



Sir Phillip Sidney

Astrophil and Stella

By Sir Phillip Sidney (1554-1586)

Astrophil and Stella is a sonnet sequence written by Philip Sidney, an Elizabethan poet and courtier. It details the frustrated love of Astrophil (whose name means “star-lover”) for his beloved Stella (whose name means “star”). It is likely that Sidney based his poems on his own unrequited passion for a married woman. The sequence inspired other sonnet writers of the period, such as Edmund Spenser, William Shakespeare, and Lady Mary Wroth. (Summary by Elizabeth Klett)

Read by Elizabeth Klett; total running time: 02:14:18.

Astrophil and Stella

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