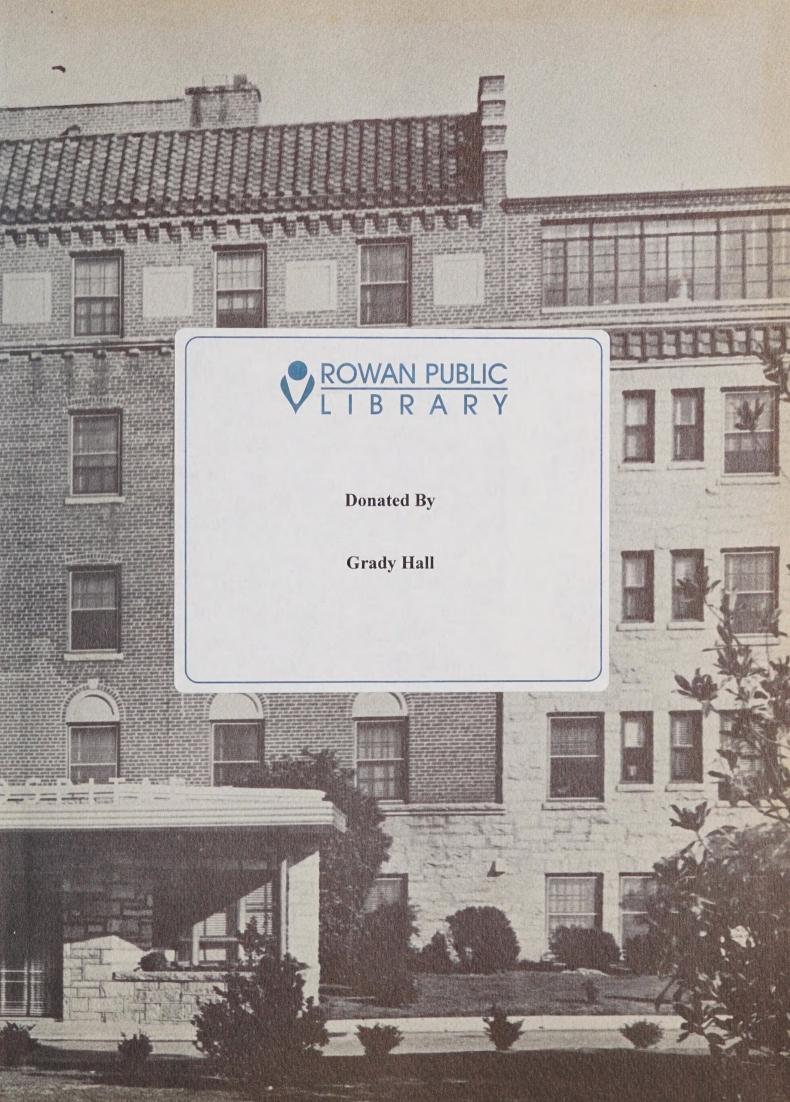
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The White Cap 1956

Rowan Memorial Hospital

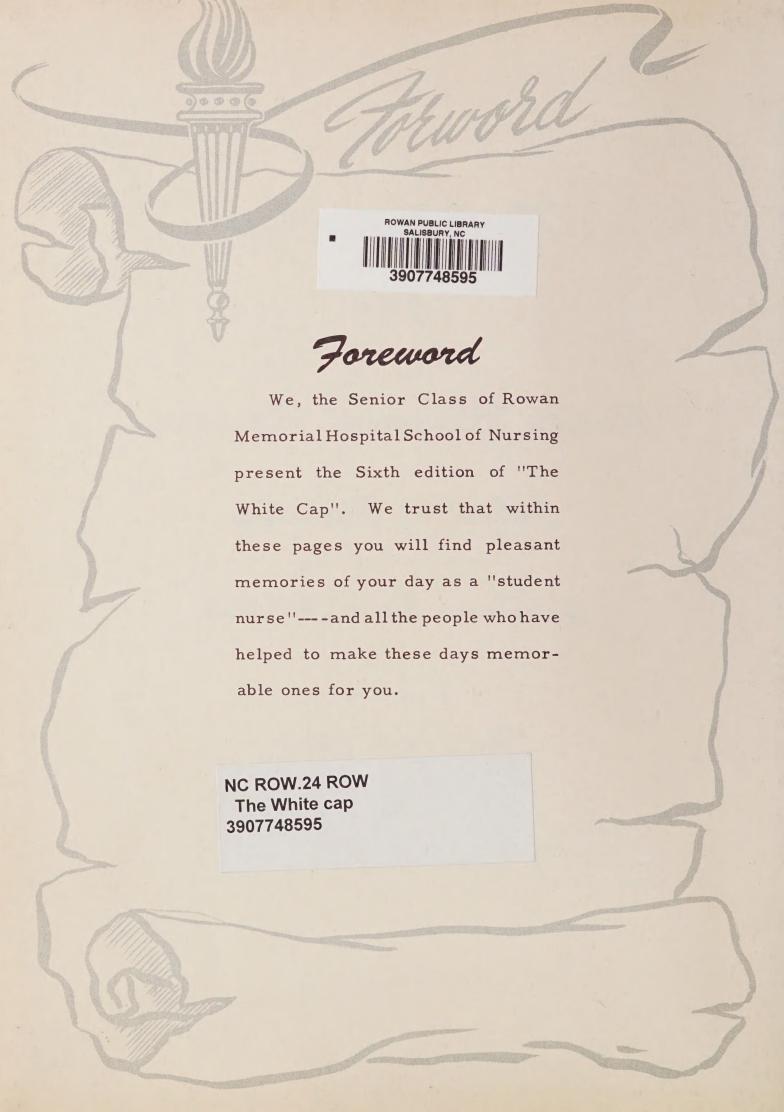
School of Nursing

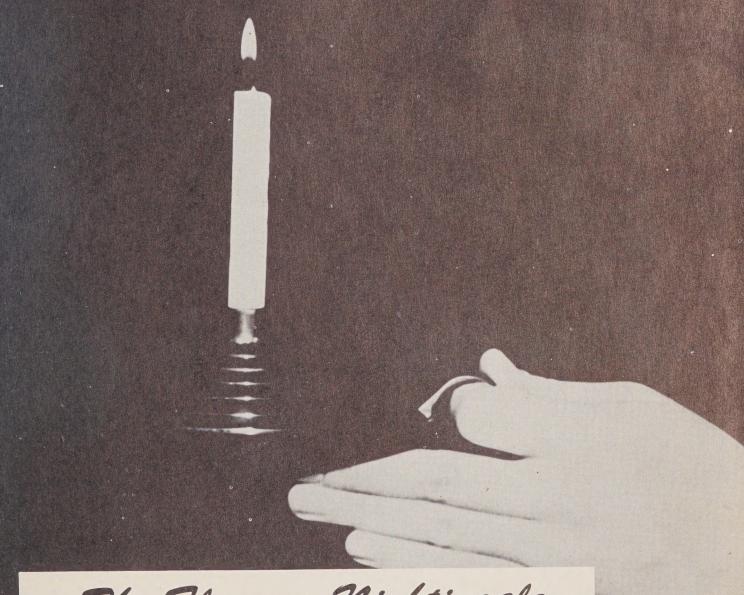
Salisbury, North Carolina

Presented by

The Senior Class

EDITORS Elizabeth Mackie Edna Stroud Ethel Myers BUSINESS MANAGERS
Janet Haynes
Betty Hendren
Lois Smith





The Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my profession. With loyalty will I endeavor to aid the physician in his work, and devote my self to the welfare of those committed to my care.



Administration



Superintendent of Hospital - MRS. LEWIS M. MILLER; Assistant Superintendent of Hospital - MR. ORVILLE L. FERRELL.

Board of Trustees



ROW 1, Mr. Charles Wentz, Mrs. Walter H. Woodson, Sr., Mr. Julian Robertson. ROW 2, Mr. John H. Isenhour, Mr. Tom W. Borland, Frank B. Marsh, M.D., Mr. Irvin Oestreicher. NOT PICTURED, Mr. Clarence Kluttz, Mr. Hearne Swink.

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Dr. C. D. Walsh EYE, EAR, NOSE AND THROAT

Dr. J. R. Little

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Dr. George F. Busby

Dr. Joseph Dameron

Dr. B. W. McKenzie

Dr. F. S. Parrott

Dr. R. J. Plyler UROLOGY

Dr. Norris Erb

Dr. Wayne Cline

Dr. J. W. Frazier

Director of Nurses

MRS. SARA WASHEIM

R. N.

B. A.

B. N. M. A.

We, the Students of the Rowan Memorial Hospital School of Nursing are fortunate to have Mrs. Washeim with us. Her experiences have consisted of staff and head nursing, teaching and administration in both a mental and in general hospitals.

Day Nurses



FIRST ROW - Left to Right: Rebecca Hunt, Martha Powell, Helen Lowman, Mary Brown, Ida McLamb, Venita Yancey, Relina Humphrey, Norma McCanless, Alva Earnhardt. SECOND ROW - Betty Carter,

Eunice Overcash, Louise Thomas, Frances Frye, Dora Scott, Dorothy Stone, Oma Click, Thelma Gosney, Ann Moore.

Evening Nurses



FIRST ROW, Left to Right: Lillian Ketchie, Ruth Lentz, Jean Morris, Bessie Helms, Lucille Lewis, Ruth Martin. SECOND ROW: Elaine Daniel, Inez Earnhardt, Gloria Danner, Vera Lewis, Marion Gantt, Hazel Rogers, Betty Eller, Fenton Hiatt.

Night Nurses



Left to Right: Ann Carscadden, Nellie Clark, Thelma West, Ruth Foster, Billie Gilley, Charlotte Crisco, Gladys Carter, Peggy Buie.

Educational Staff



Miss Josephine Rappaport Director of Nursing Education



Mrs. Doris Crutchfield Instructor of Nursing



Mrs. Elizabeth Padgett Clinical Director



Miss Mildred Deal Assistant Clinical Director and Health Nurse





Miss Paula Adams Secretary



Many hours of hard work





and much pleasure



Annual Staff

.Elizabeth Mackie
Ethel Myers
Edna Stroud
Janet Haynes
Betty Hendren
Lois Smith
Ruby Brewer
Shirley Culler
Marion Sowers
Peggy Gant
Rae Powell
Nancy Poovey

Circulation ManagersAnnie Graham
Martha Page
Historian
Prophecy Yvonne Childers
Last Will and Testament Jo Hendrix
QuotationsBarbara Yount
PoetShirley Hall
PhotographyJulia Thomason
Song Edna Stroud
Gaye Marshall



My Day As A Senior

Seniors-who us?? At last we have reached that long awaited day. The day of being "looked up to" envied on our throne of seniority.

First days when the clouds clearing away from our minds reveal hard work ahead--First class meeting with Gladys VanPoole, presiding, Yvonne Childers, vice president, Ruby Brewer, secretary, Shirley Culler, treasurer, and Miss Alene Withers as our sponsor--Looking forward to our affiliations, "Washington, D. C. and Torrance, Pennsylvania, Here we come!" Working eagerly toward our goal--happy thoughts of Junior-Senior with whirling thoughts of new formals and dates. Finally--senior week and graduation.

Ruby Imogene Brewer Hickory, N. C. "She has achieved success who has lived well, laughed often and loved much."





Frances Yvonne Childers Hickory, N. C. "True to her word, her work and her friends."



Shirley Ann Culler Wilkesboro, N. C. "Her air, her manner, all who saw her admired."

> Naomi Candace Dyson Taylorsville, N. C. "Laugh and the whole world laughs with you."



Shirlene Edwards
Mount Ulla, N. C.
"The surest way not
to fail is to determine to succeed."





Hazel Marie Eudy Lexington, N. C. "I am resolved to put life to its noblest and best use."

Peggy Marshall Gant White Plains, N. C. "A good disposition, a friendly heart."





Annie Burkhead Graham Mount Ulla, N. C. "Loyal of heart, strong of mind, a better girl nowhere you'll find."



Shirley Mae Hall Boomer, N. C. "Honest, sincere, dependable she is."

> Virginia Dare Harrell La Grange, N. C. "Those who bring sunshine to the lives of others cannot keep it from themselves."



Janet Marlene Haynes North Wilkesboro, N. C. "A smile's worth a million dollars and doesn't Cost a cent."





Betty Jean Hendren Moravian Falls, N.C. "The power of gentleness is irresistible."

Melva Jo Hendrix Salisbury, N. C. "Faithful and true hearted."





Mary Ellen Herman Taylorsville, N. C. "Life is not life at all without delight."



Mary Joyce Jones La Grange, N. C. "In her, life becomes happiness."

> Elizabeth Anne Mackie Granite Falls, N. C. "Pep in her fingers, pep in her toes, makes a friend wherever she goes."



Barbara Gaye Marshall
Granite Falls, N. C.
"To love is wonderful, but to be loved is even more wonderful."





Ethel Marie Myers Yadkinville, N. C. "Of all the pleasures I recall, being in love is best of all."

Ernestine Sloop Owens Mount Ulla, N. C. "Happiness is the by product of an effort to make someone else happy."





Martha Lou Page
Hickory, N. C.
"To make this world
a friendly place, one
must show a friendly face."



Nancy Marie Poovey Granite Falls, N. C. "Never take life too seriously, you'll never get out of it alive."

> Bertha Rae Powell Raleigh, N. C. "No storm ever ruffled her thoughts."



Mary Lois Smith Cleveland, N. C. "I believe in work, but I'm not in favor of it."





Marion Eula Sowers Salisbury, N. C. "Nothing is rarer than real goodness."

Margaree Stewart Benson, N. C. "Opportunity, sooner or later, comes to all who work and wish."





Edna Earle Stroud
Deep Run, N. C.
"A true friend is the
greatest of all bles
ings."



Julia Louise Thomason Winston-Salem, N. C. "Life is but a span; I'll enjoy every inch of it."

Gladys Louise VanPoole
Salisbury, N. C.
"The heart to conceive, the understanding to direct, and the hand to execute."





Barbara Jean Yount Granite Falls, N.C. "Happy, faithful, true and kind, she's always one in every mind."



We all remember very well that day, September 14, 1953, when we entered nurses' training at Rowan Memorial Hospital School of Nursing in Salisbury. That was the day when all thirty-eight of us began to know each other and to become familiar with our surroundings--people and places which were to become very familiar to us in the ensuing three years.

We began having classes the next day--Nursing Arts, and Drugs and Solutions under Mrs. Doris Crutchfield and Mrs. Bobbie Coley, Chemistry, and Anatomy and Physiology under Miss Patricia Irwin, and Professional Adjustments I under Miss E. Laura Lohman, the Director of Nursing at that time. Mrs. Pauline Irwin was Director of Education, and our class sponsor was Miss Patricia Irwin, who helped us greatly with all of our projects that year.

The following week we were guests of honor at a Student Body weiner roast at the City Park. We enjoyed several strenuous games which made it rather hard for us to get out of bed so early the next morning to go to class, and even harder to concentrate during those classes.

The annual Halloween Carnival that year was sponsored by the Pre-Clinical and Junior Classes. When we helped to sponsor this, we really began to feel a part of our school.

The first of November we received our uniforms and began to go to the hospital to work for about two hours each day. The first day we were only allowed to change water in the patients flowers, so we weren't too surprised when one patient reported that his flowers had been changed six times in one day.

On Monday following Thanksgiving we moved into our new nurses' home which had been under construction since the preceding summer. Prior to this we had been free to go home every weekend due to the limited facilities where we had been living but now we were allowed to go home only one weekend a month--all part of training, they said.

Christmas, the time of festivity, rolled around and we had our first dance of the year. An even greater success was our pajama party for students only. The perfect climax to this season was our vacation--either Christmas, or New Years--and we worked the other week in the hospital, did we feel important!

Beginning in February we began to study for our finals which would determine if we would be accepted into the School and who would get caps. We had been having study hours every night, but now we really studied instead of reading comics and writing letters.

The day finally arrived, March 28, 1954--Capping Exercises at the First Baptist Church, and all of our girls received their caps! One of the greatest thrills that comes to a Student Nurse, and it had come to us.

Now that we had our caps we were placed in various places in the hospital to work. One girl was sent to the Operating Room where she learned to step lively is the best policy and that she may even be called the cook if she were seen outside the hospital in her scrub dress and cap. One girl went to the Diet Kitchen where she tore up all of her hose "learning to squat", and the rest of the girls were placed on Medical and Surgical Floors.

We lost several girls this year due to several reasons--Ollie Treadway, Emma Lee Heath, Betty Bowman, Faye Miller, Alice Riddle, Janelle Queen, and Dorothy Surles.

Juniors! A new Director of Nurses, Miss Mary Kurchinsky, Director of Education, Miss Orpha A. Burgess; and Mrs. Betty Boyd was Associate Director of Nurses and also our Class Sponsor.

The Halloween Carnival was sponsored by our class this year and we felt that we were well on our way to sponsoring a Junior-Senior Prom. All of our money-making schemes were aimed for this purpose and to publish a yearbook in our Senior year.

By Christmas this year we had lost two girls to Dan Cupid, Patricia McLamb and Wanda Tulbert.

In May our first groups of girls left for Washington, D.C. for Pediatric Affiliation, and following them in June was the first group of us to go to Torrance, Pa., for Psychiatric Affiliation. The rest of us followed later in groups of about seven. Those were the days!!

The social highlight of this year was the Junior-Senior Prom which we gave in honor of the Seniors. This was held at the Elks Club, and the theme "Moonlight and Roses".

Seniors--what beautiful music to our ears, and what a pretty black band on our caps! Another new Director of Nurses--Mrs. Sara Washeim, Director of Education--Miss Josephine Rappaport. No more working 3-11 for weeks on end, can you imagine?

Our one aim this year was to publish a yearbook, helped by our class sponsor, Miss Alene Withers. Everyone in the class worked very hard to reach this goal.

We had our annual Christmas party, and a Valentine's Dance, but again the social highlight of the year was the Junior-Senior Prom, given in our honor this year.

As the time for graduation draws near we're both glad and sorry-glad to graduate and sorry to leave all of our close friends here. Several of our girls will be married soon and others will be returning to their home towns to work. All of us will remember, I'm sure, our days here at Rowan Memorial Hospital--1953 through 1956.

Prophecy

Passing through Salisbury on my way to New York where I was going to visit Shirley Hall, anesthetist at Cornell Medical Center, I developed a sudden intuition to stop and look over many of the spots we loved as student nurses and to renew

old acquaintances.

As I drove by the city lake, I noticed a beautiful white house sitting majestically among the trees and much to my surprise saw Gaye Marshall coming out the drive. In talking with her I learned that Betty Mackie is Director of Nurses at Granite Fall's new multi-million dollar hospital and that Lois Smith's dreams of becoming a major in the Air Force Nurse Corps had been fulfilled. Lois will soon fly to Paris where she will be joined by Major Nancy Poovey and Jo Hendrix who have just returned from overseas duty. The girls wrote that they had recently seen Ethel Myers and Ewell in Switzerland.

After saying goodby I made Rowan Memorial my next stop. Who should I see but Ernestine Owens, day supervisor, bubbling over with the news that Shirlene Edwards and Francis had just become the proud parents of an 8 lb. baby boy; they

had asked Ernestine and Bill to be the godparents.

Touring the hospital, I was amazed at the changes. The place had grown in beauty as well as efficiency. Gladys Van Poole has returned as OR supervisor from Duke and is assisted by Raye Powell, who has come back to Salisbury since her marriage to Jimmy. Obstectrics also claims a new supervisor--our own Betty Hendren.

After completion of the tour we gathered in the kitchen for coffee and a "gab" session. It was then Hazel Eudy, president of the Alumni, told me that Shirley Culler, Julia Thomason, and Barbara Yount were devoting all their time to being housewives. They didn't seem at all surprised when I told them that Martha Page had married and is raising children "Cheaper by the Dozen" as she always said she would, but imagine their surprise when they learned Edna Stroud and Bill have quadruplets. Everyone was pleased to hear that Margaree Stewart is director of nurses at Dix Hill. Another director from our midst is Peggy Gant who is at Queen's hospital, Hawaii. Naturally, we beamed when we thought of Janet Haynes being crowned Mrs. America this year. During our chatter, we were surprised to realize how many of our classmates are in Washington. Shortly after her marriage, Annie Graham accepted a position as floor supervisor with Children's Hospital. Marion Sowers recently resigned from her position with the National Institute of Health to marry its new administrator. Lucky Ruby Brewer is relaxing from her responsibilities as Director of Nursing Service at Bethesda Medical center by spending the summer abroad.

Feeling that time was growing short, I said my goodbyes and left the hospital only to meet Joyce Jones coming from Doctors Frazier, Erb and Cline's office. She has found her five years working for them most enjoyable. Through her I learned that Mary Herman and Naomi Dyson are clinical instructors for Taylors-ville's new school of nursing and that Dare Harrell is working for a Surgeon in

Kinston.

Once again I bid a regretful goodbye to these friends and a beloved town; although I'm leaving with a heavy heart I can hardly wait to relate the news of the girls to Shirley, who I m sure also looks back to our experiences here with deep nostalgia and longing and yet with thankfulness for the successes and achievements that have grown out of us. Ours--truly a class with a future.

Yvonne Childers Prophecy

Last Will and Testament

ARTICLE I

We, the members of the Senior Class of Rowan Memorial Hospital School of Nursing being of sound mind and body do hereby declare and publish this as our last will and testament.

ARTICLE II

We leave to our faculty both present and past our thanks for helping and directing us toward our goal; that of being a good professional nurse.

ARTICLE III

To our doctors we leave our devotion and gratitude for bearing with us in our mistakes and during our trials and tribulations.

ARTICLE IV

To Mrs. Miller to whom we owe so much we leave our sincerest wishes that she have many more successful years at Rowan Memorial Hospital.

I, Ruby Brewer, do hereby will and bequeath my ability to stretch the truth to Patsy Lee, who does almost as good a job as I do anyway.

I, Yvonne Childers, will my ability to carry on conversation to Sonja Strait,

who needs it badly.

I, Shirley Culler, will my good

nature to Fay Paul.

I, Naomi Dyson, will and bequeath my love for Washington to any fortunate person having a boy friend there.

I, Shirlene Edwards, do will my desire to go to college to Bobby Sue Ennis, because I not longer want to go.

I, Hazel Eudy, bequeath my ability

to dress to Jean Triplett.

I, Peggy Gant, leave my silly giggle to Verlyn Adkins.

- I, Annie Graham, do will and bequeath my back brace to Cookie Mochida, who has the same symptoms as I.
- I, Shirley Hall, will my love for blue picture hats to anyone having nerve enough to wear them.

I, Dare Harrell, leave my cute dimples to Marion Grant, in hopes that

she will develop some.

- I, Janet Haynes, bequeath my ability to stay awake at night and sleep in the daytime to anyone preferring these odd hours.
- I, Betty Hendren, will my slow speech to Elsie Lankford, who talks speedily.

I, Jo Hendrix, having nothing to

leave am taking everything with me.

I, Mary Herman, bequeath my ability to "primp" at the mirror to Jane Edwards.

- I, Joyce Jones, leave a new flask for the Cysto room to Miss Huff, who wouldn't believe I broke it.
- I, Betty Mackie, will my love for "Bop" to Marie Powers.
- I, Gaye Marshall, bequeath my neat appearance to Coleen Smith.
- I, Ethel Myers, leave my professional attitude to Vanonda Crisco.
- I, Ernestine Owens, do will and bequeath my smallness to Helen Caudle.
- I, Martha Page, will Dr. M's diet to Dootsie Honeycutt.
- I, Nancy Poovey, leave my strength to Dianne Johnston.
- I, Rae Powell, will my ability to be "dumb" to anyone capable of being as dumb as I am.
- I, Lois Smith, leave my dirty shoes to Betty Sellers.
- I, Marion Sowers, leave my love for PA. to the Junior Class.
- I, Margaree Stewart, will and bequeath my loyalty to Raleigh to anyone liking it.

I, Edna Stroud, leave my ability to live in a house-trailer to Rachel May.

- I, Julia Thomason, bequeath the telephone booth to anyone who wants it.
- I, Gladys Van Poole, will my ulcers to Pat George.
- I, Barbara Yount, leave my rosy cheeks to Betty Keller.

We the members of the Seniors Class do will and bequeath to the Junior Class our black bands in hopes they will wear them as proudly as we did. To the Freshman Class we leave our dignity feeling sure they will need it to preserve them during the next two years.

In witness thereof, I, Jo Hendrix, having been authorized and delegated to bring together this last will and testament of the Senior Class and do hereto set my hand and affix my seal on this, the twenty-third of April in the year of our Lord nineteen hundred and fifty-six.

Witnessed By: GLADYS VanPOOLE EDNA STROUD Signed:
JO HENDRIX
Testator



VIRGINIA HARRELL Best-All-Around



ETHEL MYERS Most Professional



JANET HAYNES Most Attractive

Super



SHIRLENE EDWARDS Most Likely to Succeed



SHIRLEY CULLER Best Personality



YVONNE CHILDERS

Most Cooperative





MARTHA PAGE Friendliest



BARBARA YOUNT Most Popular



MARGAREE STEWART Quietest



GAYE MARSHALL Neatest



RUBYE BREWER Wittiest



RAE POWELL Most Athletic







Motto

"Nothing is impossible to the willing mind"

Class Poem

W ere we born to be nurses or did we just decide?

I s it something that grew within us; something we couldn't hide?

The lesson of the good Samaritan or the thrill of a infant's cry?

How often we have wondered and now we pause and sigh:

W ho was Florence Nightingale and what is a true nurse?

I ts patience, love, devotion, understanding of human emotion, acceptance of the worse.

Loving humanity, kindness, honesty, and sincere sympathy shown to the end.

Living to serve and serving to win,
I n times of disaster, of death and peace;
Never tiring, always ready, helping others troubles cease.
Growing daily through experience, for knowledge to increase.

M ake us truly thankful, Lord, for this hospital Rowan Memorial. I ts Doctors, its nurses and all that are so dear Near thee, may we ever live faithfully, without fear. Diseases, disappointments, struggles thru the march of time: So we may fight for "nothing is impossible to the willing mind."

Shirley Hall

Poet Eudy

Class Song

(Tune - NOW IS THE HOUR
Now is the hour
That we have waited for
Memories of this we never
shall forget
When we look back
Upon our student days
We will recall them
With gratitude and praise.

And now as we depart
And leave our student mates
Hearts will be set
Toward reaching our goal
As we go on
On each her separate way
Service to all
And nothing we'll withhold.
Edna Stroud and
Gaye Marshall

My Day As A Junior

Junior year--Ahh! As you know, the Junior year is always the best, even if you do have to work and attend classes. Remember--electing Patsy Lee as President, Rachel May as Vice President, Elsie Lankford as Secretary, Sonja Strait as Treasurer and Mrs. Elizabeth Padgett as Sponsor--being promoted to three twelve o' clocks weekly and unlimited overnights--planning and decorating for the Junior-Senior Prom. We will always remember and cherish our year as Juniors at R.M.H.



Juniors



HELEN CAUDLE



JANE EDWARDS



PATRICIA GEORGE



ELSIE LANFORD



PATRICIA LEE



RACHEL MAY



KIKUE MOCHIDA



MARIE POWERS



SONJA STRAIT



My Day As A Freshman

Freshman--Who--Us?? How green we were that tedious day that we began our career as a nurse. To us, getting all settled in a bang up way--adjusting to our new environment--classes again--then electing Jean Triplett as President, Marion Grant as Vice-President, Dolores Honeycutt as Secretary, Betty Jean Keller as Treasurer and Mildred Deal as our class sponsor--our greatest event to look forward to--our capping.

As we go on in our days as Freshmen we will find ourselves able to adjust to this, our life, nursing--and remember that life is still wonderful--even to lowly Freshmen!!



Verlyn Miller Adkins

Vanonda Dolores Crisco



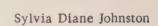
Bobbie Sue Ennis



Marion Linnette Grant



Dolores Honeycutt





Betty Jean Keller



Betty Elaine Sellers



Margaret Colleen Smith

Jean Elizabeth Triplett





Student Council



Patsy George, Social Chairman; Kikue Mochida, Jr. Class Representative; Marie Powers, Treasurer; Yvonne Childers, President; Vanonda Crisco,

Fresh. Class Representative; Sonja Strait, Secretary; Gladys Van Poole, Vice-President. (Not pictured)

Glee Club



Bobbie Ennis, Vanonda Crisco, Marion Grant, Jean Triplett, Pat George, Candace Owens, Shirley Hall, Dolores Honeycutt, Diane Johnston, Betty Sellers.

Basketball



Gaye Marshall, Patsy Lee, Nancy Poovey, Marie Powers, Betty Mackie, Rachel May.



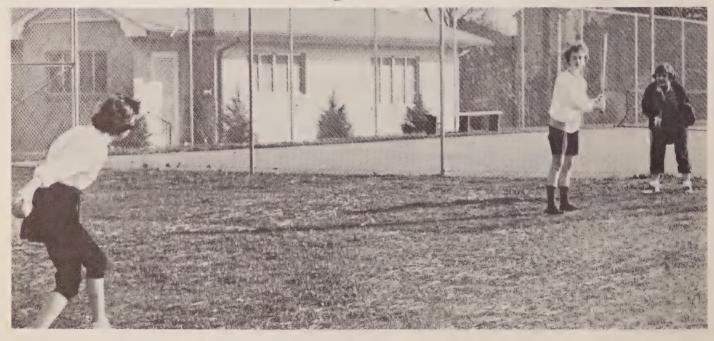
Nancy Poovey, Rachel May

7ennis



Left to Right: Betty Mackie, Shirley Hall, Patrica George and Kikue Mochida.

Softball



Left to right: Betty Hendren, Patsy Lee & Elsie Lankford.

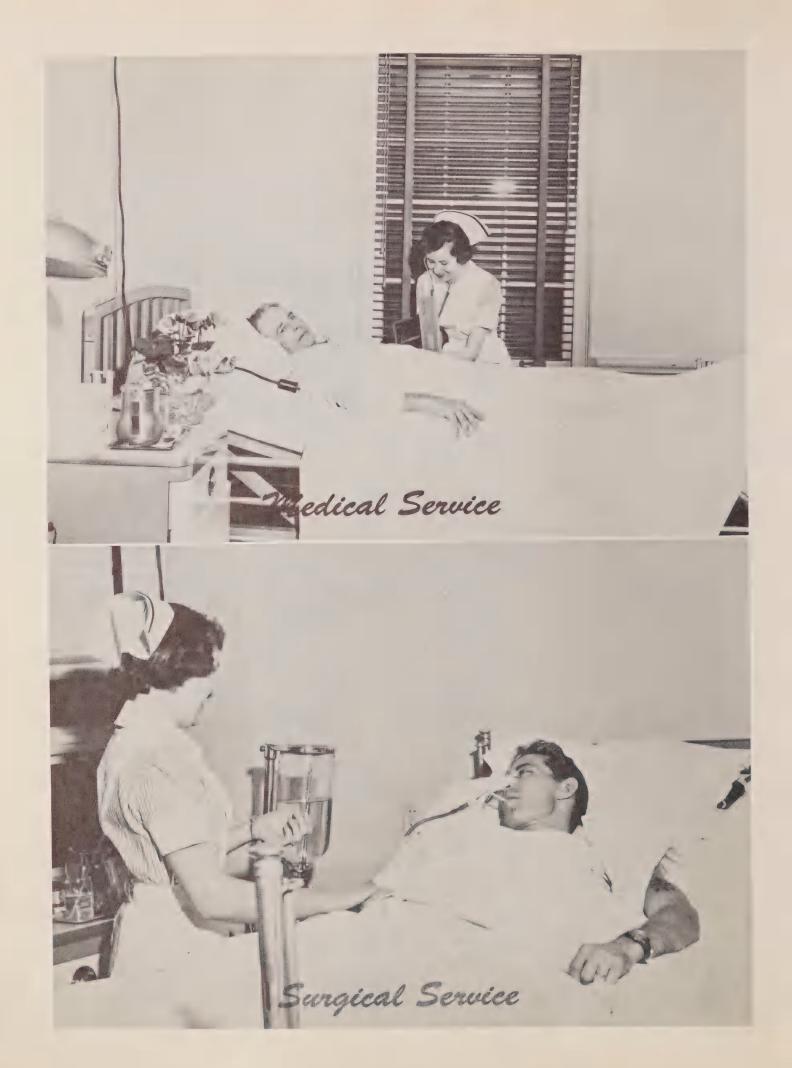




Departments

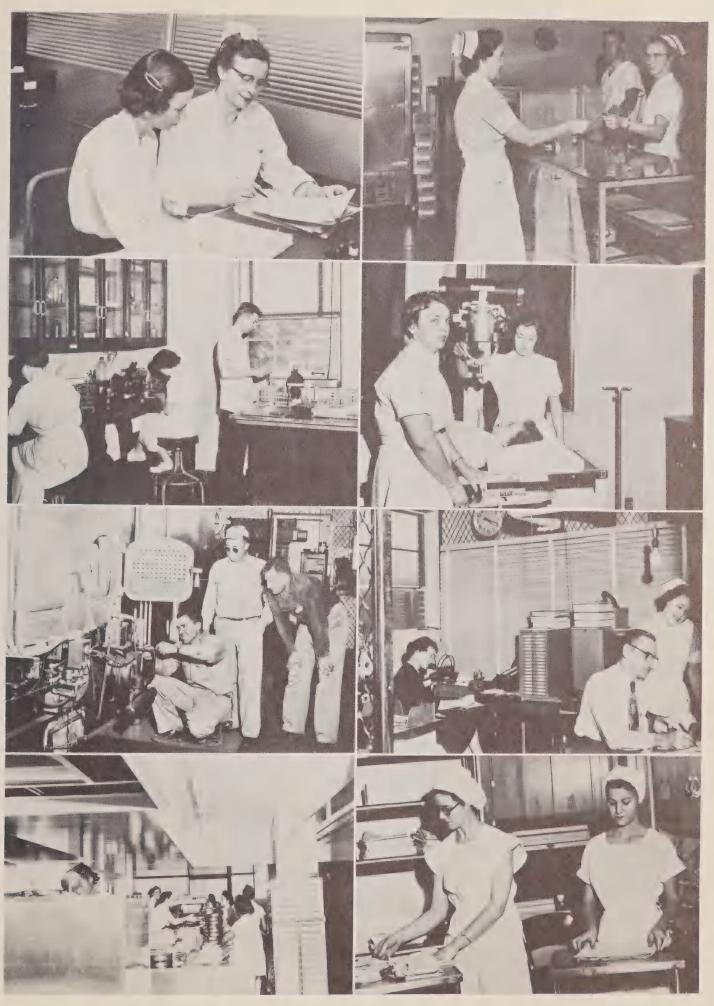


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