



C. W. Leadbeater

Vegetarianism and Occultism

## Vegetarianism and Occultism

By C. W. Leadbeater (1854 – 1934)

How does occultism regard vegetarianism? It regards it very favorably, and that for many reasons. These reasons may be divided into two classes: those which are ordinary and physical, and those which are occult or hidden. Let us see in detail why a vegetarian diet is emphatically the purest and the best. (Summary from *Vegetarianism and Occultism*)

Total running time: 01:21:13; read by Andrea Fiore.

01 – Introduction – 00:05:36 ● 02 – We Want the Best – 00:04:35 ● 03 – More Nutriment – 00:11:01 ● 04 – Less Disease – 00:08:03 ● 05 – More Natural to Man – 00:03:06 ● 06 – Greater Strength – 00:09:01 ● 07 – Less Animal Passion – 00:04:23 ● 08 – Economy – 00:01:57 ● 09 – The Sin on Slaughter – 00:04:00 ● 10 – The Degradation of the Slaughterman – 00:05:17 ● 11 – Occult Reasons – 00:05:06 ● 12 – Impure Vehicles – 00:05:27 ● 13 – Man’s Duty Towards Nature – 00:03:45 ● 14 – Ghastly Unseen Results – 00:06:37 ● 15 – The Better Time to Come – 00:03:19

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