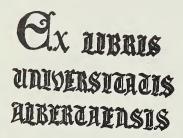


CLUTEN QUALITY AND THE EFFECT OF DILUTION OF WHEAT FLOURS WITH STARCH

> John William Hopkins Department of Field Crops

University of Alberta Edmonton, Alberta August, 1930.





GLUTEN QUALITY AND THE EFFECT OF DILUTION OF WHEAT FLOURS WITH STARCH

John William Hopkins Department of Field Crops

A THESIS

submitted to the University of Alberta in partial fulfilment of the requirements for

the degree of

MASTER OF SCIENCE

Edmonton, Alberta

August, 1930

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Joan (1111an Sopkins Department of Stald Drops

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GLUTEN QUALITY AND THE EFFECT OF DILUTION OF WHEAT FLOURS WITH STARCH.

By John William Hopkins.

INTRODUCTION

Ever since the discovery that the peculiar suitability of wheat flour for bread-making was the result of the characteristic protein mixture known as gluten, this fraction of the flour has been subject to extensive examination by cereal chemists.

It was early recognized that gluten content must play an important part in determining the baking "strength" of any particular flour, but during the first decade of the present century it became apparent, through the observations of numerous workers in this field, that although the best bread-making flours were, in general, those containing the greatest proportion of gluten, nevertheless variations in the "quality" or physical condition of the gluten from different flours often occurred. Gluten quality was, in many cases, just as important as gluten quantity. More recent and extended investigations have only served to strengthen this conclusion; thus Bailey (1, pp. 258-60) gives an account of baking tests carried out by different workers, involving in the aggregate The substrate of the state of t

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"Quality" of course is not an absolute characteristic of any material, but is a purely relative term denoting the suitability of the material under consideration for some particular purpose. For this reason actual baking tests must always remain the final court of appeal in the matter of gluten quality. Such tests are, however, laborious, time-consuming, and require a relatively large amount of material. More serious objections are the possible complication of comparisons due to variations in other factors, especially diastatic activity, and the difficulty of separating effects

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produced by the quality of the gluten from those the result of its concentration, since in practice both quantity and quality usually vary simultaneously. There has, therefore, been a constant search on the part of cereal chemists for some comparatively simple determination which would be an infallible indication of gluten quality: an ideal which has not yet been attained.

The investigation now to be reported represents an attempt to modify the usual baking test in such a way as to render it capable of revealing those differences in the baking value of different flours which are due to quality, as opposed to quantity, of gluten. It was proposed to dilute portions of the flour with starch as required to bring all flours in a test series to definite and comparable protein contents, and to bake the original flours and several such dilutions. There seemed then to be two possible ways of interpreting the results: (1) by the falling off in loaf volume per unit decrease in protein content; (2) by the absolute loaf volume at given protein contents. The first way being independent of absolute volume, it seemed at the time justifiable to neglect diastatic activity. The second way, however, called for methods of stimulating gas production such as would ensure all loaves reaching the maximum volume which the gluten was capable of sustaining.

It was realized that the extra labour involved in the proposed modifications of the baking test would render

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It was realized that the extra labour involved in the process modifications of the outly sets would reader

the method unsuitable for ordinary routine determinations. This objection, however, would not be an insuperable one in the case of plant breeders and others to whom the estimation of gluten quality in a restricted number of samples is often of great importance, and here, it was felt, the method, if successful, would be of considerable service.

REVIEW

The various investigations into the nature and measurement of gluten quality which have from time to time been undertaken or proposed fall naturally into five main groups: chemical, immunological, physicochemical, mechanical, and actual baking.

It is not necessary for our purpose to consider all these aspects of the problem in detail, though had more satisfactory results been obtained elsewhere the need for the present investigation might not have arisen. Suffice it to say that it has not so far been found possible to differentiate by chemical means between the corresponding proteins of "strong" and "weak" flours, (3, 4, 9) or to demonstrate differences in the relative amounts of gliadin and glutenin, the two main gluten constituents, in such flours, (15, 16).

Immunological reactions, which have so often proved valuable in differentiating between proteins, appear to be capable of yielding even less information in this Mode of the standard of the standard and the standard of the standard of

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Transcolosidel resorrant, maios anno ao dileo to teo reladite in differentiation termen statelle, opene bi be estatia of statetei nome then internetize in the connection than the ordinary chemical methods. Thus Wells and Osborne (25) found that, using the anaphylaxis reaction, the gliadins of wheat and rye could not be distinguished, and also (26) that wheat gliadin and glutenin actually reacted with each other, though not so strongly as with themselves.

Physico-chemical studies of dough have led to the suggestion (13) that gluten from a "weak" flour has a lower rate of hydration and a much lower maximum hydration capacity than that from a "strong" flour. Attempts to utilize the viscosity of flour-in-water suspensions, which varies with the degree of hydration, as a measure of gluten quality have not, however, been successful (5, 11). The bound-water method has also been applied to the measurement of hydration in flour suspensions (8), but any differences found were too small to be used as an index to gluten quality. Negative correlations have been found (14) between loaf-volume and the ease with which the gluten proteins are peptised by certain salt solutions, but the results from a larger series of samples (12) indicate that the correlation is not great enough to make ease of peptisation a reliable index of gluten quality.

Of the various mechanical dough-testers which have been devised, the Chopin extensimeter (6) is undoubtedly the most successful. This machine measures the ability of a dough to extend its area without rupturing. A good commeditor that the obdinue, aneminel methode. Thus wills and Osborne (25) Yound that, being the unsolvientar resolvion, for glissing of whet and the could not be distinguisted, and also (26) that wheet glissin and glistenic schnelly resolve with each other, though not so strongly to with themselves.

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relationship has been found to hold between the results thus obtained and the loaf-volume from baking tests. Unfortunately, however, the apparatus is quite expensive, and in most laboratories not available.

Coming now to modifications of the baking test involving the use of starch, we find that Bailey (1) gives an account of experiments carried out by Jago in which varying percentages of corn starch were added to a sample of Canadian patent flour containing 16.1 per cent of dry crude gluten, and the resulting mixtures baked. Each successive addition of starch brought about a diminution in loaf volume. Bailey had himself carried out a somewhat similar experiment and noted a steady decrease in loaf volume and deterioration in texture as the proportion of starch was increased. Bailey and Le Vesconte (2) determined the effect of admixture of starch upon the extensibility of dough, as determined by the Chopin apparatus. Mixtures containing 0, 10, 20, 30 and 40 per cent of starch exhibited a continuously decreasing extensibility, indicating that gas-retaining capacity had been impaired by the added starch. That this was actually the case was demonstrated by Johnson and Bailey (17), who added to five portions of a patent flour containing 10.32 per cent protein, starch sufficient to give mixtures containing 10, 20, 30, 40 and 50 per cent starch respectively. Doughs made from these mixtures fell into a regular sequence as far as gas production and loss of gas

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were concerned, gas retention decreasing with increasing proportion of starch.

Larmour and Macleod (19), and Larmour (18) have used a blend of forty per cent soft wheat flour and sixty per cent of the flour to be tested as a supplement to the ordinary baking test in order to obtain a measure of "reserve strength" or blending capacity. This may afford a satisfactory means of comparing different flours as such, but makes no provision for estimating with any degree of exactitude what part of the results obtained is due to variations in the quantity of protein, and what to variations in its quality.

DETAILS OF PROPOSED INVESTIGATION

From the foregoing review it will be seen that no satisfactory chemical or physico-chemical method of estimating gluten quality has so far been found. The experiments there referred to involving the use of starch were all designed to demonstrate the effects of variation in gluten concentration; but the question arose as to whether information concerning the quality of the gluten could not also be obtained in this way. In particular it was thought that if several flours were diluted with starch, in such a way as to reduce the protein content by successive steps, the relation between decrease in protein content and decrease in loaf volume might prove to be a linear one. The decrease in loaf

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volume per unit decrease in protein content might, however, vary from flour to flour, the effects of starch dilution being most marked in those flours whose gluten was "weak" or of poor quality. When it is considered that the greater part of the Western Canadian wheat exported to Europe is used to blend with home-grown or imported wheat of inferior quality in order to improve the resulting flour, the practical significance of any test of quality based on blending or "carrying-power" becomes obvious.

It is, as a matter of fact, known that some British millers habitually test the quality of Canadian wheat by mixing flour milled from it with home-grown wheat flour in proportions ranging from 10 to 90 per cent Canadian wheat flour, and noting the resulting improvement. As a quantitative measure this is open to the criticism that no two home-grown wheat flours would necessarily yield the same results. The use of a standard starch, as in the method now proposed would not however be subject to this criticism, all results thus obtained being truly comparable. It was proposed, therefore, to investigate the effects of starch dilution on flour, and if possible to establish a relation between such effects and gluten quality, in the hope that a method for the estimation of the latter might thus be provided.

It is to be noted that the British miller estimates the quality of Canadian wheat flour by the improvement it effects when added to his home-grown wheat flour,

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volume per unit decrease in protein contant might, noward, they from flow to flow, the effects of sharph timiler being wost market in shore flows vhous gluten was "weat" or of pror quality. Then it is considered that the greatest sure of the meter's considered that the Arcotest sure of the meter's considered the seported wheat of inferior educity is order to improve the resulting flowr, the precised significance of any test of guality reads on classing or "derrying covers of guality

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the quality of Sanadian wheat flour by the improvement it affects when added to his home-grown wheat flour,

whereas in the proposed method quality would be estimated rather by resistance to deterioration on dilution with starch. There is a fundamental difference in these two methods, the importance of which will appear more fully in later discussion.

EXPERIMENTAL

Preliminary Experiments

Preliminary experiments were first carried out to determine the best type of starch to use as a diluent. Jago used corn starch. Bailey and Le Vesconte (2) and Johnson and Bailey (17) do not state what kind they used. Inasmuch, however, as the starches from different species of plants often vary considerably in their physical properties, it was thought that perhaps actual wheat starch would be the most suitable. A quantity of a commercial patent flour, found to contain 12.6 per cent of protein, was obtained, and diluted to a series of lower protein contents with five different starches. These were commercial corn starch, starch prepared from the original flour by the method of Rask and Alsberg (22), one lot washed with distilled water and one lot with 70 per cent alcohol, and technical and c.p. wheat starches supplied by Eimer and Amend. The nitrogen content of these starches was determined, with the following results, which indicate a satisfactory degree of purity.

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Kind of starch	Nitrogen content
	%
Corn starch	0.09
Starch from flour (by distilled water)	0.06
Starch from flour (by 70% alcohol)	0.05
E. and A. wheat starch (tech.)	0.05
E. and A. wheat starch (c.p.)	0.06

Table 1. Nitrogen content of starches.

It was assumed that in the processes incidental to the preparation of these starches, any protein present would be denatured; hence no allowance was made for protein in starches when calculating the amount to be used in dilutions.

Sufficient starch was added to portions of the flour to reduce the protein to 12.0, 11.0, 10.0 and 9.0 (dry basis), series of this nature being prepared using each of the five starches. The mixtures obtained, together with the original flour, were then baked according to the following formula (all bakings being performed in duplicate).

> Flour..... 100 grams (at 13.5% moisture) Yeast..... 3 " Salt..... 1 " Sugar..... 2.5 " Water..... sufficient

The resulting loaf volumes are shown in Table 2.

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Protein	Loaf volume					
content	Corn starch	Starch from flour (dist. water)	Starch from flour (70% alc.)	E. and A. wheat starch (tech.)	E. and A. wheat starch (c.p.)	
%	cc.	cc.	cc.	cc.	cc.	
12.6	498	498	498	498	498	
12.0	475	458	458	460	456	
11.0	433	444	432	425	422	
10.0	427	406	410	376	395	
9.0	380	38 2	369	342	371	

Table 2. Loaf volumes obtained with flour diluted with various starches.

These results have also been plotted (Figure 1). In the case of some of the starches the points thus obtained are rather irregularly distributed, but in each instance a straight line could be fitted to them. It will be seen that the rate of decrease of loaf volume with dilution is not the same for the different diluents. The technical wheat starch supplied by Eimer and Amend gave the line of steepest slope and also showed the least scattering of points. It was, therefore, decided to use this in all future experiments.

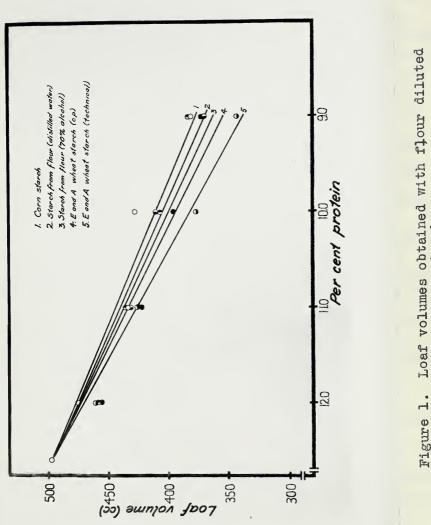
Determinations of the resistance of certain of these starches to diastatic action was made by the method of Malloch (21). Similar determinations were also performed in the case of the flour and the dilutions of it made with Eimer and Amend technical wheat starch.

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Reterminations of the resistance of certain of these starches to dissistic action was made by the method of Malloch [21]. Similar determinations were also performed in the case of the flowr and the dilutions of it make with Effer and Juand coldnical wheat store.



Loaf volumes obtained with flour diluted with various starches. Figure 1.



Material	Starch resistance
Starch from flour (washed by distilled water)	40
Starch from flour (washed by 70 per cent alcohol)	39
Wheat starch, E. and A. (tech.)	151
Flour, 12.6 per cent protein	38
Flour, 12.0 per cent protein (diluted with E. and A. wheat starch (tech.)	34
Flour, 11.0 per cent protein (diluted with E. and A. wheat starch (tech.)	33
Flour, 10.0 per cent protein (diluted with E. and A. wheat starch (tech.)	37
Flour, 9.0 per cent protein (diluted with E. and A. wheat starch (tech.)	38

Table 3. Starch resistance of flour, starches and starch dilutions.

The figures for starch resistance represent one thousand times the reciprocal of the number of milligrams of maltose produced by 10 grams of dry material when digested for one hour at 27° C. with 0.03 grams of takadiastase. It will be noted the starch prepared by washing out from the flour had the same resistance, within the limits of error of the method, as had the original flour. The Eimer and Amend wheat starch had a much higher resistance, but the resistance of the mixtures in which it was used as a diluent did not differ significantly from that of the original flour. This seeming anomaly

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101	Wheel Stards, T. and J. (test.)				
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	Minur, 15.0 per cent motein (diinted with I. ent wheet stard: [temb.]				
	Noor, 11.6 per cent protony (diluted with				
1977	Flour, 10.0 yer cent protein (diluted with				
	Flow: for deat newtein (diffed vite				

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The diastatic activity of these mixtures was also determined, using Malloch's (20) modification of Rumsey's method.

Protein content	Diastatic activity
%	
12.6	188
12.0	178
11.0	195
10.0	192
9.0	168

Table 4. Diastatic activity of flour and starch dilutions.

These results, whilst subject to some fluctuation, do not indicate any significant downward trend with increasing dilution. This seemed rather surprising, for in the starch dilutions the amount of diastase present would may be exclusion by absurd a they, show only a settle troportion of the total steach evaluation is converse into value, there was present, evaluat the inputs statication, as another of the more senily creating there are one the total excert which is there on terms and in the source endpoin of being another to as a negation to a state of the there are the total and a state of the terms of the total of the total of the state of the terms of the total and the total of the state of the terms of the total attempts of the second of the terms of the total attempts of the second of the terms of the total attempts of the second of the terms of the total attempts.

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Gluten Quality and Decrease in Loaf Volume

per Unit Decrease in Protein Content.

Having established a linear relationship between protein content and loaf volume for this particular flour, using E. and A. technical wheat starch as a diluent, the next step was to apply the dilution procedure to a selected series of flours. This consisted of flour from three lots of Marquis wheat, grown at the University of Alberta and having an identical protein content but showing varying degrees of frost injury, and also, for comparison, Quaker flour (a commercial patent), and flour milled from Marquis wheat grown in Southern Alberta. All but the commercial flour were milled in the laboratory. The following is a description of the series

No. 332. Marquis U. of A., after fallow. Injured by frost, grade No. 6+. Protein content of wheat 16.3 per cent, of flour 14.5 per cent.

No. 333. Marquis U. of A., after fallow. Injured by frost, grade No. 4-. Protein content of wheat 16.3 per cent, of flour 14.4 per cent. pressuredly decrease in the sum ratio as the propertion of right. The added stared was shown to have no disstatic potivity, and was in addition much more realatant to disstatic ection than the starm. Mich constraint to the fibur. A decrease in disstatic activity with dilution was therefore certainly at to be extended.

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frost, grade Ma. 5-. Frotain anniers of wheat 16.9 per sent, of flour 14.5 per sent.

No. ** . Maroute 7. of 1., after failow. Injured by Frost. grade No. 4-. Frotein content of Wrest 16.7 per cent, of flour 14.4 per cent. No. 335. Marquis U. of A., after fallow. Injured by frost, grade "Feed". Protein content of wheat 16.3 per cent, of flour 14.4 per cent.

> Quaker. Used as standard in baking laboratory. Protein content of flour 13.0 per cent.

Southern Alberta Marquis. Protein content of flour 13.9 per cent.

Three dilutions of each sample were made, using E. and A. technical wheat starch, all percentages being calculated on the dry basis. Bakings were performed as before with the results shown in Table 5 and Figure 2.

Table 5. Bakings of starch dilutions of selected series of flour samples.

Flour	Protein content	Loaf volume	Flour	Protein content	Loaf vol- ume	Flour	Pro- tein con- tent	Leai vol- ume
	%	CC.		%	cc.		%	cc.
No. 332	14.5	598	No. 333	14.4	577	No.335	14.1	597
	13.0	521	-1 problem	13.0	531		13.0	553
	,11.5	475		11.5	466		11.5	494
	10.0	428		10.0	404		10.0	413
Quaker	13.0	539	Southern	13.9	479			
	12.0	511	Alberta Marquis	13.0	456			
	11.0	470		11.5	425			
	11.5	425		10.0	405			

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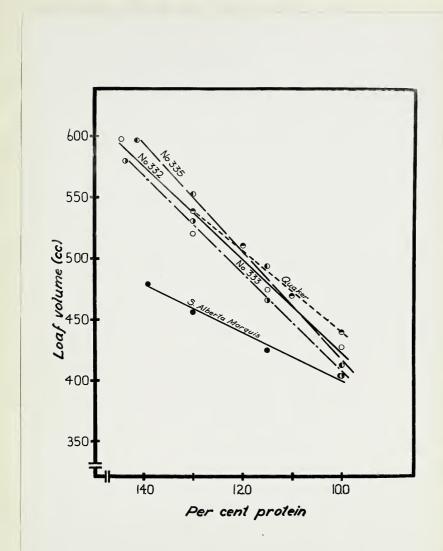


Figure 2. Decrease in loaf volume with dilution of selected series of flours.

*

Table 6 shows a single-figure estimate¹ of the baking quality of the five original flours, together with dV/dP, the slope of the line in Figure 2 showing the rate of falling-off in loaf-volume with decrease in protein content.

Table 6. Baking quality of flours, and decrease in loaf volume per unit decrease in protein content.

Flour	Baking Quality	dV/dP
No. 332	101	38.0
No. 333	98	39.1
No. 335	92	44.1
Quaker	87	33.0
S. Alberta Marquis	57	19.0

It will be observed (from Fig. 2) that in each case the falling-off in loaf volume with dilution was directly proportional to the decrease in protein content, or so nearly so as to make the fitting of a straight line quite justifiable. In the first three cases (the frost-damaged samples), the decrease in loaf volume per unit decrease in protein content was in the inverse order of the baking

T	The single-figure estimate of baking quality was computed
as	follows:
	Loaf volume - 400 x 0.2
	Texture score (possible 10) x 3
	Crumb color score (10) x 2
	Gen. appearance score (10) x 1
	Per cent absorption - 60 x 1
	Total = estimate of baking quality

quality of the original flows, though not of the grade of

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the sheat from which it was milled. The remaining the samples, however, although inferior in bailed nomity, anough a smaller decrease in lost-volume on disvitor. The Santhern Alberts Marquis, the poorest flowr of the whole series, the wheat from which it was milled usuage undoubtedly deteriorated owing to arains, anowed by far the least decrease of all.

Dilution barse were also prevented on 8 coulds of solispitizin lo mobispiteeval as nort sidsligts salange under various graases and litelfa villeb ver delle overtlud on in the department of field froms. Ints consisted of fiour milled from Morels where a row after motherin Rie Grass, Thmotly, Brome (heas and Lifeli's respectively, The results shown in fable 7 and Rivers 7, spain reveal a linear decrease in lost-volume with dilucion. The rate of decrease is in the ascending order: thest after "inothr, Restarn Rye Grass, Shone Grass and Mialia. At the tine it was thought that this aight be an indication of the possibly interior quality of the increased protoin upsained after such crops as alfally. (Although the actual percentare of protein was lowest is many after already the yill. and hance the wirr year removed per sore was higher the the esse of the other three .

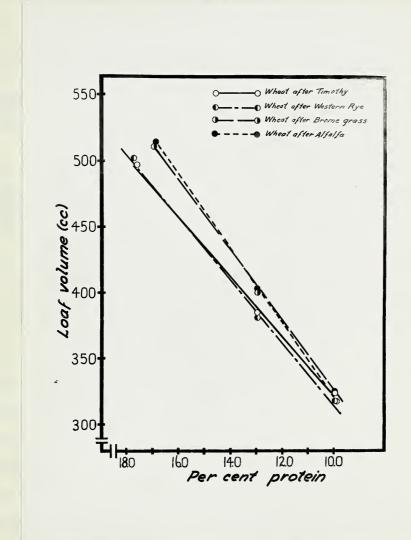


Figure 3. Decrease in loaf volume with dilution of flour from wheat grown after Timothy, Western Rye Grass, Brome Grass and Alfalfa.

Table 7. Dilution bakings of flour from wheat grown after Timothy, Western Rye Grass, Brome Grass and Alfalfa.

Flour	Protein content	Loaf vol-	dV/dP	Flour	Protein content	Loaf vol-	dV/dP
-		ume				ume	
-	%	cc.			%	cc.	
Wheat	17.7	498		Wheat	17.8	503	
after Timothy	13.0	386	22.7	after W. Rye	13.0	382	23.8
	10.0	315		Grass	10.0	319	-
Wheat	17.0	512		Wheat	16.9	515	
after Brome Grass		13.0	404	28.4			
10.0 328		10.0	319				
	me Grass 13.0 401 26.3 Alfalfa			28			

Starch Dilution and Diastatic Activity.

Although the preliminary experiments indicated that diastatic activity was unaffected by dilution, it was suspected that these results were not typical. It certainly seemed unlikely in the extreme that when, as in some of the mixtures worked with, over forty per cent of the flour had been replaced by starch which contained no diastase at all and in addition was quite resistant to enzyme hydrolysis, the amount of sugar produced would be unchanged. Accordingly, the influence of dilution on diastatic activity was studied in three additional cases;

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The diastatic activity of the original and diluted flours was determined by the method used before (20), and in each case a definite downward trend with dilution was established. In Table 8 the actual decrease in diastatic activity on dilution is shown, together with a "theoretical" diastatic activity calculated on the assumption that the diastatic activity was directly proportional to the amount of flour (and hence of diastase) in the mixtures. Although the agreement is far from perfect, there is, nevertheless, some indication that the diastatic activity is roughly proportional to the amount of flour in the mixture.

		the second se	
Flour	Protein content	Diastatic activity as determined	Diastatic activity calculated from dilution
Flour A	% 12.9 12.0 11.0	155 131 121	 144 132
Quaker	10.0 13.0 12.0 11.0 10.0	118 282 198 204 179	120 260 239 217
Southern Alberta Marquis	13.9 11.5 10.0	149 136 121	126 107

Table 8. Starch dilution and diastatic activity.

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From the foregoing work the following facts emerge:-1. When flour is diluted with starch, a linear relation between protein content and loaf volume is obtained. 2. In one case at least (the three frost-damaged samples) dV/dP, the decrease in loaf volume per unit decrease in protein content, seems to be related to gluten quality.

It was now thought that possibly the diastatic activity factor should not be ignored after all, even in method (1) (see page 3). In the case of the Quaker and Southern Alberta Marquis flours, wide differences in diastatic activity (Table 8), and dV/dP (Table 6) occurred, these differences being in inverse directions. It seemed possible therefore that the anomalous behaviour of the Southern Alberta Marquis might be due to its gas production being so low as to be <u>the</u> limiting factor in loaf volume, protein scarcely coming into question at all.

In method (2) of course there was no doubt that differences in diastatic activity would have to be eliminated. Sherwood and Bailey (24) concluded from their own and Rumsey's (23) work that a diastatic activity of about 250 was the optimum for bread-making purposes, but for high protein Canadian wheat flours, forming doughs of greater extensibility, this would be a somewhat conservative estimate. It meemed fairly safe to assume, therefore, that in the majority (if not all) of the flours here dealt with, gas production was a limiting factor in loaf volume. The gluten was not being extended to the full amount of which it was capable, and there Prom the Poregoing work the Plinwing 100% emargeri. Then flows is differed from extract, a linear version between protein content and loss volume is obtained. R. In one case at least (the tirse from - diverged similar) oV/dF, the decrease in loss volume per dive destroit to protein content, seens to us related to gluten specks to it was now through the cossibly the discustion collying.

factor should not be ignore siter all, even in method (1) (see mape 1). In the case of the patter and brothern down harguis flours, wide differences in fissturic activity (Table 8), and dV dF (Table 5) provined, there differences being in inverse directions. It seemed rougible therefore that the morabout teheriour of the patters (berto much anight be due to its gas profited on being so how as to to the limiting factor in loar values, protein scarcely coming into question at all.

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Further complications became apparent owing to the fact that on dilution with starch, both the diastatic activity of a flour and the maximum loaf volume that it could sustain would be reduced. There seemed to be three possibilities with regard to the relationship between actual gas production (governed by diastatic activity) and the gas production necessary for maximum loaf volume: (a) both might decrease with dilution by the same relative amount;

(b) the gas production necessary for maximum loaf volume might decrease relatively more rapidly than actual gas production;

(c) actual gas production might decrease relatively more rapidly than the gas production necessary for maximum volume.

It seemed quite possible that (c) could be the case in flours of high diastatic activity, whilst (b) held in those of very low diastatic activity. In view of these possibilities and the above mentioned facts it seemed that perhaps the best way to obtain true comparisons might be to adjust the diastatic activity of all flours and their dilutions, so that the maximum possible loaf volume was produced in every case. rea no reason to equivar this in a series in firme and retto of sorial to mailway possible load vilous would no-

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Experiments Involving the Stimulation of Gas Production.

In the attempt to eliminate diastatic activity as a complicating factor, and definitely to establish, if such existed, the relationship between gluten quality and behaviour on starch dilution, further experiments were now designed. In these experiments it was planned to use flour milled from wheat of four standard varieties, chosen so as to form a graded series in respect of baking quality. Wheat of these four varieties, Marquis, Red Bobs No. 222, Huron and Vermilion, had been grown in adjacent plots at Clover Bar, near Edmonton, during the summer of 1929. A considerable quantity of each variety was milled, the protein content of the flour determined, and dilutions made.

As a first step the original and diluted flours were baked in the ordinary way and also with the addition of 0.001 per cent of potassium bromate. This substance acts as a flour improver, its effect as a rule being more pronounced the higher the protein content of the flour. The precise nature of its action is not yet known, but certain workers, Working (27, 28) and Geddes (10), believe that it affects the physical condition of the gluten, possibly as the result of a dispersing action on certain phosphatides intimately admixed with the gluten constituents, but it still remains to be proved that this effect alone explains all the changes resulting from its use. Table 9 and Figures 4, 5 and 6 show the results

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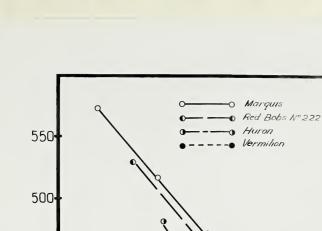
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Variety	Protein content	Loaf volume, standard method	dV/dP	Loaf volume, bromate method	Response to bromate
	%	cc.		cc.	cc.
Marquis	18.5	573		748	175
	16.0	516		573	57
	14.0	470	24.1	518	48
	12.0	421		462	41
	10.0	371		397	28
Red Bobs No. 222	17.0	529		644	115
222 A	14.0	450	24.8	492	42
101	12.0	403	64.0	420	17
	10.0	370		4 00	30
Huron	15.7	480		590	110
	14.0	417	30.4	477	60
	12.0	372	90 • 4	406	34
	10.0	312		358	56
Vermilion	14.8	3 3 7		417	80
1000	13.0	302	16.0	332	30
	11.5	287	16.8	290	3
	10.0	267		269	2

Table 9. Dilution berss, vit and without bromate, of flour from Marguis, Ned 2558 10. 222, Euron and Vermilier whest.

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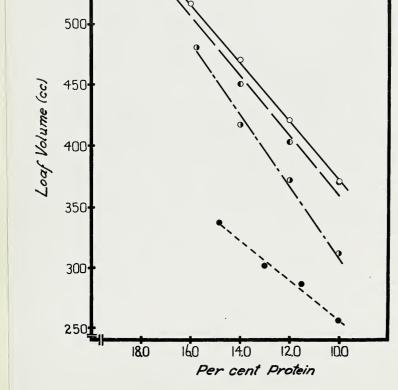


Figure 4. Decrease in loaf volume with dilution of flour from Marquis, Red Bobs No. 222, Huron and Vermilion wheat. Baked by ordinary method.

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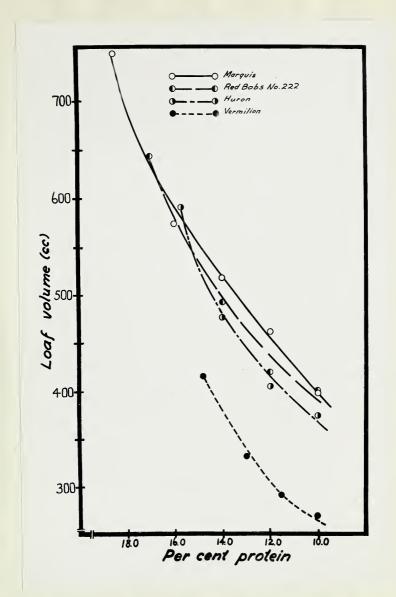


Figure 5. Decrease in loaf volume with dilution of flour from Marquis, Red Bobs No. 222, Huron and Vermilion wheat. Baked with the addition of 0.001 per cent potassium bromate.



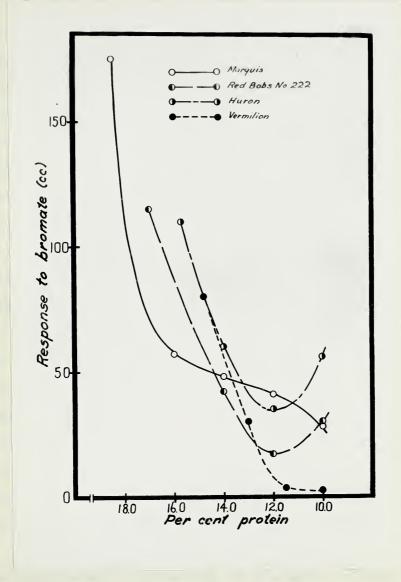


Figure 6. Variation in response to bromate with dilution of flour from Marquis, Red Bobs No. 222, Huron and Vermilion wheat.

•

With the ordinary baking procedure, the falling-off in loaf-volume was again proportional to the decrease in protein content, and in the case of three of the varieties, namely Marquis, Red Bobs No. 222 and Huron, the slopes of the curves obtained (Fig. 4), by plotting the loaf volume against protein content were in the inverse order of baking quality, although the difference in slope between Marquis and Red Bobs No. 222 was but slight. Vermilion, however, which is known to be very inferior in this respect, although giving a small loaf volume at first did not fall off to any great extent on dilution, thus behaving in a similar manner to the Southern Alberta Marquis of a previous experiment.

It is apparent from Fig. 5, that when these bakings were performed with the addition of potassium bromate, the linear relation between protein content and loaf volume disappeared. The resulting curves do not appear to be related to gluten quality in any simple manner. The response to bromate (i.e. the difference between loaf volume with and without bromate), plotted in Fig. 6, also fails to reveal any helpful differences between the varieties.

Since it was felt that in all probability these results were complicated by variations in diastatic activity, an effort was now made to control this factor. If some fairly wide range existed over which, owing to its no longer being a limiting factor, such variations had no appreciable effect on loaf volume, then it was thought that the problem "it is a visual visual visual of the second of the second

It is appeared from Mar. 5, test wear these labours were periored the resultion of notacial (rought, he linear relation of need proton contest and has volue disappeared. The resulting correct do not signed to be related to fluer quality in any of the notice to be respond to or were (i.e. the lifering correct. The respond to or were (i.e. the lifering correct. In volume sits and mither originals), stored in from the relates.

Bleve is was fait that the all probability frame ration were complicated by vertesions in disability outsidity. W effort was now mode to description this functor. If a montaint wide range extinted over without which is its on interve a limiting factor, and vertaintons as an approximite effort on loss volume, then is the completion of effort on loss volume, then is the completion of effort on loss volume, then is the completion of the module. might be fairly readily solved. It should be possible, by means of a relatively few experiments, to determine the amount of some diastatic preparation to add to any flour of known diastatic activity in order to bring its sugar production within the desired range.

With this end in view, varying amounts of each of two highly diastatic preparations, takadiastase supplied by the Parke-Davis Co. and malt extract of 200 degrees Lintner, supplied by Standard Brands Ltd. were added to each of the four experimental flours and the resulting changes in diastatic activity determined. (In the case of the malt, 0.05 per cent of mono-ammonium phosphate, NH4H2PO4, which acts as a yeast stimulant, was also added). The results are summarized in Table 10 and Figures 7 and 8. With takadiastase the increase in sugar production in each flour follows a similar law, although the actual amount of the increase varies in each case, owing probably to differences in starch resistance. The results obtained by the use of malt are more irregular. This may be accounted for, in part at least, by the difficulties involved in manipulating small amounts of this substance, it being of a thick syrupy nature. There is also the possibility of non-homogeneity of the malt, thorough mixing being impossible. In general, however, the results seem to be of a somewhat similar nature to those obtained with takadiastase.

It was also planned to bake loaves containing the same proportions of these preparations, in order to

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determine the region of optimum diastatic activity, as judged by the attainment of maximum loaf volumes. When this was attempted, however, it was found that in addition to being highly diastatic, both the takadiastase and malt evidently contained proteolytic enzymes. These adversely affected the gluten during fermentation, resulting in sticky, "runny" doughs which could not be handled. By reducing the amount of water added in mixing the dough (in certain instances by as much as 12 cc.), some loaves were obtained, and the volumes of these have been included in Table 10.

Table	10.	Results	or	adding takad	iastase	and	malt
		extract	to	experimental	flours	•	

Flour	Amount of	Taka-dias		Malt extract + 0.0 ammonium phosphate	
	prepara- tion added	Diastatic activity	Loaf vol- ume	Diastatic activity	Loaf volume
	%		cc.		cc.
Marquis	0.05 0.10 0.15	140 273 318 350	554 745 340	140 187 199 305	554 642 661 687
Red Bobs No. 222	0.05 0.10 0.15	184 358 431 455	541 660	184 283 322 385	541 570 618 650
Huron	0.05 0.10 0.15	131 268 301 332	498 638 616	131 165 221 279	498 544 584 582
Vermilion	0.05 0.10 0.15	95 154 172 208	450 538 520 456	95 149 166 190	450 512 522 520

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included in Table 10.

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aluptaM	0.05 0.10 0.15	041 708 817 057	554 945 745 745	140 187 190	1044	
Red Bobs No. SeS	80.6 01.0 11.7	184 15- 15- 471 401	541	261 769 357 387	190 518 518 551	
Ruron	87.0 02, 0 82.0	171 202 107 77 B	646 645 645	101 105 201 201 201	45.5 1.44 2.94 5.94 5.86	
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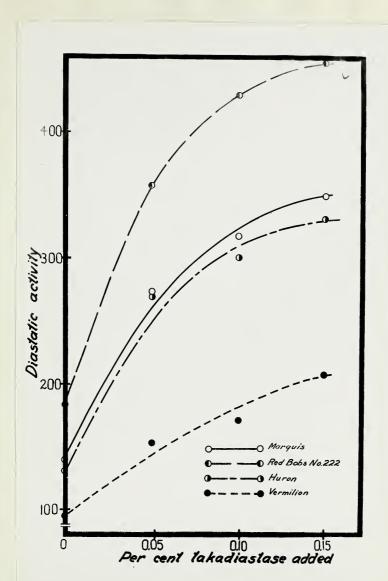


Figure 7. Effect of addition of varying amounts of takadiastase on the diastatic activity of the four experimental flours.

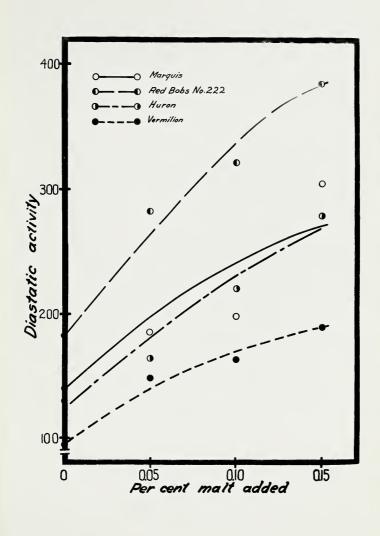


Figure 8. Effect of addition of varying amounts of malt extract (200 deg. Lintner) on the diastatic activity of the four experimental flours.



It was realized, however, that owing to their proteolytic action, as a result of which the physical condition of the gluten was affected, these preparations were unsuitable for use in the present studies, and so some other method of augmenting sugar production was sought. The addition of starch which had been finely ground, and was hence very susceptible to enzyme hydrolysis, in constant amount in each dilution, although this would make impossible comparison with the loaf volume of the original flour, seemed to be a possible line of attack, A portion of wheat starch was therefore ground for forty hours in a ball mill, mixed with some of the Marquis flour, and the mixtures baked. The results given in Table 11 show that the increase obtained by the use of the finely-ground starch alone is obviously not of the required order.

Table 11. Use of wheat starch of low resistance in the endeavour to stimulate gas production.

Mixture	Loaf volume	
	cc.	
1. Marquis diluted to 16.0% protein with unground wheat starch	516	
2. Marquis diluted to 16.0% protein with finely ground wheat starch	548	
3. As in (1) but with addition of 0.05% Taka-diastase	650	
4. As in (2) but with addition of 0.05% Taka-diastase	670	

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These attempts to increase the production of sugar in the dough by natural means (i.e. enzyme hydrolysis) having proved impracticable, it was thought that possibly the desired result might be achieved by the addition, not of diastatic preparations or readily hydrolysed starch, but of the product which was actually used by the yeast, namely maltose. It is true that this might appear to entail a departure from the conditions usually occurring in fermenting dough, in which the amount of maltose produced by starch-splitting is negligible at the commencement of the fermentation period, but has become fairly large in the later stages, when it is most needed. Inasmuch, however, as a considerable quantity of sucrose (2.5 per cent), which must be in excess of the early needs of the yeast, is added in the ordinary baking procedure, it was thought that probably the added maltose would not lead to over-stimulation of the yeast in the early stages but would instead ensure the presence of an adequate supply of sugar during the important final period of fermentation.

A few preliminary experiments demonstrated that considerable increases in loaf volume could be obtained with maltose, added in solution to aid in thorough mixing. In addition, the texture of the loaves thus obtained was superior to that of the original flour, whereas those resulting from the use of Taka-diastase or malt were impaired in texture. Maltose and 0.05 per cent ammonium phosphate, it was found, gave better results than maltose alone. Thus Marquis flour baked with the addition of

These accounts to transport the production of angular to the dough by natural manual (i.e. enapsed by droughast manuar an aldrade that better it was thought that oberthe the desired result that a solution by the start is . at of disctatic preprintions or repuily available action and of the product which was accusing used by the yeart, namely maltone. It is true that this vogat appear to entail a departure from the constricts mousliy occurring in fermenting dough. If which who anound of melloses produced by assuch-sulititing is neglicible at the contiencement of the ferme listion period, but has become fairly large in the later stages, when it is most needed. Installed, however, as a considerable manually of stores (2.5 per cent), which must to in easen of the carly needs of the yeast, is added in the ordinary baking procedure, it was thought that provably the added matthes your or lead to over-stimulation of the yessi in the serie state but would instead ensure the presence of an adequate enouly of sugar luring the important final period of termentation.

A few preliminary evactions a demonstrated that considerable thereases in itsel volume could be ditathed with maltone, added in volution to and in therein mixing. In addition, the texture of the loaves that obtained was superior to that of the original flow, dere those resulting from the use of Taka-disurses of call vers impaired in texture. Waltone and 0.05 wer cant amontum phosphate, it was found, save batter results that and the elone. Thes farming flow cubed with the distort of

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2.0 per cent maltose gave a loaf volume of 642 cc., whereas with 2.0 per cent maltose and 0.05 per cent ammonium phosphate, a volume of 668 cc. was obtained.

It was decided, therefore, to investigate the effect of adding varying proportions of maltose to flour, in order to determine whether, with increasing concentration, the loaf volume rose to a sharp maximum and then fell off again, or whether any considerable region of "optimum concentration" existed. A number of bakings of the four experimental flours (Marquis, Red Bobs No. 22, Huron and Vermilion) were made with the addition of varying amounts of this sugar and 0.05 per cent of ammonium phosphate, the results being included with those of subsequent work in Table 12 and Figs. 9, 10, 11 and 12. In each case a maximum loaf volume was obtained, but whilst with Red Bobs No. 222 no significant change in volume occurred over a range of concentration extending from four to six per cent, the volumes given by the other three flours increased to well defined maxima and then fell off again with varying degrees of abruptness.

As no general"optimum zone" of maltose concentration had been established for the undiluted flours, the foregoing procedure of baking with the addition of varying amounts of maltose was applied to the various starch dilutions. The loaf volumes obtained are shown in Table 12 and the accompanying Figures 9, 10, 11 and 12. E.O por part settors (are a for voices at one, setrone etto 2.9 par and settors and 1.0 per out mound at settification. voices and 1.0 per out mound at

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Flour	Protein content	Maltose added	Loaf vol- ume	Flour	Protein content	Maltose added	Loaf vol- ume
	%	%.	cc.		%	%	cc.
Marquis	18.5	0 2 3 4 5	573 627 648 663 639	Red Bobs No. 222	17.0	0 3 4 5 6	529 571 620 623 616
Marquis	16.0	0 4 5 6 7	516 604 600 628 614	Red Bobs No. 222	14.0	0 4 5 6 7	450 517 565 567 565
Marquis	14.0	0456	470 578 615 577	Red Bobs No. 222	12.0	0 3 4 5 6 7	403 480 494 508 507 490
Marquis	12.0	0 4 5 6 7	421 455 546 480 452	Red Bobs No. 222	10.0	0 5 6 7 8	370 404 460 453 390
Marquis	10.0	0 34 56 7 8	371 370 384 370 423 400 402				
Huron	15.7	0 3 4 5 6	480 553 577 582 554	Vermil- ion	14.8	0 2 3 4	337 489 534 510

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Table 12 (cont'd.)

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Flour	Protein content	Maltose added	Loaf vol- ume	Flour	Protein content	added	Loaf vol- ume
	%	%	cc.		%	%	cc.
Huron	14.0	0 4 5 6 7 8	417 520 518 536 551 552	Vermilion	13.0	0 3 4 5 6	302 472 472 468 471
Huron	12.0	0 4 5 6 7	372 479 470 497 477	Vermilion	11.5	0 4 5 6 7 8	287 451 462 460 466 452
Huron	10.0	0 4 5 6 7	312 397 450 435 435	Vermilion	10.0	0 3 4 5 6 7	267 420 423 430 452 438

The curves obtained by plotting loaf volume against concentration of added maltose are of some interest. In general there is an increase, with dilution, in the amount of added sugar necessary to produce maximum loaf volume. There are also marked differences in the types of the curves themselves. In the case of the Marquis, for example, the loaf volume of the three highest dilutions (lowest protein contents) rises sharply to a maximum, and then falls off again; with the original flour and the first dilution, however, there is no such peak.

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The curves obtained by plotting loaf volume sectors concentration of added maitose are of some interest. In general there is an increase, with dilution, in the amount of added sugar necessary to produce maximum loaf volume. There are also marked differences in the types of the outvo themselves. If the same of the israins, for example, the loaf volume of the tires hickest dilutions (lowest protein contents) rises sharply to a combine, and the falls off however, there is no such the line line dilution, however, there is no such the line dilution.

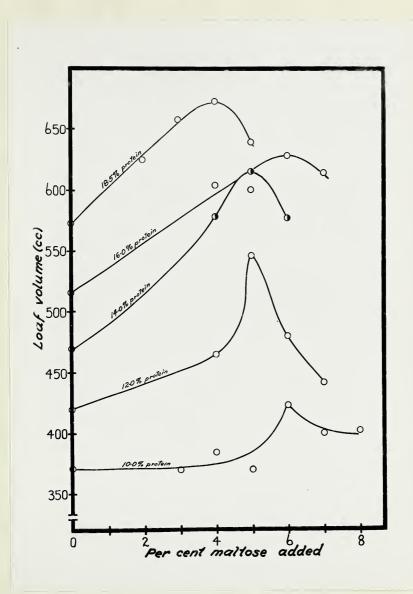


Figure 9. Loaf volumes obtained by the addition of varying amounts of maltose + 0.05 per cent ammonium phosphate to the original and diluted flour - Marquis.



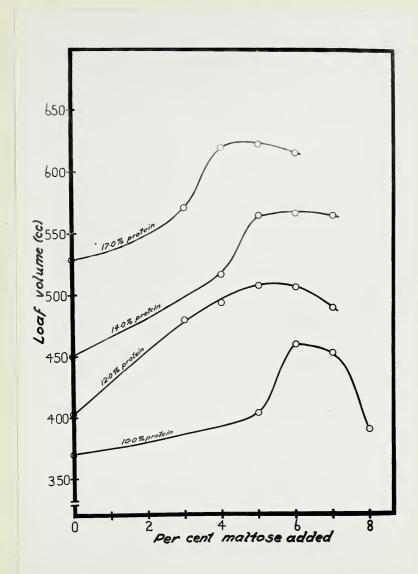


Figure 10. Loaf volumes obtained by the addition of varying amounts of maltose + 0.05 per cent ammonium phosphate to the original and diluted flour - Red Bobs No. 222.

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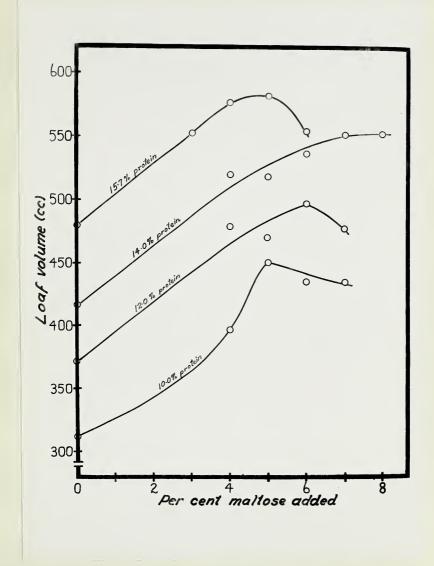


Figure 11. Loaf volumes obtained by the addition of varying amounts of maltose + 0.05 per cent ammonium phosphate to the original and diluted flour - Huron.



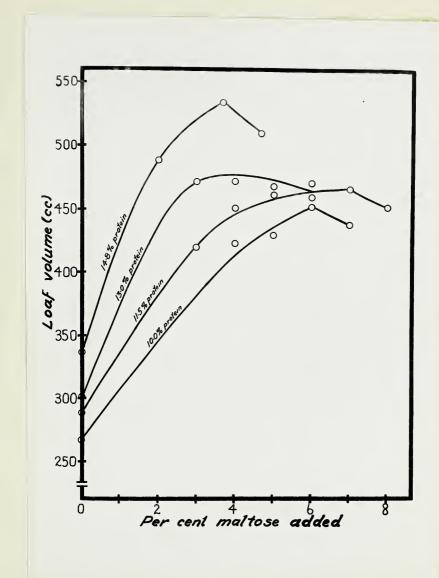


Figure 12. Loaf volumes obtained by the addition of varying amounts of maltose + 0.05 per cent ammonium phosphate to the original and diluted flour - Vermilion.





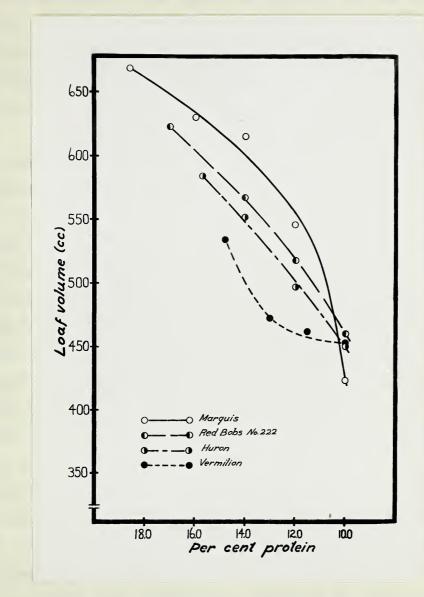


Figure 13. Maximum loaf volumes obtained by the addition of maltose + 0.05 per cent ammonium phosphate to the original and diluted experimental flours, plotted against protein content.



This "peak" in the loaf-volume curve occurs to a varying degree in the higher dilutions of all the varieties. The fact that a similar type of curve was obtained with the undiluted Vermilion flour suggests that it is possibly an indication of "weakness", although the other curves furnish several exceptions to such a generalisation.

The maximum loaf volumes of the various flours and their dilutions obtained with the addition of maltose and ammonium phosphate have been plotted against protein content in Fig. 13. Whilst gas production as a limiting factor has now undoubtedly been eliminated, the resulting curves do not appear to lend themselves to any simple quantitative estimation of gluten quality. As a matter of fact three different types of curves are obtained from the four varieties. The Marquis curve is concave downward, Red Bobs No. 222 and Huron give practically straight lines, and Vermilion a curve concave upward. The Marquis curve may perhaps be explained on the assumption that, owing to the good quality of the gluten, considerable quantities of starch can be added to the flour without causing any great decrease in loaf volume, but that when a certain critical decrease in protein content has been effected, the cumulative effect of the added starch results in a sudden large diminution. Similarly the relatively large initial decrease with dilution in the loaf volume of Vermilion may be taken as evidence of inferior gluten quality. The subsequent "flattening-out" of this curve is not, however, so easy to explain.

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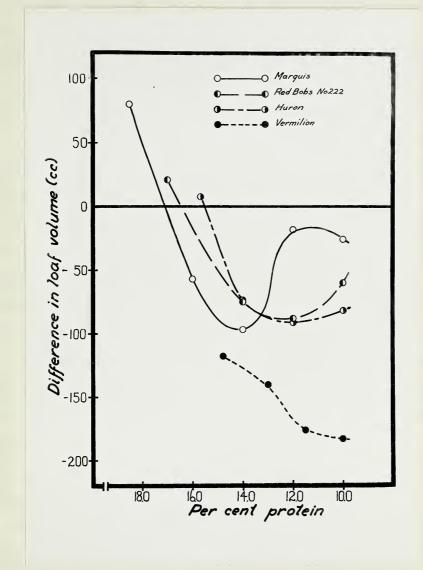


Figure 14. Loaf volume obtained by the bromate method, minus maximum loaf volume obtained by the addition of maltose and ammonium phosphate, plotted against protein content.



The differences between the loaf volume obtained by the bromate method (Table 9) and the maximum obtained by the addition of maltose and ammonium phosphate (Table 12) are plotted for the various flours and their dilutions in Figure 14. There seems to be no systematic difference in the curves given by the different varieties. It is worthy of note, however, that in the case of the four undiluted flours, Marquis, Red Bobs No. 222 and Huron gave a greater, and Vermilion a lesser, loaf volume by the bromate method than with the addition of maltose. The magnitude of the differences, it will be noted, is precisely in the order of baking quality of the original flours. The ability to give a greater loaf volume with bromate than can be obtained by the addition of maltose and ammonium phosphate would therefore appear to be correlated with baking quality. Some confirmation of this hypothesis was obtained by baking a sample of pastry flour, known to be of inferior bread-making quality, by the ordinary method, with the addition of bromate, and with the addition of maltose. By the ordinary method a volume of 430 cc. was obtained. This was only increased to 440 cc. by the addition of 0.001 per cent potassium bromate, but with 5 per cent maltose a loaf of 502 cc. resulted.

From the nature of the curves in Figure 14, however, it appears that this relation does not necessarily hold when a number of flours are brought to some similar protein content by the addition of starch.

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DISCUSSION OF RESULTS, AND CONCLUSIONS.

In the preliminary discussion, attention was directed to the fundamental difference between the method here employed and that used by some British millers as an index of flour strength. In the latter, the greater the difference between the strong Canadian flour and the weak flour with which it is being mixed, the greater is the improvement effected. In the former, on the other hand, it was assumed that the greater the difference in properties between the flour to be tested and the starch added to it, the smaller would be the resulting impairment.

Emphasizing this fundamental difference, two opposing tendencies seem to be discernible in the results of those experiments in which no attempt was made to stimulate gas production. These are:

(a) The better the quality of the gluten, the greater the resistance of the flour to reduction in loaf-volume by starch dilution.

(b) The poorer the gluten, the less the difference in properties between flour and added starch, and hence the less the change on dilution.

It would appear that in flours with good quality gluten, tendency (a) is dominant, and that differences in gluten quality can be detected by the starch dilution method. In those of a markedly inferior nature, however,

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In the preliminary discussion, strenglow we directed to the fundamental difference between the method where employed and that need of some british willers as a index of flour strength. In the latter, the greater the mitterence between whe strong Canalys flour and the weak flour with which it is computed, the greater is the improvement offseted. In the former, on the other hand, it was assumed that the greater the difference in properties between the flour to be the resulting added to it, the smaller would be the resulting impairment.

> Amplasizing this fundamental difference, the opposing tendencies seen to be discerdible in the results of those experiments in which no attempt as made to stimulate gas production. Incas are:

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 (b) The power the grates, the reactive difference in properties detween floor and added strab, and place the ress the damage on silution.

It would appear fort in induce it food quality gluten, tenderoy (a) is dominant, and that differences in gluten quality can be detected by our stards diffusion method. It mose of a markedly inferior nature, busever, (b) seems to become increasingly dominant, rendering comparison with superior flours impossible. On this account the method cannot be capable of any general application in the estimation of gluten quality.

The stimulation of gas production, in order to obtain the maximum possible loaf volumes, has led to more complicated, rather than simpler, results. No explanation of these, other than that already suggested, can be offered here, though in view of the fact that loaf volume is largely governed by physical factors, the possible effect of starch dilution on the physical properties of the dough (apart from mere reduction in protein content) should not be overlooked. Certain facts of interest have emerged however.

(i) The unsuitability of at least two commercial diastatic preparations as agents for the stimulation of gas production in flours has been demonstrated. These results, together with those of Collatz and Racke (7) and Sherwood and Bailey (24) indicate the necessity of devising some method for the purification of preparations of this enzyme. On the other hand, it has been shown that by the addition of maltose and 0.05 per cent of ammonium phosphate, loaf volume could be increased to a maximum.

(ii) As already suggested, one way of interpreting the results might be to compare the maximum loaf volume which the various flours in a test series were capable of

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attaining when all had been reduced to some similar protein content. From Figure 13 it will be seen that there is a considerable range of protein contents over which the loaf-volumes at any given protein content would be in the order Marquis, Red Bobs No. 222, Huron and Vermilion; that is, in the order of gluten quality. Owing, however, to the differing rates of decrease in loaf volume with dilution exhibited by the four varieties, the quantitative results obtained from such a procedure would vary with the protein content chosen. The loaf volumes though they fell in the order of gluten quality, could not be said to be proportional to it.

(iii) The variations in the response to potassium bromate and maltose are of considerable interest. It is believed that the response due to bromate is related to both quantity and quality of gluten. The discovery that in "strong" flours the loaf-volume obtained with the addition of 0.001 per cent potassium bromate was greater than the maximum obtained with the addition of maltose, whilst in "weak" flours the reverse was true seems further corroboration of this view, since the maltose presumably acts solely as a yeast stimulant. It is disappointing, however, to observe the irregular nature of the results obtained when this procedure is applied to the diluted flours.

(iv) The nature of the curves obtained by plotting loaf volume against concentration of added maltose has attailing one of the new redenic to some this of the protein newtone. Show Afgure 17 th wikt there will there is a considerable rates of photeen on which one multiple the tost-visiones at any site service with would be in the order service, we die 1.860, who and Vermitten; they is, in the school of blacks with the relative provide extraction for a black with the relative the structure extraction for the four to a particular, the structure extraction is the four to the relative the structure extraction and a more bar the sould very with the structure extraction and a more has would very with the structure is indiced to be the four the four and graphics; the pressive contacted is be the four the four sould not us and to be structure to the order of sould not us and to be structure order of sould not us and to be structure of the order of sould not us and to be structure of the order of sould not us and to be structure of the order of sould not us and to be structure of the order of the to the structure.

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already been noted. A sharp maximum is, in general, associated with low concentration or inferior quality of gluten. This is analagous to the well-known lack of stability and narrow range of fermentation tolerance in weak flours.

SUMMARY.

1. The purpose of this investigation has been to ascertain whether the baking behaviour of flours when brought to a series of definite and comparable protein contents by dilution with starch could be used to estimate gluten quality.

2. When flours are diluted with starch, the rate of decrease in loaf volume per unit decrease in protein content has no general application as a measure of gluten quality. This is true whether the baking is performed with or without the stimulation of gas production.

3. Diastatic activity is reduced by starch dilution to an extent roughly proportional to the decrease in the amount of flour in the mixture.

4. The addition of maltose to increase gas production has proved more satisfactory than the use of diastatic preparations, owing to proteolytic enzymes being contained in the latter. aiready been notes. I entry test on it, in parent, essociated with now concentration of interior quality of gluten. This is stalggous to the well-known net of stability and cortow range of fementation tolerance in weak floure.

1. The paragase of this investigation has need to assert tain mather the falling delayions of Flores when herewart to a series of dofinite and comparable protein contents by dilution with stard could he used to estimate Curen guality.

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4. "Le addition of ablices to recrete on conserving has proved more satisficatory than the use of utgension preparations, owing the protecty the enzymes teing ocutained in the latter. 5. The maximum volumes which a series of flours are capable of attaining when all have been brought to the same protein content by starch dilution seem to be in the same order as, though not necessarily proportional to, gluten quality, provided that the degree of dilution is not too high.

6. "Strong" flours give a greater loaf volume when baked with the addition of 0.001 per cent potassium bromate than can be obtained by the use of maltose to increase gas production. With "weak" flours the reverse is true. When a number of flours are reduced to the same protein content by the addition of starch, however, the differences between loaf-volume by the bromate and maltose methods are not necessarily in the order of gluten quality.

7. When successive increments of maltose are added to a "weak" flour, in general the loaf volume increases to a well-defined maximum and then falls off again. With "strong" flours on the other hand, the maximum is less pronounced, and tends to broaden out into an "optimum zone".

ACKNOWLEDGEMENTS .

The author wishes to thank Dr. Robert Newton, who suggested the problem, for his constantly helpful criticism and advice, and Mr. G. D. Macmillan for his valuable technical assistance. The maximum volumes which a lotter of flours are outpatte of etterning when all have been brought to an same protein content of stared difficient seam to be in the same protein content of stared difficient seam to be in the same protein content of stared difficient seam to be in the same protein content of stared difficient seam to the same protein of the second of difficient is not the lapt.

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