

# VISUAL AIDS



## *in* Public Health Education

STATE OF NEBRASKA  
DEPARTMENT OF HEALTH  
• LINCOLN •

From the collection of the



San Francisco, California  
2006

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# ALPHABETICAL INDEX

## of 16mm.

### SOUND AND SILENT FILMS

The following abbreviations are used in the preparation of this list of films: VD—Venereal Disease; PHE—Public Health Education.

Films are sound unless otherwise indicated.

FILMS	CLASSIFICATION	PAGE
ABC OF FOODS	Food	Silent 25
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WHAT IS CANCER	Cancer	7
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WHERE DOES IT GET YOU?	Alcohol	5
WHO'S BOSS? (Marriage)	Family	20
WHY VANDALISM?	Family	20
WHY WON'T TOMMY EAT?	Mental	38
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YOU AND YOUR FAMILY	Family	21
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## HOW TO REQUEST FILMS

Address all requests to:

Division of Public Health Education  
State Department of Health  
Lincoln 9, Nebraska

Make reservations for films as far in advance as possible.

Give first, second, and third choices of titles.

Give first, second, and third choices of dates.

Films are sent out free with the understanding that  
**RETURN POSTAGE AND INSURANCE WILL BE PAID  
BY THE USER.**

\$50 value for each 400 ft. black and white print

\$75 value for each 400 ft. color print

\$100 value for each 800 ft. black and white print

\$150 value for each 800 ft. color print

All films are 16mm. We clean and repair each film  
before mailing.

## YOUR RESPONSIBILITIES

Insure each film on return.

Mail all films not later than the day following the show-  
ing date.

Fill out and return the audience report with the film.

Return all broken sections of film for repairing.

Do not rewind the film.

Do not run a sound film on a silent projector.

Be sure that you have a trained operator for the pro-  
jector.

Those who request films will be held responsible for  
films damaged while in use or lost in the mail.

## HOW TO USE A FILM AND MAKE IT AN EDUCATIONAL EXPERIENCE

A good film is not a substitute for teaching; it is a part of teaching and, if used correctly, it is supplementary material.

The health film or filmstrip belongs in the educational program when it is related to a specific project being studied in the school or community. Use films on specific health problems or on a phase of science, safety, homemaking, or general healthful living.

The health film can do a great deal to influence the behavior of students through shaping their attitudes toward health problems.

These points are important in requesting or using educational films:

1. There should be an interest in problems under discussion, which indicates that a film would help to answer questions.
2. The teacher chooses an available film and, if possible, previews it with her study guide as a help; she also keeps in mind the questions from the group which led to the request for a film. Before showing the films, she talks with the group about what to look for to find answers to questions.
3. In the discussion which follows the showing of the film, it is helpful to run it through again to further the students' understandings, and to plan activities which may grow out of their interesting experiences.
4. How does the information gained through seeing a film suggest integration with other problems being studied by the group?

Just "showing films" is of little value to the average group. They should help toward understanding problems under discussion. For example, a community group having a problem of milk, water, sewage, and garbage disposal, or other public health problems, would use an educational film to help the group learn of standards in public health, and to help in working out problems in a community.



## DESCRIPTIONS

Sound and silent films, 16mm. Color films designated. All sound except those marked silent.

### —ALCOHOL, TOBACCO, AND NARCOTICS

**ALCOHOL AND THE HUMAN BODY** (20 min.) Both live photography and animation are used to show the specific effects of alcohol on the body. Traces the course of alcohol through the body and its effect on the brain. Problems of drinking and ways to control them are suggested. Junior, senior high, and adults.

**ALCOHOL AND TOBACCO: WHAT THEY DO TO OUR BODIES** (11 min.) Laboratory tests confirm the effects of alcohol and tobacco on our bodies; how alcohol slows a man's speed and affects his skill; how nicotine causes the blood vessels to contract, producing unsteadiness and fatigue. Intermediate, high school, and adults.

**ANY BOY—USA** (24 min., color) A 13 year old boy meets Mister Whisky on the highway and learns from him that the adventures which intrigue the boy—piloting a plane, driving an engine, steering a ship—are denied Mister Whisky because he is not wanted where judgment, stamina, agility, and clear thinking are essential. High school and adults.

**CHOICE IS YOURS, THE** (20 min.) This up-to-the-minute teaching film features Dr. A. C. Ivy, in charge of Chicago Professional Schools of the University of Illinois. Students are given answers to their questions about alcohol. Junior, senior high, and adults.

**DRUG ADDICTION** (20 min.) Strips away all glamour from narcotics for teen-agers. It explains the derivation of marijuana, heroin, and cocaine. The harmful reactions and effects are depicted by animated drawings. Junior, senior high, college, and adults.



**FAR FROM ALONE** (31 min.) A different temperance picture. It centers around drinking, but there is no drinking in it. The picture reveals Christian answers to current problems, but it does not show a minister or a church building. The story focuses on drinking instead of drunkenness. This film counteracts a growing fallacy that beer does not intoxicate. It is packed with information that is controversial, but presented in such a way that it is acceptable to almost any group. Junior, senior high, college, and adults.

**FOOD FOR THOUGHT** (14 min.) The value of good foods in body building and energy production is contrasted with the lack of food value in beer. Especially for elementary level.

**FRIENDLY ENEMY** (24 min.) Presents authentic facts about the nature and properties of alcohol; its use in industry; its effects on the human body. Junior, senior high, college, and adults.

**IT'S THE BRAIN THAT COUNTS** (20 min.) An interesting story illustrates the effects of one drink of beer on human judgment, and how it can cause a fatal decision. The effects of alcohol and water are shown by several experiments. Junior, senior high, and adults.

**LIQUID LORE** (20 min.) Compares the uses of alcohol and water. It shows the effects of alcohol on the cells of the body; the results of drinking when driving. Junior, senior high, and adults.

**NO SMOKING** (12 min.) A strong appeal is made for young people not to start smoking. Describes the harm of smoking; economic wastes both in cost of cigarettes and fire damage. Stresses harm to users by lowering appreciation in living, increasing nervousness, lowering vitality, and shortening life. Junior, senior high, and adults.

**PROBLEM DRINKERS** (20 min.) Indicates that alcoholism should be treated more as a disease than as a crime. Verifies the ill effects of liquor. Shows how Alcoholics Anonymous helps. High school and adults.

**PUBLIC ENEMY NO. 1** (20 min., color) This educational film for classroom use pictures the fascinating scenery of the Pacific Coast and the mountains along the route driven by a physician and his two sons. A previous accident leads to the father's discussion of potential dangers involved in the use and sale of alcoholic drinks. High school and adults.

**THAT BOY JOE** (20 min.) Shows that for many adolescents, home is merely a springboard toward the next place. For use especially among women's clubs, churches, P.T.A., Y.M.C.A., and other community agencies.

**TOBACCO AND THE HUMAN BODY** (15 min.) An authentic report on the scientific results of modern research, evaluating the effects of the use of tobacco. Analyzes the contents of tobacco smoke; demonstrates some of the physiological effects of smoking; and sums up the factors to be considered in deciding whether or not to smoke. Junior, senior high, college, and adults.

**VICIOUS CIRCLE, THE** (20 min., color) An advertising artist's experience with the use of the products he depicted is shown. Emphasizes how widespread liquor advertising influences American lives. Religious and civic groups, high school, and college.

**WHAT ABOUT ALCOHOL?** (10 min.) Points out the effects of alcohol in a very impressive manner. Junior, senior high, college, and adults.

**WHERE DOES IT GET YOU?** (20 min.) This is an alcohol educational film for teen-age groups in schools, churches, and youth organizations. Juniors through adults.

## —CANCER

**BREAST SELF-EXAMINATION** (20 min., color) Illustrates the method prescribed by doctors for self-examination for breast cancer. Women's clubs and organizations.

**CANCER** (12 min.) Establishes the basic facts everyone should know about cancer; the physical nature of cancer; the widespread research into its cause and control; and the necessity for constant vigilance in the detection and treatment of this disease. High school and adults.

**CHOOSE TO LIVE** (16 min.) Touches on cancer danger signals, diagnosis, X-ray, radium, and surgical treatment in modern hospitals; possibility of cure; scientific research at the National Cancer Institute. Junior, senior high, and adults.

**DOCTOR SPEAKS HIS MIND, THE** (22 min.) A doctor talks about cancer patients who come to him too late, and those who are saved because the cancer is found in time. Adults.

**FROM ONE CELL** (14 min.) Demonstrates cell growth and division through animation and time lapse sequence. Junior, biology classes, and adults.

**HORIZONS OF HOPE** (18 min., color) Tells of the search for a cure for cancer. Live action illustrates the "machine for mankind" that is the Sloan-Kettering Institute. Animation simplifies highly technical aspects of cancer control. Studies of antibodies are shown in connection with the difference between normal and cancer cells. Senior high, lay audiences, researchers, doctors.

**MAN ALIVE** (12 min.) Animated. Emphasizes the importance of a regular check-up to discover cancer while it is curable. It lists the "seven danger signals". Adults.

**ONE IN FIVE** (20 min.) A report on a three-way attack on cancer through research, education, and service, highlighted with human interest. It creates a public awareness of cancer symptoms. Adults.

**QUESTION IN TIME** (20 min.) Tells the various ways cancer can be detected, and the warnings we often disregard until too late. High school, college and adults.

**RADIOTHERAPY** (20 min.) Shows tumor diagnosis and the use of X-ray in cancer treatment. Nurses.

**TIME IS LIFE** (19 min.) Emphasizes the importance of early medical advice. It shows the methods for treatment of cancer, with purpose and activities of the American Cancer Society's Field Army. Grade 10 through adults.

**TRAITOR WITHIN** (10 min., color) A Walt Disney Production told entirely with animated graphics. This film shows the lawless behavior of cancer cells; their origin and spread; modern treatments; the danger signs which indicate cancer. Affirms the hopeful outlook of cases having early diagnosis and treatment. High school and adults.



**WHAT IS CANCER** (28 min., color) Pictures how cancers start and how they can be recognized. Gives the methods of treatment and diagrams showing portions of the body where cancer is most likely to be found. Nurses and other adults.

**YOU ARE THE SWITCHMAN** (12 min.) Emphasizes the curability of cancer when early medical care is secured, and the importance of early diagnosis and treatment of the disease. Junior, senior high, and adults.

## —CHILD HEALTH

**BABY'S DAY AT TWELVE WEEKS** (12 min.) The approved methods of care and feeding of the infant, and what can be expected of him are demonstrated. High school, parents, and nurses.

**BABY SITTER** (15 min.) Shows the important points for both sitter and parents to observe. High school, college, and adults.

**BATHING TIME FOR BABY** (10 min., color) A Walt Disney Production cartoon showing the table-tub method for bathing the baby, approved by the nursing profession. High school and parents.

**CARE OF THE NEWBORN BABY** (30 min.) Interprets the nurse's function in teaching parents to care for their newborn infants. It stresses the fundamentals of nursing care which meet the physical and emotional needs of the newborn infant. Nurses, P.T.A., mother's clubs, and others interested in maternal and child health problems.

**CHILD CARE AND DEVELOPMENT** (20 min.) Deals with the habits of daily physical care that insure a healthy, happy child; correct parental attitudes; procedures which aid in establishing good basic habits related to sleep, bathing, good diet, exercise, and proper clothing; encouragement of curiosity as the basis for the child's future education. Attention is called to the importance of attitudes of both parents and children toward good routine in daily living. Junior, senior high, and adults.

**CHILD HEALTH CONFERENCE** (25 min.) Explains what transpires at a typical Well-Child Conference. P.T.A., and other adult groups.

**CHILD IN THE MIDDLE, THE** (20 min.) Presents the case history of a child who took her problems to school. The paintings by the child suggest that the trouble is in the home. The mother is working and the grandmother is in charge. The child improves when the parents and the teachers cooperate. Teachers, parents, P.T.A., church and club groups.

**CHILDREN'S PLAY** (27 min.) This film points up the changing form of children's recreation; play as a dynamic factor in a child's development as well as a requirement for good health; and the important contributions the parents can and should make to give their children the best possible chance for healthy play. College and adults.

**DOCTOR SPOCK** (30 min.) Doctor Spock urges the use of common sense in child guidance. He advises parents on evaluating the child's needs and how to meet them in a practical, wholesome way. Adults.

**FEARS OF CHILDREN** (29 min.) This is the story of Paul, a normal five-year-old, and his well-intentioned parents, who contribute to their child's difficulties when they fail to understand his fears. Indicates ways parents can cope with childhood fears and promote better emotional health. P.T.A., college and adults.

**FIRST AS A CHILD** (22 min.) This is the case history of Alex, a crippled ten-year-old boy, from the time of the public health nurse's visit to his home, through diagnosis, treatment, and aftercare. The story demonstrates the operation and benefits of a well-planned program for the care of crippled children in one community. Emotional problems on the part of the child and the parents are given consideration. Adults.

**FROM CREEPING TO WALKING** (12 min.) Analyzes the mechanics of walking and the stages by which the child learns to walk. Parents and those interested in child welfare.

**INFANT BEHAVIOR—EARLY GROWTH AND DEVELOPMENT** (25 min.) Gives professional guidance in relation to the growing child—the diet, exercise, cleanliness. Nurses, parents, and professional groups.



**KNOW YOUR BABY** (12 min., color) Emphasizes the mental as well as the physical care of the new baby. Ways are suggested to interest older children in the care of the baby and to help keep jealousies at a minimum. High school and adults.

**LIFE WITH BABY** (20 min.) Shows the normal mental and physical growth and development of a child up to six years of age. The picture guides toward a better understanding of the young child. Senior high school and adults.

**PLAY'S THE THING** (15 min., silent) The constructive use of homemade play equipment is illustrated. Mothers' clubs and P.T.A. groups.

**PRINCIPLES OF DEVELOPMENT** (17 min.) Outlines the fundamentals of growth from early infancy through the period of childhood and defines the six basic principles of human development. The many variables which make each child different from every other one are considered. College, high school home economic groups, adults.

**STARTING LINE** (24 min.) This picture is presented to stimulate city and state health departments to develop premature infant care programs. Physicians, nurses, and lay groups.

**YOU'RE IN CHARGE** (12 min.) This film is recommended as a course in baby-sitting. It deals with the attitudes of parents and baby-sitters. It demonstrates what the baby-sitter should and should not do while caring for children; the parents' responsibility in preparing the baby-sitter with full information for any emergency, and for caring for the child's needs. High school and parents.

## —DENTAL

**ABOUT FACES** (25 min., color) Relates dental experiences from infancy to early manhood. The value of early and regular dental care and the advantages of good nutrition and mouth hygiene are presented. Elementary, high school, and adults.

**ABOUT FACES** (10 min. black and white) The story of Danny's teeth from the cradle to his induction into the army. The importance of proper dental care and topical fluoride treatments are discussed. Elementary, high school, and adults.

**CHILD AND HIS THUMB, THE** (18 min., color) Summarizes the result of research on thumbsucking, integrating the orthodontic, pediatric, and psychologic aspects. Parents and professional groups.

**COME CLEAN** (10 min., color) A likeable and somewhat humorous character, by the name of Adolphus, brings to the screen his experiences in the care of the teeth. The story shows the behavior changes that may be brought about through proper instructions. High school, P.T.A., and other community groups.

**DENTAL HEALTH: HOW AND WHY** (10 min.) The four kinds of teeth and their uses are explained. The benefits of a balanced diet, low sugar intake, and the cleaning effects of eating fresh fruits and of brushing are indicated. Primary, elementary, high school, and adults.

**DROP IN THE BUCKET** (13 min.) The story of how the dentists, civic leaders, health officials, and the people of the town got together to add fluoride to their community water supply. It shows costs and suggests benefits of adding fluoride. Junior, senior high, and adults.

**FLUORIDATION** (5 min., color) Demonstrates the results of fluoridation in the prevention of dental caries in a specific area, Grand Rapids, Michigan. Schools, civic and P.T.A. groups.

**FOODS THAT BUILD GOOD HEALTH** (11 min., color) This picture will teach children the relation of good health to the foods they eat and what those foods are. They see irritability, lack of energy and physical weakness as the results of a poor, unbalanced diet; how the right foods in the right amounts regularly contribute to building strong, healthy bodies. Intermediate and junior high.

**GATEWAY TO HEALTH** (20 min., color) This film presents the development and structure of teeth and the results of poor and good mouth hygiene. Nutrition is stressed; the value of fresh fruits in the diet and their relationship to healthy teeth and general health. Elementary, high school, and adults.



**HOW TEETH GROW** (10 min., si.) Pictures the development of teeth from infancy to adulthood. Children and adults.

**INSIDE STORY** (12 min., color) The various uses of the X-ray in dental practice are illustrated; the value of X-rays in modern dental examinations; the diagnostic interpretations of dental disorders related to decay, calculus formation, and periodontal lesions. Adult community groups.

**IT DOESN'T HURT** (10 min.) A forceful demonstration is given of the importance of proper care and diet in the prevention of tooth decay in children. The villain (decay) is thwarted in his attempt to continue his destruction by a timely visit to the dentist. Elementary, high school, and adults.

**IT'S YOUR HEALTH** (18 min.) Dental health is encouraged by the story of a star halfback who failed his Annapolis dental examination. Junior, senior high, and parents.

**ORAL CANCER** (30 min., color) This film shows the diagnostic and clinical procedures in caries detection. Dentists, physicians, and professional groups.

**OUR TEETH** (12 min.) Deals with the growth and structure of our teeth. It gives reasons rather than methods for oral hygiene and stresses the importance of food in building strong teeth. Elementary, high school, and adults.

**SAVE THOSE TEETH** (10 min.) Action centers around demonstrations made by the dentist to an 11-year-old boy. Toothbrushing technic, the value of fluoride treatment, the ultimate effect of sugar on teeth, the role of bacteria in changing sugar to acid, foods that can be substituted for sweets, and the need for dental care are discussed. Elementary, high school, and adults.

**SCIENCE FIGHTS TOOTH DECAY** (13 min.) This is an excellent presentation concerning the merits of fluoridation of drinking water for partial reduction of tooth decay. High school and adults.

**SWAB YOUR CHOPPERS** (10 min., color) Pupils will profit from this cartoon which illustrates a correct procedure for cleaning teeth. Teenage groups.

**TARGET TOOTH DECAY** (11 min., color) This film points out the value of modern dental care. It emphasizes sodium fluoride treatment, both topical and in the water supply, through the use of a compact series of explanatory examples. It describes how a rural community organized a topical fluoride program and how an urban community instituted fluoridation. Schools, P.T.A., dental societies, civic and service groups.

**TARO'S ADVENTURE IN HEALTH** (20 min., color) Taro tells an interesting story to teach children good dental health habits. He introduces "Sugar Bowl Pete", a villain, who represents the dangers of too many sweets. The aim of this film is to build a simple, understandable lesson in good health. Elementary, junior high, and parents.

**TEETH ARE TO KEEP** (11 min., color) An animated cartoon on the care of teeth, which points out the importance of diet, avoidance of sweets, proper personal care, and the necessity for regular dental visits. Primary, elementary, junior high, and parents.

**TEETH: THEIR STRUCTURE AND CARE** (11 min., color) Shows the structure and function of the teeth. Its aim is to motivate interest in the proper dental care, and to indicate how and why it should be practiced. Junior and senior high.

**TOOTH OR CONSEQUENCES** (11 min., color) Demonstrates the value of proper nutrition, toothbrushing, and early dental care. Elementary, high school, and parents.

**WINKY, THE WATCHMAN** (10 min., color) A cartoon type film emphasizing the care of the teeth without featuring any particular method. It portrays the trials of Winky, the sleepy little watchman, while guarding the Great White Wall (the teeth). It points out clearly the role of the dentist in repairing the damage due to carelessness. Children and adults.

**YOUR CHILD'S FIRST VISIT TO THE DENTIST** (10 min.) Two approaches to the child's initial visit to the dentist are shown. It gives helpful suggestions for maintaining good dental health. Parents.



## —DISEASE

**ACCENT ON USE** (20 min.) This film makes clear the part played by physical therapy in restoring to health patients crippled by infantile paralysis, and other diseases and injuries—arthritis, cerebral palsy, industrial accidents, etc. High school and adults.

**ARTHRITIS AND X-RAY** (5 min., color) Shows the many ways X-ray is helpful in detecting the condition caused by the disease. Indicates what happens in the joints of a person suffering with arthritis. Adults.

**BODY FIGHTS BACTERIA** (17 min.) The never-ending battle between disease-producing organisms and the human body is illustrated. Active and passive types of artificial immunization shots; the place of drugs in fighting bacteria; the responsibility of taking advantage of immunization are all suggested. Intermediate, high school, and adults.

**BORN IN THE WHITE HOUSE** (30 min.) This film traces the tremendous progress of medical research in the conquest of disease, with particular accent on the history of man's fight against polio. High school and adults.

**COMMON COLD** (10 min.) The known facts about the common cold—how colds are spread, symptoms, prevention, care, and secondary infections that may grow out of a cold are discussed. Children, high school, and adults.

**DEFENSE AGAINST INVASION** (12 min., color) Explains how vaccination makes the body immune to disease. A Walt Disney Production. Film guides on request. Elementary, high school, and adults.

**HOW TO CATCH A COLD** (10 min., color) A Walt Disney Production which shows the many foolish things people do in connection with the common cold. All ages.

**IMMUNIZATION** (10 min.) Presents material on which to base an understanding of immunization and its use in the prevention of many infectious diseases. Junior and senior high.

**IN DAILY BATTLE** (26 min.) Explains how the funds and energies of the public are utilized in the fight against polio. The story of a county chapter in operation. High school and adults.

**INSECTS AS CARRIERS OF DISEASE** (10 min., color) This animated picture calls attention to the fly, mosquito, and louse as carriers of disease. Children and adults.

**INTERIM REPORT** (15 min.) Portrays dramatic episodes in the history of polio and contains the vivid laboratory scenes on the development of the Salk vaccine. Junior high and adults.

**JOAN AVOIDS A COLD** (12 min., color) The story of a girl who followed the rules of health and didn't have a cold and a boy who violated the rules of good health and caught a cold. Film guides available on request. Children and parents.

**LET'S HAVE FEWER COLDS** (10 min.) Points out simple practices which reduce the number of colds. Elementary, high school and adults.

**MALARIA** (20 min.) The complete life cycle of the Anopheles mosquito and methods of transmission and prevention of disease are shown. Junior, senior high, and adults.

**RABIES CAN BE CONTROLLED** (13 min., color) The three reasons for vaccination to prevent rabies are to protect our families and friends, to protect our pets, and to play our part in obtaining public health protection for our community. All ages.

**REPORT TO THE PEOPLE** (12 min.) Explains how the money is used in the fight against poliomyelitis. Elementary, high school, and adults.

**SEARCH** (26 min.) This film helps create an understanding on the part of parents and the public of the problems faced by the cerebral palsied. High school, college, and adults.

**STOP RHEUMATIC FEVER** (12 min.) An animated film with a human interest appeal which indicates how rheumatic fever and recurrent attacks can be prevented by prompt and thorough treatment of streptococcal infections. High school, clubs, P.T.A., and health meetings.

**STORY OF WENDY HILL** (24 min., color) Wendy Hill, a young wife, learns during a routine test, that she has diabetes. The doctor explains that with insulin—and her cooperation—she can lead a normal life. High school, college, and adults.



**UNCONDITIONAL SURRENDER** (14 min.) Laboratory scenes show the complete manufacturing process and testing of the Salk vaccine. High school and adults.

**WE SEE THEM THROUGH** (22 min.) This film outlines a program for children with rheumatic fever, both through the acute state and the long convalescence. Adults.

**WINGED SCOURGE** (12 min., color) A Walt Disney Production which demonstrates sanitary control of malaria. The Seven Dwarfs carry out the control measures and wipe out the Anopheles mosquito. All ages.

**YOUR HEALTH: DISEASE AND ITS CONTROL** (11 min.) The spread and control of disease are explained. The film encourages us to help check diseases by good health practices. Intermediate, junior, senior high school.

## —FAMILY AND SOCIAL RELATIONSHIPS

**ACTS OF COURTESY** (10 min.) Demonstrates the importance of acts of courtesy in everyday living, at home, at school, and in the community. It calls to the attention that getting along with others means thinking of the other person's feelings, his rights, and what he will think of you. Courtesy is a habit that pays. Elementary, high school, and adults.

**APPRECIATING OUR PARENTS** (10 min.) This is a guide to promote appreciation of parents and to establish attitudes of respect and affection in the family. Elementary schools and parents.

**ARE YOU READY FOR MARRIAGE?** (20 min.) Two young people, who have decided to elope, investigate their relationship with the help of a church marriage counselor. They are guided to a better understanding of the important things to be considered to insure a happy, desirable marriage. Senior high school, college, and parents.

**AS BOYS GROW** (15 min.) The primary purpose of this picture is to inform teenage boys on the new physical functions they experience in puberty, and to foster a healthy attitude toward these changes. In the gymnasium the coach leads his group of adolescent boys in a discussion on the physical changes they are experiencing. Junior, senior high school, and adults.

**BABY MEETS HIS PARENTS** (11 min.) This picture is a study of how fulfillment of his basic needs influences the infant's personality; how differences in personalities can be accounted for, not only by heredity, but also by the human relationship and environmental factors experienced during the first years of his life; and how he emerges as a well adjusted individual. College and adults.

**BY JUPITER** (25 min.) This amusing and meaningful picture has as its purpose the improvement of the attitude of man toward man. It drives home the story of "courtesy is contagious" through a blend of fantasy and reality concerning the everyday experiences of an ordinary man. All ages.

**FAMILIES FIRST** (20 min.) This film pictures two different families using good and bad procedures in dealing with children in the home. It demonstrates the causes of tensions, frustrations, and anti-social attitudes; likewise, the results of affection, achievement, and harmonious personality adjustment. High school and adults.

**FAMILY AFFAIR** (25 min.) This film is designed to help the members of the family realize how each can make the other unhappy or how they can create richer and more harmonious lives together. High school, college, and adults.

**FAMILY CIRCLES** (31 min.) Discusses the increasing interplay of home and school influences, and the necessity for close cooperation if conflict, divided loyalties, and misunderstandings are to be avoided. The experiences of three children illustrate how parental indifference, lack of imagination, and conflict at home, can destroy the confidence and enthusiasm necessary for a child's success. On the positive side, we see the parents of Jimmy, who cooperate with his teacher and think his school life interesting and important. High school, college, and adults.



**FRIENDSHIP BEGINS AT HOME** (20 min., color) The natural, desirable process of adolescents growing away from the family is shown; the difficulties and disturbances of this period; the importance of family ties and understanding which help the individual to be able to fit into society later as a mature adult. Elementary, high school, and adults.

**FROM SOCIABLE SIXES TO NOISY NINES** (22 min.) The positive parent-child relationships are illustrated in this picture and the value of each age level in the child's life as a stepping-stone to adulthood. College and adults.

**FRUSTRATING FOURS AND FASCINATING FIVES** (22 min.) A study of four and five-year-old behavior patterns at home and at the nursery school. At four the vacillation between infantile helplessness and vigorous self-assertion is seen, and at five the development of independence and the beginning of cooperation. For all persons interested in child care and guidance. Parents, teachers, college groups.

**GLASS HOUSES** (27 min.) A typical case history is presented, designed to motivate interest in and discussion of the problem of juvenile delinquency. The influence and responsibility of the educator, parent, public official, and clergyman are underscored. High school, college, P.T.A., women's groups, service clubs, and welfare agencies.

**GLEN WAKES UP** (10 min.) Dramatizes the importance of being a good citizen in the home, at school, and in the community. It stimulates a desire to share responsibilities and privileges and to build right relationships with others. Primarily for elementary grades. All ages.

**HUMAN BEGINNINGS** (25 min., color) The drawings of a group of children express their beliefs about the origin of human life. The picture shows how a young boy and his parents react to the coming of a new baby sister into the family. Elementary, teachers, and parents.

**HUMAN DEVELOPMENT** (15 min., si.) Features life from the single cell fertilization and division up to maturity. High school and adults.

**HUMAN GROWTH** (20 min., color) Creates an atmosphere that permits the facts of human sex to be discussed without embarrassment. Previous preparation for this film is essential. Junior, senior high, and adults.

**HUMAN REPRODUCTION** (21 min.) The human reproductive system and the process of normal birth are explained with the aid of animated drawings. The film shows that success in marriage and parenthood is aided by an understanding of the physiological aspects of conception, pregnancy, and childbirth. The knowledge a parent should have to answer the children's questions is simplified. Preview preparation of this film is a "must". Introduction and discussion should be made by a doctor or a nurse. Adults.

**IN THE BEGINNING** (18 min.) Using animal life for demonstration, this film shows ovulation, fertilization, and early development of the egg, division of fertilized egg, and the spermatozoa attacking the ovum. Junior, senior high, and adults.

**IT TAKES ALL KINDS** (20 min.) An analysis of personality is seen as an important step in choosing the right partner for a marriage. It portrays both sexes in tension and in normal situations. Successful marriages are those in which the partners choose with care, each accepting the other for what he or she is. High school, college, adults.

**LIFE WITH JUNIOR** (20 min.) Capturing the spirit and inquisitive exuberance of a ten-year-old boy, this film presents a typical day in the life of Junior. Basic characteristics of the stages of growth and development during five to ten years of age and the problems involved in giving guidance to children in today's world are brought home to the audience. Elementary, study groups, and parents.

**MARRIAGE TODAY** (20 min.) This is a dramatic story of two couples who made their marriages work through clear analysis of their mutual aims, and cooperation in striving to achieve them. High school, college, and adults.

**MEANING OF ADOLESCENCE** (16 min.) By sympathetic understanding, parents help teen-agers to adjust to the problems of adult life. Among the problems facing them are physical change, social acceptance, getting along with the opposite sex, and learning to make moral decisions. College and adults.



**MIRACLE OF REPRODUCTION** (15 min.) The story of human life prepared in good taste, with accuracy and detail, gives the answer to a child's question, "Where do babies come from?" Endorsed by schools and churches. Junior, senior high, college, and adults.

**MOLLY GROWS UP** (15 min.) This film is up-to-date in its educational approach and presentation. It shows Molly, a school girl of this day, growing into healthy knowledge and attitudes about womanhood. Without being shocking, the film deals directly with all the problems and information which girls want discussed. Junior, senior high school, and adults.

**OUR TOWN IS THE WORLD** (15 min.) A lesson in democracy and fair play is presented on a community level. The basic problem is juvenile delinquency and the need to live in harmony. Two groups of prejudiced youngsters clash but are able to understand and appreciate each other when guided to see the worth of all mankind. Elementary, high school, and adults.

**PARENTS ARE PEOPLE TOO** (15 min.) This film considers how students can work with parents to gain better mutual understanding, and how family discussions can replace arguments and help to establish good family relationships. Junior and senior high school.

**PHYSICAL ASPECTS OF PUBERTY** (19 min.) An animated description is given of the primary and secondary sex characteristics in boys and girls during adolescence. Normal variations in development may be the basis for behavior problems which are often related to the rate of physical growth. College and adults.

**RESPONSIBILITY** (15 min.) A discussion-type film which tells the story of two boys, leaders in their school, who differ in their outlook on life. Floyd is dependable and works hard. Hank dislikes making decisions and accepting responsibility. Attention is called to the problems the youth must face every day. High school and adults.

**ROOTS OF HAPPINESS** (25 min.) This story centers around the role of the father helping his children reach a happy manhood and womanhood; the real meaning of being grown-up; each member of the family facing responsibility equal to his abilities and developing as an individual with ideas of his own. Parents, P.T.A., social workers, nurses, high school, college, and church groups.

**SHARING WORK AT HOME** (10 min.) When a mother becomes ill, the rest of the family learn the importance of sharing responsibility. Their planning later leads to more family activities, home improvements through individual participation, and greater family enjoyment. Junior, senior high.

**SIBLING RELATIONS AND PERSONALITY** (22 min.) Case studies are used to accentuate the complex influences of the family and the importance of brother and sister relationships as factors in the personality shaping of the child through childhood and adolescence. College and adults.

**SIBLING RIVALRIES AND PARENTS** (11 min.) Friction is a normal human trait. This film describes the reasons for a certain amount of rivalry among brothers and sisters, and means of holding natural friction to a minimum. High school, college, and adults.

**STORY OF MENSTRUATION** (12 min.) This Walt Disney Production helps to create a natural and healthy attitude toward menstruation. Junior and senior high school girls.

**TERRIBLE TWOS AND TRUSTING THREES** (20 min.) A story of child behavior at two and three years which shows what to expect from children of this age. It advises parents on how to deal with the problems this age group presents. College, P.T.A., and other adult groups.

**THIS CHARMING COUPLE** (20 min.) The focus is on a frequent cause of broken marriages—the false ideas of romantic love. The story follows the courtship of two young people who refuse to evaluate each others' good qualities and shortcomings in a realistic, adult fashion. This film is intended to provoke discussion. High school, college, and adults.

**WHO'S BOSS?** (20 min.) Theme: Compromises and adjustments are necessary in maintaining a happy marriage relationship. Neither is boss but each must think of himself as a member of a partnership first and as an individual secondarily. High school, college, and adults.

**WHY VANDALISM?** (16 min.) This film probes the underlying causes which led three boys to destroy a classroom. It suggests backgrounds of vandalism, how it may be curbed, and gives opportunity for discussion. Elementary, high school, and adults.



**WORDS OF COURTESY** (10 min.) Familiar situations in the home, school, community, and play demonstrate the importance of using words of courtesy in creating pleasant and considerate human relationships. Elementary, high school, and adults.

**YOU AND YOUR ATTITUDES** (11 min.) A family analyzes its attitudes toward several situations—the new girl, money and allowances, foreign groups, prejudices that create unintelligent attitudes. Profitable discussions may result. Elementary, high school, and adults.

**YOU AND YOUR FAMILY** (12 min.) Develops an appreciation and understanding of the family as a social unit and the important role the individual plays in it. Typical family problems, dating, shirking household chores, getting in late, are dramatized. High school and adults.

**YOU AND YOUR FRIENDS** (12 min.) The vital tests of friendship, loyalty, good manners, and dependability are highlighted. High school and adults.

**YOU AND YOUR PARENTS** (15 min.) Dick is leaving home and stops to say goodbye to his club sponsor, who discovers that he is resentful of parental authority. The film follows Dick through childhood into adolescence, and shows the protection and guidance his parents have always given him. Dick finally faces his problem and begins to understand that they cannot all at once give up complete authority. P.T.A., high school, and adults.

## —FIRST AID AND SAFETY

**BANDAGES AND BULLETS** (20 min.) The development of the aseptic theory of wound treatment and of surgical dressings is traced from ancient Egypt through the late 19th century to Glasgow, Scotland, where Dr. Lister developed the theories that are the basis for modern aseptic surgery. The final seven minutes of the film show first aid techniques demonstrated by a Girl Scout. All ages.

**BEFORE THEY HAPPEN** (14 min.) Every home owner is urged to be his own Fire Marshal and prevent disasters before they happen. Presents the services of the Fire Prevention Inspectors. High school and adults.

**BICYCLE SAFETY** (10 min.) Points out the responsibilities as well as the fun of bicycle riding. It discusses the rules of the road, and the proper inspection and maintenance of the bicycle. Elementary, high school, and adults.

**CLOSED BOOK, A** (26 min.) The aim of this film is to bring about a change in the attitude of people toward the national safety problems. The fallacy of thinking "it can't happen to me", and the awakening of those who suddenly find themselves involved, are pictured in an effective manner. The dominant idea is that each of us is responsible to others when it comes to safety. All ages.

**CRIMES OF CARELESSNESS** (12 min.) Urgency of fire prevention; solutions for fire control; loss in damage to property and lives are explained. Elementary, junior, senior high, and adults.

**DANGER IS YOUR COMPANION** (20 min.) The dangers of accidents and the importance of first aid training are specified. A comparison in lives lost from disease and accidents is given. Film guides available, on request. High school and adults.

**DOORWAY TO DEATH** (20 min., color) Takes one into the home of a typical American family and records in detail the thorough manner in which they seek to prevent common home accidents. Elementary, high school, and adults.

**FIRST AID** (22 min. black & white or in color) The film is made to correlate with the Standard Red Cross First Aid Course. The importance of the life-saving skills in first aid is explained. Answers the questions on what to do in case of serious accidents or an emergency. Junior high through adults.

**FIRST AID ON THE SPOT** (11 min.) Features six common types of injuries or disabilities and the approved first aid techniques: wounds, burns, shock, splinting, controlled bleeding, and artificial respiration. Intermediate, high school, and adults.

**FRIEND OR FOE** (17 min.) Calls attention to the frightful toll of lives and property exacted by home fires each year, and suggested ways in which the average householder can guard against this menace. Elementary, high school, and adults.



**GENTLEMAN JEKYL AND DRIVER HYDE (10 min.)**

Pictures the change in attitude when some otherwise responsible citizens get behind the wheel of a car; why this change is a menace to everyone on the road. The "life and death" importance of courtesy and caution on the road are substantiated. Junior, senior high, college, and adults.

**HELP WANTED (25 min.)** Demonstrates the basic principles of approved first aid practices. First aid, general science, or adult health education groups.**LET'S THINK AND BE SAFE (10 min.)** A series of major school accident-causing areas is pictured by seven "might happen" episodes picking up different children during the school day. Helps develop safe-thinking habits. Children and adults.**LIVE AND LEARN (12 min.)** The message is directed at children within the ages of five to fourteen. It teaches that the worst accidents happen at home and at play, while running with a sharp instrument in the hand, playing ball in the streets, rocking a canoe, jumping from high places, around fire, etc. It brings home the lesson of taking thought and care for themselves in the best possible manner. Middle grades.**MIRACLE OF PARADISE VALLEY (35 min.)** Specifies how farm and home accidents may be prevented in a fine appeal for seriousness concerning safety in a community. Children and adults.**MONKEY TALES (10 min.)** Bicycle safety. Demonstrations of safe and dangerous ways to ride a bicycle are performed by a family of monkeys. Appropriate for all ages, especially grade school pupils.**MRS. HAZARD'S HOUSE (12 min., color)** This film features both live and animated action. Using a clever fairy-tale approach, the picture points up the many hazards to be found in the home and how they are potential dangers to the young child. Junior, senior high, P.T.A., clubs, and service organizations.**NOONTIME NONSENSE (12 min.)** This is a most effective presentation of the problem of high school students who drive recklessly during the noon hour. The difficulty is solved by the students themselves after consultation with their faculty advisors, and driving classes are instituted. High school and adults.

**PLAYGROUND SAFETY** (12 min.) A visual aid planned to improve playground behavior. It emphasizes playground arrangement for safety. Children and adults.

**SAFE LIVING AT SCHOOL** (10 min.) A school council studies how it can reduce school accidents. The children learn that they can live safely by following three rules: courtesy, good housekeeping, and skillful and correct actions. Elementary pupils and junior high.

**SAFEST WAY** (20 min.) Children of an elementary city school plan the safest way home, by using maps and models. The film can be adapted for use by older children, rural schools, and small town schools. Elementary grades and teachers.

**SAFE SWIMMING** (16 min.) Health information is combined with an appeal to safety. This film will encourage youngsters to swim in supervised places where there is lifeguard protection. Grade school and high school.

**SAFETY BEGINS AT HOME** (12 min.) Three children learn the safety rules which apply to knives, stepladders, dark stairways, objects on stairways, electrical connections, gas stoves, and hot saucepans. Elementary children.

**SAFETY TO AND FROM SCHOOL** (12 min.) A first grade class learns to cross the street safely with no policeman or traffic light. The children bring their wagons, scooters, and bikes and with them act the parts of people in traffic. Elementary grades.

**SAFE USE OF TOOLS** (5 min., color) Here are the rules for the safe use of tools—knives, saws, and files, as well as rakes, shovels and other gardening implements. Primary, elementary grades.

**SIX MURDEROUS BELIEFS** (12 min., color) Six episodes dramatize the stupidity of belief in such deadly notions as: safety is for sissies; when your number is up; the law of averages; accidents are the price of progress; it can't happen to me. High school and adults.

**SPEAKING OF SAFETY** (12 min., si.) Underscores safety on the highway and in the community. Elementary schools.

**STOP AND GO, THE SAFETY TWINS** (20 min., color) Animated. This is a film featuring safety advice. All ages.



**WATER SAFETY (10 min.)** A discussion of the elementary principles of water safety for those who swim and boat in all types of water areas. Elementary through junior high school.

## —FOOD

**ABC OF FOODS (12 min., si.)** Depicts the importance of milk in the daily diet and the importance of a balanced diet. Children and adults.

**FOOD AS CHILDREN SEE IT (18 min., color)** A nationally known child-feeding specialist talks about feeding problems. The story features an ideal meal for pre-school children, common child feeding problems and suggested solutions, menu planning, and food preparation for health and efficiency—using the Basic 7 Food Groups. The philosophy is to look at food from the child's point of view. Homemaking classes, college, parents, and health workers.

**FOOD, WEAPON IN WAR AND PEACE (20 min.)** History of the storage and preservation of food and how it can be an asset to a nation. Children and adults.

**FOR HEALTH AND HAPPINESS (10 min., color)** Protective foods are defined. It tells how normal growth and development are influenced by the proper body-building foods, sunshine, play, companionship, and intelligent concern. Children and adults.

**FORTY BILLION ENEMIES (25 min., color)** Describes the improvement of general health brought about by refrigeration and quick transportation of food. It explains the proper operation of a refrigerator and the fundamentals of placing foods in a refrigerator correctly. Junior, senior high, and adults.

**FUNDAMENTALS OF DIET (11 min.)** Describes the basic types of food needed in the daily diet and explains the contribution made by each type to body-building. Junior high school through adults.

**FUN IN FOODS (12 min., color)** This film teaches the special contribution of proteins, carbohydrates, and vitamins to the growth and functioning of the body. Junior, senior high school, and adults.

**KIDS MUST EAT** (18 min.) The Quiz Kids give information on the school lunch program. Senior high or adults.

**MISS T** (12 min.) The growth and development of a young English girl are shown. What she eats turns into Miss T. All ages.

**MODEST MIRACLE** (25 min.) This story of a school boy who is not getting the proper nourishment offers a wealth of information on food, the discovery of Vitamin B, geography, current events, history, science, and other subjects. Basic foods are highlighted. Junior, senior high, and adults.

**MORE LIFE IN LIVING** (12 min.) Portrays the importance of milk and milk products in maintaining good health. Junior, senior high school, and adults.

**PLANNING FOR GOOD EATING** (12 min., color) This Walt Disney Production cartoon calls attention to the necessity for daily variety and sufficient quantity of foods. It shows the important ways to increase the body's resistance to disease. The basic seven foods are reduced to three groups: grain and roots for energy and endurance; animal foods for muscles; fruits and vegetables for bones and teeth. All ages.

**SCHOOL THAT LEARNED TO EAT, THE** (20 min., color) This beautifully filmed story of an actual community-school nutrition education program stimulates interest in food education and democracy in action. Junior, senior high school, teachers, and adults.

**SOMETHING YOU DIDN'T EAT** (12 min., color) This Walt Disney Production illustrates wise and balanced meal planning by choosing from each of the seven basic food groups. Junior, senior high, and adults.

**TWO LITTLE RATS AND HOW THEY GREW** (10 min.) Food values are taught to children through an experiment in feeding white rats. Elementary grades.

## —GERIATRICS

**ADVENTURE IN MATURITY** (22 min.) A woman, who has resigned herself to a rocking chair life, learns through an older friend about opportunities for older women in the community. She is then able to adjust happily and lead a useful life. Adults.

**LIFE WITH GRANDPA** (20 min.) Discusses the problems of senior adults—loneliness, feeling of uselessness, degenerative diseases, and economic insecurity. The social problems presented by our aging population and what attempts are being made to meet them are considered. College, mental hygiene, women's groups, civic groups, and employers.

**PLACE TO LIVE, A** (24 min.) An aging father creates conflicts and tensions in the family of his daughter when he needs special care and attention. The needs of a dignified human being are examined. The nature of problems and possible solutions are discussed. College and adults.

**PROUD YEARS** (30 min.) This picture is the answer to: "What can you do when you are old?" It reviews the rehabilitation of the discouraged and hopeless senior adults. It points out the activities, joys, and endless opportunities they can participate in and also render valuable service to others. Junior, senior high, college, adult clubs, and church groups.

**RETIRE TO LIFE** (20 min.) This is the story of Ed Harrison, a mentally and physically able citizen, who is retired, and how he finds interesting work and retires to life. College and adults.

**STEPS OF AGE** (30 min.) This film pictures a woman of 62 and her emotional unpreparedness when meeting the changes that come with old age and retirement; her confusion and her first uneasy steps toward insight into herself and her problems. It is designed to help all people understand that they must begin early in life to prepare for adjustments which must be made constantly to insure happiness. Those who live with older people will find this film of particular interest. It is useful as a springboard for discussion. Adult groups, clubs, church groups.

## —GUIDANCE

**AM I TRUSTWORTHY?** (10 min.) Returning borrowed articles, keeping promises, doing a good job with assigned tasks, are presented as examples of trustworthiness in this picture. Students learn that by being dependable in everyday life—in the family, at school, and in public life—people will trust them when important issues are raised. Grades 4 to 6.



**BEING ON TIME** (10 min.) Jimmy misses out on things because he is not on time. He observes firemen and train engineers and begins to realize how important it is to be prompt and come when called. Jimmy learns that he can help himself by getting ready in advance. Grades 4 to 6.

**BULLY, THE** (10 min.) The vivid dramatization of a situation concerning a too-aggressive adolescent, intended to provoke discussion of this general problem. Grades 5 to 9, high school, and adults.

**CHEATING** (10 min.) A high school situation in which cheating occurs in the classroom stimulates discussion on the problem of dishonesty. Junior, senior high, and adults.

**DANGEROUS STRANGER** (10 min.) Impresses the child with the need to be on guard against molesters, without arousing fear or curiosity. Children, parents, and welfare workers.

**DEVELOPING YOUR CHARACTER** (10 min.) The audience is given a guide to developing good character; how it can be achieved in order to live more happily and successfully. Influences from the home, church, school, and friends which mold an individual's character are described. Junior, senior high, college, and adults.

**DISCIPLINE DURING ADOLESCENCE** (16 min.) This film is addressed to the age-old question of how much discipline is good for adolescents. Results of both too little and too much parental control are dramatized in a typical family setting. College, teacher training, adults.

**GOOD LOSER, THE** (15 min.) This typical high school situation pictures the story of a poor loser, and a good winner. Its aim is to inspire discussion of sportsmanship and regard for others. Junior, senior high, and adults.

**GOOD SPORTSMANSHIP** (10 min.) Distinguishes good sportsmanship in various life situations—at school, on the playground, and at home. Elementary, high school, and parents.

**GRIPER, THE** (10 min.) The griper always sees and accepts the pessimistic side of life. The aim of this film is to stimulate a thoughtful discussion. Junior, senior high, and adults.

**HELPING JOHNNY REMEMBER** (11 min., color) This is a problem of a boy rejected by the other children because he is selfish, uncooperative, and domineering. He learns to make an effort to be courteous automatically and is accepted by the group. Motivates courtesy and consideration for others. Designed for primary and lower grade children.

**HOW HONEST ARE YOU?** (15 min.) Simple honesty is not much of a problem to most students, but a complicating situation is analyzed in this film. From it a person may apply the test of honesty to his thoughts and actions. Senior high and adults.

**IMPROVE YOUR PERSONALITY** (10 min.) A frank discussion of personality will be encouraged by this film. It will help students understand themselves better and see ways they can improve. Junior, senior high, college, and adults.

**NAME UNKNOWN** (10 min.) Real cases from the Los Angeles Juvenile Court are used to show some of the tragedies which can ruin the lives of young girls when they take up with strangers. There is emphasis on the fact that these cases continue to occur because each girl involved thinks herself smart enough to beat the game. Junior, senior high, college, and parents.

**OTHER PEOPLES' THINGS** (10 min.) This is an attitude-building film, to help pupils become aware of the need for respecting the property of others. Broken playground swings lead a primary-grade classroom into activities that illustrate the way in which public and private property, as well as articles that are borrowed or found, should be treated. Grades one to six.

**OUTSIDER, THE** (10 min.) This appealing story of a young girl who feels that she is left out of her school group is designed to stimulate discussion on the problems of adjustment. Grades six to ten, and adults.



## —HEART

**CIRCULATION** (16 min.) Animated diagrams of the human body, complete with circulatory system, describe the systemic and pulmonary circulation of the blood. High school, college, and lay study groups.

**CIRCULATION OF THE BLOOD** (16 min., color) Animated. Illustrates the human heart in action, receiving and discharging blood through the veins, arteries, and capillaries and the exchange of oxygen and carbon dioxide in lungs and cells of the body. Elementary, high school, and adults.

**COMMON HEART DISORDERS AND THEIR CAUSES** (17 min.) Reviews the proper functioning of a healthy heart and circulatory system. It points out history, symptoms, and effects of common heart disorders; places emphasis on the damage that may result from blood clots; shows how many people with heart disease are able to live long lives without seriously limiting their activities. College and adults.

**DOCTOR EXAMINES YOUR HEART, THE** (10 min.) Demonstrates the methods used by physicians in examining the heart. General public, and industrial health programs.

**GUARD YOUR HEART** (30 min.) "You've been pushing me around for fifty-two years!", says Sam Taylor's overworked heart, haunting him in a nightmare. Sam gets a lecture from his heart that sends him to his doctor. The audience learns about the structure and functions of the heart; what happens in the most common kinds of heart disease; how to live with a middle-aged heart instead of fighting it. Adult groups.

**HEART AND CIRCULATION** (11 min.) Covers the functions of the heart and circulatory system—regulation of the flow of blood and the importance of proper blood pressure and pulse. High school, college, and adults.

**HEART AND HOW IT WORKS, THE** (11 min.) Illustrates the structure and function of the heart; methods of testing the heart; ways to maintain a healthy heart. Elementary, high school, college, and adults.

**HEART AND X-RAY** (5 min., color) Shows the circulatory system in the heart and how certain diseases of the heart can be detected. Adults.



**HEART DISEASE—ITS MAJOR CAUSES** (11 min.) Explains high blood pressure, hardening of the arteries, and rheumatic fever and what happens when the human heart ceases to function normally. It tells of the progress made in combating these diseases. High school, college, and adults.

**HUMAN BODY: CIRCULATORY SYSTEM, THE** (15 min.) The entire circulatory system is analyzed by means of animation, cinefluorography, drawings, and close-ups of live organs. Included are the heart, lungs, and kidneys; the key processes of the circulatory system and the network of arteries and veins that carry blood throughout the body. Science and health. Junior, senior high, college, and adults.

**MODERN MEDICINE LOOKS AT THE HEART** (30 min.) Pictures in excellent details the heart and heart disease, the leading cause of death. College and adults.

**PUMP TROUBLE** (13 min., color) This film presents the facts about heart disease and the folly of self-diagnosis. High school and adults.

**VALIANT HEART** (27 min.) Gives facts about rheumatic fever and how the problem must be handled by the doctor, public health nurse, teacher, and family. Adults.

**WONDER ENGINE OF THE BODY** (10 min.) Indicates the tremendous amount of work required of the heart, and its great strength. It explains the anatomy of the heart and circulatory system and some of the conditions and diseases which affect the heart and blood vessels. Junior, senior high, and college.

**WORKING WITH YOUR HEART** (29 min.) Points up through actual case histories how a number of cardiac patients were reoriented to work they could perform without strain. Adults.

## —MATERNAL

**BIOGRAPHY OF THE UNBORN** (16 min.) The primary objective of this film is to give the lay audience a simple illustration of the development of life inside the mother's womb and the fact that all life springs from life. It is planned to show the fertilization process and the dramatic growth to achieve readiness for independent survival. High school, junior college, pre-med, biology and home economics courses, parenthood, and guidance classes.

**COMPLICATIONS OF THE SECOND STAGE** (12 min., si.)  
For physicians and nurses.

**EPISIOTOMY** (30 min., si.) Physicians and nurses.

**FORCEPS** (30 min., si.) Physicians and nurses.

**INJURIES OF THE NEWBORN** (30 min., si.) Physicians and nurses.

**LABOR AND CHILDBIRTH** (20 min.) This story of a young couple expecting their first child begins shortly before the onset of labor and follows through until the delivery of the baby. Nurses and science groups.

**NORMAL BIRTH** (11 min.) More than ordinary care must be taken to prepare your group to see this literal photographic record of an actual delivery. Parents, nurses, and doctors.

**NORMAL LABOR** (12 min., si.) A Doctor DeLee picture showing the three stages of labor and normal delivery of a child. Physicians, nurses, and advanced classes in maternal and child health.

**POSTNATAL CARE** (12 min.) Shows the mother in her hospital room, doing exercises, caring for her baby, nursing him, etc.. Attention is called to the father's relationship to the new situation. How the mother's body returns to normal is explained. Adults.

**PRENATAL CARE** (23 min.) Through the lives of three women, the film presents the need for medical examination and care, correct diet, exercises for daily use, and proper clothing. Adults.



**TREATMENT OF BREECH PRESENTATION** (22 min., si.) Physicians and nurses.

**TREATMENT OF ECLAMPSIA** (30 min., si.) Physicians and nurses.

## —MENTAL HEALTH

**ACT YOUR AGE** (15 min.) Students will see some of the more common types of infantile reactions such as temper, weeping, and inability to take a joke. These examples teach the basic reasons for the continuance of these common signs of emotional immaturity in adolescence. Intermediate, high school, and adults.

**AGE OF TURMOIL, THE** (30 min.) This film focuses on the behavior that reflects the emotional turmoil of the early adolescent period from 13 to 15 years. Different personality types have been selected to illustrate this age of changing moods, insecurity, daydreaming, rebellion, apathy, aggressiveness, noisiness, and need for approval. Many scenes are set in the home, showing various parental reactions to typical behavior situations. High school and adults.

**ANGER AT WORK** (20 min.) Explains one of the mental mechanisms of man's personality—the transference of his anger to other men or objects—which impairs his efficiency in everyday living. Five incidents show some of the techniques people have developed for handling resentment, anger, and frustration. Recommended for high schools, college, adult groups, industry, business groups.

**ANGRY BOY** (30 min.) Filled with unrecognized hostilities against his family, Tommy, a ten-year-old boy, strikes out blindly at life to relieve the turmoil of his emotions. His unhappiness and rebellion were related to his mother's frustrations. The use of a psychiatric clinic and what can be done if one is available is dramatized. College, P.T.A., and church groups.

**ATTITUDES AND HEALTH** (10 min.) Describes how poor attitudes prevent the individual from doing his best, and how they may cause physical illness. Healthy attitudes are vital to good health. Children and adults.



**CHILDREN'S EMOTIONS** (20 min.) This film interprets the major emotions of childhood: fear, anger, jealousy, curiosity, and joy. Parents are aided in understanding methods to lessen the fears of the child and promote his happiness and natural development. College, P.T.A., and teachers.

**DON'T BE AFRAID** (12 min.) A small boy is afraid of the dark. The story explains the way to determine whether a fear is useful or not, and how to overcome undesirable fears. Children and adults.

**DON'T GET ANGRY** (12 min.) Anger is defined as a natural emotion which cannot be entirely avoided but can be successfully managed. This picture presents the effects of anger on the functions of the heart and stomach; physiological changes during excitement; the need for release of anger in a controlled manner. Junior, senior high, and adults.

**EMOTIONAL HEALTH** (20 min.) Interprets for the layman some of the basic techniques of psychiatric treatment and allays the stigma attached to the need for such care. The development of self-understanding; the establishment of good relations with others; and bodily ills caused by emotional upsets are studied. High school, college, and adults.

**FAREWELL TO CHILDHOOD** (20 min.) Susan Stevens is a normal teen-ager, full of the swift emotions and uncertainties typical of adolescence. Her parents are bewildered and confused as they try to understand her. The film catches her moods of rebellion, trust, irresolution, self-pity, and idealism. The problems of adjustment in the family and how they are met are featured. Senior high school, college, and adults.

**FEELING OF HOSTILITY** (27 min.) The re-enactment of a case history demonstrates how early-life experiences affect behavior and adjustment in adulthood. Factors are shown which may produce resentment and hostility; the resulting failure in personal relationships; how a strong drive for intellectual achievement may become important because of emotional inadequacy. Ways are suggested by which parents may prevent similar patterns of development in their children. College, professional, and adults.

**FEELING OF REJECTION** (20 min.) Margaret learned in childhood not to risk disapproval. Therapy helped the girl face her problems and begin a new and healthier behavior pattern. To be shown only when a qualified person can lead the discussion. High school, college, and adults.

**FORGET NOT THESE CHILDREN** (10 min.) There is hope for the mentally deficient. Instructional and recreational activities explain what one state is doing to help retarded children become useful members of society. College and adults.

**GOSSIP, THE** (15 min.) A familiar school situation indicates how a serious problem may be caused by gossip. It gives the teachers and group leaders an effective opportunity to bring this problem to the attention of students and youth groups. Elementary, high school, and adults.

**HABIT PATTERNS** (15 min.) The behavior of two teenage girls is used to illustrate how habits are formed. Helen knows what she wants and by orderly and systematic habits achieves a purposeful life. Barbara, who is never ready, never prepared, never on time, has built up a pattern of carelessness which gives her a feeling of insecurity. Elementary, high school, and adults.

**HE ACTS HIS AGE** (13 min.) The emotional development of a child normally keeps pace with his physical growth. This is an overall picture of the behavior he exhibits between the ages of 1 and 15. College, P.T.A., and groups concerned with child training.

**HELPING THE CHILD ACCEPT THE DO'S** (10 min.) Portrays the child as he meets the various demands of his parents for orderly conduct and habits of living. It explains how his personality is influenced by the extent to which he accepts the do's for personal living. High school, college, and adults.

**HELPING THE CHILD FACE THE DONT'S** (10 min.) Reveals how the young child meets a world of don'ts and how he reacts by conforming in his own distinctive way, thus forming his individual personality. The don'ts are classified. High school social studies, and adults.



**HUMAN MACHINE, THE** (14 min., color) This film considers the body as a unit. The interdependency of the systems of the body is emphasized, and each system is introduced as a vital part of the whole organism. The perfect functioning whole points to a beneficent Designer who has provided for the needs of both the body and the soul of man. Elementary, high school, and adults.

**LEARNING TO UNDERSTAND CHILDREN** (Two reels, 20 min. each) Ada Adams, an emotionally, scholastically, and socially maladjusted girl of fifteen is the subject of this case history. Remedial procedures are illustrated. High school, college, or adults.

**MEETING EMOTIONAL NEEDS IN CHILDHOOD** (30 min.) In order to be emotionally well balanced the 3 to 10 year old child needs affection in babyhood, a feeling of security, a family in which the members enjoy one another, and a chance for independence. The value of family discussions to solve home problems is suggested and ways in which parents and teachers can help meet the child's needs. Film guides when requested. College and adult groups.

**MEETING THE NEEDS OF THE ADOLESCENT** (19 min.) A guide to help parents prepare their child for the future, indicates some of their needless worries and how the child's mental and spiritual development is stimulated and directed. Parents, P.T.A., college, and clubs.

**MENTAL HEALTH** (12 min.) Simple rules for keeping mentally fit are illustrated from the lives of various members of a high school graduating class. Evaluates the importance of good mental health to the individual and to society. High school, college, and adults.

**MR. FINLEY'S FEELINGS** (10 min., color) This is an account of a day in the life of Tom Finley—his reaction to his boss, his family, his closest friends, and other important people in his life. It is planned as the first half of a two-part program to be completed by an audience discussion period. One important sequence concerns the influence of emotions on an automobile driver's competence. Elementary, high school, college, and adults.



**OVERCOMING FEARS** (15 min.) The story explains the psychological structure of unreasonable fears and how they can be overcome. Bill overcomes his fear of the water and becomes a good swimmer. Children and parents.

**OVERCOMING WORRY** (10 min.) This film demonstrates that worry can be overcome and how it sometimes can spread among the members of a closely knit group. Senior high, and adults.

**PREFACE TO A LIFE** (36 min.) Deals with the critical years in the life of Michael Thompson. His developing personality is affected by his family, friends, and neighbors. It accents his need to develop in his own way and at his own pace, or become confused. High school, college, and adults.

**SHYNESS** (23 min.) The problems of abnormal shyness in children may be overcome through a greater understanding by parents and teachers. The audience is taken into the children's early family life and shown how various factors kept them from developing into normal sociable individuals. Parents, teachers-in-training, and others interested in child development.

**THIS IS ROBERT** (80 min.) Traces the development of an aggressive but appealing child from the age of two to seven. Confused by adult pressures at home, his violent aggression in school is seen as a consequence of these strains. Affectionate treatment by his mother and his teacher helps him to adjust and enjoy his school life. This film would require several sessions to adequately cover the material it presents. Primarily for students and teachers, and mothers' clubs who wish to make a serious study of child development. Adults only. (Two reels, 40 min. each).

**TO SERVE THE MIND** (25 min.) A doctor suffers a schizophrenic breakdown. Some of the modern methods and facilities available today for use in treating mental illness are described. Various techniques are shown, including shock treatment, occupational therapy, finger painting, and interviews with the patient. College, professional, and adults.

**WHY WON'T TOMMY EAT?** (20 min.) The physical reasons and the emotional causes for children's lack of appetite are illustrated. Critical points in the formation of eating habits and the right and wrong way to handle the problems are described. High school, parents, and grandparents.

## —PUBLIC HEALTH EDUCATION

**ALASKA'S SILVER MILLIONS** (30 min.) Father Bernard Hubbard, the Glacier Priest, tells of Alaska, its geography, people, resources, and the salmon industry. Children and adults.

**ANOTHER LIGHT** (22 min.) Fear and ignorance of hospitals are replaced by understanding and confidence when all the people of the community help to raise funds for their small town hospital, which serves them in times of crisis and helps prevent illness. Adults.

**BODY FRAMEWORK** (12 min., si.) A study of the skeletal and muscular systems of the human body. High school and adults.

**CARE OF THE SKIN** (10 min.) Explains the parts and functions of the skin and how proper care is related to healthy skin. All ages.

**CITIZEN PARTICIPATES, A** (35 min.) A small town organized to solve the urgent problem of getting a doctor to practice in the community. The citizens' responsibility to participate actively in the life of the community is dramatized.

**CLEANLINESS AND HEALTH** (10 min.) The functions of the sweat and oil glands, the cleansing action of soap and water, and how germs grow and die are pictured. Both harmful and useful bacteria are shown under the microscope. Children and adults.

**COMMUNITY HEALTH IN ACTION** (20 min., color) People can expect effective health services when health departments, voluntary organizations, doctors, nurses, dentists, and citizens work together. Schools, P.T.A., churches, and civic organizations.

**EARS AND HEARING (10 min.)** The structure and function of the ear are demonstrated by the use of animated drawings. Sound waves are transformed by the ear into nerve impulses, which in turn are interpreted in the brain as sounds. The hearing aid is discussed briefly. Junior, senior high, and adults.

**ENDOCRINE GLANDS—HOW THEY AFFECT YOU (15 min.)** The endocrine glands are explained with the help of animation. Each gland is located and the functions of its important hormones are shown. The effects on the body and the personality are studied. College and adults.

**EXERCISE AND HEALTH (10 min.)** Explains how exercise enriches our lives by assisting in the development of stronger bodies, and how it adds opportunities for social life. High school and adults.

**EXPLORING YOUR GROWTH (11 min.)** Using simple animation, this film explores the wonderful process that makes us grow. It explains how food is digested in the mouth, stomach, and intestine; how the digested food is carried by the blood from the intestine to the cells of the body; how food aids the cells to grow and divide, causing us to grow. Grades 5 to 7.

**EYES FOR TOMORROW (20 min.)** Good general health is stressed as important for eye health. The need for prenatal care to reduce blindness by venereal disease, conservation of vision among school children, methods of treating glaucoma and trachoma, and eye hazards in industry are discussed. Junior, senior high, college, and adults.

**FOR YOU TO DECIDE (10 min.)** Shows nursing activities and opportunities to stimulate interest of young women in the nursing profession. Teen-age and adults.

**FUN THAT BUILDS GOOD HEALTH (10 min.)** A plan for a conservative play program and the need for balanced activities are outlined. All ages.

**GIRLS IN WHITE (18 min.)** Pictures nurses at work and in training. Some of the specialized fields of nursing are shown—office, public health, army, pediatric, and hospital nursing. High school and adults.



**HEALTH CAREERS** (15 min.) Introduces the youth, parents, teachers, and counselors to many career opportunities in the field of health. Human interest focus. High school and adults.

**HEALTHY LUNGS** (10 min.) The structure and work of the lungs, and how to protect them from infection and injury are presented. The breathing mechanism—the windpipe, larynx, bronchial tubes, small air tubes and tiny air sacs—are shown. An illustration is given of how the exchange of waste products for oxygen takes place. Junior, senior high, and adults.

**HEREDITY AND ENVIRONMENT** (10 min.) This film makes clear the part played by heredity and environment in the development of the individual. Junior, senior high, college, and adults.

**HOME NURSING** (12 min.) Shows practical nursing in the home. Homemaking, nursing, and mothers' groups.

**HOW TO AVOID MUSCLE STRAIN** (15 min.) Suggests the proper ways of lifting to avoid injury. Junior, senior high, college and adults.

**HOW TO BE WELL GROOMED** (10 min.) Demonstrates the four fundamentals of good appearance — good health, good posture, cleanliness, and neatness. Junior, senior high school.

**HUMAN SKIN** (12 min.) The skin is pictured in its protective role, and as a regulator of temperature. Circulation of the blood, sensory nerve organization, and perspiration are described. High school and adults.

**JOURNEY INTO MEDICINE** (35 min.) A doctor searches for his place in the profession he has chosen. He makes his final decision to enter public health work in the practice of preventive medicine after his studies in medical school, internship and specialization in pediatrics. Vocational guidance classes and adults.

**LEASE ON LIFE** (20 min.) An average American family plans and acts to avoid unnecessary illness. Conflict between superstition and fact, and the combination of skilled hands and minds in disciplined medical teamwork are defined. Elementary, high school, and adults.

**MODERN GUIDE TO HEALTH** (10 min.) Cleverly animated good basic health habits, relaxation, exercise, posture, and proper clothing are illustrated. Children and adults.

**NEW FRONTIERS IN MEDICINE** (35 min.) This is an account of the progress made in the study of heart disease, cancer, and rheumatic fever; the new development of medicine and drugs; the importance of recognizing one's ailments; and the value of the doctor's suggestions. Vocational Guidance classes or adults.

**NOBODY'S CHILDREN** (22 min.) There are problems related to the adoption of children which one should know. High school, college, and adults.

**NURSING CARE IN POLIOMYELITIS** (90 min., color) Three parts. Nurses only.

**OBESITY — PROBLEMS OF FAT FORMATION AND OVERWEIGHT** (12 min.) Analyzes the physiological and psychological causes of overweight. It shows ways by which the body weight can be controlled to prevent the danger of fat accumulation. High school, college, and adults.

**ON YOUR FEET** (12 min.) Stresses good posture and the care of the feet. High school and adults.

**OUR FEET** (12 min.) Covers the anatomy of the feet, details of the bones, muscles, and nerves, proper balance of weight in walking and running. High school, college, and adults.

**PASTEUR'S LEGACY** (20 min.) Discusses the many contributions Pasteur made in the fight against disease, vaccine against tuberculosis, diphtheria, and tetanus toxoids, the principles of immunization and pasteurization. A highly magnified sequence shows a surgical operation on a single blood cell and the release of a single organism from the blood cell. High school, college, and community groups.

**POSTURE AND EXERCISE** (12 min.) Muscle activity, physiology of exercise, the relation of the nervous system to the skeletal muscles, development of endurance, and peripheral circulation are explained. Junior, senior high, and adults.

**POSTURE HABITS** (10 min.) This picture develops posture consciousness and motivates good posture habits in the growing child. It treats standing, walking, and sitting positions, using a puppet to explain bodily structure. Intermediate, junior high, and adults.

**REPORT ON DONALD** (20 min.) The problems of the stutterer are treated and these difficulties are analyzed with suggestions for control. Junior, senior high, parents, teachers, and civic groups.

**REST AND HEALTH** (10 min.) The lack of proper rest has an effect on George's athletic participation, studies, social life, and general feeling of well-being. He learns the importance of sleep in maintaining good health when he plans a better schedule. Junior, senior high, and adults.

**RIGHT TO HEAR** (35 min., color) Three children have problems in regard to hearing loss—temporary loss of hearing, permanent loss of hearing, and total deafness. Possible solutions for corrective and remedial measures are shown. Junior, senior high school, and adults.

**ROUND TRIP** (15 min.) A father tells what happens to a family when rheumatic fever gets two strikes on a young ball player. The various community agencies instrumental in the child's recovery are indicated. High school, college, and adults.

**SCHOOL DAYS IN THE COUNTRY** (18 min.) Health problems common to small rural schools, with practical suggestions for solving them and making the best use of facilities at hand are discussed in this picture. Subjects covered are: protection from communicable disease, health counseling, health habits, nutrition, rest at school, play, and the discovery and correction of defects. Elementary, high school, and adults.

**SCHOOL HEALTH IN ACTION** (20 min.) A modern school health program is outlined. A community becomes aware of its health problems and through school and community effort launches a movement for solving these problems. Clubs, P.T.A., and other adult groups.

**SEE BETTER: HEALTHY EYES** (10 min.) The general functions and structure of the eyes, the organic reasons for poor vision, and means by which it can be corrected are summarized. General health practices are important. Elementary, high school, and adults.

**SLEEP FOR HEALTH** (10 min.) A picture designed to show growing children the importance of good sleeping habits, presented from a child's viewpoint. Elementary, high school, and adults.



**SO MUCH FOR SO LITTLE** (10 min., color) This cartoon shows the services and functions of the local health department. High school and adults.

**SPINAL COLUMN** (11 min.) Describes the structure of the spinal column in detail. Unusual X-ray photography shows the movement of the spine. Differences among the vertebrae are described. Boy Scouts, high school, school nursing, pre-med, Red Cross, and First Aid classes.

**THIS IS NURSING** (30 min., color) Portrays the nursing care and rehabilitation of a hemiplegic patient, a middle-aged business man, during his stay in the hospital and later at home. Emphasizes the need and value of the team concept. Designed for professional nursing education, also of interest to physicians and all those concerned with the care of the stroke patient. Nurses, physicians, and social workers.

**VNA IN ACTION** (20 min., color, si.) Visiting Nurses Association, Division of Public Health Nursing, Omaha-Douglas County Health Department, motion picture showing the many phases of the program of a generalized public health nursing service. It portrays the human interest aspect of the program as well as the constructive service that is rendered in prevention of disease, promotion of health, and care of the sick. Primarily for nursing schools.

**WALKING MACHINE, THE** (15 min.) Discusses foot ailments and their treatment. Importance of exercise and proper sitting and standing positions are shown to strengthen the feet, relax the muscles, and stimulate circulation. Proper selection and fitting of shoes are explained in detail. Children and adults.

**WHEN YOU CHOOSE NURSING** (20 min.) An attitude-building film to interest young people in the nursing profession. High school and adults.

**WILSON DAM SCHOOL** (20 min.) A modern school provides a wide range of activities for children at each age level. The total program makes provision for the mental, social, and physical development. Parents, teachers, and adults interested in modern education.

**YOUR BIRTH CERTIFICATE** (20 min.) A complete and exact birth registration is a necessity and used many times throughout the life of the average person. All ages.

**YOUR EARS** (12 min.) Explains and illustrates the structure, function, and the care of the ear, showing how sound waves are transmitted to the brain and the manner in which certain diseases cause deafness. Film guides available, on request. Elementary and high school.

**YOU'RE ON YOUR OWN** (35 min.) Home nursing techniques. Excellent. High school and adults.

**YOUR EYES** (12 min.) Live action and animation are used to illustrate the structure, function, and care of the eye and its component parts. Discusses nearsightedness and farsightedness. Film guides available, on request. Elementary, junior, and senior high school.

**YOUR FRIEND THE DOCTOR** (10 min.) Considers the doctor and his place in the school health program; some of the specific ways he is helpful to the children in the school and to everyone in the community. Primary, elementary, high school, college, and adults.

**YOUR HEALTH AT SCHOOL** (10 min.) Children, teachers, and other school personnel must all work together to make a school a healthful place. Children will learn that they, too, can help keep the school rooms comfortable and tidy, by observing good personal health practices and by reporting illness or injuries to their teachers. Intermediate, junior high, and adults.

**YOUR VOICE** (10 min.) Indicates the fundamental points in vocal expression and organic function as related to each other. The role of proper exercises for improving the voice is pointed out. Junior, senior high school, and college.

## —SANITATION

**ALONG THE MILKY WAY** (20 min., color) Many scenes in this picture are taken in Nebraska. The production of Grade A milk and sanitary milk products is pictured. Produced by the Union Pacific Railroad. Intermediate, high school, and adults.

**BEST FOOD IN TOWN** (20 min., color) This sequel to **FROM HASHSLINGIN' TO FOOD HANDLING** describes bad food-serving practices by which the customer can judge the sanitation of the whole restaurant. It summarizes the proper methods of personal hygiene for handlers, lighting, ventilation, insect control, storage, refrigeration, sanitizing dishes and equipment, and garbage disposal. High school and foodhandlers.

**DISHWASHER NAMED RED** (12 min., color) Describes hand dishwashing methods with a three-compartment sink. Adults, especially foodhandlers.

**EATING OUT** (15 min., si.) Demonstration of approved methods of food handling as contrasted with improper methods. Children and adults.

**FROM HASHSLINGIN' TO FOODHANDLING** (25 min., color) This is an excellent film for instructing foodhandlers on the proper methods of serving foods. The transference of infection is demonstrated by the use of blacking to represent germs as "Hashslinger" violates every rule of good sanitation. Home economics and domestic science groups, foodhandlers, adults.

**GET RID OF RATS** (10 min.) Rats are destroyers of millions of dollars worth of food each year and cause more deaths than all the wars in history. Habits of rodents and measures for their control are offered. Elementary, high school, and adults.

**HEALTH AND THE CYCLE OF WATER** (12 min.) Demonstrates the steps in the purification of water, and modern sewage disposal methods. Elementary, high school, and adults.

**HOUSE FLY, THE** (12 min.) The life history of the fly from the larvae stage through to the adult, its dangerous habits, rapidity of breeding, and methods of control are shown. High school and adults.

**MILK** (11 min.) Pictures the typical dairy farm and methods of milking by hand and by machine. The care and handling of milk, pasteurization, and bottling are described. Elementary, high school, and adults.

**MR. FARMER BUILDS A SEPTIC TANK** (20 min., color) The construction of a septic tank disposal system for a farm home is shown in detail. How water supplies can be polluted is suggested. Elementary, high school, and adults.



**OUT BEYOND TOWN** (11 min.) Sickness is brought about by insanitary conditions. The necessity of proper sanitation in rural and urban areas is considered. Junior, senior high, and adults.

**PRODUCTION AND PROCESSING OF OYSTERS** (18 min.) This is the story of the care of equipment and of methods of harvesting and removing oysters from the shell. Intermediate, high school, and adults.

**QUALITY MILK PRODUCTION** (30 min.) Pictures the proper milking methods; handling and cooling milk; washing utensils; and checking quality milk. Farm and dairy groups, 4-H and other rural youth groups.

**QUALITY MILK WITH LESS LABOR** (20 min., color) Points out the steps dairymen can take to produce milk under sanitary conditions with less labor. High school and adults.

**RURAL RAT CONTROL** (15 min.) Explains modern methods of rat control. Adults.

**SAFE DRINKING WATER** (12 min.) Advocates the approved methods for making water safe for drinking. High school and adults.

**SANITATION AND THE RURAL HOME** (15 min.) Covers the problems of sanitation in rural and suburban areas. It discusses the proper water supply, adequate disposal of wastes, fly and rat control, and cleanliness in the dairy. High school and adults.

**SEWERS—GUARDIANS OF COMMUNITY HEALTH** (20 min., color) Establishes the necessity of a good sewer system. It shows how the lines are laid and explains how to finance a system. Adults.

**SMALL MILK PLANT OPERATION** (three parts)

**Cleaning Equipment and Containers** (26 min.) Indicates the acceptable methods for cleaning and sterilizing milk cans, bottles, and equipment.

**Milk Processing** (21 min.) Follows the milk from the receiving room into the bottles, to the cold room. Covers the correct method of pasteurization by the 80 minute holding process.

**You and Your Job** (9 min.) The important role of the men who operate pasteurization plants, and each man's responsibility to the community in producing safe milk is pointed out. College and adults.

**WATER, FRIEND OR ENEMY** (12 min., color) This Walt Disney Production shows the dangers of contaminated water and simple but effective ways of safeguarding springs and wells. For rural areas. Elementary, high school, and adults.

## —TEACHER TRAINING

### **DISCOVERING INDIVIDUAL DIFFERENCES** (25 min.)

The methods by which a fifth-grade teacher becomes acquainted with the individual needs and characteristics of the children in her class are analyzed. These techniques are successfully applied in five typical cases. College, pre-service and in-service teacher training groups.

**USING THE CLASSROOM FILM** (21 min.) Constructive suggestions are given as to the proper use of the classroom film. Suitable for anyone who expects to use films as supplementary teaching material.

## —TUBERCULOSIS

**ANOTHER TO CONQUER** (20 min.) Tells the story of the fight of the American Indian against tuberculosis and explains the symptoms and methods of cure. Elementary, high school, and adults.

**ARE YOU POSITIVE?** (15 min., color) The importance of early physical examinations is stressed and the possible need for a chest X-ray to determine the state of health. High school and adults.

**BEHIND THE SHADOWS** (12 min.) Informs the audience of the importance of X-ray and tuberculin tests, beginning, development, and treatment of tuberculosis. High school and adults.

**COMING HOME** (20 min.) Diagnosis, treatment, and rehabilitation work with tuberculous patients are evaluated. Junior, senior high, college, and adults.

**CONTACTS** (15 min.) Shows how tuberculosis is transmitted. Junior, senior high, and adults.



**FAIR CHANCE, A** (20 min.) This film is designed to influence attitudes as well as provide information. Ed Evans discovers, after he has been discharged from a hospital for the tuberculous, that the attitudes of his employer and some of his friends have changed. Ed and his family experience a long and discouraging trail of snubs, job refusals, and cancelled invitations. Ed presents the facts and saves his job and wins a fair chance for himself and his family. High school, college, and adults.

**GOODBYE, MR. GERM** (15 min.) An animated cartoon of the tuberculosis germ who tells his own story. The basic facts of cause, discovery, and the treatment of tuberculosis are presented. All ages.

**INSIDE STORY, THE** (12 min., color) The story of the tuberculosis germ, how it grows and spreads, and man's efforts to control it are shown. High school, college, and adults.

**LET MY PEOPLE LIVE** (20 min.) This is a plea for better health conditions among some under-privileged people. Tuberculosis can be discovered and cured. Neglect is dangerous. All Negro cast. Junior, senior high, and adults.

**MESSAGE FROM DOROTHY MAYNOR** (10 min.) Dorothy Maynor, a famous soprano, explains the vital importance of chest X-ray in the fight to eradicate tuberculosis. Negro cast. High school and adults.

**PETER BORIK** (35 min., color) Peter Borik, the father of a farm family, had tuberculosis and left the sanitarium against medical advice. As a result of his living at home without proper care, his two daughters contract the disease. The importance of early diagnosis and proper treatment and the dangers involved in home treatment of tuberculosis are pointed out to the audience. Junior, senior high, and adults.

**RODNEY** (10 min., color) This animated cartoon features Rodney, a teen-ager, who has tuberculosis. It interprets facts about the cause, spread, diagnosis and treatment of the disease. All ages.

**TARGET TB** (12 min.) Explains the miniature 35mm X-ray film technique of TB case finding. It shows a Mobile X-ray Unit in action. Junior, senior high, adults.



**THIS IS TB** (10 min.) Gives the basic facts on tuberculosis for the layman. It directs the attention to what can be done to avoid tuberculosis and what should be done if one finds he has it. High school and adults.

**TIME OUT** (30 min.) This film features a young man who has tuberculosis from the time X-ray led to the discovery of his disease up to his discharge from the hospital. The importance of a patient's morale in making a recovery is stressed. High school and adults.

**TUBERCULOSIS AND X-RAY** (5 min., color) Shows the effective ways that X-ray might be used in finding people with TB. Adults.

**TWO LIVES** (20 min.) Points out how difficult it is to relax and slow down when one has TB, but how living is improved when one's case is arrested. Adults.

**UNSUSPECTED** (15 min.) The mother of a family has TB. The family makes plans to meet this situation. Emphasis on cure, and how a community can help by providing proper assistance are suggested. High school, college, and adults.

**WITHIN MAN'S POWER** (30 min.) This National Tuberculosis Association's documentary motion picture shows the 50-year history of the voluntary tuberculosis movement in the U.S. It follows the discovery of the tuberculosis germ by Koch; the bitter battle to prove TB contagious; the progress in curative methods. High school, college, and adults.

**YOU CAN HELP** (12 min.) The organization of the Tuberculosis Association and its work, responsibilities, and goals are explained. High school, college, or adults.

## —VENEREAL DISEASE

**BIRTHRIGHT** (45 min.) A narrative showing the life of a family in which the husband becomes drunk, contracts syphilis, and passes it on to his pregnant wife. They receive treatment at the Medical Center, and the baby is born healthy. When used in high school, we advise separation of boys from the girls. High school and adults.

**FEELING ALL RIGHT** (27 min.) The effects of venereal disease are shown, how the disease is contracted and the clinical facilities for treatment. Negro cast. High school and adults.

**HEALTH IS A VICTORY** (12 min.) A frank discussion of gonorrhea. High school and adults.

**INVADER, THE** (30 min.) This film traces historically man's effort, over a period of centuries, to cope with a mystery that grows into a seemingly overwhelming problem. It is recommended for school use in a social studies, human relations, or science context. High school, college, and other community groups.

**KNOW FOR SURE** (20 min.) This dramatized presentation of four particular episodes deals with syphilis and the social complications involved in the venereal disease. Sources of infection, symptoms, prevention, diagnosis, and clinical treatment are discussed. High school and adults.

**MAGIC BULLETS** (20 min.) This picture is based on the dramatic search of Paul Ehrlich and his co-workers to find a cure for syphilis. High school and adults.

**MESSAGE TO WOMEN** (25 min., color) Distinguishes between gonorrhea and syphilis. Sources of contagion, diagnosis, medical treatment, and preventive measures through pre-marital and prenatal blood tests are described. High school girls, women's clubs, P.T.A., and church groups.

**OUR JOB TO KNOW** (20 min.) Explains the cause, diagnosis, treatment, and prevention of gonorrhea and syphilis and the complications which may arise due to extramarital sex relations. High standards of personal conduct are recommended for prevention. Junior, senior high, and adults.

**PLAIN FACTS** (10 min.) The basic facts about the diagnosis, cure, and prevention of syphilis and gonorrhea are shown. High school and adults.

**SIXTEEN TO TWENTY-SIX** (24 min., color) Two dangerous communicable diseases, syphilis and gonorrhea, are problems in the 16 to 26 year age group. Pertinent facts on their control, methods of transmission, charts showing the germs, and parts of the body affected are given. High school girls and women only.

**SPORTS SHORTS** (5 min. each) For high school and adults.

**Batter Up!** Jackie Robinson, Negro ball player, pleads for a combined effort to wipe out syphilis.

**Before the Game.** A syphilis case-finding and educational film stars Mel Allen, sportscaster, in a review of sports, crowds, and health, during the expectant moments while the players warm up and the fans throng Yankee Stadium.

**Big Fight.** Stars Joe Louis in the ring and is climaxed with a statement by the former champion in support of America's fight against venereal disease.

**Through the Hoop.** Stars Bud Palmer in four minutes of fast baseball by experts, followed by his plea for teamwork in the fight against syphilis.

**VERY DANGEROUS** (24 min., color) Presents a clear description of how syphilis and gonorrhea are contracted, with charts showing the germs, and the parts of the body affected. High school boys and men.



## HOW TO REQUEST 35mm FILMSTRIPS

Address all requests to:

Division of Public Health Education  
State Department of Health  
Lincoln, Nebraska

Make reservations for films as far in advance as possible and return promptly by insured mail. Give choices of titles and dates.

First Choice.....First Date.....

Second Choice.....Second Date.....

Third Choice.....Third Date.....

Filmstrips are sent free of charge with the understanding that return postage and insurance will be paid by the user, who is responsible for films damaged while in use or lost in the mail.

## YOUR RESPONSIBILITIES

Insure each packet of filmstrips at the rate of \$10 for each strip. Mail all filmstrips not later than the day following the showing date. Fill out and return the audience report with the strip. Quality projectors carry a guarantee which entitles you to have the machine in top working condition. The sprocket wheel should engage the perforations in the film with a minimum of crackling sound, which, if present may indicate that the strip is not properly lined up or that the machine needs adjustment to prevent damage to the filmstrip.

The following code indicates the suitability or interest level:

A—Adult	P—Kindergarten through
C—College	Grade 2
SpI—Special Interest as	M—Grades 3 through 6
Indicated by Title	J—Grades 7 through 9
HEc—Home Economics	S—Grades 10 through 12
N—Nurses	PTA—Parents Teachers Asso-
PHE—Public Health	ciation (SpI and other films
Education	are also of interest to PTA
T—Teachers	groups)

**35mm FILMSTRIPS (Without Sound)****COMMUNITY HEALTH SERIES**

Communicable Disease (J-S-A)	Safeguarding Our Food (M-J-S-A)
Community Sanitation (J-S-A)	Safety in the Community (M-J-S-A)
Maintaining Community Health (J-S-A)	The Water We Drink (M-J-S-A)

**DENTAL**

- Brush Up on Your Teeth (P-M) Prevention of decay.  
With script.
- Dental Health for Young America (A-SpI) Reasons  
for care of the teeth.
- Teen-age Teeth (M-J-SpI) With script.
- Ten Little People and Their Teeth (P-M) Compares  
the wise and the foolish care of the teeth. With script.
- The Teeth (J-S-SpI) Shows the structure of the teeth.
- Toothsome Tale, A (P-M) Mordecai Molar learns to  
protect his teeth.
- Your Teeth and Your Health (M-J-SpI) Need for early  
care of teeth.

**EXPERIENCES IN LIVING (P)**

- |                              |                      |
|------------------------------|----------------------|
| We Go To School              | We Visit the Dentist |
| We Make Some Safety<br>Rules | We Visit the Doctor  |
| We Plan Together             | We Work Together     |

**FIRST AID AND SAFETY (J-S-C-SpI)**

- Dressings and Bandages
- First Aid for Bleeding and Shock
- First Aid for Bone, Muscle, Joint Injuries
- First Aid for Injuries Caused by Heat or Cold
- First Aid in Common Medical Emergencies
- First Aid for Wounds
- Transportation of Injured
- Use of Artificial Respiration
- Your Responsibility

**GENERAL**

Health in Your Town  
(SpI) Heart

How to Live Long  
(P-M-J)

Radiotherapy—Cancer,  
Professional use only

Trichinosis—Worms in Your  
Muscles (SpI)

**GOOD HEALTH SERIES (M-J-S)**

Bacteria, Good and Bad

Insect Pests and Disease

Pesky, the Cold Bug

You and Your Clothes

You and Your Food

Your Posture, Good or Bad

**GUIDANCE****GETTING ALONG WITH OTHERS (J-S-SpI)**

Personal Appearance

Personal Relationships

School Functions

Table Manners

You're in Public

You're on a Trip

**GUIDANCE SERIES (S-A-SpI)****Set I**

Going Steady?

How Can I Understand  
Other People?

Making the Most of Your  
School Days

Manners Mean More Fun

**Set II**

Keeping Myself Healthy and  
Safe

Parents Are People Too

So You Want a Summer Job?

To Have a Neighbor, Be a  
Neighbor

Understanding Myself

**HEALTH HEROES (M-J-S-SpI)**

Madame Curie—radium,  
cancer

Edward Jenner—smallpox

Robert Koch—tubercle  
bacillus

Florence Nightingale—  
sanitary reform

L. Pasteur—germ theory of  
infection

Life of Louis Pasteur

Walter Reed—yellow fever

Edward Trudeau—TB  
treatment

**HEALTH STORIES SERIES (M-J-SpI)**

Checking Your Health

Health Habits

Health Helpers

Keeping Neat and Clean

Proper Food

Treating a Cold



**HEARING ((A-C-T-SpI)****OUT OF SILENCE**

Nature of Hearing and Hearing Loss  
 Rehabilitation of the Hard-of-Hearing  
 Safeguarding Your Hearing

**HEART**

Heart and How It Works

**MATERNAL (S-C-SpI)**

Care of the Newborn Baby

**INFANT CARE SERIES**

Bathing the Baby	Selecting Children's Clothing
Feeding the Baby	Selecting Children's Toys
Preparing the Formula	Teaching Desirable Habits

**NARCOTICS**

Alcohol, Parts I and II (M-J-S-A)	He Ran a Race (M-J-S)
Chance of a Lifetime (J-S-A)	Narcotics, Parts I and II (M-J-S-A)
Danger! Drinking Drivers (M-J-S-A)	Dollars and Sense (M-J-S)

**NUTRITION**

Non-fat Dry Milk (J-S-SpI)	Skimpy and a Good Breakfast (P)
Why Eat a Good Breakfast (J-S-SpI)	

**PHYSIOLOGY, INTRODUCTORY SERIES (M-J-S-SpI)**

The Bones and Muscles	The Nervous System
The Circulatory System	The Respiratory System
The Digestive System	The Skin, Hair, and Nails
The Ears	The Teeth
The Eyes	

**POLIO**

Facts Fight Fears (S-A-SpI)	Little Pink Bottle (P-M) Story of virus and Vaccine
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**PRIMARY HEALTH (P-M-SpI)**

Foods for Health	Rest and Sleep
Keeping Clean	Straight and Tall
Keeping Well	Strong Teeth

**SAFETY SERIES**

Junior (P-M)	Senior (J-S-A)
Home Safety	Making Our Streets Safe
Playing Safely	Making Your Home Safe
Preventing and Control- ling Fires	Safety at Christmas
Safety Behind the Wheel	Safety in the Shops and Labs
Safety in Sports and Rec- reation	Safety in the Water
Safety on a Bicycle	School Bus Safety
Street Safety	

**SANITATION**

Health Protection Through Cleanliness in the Home by  
Clorox (J-S-SpI)

Sanitary Design in Drinking Fountains (SpI)

**SPEECH****SPEECH DEFECT SERIES (T-SpI)**

How Speech Defects Develop

Nature of Speech Defects

What Speech Clinics Are Doing

**TUBERCULOSIS**

Check Up on Your Chest	Teamwork
Finding Tuberculosis	The Long Adventure
Keeping Well and Happy	TB—Everybody's Problem
Me vs. TB	TB Facts
Lease on Life	TB—What It is and What to
School Health Today	Do About It

**2x2 SLIDES**

**HUMAN GROWTH** (Companion to 16mm film with same  
title) Insure for \$5 (J-S-A)

**NURSING EDUCATION—CIRCULATORY SYSTEM** (22  
in set) Insure for \$10

**RECORDS (A)**

12 to 13 minute transcriptions on 16 inch records

**INQUIRING PARENTS**

Humor in the Home	When Illness Strikes
Moral Training of Children	Sex Education in the Home
What About Comics?	When the New Baby Comes
What Can Father Do?	Parents Through Eyes of
Junior Has His Troubles	Teen-agers
Popular and Unpopular	Children's Allowances and
Children	the Family Money
When Children Are	Dealing With Prejudices
Different	
Dealing With	
Destructiveness	

**LECTURE**

To Live Longer—Health Department Information  
 You Can Make A Difference—An Interpretation of Mid-century White House Conference Findings by Dr. Samuel M. Wishik to 1951 biennial meeting of state directors of Public Health Nursing, Washington, D.C.

**FILMSTRIPS WITH 16 INCH RECORDS 33 $\frac{1}{3}$  rpm****DENTAL**

How The Royal Family Learned to be Happy (P-M-J)  
 Good nutrition and health habits—Script also

**GENERAL**

Plant Health Program—Occupational health (SpI)  
 Your Doctor and You (S-A-SpI) What your doctor can do for you

**HEART**

Heart of the Home (A) Kitchen arrangement for patient

**MENSTRUATION**

Confidence Because (J-S-SpI)



**SAFETY**

Home Safety and the Health Department (A) Accident prevention in the home

First Aid

Safe To Live In (M-J-S-A) Home safety

**SANITATION (S-A-SpI)**

All Washed Up—Clean, safe milk

Bacteriology—Small Milk Plant Operators

Fundamentals of Detergents

In Your Hands—Public eating places

Milking Time

Modern Oasis—Soda fountain

Problems of Bacteria in Milk—What Are Bacteria?

Rat Eradication Measures

Rat-Proofing of Existing Buildings

**OUR HEALTH IN YOUR HANDS (Public eating places)**

Germs Take Potluck

In Hot Water

Safe Food for Safe Health

Service With a Smile















**State of Nebraska  
Department of Health  
Lincoln, Nebraska**