

DELUNGRA AND DISTRICT NEWSLINK

NOVEMBER 2002 EDITION

Welcome to the November 2002 edition of the Delungra Newslink.

Delungra District Development Council

The next Meeting of the Delungra Development Council will be held on **Tuesday 12th November** following the A G M at 7.30 p.m. at the Bowling Club. All interested residents very welcome to give any suggestions that may be of benefit to the town and district. The Annual General Meeting of the Development Council will be held on **Tuesday 12th November** at 7.30 p.m. all interested residents very welcome to attend.

Delungra Community Health

Footcare Dates November 26, December 24, 2002 and January 28 2003

Please contact Community Health if you want an appointment. Those clients seeing me regularly do not need to make an appointment

Taming thrush infections - if you are bothered by thrush you may need to see your health care professional for some anti-yeast medication.

Lactobacillus acidophilus is a friendly bacteria that helps create a more normal bacterial environment - eating yoghurt is one way to improve your intake of friendly bacteria, though probiotic supplements are a quicker way of getting useful amounts of the needed bacteria. Suggestions to discourage the overgrowth of an unfriendly bacteria.

- (1) Go easy on the sweets, sugar favours the growth of yeast in the body.
- (2) Do not sit around in a wet swimsuit as damp environment invites yeast proliferation.
- (3) Wear cotton underwear which helps to keep you cool and dry.

Regards

Joanne Campbell Community Health Inverell 67 288 411

Delungra RSL Women's Auxiliary

The Delungra RSL Auxiliary will be holding their annual **Melbourne Cup afternoon tea** at the Delungra Bowling Club on **Tuesday 5th November at 1.30 p.m.**

Usual attractions, Entry \$5. All welcome Lucky Door Prize. **Hamper raffle**
Bring along a friend enjoy afternoon tea and watch the race on TV Nancy Calderbank

Remembrance Day Bowls

Mufti Fun Bowls - Delungra Bowling Club

Sunday 10th November 2002

Commencing at 1 p.m. Players (Triples) \$6 per person

Non-Players \$3 per person

Afternoon Tea (Nibbles and Sandwiches).

Please place your name on the board at the Club or **contact Emily Mephram 67 248 356**

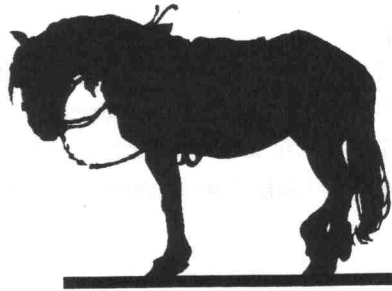
Delungra Girl Guides

The next meeting of the Girl Guide Support Group will be held at the Guide room on Monday 25th November at 10.am. in the Guide room. All welcome. this will be our final meeting for 2002. All are welcome and we will have a morning tea afterwards, so please come along. A big thank you to Libby Martel this month for the donation of fabric to the Guides.

The girls are now recycling corks for Girl Guides. Please do not throw your corks away. Give them to the guides for recycling.

Veronica Farragher Leader

VISIT TO DRAFT HORSE CENTRE



WHEN: TUESDAY 12TH NOVEMBER 2002

TIME: DEPART WARIALDA BY 9.30AM

DELUNGRA BY 10AM

COST: \$15 INCLUDES - BUS, 2 COURSE HOT MEAL,
ENTRY TO HORSE CENTRE.

R.S.V.P: NO LATER THAN 4PM FRIDAY 8TH NOV.

ALL REPLY TO: VIRGINIA BOLAND

DELUNGRA HACC 67248554

This is one of the many activities organised by Home and Community Care.

A part from the basics like home delivered meals we also aim to provide social activities so that older members of the community can have a day away from home to enjoy company of friends and meet new people.

Our last trip was to Bingara, there was a hic cup with the lunch arrangements, thanks to Helen Jack who found us somewhere else to eat. Because of this little hitch the tour of Bingara had to be cancelled due to time restraints, but everybody seemed to enjoy the Museum. I'm sorry about the mix up but these things do happen even in the best-made plans.

Dates to remember;

7th & 21st November Bus to Inverell

6th, 13th, 20th & 27th Bingo at Bowling Club \$3

6th, 13th, 20th & 27th Lunch Club at Hotel \$5

25th Nov. Last Committee meeting for the year 7pm, bring finger food to share.

9th Dec Volunteer lunch at Cranky Rock

18th Dec Bingo/Lunch Club Christmas Break and will then into recess until 8th
January 2003.

For more information on Services please contact

Virginia Boland Coordinator

Delungra Home & Community Care

39-41 Burnett St (P.O.Box 4)

Delungra 2402

Phone/fax 67248554

Delungra C W A

Delungra C W A will meet on Tuesday 19th November at 9am to make 'Quilts of Love' or "Quilts for Keeps. Members will work on their own quilt. If you are a non-sewer, your help would be appreciated with ironing, cutting etc. We will have lunch at 12.30 p.m. followed by our meeting at 1p.m. Bring something unusual to sample for lunch. For culture bring something to do with babies. Does anyone have any ideas about small items for children to make. Bring these along

Christine Plumbe Publicity Office 67 248557

Delungra Homes for the Aged.

The Annual General Meeting will be held on Monday 18th November, 2002 at 7.30 p.m. at the Multipurpose Hall kitchen. All present members and new members are welcome. D Brown Secretary

Bowls Report from Women's Bowling Club

We had our Committee Meeting on the 11 October starting at 12.30 p.m. we are playing in the No 4 Pennants for 2003. We discussed our Xmas party, to be held on 3rd December 2002, We would like to welcome all Delungra Ladies for a 12 Midday start with lunch at 12.30 p.m. Prizes will be given for

(1) the funniest hat or costume (2) the prettiest hat or costume
(3) the most original hat or costume. If you wish to attend please phone President Edna Thomson or Secretary Beryl White on or before 29th November. Sorry this is very short, but very quiet at the present. Oh the smoke! Next meeting Tuesday 26th November. Xmas is coming. See you on the Green.

Good Bowls Elaine.

Delungra Anglican Church

The Delungra Anglican Church would like to thank all those who helped with food and other donations and support to make the Bus garden tour such a success.

Special thanks to Di Brown and Gwen Williams for their buses and also Ken and Janice Uebergang together with Jim and Judy Hain for allowing us to visit their beautiful gardens. Also thanks to Annabelle (Country and Working Gear), Natalie Anne, Nicks Nursery and Jenny Cook (Spectrum 98) for their support on the day. Once again a BIG thankyou to you all.

Marlene Ballinger

Delungra Senior Citizens

After much discussion at our last meeting it was decided that the Club travel to Warialda Rail Flamingo Room on Saturday 30th November for our Christmas Party. Names must be in to Anne McNaughton 248445 or Beryl Townsend 248432 by Thursday 14th November for catering and transport. Cost will be \$12 per person and don't forget an exchange gift to the value of \$5.

Our recipe books are selling well once more - thank you to Raymond Ford.

Seniors Day 2003 is still to be decided but the Theme is "The Best Time for Ages" so some ideas for Delungra's day are needed next Meeting which will be held a week early on Thursday 14th November 2002 at 130 p.m. All welcome.

Please note members as Anita from Warialda Rail is relocating to Warialda Golf and Bowling Club we are now having our Christmas Party as the new location. Don't forget names in 14th November 2002.

Beryl Townsend

Delungra Golf Club

WANTED An old Station Wagon or van in going order up to \$500 to replace the one stolen and vandalised, from the Delungra Golf Club by joy riders with nothing better to do in the community that destroy other people's hard earned assets/ Also taken from the vehicle : 2 new garden hoses and fittings and garden tools. For information please call John Martel 67 248 453

Delungra Rural Fire Services

Delungra Rural Fire Brigade will be holding our **ANNUAL CAR WASH** on **SATURDAY 23rd November** from 10 am. There will be B B Q and refreshments available. Come along and support your local Firies and remember new members always welcome.

Michelle Simula.

Delungra Bowling Club*For the information of members and their guests*

- ⇒ The next draw will be held on 30th November so keep placing your tickets in the barrel. **(with your members number on the back)**
- ⇒ **Bistro Operating on Saturdays evenings** - call in for a quick nibble after Sport or dine in for a **Meal of the Night for only \$6.50**
- ↺ Saturday 9th November - Curried Prawns - plenty available don't miss this
- ↺ Saturday 16th November - Sweet and Sour Fish/Meatballs
- ↺ Saturday 23rd November - Cottage Pie
- ↺ Saturday 30th November - Roast Meat and Baked Vegetables
- ↺ Saturday 7th December - Beef and Macaroni Pie
- ↺ Saturday 14th December - Stir Fry Chinese Chicken
- ↺ Saturday 21st December - Rissoles and Veggies and Gravy
- ↺ Saturday 28th December - Savoury Steak
- ↺ Saturday 4th January - Hawaiian Meatballs
- ↺ Saturday 11th January - Fricassee Chicken
- Crackers and Cheese are served on the Bar now on Friday nights - join in the social atmosphere while you nibble.
- **NIGHT BOWLS STARTS THURSDAY 7th NOVEMBER 2002** names in by 6.15 for 6.30 p.m. start Cost is \$4 per player **Mufti Dress Juniors and Non-Members most welcome**
- The **AGM of the Club** was held 16th October and the following members have been elected for the Board of Directors. **President** Terry McGrath **Treasurer** Emily Mephram, **Vice-Presidents** Greg Stewart and George Wenzel, **Directors-** P Holzgal, Jeffrey Larken, Kevin Leader, Dudley Lewis, David McGrath, H McNaughton, Ron White,
- **Presentation Night to be held on Friday 22nd November at 7.30 p.m.** Cold Smorgasbord and dessert for only \$10 Names in by Monday 18th November - this is open to all members and should be a great meal don't miss out -
- **Club members Christmas Party to be held on Friday 20th December**

Late Note but extra good!!

FRIDAY NIGHT - BOWLING CLUB.
Commencing 15th November

Come along & try our new

MYSTERY GAME

JACKPOT EACH WEEK

Minimum Skill Required.

Gold
Coin
Entry

Proceeds to Charity.

Delungra Catholic Ladies

The Catholic Ladies would like to thank everyone who helped make the Fashion Parade such a success on Saturday. Thanks to those who cooked worked and attended the day and to the many delightful models. The winners of the Raffle were 1. Pauline O’Carrigan, 2. Marie Rowan, 3. M Wales, 4. N Calderbank, 5. Pam Maher, 6. Ross Charter. Many Thanks to Capri Boutique who donated the extra three prizes in this raffle. Lucky door prize was Barbara Tidswell. Many thanks one again. E McGrath

For Sale:

2 single bed floral quilt covers, 1 steam vaporizer 4.5lt 6-8hr operation auto shutoff, 1 Remington typewriter in own case, 2 semi-trailer toy trucks- one John Deere and one motorised, one Quick milk shake maker, 1 Apple Macintosh computer printer and extras, one Baby Pram/Stroller and one Baby Bounce with cover. Phone Pat or Carol McGrath 67 248 249

Inspirations: Love beyond compare

God so loved the world that He gave His only-begotten Son.” He allowed Him not only to live among us, and to carry our sins, and to die for us. He gave Him to all the fallen race. Christ was to identify himself with the interests and the needs of humanity. He who was one with God has linked Himself with the children of men by ties that are never to be broken. Jesus is “not ashamed to call us brothers”(Hebrews 2”11); his is our Sacrifice, our Advocate, our Brother bearing our human form before His father’s throne, and through eternal ages one with the race He has redeemed. And all this that we might be uplifted from the ruin and degradation of sin that we might reflect the love of God and share his joy.

The price paid for our redemption, the infinite sacrifice of our heavenly Father in giving His Son to die for us, should give us exalted conceptions of what we may become through Christ. A the inspired apostle John beheld the height, the depth, the breadth of the Father’s love toward the perishing race, he was filled with adoration and reverence; and failing to find suitable language in which to express the greatness and tenderness of this love, he called upon the world to behold it. “How great is the love that the Father has lavished on us, that we should be called children of God.”1 John 3:1 What a value this places upon us, through faith in the atoning sacrifice of Christ the sons of Adam may become the sons of God. By assuming human nature, Christ elevates humanity. Fallen men are placed where, through connection with Christ, they may indeed become worthy of the name “sons of God.

Val and Syd Poole Seventh -day Adventist Church

Calendar

NOVEMBER	5th	Tuesday	Melbourne Cup Afternoon RSL Auxiliary
	10th	Sunday	Remembrance Day Bowls 1 p.m.
	12th	Tuesday	Delungra District Development Council A G M
	18th	Monday	Delungra Homes for the Aged Committee
	19th	Tuesday	Delungra C W A Meeting
	22nd	Friday	Delungra Bowling Club Presentation Dinner
	23rd	Saturday	Delungra Rural Fire Services Annual Car Wash
	25th	Monday	Delungra Girl Guide Support Group 10am
		30th	Saturday Delungra Senior Citizens Christmas Party
DECEMBER	3rd	Tuesday	Delungra Womens Bowling Club Christmas Party
	20th	Friday	Bowling Club Members and guests Christmas Party

Written notices for the next Newslink can be left in our Mailbox at 79 Inverell Street. Closing date for the next edition must be Friday 30th November for a delivery of Tuesday 3rd December, 2002 .

Margaret McGrath 67 248353 Ph /Fax