

In David Rendlomen

SALISBURY, N. C.

Donated by

Dr. & Mrs. David Rendleman

c.1 1950 White cap



The elevator to success is out of order— Take the stairs.

CLASS MOTTO

SALISBURY, N. C.

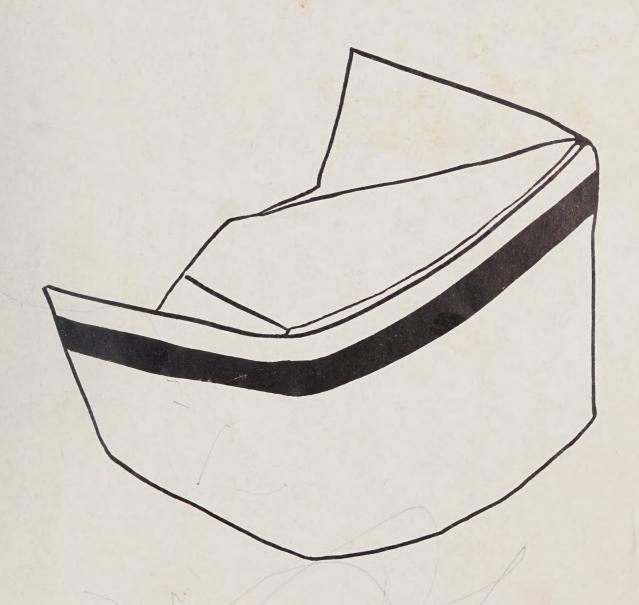
Second Annual Publication of the Senior Students

OF

Rowan Memorial Hospital

Salisbury North Carolina

Editor-in-Chief	Ruth Gordon
Associate Editor	Ruby Drye
Business Manager	Anna Jean Poole
Feature Editor	BETTY HARWOOD
Artist	Annie Lee McSwain
Society Editor	Peggy Hicks
Historian	SARA PERRELL



THE WHITE CAP

Nineteen Hundred and Fifty

The Florence Nightengale Pledge

I solemnly pledge myself before God and the presence of the assembly, to pass my life in purity and practice my profession faithfully. I will abstain from whatever is deleterious and mischievous and will not take or knowingly administer any harmful drug. I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care.



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Book III Features

Nurses Prayer

The world grows brighter year by year,

Because some nurse in her little sphere
Puts on her apron, and smiles, and sings,

And keeps on doing the same old things.
Taking the temperatures, giving the pills,

To remedy mankind's numerous ills, Feeding the babies, answering the bells,

Being polite with a heart that rebels.

Longing for home, and all the while

Wearing the same old professional smile,

Blessing the new-born's first breath,

Closing the eyes that are stilled in death.

Taking the blame for all the mistakes,

Oh, Dear! What a lot of patience it takes.

Going off duty at seven o'clock,

Tired, discouraged and ready to drop,

But called out to help at seven-fifteen,

With woe in the heart that must not be seen.

Morning and evening, noon and night,

Just doing it over, hoping it's right.

When we report off to cross the bar,

Dear Lord, will you give us just one little star

To wear on the cap of our uniform new.

In the ward up above where

The Head Nurse is You.



Dedication



MISS HELEN PEELER, R.N., A.B.

With admiration for her character, kindly interest, and appreciation of her loyalty to the Rowan Memorial Hospital and its School of Nursing, we the Class of 1950, sincerely dedicate this book "THE WHITE CAP" to Miss Helen Peeler.

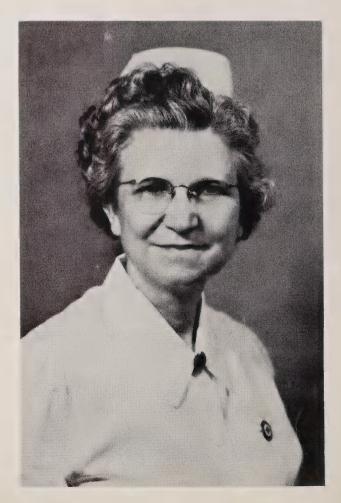




Mrs. Lewis M. Miller
Superintendent of
Hospital

Miss Edna H. Howard, R.N., B.S.

Director of Nurses





Miss Mary Francis, R.N., B.S.

Educational Director





Miss Rebekah Conrad, A.B., R.N.

Nursing Arts Instructor



ROWAN MEMORIAL HOSPITAL



NURSES HOME





HISTORY OF HOSPITAL

The Whitehead-Stokes Hospital was established in 1899 by Dr. John Whitehead, a talented physician, and managed by Dr. J. Ernest Stokes, one of the foremost surgeons of the South at that time. This institution performed noble service, giving relief to all who came to its doors seeking medical and surgical aid.

In 1920, the institution changed ownership and become known as The Salisbury Hospital, Inc. It continued to serve the community in the capacity of a publicly-owned institution, but with no other financial help than that derived from patients able to pay for services received.

In 1932, the institution again changed hands and was known as the Rowan General Hospital, Inc. At this time the Hospital began to receive financial Aid from the Duke Foundation.

In August, 1936, The Rowan General Hospital, Inc., was moved to the new Rowan Memorial Hospital, Inc.

History of the Nursing School

The School of Nursing was opened in 1903. The first class graduated in 1907. The Nursing School closed in 1935, and reopened on December 28, 1944. From its beginning until 1928 the school was under the direction of the late Ella Price Smith, a woman of great experience and ability. From 1929 until the closing of the school, Mrs. Mabel K. Graham was in charge, and she continued the able work of previous years. The school was reopened in 1944 under the direction of Lottie C. Corker.



The Staff

Seated, left to right: Drs. Richard B. Wright, Jr., J. Cullen Hall, C. N. Feezor, Glenn Choate, C. G. Mock, J. M. Ketchie, Chief of Staff, H. H. Newman, Jr., L. H. Robertson.

Standing, left to right: Drs. C. E. Brown, T. W. Seay, F. B. Marsh, Glenn Kiser, F. O. Glover, B. W. McKenzie, J. W. Choate, J. W. Frazier, Thomas G. Thurston, F. B. Spencer, Sr., Dr. J. C. Coffey.

Not pictured: Drs. Kyle Black, J. A. Brown, G. F. Busby, J. C. Eagle, N. S. Erb, B. L. Field, W. P. Kavanagh, J. R. Little, Frank McCutchan, H. L. Monk, H. H. Newman, Sr., J. A. Oliver, D. A. Rendleman, A. F. Scott, I. E. Shafer, J. L. Smith, F. B. Spencer, Jr., Denard Tilton, W. M. Long.

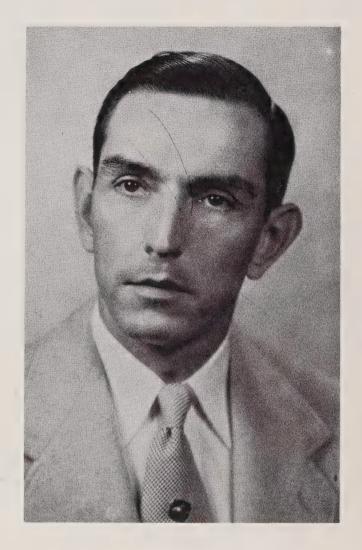






Board of Trustees

Left to right: Mr. J. L. Fisher, T. W. Borland, Kerr Craig Ramsay, Charles W. Wentz, Mrs. Walter H. Woodson, Sr., Dr. F. B. Marsh, Mr. Julian Robertson, Mr. Spencer Murphy (not pictured).



RICHARD B. WRIGHT, JR., M.D.

In appreciation for his faithfulness day and night all the way from ringing ears and runny noses to ingrowing toenails.





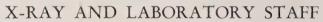
Staff Nurses

Seated, left to right: Mrs. Jane Craig, Mrs. Norma McCanless, Mrs. Frances Fry.

Standing, left to right: Mrs. Snow, Miss Louise Turner, Mrs. Margaret Waller, Mrs. Mildred Tucke.









OFFICE STAFF



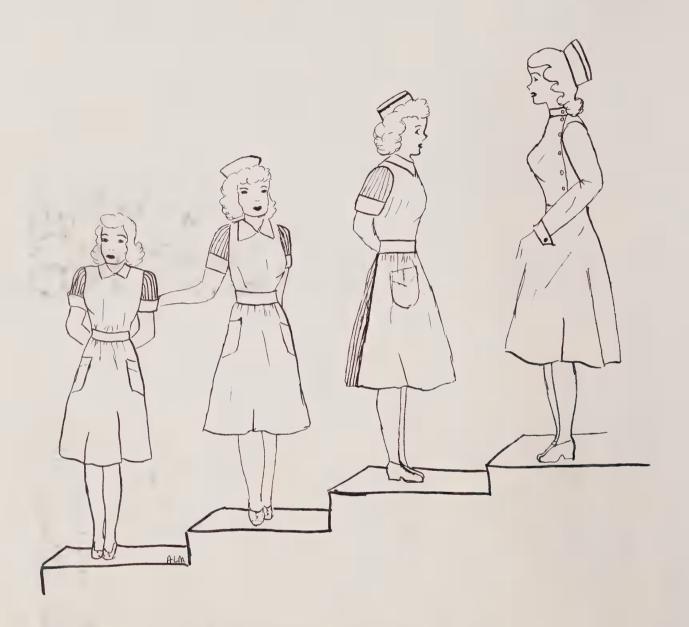


KITCHEN STAFF



ADMITTING OFFICE





The Classes



SENIORS



PEARL ANDERS "Anders"

Princeton, West Virginia

"You can't judge a book by its cover."

Superlative: Best All-Around.



TESS BUCHANAN
"BUCHANAN"
Minneapolis, North Carolina
"Love 'em and leave 'em."
Superlative: Neatest.

RUBY DRYE "DRYE"

High Point, North Carolina

"Depend upon yourself and your disappointments will be known only to you."

Superlative: Most Congenial. Associate Editor of White Cap.



RUTH GORDON

"GORDON"

High Point, North Carolina

"All is possible for those who believe."

Superlative: Most Professional. Vice-President Student Body 1949-50. President Junior Class 1948. Editor-in-Chief White Cap. Treasurer of Senior Class 1950.





ESTHER HARLESS "HARLESS"

West Jefferson, North Carolina
"My ship is at sail, but where shall it anchor?"
Superlative: Most Original.



BETTY HARWOOD "BEA"

Albemarle, North Carolina

"To strive, to seek, to find and not to yield."

Superlative: Best Personality. Feature Editor of the White Cap.

PEGGY HICKS
"PEG"
Danville, Virginia
"Live and let live."

Superlative: Wittiest.
President of Senior Class 1949-50.
Society Editor of White Cap.



ANNIE LEE McSWAIN "FLEA"

High Point, North Carolina

"Life is like a picture, paint it well."

Superlative: Most Popular.
President of Student Body 1949-50.
Artist for White Cap.
Vice-President Student Body 1948-49.





ELAINE OVERMAN "BUNNY"

Salisbury, North Carolina

"It is great to be great, but it is greater to be human."

Superlative: Cutest.

Treasurer of Junior Class 1948-49.



SARA PERRELL

"Perrell"

Woodleaf, North Carolina

"True to her work, her word and friends."

Superlative: Most Reliable. Historian of White Cap.

ANNA JEAN POOLE "POOLE"

Spencer, North Carolina

"In ourselves our future lies."

Superlative: Best Sport.
Business Manager of White Cap.



RUTH RINEHARDT "RINEHARDT"

Rockwell, North Carolina

"A winner never quits and a quitter never wins."

Superlative: Most Likely to Succeed.





OPAL YARBOROUGH "OPAL"

Mabel, North Carolina

"The greater pleasure in life is love."

Superlative: Most Dignified.

CLASS HISTORY

On March 1, 1947, six girls arrived on the campus of the Rowan Memorial Hospital. They were: Alice Newsome, Ruth Gordon, Faye Hatley, Peggy Mann, Jolene Osborne and Sara Perrell. Friendships budded and classes started immediately. How our eyes bulged when the do's and don'ts were instructed to us. Two months later, Alice Newsome decided the road was too tough and hard to travel three years and packed her bags and went home—"Homesickness" being her main reason.

Our first four months were spent mainly in the classroom learning the structure of our body and a great long scientific name for each bone. Why this bone and that one moved. Two or three days a week were spent at Catawba College listening to the lectures of Doctors' Ramsey, Wentz and Howell. Never before had we appreciated Miss Peeler as now.

In August we were given our caps, which was the first highlight of our training and one which will remain forever in our memory.

On September 1, 1947, ten new girls were added to our student body. They were Daisy Allen, Lucille Upright, Gladys Osborne, Betty Cooper, Annie Lee McSwain, Betty Harwood, Anna Jean Poole, Elaine Overman, Ruth Rinehardt, and Pearl Anders.

The months passed by followed by the same routine of classes. Two of the March class, namely, Peggy Mann and Faye Hatley, answered the call to matrimony. In the meantime, three girls, Daisy Allen, Lucille Upright and Gladys Osborne, decided they just weren't cut out to be nurses and dropped out.

Spring came—then summer and we put our books on the shelf for a few months and worked all day on the halls. We hated to see our educational director, Miss Helen Peeler, leave us, but in turn we were glad to welcome Mrs. Christine Cox as our Clinical Instructor.

Time began to pass more quickly after we had all received our caps and responsibility grew greater and greater.



1949—Another Senior Class graduated and we were quite thrilled to know the next class to finish would be ours. In the meantime, Jolene Osborne and Betty Cooper dropped out and two of us packed our bags and went to Washington to stay three months. Every three months found two or three of the class going and some coming from Washington until we all learned to nurse children. We will never regret nor forget these three months.

At last came the day for our black bands. Now we knew what it meant to become a senior nurse.

With our welcome to the class this year came five newcomers to our class. They were transferred from Grace Hospital in Banner Elk. They were Ruby Drye, Tess Buchanan, Opal Moretz Yarborough, Peggy Hicks and Esther Harless.

1950—This time we confront gradaution with an entirely different feeling from that of previous years, for just think, we will be the graduates of tomorrow. As we discard our dear 'ole blue and white for our ideal white and spotless uniforms, it brings to our minds many thoughts of the past and of the future. We feel that, despite the hardships we have met, we look back upon them with fond memories and say "our duties well-performed; Our three years well spent."

Also we deeply appreciate the interest of our advisor, Miss Francis, who very willingly helped us to organize and publish THE WHITE CAP for which we are very grateful to her.

In behalf of the students following us, may they find the joy and happiness we have had during the past three years.

SARA PERRELL

LAST WILL and TESTAMENT

State of North Carolina County of Rowan Rowan Memorial Hospital Salisbury, North Carolina

We, the Seniors of the Class of 1950, of the aforesaid state, county and city, being of sound minds and reputable character and in order to form a more perfect class, establish memories, insure friendship and lasting happiness, do hereby ordain and establish this our last will and testament.

ARTICLE I

We do bequeath:

- 1. To the Rowan Memorial Hospital our loyalty and best wishes.
- 2. To the Nursing Staff we leave our love and appreciation for their untiring efforts in our behalf.
- 3. To the best Medical Staff a group of girls could wish to have, we leave our love, best wishes and many thanks for being so patient with us.
- 4. To Dr. Rendleman we leave a loudspeaker, hoping the other students will profit from it.

ARTICLE II

To the Juniors we hereby bequeath the following:

- 1. Our black bands (with a jar of glue and a roll of adhesive) and all the responsibility, ups and downs (mostly downs) that go with any Senior. Whoops! Hold your caps, girls.
- 2. Our striped uniforms because those last few shreds just wouldn't fall apart.
- 3. Our list of telephone numbers and all non-steady infatuations—just in case you need them some lonely night.



- 4. Our love for Doctors Wright and Erb, but don't get sick just to see them. Our love for Doctor Long's jokes and our so cherished love for all the staff members. Treat them right, girls.
- 5. Also, we leave each of you a pair of so-called "Knickers." Wash them regularly, girls, and don't wear them in the hall. SHOCKING!

ARTICLE III

Personally we do bequeath:

- 1. Pearl Anders leaves her ability to sleep walk to anyone capable of keeping the house in an uproar in the middle of the night.
- 2. Betty Harwood leaves her ability to get dates and have a good time (and we do mean a good time) to Margaret Spivey.
- 3. Anna Jean Poole leaves one of the most mixed up love affairs in the history of our nurses home to Robbie Thompson, hoping she can manage it and survive. Good luck, Gal!
- 4. Ruth Rinehardt leaves her ability to "hang on to him", her height, weight and shoes $(4\frac{1}{2})$ to Margaret Daniels, hoping they will be useful. Also her love for potato salad and dill pickles—Lucky girl!
- 5. Annie Lee McSwain, so-called "Flea", leaves all her old infatuations to Ruth Cope so she won't ever be dateless. She refuses to leave her love for "Bea", but to Ruth Robbins and Evaline King she leaves the memory of her hourly fights with that "beloved roommate" Bea.
- 6. Elaine Overman leaves her philosophy of life to Ruby Poteat, hoping she will be able to understand and discuss it as Elaine did. Plus this, you are given the privilege of having a date every night from seven to eight if you can find a man who will help keep the furniture warm for an hour.



- 7. Ruth Gordon leaves her affection for Doctor Wright, during illness of course, her love for second floor and the nursery to Betty Crisco. Happy sailing, Chum, you'll need it.
- 8. Sara Perrell leaves her love for ambulance drivers to Ruth Robbins, hoping she will be lucky enough to keep them, of course a beware sign might be tagged on one or all the married ones. Calling "Single Only".
- 9. Ruby Drye leaves her ability to keep plenty of warm saline for Dr. Busby to Colleen Nelson. Stay busy Colleen and don't get it overheated.
- 10. Opal Yarborough leaves to Faye Trexler, "Bill". Take care of him, Trexler. Also Opal leaves her good nursing care to Faye, hoping she'll be able to carry on her good work.
- 11. Tess Buchanan, in her short stay with us, has formed a great appreciation for Dr. Newman, Sr.; this she leaves to Sara Lou Amburn whom we hope well keep him as jolly as he has always been.
- 12. Esther Mae Harless leaves everything as it is to the hospital, as she wishes to return to Banner Elk immediately, if not sooner.
- 13. Peggy Hicks leaves her ability to get into trouble to Millie Bauer, poor girl! Let's all hope she makes the next year.
- 14. Ruby Drye and Peggy Hicks leave their, so termed, "Pig Sty" to Arnella Carter and Ida McNeill.

Being of sound mind, I do seal this, the last will and testament of the 1950 Class of the Rowan Memorial Hospital School of Nursing.

Testor,
Ruth Rinehardt

CLASS PROPHECY

Dear Diary,

Tonight, Diary dear, I'm going to tell you about some people you have not heard of in a long time. You probably remember my telling you a long time ago that I'd like to visit all the girls of the September 1950 class, several years after graduation. Well, that's just what I did and before I retire after my long trip, I'd like to tell you where they are and what they're doing.

My first stop was at Children's Hospital in Washington, D. C., to see the girl who was my roommate for the three years in training—"Flea" McSwain. I wasn't surprised to find her married to Bob Donaldson who is coaching football at The George Washington University. She is now holding position of Superintendent of Children's Hospital. She told me I must drop by to see Bunny Overman. To my surprise, when I stepped off the train in Salisbury, North Carolona, there stood Bunny and her son "Butch" waiting for Council to come in; he is an engineer now. Bunny told me she was a happily married housewife and had packed her caps and uniforms away before "Little Butch's" arrival. I asked her where Ruth Gordon was and she corrected me by saying, "You mean Mrs. Curlee". Ruth and Bill, I learned, are sharing a duplex apartment with Bunny and Council. Bill has some kind of white collar position with the Southern Railroad in Spencer and Ruth is Operating Room Supervisor in the new operation suite at Rowan Memorial Hospital.

From Salisbury I went to Miami, Florida, to see no other than Pearl Anders who is spending the winters with her husband, whose name I can't quite recall right now. Well anyway, she's in her seventh heaven with that Wall Street Broker. Who else but Pearl would know where the rest of the class is, and after bidding her an envious farewell from that luxurious world of hers, I started out in search of Ruth Rinehardt, who by this time, is Mrs. Max Sifford. They are living in a trailer for the time being while Max finishes his internship at one of the better hospitals in the North. Ruth is still rushing around doing general duty, plus keeping the trailer spic and span. She is planning to be her husband's office nurse after he has completed.

I decided to go by plane to California to see Ruby Drye and as I stepped on the plane I heard my name called and looked around to see Sara Perrell standing there. I must say I was impressed by that smart stewardess uniform. She was all smiles and told me of the fellows she had met, but that the particular one was coming to see her soon and they were to settle down in Charlotte where she would go back to nursing while her husband would continue his trade. I've forgotten what he does—Oh yes, back to Ruby Drye—She and Henry were laughing at



some baby talk their youngster was struggling through. Ruby is working at Public Health and her husband is a traveling salesman.

It was sure good to see Anna Jean Poole again too. Same ole Poole, but a little different too. She was in Salisbury and on duty in the Emergency Room at Rowan Memorial Hospital. I walked in to find her humming while patching some gloves and upon greeting she said, "I was just thinking, Bea, that I've been making up my mind long enough, so I've decided to marry Tom." After hearing that, I thought anything can happen, but I felt very happy for Poole as she was telling me her plans for the little home.

Next I went to Banner Elk, confident I'd find Peggy Hicks, but to my surprise, she wasn't there; instead I was greeted by Tess Buchanan who was temporarily filling the position as Educational Director while Opal Morgan was in Canada on her honeymoon with Johnny. Opal is coming back to take over there because Johnny has a job in Banner Elk. I don't want to forget to tell you about Tess though, because her life is very fascinating. She is leaving in the morning, I think it is, for Washington, D. C., to be the private nurse for our new President's wife—"Poor dear, having a bad case of diarrhea right after her husband's election," giggled Tess after she told me her plans.

As I said, Peggy Hicks wasn't in Banner Elk and was not married to Glenn Riddle as I suspected, but was married just the same or should I say had been married. She is now in Reno getting a divorce and if things work out as she plans, you will be able to find her in Banner Elk successfully married to Glenn Riddle and assisting Tess Buchanan.

Esther Mae Harless, it gives me a sense of good will and gratitude when I think of her so faithfully and religiously carrying on the wonderful Foregin Missionary Nursing. They tell me she is so happy.

My husband just came in and called for me to put on my party dress because the other doctors' wives are giving me a welcome home party at the club and although I'm tired, I'll go. Bjorn Gudbronson, M.D., is the Chief of Staff at the Duke Hospital and also my husband, bless him.

Our class has had a hard struggle, but we've made it and I'm so glad I've been able to see them all because I'll probably never have the opportunity to see them all again.

Class Prophet,
BETTY HARWOOD





SARA LOU AMBURN



MILDRED BAUER



ARNELLA CARTER



RUTH COPE



BETTY ALTHEA CRISCO



MARGARET DANIELS





EVALINE KING



IDA MAE McNEILL



COLLEEN NELSON



NELLIE OWENS



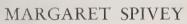
RUBY FAYE POTEAT



RUTH ROBBINS





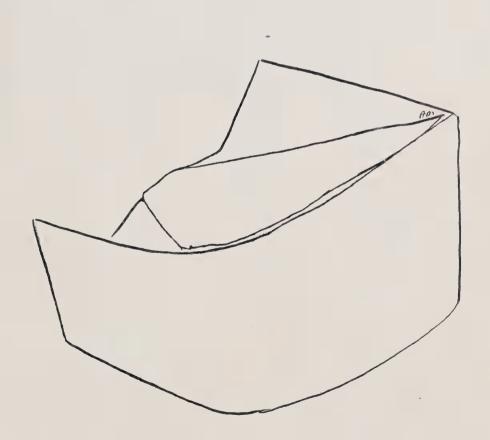




FAYE TREXLER



ROBBIE THOMPSON









LINDA BLALOCK

BETTY BOOE MARJORIE LESTER

MILDRED CHEEK MARLENE LOWDER BETTY OVERLY SHIRLEY RAGAN ANNIE SMITH DORIS WATSON

MILLIE CLARK NELL LOPP

CHARLOTTE CRISCO MARIE MARTIN





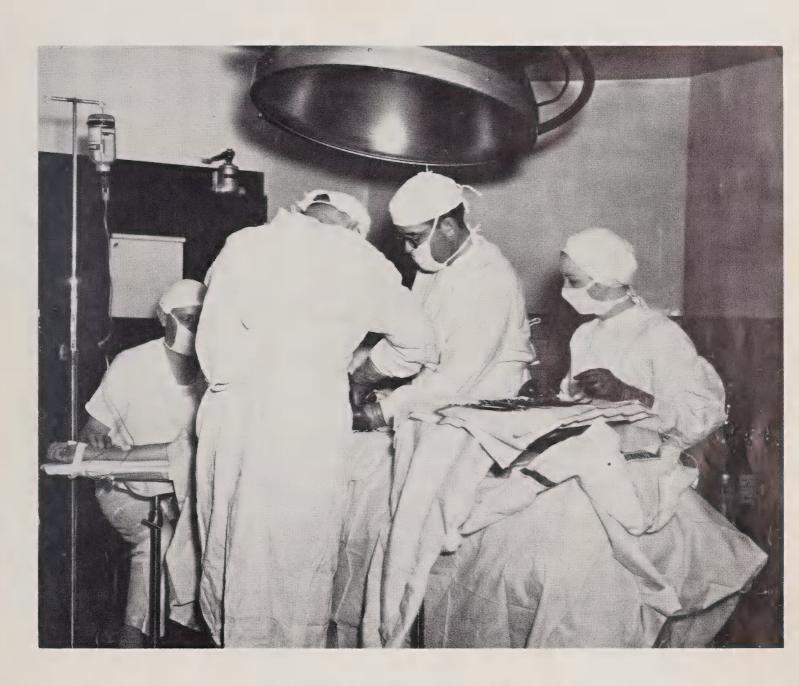


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House Mother

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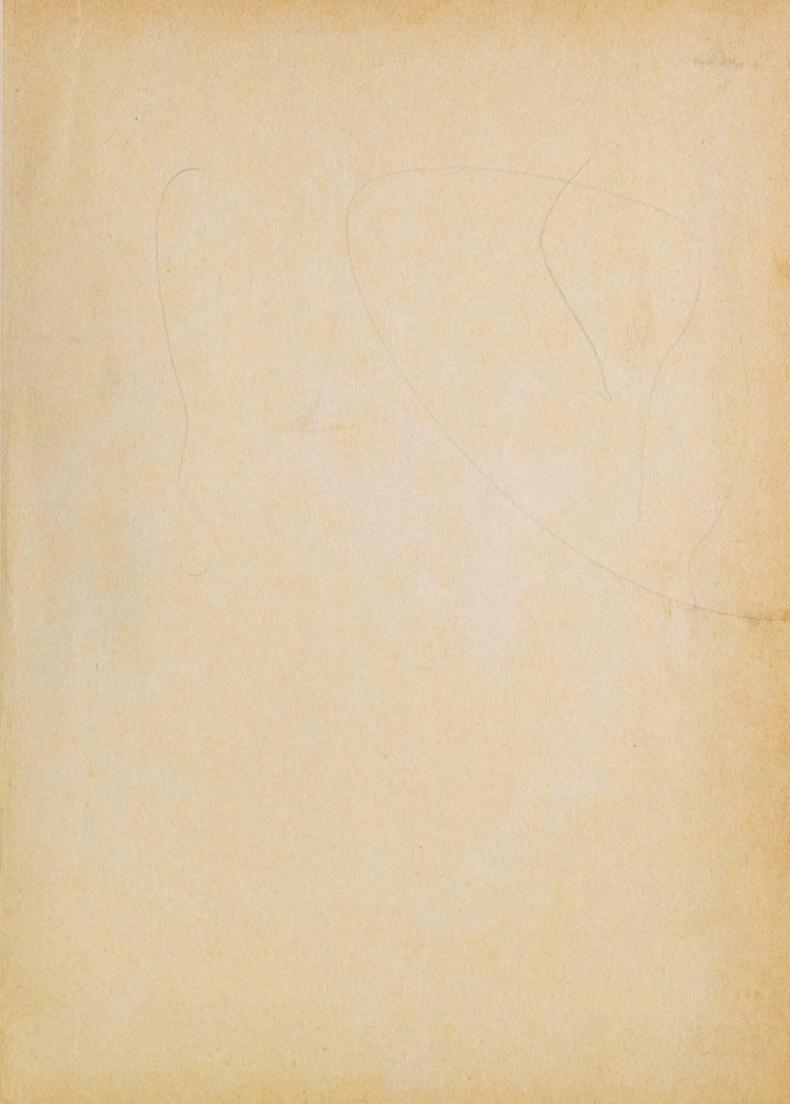
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