Wright (2)	1965-66
Gary Wieneke (35)	1967-2001

Illinois Cross Country

THIS IS ILLINOIS

Since its founding in 1867, the University of Illinois at Urbana-Champaign has earned a reputation of international stature. Its distinguished faculty, outstanding resources, breadth of academic programs and research disciplines, and talented and diverse student body constitute an educational community ideally suited for teaching and research. Located in east central Illinois in the twin cities of Urbana and Champaign (population 110,000), the University of Illinois at Urbana-Champaign is the state's flagship public university.

STUDENTS

The University has a fundamental commitment to undergraduate education. More than 26,000 undergraduate students are enrolled in nine undergraduate divisions, which together offer some 4,000 courses in more than 150 fields of study.

The divisions are: the College of Agricultural, Consumer and Environmental Sciences; College of Applied Life Studies; College of Communications; College of Commerce and Business Administration; College of Education; College of Engineering; College of Fine and Applied Arts; College of Liberal Arts and Sciences and the Institute of Aviation.

Undergraduate admission is highly selective. In a recent freshman class, the average student was in the top 10 percent of his or her high school graduating class and scored in the top 10 percent of those taking the national college entrance examination. Approximately 9,000 graduate and professional students are enrolled in more than 100 disciplines. Many of these programs rank in the top 10 in the country, making Illinois among the nation's top 20 universities that grant doctoral degrees, according to the National Research Council.

WORLD-CLASS FACULTY

Many faculty have been recognized for exceptional scholarship with memberships in the American Academy of Arts and Sciences, the National Academy of Sciences, and the National Academy of Engineering; with the National Medal of Science; as National Science Foundation Young Investigators; and by such organizations as the National Endowment for the Humanities, Guggenheim Memorial Foundation, National Academy of Education, and the Alfred P. Sloan Foundation. At Illinois, research has a home in libraries, laboratories and classrooms, where it provides a real-life context for teaching and learning.

COMPUTING

A leader in supercomputing applications, the University is home of NCSA (National Center for Supercomputing Applications) where Mosaic web browsing software was first developed. Since first released in 1993, Mosaic has spawned exponential growth in the use of the World Wide Web. NCSA staff have also been instrumental in promoting World Wide Web access at the White House and in the city of Chicago. There are 23,000 network connections on campus for students, faculty and staff.

RESEARCH

Students and scholars find the University an ideal place to conduct cross-disciplinary research. The most visible example of the University's commitment to such study is the Beckman Institute for Advanced Science and Technology, where research groups from nearly two dozen disciplines work within and across the following three main research themes: biological intelligence, human-computer intelligent interaction and molecular and electronic nanostructures. The special atmosphere at the Beckman Institute made possible the collaboration between two researchers that led to the invention of a technique to extend by a factor of 50 the life of silicon chips, a development that has caught the interest of the world's major chip manufacturers.

UNIVERSITY LIBRARY

Academic resources on the campus are among the world's finest. The University Library is the third largest academic collection in the nation, housing more than 15.9 million items in the main library and in the more than 40 departmental libraries and units. Only Harvard and

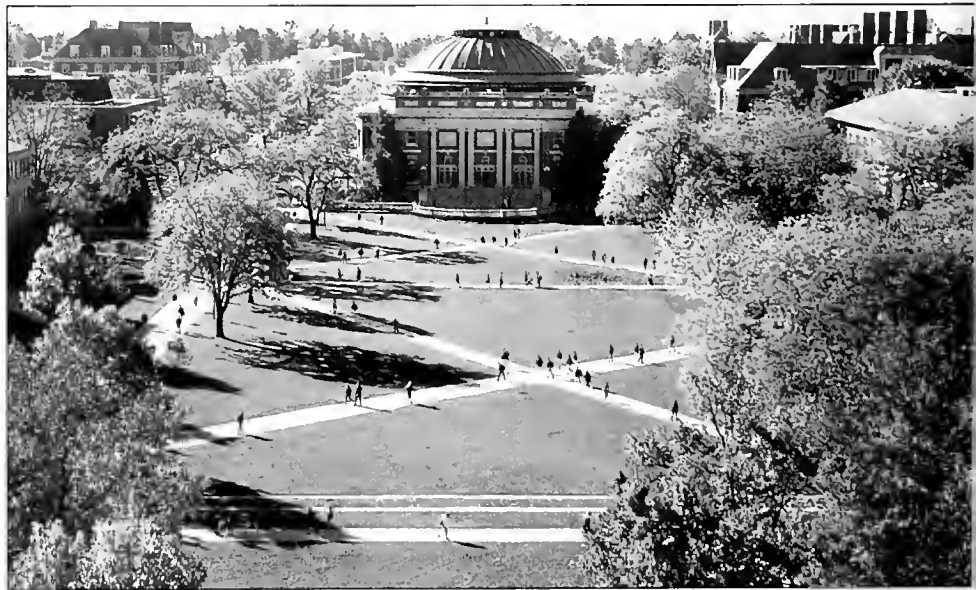
Yale have larger collections. The library's computerized cataloging system was the first in the world to serve as the primary access to a large academic library. Users have worldwide access to the collections through the Internet, with more than a million patrons logging on each week.

THE ARTS

A major center for the arts, the campus attracts dozens of nationally and internationally renowned artists each year to its widely acclaimed Krannert Center for the Performing Arts. Designed by alumnus Max Abramovitz, an architect of New York City's Lincoln Center, the facility has four indoor theaters and an outdoor amphitheater. Together, they host more than 300 performances each year. The University also supports three major museums: the Krannert Art Museum and Kinkead Pavilion, the World Heritage Museum and the Museum of Natural History. Other major facilities include the multipurpose Assembly Hall (16,000 seats), which hosts concerts, convocations, theater and sporting events; Memorial Stadium, site of Big Ten Conference football games; and the Intramural-Physical Education Building.

OUR GRADUATES SUCCEED

Freshman retention and overall graduation rates are well above the national averages. Typically, approximately 90 percent of freshmen return for their sophomore year. The graduation rate for students who enter the university on a full-time basis is approximately 80 percent. The national average for four-year schools is approximately 50 percent. Each year, more than 400 graduates are accepted to law school. Medical school admissions are also impressive with more than 200 students admitted each year.



Foellinger Auditorium anchors the south end of the Quad in the center of the Illinois campus.

Illinois Cross Country

HOUSING

All freshmen attending the University of Illinois are required to live in certified university housing. Options include any one of the university's 21 residence halls, one of a number of privately-owned residence halls near campus or any one of Illinois' 53 fraternities or 29 sororities. University residence halls offer any number of amenities, including dining halls, study areas, fitness centers and cable and computer network connections in each room. Fighting Illini freshman baseball players traditionally choose to reside in one of six residence halls that are clustered across the street from Memorial Stadium and a short walk from both the Quad and Illinois Field.

CAMPUS RECREATION

Illinois' Division of Campus Recreation (DCR) offers one of the best university recreation programs in the country. Nearly 8,000 students and staff members per semester participate in 30 individual and team intramural activities, including flag football, basketball, tennis, broomball and volleyball. IMPE, the DCR's cornerstone facility, houses indoor basketball, tennis, racquetball, cardiovascular equipment and classes, swimming and weight training. In-line skating and sand volleyball courts are maintained in season and Illinois students also have access to the campus ice arena and two 18-hole golf courses.

One of DCR's newest additions is the



The University Library is the nation's third largest.

Campus Recreation Outdoor Center (C-ROC). At C-ROC, students can check out skis, camping gear and bikes, among other adventure equipment. DCR also offers weekend and longer rafting, hiking and skiing trips out of C-ROC.

CULTURE AND ENTERTAINMENT

In addition to hosting the men's and women's basketball teams in action, the Assembly Hall has hosted concerts, circuses, ice shows and Broadway musicals. Beautifully restored Foellinger Auditorium on the Quad also is home to concerts and films. The Krannert Center for the Performing Arts holds four the-

aters for plays, dance and concerts.

There are approximately 850 student organizations at Illinois to meet the individual needs and desires of each student. Quad Day, held during the first week of school, offers a chance for students to sample the various activities available to them.

If your interests include activities such as movies, bowling or golf, the Champaign-Urbana area can accommodate you. There are several movie theaters, including a 16-screen theater about five minutes from campus.

The Champaign-Urbana community, with its population of 110,000 offers a large number and variety of restaurants. From tradition steakhouses to Italian, Japanese and any other variety of food, the area offers something for everyone. The C-U area also houses plenty of shopping opportunities, including the newly renovated MarketPlace Mall.

TRADITION

The University of Illinois has a proud history and tradition both as an individual institution and as a member of the Big Ten Conference. One of the most dramatic and dignified traditions in college athletics is the performance of Illinois' Chief Illiniwek. Illiniwek was the name of the loose confederation of Algonquin tribes that once lived in the region. Illiniwek means "they are men."



Assembly Hall hosts everything from Illini basketball games to concerts.





Illinois Cross Country

The Division of Intercollegiate Athletics (DIA) was chartered in 1892 as a not-for-profit corporation of the State of Illinois. It was charged with overseeing and conducting the University's intercollegiate athletic programs and associated support services, and operated as a separate entity.

After the state legislature voted in June 1989 to bring UI athletics within the University proper, the DIA assumed the functions and responsibilities of the Athletic Association. The Division of Intercollegiate Athletics began operations officially July 1, 1989, and now, more than a century after University of Illinois athletics began, the mission is still to achieve excellence both in the classroom and in sport competition.

The director of athletics is the division's chief executive officer, and reports directly to the chancellor of the Urbana-Champaign campus. The chancellor has final authority regarding the athletic program in all areas except for budget and major appointments. Those decisions rest with the University of Illinois Board of Trustees.

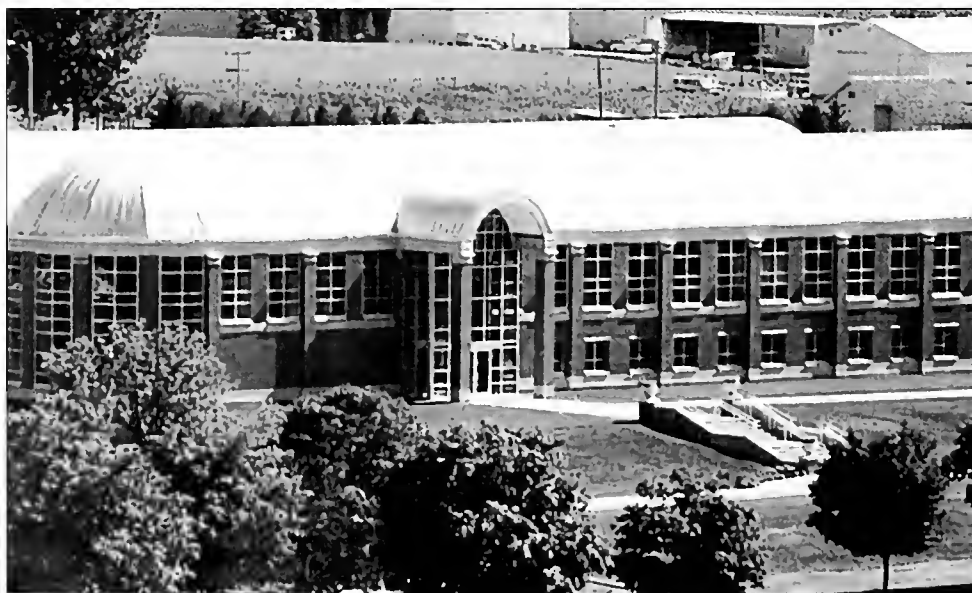
The Athletic Board serves the DIA in an advisory capacity. It is composed of 18 members, (nine faculty, five alumni, three students and one trustee); and the three non-voting (ex-officio) members from the University administration. The faculty and student members are nominated by the Urbana-Champaign Senate and selected by the chancellor.

The Division of Intercollegiate Athletics does not receive state tax dollars and over the years has been able to fully fund the NCAA maximum allowable number of athletic scholarships for student-athletes in each of its sports programs, as well as to hire excellent coaches and maintain and upgrade its facilities, staying on par with the best major collegiate programs across the nation.

This has been accomplished through revenues derived from four major sources: gate receipts from football and men's basketball; television and radio rights fees for those two sports; corporate sponsorships and donations to the Fighting Illini Scholarship Fund. The FISF contributions provide the maximum allowable number of scholarships in the 19 men's and women's sports at an average annual cost of approximately \$10,000 for in-state student-athletes and about \$15,000 for those from outside Illinois.

DID YOU KNOW . . .

- **ILLINOIS OWNS THE LARGEST PUBLIC UNIVERSITY LIBRARY:** The University of Illinois library has the largest public university collection in the world.
- **ILLINOIS ENGINEERS ENJOY NATION'S LARGEST LIBRARY:** Grainger Engineering Library and Information Center is the largest library in the country and one of the world's most technologically advanced information management and retrieval centers.
- **ILLINOIS GRADUATES FIND JOBS:** More than 90% of seniors seeking employment obtain positions within eight months of graduation from the University of Illinois.
- **ILLINOIS GRADUATES MOVE ON TO MEDICAL AND LAW SCHOOL:** Each year, more than 200 University of Illinois graduates are accepted to medical school and more than 400 are accepted to law school.
- **# 1 ACCOUNTING SCHOOL IN THE NATION:** The University of Illinois undergraduate accounting program was ranked No. 1 in the nation in a 2000 U.S. News and World Report survey of college accounting professors and department heads.
- **# 1 ADVERTISING SCHOOL IN THE NATION:** The University of Illinois undergraduate advertising program was selected No. 1 in the nation in a recent poll of advertising educators, who ranked the nation's 84 advertising programs.
- **ACCOUNTING PROGRAM SIMPLY THE BEST:** The University of Illinois' accounting program has been ranked No. 1 in the nation for the past 17 years.
- **MONEY MAGAZINE SALUTES ILLINOIS:** In its 1999 guide to higher education, Money magazine lists the University of Illinois as one of the nation's best college buys.
- **U.S. NEWS & WORLD REPORT TABS ILLINOIS BUSINESS SCHOOL AMONG NATION'S TOP 5:** According to rankings in the U.S. News & World report, the University of Illinois College of Commerce and Business Administration is ranked No. 5 in undergraduate business education.
- **DOW JONES NEWSPAPER FUND LAUDS ILLINOIS JOURNALISM:** The Dow Jones Newspaper Fund lists the University of Illinois among an elite group of seven universities, known as the "journalism ivys."
- **ILLINOIS AMONG NATION'S TOP THREE PUBLIC UNIVERSITIES:** The University of Illinois is consistently ranked alongside Ohio State and Wisconsin as one of the nation's top three overall education programs.



The Bielfeldt Athletic Administration Building opened in 1996.

Illinois Cross Country

PRESIDENT

Dr. James J. Stukel
(Purdue '59)



President James Stukel assumed his duties as the 16th president of the University of Illinois in 1995.

For four years prior to coming to Champaign, Stukel served as chancellor and chief executive officer of the University of Illinois at Chicago. Stukel is known for his efforts to improve elementary and secondary education, health care and economic development in Chicago.

Stukel has been a part of the University of Illinois family since enrolling in graduate school 35 years ago. Stukel spent 23 years on the Urbana-Champaign campus as an administrator, engineering professor and researcher. He then moved to UIC, spending one year as vice chancellor for research and five years as executive vice chancellor and vice chancellor for administrative affairs before assuming the chancellor position in Chicago.

Stukel was born March 30, 1937, in Joliet, Ill., and attended Joliet public schools. He earned his B.S. degree in mechanical engineering from Purdue University in 1959 and spent two years as a research engineer for the West Virginia Pulp and Paper Company. In 1961, Stukel enrolled in graduate school at Illinois, earning his M.S. in mechanical engineering in 1963 and his Ph.D. in mechanical engineering in 1968.

He became assistant professor of environmental engineering and mechanical engineering at Illinois in 1968, associate professor in 1971 and full professor in 1975.

Stukel and his wife, the former M. Joan Helping, have four children and one grandchild.

CHANCELLOR

Dr. Nancy Cantor
(Sarah Lawrence '74)



Dr. Nancy Cantor became Chancellor of the University of Illinois at Urbana-Champaign on July 21, 2001, pledging to maintain its status as one of the great public research universities in the nation and promote its excellence to the world academic community.

Dr. Cantor held a number of academic leadership positions prior to becoming the chief executive officer at Illinois. Most recently, she held the position of Provost and Executive Vice President of Academic Affairs at the University of Michigan. Previous to that, she was Dean of the Horace H. Rackham School of Graduate Studies and Vice Provost for Academic Affairs at Michigan and Chair of the Department of Psychology at Princeton University.

Dr. Cantor is a psychologist specializing in the fields of Personality and Social Psychology, and Personality and Cognition. She has co-authored or edited three books, and is the author or co-author of more than 30 book chapters and nearly 50 articles.

Dr. Cantor is a fellow of the American Psychological Society, the American Psychological Association and the Society for Personality and Social Psychology. She has received many awards and honors, including the Distinguished Scientific Award for an Early Career Contribution to Psychology from the American Psychological Association, and the Woman of Achievement Award of the Anti-Defamation League. She was recently elected to the American Academy of Arts and Sciences, and to the Institute of Medicine of the National Academy of Sciences, and serves as vice chair of the Board of Directors of the American Association for Higher Education.

Dr. Cantor is well known to higher education nationally. She has been actively involved with the National Science Foundation through her service on its various advisory boards and study sections. She served as a member of the National Research Council Committee on National Needs in Biomedical and Behavioral Science Research and as vice chair of the NRC Committee on Women in Science and Engineering.

Dr. Cantor is married to Dr. Steven Brechin, an environmental sociologist; they have two children, Maddy and Archie.

DIRECTOR OF ATHLETICS

Ron Guenther
(Illinois '67)



Ronald E. (Ron) Guenther, a former Illinois football player and administrator, was named the Fighting Illini's eighth director of athletics in 1992. Guenther became director following nearly two years with the UI Foundation, where he served from September 1990 through June 1992.

He was a partner with The Barofsky Association, a Chicago area investment/marketing firm from March of 1989 until returning to the University.

From June of 1988 to March of 1989, Guenther was UI's interim director of athletics for external operations, administering the development program, public relations, promotions, tickets, merchandise and summer camps.

Guenther spent the previous three years as associate athletic director for development, coordinating UI's Campaign for Excellence in Athletics. That campaign provided the impetus toward upgrading the University's athletic plant for the first time in nearly 60 years. From May 1983 to June 1985, he served as Illinois' assistant athletic director for Chicago operations.

Guenther spent eight years at North Central College in Naperville, Ill., including a stint from 1975-79 as director of admissions and also as associate head football coach. From 1979-83, he served as NCC's vice president of development and public affairs.

Before moving to North Central, Guenther coached football at Boston College from 1971-74.

From 1968-71, he was a teacher and coach in football, wrestling and track for the Evanston Township and Glenbard High School systems in suburban Chicago.

Guenther received two degrees from the University of Illinois, a B.S. in physical education in 1967 and a M.S. in administration in 1968.

ILLINOIS ADMINISTRATION





Media Procedures for Interviewing University of Illinois Athletes, Coaches and Administrators

Illinois releases, statistics and bio information are available on the official University of Illinois athletic web site, www.fightingillini.com.

Cross Country Practice

Coach Wieneke and selected student-athletes will be available for interviews before practice. The team will practice at 3:30 p.m. on weekdays and weekend practices will be listed as TBA. The team will meet outside of Huff Hall prior to each weekday practice.

Interview Policies

All interview requests for Illinois student-athletes and Coach Wieneke need to be set up with David Reiter in the Illinois Sports Information Office. Coach Wieneke will be available to the media for phone interviews during the weekdays from 8 a.m.-10 a.m., with all interviews being scheduled through the sports information office.

Directions to the Illinois Blue Course

From Chicago O'Hare International Airport: I90/94 to I57 South or I-294 Tri-State Tollway East to I-80 West to I-57 South. Follow I-57 South approximately 110 miles south to I-74 East.

Exit Neil Street, turn right. Travel approx. 6 miles to University of Illinois Golf Course Exit and turn right. The University of Illinois Golf Course will be on your right.

From Chicago Midway Airport: Take 155 West to I-294 Tri-State Tollway East, to I80 West to I-57 South. Follow I-57 South approximately 110 miles south to I-74 East.

Exit Neil Street, turn right. Travel approx. 6 miles to University of Illinois Golf Course Exit and turn right. The University of Illinois Golf Course will be on your right.

From Indianapolis International Airport: I-465 North to I-74 West. Exit Neil Street, turn left.

Travel approx. 6 miles to University of Illinois Golf Course Exit and turn left.

Media Outlets

NEWSPAPERS

The News Gazette
Box 677
Champaign, IL, 61820
Jeff Huth
Phone: (217) 351-5232
Fax: (217) 351-5374

The Daily Illini
57 East Green St.
Champaign, IL, 61820
TBA
Phone: (217) 333-7025
Fax: (217) 244-6611

RADIO STATIONS

WDWS
Box 3939
Champaign, IL, 61826
Dave Loane
Phone: (217) 351-5300
Fax: (217) 351-5385

WPGU

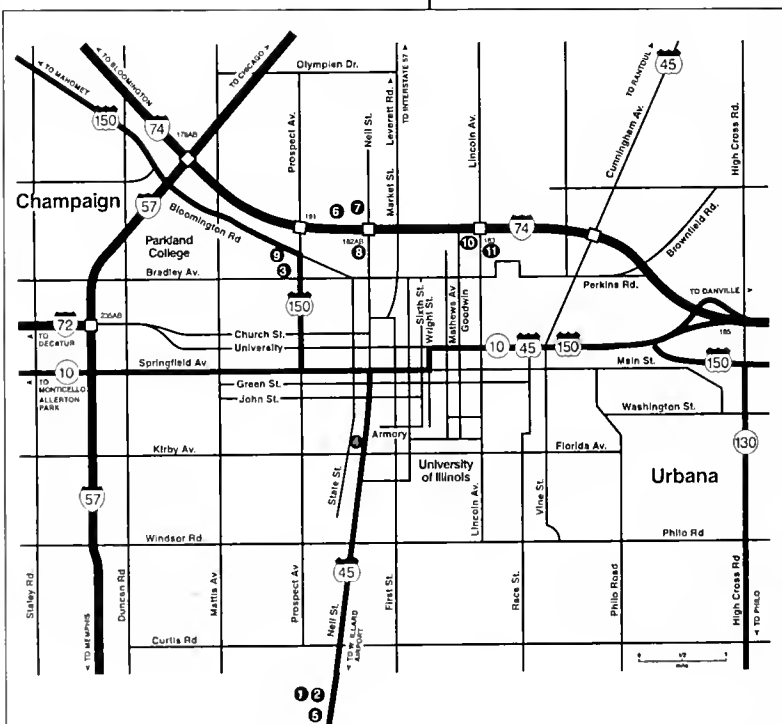
Andrew Miller
24 East Green St.
Champaign, IL, 61820
Phone: (217) 244-3000
Fax: (217) 244-3001

TELEVISION STATIONS

WAND-TV
Ron Rector
904 Southside Dr.
Decatur, IL, 62522
Phone: (217) 423-7325
Fax: (217) 422-8203

WCIA-TV
Chris Widlic
509 South Neil St.
Champaign, IL, 61820
Phone: (217) 356-8333
Fax: (217) 373-3663

WICD-TV
Scott Musgrave
250 Country Fair Dr.
Champaign, IL, 61821
Phone: (217) 351-8538
Fax: (217) 351-6134



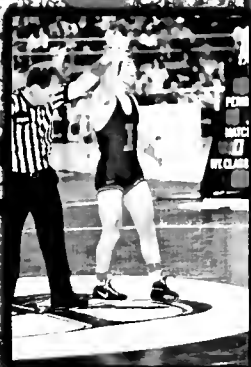
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TO



ACADEMIC



EXCELLENCE





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2001 CROSS COUNTRY SCHEDULE

Sept. 8	Meet of Champions	West Lafayette, Ind. (Purdue)
Sept. 15	Illinois State Invitational	Normal, Ill. (Illinois State)
Sept. 22	University of Illinois Invitational	Savoy, Ill. (Illinois)
Sept. 29	Roy Graf Invitational	Minneapolis, Minn. (Minnesota)
Oct. 13	Chili Pepper Invitational	Fayetteville, Ark. (Arkansas)
Oct. 28	Big Ten Championship	Savoy, Ill. (Illinois)
Nov. 10	NCAA Midwest Regional Champ	Carbondale, Ill. (S. Illinois)
Nov. 19	NCAA National Championship	Greenville, S.C. (Furman)