

DELUNGRA NEWSLINK

Welcome to the Delungra Newslink for March 2003. The Delungra P & C ladies sincerely thank everyone for all their encouraging response and donations for the development of this vital communication resource for our small community.

Delungra and District Development Council

At the February meeting of this Council the Delungra Public P & C were thanked and congratulated for taking on the printing and organising of the local Newslink after they were approached by this council.

Although we had fifteen, including Mr Peter Lloyd representing Inverell Shire attend this meeting more interested residents of the town and district are asked to attend with their view and ideas. Come along and assist the above council to improve our town in different areas.

For voting rights a yearly membership of \$2.00 is required. There must be a period of 1 month before any new members are eligible to vote on any matters brought before the meeting.

Two members of the Hall Committee were in attendance asking if this council would be willing to take the hall under their umbrella with a sub-committee to look after same with Inverell Shire Council. Approval.

The council were advised that the Delungra Fire Brigade were willing to supply a vehicle and driver if this council would supply a helper to water the trees in the main street on a weekly basis. Inverell Shire Council will continue with the beautification of the main street of Delungra with blisters at the intersection of the highway and Gunnee Street in the near future.

It was decide at this meeting that we ask the Public School children to design a letterhead for this council and a prize be given to the winning design.

The next meeting of the Delungra and District Development Council will be held on **Tuesday 11th March 2003** at the Delungra Bowling Club at **7.30pm**.

Everyone welcome

B Townsend
Publicity Officer.

Delungra R.S.L. Women's Auxiliary

The monthly meeting of the Delungra RSL Women's Auxiliary will be held at Delungra Bowling Club at **2.00 pm** on **Wednesday 5th March 2003**.

RAINGER BROS

DELUNGRA NSW 2403

CONTRACT **HARVESTERS**

PH: 02 67 248330

Mobile: 0428 657733

Delungra Girl Guides

The guides will be having a white elephant stall on Saturday 22nd March in Delungra. Look out for us near the polling booth on election day. If anyone has any donations for this stall please contact Annette on 67 24 8485 to arrange for them to be collected or you can leave them at the Police residence.

We will also be having a Family Bowls Afternoon on Saturday 29th March at the Delungra Bowling Club. This will be a fundraiser to cover membership subsidies. Come along and have a fun afternoon. There will be teams of four, and children are welcome to play. The cost to play is \$5.00 an adult and \$3.00 per child. Refreshments will be available and there will be prizes and surprises. Please arrive by 2.30pm to register for a 3.00 pm start.

Veronica Farragher
Guide Leader.

B & C MEATS

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Delungra Uniting Church

Delungra Uniting Church Ladies are holding a coffee morning on the 31st March at 9.30am at a cost \$5.00 with Vivian Gayden as guest speaker.

World Day of Prayer service will be held at the Delungra Uniting Church this year on Friday the 7th March at 9.30am followed by morning tea. ALL VERY WELCOME.

Ainslie Savage
PH: 67 248365

FAYS
IN CARA



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Church Dates

Delungra Anglican

Church Services for **March**

2nd. 11am

9th. 8:30am H.C. Harvest Thanks
giving and auction to follow.

16th. 11am

23rd. 8:30am H.C.

30th. 9:00am combine service
Uniting Church

for **April**

6th. 11am

13th. 8:30am H.C.

18th. 8:30am H.C. Good Friday

20th. 11am Easter Sunday-

Col/Noelene Miller

Contact No: 67 224 375

Rev. David Wiedemann

Delungra Sports & Campdraft **Association Inc.**

Wish to advise the Delungra
Campdraft will be on the 22nd March 2003.

Delungra Horse Sports and Campdraft will be on the 20th September 2003.
Terry Brown

The Delungra P & C would like to acknowledge some donations we
have received so far.

*Inverell First National.....Nick & Wendy Heagney

*Delungra Sports Association

*Smoochies

We thank you!

Delungra C.W.A.

The next meeting of Delungra C.W.A. will be held at New England Estate Wines on the **18th March** commencing at **11.00am** including wine tasting. Bring along something to do with wine. Please let me know by the **16th March** if you will be coming to the meeting for catering purposes. Feel welcome to bring a friend.

Gwydir Group Handicraft day is at Yetman on the **5th March at 9.00am**. Morning tea and lunch is available with the cost of \$10.00 for everything. Any articles for craft display please get them to me. The Gwydir Group Meeting will be held on the **17th March** at Mt Russell and as this is St Patrick's Day please wear something green. Delungra CWA is to man the trading table so if you have any contributions they would be appreciated. Cost for day is \$6.00 including lunch.

Christine Plumbe 67 24 8557

Publicity Officer.

Delungra Golf Associates

Delungra Golf Associates wish to invite friends and interested ladies to morning tea and a few holes of golf at 9.00am Wednesday 19th March. (Bring a sandwich for lunch).

Libby Martel

Captain

BOUTIQUE CAPRI

48 MAITLAND STREET
BINGARA NSW 2404

PH/FAX:- 02 67 24 1745 BH
02 67 24 1412 AH

(SUSANNE HUGHES)

"CATERING FOR THE REAL WOMAN"

Delungra Community Health

Greetings to all Delungra residents.

Footcare dates **25th March 2003**

22nd April 2003 (note the change from April 29)

27th May 2003

Baby Health Clinics in the Church of England Hall every 2nd week by appointment only. Please call the number below for an appointment.

Magnesium and healthy bones

While there has always been plenty of emphasis on calcium intakes for healthy bones, the mineral magnesium is also essential for bone health, according to a report in the American Journal of Clinical Nutrition.

Magnesium is stored in the bones and when calcium is present can aid absorption and offer protection from bone-robbing osteoporosis. In the studies, 345 men and 562 women between the ages of 69 and 97 years had their bone density tested, and were measured again four years later. The individuals who experienced the least loss in bone density had good intakes of magnesium, eating around five serves of fruit and vegetables a day, which are good sources of this essential mineral.

Regards, Jo Campbell
Inverell Community Health
Ph: 02 67 28 8411

Delungra Catholic Ladies

The Catholic Ladies group Street Stall to be held opposite the Delungra Post Office on **Saturday 15th March from 9.00am**. Raffle \$1.00 per ticket Basket of Groceries.

CATHOLIC CHURCH MASS TIMES:- 9th March 2003 - 10.00am

:- 23rd March 2003 - 8.00 am

Gae Smith.

CHEMISTS

MITCHELL, O'BRIEN &

O'MEARA

PERSONAL SERVICE &
PROFESSIONAL CARE

66 OTHO STREET
INVERELL NSW 2360

PH: 67 22 3714

Fax: 67 21 0027

&

38 ALBURY STREET
ASHFORD NSW 2361

Ph: 67 25 4013

Fax: 67 25 4340

TWYNAM

Agricultural Group

Gunnee Feedlot

Current Australian ALFA Export Feedlot of the year

Twynam Agricultural Group's Gunnee Feedlot is proud to support the Delungra Community.

Gunnee is regularly purchasing cattle, grain and hay.

For more information please contact the Gunnee Feedlot office

Phone (02) 67 248 408

Fax (02) 67 248 301

Delungra Tennis Club

On **Sunday 23rd March** there will be a working bee at **9.00am** followed by a meeting and team nominations at **11.00am**. The tennis club is still looking for somebody to prepare and mark the courts prior to Saturday afternoon competition. Tennis will commence on the **5th April** with any further enquiries please contact Sean Ballinger 67 24 8386.

Delungra Senior Citizens Club

Final arrangements were made for Senior Citizens Day to be held on **Monday 17th March** at our meeting held Thursday 20th February. This day will be held at the Delungra Community Hall and as we have a variety of entertainment organised we would like everyone seated by **9.45am** with performances to commence at **10.00am**. Lunch will be served at 12 noon at a cost of \$14.00 per person.

Owing to our commitment to the caterers we are requesting names and money to be given to Audrey Clark, Ann McNaughton, Beryl Townsend or put in an envelope with name on and left at the BP by Tuesday 11th March.

We have asked neighbouring clubs to join with us one this day so come along and enjoy the day with us all.

Beryl Townsend.

Delungra Bowling Club

Congratulations to the winners of our monthly meat tray Bob Woodward and our carton of refreshments Terry Read.

Since our last report Margaret McGrath has resigned to take up a position as Secretary/Manager of the Quirindi RSL Club. Janice Pollock has been appointed club clerk of the club and the board directors and members wish them both well in their new positions.

February saw the start of the competition bowls with the men's fours being taken out by the team of Ron White, Fred Calderbank, Ross Hirsch and Jack Newnham.


Pennants start on the **9th March** at Inverell East bowling Club with the bus leaving our club at **12.30pm** for a 1.30pm start.

There will be **NO BISTRO SATURDAY 5TH APRIL** due to a private function being held. We apologise to our regular customers for any inconvenience and normal bistro hours 6.00pm to 8.30pm will apply all other Saturday nights. Come and try our meals and snacks.

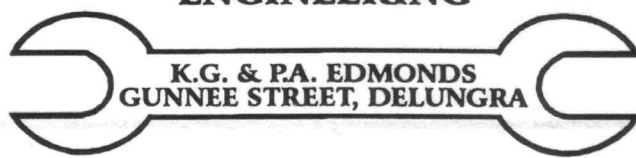
During daylight saving, Saturday night raffles start at approx 7.30 pm and 6.30pm when normal hours return.

Harry McNaughton

RTA
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Delungra Women's Bowling Report

Happy New Year to you all. Great to see the smiles on everyone after the lovely rain this week. Our President Edna is back with us and nice to see her back in the chair. This report is from our meeting held on Monday 3rd February at 2.00pm at the Bowling Club.

Congratulations to our new patron, Girlie Thomson.

We have a few invitations to attend President's Day etc. Four of our ladies were competing in District fours, Dot, Clarice, June and Emily. These ladies reached the semi finals, well done ladies there is always 2004. Try and keep cool.

Coming Events:-

Bowls every Saturday afternoon. Mufti dress, mixed players with names in by **1.30pm to play at 2.00pm.**

Ladies President Day to be held on **4th March.**

Pennants start **11th March** and hope we all play well.

FRIENDSHIP BOWLS DAY:- 3rd April with casual dress and flat soled shoes or joggers. Lunch will be served after play with RSVP by 31st March to Beryl White 67 24 8262 or Emily Mephram 67 248356. Everyone welcome to come and have some fun playing bowls (or trying).

DELUNGRA MOTORS

**BP FUEL & PRODUCTS
MECHANICAL REPAIRS
REGO TICKETS
QBE GREENSLIPS
DRIVEWAY SERVICE
EFTPOS FACILITIES
ELGAS REFILLS
COLD DRINKS
PETERS PRODUCTS
ICE- BLOCK AND PARTY**

**OPEN 7.00AM – 7.00PM WEEKDAYS
7.30AM – 6.30PM SATURDAY & SUNDAY**

Delungra School

Highlights from the start of the new year include the induction of our new school leaders and SRC with a badge presentation held on Monday 24th February.

SCHOOL CAPTAIN: Douglas Cover
VICE CAPTAIN: Georgie Reynolds
COUNCILLORS: Stevie Lee Taylor, Penny McCann, Clay Pavlicevich,
Jessica Thomas, Brook Cutmore, Jesse Farragher.
Jonathan Sheehan, Haley Andrews.
Year 5
Year 4 Alex Reynolds.
Year 3 Joshua Watson.
Year 2 Matt Kent.
SPORTS MONITORS: Kevin Humphreys. Reece Handebo.

Kevin Humphreys has been invited to attend a Visually Impaired Camp at Newcastle on 15th March for 1 week. We have a very excited boy on our hands.

Election day **22nd March** is looming and the P & C will be holding a cake stall and raffle at the school. Tea and coffee with home baked goodies will be available at \$1.50 each. Please support our school and enjoy a cuppa.

Friday 14th March the school will be travelling to Bingara to attend DLWC river rally with a terrific day being planned for the children on the banks of the Gwydir River.

Opening Hours

8am – 7pm Mon to Friday
8am – 1pm Sat & Sun.



Why not join our:

- Christmas Club
- My Patch Gardeners Club
- Cash4Biz cards
- Wine Club
- Coffee Club

Ph: **67222511** Fx: **67224314** Email: info@hongyuen.com.au
.... or just come in person !!

SMOOCHIES



**Watch this space
Next Month**

**For a large increase in both groceries
and vegies.**

**Plus the reintroduction of "real meals"
to eat in or take away!**

**Seafood baskets and hot BBQ Chooks
are going very well.**

Thank you for your Support!

Smoochie

67 248 239

**P.S. Don't forget the 8 varieties of
burgers always available in the real
burger place!**

CLASSIFIEDS

B & C MEATS, Stephen Street, WARIALDA ph/fax: 67 29 1507
Specials available 3rd March until 15th March .

| | |
|---------------------------------------|-----------|
| Whole yearling blade, sliced or whole | \$6.99 kg |
| Beef Mince 2 kg | \$10.00 |
| Tasty Rissoles 2 kg | \$8.00 |
| Corned Silverside | \$6.30 kg |

FOR SALE: BMX 20" Colorado Bike, near new, ridden 6 times,
instruction and warranty book. \$200.00 ono. Must sell. 67 24 8484.

THANK YOU.

I would like to thank those who sent cards, phoned and enquired at
Delungra Motors about me whilst I was in hospital at Tamworth and
Warialda. Although rather serious at the time I am on the road to a good
recovery.

Beryl Townsend.

D. SPINKS & SONS

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Open: Thurs, Fri, Sat, Sun-8am to 6pm.

Contact 67248219

Calendar for March 2003

- 2nd. Anglican Church Service 11am
- 4th. Ladies' President Day-Bowls
- 5th. RSL Women Auxiliary Meeting
- 7th. World Day of Prayer
- 9th. Anglican 8:30-(HC) Harvest Thanksgiving,
Catholic Church Mass 10am
- 11th. D.D.D.C. meeting at 7:30pm
- 15th. Street stall-Catholic Church
- 16th. Anglican church 11am
- 17th. Gwydir Group CWA Council meeting.
Senior Citizen's Day
- 18th. CWA meeting
- 19th. Golf Associates-9am
- 22nd. Election and Delungra Campdraft
- 23rd. Tennis Club Working Bee at 9am and
meeting at 11am,
Catholic Church mass at 8am,
Anglican Church-HC at 8:30am.
- 25th. Foot care Clinic
- 29th. Girl Guides Family Bowls Day
- 30th. 9:00am Combined Service-Uniting Church
- 31st. Coffee Morning-Delungra Uniting Church