

Irvin Shrewsbury Cobb (June 23, 1876–March 11, 1944) was an American author, humorist, and columnist who lived in New York and wrote over 60 books and 300 short stories. Cobb has been described as "having a round shape, bushy eyebrows, full lips, and a triple chin. He always had a cigar in his mouth." This book is a hilarious account of Cobb's attempts at weight-loss. (Summary from wikipedia)

Read by Bryan Ness. Total Running Time: 01:46:15.

One Third Off

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Irvin S. Cobb