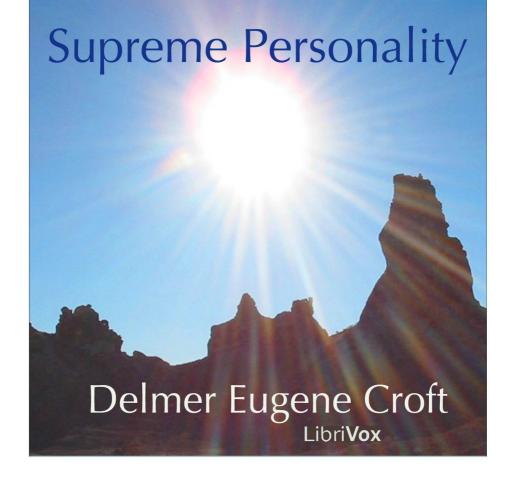
Delmer Eugene Croft

Delmer Eugene Croft



Life is self-realization. Every birth is divine. We are born anew every morning. My wish is that you may catch the gleam, be freed from limitations and enter upon your boundless possibilities. To bring you into the throne-room of your being, that you may awaken in self-realization, is why I have prepared this course of lessons. Should you give five minutes a day to them, in a year you will know the joy there is in Life, in Power, and in Service. (from the text)

0 - Foreword - 00:02:27

- 1 Supreme Control of Conditions 00:23:23
  - 2 Supreme Control of Age 00:12:18
  - 3 Supreme Daily-Life Method 00:14:59
- 4 The Supreme Law of Success 00:14:13
- 5 Supreme Body Building Method 00:06:35
- 6 Supreme Law of Internal Vibration 00:09:30 7 – Supreme Method of Mental Healing – 00:08:33
  - 8 Supreme Power of Magnetism 00:09:29
    - 9 Supreme Law of Telepathy 00:21:14

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