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Half pears and apples are excellent baking fruits. Pears ripen when the
skins on in a hot oven. Pears are peeled, core removed and sliced in a
moderate oven.

Pruned fruits, like fresh ones, are served most often as accompaniments
from the preliminary cooking, their preparation is much the same. When dried fruits
in hot water before cooking them. Then use the cooking water to cook the fruit, so
as to get all the good flavor.

Most dried apricots need no cooking. For those directly into boiling water
and simmer for 15 minutes. Some like in cold water, then simmer for 15 to 20
minutes. Dried peaches are best if cooked in cold water for half an hour, then
cooked 15 to 20 minutes. Red pines generally are best cooked in boiling water.
All these for an hour to become plump. Then simmer for half an hour until they
are tender. Raisins, which go into any number of dishes, are prepared up by
soaking them in a small amount of water, then bringing them just to the boiling
point.



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NEW COCKROACH GAINS Foothold

Two light-yellow cross bands on the back distinguish the tropical roach, a newcomer among the familiar household cockroaches -- the American, Australian, Oriental, and German. This small, brown tropical roach is only three-eighths of an inch long. It's even smaller than the light-brown German "croton bug" or "water bug," and is well known in the hot, damp cities of the world.

Riding probably in the luggage of motorists, the tropical roach seems to have traveled recently as far north as Nebraska and Illinois. It may not survive in cold climates, even in heated houses, but if it does, it may become a serious pest, says _____,

(Name)

(Title)

(Institution)

The Bureau of Entomology and Plant Quarantine at Washington would like to know what sections in the northern part of the country the new pest has reached.

Americans spend thousands of dollars annually to combat all these different roaches, which damage food in homes, restaurants, hotels, stores, and hospitals. They also ruin bookbindings in libraries, and fine fabrics.

Roaches often enter a house on packages of food or laundry. Don't encourage the pests by leaving even a crumb of food where they can get it. Keep staples in insect-proof containers, and cover garbage tightly until disposed of. Sprinkle sodium fluoride along the back of shelves and drainboards, or dust into cracks where roaches run. Sodium fluoride is a poison, to be kept out of reach of children and pets and stored apart from the food supply. Fresh pyrethrum powder is another effective remedy, safe to use. Other means of controlling all kinds of cockroaches are discussed in a leaflet you can get from the U. S. Department of Agriculture -- No. 144-L.

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